

## INSIDE 'Tropic Lightning' welcomes new leaders



Story and Photo by  
**SPC. JESUS J. ARANDA**  
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Formations of Soldiers, friends, guests, Hawaii state officials and family members gathered at Sills Field, here, Friday, to welcome three incoming senior officers to the 25th Infantry Division leadership.

The "Flying V" ceremony, a ceremony to welcome key military officers, was an opportunity to bid aloha to Brig. Gen. Paul LaCamera, deputy commanding general, operations; Col. Bradley Becker,

deputy commanding general, support; Col. Bjarne Iverson, chief of staff; and their families, as they join the division in preparation for an upcoming deployment to Baghdad this fall.

The host for the event, Maj. Gen. Bernard Champoux, commanding general, 25th ID, spoke of his decision to combine what would typically be three separate ceremonies for the purpose of proudly displaying the talent and professionalism of the three new leaders.

"Today's Flying V is not only unique and significant, but unusual as well,"

Champoux said. "I elected to combine these ceremonies into one. I want to give notice and to publicly display ... that there is a new team who will humbly and competently lead the 'Tropic Lightning Division' and will take the division headquarters back to Iraq."

Champoux spoke highly of the quality of leadership and professionalism of LaCamera, Becker and Iverson, emphasizing their competency and commitment to the division.

"I'm so very proud of this team, and I am very excited and thankful that the

Tropic Lightning Division will greatly benefit from the character, talent and remarkable leadership of General LaCamera and Colonels Becker and Iverson," Champoux said. "They are proven combat leaders, tireless and selfless problem solvers (and) innovative thinkers. They are quiet and professional, lead by example and care deeply about our Soldiers and their families."

During the most recent deployment to northern Iraq in support of Operation

**SEE 25th, A-6**

### CBRN site

Soldiers of the 71st Chemical Co, 8th MP Bde., 8th TSC, perform sensitive site exploration during a weeklong re-evaluation.

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### Landing Zone

MEDEVAC teams provide lifesaving ground support to units.

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### PXmarket

The Fort Shafter PXmarket Meeting for the Oahu South community is Aug. 4, 10:15-11:15 a.m., at Hale Ikena, Fort Shafter.

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### Commitment

Couples from 3rd BCT, 25th ID, renew their marriage vows.

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A childhood photo of Cpl. Kyle Kao Fernandez, a Pearl City native and fallen 25th Infantry Division veteran, represents the Hawaii in the crafted artwork, "Lost Heroes Art Quilt," during a ceremony honoring sacrifices of military service members from each state at the Hawaii State Capitol Rotunda, July 21.

## Hawaii Soldier, native honored in unique art

Story and Photos by  
**SPC. JESUS J. ARANDA**  
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — The "Lost Heroes Art Quilt," an embroidered art piece recognizing fallen service members from each of the 50 states, was formally recognized by the State of Hawaii, military leaders and guests during a ceremony at the Hawaii State Capitol Rotunda, July 21.

The portraits of the fallen heroes are cutout photographs showing each

service member as a child, dressed in a "G.I. Joe" cloth jacket, representing the timeless spirit of the memories held by each family.

One service member was selected from each state to represent all of the fallen military members.

Created by mixed media artist Judie Feingold, the quilt was created in an effort to honor the fallen heroes of the nation in a unique artistic medium,

**SEE HEROES, A-7**

## DOD identifies Army casualty

DEPARTMENT OF DEFENSE  
News Release

The Department of Defense announced the death of a Soldier who was supporting Operation Iraqi Freedom, Friday.

1st Lt. Michael L. Runyan, 24, of Newark, Ohio, died July 21 in Balad,

Iraq, of injuries sustained when insurgents attacked his convoy vehicle with an improvised explosive device in Muq-dadiyah, Iraq.

Runyan was assigned to the 52nd Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, from Schofield Barracks.

## Children of 27th Inf. Regt. reach out to young Holy Family Home visitors

Story and Photos by  
**STAFF SGT. AMBER ROBINSON**  
3rd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Children of 25th Infantry Division Soldiers gathered to reach out to children across the globe, during a special decorating party held at the 1st Battalion, 27th Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, headquarters, here, Saturday.

The 2nd Bn., 27th Inf. Regt., 3rd BCT, will soon host the 53rd annual visit from orphans from the Holy Family Home Orphanage in Osaka, Japan. Every year, the 27th Inf. Regt. hosts orphans from this specific orphanage in Japan to continue an age-old tradition, bred from a relationship that bloomed more than 60 years ago.

The relationship with the Wolfhounds

and the Holy Family Home orphanage began shortly after World War II, when a group of Wolfhound Soldiers toured the orphanage during Christmas. The Soldiers were so appalled at the condition of the orphanage that they took matters into their own hands. At the time, then Sgt. Hugh O' Reilly collected money for the orphanage and, from that one act, sprang a legacy which remains to this day.

Yearly, Soldiers from either Wolfhound Battalion travel to visit the orphans in Japan, and in turn, several orphans are selected each year to visit the Wolfhounds on their home ground.

Wolfhound Soldiers and their families go out of their way to make the orphans' visit memorable, personal and sincere,

**SEE 27th, A-7**

## Tripler staff respond to MASCAL joint exercise

TRIPLER ARMY MEDICAL CENTER  
News Release

HONOLULU — Word of an explosion aboard the USS Lake Erie, a naval vessel off the shores of Oahu, arrived at Tripler Army Medical Center, here, at 8:30 a.m., July 9.

Thomas Bookman, emergency plans and operations officer, Pacific Regional Medical Command, reported that the explosion had caused significant damage to the ship and generated many casualties, to include some fatalities.

"United States service members and members of foreign military services are on-board for joint training," Bookman said. "Foreign military service members are injured and are being evacuated alongside of U.S. service members to TAMC."

"There are at least 50 casualties," he continued. "Several of the foreign military service mem-

bers do not understand or speak English."

TAMC staff immediately activated the mass casualty emergency operations plan while awaiting the first wave of patients to arrive, thus beginning TAMC's MASCAL exercise and participation in the Navy's RIMPAC 2010 exercise.

Sailors acted as casualties, and they were flown in via CH-46 helicopters. TAMC staff met the challenge and provided triage, treatment and decontamination. The staff treated fractured limbs, cuts, burns and head injuries, as though the Sailors actually suffered the injuries.

"All hospitals are required to participate in two exercises per year (and) three different types of emergency response drills," Bookman said. "Given that TAMC offers emergency services and is a

**SEE MASCAL, A-6**



Jan Clark | Tripler Army Medical Center Public Affairs

Tripler Army Medical Center staff minister to Navy casualties during a joint-service mass casualty exercise July 9.

## Behavioral Health clinics are another tool for suicide prevention

Part three of the series reviews SELF-evaluations, Soldier Assistance Center and Virtual Behavioral Health programs

VANESSA LYNCH  
News Editor

SCHOFIELD BARRACKS — Words like behavioral health and suicide prevention seem embedded into the minds of Soldiers, and with more attention focused on resiliency training and redeployment health, Soldiers may think they don't need help.

However, Soldiers may need help more than they know.

"The Army is very concerned about our active duty Soldiers' and families' well-being," said Col. C.J. Diebold, chief, Department of Psychiatry at Tripler Army Medical Center and psychiatry consultant to the Army Surgeon General, Medical Corps. "There has been a significant shift

### Soldier and Family Assistance Center

The Schofield Health Clinic is the home of the Soldier and Family Assistance Center, an umbrella organization consisting of four behavioral health clinics. The SAFAC offers the following services:

- Active duty Soldiers via the Soldier Assistance Center, 433-8600;
- Adult family members through the Adult Family Assistance Center, 433-8130;
- Child and adolescent family members at the Child and Adolescent Assistance Center, 433-8175; and
- Marriage and family therapy services at Marriage and Family Therapy Center, 433-8550.

from treating conditions when they occur to preventing them from happening all together.

"Suicide prevention is a very big issue right now," Diebold said. "The Army is being very aggressive in educating people. Our biggest challenge has been get-

ting rid of the stigma that seeking help will negatively affect (a Soldier's military) career. That is simply not the case. Seeking help is strongly encouraged."

Echoing Army Vice Chief of Staff Gen. Peter Chiarelli's remarks in his letter to leaders, Diebold said a Soldier's

chain of command needs to endorse that seeking a chaplain for help or going to behavioral health is not a sign of weakness.

"There has always been a big emphasis on being physically ready to do the job, but now the Army is looking at how to better equip the whole Soldier," Diebold said. "One big thing is the importance of Comprehensive Soldier Fitness. It's along the lines of taking a look at the entire person and what their needs are — biological, psychological and social — throughout the entire life cycle. It's not only how we can deal with problems, but how can we make people more resilient."

**SEE HEALTH, A-5**



We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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**Nondelivery or distribution problems in Army Hawaii Family Housing areas?** If so, call 656-3155 or 656-3156.

106 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 7/29/10.

World-renown speaker motivates community

Story and Photos by  
**VANESSA LYNCH**  
News Editor

SCHOFIELD BARRACKS — Soldiers, leaders and community members gathered at the Community Prayer Breakfast highlighting world-renowned speaker, Dr. Billy Kim and the 50-person chil-



Debra Zedalis, director, Installation Management Command-Pacific Region, and James Duttweiler, deputy garrison commander, U.S. Army Garrison-Hawaii, watch a performance by the children's choir from the Far East Broadcasting Company in Korea.



U.S. Army-Pacific Command Chaplain (Col.) Jack Van Dyken presents the children's choir from the Far East Broadcasting Company in Korea with chaplain prayer coins, before introducing world-renown speaker Dr. Billy Kim at the Community Prayer Breakfast held at Schofield Barracks Nehelani, Tuesday.

dren's choir from the Far East Broadcasting Company in Korea, at the Nehelani, here, Tuesday morning.

"This was the best prayer breakfast I have seen in a long time here," said Debra Zedalis, director, Installation Management Command-Pacific Region. "The children's choir was creative, inno-

vative and inspiring and (Kim's) message is a good reminder that one person can make a difference."

Kim is a pastor, evangelist and broadcaster of world renown. His list of accomplishments and service in the Christian worldwide community is extensive.

In his dedication and passion for evangelism, Kim has preached the Gospel of Jesus Christ all over the world to thousands of people in all walks of life, including military personnel, diplomats, university professors and missionaries.

Before his highly anticipated speech, the children's choir performed a variety of songs for those in attendance, and U.S. Army-Pacific Command Chaplain (Col.) Jack Van Dyken presented the group with chaplain prayer coins, before introducing Kim.

"We are indebted to our Soldiers and military personnel," Kim said, referencing the America's involvement in the Korean War in 1950. "Without you, there wouldn't be children singing for you here, today.

"Our nation honors her sons and daughters, who answered the call to defend a country they never knew and a people they never met," Kim said, quoting the words etched on the Korean War Memorial, which commemorates the service, commitment and sacrifice of the U.S. armed forces members who fought a war against communism a half a world away.

Kim was born in

1934, into a poor farm family near the end of the Japanese occupation. When the Korean War broke out in June of 1950, his family could not escape, so they endured the hardships of war in Suwon. Kim was able to get work as a houseboy for the U.S. military, where he met Sgt. Carl Powers, the U.S. Soldier who would change his life forever.

Powers helped Kim get to America and financed his education. Kim left Korea at age 17, and Powers enrolled him at the Bob Jones Academy in Greenville, S.C.

"(Kim) saw the destruction of his own country, but when the walls came down, and gospel was allowed to come through (it) not only saved him, but his entire country," said Chaplain (Capt.) Josh Llano, 45th Special Troops Battalion, 8th Theater Sustainment Command.

Following 45 years as pastor of the 15,000-member Central Baptist Church in Suwon, Korea, Kim was elected to serve a five-year term as president of the Baptist World Alliance from 2000 to 2005.

He currently serves as Pastor Emeritus, as well as the president of the FEBC in Korea. Kim is also the director of Christian Service, Inc., in Korea, and serves as chaplain of the Korean National Police. He is the founder of Suwon Central Christian Academy and Capital Bible College and Seminary in Korea, and the former director of Youth for Christ, Korea.

U.S. Army Garrison-Hawaii is committed to supporting Soldiers and civilians with physical, emotional and spiritual programs and support, like the Community Prayer Breakfast, which promotes resiliency and quality of life throughout the deployment cycle.

**See the show:** The children's choir from the Far East Broadcasting Company in Korea will perform at the Main Post Chapel on Schofield Barracks, 9 a.m., Sunday.

Dr. Billy Kim will be speaking at the Aliamanu Military Reservation Chapel, 10 a.m., Sunday, where the children's choir will also be performing.

Call AMR Chapel at 833-6831 or the Main Post Chapel at 655-9307.

Leadership, greatness are determined by serving others

**CHAPLAIN (CAPT.) JOSEPH PARK**  
3rd Battalion, 7th Field Artillery Regiment, 3rd Brigade Combat Team, 25th Infantry Division



We are always looking for great leaders. Especially as Soldiers, we talk about leadership a lot. As leaders, we influence peoples' lives, both good and bad, so leadership is a privilege that requires responsibility.

Jesus talked about leadership in Matthew 20: "The son of man come not to be ministered unto, but to minister, and to give his life a ransom for many."

This is the true leadership that we need to follow, and Jesus taught his disciples about how to be a great leader — as a servant.

When Jesus' disciples argued about who would sit at Jesus' right and the other at his left, Jesus said, in Mark 10:43, "...whoever wants to become great among you must be your servant."

We know that Jesus did not just teach his disciples, but he lived as a model of a leader as seen during the night he was betrayed, when he ate an evening meal with his disciples. He poured water into a basin and began to wash his disciples' feet, drying them with a towel that was wrapped around himself.

It was a servant's job. He was the master. But he did not care about whose job it was. He served his disciples like a servant and said, in John 13:14-15, "I, your lord and teacher, have washed your feet; you also should wash one another's feet. I have set you an example that you should do as I have done for you."

We need to commit our lives to follow Jesus, as his servant.

John Wesley, a famous evangelist, said, "Do all the good you can. By all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can."

We need to realize that God determines our greatness by how we serve others, not how people serve us. We need to make ourselves available to serve other people.

Love is one of the most powerful tools to evangelize to the people. We must be the salt and light that God has called us to be. Rejoice in the day that God made for you, and may God bless you wherever you go, whenever you live and whatever you do.

Army Chaplain Corps still rolling along after 235 years

Story and Photo by  
**SPC. RAYMOND T. QUINTANILLA**  
305th Mobile Public Affairs Detachment

FORT SHAFTER — A Soldier is trained to go into battle and defend the rights and freedoms of those in need, enduring the hardship of a long deployment, separation from loved ones and the imminent danger of combat.

Although training and weapons are vital for combative operations, the Army recognizes that Soldiers need their faith during combat, as well.

The Army Chaplain Corps celebrated its 235th anniversary of providing Soldiers and their family members with the resources and opportunities to practice their faith around the world, Thursday.

"The (ACC) was instituted by George Washington," said Chaplain (Maj.) Kil Chung, Oahu North Community chaplain and staff chaplain attached to the 3302nd Mobilization Support Battalion, here.

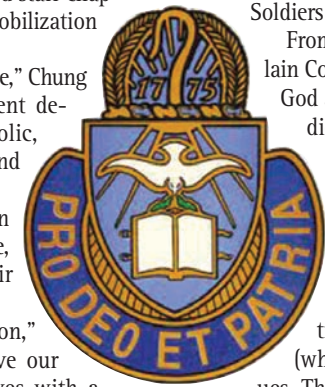
"The Chaplain Corps is unique," Chung added. "We consist of different denominations, including Catholic, Protestant, Buddhist, Islamic and Jewish."

While Soldiers carry a weapon when deployed to combat zone, chaplains use faith as their weapon of choice.

"We can't pick up a weapon," Chung said. "We'd rather give our lives than to protect ourselves with a



Maj. Kil Chung, an Oahu North Community chaplain and the 3302nd staff chaplain attached with 3302nd Mobilization Support Battalion, presents a scripture lesson from the Holy Bible at the Main Post Chapel on Schofield Barracks, recently.



weapon. Our faith carries us through."

Military chaplains serve God and their country without compromising their beliefs or their mission. The ACC values and traditions are committed to providing spiritual leadership to Soldiers on land and sea.

From conflict to conflict, the Chaplain Corps has answered the call from God and country to help carry Soldiers through times of desperation.

"I serve my country through what I believe in God, and I believe this is a great country," Chung said. "Our country promotes justice, world peace and freedom, (which are also) our Corps' values. That's what I stand for."

How does community support impact the military?

Photos by U.S. Army Garrison-Hawaii Public Affairs



"Groups like the wives group, here, are there to offer support for one another."

**Chauntell Giovannetti**  
Military Spouse



"The community here really looks out for redeploying Soldiers and their families."

**Spc. Christopher Giovannetti**  
Div. Signal



"Support from neighborhoods and local churches helps you integrate and feel like you have a family away from home."

**Capt. Kimberly Jones**  
3-7th FA



"For redeploying Soldiers, it's good to come back to a community that welcomes you and supports what you do."

**Sgt. 1st Class Kirk Joseph**  
2-6th Cav.



"Allows Soldiers to adapt to their new home and appreciate what Hawaii has to offer."

**Sgt. Sergio Minero**  
205th MI Bn.

Voices of Ohana



# Soldiers are MEDEVAC’s number one priority

**SGT. 1ST CLASS TYRONE C. MARSHALL & STAFF SGT. MIKE ALBERTS**  
25th Combat Aviation Brigade Public Affairs

CONTINGENCY OPERATING BASE SPEICHER, Iraq – A medical evacuation request was received from elements of “Task Force Spartan” that seven Soldiers had sustained critical injuries during an improvised explosive device attack, back in April.

Five of those Soldiers required immediate medical evacuations.

Visibility was no more than 500 meters, illumination was nonexistent and dust was roaring. From the time the crew received the alert, moved to the aircraft and executed the 23-kilometer flight, the MEDEVAC team was “wheels down” at the point-of-injury 23 minutes later.

All five Soldiers were stabilized en route to a combat support hospital and survived.

This example is just one of the everyday life-saving heroics and challenges faced by the Forward Support MEDEVAC Teams, or FSMTs, of Company C, 3rd Battalion, 25th General Support Aviation Battalion, “TF Hammerhead,” 25th Infantry Division.

During the unit’s yearlong deployment to Iraq, Co. C conducted 302 MEDEVAC missions and evacuated 286 patients, while operating from four strategic locations throughout U.S. Divi-

sion-North.

“The FSMT’s mission is to provide MEDEVAC support on an area basis, which typically covers one brigade combat team assigned to its sector, plus whatever other supporting forces are in that area,” said Maj. Jacob Dlugosz, commander, Co. C, 3rd Bn., 25th GSAB. “The MEDEVAC support provided to those ground units is essentially the evacuation of casualties, the movement and treatment of the sick or the wounded from the point-of-injury, battalion aid station, or combat support hospital to higher levels of care for the Soldier.”

MEDEVAC capability is a 24-hour, seven-days-a-week operation.

“Having air MEDEVAC capabilities enabled our battalion to conduct full-spectrum operations throughout Northern Iraq,” said Capt. Jeff Biddulph, battalion medical operations officer, 1st Bn., 64th Armor Regiment, 2nd Brigade Combat Team, TF Spartan, 3rd Infantry Division.

“Within the first 120 days (of our arrival in Iraq), 1-64 Armor encountered hostile action from indirect fire and IEDs on the battlefield, requiring multiple air MEDEVAC extraction requests for the wounded,” Biddulph explained. “All of those locations were more than one hour away from the next echelon of care by ground evacuation.

“The MEDEVAC birds that were called into



Sgt. 1st Class Tyrone C. Marshall | 25th Combat Aviation Brigade Public Affairs

Staff Sgt. Vernon Washington, flight medic, Forward Support Medical Evacuation Team, Company C, 3rd Battalion, 25th General Support Aviation Battalion, “Task Force Hammerhead,” 25th Infantry Division, begins checking his patient’s vital signs aboard a UH-60A Black Hawk helicopter during a MEDEVAC flight, from Harbor Gate to Mosul, Iraq, recently.

action each time, were wheels-down at the combat support hospital in a matter of minutes,” Biddulph continued, “truly a testament to Army aviation and the crew’s ability to take care of wounded warriors.

“The Soldiers of 1-64 Armor are extremely grateful knowing the MEDEVAC birds are always ready and waiting for the call,” he said.

Although patients are classified as either urgent, routine or priority when MEDEVAC missions are identified, every team moves with purpose when alerted for evacuation, as lives depend on the flight.

“We have a 15-minute standard from the call

at the scene, to ‘wheels up,’ to getting to the patient,” said Capt. Brian Smith, team leader, Co. C, 3rd Bn., 25th GSAB. “It’s a no-fail mission, and I’m happy to say we’ve accomplished it and will continue to do it.”

The key to the unit’s success is preparation. Each team consistently conducts training flights, reviews and rehearses MEDEVAC procedures, and conducts aircraft maintenance, all to ensure it’s postured for a rapid response.

“You never know when that mission is going to come,” said 1st Sgt. Mark Hinkle, Co. C, 3rd Bn., 25th GSAB. “It may come at 3 a.m., or it may come at lunch.”

# 2nd BCT families begin ‘Walk to Iraq and Back’ during deployment



Families and friends of the 2nd Brigade Combat Team, 25th Infantry Division begin logging miles for the “Walk to Iraq and Back” program, July 21, at Stoneman Field on Schofield Barracks.

Story and Photo by  
**SGT. RICARDO BRANCH**  
2nd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — The families and friends of Soldiers from the 2nd Brigade Combat Team, 25th Infantry Division, gathered at Stoneman Field, here, Monday, to begin their “Walk to Iraq and Back” event, for the unit’s deployment overseas.

Walk to Iraq and Back is a program in which individuals and groups join together to collectively walk 23,698 miles, the distance from Schofield Barracks to Iraq, to show their support for 2nd BCT Soldiers.

Families and friends wishing to take part and help log miles to reach the goal are encouraged to contact their unit’s family readiness group coordinator.

Maj. Chris Hanna, rear detachment com-

mander, 2nd BCT, began the event by highlighting how the program started and what it means to the individuals who participate.

“Today represents a humble grassroots beginning that started in 2nd Bde. during our last rotation, and it’s a pleasure to be a part of this, again,” Hanna said. “I remember watching the miles get tracked for the program in Iraq. It was a big thing for me and helped many (Soldiers) downrange feel connected with loves ones back home.”

Jessica Ladwig, a military spouse present at the event, said the program is a good way to promote health and fitness among the families, as well as get them together for activities to take their minds off the stressors that come with having a loved one away from home.

“My husband really likes me to stay healthy,” Ladwig said. “He may be overseas, but any support that I can give him to help

motivate him over there, I’ll do.”

Ladwig continued by saying that unit activities, like the Walk to Iraq and Back event, are great because spouses and family members can get involved in counting the miles in many ways.

“Just by going to your local gym, taking the family pet out for a run or going jogging in the evening can help add to the miles for the unit,” she said.

Following the event, families gathered for an open house to sign up for classes to start their healthy habits and take part in a Zumba and yoga demonstrations.

“This was great,” Ladwig said. “It was a lot of fun, and I connected with a lot of friends in the unit. My husband may not be here, but he loves events like this (that) keep people connected and help (families) during a deployment.”





Soldiers of the Active Response Chemical, Biological, Radiological and Nuclear Platoon, 71st Chemical Company, 8th Military Police Brigade, 8th Theater Sustainment Command, construct a decontamination line, in 15 minutes, on Ford Island at Joint Base Pearl Harbor-Hickam, July 15.

# ARC platoon explores CBRN site

Story and Photos by  
**PFC. MARCUS FICHTL**  
8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command

JOINT BASE PEARL HARBOR-HICKAM – Soldiers of the 71st Chemical Company, 8th Military Police Brigade, 8th Theater Sustainment Command, performed sensitive site exploration during a weeklong re-evaluation of the Active Response Chemical, Biological, Radiological and Nuclear Platoon, with members from the 93rd Civil Support Team, a Hawaii National Guard unit, acting as observers, at Ford Island, here, July 15.

The ARC platoon, the newest addition to the 71st, and first in the Pacific, is a first responder unit that identifies known and unknown spills and CBRN hazards.

During the re-evaluation, the 71st's mission was to go to the site and mitigate any radiological, chemical or biological issue, said Staff Sgt. Travis Johnson, ARC platoon sergeant.

The exercise involved three different scenarios to test the ARC platoon's ability to react to various situations, but was also a stress test on the unit as a whole.

"Ultimately, we wanted to see how we stood when we put all our resources to the limit," Johnson said.

The exercise was run under Title 32 conditions, whereby the governor and the state activates the 93rd CST and requests the 71st's ARC team to provide support identifying hazards.

"(This is what) we do: identification of the hazard through piecing together clues from a hazard

site and processing the samples through a HAZMAT ID and other tools," said Capt. LeRhonda Washington, commander, 71st Chemical Co. "Clean up and other tasks are then designated to the state or post."

The Soldiers of the ARC platoon relied on their training to accomplish the mission, and with the help of a CBRN unmanned vehicle, designated safe zones for a decontamination line and entry points to hazard sites.

"We had a lot of new troops that weren't up to speed with procedures, but we overcame it with a lot of good, precise training," Johnson said.

The unit focused on training with Level A decontamination suits, identifying hazardous material, using hazardous detection devices and setting up a decontamination line.

"We had some trouble initially with setting up the decontamination line, but with every rehearsal, we greatly improved our time and beat our 15-minute goal, today," Washington said.

As the day wore on, the ARC platoon eventually accomplished its three objectives at a full platoon capacity, and recertified the platoon's ARC status.

With the recertification and the ability of the 71st to be anywhere in the Pacific at a moment's notice, the 71st reaffirms its presence as a theater-wide security asset. However, more training is set for the future.

"We will be doing some exercises with the Air Force in the future and have a major joint operation with the 93rd CST (in) September, on the island of Kauai," Johnson said.



A robot from the 71st Chemical Company, 8th Military Police Brigade, 8th Theater Sustainment Command, investigates an area's safety for the platoon, on Ford Island, July 15.

# FSC engineers receive praise for environmental controls

Story and Photo by  
**1ST LT. JERAD HOFFMAN**  
84th Engineer Battalion, 130th Engineer Brigade  
8th Theater Sustainment Command

SCHOFIELD BARRACKS – Most Soldiers agree that being stationed in Hawaii is a great experience as the beaches, sights and scenery are some of the best in the world.

In order to continue to swim and fish in pollution-free waters, the Army has made environmental controls one of its main priorities.

During regular workdays, a single maintenance platoon can change and use 10 gallons of petroleum oil and lubricants, or POL, and up to

50 gallons of POL per week. So, it's important that Army systems are in place to manage and track all POL products used, stored and transported throughout the work site.

Having POL mismanaged and discarded improperly could cause devastating repercussions to the environment and cost many thousands of dollars in fines from federal and state inspectors.

Along with maintenance and distribution operations, the Forward Support Company, 84th Engineer Battalion, 130th Engineer Brigade, 8th Theater Sustainment Command, takes pride in complying with these federal, state and installation requirements for environmental control.

The FSC recently received a nearly perfect score by the Directorate of Public Works' Environmental Compliance Division on the unit's organization, storage and operation procedures during the unit's last environmental compliance inspection.

The FSC is responsible for the storage, distribution and disposal of a 30-day supply of POL for the entire battalion at the recyclable material shop storage point. If not stored and regulated properly, the RMSSP can be very harmful to the water system in the event of rain.

The FSC is also responsible for its own hazardous waste shop storage point and seven-day POL satellite storage point, since it can be detrimental to the health and well-being of Soldiers working in the maintenance bay, if POL and hazardous waste are not managed and stored properly.

For example, if empty drums of POL and oily rags are not correctly stored and discarded, a risk of polluted air and damage to personal health results.

Upon receipt of the nearly perfect score in all categories involving the RMSSP and HWSSP, as well as all other areas inspected, DPW selected the FSC motor pool to be inspected by the Department of the Army's Environment Performance Assessment System, recently.

"I'm very proud of the Soldiers and my first sergeant (as) I expect the best out of them, day-in and day-out, and that's what we get," said Capt. Chauncey Hodge, commander, FSC, 84th Eng. Bn., 130th Eng. Bde.



Spec. Jeffrey Robinson from the Distribution Platoon, Forward Support Company, 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, pours used oil into the used oil barrel.

# Health: Programs offer support on post

CONTINUED FROM A-1

**SELF Assessments.** The Soldier Evaluation for Life Fitness, part of CSF, assesses Soldiers' behavioral health issues during the first week of reintegration and during the 90-to-180-day post-deployment health assessment window. SELF helps Soldiers resolve deployment-related issues and other physical and behavioral health concerns through individual coaching sessions.

The SELF-assessment consists of a computerized survey and clinical interaction interview conducted by a health provider.

"Since every Soldier receives a medical consultation on-site, no one is stigmatized if he or she is being seen by a behavioral health care provider. Everyone gets a chance to talk," said Dr. Kelly Bickel, chief, SELF Clinic. "Everything here is very private. Follow-up appointments are made in the provider's office, so a Soldier never has to walk into the lobby area to make an appointment to come back. They can walk out like nothing happened."

**Soldier Assistance Center.** Another place Soldiers can turn to for help is the Solider Assistance Center. The SAC provides psychological and psychiatric services for active duty Soldiers.

"One of the things we hear often from Soldiers is that they would rather be sent back to Iraq because they don't know how to assimilate into everyday life," said Dr. Christine Fair, officer in charge, SAC clinic chief. "They don't know how to go back to being a father or a husband. They are not used to dealing with traffic, having to go grocery shopping or paying the bills. They habituate into combat."

SAC services include crisis counseling, comprehensive behavioral health evaluations, individualized treatment plans, medication evaluation and management, individual and group counseling, psychological testing, and command-referred evaluation and consultation.

"Soldiers need to be mentally fit to do their jobs," Fair said. "The brain runs the body. If the brain is not working properly, it won't allow the Soldier to be the best Soldier that he or she can be."

**Pilot Programs.** In an effort to identify ways to provide more virtual behavioral health care, a Virtual Behavioral Health Pilot Program was also conducted at Schofield Barracks, last year. The pilot compared the effectiveness of face-to-face counseling versus counseling provided through video-teleconferencing.

Tele-behavioral health care systems are thought to be sustainable and useful in providing services in locations where regular behavioral health care can't be obtained due to access barriers such as geographic, immobility, stigma or a shortage of BH providers.

"The Army is in a long-term conflict, with some Soldiers experiencing repetitive deployments into combat and high-stress environments," said Dr. Brenda Edmonds, chief, behavioral health, Health Policy and Services, Pacific Regional Medical Command. "Stress reactions and behavioral health support requirements are at an all-time high. It is imperative to help manage the stress the Soldiers are experiencing. This means doing everything we can to help Soldiers with the normal stresses of combat and deployment, before, during and after, to include maximizing the availability of behavioral health care providers," Edmonds said.

## News Briefs

*Send announcements for Soldiers and civilian employees to community @hawaiiarmyweekly.com.*

### Today

**New Phone Number** — The Wounded Soldier and Family Member Hotline DSN phone number has been changed: continental U.S., 421-3700; and outside CONUS, 312-421-3700. The commercial phone number, 800-984-8523, remains the same.

### New Name, New Hours

— The Adult Medicine Clinic, Tripler Army Medical Center, is now the Internal Medicine Clinic. This change in no way affects patient service. Also, hours have been extended: Military Sick Call, 7-8 a.m. and 5-8 p.m.; and regular clinic hours, 8 a.m.-8 p.m. All hours of operation are Monday-Friday.

Call the Tripler appointment line at 433-2778.

### Enlisted Dining-In Night

— Join Pacific Regional Medical Command and Tripler Army Medical Center for an Enlisted Dining-In night at the Joint Base Pearl Harbor-Hickam Officers Club, July 30.

Cocktails will be served from 5:30-6:30 p.m., and dinner starts at 7 p.m.

Call 438-5932/5920.

### 8th MPs Change of Command

— Col. Byron Freeman, commanding officer, 8th Military Police Brigade, will relin-

quish command to Col. LaTonya Lynn at Sills Field, Schofield Barracks, July 30, at 10 a.m.

### Water Conservation Notice

— Residents and building occupants on Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation are to conserve water due to a major water valve leak.

Water should be used for essential purposes only. Residents should refrain from watering lawns or washing cars until further notice.

The Directorate of Public Works is working to resolve the problem. Once resolved, restrictions will be lifted.

Call 655-0591.



### Military OneSource

Military life comes with unique challenges. Military OneSource provides expert information, articles, booklets, CDs, DVDs and links to other resources on how to deal with issues like education, relocation, deployment, parenting and stress. Visit [www.militaryonesource.com](http://www.militaryonesource.com).

Available by phone or online, Military OneSource is a free service provided by the Department of Defense for active duty, National Guard and Reserve service members and their families. Consultants offer confidential support and practical solutions, 24 hours a day, seven days a week. Call 800-342-9647 to talk to a consultant, or call the National Suicide Prevention Lifeline at 800-273-8255.

## August

### 12 / Thursday

**Wagonlit Closure** — The Fort Shafter Carlson Wagonlit Travel Office will be closed 7:30-11:30 a.m., Aug. 12, for a system information technology upgrade.

Call John Hackney at 848-5575 or e-mail or [jhackney@cwtsatotravel.com](mailto:jhackney@cwtsatotravel.com).

### 13 / Friday

**Dental** — Routine dental appointments will be limited at all U.S. Army Dental Activity Dental Clinics, 7:30 a.m.-4 p.m., Aug. 13, due to DENTAC changes of command ceremonies.

Clinics affected are Tripler Army Medical Center and the clinics at Schofield Barracks and Da Koa.

Sick call will available on a limited basis at the Tripler and SB clinics.

Call Maj. Dwight Armbrust at 433-9191.



# 25th’s Tropic Lightning Band receives world-class training

**SGT. CHRISTINA KOLODZIEJ**  
25th Infantry Division Band Public Affairs

SCHOFIELD BARRACKS – Even after successful performances at the Fourth of July Spectacular on Schofield Barracks, the 25th Infantry Division “Tropic Lightning” Band dedicated some time, recently, to polish its mission capabilities in preparation for an upcoming deployment in support of Operation Iraqi Freedom.

Several of the band’s musical performance teams, including the Show of Force rock band, Tropic Lightning Brass Band and the Lightning Jazz Project, received personalized training on stage performance from Tom Jackson Productions, which specializes in developing the stage performance skills of live music artists, including Taylor Swift, Jars of Clay, Jordin Sparks, James Bryan and Casting Crows.

Soldiers developed their stage performance skills, here, with the assistance of clinician Lang Bliss. “Working on ways to improve performances can only mean increased success in fulfilling a band’s mission,” said Chief Warrant Officer 2 Joseph Parenteau, commander, Tropic Lightning Band. “Army bands showcase the rich culture and traditions of our Army to the public, as well as support the morale and esprit de corps of our Soldiers through (their) performances.”

Many of the bandsmen who went through the training said they were very impressed. “For years we have been able to play music well, but after having (experienced this) training, there is a big difference between simply playing the

music and actually entertaining the troops,” explained Sgt. Christopher Boltinghouse, guitarist in Show of Force.

Spc. Chelsea Schievenin is a clarinetist with the band who pulls double duty as a vocalist in the Tropic Lightning Brass. Although she went through the Army School of Music’s vocal course, the performance training polished her skills as a Soldier-musician.

“It was a wonderful learning experience; it forced me to step out of my (comfort zone),” said Schievenin. “Learning to communicate with the audience was the hardest part for me.”

“I’ve never done anything like that before,” said Sgt. Erin Betz, with the Tropic Lightning Band. “Engaging the audience and trying to have better stage presence was the hardest part of the training for me. It is a new skill and deviates from how I am used to performing.”

Bliss stressed the importance of keeping the audience engaged by speaking to them between songs or during vamps. Bliss also explained how musicians often pay attention to getting that one lick and using color chords to spice up the music. Unfortunately, Bliss noted, most audiences don’t have the same music knowledge that musicians have, so creative staging and communication must be used to connect with the audience, to make the music more enjoyable for them.

Having completed this performance training, Soldiers in the Tropic Lightning Band have increased their capability to bring the whole entertainment package to their music.



From left, Maj. Gen. Bernard Champoux, commanding general, 25th Infantry Division; Brig. Gen. Paul LaCamera, deputy commanding general, operations, 25th ID; Col. Bradley Becker, deputy commanding general, support, 25th ID; and Col. Bjarne Iverson, chief of staff, 25th ID, render to the colors during a “Flying V Ceremony” at Sills Field, Schofield Barracks, Friday. The ceremony welcomed incoming division leaders and their families in preparation for the division’s upcoming deployment to Baghdad, later this year.

## 25th: TF aides Iraqi forces

CONTINUED FROM A-1

Iraqi Freedom, Soldiers with the division’s brigades and battalions served as Task Force Lightning and operated in a wide area of the embattled nation. They worked with Iraqi security forces and Iraqi police to protect Iraqi citizens from violent extremism; provided a sense of safety, which helped bolster citizen participation in free national elections;

and developed numerous public works and city beautification and reconstruction projects.

According to Champoux, the Department of the Army elected to deploy the 25th ID to the key region of Baghdad this fall as a result of the division’s successes during its previous deployment.

## MASCAL: Exercise objectives met

CONTINUED FROM A-1

community-designated disaster receiving station, this MASCAL drill was designed around an influx of patients (from the community) and an escalating event in which the local community is unable to support TAMC.”

The intent of the mass casualty exercise was to assess the EOP’s appropriateness, adequacy and effectiveness with logistics, human resources, training, policies, procedures and protocols.

Bookman said that the overall objectives of the MASCAL exercise were met and that MASCAL concepts and procedures in the TAMC EOP proved adequate and appropriate.

Brig. Gen. Keith Gallagher, commanding general, TAMC, said the exercise displayed the complex chain of communication that takes place from first-responders at the point of injury, to the team at the helicopter landing zone pick-up site, to the triage at the emergency department and to the life-sustaining care provided in the emergency room. From there, communication flowed to the operating rooms and the bedside nursing care.

“The TAMC team of doctors, nurses, licensed practical nurses, operators and planners, logisticians and manpower pool, (all) worked seamlessly together (in this exercise),” said Gallagher.



Aiko Brum | U.S. Army Garrison-Hawaii Public Affairs

The 25th Infantry Division’s Tropic Lightning Band often performs at ceremonial events, such as the U.S. Army Garrison-Hawaii change of command, at Schofield Barracks, June 14.

Constituted on Oct. 12, 1943, the 25th Infantry Division Band is the most highly decorated band in the U.S. Army. To book the band, call 655-9759 or send an e-mail to bandrequest@hawaii.army.mil.



# Heroes: Quilt promotes feelings of patriotism, appreciation

CONTINUED FROM A-1



Renald Fernandez speaks to an audience of friends, guests and military leaders during a ceremony honoring the “Lost Heroes Art Quilt,” at the Hawaii State Capitol Rotunda, Honolulu, July 21. His son, Cpl. Kyle Kao Fernandez, a 25th Infantry Division veteran, was killed in action in Afghanistan in 2004.

and to make the piece personal, both to those honored and to those who visit the quilt during its nationwide tour.

“My intention is to convey the historical experience of women sharing their thoughts and emotions through quilting,” Feingold said. “Through their common loss, the mothers of our fallen heroes find a connection with one another across America.”

Feingold worked toward this goal by displaying each hero’s face through the eyes of mothers, fathers and family members, and by showing the heroes in their youth. In addition, Feingold etched personal details about each service member alongside each profile, by listing hobbies, personality quirks and family memories.

“I felt that showing the fallen as children would create even more of an impact for viewers,” Feingold said. “Many memorials appear as lists of names, dates or statistics.”

Cpl. Kyle Kao Fernandez, a Pearl City native and 25th Infantry Division veteran who lost his life while serving with the division in Afghanistan in 2004, was chosen to represent Hawaii.

“It’s been six years since the passing of my son,” said Renald Fernandez. “The hurt and anger has turned into pride as we begin to understand and recognize Kao as a true, courageous American hero.”

Feingold’s intent to invoke strong feelings of family, patriotism and appreciation for those who have sacrificed their lives in service was very moving for Hawaii Lt. Gov. James “Duke” Aiona Jr.

“This quilt brought about a tremendous amount of pride within me to be an American,” Aiona said. “These service members raised their right hands to defend the United States.”

Fernandez and the collected sacrifices were honored by words of strength and the best wishes of those in attendance, including friends and family.

The quilt is currently on display at Waikiki’s Hale Koa Hotel, an armed forces recreation center, and will continue on tour through all 50 states, ending Sept. 11, 2011, when the quilt will be sold at auction to benefit the surviving families of fallen Soldiers.

# 27th: Wolfhound family members welcome Japanese orphans

CONTINUED FROM A-1

as each year, the children of the Wolfhound Brigade make special handmade decorations and gifts for the arriving orphans.

“Having the decorations from the kids gives the reception a real, personal feeling,” said Capt. Kenneth Jura, rear detachment commander of 1-27th Inf. Regt. “Our relationship with the orphanage is a true familial type of relationship, and by including our kids, we are cementing that concept and passing that tradition on.”

Although 2-27th Inf. Regt. has the lead on hosting the orphans’ visit, Tuesday, both battalions gathered with their children to make decorations.

“It’s been great for all the regiment’s families to be able to get together,” said Debbie Wilson, wife of Lt. Col. Daniel Wilson, commander, 2-27th Inf. Regt. “Even though (the 2nd Bn., 27th Inf. Regt.) has the lead this year, it’s so great to know we have the support of our sister battalion.



Carrie Tyson, a family member with 1st Battalion, 27th Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, helps a child create handmade decorations for Holy Family Home Orphanage children, Saturday.

“It’s important that we are in this together as a regiment, that no one feels it’s just one battalion making this happen, but that it’s the entire Wolfhound family that supports this event and



Bowen, son of Lt. Col. Donald Brown, 1st Battalion, 27th Infantry Regiment, traces his hand to create a gift, Saturday.

makes it a success each year,” she said.

Children traced outlines of their hands on colored paper and made special handmade lei.

“My favorite project was making the lei,” said

Emilio Bautista, son of Jose Bautista who is currently deployed to Iraq with 1-27th Inf. Regt. “I hope it lets (the orphans) know we are nice, and we will be nice to them.”

When the orphans arrive, several families from 2-27th Inf. Regt. will foster the children for the time they are here. Many of the families have children of their own, who are close to the same age as the orphans they will foster.

The interaction between the orphans and these Wolfhound children is a major part of the visit. It allows the orphans and Wolfhound children to gain a new life experience and share their cultures with one another.

“The kids are always happy to be involved,” said Yuko O’Reilly, whose late husband initiated the Wolfhound’s first act of kindness toward the orphans many years ago. “When the orphans arrive and meet their foster family and their children, no one has to say ‘be friends.’ They are already friends! It is the simple way of children.”





## THE EPIC TALE OF *Hiiakaikapoliopele*

VICKEY MOUZE

Pau Hana Editor

SCHOFIELD BARRACKS – Boy meets girl. Boy and girl fall in love. Jealous sister steals sister's boyfriend. Retaliation, trickery, death and rebirth ensue.

And, that's just for starters.

While the plot could be an episode from one of today's steamy soap operas, the story originated thousands of years ago as ancient Hawaiians sought explanations for natural phenomena.

Known as “Ka Moolelo O Hiiakaikapoliopele,” or “The Epic Tale of Hiiakaikapoliopele,” the plot summarizes the exploits of Hiiaka, the youngest and favorite sister of Pele, goddess of volcanoes.

Dr. Puakea Nogelmier recounted the legend at the Sgt. Yano Library, here, July 22, during his presentation, “Hawaiian Legend Storytelling.” The Office of the Native Hawaiian Liaison, and the Directorate of Family and Morale, Welfare and Recreation, both of the U.S. Army Garrison-Hawaii, cosponsored the event.

Nogelmier, an associate professor at the University of Hawaii at Manoa, is a historian and cultural scholar dedicated to the renewal of the Hawaiian language and culture.

One of Nogelmier's academic projects has been the digitization of Hawaiian language newspapers. Missionaries and the government in the Hawaiian Islands first printed Hawaiian language newspapers in 1834. These were eventually replaced by commercial enterprise, and Hawaiian language newspapers ceased publication in 1948 because the Hawaiian-speaking population was shrinking, Nogelmier said.

Commercial papers encouraged readership with daily serialization of literature.

Front pages would carry a Hawaiian legend and a “foreign” tale such as Jules Verne's “Twenty Thousand Leagues Under the Sea,” translated into Hawaiian.

“The daily story would end with something like, ‘As the spear was lifted over her, she said...’ ending with an editorial note of ‘Do buy tomorrow's newspaper,’” Nogelmier said. “That's what kept newspapers commercially viable.”

While newspapers had published the Hiiakaikapoliopele story numerous times, Nogelmier chose to translate the serialized version originally published by the Hawaiian language newspaper Ka nai Aupuni in 1906. The English translation eventually swelled to a 500-page typewritten manuscript.

Nogelmier commissioned artwork by a local Hawaiian artist and published the story in 2006 in original Hawaiian and in English.

“The Epic Tale of Hiiakaikapoliopele” is the epic saga of one of the Hiiaka sisters,” Nogelmier said. “Some versions of the tale say that Pele has eight sisters; in other versions, Pele has 20 sisters. But the sisters are all named Hiiaka – Hiiaka In The Low Rising Wave, Hiiaka In The Crashing Wave, Hiiaka In The Glittering Cloud.

“But Pele's favorite sister was the youngest: Hiiakaikapoliopele, which means Hiiaka In The Bosom of Pele,” he said.

In Nogelmier's translated version, Hiiaka is almost grown up, but is still considered a girl. The tale begins with Pele looking for a place where she can establish a volcano. When she landed on Oahu, she stomped the ground with her magical rod, but water came up, so she had to leave. Evidence of Pele's visit to Oahu can still be seen in the craters around Makakilo, Salt Lake, Punchbowl and Diamond Head.

Pele finally established a successful place for her and her family to live in the Kilauea Volcano on the island of Hawaii.

“One day, Pele took her family surfing,” Nogelmier said. “Pele told Hiiakaikapoliopele, ‘I am so sleepy, I have to lay down. I have to sleep, watch over me, and don't let anyone wake me up. I'll wake myself.’

“While sleeping, Pele's spirit heard the sound of hula drums,” he said. “Her spirit flew to Hilo. But when she got to Hilo, the drums were not there, but farther away. She kept traveling to different islands. She finally found the hula drums on Kauai, where she met Lohiau, king of Kauai, the most handsome man in the islands.”

Pele and Lohiau fell in love and spent time together during her dream journey. Pele returned to Kilauea and sent her most trusted sister, Hiiakaikapoliopele, to bring Lohiau back. Pele also gave Hiiakaikapoliopele her powers.

Hiiakaikapoliopele encountered evil spirits, trickery and treachery during her travels and upon arriving on Kauai, she found Lohiau, who was dead.

“Two mo'o women had taken his spirit out of his body, and put it in a little basket,” Nogelmier said. “The mo'o then took the body and buried it in a cave on the cliffs, or pali.

“Mo'o are evil lizard-like women,” he said. “The mo'o threw trees and limbs at Hiiakaikapoliopele as she attempted to climb the pali. To get rid of the mo'o, Hiiakaikapoliopele struck them with her magical kirt, blasting them to small pieces.”

Hiiakaikapoliopele finally reached the body of Lohiau and restored his life by chanting for 30 days, after which, Hiiakaikapoliopele kissed Lohiau, which Pele saw since she could see everywhere. Pele tried to kill them out of jealousy but only succeeded in covering Lohiau in lava, killing him.

Hiiakaikapoliopele and Pele eventually made a truce. They couldn't live together in the same volcano, but they would love each other. Hiiaka went to Kauai and Pele remained in Kilauea, where she lives to this day.

Learn more about Hawaiian legends in the Hawaiian section at Sgt. Yano Library, Schofield Barracks. To learn more about the Hawaiian culture or learn the hula and the Hawaiian language, attend free, weekly classes sponsored by the Office of the Native Hawaiian Liaison, U.S. Army Garrison-Hawaii. The Office also sponsors a quarterly Distinguished Lecture Series. See MWR Briefs, B-2, for additional details.

Cultural programs, such as those offered by the Office of the Hawaiian Native Liaison, and recreational libraries are just some of the ways that the Installation Management Command keeps the Army Covenant promise of providing programs and services for all Soldiers and their families.





Today

**Distinguished Lecture** — RSVP today by calling 655-9694 or e-mail [nhliasion@gmail.com](mailto:nhliasion@gmail.com) to attend “Under the Jarvis Moon,” Aug. 27, 6 p.m., at the Nehelani, Schofield Barracks.

Sponsored by the Commander, U.S. Army Garrison-Hawaii, and the Native Hawaiian Liaison Office, this event is part of USAG-HI’s Distinguished Lecture Series.

A complimentary dinner is included. A short preview of the yet-to-be released documentary “Under a Jarvis Moon” will be shown.

In 1935, the U.S. government sent more than 130 young, mostly Hawaiian men to live on a trio of uninhabited atolls in the middle of the Pacific, to assert territorial jurisdiction. The men lived on the islands of Howland, Bake and Jarvis, during three-month shifts of four men per island.

**SKIES Casting Call** — Register children and youth by Aug. 1 for the School of Knowledge, Inspiration, Exploration, and Skills Unlimited Theatre’s holiday shows.

Upcoming presentations include “High School Monster Musical” and “Christmas Hang-Ups.” Students try out for main parts, but all students may perform. Classes are \$35.

Visit [www.mwrmilitaryhawaii.com](http://www.mwrmilitaryhawaii.com) or call 655-9818.

**Blue Star Card** — RSVP today by calling 655-0002 or by e-mailing [sarah.chadwick@us.army.mil](mailto:sarah.chadwick@us.army.mil) if you want to attend the family friendly Blue Star Card pool party, July 31, 3-6 p.m., Richardson Pool, Schofield Barracks.

Light pupus will be provided. Space is limited.

30 / Friday

**Hawaiian Luau** — The Pililaau Army Recreation Center hosts a luau, July 30, or the last Friday of every month at the Sunset Café. Dinner begins at 6 p.m.; entertainment starts at 6:30 p.m. Cost for adults is \$22.95 and \$15.95 for children ages 5-12. Call 696-4778.

31 / Saturday

**National Bowling Week** — Get ready for a week of fun with friends and family and celebrate 2010’s National Bowling Week, July 31-Aug. 7. Visit [mwrmilitaryhawaii.com](http://mwrmilitaryhawaii.com) or call Schofield Bowl, 655-0573; Fort Shafter Bowl, 438-6733; or Wheeler Bowl, 656-1745.

August

2 / Monday



Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

August

2 / Monday

**Advisory Council** — The Schofield Barracks PX/Commissary/Nehelani Advisory Council Meeting is set for 10:15-11:15 a.m., Aug. 2, at the Nehelani, immediately following the Senior Spouse Information Meeting. This quarterly forum of representatives allows the council and patrons to exchange ideas and information. Call Monica Anguay at the Oahu North office, 655-0497.

4 / Wednesday

**Fort Shafter PXmarket** — The next Fort Shafter PXmarket Meeting for the Oahu South Community is set for 10:15-11:15 a.m., Aug. 4, at the Hale Ikena, Fort Shafter. Call 438-6996.

11 / Wednesday

**Military Council of Catholic Women** — The Military Council of Catholic Women will begin its fall programs, Aug. 11, at the Main Chapel, Schofield Barracks, and Aug. 12 at Aliamanu Military Reservation Chapel. Mass starts at 9 a.m.; fellowship follows. All military services are welcome. Child care is available if registered with Child, Youth and School Services.



# 3BCT Couples renew marriage vows at Alii beach ceremony

Story and Photos by  
**SPC. JAZZ BURNET**

3rd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Six couples with the 3rd Brigade Combat Team, 25th Infantry Division, renewed their marriage vows, Friday, at Haleiwa Alii Beach Park.

Lt. Col. Richard Kelling, commander, 3rd Battalion, 7th Field Artillery Regiment, 3rd BCT, wanted to promote the importance of commitment to his Soldiers and families before the battalion’s next deployment.

Kelling, along with Capt. Joseph Park, battalion chaplain, worked to create a memorable ceremony. “I believe that the family is the cornerstone of our society, and if we lose this cornerstone (through divorce), then our society will be destroyed,” Park said. “At this time, there is an unfortunately high number of divorces in the Army. My desire is to give couples time to re-evaluate the commitments of their relationship and re-establish the intimate friendship between a husband and wife.”

The ceremony was set against the backdrop of sun and surf, and a central aspect was the pedilavium, or foot washing, which gave couples a chance to exercise their promise of servitude to one another.

For many who attended, the experience was a first-time event to show their love in such a manner.

Before performing the act, Park explained to each couple the Biblical importance of the unique service.

Park recounted the Biblical story about the night of the Passover feast before Jesus was crucified. After eating, Jesus began washing each of his disciple’s feet with a towel and basin of water — done as an example of loving servitude.

After the explanation, couples walked to a single chair and were given an empty water basin and a small bowl. One spouse sat down while the other walked several feet, filled the basin with water and started washing the feet of their mate.

During the washing, spouses exchanged personal vows of support and devotion, as they put into action their confessions of love.

“This ceremony represented our unity, forever supporting each other and being there for one another,” said Sgt. Johnny Lunn, Company G, 3rd Battalion, 7th Field Ar-



Sgt. Johnny Lunn, Company G, 3rd Battalion, 7th Field Artillery Regiment, 3rd Brigade Combat Team, 25th Infantry Division, gazes into the eyes of his wife, Chaka, of 2 1/2 years, as he recites his marriage vows during the battalion’s marriage vow rededication ceremony held at Alii Beach Park in Haleiwa, Friday.

tillery Regiment. “It also solidified that this is the woman that God has given me. We don’t always agree on everything, but we have each other’s back and will uphold our family through all our endeavors, and this is our way of solidifying this fact.”

The ceremony included a sermon that focused on keeping the friendship aspect of the relationship strong, and a vow renewal. During the vow renewal, couples recited and renewed their personal marital vows.

Spc. Wesley Cravey, chaplain assistant, also read a poem for the couples.

As the ceremony ended, the sun set softly behind the clouds of the horizon, creating a beautiful background to memorialize the day’s event.

This event will include the distribution of about 500 children’s paperback books to military children of all military branches (active duty and reservists.) Call 655-8002.

**Free Hawaiian Language Workshop** — Learn a few phrases and how to pronounce those long street names you find around the islands at the free Hawaiian language workshop presented by the Office of the Native Hawaiian Liaison, U.S. Army Garrison-Hawaii, 6-8 p.m., every Wednesday, through Aug. 11.

Classes will teach Hawaiian vocabulary, including colors, numbers and shapes. Bring a list of five Hawaiian

words you’d like to learn how to pronounce.

Classes are conducted at the Army Community Service, Building 2091, Kolekole Ave., Schofield Barracks.

E-mail [nhliasion@gmail.com](mailto:nhliasion@gmail.com) or call 655-9694.

**Create-a-Card** — Families of deployed Soldiers are invited Aug. 4, 3-4 p.m., at the Sgt. Yano Library, to create a card about their summer vacation and new school plans at this Blue Star Card event.

The library will supply materials. Call 655-8002 to learn more about library programs; call 655-0002 to find out more about Blue Star Card programs.

**Free Hula Classes** — The Office of the Native Hawaiian Liaison, U.S. Army Garrison-Hawaii, welcomes all Soldiers and families to participate in free hula classes, Mondays, 6-8 p.m., at the Kalakaua Recreation Center, Schofield Barracks.

Beginner classes are 6-7 p.m.; advanced classes are 7-8 p.m.

Classes feature the different types of hula, fundamentals of hula steps, movement and posture.

E-mail [nhliasion@gmail.com](mailto:nhliasion@gmail.com) or call 655-9694.

4 / Wednesday

**Books on Bases** — Join Blue Star Families for a Books On Bases event at Sgt. Yano Library, 3-4 p.m., Aug. 4.



Spc. Mahlet Tesfaye | 25th Infantry Division Public Affairs

## 25th ID award ceremony

SCHOFIELD BARRACKS — At center, Maj. General Bernard Champoux, commanding general, 25th Infantry Division, presents Melissa Gardner with the Volunteer Ambassador Award for serving as the treasurer and senior advisor for the Headquarters and Headquarters Company, 3rd Battalion, 25th Aviation Regiment, 25th ID, family readiness group. Mary Sue Champoux and Command Sgt. Maj. Frank Leota, 25th ID, look on. Volunteers were honored at the 25th ID’s Quarterly Volunteer Awards and Recognition Ceremony, here, Friday.

Contact [mccwhawaii@yahoo.com](mailto:mccwhawaii@yahoo.com) or Mary at 489-5344 (SB) or Katie at 744-1285 (AMR).

14 / Saturday

**Children’s Physicals** — Children enrolled at Tripler Army Medical Center’s Pediatric and Adolescent clinics may get required school and/or sports physical examinations, Aug. 14, 9 a.m.-2 p.m.

Normal Saturday clinics will be cancelled on these days. Parents of children enrolled at Schofield Barracks Health Clinic should make appointments with their primary care managers

during normal clinic hours. Visit [www.tamc.amedd.army.mil](http://www.tamc.amedd.army.mil).

19 / Thursday

**Hui O’ Wahine** — The Hui O’ Wahine, Fort Shafter Spouses Club, will hold its Super Sign-Up, Aug. 19 at the Hale Ikena, Fort Shafter.

The Hui O’ Wahine is an all-ranks club that welcomes spouses, Soldiers, retirees and civilian employees from all branches of the military. The club holds general membership luncheons the second Tuesday of the month, from September to May. Visit [www.huispirit.com](http://www.huispirit.com).

## Ongoing

**Twitter** — Follow the U.S. Army Garrison-Hawaii at [www.twitter.com/usaghi](http://www.twitter.com/usaghi).

**Facebook** — Get updates about U.S. Army Garrison-Hawaii events on Facebook at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii).

**Newcomers Welcome** — The Protestant Women of the Chapel meets every Tuesday, 9 a.m., at the Schofield Barracks Main Post Chapel Annex, Room 212. The summer session runs through Aug. 10.

Join for food, fun and fellowship. Free child care is available with RSVP. E-mail [schofieldpwoc@gmail.com](mailto:schofieldpwoc@gmail.com).



Additional religious services, children’s programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on “Religious Support Office” under the “Directorates and Support Staff” menu).

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- FS: Fort Shafter Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

**Buddhist Services**

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

**Catholic Mass**

- Tuesday & Thursday, 8 a.m. at AMR
- Saturday, 5 p.m. at TAMC and WAAF chapels
- Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD)
- Sunday services:
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and & 12 p.m. at TAMC

**Gospel Worship**

- Sunday, 12 p.m. at MPC
- Sunday, 12:30 p.m. at AMR

**Islamic Prayers and Study**

- Friday, 1 p.m. at MPC Annex
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

**Jewish Shabbat (Sabbath)**

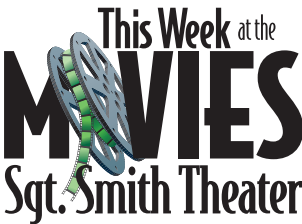
- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

**Pagan (Wicca)**

- Friday, 7 p.m. at MPC Annex

**Protestant Worship**

- Sunday Services
  - 9 a.m. at FD, FS, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at AMR and HMR



Call 624-2585 for movie listings or go to [aaes.com](http://aaes.com) under realtime movie listing.

The A-Team

(PG-13)  
Fri., July 30, 7 p.m.  
Sat., July 31, 7 p.m.  
Wed., Aug. 4, 7 p.m.



Toy Story 3

(G)  
Sat., July 31, 4 p.m.  
Sun., Aug. 1, 2 p.m.

The Karate Kid

(PG)  
Thurs., Aug. 5, 7 p.m.

No shows on Mondays or Tuesdays.





Courtesy Photo

A kitchen fire in a home at Aliamanu Military Reservation, July 18, caused \$64,000 in fire, smoke and water damage.

## Fire in AMR community causes \$64,000 damage

VICTOR FLINT

Federal Fire Department-Hawaii

JOINT BASE PEARL HARBOR-HICKAM — A fire that started in the kitchen of a home, July 18, at Aliamanu Military Reservation, caused \$54,000 in fire, smoke and water damage.

No injuries to personnel resulted from the fire, thanks to the quick response from neighbors who called 911.

The fire was contained to the kitchen; although an additional \$10,000 in water and smoke damage was caused to the neighboring housing unit.

According to the fire investigator with Federal Fire Department-Hawaii, the fire was accidental and caused by unattended cooking.

The Federal Fire Department encourages families to maintain awareness in the kitchen and keep cooking areas safe by never leaving cooking unattended, not even for a minute.

When cooking, you should keep a lid handy to cover a pan or pot if a fire begins. Also, you should turn handles inward to prevent tipping. Never place water on a grease fire.

For more fire safety tips, call 471-3303, ext. 633.

## Pregnancy/postpartum PT teaches healthy cooking

SGT. RICARDO BRANCH

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Soldiers attending the Army pregnancy/postpartum physical training program received a rare treat during a special healthy living and cooking class, here, July 20 and 22.

“We’re trying to educate pregnant Soldiers about a program called the Women, Infants and Children Program,” said Staff Sgt. Roxanne Pratt, division surgeon cell, 25th Infantry Division.

“WIC assists lower-income families with healthy food at no cost to the family,” Pratt said.

During the morning instruction, Soldiers prepared an easy-to-make, healthy and fast meal.

“Sometimes the food people eat might be tasty, but not exactly healthy,” Pratt said. “What we’re doing today is showing Soldiers that good healthy meals do not have to cost a lot of money to make.”

The morning meal consisted of a breakfast omelet.

“Anything that teaches someone how to make a good, fast meal that’s healthy for them during their pregnancy is a good thing,” said Staff Sgt. Rachel Blanton, Headquarters and Headquarters Company, 3rd Brigade Combat Team, 25th ID.

“A class like this is good when they show you how to make something after all the instruction is complete,” she said. “I look forward to what they’ll have next.”

Whatever the next selection may bring, students in the Army pregnancy/postpartum PT program can look forward to a refreshing mix of classes that encourages healthy lives.

To qualify for Hawaii Women, Infants and Children services, you must be either a pregnant, breast-feeding, or postpartum woman or have children under 5 years old who have nutritional needs; meet federal guidelines; and be a resident of Hawaii.

For Oahu WIC services, call 586-8175 to set up an appointment with the WIC clinic nearest you.

# Hawaii public schools continue to improve in annual state assessment

SCHOOL LIAISON OFFICE

News Release

SCHOFIELD BARRACKS — The Hawaii Department of Education released preliminary results of the 2009-2010 Hawaii State Assessment, July 15.

Students in grades 3 through 8 and grade 10 took the HSA, which consists of reading and math sections. Overall, the HSA results revealed that the percentage of students who tested proficient in reading rose from 41 percent in 2003, to 67 percent in 2010. In math, proficiency rose from 20 percent in 2003, to 48 percent in 2010.

The test results from the HSA are used to determine a school’s status under the No Child Left Behind Act. According to NCLB’s rating system, schools need to pass all 37 areas that are defined by ethnicity, limited English proficiency, special education needs, high school graduation rates and higher poverty levels.

If a school fails to meet the target of one of these areas, it will not achieve Adequate Yearly Progress, or AYP.

Of the five AYP status categories, 43 percent of the schools in Hawaii are in good standing. However, 92 schools are still under or will undergo restructuring.

Troy Tamura, principal, Wahiawa Elementary, said that introducing “Reading Street,” a new reading program, might have helped students do well.

“Teachers worked diligently at implementing the program during this year,” Tamura said.

Also, Wahiawa Elementary School used the “School Turnaround Framework” to set up a process for analyzing student data. Tamura added that the school’s success is a team effort.

“It’s through the hard work and dedication of the students, faculty and staff, and parents at Wahiawa Elementary School, that the school was able to make AYP,” he said.

All 10 public schools in Wahiawa, including the Army’s four on-post schools,



Aiko Brum | U.S. Army Garrison-Hawaii Public Affairs

Hale Kua Elementary School, Schofield Barracks, meets the No Child Left Behind Act’s Adequate Yearly Progress for school year 2009-2010, according to results released by the Hawaii Department of Education.

are known as the Leilehua Complex. Eight of these 10 schools met AYP this past school year, including Hale Kula Elementary School on Schofield Barracks.

“The news that our students met the Adequate Yearly Progress benchmarks on the

### 2009-2010 Hawaii AYP Results (Preliminary)

School	AYP Results
Hale Kula El	Met
Helemano El	Met
Iliahi El	Met
Kaala El	Met
Leilehua HS	Not Met
Wheeler El	Met
Wheeler Middle	Met
Solomon El	Not Met
Wahiawa El	Met
Wahiawa Middle	Met

Hawaii State Assessment was great news for all of us at Hale Kula,” said Jan Iwase, principal, Hale Kula Elementary. “This is a direct result of our teachers and school community having high expectations for our students, teaching them what needed to be taught and encouraging them to do their best on the statewide assessment.”

Hale Kula Elementary, which passed AYP this year, continues to strive toward the NCLB proficiency level of 100 percent by school year 2013-2014.

“We realize that test results are only one indicator of a school’s success, and it’s important to provide our students with well-rounded educational experiences to prepare them to be successful in our 21st century world,” Iwase said, emphasizing that many other factors make a school successful.

The Hawaii State Assessment for school year 2010-2011 will be administered online, October through May. Public school students in grades 3 through 8 and grade 10 will have three opportunities to take the test. Only the highest score will be recorded.





Staff Sgt. Amber Robinson | 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

# Ready, set, go!

WHEELER ARMY AIRFIELD — Soldiers of the 25th Infantry Division begin an early morning dash toward the Annual Army Ten-Miler qualifier's finish line, held here, July 22. Thirteen runners competed against one another in an effort to qualify for the eight-man Hawaii team which will compete in Washington, D.C., in October.



Send announcements  
a week prior to publication to  
community  
@hawaiiarmyweekly.com.

**Today**  
**Tradewind Marathon** — Register now for the Tradewind Marathon at Marine Corps Base Hawaii, Kaneohe Bay. The triathlon, consisting of a 500-meter swim, 11.1-mile bike race and a 5K run, starts at 6:30 a.m., Hangar 101 (ramp area), Aug. 15. Check in is at 5 a.m.

Cost for individual runners is \$40 for military, and \$60 for civilians; the three-person relay team is \$60 for military, \$85 for civilians.

Register and pay online at [www.mccs.hawaii.com/cgfit.htm](http://www.mccs.hawaii.com/cgfit.htm). Online registration closes Aug. 11 at 4:30 p.m. Call 254-7590.

**Mango Days 5K** — Register now for the 8th Annual Mango Days 5K to be held 6:30 a.m., Aug. 8. The course starts at the Magic Island parking lot at Ala Moana Beach Park, and ends near the tennis courts, winding its way around the park.

The race benefits The Leukemia and Lymphoma Society; race proceeds go toward patient services and blood cancer research.

Register at [www.active.com/running/honolulu-hi/mango-days-5k-2010](http://www.active.com/running/honolulu-hi/mango-days-5k-2010) or in person at packet pickup on Aug. 7, 10 a.m.-5 p.m., at Runners Route, Kapiolani Boulevard.

## August 8 / Sunday

**Kilted Golf** — Join the 4th Annual Blue Shamrock Kilted Golf Classic, Aug. 8, 10:30 a.m. registration, Pearl Country Club. The Saint Andrew Society of Hawaii is a nonprofit charity that gives the proceeds to Celtic cultural organizations.

Have a fun day playing the ancient Scot-

tish game of golf the way it was meant to be played: kilted. Cost is \$150, which includes green fees, cart, breakfast, lunch, dinner, drinks, prizes and contests.

Loaner kilts are available. Grand prize for a hole-in-one is a golfing trip to St. Andrews, Scotland. Contact Cesci Wang at 381-7216 or [saintandrewsociety@hawaii.rr.com](mailto:saintandrewsociety@hawaii.rr.com).

## Ongoing

**Simply Ballroom** — The Armed Services YMCA is offering ballroom classes that cover the basic techniques and patterns of the American style of ballroom dance for \$10 per class, per person.

Participants aren't required to find their own partner before registering for a class.

Classes for service members and spouses are every other Saturday, 10-11 a.m. Classes for children ages 6-18 are every other Tuesday, 3-4 p.m.

E-mail [wheeler@asymcahi.org](mailto:wheeler@asymcahi.org) or call 624-5645 for more details.



## Today Flag Football and Cheerleading

Registration ends today and is open to children born in the years 1995-2006. The cost for flag football registration is \$45 and cheerleading is \$60.

Call Parent Central Services at 655-5314.

**Army Amateur Tournament** — Register now for the tournament that takes places Aug. 5-7. Cost for military is \$130 and civilians is \$155.

Fees include one practice round and up to three tournament rounds; however, the fee doesn't include a cart.

All male amateurs with computerized a Golf Handicap and Information Network, or GHIN, handicap index of 13.5 or less as of June 1, 2010, are eligible. Entrants must be at least 15 years of age as of Aug. 5, 2010. Call Leilehua Golf Operations at 655-4653.

**Military Long Drive** — Register now for the 2010 Military Long Drive Championship presented by 7-Up to compete for \$10,000, Oct. 20, in Mesquite, Nev.

The Army Family and Morale, Welfare and Recreation Command-backed Military Long Drive Championship is open to all active duty military and family members, 18 and older, including National Guard, Reserves and retirees from all services.

Visit [www.armymwrgolf.com](http://www.armymwrgolf.com) or [www.longdrivers.com](http://www.longdrivers.com) for rules and regulations. Sign up at Leilehua Golf Course or at Nagorski Golf Course.

Call Leilehua Golf Operations at 655-4653.

## Ongoing

**Learn to Swim** — Classes

are offered at various times during the week depending on swim level and location. Registration is taken on a first-come, first-served basis.

Classes are subject to change upon instructor availability. Children must be registered with Child, Youth and School Services before registering, and proof must be shown at the time you register.

Levels 1 and 2 are nine, half-hour classes; per session is just \$45. Levels 3-6 and adult beginners are nine, 45-minute classes at \$50 per session.

Call 653-0716.

### Surfah Smootheez Café

— Get fit, first, then have an awesome smoothie to cool yourself down at the Martinez Fitness Center. Free fitness classes are offered for Soldiers and family members at Schofield Barracks Health & Fitness Center, too.

Class lists include step challenge, group cycling, cardio-kickboxing, step and pump, yoga, pilates and more.

For class schedules, call Schofield Barracks Health and Fitness Center at 655-8007, or Martinez at 655-8006 or visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com).

**CG Scramble** — Head to Leilehua Golf Course for the Commanding General's "Payday Scramble," every first Friday of the month. This scramble is open to all U.S. Army-Hawaii personnel and begins at 12 p.m. Call 655-0114.

**Youth Sports** — Middle School and Teen programs host activities and Youth Sports and Fitness programs such as flag football, cheerleading, and track and field during the summer. Call 655-5314 or 833-5393.

**New Fitness Class** — The Schofield Barracks Health and Fitness Center now offers Pilates Fusion classes, Tuesdays, 9:45 a.m.

Classes are free for active duty and their family members with ID card.

Civilians and retirees can purchase a monthly pass for classes for \$25 or pay \$4 a day. Call 655-8007.