

## INSIDE USAG-HI change of command

Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, will relinquish command to Col. Douglas Mulbury at Sills Field, Schofield Barracks, Monday, at 10 a.m.

**See News Brief, A-4**



## Environmental Tests

25th ID Soldiers play in the dirt to collect bugs and water samples.

**A-4**

## Happy Birthday U.S. Army

Join the 235th birthday commemoration, Saturday, at the Hilton Hawaiian Village in Honolulu.

**A-3, A-4, B-2**



## Nurturing nature

Learn about the world's rarest ecosystem: a tropical, sub-alpine, dry-land ecosystem at Pohakalua Training Area, Hawaii.

**B-1**

## This issue

Footsteps in Faith	<b>A-2</b>
Soldiers	<b>A-4</b>
News Briefs	<b>A-4</b>
FMWR	<b>B-2</b>
Sports & Fitness	<b>B-5</b>

# SMA Preston promotes 'complete fitness'

Army's top NCO discusses troop resiliency, well-being

**SPC. MAHLET TESFAYE &  
SPC. JESUS ARANDA**  
25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Sgt. Maj. of the Army Kenneth Preston, the Army's senior noncommissioned officer, visited with Soldiers, leaders and family members serving, here, June 3. As part of a three-day tour of the military bases on-island, Preston not only spoke with Warriors, here, but also visited with Soldiers at Tripler Army Medical Center and Fort Shafter. During his tour of Schofield Barracks, Preston talked about the Army's plan for the continued complete fitness and well-being of Soldiers. He stressed the impor-

tance of mental fitness for today's Soldier in presentations to noncommissioned officers and junior enlisted. "We've focused for decades on physical fitness to prepare for combat, and now we're focusing on the mental side," said Preston. "The stigma against getting help with mental health lies on both Soldiers and leaders," said Preston. "We've done a lot to educate the leaders on this, now we're working to eliminate the stigma on the Soldier's side." Preston assured Soldiers there is no shame in seeking mental health, if needed. He said there wouldn't be any negative impact on the careers of those who employ methods to maintain mental fitness. According to Preston, the challenges Soldiers face after deploy-

**SEE SMA, A-7**



**Pfc. Darnell Collins** | 8th Theater Sustainment Command Public Affairs

Sgt. Maj. of the Army Kenneth Preston discusses complete mental and physical fitness and well-being with Soldiers at Fort Shafter, June 3.

## Margotta reminisces about tour as he prepares for change of command

**VICKEY MOUZE**  
Managing Editor

SCHOFIELD BARRACKS — The key to being a successful garrison commander is understanding and working within limitations of time, people and money. "There is no shortage to the things that I think our Soldiers, families and our community deserve," said Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii. "The challenging part is to balance out all those requirements to find out what is the most important thing at that particular time and try to do as much as you can with what you have." Margotta recently discussed his tenure as garrison commander prior to his change of command ceremony, here, Monday, where he will relinquish command to Col. Douglas Mulbury. For the past three years, Margotta has overseen support and service functions on five major installations and 17 sub-installations and housing areas on



Margotta

Oahu and Hawaii. He has visited all of the Oahu installations every two weeks and Hawaii every couple of months, he said. Added up, the garrison and its training areas encompasses 197,450 acres. With such a large footprint, he has relied on subordinate command teams, staff, employees and customers to be his "eyes and ears." "The community is your community," he said. "We want to know how we can make the quality of life for our Soldiers, family and community better." Making the garrison better can range from filling potholes on garrison roads, to ensuring premier customer service at service and support facilities, to his and his command team pulling gate guard duty at housing areas. Improving the quality of life for the garrison's Soldiers and families was Margotta's top priority when he took command.

**SEE MARGOTTA, A-3**



**Capt. Shea Asis** | 8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command

## Running for a cause

HONOLULU — Sgt. 1st. Class Judith Atkinson, 8th Military Police Brigade's equal opportunity advisor, 8th Theater Sustainment Command, carries the brigade colors during the Troy Barboza Law Enforcement Torch Run, here, which raises funds and support for Special Olympics in Hawaii. A run with the 558th MPs was held concurrently in Iraq. **See the full article on B-4.**

## Honouliuli preservation involves work of many hands

**STEFANIE GARDIN**  
U.S. Army Garrison-Hawaii Public Affairs

KUNIA VILLAGE — On the eastern slopes of the Waianae Mountains, there is a "wahi pana," a "celebrated place," called Honouliuli. Honouliuli is a place of stories. Once one of the most fertile spots on Oahu, men fought battles and spilled blood for the rights to use this land. The chiefs of Ewa made Honouliuli their home, and from its mountain passes, the goddess Hiaka first gazed upon the destruction of her friend Hopoe's forests, by the flames of her sister Pele's wrath. From the peaks of the mountains to the depths of the valleys, Honouliuli is shrouded in stories that link Hawaiians to our past and



Davis

to our future. Community members and local, state and federal agencies gathered here, June 2, to add another story to Honouliuli's pages, a story of partnership and preservation. The Hawaiian proverb, "Aohe hana nui ke alu ia," or "no task is too big when done together by all," was the theme as these groups joined together to celebrate the permanent protection of the 3,592-acre Honouliuli Forest Reserve. The preservation of Honouliuli is multifaceted. Not only are there 39 threatened and endangered species living, here — 16 of which are found nowhere else in the world — but there are also numerous cultural sites. Further, the area is part of the watershed that feeds Pearl Harbor, one of the largest freshwater aquifers on Oahu. For these reasons, Lea Hong, Hawaiian Is-

**SEE HONOUILIULI, A-6**

## Commander hosts town hall to answer employees' queries

**STEPHANIE RUSH**  
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, held several town hall meetings for civilian employees to review recent accomplishments and outline future initiatives, here, and at Fort Shafter, last week. This month's town halls are the last for Margotta, who will relinquish command of USAG-HI to Col. Douglas Mulbury, Monday. Garrison leadership holds the biannual town halls as a way to communicate with the workforce and provide yet another forum for feedback. Margotta began by briefing the 2010 Installation Management Campaign Plan, which was released in April by Installation Management Command, the higher headquarters overseeing all aspects of Army installations, worldwide.

IMCOM's four key goals from the campaign plan are to continue evolving the organization into a customer-focused combat support organization; to embrace a performance-based management culture; to equip employees with the competencies, skills and enabling capabilities needed to provide extraordinary support to our customers, now and in the future; and to ensure fiscal responsibility. "Strategic plans are more for the long term — two, three, five, sometimes 20 years out," Margotta said. "It is a long-term road map or vision of where we want this installation to go down the road." Garrison leadership meets regularly to assess and develop priorities, goals and objectives. USAG-HI's six strategic planning goals directly correlate with IMCOM's: execute all require-

**SEE EMPLOYEES, A-3**



We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The Hawaii Army Weekly is printed by The Honolulu Star-Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army, Hawaii.

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army, or The Honolulu Advertiser, of the firms, products or services advertised.

HAWAII ARMY WEEKLY

Commander, U.S. Army Garrison-Hawaii  
Col. Matthew Margotta  
Director, Public Affairs  
Dennis C. Drake

Chief, Internal Communication  
Aiko Rose Brum, 656-3155  
aiko.brum@us.army.mil

Managing Editor  
Vickey Mouze, 656-3156  
editor@hawaiiarmyweekly.com

Pau Hana Editor  
Lacey Justinger, 656-3488  
lacey@hawaiiarmyweekly.com

Layout  
Rynell Shauf  
Web Content

Stephanie Rush, 656-3153  
stephanie.anne.rush@us.army.mil

Advertising: 525-7439

Classifieds: 521-9111

Editorial Office: 656-3155/3156

Address:  
Public Affairs Office  
742 Santos Dumont Ave., WAAF  
Building 108, Room 304  
Schofield Barracks, HI

96857-5000

Web site:  
www.garrison.hawaii.army.mil/  
haw.asp & hawaiiarmyweekly.com

Nondelivery or distribution problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3156.

57 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 6/10/10.

Defender 6 sends

Sponsorship program reviews integration strengths

LT. GEN. RICK LYNCH

Commander, Installation Management Command

I have moved many times in my career, within the U.S and overseas; I have deployed several times, leaving my wife to pull double duty at home.

I know the good, the bad and the ugly of moving firsthand from my family's experience and the stories shared by other Soldiers, civilians and family members.

Every move brings new opportunities but also challenges and stress that can have a negative impact on work and home life.

I also know from personal experience that sponsors can be the determining factor between a good or bad move. An excellent sponsor plays a key role in making a positive first impression and helping the new person and family integrate into the unit, workplace and community.

During the past several years, the Army has been experiencing a high volume of transition due to several factors: "Army Force Generation," "Modularity," "Grow the Army," "Base Realignment and Closure" and "Troop Mobilization." However, now more than ever, we need effective sponsorship to mitigate the stress of transition; yet, Soldiers, civilians and families continue to express frustration with the Army's Sponsorship Program.

Sometimes our personnel and family members have an exceptional sponsor — someone who truly makes them feel welcome and gets them off to an excellent start — but that is not always the case.

There may be sponsors who are not well-equipped or motivated to provide

the needed assistance or, even worse, no sponsorship at all. These experiences make sponsorship a pressing Army Family Action Plan issue.

I am taking this opportunity to improve on our Total Army Sponsorship Program, or TASP, to enhance the readiness of our Soldiers and civilians, and deliver on our promise to take care of families.

The Army's Sponsorship Program, as prescribed in Army Regulation 600-8-8, the TASP, requires every first-term Soldier to have a sponsor who acts as a big brother or sister and helps the Soldier learn Army standards and develop a sense of responsibility and teamwork.

After that initial assignment, TASP offers sponsors for every Soldier, private through colonel, and likewise for every civilian in grades up to GS-15.

A vital part of the Sponsorship Program that is often forgotten or overlooked is the rear detachment support provided to family members of deployed Soldiers and civilians. We have in our regulations a Sponsorship Program that covers all members of our community.

I want to make sure that what is outlined on paper is also happening in our communities. Soldiers, civilians and family members will have a sponsor to provide information and support before, during and after transitions, mobilizations and deployments.

We must make sure sponsors are well-equipped for their important role. Sponsors must understand their role and have the necessary information



Lynch

and resources to fulfill it.

Even more so, sponsors must be willing to reach out and make human contact, especially with new Soldiers, first-time civilian employees, and family members who are unfamiliar with the Army way of life.

Above all, I want to ensure that commanders are invested in the success of the Sponsorship Program within their community.

TASP is a commander's program. Its success is contingent upon the commander's involvement and support. It is leadership's responsibility to send the message that sponsorship is something important to do and to do it right. At the most basic level, this means having an adequate pool of sponsors to meet the needs of the community and supporting those sponsors with reasonable time and resources to do a good job.

I have asked Command Sgt. Maj. Neil Ciotola to lead a working group to review sponsorship from a holistic perspective and to update the program to meet the needs of Soldiers in today's Army.

Two important aspects of the Sponsorship Program under examination are integration and tracking. We must have a means to collect, transmit and follow up on their needs and issues. We do not want Soldiers carrying unresolved issues from assignment to assignment. We do not want families to fail to connect or to become disconnected from their community,

especially if their Soldier is deployed.

We are looking at the feasibility of using current systems to integrate and track TASP processes, Armywide, among other possible improvements. I anticipate that new recommendations, guidance and requirements will be forthcoming as a result of our review.

We are approaching summer, the traditional moving season for the military. Most of us in an Army environment — Soldiers, civilians and family members alike — know what it is like to relocate. We know what a difference it makes to have a helping hand along the way.

Leaders, your direct experience alone, whether good or bad, should be enough incentive to make the Sponsorship Program in your sphere of influence as effective as possible.

With a successful Sponsorship Program, we can treat every one of these moves as an opportunity to show that we will do right by Soldiers, civilians and families.

The time and effort invested up front will pay big dividends in the satisfaction, commitment and increased cohesion and mission readiness of Army units.

All Soldiers, civilians and family members must be provided with quality programs and safe communities that meet their needs while enabling them to thrive and maintain resiliency.

We will keep our promise.

Support and defend.

Defender 6.



FOOTSTEPS in FAITH

Do you know whose mission you're on?

CHAPLAIN (MAJ.) RICHARD GRAVES

516th Signal Brigade, 311 Signal Command

A few Sundays ago my sermon, entitled "You Want Me to Do What?" was taken from Galatians 1:11-24.

The passage tells the story of Paul — how he came from being named Saul and a persecutor of the church, to become Paul, a founder, member and leader of the new fledgling church.

The verses are quite an interesting account, recalling how Paul had done little to earn his position in the new faith because he had been an up-and-coming member and leader of his own faith group.

Paul was a Roman citizen, and he had been actively involved in "violent persecution" of the new church and was trying to destroy it. Everything pointed to Paul remaining an outsider and an enemy of the church and all that the church stood for.

Paul's turning moment came on the road to Damascus, where he was on a mission to go and arrest members of this new church and throw them into prison. But he never made it, at least not in the manner he had imagined.

We are told that Paul received a vision, a revelation from God telling him that there had been a change in plans. Paul was now to continue to Damascus, where he

was to wait until he received further instructions.

Once there, Paul was informed he was a chosen instrument and his new mission was to be a witness to this new religion he had been persecuting.

I can only imagine what was going through Paul's mind at this time. His world had been turned upside down. Everything he had previously believed to be true had been snatched away and changed in the flash of an instant.

I wonder if Paul ever wondered, or had the time to wonder, "You want me to do what?" or if he ever pondered about what he had been led to do.

I sometimes wonder if we do not feel the same way, as well — sometimes overwhelmed by doubts, unsure of our capabilities and questioning our ability to successfully accomplish our mission and even our calling. These, I believe, are normal feelings and common to all people of all professions and backgrounds.

I believe that we all, at various times in our lives, hit a wall, feel tapped out or are just running on empty. These occurrences seem to go with the territory; plates are full and no end appears to be in sight.



Graves

With Paul, the comfort seemed to come with acceptance and recognition of whose he was and whose mission he was on. And here it is, I believe, the same for us.

When we are at our lowest, when our tanks have long been dry, and we feel like we are running on fumes, remembering whose we are and whose mission and purpose we are about is a comforting and strengthening thing.

Realizing that we are not alone and being able to turn loose and let go of ourselves and allow others to assist and lift us up in our moment of need is a powerful thing.

My hope for all of us is, as we go out and about our business, callings and activities, that we will take a look around ourselves, notice the brothers and sisters who are hurting or struggling, and offer them a hand, comfort, understanding and support.

We should not let them suffer alone. We should be sensitive to their moments of "You want me to do what?" and help them through difficult times with a presence that understands, accepts and supports. In all things, let's be faithful and remember whose we are and whose mission we are on.

Getting it Straight:

The article, "Broncos bid farewell to Hiatt, Kim" under the headline, "Change of command season begins," on page A-1 of the June 4th edition, misspelled the name of the outgoing commander, 3rd Brigade Combat Team, 25th Infantry Division. The outgoing commander's name is Col. Walter Piatt.

Also, the e-mail address for "Ask the Commander" listed in the "Ways to communicate" information box appearing in "AFAP: Garrison seeks community input," on page A-8 in the June 4th edition was incorrectly listed. The correct e-mail address is askthecommander.usaghi@us.army.mil.

Voices of Ohana

Who is your favorite historical figure in Army history, and why?



"Sgt. Audie Murphy for truly being the backbone and exemplifying what leadership should be."  
Master Sgt. Veronica Atkins  
94th AAMDC, Logistics NCOIC



"The Buffalo Soldiers, because of the stuff they endured and accomplished."  
Pfc. Eric Blackwell  
CENPAC District Vet Command, Food Inspector



"Douglas MacArthur. He was very insightful and a great thinker of strategy."  
Lt. Col. Emmett Gourdine  
TAMC, Chief Transfusion, Medicine Service



"Gen. Patton, because he exemplified leadership and led from the front."  
Sgt. 1st Class Scott Pfab  
94th AAMDC, Attack Operations NCO



"Brig. Gen. Bradley, because he made one of the best tanks I've ever driven."  
Spc. Genaro Sexton  
USARPAC, Combat Engineer



# Army celebrates 235 years of tradition

U.S. ARMY-PACIFIC  
News Release

FORT SHAFTER, Hawaii – U.S. Army-Pacific invites the public to join in celebrating 235 years of Army tradition at the Army Commemoration 6 p.m., June 12, at the Hilton Hawaiian Village Hotel’s Coral Ballroom.

The evening honors Soldiers and their families stationed in the Pacific. This year’s commemoration theme “Strength in the Pacific” honors 235 years of service in defense of the U.S. and its citizens.

“As the U.S. Army reaches its 235th birthday, the U.S. Army, Pacific nears its 20th anniversary in its current structure,” said Lt. Gen. Benjamin Mixon, USARPAC commander. “Soldiers and family members from Alaska to Japan are the foundation of the Army in the Pacific.

“USARPAC represents the finest America has to offer – diversity, value-based and caring Soldiers, families and Department of the Army civilians,” Mixon said.

Mixon added that “our Army remains strong – Army Strong – and this strength comes from our greatest asset: the American Soldier.”

The evening includes dining, dancing and patriotic mu-

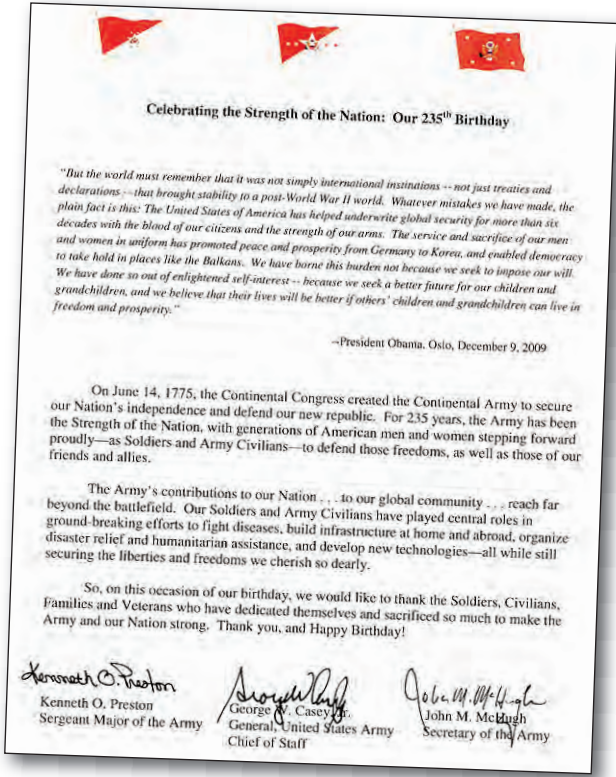
sic performed by The U.S. Army Strings, a 20-member ensemble from Washington, D.C., that performs as mixed chamber ensembles, The U.S. Army Orchestra, and The U.S. Army Strolling Strings. The 25th Infantry Division Jazz Band will add a different beat to the evening.

Significant to the celebration is the naming of the 2010 Mana O Ke Koa Award, “Spirit of the Warrior” Award, presented annually to a Hawaii resident who has made significant contributions to the Army’s partnership with state and local communities.

Ken Bailey, one of the most valued supporters of the U.S. Army in the Pacific and member of the Military Advisory Committee to the Chamber of Commerce, is the 2010 recipient.

Additionally, the naming of USARPAC’s Noncommissioned Officer and Soldier of the Year will take place around 8:30 p.m.

Tickets are \$80 each. For tickets and information, call 808-366-3557. Rooms can be reserved at the Hilton Hawaiian Village for \$149 plus tax to attendees. Call (808) 949-4321 or visit the Hilton Hawaiian Village website for reservations. Request the Army Birthday Commemoration. Dress is formal.



## Employees: Review of IMCOM’s future plans

CONTINUED FROM A-1

ments in support of Army Force Generation, or ARFORGEN, cycles; promote community well-being; recruit, develop and retain an adaptive, innovative, customer-focused workforce; optimize resources and environmental stewardship to minimize the impact on the natural environment and community; provide quality facility, infrastructure and responsive services to support mission requirements; and to advance and enhance internal/external community relations and partnerships.

“The next part is breaking each goal down and coming up with specific objectives and initiatives to reach each one,” Margotta explained. “The end state of all of this, much like with the Installation Management Campaign Plan, is to develop programs that, when implemented over the next several years, will drive innovation and steer the ship.”

In the current state of persistent conflict, the garrison is faced with having to balance budgetary restraints with the cost of doing business. Directorates and support staff offices are learning to do more with less – all the while still placing priority on being polite, professional and positive, the garrison’s customer service philosophy.

Several employees voiced concerns about the possibility of positions being eliminated and provided suggestions for keeping costs at bay, to include shortened workweeks or reduced hours during nonpeak times, but Margotta quelled many fears by explaining that any changes to the workforce will most likely happen in line with typical attrition cycles, such as when employees retire or transfer, vs. official reduction in forces, since an RIF has not been approved by Congress.

Other hot topics for employees were the objectives and initiatives planned in order to sustain and continue to provide opportunities for the workforce to excel

and grow.

The garrison plans to continue offering customer service and development courses through Hawaiian Garrison University and to implement new development opportunities, such as local internships and rotational assignments.

Sylvia Scully, Parent Central Services outreach administrator with Family and Morale, Welfare and Recreation, asked whether participation in any local professional development or growth programs would be able to be included on resumes as official experience, something, she said, that is not always the case when participating in centrally funded programs like the Developmental Assignment Program through IMCOM.

“Participation in developmental programs or internships should be able to be counted as tangible experience on our resumes to legitimize the experience,” Scully explained. “Employees take time out from their regular job to develop skills in a different area, which is the goal of the program ... if a six-month internship is not (officially) recognized, no one benefits from the experience.”

Margotta agreed with Scully and explained how the Workforce Development office is working with the Civilian Personnel Advisory Center to ensure all training programs and opportunities are accredited and eligible to be included on official records as experience.

Scully, a supervisor at FMWR, attends employee town halls and encourages her employees to do the same because she believes they are important.

“It is important for (my employees) to know that they are valued and, if they have any concerns, that they may address them at this forum,” Scully said. “(I make sure to always attend because) I learn about what is going on in the community, not just with my organization, but what the garrison commander expects from us and what he plans to do to better the community.”



Laura Bratcher | Family and Morale, Welfare and Recreation

Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, and wife Theresa, pause during the garrison farewell, Wednesday, at Schofield Barracks. Margotta will become the deputy commander/chief of staff at the Family Service Center at the Family and Morale, Welfare and Recreation Command, Fort Sam Houston, Texas.

## Margotta: Garrison has made strides

CONTINUED FROM A-1

“I’ve been on the other side of the fence, where I’ve experienced deployment, redeployment and deployment again and to be separated from my family. I’ve experienced the anxiety wondering who is taking care of my family when I’m gone.

“I know what it’s like to have a limited amount of time together as a family and be back in a garrison environment,” he continued.

“We need to do everything we can to make life in the garrison as positive and as rewarding and as beneficial to the family wellness aspect as we can. That’s our charge.”

Another top priority as garrison commander was to turn the garrison into an “A Team.”

“I think that everyone wants to feel that they belong to something a little bit greater than themselves, he said.

“Everyone wants to be part of an organization that has a special charter, which I think we do. People move out as a team, they think as a team,” he added.

“And that goes a long way in creating the atmosphere that I’m talking about,” Margotta said.

To help turn the garrison into an A Team, Margotta instituted a code of conduct and the Hawaii Garrison University last October.

The university focused on “building leaders, serving Soldiers,” while the code of conduct stressed the “Three P’s of Customer Service:” be Professional, Polite and Positive.”

“We need to do everything we can to make life in the garrison as positive ... as we can.”

— Col. Matthew Margotta  
U.S. Army Garrison-Hawaii

“I think we do that better here in Hawaii than anywhere else,” he said. “I’ve had the pleasure and the opportunity to serve this community for three years. I think we’ve made things a little bit better.

“The garrison may not be perfect,” the colonel added, “but we’ve made some great strides, such as providing premier customer service. I’ve thoroughly enjoyed serving the community.”

He said he’s looking forward to his new assignment as deputy commander/chief of staff at the Family Service Center at the Family and Morale, Welfare and Recreation Command, Fort Sam Houston, Texas.

“One thing I hope to bring when I go to FMWR Command is an understanding of what life is like at the grassroots level, what our Soldiers and families truly need from FMWR Command and the Army,” said Margotta. “We talk a lot about taking care of our Soldiers and families, resiliency, wellness.”

He said that while the Army offers a multitude of programs to its Soldiers and families, those programs are exactly what those Soldiers and families need.

“Having served the garrison’s Soldiers and families for three years at the installation level, I want to take that experience to the FMWR headquarters and have a different perspective,” he said.

“You can’t forget what we’re asking the Soldiers and families to do. The hard part is that after eight-and-a-half years of doing deployments and redeployments, I think you lose sight of how difficult that lifestyle is. It becomes the norm,” Margotta explained.



# 25th ID takes a field trip to learn preventive medicine skills

Story and Photo by  
**MASTER SGT. MIKE WETZEL**  
25th Infantry Division Public Affairs

WAHIAWA — Japan’s typical visitor to Hawaii will relax in the ocean and lay on the sands of Waikiki Beach, but two recent visitors were instead drawn to the water and dirt of Lake Wilson, here.

Capt. Justin Sprague and 1st Lt. Jaree Johnson came here from Camp Zama, Japan, to teach the finer points of deployment occupational and environmental health surveillance to deploying Soldiers of 2nd Brigade Combat Team, 25th Infantry Division.

After a couple days of classroom training, Sprague took his students on a field trip to nearby Lake Wilson, also known as Wahiawa Reservoir, to collect samples of water, soil and insects, just as Soldiers will do in Iraq when the brigade deploys this summer.

“A preventive medicine Soldier is expected to be a jack-of-



1st Lt. Karolyn Braun, left, environmental science officer with 29th Brigade Support Battalion, Hawaii Army National Guard, fills a water sample bottle with Spc. Kellon Belfon, preventive medicine specialist with 225th Brigade Support Battalion, 2nd Brigade Combat Team, 25th Infantry Division, during environmental surveillance training at Lake Wilson in Wahiawa, May 27.

all-trades,” said Sprague, head of field preventive medicine at Public Health Region Pacific.

“We work in the areas of air and water quality, industrial

hygiene, entomology, epidemiology, pest management, and a wide array of areas that can affect the health of our Soldiers,” he said.

Sprague and Johnson observed technique and offered advice to 2nd Lt. Jennifer Foreman, environmental science officer, 225th Bde. Support Bat-

talion, as she scooped dirt from the high ground above the lake, and to Spc. Kellon Belfon, a preventive medicine specialist from the same unit, as he bot-

tled water samples along the shore. Foreman and Belfon will provide preventative medicine support to all units across the Warrior Bde. in Iraq.

1st Lt. Karolyn Braun, environmental science officer of 29th Bde. Support Bn., Hawaii Army National Guard, also took part in the training.

Anyone watching the team at the lake, Foreman half-joked, would just say they’re “playing in the dirt.” The work of preventive medicine teams, however, is serious business, keeping Soldiers in the fight by detecting malaria, leishmaniasis and a host of other illnesses that can quickly spread through a fighting force.

“Every Soldier in the unit performs a vital function, and we need every single Soldier to be fit and ready to fight,” said Sprague.

Technical assistance visits like this one give subject matter experts the opportunity to share their knowledge with junior team members.



Capt. Shea Asis | 8th Military Police Brigade

## God speed

SCHOFIELD BARRACKS — Col. Byron Freeman, commander, 8th Military Police Brigade, wishes Staff Sgt. Kyle Daun, 58th MP Company, 728th MP Battalion, a safe deployment to the Philippines, May 29.

## News Briefs

Send announcements for  
Soldiers and civilian employees to  
[community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

### 12 / Saturday

**235th Army Birthday Commemoration** — Polish your shoes and dust off your blues for the U.S. Army-Pacific’s 235th Army Birthday Commemoration, June 12, at the Hilton Hawaiian Village in Honolulu.

The celebration is open to all active duty, National Guard, Reserve, Department of the Army civilians, contractors, family members, retirees and veterans.

For anyone wishing to remain overnight at the hotel, a reduced rate of \$149 is offered.

Entertainment includes the Army’s Strolling Strings Band, a DJ and US-ARPAC’s Noncommissioned Officer and Soldier of the Year. Visit [www.usarpac.army.mil/235birthday](http://www.usarpac.army.mil/235birthday).

### 14 / Monday

**Garrison Change of Command** — Col. Matthew Margotta commander, U.S. Army Garrison-Hawaii, will relinquish command to Col. Douglas Mulbury at Sills Field, Schofield Barracks, June 14, at 10 a.m.

The public is invited to the ceremony.

### 15 / Tuesday

**POSH** — Civilian employees and military and civilian supervisors need to attend mandatory Prevention of Sexual Harassment, No Fear Act and Equal Employment Opportunity training sessions. Call 655-9382.

Fort Shafter employee sessions are June 15, 8:30-9:30 a.m. or 1-2 p.m.; or June 16, 10-11 a.m. or 2:30-3:30 p.m., at the Hale Ikena.

Fort Shafter supervisor sessions are June 15, 10-11 a.m., or 2:30-3:30 p.m.; or June 16, 8:30-9:30 a.m. or 1-2 p.m., at the Hale Ikena.

Schofield Barracks employee sessions are at the Sgt. Smith Theater, June 24, 8:30-9:30 a.m. or 1-2 p.m.; or June 25, 10-11 a.m. or 2:30-3:30 p.m.

Schofield Barracks supervisor sessions are at the Sgt. Smith Theater, June 24, 10-11 a.m., or 2:30-3:30 p.m.; or June 25, 8:30-9:30 a.m. or 1-2 p.m.

### 17 / Thursday

**Preretirement Brief** — The semiannual preretirement orientation is June 17, 8-11:30 a.m., Soldier Support Center, Schofield Barracks, Building 750. This orientation is for Soldiers and spouses with 18 or more years of active service.

Representatives will answer individual questions following the briefing, including the Department of Veterans Affairs, Disabled American Veterans, the Hawaii Of-

fice of Veterans Services, the Social Security Administration, the Transportation Office, Defense Military Pay Office, Army Career and Alumni Program, Education Services, the Schofield Barracks Transition Center, and Tricare Health Benefits.

RSVP is required. Call 655-1585/1514.

### 18 / Friday

**715th MI Change of Command** — Lt. Col. Parker Pritchard, commander, 715th Military Intelligence Battalion, will relinquish command to Lt. Col. David Perrine at Sills Field, Schofield Barracks, June 18, at 10 a.m.

**DFAC** — Fort Shafter’s Paradise Haven Dining Facility will permanently close its doors after lunch, June 18.

**Road Closures** — Portions of Ayres Avenue, from Cadet Sheridan Road to Abbot Street on Schofield Barracks, will be closed for road resurfacing through June 18. Call 656-2473.

### 21 / Monday

**Second Career Marketing** — The Army Career and Alumni Program is sponsoring a “Marketing Yourself for a Second Career” seminar, June 21, 9-11:30 a.m., at the 8th TSC Conference Room, Fort Shafter.

SEE NEWS BRIEFS, A-6



# USARPAC Warrior Challenge tests physical, mental strength

**MASTER SGT. CHRISTINA BHATTI**  
U.S. Army-Pacific Public Affairs

SCHOFIELD BARRACKS — Six non-commissioned officers and five Soldiers representing major U.S. Army-Pacific commands gathered, here, June 7-11, to compete for the USARPAC 2010 NCO and Soldier of the Year.

The annual five-day competition pushed Soldiers and NCOs through a variety of challenges, both mental and physical, said Sgt. Maj. Alan Hatton, operations sergeant major, USARPAC.

The competition's goal was to find the best, most well-rounded Soldier and NCO in USARPAC.

Each participating command conducts its own version of the Warrior Challenge, and then selects representatives in both the NCO and Soldier categories. Winners then move forward to compete in USARPAC's annual challenge.

The competition consists of eight scored events, to include a written examination, an appearance in front of a command sergeants major board, M-4 carbine qualification, pre-combat inspections, a physical fitness test, day

and night land navigation, combatives and a variety of other warrior tasks.

Each competitor can earn up to 500 points based on his or her performance in each event.

Each year, USARPAC planners closely mirror the Department of the Army competition to best prepare the winners for the next level of competition.

"We try to mimic that competition as much as possible," said Sgt. 1st Class Carlos Flores Cotto, USARPAC future plans NCO and planner for Warrior Challenge 2010. "We get our guidance from DA and try to find resources to (manage the competition according to their guidelines)."

Mirroring the next level of competition makes the USARPAC competition more effective and better prepares winners, Cotto added.

Preparations for this competition vary from Soldier to Soldier, but for Spc. Roberto Maldonado, 94th Army Air and Missile Defense Command, curiosity played a big role in his preparations.

"You can't know the material from the book and only know that," Mal-

donado said. "That (however) provides a foundation and motivates me to start researching."

Research produced greater curiosity to find out more and learn more about the topics Maldonado was tested on.

"Before I knew it, I was ready for this competition, and I knew vital information I can apply here and later when I am in a leadership position," Maldonado added.

The contest reaches further than the Pacific. Cotto said the benefits to the Army are far reaching and long lasting.

"This competition sets the standard," Cotto said. "These Soldiers become role models for future Soldiers and leaders."

"I think that if everyone attempts (to be a role model), then it would benefit unit cohesion and Soldier standards," he continued. "It would overall make a better Army."

The winners from this year's competition will be announced Saturday at USARPAC's Army Birthday Commemoration celebration at the Hilton Hawaiian Village.



Spc.Jonathan Salinas, U.S. Army Japan, allows his weapon to be inspected by a range noncommissioned officer prior to participating in the weapons qualification event at the U.S. Army-Pacific 2010 Warrior Challenge weapon qualification event.



Photos by Spc. Jesus Aranda | 25th Infantry Division Public Affairs

Sgt. Colin Whyte, 2nd Brigade Combat Team, 25th Infantry Division, Schofield Barracks, aims his M-4 carbine assault rifle downrange during the U.S. Army-Pacific 2010 Warrior Challenge, Tuesday.



Sgt. 1st Class Alika Naluai, range noncommissioned officer in charge from 1st Battalion, 196th Infantry Brigade at Fort Shafter Flats, briefs competitors regarding range safety and procedure, Tuesday.



# Honouliuli: ACUB purchase helps protect endangered species

CONTINUED FROM A-1

lands program director, Trust for Public Lands, made Honouliuli one of her priorities when she joined TPL in 2006.

“So much kokua (help) went into this project,” Hong said, speaking of the care, assistance and cooperation of the many state, federal and private parties that contributed to the Honouliuli efforts.

TPL’s goal, to conserve land for public enjoyment and benefit, depends in large part on reaching out and forming partnerships.

In the case of Honouliuli, with a price tag of \$4.3 million, the Army and others played a key role in financing the purchase.

The Army contributed more than half of the purchase price at nearly \$2.7 million, via the Army Compatible Use Buffer program, or ACUB.

The U.S. Fish and Wildlife Service added more than \$627,000 to the pot, and the state’s Hawaii Legacy Land Conservation Fund rounded things out with more than \$982,000, according to a TPL release.

“From the Army’s perspective, what we’re about is a lot of things ... we’re about the mission, doing those things that we need to do to prepare our Soldiers for overseas contingency operations, but we’re also about the environment and our stewardship of the land that’s been entrusted to our care,” Tad Davis, deputy assistant secretary of the Army for Environment, Safety and Occupational Health, said in his remarks.

“We’re about community, working



Phil Spalding III | The Nature Conservancy

The 3,592-acre Honouliuli Forest Reserve is home to 39 threatened and endangered species, 16 of which are found nowhere else in the world.

together, collaboratively, with the many partners that are represented today, in a way that benefits us all,” Davis said.

More than 10 years ago, the Army took its first steps in developing and establishing the ACUB program in an effort to continue training while pro-

tecting the endangered red-cockaded woodpecker at Fort Polk, La., according to Dr. Paul Thies, chief, Environmental Planning Branch, U.S. Army Environmental Command.

Since that initial effort, the Army has used ACUB to preserve and protect more than 100,000 acres, nationwide.

Locally, the Army in Hawaii has used ACUB to help permanently protect Waimea Valley, the Pupukea-Paumalu coastal bluff, Moanalua Valley, and now, Honouliuli Forest Reserve, contributing more than \$10.3 million to preserve more than 10,000 acres on Oahu.

“What we’re doing here is extremely important to the Army mission,” Davis said.

“What we’re doing in essence is providing a protective boundary around, in this case Schofield Barracks, to prevent it from future development that might come up against the boundary of the installation and affect training,” he said.

“The other importance of Honouliuli, in particular, is the fact that there’s a lot of endangered species here that we’re helping to manage. There is a direct link between the work we’re doing at Honouliuli and the Army mission,” Davis added.

In order to conduct the various types of training Soldiers need, the Army follows management plans in accordance with the Threatened and Endangered Species Act.

The bottom line, if there are endangered species on an Army installation, the Army must take action to preserve these species.

In Honouliuli, the Army manages 16 threatened and endangered species and will continue to invest more than \$500,000, yearly, to manage these species so that Soldiers can continue to train in current Army training areas.

Honouliuli Preserve, itself, has been transferred to the Hawaii Department of Land and Natural Resources’ Division of Forestry and Wildlife.

The division will manage the area as a forest reserve for watershed and habitat protection, as well as community recreation and education.

## News Briefs

From A-4

An expert on transitioning from the military to civilian employment will present this seminar for service members and spouses. This lecture is presented annually and is up-to-date, hard-hitting and sharply focused, especially for those separating or retiring within three years or less.

E-mail [charlene.shelton@us.army.mil](mailto:charlene.shelton@us.army.mil) or call 655-8945.

**Road Construction** — Portions of Ayres Avenue, from Abbot Street to Waianae Avenue on Schofield Barracks, will be closed for road resurfac-

ing, June 21-30.

Bragg Street will temporarily be converted to a two-way street for residents of Patrick Henry Court, Thomas Jefferson Court and Betsy Ross Court. Call 656-2473.

### 24 / Thursday USAG-PTA Change of Command

— Lt. Col. Warline Richardson, commander, U.S. Army Garrison-Pohakuloa, will relinquish command to Lt. Col. Roland Niles at the Post Theater, Building 91, Pohakuloa Training Area, June 24, at 10 a.m.

## Ongoing

**Blue Star Card** — The Blue Star Card is a Family and Morale, Welfare and Recreation deployment discount card for spouses of deployed Soldiers. The cards offer spouses discounts

at FMWR facilities, activities and special events throughout the deployment. Visit [www.bluestarcardhawaii.com](http://www.bluestarcardhawaii.com).

**Army CID Recruiting** — Interested in becoming a special agent with the U.S. Army Criminal Investigation Command? Visit [www.cid.army.mil](http://www.cid.army.mil) or call 655-1989.

**Military OneSource Counseling** — Military OneSource offers nonmedical behavioral health counseling sessions for service members and their families.

The counseling sessions apply to face-to-face counseling through affiliate providers and telephone and online consultations.

Visit [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com) or call 800-342-9647.

**Special Forces Recruiting** — If you have an interest in joining the Army’s Special Forces, visit the Special Forces

Recruiting Team, building 2082, Schofield Barrack or call 655-4397/5809.

**ACAP Briefings** — Visit the Army Career and Alumni Program to learn if you are good to go with a preseparation briefing or job assistance workshop at the Soldier Support Center, building 750, Room 134, on Schofield Barracks.

Hours are 7:30 a.m.-4 p.m. Call 655-1028 or visit [www.acap.army.mil](http://www.acap.army.mil).

**Commanders Referral Program** — Army Emergency Relief offers a training course for commanders and first sergeants, who can approve up to \$1,000 of basic living expenses.

Classes are held on the fourth Wednesday of the month, 9-9:30 a.m., at Army Community Service, building 2091, Schofield Barracks. Call 655-4227.

**Found Property** — The Provost Marshal Office has recovered personal property items. Call 655-8255 to claim belongings of Soldiers or family members on Schofield Barracks and Fort Shafter. The found items include unregistered bicycles. Call 655-8255.

**Motorcycle Safety Program** — U.S. Army Garrison-Hawaii has training classes on creating and managing a unit motorcycle safety program and “train as you ride” programs. E-mail [william.n.maxwell@us.army.mil](mailto:william.n.maxwell@us.army.mil) or call 655-6746.

**Deployed OCIE Turn-in** — Soldiers and redeploying personnel can turn in organizational clothing and equipment to in-theater Central Issues Facilities, if, within 60 days of returning to home-station, they have a permanent change of station or expiration of term of service.



# ‘Broncos’ showcase culinary prowess in Army Iron Chef contest

Story and Photos by  
**Spc. JAZZ BURNLEY**  
3rd Brigade Combat Team Public Affairs,  
25th Infantry Division

SCHOFIELD BARRACKS — On the popular television show “Iron Chef” each week, chefs from across America face off against one another to showcase their creative culinary skills.

In a similar fashion, food service Soldiers of the 3rd Brigade Combat Team, “Broncos,” 25th Infantry Division, competed in the brigade’s rendition of the Iron Chef competition, here, June 2.

Given only a basketful of veggies, fresh fruit, various seasonings and a secret ingredient to include in all four dishes, six teams, comprised of two food service Soldiers each, from each of 3rd BCT’s battalions, used their artistic food preparation style to become the brigade’s Iron Chef.

Requirements for the competition challenged Soldiers to create four dishes, which included an appetizer, a soup, a salad and a main entrée of choice — all having to meet the stipulation of including a secret ingredient revealed on the day of the competition.

Soldiers were judged by six senior leaders of the brigade, using criteria such as presentation, taste and texture of each dish.

“We are showcasing food service specialist skills other than the ordinary dining facility cooking,” said Chief Warrant Officer Tomika Saunders, food service technician with Headquarters and Headquarters Com-



Spc. Jeanna Lee and Spc. Eric Tariado, both food service specialists in Company G, 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, work together to create a salmon dish with a secret ingredient of honey during the brigade’s “Iron Chef” competition, June 2.

pany, 3rd BCT. “Soldiers are being able to showcase their creativity, imagination and special skills.”

The competition took place under two large tents in an open field in

front of the brigade headquarters.

“Other than coming into the dining facilities, a lot of people don’t see what these Soldiers do and have no clue of what is done on a daily basis,”

### Bronco’s Iron Chefs

- 1st Place: Spc. Misty Jackson, 325th Brigade Support Battalion
- 2nd Place: Spc. Jeanna Lee, 2nd Bn., 27th Infantry Regiment
- 3rd Place: Spc. Nephathiah King, 2nd Bn., 35th Inf. Regt.

said Sgt. 1st Class Johnnie Bennett, assistant dining facility manager, Company G, 2nd Battalion, 27th Inf. Regiment, 3rd BCT. “This gives the Soldiers themselves the opportunity to truly show their versatility and expertise to the brigade.”

Six long tables representing the battalions of the brigade were set directly adjacent each other, all with the same basic equipment and food items, which included portable two-burner stoves, blenders, cooking utensils, and the chef’s choice of meat.

A time limit of 15 minutes was given for each team to present each food category.

The contest gave Soldiers the opportunity to think outside of the box, exercise their artistic ability and enhance the meals they prepare for other Soldiers in the dining facilities, said Sgt. Robert Nixon, a noncommissioned officer in food service, Co. G, 3rd Bn., 7th Field Artillery, 3rd BCT.

On the day of the competition, the secret ingredient, honey, was introduced.

“Honey has to be used in the cooking process in every part of every meal. Using an obscure ingredient



Spc. Misty Jackson and Spc. Stoney Morris, food service specialists with the 325th Brigade Support Battalion, stand posed after being announced as the 3rd Bde. Combat Team, 25th Infantry Division’s “Iron Chef” during the brigade’s rendition of the popular television show, June 2.

such as honey in every dish is difficult, so this is truly challenging them to think outside the box,” said Nixon.

The contest was the second Iron Chef competition the brigade has held, the first being was during the brigade’s recent deployment to Iraq.

Soldiers who were unable to compete in that competition received an opportunity to compete this time around, Nixon explained.

# SMA: Preston says leadership education is integral to resiliency

CONTINUED FROM A-1

ment, such as mental health concerns, can be remedied through use of Army programs for mental and physical fitness.

“Our leaders want to build strength and resiliency before problems surface, and we do that with the Army Comprehensive Soldier Fitness Program,” Preston said.

The Army Comprehensive Soldier Fitness Program focuses on strengthening five separate, yet related, dimensions of a Soldier’s health to provide a “complete” fitness level: physical, so-



Preston

cial, emotional, spiritual and family.

Reinforcing the ACSFP is a Global Assessment Tool to help identify any deficiencies in a Soldier’s five dimensions of mental health prior to and after deployment.

“The Army wants every service member and family member to take the Global Assessment Tool, once a year, so they can determine what their

weaknesses and strengths are on the five dimensions of fitness, so they can improve themselves,” Preston said. “The GAT helps you see yourself, and over time, shows you the changes in yourself.”

Equally important to the complete fitness of Soldiers, according to Preston, is educating leaders about the importance of resiliency.

“A master resilience trainer is a subject matter expert who helps service members change how they look at problems and challenges,” said Preston.

“The Army offers a master resiliency training

course – a 10-day course – which teaches senior noncommissioned officers the resiliency principles to come back and teach other noncommissioned officers and Soldiers,” he explained.

With the continued effort of Army leaders on the many aspects of Soldiers’ health, Preston hopes the complete fitness of Soldiers will continue to improve, despite the conditions in which they may serve.

“We want a Soldier to come back stronger having faced adversity in combat, and we want to do the same thing with the other aspects of fitness,” Preston said.



U.S. Army Garrison-Pohakuloa is home to the Natural Resources Office, which works to preserve and protect endangered species.





Today

**Day Camps** – School Age Services has summer day camp through July 30, Monday-Friday, 5:30 a.m.-6 p.m., at Schofield Barracks, 655-5314; Helemano Military Reservation, 653-5314; Aliamanu Military Reservation, 653-0717; and Fort Shafter, 438-1487.

**Blue Star Card** – Register for Blue Start Card events by June 11, like the Big R: Paint-a-Rita, June 18, 6-8 p.m., at the Schofield Barracks Arts and Crafts Center, or the Piliiaau Army Recreation Center Beach Day, June 22, 8:30 a.m.-2:30 p.m. Call 655-0002 or e-mail Sarah.Chadwick@us.army.mil.

12 / Saturday

**Kids Movie Marathon** – Come to an island-themed children's movie marathon at Sgt. Yano Library on Schofield Barracks, June 12. The marathon starts at 11 a.m. with "Surf's Up," Watch "Lilo and Stitch" at 1 p.m., and finish out the day with "Swiss Family Robinson" at 3 p.m. Call 655-8002.

15 / Tuesday

**Ronald McDonald** – Ronald McDonald wants to read to, sing to and put a smile on children's faces at 3 p.m., at Fort Shafter Library, June 15; Sgt. Yano Library on Schofield Barracks, June 16; or Aliamanu Library, June 17. For additional library events, call Fort Shafter at 438-9521, Aliamanu at 833-4851 and Sgt. Yano at 655-8002.

**Fort Shafter Thrift Shop** – The Fort Shafter Thrift Shop is closed for renovations through June 15. Consignments will be accepted by calling 842-1074. The Fort Shafter Thrift Shop will reopen after June 15 with normal business hours, Tuesdays and Fridays, 9 a.m.-1 p.m., and Thursdays, 2 p.m.-6 p.m. The Thrift Shop will also be closed for a summer break from June 29-July 13.

16 / Wednesday

**Hawaiian Food Workshop** – Participate in a free Native Hawaiian Food Workshop, 5:30-7:30 p.m., Army Community Service, Building 2091, Schofield Barracks. This workshop is a great way to familiarize yourself with local cuisine, while at the same time, learn more about the Native Hawaiian culture. Visit June 16 for poke, lomi lomi salmon; June 23 for Hawaiian desserts and other side dishes; and June 30, for ethnic dishes typically found in Hawaii. E-mail nhliaison@gmail.com or call 655-9694.

17 / Thursday

**Texas Hold-Em** – Join the poker tournament June 17, 6 p.m., at the Nehelani, Schofield Barracks. Play for a



Benjamin Faske | Army News Service

Angela Schoffstall, left, a visual information specialist, and Donna McGrath, sports and fitness program manager for Child, Youth and School Services, both of the Army Family and Morale, Welfare and Recreation Command, display marketing materials for the Army's 235th birthday this year. Schoffstall illustrated and McGrath co-wrote the book entitled "Happy Birthday U.S. Army."

# Keiki's books celebrate Army birthday

DONA FAIR

Army News Service

SAN ANTONIO – As the Army prepares to celebrate its 235th birthday, three women have taken the broad theme of the Army's long tradition and history and transformed it into a series of books designed for children.

The Army Family and Morale, Welfare and Recreation Command has sponsored a third in a series of children books titled "Happy Birthday U.S. Army," to help children understand the importance of what their parent or parents do in the Army.

Each of the three books has a centralized theme written by Donna McGrath, sports and fitness program manager for Child, Youth and School Services, and Mary Ellen Pratt, Army Youth Services, and illustrated by Angela Schoffstall, a visual information specialist for FMWRC.

The first book chronicled the Army's history from the Revolutionary War all the way to present-day Soldiers, including the Civil War, the history of the Buffalo Soldiers and women entering into the armed services.

The second book is entitled "Sam the Army Dog" and chronicles the life of Sam, who belongs to an Army family and dreams about someday becoming an Army dog.

This year's book is really a culmination of both books; it's been redesigned to show a patriotic look.

"Since the stories were from a child's point of view, the books should look like a child had drawn the story, so that's how it all kind of started," said Schoffstall. "I wanted the children to want to pick up the book. I wanted them to be colorful and to take a little history of the Army and help them to understand what their mother, father, brother or sister might do in the Army."

"Angela did a wonderful job illustrating the book this year, because it includes illustrations from the last two years of birthdays the Army has celebrated throughout the world," said McGrath. "This year we specifically men-

chance to win cash against the players in the Army family. Call 655-5698.

**Ka Olelo Hawaii** – Attend this free Hawaiian language workshop at the Sgt. Yano Library, June 17, 5:30-7 p.m.

Join the Office of the Native Hawaiian Liaison in a fun way to learn about the Hawaiian culture, a few phrases and how to pronounce long street names. E-mail nhliaison@gmail.com or call 655-9694.



All three books are available online at [www.myarmyonesource.com/ChildYouthandSchoolServices/ArmyBirthday/default.aspx](http://www.myarmyonesource.com/ChildYouthandSchoolServices/ArmyBirthday/default.aspx) or at local Child, Youth and School Services centers.

tioned the National Guard and Army Reserve because we wanted to be all inclusive."

While the books are aimed primarily for children, McGrath is hopeful the books will help others see that the Army cares about military families and military youth.

"We want to ensure that our children in our child development centers know that the Army cares about them," she said. "It is important to recognize that Soldiers are moms and dads. We have so many Soldiers deploying right now that children want to know what their parents are doing when they are deployed. They want to know that they are still in touch with their parents."

"We had parents who were deployed reading our books on video," McGrath continued. "It really brings the families together. Although they are separated, they can be together for a short time even though it is through a videotape."

During this year's celebration of the Army birthday, many members of the Army's senior leadership, including the Secretary of the Army, will be reading the final book to children around the world.

"I think the premise for all three renditions of the book is to show that Army leadership cares about the Army families," said McGrath. "They know that Army families are resilient and strong, and that even though there have been many deployments for many parents, the children and families will survive."

18 / Friday

**Family Fun Friday** – Join other families for fun, games and prizes, June 18, 4 p.m., at Richardson Pool, Schofield Barracks. Call 655-5798.

18 / Friday

**Cub Scout Day Camp** – Boys ages 6-10 are invited to experience Cub Scout Day Camp, June 18, 2-7 p.m. or June 19, 11 a.m.-5 p.m., at Camp Pupukea on the North Shore.

Activities include archery, horses, water balloons, slingshots and BB guns. Cost is \$30 for both days. Boys don't need to be a member of a Cub Scouts Pack to participate and walk-ins are welcome.

Call 347-2581, visit [www.AlohaCouncilBSA.org](http://www.AlohaCouncilBSA.org) or e-mail [camp\\_crazy@hawaii.rr.com](mailto:camp_crazy@hawaii.rr.com).

**Dinosaurs** – It's the invasion of the dinosaurs! Pearlridge Center's Uptown and Downtown Center Courts will be overrun with animatronic dinosaurs and other free activities, June 18-Aug. 15.

The Pearlridge Safari Train will take youngsters on a reptile adventure amidst oversized flora, creepy fauna and huge boulders for a nominal fee. A Safari Activity Passport will provide educational information for all activities and may be turned in for weekly prizes.

19 / Saturday

**Dinner and a Movie** – Join an evening of good fun for children and adults at Barbers Point Riding Club with dinner and the film "Avatar," June 19. Dinner will be grilled hot dogs and chili dogs along with chips, brownies and nonalcoholic beverages at 6:30 p.m. The movie will be shown at 7:30 p.m. Bring lawn chairs or blankets.



Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

Today

**Military Admission** – This Kamehameha Day, Bishop Museum admission will be waived for kamaaina and military visitors, June 11, in recognition of the community, which has shown incredible support of Bishop Museum programs and exhibits. The museum is open 9 a.m.-5 p.m. Visit [www.bishopmuseum.org](http://www.bishopmuseum.org) or call 847-3511.

12 / Saturday

**Portuguese Day** – Hawaii's Plantation Village is hosting Portuguese Day on the Plantation, June 12, 10 a.m.-3 p.m., in Waipahu. This one-day cultural event highlights the music, food and culture of Portuguese people in Hawaii. Visit [www.hawaiiplantationvillage.org](http://www.hawaiiplantationvillage.org).

**Piano Festival** – Come hear the music during concerts, competitions, recitals, classes and workshops of the Aloha International Piano Festival at the Hawaii Convention Center, June 12-19. Visit [www.alohapianofestival.com](http://www.alohapianofestival.com).

**When Elmo Grows Up** – Tickets are on sale for the "Sesame Street Live" production that asks, "What do you want to be when you grow up?" June 12-20, at the Blaisdell Concert Hall, Honolulu.

## Upcoming

### Watch for the upcoming Live Garrison TV Town Hall



Due to equipment malfunctions caused by recent power outages, the garrison was, yet again, unable to conduct the live TV town hall, Thursday (June 10), but the command is actively working to fix equipment problems and finding a viable solution.

Post residents and employees are asked to continue to submit questions for U.S. Army-Hawaii senior leaders to answer during the forthcoming live town hall.

Send questions to either of these addresses:  
•AsktheCommander.USAGHI@us.army.mil or  
•Twitter.com/USAGHI.

Call 591-2211 or visit [www.sesamestreetlive.com](http://www.sesamestreetlive.com).

13 / Sunday

**POW Testimonial** – Come hear Jerry Coffee, a retired Navy captain, talk about his experience as a prisoner of war for seven years in North Korea. This event is June 13, 9 and 10:30 a.m., at Mauka Lani Elementary School cafeteria on Panana Street in Makakilo. Call 285-5135 or visit [www.gbck.org](http://www.gbck.org).

15 / Tuesday

**Prayer Group** – A prayer group for deployed Soldiers meets at the Schofield Main Post Chapel, June 15, 11:30 a.m., or June 16, 8 a.m. The group focuses on the spiritual aspect of supporting deployed Soldiers and their families. Call 655-9355/9307 or e-mail [sunny.i.chung@us.army.mil](mailto:sunny.i.chung@us.army.mil) or [schofieldprayerline@yahoo.com](mailto:schofieldprayerline@yahoo.com).

**PWOC Fellowship** – Protestant Women of the Chapel invites you to

drop-in Fellowship Day, June 15, 9-11:30 a.m., at the Kalakaua Community Center. Bring a snack, your kids and a friend. E-mail [schofieldpwoc@gmail.com](mailto:schofieldpwoc@gmail.com).

16 / Wednesday

**Author Meet-n-Greet** – Come to Hale Kula Elementary School, June 16, 11:30 a.m.-1 p.m., to hear from Rosanne Parry, author of "Daddy's Home" and "Heart of a Shepherd." Her current book follows an 11-year-old who is taking on many new responsibilities at his grandparents' ranch while his dad is deployed in Iraq. Parry will describe her writing process, answer questions, read from her book and lead families in a creative writing activity. E-mail [halekulalib@gmail.com](mailto:halekulalib@gmail.com).

17 / Thursday

**Summer Concerts** – The Waikiki Aquarium will host oceanside concerts, June 17; July 1, 15 and 29; and Aug. 12. Aquarium doors open at 5:30 p.m.; concerts are 7-8:30 p.m. Aquarium galleries and exhibits will



Additional religious services, children's programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel  
FD: Fort DeRussy Chapel  
FS: Fort Shafter Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD  
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Friday, 9 a.m. at AMR  
•Saturday, 5 p.m. at FD, TAMC and WAAF chapels  
•Saturday, 6 p.m. a Hawaiian-style Mass (May-Aug. only) near the Army Museum (FD)  
•Sunday services:  
-7:30 a.m. at WAAF  
-8 a.m. at AMR  
-10:30 a.m. at MPC Annex  
-11 a.m. at TAMC  
•Monday-Friday, 12 p.m. at MPC and TAMC

Gospel Worship

•Sunday, 12 p.m. at MPC  
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex  
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

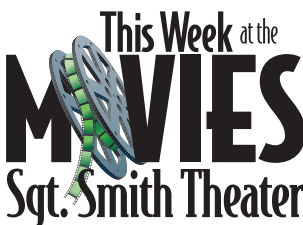
•Monday, 6 p.m. at PH (Bible Study)  
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at MPC Annex

Protestant Worship

•Sunday Services  
-9 a.m. at FD, FS, MPC and TAMC chapels  
-9 a.m. at WAAF chapel, Lutheran/Episcopalian  
-10 a.m. at AMR and HMR



Call 624-2585 for movie listings or go to [aaafes.com](http://aaafes.com) under reeltime movie listing.



### A Nightmare On Elm Street

(R)  
Fri., June 11, 7 p.m.  
Sat., June 12, 7 p.m.  
Thur., June 17, 7 p.m.

Furry Vengeance

(PG)  
Sat., June 12, 4 p.m.  
Sun., June 13, 2 p.m.



### Losers

(PG 13)  
Wed., June 16, 7 p.m.

No shows on Mondays or Tuesdays.



# Hawaii residents urged to prepare now for hurricane season

Red Cross has tips on getting a kit, making a plan, staying informed

**MIKE EGAMI**  
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — The hurricane season, which runs from June 1 through Nov. 30, requires all residents to be vigilant and prepared for the worst.

It's important to prepare individuals, families and communities before disaster strikes, so that everyone can learn ways to stay safe during the annual hurricane season.

The Red Cross readiness campaign focuses on three easy steps: get a kit, make a plan and be informed.

•First, get a kit.  
Due to the isolation of Hawaii, the Red Cross encourages all families to be prepared with enough supplies for five to seven days.

Supplies should be kept in an easy-to-carry emergency preparedness kit that can be used at home or taken along in case of evacuation.

The kit should include emergency medications; nonperishable food; a manual can opener; one gallon of bottled water, per person, per day; a battery-powered radio; a flashlight and extra batteries; bedding; clothes; copies of important documents; cash; a first-aid kit; basic household tools; and other special items for infants, pets and elderly or disabled family members.

•Then make a plan.  
Meet with all family members to make a plan and discuss how to prepare and respond to emergencies that are most likely to happen at home, school or work. Identify responsibilities for each member of the household and plan to work together as a team.

A family communications plan is also necessary; each household member should know how to reconnect with the family. Be sure to

also make advance preparations for any pets or people with special health needs.

Prepare an evacuation plan that identifies two places to go if told to evacuate, one within and one outside the neighborhood, like a friend's home or a shelter.

Store all emergency information on a card that can fit into a wallet. The card should contain each household member's work, school and cell phone numbers.

In addition, this card should contain the two meeting places and a contact number for someone out of the state.

An out-of-state contact may be needed if local phone lines are overloaded or out of service during an emergency. Sometimes, sending a text message or calling long distance to this central contact person may be accomplished easier during an emergency.

•Finally, always stay informed of the current and future situation.

Get a good map and be familiar with the community's inundation zones. Listen to local media or National Oceanic and Atmospheric Administration broadcasts for the latest storm conditions.

If advised to evacuate, do so immediately. If evacuating to a Red Cross shelter, bring the family disaster supplies kit.

Keep listening to the radio for Civil Defense announcements that state which shelters are open.

If anyone relocates after a major disaster and has not been able to reconnect with family, he or she can register at [www.redcross.org](http://www.redcross.org) or call 866-GET-INFO (866-438-4636) to register on the "Safe and Well" website, which informs family and friends of whereabouts and reconnection plans.

For more information about hurricane preparedness, contact the Hawaii Chapter of the American Red Cross at 739-8114, or visit [www.hawaiiiredcross.org](http://www.hawaiiiredcross.org).

## Emergency Shelters

### At Schofield Barracks

•A Quad — 500th Military Intelligence Brigade  
#1 Bldg. 130  
#2 Bldg. 131  
Location: Corner of Waianae and A roads  
Housing Communities: Canby and Solomon

•B Quad — 2nd Brigade Combat Team  
#3 Bldg. 155  
#4 Bldg. 156  
#5 Bldg. 157  
#6 Bldg. 158  
Location: Corner of Waianae Avenue and Jecelin Street  
Housing Communities: Canby and Solomon

•C Quad — 3rd BCT  
#7 Bldg. 355  
#8 Bldg. 357  
Location: Corner of Foote Avenue and Flagler Road  
Housing Communities: Canby and Solomon

•D Quad — 3rd BCT  
#13 Bldg. 550  
#14 Bldg. 551  
#15 Bldg. 552  
#16 Bldg. 549  
Location: Corner of Waianae Avenue and Heard Street  
Housing Communities: Canby and Solomon

•F Quad — 3rd BCT  
#17 Bldg. 649  
#18 Bldg. 650  
Location: Corner of Waianae Avenue and Lewis Street  
Housing Communities: Hamilton I, II and Sante Fe

•45th Sustainment Brigade  
#22 Bldg. 881  
Location: Corner of Cadet Sheridan and Menoher roads  
Housing Communities: Hamilton I, II and Sante Fe

•25th Special Troops Battalion  
#24 Bldg. 3004  
Location: Lyman Road  
Housing Communities: Porter and Kalakaua

•2nd BCT  
#25 Bldg. 2086  
#26 Bldg. 2087  
Location: Corner of Flagler and Aleshire roads  
Housing Communities: Porter and Kalakaua

•2nd BCT  
#27 Bldg. 2088  
#28 Bldg. 2089  
Location: Corner of Flagler and Aleshire roads  
Housing Community: Solomon

### At Wheeler Army Airfield

•25th Combat Aviation Brigade  
#1 Bldg. 844  
Location: 1055 Santos Dumont Ave.  
#2 Bldg. 835  
Location: 1735 Wright Ave.  
#3 Bldg. 100  
Location: 400 Block Latchum Rd.  
Housing Community: Wheeler

### At Helemano Military Reservation

•45th Sustainment Brigade  
#1 Bldg. P1  
Location: 173 Romero Rd.  
#2 Bldg. 25  
Location: 441 Romero Rd.  
#3 Bldg. 300  
Location: 100 Romero Rd.  
Housing Community: Helemano

### At Fort Shafter

•500th Military Intelligence Brigade  
#1 Bldg. 665  
Location: Fitness Center  
Housing Community: Aliamanu Military Reservation and Red Hill

•94th Army Air and Missile Defense Command  
#2 Bldg. 660  
Location: Bowling Alley  
Housing Community: AMR

•U. S. Army-Pacific Special Troops Battalion  
#3 Bldg. 500  
Location: Richardson Theatre  
Housing Community: Red Hill

•516th Signal Brigade  
#4 Bldg. 1292  
Location: Tunnel  
Housing Communities: Fort Shafter and AMR Rim

### At Tripler Army Medical Center

•TAMC  
#5 Bldg. 300  
Location: Fitness Center  
Housing Communities: Tripler and AMR Rim

# Army uses one portal-of-access for counseling services, support

Military OneSource applies concierge concept to its referral network of programs for service members

**MIKE EGAMI**  
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — Soldiers and family members in Hawaii are now able to contact counselors at Military OneSource through a single portal-of-access.

The service provides access to confidential resources and referral support for military members and their families to improve the quality of their lives.

The single portal-of-access program is designed to guide a person to the most appropriate resources available on Oahu.

It provides immediate referrals of current services based on the individual's needs.

One could compare the service to a hotel concierge wherein appropriate services are referred and recommended individually to guests.

This concierge concept at Military OneSource might refer a person to the Schofield Barracks Health Center, Tripler Army Medical Center, Army Community Service or any number of service organizations on the referral list.

The services offered by trained professionals may include face-to-face counseling, online counseling, adult disabilities support and/or short-term health and welfare solutions.

The Military OneSource website offers other popular resources, including a monthly newsletter and a monthly communication plan, which is a popular interactive program.

The monthly activities calendar lists is loaded with fun activities and insightful information for the entire family, including summer



Call 800-342-9647 or visit [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com) to contact a counselor, 24 hours a day, seven days a week.

vacation and travel planning, consumer awareness, change management, education, domestic violence awareness and holiday stress management.

The single portal-of-access program is just one of several community service provider programs supported by Pohai Pulama, or the Caring Circle.

In Pohai Pulama, key leaders in the Army family and the community come together to share information and work together to improve the wellness and resiliency of Soldiers and families.

They are committed to continually assessing the needs of Soldiers and families to bring more services to the forefront and make them more

convenient, user-friendly and interactive.

Some of the local services recommended by Pohai Pulama include the Military and Family Life Consultant Program, which provides non-medical, short-term problem-solving counseling services that address issues from deployments and reintegration; Army Community Service programs, personal financial counselors; child and youth behavioral consultants; and Family Strong and chaplain services.

These are only a partial list of services and programs available to military families.



# Commissary stocks supplies for survival

**DEFENSE COMMISSARY AGENCY**  
News Release

FORT LEE, Va. — Weather forecasters are predicting an unusually active hurricane season, especially for the U.S. Atlantic and Gulf coasts.

However, patrons in the Pacific area still need to ask themselves if they are prepared.

That's the question the Defense Commissary Agency is asking its customers as it advises them to make sure they have enough supplies to withstand a potential disaster.

"We are asking our customers to check the emergency supplies in their households, so that they're ready for any event, whether it's a natural or man-made disaster," said Tom Milks, DeCA deputy director and chief operating officer.

"As they take stock, we want them to remember that most of what they'll need is available at their commissary at savings of 30 percent or more," Milks added.

DeCA's 2010 summer club pack program, running from July 1-Sept. 30, features products that meet the seasonal needs of commissary customers.

The program also includes products appropriate for hurri-



Visit [www.commissaries.com/disaster\\_prep.cfm](http://www.commissaries.com/disaster_prep.cfm) or [www.nhc.noaa.gov/HAW2/english/disasterprevention.shtml](http://www.nhc.noaa.gov/HAW2/english/disasterprevention.shtml) for tips on creating a disaster supply kit.

cane preparedness: food and beverages that don't require refrigeration, flashlights, lanterns and emergency candles.

This section of items will be

displayed in stores through Oct. 31.

Commissaries are also offering summer water truckload events to help customers stock up.

## Shopping List

Stock up enough supplies for each person for three to seven days, including the following:

- Water, at least 1 gallon, daily, per person.
- Nonperishable and high-energy food, like canned meats, fruits and vegetables; foods for infants and the elderly; and dried fruits, nuts, raisins, granola, peanut butter, crackers, cereal, cookies and energy bars.
- Paper goods, such as plates, towels, napkins and toilet paper.
- Cooking items, like charcoal, and a manual can opener and utensils.
- A first-aid kit, medicines and prescriptions.
- Liquid bleach, hand soap, sanitizing spray, toiletries, hygiene items and moisture wipes.
- Trash and resealable bags.
- A flashlight, batteries, candles and matches.





558th Military Police Company Courtesy Photo

## 558th MPs run in sand, sun

AL ASAD, Iraq — More than 150 members of the 558th Military Police Company, 728th MP Battalion, 8th MP Brigade, 8th Theater Sustainment Command, participate in the Troy Barboza Law Enforcement Torch Run for Special Olympics, here, recently. Second only to the Honolulu Police Department, the Watchdog Brigade raised more than \$10,000. The event was organized by HPD to build awareness and raise money for Hawaii Special Olympics. The Law Enforcement Torch Run for Special Olympics started 25 years ago in Wichita, Kansas, when the police chief, there, saw a need to raise funds for Special Olympics. His idea was to have local law enforcement run with a torch in intrastate relays that converged at their local Summer Games, therefore building a positive relationship with communities, the police and Special Olympics. In Honolulu, the Torch Run is named in honor of fallen HPD Officer Troy Barboza, who spent countless hours volunteering with Special Olympics. “Where else are you able to run through downtown Waikiki, at night, with a whole bunch of people cheering you on and shaking your

# 8th MPs promote hope, raise awareness in Torch Run

**CAPT. SHEA A. ASIS**  
8th Military Police Brigade Public Affairs,  
8th Theater Sustainment Command

FORT DERUSSY — Members of the 8th Military Police Brigade participated in the Troy Barboza Law Enforcement Torch Run for Special Olympics, here, recently.

Second only to the Honolulu Police Department, the Watchdog Brigade raised more than \$10,000.

The event was organized by HPD to build awareness and raise money for Hawaii Special Olympics.

The Law Enforcement Torch Run for Special Olympics started 25 years ago in Wichita, Kansas, when the police chief, there, saw a need to raise funds for Special Olympics.

His idea was to have local law enforcement run with a torch in intrastate relays that converged at their local Summer Games, therefore building a positive relationship with communities, the police and Special Olympics.

In Honolulu, the Torch Run is named in honor of fallen HPD Officer Troy Barboza, who spent countless hours volunteering with Special Olympics.

“Where else are you able to run through downtown Waikiki, at night, with a whole bunch of people cheering you on and shaking your

hand?” asked Master Sgt. James Meyers, 8th MP Bde. senior career counselor.

Meyers is a three-time runner of the event, and said, “It was a good event, for a good cause, and a lot of people showed up.”

The route took the runners from Fort DeRussy through Waikiki and finally ended at the Les Murakami Baseball Stadium, where Special Olympics officially opened the Summer Games.

Crowds in the packed stadium cheered as the brigade and Special Olympics athletes ran around the field. The HPD chief of police lit the torch, which signifies good sportsmanship and the opening of the games.

Deployed Soldiers from the 558th Military Police Company simultaneously supported the event from Iraq, and they wore their Torch Run T-shirts while running the same distance as their counterparts in Honolulu.

“The 8th Military Police Brigade looks forward to continuing its tradition of running the event again next year and for years to come,” said Meyers.

Special Olympics shows the community the true meaning of sportsmanship and a joy towards life. The program reaffirms the belief that — with hope, love and dedication — any individual can see and realize achievement and self-worth, said Myers.

# Motorcyclists need to know how to prepare for, ride safely in a group

Part two of the series has riding tips

**U.S. ARMY COMBAT  
READINESS/SAFETY CENTER**  
News Release

Motorcycling is primarily a solo activity, but for many riding as a group — whether with friends on a Sunday morning or with an organized motorcycle rally — a group ride is the epitome of the motorcycling experience.

Before revving a bike’s throttle, however, motorcycle riders need to be well-informed about many aspects of motorcycle equipment, safety and sharing the road, whether riding solo or in a group.

The Motorcycle Safety Foundation’s has compiled tips to ensure a fun and safe group ride in its “Guide to Group Riding.”

Among tips, the guide states motorcyclists should arrive prepared and on time with a full gas tank.

The group should hold a riders’ meeting to discuss things

like the route, hand signals and rest and fuel stops, and during the meeting, a lead and sweep or tail rider should be assigned.

Both positions should be experienced riders who are well-versed in group riding procedures. The leader should assess everyone’s riding skills and the group’s riding style.

The group should be a manageable size, ideally five to seven riders. If necessary, the group should be broken into smaller sub-groups, each with a separate lead and sweep rider.

At least one rider in each group should pack a cell phone, first-aid kit and full tool kit, so the group is prepared for any problem that it may encounter.

Groups should ride in a formation, too. The staggered riding formation allows for a proper space cushion between motorcycles, so each rider has enough time and space to maneuver and react to hazards.

In a staggered ride, the leader rides in the left third of the lane, while the next rider stays at least one second behind in

the right third of the lane. The rest of the group follows the same pattern.

A single-file formation is preferred on a curvy road, under conditions of poor visibility, on poor road surfaces, entering or leaving highways or in other situations where an increased space cushion or maneuvering room is needed.

Groups should avoid side-by-side formations as they reduce the space cushion. If a motorcyclist suddenly needed to swerve to avoid a hazard, there would not be room to do so without handlebars getting entangled.

While riding in a group, everyone should periodically check on riders following behind by looking in the rear-view mirror.

If a rider is falling behind, slow down, so he or she can catch up. If all the riders in the group use this technique, the group should be able to maintain a fairly steady speed without pressure to ride too fast to catch up.

If a motorcyclist is separated

from the group, don’t panic. The group should have a pre-planned procedure and location in place to regroup.

Don’t encourage riders to break the law or ride beyond their skills to catch up with the group.

For mechanical or medical problems, pull over and use a cell phone to call for assistance as the situation warrants.

Following all these tips will help ensure each rider arrives at the selected destination, as well as back home, safe and sound.

Making good choices and

following rules of the road will help prevent the tragic and fatal consequences experienced by riders in part one of this series.

*(Editor’s Note: Part One was featured in the June 4, 2010, edition, page A-7.)*

Soldiers from the 2nd Brigade Combat Team, 25th Infantry Division, prepare to embark on an quarterly, 80-mile organized motorcycle ride circling Oahu, known as Pacific Thunder.

**Spc. Jesus J. Aranda** | 25th Infantry Division Public Affairs File Photo



8th Theater Sustainment Command’s softball team, G-Force, breaks huddle after a pep talk with Chief Warrant Officer Carlos Martinez and Maj. Eddie Santiago after losing a game, June 2.

# 8th TSC’s G-Force takes hit

Martinez bids farewell to team members before deployment

Story and Photo by  
**SGT. PHILLIS WHITE**

8th Theater Sustainment Command Public Affairs

FORT SHAFTER — As the 8th Theater Sustainment Command’s softball team, G-Force, wraps up its ninth game of the season, the players know that they will soon lose a valuable teammate to a deployment.

Chief Warrant Officer Carlos Martinez, part of 8th TSC’s support operation and G-Force’s first baseman, will deploy to Afghanistan, later this month.

Martinez was informed of his deployment in May, after the softball season had already begun. He was chosen for this deployment because of the mission’s need for a senior supply assistant technician.

“I am sad to go, but I have already recruited my own replacement so that I would not leave the team hanging,” Martinez said.

According to several team members, Martinez is an integral part of the team because of his motivation. He is competitive and does not want to let the team down.

“He is energetic and very animated, and always brings our spirits up,” said Sgt. Yong Oh, G-6 telephone control officer, and the left center fielder and third baseman for G-Force.

“We are losing a great team member.”

According to members, more team unity is evident this year than in previous seasons. The team has great cohesion and a common goal to make it to the playoffs.

“There is no rank on the team,” said Maj. Eddie Santiago, G-6 information management officer, and the pitcher and coach for G-Force. “We are like a family. They respect me and my coaching strategies, and I respect them. But we don’t hesitate to tell each other to step it up when we need to.”

Even though team members have other obligations, hobbies and stresses that they deal with at work and at home, they have dedicated their time to playing with G-Force and making it through the season successfully.

“We love playing this game,” Oh said. “We get really into it, and it gets out some of the stress from work.”

“They will make the playoffs even though I am not here,” Martinez said.

Although Martinez will not be a physical part of the team and help with the outcome of this season, he plans to keep in touch with G-Force, to motivate them to remain competitive and successfully complete the season and make the playoffs.



# 536th Support Maint. triumphs during brigade’s Sports Day

**1ST LT. JONATHAN FREDERICKS**  
45th Sustainment Brigade Public Affairs,  
8th Theater Sustainment Command

SCHOFIELD BARRACKS — It was a drizzly morning for 45th Sustainment Brigade companies, Soldiers and families who battled for bragging rights as best in the battalion, here, during Sports Day, recently.

Everyone wore their company T-shirts during the annual brigade event, which consisted of games such as flag football, soccer, volleyball, softball, relays, tug-of-war and a Strong Soldier competition.

Teams were bracketed against one another in an elimination-style tournament for every event.

“I loved the great competitive spirit in the brigade and rivalry between the companies,” said 1st Sgt. Maurice Williams, the 536th Support Maintenance Company first sergeant.

Every company that participated was motivated and played to win, but in the end, the 536th Support Maint. Co. came out as victors and placed first overall.

“It was a tough challenge, but we came, we saw, we conquered and we would like to thank

all the other companies for trying,” said Williams.

Capt. Jennifer Reyes, commander, 536th Support Maint. Co., was impressed with all her Soldiers and their victory, but one stood out above them all.

“We had one really outstanding Soldier during Sports Day,” said Reyes. “She showed a great can-do attitude and was willing to participate in any event.”

Pvt. Stephanie Crowder participated in three events and helped the company place first in tug-of-war, first in the Strong Soldier competition and third in the sprint relay.

Soldiers were not the only ones having fun, here, as the 45th’s family readiness group offered fun activities for children, such as a water pool, water guns and slip ‘n slides.

“I was fully supported by the 45th with both supplies and Soldiers,” said Geralyne Miggins, FRG support assistant. “The children who participated loved the things we got for them, and we had a few parents mention that they will definitely bring their children to the next brigade event, so they can participate in the fun as well. It was a fantastic Sports Day.”



Sgt. 1st Class Tuyen Do | 45th Sustainment Brigade, 8th Theater Sustainment Command

Soldiers from Headquarters and Headquarters Company, 45th Sustainment Brigade, 8th Theater Sustainment Command, pull with all their might as fellow Soldiers in the brigade cheer them on to win the tug-of-war contest during Sports Day. Companies participated in a variety of events, including softball, soccer, track, volleyball and a Strong Soldier competition.

**Today**

**Learn-to-swim** — Summer Learn-to-Swim has several aquatic programs for all ages at Aliamanu Military Reservation, 833-0255 or 836-0338; Helemano Military Reservation, 653-0716/1719; Tripler Army Medical Center, 433-5257/6443; and Schofield Barracks, 655-9698.

**Youth Sports** — Middle School and Teen programs host Youth Sports and Fitness Programs such as flag football, cheerleading, and track and field during the summer.

Call 655-5314 or 833-5393.

**12 / Saturday**

**Adventure Surfing Lessons** — Surf like the pros and with Outdoor Recreation, June 12.

Lessons are \$48 each and include equipment and round-trip transportation from Schofield Barracks.

Call 655-0143.

**Hawaii Army 10 Mile** — The 10 Mile Race Around Wheeler Army Airfield is June 12, at 6:45 a.m.

This race is open to military ID cardholders who have access to an Army base on Hawaii.

This race is the active duty

Soldiers’ qualifying event for Team Army Hawaii for the Army Ten-Miler, in Washington, in October. Call 655-9650.

**15 / Tuesday**

**New Fitness Class** — Schofield Barracks Health and Fitness Center now offers Pilates Fusion classes, Tuesdays, 9:45 a.m.

Classes are free for active duty and their family members with ID card. Civilians and retirees can purchase a monthly pass for classes for \$25 or pay \$4 a day. Call 655-8007.

**Junior Golf** — Keep children busy with Junior Golf at Leilehua Golf Course, Mondays and Wednesdays, June 15-July 15. E-mail kristine.yasuda@us.army.mil or call 656-0095.

**19 / Saturday**

**Home Run Derby** — How many home runs can you hit, derby style? Find out June 19, 12-1 p.m., Schofield Barracks.

Derby is open to National Guard, Reserve and active duty Soldiers, retirees, other military and civilians working on an Army installation on Oahu.

**Mountain Biking** — Enjoy a relaxing bike ride around the island with Outdoor Recreation, June 19, 7 a.m.

Cost is \$30 if using a personal bike or pay an extra \$5 to rent one.

Round-trip transportation from Schofield Barracks is available. Call 655-0143.

**19 / Saturday**

**Shooting-Sports Fair** — Join the Hawaii Rifle Association for a few days of fun and shooting, June 19-20, 9:30 a.m.-4 p.m., at the Koko Head Shooting Complex.

Enjoy shooting displays, venues and firearms, including action pistols, air guns, archery, black powder muzzleloaders, cowboy firearms, high-power rifles, hunting firearms and military small arms from the Civil War to modern U.S. and foreign forces. A safety briefing is required. Call 271-8117.

**26 / Saturday**

**Raging Isle Sprint** — Join the Surf ‘n Sea Swim Series, June 26, 9 a.m., for a one-mile swim from Sunset Beach to Ehukai Beach Park. The Surf ‘n Sea series is comprised of four swimming events.

Visit [www.hawaiiswim.com](http://www.hawaiiswim.com).

**27 / Sunday**

**Firecracker Sprint Triathlon** — Test your athleticism and endurance with a 500-meter swim, 13.4-mile bike ride and a 5-kilometer run, June 27, 6 a.m., Nimitz Beach at Barbers Point.

The race will have two waves of contestants, three minutes apart. First wave is all individual men and the second wave is all women, relays and the military division.

To be eligible for the Military Division, you must be active duty service member. The top three military will be taken out of their age group for award purposes. All remaining military will be eligible for age group awards.

Visit [www.firecrackersprinttri.com](http://www.firecrackersprinttri.com).

*Send sports announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).*

**Today**

**Commanders Classic** — Register by June 11 for a golf tournament open to all military, family members and Department of Defense civilians at Kaneohe Klipper Golf Course, Marine Corps Base Hawaii, June 18, 12 p.m. Call 254-2107.

**15 / Tuesday**

**Simply Ballroom** — The Armed Services YMCA is offering ballroom classes that cover the basic technique and patterns in the American style of ballroom dance for \$10 per class, per person. Participants aren’t required to have a partner.

Classes for children ages 6-18 are June 15, or every other Tuesday, 3-4 p.m.

Classes for service members and spouses are June 19, or every other Saturday, 10-11 a.m.

E-mail [wheeler@asymcahi.org](mailto:wheeler@asymcahi.org) or call 624-5645.

**Aloha State Games** — Register by June 19, at 9 p.m., for the Aloha State Games 10K, an out-and-back course over Diamond Head from Kapiolani Park in Honolulu, June 20, at 7 a.m.

Cost is \$20 for adults and \$10 for children under 12 years old.

Visit [www.active.com/running/honolulu-hi/aloha-state-games-10k-2010](http://www.active.com/running/honolulu-hi/aloha-state-games-10k-2010).