

INSIDE 540th Quartermaster Company comes home



Children first

Military honors its youngest supporters during Month of the Military Child.

B-3



Flower power

USAG-HI hosts a lei-making workshop.

B-1



Volunteer appreciation

USAG-HI honors its world-class volunteers.

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Live town hall

Senior Army leadership will address concerns and answer questions from the community.

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Story and Photo by

SGT. 1ST CLASS JOSEPH E. GARCIA

45th Sustainment Brigade Public Affairs, 8th Theater Sust. Command

WHEELER ARMY AIRFIELD — It's 11:45 p.m., and after a yearlong deployment in Iraq, families anxiously awaited the arrival of the 540th Quartermaster Company, 524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command, here, April 28.

"I've been away from my wife a really long time," said Spc. Marcus Prince, 558th Military Police Co., 8th MP Bde., 8th TSC. "I had just come home from my deployment, then three months later, my wife deployed with the 540th Quartermaster Co."

An announcement was made that the troops were here, and a video screen displayed a live feed of the Soldiers entering on the other side of the hangar. Immediately, the infamous "Rocky" theme song played, while Soldiers marched in formation and centered themselves on the podium.

The families, finally able to see their loved ones on the screen, released cheers of excitement and jubilee.

"I know that the only thing standing between the heroes in front of me and the heroes in the audience is me," said Maj. Gen. Michael J. Terry, commander, 8th TSC. "Welcome home."

The Army's song played, and Soldiers



Children of returning 540th Quartermaster Co., 524th CSSB, 45th Sust. Bde., 8th TSC Soldiers hold up welcome home posters, as they await the arrival of their parents, during a welcome home ceremony at Wheeler Army Airfield, April 28.

proudly sang along with the music. But as soon as it was over, the long-awaited words were spoken.

"Dismissed," Terry said.

Candice Butler and her son — with welcome home signs in hand — were finally able to embrace their hero, husband and father, Spc. Joshua Butler, 540th Quar-

master Co., 524th CSSB, 45th Sust. Bde.

"I feel great, I'm happy to be home," said Sgt. Lee Lewis, 540th Quartermaster Co., as he held his wife, Leticia, close.

DoD identifies Army casualty

DEPARTMENT OF DEFENSE
News Release

The Department of Defense announced the death of a Soldier who was supporting Operation Enduring Freedom, Wednesday.

Cpl. Kevin White, 22, of Westfield, N.Y., died May 2, in the Kunar

province of Afghanistan, of wounds suffered when insurgents attacked his unit using an improvised explosive device.

White was assigned to the 2nd Battalion, 35th Infantry Regiment, "Cac-ti," 3rd Brigade Combat Team, 25th Infantry Di- vision.



White

643rd Eng Co. teams up with DPW, saves the Army money

Story and Photo by
1ST LT. PAULINA ZIMINSKA
84th Eng. Battalion, 130th Eng. Brigade,
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Army carpenters, plumbers and electricians teamed up with U.S. Army Garrison-Hawaii's Directorate of Public Works to enhance Soldiers' training, skills and resources through the valuable DPW Trades Work Program.

For the past 10 months, approximately 12 Soldiers from the 643rd Engineer Company, 84th Eng. Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, have been rotating into their specific mission occupational specialty, or MOS, positions within DPW each month.

This program allows Soldiers to pair up with a civilian from their profession and gain more experience within their MOS.

The troop labor also saves the Army around \$55,000 a month.

"We work throughout Schofield and Wheeler in offices, hangars and motor pools installing conduit, running and tracing wires," said Spc. Manuel Ferreira, electrician, 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde.

Soldiers are grouped together and assigned a civilian team leader, who

coaches Soldiers through proper installation and the building process.

"The Army builds a certain way, and the civilian sector has their own techniques," said Spc. Carlton Baxter, electrician, 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., who worked as a service technician before joining the Army. "It is a really great experience to learn how to complete the mission in a new way."

"Whenever we reach a site, we talk about the site, the conditions and the extent of the work," said Sgt. Herlon DaCruz, plumber, 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., who is the noncommissioned officer in charge for the DPW Trades Work Program. "I explain what we are going to do and then offer different scenarios to allow the Soldiers to think of new solutions to the same problem."

The most important aspect of the DPW Trades Work Program is allowing Soldiers to work together and help each other gain more information about their specific trade.

"As plumbers, we do a lot of interior plumbing," DaCruz said. "(In) the DPW Trades Work Program, we are also able to practice our exterior plumbing,

SEE 643rd, A-7



Command Sgt. Maj. Garfield Skyers (left), 18th MEDCOM (DS), receives the NCO sword from Col. Erin Edgar (right), commander, 18th MEDCOM (DS), during a change of responsibility ceremony on historic Palm Circle, Fort Shafter, April 29.

18th MEDCOM welcomes new command sergeant major

SGT. 1ST CLASS RODNEY JACKSON

18th Medical Command (Deployment Support) Public Affairs

FORT SHAFTER — The 18th Medical Command (Deployment Support) held its first change of responsibility ceremony on historic Palm Circle, here, April 29.

Command Sgt. Maj. Carl Dwyer, outgoing senior enlisted leader, passed the noncommissioned officer sword to the newly appointed Command Sgt. Maj. Garfield Skyers, incoming senior enlisted leader, during the ceremony.

Skyers is coming to the unit from Fort Bliss, Texas, and from a recent deployment to Afghanistan as the command sergeant major of the 31st Combat Support Hospital. Dwyer is transferring to Tripler Army Medical Center to be command sergeant major for Troop Command.

"This is yet another milestone for the 18th MEDCOM," said Col. Erin Edgar, commander, 18th MEDCOM (DS). "Skyers



Command Sgt. Maj. Garfield Skyers, incoming sergeant major, 18th MEDCOM (DS), addresses the audience during the unit's change of responsibility ceremony on historic Palm Circle, Fort Shafter, April 29.

SEE 18th MEDCOM, A-3

POHAKULOA TRAINING AREA PTA 25th CAB continues pre-deployment training missions at PTA

**25TH COMBAT AVIATION BRIGADE,
25TH INFANTRY DIVISION**

Public Affairs

WHEELER ARMY AIRFIELD — The 25th Combat Aviation Brigade, 25th Infantry Division is conducting pre-deployment training missions at Pohakuloa Training Area, on the Big Island.

This training requires an increase in air

traffic, as helicopters depart from here and fly east along the H-1 corridor to PTA.

The 25th CAB helicopters travel along H-1, which is a Federal Aviation Administration-approved route, through what is known as the "H-1 transition" in Honolulu Airport's Class B airspace.

Flights will end around May 24.

"(PTA) has been essential to the success of our training flights and the life-saving measures we train our Soldiers on, as we prepare for the rigors of deployment," said Col. Frank Tate, commander, 25th CAB. "The use of PTA has been invaluable. The U.S. Army remains committed to working with Honolulu Air Traffic Services to develop alternate

routes, ensuring the lowest impact possible on the environment and neighboring communities, as we continue to train (at PTA)."

The brigade's primary training focus will be aerial gunnery, which is critical training needed for crews to execute complex missions in support of combat operations during deployment.

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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Nondelivery or distribution problems in Island Palm Community housing areas? If so, call 656-3155 or 656-3488.

220 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 5/5/11.

☐

Water, one gallon of water per person per day for at least three days, for drinking and sanitation

☐

Food, at least a three-day supply of non-perishable food

☐

Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both

☐

Flashlight and extra batteries

☐

First aid kit

☐

Whistle to signal for help

☐

Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place

☐

Moist towelettes, garbage bags and plastic ties for personal sanitation

☐

Wrench or pliers to turn off utilities

☐

Can opener for food (if kit contains canned food)

☐

Local maps

God helps us learn how to forgive

CHAPLAIN (CAPT.) SAMUEL OLMOS
Deputy Chaplain, North Community

Luke 23:34 records Jesus Christ's first words uttered as he hung dying on the cross: "Father, forgive them for they do not know what they are doing."

These words express God's heart and his desire to have a deep meaningful relationship with us.

Forgiveness is a vital component in any meaningful and lasting relationship. Take a marriage. It can survive a recession, a death in the family and even survive numerous deployments, but a marriage will not survive without forgiveness. This is true for any meaningful relationship.

What did Jesus mean when he cried, "forgive them?" At that moment, Jesus released the hurt his offenders caused. The cross was an act of restoration, and forgiveness is a necessary component of restoration. The cross united God with his fallen creations.

All of us have hurt others and have had others hurt us. Some have a hard time forgiving spouses, close friends or family members, many times years after the hurt was caused.

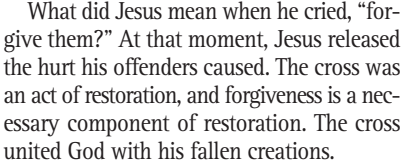
In the early 1990s, I was a young youth pastor preparing to do a youth Easter drama, and I had trouble. My sister got really upset with me for including her daughter in our church events. She yelled and cursed at me to express how angry she really was. I held my peace but felt a little bit beat down.

The next morning, I got up and prepared to go to school. As I knelt for morning prayer, I noticed a surge of anger come over me. I was clearly upset with my sister. I had a strong desire to go yell at my sister and put her in her place. However, as I prayed to God, I could hear him telling me to love and forgive her. So instead of cussing her out, I said hello to her, as I left for school.

For the rest of the week, I got up, got angry, prayed, said hello to my sister and left for school. By the end of the week, my sister was talking to me like I was her best friend.

I know what you're thinking. Isn't forgiveness weakness? Where is personal responsibility and learning from your mistakes? If I forgive you, what's to stop you from hurting me again?

You are not responsible for other people's actions. You can provide consequences, like I do with my children for misbehavior, but you can't control them. However, it is your responsibility to forgive!



Olmos

Getting it Straight

1st Lt. Dale Aebischer was misidentified as being in the 3rd Brigade Combat Team, 25th Inf. Division, instead of 2nd BCT, 25th ID, in the outline for "Needy Iraqi youth receive aid from 'Wolhounds,'" on page A-3, in the April 22nd edition.

Voices of Ohana



"Send her flowers and a gift card to her favorite restaurant."

Sgt. Nancy Chan
HHC,
8th MP Bde.,
8th TSC



"Send her a card and buy a ticket for her to visit her mom."

Spc. Trumaine Hunter
HHC,
8th MP Bde.,
8th TSC



"Send her a bouquet of roses and make a phone call."

George Lutz
Safety officer,
8th MP Bde.,
8th TSC



"Call my mom and tell her how much I appreciate her, because she makes everything possible."

Sgt. Alvin McWilliams
8th HRSC, 8th TSC



"Call her and give my little brother some money to buy her flowers."

Sgt. Robert Tyler
558th MP Co.,
728th MP Bn.,
8th MP Bde.,
8th TSC

Community encouraged to prepare for hurricane season

JOE BARKER
Directorate of Plans, Training, Mobilization and Security;
U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — "Ready Army" is the Army Emergency Management program's proactive community awareness campaign.

It works to increase the resilience of the Army community, to inform the community of relevant hazards and encourage Soldiers, families, Army civilians and contractors to "Get a Kit. Make a Plan. Be Informed."

To provide the best possible resources to the community, the Army is the first service to formally partner with the Department of Homeland Security's national "Ready" campaign.

The campaign expands the prepared-

ness message to meet the unique needs of Soldiers and families, worldwide. It also provides deployed Soldiers peace of mind about their families' safety during natural disasters. This is especially important as deployed Soldiers must maintain their mission focus under all circumstances.

The hurricane season begins June 1 and extends through Dec. 1, here in Hawaii each year.

However, hurricanes can hit Hawaii at any time. This makes it extremely important for all military and civilian personnel — living on or off post — to have a three-to-five-day basic emergency supply kit, complete with food, water and other essentials.

(Editor's Note: Barker is the installation's management emergency officer).

Chamber shows appreciation for service members

CHAMBER OF COMMERCE OF HAWAII, MILITARY AFFAIRS
News Release

HONOLULU — While Hawaii remains the U.S. military headquarters for national security in the Pacific, the military's role has been expanded to include humanitarian assistance and disaster relief, and enabling global commerce and trade for Pacific nations.

This year's Military Appreciation Month celebration will highlight and honor Hawaii's military warriors, past and present.

This provides Hawaii's appreciative ohana with the chance to say mahalo to their heroes of past wars, those serving on the front lines of today's wars in the Middle East and those on patrol everyday in the Pacific.

It is also a time to give thanks to Hawaii's military spouses who face the awesome task of keeping their families

together, as their husbands and wives are sent into harm's way.

This is a time to share the spirit of aloha.

This is the time to welcome the troops and their families into local homes and communities.

This is the time for them to enjoy being in Hawaii, as part of the ohana.

This isn't asking too much for all that they have sacrificed.

This year marks the 26th anniversary for Hawaii's military appreciation celebration. The Chamber of Commerce of Hawaii started this tradition in 1985, with its Military Affairs Council and the Armed Services Committee, as a one-day event on Armed Forces Day.

The celebration was later extended to a weeklong event, and Hawaii became the first state to honor the military throughout the month of May.

Join in the activities as the Chamber

of Commerce celebrates the military's presence in the islands and extends its deepest appreciation for the military's vital contributions to the social, cultural and economic well-being of Hawaii's ohana.

U.S. military bands from the Army, Navy, Marine Corps, Air Force and Coast Guard will pool their talented musicians for the annual Combined Military Band Concert, May 21, at the historic Hawaii Theatre in downtown Honolulu, from 7-8:30 p.m.

The U.S. Army Museum of Hawaii will host a Military History Day, May 21, 9 a.m.-3 p.m., at Fort DeRussy in Waikiki.

Mahalo for protecting the nation, the islands and our families.

RELATED STORY

•See page B-2 for a list of Hawaii Military Appreciation Month events.



Courtesy of Hawaii Army Tax Centers

Record-setting team

SCHOFIELD BARRACKS — The Hawaii Army Tax Centers held their closing ceremony with Col. Jay Hammer, executive officer, U.S. Army Garrison-Hawaii, here, April 28. The team set a new record by filing more than 3,500 tax returns, totaling more than \$9 million in refunds.

For off-season tax help, call the Legal Assistance Office at 655-8607.

Army celebrates Military Spouse Appreciation Day

U.S. ARMY GARRISON-HAWAII
Public Affairs

WHEELER ARMY AIRFIELD — The old adage, "If the Army wanted you to have a spouse, they would have issued you one," may be well known, but it no longer rings true with the armed services.

In 1984, President Ronald Reagan proclaimed the Friday before Mother's Day as Military Spouse Appreciation Day. So, each year, installations hold events and take time to give thanks to the husbands and wives who support their spouses serving in the military.

Now in its 28th iteration, Military Spouse Day is still focused on taking the time to give thanks to the wives and husbands who support their military spouses.

In his remarks last month to announce a national initiative tagged "Joining Forces," which is aimed at increasing the support of U.S. military

families, President Barack Obama noted that spouses are part "of the force behind the force."

"They, too, are the reason we've got the finest military in the world," he added.

Spouses of active duty Soldiers, National Guardsmen and reservists are essential to the Army and a strong nation, as they support the Soldier. The Army recognizes the important role Army spouses play in today's Army.

Army spouses are community leaders, mothers, fathers and Soldiers themselves. While juggling all these hats, they also actively pursue careers.

The Army pays tribute to all military spouses.

For more than 235 years, spouses have supported their Soldiers on the

field and on the home front. The support and dedication of military spouses is vital, not only to the Soldier's family but to the Army as well. Military spouses are the backbone of the families who support the nation's Soldiers.

Additionally, the Army community is recognizing surviving spouses, whose loved ones made the ultimate sacrifice.

"For any leader, the loss of a Soldier is hard," said Lt. Gen. Rick Lynch, commander, Installation Management Command. "But the loss that survivors experience is magnitudes deeper and wider.

"To honor the fallen Soldier's service and sacrifice for our nation," Lynch added, "we can do one last thing: Offer support for the loved ones the Soldier left behind."

(Editor's Note: Some content in this article was taken from Army's Stand-To, available at www.army.mil/standto.)

RELATED STORY
•For events going on in Hawaii, see page B-2.

How do you honor and say thanks to your mom?

Photos by 8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command

25th ID takes to the mats in combatives

Story and Photo by
SGT. JENNIFER SARDAM
29th Mobile Public Affairs Detachment

BAGHDAD — Recently, a number of Soldiers with Headquarters and Headquarters Battalion, 25th Infantry Division, got physical in a weeklong Basic Combatives Course at Camp Liberty, here.

They learned a variety of techniques and tactics useful for self-defense and engaging an enemy in close-proximity situations.

Sgt. 1st Class Chad Bailey, division combatives instructor, Headquarters Support Company, HHBN, said this first level of combatives training is to familiarize Soldiers with the basic moves that may be needed to survive on the battlefield.

“If your weapon’s jammed, if you’re too close to fire your weapon or you come around the corner and are lackadaisical, then somebody could snatch your weapon from you, and you’ve got to be able to know what to do,” Bailey said.

The training was realistic, so students are randomly paired off without regard to gender or weight.

“If you come upon an enemy, it doesn’t matter what size they are,” Bailey said. “We’re not going by weight classes. We’re going for if you are in close-quarters combat, then you want to be able to take your enemy out if all else fails.”

The tactics are the same, no matter the type or size of the contender.

“I’ve seen (a) 6-foot-5-inch guy go against a (woman) that’s like 5-feet-3-inches tall,” Bailey said. “Because it’s not going to be the perfect world, where you get who you want for your enemy.”

“The smaller they are, it seemed like the more fight they put up,” said Staff Sgt. Gerald Natalroman, Intelligence and Sustainment Co., HHBN. “It’s harder to get in certain positions, because they’re smaller and more flexible.”

This training is useful in preparing Soldiers to deal with the kind of uncertainty they might face in combat, where quick improvisation is key. Bailey said the training also builds confidence in the students’ abilities, should they find themselves needing to use these skills in a wartime situation.

“According to what the opponent did, you had to basically figure out what move you needed to go from there to achieve the dominant position,” Natalroman said.

“You can’t do textbook all the time,” Bailey said. “If somebody’s trying to choke you or doing something else, you want to be able to improvise.”

Strengthening Soldiers’ mental and physical resiliency is also one of the goals of the course.

Command Sgt. Maj. Ray Devens Jr., senior enlisted leader, 25th ID, has experienced the benefits of this type of training firsthand.

“I know that my capability of dealing with chaos in combat or in the many challenges I have faced in my life is significantly better than I could have ever imagined it would be, due to the many hours of combatives (and physical training) ... that I have been fortunate to be a part of throughout my military career,” Devens said.

Devens said his goal is to have every 25th ID noncommissioned officer and Soldier certified in the first level of combatives.



Sgt. 1st Class Chad Bailey (top), division combatives instructor, HSC, HHBN, 25th ID, demonstrates a move on Sgt. Samuel Forrest, generator shop NCO, HSC, HHBN, at Camp Liberty, Iraq, April 9, during a weeklong Basic Combatives Course.

“It is a method for Soldiers to increase basic physical combat capabilities,” Devens said. “But more importantly, to recognize their own inner apprehension with physically engaging with an enemy combatant, to gain faith and confidence in controlling their own lethal force, and (to) terminate a hostile aggressor, as expected by our nation from any member in the profession of arms.”

18th MEDCOM: CSM ready to answer the call

CONTINUED FROM A-1

is a quiet and confident professional who is the right fill for this position. Here, as the shrill sound of an alarm shattered the silence, and a booming voice from a loud speaker announced, “incoming, incoming, incoming.”

“Welcome to paradise buddy and know that the ‘Pacific Knight’ ohana eagerly awaits the arrival of your family this summer,” Edgar added.

Skylers kept his comments brief.

“Col. Edgar and members of the 18th MEDCOM, it is a distinct honor and privilege for me to be given the opportunity to join this command, to be able to answer the call as a Pacific Knight and be part of the U.S. Army-Pacific Command,” Skylers said. “I look forward to the challenges that are ahead of us, as this command moves to (becoming) fully operational capable. (I) will work diligently to ensure the accomplishment of mission, where I will never lose sight of our most precious resources — our Soldiers and their families.”



Courtesy of 18th Medical Command (Deployment Support)

Personnel in 18th MEDCOM (DS) and MAF pose for a photo during a USARPAC Medical Logistics SMEE, in Ulaanbaatar, Mongolia, April 18-23.

18th MEDCOM deploys to Mongolia for SMEE

SGT. 1ST CLASS RODNEY JACKSON
18th Medical Command (Deployment Support) Public Affairs

ULAANBAATAR, Mongolia — In support of the U.S. Army-Pacific Theater Security Cooperation Program, 18th Medical Command (Deployment Support) medical logistics personnel participated in a subject matter expert exchange, or SMEE, with the Mongolian armed forces, or MAF, here, April 18-23.

“It is mutually beneficial for the medical care, resources and knowledge of global partners to be shared, so that we can maximize materiel availability and reduce mortality on the battlefield,” said Capt. Mark Sanders, supply operations officer, 18th MEDCOM (DS). “We gained exposure to a growing force that is making a bigger impact in our own operations worldwide. If we continue to partner and work with them, we gain a stronger ally in our own operations.”

The SMEE was conducted to improve the MAF’s emergency and resuscitative medical capability and capacity to support contingency operations and enhance logistical support operations for its hospitals.

The 18th MEDCOM (DS) unit, through information sharing and exchange, hoped to foster and promote standards in medical logistics with the MAF logistics professionals, which will increase interoperability and understanding of the respective health care systems.

“This event was an inaugural event for both countries, within the USARPAC area of responsibility,” said Lt. Col. Gus Gogue, chief, operations, 18th MEDCOM (DS). “It provided the participants procedures to consider for improvement, enhanced medical logistics operations and increased the knowledge for deployment in support of peacekeeping operations.”

The SMEE focused on the Global Expeditionary Medical System, medical logistics in supply and inventory management, fundamentals of medical equipment maintenance, life cycle management for medical equipment, regulated medical waste management and hazardous materials, field waste and water disposal procedures, and challenges for deployed equipment.



Soldiers in 25th ID prepare to move a simulated casualty to a central treatment location during a mass casualty training exercise, at Camp Liberty, Iraq, April 25.



Photos by Sgt. 1st Class Jon Soucy | 29th Mobile Public Affairs Detachment

Soldiers in 25th ID carry a simulated casualty to a central treatment location during a mass casualty training exercise at Camp Liberty, Iraq, April 25. The exercise scenario had Soldiers role-playing during a mock rocket attack, to test the capabilities of medical response teams and other organizations that would respond should an actual mass casualty event take place.

Mass casualty exercise tests preparedness of Camp Liberty’s first responders

SGT. JENNIFER SARDAM
29th Mobile Public Affairs Detachment

BAGHDAD — Night had settled over Camp Liberty, here, as the shrill sound of an alarm shattered the silence, and a booming voice from a loud speaker announced, “incoming, incoming, incoming.”

A blast and a fiery flash pierced the air, as thick, pungent smoke rapidly engulfed the area. Soldiers searched the chaotic scene, pounding feverishly on doors and calling out as they found casualties.

The attack was simulated, and the “wounded” were Soldiers role-playing. It was all part of a mass casualty exercise, held recently, to test the response and coordination capabilities of a number of different military and civilian agencies, here.

“It’s important that we know that we can react for real when (indirect fire, or IDF) really does come in, and we take casualties,” said Lt. Col. Stephen Innanen, deputy surgeon, 25th Infantry

Division. “This is to practice and to exercise our standard operating procedures and response to IDF.”

Soldiers, military police, fire and emergency services, explosive ordnance technicians, medical and force protection personnel worked together on the scene to react as they would during a real-world situation.

“We just thought it would be one of those accountability exercises,” said Spc. Kelly Johnson, information technology specialist, Headquarters Support Company, Headquarters and Headquarters Battalion, 25th ID. “We didn’t know what was going on until a medic told us there was wounded.”

Some of the scenario was designed using lessons learned from past training, but also from real IDF incidents, which can include rockets and mortars.

“In the last three months, ... we’ve had multiple real-world incidences, and we pull the group together and do (after-action reviews) after each one of those,” said Innanen.

As IDF remains an ongoing threat to U.S. bases in Iraq, training like this is critical to readiness. Soldiers are challenged to think on their feet and be ready to react quickly to these types of incidents.

“Allow your Soldiers to come out and perform

“It’s important that we know we can react for real.”

— Lt. Col. Stephen Innanen
Deputy surgeon, 25th ID

as they would in a real situation,” said Sgt. Maj. Robert Rembert, Surgeon’s Office, 25th ID. “Don’t announce it, because when you announce it, it doesn’t prepare the Soldier.”

Soldiers had to go with what they already knew, with no time for preparation.

“It was still a little bit hard seeing someone on the ground right there and trying to figure out what to do to help them out,” Johnson said.

During a real mass casualty event, combat-lifesaver-certified Soldiers could be called upon to perform any number of functions on the spot to keep the process moving.

“It’s ... to train up for whatever happens,” said Master Sgt. Gene Houston, civil affairs noncommissioned officer, Operations Co., HHBN, 25th ID. “(Now) everybody knows how to do the bandages (and) how to treat sucking chest wounds, abdominal injuries (and) bleeding. So when it does happen (in real life), it won’t be the first time.”

The success of this exercise is more about value-added training than perfection.

“Everything is a learning tool here,” Rembert said. “There is no mistake. Yeah, we look at things and say ‘right and wrong.’ But, no, there’s no right and wrong. This is a big learning curve for everyone out here, so that’s why it will be a success.”

565th Eng. Det. teams with Baltimore’s FEST-A at Key Resolve

U.S. ARMY CORPS OF ENGINEERS-HONOLULU DISTRICT
Public Affairs

FORT SHAFTER — The U.S. Army Corps of Engineers-Honolulu District was present at the 2011 Key Resolve exercise in South Korea to develop a preliminary contingency plan for use in potential future U.S. forces missions.

USACE-HD’s 565th Eng. Detachment, Forward Eng. Support Team-Advance, or FEST-A, joined forces with USACE-Baltimore District’s 71st Eng. Det., as the 565th Eng. Det. wasn’t fully staffed to support the mission due to recent departures of personnel.

Members from the Baltimore FEST-A were used to augment the Honolulu team and brought a unique work experience and skill-set to the table.

“It was a valuable experience to share knowledge and techniques with another FEST-A and successfully work toward a common goal,” said Jon Hosaka, mechanical engineer, 565th Eng. Det., FEST-A.

The joint FEST-A mission was “to conduct a critical infrastructure survey ..., develop a preliminary contingency bed-down plan to support a significant increase of base personnel and to

prepare a plan to upgrade an existing Patriot Air and Missile Defense (system) site,” according to Hosaka.

He added that the operational tempo of the fast-paced Key Resolve mission was “a great team-building and bonding experience” for the USACE-HD FEST-A.

For this year’s exercise, the 565th Eng. Det., FEST-A spent the first week in Seoul at the USACE-Far East District compound. USACE Reach-back Operations Center and Readiness Support Center instructors trained team members on various field force engineering equipment and programs, including the Automated Route Reconnaissance Kit, TeleEngineering Communication Equipment-Deployed, the It Knows Everything and the Theatre Construction Management System.

Following training, the FEST-A teams conducted exercise survey work.

Hosaka explained that the site surveys focus on SWEAT-MSO, or the major categories of infrastructure reconnaissance: sewer, water, electricity, electrical, academics, trash-medical, safety and other considerations. For the Key Resolve exercise, academics, medical and safety were not covered.



Jon Hosaka | 565th Engineer Detachment, Forward Eng. Support Team-Advance, U.S. Army Corps of Engineers

Maj. Evan Ting (second from right), outgoing commander, 565th Eng. Det.’s FEST-A, USACE-HD, discusses fieldwork findings with the combined FEST-A teams, as they compile and examine data for their final engineer mission report during the exercise.

“For the final days of the mission, (the team) finalized and submitted the technical report and our briefed our customer, (the) 7th Air Force at Osan Air Base,” Hosaka said.

The “customer was very pleased with the product the team prepared and commented that it

was the best FEST-A report they had received,” according to Mike Bruse, from the USACE-HD FEST-A.

Key Resolve is an exercise that enables the Republic of Korea-U.S. alliance to hone the skills needed to deter aggression against South Korea.

AAFES associate volunteers for Afghanistan deployment to support troops

SGT. 1ST CLASS JON CUPP

Army and Air Force Exchange Service, Pacific Region Public Affairs

FORT SHAFTER — Few retailers can say that when their customers go to war, they follow.

Nearly 3,000 associates for the Army and Air Force Exchange Service, or AAFES, have done just that, deploying in support of contingency operations during the past 10 years to serve the troops.

Joseph Carrano, an AAFES maintenance mechanic leader, here, is no exception.

For Carrano, who will deploy to Afghanistan for six months, the opportunity to volunteer for a second deployment was something he did not want to miss.

“It really gives you a good feeling to know you’re helping out by making the lives of the troops easier and helping the military do their part,” Carrano said. “It’s a little hard being away from your family, but this is something I really wanted to do.”

Carrano and a maintenance team will perform repairs, renovations and maintenance on AAFES facilities, including electrical work and carpentry for food service facilities and stores.

“There’s a lot of things involved in maintaining the stores for the troops,” Carrano said,



Courtesy of Joseph Carrano

Joseph Carrano, a maintenance mechanic leader, AAFES, waits for a helicopter ride during a 2006-2007 deployment to Iraq. Carrano has since volunteered to serve the troops on a second, six-month deployment, this time to Afghanistan.

who has worked for AAFES for 32 years. “In the deployed environments, things like dust storms and weather take a toll on equipment such as refrigeration units, and you have to clean them up

and make sure they continue running well and don’t overheat.”

Carrano will spend a lot of time traveling from Kandahar to other bases in Afghanistan.

Carrano grew up near Schofield Barracks as his father served in the Army, and he said the opportunity to deploy in service of the men and women who he has admired his entire life was an honor.

“It’s a sense of giving back for what the military (members sacrifice) daily in the war zones,” he said.

“We applaud the efforts made by any associate who volunteers time away from their families and homes to support military troops all over the world,” said Floyd Wynn, general and area manager, AAFES-Hawaii. “It shows great character on the individual and also shows a great commitment and loyalty to both the military and (AAFES).

“To work alongside the military, just being there for them (and to provide them with their necessities) is our way of conveying ‘thanks for all you do’ during the rough times away from family and friends,” Wynn added. “Few companies in the world can say that they were actually on the ground in direct support of operations Iraqi Freedom, New Dawn and Enduring Freedom.”

When Carrano deploys this summer, he will join the ranks of 10 other associates from AAFES-Hawaii who are currently deployed in support of operations throughout the world.

FSC feeds 65th Eng. Bde. masses at PTA

Story and Photos by
2ND LT. KYLE SUCHOMSKI

65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

POHAKULOA TRAINING AREA — Early last week, more than 300 Soldiers in the 65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, arrived here, for an extended field training exercise, or FTX.

This extended FTX provides Soldiers with an opportunity to refresh a variety of existing skills and to learn many new ones.

The PTA FTX is the culmination of months of planning and coordination, and focuses not only on individual Soldiering skills, but also many other advanced platoon and unit-oriented tasks.

With so much to be done, personnel work up an appetite; it is up to the 65th Eng. Bn.'s Forward Support Company to feed all these hungry Soldiers.

The day starts early for FSC Soldiers, with kitchen operations beginning around 3:45 a.m.

At this time, Pvt. Reggie Williams, FSC, 65th Eng. Bn., 130th Eng. Bde., is cleaning and sorting huge baking sheets, and Sgt. Robert Tupola, FSC, 65th Eng. Bn., 130th Eng. Bde., can be found in the food warehouse, the hub for everything coming into and going out of the kitchen.

"We break down each meal," Tupola said. "We track how much is needed, and then send it over to the kitchen."

Any setbacks in the hub means delays in the kitchen, which is unacceptable with so many hungry Soldiers to feed. During peak time, the kitchen staff of four could push out nearly 450 meals every day.

As physical training ends, Sgt. Robert Woodring, FSC, 65th Eng. Bn., 130th Eng. Bde., dishes up scrambled eggs, bacon and pancake-wrapped sausages for Soldiers filing into the dining facility for breakfast.

Hot chow is "a big morale booster, and we can't miss a beat," Woodring said.



Soldiers of the 65th Eng. Bn., 130th Eng. Bde., 8th TSC, move through the chow line at PTA.



Pfc. Juan Tamez (front) and Pfc. Negel Mohammed, both with FSC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC, unpack fruit cups at the PTA dining facility.

8th TSC helps ensure accountability during Operation Tomodachi

Story and Photo by
SPC. APRIL DE ARMAS
U.S. Army-Japan

CAMP ZAMA, Japan — Accountability systems for Soldiers and military personnel have always been in place; when the March 11 earthquake shook Japan, accountability became the top priority for U.S. Army-Japan and I Corps Forward.

The command's Human Resources team was directed to account for all Army personnel and their families living in Japan.

The HR team is resourced to provide assistance in humanitarian and disaster relief in Japan. However, because of the natural disaster, the staff needed more manpower to execute this mission.

"Our job was to help provide extra manpower and supplement the USAR-Japan and I Corps FWD (HR) office needs during this real-world accountability mission," said Sgt. Maj. Paul Blanchard Jr., sergeant major, Personnel Accounting and Strength Reporting, 8th HR Sustainment Center, 8th Theater Sust. Command at Fort Shafter. "As the Pacific HRSC theater enabler, it is our mission to make sure we set up the right system for accountability when we hit the ground."

For years, the Army has been using the Deployed Theater Accountability System, or DTAS, to provide commanders with real-time data of personnel, according to date and location on the ground. However, the Army has never used the system to track family members.

"This is a groundbreaking initiative for this operation," said Lt. Col. Steve Cornelius, chief, Personnel Accounting, 8th HRSC, 8th TSC. "We have used DTAS in deployed theater of operations for some time, but never during a humanitarian operation, especially in a country that already has an infrastructure already in place.

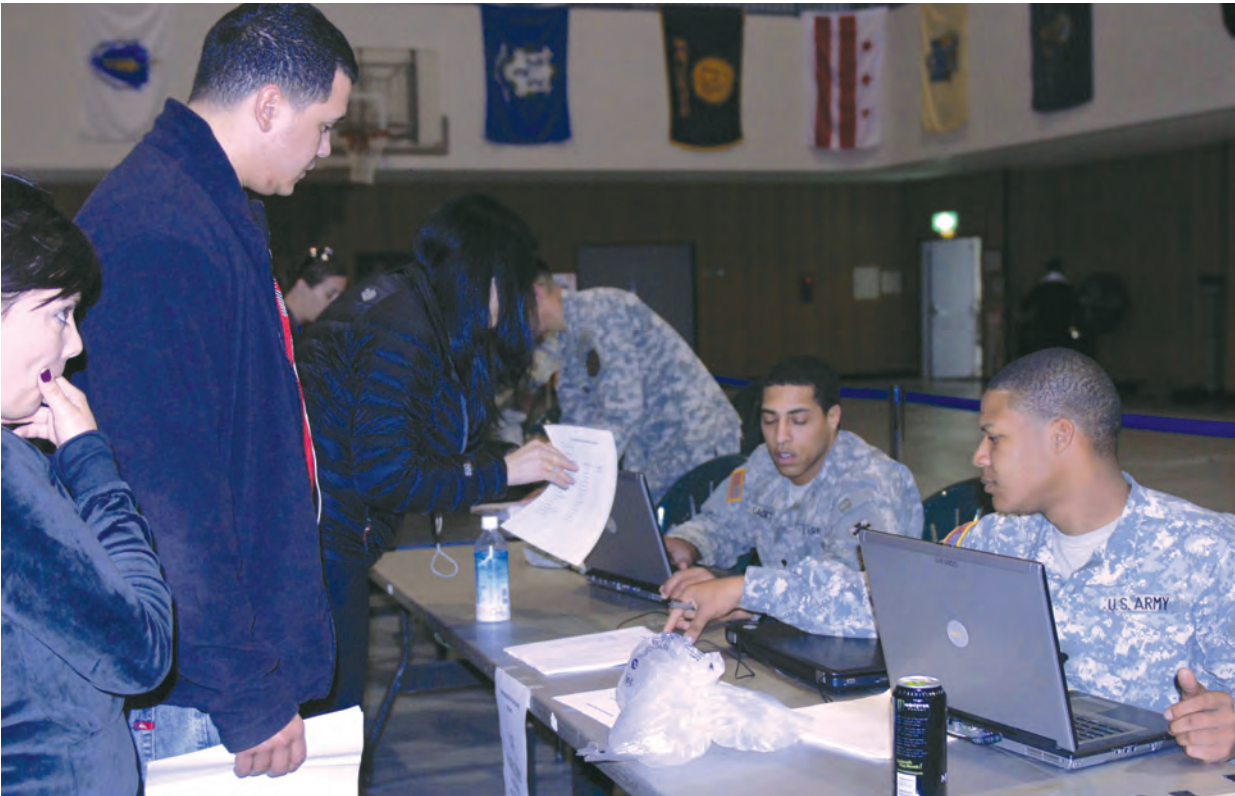
"However, when we got here, we realized that the personnel structure was not as adequate as it should be, in light of the overwhelming devastation and the challenges of dispersed units and agencies," he said.

Accountability was necessary for all military members, Department of Defense employees, contractors and dependants. The 8th HRSC was able to help establish and account for all Army Soldiers, employees and family members by name, date and location throughout Honshu, Kyushu and Okinawa, Japan, through implementing DTAS and investing many hours of manpower.

"A myriad of tasks had to be accomplished in the early stages, and multiple tasks were being worked and completed by the entire team," Blanchard said. "The mission was more complex than (it) first appeared. The reality of accomplishing 100-percent accountability of all Army and military elements in Japan was more of a challenge than anticipated."

The 8th HRSC trained HR personnel across Japan on DTAS. The geographical dispersion of units and the location of service members traveling in and out theater of operations proved to be difficult.

"We had to establish a sys-



Soldiers with USAR-Japan and I Corps (Fwd.) account for family members using DTAS, as they welcome the families home after a voluntary departure due to the March 11 earthquake and tsunami.

tem to help account for personnel by location," Cornelius said.

"Establishing the Army Reception Center was one of many initiatives employed to establish accountability of personnel moving in and out and around the (area of operations)," Cornelius said.

"I am extremely proud of my Soldiers, as they stepped their game up and operated on a professional level the entire time," Blanchard said. "These young Soldiers are what have made this mission a success, and it is these young Soldiers that will lead our Army into the future."

Prestigious award presented to Anderson

U.S. ARMY GARRISON-HAWAII Public Affairs

WHEELER ARMY AIRFIELD — The 2011 Directorate of Public Works Business Management Executive of the Year Award was presented to Kent Anderson, chief, Program Management Branch, Business Operations Division, DPW, U.S. Army Garrison-Hawaii, at the 2011 Installation Management Symposium, in San Antonio, April 21.

“Anderson is a very dedicated employee, and (he) is personally concerned with meeting the customers’ needs and ensuring we are good stewards of the dollar, to the point where our Army community receives good services and products for the money it has invested,” said Debra Zedalis, regional director, IMCOM-Pacific Region.

The Business Management Executive of the

Year Award recognizes managerial excellence in the DPW business operations and integration management functions at the installation level. It also recognizes the complex activities and responsibilities involved in successfully integrating requirements, plans and programs into effective execution efforts.

“Under his expert leadership and direction, the Business Operations Division has overcome significant obstacles in the past year,” said Robert Eastwood, director, DPW, USAG-HI. “He has clearly emerged as a key member of the DPW and USAG-HI team, acting as DPW deputy director and director on numerous occasions.”

“(The acting chief) job was good experience,” Anderson said. “I was really lucky. People in this (Business Operations) Division work well together; they are all motivated. The award is really more a testament to them than to me.”

He also said he was surprised to receive the award.

“I didn’t know that I’d been nominated,” he said.

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

9 / Monday
AUSA Forum — RSVP by May 9 for the Association of the U.S. Army forum focusing on Army families in Hawaii. Senior spouses and family readiness group leaders and support assistants are invited to attend one of three family forums.

Sylvia Kidd, director, Family Programs, AUSA, will discuss how AUSA is advocating for Army families and what concerns Army families in Hawaii would like AUSA to address. RSVP to ginnyh@chugin.org or call 655-1304 for more information.

Details follow; all sessions are May 11:

- 10 a.m., Classroom 2, Army Community Service, Schofield Barracks: Battalion and company-level FRG leaders and FRsAs for the north region forum.
- Noon, G-6 Conference Room, Building 580, Headquarters, 25th Infantry Division: Brigade-level and above senior spouses forum.
- 2:30 p.m., Activities room, Alimanu Military Reservation: FRG leaders and FRsAs for the south region forum.

10 / Tuesday
AFCEA Luncheon — This Armed Forces Communications and Electronics Association event is 11 a.m., May 10, Hale Ikena,

Fort Shafter. Guest speaker is retired Lt. Gen. John Goodman, director, Center for Excellence in Disaster Management and Humanitarian Assistance. Goodman will discuss “COE DMHA’s Current Mission and Its Japan Disaster Role.” Call 441-8524 or visit www.afceahawaii.org.

12 / Thursday
Road Closures — A portion of road between Dains and Ganham roads at Wheeler Army Airfield will be closed for underground communication work, May 12-22.

Eastbound traffic on Santos Dumont Avenue, west of Dains Road, will be detoured to Wright Avenue. Local access for buildings 110 and 111 will be allowed. Excavations will be covered at the end of the day to allow opening of Santos Dumont Road in these locations.

The major closure of Santos Dumont Avenue from Nakamine Street to Kawamura Gate for drainline construction and road reconstruction will continue through June 10.

The section of Santos Dumont Avenue between Warhawk and Nakamine streets will be closed for road reconstruction, May 23-June 10.

Get the latest U.S. Army Garrison-Hawaii traffic updates at www.garrison.hawaii.army.mil; click on “Post Information,” then “Traffic Updates.”

18 / Wednesday
Live TV Town Hall — The U.S. Army Garrison-Hawaii’s live town hall will be broadcast 7-8:30 p.m., May 18, on installation channel 2 and streamed live at www.garrison.hawaii.army.mil. Senior

Army leadership will address concerns and answer questions from the community. To submit questions, the community can:

- Call 655-1383 or 655-5015, May 18, between 6-8 p.m.
- Post questions in advance on www.twitter.com/usaghawaii or www.facebook.com/usaghawaii.
- Send an email to AsktheCommander.usaghi@us.army.mil.

Any questions or issues not addressed during the town hall (due to time constraints or other hindrances) will be answered in other media, such as the Hawaii Army Weekly, the garrison website or with a personal follow-up.

24 / Tuesday
USAG-Oahu — A casing of the colors ceremony to observe the disestablishment of U.S. Army Garrison-Oahu is set for 11 a.m., May 24, at the gazebo on Palm Circle, Fort Shafter.

After USAG-Oahu has been disestablished, an Installation Coordinator’s Office will be located in Building 344, Fort Shafter. The ICO will be the focal point for referral, coordination and integration of installation management operations within Oahu-South.

Visit www.garrison.hawaii.army.mil.

Drake takes top honors with Stalwart Award, credits team

LACEY JUSTINGER Managing Editor

WHEELER ARMY AIRFIELD — He ends each week’s staff coordination meeting, where office members discuss upcoming events and actions, with “be careful out there,” in accordance with Installation Management Commands’ line of effort six: safety.



Drake

In fact, Dennis Drake, director, U.S. Army-Garrison Public Affairs Office, is so in tune with IMCOM’s vision and messages that he was awarded a Stalwart Award during the IMCOM Symposium, April 20, in San Antonio.

The awards demonstrate the recipients’ positive contributions to IMCOM’s mission and goals, and Drake’s award reads “for extraordinary achievement, dedication to excellence and inspirational team spirit ... your contribution to IMCOM and the U.S. Army far exceeds the call of duty.”

“The award is presented to an IMCOM employee who stands out as a model leader and exemplifies the spirit of IMCOM,” said Jim Duttweiler, deputy garrison commander, USAG-HI. “To put it more succinctly, Drake is the IMCOM (Pacific Region’s) ‘Most Valuable Player’ for 2011.”

He went on to explain that the award’s criteria includes representing high standards of performance and promoting the IMCOM mission, vision and work performance in an exemplary manner.

“Just being one of the nominees was a real honor,” Drake said. “The award came as a total surprise.”

Drake and his office are responsible for keeping different audiences on island — Soldiers, families, Department of the Army civilians, retirees, community members, local leaders and media outlets — informed about Army’s missions, goals, activities and contributions.

“This award is really due to the incredible team of public affairs professionals here at USAG-HI, who do extraordinary work every day and truly make this the best public affairs office in IMCOM,” Drake said.

“Drake leads a great team, and the award is reflective of the outstanding work our PAO team has done across the board,” said Duttweiler.

Drake was specifically honored for successful initiatives in both external and internal public affairs efforts.

The USAG-HI PAO recently won first place for a broadcast command information campaign at the IMCOM-level Keith L. Ware competition,

third place for an outstanding initiative in new media and first place for television news break. The Hawaii Army Weekly also placed second for metro-format newspapers. At the DA-level KLTs, the office took home a third place finish in a broadcast command information campaign, third place for Army newspapers and third place for a command information campaign.

In the area of media relations, Drake and his team were particularly successful in achieving positive media coverage in a myriad of controversial, high-visibility events, including release of the depleted uranium public health risk assessment on the Big Island, endangered species preservation efforts at Army installations throughout Hawaii and the Native Hawaiian Covenant signing with senior Army and Hawaiian civic leaders.

His community relations team successfully worked numerous contentious issues, including increased traffic congestion surrounding Army installations, unexploded ordnance on public lands, the inadvertent uncovering of human remains on Schofield Barracks ranges, proposed counter-improvised explosive device training at Makua Military Reservation and increased cultural access to the installations. Drake and his staff successfully resolved or increased understanding of these and other issues through their personal attendance at neighborhood and community board meetings and other forums throughout the year.

“The Army in Hawaii is complicated — organizationally — and one of Drake’s strengths is recognizing that our garrison PAO can’t do this alone,” Duttweiler said. “He has been the catalyst for sharing information across the commands and our local community, which has put USAG-HI at the forefront community outreach and community relations.”

Drake, a retired Army colonel, served in several public affairs assignments while on active duty, prior to retiring in 2003 following tours at the Office of the Secretary of Defense and as a brigade commander.

He entered civil service in 2005, as public affairs director of the Army’s global Surface Deployment and Distribution Command, then headquartered in Washington. He joined the USAG-HI staff in October 2007.

“I was extremely happy and proud to see Drake receive the Stalwart Award,” Duttweiler said. “He has been a superb leader in our efforts to keep our community informed, and this award recognizes his tremendous efforts.”

The Stalwart award comes with a couple plaques and a medallion, but the USAG-HI public affairs professionals added a few mementoes of their own — a photograph of office members and a bottle of glue — to demonstrate the bonds that tie the group together with its leader.

USAG-HI honors volunteer workforce

Story and Photo by
VANESSA LYNCH
News Editor

FORT SHAFTER — U.S. Army Garrison-Hawaii’s Directorate of Family and Morale, Welfare and Recreation; and Army Community Service hosted the 2011 Installation Volunteer Ceremony at the Hale Ikena, here, April 28.

Each year during National Volunteer Week, military communities around the world take time to honor their volunteers.

In 2010, USAG-HI volunteers offered time and commitments worth more than \$2.5 million, as estimated by independent sector quotes about the average value of a volunteer hour.

“Each year, the people of ACS and the installation devote thousands of man-hours holding and staging events and activities for our Army community,” said Col. Douglas Mulbury, commander, USAG-HI. “We are recognizing people who live a life of service to others both inside and outside our gates.”

This year’s theme was “Stars of the Pacific,” and volunteers were awarded in eight categories, including Soldier Volunteer of the Year; Spouse Volunteer of the Year; Youth/Young Adult Volunteer of the Year; Civilian Volunteer of the Year; Family Volunteer of the Year; Retiree Volunteer of the Year; Purple Volunteer of

the Year, for volunteers from sister services like the American Red Cross; and the Volunteer Ambassador of the Year, for those who go the extra mile to extend their volunteer partnership outside the installation’s gates.

Each brigade, community and volunteer agency was asked to submit one volunteer for each category, bringing 33 nominations to the table this year. Nominees received certificates for their selfless sacrifice and valuable volunteer service.

“I was shocked,” said Nina Elison, who was named as the Spouse Volunteer of the Year. “I don’t choose to volunteer to be recognized, I do it because it’s my duty to the community to pay it forward. The Army has blessed me and I want to bless (it) back.”

“I was really surprised to have won, and I really love what I do,” said Sgt. 1st Class Lameka Drake, senior logistics noncommissioned officer, Headquarters and Headquarters Battalion, U.S. Army-Pacific, and recipient of the Soldier Volunteer of the Year award. “In life, you have people and time — the two most important things — and if you lose either one, you cannot get them back.”

This past year, Hawaii Army volunteers numbered 1,423, and they logged 115,274 volunteer hours.

“Each of you here tonight have contributed your time to our strong communities — both on and off post — and improved the quality of life for our Soldiers and their families,” said Maj. Gen. Michael J. Terry, commander, 8th Theater Sustainment Command, during his remarks. “It goes without saying that it would be difficult — if not impossible — for our many Army family programs to offer the variety and quality services that they provide without our dedicated volunteers.”



From left to right: Amanda Koren, manager, Army Volunteer Corps, ACS; Command Sgt. Maj. Robert Williamson, command sergeant major, USAG-HI; Col. Douglas Mulbury, commander, USAG-HI; and Maj. Gen. Michael J. Terry, commander, 8th TSC, present a mock \$2.5 million check during the 2011 Installation Volunteer Ceremony, held at the Hale Ikena, Fort Shafter, April 28. This check represents the monetary value of USAG-HI’s volunteers, through their time and commitment.



See photos from the ceremony at www.flickr.com/usaghawaii.

Volunteer Award Winners

- Family Volunteer of the Year:
The Simard Family (Gerry, Margie, Jeremy and Grace)
- Youth/Young Adult Volunteer of the Year:
Shaun Toy
- Retiree Volunteer of the Year:
Michio Suzuki
- Purple Volunteer of the Year:
Brett and Sharon Edgley and their therapy dog, Piko
- Civilian Volunteer of the Year:
Ellen Petry
- Volunteer Ambassador of the Year:
Maj. Demetrick Thomas
45th Sust. Brigade, 8th TSC
- Spouse Volunteer of the Year:
Nina Elison
- Soldier Volunteer of the Year:
Sgt. 1st Class Lameka Drake
HHBN, USARPAC



Pfc. Williams Riverasalgado (front) and Spc. Manuel Ferreira Jr. (back), both electricians with the 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC, work on cutting electrical conduits for interior lighting, as part of the DPW Trades Work Program.

643rd: Soldiers and civilians learn together

CONTINUED FROM A-1

which we do not have a chance to do at the unit.”

“DPW gave me flashbacks to the times I’ve done plumbing in the civilian sector,” said Spc. Michael Pace, plumber, 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., who worked as a plumber for four years before joining the Army. “Working with DPW allowed me to refresh myself on what I have forgotten.”

Currently, carpenters from the DPW Trades Work Program are constructing an office space in Building 104 on Wheeler Army Airfield.

“The Soldiers are very diligent and knowledgeable,” said Gerard Wade, central team supervisor, DPW. “They bring a great attitude to the work place.”

The DPW Trades Work Program is scheduled to continue as long as mission requirements can support this key program.



PAU HANA

www.hawaiiarmyweekly.com

"When work is finished!"

FRIDAY, MAY 6, 2011

*Expressing
aloha
through lei***Soldiers, families learn Hawaiian art of lei making**

Story and Photos by
VICKEY MOUZÉ
Pau Hana Editor

SCHOFIELD BARRACKS — The scent of plumeria wafted throughout Sgt. Yano Library, as 65 community members met to learn the Hawaiian art of making lei, here, April 28.

Sponsored by the U.S. Army Garrison-Hawaii, workshop attendees learned three different lei making techniques: wili, hilo and kui.

Rona Rodenhurst taught the wili method, where raffia (twine) is wound around successive, short lengths of ferns and flowers on a thick raffia braid. Materials used were leatherleaf, bougainvillea and baby's-breath.

Rodenhurst is with the Ahahui Siwila Hawaii O Kapolei, or Kapolei Civic Club, as is Lance Holder who assisted.

Farah Cabrera, from the Native Hawaiian Liaison office, USAG-HI, demonstrated the steps.

Melissa Lyman, also from the Native Hawaiian Liaison Office, taught the hilo method, where two strands of plant material are twisted to form a rope to create a lei.

Kala Holden demonstrated the kui method, where plumeria and orchid are strung together through the center of the flowers to create the lei. Holden is also with the Ahahui Siwila Hawaii O Kapolei.

Keiki also had the chance to learn to make kid-friendly lei. Annelle Amaral, Native Hawaiian liaison to the commander, USAG-HI, led keiki through the steps using construction paper and pipe cleaners to make kui lei.

"It is one thing to hear a lecture on the Hawaiian culture, still another to watch cultural practitioners," Amaral said.

"However, I think the best way to learn and understand cultural practices is to simply 'do it,'" Amaral continued. "Our workshops

provide an opportunity for our families to practice the culture, experience the culture and then internalize it. It is the way learning takes place."

The lei making workshops are "the most popular and well attended," according to Bonnie Dong, supervisory librarian, Sgt. Yano Library, USAG-HI. Earlier in the week, Army libraries at Fort Shafter and Aliamanu Military Reservation had also hosted workshops.

Warrant Officer Brianne Love attended the workshop with her daughter, Tanessa, 7, "to learn

some of the (Hawaiian) culture." Love, who grew up in Waianae, is a property book officer with 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command.

The workshop was held in time for Lei Day, May 1.

The lei, an international symbol of aloha, has been honored with its own official celebration since 1927, according to www.honolulu.gov. This year's Lei Day Celebration was held at Queen Kapiolani Regional Park and Bandstand, and events included a lei exhibit, adult and children's lei contests, and the investiture of the Lei Queen and her court.



Community members make lei with plumeria and orchids using the kui method. Plant materials are strung together through the center of the flower with a needle and thread.



Warrant Officer Brianne Love and her daughter, Tanessa, 7, learn how to make lei using the wili method. Love is assigned to the 84th Eng. Bn., 130th Eng. Bde, 8th TSC.



See more workshop photos at
www.flickr.com/usaghawaii.



Rona Rodenhurst demonstrates the wili method of making lei. She is using leatherleaf, bougainvillea and baby's-breath. This type of lei can be either wrapped around the wrist or ankle. Rodenhurst is with the Ahahui Siwila Hawaii O Kapolei, or Kapolei Civic Club.



Today

Mother's Day Cards – Single Soldiers can make a Mother's Day card May 6 at the Tropics Recreation Center, Schofield Barracks. Call Better Opportunities for Single Soldiers at 655-1130.

Right Arm Night – Don't miss the next Right Arm Night, 4:30 p.m., May 6, Hale Ikena, Fort Shafter. Tickets are \$5 in advance or \$8 at the door. Call 438-1974.

Family Fun Friday – Enjoy free pizza and activities 6 p.m., May 6, at the Tropics Recreation Center, Schofield Barracks. Call 655-5698.

7 / Saturday

K-Bay Sandbar – Join Outdoor Recreation and take a trip to Kaneohe, 6:30 a.m.-1 p.m., May 7. Cost is \$65 and round-trip transportation from Schofield Barracks is included. Call 655-0143 to register.

Learn to Swim – Register 9-11 a.m., May 7-8, at the Richardson Pool, Schofield Barracks, for the May 9-19 session. Registration is on a first-come, first-served basis. Children must be registered with Child, Youth and School Services; the card must be shown to register for the swimming classes.

Read to the Dogs – Children who can read on their own can sign up for a 15-minute session to read to a dog at the following sessions:

- May 7, 9 a.m., Aliamanu Military Reservation Library; call 833-4851 to register.

- May 14, 11 a.m.-12:15 p.m., Sgt. Yano Library, Schofield Barracks; call 655-8002 to register.

Kid's Art Classes – Enjoy four Saturday sessions every month starting May 7, Schofield Barracks Arts and Crafts Center. Register for these classes at Child, Youth and School Services; School Age Center; or the Child Development Center. Call 655-9818 for more info. Blue Star Card benefits apply.

8 / Sunday

Lantern Floating Workshop – This workshop is set for 1-2:30 p.m., May 8, Fort Shafter Library. Attendees will learn more about the history and impact of the Lantern Floating Ceremony in Hawaii, a peaceful and harmonious ceremony of remembrance for loved ones. Dedications for loved ones can be completed during the workshop and will be placed on community lanterns at the official ceremony, 6:30 p.m., May 30, at Magic Island, Ala Moana Beach Park. Registration isn't required. Visit www.lanternfloatinghawaii.com to learn more about the ceremony.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

11 / Wednesday

May Day Program – Parents are invited to this event, 9 a.m., May 11, at the Hale Kula Elementary School, Schofield Barracks. Call 622-6380.

Living History Day – This event commemorating Armed Forces Day 2011 is set for 11 a.m.-3 p.m., May 11, at the U.S. Army Museum of Hawaii at Fort DeRussy in Waikiki. Conducted by the U.S. Army Garrison-Hawaii, this event will feature interactive exhibits, military memorabilia and re-enactors in period uniforms. Parking is available across the road from the museum. Call 438-2825 or email dorian.travers@us.army.mil.

19 / Thursday

May Luncheon – This Hui O Na Wahine event is 11 a.m.-1 p.m. (shopping begins at 10:30 a.m.), May 19, Nehelani, Schofield Barracks. Cost is \$15 per person; cash only. This month's theme is "A Salute to Army Traditions," so brush up on your Army knowledge, acronyms, traditions and history, as there will be an Army trivia contest. The Hui O Na Wahine is also collecting items for the Veteran's Affairs Community Living Center at Tripler Army Medical Center. Bring any of the following: new adult male socks, slippers, DVDs, CDs and travel size



Courtesy Photo

Making a difference

HALAWA VALLEY — Josie Rapacz (third from left) and Kylie Swider (fourth from left) display the information board they created for the Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii's Pet Kennel, here. Josie and Kylie, who belong to Girl Scout Troop 665, received the Girl Scout Silver Award for their volunteer efforts at the kennel. The award is the highest a Girl Scout Cadette (girls in grades six, seven and eight) can receive. To attain this award, Cadettes complete a series of leadership challenges and an extensive service project in their communities.

9 / Monday

Free Bowling – Military Spouses can bowl for free, noon-9 p.m., May 9-10, Fort Shafter Bowling Center. A valid military ID card must be shown. Call 438-6733

Free Hula Classes – The Native Hawaiian Liaison Office, U.S. Army Garrison-Hawaii, welcomes all Soldiers and families to participate in free hula classes, Mondays in May, 5-7 p.m., at Army Community Service, Building 2091, Schofield Barracks.

Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m.

Classes feature the different types of hula, fundamentals of hula steps and movement and posture. Call 655-9694 or email nhliaison@gmail.com.

11 / Wednesday

Cooking Demo – Chef Danny is hosting a cooking demonstration for military spouses, 6 p.m., May 11. Call 655-4466 or 655-0660 to register.

12 / Thursday

Chess Club – This event starts at 5 p.m., May 12, 19 and 26, at the Tropics Recreation Center, Schofield Barracks. Studies have shown that chess improves mental fitness, concentration, logical thinking and social skills.

This club is a featured event of the "Strong B.A.N.D.S." initiative throughout May. Call 655-9650.

15 / Sunday

Spouses Appreciation – Army spouses can enjoy a free Sunday brunch, May 15, 22 and 29, at the Hale Ikena, Fort Shafter. This offer excludes Mother's Day Brunch, May 8.

Reservations are required; call 438-1974. Spouses must present a valid military dependent ID card.

17 / Tuesday

Open Stage Night – Show off your talent at 6 p.m., every first and third Tuesday of the month at the Tropics Recreation Center. Call 655-5698.

Ball Room Dancing – Learn the International Rumba during ballroom dancing May 17, 19 and 26 at the Hale Ikena, Fort Shafter. Two sessions are available each night: 6:45-7:30 p.m. and 7:45-8:30 pm.

Learn line dancing for free, starting at 6:15 p.m., with purchase of ballroom dance class instruction.

Cost is \$6 for one ballroom dance class consisting of six lessons. Payment is cash only. Call 438-1974.

20 / Friday

Intramural Volleyball – Register today for men's and women's volleyball; entry deadline is May 20. Call 655-0856.

Visit www.mwrarmyhawaii.com to learn more about intramurals and the All-Army Sports program.

21 / Saturday

Free Show – The "Sesame Street/USO Experience for Military Families" is coming to U.S. Army Garrison-Hawaii. Army families and their keiki can enjoy Elmo and his friends Rosita, Cookie Monster and Grover, and their new friend Katie, a military kid who is moving to a new place. Call 655-0111/2/3 or visit www.sesamestreet.org/tlc or www.uso.org.

This tour is part of Sesame Street's "Talk, Listen, Connect" initiative for military families. Dates and times follow:

- May 21, 2 p.m. and 5 p.m., Martinez Physical Fitness Center, Schofield Barracks.

- May 25, 4 p.m., Aliamanu Physical Fitness Center.

Ongoing

Strong B.A.N.D.S. – Authorized Family and Morale, Welfare and Recreation customers can celebrate National Sports and Fitness Month in May by participating in "Strong B.A.N.D.S.," which stands for balanced lifestyle, actively motivated, nutritional health, determined to excel, strength and conditioning. This FMWR promotion encourages community members to live a healthy lifestyle. Visit <http://sfa.hawaiioffice.com/bands> or call 655-9650. Login to www.facebook.com/TheAllArmySports.

Combined Military Band Concert – The public is invited to the combined services concert, 7-8:30 p.m., May 21, at the Hawaii Theatre, Honolulu. Free tickets are available on a first-come, first-served basis at the Hawaii Theatre box office or the Chamber of Commerce of Hawaii at 1132 Bishop St., Suite 402.

Ongoing

Operation Kid Comfort – Comfort, create and unite with Operation Kid Comfort, which creates comfort quilts and pillows for children of deployed service members and offers an opportunity for America to unite in support of military families. Contact the Armed Services YMCA at 473-3398 or email pearlharbor@asymcahi.org.

Military Women of America

– The Military Women of America, Hawaii Chapter, meets the second Saturday of each month, 11 a.m., at the Oahu Veterans Center in Foster Village. Members provide information and support to women who are currently serving or have served in the military. Call 422-4000.

Veterinary Treatment Facility

– The Schofield Barracks Veterinary Treatment Facility is now seeing patients five days a week, with extended hours every third Wednesday of the month until 7 p.m.

Book an appointment for the new Wellness Package for affordable preventative care or to obtain a mandatory airline health certificate within 10 days of travel out of Oahu. Call 655-5893 or 655-5889.

Recycling Bin – Fort Shafter Elementary invites the community to use

its recycling bin in front of the school, as all monetary proceeds will benefit the school.

The following items will be accepted loosely, not in plastic bags: aluminum cans (rinsed), glass bottles and jars (rinsed, lids removed), and plastic containers (rinsed, lids removed).

Bag/box the following items before depositing: newspapers (magazines and glossy inserts removed), corrugated cardboard (flattened), and white and colored bond paper.

Recycling Plastic – Plastic bottle caps and lids can now be recycled at Kapahulu, Mapunapuna and Wahiawa Goodwill locations. The project aims to reduce the amount of plastic in the ocean and helps save endangered birds. Caps and lids made from No. 2, 4 and 5 type plastics are recyclable. Call 393-2168 or 656-5411.

Red Cross Service Center – The American Red Cross Service Center office on Schofield Barracks has reopened in the Soldier Support Center, Building 750, Ayers Ave.

Office hours are 9 a.m.-3 p.m., Monday through Friday. Call 655-4927.

Making the Grade – Students can cash in on the Army and Air Force Exchange Service's "You Made the Grade" program.

This reward program is designed to recognize above-average academic achievement.

Qualifying students will receive a coupon booklet that includes free admission to an AAFES Reel Time Theater, a complimentary slice of Anthony's Pizza with drink, and a free magazine, as well as other coupons.

To be eligible for a booklet, students must present a valid military ID and proof of an overall "B" or better average to their local post exchange.

Worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
FS: Fort Shafter Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers' Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF and FD
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC Annex
 - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m. TAMC

Gospel Worship

- Sunday, 12 p.m. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex

Protestant Worship

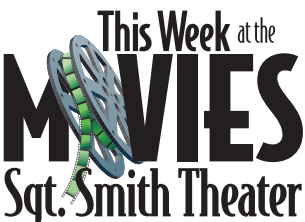
- Sunday Services
 - 9 a.m. at FD, FS, MPC and TAMC chapels
 - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
 - 10 a.m. at HMR
 - 10:30 a.m. at AMR

Single Soldiers' Bible Study

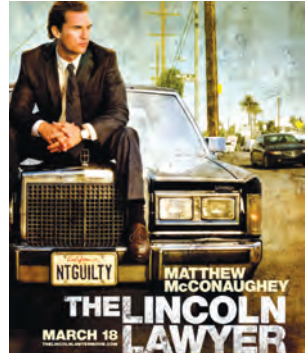
- Wednesday, 11:30 a.m. at SC. Lunch is provided.

Worship Service

- Sunday, 6 p.m. at SC.



Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



The Lincoln Lawyer

(R)

Fri., May 6, 7 p.m.
Wed., May 11, 7 p.m.

Mars Needs Moms

(PG)

Sat., May 7, 4 p.m.



Sucker Punch

(PG-13)

Sat., May 7, 7 p.m.
Thurs., May 12, 7 p.m.

Rango

(PG)

Sun., May 8, 2 p.m.

No shows on Mondays or Tuesdays.

MP dogs thrill kids at Month of the Military Child celebration



Sgt. 1st Class Joseph Garcia | 45th Sustainment Brigade Public Affairs, 8th Theater Sust. Command

Staff Sgt. William Cotner, 13th MP Det., 8th MP Bde., 8th TSC, shows off the skills of his military working dog, Sgt. 1st Class Dunco, as he sits on a balance beam during a Month of the Military Child event at Schofield Barracks, April 22.

SGT. CHRISTOPHER HUDDLESTON
45th Sustainment Brigade Public Affairs, 8th Theater Sust. Command

SCHOFIELD BARRACKS — Scores of military children marched through the Bennett Child Youth Center parking lot in amazement during the 8th Theater Sustainment Command’s Month of the Military Child event, here, April 22.

Soldiers displayed a variety of military vehicles, a triage site, an Army Public Health Nursing nutrition display and a military working demonstration. Kids also could climb aboard the Federal Fire Department fire truck.

“The event was fabulous,” said Sherilyn Tokunaga; lead training specialist; Child, Youth and School Services; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii. “We really strive to get the kids to participate in as many events as they can. The kids have parents who are deployed, and they easily identify with the Soldiers supporting the event.”

Two military working dogs, Sgt. 1st Class Dunco and Staff Sgt. Arco, stole the show, while the kids scrambled to get a better view of their tricks.

“Kids are amazed by how smart our dogs are,” said Staff Sgt. William Cotner, dog handler, 13th Military Police Detachment, 8th MP Brigade, 8th TSC. “The kids may not understand what their parents do for the military, but they like to see the dogs with the Soldier.”

The kids at the MOMC event had a great time

as they climbed aboard the military vehicles and pretended to drive.

The 561st Engineer Company, 45th Special Troops Battalion, 45th Sust. Bde., 8th TSC, brought in its bucket loader and scrapper vehicles.

“When I found out I was going to support an event for the Month of the Military Child, I was honored to be a part of it and be able to give something back to the kids,” said Staff Sgt. Derius Outlaw, 561st Eng. Co., 45th STB, 45th Sust. Bde. “It felt good to have the kids do something different.”

Combat-lifesaver-certified Soldiers from 45th Sust. Bde. set up a triage station to show kids how they help Soldiers every day.

“This was a great event for the community,” said Spc. Jeremy Franklin, medic, 45th STB, 45th Sust. Bde. “The kids really enjoyed the mannequin the most and were surprised to see the chest filling with air.”

Twenty-five years ago, the Department of Defense designated April as the Month of the Military Child. The celebration recognizes the important role that children play in the military community and applauds them for their sacrifices and courage.

During April, military children were honored Armywide for the roles they play in the armed forces community. Month of the Military Child pays tribute to the daily sacrifices Army youth make in supporting America’s service members.

Military children play through PT

Story and Photo by
SGT. PHILLIS WHITE
8th Theater Sustainment Command Public Affairs

FORT SHAFTER — Army youth and their families jumped, hopped and stretched at the “PT in the Gym” event at the Physical Fitness Center, here, April 26.

The U.S. Army Garrison-Hawaii’s Directorate of Family and Morale, Welfare and Recreation; and Child, Youth and School Services sponsored the event to celebrate the Month of the Military Child.

“This type of activity helps to build families,” said Sgt. 1st Class Danny Robleto, communications, 8th Special Troops Battalion, 8th Theater Sustainment Command.

Robleto, who has recently redeployed from Afghanistan, said he’d been waiting a long time for this type of quality family time.

“We’re out here entertaining children for the CYSS (and) doing physical fitness training with the children to get them active and keep them mobile,” said 1st Sgt. Raymond Myers, Army Hawaii Replacement Detachment, 8th Theater Sustainment Command, Fort Shafter.

The Month of the Military Child event promotes health and fitness, and gives children the opportunity to experience their Soldier’s daily PT.

PT in the Gym consisted of several activities for the children, including group stretching, ladder drills, football targets, soccer shoots and lane drills. Disney characters helped to demonstrate the movements and motivate the children through the different activities.

Army PT T-shirts, toys and prizes were given to the children.

“The most important part of this type of activity is letting the children know that it’s OK to get off of their couch, stop playing their Xbox and go out and actually do something,” Myers said. “There is fun to be had when you are moving around and being active.”

Soldiers from the Replacement Det. volunteered their time to help with the event.

“After the Soldiers volunteered, they were all smiling because they had a great time,” Myers said. “It’s good for them to interact with children, and also learn that they are an important part of the community. The children will always look up to them.”

“This lets (Soldiers) know how important they are to the children around them; it’s a good thing — a win, win for everybody,” he added.

“This is important because we know that there are a lot of moms and dads that are deployed, and we can take pictures and let the parents know that their families are being well taken care of,” said Brendyn Agbayani, director, sports and fitness, CYSS.

April is Month of the Military Child. The designation was established to underscore the important role children play in the armed forces community and to recognize and applaud families and their children for the daily sacrifices they make in supporting America’s Army.

“We appreciate you guys serving and thank you for what you do,” Agbayani said.



Photos by Sgt. Phillis White | 8th Theater Sustainment Command Public Affairs

Lt. Col. Jerry Farnsworth, commander, 84th Engineer Bn., 130th Eng. Bde., 8th TSC, prepares to get dunked during the 16th annual Fun Fest at Schofield Barracks, April 23.

Family Fun Fest excites military families

SGT. 1ST CLASS JOSEPH GARCIA
45th Sustainment Brigade Public Affairs, 8th Theater Sust. Command

SCHOFIELD BARRACKS — Sills Field was jam-packed with inflatable bouncers, games, rides, activity booths and food vendors, as more than 5,000 Soldiers and family members attended the 16th annual Fun Fest, here, April 23.

For the sixth straight year, Information, Ticketing and Registration, or ITR, also hosted a Travel Fair to provide information about discounted travel deals, luaus, cruises and other recreational opportunities available in Hawaii and on the mainland.

The Easter Bunny was on scene; children’s eyes lit up as it made its way to a photo booth and then later, hid Easter eggs for the hunt.

The field was filled with numerous activities for children, including ring toss, Skee-Ball, tic-tac-toe and face painting.

Parents snacked on funnel cakes, popcorn and other treats, while watching their children whirl in circles on the kiddie rides and jump in the inflatable moonwalks.

Units set up food booths to raise money for unit funds. One of the more popular food booths was the old-fashioned root beer float stand, hosted by Soldiers of Headquarters and Headquarters Company, 45th Special Troops Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command.

“My husband is in the Army, and I’m glad that I am able to support him and the unit,” said Tiffany McIntosh, family readiness group leader for HHC, 45th STB, 45th Sust. Bde.

Joselynn Mitsuda; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii, gave away door prizes, including a trip for two to Las Vegas, during



Children enjoy kid-friendly activities such as inflatable slides and rides during the event. Parents could get the latest information about discounted travel deals, luaus and cruises.

a raffle drawing.

“I am so glad that military families are able to enjoy themselves,” Mitsuda said. “This is supposed to end at 2 p.m., but the lines to all the rides are still so long.”

Soon after though, the crowd faded, bouncers deflated, games wrapped up and the Easter Bunny hopped away.

8th TSC ceremony recognizes Soldier, family members as volunteers of year, quarter

SGT. PHILLIS WHITE
8th Theater Sustainment Command Public Affairs

FORT SHAFTER — A Boy Scout master and an Eagle Scout have been named the 8th Theater Sustainment Command’s 2010 Volunteer of the Year and Youth Volunteer of the Year, respectively.

Sgt. Robert Wardleigh, 8th Special Troops Battalion, 45th Sustainment Brigade, 8th TSC, was named the Volunteer of the Year; Conner Dooley was named 2010 Youth Volunteer of the Year.

Maj. Gen. Michael J. Terry, commanding general, 8th TSC, hosted the ceremony at his government quarters, here, April 20.

Wardleigh, who volunteers as the Boy Scout master for Aliamanu Ward Chapter, Troop 677, was recognized for more than 1,100 hours of volunteer service.

“The number one resource that I have is my wife; I couldn’t do anything without her,” Wardleigh said. “(The award) is just a reflection on her.”

As a scout master, Wardleigh mentors 10 military and civilian boys, ages 11-18, teaching them how to positively develop themselves as men.

He also volunteers the deacon’s quorum advisor at his church. He teaches and advises all the youths in his church, as well as volunteers his Saturdays to assist with cleanup and area beautification.

Dooley is the son of Command Sgt. Maj. Scott Dooley, 728th Military Police Bn., 8th MP Bde., 8th TSC.

He was recognized for his volunteer services, as he worked to obtain the rank of Eagle Scout, the highest rank in scouting. Dooley volunteered more than 60 hours in 2010.

He organized a food drive, collecting nonperishable food items from the Joint Base Pearl Harbor-Hickam Commissary to replenish the Fisher House’s pantry. He also collected more than \$2,000 in donations from friends, family, Veterans of Foreign Wars posts and the American Legion to complete the project.

Dooley continues to volunteer in the community and in his church, as a Sunday school assistant. He was selected as a youth ambassador with People to People, where he will participate in a trip to France, Italy and Greece this summer.

“The community thanks you. I thank you. And on behalf of Lt. Gen. (Francis) Wiercinski (commander, U.S. Army-Pacific), we all thank you for what you have done,” Terry said.

The 8th TSC Volunteer of the Year ceremony recognized the quarterly winners for the 2010 calendar year, as well as the volunteers of the year for their outstanding devotion, selfless dedication and unwavering support to the Army community.

8th TSC's 2010 Volunteer of the Year Awards

- Sgt. Robert Wardleigh, 8th STB, 45th Sust. Bde., 8th TSC.
- Conner Dooley, family member, 728th MP Bn., 8th MP Bde., 8th TSC.

8th TSC's 2010 Volunteer of the Quarter Awards

- The following 8th TSC individuals were recognized for their volunteer work:
- Dawn Workman, 45th Sust. Bde., 8th TSC, volunteered more than 579 hours in support of her company’s family readiness group.
 - Jena Siegrist, 84th Engineer Bn., 130th Eng. Bde., 8th TSC, volunteered more than 200 hours as FRG leader for two separate companies.
 - Nina Elison, 84th Eng. Bn., 130th Eng. Bde., 8th TSC, volunteered more than 1,250 hours as FRG leader, coach, team mom and custodian.



Courtesy Photo

A JROTC cadet flies at lightning speed down a zip line in Yokohama Bay Valley during the JROTC WAC, recently.

JROTC cadets compete for Ranger cord, tab

CADET CAPT. JAYCE R. YOUNG
Kahuku High School

WAIANAE — Descriptions such as thrilling, adventurous and heart-racing, blood-pumping and sweat-dropping action all come to mind when you hear the phrase, “Waianae Adventure Challenge,” or WAC.

JROTC cadets from all services competed against each other in the statewide event, here, recently.

All teams negotiated difficult challenges throughout the competition, including rappelling, swimming, running and physical training.

Kahuku High School’s Army JROTC built a strong team with a bond and brotherhood that can’t be broken. This year’s team was mostly composed of all Leadership Education Training 1 cadets, also known as the newbies.

“I was scared when I saw the rappel site, but I overcame it and felt good after I did it,” said Cadet Cpl. Lance Creel. “I have completed WAC.”

The coveted black Ranger cord and the black and gold tab were awarded to eight cadets. The Ranger cord and tab are the highest and most difficult awards to earn.

“We will now be ready for next year,” said one cadet, who thanked and congratulated the whole Kahuku Army JROTC Ranger team. “Welcome to the brotherhood of cadet Rangers.”



Capt. Michael Linnington | 25th Combat Aviation Brigade, 25th Infantry Division

Honoring wounded warriors

HALEIWA — Staff Sgt. Marc Dibernardo (right), Company E, 2nd Assault Helicopter Battalion, 25th Aviation Regiment, “Diamond Head,” 25th Combat Aviation Brigade, 25th Infantry Division, runs in the North Shore Marathon, here, May 1, for wounded warriors. Dibernardo is assisted by members of Team Red, White and Blue.

USAG-HI, FMWR band together for health, wellness

FAMILY AND MORALE, WELFARE AND RECREATION COMMAND
News Release

SCHOFIELD BARRACKS — The U.S. Army Garrison-Hawaii is one of 59 garrisons worldwide participating in “Strong B.A.N.D.S.” in support of National Sports and Fitness Month in May.

B.A.N.D.S. stands for balanced lifestyle, actively motivated, nutritional health, determined to excel, strength and conditioning.

The Family and Morale, Welfare and Recreation Command promotion is designed to energize and inspire community members to live a healthy lifestyle.

“Resiliency is about more than just emotional, family or social fitness,” said Darrell Manuel, director, Army Sports, FMWRC. “It all starts with a healthy body. We want to inspire our Soldiers and families to make nutrition and physical fitness a priority.”

Each participating garrison will host a minimum of three fitness or health-related events throughout the month. Participants will be given Strong B.A.N.D.S. wristbands that symbolize the community’s commitment to a healthier lifestyle.

“The real goal is to get people to commit to a healthy lifestyle, get out and exercise,” Manuel explained. “If we can get folks to start thinking about health and fitness, we’re headed in the right direction.”

FMWR customers also have a chance to win fitness and health-related prizes online. A fitness or health question will be posted on the All Army Sports Facebook page each day, and those

Army Hawaii Strong B.A.N.D.S. events

Participate in one of the three featured B.A.N.D.S. events to receive a commemorative B.A.N.D.S. wristband. Wear the band throughout May to support the strength of the Army family.

- May 12, 19 and 26, 5 p.m.: Play chess at Army Hawaii Chess Club, Tropics Recreation Center, Schofield Barracks.
- May 25, 4-5 p.m.: Learn water, pool and sun safety at Sgt. Yano Library, Schofield Barracks.
- May 27, noon-5 p.m.: Attend the Family Fun Fitness Festival, Commissary parking lot, Schofield Barracks.

Learn more about Strong B.A.N.D.S. at <http://sfa.hawaiioffice.com/bands> or call 655-9650. Visit www.facebook.com/TheAllArmySports for prize giveaways.

Join online fitness and health tracking activities at www.randomfeats.com.

- Through May 15: C2 Global Marathon Challenge.
- Through May 26: President’s Challenge, Push-Up Challenge, Sit-Up Challenge and Squat Challenge.
- Through May 31: Get Out and About Challenge, Global Assessment Tool and Modules, and Mindfulness Challenge.

who answer the question correctly will be entered into a random drawing for prizes, ranging from \$15 to \$300.