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Commissary closure March 22

Schofield Barracks Commissary will close four hours early to conduct a formal inventory, March 22.

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Canines on a plane

Dog handlers from the 13th Military Police Detachment, 8th MP Brigade, train at the Honolulu airport.

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Goin' round and round

Deadline for newcomers to sign up for Army Community Service's "Circle Island Tour" is Wednesday.

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Soldiers from the 25th Infantry Division establish a secure perimeter during a situational training exercise, Feb. 25, at Fort Irwin, Calif. The training exercise provided Soldiers realistic desert scenarios in a simulated training environment.

'Warriors' train at NTC

Story and Photo by
PFC. ROBERT ENGLAND
2nd Stryker Brigade Combat Team
Public Affairs, 25th Infantry Division

FORT IRWIN, Calif. — After months of preparation, Soldiers from 2nd Stryker Brigade Combat Team "Warriors," 25th Infantry Division, began predeployment training, at the National Training Center here, early last month.

As the time for training drew near, the brigade prepared its Soldiers and equipment for movement to the NTC. Countless bags were packed and loaded into overseas containers, which were then blocked and

braced before being sealed to ensure minimal shifting during the trip to California.

The first Soldiers arrived at the Forward Operating Base Santa Fe, Feb. 8.

"They were mainly supply and logistics Soldiers preparing to receive the equipment coming off the ports in San Diego," said Capt. Denis Wagner, assistant operations planner, Brigade Headquarters and Headquarters Company. "They were establishing life support ... getting tents set up, the showers, the latrines, all the logistics necessary to support the brigade."

After the brigade arrived in full, the battalions began conducting training operations.

"For the battalions, it was an opportunity to conduct Stryker gunnery, lanes training, flat ranges and interaction with key leaders," said Capt. James Kim, assistant plans officer, Headquarters and Headquarters Company, 2nd SBCT, 25th ID.

"The brigade support battalion did a lot of convoy training, including some convoy live-fire exercises utilizing their guntrucks," he continued.

"The units conducted their pre-rotational training, such as marksman training with small arms systems, Stryker gunnery with weapons mounted on the Strykers,

SEE NTC, A-7

Budget balances security, economics

LISA DANIEL
American Forces Press Service

WASHINGTON — The fiscal 2011 defense budget request includes modest but necessary spending increases in line with President Barack Obama's effort to balance national security with economic needs, the deputy defense secretary informed Congress members, March 4.

The \$708 billion request "reflects the administration's commitment to modest, steady and sustainable growth in defense spending," William Lynn III told the House and Senate budget committees in prepared testimony. "Even as the president imposes a spending freeze on domestic agencies, he has made a strategic choice to continue funding modest growth in the military and in other national security agencies."

SEE BUDGET, A-7



Air Force Master Sgt. Jerry Morrison | DoD photo

Deputy Defense Secretary William J. Lynn III, right, and Pentagon Comptroller Robert Hale testify at the House Budget Committee on the fiscal 2011 Defense Department budget request in Washington, D.C., March 4, 2010.

Off-roading activities endanger environment

A bit of 'fun' can cause decades of destruction

JACK WIERS

U.S. Army Garrison-Hawaii Public Affairs

KAENA POINT STATE PARK — Navigating the pristine ocean-side trails of Kaena Point State Park — where the land is dotted with native vegetation, and sand and rock meet the oftentimes turbulent ocean — offers one of those "a-ha" experiences only found in Hawaii.

Unfortunately, this nearly three-mile stretch of coastline has been under siege — no thanks to the increas-

ing number of four-wheel-drive, off-roading activities that have damaged the area's fragile ecosystem.

As a result, future access to the park is in doubt as concerned state officials, area residents and the military community weigh options in an effort to preserve the area.

"It's a mess, made even worse with the growing promotion and word of mouth about Kaena Point throughout the off-roading community," stressed Randall Kennedy, manager, Natural Area Reserve Program, State Department of Land and Natural Resources.

Members of the local Army com-

Right — Dunes damaged by off-roading activities are restored at Kaena Point.

munity are among the contributing groups that have been creating "a kind of mud-bogging free-for-all," according to Curt Cottrell, administrative assistant, Hawaii State Parks. Cottrell and others, including the non-profit group Friends of Kaena, are working toward developing and enforcing stricter regulations to protect Kaena Point.

Postings on the Internet, particular-

SEE KAENA, A-8



Courtesy Photo

Troops' sacrifices noted, honored at 'Return' celebration at Nehalani center

SGT. RICARDO BRANCH
PFC. DARNELL COLLINS

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — More than 200 hundred Soldiers and their families gathered together at the Nehalani, here, March 8, for a "Return of the Troops" celebration.

Representatives from dealerships, colleges and financial institutions were on hand to thank the Soldiers and family members for their sacrifices during the

past year downrange.

Jim Dickie, a USAA military affairs representative, called the event a way to recognize and honor the men and woman who sacrifice their time in the defense of the nation.

"We do this because our company lives the same values as the military," Dickie said. "We'll go out of our way to support them (the Army) and their family because that's what our company does. We know what it means to serve."

The celebration honored troops from the 8th Military Police Brigade, the 45th Sustainment Brigade and the 130th Engineer Brigade.

"There are a lot of great organizations here with booths set up for the Soldiers," said Maj. Wayne Kinney, 45th Sust. Bde. "It's really great to see the community here on the island come in and thank the Soldiers for everything they've done the past year, and those still currently deployed."

The Return of the Troops celebration united Soldiers, families and friends together as they shared war stories and a sense of purpose following yearlong deployments to Afghanistan and Iraq.

"It's just an awesome feeling to know we have so much support behind the Soldiers and families," Kinney said. "I'm just having a great time celebrating our successful missions, so it's great to be able to finally relax, let our hairs down and enjoy our time home."



Rachel Ono helps straighten out a lei placed over a photograph of her brother-in-law, Pvt. Thomas Ono, during an induction and memorialization ceremony at the U.S. Army Museum of Hawaii, Fort Shafter, March 5. Thomas Ono was one of two former Soldiers added to the museum's Gallery of Heroes that day.

Families honor heroes at dedication

Story and Photos by
BILL MOSSMAN
News Editor

FORT DERUSSY — Elaine Ka-hoohanohano-Schultz and Jean Ho stood 10 feet apart from each other — in front of a pair of lei-adorned black-and-white photographs and in the shadows of dozens of flags — never having before met, but sharing so much in common.

They had come along with more than 200 other family members and guests to the U.S. Army Museum of Hawaii, recently, to honor the lives of two war heroes with the nation's highest awards for valor.

The honorees were their older brothers, Pfc. Anthony Ka-hoohanohano of Wailuku, Maui, and Pvt. Thomas Ono of Honolulu, both of whom were added to the museum's Gallery of Heroes during an induction and a memorial ceremony, here, March 5.


Kahoohanohano was officially recognized after his Distinguished Service Cross was upgraded to the Medal of Honor by President Barack Obama, last October, while Ono was awarded with the Distinguished Service Cross.

Currently, 22 Medal of Honor recipients and 57 recipients of the Distinguished Service Cross are memorialized in the Gallery of Heroes.

SEE HEROES, A-8

Signal Ba

Systems Specialist,
U.S. Army-Pacific

 25th Infantry Div.

**Sgt. 1st Class
Angelo
Stewart**
Senior Food
Operations Sgt.

From the Chairman

Three principles apply for proper use of military forces

NAVY ADM. MIKE MULLEN
Special to American Forces Press Service

WASHINGTON — While watching the Landon Lecture Series this week, I reflected upon our nation and how it has been at war for the past nine years against a syndicate of Islamic extremists — led by al-Qaida and supported by a host of state and non-state actors.

COMMENTARY

I have watched and advised two administrations as they dealt with this struggle, and have come to realize there are three principles about the proper use of modern military forces.

The first is that military power should not be the last resort of the state. At times, the military — because of its unique flexibility and speed — may be the first and best tool to use.

But it should never be the only tool. Use of military forces must be accompanied by other instruments of national and international power. Defense and diplomacy are simply no longer discrete choices, one to be applied when the other one fails. Still, they must complement one another throughout the messy process of international relations.

And I believe that U.S. foreign policy is still too dominated by the military. Should we choose to exert American influence solely through our troops, we should expect to see that influence diminish over time.



Navy Mass Communication Specialist 1st Class Chad McNeeley | Department of Defense Photo

Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, addresses faculty and students at the U.S. Army Command and General Staff College at Fort Leavenworth, Kan., March 4.

In fact, I would argue that in future struggles of the asymmetric, counterinsurgent variety, we ought to make it a precondition that we will only commit our troops if and when the other instruments of national power and our allies are ready to engage as well.

The second is that, to the maximum extent possible, force should be applied in a precise and principled way. Precisely applying force in a principled manner can help reduce costs and actually improve our chances of success.

This doesn't mean we don't do the things necessary to win. It means we do those things as mindful as we can about the impact to the innocent people we are trying to protect.

Each time we kill a civilian inadvertently, we not only wreak devastation on the lives of their loved ones, but we

also set our own strategy back months, if not years. In essence, we make it hard for people to trust us.

Frankly, the battlefield isn't necessarily a field anymore; rather, it is the minds of the people.

My third principle is that, in the very dynamic security environment we find ourselves in, we should welcome a constant struggle between policy and strategy.

The experience of the last nine years tells us two things: A clear strategy for military operations is essential, and that strategy will have to change as those operations evolve. In other words, success in these types of wars is iterative, not decisive.

We will win, but we will do so only over time and only after near-constant reassessment and adjustment.

The notion proffered by some that once set, a war policy cannot be changed, or that to do so implies some sort of weakness, strikes me not only as incompatible with our own history, but also as quite dangerous.

War has never been a set-piece affair. The enemy adapts to your strategy, and you adapt to his. And so, you have to keep the interplay going between policy and strategy until you find the right combination at the right time.

The day you stop adjusting is the day you lose.

(Editor's Note: Navy Adm. Mike Mullen is the chairman of the Joint Chiefs of Staff.)

Gates lands in Afghanistan, seeks 'ground truth' from troops

BY JIM GARAMONE
American Forces Press Service

KABUL, Afghanistan — Defense Secretary Robert Gates is visiting, here, to get what he called the "ground truth" from service members.

Gates, who flew all night and landed at the country's international airport, Monday, immediately began a series of meetings with Afghan and NATO leaders.

"I hope to use this time to get out to some of the forward bases to thank the troops and talk with them," Gates said during an interview aboard the aircraft. "It's always interesting. I get briefings in the

Pentagon about how things are going, and then I go out and visit an Army post or Air Force base and discover that they are living in a parallel universe.

"It will be good to get ground truth on some of these issues from the troops themselves," he added.

Gates said he is going to Afghanistan "to get an update on the campaign not only in Marja, but (also on the) the next steps as we look to the spring and summer." Marines and Soldiers — accompanied by a significant number of Afghan security forces — are fighting the Taliban and its al-Qaida allies in Marja, a strategic area west of Kandahar.

U.S. and Afghan forces announced months be-

fore the offensive into the area that they were coming. What's more, they pledged to clear the area of Taliban and then establish security so that development and governance could immediately follow.

The secretary said he also wants to examine efforts to counter the biggest killers of U.S. service members and Afghans: car, roadside and suicide bombs. He particularly wants to see how U.S. forces can help allies combat these threats.

Gates said he wants to see for himself that troops

in Afghanistan are getting what they need, when they need it.

"I want to get a picture on the ground from the other end of the force flow," he said, "and in particular, whether the equipment for the surge troops is arriving in a timely way."

He said he also is interested in checking on the timeliness of medical evacuation out of the coun-

SEE GATES, A-6

News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today
Sewer Lines Smoke Testing
— Smoke tests of the sanitary sewer system in the Lyman Road area will continue through March 19. The affected areas on Lyman Road will be from the 2nd Stryker Brigade Combat Team motor pool to Lyman Gate. Smoke may travel upstream to Kaena, Solomon and Kalakaua communities. Residents may see smoke coming from vent stacks on buildings or holes in the ground, but the smoke is non-toxic, non-staining, has no odor, is white to gray in color and creates no fire hazard. Call 621-3098.

13 / Saturday
MEDCOM Best Warrior Competition — The 18th Medical Deployment Support Command will host the U.S. Army Medical Command Noncommissioned Officer and Soldier of the Year “Best Warrior” competition, March 13-19. Soldiers from the Pacific Region Medical Command, Dental Command, Veterinary Command, the Army Medical Department Center and School of Medical Research, and Material Command will compete for this year’s title. Call 433-1753.

19 / Friday
AER Kickoff Rally — The Army Emergency Relief kickoff rally is March 19, 10-11 a.m., at the Nehelani Conference Center, Schofield Barracks. All brigade, battalion and unit commanders and command sergeants major, project officers and interested Soldiers are requested to attend. Call 655-7132.

Resale Lot — The Schofield Barracks Vehicle Resale Lot is relocating to Wheeler Army Airfield, in the large parking lot near the Kawamura Gate entrance and the Helicopter/Aircraft Memorial, March 19-31. On April 1, the WAAF site will be the only authorized location to position POVs for resale. To register vehicles, call 655-0497.

22 / Monday
Commissary — Schofield Barracks Commissary will close four hours early to conduct a formal inventory, March 22. The store will open at 8 a.m. for early-bird shoppers, and at 9 a.m. for regular shopping. It closes at 4 p.m.

24 / Wednesday
Women’s History Month — The Women’s History Month observance will be a one-woman theatrical performance, Writing Women Back into History, at Sgt. Smith Theater, Schofield Barracks, March 24, 10-11:30 a.m. Call 655-4797.

Orientation for New Employees — The ONE training course will be March 24, 8 a.m.-3:30 p.m., in the Post Conference Room at Schofield. ONE is a training requirement for all new garrison employees. Call 655-5600.

Ongoing

Service interruption — During the upcoming network transformation over the next several months, the 311th Signal Command will make improvements to the classified and unclassified networks to improve network infrastructure for continued reliability, and increase the size and processing power of e-mail and data file servers. Users may experience short-term interruption of services. The first line of support will be provided at the unit level by the Information Management Officer and/or the S6/G6 staff section. These sections will work with their assigned Network Enterprise Centers to resolve network issues.

Tax Center — The Schofield Barracks Tax Center provides free tax refund preparation for Soldiers, family members and retirees. The Center is open Monday-Friday, 8 a.m.-4 p.m., at Building 648 by the Sgt. Smith Theater. Call 655-1040.



Courtesy Photo

The USS Chung-Hoon travels away from the coastal waters of Hawaii during maritime operations Dec. 8, 2009, south of Oahu.

Troops honing warfighting skills on the high seas

BY SGT. RICARDO BRANCH
8th Theater Sustainment Command Public Affairs

HONOLULU — Throughout history, Soldiers have traveled across the sea in their mission to bring the fight to the enemy.

These days, Soldiers’ opportunities to set sail include moving equipment instead of personnel. Troops, however, are still taking to the high seas, once more, in the U.S. Army-Pacific Army Command Navy Officer Exchange program.

“Our company started this program to improve our joint planning capabilities and learn from our sister service,” said Army Capt. Gregory Edgreen, operations company commander, USARPAC. “The exchange meets Lt. Gen. (Benjamin) Mixon’s (USARPAC commanding general) guidance of developing a strategically deployable fighting force and headquarters that can fight in a joint, coalition and interagency environment, and win.

“This program enables our planners to learn about our sister services, their assets and how to leverage them in a time of war,” Edgreen added.

The exchange program, which began in December 2009, sends as many as four USARPAC officers out to sea to mirror and learn a similar job from their Navy counterparts, onboard a naval vessel. Officers participating in the program eat, sleep and pull all the sea duties performed by their Navy brothers-in-arms.

Maj. Clifford Woodburn, USARPAC,



Courtesy Photo

An Army officer carefully observes her Navy counterparts as they handle communication equipment onboard the USS Chung-Hoon, Dec. 8, 2009, while the vessel was 70 miles south of Oahu.

C2N1 current operations officer, worked onboard the USS Crommelin, situated 50 miles off the north shore of Kauai.

“I worked as the ship’s communication officer, and was responsible for installing, operating and maintaining all the ship’s communication platforms, which included radios, voice and data networks aboard the ship,” said Woodburn.

While serving on the ship, Woodburn pulled watch on the ship’s bridge and helped to safely navigate the vessel through its maneuvers.

“This was such an enlightening experience,” he said. “I feel blessed to be in a command that focuses on the professional development of young officers.

This opportunity gave me a deep appreciation for what our brothers and sisters in the Navy do at sea, each and every day.”

While serving aboard the USS Crommelin, Woodburn’s biggest challenges involved getting his “sea legs,” and learning the many acronyms and different duties Sailors pull while out at sea.

“Aside from getting my ‘sea legs’ and

USARPAC officers interested in taking part in the U.S. Army-Pacific Army Command Navy Officer Exchange program should contact Army Capt. Gregory Edgreen at Gregory.edgreen@us.army.mil.

not getting sick in the rough seas, I felt the biggest challenge was developing a full understanding of the Navy lingo,” he said. “It took me a couple of days aboard the ship to grasp how the ship communicates and coordinates with the aircraft and other vessels at sea.”

Woodburn’s trip lasted for three days. And although he wishes it was longer, Woodburn and his fellow Soldiers are gaining an understanding about the Navy and how programs like the Navy Exchange can benefit the Army.

“This does nothing but better our relationship between the Army and Navy, especially since it was the first time many Sailors had a Soldier onboard their ship,” he said.

“I think that anytime we can conduct any joint operations together, we grow as a stronger fighting force, since we gain that better understanding of our sister service.

“Anytime you, as a leader, can learn the capabilities and constraints of your sister service, you grow as a leader and, in turn, it builds relationships and bonds that no enemy can defeat.”

Military dogs learn a few new tricks in unfamiliar setting

Story and Photo by
SGT. RICARDO BRANCH
8th Theater Sustainment Command Public Affairs

HONOLULU — Soldiers of the 13th Military Police Detachment, 728th MP-Battalion, 8th MP Brigade, let the dogs out recently, hoping to sharpen their canine pals' abilities in detecting explosives and narcotics while working in unfamiliar territory.

The training, which involved man's best friend and their handlers, was held Feb. 23 at the Honolulu International Airport.

"We don't typically do work in an airport," said Staff Sgt. Marcus Faubus, kennel master, 13th MP Det. "There are other agencies, such as the Transportation Safety Administration or the Air Force, which handle the work at the airports. However, any new areas we train are beneficial to the dog and handler."

Faubus added that dogs often work better when they are placed in foreign



Sgt. Jennifer Rader, dog handler, 13th Military Police Detachment, 728th MP Battalion, 8th MP Brigade, along with her dog Benny make their way up the stairs leading to a Boeing 747 aircraft during training Feb. 23, at the Honolulu International Airport.

surroundings.

"The more different environments we can test our dogs, the easier it will be for them to adapt to any place we

send them," Faubus said. "We're testing their abilities in explosive and narcotics detection, to help them become better downrange and anywhere they

are needed."

During the training, dogs and their handlers went down rows of suitcases and aircraft aisles, as well as within the lounges of terminals, in their quest to sniff out danger.

"This is good training," Faubus said. "TSA does have the lead in the airport, but if there ever was a massive sweep of the airport, we'd respond (by helping) them."

Sgt. Jennifer Rader, a dog handler with the 13th MP Det., called the training a great opportunity for novice handlers to teach their dogs a few new tricks.

"If a dog handler goes to Iraq, everything will be new to them," Rader explained. "It's good to put the handler in a new area to see how the dog will react in a new environment."

"Talking with some of the airport personnel also showed us where things were hidden in the past," Rader continued, "and allowed us to teach our dogs (how) to search new things like airplane aisles."

Rader, who worked alongside her loyal canine companion, Benny, took to the challenge with gusto. At one point, she sent Benny down an aisle, where he sniffed out his surroundings before finally coming to a stop near a seat in the middle of the plane.

There, a bomb was located.

"I think Benny and I did real well," Rader said. "I tell all my Soldiers who are new to these environments, to cherish these opportunities to learn and grow as a team with your dog."

Faubus added: "The environment has a lot to do with how a dog searches. We don't want to limit the areas our dogs can train and work in, so giving them more exposure will make it easier for them to adapt and overcome any situation"

As the day ended, the airport training gave Soldiers and their four-legged companions greater ability at finding, detecting, and stopping anyone with explosives or narcotics from causing any harm.

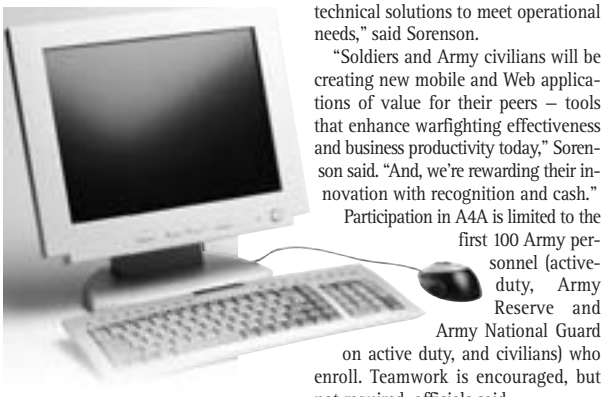
Challenge open to those with ingenuity, software-building skills

ARMY NEWS SERVICE
News Release

WASHINGTON – The Army has announced an internal applications-development challenge, dubbed “Apps for the Army,” or A4A.

Open to all Soldiers and Army civilians, A4A offers Army personnel the opportunity to demonstrate their software-development skills and creativity. Top submissions will be recognized at the LandWarNet Conference in August. Winners will receive monetary awards from a cash pool totaling \$30,000.

In return, the Army’s Chief Information Officer and G-6, Lt. Gen. Jeff Sorenson, said he hopes the contest improves current service capabilities or adds new ones – all through the ingenuity of Soldiers and Army employees.



“We’re building a culture of collaboration among our Army community to encourage smarter, better and faster

technical solutions to meet operational needs,” said Sorenson.

“Soldiers and Army civilians will be creating new mobile and Web applications of value for their peers – tools that enhance warfighting effectiveness and business productivity today,” Sorenson said. “And, we’re rewarding their innovation with recognition and cash.”

Participation in A4A is limited to the first 100 Army personnel (active-duty, Army Reserve and Army National Guard on active duty, and civilians) who enroll. Teamwork is encouraged, but not required, officials said.

A4A applications may tackle any aspect of Army information technology – distributed training, battle command,

career management, continuing education, or news and information distribution. A4A will further deviate from traditional development practices by using the latest in collaborative development media, G-6 officials said.

“Apps for the Army features an innovative cloud-computing service for participants to use during software creation,” Sorenson noted. “This is key because it eliminates the constraints of hardware provisioning prior to prototype evaluation.”

The service, provided by the Defense Information Systems Agency and known as the Rapid Access Computing Environment, or RACE, offers access to on-demand virtual Windows and Linux development environments. Participants will be able to pursue Web-application development using all available program-

ming languages supported by Windows Server and the Linux, Apache, MySQL and PHP (LAMP) frameworks. They also will be able to build emulated BlackBerry, iPhone and Android applications.

Forge.mil will serve as the collaborative software repository for competing teams. The tools inherent in milBook and AKO will facilitate the cross-pollination of ideas, problems and solutions relevant to the Apps for the Army initiative.

The registration form, rules and instructions are located at the Apps for the Army Web site on the AKO portal, www.army.mil/ciog6/armyapps. Registration began March 1, and lasts until May 15. Questions may be forwarded to CIO/G6ArmyApps@conus.mil.

Gates: Secretary takes cautious approach regarding efforts in Afghanistan

CONTINUED FROM A-3

try and the flow of intelligence, surveillance and reconnaissance capabilities into Afghanistan.

The secretary said he wants to speak with Afghanistan President Hamid Karzai about his visit to Marja and the community meetings he held there. He also hopes to speak with the president about Karzai hosting a “loya jurga” – a grand council of tribal leaders in April.

Gates said he sees no disagreement among nations regarding reconciliation and reintegration of former Taliban members and that he expects to learn more about the process in his visit to the country.

However, the secretary said, he suspects the Taliban will not be amenable to partic-

ipating in a reconciliation process just yet. The Taliban still believe they are winning, he explained, though commanders – including Army Gen. Stanley McChrystal, the NATO and U.S. commander in the country – believe the Taliban momentum has been blunted.

And this is happening with only 6,000 of the 30,000 new American troops having arrived in Afghanistan to date. All will be in the country by the end of August, Gates said.

“We ought not get too impatient,” the secretary said.

Once the Taliban realize the new NATO strategy is working, Gates said, many will see reconciliation and reintegration as options.

Meanwhile, Gates has adopted a “wait-and-see” attitude about efforts in Afghanistan.

Secretary of Defense Robert Gates (left) walks with Maj. Wayne Don, advisor for the Mongolian Expeditionary Task Force, and Mongolian Lt. Col. Javkhanbayar, senior representative of the contingent, during Gates’ visit at Camp Eggers in Kabul, Afghanistan, March 8.

“There are bits and pieces of good news,” he said. “I think we should stick to the McChrystal position – that the situation remains serious, but has stopped deteriorating. There are positive developments going on, but I would say it is very early, yet, and I think people need to understand there are some very hard days ahead.

“The early signs are encouraging,” he continued, “but I worry that people may get too impatient and think things are better than they actually are.”



Cherie Cullen | Department of Defense Photo

TEC engineer receives coveted Bronze de Fleury Medal

412TH THEATER ENGINEER COMMAND
News Release

FORT SHAFTER – Lt. Col. Max Diaz-Belmar, chief, 412th Theater Engineer Command Forward, Hawaii and Korea, received the highly coveted Army Engineer Association’s Bronze de Fleury Medal in a ceremony, March 2, here at the U.S. Army Corps of Engineers, Pacific Ocean Division.

Brig. Gen. Mark Yenter, commanding general and division engineer of Pacific Ocean Division, made the award presentation on behalf of Maj. Gen. Paul Hamm, commander, 412th TEC, who could not be present.

As a room full of engineers and other Corps’ professionals looked on, Yenter commended Diaz-Belmar for his outstanding service and contributions that led to this distinct honor.

In particular, the TEC engineer was cited for consistently displaying the highest degree of professional compe-

tence, moral integrity, and devotion to duty through his military career.

Diaz-Belmar’s accomplishments have been many throughout his career.

For example, he provided engineering expertise in support of activities from Army-level combined/joint exercises to the U.S. Pacific Command’s humanitarian assistance programs.

In addition, Diaz-Belmar was instrumental in the application of new doctrine set forth in Field Manual 3-34 and FM 3-0, and ensuring the relationships doctrine creates in the engineer communities is readily established and followed.

Also, his efforts include incorporating U.S. Army reserve component units into valid engineer projects, which greatly expanded the unit’s construction experience and the leadership’s knowledge of the Pacific region.

Additionally, Diaz-Belmar identified USARC training opportunities early and



Pacific Ocean Division | U.S. Army Corps of Engineers

Brig. Gen. Mark Yenter, commanding general and division engineer for the U.S. Army Corps of Engineers, Pacific Ocean Division, congratulates Lt. Col. Max Diaz-Belmar, chief of the 412th Theater Engineer Command Forward, Hawaii and Korea. Diaz-Belmar received the Army Engineer Association’s Bronze de Fleury Medal at an awards ceremony on March 2 at the Pacific Ocean Division Headquarters.

synchronized exercise timelines to ensure repeated successes.

Finally, he continues to provide valuable input to the U.S. Army-Pacific

training exercise process to plan and coordinate outstanding training opportunities for Army Reserve Soldiers throughout the Pacific.

Named after the French engineer, Francois Louis Tesseidre de Fleury, who demonstrated courage and intrepid behavior while volunteering to serve with the American Army in its fight for independence from Britain in the late 1700s, the medal was adopted by the Engineer Regiment because the values it represents have special meaning to Engineer Soldiers.

It is understood that the de Fleury Medal was the first Congressional Medal struck, if not the first medal authorized.

Presentation of the de Fleury Medal, to those individuals meeting established criteria, began in 1989. Soldiers and civilians, active and retired, from enlisted Soldiers to generals, to the Chief of Staff of the French army, proudly wear the de Fleury Medal.

The de Fleury Awards Program is administered by the Army Engineer Association for the Corps.

Budget: Increase needed to sustain force, combat inflation

CONTINUED FROM A-1

The request includes \$549 billion in discretionary budget authority for baseline defense programs, an increase of more than \$18 billion over the current year.

Lynn, accompanied by Robert Hale, Pentagon comptroller, said the increase is necessary to boost pay and benefits to match inflation and fund programs such as health care expenses, which are growing beyond the rate of inflation.

“Because the total cost of sustaining the force is growing faster than inflation, (the Defense Department) needs real growth simply to maintain present force levels,” Lynn said. “Sustaining our current size and capabilities is essential to prosecute current wars, meet U.S. commitments worldwide, and conduct unanticipated operations, including relief efforts for natural disasters.

“We cannot afford to make cuts in the size of our force or our operations while we are at war,” he added.

The budget reaffirms the commitment to the all-volunteer force, Lynn said, with \$138.5 billion for military pay and allowances that includes a 1.4 percent pay raise;

- \$2.2 billion for programs to support wounded warriors;
- \$50.7 billion for medical coverage for 9.5 million beneficiaries;
- \$8.1 billion for family support programs; and
- \$18.7 billion for military construction and family housing.

Lynn noted health care as an area of large growth, but one in which the department also has found savings in the budget.

“Health care is one area in particular where the introduction of efficiencies may yield cost savings,” he said. “If present trends continue, we can expect health care to consume 10 percent of (the department’s) budget by 2015.”

The request continues the “rebalancing” of the de-

fense posture for the current wars while preparing for future conflicts by providing more rotary-wing aircraft; hiring 1,500 new helicopter pilots; and increasing funding for intelligence, surveillance and reconnaissance support, electronic warfare platforms and special operations.

The budget includes \$189 billion for conventional and strategic modernization, including \$10.7 billion for continued development of the F-35 Lightning II joint strike fighter and procurement of 42 of the aircraft; \$25.1 billion for procurement of new ships, equipment and research and development; \$9.9 billion for missile defense; and \$3.2 billion to restructure the Army’s Future Combat Systems program.

“These advanced weapons and capabilities are essential to keep us ahead of our adversaries,” Lynn said. “We need weapons systems that give U.S. forces an overwhelming advantage in combat, which will both save lives and shorten conflicts.”

Another priority, the deputy secretary said, is reforming the acquisition process. The base budget request will allow the department to bolster its acquisitions workforce for the eventual hiring of 20,000 workers to replace contractors.

The “in-sourcing” ultimately will reduce costs and operational risks and ensure that every defense dollar is spent wisely, he added.

The ax must fall on programs the department doesn’t need or that are costing more than expected, Lynn said.

“An important component of acquisition reform is having the discipline to curtail or end unneeded and troubled programs,” he told the legislators.

The budget request calls for cutting seven major systems: the Next Generation Cruiser, the Navy Intelligence Aircraft, the Third Generation Infrared Surveillance System, the Net Enabled Command and Control System, the Defense Integrated Military Human Resources System, more C-17 Globemaster III transport jets and an alternate engine for the joint strike fighter.

NTC: Special effects simulations

CONTINUED FROM A-1

and situational training exercises, allowing them to do platoon and company maneuvers,” Wagner added.

Strategic Operations Inc., a special effects company from Los Angeles, provided realistic scenarios in simulated Iraqi environments with simulated improvised explosive device explosions and injuries using professional make-up artists – all of which provided Soldiers with an enhanced training experience.

“We hired a special effects crew (Strategic Operations) to simulate what it feels like to interact with Iraqis, especially with the language barrier,” Kim said. “It was a good experience, especially for

Soldiers who have never been deployed.”

Every unit within the brigade had a chance to use every asset within their skill set. Food service specialists, in particular, were hard at work almost 20 hours each day.

The various training exercises allowed each unit to assess mission-execution methods and make necessary adjustments. tAdditionally, the training improved the brigade’s readiness for its upcoming deployment to Iraq.

“It allowed us the time away from garrison activities to establish the processes and systems to conduct training in a more realistic environment,” Wagner said. “The field training exercise set the initial pieces in place to eventually roll into the Brigade construct in place when we deploy.”

Heroes: Siblings reflect on their brothers' lives

CONTINUED FROM A-1

Standing next to the men's photos as flags danced in the wind, Kahoohanohano-Schultz and Ho found a few moments to reflect on the day's honorees. Specifically, they remembered their youth and how much of it was spent as the objects of their doting brothers' attention.

For Kahoohanohano-Schultz, it had been nearly 60 years since she last saw her oldest sibling, who was only 19 at the time when he was killed in battle.

Assigned to Company H, 17th Infantry Regiment, 7th Infantry Division, Anthony Kahoohanohano had fought bravely during the Korean War and, in particular, at Chupa-ri, where he single-handedly slew 13 enemy Soldiers — two of them with an entrenching shovel — before succumbing to a numerically superior enemy force.

While appreciative of his heroic actions on that fateful day of Sept. 1, 1951, Kahoohanohano-Schultz chose instead to remember other characteristics that made her brother so beloved.

"Tony was very quiet. He seldom spoke, but he was kind and strong," she recalled, as the second youngest of eight siblings. "He used to buy me ice cream and all kinds of (sweets). He was always good to me. He spoiled me."

Her experience was not unlike Ho's, who remembered the caring, protective nature of her



Elaine Kahoohanohano-Schultz and Eugene "Chico" Kahoohanohano, reflect on the service rendered by their older brother, Pfc. Anthony Kahoohanohano, during an induction and memorialization ceremony at the U.S. Army Museum of Hawaii, Fort DeRussy, March 5. Kahoohanohano, who gave his life for his country during the Korean War, was honored with the Congressional Medal of Honor, and added to the museum's Gallery of Heroes.

dutiful big brother.

"When I was young, my parents both had to work, so Thomas, more or less, had to baby-sit me," remembered Ho, the youngest of nine children. "His friends would always tell me that he couldn't go any place without dragging me along."

Assigned to Company B, 100th Infantry Battal-

ion, 34th Infantry Division, Ono's service was distinguished by the courage he exhibited in Italy during World War II, and again in Korea, where he spent two years as a prisoner of war at Chang-Song.

Once, he and two other Soldiers crawled 200 yards through a wheat field and toward a machine

gun nest, where he helped throw grenades that killed three Germans.

He passed away at age 66 in 1990 and is buried at the National Memorial Cemetery of the Pacific at Punchbowl.

The event's principal speaker, Brig. Gen. John Seward, deputy commanding general, U.S. Army-Pacific, praised the valiant service rendered by the day's honorees, indicating that the Soldiers did not win their respective awards, but earned them while on fields of battle.

"Both went well beyond their call of duty," Seward said of Kahoohanohano and Ono. "I marvel at their bravery and their commitment to their units and to their country.

"These men lived (the Soldiers' Creed)," Seward continued. "They are a tribute to Hawaii, to the United States of America, and most assuredly, they are a tribute to their families."

When asked what their older brothers might have said if they were still around today, Ho and Kahoohanohano-Schultz agreed that the responses would have been, as the Hawaiians would say, "very haa haa," or humble.

"I think Thomas would say that he didn't deserve all these honors," Ho said.

Added Kahoohanohano-Schultz, "Tony would have said, 'Ain't no big thing. I was just doing my job, so why are you guys making such a big deal out of it?'"

Kaena: Alternative mud-bogging site planned for Sand Island

CONTINUED FROM A-1

ly on the popular YouTube Web site, show local clubs and off-roaders creating and burrowing through huge mud bogs that were once sand dunes at Kaena.

"Since the advent of the Internet, (off-roading has) basically gotten out of control," said Summer Nemeth, an area resident whose family had once lived and fished in the Kaena Point area for generations.

"Everyone's access is threatened with the level of damage being done," she added.

Adding to the woes is the proliferation of four-wheel-drive vehicles, many owned by local members of the military.

"We want to remind our Soldiers and family members that they are guests in these islands," said Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii. "We share responsibility for the maintenance and stewardship of our community and state lands."

DLNR and State Park officials formed the Kaena Point Advisory Group in 2009, a coalition comprised of representatives from the DLNR, North Shore and Waianae neighborhoods, Camp Erdman, Office of Hawaiian Affairs and local fishermen.

While members identified off-roading at Kaena as an escalating problem, they also determined that restricting access to the area was not a preferred

solution.

"We have the authority to shut (access to Kaena) down," noted Cottrell, adding, "but the goal is to come up with a process where this area can be properly regulated."

Kaena Point is not the only site where damaging off-roading is being addressed. Nearby Mokuleia has also caught the attention of the U.S. Attorney's office, and the Air Force has also faced similar situations with Bellows Beach.

State officials are working toward providing off-roaders an authorized alternative solution. A mud-bogging site is under construction at Sand Island State Park near the Honolulu International Airport. Cottrell says this

location, with an already operating adjacent BMX cycling course, is expected to be open to off-roaders within two or three months.

In the meantime, Nemeth, who holds a master's degree in education, feels strongly about the need to educate people, noting many are simply uninformed. The many Kaena off-roading videos and blogs feature local Army and military members. That makes them a focus of the advisory groups' awareness campaign.

It looks bad for the military when they are being represented by a group of people who demonstrate a lack of care for this place, Nemeth said.

"I know there are

those in the military who appreciate and enjoy the beauty that Kaena has to offer, but unfortunately, in this situation, it appears that they are a minority," she said.

Her message is not to spoil others' fun, "Everyone needs ways to alleviate stress," she said, "but not (at the expense of) destroying lands and cultural areas."

"The way we treat these lands and interact with the Hawaiian people has a profound impact on the community's view of the Army," added Margotta.

"We should strive to do everything possible to make our impact a positive one," he said.



Army upgrades communication techniques

From morse code and radio frequencies

to tweeting and blogging

AIKO ROSE BRUM

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD — To “follow” and to “tweet” is now a good thing in the branch that gave the world leaders like MacArthur, Patton, Schwarzkopf and Powell.

Today’s Army is busy following and tweeting on social networking sites such as Facebook and Twitter to reach young Soldiers and potential applicants in their preferred medium — when, where and how they want to receive their information.

Leaders seek to reach 18 to 24-year-olds with vital information. The Millennial Generation gets its “news fixes” from online sources, and commanders want to reach them and their family members — as well as retirees, civilians and their local communities — with pertinent internal and external information that impacts not only morale and welfare, but also operational readiness.

Locally, of the 14 major commands that comprise U.S. Army Hawaii, several are engaged at some level on social networks.

For example, U.S. Army-Pacific reaches out to its cyberspace audience via three blogs, YouTube, TroopTube, MySpace, Flickr and Twitter.

The 25th Infantry Division maintains presence on Flickr, Twitter, Facebook and YouTube.

At the installation level, U.S. Army Garrison-Hawaii keeps pace with connections on Twitter, Flickr and Vimeo.

“Facebook is a great tool to connect with Soldiers and family members in a

Most Popular Sites in Army Hawaii

•**Blogging Sites**
 - Commanding General, U.S. Army-Pacific: <http://cg.armypacific.com>
 - Pacific Warriors: www.pacificwarriors.blogspot.com
 - U.S. Army-Pacific: www.armypacific.com
 •**Microblogging Sites**
 - Twitter: www.twitter.com/army_pacific
 - Twitter: www.twitter.com/usaghi
 •**Photo-Sharing Site**
 - Flickr: www.flickr.com/photos/usarpac/sets
 - Flickr: www.flickr.com/photos/25th_infantry_division
 - Flickr: www.flickr.com/photos/usag-hi/sets
 •**Social Networking Site**
 - Facebook: www.facebook.com/usarmy
 - Facebook: www.facebook.com/pages/FMWR-Army-Hawaii/40071306850
 - MySpace: www.myspace.com/usarpac
 •**Video-Sharing Sites**
 - TroopTube: www.trooptube.tv/category/army/other
 - Vimeo: www.vimeo.com/usArmy
 - Vimeo: www.vimeo.com/usaghi
 - YouTube: www.youtube.com/soldiersmediacenter
 - YouTube: www.youtube.com/usarpacpao

fun and casual way,” said Allan Criss, webmaster and marquee designer with the Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii.

“We get instant responses to many of our posts, which is why we will continue to use Facebook to find out what FMWR programs and events the Army community would like,” he said.

Each major command in USARHAW also maintains a Web homepage with substantial links at a “dot mil” site. Through daily updates, webmasters are trying to keep the homepages and links

already active online, but the site is still undergoing construction.

“We hope to launch the site soon and hope it will serve our reader’s need for an up-to-date and local news source,” she continued. “We realize people don’t read newspapers how they used to, and the new HawaiiArmyWeekly.com site is accounting for those changes.

“Readers will be able to subscribe to the newspaper by e-mail; with Really Simple Syndication and other syndication feeds; comment on articles; search for content by subject, author or keywords; and interact with the garrison like never before,” Rush explained.

Until recently, using popular social media sites had been difficult for some personnel accessing these sites on federal government computers.

Network operational security issues had complicated what could and could not be accessed on government computers.

Still particularly contentious is the threat of introducing malicious software on government computers through worms and Trojan horses, often spread throughout user-to-user networks.

However, the Department of Defense issued a release Feb. 26, which authorizes non-classified networks to “be configured to provide access to Internet-based capabilities across all DoD components.”

An accompanying policy memorandum requires commanders to “continue to defend against malicious activity on military information networks, deny

access to prohibited content sites ... and take immediate and commensurate actions, as required, to safeguard missions.”

Steadily, access to social networks is improving.

From the highest levels of command to individual installations, the Army is continuing to engage today’s most popular digital technologies to reach diverse audiences — in the way the user wants — in specific and multiple media.

(Editor’s Note: Aiko Brum is the chief, Internal Communication, U.S. Army Garrison-Hawaii Public Affairs.)

Top 10 social media mistakes

10) Posting an inappropriate or stupid picture on Facebook.
 9) Posting information so bad guys have a chance to do bad things.
 8) Posting photos to the Web that should only be shared privately and not with the whole world.
 7) Tweeting extremely personal or private information.
 6) Posting an embarrassing video.
 5) Blogging about things you don’t know.
 4) Endorsing a product or company.
 3) Posting personal comments, feelings or conversations.
 2) Posting information compromising the military or operations.
 1) Posting something and regretting it.
(From the Pentagon Channel Insider, Vol. 3, Issue 4.)

Facebook; armed forces friend or foe?

STAFF SGT. SADIE BLEISTEIN

Army News Service

FORT CAMPBELL, Ky. — Though Army Gen. George Washington was not able to ask for the support of the American public via a “tweet,” he was way ahead of the social media game when it came to accepting proper friend and group requests.

“Associate yourself with men of good quality if you esteem your own reputation; for ‘tis better to be alone than in bad company,” he said.

A recent find in our social media communities has been the use of military support Facebook groups as the construction site for houses of adversary propaganda through violent, anti-American posts, videos and photos.

What makes it scarier is friends and families have welcomed the invitation without looking at the pictures hanging on the walls or the violent movies playing on the screen.

As members of the military community, there is an obligation to constantly be aware of your surroundings,

whether it is talking to someone you can relate to in a foreign land, joining a relatable social media group in Facebook land, or following on Twitter.

Many group sites offer positive causes to support, so does it really matter what content is hidden between the information boards and discussions within their pages?

After all, who actually goes in and reads a page after jumping on a viral page bandwagon that all of our other Facebook friends have joined?

“In today’s information environment, we place a lot of emphasis on our identities, and the image or reputation we want to portray,” said Brig. Gen. Lewis Boone, the U.S. Army deputy chief of public affairs.

“The latter is just human nature,” he continued. “So the question becomes, why would anyone want to take a chance and make a spot judgment on just the name of a particular group, without understanding what its content is? The consequences could very well take a long time to rectify.”

The freedom to speak without censorship and limitation does not only refer to verbal speech, but any medium used.

Some service members would say that guidance and restrictions to posting and writing on these boards, or even reporting them, would be a violation of the human rights law.

“If you are a Soldier, you do have rights to free speech,” said Boone. “But use common sense when giving your opinions. Because you are a Soldier, you can quickly become a spokesman or representative of all 1.4 million of us who wear the uniform, and the media will quickly help you get the word out, whether you want it, or not — for good or for bad.”

Facebook’s “Statement of Rights and Responsibilities” reads, “You will not post content that is hateful, threatening, pornographic or that contains nudity or graphic or gratuitous violence.

“You will not use Facebook to do anything unlawful, misleading, malicious or discriminatory.”

Future communication to evolve through social media

ROB MCILVAINE

Family and Morale, Welfare and Recreation Command Public Affairs

LOUISVILLE, Ky. — Less than 15 years ago, the commercial Internet didn’t exist. The Internet now serves 1.5 billion people, with adults making up 70 percent of the users.

But this new form of communicating with customers has its pitfalls, so “think before you tweet.”

“The Internet is wherever you are, whenever you want it,” said Bryan O’Rourke, the chief strategic officer of Fitmarc, a company that trains fitness and wellness professionals and organizations like Family and Morale, Welfare and Recreation.

“We are in a rapid technology change that isn’t going to stop,” said O’Rourke. “Companies and institutions, such as the U.S. Army, must engage in social platforms.”

According to O’Rourke, the Internet,



Today

Furlough Fridays – Looking for Furlough Fridays activities? The next Furlough Friday is scheduled March 12, and Family and Morale, Welfare and Recreation has families covered with a variety of options for students and teens in all grades. Programs offered at Child, Youth and School Services and Army Community Service will keep keiki busy.

Download your FMWR Furlough Friday activity program guide at www.mwrmilitaryhawaii.com. Click on “CYSS.”

Furlough Friday days are scheduled April 23 and 30, and May 7 and 14.

Family Camp – The Sierra Club and the Sierra Club Foundation are funding camping opportunities for military families through the Honolulu Armed Services YMCA.

Camp Erdman will provide a weekend family camp that will include multiple experiences in the natural environment, conservation education, camaraderie and fun activities like swimming, archery, wall climbing, campfires and more.

Camp starts Friday evening, March 12, and ends Sunday afternoon, March 14.

All meals and activities are included and are provided at no cost to families. For more information, call 624-5645 or e-mail wheeler@asymcahi.org.

A Chorus Line – The dazzling complex fusion of dance, song and amazing drama, A Chorus Line, continues at the Army Community Theatre, March 12, 13, 19 and 20, at 7:30 p.m. each day.

Tickets cost \$15 to \$28 and are available online at www.armytheatre.com. This production may not be suitable for children under the age of 13. Call 438-4480.

13 / Saturday

Arts & Crafts – Join the Schofield Arts and Crafts Center for creative family fun. There will be free balloons and refreshments from 9 a.m.–2 p.m.

Kids can take photos with the Easter Bunny, and families can participate in craft demonstrations to include: lei making, beaded jewelry and lauhala weaving. Call 655-4202.

15 / Monday



Send announcements to community@hawaiiarmyweekly.com.

Today

Job Fair – Marine Corps Base Hawaii will host a job fair open to the public at Kahuna's, at the E-Club, 2-4 p.m. Call 257-7790/7787.

Volunteer Recognition Week – The deadline for nominating volunteers is March 12.

E-mail the Army Volunteer Corps at tracey.clark@us.army.mil or call 655-4227.

Battle Color Detachment – The U.S. Marine Corps Battle Color Detachment has public performances at the Pop Warner football field on Marine Corps Base Hawaii, Kaneohe Bay, March 12, 9:30 a.m.; and at Kaiser High School, March 13, 2 p.m. Call 257-8840/8832.

13 / Saturday

Friendship Gala – The Friendship Gala is a foodie's delight showcasing a dozen of Hawaii's most celebrated restaurants, March 13, 7-9 p.m., at the Hawaii Convention Center.

Attendees will enjoy spectacular cultural entertainment by performers from Japan and other Pacific Rim countries. The Friendship Gala benefits the Honolulu Festival Foundation's cultural and educational programs for schools and children in Hawaii.

Tickets are \$85. Call 596-3327 or visit www.honolulufestival.com.

Keiki Talk Story – Stories of the Past is the topic of this month's Keiki Talk Story program, 10-11 a.m., Mission Houses Museum, 553 S. King St., Honolulu.

The author is famous for his books on folktales and history. This program engages children ages 3 and up and provides hands-on activity. Call 447-3910.

Honolulu Festival – The Honolulu Fes-



Mark Brown | Army Hawaii Family Housing

A whole lotta water

SCHOFIELD BARRACKS — Residents in Army Hawaii Family Housing's Helemano Military Reservation community will notice a new structure being built that is clearly not a home. A spheroidal-style, steel-elevated water tank, the first of its kind in Hawaii, is being constructed. The tank will hold 600,000 gallons of water and stand about 145-feet high. The tank will increase water storage capacity of Helemano's domestic and fire water systems. The tank is scheduled for completion in August.

Tropics Closure – The Tropics Recreation Center will close for renovations, March 15-May 21. Call 655-5698.

17 / Wednesday

Circle Island Tour – The deadline to sign up for the Army Community Service all-day circle island tour for newly assigned Soldiers, civilian employees, and family members who have PCS'd to Hawaii within the last six months is March 17. The tour is March 20.

Call 438-4499 or visit the ACS Tripler office, Building 127A on Krukowski Road, Monday-Friday, 7:30 a.m.–4 p.m.

19 / Friday

Waikiki Party Bus – Your party bus to Waikiki is running again this month.

Let FMWR be your own personal chauffeur on this bus traveling to Waikiki, March 19, around 9 p.m. and returning to Schofield Barracks or Fort Shafter around 3 a.m.

Call 655-9971 or 438-1985.

22 / Monday

Chart Your Course – This workshop is for middle school and high school students and their parents to map out an ac-

ademic plan for on-time graduation and to be more competitive in the college application process.

The course is March 22, at the AMR Community Center, 6:30 p.m. Call 258-5961 or email schofieldp2p@yahoo.com.

27 / Saturday

NOAA Whale Count – Enjoy one of most unique benefits of living in Hawaii. Help the National Oceanic and Atmospheric Administration count whales during the annual migration, March 27, 7 a.m.–1 p.m.

Cost is \$10 and includes round-trip transportation from Schofield Barracks. Call 655-0143.

28 / Sunday

Read to the Dogs – Sit. Stay. Read. Is your child a dog lover? If so they can read to dogs, March 28, 3:30-4:45 p.m.

Children who are able to read on their own can sign up. To reserve a session, call 438-9521.

30 / Tuesday

Earth Day Recycled Art Contest – Enter your art made of recycled materials to any Army library or the Schofield Bar-

racks Arts & Crafts Center now through March 30, to participate in April 22's 40th anniversary of Earth Day.

Post libraries will be hosting this 100-percent-recycled-art contest and is open to all ages. Call 655-8002.

Ongoing

Life Insurance Warning – Financial Readiness has seen an increase in false, deceptive or unfair life insurance sales to Soldiers.

Violations include selling door-to-door, soliciting Soldiers on post or during duty hours, and selling insurance to lower enlisted without assessing if the Soldier's existing SGLI benefit.

Soldiers should review their insurance contract with Army Community Service Financial Readiness to ensure the product they have meets their needs. Call 655-4227.

Arts & Crafts – Join the Schofield Barracks arts and crafts center for creative fun making leis every Thursday, 12-2 p.m. All ages are welcome. Cost is \$10. Call 655-4202.

tival displays free cultural performances and exhibits, March 13-14.

The music, dances, costumes art and movies will take place at the Hawaii Convention Center, Ala Moana Shopping Center, Waikiki Beach Walk and Waikiki Shopping Plaza, Saturday, 10 a.m.-5 p.m., and Sunday, 10 a.m.-3 p.m.

The festival concludes a parade along Kalakaua Avenue, 4:30 p.m., and features music, cultural demonstrations and magnificent floats, including the popular Daijaya, or fire-breathing dragon.

Call 596-3327 or visit www.honolulufestival.com.

14 / Sunday

St. Patrick's Day – Celebrate St. Patrick's Day with Royal Hawaiian Center, March 14, at 2 p.m.

Celtic Pipes and Drums of Hawaii will perform the traditional art of piping and drumming for the audience at Helumoa – The Royal Grove, between Buildings B and C, along Kalakaua Avenue. Visit www.RoyalHawaiianCenter.com or call 922-2299.

15 / Monday

Scholarships – The Society of American Military Engineers will award several \$2,500 scholarships to high school seniors planning to pursue a full-time undergraduate technical degree at a university with an accredited engineering program, or to a current engineering or architecture major enrolled at a university with an accredited program.

Military affiliation or experience (SAME member or dependent, military dependent, Reserve Officers' Training Corps or Junior ROTC) are given preference. Applications must be postmarked by March 15.

Contact the scholarships director at julie.chen@aecom.com.

17 / Wednesday

FBI Recruitment – Are you interested in a career with the FBI as a Special Agent or a Professional Support employee? Learn about an FBI career, March 17, 1 p.m., at the Soldiers Support Center, Bldg. 750, Schofield Barracks.

Entry-level salary is \$62,957, Academy training is \$71,659, first year salary upon graduation is \$81,694. In five years, salary is \$112,217 for the SA position. Call 655-1028 or 566-4488/4300.

Splash Day – All Armed Services YMCA Playmorrow groups are invited to join for a day of wading pools and water toys at 1262 Santos Dumont, Wheeler Army Airfield. Bring swimsuits, towels, sunscreen and a dish for a potluck lunch. Call 624-5645.

19 / Friday

Art and Essay Contest – The Armed Services YMCA's annual art and essay contest invites students in grades 1-12 to write an essay about "My Military Hero." Entries must be postmarked no later than March 19.

Winning entrees will be displayed in a number of locations in the Washington D.C. area, and winners will be recognized at a luncheon on Capitol Hill. Entry forms are available at www.asymca.org.

20 / Saturday

Walk to End Polio – Local Rotary and the Hawaii Post Polio Network will host the "Walk to End Polio," March 20, at Magic Island in Ala Moana Beach Park.

Check-in is at 7 a.m., and the walk starts at 8 a.m. Registration is \$20, or \$15 for students and military. Fees are tax deductible and proceeds will benefit Rotary's Global Polio Eradication Initiative. Call 561-0585 or visit www.walktoendpolio.com.

25 / Thursday

Ask the Commander – The "Ask the Commander" tapings continue this month in front of the Fort Shafter PX, March 25, 3-4 p.m.

Future dates include April 29 at the Schofield PX, May 27 at the Fort Shafter PX, and June 24 at the Schofield PX.

27 / Saturday

Auto Show Military Two-Fer Day – Buy one admission and get the second free, with valid military IDs, to the International Auto Show at the Hawaii Convention Center, March 27. For more information visit www.motortrendauto.com/shows/honolulu/generalinfo.jsp.

Earth Hour – On March 27, 8:30 p.m., people around the world will come together to call for action on climate change by turning off their lights for one hour.

The movement symbolizes that by working together, we can make a positive

impact in this fight, protecting our future and that of future generations.

Visit www.myearthhour.org/home.

Easter SeaHunt – Families are invited to Waikiki Aquarium, March 27, 8:30 a.m.–12 p.m., for sea animal hunts for children ages 2-7, a fishpond game, crafts and visits with the Easter Bunny.

Visitors will have access to all exhibits and galleries.

A shuttle will be available at the Waikiki Elementary School, 8 a.m.–12 p.m.

Admission is free for children of Friends of the Waikiki Aquarium families, family plus and grandparent memberships. The fee for individual, senior and non-member hunters is \$10. Fish pond tickets are \$2.

Registration is available www.waqaquarium.org/news-events.asp.

31 / Wednesday

Hui O' Wahine Scholarship – The Hui O' Wahine Scholarship and Welfare applications are due March 31.

The Hui O' Wahine, a Schofield Barracks spouses club, gives scholarship and welfare money every year to deserving students and organizations.

Scholarships are available for graduating seniors and for continuing education. Grants are given to organizations that support military families and the surrounding community. Grant awards are dependent upon substantial need and the amount of money available.

Visit www.huispirit.com or visit www.schofieldspousesclub.com.

Ongoing

2nd Infantry Division Reunion – The Second (Indianhead) Division Association is searching for anyone who served in the 2nd Infantry Division, at any time. For information about the association and annual reunion in Danvers, Mass., Aug. 18-22, visit www.2ida.org or call 744-5062.

Lent and Holy Week – The chapel schedule for Lenten and Holy week has been issued. Including Stations of the Cross, every Friday during Lent, at 5:30 p.m., at AMR. Call 836-4599, 655-9307/9355 or 656-1384.



Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
FS: Fort Shafter Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Friday, 9 a.m. at AMR
•Saturday, 5 p.m. at FD, TAMC and WAAF chapels
•Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD)
•Sunday services:
-7:30 a.m. at WAAF
-8 a.m. at AMR
-10:30 a.m. at MPC Annex
-11 a.m. at TAMC
•Monday-Friday, noon at MPC and TAMC

Gospel Worship

•Sunday, noon at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex
•Saturday and Sunday, 5:30 a.m., 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Monday, 6 p.m. at PH (Bible Study)
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Orthodox Divine Liturgy

•Sunday, 9 a.m. at TAMC

Pagan (Wicca)

•Friday, 7 p.m. at MPC Annex

Protestant Worship

•Sunday Services
-9 a.m. at FD, FS, MPC, TAMC and WAAF chapels
-10 a.m. at AMR and HMR



Call 624-2585 for movie listings or go to aaes.com under reeltime movie listing.



The Lovely Bones

(PG-13)
Fri., March 12, 7 p.m.
Thurs., March 18, 7 p.m.

The Tooth Fairy

(PG)
Sat., March 13, 4 p.m.
Sun., March 14, 2 p.m.



Edge Of Darkness

(R)
Sat., March 13, 7 p.m.
Wed., March 17, 7 p.m.

No shows on Mondays or Tuesdays.

Tropic Lightning hosts storytime during Read Across America

Special Troops Battalion and 84th Engineers “talk story” with Wheeler and Mililani students

SPC. MAHLET TESFAYE
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Hale Kula Elementary School celebrated “Read Across America” in commemoration of Dr. Seuss’ birthday with the help of Special Troops Battalion, 25th Infantry Division, here, March 2-4.

“It is an honor and a privilege to represent the Army by serving at our schools,” said Pfc. Joseph Foster, Company A, STB, 25th ID. “I believe education is one of the best investments we can make, both for ourselves and our future generations.”

More than 10 Soldiers served the students green eggs and ham for breakfast, based on the famous Dr. Seuss story, and they helped out with other school activities, March 2.

The Soldiers returned to Hale Kula, March 4, to read books in the classes.

Foster is one of the Soldiers who volunteered to help out with serving breakfast and reading books to students.

“I felt very much appreciated by the kids and staff,” said Foster. “Everyone was eager to share a smile and offer their thanks.”

“We plan an event and come up with a vision for it, but the two of us cannot do it by ourselves, so we rely on military partnership so much,” said Ellen Petry, the Parent Community Networking Center facilitator at Hale Kula Elementary School and one of the event organizers.

The division’s STB is the school’s assigned military partner and helps support school events.

“We hear from the Soldiers that they really love reading for the kids, and they love getting the thank you notes from the kids,” said Michelle Colte, the librarian at the Hale Kula and co-organizer of events.

“I really enjoyed reading to the kids,”



said Foster. “I think that it would be great to have even more opportunities for Soldiers or civilians to read to kids.”

Petry said it’s special for kids to see Soldiers in uniform, like their moms and dads, reading to them.

As part of the celebration, Brig. Gen. James Nixon, deputy commanding general-operations, dressed as a farmer to read a book called “Click, Clack, Moo: Cows That Type” to children during an event called “Tell Me a Story” at Wheeler Elementary School, Wheeler Army Airfield, March 4.

“I know the kids had a good time listening to the stories,” said Foster.

“I hope that seeing a Soldier reading would spark their imaginations and help inspire a deeper desire for reading,” he said.



Spc. Mahlet Tesfaye | 25th Infantry Division Public Affairs

1st Lt. Susan Knapik | 84th Engineer Battalion

Top — Sgt. 1st Class Donna Campany and Spc. Kaleb D’ombrain, 84th Engineer Battalion, 130th Engineer Brigade, read a Dr. Seuss book in celebration of the author’s birthday to Mililani Uka Elementary students, March 2. A group of 84th Engineers rotated through 16 classrooms to read childhood classics to eager audiences of kindergarten through third grade, and to special needs students. The Soldiers will return to the school in April to continue the “Raise a Reader” program.

Left — Brig. Gen. James Nixon, deputy commanding general-operations, reads the book “Click, Clack, Moo: Cows That Type” during the “Tell Me a Story” event at the Wheeler Elementary School, March 4.

Army Emergency Relief aids Soldiers in times of distress, financial need

**ARMY COMMUNITY SERVICES,
ARMY NEWS SERVICE AND STAND-TO**
News Releases

WASHINGTON — The Army conducts the Army Emergency Relief Annual Campaign from March 1st through May 15th each year to offer Soldiers the opportunity to help their fellow comrades, as well as increase Soldiers’ awareness of the valuable resource available to them.

The AER kickoff rally is scheduled March 19, from 10-11 a.m., at the Nehelani Conference Center, Schofield Barracks. All brigade, battalion, unit commanders, command sergeants major, project officers and interested Soldiers are asked to attend to support the campaign.

Individual Soldiers will be contacted by unit personnel for contributions, March 22-April 23.

Contributions are voluntary and donations generate interest-free loans to Soldiers and families in times of need. Funds support:

- Emergency assistance to include rent, food, emergency travel, essential car repair, funeral, medical and dental expenses.
- Soldiers medically evacuated from Operations Enduring Freedom and Iraqi Freedom
- Families of fallen Soldiers
- Children and spouse scholarships

Founded in 1942, the AER has provided more than \$1.2 billion in assistance, and in the last five years alone has distributed nearly \$300 million to more than 280,000 Soldiers and families for unforeseen cash flow problems, said Andrew Cohen, AER deputy director for finance.

“This is about ‘Soldiers helping Soldiers’ because most of the money was donated by Soldiers to help other Soldiers and their families,” Cohen said. “Most assistance is given as a loan and paid back to the

fund so Soldiers can continue to help the next Soldier in need.”

For requests under \$1,000, Soldiers should contact their chain of command due to a command referral program whereby company commanders and first sergeants have the authority to approve the loan.

Local installation AER sections can approve cases up to \$3,500. For more than \$3,500 in emergency funds, the local AER will forward the case to headquarters in Alexandria, Va.



For more information on how AER benefits Soldiers and their families or how to contribute, visit www.aerhq.org/. Or contact the AER Office at 655-7132.

Generally, AER interest-free loans have been under \$1,000 for terms for 12-24 months, but in the case of larger loans, extensions may be granted on a case-by-case basis.

“Not only are extensions possible, but if repaying a loan creates an undue hardship, a Soldier can convert the loan to a grant,” Cohen said. “There’s no boiler plate solution to take care of a Soldier and family.”

It’s not uncommon for an emergency fund request to be dropped off at the local AER office in the morning, with the assistance check available by lunch. It’s quick, easy, convenient and interest free.

In 2009, AER provided \$79 million in assistance to more than 71,000 Soldiers and their families, with 90 cents of every donated dollar going to Soldier and family programs.

AER accepts unsolicited donations at any time.

Volunteer spirit honored

SPC. MAHLET S. TESFAYE
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — The 25th Infantry Division recently honored volunteers, here, for family and community support.

The Ali’i Award was awarded to Tiffany Cotner, April Gonzalez, Criztina Jean and Jerah Newbill. Sandy Berry received the Volunteer Ambassador Lokahi. The Yellow Ribbon was awarded to Trinity Anderson, Yasmin Graulau, Amy Ketchum, Rosie Martinez, Laura Rosalez, Samantha Rodriguez and Victoria Wilhoite.

Colorectal cancer screening, early diagnosis helps save lives

Tricare covers preventive cancer screenings, exams to encourage testing at any age

TRICARE
News Release

FALLS CHURCH, Va. — Colorectal cancer screenings may be an uncomfortable subject for some people to discuss, but their importance cannot be underplayed.

With one in 19 Americans being diagnosed with colorectal cancer in their lifetime, the good news for Tricare beneficiaries is that colorectal screenings are available to them at no cost.

The Centers for Disease Control and Prevention estimate at least 60 percent of colorectal cancer deaths could have been avoided with regular screening.



When cancer is caught and diagnosed early, treatment is more effective.

Since early-stage colorectal cancer often has no symptoms, today's screening technology is a powerful tool.

Screenings can find abnormal growths, called polyps, and they can be removed before becoming harmful.

On The **WEB**

Learn more about colorectal cancer screening at the CDC's Screen for Life campaign at www.cdc.gov/screenforlife.

For more information about Tricare's preventive services go to www.tricare.mil.

Many types of screening tests are available to find the colon polyps or colorectal cancer.

- Beneficiaries 50 and older should have annual fecal occult blood testing, a proctosigmoidoscopy or sigmoidoscopy every three to five years, or a colonoscopy every 10 years.

- Beneficiaries as young as 25, with a higher risk of colorectal cancer — for example, those with a close relative who had the disease — should talk to their doctor about earlier screenings.

For Tricare Prime and Standard beneficiaries, there are no cost shares or co-pays for many important preventive care services, including colorectal cancer screenings.

For Medicare-eligible beneficiaries covered by Tricare For Life, Medicare covers colorectal cancer screening tests and Tricare generally pays the remainder of any costs not already paid under Medicare.



Sgt. Ricardo Branch | 8th Theater Sustainment Command, Public Affairs

Capt. Chatom Warren embraces his wife Marquita during the 84th Engineer Battalion redeployment ceremony Nov. 2, 2009, at Wheeler Army Airfield. The American Red Cross is offering a deployment coping course for military families.

Red Cross offers deployment coping course for military families

AMERICAN RED CROSS
News Release

HONOLULU — The American Red Cross has developed a "Coping With Deployments" course to specifically address the stresses and strains that deployments place on the service members' families.

The Red Cross worked closely with subject matter experts from all service branches, along with National Guard and Reserve components, to complement military courses offered.

This course was designed to assist military families in managing the changes and stress in their lives while their service members are deployed.

The course will provide useful

information on how to strengthen abilities to successfully respond to potential challenges throughout the deployment cycle. It will explain how to provide psychological first aid to others experiencing stressful feelings or events.

The complete course is about four-and-a-half hours long. It can be divided into an two-and-a-half hours adult module, and a two-hour children's module.

The children's module specifically teaches adults how to support children during the changes children may experience while a family member is deployed.

The course is available to Reserve, National Guard and active duty service members and

families, including spouses, children, parents, siblings and significant others. Veterans and their family members are also eligible.

Actively licensed and specially trained Red Cross mental health professionals will teach the course.

The entire course or individual modules can be taught at family readiness group meetings, family gatherings and briefings before, during and after deployments. The Red Cross will make every effort to meet specific scheduling needs.

The deployment coping course is free and is taught in a confidential environment.

For more information, call 257-8848.

Spices, herbs aid in nutritional well-being

CHRIS HALAGARDA
Defense Commissary Agency

FORT LEE, Va. — March is National Nutrition Month, chockfull of many positive goals which everyone can implement to improve nutritional health, such as losing weight, increasing fruit and vegetable consumption each day, eating less red meat and drinking more water.

What about trying out some new herbs and spices on common food? Most people don't think of herbs and spices as improving their nutritional health, but they are some of the best sources of nutrition known to man.

The Department of Agriculture's Database for Oxygen Radical Absorbance Capacity, or ORAC, lists the antioxidant levels of common foods.

Despite the belief that herbs and spices have no nutritional value, many herbs and spices top the ORAC list.

For example, ground cinnamon rates higher than blueberries or pomegranate juice, while oregano and turmeric rate above powerhouses like raspberries, strawberries and asparagus, all

extremely healthy foods.

Also, "standing tall" on this nutritionally healthy list is paprika, rosemary, ginger and thyme, to name a few.

So, for National Nutrition Month, how about putting down the salt shaker and sprinkling some herbs and spices on food.

Consider the following:

- Add a teaspoon of cinnamon to oatmeal, toast with peanut butter, fruit cup or yogurt and granola.
- Sprinkle some ground ginger into a shrimp and vegetable stir-fry.
- Chop a tablespoon of thyme and rosemary into your omelet.
- Make homemade hummus, experimenting with different amounts of cumin, coriander, red pepper and paprika. Start with small amounts, such as a quarter of a teaspoon.
- Try yellow curry in whole-grain rice.
- Sprinkle meats with thyme, rosemary or oregano, and then enjoy with family and friends.

(Editor's Note: Chris Halagarda is the Department of the Navy Fitness, Performance Enhancement dietitian.)

Military health system Web site makes information more accessible

AMERICAN FORCES PRESS SERVICE
News Release

FALLS CHURCH, Va. — The Military Health System has launched a new health.mil Web site that provides a single point of entry to military health news, information and resources.

The site is part of the Defense Department's continued commitment to make health information available and easy to find, officials said.

Content is categorized by topic or audience, including service members, retirees and families; health care providers; educators and researchers; Military Health System staff; Defense Department leaders; and the media.

"We've listened to the feedback from our users and redesigned the site to make it better, easier to navigate and easier to find information," said Dr. Michael Kilpatrick, director of strategic communications for the Military Health System. "The new health.mil is better organized, better looking and more seamlessly integrated with our social media efforts."

The new Web site design better serves the system's health care beneficiaries by providing links to Tricare and eBenefits up front.

An easy-to-navigate layout provides multiple

On The **WEB**

Visit the new Web site: www.health.mil

paths to the information, including an exposed site map and a topic index on every page.

The new site includes improved Section 508 compliance for the disabled and is easier to use with mobile devices.

A robust search function pulls in results from across multiple organizational Web sites within the Military Health System.

America's Military Health System is a unique partnership of medical educators, medical researchers and health care providers and support personnel worldwide.

This Defense Department enterprise consists of the office of the assistant secretary of defense for health affairs; the medical departments of the Army, Navy, Marine Corps, Air Force, Coast Guard and Joint Chiefs of Staff; the combatant command surgeons; and Tricare providers, including private-sector health care providers, hospitals and pharmacies.

Facebook: Responsibility's key to maintain operational security

CONTINUED FROM B-1

You hold the right to report anything that violates the above stated responsibilities.

Critics of the military's adopted "new" means of communication through social media exploit these adversary sites as exactly the reasons why we should not use such programs, claiming a lack of education pervades within the ranks.

These means of communication could violate operational security and cause other negative impacts on mission readiness.

Given the widespread use of social media, leaders should educate their Soldiers on the responsible use of social media, not to regulate or discourage a differing viewpoint, but to reinforce that as representatives of their country, they are held to a higher standard, said Boone.

In certain situations, Soldiers can be held ac-

countable for their remarks or actions in the social media arena.

However, leaders should not impose limits, forbid or otherwise bar the use of social media in their units or for their Soldiers.

If there are questions on what is, or is not appropriate, the Army has venues are available to inquire without sanction.

It's always best to "think before you post," and the local public affairs office is a great place to start for questions concerning social media.

So, as our leaders have in the past, associate yourself with friends and groups of good quality, if you esteem your own reputation, for 'tis better to have Tom of MySpace be your only friend, than be in bad company.

(Editor's Note: Staff Sgt. Sadie Bleistein works at the 101st Combat Aviation Brigade Public Affairs Office.)

Future: Harness social media power

CONTINUED FROM B-1

Currently, we are entering the era of social colonization where every experience can become social, such as what friends think about a movie or a restaurant.

In the future, we'll be able to choose to share personal information to be instantly recognized by institutions, such as educational or social opportunities like a new sushi restaurant opening nearby.

Finally, we'll enter the era of social commerce. This will become a time when communities can define future products and services, such as working together to bring down prices.

"But there are challenges," O'Rourke said. "Technology is not about building fences, it's about vision and leadership and understanding how social collaboration can benefit."

David Pogue, a New York Times blogger, helps make sense of the explosively expanding realm of

Web 2.0 and the kinds of 'casting or texting, available for communication.

"What do YouTube, MySpace, eBay and Craigslist have in common?" Pogue asked. "They're all part of Web 2.0, in which a Web site's material is supplied by its visitors. They are all new ways for individuals and corporations to express themselves online."

Within Twitter, where only 140 characters can be displayed, a creative user can tap into the minds of those who follow him and get back loads of information.

Pogue encouraged everyone to consider ways the U.S. Army and Soldiers could harness the power of social media.

"I've heard lots of reasons, such as 'don't know how,' 'fear of the rabble,' 'too expensive,' 'don't have the manpower,' and 'security issues,'" said Pogue. "These are all legitimate concerns, but Web 2.0 tools will open up amazing opportunities for institutions."

Kunia Gallos unite for victorious title defense game

Joint-service team hopes to surpass last season's record with focused play

Story and Photo by
RANDY DELA CRUZ
U.S. Navy

JOINT BASE PEARL HARBOR-HICK-AM – The Kunia Gallos, a team comprised of players from Navy Information Operations Command Hawaii, and the U.S. Army and Air Force, began the defense of its Intramural Soccer League championship by trouncing USS Pasadena (SSN 752), 7-0, at Ward Field, here, Saturday.

Kunia, which captured the league title and finished with an overall record of 14-1 last season, opened the game versus Pasadena with an aggressive attack that pinned its opponent in the backfield for most of the first half.

Pasadena had zero kicks on goal in the first half and managed only two shots for the entire game.

The defending champs took full advantage of the short field and converted four turnovers into a quartet of goals in the first half to take a commanding lead at the break.

"They (Pasadena) kind of telegraphed where they were going," said Air Force Senior Airman Tim Mrozovich, who



Army Staff Sgt. Nathan Berry of the Kunia Gallos gets ready for a shot on goal as teammate, Army Staff Sgt. Gordon Burk, looks on in the background during the team's Intramural Soccer League game against USS Pasadena (SSN 752) at Ward Field, Joint Base Pearl Harbor-Hickam, March 6. Berry kicked in three goals while Burk scored one to help the Gallos beat Pasadena, 7-0, to open the new soccer season. The Gallos are the league's defending champs.

scored the first and fourth goals in the game. "So, when you see the goalie pick his head up and pass right to their guy, we just anticipated where the ball was going

and stepped right in."

The team also had three scoring kicks from Army Staff Sgt. Nathan Berry and single tallies from Cryptologic Techni-

cian (Interpretive) Seaman Brian Babilya and Army Staff Sgt. Gordon Burk.

Berry scored two of his goals in the first half, before booming in a shot from near midfield in the opening minutes of the second half.

"I've shot a lot of those and actually made one like that a couple of weeks ago," said Berry of his long shot, which came after he made the switch from striker to goalkeeper. "If the opportunity is there, you just got to go for it."

Babilya added his goal midway through the second half while Burk closed out the team's scoring on a breakaway down the right side of the field.

In assessing Kunia's solid opening game, Berry explained his team had lots of experience since many of the players have been on the Kunia squad for three seasons, and many of his teammates also participate in leagues off base as well.

"We're as good as we can be," said Berry, "but we're going to be losing guys in the next couple of weeks, so we really have to win our first games."

As long as the players keep focused and continue to play together as a team, Mrozovich said that Kunia could repeat as champions and may even surpass last season's outstanding overall record.

"We can probably be undefeated," said Mrozovich. "I feel pretty confident that we're going to do very well."



Send sports announcements to
community@
hawaiiarmyweekly.com.

13 / Saturday

Surf & Turf 5K – Marine Corps Community Services' most scenic race, the Single Marine & Sailor Program Surf & Turf takes runners down the most panoramic beaches, to the far reaches of Marine Corps Base Hawaii, Kaneohe Bay.

This race begins at the Officers' Club, 6:30 a.m., and finishes through the Kaneohe

Klipper Golf Course.

This event is open to the public and costs \$25. The next MCBH Commanding Officer's Semper Fit Series race is the 3d Marines 10K Run, April 10. Visit www.mccshawaii.com/cgfit.htm.

14 / Sunday

5K or 10K Volksmarch – Join the Menehune Marchers Volkspport Club on a 5K or 10K volksmarch (walk), March 14, starting in Hawaii Kai and walking through scenic lookouts in Hanauma Bay Nature Preserve and Portlock.

The start point will be the Koko Head District Park, located at 423 Kaumakani St., Honolulu. Look for the yellow

Menehune Marchers banner.

Participants can start anytime from 7:30-10 a.m. and finish by 1 p.m. An early start is recommended, as Hawaii Kai is often hot by midday.

Call 395-9041 or visit www.ava.org/clubs/menehune-marchers/.

16 / Tuesday

Sailing Course – Register for Wet Hens, a nine-week beginners course, March 16 at Hickam Harbor, 9-11 a.m.

The class runs Thursdays, March 25-May 20, at Hickam Harbor and costs \$80.

Call 450-3729 or 772-4114.

26 / Friday

Commander's Classic – Registration for the quarterly

golf tournament at Kaneohe Klipper Golf Course is due March 26. The tournament is April 2. Visit www.mccshawaii.com/golf.htm.

Ongoing

Arthritis Walk – Registration is open for the "Parade of Passion" Arthritis Walk, May 2, 6-11 a.m., at Ward Centers in Honolulu.

Join a few hours of fun, fitness, live music and activities for adults and children. Donations raised by individuals or teams will support the Hawaii Arthritis Foundation.

Call 596-2900, or visit www.hawaiiawalk.com

Special Olympic Competitions – Central Oahu Special Olympic Competitions will be held on Schofield Barracks and Wheeler Army Airfield.

Track and field competition is April 17, power lifting on April 25 and the softball competition is May 1.

Hike Waimea Valley – Waimea Valley schedules hikes every Saturday that explore stunning views atop ridges. Guides help identify plants; view streams and the Waimea Waterfall; point out native o'opu and rare endemic aquatic moth pupa; and showcase the Valley's indigenous birds.

Register Friday before the hike, starting at 8:30 a.m. at the Waimea Valley Visitor Center.



13 / Saturday

Kualoa Horseback & Jungle Tour – Enjoy all your favorite things about Hawaii in one day, March 13, 6 a.m.-3:30 p.m.

Experience a North Shore tour and enjoy a thrilling Kualoa jungle tour for just \$104. Round-trip transportation is available. Call 655-0143.

Discover Scuba – Learn about the world of scuba diving and scuba certification, March 13, 2-4 p.m. Class is held in a controlled, pool environment. Call 655-0143.

15 / Monday

Guardstart Program – Guardstart is an excellent program for kids ages 11-14 to learn what a lifeguard's duty is and to start a career in water safety.

Registration is March 1-10, from 11 a.m.-5 p.m., at Richardson Pool on Schofield Barracks.

Classes will be held March 15-19, 9:30-11 a.m. Cost is \$60 per child. Participants must be able to swim proficiently in the deep end of the pool. Call 655-9698.

2010 Army Hawaii Tennis Tournament – Register by March 15 for the tennis tournament taking place March 22-26 at the Fort Shafter and Schofield Barracks tennis courts.

Active duty Army, Reservists and National Guard stationed within the Hawaii are eligible. Military ID required. There is a "Combined Category" for Army and military retirees working on an Army Hawaii installation.

Call Fort Shafter at 438-9572 or Schofield at 655-0856.

18 / Thursday

All-Army Wrestling – The All-Army Wrestling program championships in Freestyle and Greco Roman categories will take place March 18-22.

Call 655-0856 or 438-9572.