INSIDE

'Stars of the Pacific'

This TV special, taped at Hickam Air Force Base, airs May 27 on KHON Channel 2, The show is part of Military Appreciation Month.

A-6



The best of the best

The 94th Army Air and Missile Defense Command holds its Warrior Challenge Competition.

A-7

Open the door

Census takers are visiting homes on post; participation is required.

See News Briefs, A-8

AHFH hours change

Army Hawaii Family Housing-North makes changes to accomodate families

> See Community Calendar, B-2



Big Boy toys

Gavin Shaw from the Schofield Barracks Child Development Center gets introduced to 25th Infantry Division's current Army equipment.

This issue

Footsteps in Faith A-2

Deployed Forces A-7

FMWR

News Briefs

Sports & Fitness

lawaii Medal of Honor bestowed

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS - Family, friends. Soldiers and loved ones honored the late Staff Sgt. Oscar Medina at the 84th Engineer Battalion headquarters. here, April 30, as his spouse was presented with the Hawaii Medal of Honor on his behalf.

"Everyone here, I thank you for doing this for Oscar," said Beate Medina, wife

know in my heart that this would be a proud moment for

Medina, a construction equipment repairman who deployed to Iraq in January of 2004 with the 84th Eng. Bn., was out on patrol in May when his convoy was ambushed.

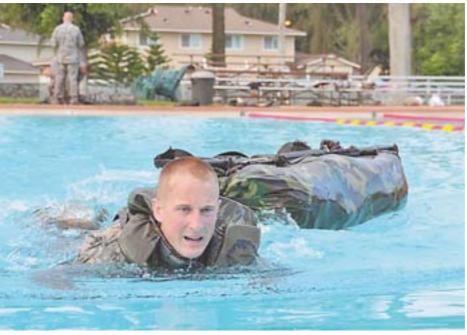
According to reports, Medina and his Soldiers fought the enemy

old Medina was killed from the fusillade of rocket-propelled grenades and small arms fire. For his actions that fateful day, he

was awarded the Bronze Star Medal with "V" device for valor. "What constitutes a hero?" asked guest speaker Maj. Gen.

Michael J. Terry, commanding gener-

SEE MEDAL, A-9



Capt. Miguel Lima | 130th Engineer Brigade

2nd Lt. Andrew Cammack, 523rd Engineer Company, 84th Engineer Battalion, conducts a buddy swim on a poncho raft. Sapper candidates received 45 minutes to construct a waterproof poncho raft, get in the proper uniform and then swim 400 meters at

Engineers gearing up for Sapper course

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS - Life in the rain and mud was the norm during a four-week train-up course for the Army Sapper Leader Course, held at Schofield Barracks and Kahuku's Training Area on the North Shore, here,

The 34th Sapper Company, 65th Engineer Battalion, 130th Engineer Brigade,

conducted the train-up, which was open to all military occupational specialties.

Thirty-three Soldiers went through the course, last month, to prepare for the actual 28-day course, which is held at Fort Leonard Wood, Mo.

"My company took full responsibility of the train-up, which is a condensed version of how the actual Sapper Leader Course conducts their course," said 1st

Sgt. Bryan Otero, 34th Sapper Company. "We put a lot of time and effort into this training and opened it up to all Schofield Barracks' Soldiers.

Participating Soldiers went through orientation during the first week, during which they were briefed on the basic scope of the train-up.

SEE SAPPER, A-5

Live town hall forum begins new format, 5-19

U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS - Building on the success of December's first-ever live town hall broadcast, U.S. Army Garrison-Hawaii plans on giving community members the chance to participate in an expanded format of the forum, later this

On May 19, from 7 to 8:30 p.m., community members will have the opportunity to pose their questions while on the air. The live telecast will be carried on installation channel 2 and hosted by Col. Matthew Margotta, command er, USAG-HI, from the Visual Information

Maj. Gen. Michael J. Terry, senior commander, U.S. Army-Hawaii, who encouraged development of the televised town hall project based on the Fort Hood,



Subject matter experts, at left, and U.S. Army senior leaders provide viewers with the latest briefs during the live town hall broadcast, Dec. 9. Starting May 19, post residents will be able to pose questions to garrison leaders and SMEs via live phone calls.

Texas, model, will also participate in the broadcast

Not only will viewers be able to call in to the studio with questions, but also they will be encouraged to submit their queries via e-mail or through social media methods such as Twitter, in the days or weeks before the scheduled forum.

SEE TOWN HALL, A-9

Premier Indonesian medical conference commences

Pandemic influenza, humanitarian assistance and natural disaster resiliency is discussed

> LT. COL. MICHAEL DONNELLY U.S. Army-Pacific Public Affairs

JAKARTA, Indonesia - More than 350 delegates representing various nations poured in from the Pacific theater to attend the 20th Asia-Pacific Military Medicine Conference, May 3-7, here, in the country's capital city.

The theme of the conference is "Understanding Asia-Pacific Military Medical Issues Through Regional Cooperation and Collaboration.

"We have a powerful program this vear that I believe our international delegates will thoroughly enjoy and from which they will take home tangible benefits," said Col. Joseph Pina, deputy surgeon for U.S. Army- Pacific at Fort Shafter and U.S. chair of the secretariat.

The bilateral secretariat section is the command and control group for APMMC and is comprised of nearly a dozen members from across the Pacific services, including support personnel from U.S. forces stationed in

Hosted in the Shangri-La Jakarta hotel in the heart of Indonesia's largest city of over 8 million residents, the conference welcomed Pacific delegates that included Australia, Thailand, India, Philippines, Malaysia, Japan, Bangladesh and Vietnam.

On the opening day, delegates convened for opening ceremonies and a series of distinguished speeches and plenary talks.

Topics included pandemic influenza, humanitarian assistance, and national level and individual responder resiliency in natural disasters and war.

In the evening, Maj. Gen. Karno Heridadi, surgeon general of the Indonesian Armed Forces, hosted an icebreaker reception intended to build friendships.

The occasion was highlighted by a traditional music and dance show and international delegates dancing a favorite Indonesian step, the poco-poco (pronounced po-cho po-cho).

"The long and difficult preparation has paid off," said Lt. Col. Amy Brinson, conference coordinator, APMMC.

Her counterparts from Indonesia, she added, were instrumental in laying the foundation of this year's confer-

"The coming week is really going to be dynamic in terms of bilateral engagements in the medical arena," Pina

APMMC is an annual conference among Asian countries, and is the leading military medical gathering for practitioners, doctors, nurses and health care professionals in the Pacific.

APMMC is always co-hosted by USARPAC and the host nation.

Troopers enhance combat-readiness skills, earn their spurs

"Ride" carries 3-4th Cav. off to Kahuku for lessons in leadership building

Story and Photos by SPC. JAZZ BURNEY

3rd Brigade Combat Team Public Affairs, 25th Infantry Division SCHOFIELD BARRACKS - During the time-honored "Spur Ride" conducted by

the 3rd Squadron, 4th Cavalry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, April 27-28, new Cavalry troopers earned their spurs and improved their troop-leading procedures at the lush Kahuku training grounds.

The history of the Order of the Spur



when new troops were trained to ride horses. Once the troops learned how to

symbolized their proficiency. In today's Army, Soldiers experience a

Soldiers of the 3rd Squadron, 4th Cavalry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, move in a tactical formation through an open field at the Kahuku training grounds during the squadron's "Spur Ride." The unit's new Cavalry troopers earned their spurs and increased their proficiency in troopleading procedures in the lush Kahuku similar introduction that focuses on lead-

ership building and basic cavalry tasks. After arriving at the Kahuku training

area, the troopers split up into one of eight training lanes. Each lane consisted

SEE SPUR RIDE, A-6

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com

The editorial deadline for articles and announcements is the Friday prior to Friday publica-tions. Prior coordination is

mandatory.
Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital high resolution, jpeg files with full captions and bylines. The Hawaii Army Weekly is

an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.
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printed by The Honolulu Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

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ARMY WEEKLY

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haw.asp & hawaiiarmyweekly.com

Nondelivery or distribution problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3156.

22 days fatal accident

Number represents fatal acci dents as defined by Army Reg-ulation 385-10, which is inclu-sive of all active component U.S. Army units and personnel. Current as of 5/13/10.



Colonel answers questions about morning PT and foot and vehicular traffic along Menoher Street in K-Quad



The "Ask the Commander" program is designed as a communication tool for Soldiers, civilians and family members to have their concerns addressed and questions answered by the U.S. Army Garrison-Hawaii commander

All submitted questions go directly to the Col. Matthew Martotta, garrison commander, U.S. Army Garrison-Hawaii; directorates and support staff research the queries and provide responses to the commander.

A sampling of questions are printed in the Hawaii Army Weekly and broadcast on TV2, a channel available on Army installations.

Generally, the commander answers those questions that have the greatest communitywide impact.

Soldiers of all ranks are not following physical training running directives on post. What is the linkage between U.S. Army Garrison-Hawaii and the 25th Infantry Division to ensure Soldiers follow the PT policy?

In June-July 2009, Com-A mand Sgt. Maj. Robert Williamson, U.S. Army Garrison-Hawaii, met with the command sergeants major of all units who operate within the USAG-HI footprint.

The purpose of this series of meeting was to review and revise (as required) current physical training (PT) rules, responsibilities ... and specifically to identify and agree to prescribed/authorized PT running routes on our installations. This collaborative effort resulted

in a revised USAG-HI policy memorandum (published in July 2009) regarding physical training routes and unit and individual rights and responsibilities. The policy memorandum encour-

ages active participation in PT programs for Soldiers, family members, civilians and contractors. Physical fitness programs enhance quality of life, improve productivity, and support Soldier and family wellness and re-The policy attempts to provide the

proper balance between unit PT execution and the impact on the community, acknowledging that we live, work, and play in a very confined space on our Army installations in Hawaii. Toward this end, the policy outlines certain parameters that mil-



Amy L. Bugala | U.S. Army Garrison-Hawaii Public Affairs

Terri Lee, along with her sons, Deven, 15, Alex, 13 and Zachary, 7, exit the Summer Shuttle at their stop, the Schofield Barracks Bowling Center in 2009. The Summer Shuttle resumes June 7 and will continue until school starts.

itary personnel must adhere to Some examples of the requirements follow:

· Commanders may hold PT formations within their unit area (e.g., quads) before 6:30 a.m.; however, based on the Commanding General, U.S. Army-Pacific directive, unit PT should not begin before 6:30 a.m. Also, movement from those areas and the calling of cadence will not begin before 6:30.

•Soldiers will observe and comply with approved running routes. There are no approved PT routes in any hous-

•Soldiers will not use vulgar or derogatory cadence or language at any

•When jogging along main thoroughfares, streets and other areas where housing is located on both sides of the street, the calling of cadence will not occur unless a written exception is granted from the commander, USAG-Oahu.

·Safety personnel/road guards will be placed at the front and rear of each formation and will wear protective orange-blazer vests or reflective belts.

While the policy memorandum was issued by USAG-HI, it is the responsibility of every command to ensure that the policy is understood and adhered We rely upon the assistance and co-

operation of everyone in the community to ensure that we continue to have a safe and quality environment in

which to live, work and play. The entire policy memorandum

(USAG-HI-1) is posted on the USAG-HI website, to include maps of approved running routes.

Q: There is a lot of foot and vehicular traffic along Menoher Street in K-Quad. Is it possible to get a crosswalk established at Building 892 as well as additional speed limit signs? I am constantly flagging drivers to slow them down.

A Based on this question, the Directorate of Public Works and the USAG-HI Safety Office conducted an assessment of the traffic area near Building 892, Menoher Street, on Schofield Barracks. They found that there are designat-

ed crosswalks at two nearby intersections, Capron and Reilly streets, less than 200 feet from the affected area. The area in question is an entrance to a parking lot for a company operations facility. Based on these findings and based

on the Installation Design Guide for USAG-HI, which states that crosswalks are installed at major vehicular intersections, we believe a crosswalk is not necessary at Building 892. However, additional speed limit signs will be While we weren't completely able to

fulfill what this community member suggested, we do make every effort to review recommendations. It is important for the community to continue bringing these types of issues and concerns to our attention

While sending an e-mail to "Ask the

Hebrews 12:2-3 says, "Let us

fix our eyes on Jesus, the author

and perfecter of our faith, who

for the joy set before him endured

the cross ... Consider him who en-

dured ... so that you will not grow

Walking the camp, week after

week, and seeing nothing but sand

and rocks caused me to miss the

grass, palm trees, beaches and my

weary and lose heart."

Garrison Commander" is one way of raising concerns," you can also submit issues through the garrison website for review by the Installation Action Council, by going to www.garrison.hawaii.army.mil/sites/cm s/comments/issueform.aspx.

Lastly, any issues regarding speeding or other traffic violations should be reported to the Directorate of Emergency Services.

Bus Shuttle service returns this summer to Oahu North

To provide increased access to our facilities for youth and Soldiers who may not have transportation from our outlining communities or within our installations, we are initiating the Summer Bus Shuttle Service in Oahu North.

This service is based on feedback received during the 2009 Army Family Action Plan conference. We provided the same service last summer with only marginal participation, but attribute that to marketing shortfalls.

Starting June 7, a shuttle will run daily - Monday through Friday, 8 a.m. to 5 p.m. - between Helemano Military Reservation, Mendonca Park, Schofield Barracks, Wheeler and Camp Stover.

The bus will make stops at most of our major recreation areas, such as Skateboard Park, the Soldier Support Center, the Teen Center, Richardson Pool, the Paintball Park, the Post Exchange, Burger King, the bowling alley,

This initiative is designed to provide greater opportunities for our vouth: however, Soldiers and family members should understand that this service is a privilege, and proper behavior and supervision are required.

Children under the age of 12 must be accompanied by an adult (defined as over 18 years of age). Even if a youth is old enough to get on the bus unaccompanied, he or she may not be old enough to access some of the facilities unaccompanied.

For example, you must be 16 years old to enter a gym unaccompanied and 13 years old to access the pool unaccompanied. All rules established by our facilities remain in effect.

Lastly, we anticipate that youth in our community will use this shuttle service the most. In the interest of safety and security, it is imperative that parents and guardians approve of or know that their children will be riding the shuttle. Look for a complete published schedule in the coming weeks.

Points of Contact

•Call 655-8978 to reach the Oahu North Com-

To submit an "Ask the Commander" question, send an e-mail to AskTheCommander.usaghi@us.army.mil. For more information, call Ophelia Isreal (655-9033) at Customer Management Services, or call Aiko Brum (656-3155) or Jack Wiers (656-3489) at U.S. Army Garrison-Hawaii Public Affairs.

munity Director •Call 438-0921 to reach the Oahu South Com-

munity Director.

FIFTSTEPS in FAITH

Fixing your eyes means not losing heart while finding strength

CHAPLAIN (IST LT.) RONALDO PASCUA Rear Detachment Chaplain, 2nd Brigade Combat Team, 25th Infantry Division

Having just returned from deployment last year and

now seeing units preparing for deployment, I want to share how I found the strength to endure the difficult time of being separated from my family and working long hours downrange. The deployed life was very busy and at times it seemed

overwhelming.

I was a newly commissioned chaplain right out of chaplain school and on my first assignment as the camp chaplain for Camp Virginia, Kuwait. I was basically the only chaplain to handle the walk-in counseling, Red Cross messages and various calls for assistance.

These responsibilities were on top of preparing for weekly Bible studies, worship practices, Sunday sermons and serving as the chaplain for my battalion.

There were two thoughts that helped me endure to the end: "It won't last forever" and "The end result is worth more than what I am going through now."



family

I had to often remind myself that this won't last forever, and I would be back home soon enough.

Isn't that why many employees on the civilian side who feel stuck in their job, stay in it? They know five o' clock is coming. It won't last forever.

They also know the end result, the paychecks, is worth more than what they are going through to get it.

So, I fixed my eyes on the One who called me there in

Even in the midst of the busyness and moments of loneliness, my calling to deploy and minister to Soldiers was making a difference in their lives and the lives of their families back home.

The hardships of this mission were making me a better minister and person as well.

At the end of the deployment, the changed lives and success of the mission would be worth more than what I was going through at that time.

Hebrews 12:2-3 says that Jesus "for the joy set before him endured the cross."

sweated drops of blood because of it and asked the Father to "take this cup from me."

So where did Jesus' joy to endure come from? He knew that the end result was worth more than what he had to go through to get it. The salvation of people was worth more than his suffering of the cross.

When we consider how Jesus endured his cross, we car find strength to endure ours.



she did for me to make me the person that I am today.'

Daniels

"By thanking



as much as I can, and when I visit by doing small chores around the house that will make her happy.'

"By calling her

1st Lt. Jonathan Leggett HSC, 25th STB



"By thanking her for helping me become the mother I am today.

Sgt. Camille Richardson



"By sending her flowers, and calling her and telling her how much l love her.'

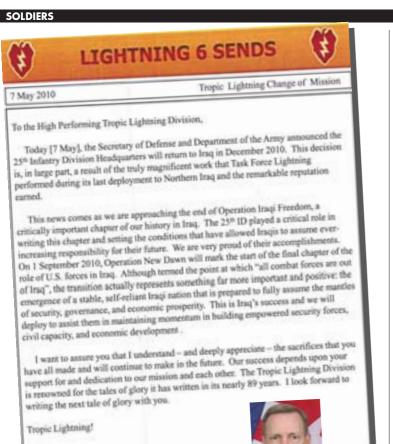
How do you demonstrate your love for your mom?

Spc. Anthony Taylor HSC, 25th STB



"By showing her the new technology like Skype so she can see my kids and me whenever she wants."

Sgt. 1st Class Jovan Velasques





The 540th Quartermaster Company cases its unit guidon at Schofield Barracks during its deployment ceremony, April 29, at Schofield Barracks.

Providers of quality laundry service, 540th QM Co. readies for deployment

Story and Photo by

SGT. 1ST CLASS DAVID WHEELER
8th Theater Sustainment Command Public Affairs

Major General, United States Acres

Commanding

SCHOFIELD BARRACKS – For most Soldiers, gathering for an afternoon formation is busi-

But that wasn't the case for Sgt. Margaret Martz, a laundry and bath specialist with the 540th Quartermaster Company, who recently

540th Quartermaster Company, who recently found herself back, here, participating in the unit's deployment ceremony, here, April 29, preparing for its return to Iraq. Seven years ago, Martz left Advanced Individ-

Seven years ago, Martz left Advanced Individual Training for her first duty station, here. The following year, she deployed with members of the 540th QM to Iraq. Then, soon after returning, she landed in Texas for a new assignment at Fort Hood.

Now back in familiar territory, Martz observed that while the people and roles are different, the standard of excellence within the 540th QM Co. remains.

"This is the unit I have deployed with," Martz said, adding that she is excited to get back to helping Soldiers.

"I have so many stories of people going into the showers, hooting and hollering since they haven't had a shower in three days or two weeks and they are like, 'Wooh!'" she said, smiling. "They are happy, and I am happy they are happy, and now they are clean."

Capt. Tyonne Carter, company commander, 540th QM, explained the unique and vital mission her unit provides.

"The 540th will be the only quartermaster company in Iraq that provides laundry, shower and clothing repair services," Carter said. "The company is postured and prepared to support 21,000 Soldiers on six forward operating bases with services that otherwise wouldn't be available."

Carter added that the 540th QM Co. recently completed a training rotation at the National Training Center at Fort Irwin, Calif. While there, the unit provided laundry and showers for 4,000 Soldiers who were also training.

Candice Butler, wife of Spc. Joshua Butler, 540th QM Co., said that the 540th's Soldiers aren't the only ones preparing for deployment.

"We have a couple of home videos ready," she said, "so whenever our son asks 'Where's Daddy? I want to see Daddy!' I can pop in a video and I can tell him, 'That's Daddy, and Daddy is in Iraq. helpitn to get rid of the bad guys."



Lt. Gen. Benjamin R. Mixon, commanding general, U.S. Army-Pacific; Pvt. Harold Kirkland, Headquarters, 25th Infantry Division; and Command Sgt. Maj. Joseph P. Zettlemoyer, command sergeant major, USARPAC, cut the cake celebrating the U.S Army's 234th birthday at the Hilton Hawaiian Village, June 13, 2009.

USARPAC Army birthday ball tickets available through units

STAFF SGI. NANCY DEWEESE

U.S. Army-Pacific Public Affairs

FORT SHAFTER — Lt. Gen. Benjamin Mixon, commanding general, U.S. Army-Pacific, and his wife, Rhonda, will host a night of dining, dancing and entertainment in commemoration of the U.S. Army's 235th birthday, June 12, at the Hilton Hawaiian Village in Honolulu.

This year's commemoration will celebrate "Strength in the Pacific" and is dedicated to all Soldiers, Department of Defense civilians, government contractors, veterans, retirees and family members who contribute to USARPAC's success.

Observing the Army's birthday is important because of the Army's proud history, said Sgt. Maj. William Mason Jr., executive engagement services directorate, USARPAC.

"This marks the day that our country was

"This marks the day that our country was able to recognize the true meaning of freedom and the sacrifices our men and women in uniform have made in maintaining that freedom," Mason said. "More than two centuries later, we are still a dedicated and well-trained force to be reckoned with.

"We continue to maintain the strength and service that our Army leaders before us held; that strength is engraved in the hearts of our military men and women across the world," Mason added.

In this spirit, all those who add to the strength of USARPAC are welcome to celebrate the Army's





Visit www.usarpac.army.mil/armyball_pre view/ or call the event coordinator at 366-

history at the Coral Ballroom at the Hilton Hawaiian Village. Those interested in attending should contact their unit representative to purchase tickets.

Check-in and no-host cocktails will begin at 4:30 p.m.; ballroom doors open at 6 p.m.

Guests will be treated to music from Pershing's Own, the U.S. Army Strolling Strings, and the 25th Infantry Division Jazz Band.



Lt. Col. Paul Romagnoli, (right, front), battalion commander, 25th Special Troops Battalion, 25th Infantry Division, makes a brief stop at the Kaneohe District Park in Windward Oahu before continuing on his journey leading 24 Soldiers on a battalion ride from Schofield Barracks around Oahu, April 21, as part of the battalion's motorcycle mentorship program.

Mentoring ride allows cyclists to cruise island together, talk safety

25TH SPECIAL TROOPS BATTALION

SCHOFIELD BARRACKS - Twenty-five motorcyclists from the 25th Special Troops Battalion, 25th Infantry Division, conducted a group ride from, here, April 21, as part of the unit's mentorship

program.

"The goal of the ride and the battalion's mentorship program is to foster safe motorcycle riding and introduce new riders to experienced riders," said Mai, Mark Anders, executive officer, 25th STB, 25th ID, and the battalion's motorcycle mentor.

"While the battalion has many Soldiers with more than 10 years' experience riding motorcycles and almost as many Soldiers with less than two years, a battalion ride was the perfect venue to bring these two groups together," he continued.

The ride allowed participating Soldiers to break away from their desks in the middle of the day.

After Soldiers staged their bikes in front of the 25th STB headquarters, company mentors conducted inspections of the bikes and each rider's license, registration and state inspection paperwork.

Experienced riders in the battalion gave a class on proper group riding techniques, ensuring that new Soldiers understood there was more to group riding than simply twisting the throttle and hitting the brakes.

After the class, riders enjoyed a briefing of the route and a quick lunch before departing en masse.

The group traveled north, circling the entire island by following the same path that participants in the upcoming 25th ID motorcycle ride, scheduled for May 20, will take.

Despite the fact that it rained for most of the ride. 25th STB Soldiers said they enjoyed the opportunity of meeting other unit riders.

"The ride was a great success," Anders said.

2SBCT leaves its mark at Best Sapper

Headquarters and Headquarters Company, 2nd Brigade Combat Team, 25th Infantry Division Public Affairs

SCHOFIELD BARRACKS - Two Soldiers from the 66th Engineer Company, 2nd Brigade Combat Team, 25th Infantry Division, here, put their best foot forward against many of the finest service members around, and finished sixth overall at the Best Sapper competition, April 19-21, at Fort Leonard Wood, Mo.

The company's two Soldiers, 1st Lt. Michael McLaughlin, executive officer, and 1st Lt. Garrett Haddad, 2nd Platoon leader, comprised one of 30, two-person teams that overcame a series of obstacles designed to test the physical endurance and mental resilience of all partici-

Despite the fact that the brigade's Sapper team had a week to train after arriving in garrison from its rotation at the National Training Center at Fort Irwin, Calif., and then departing for the competition, it still managed to finish among the top 10 teams.

"We got back from NTC the fourth of April, and we had to leave a week later, so basically for that week, we tried to get in the best shape possible," McLaughlin said. "Maybe with more time, we could have performed better, but sixth place for not really training, we're pleased with

"We were planning on using our Sapper handbooks at certain points," Haddad said. "It surprised us that we really had to memorize a lot more than we thought we did.'

The competition consisted of 31 events spanning 52 hours and issued challenges ranging from basic Soldier skills to advanced combat engineer training.

Also, a nonstandard physical fitness test consisting of push-ups, sit-ups, pull-ups and a three-mile run in boots - while wearing improved outer tactical vests and carrying weapons – was administered. McLaughlin, who participated in last year's competition, lamented on the difficulty of the road march in comparison to the course in 2009.

"I did the competition last year, and the road march



1 Lt. Garrett Hadad (left) and 1t Lt. Michael McLaughlin sprint to the long-distance finish line during the 6th Annual Best Sapper Competition.

didn't seem too bad," McLaughlin said. "This year, they changed the course quite a bit, and it was probably the most hills I've done in my life."

Entry was open to any Soldier, Sailor, Airman or Marine serving in an engineer military occupational specialty or graduates of a Sapper school who had earned the Sapper tab. Results were based on cumulative points accrued from

Competition winners are Capt. Joseph Byrnes and Capt. Jason Castro, both of C Company, 554th Engineer Battalion, at Fort Leonard Wood,

Byrnes, a former member of the the 66th Engineer Co., here, achieved his second overall victory after having first won the competition

Sapper: Developing leadership skills paramount to course

CONTINUED FROM A-1

They also participated in several extreme physical training events, including 5-mile runs in 40 minutes, a boat carry for three miles, a 12-mile road march, rucksack runs and weightlifting.

The following week, Soldiers focused on demolition calculations and characteristics. They also traveled to Marine Corps Base Hawaii, Kaneohe Bay, where they practiced different techniques on a rappel tower to employ at the Sapper Leader Course.

Other training included mountaineering operations, conducting onerope bridges and building ascender frames, a field expedient method to lift equipment up and down cliffs.

During the third week, Soldiers focused on air and water operations, setting up drop and helicopter landing zones and taking part in poncho rafting and helocasting.

The fourth week was the patrolling phase, which covered moving techniques, raids, ambushes, reconnaissance, operation orders and troop leading procedures. Soldiers accomplished this phase during a three-day field training exercise – the culmination of the entire train-up.

"The FTX was probably the best thing we could have prepared them for in Sapper school," said Capt. Jeremy Conley, commander, 34th Sapper Company. "We hope the constant movement, carrying of heavy weight and sleep deprivation will create superior results as they plan and use critical think-



Daisy Bueno | 8th Theater Sustainment Command Public Affair

Sgt. Daniel Vickers, 34th Sapper Company, 65th Engineer Battalion, 130th Engineer Brigade, applies flexicuffs to Pfc. Brian Conine, 34th Sapper Company, April 23, during a field training exercise in Kahuku's Training Area at the Sapper Leader Course train-up.

ing during the train-up.'

Spc. Michael Glass, A Company, Special Troops Battalion, 3rd Brigade, 25th Infantry Division, said that the most challenging part of the course occurred when the leadership mantle switched hands.

"You have to be able to adjust to

other people's leadership almost immediately since everyone has their own style," said Glass. "And you have to be able to take on being a leader at a moment's notice, too."

But does he feel that he's ready for the actual course?

"The course proved to me that I still

have more studying to do. It's opened my eyes and shown me that I have to do even more preparing for the school," said Glass.

This train-up course is the brainchild of 1st Sgt. Bryan Otero, who initiated the program while stationed at Fort Bragg, N.C. The program is now an

ongoing course that has permanent cadre assigned, all of whom have their own barracks and training areas.

Under Otero's stint at Fort Bragg, the graduation rate of Soldiers attending the Sapper Leader Course was an astonishing 90 percent.

Otero said he hoped to see the same results with the course, here.

"The training was excellent and professional," said 2nd Lt. Andrew Cammack, 523rd Engineer Company, 84th Engineer Battalion, 130th Engineer Brigade. "They really wanted to make it as hard and realistic as possible to get us ready for the school."

The Sapper Leader Course at Fort Leonard Wood, Mo., is designed to train leaders from the squad level to the company level. Training is conducted in a team-building environment that helps participants develop leadership skills, learn specialized engineer techniques, and perform battle drills necessary to succeed in engineer missions.

The course concludes with an intense nine-day field training exercise that reinforces the use of battle drills and specialized engineer techniques learned throughout the course.

"The best thing they can gain from this train-up is a battle buddy," said Otero. "They all went through it together here, so at the actual Sapper course, when times get hard and they're tired and stressed out, they can look to their left and right and there will be someone they know, who's going through the same thing."

'Stars of the Pacific' honors military service in May 27 broadcast

Story and Photo by
SPC. MAHLET TESFAYE
Sth Infantry Division Dublic Affairs

SCHOFIELD BARRACKS — Maj. Gen. Bernard Champoux, commanding general, 25th Infantry Division, and Sgt. Matthew Girard, Company C, 2nd Battalion, 35th Infantry Regiment, 3rd Brigadic Combat Team, 25th ID, will be featured guests in the television special, "Stars of the Pacific," which airs May 27 on KHON Channel 2 during Military Appreciation Month.

The show, which honors military service, was taped at Hickam Air Force Base.

The television program was originally called "Hawaii Stars," and featured aspiring singers looking for their shot at the big time, but after a 16-year run, the show's creators decided it was time to move in a new direction.

In 2008, that direction focused in on Hawaii's military community and service rendered therein.

"This year we are honoring the military by having a commander from every service in Hawaii talk about what they do for the community as a member of the military service, and by having the band from each service play their choice of song," explained Carole Kai, local charity organizer, philanthropist, and main promoter of "Stars of the Pacific"

Each military branch introduces a service member, who was chosen as "a Star of the Pacific," Kai said. Each unit will receive a \$500 prize from the organizers as part of Military Appreciation Month.

"The television special is meant to thank the military for their service in Hawaii and their service to the United States of America in a wonderful, warm and personal way," said Kai.

"I have a long line of family members who served in the military, so I am very proud of the military," she continued.



At Hickam Air Force Base, Maj. Gen. Bernard Champoux (right, front), commanding general, 25th Infantry Division; Sgt. Matthew Girard (left, front), Company C, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th ID; and other Soldiers and military retirees tape an introduction to the "Stars of the Pacific" television show, which will honor military service during its May 27 broadcast on KHON, Channel 2.

During the show, the Tropic Lightning Division Band performs the "Tropic Lightning March" and a jazz combo prepared by the band.

"Stars of the Pacific" will air four times on

KHON Channel 2. Besides the May 27 airing, the show is scheduled to air twice in June and once in

"From the standpoint of the community, 'Stars

of the Pacific' will show the military in a wonderful, positive light, and we want the people of Hawaii to appreciate the military more and more, as I do." said Kai.

Spur Ride: Rain can't put damper on camaraderie-building moments



A squad leader from 3-4th Cav. issues commands as his unit reacts to contact in an area reconnaissance lane during a Spur Ride, April 27. at Schofield Barracks.

CONTINUED FROM A-1

of various scenarios, including meeting medical needs of simulated wounded Soldiers, properly reacting to improvised explosive devices and setting up vital communication lines.

Troopers navigated 1 kilometer between each station on the lane, while carrying their assigned weapons, body armor and fully loaded rucksacks.

"We have been training in steps known as the walk, crawl and run phases," said Spc. Alexander Cerney, a team leader with C Troop, 3rd Sqdn., 4th Cav. Regt.

"We crawled by moving through our quads on Schofield in tactical formations, then began the walking phase by going to East Range and learning how to map our locations, and finally running, by moving through the steepest mountains in Hawaii in the Kahukus," said Cerney.

Sgt. Maj. Troy Tuten, squadron operations sergeant major, explained the value of the Spur Ride as the best way to bring a team together. Sharing hardships and being out in the rain while wet and tired help build camaraderie needed for Soldiers to

become successful in combat, he said.

"When a young Soldier looks to the left or right and sees leadership sharing the same hardship as them, it builds confidence that their leaders will not ask them to do anything they wouldn't do themselves," Tuten said.

"This is a wake-up call for these young troopers who haven't had the opportunity to train as a small unit in a wooded environment before deploying to Iraq," Tuten added. "It is great training because it not only prepares for Afghanistan, but any operating environment."

Pacific AAMDC Warriors show their mettle in competition

STAFF SGT. CHRISTOPHER ROBERTS

SCHOFIELD BARRACKS - Put to the test, the finest Soldiers and noncommissioned officers in the 94th Army Air and Missile Defense Command from Hawaii and Japan rose to the challenge, demonstrating their considerable abilities at the 94th's Warrior Challenge Competition, here, May 3-5.

The 94th AAMDC has hosted this competition since its activation in 2005.

"This annual competition allows for professional development, and we must seize every training opportunity presented," said 1st Sgt. Oubrinyahn Stonewall, Headquarters and Head-quarters Battery, 94th AAMDC. "The Soldiers who compete at this level are internally driven and selfmotivated, professional warriors.

"The intense training that they put themselves through, along with the help of their sponsors, only creates a better Soldier," he continued. "The individual Soldier, the unit and the Army all ben-

The competition also provides an opportunity for stellar warriors to match their skills against equally ambitious peers, Stonewall noted.

"A lot of the process involved publishing the operation orders in a timely manner, the initial planning reviews, terrain walk of the area on Schofield Barracks, where events will take place, and talking one-on-one with each person that had a hand in making this competition a reality,' Stonewall explained.

Such steps are critical to guaranteeing the success of any training event, said Master Sgt. Phillip Stewart, operations noncommissioned officer, 94th AAMDC



Sgt. Raymundo Luis De Los Santos, combat medic, 1-1 Air Defense Artillery, Headquarters and Headquarters Battery, performs the written test event during the 94th Army Air and Missile Defense Command's Warrior Challenge Competition at Schofield Barracks last year. De Los Santos won the compeition's Noncommissioned Officer of the Year category.

"This is a collective effort with people from all shops being tasked," Stewart explained, "so just ensuring that everyone was on the same sheet has been difficult.'

"Master Sgt. Anthony Cook (G-3, plans and exercises noncommissioned officer in charge) and 1st Sgt. Stonewall were instrumental in bringing everyone together and ensuring everyone knew his or her responsibilities for the event," Stewart

Soldiers and NCOs competed in the following events: the Army Physical Fitness Test, weapon

qualifications, reflexive fire, pre-combat inspections of all their required gear, day and night land navigation, warrior tasks and drills, a verbal examination board, a written essay, a written test, and a mystery event that was revealed during the competition.

This year, in addition to the basic rifle marksmanship portion of the competition, Soldiers received 32 rounds for reflexive fire, an event that demonstrated the candidates' ability to react to, engage and hit a target. Those who achieved 32 hits received 50 points.

Day and night land navigation also proved to be challenging for participating Soldiers, once again. The event demonstrates the Soldiers' ability to find points on the map and travel by foot to those locations within a given amount of time.

Soldiers scored according to the places they located. There were five areas to be found, and Soldiers who successfully located all five received 50 points. The event was particularly difficult because the terrain is challenging.

The exam portion of the event tested the contestants' knowledge of various leadership and soldiering subjects. This exam was worth 25 points and was followed by a written essay, which required Soldiers to explain, in their own words, how they would react to different scenarios.

The verbal examination asked Soldiers to report to a board, made up of a panel of NCOs, and demonstrate their knowledge on a variety of subjects, as well as their respective job in the mil-

This tool was another to show how Soldiers conduct themselves under a different kind of

Following the challenge, winners in the Soldier of the Year and Noncommissioned Officer of the Year categories were determined. Those Soldiers will now move on to the U.S. Army-Pacific Command level. Winners then compete at the Army level competition.

"The victors will have learned to not fear competition, to respect their opponent, and they will have understood the blueprint necessary to duplicate great warriors," Stonewall said.

Engineers transition projects to COE FEST-A unit

JENNIFER LOWES

130th Engineer Brigade Public Affairs 8th Theater Sustainment Command

CONTINGENCY OPERATING SITE. Marez, Iraq - The Ninewa Reconstruction Cell, headed by the 130th Engineer Brigade, 8th Theater Sustainment Command, has many ongoing construction projects throughout the Ninewa Province, concentrating on the city of Mosul, Iraq.

The NRC manages U.S.-funded projects by meeting with and advising key leaders of the city and contractors to improve its infrastructure, but the NRC will be heading home this summer with many projects still in motion that need to be completed.

The solution is a U.S. Army Corps of Engineers organization, the Forward Engineer Support Team-Advanced, a small team of advanced engineers who can deploy quickly.

The FEST-A 62nd Engineer Detachment, from Anchorage, Alaska, and the NRC will work together for about 30 days, going over project details, making contacts with Mosul leaders and getting oriented here.

1st Lt. Joel Ellis, senior project purchasing officer in the NRC, said it will be a long and detailed process to bring the FEST-A up to speed in Mosul

"The complexity of these projects and the process we go through to get them up and running is enormous," Ellis said. "These guys are going to be our core asset, and we want to make sure we set them up for success.'

The NRC has specific multiple-format folders containing the history of each project, including solar lighting, sewer maintenance, trash pickup, building reconstruction and water distribution

to the different neighborhoods in the

city.

"We will be giving them all the background information on these projects they will need, and we will actually be going into the city to see them," Ellis said. "That way they can see what's going on and why these people need these services.

The 62nd FEST-A consists of two military members and four civilian engineers.

"I'm interested and intrigued to see, after a year here, where we will be at, said Maj. James Thompson, FEST-A of-

Deployed Forces charge. "We are one of

the first FEST-A teams in Iraq, and I'm excited to validate everything we've talked about and prepared for." "We're still in the process of figuring out the details of what we are doing here," said Jacob Sweet, the team's

environmental engineer. "I'm just ready to learn as much as possible about the whole process. The NRC has good people to work with, who really know what they are doing.'

FEST-A responds to worldwide emer-

Soldiers inducted to Order of St. Maurice for actions in combat

TRIPLER ARMY MEDICAL CENTER

News Release

HONOLULU — Recognized for serving with distinction as members of the Warrior in Transition Battalion cadre, Sgt. 1st Class Gabriel Camacho and Staff Sgt. Michael Champ received the Order of St. Maurice, April 20.

Brig. Gen. John Seward, deputy commanding general, U.S. Army-Pacific, awarded the medals during an infantry induction ceremony, here.

"These Soldiers are examples of commitment to excellence and moral character," Seward said. "It is my honor to be able to come here today to award these medals."

Both Soldiers were previously Warriors in Transition and now serve as members of the battalion's cadre.

"Camacho served four years in the infantry as a combat medic with the 1st Battalion, 8th Infantry Regiment, 3rd Brigade Combat Team, 4th Infantry Division (Mechanized)," said Seward. "As a medical platoon leader, he not only set the example but executed tough, realistic training.

"He helped accomplish over 200 casualty evacuations and saved the life of his company commander while under fire," Seward added. "He was



Photo Courtesy of Tripler Army Medical Center

Brig. Gen. John Seward, deputy commanding general, U.S. Army-Pacific, congratulates Staff Sgt. Michael Champ, after presenting Order of St. Maurice medals to Champ and Sgt. 1st Class Gabriel Camacho, at left.

able to bring his 140-member line company home with zero loss of life. That is pretty amazing."

Champ, a seven-year infantry rifleman with 1st Battalion, 21st Light Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th ID, served in positions ranging from anti-armor specialist to grenadier, automatic rifleman, team leader and squad leader. "Champ set the example of a true infantryman by leading his squad through two combat operations in Iraq," Seward said. "He was awarded the Purple Heart for taking multiple gunshot wounds to his leg during a combat patrol while engaging the enemy.

"This Soldier was so determined for a full recov-

"This Soldier was so determined for a full recovery, that he not only re-learned to walk, but he has

the fastest two-mile run time in the entire battalion, running it in an 11-minute timeframe," Seward said.

Camacho, married with three children, is from Guam. Champ is from Washington, and he and his wife have four children.

Established in 1994, the Order of St. Maurice recognizes infantrymen who maintain the highest standards of integrity and professional competence.

Dating back to 287 A.D., St. Maurice, the Primicerius (leader) of the Theban Legion, marched in service of the Roman empire and exemplified the bravery, commitment and gallantry associated with the infantry Soldier, as do Camacho and Champ.

Being awarded this medal is a great honor for both Soldiers, and they both believe that being infantry-groomed has prepared them for positions of leadership.

"It has made me more effective now, so that anywhere I go, I can be an effective leader," said Camacho. "The award is for significant contributions to the infantry, and to me, a non-infantry Soldier, to be inducted into the order, really means a lot."

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today

Census on Post – Census takers are currently visiting Schofield residents who did not turn in their census forms.

Participation in the 2010 Census is vital and required by law, (Section 221, of Title 13 of the U.S. Code). They have official government badges and will not ask to enter the home.

Visit www.census.gov/.

9 / Sunday

Flagler Closure – Portions of Flagler Road on Schofield Barracks, are closed through May 9.

12 / Wednesday

UVA Courses – Unit Victim Advocate Refresher trainings are May 12, June 9 and July 21, 8 a.m., at the Sgt. Yano Library Education Center, Schofield Barracks

Lane Closures – Starting May 12, lanes on Flagler Road, between Foote and Waianae, on Schofield Barracks, will be closed. Call 234-9102.

14 / Friday

Diverse Leadership — The 500th Military Intelligence Brigade presents the Asian-Pacific American Heritage May Day Celebration, "Diverse Leadership for a Diverse Workforce," May 14, 10 a.m.-2 p.m., Sills Field, Schofield Barracks. Experience cultural diversity through music, song and dance. Families are also welcome to attend.

Call 655-1125.

17 / Monday

Smoke Testing – The sanitary sewer systems at Fort DeRussy, Pililaau Army Recreation Center and Tripler Army Medical Center will undergo smoke testing, May 17-21. Residents may see smoke coming from buildings or holes in the ground. Smoke is non-toxic, non-staining, has no odor, white to gray in color

SEE NEWS BRIEFS, A-9



Sgt. 1st Class David R. Wheeler Foth Theater Sustainment Command Fublic Arians

Beate Medina is comforted by an unidentified sergeant major following the Hawaii Medal of Honor ceremony, Friday, at Schofield Barracks. Medina accepted the medal on behalf of her late husband, Staff Sgt. Oscar D. Medina, who was killed in action in Iraq on May 1, 2004. Maj. Gen. Michael J. Terry, (left), commanding general, 8th Theater Sustainment Command provided remarks during the ceremony.

Medal: Medina remembered for heroic, selfless service

CONITINILIED EROM A.1

al, 8th Theater Sustainment Command. "(Medina) was a young man who wasn't born in America, but cherished this country so much that he made the decision to selflessly serve as an American Soldier. Staff Sergeant Medina displayed uncommon heroism as his convoy was attacked during that patrol in Iraq."

The Hawaii State Legislature conceived the Hawaii Medal of Honor in 2004 as a way to express its deep appreciation to the loved ones of military members who sacrifice their lives in defense of our nation.

State Rep. Mark Takai was on hand for the ceremony, and thanked Medina's wife for traveling from Texas to Hawaii for the ceremony

ing from Texas to Hawaii for the ceremony. "With this medal comes the recognition that you and your family will always be members of our ohana," Takai said. "On behalf of my 75 colleagues in the state Legislature, and all the people in Hawaii, thank you, Beate, for your service and sacrifice."

Medina, a native of Cali, Columbia, moved to the U.S. when he was 8. He was raised in Chicago, and joined the Army in 1992.

Fellow service members were effusive in their praise of Medina, referring to him as an "incredible Soldier and warrior."

"I was with (Medina) when he was killed, and there are about five or six of us left in the unit who knew him," said Staff Sgt. Adam Wahineokai, a native of Kaneohe. "Oscar was very motivated, loved being happy and cheering people up. We could always count on him to put a smile on our faces."

Medina is survived by his wife and son, Daniel

Town hall: Broadcast includes residents' questions

CONTINUED FROM A-1

"The combination of live television and the new forms of social media provides us with the ability to extend our reach within the Army community in ways hardly imagined just a few years ago," Terry said.

"We must make every opportunity to take advantage and do everything we can to hear from our community members. That's simply good customer service," he added.

The first 30 minutes of the program will be devoted to subject matter experts from the garrison providing update briefs. Scheduled topics include the latest information on the upcoming Fourth of July Spectacular; Family and Morale, Welfare and Recreation deployment programs; road construction; and the upcoming implementation of utility metering for Army Hawaii Family Housing.

"We can reach every member of our housing community, from Aliamanu to Helemano, through our installation television station," Margotta noted.

Response to the first televised town hall in December spurred interest from the command and led to the program's expansion from one hour to 90 minutes.

"The positive response to the first televised town hall in December encourages us to nurture

this type of format and, in turn, bring our town hall concept into the 21st century," Margotta said.

Telephones will be manned during the hour prior to the broadcast and on through broadcast completion. All questions will be gathered and eventually answered by a subject matter expert, even if the inquiries are not featured during the scheduled 90-minute forum.

One new element for this second edition of the TV town hall is that phone-in questions will have the opportunity to be heard live on TV.

"Through the actine current of command we

"Through the active support of command, we will have the technical ability to bring our callers into the program and give them a chance to interact with our senior leadership," said Larry Thomas, chief, Visual Information, who manages the TV2 installation television facilities.

Questioners can participate immediately by posting their questions at the Ask the Commander mailbox on the garrison website (www.garrison.hawaii.army.mil) or by simply writing AsktheCommander.USAGHI@us.army.mil or twitter at Twitter.com/USAGHI.

The live broadcast on garrison Hawaii's cable channel 2 will be rebroadcast throughout May and June, and it will also be rebroadcast on cable television in June on Olelo, channel 49, allowing community members outside the gates to view the broadcast.

News Briefs

From A-4

and creates no fire hazard. Call 656-3295.

18 / Tuesday

Career Fair — Attend a readiness Employment & Education Career Fair, May 18, at Fort Shafter.

20 / Thursday

Comedy Stop — Listen to Army Substance Abuse Program comedians, May 20, 2-4 p.m., at the Sgt. Smith Theater.

Each individual attending will receive two hours of ASAP training. Call 655-8322/6047. Comedians may audition at johnny.miller5@us.army.mil. The audience will decide the winner.

27 / Thursday

3rd BCT Change of Command — Col. Walter Piatt, commanding officer, 3rd Brigade Combat Team, will relinquish command to Col. Richard Kim, at Sills Field, Schofield Barracks, May 27, at 10 a.m.

HAWAI'I ARMY WEEKLY YPAU HANA

www.garrison.hawaii.army.mil/haw.asp

"When work is finished."



Story and Photos by LACEY JUSTINGER Pau Hana Editor

SCHOFIELD BARRACKS - A deluge of preschoolers, toddlers and pre-toddlers ran smiling and shrieking amongst big Army trucks parked at the Child Development Center parking lot, here, April 27, during "Wheels

Ten Soldiers from Company D, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, seemingly braced for battle as the children clambered onto the Soldiers' legs and trustingly lifted their tiny arms in a bid to be picked up and gently placed into the laps of the Soldiers.

"The battalion is embracing Month of the Military Child with anything we can do to help out and support local kids," said 1st Sgt. Matthew Bartel. "We have Soldiers reading books at different centers and just out there meeting kids.

"I have children, so I feel it is important to show kids what their parents do, and kids really enjoy big trucks," Bartel added. "It's fun to put smiles on kids' faces."

Staff at the CDC planned Wheels Day as an intregal Month of the Military Child calendar event and contacted the battalion for support.

Instead of tasking the event to another unit, Bartel volunteered the services and supplies from his company.

"This is a good opportunity for the children as all their parents are all in the military, so they get to see firsthand what their parents said Tiffini Taylor, lead teacher in the

toddler classroom. "This event is important since Soldiers' children are different from civilian children



Spc. William Johnson helps Aiden Ramey explore driver's seat options, including starting the vehicles, honking the horn, flipping switches and turning on blinkers and tans. As part of Month of the Military Child, Soldiers from Company D, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, visited the Child Development Center to allow children an up-close and handson view of Army equipment like trucks, gas masks and radios.

because civilian children don't have to deal with their parents being gone for months or even a year at a time," said Pfc. Chris Clifford.

'The sooner these kids realize what their family is a part of, the Army as a whole, the easier it will be for them as they get older," Clifford added.

The company brought two humvees, one equipped with an improved target acquisition system, or ITAS, and a medium tactical vehicle, as well as a table full of gas masks,

Meals Ready to Eat and radios for children to have a fun hands-on experience.

Spc. Jake Clawson granted the ultimate seal of approval to the day's activities and stated, "When I was a kid, this would have been cool to see and do.

"It's good to see the smiling kids' faces and hear their laughter," said Spc. Christopher Hammond. "This takes some of the stress away from our jobs to come out and have fun with the kids.



For additional photos of this event, visit www.flickr.com/photos/usag-hi.

Some children really took to the "big kids' toys," refusing to remove their gas masks or disembark from their prime spot in the powerful driver's seat, with all the knobs and buttons they actually could touch and play with - without being scolded of course, while other children were scared by the loud horns and hulking frames.

Spc. William Johnson sat in the driver's seat of a humvee and tirelessly lifted the little tykes into his lap to start the vehicle, turn on the blinkers, honk the horn and turn on the

"This is the only place I have seen kids interact with the big Army vehicles," he said.

Spc. Ryan Rumler is a new addition to the unit, but he held his own, perched in the ITAS turret while holding the kids' eye-level with

the scope to let them play with the switches.

Month of the Military Child is a Department of the Defense initiative to recognize the special sacrifices and circumstances of children who have parents in the military. This year's theme, "Everyday Heroes," celebrates children's intregal role in the Army family.

"I have a daughter myself, so it's fun seeing how the kids interact with all these big trucks," said Staff Sgt. Donald William.

All children seemed to glow from the oneon-one attention they received during the morning they spent playing with the big boys ... and their toys.

Military Spouse Appreciation Day thanks those standing behind the uniform

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD - Now in its 27th iteration, Military Spouse Day is still focused on what it was when first created: taking the time to give thanks to the husbands and wives who support their spouses serving in the military.

Military Spouse Day was first celebrated in 1984, when then-President Ronald Reagan proclaimed the observance to honor the contributions of military spouses.

The military now sets aside the Friday before Mother's Day each year to pay tribute to the spouses who play a vital role in the nation's defense.

"It is important to recognize the unwavering strength of hardworking military spouses," said Stacy Harding, chief, recreation activities, Family and Morale, Welfare and Recreation. "Military spouses have to be encouraging, strong, patient and loyal. They contin-



Visit www.armv.mil/spouse for more information on Military Spouse Day. Visit www.militaryonesource.com for resources and support.

uously support their Soldier, and have to be ready and willing to endure the challenges that come with life in the

In a letter signed by Secretary of the Army John McHugh, Army Chief of Staff Gen. George Casey Jr., and Sergeant Major of the Army Sgt. Maj. Kenneth Preston, the Army's commitment to supporting military spouses

"For more than 235 years, spouses have supported their Soldiers on the field and on the home front," the letter states. "An Army spouse's mission often requires making everyday decisions to support the household while

"We (want) to especially recognize surviving spouses. Their loved ones made the ultimate sacrifice on behalf of a grateful nation," the letter continues. "They know, firsthand, the cost of freedom.

"In 2007, the Army, through the Assistant Chief of Staff for Installation Management, instituted the Army Family Covenant and the Army Community Covenant, in part to recognize the commitment and increasing sacrifices that Army families make every day and to acknowledge that the strength of our Soldiers comes from the

available online:

We are striving to enhance family support and readiness through funding of programs, better health care, housing, schools, youth services, child care, education and employment opportunities," the letter states.

Military One Source, a free service provided by the Department of Defense, offers a variety of support services and resources for active duty, Guard and Reserve service members

and their families. A number of resources geared specifically at military spouses are also

Spouse Appreciation Day

Each military spouse will receive a goody bag and a raffle ticket for spa giveaway packages and other great prizes, May 15, 9 a.m.-2 p.m., at Sills Field, Schofield Barracks. Call 655-0112 for more information.

•Healthy Habits Personal Health Coaching has a free, personal coach by phone who can help callers get fit, beat stress and stay healthy.

• "These Boots: A Spouse's Guide to Stepping Up and Standing Tall During Deployment" has an hour-long audio narrated by journalist and experienced military spouse Jacey Eckhart. Order the free CD version or listen and download online.

• "Feeling Good: 100 Ways to Feel Better Every Day" is a gem of a book filled with tips that bring out the best on fitness, getting a good night's sleep, walking, relaxation, handling overload and finding support.





Today

Furlough Fridays -The next Furlough Friday is May 7, and Family and Morale, Welfare and Recreation has a variety of options for students and teens in all grades available at Child, Youth and School Services and Army Community Service. Download your FMWR Furlough Friday activity program guide at www.mwrarmyhawaii.com, select "CYSS." The next Furlough Friday is May 14.

Home Alone Classes - Home Alone Classes are scheduled for children 9-11 years old, May 7, 9 a.m-2 p.m., at the Aliamanu Military Reservation Chapel, or attend a class June 3, 9 a.m.-2 p.m., at Kalakaua Community Center on Schofield Barracks. Children will learn important safety information, first aid, fire safety and stress awareness. Call 655-1670.

Family Fun Friday — Come party at 6 p.m., May 7, at the Martinez Fitness Center on Schofield Barracks for an evening filled with food, fun and physical activities. Call 655-5698.

 $\textbf{Right Arm Night} - Right Arm \ Night$ is an opportunity to experience cama-raderie with Soldiers who help you get through daily missions. Attend the event, May 7, 4:30 p.m., at the Hale Ikena, Fort Shafter.

This event is an opportunity to mix and mingle with other leaders who have brought their battle buddies with them. Enjoy live music, a Mexican-themed buffet, games, prizes and a little friendly competition. Tickets cost \$7 in advance, \$8 at the door. Call 438-1974.

Create a Card - Put a smile on mom's face for Mother's Day by creating a card at Sgt. Yano Library, May 7, at 2 p.m. Call 655-8002.

Waikiki Party Bus - This free party bus to Waikiki runs again May 7, 9 p.m.-4 a.m. Reservations are required and pickups are available from Schofield Barracks and Fort Shafter. Call 655-9971 or 438-1985.

Makeovers – Ladies come join a mothers and daughters beauty event, May 7, 4:30-5:30 p.m., at Aliamanu Military Reservation Library. Learn ideas for a new look and share beauty tips. Call 833-4851.

8 / Saturday

Lantern Floating Hawaii – Learn the history of lantern floating, 1:30-3 p.m., May 8, at Sgt. Yano Library, Schofield, or

May 16, at Fort Shafter Library.

Participants will complete their own dedications and remembrances of loved ones and place the remembrances on community lanterns floated during the official

community Kalendar

Send announcements to

community@hawaiiarmyweekly.com.

Today

Housing has new hours, Tuesdays and

Thursdays, 7 a.m.-6 p.m., and Saturdays, 10 a.m.-2 p.m., at the North Regional Of-

fice, 215 Duck Road, Schofield Barracks.

Shafter will open Saturdays for appoint-

ments only.

they are closed Sundays.

The South Regional Office at Fort

Both offices are open 8 a.m.-5 p.m.,

Mondays, Wednesdays and Fridays, and

AHFH Hours - Army Hawaii Family



'Swing! Batter, batter...

WHEELER ARMY AIRFIELD — Nick Pang, with the Terminators, swings the bat during the Special Olympics Softball Tournament, held at the Softball Complex, here, Saturday. Pang also assisted with the opening ceremonies to kick off the competition; he welcomed all 13 teams from Oahu, Kauai and the Island of Hawaii. Special Olympics athletes participated in various categories, such as individual skills, T-ball, coach-pitch, and unified softball. Each personified the oath: "Let me win. But if I cannot win, let me be brave in the attempt."

ceremony, May 31. Call 655-8002 or 438-

Outdoor Recreation will provide transportation to the ceremony at Ala Moana Beach Park and a lunch, May 31, for a fee. Call 655-0143.

9 / Sunday Hale Ikena Mother's Day Brunch

Say thanks to mom by treating her to brunch featuring prime rib, an omelet station, breakfast favorites and a decadent

dessert buffet, May 9. Price is \$33.50 per person, \$21.50 for children 6-10, and \$14.50 for children 3-5. Gratuity included. Call 438-1974.

Nehelani Mother's Day Brunch - Make memories with mom at the Nehelani for Mother's Day Brunch, May 9, 9 a.m.-2 p.m.

This buffet will offer seafood, salads. breakfast favorites and a dessert buffet. The cost is \$27 per person, \$18 for children 6-10, \$12 for children 3-5. Gratuity isn't included. Call 655-0660.

Sunset Cafe Mother's Day Brunch Enjoy the tranquil waters of Pokai Bay during a Mother's Day Brunch at Sunset

Cafe, May 9, 9 a.m.-3 p.m., and enjoy omelets, roast prime rib, eggs benedict and much more.

The brunch costs \$25.95 per person, \$12.95 for children 4-12. Call 696-4778.

Mother's Day Dinner Buffet - Do not delay! Take mom to Sunset Café on Pokai Bay for a delicious Mother's Day Dinner Buffet, May 9.

This buffet is 5-9 p.m. and will feature pan-seared Mahi Mahi, mushroom chicken, chocolate-dipped strawberries and much more. Buffet is \$32.95 per person, \$15.95 for children 4-12. Call 696-4778.

Mother's Day Bowling - Come to the Schofield or Fort Shafter bowling centers for Mother's Day, May 9, and when you bring in your receipt from Mother's Day Brunch at the Nehelani (Schofield Barracks) or Hale Ikena (Fort Shafter), mom bowls for free.

Mom is limited to three free games and must be accompanied by children. Call 655-0573 or 438-6733.

11 / Tuesday

Preschool Storytime – Storytime for children 3-5 years old is 10-10:30 a.m., at the following libraries:

- •Fort Shafter Library, May 4, 11 and 18; •Sgt. Yano Library, Schofield Barracks, May 5, 19 and 26; and
- Aliamanu Military Reservation Library, May 6, 13, 20 and 27.

12 / Wednesday

Harmful & Poisonous Plants - Listen to a lecture on Hawaii's poisonous plants, and take a tour around the library and bowling center to learn how to recognize these plants, May 12.

The program is open to adults and children 10 and above, and preregistration is required. Call 655-8002.

Washi Paper Egg Craft — Celebrate Asian-Pacific American Heritage Month by learning a traditional Japanese craft. May 12. Cover blown-out egg shells with beautiful handmade paper. Must be 12 years or older to participate, and preregistration is required. Call 655-8002.

13 / Thursday

Theatre Night - Blue Star Card members can enjoy a free showing of "3 Penny Opera" at Richardson Theatre, Fort Shafter, May 13, 9 a.m. Enjoy free pupus prior to the show, transportation and child care. This production contains mature themes and language and is not suitable for children. Call 655-0002/0112.

14 / Friday

Battle of the Bands - Make some noise for the bands, May 14, 7:30 p.m., on Sills Field. The winner will perform at this years Fourth of July Spectacular. Call

16 / Sunday

"Only the Brave" — Watch an inspirational film about the 100th/442nd Regimental Combat Team, the most decorated unit in U.S. history, May 16, 6 p.m., Sgt. Smith Theater. Call 655-8002.

Ongoing

Summer Bus Shuttle Service - Starting June 7, the summer bus shuttle service will provide increased access to facilities for vouth and Soldiers who may not have transportation from outlying communities or within installations in Oahu North.

Shuttle will run Monday-Friday, 8 a.m.-5 p.m., between Helemano Youth Reservation, Mendonca Park, Schofield Barracks, Wheeler Army Airfield and Camp Stover.

The bus stops at most recreation areas like the skateboard park, Soldier Support Center, Teen Center, Richardson Pool, paintball park, PX, Burger King and the bowling alley.

All Department of Defense family members with IDs are eligible for the shuttle. Children must be 12 years old to ride alone. Call 656-8720.

worship

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

FD: Fort DeRussy Chapel Fort Shafter Chapel FS: HMR: Helemano Chapel MPC: Main Post Chapel, Schofield Barracks

Aliamanu Chapel

AMR:

Aloha Jewish Chapel, Pearl Harbor TAMC: Tripler Army Medical Center Chapel

WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD •Fourth Sunday, 1 p.m. at MPC

Catholic Mass

Friday, 9 a.m. at AMR Saturday, 5 p.m. at FD, TAMC and WAAF chapels

- •Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD) •Sunday services: -7:30 a.m. at WAAF
- -8 a.m. at AMR
- -10:30 a.m. at MPC Annex -11 a.m. at TAMC
- Monday-Friday, noon at MPC and TAMC

Gospel Worship Sunday, noon at MPC

•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study Friday, 1 p.m. at MPC Annex

Saturday and Sunday, 5:30 a.m., 6, 7 and 8 p.m. at MPC Jewish Shabbat (Sabbath)

•Monday, 6 p.m. at PH (Bible Study) Friday, 7:30 p.m. and

Saturday, 8:15 a.m. at PH Orthodox Divine Liturgy

Sunday, 9 a.m. at TAMO Pagan (Wicca)

•Friday, 7 p.m. at MPC Annex

Protestant Worship

Sunday Services

-9 a.m. at FD, FS, MPC,

TAMC and WAAF chapels -10 a.m. at AMR and HMR

This Week at the Sqt. Smith Theater Call 624-2585 for movie

listings or go to aafes.com under reeltime movie listing



Bounty Hunter

(PG-13)

Fri., May 7, 7 p.m. Sat., May 8, 7 p.m.

Alice in Wonderland

(PG)

Sat., May 8, 4 p.m. Sun., May 9, 2 p.m.

Hot Tub Time Machine

(R)

Wed., May 12, 7 p.m.

Brooklyn's Finest

(R) Thurs., May 13, 7 p.m.

No shows on Mondays or Tuesdays.

or at www.manoavalleytheatre.com. 21 / Friday West Loch Remembrance - A me-

This week on

Sesame Street: Talk, Listen, Connect'

Daily at 8 a.m. and 3 p.m.

The Sesame Street Workshop has developed a series of "Sesame Street" episodes featuring favorite "Sesame Street" characters and special guest stars, specifically designed as an educational outreach for military families and their young children, in partnership with the Department of the Army and USO.

8 / Saturday

Pineapple Festival – The Wahiawa Pineapple Festival and Parade is May 8, 10 a.m.-4 p.m., at Wahiawa District Park, and will showcase different ethnic groups food, crafts and cultures.

The parade kicks off at 9 a.m., along California Avenue. Call 621-0043.

Musical Adventure – The Sounds of Aloha Chorus presents "An American Musical Adventure (on a a Dark and Stormy Night)," May 8, 2 p.m. or 7:30 p.m., at the

Hawaii Theatre. Military discounts are available. Visit www.hawaiitheatre.com or call 528-0506.

Safety Fair - The Honolulu Police Department's Drug Abuse Resistance Education and Gang Resistance Education and Training programs are hosting a Safety Fair, May 8, 10 a.m.-3 p.m., at Uptown Center Court, Pearlridge Mall.

Call 488-0981.

Military Women - Military Women of America-Hawaii Chapter meets the second Saturday of each month at 11 a.m., at the Oahu Veterans Center, to provide information and support to current and past military women on issues relating to their service to their country. Call 422-4000.

9 / Sunday

Mother's Day Lunch and Cruise

Treat mom special aboard the Star of Honolulu, May 9, 12-2:30 p.m., Aloha Tower Marketplace, Pier 8. This champagne cruise will feature a buffet, door prizes, whale watching and cultural activities. Special military rates are available. Call 983-7827 or visit www.starofhonolulu.com.

Surf Gear Recycling - The Hawaii Military Surfing Organization is collecting all types of surfing-related items: surfboards in any condition, stretched and broken leashes, fins, boogie boards.

All gear collected will be donated to Na Kama Kai, a local charity that works to empower local children by conducting ocean-based programs at their ocean clinic in Ewa Beach, May 9. Call 347-6333 or e-mail danno808@gmail.com.

11 / Tuesday

Hurricane Awareness - Family Disaster Survival is an interactive workshop that helps families prepare for real-world disasters with personal preparedness, May 11 and 18, 6:30-8:30 p.m., Kaimuki-Waialae YMCA at 4835 Kilauea Ave. Cost is \$20, register at http://sites.google.com/ site/familydisastersurvival/.

PWOC - Protestant Women of the Chapel, Schofield Barracks, has a special Aloha Program, May 11, Main Post Chapel Annex 212. Free child care is available with RSVP. Contact valeriepwoc@me.com or 753-3584.

12 / Wednesday

Fireknife Festival -The Fireknife festival and championships will educate others about the Samoan culture and the challenging art of fireknife at the Polynesian Cultural Center, May 12-15. Visit www.polynesia.com or call 293-

Akasha Contemporary Dance –

Iona Theatre's new show, "Akasha," will present five new works celebrating the elements at the Hawaii Theatre, May 14, at 8 p.m. Military discounts are available at www.hawaiitheatre.com or 528-

14 / Friday Asian-Pacific American Heritage

Experience cultural diversity through music, song and dance at the Asian-Pacific American Heritage May Day Celebration, May 14, 10 a.m.-2 p.m., Sills Field, Schofield Barracks.

Families are welcome to attend and enjoy the hula, martial arts, chinese dance and dragon show, and cowboy parade. Call 655-1125.

15 / Saturday Friends and Film on the Fantail -

Visit the Battleship Missouri Memorial, May 15, to see "The Blind Side," 6-9 p.m., and tour the battleship's Surrender Deck, the site of imperial Japan's unconditional surrender in 1945.

Space is limited, so RSVP at www.MightyMoMembers.org/rsvp, rsvp@ussmissouri.org or 456-7960

Hawaii Book & Music Festival The annual Hawaii Book & Music Festival comes to the Frank F. Fasi Civic Grounds at Honolulu Hale, May 15-16, 10 a.m.-5 p.m.

Boasting nine pavilions and stages, this family-friendly festival promises to be another bestseller event for book, music and story lovers of all gen-

Admission and parking is free. Visit www.hawaiibookandmusicfestival.org.

20 / Thursday

Murder Mystery – Tickets are available at military ticket outlets for "Sleuth,"

May 20-June 6, at Manoa Valley Theatre,

morial service with full military honors for the 163 service men who perished in a disasterous 1944 explosion at Navy Base West Loch, Hawaii, is being held at the Punchbowl National Cemetery of the Pacific, May 21, 3-4 p.m. Call 597-1347 or visit www.aadcch.org.

Lei Queen blooms with family history, patriotic pride

BILL MOSSMAN

SCHOFIELD BARRACKS — After years of foregoing the lure of Honolulu's Lei Queen contest, Jamie Detwiler finally dove into the annual May Day celebration this spring — and came out smelling like fresh flowers.

The mother of four children fashioned together a traditional lei po'o, or head lei, made up of palapalai fern, liko lehua, bougainvillea, lavender and orchids, and beat out two other women for the highly coveted 2010 Lei Queen crown.

Her investiture officially took place May 1, at Waikiki's Kapiolani Park Bandstand, where she and court members Lauri-Ann Quihano, first princess, and Marie Paresa, princess, were recognized by City and County of Honolulu Mayor Mufi Hannemann.

Detwiler, a Family Advocacy Program specialist with Army Community Service, here, credited her family history replete with talented lei makers for her victory. In fact, two of her aunts, Marie McDonald of the Big Island and Irmalee Pomroy of Kauai, are recognized as national living treasures for their extensive, lifelong work in the Hawaiian art of lei making.

"I grew up making leis, coming from a family where you did so whether you wanted to or not," chuckled Detwiler, who was raised in the windward Oahu communities of Waimanalo and Kaneohe.

Yet, despite participation in the city's Lei Day celebration since she was six, her desire to enter the Lei Queen competition didn't reach full bloom until earlier this year.



Wearing the lei po'o (head) that helped her capture the 2010 Honolulu Lei Queen contest, Jamie Detwiler, center, is congratulated by husband Neal and daughter Chelsea following the judges' announcement, March 6. Detwiler, a Family Advocacy Program specialist with Army Community Service, Schofield Barracks, was officially recognized as this year's winner during an investiture ceremony, Saturday, at Waikiki's Kapiolani Park Bandstand.

"I did it to honor my kupuna (grandparents, or elders), who were master lei makers, but I also did it for my country," explained Detwiler, whose husband of 23 years, Neal, previously served as a sergeant in the U.S. Army, and whose fraternal

twin son, Kaohu, recently completed basic training for the Hawaii Air National Guard.

"I'm very patriotic," she continued. "I couldn't serve as an active duty member, but I thought this was my chance to do something for my country." In truth, Detwiler has been serving her count for years as a social worker.

Hired by the Department of Veterans Affairs in 1998, she served as both a home care social worker and disability-rating specialist before becoming a supervisor with the Veterans Benefits Administration.

A decade later, the Army brought her on board as a FAP specialist, a role that allows her to empower and build resiliency among Soldiers and their families through education and prevention

As a result, Detwiler noted she is able to share "the spirit of aloha" with Soldiers and families.

In explaining her pathway to the crown, Detwiler said she was not only required to make a lei po'o in front of several judges, but, as well, to explain the materials used, read a Hawaiian story and recite her genealogy before an audience.

The finished lei, however, appeared to have the greatest impact on the judges.

"I really wanted to do something that was vibrant and use the same method my family uses in making leis, which is the haku wili, or winding method," Detwiler explained. "I also wanted to make something for the head and create more of a regal look, as opposed to a lei worn around the neck."

In the end, she added, "the colors really caught the judges' eyes."

"I was overwhelmed. It was very stressful, given the number of hours I put into it," added Detwiler of her lei creation. "But I just wanted to do it right for my family."

No-shows are missed opportunities to provide quality health care

RIPLER ARMY MEDICAL CENTER

News Release

HONOLULU — "Why do they ask me about my phone number every time I check in?"

"Why do I get e-mail reminders of my appointments?" Patients at the Schofield Barracks Health Clin-

Patients at the Schofield Barracks Health Clinic may have noticed these recent appointment system changes, when the clinic began Operation Patient Reminder Information Database Enterprise, otherwise known as PRIDE, in an effort to reduce no-show rates.

"When patients don't show up as scheduled, there is a real cost," said Lt. Col. Germaine Oliver, PRIDE coordinator. "That same time slot could have been used to provide care to another patient.

"A patient who doesn't make it to an appointment must be scheduled for another appointment, creating additional load for our staff and patients," Oliver added.

Time lost or wasted can also be translated into dollars. Oliver noted that the clinic loses nearly \$97,000 monthly because of no-shows.

To reduce the number of no-shows, the clinic's

Call the Tripler appointment cancellation line at 433-1177 or 433-1164.

Tricare Online allows patients to cancel appointments 24 hours a day, seven days a week, at www.tricareonline.com.

automated phone reminder system is being supplemented by e-mail and text message reminders. When an appointment is made, it's entered

into a messaging system that generates an email to beneficiaries before scheduled appointments.

The system also lets recipients choose if they would like a text message reminder delivered



approximately two hours before a scheduled appointment.

Active duty members, family members and retirees can opt out of receiving these e-mail and text message reminders.

"We started Operation PRIDE so that Schofield Barracks Health Clinic can continue to provide the world-class care and access our beneficiaries have come to expect," Oliver said. "With the increased population at Schofield Barracks and resource limitations, we need to use every resource wisely. One of the most effective ways to do this is to minimize poschows."

is to minimize no-shows."

Oliver also encourages patients who can't make an appointment to cancel it as soon as possible, which allows availability to others who may need that appointment time.



igt. Maj. Terry Anderson I 8th Theater Sustainment Command Public Affai

Giving back

FORT SHAFTER — Jennifer St. Pierre, center, is named 8th Theater Sustainment Command Volunteer of the Quarter in a ceremony on Palm Circle, April 30. Also pictured, from left are Staff Sgt. Phillip St. Pierre, U.S. Army Hawaii Replacement Detachment; their children, Savanna, 4, and Christian, 8; and Lt. Col. Sandra Muchow, commander, 8th Special Troops Battalion.



Hawaii Military Appreciation Month Event Schedule

HONOLULU — For 25 years, the Hawaii Chamber of Commerce has dedicated the month of May to show the state's appreciation for the military, honor service members serving in the Pacific and celebrate the military presence with a variety of events hosted by local sponsors for service members, spouses and families.

15 / Saturday

Enchanted Breakfast – Information, Tickets and Registration is putting on an Enchanted Character Breakfast, May 15, at 8 a.m. Tickets are available at ITR, and cost \$10 for adults, \$8 for children. Call 655-9971.

Family Fun Festival — Come to Sills Field on Schofield Barracks, May 15, from 9–2 p.m., for a variety of games, inflatable rides, food booths and entertainment. Call 655–0113.

Spouse Appreciation Day – Military spouses will receive a goody bag and a raffle ticket for spa giveaway packages and other great prizes, May 15, 9 a.m.– 2 p.m., at Sills Field on Schofield Barracks. Call 655-0112.

Combined Military Band Concert – Come to the combined services concert, May 15, at the

Hawaii Theatre, Honolulu, 7-8:30 p.m.
Free tickets are available on a first-come, first-

ID / Saturday reakfast – Infor Military Recognition Luncheon — Celebrate the return of our warriors from Iraq and Afghanistan at the Hilton Hawaiian Village Beach Resort & Spa, May 18, 12-1:30 p.m.

Reservations are required by

18 / Tuesday

May 7 for this event.

Admission prices range, based on

individual reservations or table bookings (group of eight).

Call 545-4300, ext. 317, or e-mail kokamu-a@cochawaii.org.

22 / Saturday

Welcome Home Heroes – This parade takes place along Kalakaua Avenue with a celebration at the Waikiki Shell, May 22, 9:30 a.m.-2 p.m.

Family Day at the Zoo – Join the USO for Military Appreciation Day, May 22, at the Honolulu Zoo, 9:30 a.m.-2 p.m.

Admission is free for all military personnel with valid ID.

Buses will depart from the Schofield Barracks Bowling Center parking lot at 7:30-7:45 a.m. Wristbands and meal tickets will be issued by Family and Morale, Welfare and Recreation as everyone loads onto the bus.

Buses will depart from the Honolulu Zoo at 2 p.m.

23 / Sunday A Toast to Our Troops

- The Zinfandel Grand Tasting "An evening of fine wine and food," is May 23, 4-7 p.m., at the Luau Gardens at the Hale Koa Hotel, 2055 Kaila Road, Honolulu.

The event features small bites prepared by local chefs.

Tickets are \$49 with valid military ID, and can be purchased at www.halekoa.com, www.zinfandel.org or 955-0555.

29 / Saturday Hawaii Military Bands Mele – Kick off Memorial Day weekend with a night of music under the stars with live top 40, country, classic rock, Motown and island-style music from U.S. military bands, May 29, at Fort DeRussy's Kuroda Field, 7-10 p.m.

Bands include the Army's Show of Force, the Navy's High Tide, the Marine's Showband and the Air Force's Hana Hou. Call 448-0281.

Student jurors find 'Little Pig' not guilty of murder; pig freed

Big Bad Wolf accused pig of intentionally trying to boil and eat him in Law Day mock trial

> Story and Photo by SPC. MAHLET TESFAYE 25th Infantry Division Public Affair

SCHOFIELD BARRACKS - The scene in the courtroom was tense as the Little Pig pleaded for her life. In the end, the students of Wheeler and 1st Sgt. Samuel K. Solomon Jr. Elementary schools found her not guilty.

As part of Law Day, the 25th Infantry Division Staff Judge Advocate held a mock trial, "Big Bad Wolf vs. Little Pig," at Wheeler and Solomon Elementary schools, April 27, here.

Law Day, a national holiday that occurs May 1 every year, celebrates the rule of law and the history of the judicial system in the U.S.

The defendant and the plaintiff of the mock trial were based on the characters Little Pig and Big Bad Wolf from the children's book, "Three Little Pigs," to familiarize students with the case and the military court-martial system.

"It was a good way to be able to take something from their childhood and connect it to real life things that we do, generally, as an attorney and to what we do specifically in the Judge Advocate General," said Capt. Victoria Starks, administrative law attorney who played Little Pig's



witness during the mock trial, "Big Bad Wolf vs. Little Pig," held by the 25th Infantry Division Staff Judge Advocate, April 27, at Schofield Barracks. The mock trial was held as part of Law Day to teach students how the military judicial system works

character during the trial. Little Pig, the defendant, was accused of trying to intentionally boil and cook Big Bad Wolf, the plaintiff.

The trial counsel and defense counsel presented their cases to the judge and a panel of students chosen from the schools to act as jurors.

"Our intention is to show them how the military court system works, and to actually give the kids a chance to be a part of that justice system," said Capt. Faith Coutier, operational law attorney and the judge at the trial.

"It is to get them involved in the trial, listen to the story of both parties and decide for themselves if the defendant is guilty or not," Coutier added.

The panel of students listened to the plaintiff's.

defendant's and witnesses' testimonies of the events leading up to the day Little Pig allegedly committed attempted murder. Then, they were asked to leave the room and

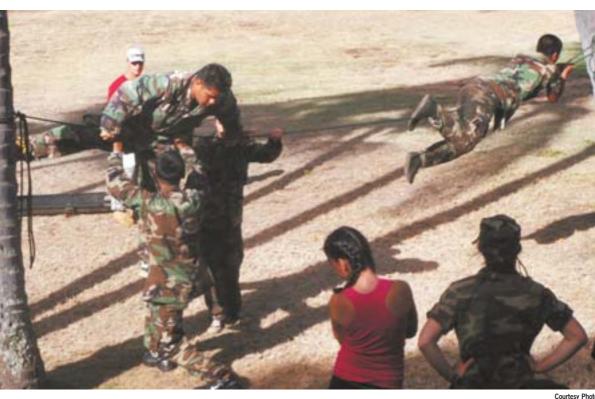
deliberate on who was telling the truth, and if Little Pig was innocent or not. After deliberation, the students found Little

Pig not guilty.

"It is so interesting to see how their minds work and how they pick up on the details," said Couti-

"It's like a civics lesson," said Sgt. 1st Class Dean Neighbors, chief paralegal noncommissioned officer who played the Big Bad Wolf character in the trial. "This trial was to make them think about the law and the judicial system.

"Hopefully, this event will make them think about the government, being able to participate in the government, having a say as a community member, and getting involved in the community," Neighbors added.



Cadets propel themselves across a self-constructed rope bridge during the 5th Annual Waianae Adventure Challenge at Pililaau Army Recreation Center.

Hawaii cadets are motivated in adventure challenge

JROTC Searider Battalion Public Affairs, Waianae High School PILILAAU ARMY RECREATIONAL

CENTER - More than 300 cadets from Army, Air Force, Marine and Navy JROTC units, along with cadets from the Youth Challenge Academy, mustered for the fifth Annual Waianae Adventure Challenge, here, April 23-

Soldiers from the 1st Battalion, 21st Infantry Regiment, 2nd Stryker Brigade Combat Team, "Gimlets," 25th Infantry Division, and from the Hawaii Army National Guard's 3rd Bn., 7th Field Artillery Regt., graded and judged the event, as well as offered motivation and support.

The Youth Challenge Academy and 27 schools from all across the state submitted 70 teams to compete in the

comprised male, female and mixed teams, and a non-competitive division also competed, although those scores were not submitted in the overall scor-

This challenge gave each cadet a chance to test his or her abilities both physically and mentally by competing in seven rigorous events during a two-day period.

In the first challenge, cadets completed an inverted crawl across the sand, a water crossing and a halfmile beach run.

The second event consisted of a swim around a jetty, a paddle board challenge and a half-mile canoe paddle.

In the third trial, cadets properly constructed, used and broke down a rope bridge. The fourth contest was the physical

fitness test. Each cadet performed as many push-ups and sit-ups as possible during a two-minute period. completed a standing long-jump and ran a 300-yard shuttle run as a team.

The fifth test was the tug of war, a single-elimination challenge, which required cadets to not only show their



More than 300 cadets wait for competition results at the Waianae Adventure Challenge award ceremony. When results were in, Youth Challenge Academy took overall trophy winner, as well as the male team trophy.



physical strength, but also their mental abilities. Determined to finish the challenge, the cadets woke up bright and early to prep and get "pumped" for the last day of competition at Our Lady Of Keaau on the Waianae Coast.

The sixth event combined a team paddle board swim; a litter carry over and under boundaries, and through

tires and cones; and a commando

crawl across a rope bridge.

From there, the cadets were off to their final event: a 1.8-mile run up the

Once cadets reached the top, teams ran halfway down the trail where each

team member had to make a hasty rappel down the side of the mountain and run to the finish line. When every team had finished, the cadets enjoyed a lunch provided by the Waianae Military Civilian AdvisoLeft — Cadets participate in a paddle board challenge during the fifth Annual Waianae Adventure Challenge at the Pililaau Army Recreation Center.

ry Council. While cadets waited for scores, Command Sgt. Maj. Thao Kamakahi-Watson, 516th Signal Brigade, 25th ID, and originally from Waianae, instilled motivation in the cadets with her success story about how her instructors helped her through high school and continue to help her every-The male team trophy went to

Youth Challenge Academy, the female team trophy went to Hilo High School, and the mixed-team trophy went to Campbell High School.

Youth Challenge Academy also won the overall trophy and got to take home the eagle.

Each cadet had a wonderful time, whether they walked out of the hall with or without a trophy, as all were still proud of themselves for completing this epic adventure challenge.

Online sites maximize students' potential

SCHOOL SUPPORT SERVICES

SCHOFIELD BARRACKS - During the 2009-2010 school year, the Hawaii State Department of Education schools implemented 17 Furlough Fridays to address the state's budget deficit.

This measure drastically cut the total number of instructional days in the school year to 163 and reduced the amount of time Hawaii's students were in the classroom.

To address this unique challenge, many families are turning to websites like "March 2 Success," which provides a free, online tool for high school and college students to help them improve scores on tests like the Scholastic Aptitude Test and the American College

M2S is sponsored by the Army and provides educational materials to help students improve their knowledge and test scores in language arts, mathematics and science.

The website provides middle and high school level lessons, SAT and ACT practice tests, an SAT/ACT preparation game, vocabulary and math flashcards, and has information to assist students with their options after high school.



"March Success" https://march2success.com.

 "Student Online Achievement Resources" at www.SoarAtHome.org. "Study Strong" at www.tutor.com/

Call School Support Services at 655-9818 for more information. Take a Department of Defense Edu-Activity survey https://surv.dodea.edu/dhss/.

this test preparation program. Test preparation can help improve a student's testing skills.

"Student Online Achievement Resources" is also a free website for students in grades three-11 and helps families manage their child's education with various tutoring resources.

With a focus on math, reading and language arts, SOAR takes a student to a virtual classroom to determine the student's strengths and weaknesses ac-

Students are then directed to a tutorial to improve their skills in the areas they need the most help.

In addition to the M2S and SOAR websites, "Study Strong" allows Army family members in grades kindergarten-12 to work online with a certified, professional tutor, 24 hours a day, seven days a week, to get help with homework, studying, test preparation and resume writing.

Study Strong is a free website, and students receive "live," one-on-one help in all grade levels of math, science, English and social studies.

These websites are a great resource, especially during Furlough Fridays.

Preventive measures ready riders ready for risks on road



Speeding, overconfidence and alcohol lead to accidents

MOLLIE MILLER

FORT RUCKER, Ala. - Last year, the Army lost 32 Soldiers to motorcycle acci-

Soldiers who were leaders, sergeants through captains between the ages of 21-

More than half the fatal accidents involved speeding and rider overconfidence, and almost 20 percent involved alcohol.

Just last month, the U.S. Army-Pacific lost another Soldier in a preventable motorcycle accident. The victim was not wearing a helmet or other personal protective equipment, or PPE.

The accident remains under investigation to determine other contributing

"We are losing far too many Soldiers to preventable motorcycle accidents and we need to make every rider understand that readiness and risk management extend beyond the duty day,"

Motorcycle Safety Tips

- •Get trained and licensed.
- •Wear "all the gear, all the time" including a helmet
- •Ride unimparied by alcohol or other drugs.
- Ride within your skill limits
- •Be a lifelong learner by taking refresher
- •Call 655-6746 for course details Source: Motorcycle Safety Foundation.

said Command Sgt. Major Michael Eyer, senior noncommissioned officer at the U.S. Army Combat Readiness/Safety Center, here.

'Saving our Soldiers from these accidents and preserving our fighting force comes down to each rider's choice to train, practice, gear-up and ensure they are ready for anything out on the road," he said.

Steve Kurtiak, privately owned vehicle and recreational safety specialist at the US-ACR/Safety Center, said being a "rider ready for anything" comes down to getting the proper training, wearing appropriate PPE and being vigilant of all the possible risks on the road.

"The safety burden always resides with the man or woman riding the motorcycle," he said. "He or she, at all times, needs to be think-

ing that every single driver is out to get them." As the days turn warmer and riding season rolls into full swing, Kurtiak said refresher training and caution on the road is even more important as drivers aren't used to seeing mo-

"Right now, riders have to be on their toes all the time," he said.

Army installations around the globe offer Soldiers, civilians and family members a wide variety of training and mentorship programs to help create a new generation of "riders ready for anything.'

Basic and Experienced Rider Courses, the Military Sportbike Riders Course and the Motorcycle Mentorship Program all present important information meant to prepare riders of all

These programs bring riders together to learn and have some great, high-energy fun," said Eyer. "These shared experiences help every biker learn from their peers about what to do and what not to do, to stay safe out on the

25th ID hosts 5K Run/Walk to honor Asian-Pacific American influence

25TH INFANTRY DIVISION

News Release

SCHOFIELD BARRACKS - The 25th Infantry Division Equal Opportunity Office and 25th Special Troops Battalion will host an Asian-Pacific American 5K Run/Walk and a one-mile Keiki Fun Run, May 15, 6:30-7:30 a.m., through Wheeler Army Airfield.

Residents, friends and family members are encouraged to line the run route, show their support and provide words of encouragement and moral support for runners.

May is Asian-Pacific American Heritage Month, and the run commemorates the contributions of Asian-Pacific Americans and promotes esprit de corps for Soldiers and families.

The run will start about 200 meters from Kawa-

mura Gate at WAAF, run down Bunker Place onto Airdrome Road. About 1.5 miles from the starting point, runners will turn around and race back to the finish line, back at the starting point.

Personnel living and working on Wheeler will need to be aware of the planned route and adjust travel accordingly.

Limited parking will be available on WAAF, but additional parking is available at Schofield Bar-

Registration is free for all who wish to run and is open to civilians, family members and military runners, walkers and strollers. The first 150 runners to register for the 5K will receive a free Tshirt. Entries are accepted up until the day of race.

Call 655-0053, or e-mail questions to eo.25id@yahoo.com.

Visit www.mwrarmvhawaii.

Today

CG Scramble – Head to the Leilehua Golf Course for the Commanding General Scramble, May 7, at 12 p.m.

The CG Scramble is open to all U.S. Army Hawaii personnel, every first Friday of the month. Call 655-0114.

8 / Saturday

Outdoor Recreation Open House - Learn about all the exciting things going on at Outdoor Recreation every second Saturday of the month, like

scuba, whale watching surfing, and water diver certification.

com/recreation-and-leisure/ outdoor-recreation-center.

10 / Monday

Coed Volleyball - Entries are accepted until May 10, for the Intramural Volleyball Tournament.

Active duty, family members, Department of the Army civilians, National Guard, Reserve and retirees may enter at the Aliamanu Military Reservation Physical Fitness Center.

Call 836-0338.

12 / Wednesday

Drug Free Walk Wheeler Middle School Peer Awareness Group hosts its 3rd Annual Drug Free Walk to raise

drug and alcohol awareness, May 12, 8 a.m.-12 p.m., at Wheeler Army Airfield.

The walk is from the WMS cafeteria to Sills Field on Schofield Barracks, with refreshments at the teen center, before returning to the school.

Call 622-6525.

19 / Wednesday

Big R: Scavenger Hunt Register by May 19, for this Blue Star Card event celebrating another month of deployment completed May 25, 6-8:30 p.m., at the Town Center of Mililani.

Enjoy a scavenger hunt followed by light pupus. Limited transportation and child care is provided.

Call 655-0002 or e-mail sarah.chadwick@us.army.mil for more information.

community Sports

Send sports announcements to community@ hawaiiarmyweekly.com

8 / Saturday **Bathtub Regatta** - Teams of four can build a boat that will last relay laps around the Marine Corps Base Hawaii, Kaneohe Bay marina, May 8. Register at

www.mccshawaii.com.

Sprint Triathlon — Bike, swim or run to Marine Corps Base Hawaii, Kaneohe Bay, for the most hard-core event held on the windward side, May 8. This triathlon consists of a 500-meter swim in Kaneohe Bay, an 11-mile bike race circumnavigating the base, and a 3.5-mile run at the marina. Visit www.mccshawaii. com/cgfit.htm.

Run With a View — Run more than eight miles in Aiea, May 8, as part of the Hawaiian Ultra Running Team trail series. E-mail expo@hawaii.rr.com.

9 / Sunday Pearl Harbor Bikepath Run Run a 10K with the Mid-Pacif-

ic Road Runners Club.

11 / Tuesday Football and Cheerleading -

Waialua Football & Cheer Association has sign-ups for boys and girls, ages 7-15, at Waialua Recreation Center, 6-7 p.m., May 11, 18 and 25. Registration fee is \$275. Children will be weighed

and measured. Bring the original and two copies of the birth certificate, and a copy of the child's medical card. Visit www.waialuabullpups.org.

14 / Friday

3-Person Golf Tournament -

The Waianae Military Civilian Advisory Council's Three-Person, Best-Ball golf tournament is May 14, 12 p.m., at Makaha Valley Country Club. Check-in is from 10:30-11:30 a.m. Cost is \$100 per individual player and includes green fees, cart and banquet.

Call 386-3951.

15 / Saturday 5K Run/Walk - Join the

Asian-Pacific American Heritage 5K Run/Walk and one-mile Keiki run, 6:30 a.m., May 15, at Wheeler Army Airfield. E-mail eo.25id@yahoo.com.

Yoga stretches into Fitness Center schedule

Classes are free for active duty military and family members

Story and Photo by **JOE FISCHER**

Fort Shafter Physical Fitness Center

FORT SHAFTER - Yoga Classes have returned to the Fort Shafter Physical Fitness Center.

Yoga classes are taught by Pom Vogel on Tuesdays and Thursdays from 12-1 p.m., and 5-6 p.m., in the racquetball court, here. The classes are free for all authorized guests.

Vogel is a certified and registered yoga instructor from Thailand. She has taught yoga since 2003, after completeing her teacher training in Bangkok.

student. The classes ensure that attendees come out of the class strengthened and focused. Ever mindful of each student's individual challenges, this yoga instruction never fails to be inspir-

ing and motivating, and filled with kindness and hu-For more information, call the Fort Shafter Physical Fitness Center at 438-1152.



Pom Vogel, left, leads Sgt, Mai, Minnie Lacking and Chief Warrant Officer Cynthia Johnson-Owens, both of the 8th Human Resources Sustainment Center, in a yoga class at Fort Shafter Physical Fitness Center.