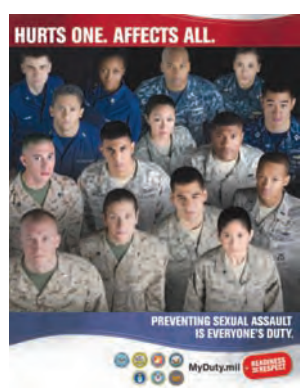




Smiles on faces

2nd Bn., 11th FA Regt. interacts with Iraqi children.

A-4



Awareness

Col. Douglas Mulbury, commander, USAG-HI, signs several prevention proclamations.

B-1

Safety first

IPC offers window safety tips at www.islandpalmcommunities.com, click on "Safety Net," located under "Resident Programs."

B-3



Koa Ohana Day

84th Eng. Bn. spouses and families experience life as a "Never Daunted" Soldier.

B-6

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Story and Photos by
CAPT. THOMAS VAIL
706th Explosive Ordnance Disposal Company, 303rd EOD Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command

FORT SHAFTER – Workers repairing a retaining wall dug up a 900-pound coastal artillery projectile, here, March 30. The finding caused buildings to be evacuated, here.

The 706th Explosive Ordnance Disposal Company, 303rd EOD Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command responded.

Staff Sgt. Thomas Maahs, team leader, 706th EOD Co., 303rd EOD Bn., 45th Sust. Bde., identified the shell as an MK-15, which still had a large explosive charge and fuse installed.

"Situations like these can be very dangerous," Maahs said about the 48-inch-long projectile. "The age of the round, along with the condition of the fuse, can make these types of rounds very hazardous."

The team of EOD Soldiers coordinated for an armored humvee from the company's headquarters on Schofield Barracks to meet them on-site; they safely removed the round and transported it to a range capable of handling the detonation destruction.

The team coordinated closely with the Honolulu Police Department before

SEE EOD, A-5



The 706th EOD Co., 303rd EOD Bn., 45th Sust. Bde., 8th TSC, response team prepares to load the World War II-era projectile into a humvee for transportation to a range on Schofield Barracks for detonation.

New primary care clinic opens in Kalaeloa

Clinic serves Kapolei, Makakilo, Ewa Beach, surrounding communities

NICK SPINELLI
Tripler Army Medical Center Public Affairs

HONOLULU – Active duty Army family members will soon be able to enjoy the same world-class health care they currently receive at Tripler Army Medical Center by enrolling at the Warrior Ohana Medical Home.

The opening of this new clinic at 91-1010 Shangrila Street, Suite 100, Kalaeloa, will relieve the volume of

Enrollment
Patients who wish enroll at the Warrior Ohana Medical Home should complete the enrollment form found at www.tamc.amedd.army.mil, and email it to tamc.benefits@amedd.army.mil, fax it to (808) 433-1379 or bring the form to TAMC's Tricare Service Center, 1st Floor, Oceanside, 7:30 a.m.-4:30 p.m., Monday-Friday. For more information, call (808) 433-3422.

appointments, procedures, emergency services and even traffic on the island with comprehensive family medicine, behavioral health and pharmacy and lab services.

The opening of the clinic will also relieve the hectic schedule at TAMC, bringing a community-based primary care clinic closer to where beneficiaries live and work.

Active duty beneficiaries are encouraged to enroll with a primary care manager at the Warrior Ohana Medical Home. The grand opening is 9 a.m., April 20, and the clinic will be open for patient care beginning April 21. However, families can already enroll either through TAMC's website or at the Tri-care Service Center.

Health partnership
In this model of care, patients share responsibility for their health through a partnership with their primary care providers and nurses, according to Mary Nilges, group practice manager for the clinic. Patients take an active role in their care and are encouraged to communicate with their team, ask questions and participate in decisions

SEE CLINIC, A-6

Fallen service members honored in ceremony

MASS COMMUNICATION SPC. 2ND CLASS JON DASBACH
Navy Public Affairs Support Element West Detachment Hawaii

HONOLULU – Hawaii's state Senate and House of Representatives honored 17 fallen service members with the Hawaii Medal of Honor at the state Capitol, here, March 29.

The medals were awarded on behalf of the state of Hawaii to the family members of individuals who were killed in action while serving as part of Operations Iraqi Freedom and Enduring Freedom.

Ten Soldiers and seven Marines were honored during the ceremony.

"The Hawaii Medal of Honor is awarded on behalf of the people of Hawaii to Soldiers (and service members) who are connected to these islands and are part of our ohana, or family, forever," said Shan Tsutsui, president, Hawaii state Senate. "Today, I am truly privileged and proudly humbled to take part in this ceremony to honor those who have sacrificed their lives in the event of our nation and its freedom."

Recipients of the medals were active duty service members, reservists and Hawaii National Guardsmen who were residents of Hawaii, attended school in Hawaii or were



stationed in Hawaii.

"This was the state of Hawaii honoring the sons and daughters of Hawaii," said Lis Olson, mother of Spc. Toby Olson, who was awarded the Hawaii Medal of Honor in 2007.

The Olson family received the award at this year's ceremony.

Although family members and friends represented only nine of the 17 fallen service members, all service members received honors, rendered with two bells after their names were announced.

At the end of the ceremony, the Hickam Honor Guard gave a 21-gun salute, which was followed by taps, performed by the Marine Forces Pacific Band.

"No one who puts on the uniform wants to die for their country, but they are, nonetheless, willing to, if it means their country will live in peace and security," said Maj. Gen. Darryll Wong, adjutant general, Hawaii National Guard. "At the very least, such selflessness deserves public recognition on the highest order, and that is why we are here today."

As of Dec. 31, 2010, 284 service members with Hawaii ties have sacrificed their lives while in the line of duty.

284

—As of Dec. 31 2010, 284 service members with Hawaii ties have sacrificed their lives while in the line of duty.



Army reservists from 9th MSC's 100th Bn., 442nd Inf. Regt., join World War II veterans from the 100th Inf. Bn., 442nd Regt. Combat Team, and the Military Intelligence Service, at Iolani Palace, March 28.

9th MSC reservists, veterans recreate historic scene

Story and Photo by
CHRISTINA DOUGLAS
9th Mission Support Command Public Affairs

HONOLULU – Sixty-eight years have passed since the day when thousands of Japanese-American volunteers in the 442nd Regimental Combat Team gathered at Iolani Palace, here, before shipping off to World War II.

Nearly seven decades later, 35 of the same veterans stood side-by-side with U.S. Army reservists from the 100th Battalion, 442nd Infantry Regiment, 9th Mission Support Command, at Iolani Palace, here, to recreate this historic scene, March 28.

The 100th Inf. Bn., 442nd Regt. Combat Team, and the Military Intelligence Service veterans' loyalty and credibility were questioned at the beginning of the war with Japan. Yet, after the bloody battles that characterized their wartime service, these Soldiers became part of the most decorated unit in U.S. military history.

The 13,000 veterans are slated to receive what will likely be their final commendation: the Congressional Gold Medal. This prestigious honor is the highest possible civilian award, and it will be presented to the three units later

SEE 9th MSC, A-5

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

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Commander, U.S. Army Garrison-Hawaii
Col. Douglas S. Mulbury
Director, Public Affairs
Dennis C. Drake
Chief, Internal Communication
Aiko Rose Brum, 656-3155
aiko.brum@us.army.mil
Managing Editor
Lacey Justinger, 656-3488
editor@hawaiiarmyweekly.com
News Editor
Vanessa Lynch, 656-3150
vanessa@hawaiiarmyweekly.com
Pau Hana Editor
Vickey Mouze, 656-3156
community@hawaiiarmyweekly.com
Layout
Nicole Gilmore
Web Content
Stephanie Rush, 656-3153
stephanie.anne.rush@us.army.mil
Advertising: 529-4700
Classifieds: 521-9111
Editorial Office: 656-3155/3488
Address:
Public Affairs Office
742 Santos Dumont Ave., WAAF
Building 108, Room 304
Schofield Barracks, HI 96857-5000
Website:
www.hawaiiarmyweekly.com

Nondelivery or distribution
problems in Island Palm Community housing areas? If so, call 656-3155 or 656-3488.

192 days
since last
fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 4/7/11.

Garrison Commander's Corner

Installation Action Council prioritizes, resolves community-wide concerns

COL. DOUGLAS MULBURY
Commander, U.S. Army Garrison-Hawaii

In last November's "Ask the Garrison Commander" column, I talked about an important community forum called the Installation Action Council, or IAC.

I would like to take this opportunity to review the IAC and provide an update to the program.

I chair this council, and garrison directors and other senior staff attend as subject matter experts.

The purpose of the council is to consider and prioritize issues and concerns that broadly impact our local military community. The council is not intended to address individual problems — those are better served through the Interactive Customer Evaluation, or ICE, system. Rather, the intent of the IAC is for council members to hear issues that affect our entire community

The IAC is a resolution process that collects issues and recommendations from the community via focus groups, surveys and an issue sheet collection. Members include a Soldier and spouse representative from each brigade and command, as well as a Soldier and spouse from constituent groups such as retirees, veterans and single Soldiers.

The IAC complements the Hawaii Army Family Action Plan, or HAFAP, which addresses issues requiring higher command resources, direction or support. However, the IAC discusses and resolves issues at our garrison level.

The benefit of having both programs (the IAC and the HAFAP) is that the IAC is able to immediately handle those issues that impact our local community. HAFAP focuses on issues that have an impact in the broader Army community, those that might even need congressional support.

During the first quarter of fiscal year 2011, the council heard 46 community issues; of those, 37 were addressed and 25 were resolved. In the second quarter, the council received 30 community issues and resolved 12.

Typically, many IAC issues concern family housing, managed by Island Palm Communities; parking spaces and traffic flow, maintained by the Directorate of Public Works;



Mulbury

and speeding and feral animals, controlled by the Directorate of Emergency Services.

This month's council recommended several positive actions, including refresher training for IPC staff and funding for more IPC self-help programs.

DES told the council it will continue to enforce speed limits in the housing areas, and is looking into installing more speed bumps in some IPC housing areas. Also, DES explained it's enforcing the garrison's two pets, per family, policy, and picking up stray animals, as required.

Meanwhile, as evident throughout north and south installation areas, DPW said it has many street construction projects underway to improve traffic flow and safety.

Many other directorates and organizations are working to support the U.S. Army Hawaii community.

Survivor Outreach Services, or SOS, is continuing to work with commands to update its continuity lists with information on surviving families of fallen Soldiers, to ensure families are contacted at least annually. SOS is also sending out bimonthly newsletters.

The Judge Advocate General of the 8th Theater Sustainment Command is working with U.S. Army-Pacific's JAG to ensure that family readiness group training is consistent from a staff judge advocate perspective, regardless of who is providing FRG training.

In the days, weeks and months ahead, I encourage you to continue to use ICE if you have a comment — good or bad — about a specific occurrence with a particular service provider. Service providers receive your comments almost immediately after they are submitted within ICE. They can respond directly to you, if requested.

(Editor's Note: Gayle Yanagida, USAG-HI Plans, Analysis and Integration Office, contributed to this article.)

IAC

For more information about the IAC, or to see if your unit is represented, contact Rosey Stone at 655-9033 or through email, Roselina.Stone@us.army.mil.

IAC issue sheets and past issue information and results are available at www.garrison.hawaii.army.mil/sites/services/iac.asp.

SFAC director honored for small business program

Story and Photo by
VANESSA LYNCH
News Editor

SCHOFIELD BARRACKS — Each year, the U.S. Small Business Administration honors outstanding small business owners, entrepreneurs and advocates who demonstrate the business acumen, tenacity and achievement, particularly in the face of adversity, to excel in their industry.

Hank Cashen, director of the Soldier Family Assistance Center, called "Na Kao Puuhonua," or the Warrior Place of Refuge, was nominated for the 2011 Veteran Small Business Champion award.

Cashen and his team offer a one-stop shop for Warrior Transition Battalion Soldiers and families to fulfill their vital mission: to heal. Since transitioning back to work after an injury or out of the military can be a pretty scary event, the SFAC is a light at the end of the process to help with Soldier and family readiness and well-being.

"We work hand-in-glove with our Soldiers and their families to get them either ready to go back to work or to leave the Army with either a work or education plan," Cashen said.

The SFAC partners with several organizations to get counselors and liaisons on hand for education, finance, Veterans Affairs, military benefits, social services assistance, the Army Career Alumni Program, Child and Youth Services, and Army Community Service.

Listening to the needs of WTB Soldiers has always been a priority for Cashen, and when Soldiers started showing an interest in starting their own businesses, Cashen and his team put the idea in motion.

"We started a small business seminar, where we invited community experts to come in to speak to our Soldiers who were interested in entrepreneurship," Cashen said, about the program that started in April 2010. "Now we run a seminar every month, and the Soldiers have been very receptive to all the knowledge and information being given to them from respected community business leaders."

Cashen's small business seminars are responsible for the start and success of several new business ventures.

"It's always been a dream of mine to run my own business, and Hank Cashen gave me the tools I needed and helped me realize that dream," said retired Staff Sgt. Fred Shaw of his towing business, Warrior Express Towing, which he started while transitioning out of the WTB a year ago. "If you don't have something set up before you get out of the Army, you won't survive. You need to take advantage of all that the Army offers you, so you can be successful when you get out."



Hank Cashen (right), director, SFAC, helped retired Staff Sgt. Fred Shaw start his own business, Warrior Express Towing, through the center's small business seminars. Cashen was named as the 2011 Veteran Small Business Champion at both the state and regional levels.

The Veteran Small Business Champion award recognizes an individual who has fulfilled a commitment to support advancing small business opportunities for veterans of the U.S. armed forces, which is one of many reasons why Naomi Masuno, one of the SBA seminars' guest speakers, nominated Cashen.

"I had no idea she nominated me until I found out that I won at both the state and national level," Cashen said, about being honored at the state legislature, March 28. "Even though I won the award, it wouldn't have been possible without the support of my staff here."

Cashen also will be honored at the 24th Annual Statewide SBA luncheon, April 29, at Hilton Hawaiian Village. He is now competing at the national level.

Winners will be announced during Small Business Week, May 16-20, in Washington.

Small Business Seminars

For additional information, call the SFAC at 655-7171.

— FOOTSTEPS in FAITH —
God can help us overcome bouts of depression

CHAPLAIN (CAPT.) ANTHONY CECCH
209th Aviation Support Battalion,
25th Combat Avn. Brigade, 25th Infantry Division

The Centers for Disease Control and Prevention notes that roughly one in 10 Americans is affected by depression, which is as many as 40 million people.

On the most basic level, depression affects all of us at some time, with loss of sleep and energy, fatigue, reduced ability to concentrate, feelings of hopelessness or worthlessness, loss of interest and pleasure in normal activities, or a desire to just stay in bed.

In the Bible, Elijah faced depression. He had a relationship conflict, was physically and mentally tired, and experienced some disappointments.

It takes tons of energy to handle conflict and just as much to avoid it. I talk to people almost every day who feel like tons of conflict is in their lives with bosses, coworkers, kids, spouses, parents and neighbors.

We get susceptible to depression when around conflict. Significant depression can also come after physical exhaustion.

Hard work, not eating well, not sleeping well and mental wrestling to fix a problem leads to physical and emotional exhaustion. Depression also comes after great disappointment, including the failure of a relationship or an unfulfilled dream. Further, we can become depressed after major achievements like a job offer, a long-awaited assignment or promotion or the birth of a child.

Athletes wonder why they feel so empty with the trophy on their shelf. Students wonder why they feel so unfulfilled with the diploma in their hands. Mothers wonder why they can't stop the tears even though they have a healthy baby. We need more than achievements. We need our maker, our Lord.

When we get depressed, we resist the idea that it's our fault. We often push away other people in our lives, people who can help, love and care for us. We focus on negative things and overlook the good, and we forget where God has been good to us in the past.

So how do you meet God in your depression? How do you get out of depression?

First, surround yourself with people. Elijah went and found a place by himself. He had a friend, but he chose to be alone.

People hurt us, so we escape from everyone. But depression shuts out what we need most: people to love, care for and minister to us, to give us a reality check and a shoulder to lean on.

Second, don't focus on the negative. In everyone's life there is good and bad. Pain tends to make us only see the pain; we get really focused on the negative.

Proverbs 4:23 says, "Above all else, guard your heart, for it is the wellspring." This verse means we have to stop focusing on the negative and look for the positive. Look for what's good in life, right now.

Also, don't forget God's provision. Elijah forgot how God had worked in his life. Focus on those times and places you have seen his faithfulness, protection, help, provision, grace or strength.

Let God confront and comfort you in your depression.



Cech

Getting it Straight

Sen. Shan Tsutsui was misidentified as Sen. Wil Espero in "Honoring Nixon," page A-2, in the April 1 edition.

Voices of Ohana

April is the Month of the Military Child:

What is the best thing about being a military child?

Photos by U.S. Army Garrison-Hawaii Public Affairs



"Making new friends."
Sophie Elison
Family member



"Being able to live in Hawaii."
Elizabeth Elison
Family member



"Getting free health care."
Kota Miskell
Family member



"Meeting new people."
C.J. Scarborough
Family member



"Getting to live in different places."
Issiah Scarborough
Family member

84th Engineers learn about Korean culture

2ND LT. LAURA BETH BEEBE
84th Engineer Battalion Public Affairs, 130th Eng. Brigade, 8th Theater Sustainment Command

SCHOFIELD BARRACKS – School was in session, March 23, to prepare leaders of the 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, for possible deployments throughout the Pacific.

Dr. Sasha Vovin, professor of East Asian languages and literature at the University of Hawaii at Manoa, taught about the Republic of Korea, or ROK.

Vovin emphasized the importance of being aware of cultural differences and courtesies and passed on what he calls “survival hints.” The lesson for Soldiers, he said, is to remember that when they are deployed, they not only represent the U.S. Army, but are also ambassadors to allied nations.

“I am privileged to be given this opportunity to give you leaders a ‘101’ on Korea, as you may get the opportunity to serve in this area,” Vovin said.

Learning about other cultures is especially important for engineers, as many of their missions and exercises send them throughout the Pacific region.

As the only modular construction effects engineer battalion in U.S. Army-Pacific, the 84th Eng. Bn., 130th Eng. Bde., has an important role in exercises like Ulchi Freedom Guardian, an annual exercise that takes place in the ROK in August. The exercise aims to improve planning, readiness and interoperability; enhance security relations; and demonstrate the U.S.’s resolve to support the ROK.

Vovin’s interactive lecture covered many of the unique aspects of the Korean Peninsula, including history, religion, politics and culture. Because the ROK is such a diverse country, it was important for the 84th Bn.’s leaders to get the best training possible about the environment in which they will spend time or be sending Soldiers to.

Engineers expect to team up with their ROK military counterparts during any exercise in country. Understanding cultural differences, including what type of behavior is and isn’t acceptable, is vital to building good relations between U.S. and ROK Soldiers.



Soldiers from HHC, 45th Sust. Bde., 8th TSC, perform buddy carries during CLS training at Area X. The training was part of the practical exercise phase of CLS certification.

CLS training prepares unit for emergencies

Story and Photos by
SGT. CHRIS HUDDLESTON
45th Sustainment Brigade Public Affairs, 8th Theater Sust. Command

SCHOFIELD BARRACKS – After four weeks of Combat Life Saver training, Soldiers stepped out of the classroom and took their skills to the field to demonstrate one of the most important warrior tasks.

Soldiers and noncommissioned officers from Headquarters and Headquarter Company, 45th Sustainment Brigade, 8th Theater Sust. Command, took part in CLS training, March 24, at Area X, here.

“I’d rather have them make 1,000 mistakes here than one mistake downrange,” said Staff Sgt. Hector Jasso, medical section NCO, HHC, 45th Sust. Bde.

Jasso and his team instructed their fellow Soldiers on how to perform buddy carries, proper nine-line medical evacuation reports, litter use and other medical tasks.

“This training is a lot more in depth than what I received in basic,” said Pvt. Matthew Hilton, HHC, 45th Sust. Bde., after learning how to properly apply a nasal pharyngeal airway and needle chest decompression. “The hands-on (training) is definitely a lot better than reading



A Soldier from HHC, 45th Sust. Bde., 8th TSC, practices a needle chest decompression on a mannequin during CLS training at Area X, March 24.

(about) it or just listening to them talk about it.”

Needle chest decompression is used to provide temporary relief from the effects of a collapsed lung. The nasal pharyngeal airway is a method of overcoming blocked airways.

“We try to stress the ABCs of casualty care, to keep it simple: airway, breathing and circulation,” Jasso said.

More than 75 Soldiers rotated through five stations to reinforce the four weeks of CLS-focused training.

The training does not classify the Soldier as a medical specialist; however, it does give the Soldier a better chance of saving a life in the event of a medical emergency, either in combat or in daily life.

524th CSSB NCOs raise the bar with battalion-wide ‘Sergeants Time Training’

CAPT. BRENT A. SOHN
524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command

DILLINGHAM TRAINING AREA – “Sergeants Time Training,” or STT, is weekly squad- to company-level training that routinely takes place every Thursday throughout the Army.

Training for Soldiers of the 524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command, was anything but the norm, here, recently, as noncommissioned officers took it up a notch with a battalion-wide STT.

Maj. Gen. Michael J. Terry, commander, 8th TSC, visited the STT site.

“This is what right looks like,” Terry said. “The NCOs and Soldiers of the 524th CSSB have set a new standard of excellence for conducting Sergeants Time Training. I am very impressed.”

The battalion’s four companies – Headquarters and Headquarters Co., 25th Transportation Co., 40th Quartermaster Co. and 536th Maintenance Co. – traveled about 15 miles via tactical convoy to the training site, while the 545th Boat Trans. Co., stationed at



Photos by Chaplain Daniel Cho | 524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command

Soldiers in the four companies of the 524th CSSB, 45th Sust. Bde., 8th TSC, pose for a picture following the 524th CSSB’s battalion-wide STT at Dillingham Training Area, recently.



Soldiers of the 524th CSSB, 45th Sust. Bde., 8th TSC, receive instruction on Army Watercraft Operations during the battalion-wide STT at Dillingham Training Area.

Joint Base Pearl Harbor-Hickam, traveled more than 40 miles to reach the training site.

Once the convoys arrived, Soldiers enjoyed a hot breakfast, while instructors from each of the companies established their training areas at var-

ious locations throughout the site. Instructors taught 10 subjects in a round-robin format to give Soldiers instructions on critical tasks and skills related to operations, such as running a tactical operation center and using standard Army management

information systems, entry control point techniques, detainee handling procedures, tactical movements and watercraft operations.

“All the NCOs and Soldiers in the battalion can be very proud of the way they planned and executed this

mission,” said Lt. Col. Jeffery Carter, commander, 524th CSSB, 45th Sust. Bde. “I am extremely pleased with the professionalism and expertise demonstrated by the instructors and the attentiveness of the Soldiers.”

45th Sust. Bde. does heavy lifting during loading exercise while Airmen lend support



Sgt. Donald Burton (in vehicle), signal support specialist, Co. B, 45th STB, 45th Sust. Bde., 8th TSC, backs up his humvee and trailer onto a C17 Globemaster at JBPBH.

Story and Photo by
1ST LT. MICHAEL HEIM
45th Special Troops Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command

WHEELER ARMY AIRFIELD – As any Soldier who has deployed can testify, preparing equipment for transportation and deployment can be a daunting task.

Soldiers from Company B, 45th Special Troops Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command, recently took on that task in a nearly monthlong loading exercise.

Both Co. B, 45th STB, 45th Sust. Bde, and the 535th Airlift Squadron, Joint Base Pearl Harbor-Hickam, or JPBHH, used the loadex as an opportunity to train Soldiers and Airmen on the proper procedures for loading and securing vehicles and containers onto a C17 Globemaster, a military transport aircraft designed to transport both troops and equipment.

Soldiers practiced backing up the humvees with attached trailers, while Airmen guided them.

Training culminated in a joint exercise with Airmen of the 535th Airlift Sqdn., honing the necessary steps to prepare and deploy equipment and to improve overall unit readiness.

“I thought it was a really good refresher for the Soldiers who have deployed, and really important for the newer Soldiers to get hands-on (training),” said 1st Sgt. James McPhee, Co. B, 45th STB, 45th Sust. Bde.

“They were able to go from ‘A to Z’ with the whole process. Now, they have an advantage over others who haven’t trained in those areas.”

Soldiers prepared all the vehicles and equipment necessary for deployment, including physically loading them onto a C17 Globemaster.

“It was a good learning experience since I have never deployed before, and now I know more about what the Air Force does and how they help us deploy,” said Pvt. Daniella Wilson, Co. B, 45th STB, 45th Sust. Bde.

2nd Lt. Frank Guizar and Sgt. Geoffrey Calloway, both from Co. B, 45th STB, 45th Sust. Bde., led the team through what proved to be a lengthy process. Soldiers inventoried six M1097 humvees, an M1152 humvee with a joint network node shelter attached and three satellite transport terminals. Then, they packed and loaded the equipment into nine containers.

Once all equipment and vehicles had been prepared, Soldiers and the Directorate of Logistics, U.S. Army Garrison-Hawaii, inspected and certified the containers and equipment.

Cleared for travel, Soldiers transported the equipment and vehicles to JPBHH and loaded all onto planes for transport.

“It was awesome to train with the Air Force in a joint training mission,” McPhee said; “they were able to get something out of it also.”



Sgt. Jesus J. Aranda | 25th Infantry Division Public Affairs

Sgt. Maj. David Armour (center), outgoing command sergeant major, 25th ID, salutes as the National Anthem is played during a change of responsibility ceremony at Camp Liberty, Iraq, March 19.

‘Tropic Lightning’ welcomes new CSM

SGT. 1ST CLASS KRISHNA GAMBLE
25th Infantry Division Public Affairs

CAMP LIBERTY, Iraq — Six recommendations for command sergeant major were received, but only one could be selected.

Command Sgt. Maj. Ray Devens accepted the duties, responsibilities and authority as 25th Infantry Division command sergeant major during a ceremony, here, March 19.

“He is probably an unconventional choice for some,” said Maj. Gen. Bernard Champoux, commander, 25th ID, on his choice for the new senior enlisted leader of the “Tropic Lightning” Division. “But I think this is exactly what this division deserves, someone who was raised a little bit differently, has a different perspective on things and who is a quality leader (who will ensure) our Soldiers and officers thrive.

“He started his military career in this division,” Champoux said. “He has served with distinction in all his assignments. He’s always been a quiet professional who expects more of himself than he ever demands from anybody else. He leads by example and takes pride in who he is.

“He takes pride in the uniform he wears, and most importantly, he takes pride in his Soldiers,” Champoux added.

For Devens, being named the division sergeant major was more about those he has served with who helped him along the way.

“This is a great opportunity for me, but this is not about me,” Devens said. “This is about a lot of people I’ve known in my life that put me in this place. A lot of wonderful warriors and leaders ... helped me achieve ... what I’ve gotten to today, and I hopefully (will) progress on.”

Devens, a founding member of the U.S. Army’s Asymmetric Warfare Group, comes to the 25th ID after serving with I Corps at Fort Lewis, Wash. He takes over Tropic Lightning duties two months after Command Sgt. Frank Leota departed to fulfill his new role as the U.S. Army-Pacific command sergeant major.

Following Leota’s departure, Sgt. Maj. David Armour, operations sergeant major, 25th ID, was appointed the additional duty of division command sergeant major.

“Armor, you’ve just been brilliant,” Champoux said. “You provided a service that you didn’t ask for, (and) you didn’t an-



Sgt. 1st Class Jon Soucy | 29th Mobile Public Affairs Detachment

Command Sgt. Maj. Ray Devens (left), incoming command sergeant major, 25th ID, talks with Robert Gates, secretary of defense, during Gates’ visit to Camp Liberty, Iraq, April 7.

124th Med. Team joins JPAC to treat Cambodians

18TH MEDICAL COMMAND
News Release

KINGDOM OF CAMBODIA — A recovery team from the Joint Prisoners of War/Missing In Action Accounting Command, or JPAC, provided optometry expertise to local Cambodian communities during a humanitarian assistance mission, here, recently.

Lt. Col. Debra McNamara, commander, 124th Medical Detachment (Optometry), 18th Medical Command, deployed, here, as a medical augmentee, to support the mission.

In addition to recovery efforts, U.S. and Cambodian medical specialists participated in a two-week health engagement that focused on women’s health issues. The engagement included 10 days of subject matter expert exchanges with staff from Cambodian hospitals. Participating provinces included regions of Kampong Cham and Kratie, which are part of the Asia Pacific Regional Initiative Program, adopted by U.S. Pacific Command to support its Theater Security Cooperation activities.

McNamara worked with the ophthalmology staff at Phnom Penh Children’s Surgical Center and Kratie Hospital to diagnose and treat eye disease and to provide post-operative eye care.

The weekends offered four days for medical outreach events, where more than 7,000 patients in rural and highly underserved communities were treated with humanitarian and civic assistance programs.

McNamara also worked closely with a local optometrist during these medical outreach events to reinforce medical, educational and socio-cultural capabilities.

“These activities were critical in the justification and approval process to secure mission funding,” said Capt. Drew Webb, physician assistant and medical team leader, 124th Med. Det., 18th MEDCOM.

The joint optometry team provided eye care to 873 patients; it prescribed 702 pairs of prescription glasses, 500 pairs of sunglasses and 368 medications. It also referred 36 patients to receive surgical correction for cataracts; glaucoma; tumors or eye conditions that damage the optic nerve; pterygium, or a non-cancerous growth of the clear, thin tissue that lays over the white part of the eye; and strabismus, a condition in which the eyes are not properly aligned with each other.

“McNamara treated close to 1,000 patients in a two-week period, with the majority of the referrals for surgical corrections coming directly from her specialty,” Webb said.

McNamara; Master Sgt. Layton Robique, an Air Force independent duty medical technician; and two translators elected to forgo their rest and recuperation days to voluntarily treat underprivileged children at Phnom Penh’s Future Light Orphanage, home of more than 287 orphans.

More than 40 of the 200 children and staff examined received treatment for glasses, medication, surgical referral and/or specialty care, including a half-an-hour session of vision therapy for six children diagnosed with convergence insufficiency.

Phaly Nuon, executive director, Future Light Orphanage, was very grateful and thanked the JPAC optometry team for its generous work and for “spending valuable time to provide eye care to ... children and staff.”



1st Lt. Jae Kim, executive officer, Battery A, 2nd Bn., 11th FA Regt., 2nd BCT, 25th ID, kicks a soccer ball around with a local Iraqi child during “Iraqi Kids Day,” March 26, at Joint Base Balad, Iraq.

‘Golden Dragons’ train 12th IA Div. to not drop dimes

Story and Photos by
PFC. ALYXANDRA MCCHESENEY
1st Advise and Assist Task Force Public Affairs, 1st Infantry Division,
U.S. Division-North



Sgt. Bernardo Medina, infantryman and lead instructor of the M16 rifle training course, HHC, 1st Bn., 14th Inf. Regt., 2nd BCT, 25th ID, discusses zeroing procedures and what a proper shot group should look like for IA soldiers during classroom instruction at FOB Texan, March 20.



Sgt. Bernardo Medina (left), HHC, 1st Bn., 14th Inf. Regt., 2nd BCT, 25th ID, uses his experience to show an IA soldier serving with Commando Co., 15th Bde., 12th IA Div., how a left-handed shooter should be positioned when firing an M16 rifle, at FOB Texan, March 20.

CONTINGENCY OPERATING BASE WARRIOR, Iraq — U.S. Soldiers placed dimes on top of the M16 muzzle of their Iraqi trainees.

In turn, the Iraqi soldiers balanced the dimes on the end of their rifles and squeezed their triggers.

One by one, dimes dropped and soldiers laughed. The Iraqis began to realize that control had to be employed to keep the dimes in place.

The U.S. Soldiers are assigned to Headquarters and Headquarters Company, 1st Battalion, 14th Infantry Regiment, “Golden Dragon,” 2nd Brigade Combat Team, 25th Infantry Division. They used the skills they had acquired in basic combat training and refined through years of experience to mentor and train Iraqis and to build their M16 rifle muscle memory at Iraqi Forward Operating Base Texan, March 20-22.

“We are starting with the very basics of Soldiering skills,” said Sgt. Bernardo Medina, infantryman and lead instructor, HHC, 1st Bn., 14th Inf. Regt., 2nd BCT. “The more they know their weapon and all of the functions of it, the more they will know what do if it malfunctions.”

Golden Dragon Soldiers demonstrated each fundamental of the M16 rifle step-by-step for their Iraqi counterparts.

“There are four fundamentals you all must know before stepping up to the firing line,” Medina told the Iraqi soldiers.

After rehearsing the techniques several times, Iraqi soldiers tested their mastering of the four fundamentals dime drills.

“The motivation the U.S. Soldiers gave us made the class fun; it kept me interested in wanting to learn,” said Pvt. Mohamed Shahal Ahmed, Commando Co., 15th Bde., 12th Iraqi army Div. “I want to thank all of the instructors who made this class easy to understand and exciting to learn. I can’t wait to take these skills and teach my soldiers to be as proficient as I will be when this training is done.”

‘Iraqi Kids Day’ brings joy to battle-tested units

2nd Bn., 11th FA Regt. fulfills dual purpose

Story and Photo by
STAFF SGT. RICARDO BRANCH
2nd Brigade Combat Team Public Affairs, 25th Infantry Division

JOINT BASE BALAD, Iraq — A group of excited, young Iraqi children jumped up to swarm and dash around 1st Lt. Jae Kim, Battery A, 2nd Battalion, 11th Field Artillery Regiment, 2nd Brigade Combat Team, 25th Infantry Division, as he playfully kicked around soccer balls at the Morale, Welfare and Recreation building, here, March 26.

Soldiers of 2nd Bn., 11 FA Regt., 2nd BCT, joined with other units, here, to host approximately 100 Iraqi children participating in the day’s events, including rappel rides, face painting, sport activities and a piñata filled with candy and toys.

A year ago, interacting with Iraqi kids only occurred in fleeting moments when U.S. Soldiers took small breaks during patrols to play with the kids, Kim said.

These days, units operating from here regularly host events, such as “Iraqi Kids Day,” which bring service members together with the local community.

“Seeing these kids, here, together, enjoying themselves and just being kids, is good to see,” said Spc. Francisco Valdes, artilleryman, Battery C, 2nd Bn., 11th FA Regt., 2nd BCT. “I’ve been able to see a lot of good things we have done in Iraq, and this is definitely one of those good things.”

Kim said, after numerous missions outside the base, playing with kids can bring joy to even the most battle-tested Soldiers.

“The simple things we take for granted, you just don’t see a lot of here, so it’s good to just get a bunch of the kids together for some fun,” Kim said. “When the kids see us on the streets, all they see are Soldiers in body armor with weapons, moving about on missions. This lets them see the other side of U.S. Soldiers.”

He explained that events, which bring local children to the base, serve dual roles in the Iraqi community.

“Bringing the kids here allows them to see us without our combat gear (on) and to learn we’re just like everyday people, and it gives parents an opportunity to see we’re here to help them,” Kim said.

‘Wolfhounds’ host forum to address losses downrange



Courtesy of 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

Gray Huber (left), who served in 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID, during the Vietnam War, addresses leaders on the issue of combat loss at the Sgt. Smith Theater, Schofield Barracks, March 23.

STAFF SGT. AMBER ROBINSON
3rd Brigade Combat Team Public Affairs,
25th Infantry Division

SCHOFIELD BARRACKS — Two retired Soldiers discussed the issue of combat loss with noncommissioned officers and leaders at Sgt. Smith Theater, here, March 23.

The Soldiers are members of the 2nd Battalion, 27th Infantry Regiment, “Wolfhounds,” 3rd Brigade Combat Team, 25th Infantry Division, and they are set to deploy later this month.

The former Soldiers were Gray Huber and Carter Tucker, who both served in Vietnam.

Huber served as a platoon leader and Tucker as a chaplain. From 1967 to 1968, Tucker performed more than 100 memorials for fallen Soldiers and hoped his experiences with loss would help the next generation of Wolfhounds.

“It’s a tough subject to talk about,” said Lt. Col. Daniel Wilson, commander, 2nd Bn., 2nd Inf. Regt., 3rd BCT, “but it’s a subject we need to talk about.”

The mission of the Wolfhound forum was to address the pain and heartache of the infantryman in the most humane way possible. The forum focused mainly on how important it is for Soldiers to communicate their pain to others.

“After 24 years in the military, I can tell you that being in a combat unit is all about building a team, and that team often becomes closer than blood family, particularly in combat,” Wilson said. “Soldiers rely on each other in combat, and I think that same reliance on others is just as important in the healing process.

“It’s not a process you can go through alone,” Wilson continued, “and it always helps to be with others who have experienced the same things.”

Tucker, who served two tours in Vietnam, relayed experiences of loss and words of encouragement and advice to the Wolfhound Soldiers. He opened with his diary entry from March 21, 1967, written during his Vietnam tour, 44 years ago.

“To love, to lose, to care ... are all identical triplets of one another. ... In that, none are easy,” Tucker said, reading his journal entries.

“Maybe this will help you, maybe it won’t,” Tucker said, “but it was how I, as a chaplain, dealt with loss. Dealing with loss as a Soldier should be no different than how anyone else with a conscious should deal with loss. You have to face it.”

Although Soldiers are encouraged to deal with grief, combat sometimes calls for a Soldier to put grief aside and focus on the mission at hand. Soldiers must find a unique balance, where they learn to keep emotions at bay and their head in the fight, but also find a time to deal with loss.

“As a Soldier, you learn you can’t dwell on it,” Huber said. “You have to put it in a secret place inside yourself and move on. But when you get time, you have to take out your grief and deal with it.”

For Huber and Tucker, the war in Vietnam took a toll on them, as men and as Soldiers. But in the midst of their grief, they learned a great deal about their own inner strength, how to connect with others and how to move on.

“There are times you have to pull on a reserve you didn’t know you had,” Tucker said. “On those days, when you think you couldn’t take this another day ... you were wrong. You got up, you laced up those boots, and you went out there and did what you had to do. Most won’t locate that reserve until they have to have it. But it’s there. Believe in that.”

EOD: Unit teams up with HPD



The photo above shows the MK-15 artillery projectile found at Fort Shafter, March 30, which was moved by Soldiers with the 706th EOD Co., 303rd EOD Bn., 45th Sust. Bde., 8th TSC, to a Schofield Barracks range for destruction by detonation.

CONTINUED FROM A-1

and during the incident to ensure the transportation of the round was safely completed.

The area that was evacuated was reopened by noon.

“The incident site and size of the projectile were unusual, for sure,” said Sgt. 1st Class Kieran Dollard, operations noncommissioned officer, 706th EOD Co., 303rd EOD Bn., 45th Sust. Bde. “We respond to (more than) 100 incidents a year, on average, around the state of Hawaii.”

The 706th EOD Co., 303rd EOD Bn., 45th Sust. Bde., is responsible for all bomb squad requests across the entire state, with the exception of Oahu, where it responds only to Army property or military ordnances found off post. HPD’s bomb squad has the responsibility for all improvised explosive device calls for service and anything else that does not fall under those covered by the Army on Oahu.

“This type of cooperation and professional relationship building becomes vital when we respond to suspicious package calls and help protect major events,” said 1st Sgt. Darrin Watson, first sergeant, 706th EOD Co., 303rd EOD Bn., 45th Sust. Bde. “Without the high level of interaction, we would have a difficult time performing our homeland defense missions. The agencies, and more importantly, the people we work with are all great.”



Capt. Vic Underwood | 196th Infantry Brigade, U.S. Army-Pacific

Recognizing prior service

FORT SHAFTER — Col. Jack Pritchard (left), commander, 196th Inf. Bde., U.S. Army-Pacific, and Command Sgt. Maj. Joseph Uncangco (right), senior enlisted leader, 196th Inf. Bde., gather with retired Sgt. Anthony Alleva Jr. (center right), who is flanked by his wife, Carol, during a ceremony honoring the retiree at the Hale Ikena, here, March 7.

Alleva is a veteran who served with Company C, 3rd Battalion, 21st Inf. Regt., 196th Inf. Bde. (Light), from 1966 to 1967 during the Vietnam War.

“I wish to thank you and all those who prepared and participated in this great honor. It is something that my wife and I will remember for the rest of our lives,” Alleva wrote in an email to Pritchard. “We are truly grateful to you, and the men and women of the 196th Inf. Bde.”

Alleva’s wife asked Pritchard to surprise her husband with a visit by Soldiers in the current 196th Inf. Bde. during their visit to Hawaii.

9th MSC: Veterans attest that the ‘Go for Broke’ spirit lives on in unit

CONTINUED FROM A-1

this year in Washington.

“We want to honor the veterans ... with our family, friends and the community,” said retired Maj. Gen. Robert Lee, Congressional Gold Medal-Hawaii committee member and former Hawaii adjutant general. “The veterans came home and lived their lives with the same dignity and dedication they showed in battle. Our community has been inspired by their support.”

Lee said that the unit’s “Go for Broke” spirit still lives on in today’s ranks.

“The Soldiers serving today are absolutely proud to be a part of the history and tradition of the 100th Inf. Bn., 442nd Regt. Combat Team,” he said. “(To the veterans,) you can be sure that your legacy remains in the U.S. Army today, as evident by the Soldiers standing behind you.”

Staff Sgt. Anthony Livernois, senior mechanic, 740th Combat Support Company, 100th Bn., 442nd Inf. Regt., said that to be a part of such

a historic organization is extremely humbling.

“I only hope that we can continue to honor our predecessors and bring credit upon what they have done and all they have sacrificed,” he said.

“Every day that we have the opportunity to be with them is a privilege,” said Lt. Col. Kimo Dunn, commander, 100th Bn., 442nd Inf. Regt. “They are living legends. We see what these veterans have done for our community, state and country, as a whole. The part that really hits home is that legacy of service and patriotism to

our country. We’re just so privileged to be a part of it.”

Because many of the aging veterans will not be able to attend the Washington event, the Congressional Gold Medal-Hawaii committee plans to hold a parade in Waikiki, Dec. 17, followed by a banquet at the Honolulu Convention Center.

As for the current Soldiers of the 100th Bn, 442nd Inf. Regt., Dunn said they are sure to attend to honor the veterans and continue to carry on the “Go for Broke” legacy.

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Clinic: Warrior Ohana Medical Home provides same-day appointments

CONTINUED FROM A-1

that affect their health and the health of their families.

“This core team works with the patient to take care of new health concerns as they arise, to ensure delivery of preventive screening and services, (to) manage chronic health problems and (to) promote a spirit of health and wellness,” Nilges said. “This relationship between each patient

and his or her health care team is the heart of the (Warrior Ohana Medical Home).”

The clinic provides the full scope of family medicine beneficiaries would expect to receive in any private-practice doctor’s office.

Currently, the clinic hosts a staff of seven primary care managers, or PCMs, and enrollment is approximately 1,355 per PCM. The goal is to ensure all patients receive necessary care.

“We will make every effort to ensure that the

patient gets an appointment when they want it, including same-day appointments,” Nilges said. “We strive to provide same-day access with the patient’s health care team, so that (patients) will not have to rely on urgent care centers or emergency rooms for primary care.”

For services unavailable at the Warrior Ohana Medical Home, the clinic’s licensed practical nurse care coordinators will work with patients to set up specialty appointments and other PCM

referrals. Clinic staff will also book follow-up appointments and procedures.

The Warrior Ohana Medical Home is one of 17 clinics that the Army is opening across the U.S.

In a letter to potential patients, Brig. Gen. Keith Gallagher, commander, TAMC, said ideas, opinions and suggestions from Soldiers and family members, of how Army health care should be, inspired the opening of clinics like this one in Hawaii.

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today

Road Closure – The completion date for the Santos Dumont Road closure at Wheeler Army Airfield between Kawamura Gate and Nakamine Street has been extended from April 2 to May 14, due to adverse weather and reconstruction.

Santos Dumont Avenue between Nakamine and Warhawk streets will also be closed during this period for road reconstruction work.

Call 656-2479 or get the latest U.S. Army Garrison-Hawaii traffic updates at www.garrison.hawaii.army.mil; click on “Post Information,” then “Traffic Updates.”

11 / Monday

West Point – Single Soldiers interested in learning more about the U.S. Military Academy can meet with an admissions officer, 1-3 p.m., April 11, Sgt. Yano Library, Schofield Barracks. Soldiers must be a U.S. citizen, not have any dependents and not yet have turned 23 upon admission.

West Point provides a four-year college degree, room and board, and a commission as an Army second lieutenant. Visit www.admissions.usma.edu or call (845) 938-5780.

12 / Tuesday

AFCEA Luncheon – This Armed Forces Communications and Electronics Association, or AFCEA, event is 11 a.m., April 12, Hale Ikena, Fort Shafter. Guest speaker is Lt. Gov. Brian Schatz who will discuss the Asia

Pacific Economic Cooperation meetings to be held November in Honolulu. For reservations, visit www.afceahawaii.org or call 441-8524.

Survivor Support Group

– Monthly meeting is 5:30-7:30 pm, April 12, Building 330, Aloha Center, Fort Shafter, for families of the fallen and battle buddies. Children are welcome, and pizza and refreshments are provided. Call 438-9285.

14 / Thursday

Closure – The Fort Shafter Flats physical training field will close, 7 a.m.-3 p.m., April 14, for helicopter operations. Affected areas are the Fort Shafter Flats PT field and surrounding track, and parking areas around and adjacent to the field. Call 656-0220/0223.

Child Abuse Prevention

– This presentation is 1-2:30 p.m., April 14, Sgt. Smith Theater, Schofield Barracks. Attendance at this presentation will satisfy two of the four hours of a unit’s annual alcohol and drug awareness training requirement, or a civilian’s required two hours.

15 / Friday

PARC Seawall – Repair work on portions of the Pililaau Army Recreation Center, or PARC, seawall is scheduled to start April 14. Work is set to be completed by the end of May.

Recreation activities will be limited around the work site, as there will be temporary barricades and construction equipment staged near the project.

Beach users should take appropriate safety precautions when around this area. Caution signs will be posted around the work area. Call 656-3159.

18 / Monday

94th Seminar – The 94th Army Air and Missile Defense Command will host its first Joint Air Missile Defense Tactics Seminar, April 18-21, in Honolulu. The 2011 seminar is a U.S.-only event and is aimed at working tactical and operational issues critical to the joint air missile defense community. Call 438-2893 or DSN 438-2893. Visit www.usarpac.army.mil/94AAMDC/.

Tax Deadline

– Taxpayers have until April 18 to file their 2010 tax returns and pay any taxes due because Emancipation Day, a holiday observed in the District of Columbia, is April 15. District of Columbia holidays impact Internal Revenue Service tax deadlines in the same way that federal holidays do. Therefore, all taxpayers will have an extra three days to file this year.

Taxpayers requesting an extension will have until Oct. 17 to file their 2010 tax returns.

Visit www.irs.gov, call (800) 829-1040 or visit a taxpayer assistance center.

19 / Tuesday

“Train as you Ride” – This event is for active duty military only, April 19-20, on the aircraft ramp at Kalaeloa (Barbers Point). This four-hour “Advanced Motorcycle Course” emphasizes curve technique at

speeds similar to roadway conditions using curriculum from the California Superbike School.

Enroll at <https://airs.lmi.org>. Select Pacific, Hawaii and Advanced Motorcycle Course. Call 655-6746 or email william.n.maxwell@us.army.mil.

Ongoing

AER Annual Campaign

The Army Emergency Relief annual campaign is underway now through May 15. Voluntary contributions allow AER to fulfill its mission of helping Soldiers in times of distress and misfortune. Call 655-7132.

Federal Insurance

– Open season runs through June 24 for the Federal Long Term Care Insurance Program, or FLTCIP. Actively at-work federal and U.S. Postal Service employees and their spouses/same-sex domestic partners, and active members of the uniformed services and their spouses, are eligible to apply with abbreviated underwriting, meaning fewer health questions to answer.

This offering is not a general open season for current FLTCIP enrollees. Current FLTCIP enrollees can make changes to their coverage at any time. Non-enrolled annuitants and other qualified relatives can apply for coverage at any time, but must complete a full underwriting application. Visit www.ltcfeds.com or call (800) LTC-FEDS (582-3337).

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Today

Closure – Basketball and racquetball courts at the Fort Shafter Physical Fitness Center will be closed through April 8 to scrub and recoat hardwood floors. Call 438-1152.

9 / Saturday

K-Bay Sandbar – Take a trip to Kaneohe, 6:30 a.m.-1 p.m., April 9. Cost is \$65; round-trip transportation from Schofield Barracks is included. Call 655-0143 to register.

Tropics After Dark – Don't stay in on a Saturday night. Enjoy food and beverage specials along with lively music, 6 p.m., April 9, Tropics Recreation Center, Schofield Barracks. Call 655-5698.

Drawing Lessons – "Drawing on the Right Side of the Brain" happens for teens and adults, 10-11 a.m., each Saturday, through April 30. Cost is \$45 and includes supplies. Call 655-4202 to register.

11 / Monday

Free Hula Classes – The Native Hawaiian Liaison Office, U.S. Army Garrison-Hawaii, welcomes all Soldiers and families to participate in free hula classes, Mondays in April, 5-7 p.m., at Kalakaua Community Center, Schofield Barracks. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Classes feature the different types of hula, fundamentals of hula steps and movement and posture. Call 655-9694 or email nhliaison@gmail.

12 / Tuesday

BSC Keiki Night – This Month of the Military Child, Blue Star Card holders can enjoy free keiki meals at Keiki Night, throughout April, for children 10 and under. Valid BSCs must be shown to receive the discount. Call 655-0002. Keiki nights are 5-8 p.m., Tuesdays, Hale Ikena, Fort Shafter, or 5-8 p.m., Wednesdays, Kolekole Bar and Grill, Schofield Barracks.

Dad's Den – This meeting is at noon and 6 p.m., April 12, Army Community Service, Schofield Barracks. Dads can discuss different challenges they experience in fatherhood. Call 655-6215.

Teen Lounge Book Club – Teens can share their opinions about the latest, most popular books, 4:30-5:30 p.m., April 12, Sgt. Yano Library, Schofield Barracks. Only the latest popular titles have been selected. Sign up at the library or call 655-8002.

Free Fishing Class – Join Outdoor Recreation for this class, 5- 7:30 p.m., April 12. Learn different fishing tech-

niques, lure making and rod making. Bring your own supplies and equipment. To register, call 655-0143.

Autism Support Group – Meeting is 6-7:30 p.m., April 12, Schofield Barracks Main Chapel. Call 655-4227.

Bunco at Tropics – Games start at 6 p.m., April 12, Tropics Recreation Center, Schofield Barracks. All ID card holders 18 and older are welcome. Call 655-5698.

Mini Soccer Registration – Registration runs through April 12. Children born in 2006-2007 are eligible for this parent and child participation program, wherein kids will learn the basics of the sport. Cost is \$20. Call 655-6465 or 836-1923.

14 / Thursday

Free Poker Tournament – This Tropics annual tournament is set for April 14, 21 and 28; all dates are qualifying games; the final is May 5. All games start at 6 p.m. at the Tropics Recreation Center, Schofield Barracks. All ID card holders 18 and older are welcome; play is free with no buy in. Register at mwrarmyhawii.com or call 655-5698.

15 / Friday

Career Fair – This event features more than 35 employers, 10 a.m.-2 p.m., April 15, Kalakaua Community Center, Schofield Barracks. Bring a perfect resume and dress for success. Bring a professional portfolio with samples of your work and references. Call 655-4227.

Family Fun Friday – Enjoy free pizza and games at the Tropics Recreation Center, Schofield Barracks, 6 p.m., April 15. Call 655-5698.

16 / Saturday

MOMC Teen Lock-In Around the World – All Child, Youth and School Services facilities will conduct their own celebrations throughout the Month of the Military Child. See your center for a complete calendar of events. This MOMC event goes from 7 p.m-7 a.m., April 16, at the Aliamanu Military Reservation and Schofield Barracks teen centers. Teenagers must be registered with CYSS.

BOSS DeeJay – Single Soldiers can show off their skills on the turntable at this "So You Think You Can DeeJay" event, sponsored by Better Opportunities for Single Soldiers. Start time is 6 p.m., April 16, Tropics Recreation Center, Schofield Barracks. Call 655-1130.

19 / Tuesday

BSC, Magic and Hale Koa – The Magic in Paradise show and buffet is 4:30-9:30 p.m., April 19, at the Hale Koa Hotel. In observance of the Month of the Military Child, Blue Star Card holders get discounted tickets: Adults are \$25; keiki 17 and younger are free. BSC holders must reserve tickets through the BSC program and not through the Hale Koa activities office for this show. Deadline to register is April 8; call 655-0112

SEE MWR BRIEFS, B-6



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

State Parks – Summer hours for eight Oahu state parks have started and run through Sept. 5 (Labor Day). Hours are 7 a.m.-7:45 p.m. for Keaiwa Heiau, Malaekahana, Puu Ualakaa, Sand Island, Waihala Ridge, Wahiawa Freshwater, Kahana Beach Park, Ka Iwi Shoreline and Makapuu Lighthouse. Visit www.hawaiistateparks.org.

9 / Saturday

Surf and Turf – Run on the beach, 6:30 a.m., April 9, starting from the O' Club, Marine Corps Base Hawaii, Kaneohe Bay, through the Klipper Golf Course, and along North Beach. On-site registration runs 5:15-6:15 a.m.; a safety briefing starts 6:15 a.m. Late registration is \$25 per individual runner. This event is open to the public.

10 / Sunday

Army Polo Hawaii – Soldiers and their families are invited to cheer for Army Polo Hawaii at the opening of the Hawaii polo season, April 10, at Mokuleia Polo Field, 68-411 Farrington Highway, Waialua. General admission is \$10; \$7, with military ID card; children under 12 are free. Gates open at noon; however, it's best to arrive no later than 1 p.m. since the first match starts at 2 p.m. This benefit match will support Soldiers and their

families. Call 371-7656.

11 / Monday

Paradise Shoppette – The Paradise Shoppette at Schofield Barracks will close for renovation, April 11-May 11 and will reopen as the Paradise Xpress. During the upgrade, patrons can use the Kolekole Shoppette, the Sunset Mini-Mall or the Schofield Barracks Car Care Center, now open 24 hours a day.

13 / Wednesday

"Tell Me a Story" – The Schofield Barracks Parent to Parent Team will host this event, 5:30-7 p.m., April 13, at Wheeler Elementary School. Fred Murphy, interim principal, Wheeler Elementary, will read "The Remarkable Farkle McBride" by John Lithgow. Each family that attends will receive a free copy of the book and can participate in

a craft and enjoy a snack. Admission is free, but reservations must be made by emailing ptop.schofield@militarychild.org or by calling (910) 977-8980.

14 / Thursday

New Roman Missal – The Military Council of Catholic Women of Aliamanu Military Reservation Chapel has started a study of the changes in the new Roman missal. The group meets 9 a.m., Thursdays, for Mass, followed by fellowship and study. Call 673-0591 or email mcccwhawaii@yahoo.com.

Fundraiser – The Hui O'Na Wahine (Schofield Barracks Spouses Club) will hold its annual auction fundraiser, "Make it, Bake it, Fake it," 6-9 p.m., April 14, at the Nehelani, Schofield Barracks. All proceeds go to Hui O'Na Wahine scholarship and welfare grants, which will be distributed in May. Tickets are \$20 each and



Easter and Holy Week Services

The U.S. Army Hawaii community is invited to attend various Easter celebrations now through April 24. The U.S. Army Garrison-Hawaii Religious Support Office offers services in north and south Oahu areas.

Preregistration is required for child care services at the Aliamanu Military Reservation, 836-4599 or 833-6831; and Schofield Barracks Main Post Chapel, 655-9307.

April 11

6 p.m., WAAF Lenten Reconciliation Service

April 14

5 p.m., MPC Confirmation

April 16

5 p.m., FD Palm Sunday Mass
5 p.m., WAAF Palm Sunday Mass

April 17, Palm Sunday

8:30 a.m., AMR Palm Sunday Mass
9 a.m., MPC Kid's Easter Pageant
10:30 a.m., MPC Palm Sunday Mass
Noon, MPC Palm Sunday Service

April 21, Maundy Thursday

5 p.m., FD Maundy Thursday Service
6 p.m., WAAF Mass of the Lord's Supper and Adoration
6 p.m., AMR Mass of the Lord's Supper and Adoration

April 22, Good Friday

2 p.m., MPC Celebration of the Lord's Passion
3 p.m., AMR Celebration of the Lord's Passion
5 p.m., FD Good Friday Service
7 p.m., MPC Good Friday Service (Protestant and Gospel)
7 p.m., WAAF Liturgical Good

Friday Service

April 23, Holy Saturday

7 p.m., MPC Easter Vigil Mass
10 a.m., HMR Children's Easter Egg Potluck at Alii Beach Park in Haleiwa; RSVP at 653-0702 and leave a message.

April 24, Easter

6:15 a.m., National Memorial Cemetery of the Pacific Easter Sunrise Service with Royal Hawaiian Band. Gates open at 4:30 a.m. For information about the service, call 384-8701; for information about the band, call 922-5331.

6:30 a.m., Battleship Missouri Memorial Joint Services Easter Sunrise Service

6:30 a.m., MPC Easter Ecumenical Sunrise Service

8:30 a.m., AMR Easter Sunday Mass
9 a.m., WAAF Easter Liturgical Service, followed by potluck

9 a.m., FD Easter Sunday Service
10 a.m., HMR Regular Service
10:30 a.m., MPC Easter Sunday Mass

10:30 a.m., AMR Chapel Protestant Service at Hickam Harbor Foster's Point

Noon, MPC Gospel Service's Children and Youth Easter Program
12:30 p.m., AMR Gospel Service

Legend

AMR: Aliamanu Military Reservation Chapel

FD: Fort DeRussy Chapel

HMR: Helemano Military Reservation Chapel

MPC: Main Post Chapel, Schofield Barracks

WAAF: Wheeler Army Airfield Chapel



Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
FS: Fort Shafter Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks

PH: Aloha Jewish Chapel, Pearl Harbor

SC: Soldiers' Chapel, Schofield Barracks

TAMC: Tripler Army Medical Center Chapel

WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF and FD

•Sunday services:
– 8:30 a.m. at AMR
– 10:30 a.m. at MPC Annex
– 11 a.m. at TAMC

•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

•Sunday, 12 p.m. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Monday, 6 p.m. at PH (Bible Study)

•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at MPC Annex

Protestant Worship

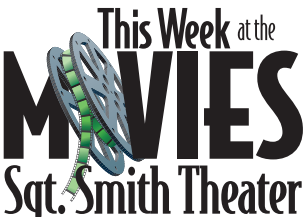
•Sunday Services
–9 a.m. at FD, FS, MPC and TAMC chapels
–9 a.m. at WAAF chapel, Lutheran/Episcopalian
–10 a.m. at HMR
–10:30 a.m. at AMR

Single Soldiers' Bible Study

•Wednesday, 11:30 a.m. at SC. Lunch is provided.

Worship Service

•Sunday, 6 p.m. at SC.



Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



I Am Number Four

(PG-13)
Fri., April 8, 7 p.m.



Gnomeo And Juliet

(G)
Sat., April 9, 4 p.m.
Sun., April 10, 2 p.m.

Big Mommas: Like Father, Like Son

(PG-13)
Sat., April 9, 7 p.m.
Thurs., April 14, 7 p.m.

Take Me Home Tonight

(R)
Wed., April 13, 7 p.m.

No shows on Mondays or Tuesdays.



Courtesy of Nan, Inc.

The School Age Center at Schofield Barracks includes a playset and outdoor basketball court.

School Age Center exceeds standard

Corps of Engineers gets LEED gold

VANESSA LYNCH
News Editor

SCHOFIELD BARRACKS — The School Age Center, here, is another example of U.S. Army Garrison-Hawaii’s ongoing efforts to support the Army Family Covenant by ensuring excellence in schools, youth services and child care.

The \$12.3-million center is named “Napua Koa,” or Children of the Warrior, and opened last year for children ages 6-10.

In addition, the U.S. Army Corps of Engineers-Honolulu District recently received its first Leadership in Energy and Environmental Design, or LEED, gold certification for this fiscal year 2007 USAG-HI project as well as Project Delivery Team for 2010.

COE-HD’s design-build contractor for the project, Nan, Inc., received an outstanding performance award and safety excellence award for the center.

The School Age Center has all the things one would expect to find in a place of learning, such as classrooms, study areas, a computer lab and a multipurpose room. Also, five separate program rooms, including a performing arts room, an outdoor soccer field and a basketball court, complement the learning environment.

“The last time a building was built here for this particular age group was the Bennett Youth Center in 1988,” said Mark Maddox, transition specialist with the Directorate of Family and Morale, Welfare and Recreation’s Child, Youth and School Services. “We went from an enrollment of 90 children and a no wait list, to an enrollment of 200 children and a wait list in this new building.”

What makes this building special is that it’s been ranked LEED Gold; this certification is the recognized standard for measuring building sustainability.

The LEED green building certification program encourages and accelerates global adoption of sustainable green building and development practices, according to project architect, John Fullmer, of Mason Architects in Honolulu.

LEED promotes a whole-building approach to sustainability, recognizing performance in five key areas of human and environmental health: sustainable site development, water savings, energy efficiency, materials selection and indoor environmental quality.

The LEED green building rating system — developed and administered by the U.S. Green Building Council — promotes design and construction practices that increase profitability, while reducing the negative environmental impacts of buildings and improving occupant health and well-being.

The rating system offers four certification levels for new construction — certified, silver, gold and platinum — that correspond to the number of credits accrued in five green design categories: sustainable sites, water efficiency, energy and atmosphere, materials and resources, and indoor environmental quality.

This project earned 42 points on the LEED scale. “We used products and materials with very little volatile organic compounds and took extra steps during the installation of the air conditioning units to ensure that construction dust did not enter the new ducts,” Fullmer said.

“We also harnessed the heat given off from the air conditioners, by putting it back into the system to heat the water for the entire building,” he said, “and 28 percent of our total building materials were recycled content and from local manufacturers.”

Although the project was based on a standard Army design, Fullmer was able to play around with how the building looked, including adding skylights to take advantage of Hawaii’s natural light.

ISLAND PALM COMMUNITIES

News Release

SCHOFIELD BARRACKS — Windows play a vital role in home safety, serving as a secondary escape route in the event of a fire or other emergency.

The Window Safety Task Force of the National Safety Council reminds parents that windows can also pose a risk for a fall in the home if other safety measures are not followed.

To help promote window safety awareness, the National Safety Council celebrates National Window Safety Week each year during the first full week of April.

To help spread this important message, Island Palm Communities has launched a window awareness campaign.

“Providing our families with information on how they can help keep their loved ones safe has always been a main priority,” said Tom Adams, director, property management at Island Palm Communities. “We share safety information with families when they move in and make an effort to keep safety top-of-mind throughout their residency, with monthly tips on our website’s Safety Net page and with campaigns like this,” he said.

IPC has conducted similar safety campaigns in the past, such as fire awareness, Adams added.

During the next few weeks, IPC community and maintenance teams will distribute safety tips to residents while conducting daily community walks or following routine services calls.

Staff will hand out cards with important window safety tips and provide valuable information and resources on its website.

Keep keiki safe

Unattended children run the greatest risk of falls and injuries, so the best first step is to watch children as they play. No prevention measure can substitute for careful adult supervision.

Here are some tips from the National Safety Council:

- Windows provide a secondary means of escape from a burning home. Determine your family’s emergency escape plan and practice it. Remember that keiki may have to rely on a window to escape in a fire. Help them learn to safely use a window under these circumstances.
- Keep your windows closed and locked when keiki are around. When opening windows for ventilation, use windows keiki can’t reach.
- Set and enforce rules about restricting play near windows or patio doors. Falling through the glass can be fatal or cause serious injury.
- Keep furniture — or anything keiki can climb — away from windows. Children may use such objects as a climbing aid.



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The University of Values



2nd Lt. Laura Beth Beebe | 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

Kim Barney, wife of 1st Lt. Anthony Barney, 84th Eng. Bn., 130th Eng. Brigade, 8th TSC, and other members of “Team Knapper,” led by Capt. Karen-Nicole Knapper, signal officer, 84th Eng. Bn., struggle to cross a gap in the Leadership Reaction Course during “Koa Ohana Day,” March 25.

84th Eng. Bn. spouses are warriors for a day

2ND LT. GRANT TAULBEE

84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

SCHOFIELD BARRACKS — More than 50 spouses of Soldiers in the 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, participated in “Koa Ohana,” or Warrior Family Day, here, March 25.

Spouses got firsthand experience with various Army training tasks.

“We learned what it takes to be a member of a team, to appreciate the benefits of being physically and morally fit, and what it’s like to walk the path of a warrior (with) service, camaraderie, leadership, motivation and faith in self and each other,” said Nicole Paradiso, wife of Spc. Michael Paradiso, carpentry and masonry specialist, 84th Eng. Bn., 130th Eng. Bde.

In the morning, spouses participated in the electronic skills and the virtual squad trainers, watched a humvee egress assistance trainer rollover demonstration and familiarized themselves with the M249 squad automatic weapon. All of these tasks allowed spouses to learn basic warrior skills.

“It was so much fun, and I have a better understanding of what our Soldiers really go through on a daily basis,” said Coral Cullin, wife of Spc. Ryan Cullin, carpentry and masonry specialist, 643rd Eng. Company, 84th Eng. Bn., 130th Eng. Bde.

Spouses were then divided into squad-sized teams to compete against each other during the leadership reaction course, a two-mile road march and obstacle course. Each squad carried an original guidon it had created earlier in the day.

“Koa Ohana Day brought so many people together,” said Sasha Giacomo, wife of Spc. William Giacomo, construction equipment supervisor, 561st Eng. Co., 84th Eng. Bn., 130th Eng. Bde. “It showed the true meaning of a family (and) team; (team members) wouldn’t let you give up or give up on you when things got rough.”

The day ended with comments from Lt. Col. Jerry Farnsworth, commander, 84th Eng. Bn., 130th Eng. Bde., and a picnic on Hamilton Field.

Winning teams received awards for the LRC competition in the road march and obstacle course. Battalion Soldiers voted for the best team guidon award, as well.

By the end of the day, spouses were hot, dirty and exhausted, but all had a better understanding of their Soldiers’ sense of duty, honor and esprit de corps.



Sgt. Nathan Akridge | 25th Infantry Division Public Affairs

Honoring volunteers

SCHOFIELD BARRACKS — Volunteers from the 25th Infantry Division are recognized for their community service at the 25th ID Quarterly Volunteer Awards Ceremony, here, March 29.



CONTINUED FROM B-2

or email amada.p.montgomery@us.army.mil. Limited round-trip transportation is available from Schofield Barracks. Visit www.halekoa.com to learn more about the show.

22 / Friday
MOMC Mini-Military Madness — Activities will run from 9 a.m.-noon, April 22, at Stoneman Field, Schofield Barracks, for this Month of the Military Child event, which features displays of Army vehicles and equipment.

26 / Tuesday
MOMC PT in the Gym — Month of the Military Child fun is scheduled from 6:30-

7:30 a.m., April 26, at the Fort Shafter gym. Participants should bring towels. Afterward, Blue Star Card children can have their photo taken with Eddie the Eagle. Call 655-6465.

Free Lei Workshop — Get ready for Lei Day (May 1) and learn to make your own lei. The workshop includes a history of the craft. All materials will be provided. To register, email nhliaison@gmail.com or call 655-9694. The Native Hawaiian Liaison Office is hosting the event.

Dates and times follow:
•April 26, 5:30-7 p.m., Aliamanu Military Reservation Community Center.
•April 27, 5:30-7 p.m., Fort Shafter Library.
•April 28, 6-7:30 p.m., Sgt. Yano Library, Schofield Barracks.

Youth Soccer — Registration runs through April 26. Youth born from 1995-2006 are eligible. Cost is \$55. Call 655-6465 or 836-1923.