

# HAWAII ARMY WEEKLY

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Serving the U.S. Army Community in Hawaii | ★ [www.garrison.hawaii.army.mil/haw.asp](http://www.garrison.hawaii.army.mil/haw.asp)

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Spc. Brandon D. Bolick | 982nd Signal Company, Combat Camera

### Deployment proficiency

FORWARD OPERATING BASE WARHORSE, Iraq — Soldiers assigned to 512th Military Police Company, 2nd Stryker Brigade Combat Team, 25th Infantry Division, prepare to enter a prison cell in Diyala province, here, July 25. Soldiers with 512th MP Co. participated in prisoner movement training to stay proficient in their job. Read more about Hawaii's deployed forces on A-3 and A-4.

## 305th MPAD set to deploy

CHRISTINA DOUGLAS

9th Mission Support Command Public Affairs

SCHOFIELD BARRACKS — Fellow Soldiers, families, friends and guests gathered to honor and bid farewell to the 305th Mobile Public Affairs Detachment in a deployment ceremony, here, Sunday.

The 20-person, Army Reserve unit is scheduled to deploy to Iraq to provide critical public affairs support as U.S. Forces-Iraq transitions from Operation Iraqi Freedom to Operation New Dawn.

This transition, which is slated for Sept. 1, will signify the end of combat operations and the beginning of stability operations for USF-I.

In her remarks as the ceremony's guest speaker, Brig. Gen. Michele Compton, commanding general, 9th Mission Support Command, noted the unit's previous deployments and experience supporting Theater Security Cooperation events throughout the Pacific.

The 305th MPAD has proudly represented the command, state and nation in several operational deployments, to include Bosnia, Kosovo and, most recently, Guantanamo Bay, Cuba, Compton said. Additionally, the unit has a wealth of experience in supporting U.S. Pacific Command and U.S. Army-Pacific exercises in various countries, to include Thailand, Malaysia, Korea and Indonesia.

"It is because of these accomplishments and the seasoned professionals standing before you in the 305th ranks that I have no doubt the unit will once again serve our nation with excellence," Compton said.

Compton also graciously thanked family

SEE 305th, A-7

## Hawaii Military Child Survey opens

DIRECTORATE OF FAMILY AND MORALE,  
WELFARE AND RECREATION, U.S. ARMY-PACIFIC  
News Release

FORT SHAFTER — The Hawaii Military Child Survey, which focuses on Hawaii military service personnel and their school age children, went live, July 31.

The study will explore a range of issues related to schooling and education, such as academics, safety, school climate, parental involvement and expectations. The survey will include topics such as what people have heard about Hawaii schools, life in Hawaii and educational expectations, as well as family and child history.

The survey is the first ever to follow families, even after they leave Hawaii. The study will include children who attend all types of school, who are currently on-

island or arriving during the next two years.

Specifically, the primary purpose of the study will be to identify changes in families' knowledge, attitudes and beliefs regarding life in Hawaii; their anticipations and experiences during the Hawaii tour of duty; and their expectations and experiences in the Hawaii education system.

To collect data, military parents and their children 10 to 17 years old are encouraged to take a Web-based survey, each year, for three years. The questions will be essentially the same for parents and children, although the language is adjusted to be age appropriate.

Questions will fall primarily in three domains, including the following:

- School — Academic quality, teachers and peers, school safety, advanced placement courses, school and parent communications, and support in school;

- Expectations — Expectations for life and schooling in Hawaii, expectations for parental involvement with their child's school, and academic expectations of parents for their child; and

- Family and Child Background — Previous moves, experiences living overseas, the child's skills and aptitudes, family stressors, types of social supports, and the child's learning, behavioral and emotional history.



Access the survey at <https://apps3.jhsph.edu/hawaiiqol/>.

## 'Tropic Lightning' raises antiterrorism awareness

SPC. MAHLET TESFAYE  
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — This month, the 25th Infantry Division commemorates the first annual Armywide Antiterrorism Awareness Month, establishing a period for both service members and civilians to focus on raising their awareness levels.

"It is very easy to know that when Soldiers deploy bad guys are out to get them," said Maj. William Epolito, chief, Chemical Biological Radiological Nuclear High Explosive/Antiterrorism, 25th ID. "When they come back to a garrison environment, they let their guard down.

"Even though it is not the same threat level, Soldiers and family members are still susceptible to terrorist attacks," he said. "That is why this month is dedicated to raise antiterrorism awareness."

The focus of Antiterrorism Awareness Month is to raise awareness, provide training to Soldiers and family members, plan for events, ensure people take into account the risks and then mitigate those risks, and finally, conduct vulnerability assessments to ensure key facilities and personnel are properly protected.

"We are working on (an) aware-

ness campaign to reach family members and Soldiers using a wide variety of avenues such as print, media and promotional items that support antiterrorism throughout 25th ID," said Frank Diaz, antiterrorism specialist, 25th ID.

Many levels and types of antiterrorism training and materials are available for Soldiers and family members to inform and educate them of the different types of threats, as well as how to identify threats, how to protect themselves from those threats, and how and where to report those threats.

"I think the greatest weapon that we have against terrorism is identifying suspicious activities and reporting it," Diaz said.

Another way people can protect themselves is guarding their personal or military information from public access.

"While the likelihood of a terrorist attack in Hawaii is small, it does not mean someone is not trying or thinking about it," Epolito said. "It is always better to be ready and make ourselves less of a target."

Epolito explained that the more a terrorist knows about a Soldier's



Sgt. 1st Class Ronnie Russell, USARPAC CCP noncommissioned officer in charge of operations, was recently selected for the 2010 Blacks in Government award for his many charity endeavors, most notably for REACH, a program to help Hawaii's homeless.

## USARPAC sergeant extends REACH

Story and Photo by  
STAFF SGT. CRISTA YAZZIE  
U.S. Army-Pacific Public Affairs

FORT SHAFTER — When most are facing a drive home at the end of the duty day, Sgt. 1st Class Ronnie Russell is just beginning work on his public service volunteer projects.

These endeavors outside of his duties as the U.S. Army-Pacific Contingency Command Post Operations noncommissioned officer led Russell to receive the 2010 Blacks in Government Award.

BIG is dedicated to African-Americans engaged in public service who promote equality in all aspects of American life, excellence in public service and opportunity for all Americans.

BIG will present the award to Russell in Kansas City, Mo., Aug. 16.

"Russell promotes opportunities to improve individuals' lives across racially and ethnically diverse communities throughout the island of Oahu, and specifically, (he) established a nonprofit organization called REACH, with the sole purpose of rebuilding the economy — one community at a time," said Lt. Col. Shane Duncanson, USARPAC CCP.

Russell's first community-based project for REACH was a food and clothing drive in April, which provided nonperishable food items, hot meals, clothing, children's books and shoes to more than 100 families in the

SEE RUSSELL, A-6

SEE 25th, A-4



## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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**Nondelivery or distribution problems in Army Hawaii**  
Family Housing areas? If so, call 656-3155 or 656-3156.

## 120 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 8/12/10.

## Defender 6 sends

# Community outreach keeps its promise

### LT. GEN. RICK LYNCH

Commander, Installation Management Command

ARLINGTON, Va. — Our Soldiers have been steadfast in their service to the nation during the past nine years of conflict.

Their families have been just as constant in their own dedicated service, providing the strength and support that enables Soldiers to do their jobs.

Our Soldiers and families persevere in their service to the nation in the face of repeated deployments and even greater challenges. It is heartening to know that we are not in this alone.

Our fellow citizens want to understand what we are experiencing and share a deep desire to support us where they can. Sometimes they simply do not know where to begin or how to make the connection to channel their appreciation and support into action, which is why reaching out to communities around us is so vitally important.

The Army has a long history of supportive relationships with surrounding communities. San Antonio, Texas, claims the title of Military City, USA, but many more communities could lay equal claim. Their ties with installations in their areas are as longstanding and deep-rooted.

Over the years, the Army has also developed strong relationships with local, state and national organizations that provide a wide range of support for Soldiers and families, including programs focused on health care, education, child development, employment, financial aid, and morale and recreation.

Now those relationships are more critical than ever. The Army cannot always offer the most comprehensive assistance for the numbers and kinds of challenges that our Soldiers and families face — especially true for National Guard, reservists and active duty Soldiers and families who live far from installations.

The great need for support and the great demand on our resources require us to reach out to those who can help us keep our promise to Soldiers and families.

A volunteer, a local service provider,

or a state or national organization may be able to offer expertise, material assistance, support services or even just human contact that fills a critical need, especially for the Soldier or family member who is not near an installation.

The support that communities and organizations give to Soldiers and families has become so important that the Army Community Covenant was launched in April 2008 to formalize and facilitate relationships. To date, communities in 49 states, three territories and the District of Columbia have conducted more than 500 covenant signing ceremonies, pledging to find ways to enhance the quality of life for Soldiers and families.

These ceremonies publicly recognize and celebrate the communities' commitments, but they are not an end in themselves. They are an important step in taking action to link support to specific Soldier and family needs.

The crucial first step is building relationships.

Effective community outreach is broader than a covenant. It begins with building strong, real relationships. Americans are inspired to offer their support when they learn more about military life and gain a deeper understanding of the personal challenges that Soldiers and families experience.

It is crucial that Army leaders make every effort to get to know local leaders; to attend town halls, Chamber of Commerce meetings and other events; and to invite local leaders and community members to attend events on post.

“We have become more effective at our community outreach efforts in recent years, but our efforts meet with such success because our communities are eager to meet us halfway.”



— Lt. Gen. Rick Lynch  
Commander, IMCOM

Army leaders must be prepared to answer when local leaders ask, “How can we help?” Americans are generous and compassionate — if you let them know how they can help, they will.

I know from firsthand experience what the power of community support can do for Soldiers and their families. One recent example is when I was the III Corps and Fort Hood commander and worked to establish a Resiliency Campus, which gathers a number of programs to support Soldiers' and families' mental, spiritual and physical well-being in one area.

As senior commander, I was able to dedicate the space on post and ensure that infrastructure improvements were made, but it was the embrace of the community outside the gate, their contributions of materials, services and expertise, that made the campus a reality.

We have several valuable resources to help Soldiers and families locate and access programs and services available to them:



## FOOTSTEPS in FAITH

# Meditation will help to relieve your stress

### CHAPLAIN (MAJ.) LESLIE FORBES-MARIANI

Chaplaincy Resource Manager, U.S. Army - Garrison Hawaii

What do you do to relieve stress?

I have read about and practiced many different forms of stress-relieving activities, from exercise to meditation. I have found that each one has its merits, but the one that stands out to me is quiet contemplation through meditation and prayer.

With constant input all day from family, friends and coworkers, we all need to let stress go and not let it out in ways that are harmful to you or your family. What helps me is to find a place to be still.

In a comfortable chair, in a place that is peaceful, I can focus my thoughts on something that gives me hope, peace ... and quiets my heart and mind.

I use the Holy Scriptures or meditations from the Scriptures. I allow my mind to drift in the words and ideas, and then focus on a thought or word that stands out.

A journal is a good way to document what you have learned or need to remember. I tend to use this time as a good start for the day.

Sometimes, I am so stressed that sleep is hard, and right when I am almost asleep — thoughts intrude. I don't want to forget these, so I get my pen and pad out and write my thoughts down so my mind can sleep. The next morning, I can't always read my own

writing, but I was able to sleep, and for the most part, I am able to remember the things that need to be remembered.

The key to meditation working is setting time aside. It takes discipline to get up earlier, stay up later or take time out during the day. I have found that the morning is best for me; yet, I am not a morning person, but for this activity, I am more alert and able to stay awake in the morning.

You might find that the evening or during the day is best for you. This choice is personal, so make it your own. Find a comfortable place that is easily accessible, or you will not do it after the first few times.

At first, I had a hard time even starting because I could not sit still; my mind kept wondering and I had every excuse. Meditation takes discipline, time and practice to sit still, focus and give yourself the space to be quiet.

I skip some days when I need to adjust, but I find the time in smaller snippets during the day.

Meditation will help you let go of stress, but it needs to be a regular pattern in your life to work best.



Forbes-Mariani



Staff Sgt. Eric Kunkle | 3rd Brigade Combat Team, 25th Infantry Division

## Remembering the fallen

PITTSBURGH— Staff Sgt. Mathew Girard, Company C, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, conducts a POW/MIA Ceremony during the 35th Inf. Regt.'s Association Reunion, here, July 27. Girard places a red rose on the table, reminding his fellow Cacti Soldiers of the families and friends of missing comrades who keep the faith while awaiting their loved ones' return.

# Voices of Ohana



“The medical benefits, the free college and the steady paycheck.”

**Pfc. Emma De La Rosa**  
58th MP Co.,  
728th MP Bn.



“The free college, full medical benefits and the money's good.”

**Spc. Matthew Lane**  
Command Sergeant Major's driver, HHC,  
8th MP Bde.



“Thirty days of leave a year — you can't get that in the civilian world. Free health care, and that the Army pays for your education.”

**Spc. Malinda Porter**  
Long Range Plans,  
HHC, 8th MP Bde.



“The pride that you feel when mission's accomplished, the respect that is earned by leading America's best and brightest and, of course, the adventure.”

**Capt. Evan Scritchfield**  
Long Range Plans officer, HHC,  
8th MP Bde.



“To be able to serve the people of the (U.S.), to be able to honor a great nation that gave me a second chance at life, and how the Army takes care of families.”

**Sgt. 1st Class Somboun Sengsy**  
Senior Paralegal NCO, HHC,  
8th MP Bde.

## What are the top three benefits of being a Soldier?

Photos: 8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command



# 558th MP Co. redeploys

**MAJ. SHEA A. ASIS**  
8th Military Police Brigade Public Affairs,  
8th Theater Sustainment Command

WHEELER ARMY AIRFIELD — Soldiers from the 558th Military Police Company, 728th MP Battalion, 8th MP Brigade, 8th Theater Sustainment Command, redeployed from Operation New Dawn, here, Monday morning.

The 558th MP Co. returned from Iraq after a 12-month rotation, where they completed a complex set of missions, to include police transition training, route security, force protection and area security.

The 558th deployment to Iraq marked the third deployment for Capt. Christopher Treuting, company commander.

“The 558th MP Co.’s most important



**Pfc. Marcus Fichtl** | 8th MP Bde., 8th TSC

Spc. Todd Lowder, 558th MP Co., 728th MP Bn., 8th MP Bde., 8th TSC, and his family reunite at Wheeler Gulch, Monday, during a redeployment ceremony.



**Pfc. Marcus Fichtl** | 8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command

Soldiers of the 558th MP Co., 728th MP Bn., 8th MP Bde., 8th TSC, fronted by Capt. Christopher Treuting (right, front), commander, stand in formation moments before being dismissed to greet their loved ones at Wheeler Gulch, Monday. The company deployed to Iraq in support of Operation New Dawn.

mission was commercial airline security patrols,” Treuting said. “These commercial flights were a pivotal part of the draw-down of U.S. combat forces out of Iraq. Due to (the Soldiers’) commitment to mission and professionalism, they were able to secure more than 150 flights out of Iraq.”

As U.S. forces continue to withdraw from Iraq, the 558th MP Co. saw firsthand how Iraqi army units and police forces were the lead for all missions.

“We assisted the Iraqi army and police with their force protection plan during the elections and also help(ed) them with civil military exercises,” Treuting said.

Back in Hawaii, Sgt. 1st Class Andy Hernandez, rear detachment commander, had the complex job of supporting the needs of companies, here.

“The most difficult obstacle we had to overcome as (the) rear detachment was supporting the 558th in an administrative role,” Hernandez said. “While deployed, the 558th was part of a National Guard unit, so their paperwork had to go through us. We processed a ton of paperwork, from marriages during (rest and recuperation), childbirth and anything else that required action.”

Another obstacle the rear detachment faced was moving the company and entire armory from Helemano Military Reservation to Schofield Barracks.

“With only a handful of Soldiers to accomplish this, (the rear detachment) was able to move onto Schofield and be ready to receive the 558th MP Co. long before they came home,” Hernandez said. “Our greatest accomplishment was how smoothly we went from planning for redeployment to executing the mission. The ceremony was just a small part. We organized the busses, set up the barracks and knew where each and every Soldier would be the moment they arrived.”



**Photos Courtesy of Company B, 1st Battalion, 14th Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division**

Staff Sgt. Javier Zuniga, Co. B, 1st Bn., 14th Inf. Regt., 2nd BCT, 25th ID, meets local officials that he will assist throughout the next year.

# 1-14th Infantry assumes authority to advise district

**1ST LT. BRYAN EUBANKS**  
Headquarters and Headquarters Company, 1st Battalion, 14th Infantry Regiment,  
2nd Brigade Combat Team, 25th Infantry Division

JOINT SECURITY STATION MCHENRY, Iraq — Soldiers watched as Mine Resistant Ambush Protected, or MRAP, vehicles faded into the distance.

The convoy carrying the last of 1st Battalion, 37th Armor Regiment, 1st Brigade, 1st Armored Division, of Fort Bliss, Texas, departed JSS McHenry for the last time, passing the reins to the 1st Bn., 14th Infantry Regt., “Golden Dragons,” 2nd Brigade Combat Team, 25th Infantry Division, Aug. 4.



Sgt. 1st Class Brendan Kitchens from Co. B, 1st Bn., 14th Inf. Regt., 2nd BCT, 25th ID, takes a knee while out on patrol to become familiar with the Kirkuk province in Iraq.

The 1st Bn., 14th Inf. Regt. underwent the transfer of authority process to become the advising element for the Iraqi army and police in the district. The event marked a significant change as the 1st Bn., 14th Inf. Regt. officially began a relationship with the Iraqi Security Forces in the outer Kirkuk districts.

The area is highly contested due to disputed territory between Arabs and Kurds crossing through the middle of the region.

While the 1st Bn., 37th Armor Regt., cased its battalion colors and began to redeploy, the process for 1st Bn., 14th Inf. Regt., involved much more than just Soldiers packing and unpacking. Their efforts involved all personnel in the incoming unit — from the battalion commander and staff down to company commanders and platoon leaders. They had to learn the operational environment that their outgoing counterparts had developed for the past year.

“The support that we have received from (1st Bn., 37th Armor Regt.) during the (transition) has been first-rate,” said Major Mike Berdy, infantry operations officer, 1st Bn., 14th Inf. Regt. “Not only have they given us a great lay down of our operational environment, as well as many useful lessons learned, but they have gone out of their way in many instances to make our leaders and Soldiers feel like a part of their team.

“Although no (transfer of authority) is a seamless transition, I truly believe that the hard work and dedication of (1st Bn., 37th Armor Regt.) has set our unit up for success and will serve us well in the months to come,” he said.

To learn the environment, Soldiers ran concurrent missions with their counterparts across the province of Kirkuk, as a successful transition is an early key to success for any incoming unit.

“I’d say it went very well,” said Maj. Paul Wilcox, armor executive officer, 1st Bn., 37th Armor Regt. “Leaders at all levels worked to alleviate friction, and Soldiers from both battalions are well disciplined.”

The Golden Dragons began arriving in Iraq, June 22. The deployment is the battalion’s third to Iraq, but its first to Kirkuk.

Golden Dragons are tentatively set to redeploy in the summer of 2011.



# Every military working dog has its day

Story and Photo by  
**PFC. ROBERT M. ENGLAND**  
2nd Stryker Brigade Combat Team Public Affairs,  
25th Infantry Division

FORWARD OPERATING BASE WARHORSE, Iraq — Sgt. 1st Class Rudder and Staff Sgt. Rochan Turner were conducting a routine route clearance mission on a sweltering, summer afternoon in Afghanistan, when Rudder indicated a potential hazard ahead in the convoy’s path.

Upon closer inspection, his observation proved correct, as two mortars rigged to an improvised explosive device were unearthed from the roadway, thus preventing 20 vehicles from suffering catastrophic damage.

The most impressive aspect of the situation was that Rudder is a Labrador retriever, trained as a specialized search dog, operating off his leash up to 100 meters away from his handler, Turner.

Turner, the kennel master, acts as advisor in using K-9 teams in the 2nd Stryker Advise and Assist Brigade, 25th Infantry Division Provost Marshal Office.

Soldiers from the 2nd SAAB assisted dog handlers and trainers conducting coalition training with Iraqi police K-9 teams on the latest U.S. Army Military Police tactics based around working dogs, July 20. The training taught basic commands and how to recognize changes in the dog’s behavior and what those changes may indicate.

“We talked about near-future goals and long-term projects the brigade

could assist the IPs with,” said Capt. Maurice Mckinney, provost marshal, 2nd SAAB. “The canine manager for the Diyala Provincial Police Headquarters, mentioned needing a canine training area with obstacles, and the construction of that kind of training pen is something we would assist with.”

Laying the foundation and strengthening familiarization in core training is vital in realizing the potential of the working dog program for counterinsurgency purposes.

“Iraqi police forces have only been using K-9 teams for a few years, so it’s important we train them right,” Turner said.

Turner said a portion of the Iraqi population doesn’t like dogs and views them as dirty animals, though perception depends largely upon the region and the prominence of Western influences.

All members of the Iraqi police force who are trained to work with canines have a deep appreciation for their animals. U.S. Army dog handlers often stress the importance of developing a strong bond with the dogs.

“We teach the IPs that it’s important to love the dog, to take care of it,” he said. “The biggest reward for the dog is love. Everything the dog does is done to please the handler.”

A typical deployment for a K-9 team ranges from six to 12 months. In order to effectively augment each unit during a deployment, certain dogs have



Sgt. Daniel Turner (left), a military working dog handler and trainer with HHOC, 3rd Inf. Div., provokes a military working dog to demonstrate how the dog will react in certain situations, while the dog’s handler, Spc. Jeffrey Michaud, also with HHOC, 3rd Inf. Div., stands ready to restrain his dog.

extended skill sets. Specialized search dogs can travel up to 150 meters off the leash, and handlers use voice commands and hand and arms signals to communicate with dogs. Patrol explosive dogs specialize in sniffing out a variety of materials used in the construction of explosive devices.

“We train for war every day,” Turn-

er said. “We can get the call at any time and then move out with those orders.”

But all work and no play makes for anxious, exhausted hounds. Between missions and training exercises, handlers understand the importance of letting their dogs off the leash for some quality playtime.

“We give them breaks,” Turner said.

“Before we train, we let them run around, play and just be dogs.”

Turner said the most rewarding part of his job is the constant companionship found in his loyal buddy, Rudder.

“He’s a good boy, a hard worker and he doesn’t talk back,” Turner said, with a hearty chuckle. “I love working with him.”

## 25th: People need to stay alert

CONTINUED FROM A-1

mission, the security of a base, or when and where that person is going to be at a certain moment, the easier it is for them to get to the Soldier.

“People should be alert and more vigilant about their daily activities. Be watchful of anything that looks very suspicious and report the suspicious activity to the appropriate agency, like 911 or military police,” said Sgt. 1st Class Dawn Robinson, CBRNE/AT, 25th ID.



**Defeat IEDs!**

U.S. Army, Pacific’s Counter-IED Fusion Center incorporates multi-lane training to guard against the weapon causing the greatest number of casualties in worldwide contingency operations.

**To schedule training for your unit or organization call Sgt. Maj. Cy Ross at 808-438-5828 or email [cy.a.ross@us.army.mil](mailto:cy.a.ross@us.army.mil)**

# Corps awards Fort DeRussy contract

U.S. ARMY CORPS OF ENGINEERS-HONOLULU DISTRICT PUBLIC AFFAIRS  
News Release

FORT SHAFTER – The U.S. Army Corps of Engineers-Honolulu District recently awarded a design-bid-build contract in a joint venture to Sumo and Nan Jv li, of Honolulu, for \$9,252,522.

Sumo and Nan Jv li is an 8(a) business, a company under the Small Business Administration’s business development program, created to help small, disadvantaged businesses compete in the American economy and access the federal procurement market.

Sumo and Nan Jv li won the bid to construct a new single-story, 10,000-square-foot conference and technology learning center for the Asia-Pacific Center for Security Studies, at the corner of Ala Moana Boulevard and Kalakaua Avenue, on Fort DeRussy in Waikiki.

The building will serve as a state-of-the-art Information Integration Learning Laboratory that includes space for more than 100 people, six seminar rooms, audiovisual and computer server rooms, required ancillary spaces and an ethno-botanical garden.

The project calls for a U.S. Green Building Council Leadership in Energy and Environmental Design, or LEED, rating of silver or better.

The performance period is 605 calendar days.

## News Briefs

Send announcements for Soldiers and civilian employees to community @hawaiiarmyweekly.com.

**Today**

**Bus Passes** – Red Hill school bus pass registration for Fort Shafter Flats continues at Building 1599, Room 117. Call the School Liaison Office at 655-9818.

**Dental** – Routine dental appointments will be limited at all U.S. Army Dental Activity clinics, Aug. 13, 7:30 a.m.-4 p.m., due to DENTAC changes of command ceremonies.

Clinics affected are Tripler Army Medical Center and the clinics at Schofield Barracks and Da Koa.

Sick call will available on a limited basis at the Tripler and SB clinics. Call 433-9191.

**15 / Sunday**

**Ethics Competition** – The U.S. Army’s professional ethic is strong, and you can make it Army Strong.

The U.S. Army Center of Excellence for the Professional Military Ethic is sponsoring an Armywide ethics competition.

The contest ends Aug. 15.

Soldiers, civilians and family members may choose up to seven ways to share powerful personal stories about how we maintain the U.S. Army’s high ethical standards in this era of persistent conflict.

Visit <http://acpme.army.mil>.

**16 / Monday**

**SB CIF Closure** – The Schofield Barracks Central Issue Facility is closed for its annual 100 percent inventory, Aug. 4-13; it will reopen Aug. 16.

Call 655-8120 or 655-1223.

**18 / Wednesday**

**Safety Stand Down** – A Safety Stand Down for U.S. Army-Pacific is scheduled for Aug. 18, 8 a.m.-12 p.m., at Richardson Theatre, Fort Shafter.

Topics include sexual assault, domestic violence, child abuse, substance abuse, drug and alcohol abuse, and suicide prevention.

Call the Substance Abuse Policy Research Program office at 655-1718.

**27 / Friday**

**Comedy Stop** – Listen to Army Substance Abuse Program comedians, Aug. 27, 10-11:30 a.m., at the Sgt. Smith Theatre.

Each individual attending will receive two hours of ASAP training. Call 655-8322/6047.

Comedians may audition at johnny.miller5@us.army.mil.

The audience will decide the winner.

## Ongoing

**Deploying Units** – The Directorate of Family and Morale, Welfare and Recreation is available to come to pre-deployment family readiness

group meetings to explain the benefits of the Blue Star Card program and to answer questions. Call 655-0002.

**25th ID Values** – Enter the 2nd Tropic Lightning Values photo contest that runs through Sept. 1. Soldiers can submit photographs of 25th Infantry Division Soldiers depicting Army values, which will be used for posters and publicity items.

For entry rules, call 655-8780, e-mail [divisionretentionoffice@hawaii.army.mil](mailto:divisionretentionoffice@hawaii.army.mil) or visit the Division Retention Office at 1586 Trimble Rd., Building 585, Schofield Barracks.

**Regimental Ball** – Contact 656-0358 or [SigBall@us.army.mil](mailto:SigBall@us.army.mil), or visit [www.us.army.mil/suite/page/636030](http://www.us.army.mil/suite/page/636030) to register for the 311th Theater Signal Command regimental ball.

The event will be held at the JW Marriott Ihilani Resort and Spa in Ko Olina, Sept. 17, 5-11 p.m.

Cost is \$65; dress is formal attire. Day care will be available.

**Dealing With Stress** – Visit the Employee Assistance Program office, Building 2091, Schofield Barracks, for help and ideas for dealing with stress or other issues affecting job performance.

Call 655-6047/6046.

**Water Conservation Notice** – Residents and building occupants on Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation are to conserve water due to a major water-valve leak.

Water should be used for essential purposes only. Residents should refrain from watering lawns or washing cars until further notice.

The Directorate of Public Works is working to resolve the problem. Once resolved, restrictions will be lifted.

Call 655-0591.

**Recycling** – The Army Recycling Center now accepts magazines, brochures, catalogs and other glossy paper products for recycling. Items will be collected when customers request a regular pickup.

To learn more about on-post recycling efforts, go to [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil), and click on “sustainability.”

**ACAP Briefings** – Visit the Army Career and Alumni Program to learn if you are good to go with a pre-separation briefing or if you are interested in job assistance workshops at the Soldier Support Center, Building 750, Room 134, on Schofield Barracks.

Hours are 7:30 a.m.-4 p.m. Call 655-1028 or visit [www.acap.army.mil](http://www.acap.army.mil).

**Fort Shafter ACS Closure** – The Fort Shafter Flats Army Community Service office will be closed until further notice.

ACS services are available at the Tripler Army Medical Center office, Building 127A, Krukowski Road.

For Army Emergency Relief assistance, call 438-4499 or 655-4227.



# Japanese orphanage sends special visitors for 53rd year

Story and Photos by  
**STAFF SGT. AMBER ROBINSON**  
3rd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Sixty-one years ago in Osaka, Japan, Soldiers of the 27th Infantry Regiment began a legacy with a trip to a run-down orphanage, Christmas Day, shortly after World War II in 1949.

This one trip bonded the orphans of Holy Family Home and the Wolfhound Soldiers for decades to come.

“He would not stop talking about it,” said Yuko O’Reilly, as she recounted her late husband’s (then Sgt. Hugh O’Reilly’s) words. “He told me, ‘if you have one ounce of human blood you cannot ignore this.’”

In 1957, two orphans from the orphanage were invited to visit the Soldiers in Hawaii. From that point on, children from the orphanage began to visit the Soldiers, here, each year.

This year, four children from Holy Family Home Orphanage visited the Wolfhounds. They arrived on July 26, and were met with great pomp and ceremony.

“I believe hosting these kids is one of the most important things that we do,” said Lt. Col. Daniel Wilson, commander, 2nd Battalion, 27th Inf. Regt., 3rd Brigade Combat Team, 25th Infantry Division. “When I first took command (of the battalion) in February, the first meeting I officially attended was one for our annual Holy Family Home (Orphanage) summer visit. It was one of the first things I wanted to address because I wanted it to be special.”

Each year, the two Wolfhound battalions, 2nd Bn., 27th Inf. Regt., 3BCT, and 1st Bn., 27th Inf. Regt., 2nd BCT, 25th ID, take turns in taking the lead to welcome children from the orphanage. Wolfhound families host the children and treat them to history lessons, days at the beach and a



Tenta Emi, a child from the Holy Family Home Orphanage in Osaka, Japan, gets his first taste of Hawaiian hospitality as he arrives at Honolulu’s international airport, July 26.

picnic attended by the entire battalion.

This year, 2nd Bn., 27th Inf. Regt. hosted the children from Holy Family Home Orphanage, and Wilson’s mantra for the visit was “it’s all about the kids.”

“I don’t care what goes wrong during the ceremony or picnic,” he said. “I don’t care if they burn the barbecue, as long as those kids have a good time.”

The orphans and their host families experienced the most acute cultural awareness. Despite the language barrier, families and their children learned to communicate with more than just words dur-



Children from the Holy Family Home Orphanage in Osaka, Japan, pose with their instruments before they perform an authentic Japanese dance routine at a picnic, Friday, hosted by 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID. The children’s visit marked the 53rd year children from the orphanage have visited the Wolfhound battalions in Hawaii.

ing the visit.

“There are a lot of hand motions and gesturing,” Wilson said, as he recounted times in the past when he hosted children from the orphanage.

Although the children were shy at first, they quickly formed bonds with their host families. When asked what their favorite part from their visit was, they answered in true 11-year-old fashion.

“We loved the Wii video game!” said Tenta Emi.

“We loved shopping and going to the beach!” said Namiko Takenaka and Ayano Nakamura.

The children left, Friday, after living with the

Wolfhounds for almost two weeks. As always, goodbyes were bittersweet.

Soldiers and families said their final farewells during a ceremony held at the 2nd Bn., 27th Inf. Regt. Headquarters.

“We hate to see them go,” said Capt. Daniel Seibel, 2nd Bn., 27th Inf. Regt. “The effect the children had on the regiment was the most apparent at the farewell ceremony at D Quad. We had to practically pry the host families from the kids, so they would not be late for their flights. Our biggest after-action review comment for the visit was to have more tissues on hand next time.”

## Russell: After 12-hour duty day, NCO gives back to community

CONTINUED FROM A-1

Waianae and Makaha communities.

“REACH is a metaphor, not an acronym; (it’s) an active way of making things happen, whether you are reaching out to someone or you are reaching for a personal goal,” Russell said, “because you have to be active, not only in the community, but ... to make things happen for yourself as well.

“I was homeless once,” Russell continued. “I know what it feels like, so it feels more personal for me to do this because if I can take someone away from having that feeling, even if it’s for just a moment, then that moment was meant to be,” Russell said. “Changing something for that moment, I may have changed something for a lifetime.”

In addition to REACH, Russell has created the Jackie McFarland Academic Scholarship, in honor of his friend

who was killed in action in Iraq, and who also served as mentor and big brother to his son. The scholarship’s intended recipients are those from single-parent homes demonstrating financial need.

If that’s not enough to do outside of a full, 12-hour workday, Russell is also president of RMS Zine, LLC, a company he founded that provides direct publications to the Hawaiian community for free, with revenue for the publications stemming from advertising.

“This award is very fitting. He channels his energy outwards without detracting from his duties,” said Lt. Col. Nathan Watanabe, chief of operations, USARPAC CCP. “On duty, Russell is the best for current operations. He is ultimately reliable and can get pretty much anything done, so it is really no surprise that he has applied his tremendous talents outside of the Army in both his personal business and in charity events for which he is being recognized. He’s multitalented, intelli-

gent, (and this recognition is) very well-deserved.”

As for REACH, Russell said the nonprofit charity has just begun. A youth camp and job fair are just two of the future plans he has in the works, and the next activity will be conducted in December as part of a holiday drive.

“We’ll be collecting toys this time,” Russell said. “We’ll be partnering with a nonprofit organization called ‘Music for Autism,’ and we’ll have a live band to play music for the families.”





Staff Sgt. Tim Meyer | 25th Infantry Division Public Affairs

## Graduation present

SCHOFIELD BARRACKS — Maj. Gen. Bernard Champoux, commanding general, 25th Infantry Division, gives a coin to Spc. Jordon Linde, Company A, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th ID, for making the Commandant's List after the Warrior Leaders Course graduation ceremony at the 25th ID Noncommissioned Officers Academy, here, July 22.

# Class aims to ease retirement angst

Registration deadline for both courses is Aug. 20

### U.S. ARMY-PACIFIC PUBLIC AFFAIRS

News Release

FORT SHAFTER — Navigating the maze of civilian retirement can be daunting for even the most sophisticated employee. To ease the stress and confusion connected with the process, the U.S. Army-Pacific Civilian Workforce Development Branch will hold two free classes.

The Civil Service Retirement System and CSRS-offset federal employees class is Sept. 17. The class for Federal Employee Retirement System and TRANSFERS employees within 10 years of retirement is Sept. 20, from 8 a.m.-4 p.m.

The scope of information will be the same for both groups.

Dr. Gerry White, chief, Civilian Workforce Development Branch, said the classes will simplify the retirement process and ease the anxiety the significant life change of retirement can cause. He encourages civilian employees to attend the classes.

“These classes are designed to help employees move confidently into the retirement chapter of their lives by learning how to identify federal health and life insurance benefits after retirement, as well as Social Security benefits, including Medicare, and how or whether your Social Security benefit will be affected by the Windfall Elimination Provision,” White said.

“(The instructor) will provide attendees at both sessions with what they need to make fully informed decisions about their retirement, including the major steps in the retirement application process,” White added.

Content will cover Social Security benefits; Medicare; Thrift Savings Plan withdrawal options; and financial, estate and life planning. The instructor will address how the basic annuity will be computed and what ben-

efits will be payable to survivors. Classes are limited to 50 students and although all Pacific Command Department of Army

civilian employees will be considered, USARPAC Department of the Army civilians will have first priority.

# 305th: Diversity strengthens unit

CONTINUED FROM A-1

members for all their support.

“To all of the family members, thank you for your unwavering dedication to our Soldiers,” she said. “You have all answered the call to duty by supporting your loved ones as they embark on their new mission. For this selfless service, I am grateful.”

Following the guest speaker’s address, Capt. Brian Melanephy, commander, 305th MPAD, spoke about the unit’s diversity and strength.

“We are a diverse organization. There are Soldiers not only from Oahu but also from Guam, Saipan, American Samoa, the Big Island, Kwajalein Atoll, Texas and New Jersey,” he said. “Seventeen of the 20 Soldiers standing before you today are not only qualified in public affairs, but they also have other military skills, too. This diversity in background and job skills makes us

a unique and strong group.”

After the formal portion of the ceremony, distinguished guests, including Rep. Charles Djou, an Army reservist; P. Pasha Baker, Army Reserve ambassador; and Compton; met with each Soldier to provide words of gratitude.

More than 100 family members and guests also lined up to greet the Soldiers; for many, this yearlong tour will be their second or even third deployment.

“Even though I’ve deployed to Iraq on two previous occasions, I’m still looking forward to this deployment because I’ll be doing something completely different,” said Sgt. Thomas Kappus, broadcast journalist, 305th MPAD. “My background may have been in combat arms, but public affairs is just as important when it comes to the Army’s mission.”

The 305th MPAD is a subordinate unit of the 9th MSC, which is based at Fort Shafter Flats.



Staff Sgt. Joan Velasco | 9th Mission Support Command Public Affairs

Soldiers of the 305th MPAD proudly stand in formation at the unit’s deployment ceremony, Sunday. This deployment will be the unit’s second since 9-11.



To apply for a class, e-mail a completed Standard Form 182 to gerry.white2@us.army.mil. The SF-182 is available at [www.opm.gov/forms/pdf\\_fill/sf182.pdf](http://www.opm.gov/forms/pdf_fill/sf182.pdf). Applications are due by Aug. 20, and should include the employee’s e-mail address and fax number.





# 'Books on Bases, Smiles on Faces' brings books to military keiki

Story and Photos by  
**VANESSA LYNCH**  
News Editor

SCHOFIELD BARRACKS – The military and Hawaii are close to Loree Tillman's heart.

While vacationing on Oahu 18 years ago, she met her future husband, Capt. Hank Tillman, who was stationed at Pearl Harbor with the Navy.

She has come full circle since her vacation. Instead of spending her summer vacation basking in the sun or taking in the scenery, Tillman, director of programs for Blue Star Families and "Military Spouse" magazine's 2010 Navy Spouse of the Year, made Hawaii a priority stop on her nationwide tour to distribute books to military children.

"I didn't want the West Coast to forget that we have Soldiers and families stationed here in Hawaii, and that they need our support as well," Tillman said.

She added that the program's goal is to have a positive impact on military children through book donation.

Blue Star Families and Kids in Distressed Situations, Inc. joined forces to bring the joy of reading to military children by donating new books to military-impacted libraries and schools.

"Having free books and being able to promote literacy is terrific," said Bonnie Dong, supervisory librarian at Sgt. Yano Library, here.

Tillman distributed books to children at the Sgt. Yano Library, Aug. 4, through the nationwide "Books on Bases, Smiles on Faces" program. She also distributed books at Tripler Army Medical Center, Marine Corps Base Hawaii and the Navy Exchange. About 2,000 books were distributed on the island.

"I like to sit down and read to my kids," said Tiffanie Ward, a military spouse who attended the free program at Sgt. Yano Library with her 4-year-old daughter, Lanah. "At night, I like to read my children bedtime stories to put them to sleep."

According to BSF, the educational impact of library donation is far greater than direct donation to children. These books will provide ongoing support in the effort to promote literacy in America's children.

BSF plans to distribute 25,000 books in 2010; 30,000 in 2011; and 35,000 in 2012 to reach a goal of providing 100,000 books to military children through the "Books on Bases, Smiles on Faces" program.

"For us, it's good to have an event like this to get people in the door that otherwise wouldn't come in," said Amy Nogami, chief of library activities branch, Sgt. Yano Library. "This way they get to see what else we have to offer here."



Above — Twins Michael and Gabriel Gavin, 2, enjoy "reading" books at the Sgt. Yano Library, Schofield Barracks, during the "Books on Bases, Smiles on Faces" event, Aug. 4.

Left — Emily Blake, 3, poses with a book she checked out at the Sgt. Yano Library.



Tiffanie Ward, a military spouse, reads "Do You Have a Hat?" by Eileen Spinelli, to her 4-year-old daughter, Lanah, during the "Books on Bases Smiles on Faces" event. See more photos online at [www.flickr.com/photos/usag-hi/sets/](http://www.flickr.com/photos/usag-hi/sets/).



Spc. Charles Jeremia, 25th Trans. Co., 45th Sust. Bde., 8th TSC, edges the lawn at Sunset Beach Elementary School in Haleiwa. Assisting the school's ground-keeper is part of the unit's community outreach program.

## 25th Trans. Co. cleans up local school property

Story and Photo by  
**CAPT. JONATHAN FREDERICKS**  
45th Sustainment Brigade Public Affairs  
8th Theater Sustainment Command

SCHOFIELD BARRACKS – Building community relations with the surrounding area is a high priority for the 45th Sustainment Brigade, 8th Theater Sustainment Command.

That's why the 25th Transportation Company, 45th Special Troops Battalion, 45th Sust. Bde., cut grass and picked up litter recently at Sunset Beach Elementary School in Haleiwa.

During the summer months, the brigade focuses on area beautification while the students are on break.

Capt. Ronnie McCullough, commander, 25th Trans. Co., helped edge the lawn along with his Soldiers.

"I think the big thing the Soldiers are getting out of this is the chance to give back to the community and to show that they can do more than just work in the motor pool and other typical Army activities," he said. "Giving back is just as rewarding."

"I like it. I enjoy giving back," said Pfc. Jarred Palmier, who echoed McCullough's remarks. "I like that it makes the school look a lot better for the kids."

Interim Principal Phyllis Shipman said that the 25th Trans. Co. was the best unit she has worked with since she has participated in the Army's community outreach program.

"When we met the (Soldiers) the other day, we took a tour around the campus and told them what needed to be done," she said. "When I came in today at 7:15 a.m., they were already doing (projects). They don't need supervision, and they are self-directed."

"They're great!" Shipman continued, adding she looks forward to the brigade's Soldiers helping the school again in the future.

The 45th also provides support to Kahuku Elementary and Kahuku Intermediate/High School in intramural sports and Junior ROTC.

## NMFA launches redesigned resource for adults working with military teens

**NATIONAL MILITARY FAMILY ASSOCIATION**  
News Release

ALEXANDRIA, Va. – A redesigned "10 Things Military Teens Want You To Know" toolkit is now available online.

The toolkit, created by the National Military Family Association, helps adults in military teens' lives – teachers, school counselors, coaches and community or religious youth group leaders – understand how to help teens manage stress and affirm the positive aspects of military life.

Topics include service, diversity, community, pride, transition, recognition, belonging, responsibility, separation and war.

Each summer, NMFA's Operation Purple program provides a free week of camp for thousands of military youth who have a parent serving in the uniformed services. Youth are asked about the best and worst parts of military life in a popular activity called the Top Ten list.

The messages in the toolkit summarize what teens have said during the past few years.

NMFA is the leading nonprofit organization committed to strengthening and protecting the families of the men and women currently serving, retired, wounded or fallen. It provides military families with information, works to get them the benefits they deserve and offers programs that improve their lives.



The "10 Things Military Teens Want You To Know" toolkit is available at [www.militaryfamily.org/toolkits](http://www.militaryfamily.org/toolkits).



Vickey Mouzé | U.S. Army Garrison-Hawaii Public Affairs

## Hunting for bargains

SCHOFIELD BARRACKS — Shoppers search for bargains at the Hui Thrift Shop, here, Aug. 3, when the shop reopened after renovations. The shop is sponsored by the Hui O' Na Wahine, Schofield Barracks' all-ranks spouses' club. Call 624-3254 for thrift shop hours of operation or to volunteer. See more photos online at [www.flickr.com/photos/usag-hi/sets/](http://www.flickr.com/photos/usag-hi/sets/).





Filling in the trench for the irrigation system, Mark Gitschlag (center) is assisted by Scout volunteers Garrison Biel (left) and William Perkins (right) while Gitschlag's parents Richard and Cathy oversee the project.

# Eagle Scout harvests rainwater for natural resources program

Story and Photo by  
**KAYLA OVERTON**  
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — The path to becoming an Eagle Scout is always a little bit “greener” when Boy Scouts partner with the Oahu Army Natural Resources Program, for their Eagle Scout service projects.

Mark Gitschlag, of Boy Scout Troop 24, Schofield Barracks, partnered with the ONARP staff and Directorate of Public Works to assist with Phase 1 of a rainwater-harvesting project. Phase 1 includes the installation of an irrigation system that demonstrates sustainable water management practices.

“The project will collect and store water from the roof of the ONARP’s building, and will use collected rainwater to irrigate a section of lawn bordering the ONARP Rare Plant Interpretative Garden,” said Hayley Diamond, clean water program specialist, DPW Environmental Division.

Gitschlag, a junior at Leilehua High School, in Wahiawa, started working on the project three months ago by collecting materials for the project.

The rainwater-harvesting project was

a great assignment for two reasons: the project has the opportunity to benefit both the community and the ONARP staff, Gitschlag said.

“I wanted to help ensure that the rare plants that the ONARP staff takes care of stay alive, so people can enjoy them,” he said.

Gitschlag coordinated a group of volunteers to assist with the installation of the irrigation system. Eight Scouts from Troop 24 and Gitschlag’s parents, Richard and Cathy, volunteered and also advised the Scouts during the project.

Richard Gitschlag is a specialist assigned to Headquarters and Headquarters Battalion, U.S. Army-Pacific.

“This project will definitely benefit ONARP’s Interpretative Garden as it’s been a challenge to keep plants watered, especially during the summer months,” said Kim Welch, outreach specialist, ONARP Environmental.

“Caring for our plants requires a lot of staff time (for) coming out and watering the plants, daily. The system will basically be self-maintained and help us in keeping rare plants in our Interpretative Garden alive and well,” she said.

Diamond explained that a 1,000-



Vickey Mouzé | U.S. Army Garrison-Hawaii Public Affairs

## Spirit of ohana

WHEELER ARMY AIRFIELD — Skylar Crews delivers donated food items to the Armed Services YMCA food bank, here, Aug. 2. Crews, a Scout with Troop 24, Schofield Barracks, collected the items for his Eagle Scout service project. Schofield Barracks Commissary donated almost 2,000 items, enough to fill up the back of the Crews’ family SUV three times. Call Wheeler’s ASYMCA at 624-5645 for food bank information. See more photos at [www.flickr.com/photos/usag-hi](http://www.flickr.com/photos/usag-hi).

square-foot surface will hold six gallons of water after one inch of rainfall.

“The roof of the ONARP building is 2,000 square feet, and this area will receive, on average, 40 inches of rain a year,” she said. “We can then expect that we’ll be able to capture 45,000 gallons of water a year with this system.”

An uncompleted portion of Phase 1 is to erect a weather station that will be hooked up to the irrigation system. Through the use of a solar-powered regulator, the completed system will provide

water to the garden only when appropriate. For example, the system will not irrigate the area when it is raining.

The second phase of the project includes refurbishing an unused sediment tank for rainwater storage, modifying the roof gutters and installing plumbing to convey rainwater to the sediment tank.

Gitschlag and volunteers completed the irrigation project in three days, and Gitschlag should find out in a few months if he has achieved Eagle Scout rank with the completion of this project.



**Today**  
**Financial Peace University** — Register today for the Financial Peace University that begins Aug. 25. This 13-week course will teach participants how to get control of their money and stop struggling to make ends meet. Army Community Service’s Financial Readiness and the Schofield Barracks Chapel conduct the sessions. The class is open to active duty Soldiers and their spouses. To register, call 655-4227.

**14 / Saturday**  
**Dog Days of Summer** — Get ready for the Dog Days of Summer, Aug. 14, 10 a.m.-3 p.m., at Sills Field, Schofield Barracks. Contests include dog/owner look-alike, costume, cutest and talent.

Dogs must be on a leash, in a carrier or in a stroller at all times. Only social dogs allowed; no dogs in heat. Registration is \$5 per dog on the day of the event. Blue Star Card members receive free dog registration.

Tentative schedule of events: 10 a.m., Dog registration begins; 10:30 a.m., McGruff appearance; 11 a.m., K-9 military unit demonstration; 12 p.m., Competitions begin: Dog/Owner Look-A-Like, Costume, Cutest, and Talent; 12 p.m., Better Opportunities for Single

Soldiers’ Top Dog/Top Pack Competition begins. Call 655-0111.

**16 / Monday**  
**Free Hula Classes** — The Office of the Native Hawaiian Liaison, U.S. Army Garrison-Hawaii, welcomes all Soldiers and families to participate in free hula classes, Mondays, 6-8 p.m., at the Kalakaua Recreation Center, Schofield Barracks.

Beginner classes are 6-7 p.m.; advanced classes are 7-8 p.m. Classes feature the different types of hula, fundamentals of hula steps, movement and posture. E-mail [nhliasion@gmail.com](mailto:nhliasion@gmail.com) or call 655-9694.

**17 / Tuesday**  
**SHARE** — The Exceptional Family Member Program’s Sharing Hints, Accomplishments, Resources and Encouragement, or SHARE, group will resume its meetings Aug. 17, 6-8 p.m., at the Aliamanu Military Reservation Chapel, and Aug. 25, 6-8 p.m., at the Schofield Barracks Main Post Chapel. Call EFMP at 655-4227.

**Lunch and Learn** — A Lunch and Learn for Couples is set for Aug. 17, 11 a.m.-12:30 p.m., at the Kalakaua Community Center. Sponsored by the Family Advocacy Program’s Prevention and Education team, these sessions will help couples work on strengthening their communication skills and establishing a stronger connection. Call 655-6215 to register.

**19 / Thursday**  
**IEP Sessions** — Learning Disabilities

Association of Hawaii is offering military families a chance to meet and discuss their child’s Individual Education Plan, Aug. 19, 9:30-11:30 a.m., at the Schofield Barracks Army Community Service.

Reservations are required and slots are limited. Call 536-9684.

**Communicating With Teens** — “How to Say it to Your Teen” will meet Aug. 19 and 26, from 5:30-7 p.m. at Army Community Service, Schofield Barracks. Conducted by the Family Advocacy Program’s Prevention and Education team, class topics will include authority and discipline. Call 655-1670 to register.

**Parenting and the Single Life** — Single parents can learn how to prioritize their roles as a Soldier and a parent, and learn techniques to maximize their parent/child relationship. Join the Family Advocacy Program’s Prevention and Education team, Aug. 19, 9-11 a.m., at Army Community Service, Schofield Barracks. Call 655-0596 to register.

**20 / Friday**  
**Federal Resumes** — A Federal Resume writing class is set for Aug. 20, 9-11 a.m., Army Community Service, Schofield Barracks. Spouses will learn the how to write a federal and electronic resume, write a cover letter, apply for jobs and submit resumes, track and follow up on applications, and interview for a federal job. Call 655-4227.

**Waikiki Party Bus** — The free Waikiki Party Bus runs Aug. 20, 9 p.m.-

4 a.m. Pick-ups are available at Schofield Barracks and Fort Shafter. Call 655-9971 or 438-1985 to reserve a seat.

**21 / Saturday**  
**Circle Island Tour** — A free all-day Newcomers’ Island Tour for newly assigned Soldiers, civilian employees and family members will be conducted, Aug. 21, 8 a.m.-4 p.m.

Pickup location is Building 1599, Fort Shafter Flats. Tours are conducted the third Saturday of each month. Call 438-4499.

**24 / Tuesday**  
**Breastfeeding Class** — A basic breastfeeding class is set for Aug. 24, 9-11 a.m., Kalakaua Community Center, Schofield Barracks. Designed for new and “about-to-be” moms, the class will discuss how to get baby to latch on securely and nurse effectively. This class is conducted by the New Parent Support Program. Preregistration is welcomed, but not required. Call 655-4227.

## Ongoing

**Twitter** — Follow Family and Morale, Welfare and Recreation’s mascot, Eddie the Eagle, on Twitter at [www.twitter.com/FMWR\\_Eddie](http://www.twitter.com/FMWR_Eddie).

**SOAR** — Student Online Achievement Resources is a free online program offering testing and tutorials in reading and mathematics for grades 3-12. Visit [SoarHawaii@hotmail.com](mailto:SoarHawaii@hotmail.com) or call 655-9818.

Army Garrison-Hawaii events on Facebook at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii).

**Food for Families** — The Armed Services YMCA at Wheeler Army Airfield has an emergency food locker to assist military families who are experiencing financial difficulty. Canned goods, frozen food, dry goods and personal care items are generally available. Call 624-5645.

**Family Resilience** — Family Resilience Nights are Tuesdays, 5:30 p.m., at Aliamanu Military Reservation Chapel; and Wednesdays, 5:30 p.m., at the Main Post Chapel Annex, Schofield Barracks. Free dinner is provided.



Additional religious services, children’s programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on “Religious Support Office” under the “Directorates and Support Staff” menu).

AMR: Aliamanu Chapel  
FD: Fort DeRussy Chapel  
FS: Fort Shafter Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

**Buddhist Services**  
•First Sunday, 1 p.m. at FD  
•Fourth Sunday, 1 p.m. at MPC Annex

**Catholic Mass**  
•Tuesday & Thursday, 8 a.m. at AMR  
•Saturday, 5 p.m. at TAMC and WAAF chapels  
•Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD)  
•Sunday services:  
-8 a.m. at AMR  
-10:30 a.m. at MPC Annex  
-11 a.m. at TAMC  
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m. TAMC

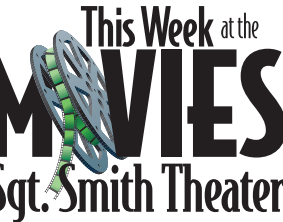
**Gospel Worship**  
•Sunday, 12 p.m. at MPC  
•Sunday, 12:30 p.m. at AMR

**Islamic Prayers and Study**  
•Friday, 1 p.m. at MPC Annex  
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

**Jewish Shabbat (Sabbath)**  
•Monday, 6 p.m. at PH (Bible Study)  
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

**Pagan (Wicca)**  
•Friday, 7 p.m. at MPC Annex

**Protestant Worship**  
•Sunday Services  
-9 a.m. at FD, FS, MPC and TAMC chapels  
-9 a.m. at WAAF chapel, Lutheran/Episcopal  
-10 a.m. at AMR and HMR



Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.



**Twilight Saga: Eclipse**  
(PG-13)  
Fri., Aug. 13, 7 p.m.  
Sat., Aug. 14, 7 p.m.  
Thurs., Aug. 19, 7 p.m.



**The Last Airbender**  
(PG)  
Sat., Aug. 14, 4 p.m.  
Sun., Aug. 15, 2 p.m.

**Grown Ups**  
(PG-13)  
Wed., Aug. 18, 7 p.m.

No shows on Mondays or Tuesdays.



Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**14 / Saturday**  
**Children’s Physicals** — Children enrolled at Tripler Army Medical Center’s Pediatric and Adolescent clinics may get required school and/or sports physical examinations, Aug. 14, 9 a.m.-2 p.m.

Normal Saturday clinics will be cancelled on these days. Parents of children enrolled at the Schofield Barracks Health Clinic should make appointments with

their primary care managers during normal clinic hours. Visit [www.tamc.amedd.army.mil](http://www.tamc.amedd.army.mil).

**19 / Thursday**  
**Hui O’ Wahine** — The Hui O’ Wahine, Fort Shafter Spouses Club, will hold its Super Sign-Up, Aug. 19, at the Hale Ikena, Fort Shafter. The Hui O’ Wahine is an all-ranks club that welcomes spouses, Soldiers, retirees and civilian employees from all branches of the military. The club holds general membership luncheons the second Tuesday of the month, from September to May. Visit [www.huispirit.com](http://www.huispirit.com).

**23 / Monday**  
**Resiliency Workshop** — The resiliency training workshop for spouses and parents of 2nd Brigade Combat

Team, 25th Infantry Division, is scheduled for Aug. 23, 5-6:30 p.m., Armed Services YMCA, Wheeler Army Airfield.

Sponsored by Families Over Coming Under Stress, or FOCUS, workshop topics include effective communication, strategies for becoming a better listener and tactics for parenting.

To sign up or for info on child care, e-mail [hawaii@focusproject.org](mailto:hawaii@focusproject.org) or call 624-2033.

## Ongoing

**Twitter** — Follow the U.S. Army Garrison-Hawaii at [www.twitter.com/usaghi](http://www.twitter.com/usaghi).

**Facebook** — Get updates about U.S.







Alfredo Mendoza | Defense Commissary Agency

Victoria Powers, a commissary store associate, replenishes chocolate-covered nuts in the Schofield Barracks Commissary. Store directors from the commissaries on Oahu and commissary buyers will attend a food show in Waikiki, Thursday, to evaluate and select products produced in Hawaii.

# Commissaries seek new products at local food show

NANCY O'NELL

Defense Commissary Agency West Public Affairs

HONOLULU — Ice cream, honey, salsa and sizzling marinated beef will be among the foods presented by more than 80 small business owners from Hawaii, to Defense Commissary Agency buyers, during the 13th Annual American Logistics Association Hawaii Food Show, Aug. 19, at the Hawaii Prince Hotel in Waikiki.

DeCA buyers can taste-test locally produced products and interact one-on-one with business owners before selecting new products for commissary shelves.

DeCA operates four military commissaries on Oahu. “Selecting products and keeping store shelves stocked is the core of the commissary business,” said Thomas Milks, acting director and CEO, DeCA. “During the food show, we look for products that reflect the unique tastes and culture of the Hawaiian Islands to satisfy the huge demand military shoppers have for products made in Hawaii.”

The show is hosted by the American Logistics Association, a non-profit trade association of manufacturers, manufacturer’s representatives, brokers, distributors, publishers and service providers who sell or provide products to military resale systems and to various military Directorate of Family and Morale, Welfare and Recreation services activities.

Commissaries in Hawaii routinely stock more than 3,000 grocery items from local companies and more than 100 varieties of locally grown fruits and vegetables. The combined value of these products is \$41 million. More than \$16 million of these grocery products are uniquely Hawaiian items like coffee, marinades and bakery products.

“There are many ways for local business owners to present products to DeCA, but the Hawaii food show is the most popular method with vendors,” said Vicki Sliwicki, a DeCA buyer who will be attending the show for the 10th year.

One advantage of the food show is that DeCA buyers come to Hawaii for the presentation, so business owners can sell the attributes of their products in-person, and the product can be presented the way it would taste if cooked at home. A company with marinades or rubs can offer samples of its product on beef and chicken hot from the grill. Beverages can be served ice-cold.

DeCA buyers also provide each company with personal feedback within a few days of the show, a valuable education for any company wishing to do business with a government agency.

“Among other things, we provide one-on-one feedback to a company on their marketing plan,” Sliwicki said. “We explore whether the company has the resources to keep steady supplies of the product flowing to the commissaries.”

More than 161,000 military service members, retirees and their family members live on Oahu, making military commissaries an attractive market to local businesses.

During the past 12 years, DeCA has placed 1,571 products in commissaries as a direct result of the ALA Hawaii Food Show, and some of these products are now sold in commissaries worldwide.

“Service members travel the world over and taste foods from many cultures,” said Sliwicki. “We owe it to them to find the very best products from Hawaii.”



Companies can present products to DeCA by e-mail or fax. Information on presenting a product can be found by visiting the DeCA website at [www.commissaries.com](http://www.commissaries.com). From the homepage, select About Us, Business with DeCA, Resale/Grocery Products & Services, and Brand Name Resale Products.

# Town hall meetings to discuss AHFH mock billing

ARMY HAWAII FAMILY HOUSING

News Release

SCHOFIELD BARRACKS — Town hall meetings concerning mock utility billing have been set for Aug. 17, 6:30-8 p.m., Sgt. Smith Theatre, Schofield Barracks; and Aug. 19, 6:30-8 p.m., at Aliamanu Military Reservation chapel.

Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, and leadership from Army Hawaii Family Housing, will answer questions residents may have about their first mock utility bill that will be mailed in mid-August.

Representatives from “ista,” the company managing data collection and mock billing for AHFH, also will be in attendance.

The company, ista, will show residents how to read billing statements, how to log into the ista website and what resources are available.

All residents are encouraged to attend and can submit questions prior to the meeting at [AHFHutilities@armyhawaiiifh.com](mailto:AHFHutilities@armyhawaiiifh.com)







Master Sgt. Michael Wetzel | 25th Infantry Division Public Affairs

## Somewhere, over the (double) rainbow

SCHOFIELD BARRACKS — A rare double rainbow breaks over the 25th Infantry Division headquarters, here, as a formation of key leaders attending a battle command seminar cool down after an intense morning physical training session, July 30.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

**Today**  
**Duathlon** — Early registration starts Monday and con-

tinues through Sept. 11 for the Joint Base Pearl Harbor-Hickam Duathlon, Oct. 2. The 5K run, 25K bike course, and second 5K run begins and ends at Hickam Harbor.

Cost is \$25 with a T-shirt and \$15 without a T-shirt; late registration is \$20 with no T-shirt. Late registration runs though Sept. 12, the morning of the race.

A race brief is Oct. 1, 3 p.m.,

at the Hickam Fitness and Sports Center. This event is open to all authorized base users and their guests. Call the Fitness Center at 448-2214.

**5K Grueler** — Register today for the 14th Annual Camp Smith 5K Grueler, Sept. 10, and show the mountain what you're made of. The 5K foot race starts and ends at Borden Field, Camp Smith; start

time is 11:30 a.m.

The fee for individuals is \$20, and late registration starts Sept. 1, at 4:30 p.m. A late fee will be assessed for registration after deadline; cost will be \$25.

Online registration closes Sept. 7, at 4:30 p.m. Register and pay online at [www.mccshawaii.com/cgfit.htm](http://www.mccshawaii.com/cgfit.htm). Call 254-7590.

**Mountain Man Triathlon** — Register online now at [www.active.com](http://www.active.com) for the 12th Annual Jamba Juice Mountain Man Triathlon, set for Aug. 21; start time is 2 p.m.

The 750-meter ocean swim

is fronting waters off Chinaman's Hat and is followed by a 20-kilometer hilly, mountain bike course and 6K trail run into Kualoa Ranch, home of "Jurassic Park."

Come test your athletic abilities while enjoying the beauty of the valley.



**Today**  
**Pokai Bay "TRY"** — Register now for the Pililaau Army Recreation Center Pokai "TRY," Aug. 28, 9 a.m. Registration deadline is Aug. 23.

The event is open to all military identification card holders and DoD civilians. Divisions will be split into 35 and above, and 34 and below age groups for both male and female competitors.

Competitors will run 1,000M, swim 1,000M and paddle about 1/2 mile. Email [shelly.leslie@us.army.mil](mailto:shelly.leslie@us.army.mil).

**14 / Saturday**  
**Open House at Outdoor Recreation** — Learn about Outdoor Recreation's activities and classes at its open house, Aug. 14, 9:30 a.m.-2 p.m.

Bring your family, friends or unit. Call 655-0143.

**15 / Sunday**  
**Fishing in Hawaii** — Fishing in Hawaii is not much different than anywhere else in the world, or

is it? The warm water and variety of nearshore gamefish make Hawaii an excellent place for you to pursue this fast growing hobby.

Class is set for Aug. 15, 6-11 a.m. Cost for the program is \$10; the fishing class is free.

Call 655-0143 to register.

**19 / Thursday**  
**EFMP Bowling** — An Exceptional Family Member Program's bowling activity is set for Aug. 19, 6-8 p.m, at the Schofield Barracks Bowling Center, and Aug. 26, 6-8 p.m, at the Fort Shafter Bowling Center. Reservations are required.

Call EFMP at 655-4227.

**New Classes** — Schofield Barracks' Health and Fitness Center has added new classes and extended hours. Starting Aug. 19, yoga will be offered at Thursdays, 6 p.m. For yoga and other class schedules, visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) or call 655-8007.

**22 / Sunday**  
**Adventure Hike** — Enjoy a nice relaxing hike around the island with Outdoor Recreation Aug. 22, 6-11 a.m.

Check out the peaceful mountain scene while moving at your own pace. Cost is \$10. Round-trip transportation from Schofield Barracks is available.

Call 655-0143.