

## INSIDE



### Advise and assist

‘Wolfhounds’ support RDU during a cordon-and-search mission.

A-3



### Mine training

15th EHT qualifies as unit master trainers during a two-week course.

A-5

## Eddie the Eagle

Read all about Eddie’s experience hanging out with NFL mascots, exclusively at [www.hawaiiarmyweekly.com](http://www.hawaiiarmyweekly.com).



### AFAP

Delegates gather to discuss issues during 27th annual AFAP conference.

B-1

## This issue

Garrison Commander’s Corner	A-2
Footsteps in Faith	A-2
Deployed Forces	A-3
News Briefs	A-6
FMWR	B-2
Health	B-3



Soldiers and leadership within the HHD, 19th MP Bn. CID, 6th MP Group, U.S. Army Criminal Investigation Command, stand in formation during the unit’s redeployment ceremony from Afghanistan, before they reunite with loved ones, Feb. 3.

## Criminal Investigation Division redeploys

Story and Photos by  
**PFC. MARCUS FICHTL**

8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command

**SCHOFIELD BARRACKS** — Approximately 30 Soldiers from the Headquarters and Headquarters Detachment, 19th Military Police Battalion Criminal Investigation Division, 6th MP Group, U.S. Army Criminal Investigation Command, redeployed in a ceremony here, Feb. 3, after a historic deployment to Afghanistan in support of Operation Enduring Freedom.

The HHD, 19th MP Bn. CID, based at Wheeler Army Airfield, was the first CID Battalion Headquarters to deploy to Afghanistan from Hawaii.

Lt. Col. Robert McNeil, commander, 19th MP Bn. CID, 6th MP Group, knew the new mission was going to be tough.

“We thought this was going to very hard, (as) the mission was absolutely new to CID. We asked ourselves what did we volunteer for?” McNeil said.

The unit was hard at work as soon as it touched down in Afghanistan.

“We literally started from scratch; we didn’t even have a place to live,” McNeil said. “(While deployed,) we opened seven new Title 10 criminal investigative offices, which greatly enhanced the ability to respond to commanders and investigate serious crimes.”

The CID detachment was divided into two- and

**SEE CID, A-3**



Two Soldiers reunite after a yearlong deployment to Afghanistan during a ceremony for the Soldiers of HHD, 19th MP Bn. CID, 6th MP Group, U.S. Army Criminal Investigation Command, at Martinez Physical Fitness Center, Schofield Barracks, Feb. 3.

## 599th Trans. Bde. enjoys team building during ‘Warrior Week’

Story and Photos by  
**DONNA KLAPAKIS**

599th Transportation Brigade Public Affairs

**WHEELER ARMY AIRFIELD** — “Warrior Week” provided a full week of consolidated training in warrior tasks for Soldiers assigned to the 599th Transportation Brigade, headquartered here, plus specially designed scenarios befitting transporters.

Warrior Week training, held Jan. 31-Feb. 4, also contained some tasks that were new to Soldiers and some civilians assigned to the brigade.

“Our Soldiers are busy with their work and are frequently (on temporary duty),” said Capt. David Dennett, commander, 599th Headquarters and Headquarters Detachment, 599th Trans. Bde. “Before, we conducted the training throughout the year, on a catch-as-you-can basis. We decided to dedicate one week for the training when all Soldiers would be at the headquarters.”

Dennett emphasized that Warrior Week was important for team building, too.

“We normally see each other (at physical training) in the mornings, but then go to do our day job as transporters,” he said. “This way, we had a whole



Staff Sgt. Keith Mobley, plans NCO; Sgt. 1st Class LoNika Harris, plans NCOIC; and Command Sgt. Major Steven Oldham, command sergeant major, all with the 599th Trans. Bde., use their Army Combat Uniform trousers as flotation devices at Richardson Pool, Schofield Barracks, Feb. 3., in drownproofing training during the brigade’s Warrior Week.

week of working together on our warrior tasks.”

The week kicked off with call-for-fire training at the Installation Training Center, Schofield

**SEE WARRIOR WEEK, A-7**

## 196th Inf. leads way in irregular warfare

**SGT. 1ST CLASS JULIUS TORRES**

Headquarters and Headquarters Company, 196th Infantry Brigade, U.S. Army-Pacific

**SCHOFIELD BARRACKS** — In preparation for their deployment to the Philippines, the National Guard’s 29th Forward Detachment, 29th Infantry Brigade Combat Team, received some in-depth briefings on “irregular warfare” from the 196th Inf. Bde., U.S. Army-Pacific.

The 196th Inf. Bde. used USARPAC’s Asian Pacific Irregular Warfare Analyst Center, or AP-IrWAC, to provide the briefings covering the Philippines area of operations.

Providing professional, high-quality training sup-

port to Reserve and National Guard units throughout the USARPAC AOR is part of the mission of the 196th Inf. Bde., as well as providing effective training assistance to units during pre- and post-mobilization readiness to meet a unit’s full-spectrum operations.

The in-depth AOR briefing, Jan. 25, brought the 29th Fwd. Det. up to date on the most relevant facts about the Philippines. The briefing provided the detachment with information on the country’s political and cultural aspects and cutting-edge training in

**SEE 196th INF., A-7**



**Sgt. 1st Class Tyrone Marshall** | 25th CAB Public Affairs, 25th ID

A 25th CAB, 25th ID Black Hawk flies over Wheeler Army Airfield’s flightline, recently.

## 25th CAB makes precautionary landing at school

**25TH INFANTRY DIVISION PUBLIC AFFAIRS**

News Release

**SCHOFIELD BARRACKS** — While enroute to the Pohakuloa Training Area on the Big Island of Hawaii, a UH60 Black Hawk from the 25th Infantry Division’s Combat Aviation Brigade experienced a warning light Monday morning, which prompted a landing at a sports field near Koko Head Elementary School.

Army regulations require the crew to make a precautionary landing at the nearest safe area if this occurs.

The pilots landed the helicopter safely in an area well clear of any school buildings or personnel, and repair crews were dispatched immediately to check the helicopter.

The pilots made contact with the school principal to explain the landing, and they volunteered to allow the children to come out and see an Army helicopter and ask the pilots questions.

After inspecting the aircraft, the maintenance crew determined the helicopter was safe to continue to fly.

After the students of Koko Head Elementary had a chance to look at the aircraft and ask the pilots questions, the aircraft departed the area.



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The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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**Nondelivery or distribution** problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3488.

136 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 2/10/11.

Defender 6 sends

Net Zero is 100-percent beneficial to everyone

LT. GEN. RICK LYNCH

Commander, Installation Management Command

WASHINGTON – The Army has a bold vision for managing natural resources on its installations: They will become “net zero.”

That is, as we go about the complex business of living, working and training on installations, our use and production of resources will balance out, so that in the end, we do not over-consume or waste.

The most exciting part of the Army Net Zero vision is this: We all have a part to play in achieving it.

When the concept of net zero was first applied to installations, it was in terms of energy. A task force, which grew out of a 2008 joint initiative of the departments of Defense and Energy, studied the possibility of net zero energy installations, or installations that produce as much energy on-site as they use during the course of a year.

Army Net Zero goes beyond energy to include water and waste.

Army Net Zero’s holistic approach increases our ability to achieve the larger goal of sustainable installations. With an eye to all three – energy, water and waste, we are more likely to move beyond isolated projects, which carry the risk of succeeding in one area at the expense of another, to an integrated plan that balances benefits and costs

across our operations.

Installations reach net zero through five interrelated steps: reduction, repurposing, recycling and composting, energy recovery and disposal.

To achieve net zero energy, garrisons start with aggressive conservation efforts to reduce the amount of energy being used in the first place. Then, garrisons repurpose energy or find secondary uses for building exhausts, boiler stack exhausts and other thermal energy streams, and recover heat from the electricity generation process. Once garrisons have reduced their load through conservation and efficiency measures, installations can meet their remaining requirements through renewable or alternative energy projects.

A net zero water installation limits the consumption of freshwater and returns water back to the same watershed, to not deplete the groundwater and surface water resources of that region in quantity or quality. Installations aiming for net zero water begin with rigorous conservation efforts. Then, these installa-

“Our use and production of resources will balance out, so that in the end, we do not over-consume or waste.”

– Lt. Gen. Rick Lynch  
Commander, IMCOM



tions repurpose the water used in showers, sinks, washing machines and cooling towers, capture rainwater for on-site use and treat wastewater for recharging into groundwater aquifers. Installations achieve net zero water by capturing, repurposing and recharging an amount equal to what they consume.

A net zero installation also reduces, reuses and recovers waste streams, converting them into resource values with zero landfill. In other words, a net zero waste installation aims to make disposal an unnecessary step. Garrisons start by reducing the initial amount of waste and then finding ways to repurpose waste with minimal processing.

The Assistant Secretary of the

Army for Installations, Energy and Environment is asking garrisons to nominate themselves to become Net Zero Energy, Net Zero Water or Net Zero Waste installations – or all three, by 2020.

Five will be selected in each category to receive long-term, in-depth training and support to become showcases for the strategies, technologies and best practices of sustainable resource management.

Every Soldier, civilian and family member has a role to play in managing our resources. Maybe it seems like a small role – turning out the lights, adjusting the thermostat or separating out recyclables at home. Maybe it is a more direct role, such as running an installation waste management program or writing enhanced use leases or energy savings performance contracts. Regardless, every effort adds up to our future.



This text was condensed. Read the full Defender 6 article at www.hawaiiarmyweekly.com.

Garrison Commander’s Corner

USAG-HI begins Net Zero goals

COL. DOUGLAS MULBURY

Commander, U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS – Net zero, resource management and sustainability are terms being used more frequently during a time of persistent conflict.

These terms and associated practices will play significant roles in our nation’s stability and security. They will also impact the ability of the Army and U.S. Army Garrison-Hawaii to accomplish their missions now and in the years ahead.

The quality of life for our customers is directly affected by how we manage our resources. Reaching a state of net zero will have a positive result for all.

Net zero for energy very simply means creating as much energy as is consumed or becoming energy self-sufficient. USAG-HI has begun the journey of reaching energy self-sufficiency along several routes: by decreasing consumption; by increasing our use of energy-efficient, Energy Star products; by increasing our education and awareness endeavors; and by increasing our use of energy-efficient building design and technologies in new construction and renovation projects.

Many

of these technologies are already widely developed and being used by our civilian partners in military housing. Island Palm Communities has been very successful in recycling more than 90-percent of debris from the demolition of old housing.

IPC integrated solar panels for water heaters and electricity in new homes; builds to Leadership in Energy and Environmental Design, or LEED, standards; and is assisting us with our education and awareness efforts through mock billing to further reduce our consumption rates.

New technologies are in development or testing phases, and USAG-HI is partnering with our sister services on Oahu in seeking these innovative approaches for energy security. We are re-

searching alternative fuels, such as E-85, B-20 and hydrogen. We recycle used cooking oil and turn it into biodiesel – pickup sites are being added and vehicle testing is underway. USAG-HI is also building a hydrogen fuel station at our Directorate of Logistics on East Range, Schofield Barracks, with completion expected in mid-2011.



Mulbury

their resource needs – but it is not restricted to the production and consumption of energy.

Water is another important resource for USAG-HI to manage more responsibly, and net zero can be achieved in waste production as well. We are decreasing our water consumption in general, while seeking other means of reusing wastewater. Projects are under design to use recycled ‘R-1’ water for irrigation and to reclaim water at vehicle wash-racks for reuse.

Low impact development, or LID, techniques for storm water management are beginning to be implemented in new construction projects to minimize the amount of storm water runoff leaving the final developed site. LID includes permeable paving, bioretention and vegetated swales that remove pollutants from runoff and infiltrate storm water on-site, reducing flooding and corrosive flows that can erode our streams.

Another way USAG-HI is working toward net zero water includes our contracting process: buying certified water-efficient products – as well as purchasing energy-efficient products.

More water-efficient building designs are being used to capture rainwater for reuse to irrigate landscaping, reducing both the demand for potable water and the energy used to treat and transport it. Reducing consumption results in improved

SEE NET ZERO, A-6

FOOTSTEPS in FAITH

Valentine’s Day is about sharing love with God

CHAPLAIN (CAPT.) DANIEL CHO

524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command

Wow, time is flying, and it’s already Valentine’s Day. Let me remind you about Valentine’s Day’s history.

Many people believe that it originated from St. Valentine, a Roman who was martyred for refusing to give up Christianity. He died Feb. 14, 269 A.D., and legend says that St. Valentine left a farewell note for the jailer’s daughter, who had become his friend. He signed it, “From your Valentine.”

Other versions of the story say that St. Valentine served as a priest at a temple during the reign of Emperor Claudius, who had Valentine jailed for defying him. For reasons unknown, Valentine wasn’t allowed to conduct a couple’s wedding ceremony, but he did it for them anyway because of their passion for one another.

Later, in 496 A.D., Pope St. Gelasius set aside Feb. 14 to honor St. Valentine.

Through time, Feb. 14 has become the date for exchanging love messages and a celebration of St. Valentine, the patron saint of lovers. The date is marked by sending poems and simple gifts, such as flowers and chocolates, to loved ones.

I believe the main concept of Valentine’s Day is love, like God’s love.



Cho

What is God’s love? God came to earth as a human being for our sins – that is God’s love. God gave his only son for our sins – that is God’s love. The Son of God died for our sins – that’s love!

God’s love is always an unconditional love. What’s unconditional love? Loving people no matter what they say or do, and embracing them with a warm heart.

Someone said this generation is an “excuse generation.” From time to time, we have too many excuses. Whenever I

make a mistake, I try to make up an excuse.

Well, God is not like us. He accepts us without any questions or excuses. That’s why we can always come to him, because he will accept us again and again with his compassion and love.

In Luke 15:20, the Amplified Bible says, “So he got up and came to his own father. But while he was still a long way off, his father saw him and was moved with pity and tenderness for him, and he ran and embraced him and kissed him fervently.”

As Valentine’s Day comes this year, we need to take the time to think about God’s unconditional love.

Getting it Straight

U.S. Army Garrison-Hawaii received the Mililani-Waipio-Melemanu Neighborhood Board 25 award, Jan. 26. The date was stated incorrectly in “Neighborhood Board 25 honors Army’s contributions toward land preservation,” page A-2, in the Feb. 4 edition.

What do you want for Valentine’s Day?

Photos by 8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command



“A spa day.”

**Sgt. Maggie Delaune**  
71st Chem. Co.,  
8th MP Bde.,  
8th TSC



“Someone to share it with.”

**2nd Lt. Cody Greene**  
71st Chem. Co.,  
8th MP Bde.,  
8th TSC



“A trip to the Big Island.”

**Staff Sgt. Christopher Kidd**  
71st Chem. Co.,  
8th MP Bde.,  
8th TSC



“A romantic getaway with my wife.”

**Pfc. Quentero Lawson**  
71st Chem. Co.,  
8th MP Bde.,  
8th TSC



“Someone to enjoy Valentine’s Day with.”

**1st Lt. Kimilie Reed**  
71st Chem. Co.,  
8th MP Bde.,  
8th TSC

Voices of Ohana



# ‘Wolfhounds’ advise, assist RDU during search for extremists

SGT. DAVID STRAYER

109th Mobile Public Affairs Detachment, U.S. Division-North

CONTINGENCY OPERATING BASE SPEICHER, Iraq — Soldiers of Company A, 1st Battalion, 27th Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, provided support to Iraq’s Salah ad Din Riot Disposal Unit, or RDU, during Operation Able Magnum IV, in areas southeast of here, Jan. 29.

“Wolfhound” Soldiers of 1st Bn., 27th Inf. Regt., 2nd BCT, accompanied the Iraqi police unit in an advise-and-assist role, supporting the RDU during a cordon-and-search mission that targeted violent extremists in the vicinity of Al Zahoor and Khadasia neighborhoods in Tikrit.

“Our goal is to support the Salah ad Din RDU in intelligence fusion and targeting processes that will lead to warrant-based arrests during counterterrorism operations,” said Capt. Matt Hills, commander, Co. A., 1st Bn., 27th Inf. Regt., 2nd BCT. “The operation was an Iraqi-led initiative.”

U.S. forces supported Iraqi police from Salah ad Din RDU while they worked extensively during the past several weeks to generate their own intelligence for the mission, refined the focus of operations based on suspected locations, generated a priority suspect list and created a plan to execute Operation Able Magnum IV.

From gathering intelligence to the planning and execution of the operation, the RDU led the mission, briefing the Wolfhounds on its intentions and then executing the plan.

“The operation was an overwhelming success,” Hills said. “From planning to (apprehending the suspect), the RDU had it under control.”

The Iraqi police detained one of five warranted suspects identified for Operation Able Magnum IV.

One of several municipal agencies dedicated to law enforcement in the Salah ad Din province, the RDU started the partnership with Wolfhound Soldiers in August 2010. Since then, Hills said he has seen improvements in every aspect of how the RDU operates, including organization and communications between other law enforcement agencies.

It is essential these agencies share information and coordinate their efforts when conducting counterterrorism operations and managing the threat from violent extremist networks, Hills added. The Wolfhounds are working toward getting the RDU to the point where information and coordination is a joint effort shared between agencies, he said.

“The end state is that the (Iraqi Security Force) in the province will be able to provide security ... and manage the threats that come from violent extremist networks,” Hills said. “We are working to get them to where our advise-and-assist support is no longer needed. They are very close to that point.”



Sgt. Karl Williams | 25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

## Rolling out

WAIPIO PORT — Staff Sgt. Eric Lehman, 163rd Transportation Detachment, ground guides a Heavy Expanded Mobility Tactical Truck onto a U.S. Army Logistic Support Vessel, here, Jan. 26. The 25th Combat Aviation Brigade, 25th Infantry Division, shipped the equipment and vehicles to the Pohakuloa Training Area, on the Big Island of Hawaii, to conduct pre-deployment training.

# CID: Unit helps establish rule of law downrange

CONTINUED FROM A-1

three-man teams throughout Afghanistan, and the teams conducted more than 800 investigations, 500 of which were felony cases.

Sgt. Andrea Chica, chemical noncommissioned officer, 19th MP Bn. CID, 6th MP Group, was charged as one of the operations NCOs even though she wasn’t a CID agent.

“It was a big transition (for me), from working with pumps, washers and decontaminating equipment to learning and experiencing a new occupation and transmitting orders to CID agents across the entire nation of Afghanistan,” Chica said.

The ability to transmit information efficiently across the nation increased the U.S. and Afghan forces’ capabilities to conduct forensic analysis and site surveys within the nation, ultimately establishing a clearer understanding of the rule of law that no person is above the law, and increasing the ability for a government to rule fairly and effectively.

“Initially, it was very difficult,” McNeil said. “We did a lot of capacity-building activity with the Afghan National Police, instituted forensics development with the Afghans and have introduced forensics into (the Afghans) evidentiary-based prosecution.

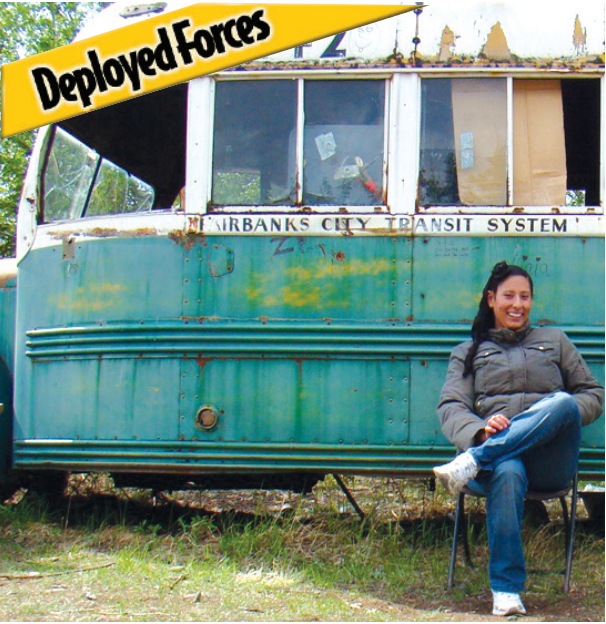
“The footprint that we established is one that helped support our commanders, as well as the nation’s strategic objective, and hope-



Soldiers from the HDD, 19th MP Bn. CID, 6th MP Group, U.S. Army Criminal Investigation Command, stand in formation before friends and loved ones during the unit’s redeployment ceremony, Feb. 4.

fully, (it) get us out of Afghanistan a little sooner,” McNeil added. “We have created opportunities for enduring possibilities for the Afghan people.”





Courtesy Photo

Sgt. Sumy Guzman, 556th Sig. Co, 225th BSB, 2nd BCT, 25th ID, recreates the famous pose of the late Christopher McCandless during a vacation to the “bus camp” in Denali National Park and Preserve in late 2008.

# 2nd BCT ‘Warrior’ sergeant on quest to see the world

STAFF SGT. RICARDO BRANCH

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

CONTINGENCY OPERATING BASE WARHORSE, Iraq — Sgt. Sumy Guzman, from the 556th Signal Company, 225th Brigade Support Battalion, 2nd Bde. Combat Team, “Warriors,” 25th Infantry Division, works in the Base Defense Operations Center, here. Her job is demanding, with long hours spent dealing with incoming fire or any hazard that can impact the Soldiers operating in the base.

Despite it all, she still wears a smile and always has a happy greeting.

“(Guzman’s) my roommate and, for as long as I’ve known her, she’s always been one of the most upbeat sergeants I have ever met,” said Sgt. Veronica Davis, 556th Signal Co., 225th BSB, 2nd BCT. “Even on a tough day, she always wears a smile, which just rubs off on people and brightens their day.”

Since returning to Iraq for her second deployment, Guzman has taken part in a writing contest to bring awareness to serious issues affecting Soldiers, run in numerous races to test her stamina and competed in a weightlifting competition to inspire more women to take part in events that are mostly male dominated.

“If I just get up and go to work every day, I would get bored real quickly,” she said. “I like to do as much as I can to show my support, test myself and have a good time out here!”

Since joining the Army, Sumy has also been on a mission to see the world.

While most Soldiers are planning their trips back to their hometowns, she spends her time online searching for her next big adventure.

“Growing up, I never really got to travel to any far places and really ‘see’ the world, so I make up for that time now,” she said.

In her seven years in the Army, if Guzman is not working, she’s exploring, planning or visiting places on her list, including Thailand, Antarctica and Bora Bora.

“I want more than to just go to the same place all the time,” she said. “I never traveled to the places I always read about in books or saw on TV. Those places are truly different and really allow you to experience a different life than the one most Americans are used to.”

As the days continue on to the eventual moment when the Soldiers of the 2nd BCT return from Iraq, Sumy plans to carry on her goal to see the world.

There’s only one current goal in mind for the aspiring world traveler: Thailand.

“I want to pet a tiger,” she laughs. “Thailand is one of the few places in the world where you can go and pet a real tiger, so it’s where I’ll be for (rest and recuperation) this year.”

# Yama Sakura 59 visit uplifts orphans

Story and Photo by  
SPC. DENISE DURBIN-CARLTON  
U.S. Army National Guard

KUMAMOTO, Japan — U.S. Soldiers and members of the Japan Ground Self Defense Force, who are participating in Yama Sakura 59 exercises, combined their forces to encourage children at a nearby orphanage, here, Jan. 29.

Cultural exchange opportunities are a vital part of the training schedule, to overcome language barriers and build cohesion.

In addition to classes on Japanese customs, a number of tours were arranged to promote intercultural interaction. A perennial favorite of Yama Sakura is the opportunity to visit local orphanages to brighten a child’s day with fun games.

“I visited the orphanage because I wanted the children to know that there are people — even outside of Japan — who care enough about them to spend some time with them,” said 1st Sgt. Myra Austin, first sergeant, Intelligence and Sustainment Company, Headquarters and Headquarters Battalion, U.S. Army-Pacific.

The orphanage cares for an average of 55 children between the ages of 4 and 17. It also provides foster care, in addition to being a place of refuge for orphans. The children in the foster care program attend school during the week, and then they spend weekends with their families. Throughout the week, about 10 teachers volunteer their time to instruct children.

During the YS 59 cultural exchange, orphans greeted service members with smiles. The visit began with introductions and then kicked off with several games of soccer, basketball and baseball. Soldiers accompanied children of all ages during the fun events, from hand games to flying kites, while some of the youngest chil-



1st Sgt. Myra Austin, first sergeant, Int. and Sust. Co., HHBN, USARPAC, shares a snack with one of the children at the orphanage, Jan. 29, during Yama Sakura 59.

dren were just happy to be held.

The day ended with everyone gathering to share farewells with coffee and snacks.

The objective of Yama Sakura 59 exercises are to exchange military techniques, ideas and culture while strengthening bilateral relationships to meet USARPAC’s goal of more complete Pacific integration.

# Major helps Pakistan recover from its worst monsoon

ALICIA EMBREY

U.S. Army Corps of Engineers-Transatlantic Division Public Affairs

HONOLULU — Monsoon rains of historic magnitude caused catastrophic flooding throughout Pakistan last summer, affecting more than 20 million people.

The U.S. responded and stood up several task force organizations under the command of the Office of the Defense Representative to Pakistan, or ODRP, to support relief efforts.

Due to his background, Maj. Evan Ting, commander, 565th Engineer Detachment, Forward Engineering Support Team, U.S. Army Corps of Engineers-Honolulu District, was requested to represent the Corps. Ting’s mission was to assist ODRP with planning and to design requirements for temporary forward operations base camps from where the humanitarian missions would be staged.

“I received a call Aug. 12, 2010, notifying me that I was tasked to support the flood-relief efforts in Pakistan,” he said. “A week later, I was on a plane. I really didn’t know what to expect, even as I listened to the news and read the incoming situation reports.

“My main concern was not about my own safety, but whether I would be able to make a positive impact,” Ting said. “Once in theater, the requirements became clear. Flood victims were suffering and desperately needed fresh water, food and medical supplies.”

Because of the flood’s devastation, road access to remote villages in the mountainous north and the flood plain in the southern part of Pakistan were cut off from assistance efforts.

“The way to provide humanitarian assistance was by (a) fixed wing aircraft that flew supplies to forward operating bases, and then rotary wing aircraft moved those supplies to (the United States Agency for International Development) and World Food Program distribution locations in isolated parts of the country,” Ting explained.

During his assignment in support of the mission, Ting was responsible for construction and oversight of three major FOBs located at existing Pakistan military bases, including Chaklala Air Base, Pano Aqil Army Cantonment and Ghazi Air Base.

These FOBs were used by more than 500 U.S. military personnel who were conducting fixed and rotary wing operations and delivering relief supplies to flood victims. Development of these bases was required for successful operations, including improvements on airfields and roads, troop billeting and work spaces, sewer systems, water supply and distribution, electrical upgrades and other critical facilities upgrades.

“The 15th and 26th U.S. Marine Expeditionary Units and the U.S. Army 16th Combat Aviation Brigade needed facilities to conduct their operations,” he said. “In one FOB, we constructed two wells and a water tower to supply water for our latrines on the flight line. We relocated overhead electrical lines to mitigate hazards to the rotary wing assets.

“Although we didn’t have our own engineer units on ground, we were able to accomplish more than 21 infrastructure improvement projects with an engineer, contingency contracting officers, the local labor force and a partnership with the Pakistan military,” Ting added.

Ting also played a key role in coordinating the transfer of more than \$8 million in bridging assets to the Pakistan government. The bridges, held in “Theatre Reserves” in Kuwait, were shipped to Pakistan, ground transported to northern Pakistan and then delivered to the Pakistan military.

Ting redeployed to the Honolulu District in December 2010. He was honored at the Honolulu District Annual Awards Town Hall for his service to the nation and the Army.



# 65th Eng. Bn. gets vital training to detect mines

Story and Photo by  
**CAPT. ADAM KESSLER**  
15th Explosive Hazardous Team, 65th Engineer Battalion,  
130th Eng. Brigade, 8th Theater Sustainment Command

SCHOFIELD BARRACKS — Ten Soldiers from the 65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, took the first steps in bringing the unit up to speed on the Army Navy Portable Search System, or AN/PSS-14, when they recently qualified as unit master trainers, or UMTs.

The AN/PSS-14 is a handheld mine detector capable of detecting all metallic and nonmetallic antitank and antipersonnel mines.

During the two-week course, held here, Jan. 10-21, Soldiers learned system components, maintenance, calibration and search techniques. As UMTs, they are now qualified to set up lanes, train new AN/PSS-14 operators and conduct recertification of operators, as well as certify other UMTs.

Now, the newly trained AN/PSS14 operators and UMTs will be responsible for training and licensing more than 1,500 brigade Soldiers on the system.

“Knowledge of properly operating this system is critical for its successful use,” said Sgt. Nathaniel Morris, an intelligence analyst, 15th Explosive Hazardous Team, 65th Eng. Bn., 130th Eng. Bde., who completed the course. “The knowledge and experience of

operators are what make this system work.”

This mine detector system combines the maturing technology of ground-penetrating radar and improved metal detection to provide a robust probability of detection for both large and small metallic and nonmetallic antitank and antipersonnel mines, according to TC 3-34.14, the AN/PSS-14 training program manual.

“The (AN/PSS-14) greatly increases the ability of Soldiers to find, mark and avoid explosive hazards such as mines and (improvised explosive devices), thereby saving lives on the battlefield,” said Master Sgt. Francisco Alcantar, detachment noncommissioned officer in charge, 15th EHT, 65th Eng. Bn., 130th Eng. Bde.

The AN/PSS-14 is only one part of the vital system to find and avoid mines; the operator is considered the most essential part. The complexity of the system requires operators to be licensed to ensure safe and effective operation.

For the safety of Soldiers involved in route and area clearance operations, commanders emphasize that each operator be properly licensed before using the system in a real-world situation. Licensing on the AN/PSS-14 will ensure that the operator is properly trained and that the equipment is adequately sustained to perform the mission as designed.



Soldiers with the 15th EHT, 65th Eng. Bn., 130th Eng. Bde., 8th TSC, mark a mine using the AN/PSS-14 during mine detector training held Jan. 10-21, at the Engineer Training Area, Schofield Barracks.

## Combined Joint Civic Military Operations Task Force provides treatment

**LANCE CPL. KRIS DABERKOE**  
III Marine Expeditionary Force Public Affairs

CHANTHABURI PROVINCE, Kingdom of Thailand — In the classrooms of the Don Maung Rae School, military medical personnel set up a makeshift care facility to treat Thai locals during the first medical civic actions project of Exercise Cobra Gold 2011, here, Saturday.

Doctors, dentists and veterinarians of the Combined Joint Civic Military Operations Task

Force provide medical treatment to isolated rural locations to build military-community relationships, as well as to increase general welfare throughout the region.

During the exercise, U.S., Thailand, Republic of Singapore, Japan, Republic of Indonesia and Republic of Korea armed forces joined together to conduct humanitarian and civic assistance projects to improve quality of life in remote locations. These projects also allow

military personnel to perfect the skills needed for future humanitarian assistance deployments.

“When I was a little girl, military doctors came and helped me,” said Rachanee Paiingchob, a local native. “This year, I brought my daughter knowing that the Soldiers would help.”

During the project, service members from differing national backgrounds worked side

by side.

“You can see that our hosts truly appreciate what we are doing here,” said Maj. Mark Taum, a civil affairs team leader with the U.S. Army’s 322nd Civil Affairs Brigade, 351st Civil Affairs Command, Civil Affairs and Psychological Operations Command, based out of Honolulu.

Medical civic assistance projects are scheduled to take place in three different regions of Thailand at eight other sites.



# News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

**Today**  
**USAG-Oahu Disestablishment** — Get full details about the disestablishment of U.S. Army Garrison-Oahu at www.garrison.hawaii.mil, which happens June 30.

Programs, functions and services currently executed by USAG-O and its subordinate organizations will be transferred to other directorates within USAG-Hawaii by March 31.

A casing of the colors ceremony is set for 1 p.m., May 17, at the gazebo, Palm Circle, Fort Shafter. See next week's Hawaii Army Weekly for more details about the disestablishment.

**16 / Wednesday**  
**Black History Month** — African-American/Black History Month will be observed, 10 a.m., Feb. 16, at the Sgt. Smith Theater, Schofield Barracks. The guest speaker will be Harold Jones, curator, African-American Civil War Memorial and Museum, Washington. Team Equal Opportunity-Hawaii and the 311th Signal Command are hosting this event. Call 438-5111.

**17 / Thursday**  
**Military Preretirement** — Soldiers with 18 or more years of active service and their spouses can attend this briefing, 8-11:30 a.m., Feb. 17, Soldiers Support Center, Room 123, Building 750, 673 Ayers Ave., Schofield Barracks. Representatives from organizations including Veterans Affairs, Disabled American Veterans and Tricare can answer individual questions after the main slide presentation. Call 655-1585/1514.

**DLA Open House** — This event runs 9 a.m.-2:30 p.m., Feb. 17, Building 550, Joint Base Pearl Harbor-Hickam. Seminars include the capabilities of the Defense Logistic Agency's online document services. Call 473-4960/4457.

**22 / Tuesday**  
**Scholarships** — Deadline is close of business, Feb. 22, to turn in applications for the 2011 Scholarships for Military Children program. Drop off applications at any military commissary. Applications are available at www.commissaries.com and www.militaryscholar.org.

Applicants must be unmarried and under the age of 23; must be dependents of active duty personnel, Reserve/Guard and retired military members; or must be survivors of service members who died while on active duty; or must be survivors of individuals who died while receiving retired pay from the

military. Eligibility will be determined by the Defense Enrollment Eligibility Reporting System database.

## Ongoing

**Taxes** — The Schofield Barracks and Fort Shafter tax centers are open to all ranks, family members and retirees for free assistance in organizing and completing 2010 income tax forms.

- Service at the SB Tax Center is on a walk-in basis, 7 a.m.-4 p.m., Monday-Friday, Building 648.

- Service at the Fort Shafter Tax Center, located in Aloha Center, is by appointment only; hours are 9 a.m.-3 p.m., Monday-Friday. Soldiers, family members and retirees can schedule their appointments at 655-1040.

For an update on wait times, search for "Hawaii Army Tax Centers" on www.facebook.com.

**Traffic Updates** — For the latest traffic updates, visit www.garrison.hawaii.army.mil, click on "Post Information," then "Traffic Updates."

**Education Study** — Parents or youth between 10-18 years of age are eligible to fill out the Military Child in Hawaii Longitudinal Study. Youth who complete the survey are eligible to win iTunes gift cards, MP3 players and a flat-screen TV. The study is located at www.hawaiiikids.org. Sponsored by U.S. Pacific Command, in partnership with Johns Hopkins University, this study examines attitudes of military families in Hawaii regarding educating their children in public, private or homeschools.

**VA Rehabilitation Testing** — This testing has been temporarily suspended due to lack of funding. The Department of Veterans Affairs will provide notification when it has reobtained funding. Call 655-8945.

**Free Training** — Seats are still available in the free "Winning Through Customer Service" and "Growing Leaders" courses offered through the Workforce Development Office, U.S. Army Garrison-Hawaii. To register, send in an SF-182 "Authorization, Agreement and Certification of Training" application and UWSP supplemental form through your respective directorate training point of contact to stephanie.ponciano@us.army.mil. Registration is on a first-come, first-served basis; courses are limited to 25 employees per class. Call 655-9032.

**Tax Season** — Taxpayers have until April 18 to file their 2010 tax returns and pay any taxes due because Emancipation Day, a holiday observed in the District of Columbia, is April 15. District of Columbia

SEE NEWS BRIEFS, A-7

# Net Zero: USAG-HI strives to reduce costs

CONTINUED FROM A-1

efforts toward net zero in waste: the less we use, the less waste we generate. The contracting process includes sustainable, bio-based choices, resulting in less hazardous waste and increased recycling for our garrison.

Through increased understanding, we are considering the entire life cycle cost of the products we purchase. The cost may not be a specific dollar amount, but could result in a significant environmental cost or savings.

USAG-HI has a recycling program that reduces potential costs. Also, partnerships with sister services in Hawaii are increasing the capability to recycle. However, Hawaii is limited in the resources available to recycle and reuse all that the Army would like.

Future courses on the path to realizing net zero for USAG-HI include metering our facilities, testing alternative energy sources and partnering with local civilian communities and other military services. We will continue to share best practices and pursue opportunities where

we have common interests or can help each other achieve net zero in any areas.

In Hawaii, we are just scratching the surface of wind, solar, wave and thermal technologies, which will help us decrease our dependence on oil and become more self-sufficient. USAG-HI is forging ahead in all three areas of net zero pursuits, but we will need the support of our Soldiers, civilians, family members and tenants to overcome the challenges and ultimately attain net zero.

It will be a team effort and, together, we will succeed.

# Army foundation unveils commemorative coins

C. TODD LOPEZ

Army News Service

WASHINGTON — Three coins commemorating the Army are now available for purchase from the U.S. Mint.

The designs for the three coins were unveiled at a ceremony at the Pentagon, Jan. 31. The coins feature artwork that commemorates the Army at war, the Army during peacetime and the modern Army of today. A portion of the proceeds from the sale of the coins will go toward construction of the National Museum of the U.S. Army.

"What I love about these coins being launched ... is that they celebrate Army history with their images and honor the 30 million American men and women who have worn the uniform since 1775," said retired Brig. Gen. Creighton Abrams Jr., executive director, Army Historical Foundation, or AHF.

Abrams said the coins are important for two reasons. The first is that sale of the coins will help the AHF build the Army museum at Fort Belvoir, Va. The museum is expected to open in 2015, in conjunction with the Army's 240th birthday.

"It will engage, educate, inspire and honor Soldiers, veterans, families and visitors of all ages," Abrams said, adding that the symbolism of the coins is significant.

"These are the first-ever Army commemorative coins, and I think they are great mementos if you have got a relative who served in the Army or if you served yourself," he said.

The three pieces include a \$5 dollar gold coin, a silver dollar and a clad half-dollar. The gold coin features five Soldiers, from colonial times through the



Courtesy Photo

Three new coins from the U.S. Mint, which feature Army-themed scenes, will help with construction of the National Museum of the U.S. Army.

modern era. The silver coin features both a male and female bust, in front of a globe, meant to symbolize today's worldwide deployments. Finally, the clad coin represents peacetime contributions of the active duty Army, Army National Guard and the Army Reserve Soldier.

"Their symbolic value is certain to resonate with our more than one million serving Soldiers and their families, and our 11 million surviving Army veterans across the country as sincere public appreciation for their selfless service and personal sacrifices," Abrams said.

"The men and women of the U.S. Mint are proud to produce these coins, not only to celebrate the Army's exemplary histo-

ry, but also to honor the dedication, courage and sacrifices of all American Soldiers, many of whom are deployed throughout the world today," said Daniel Shaver, U.S. Mint.

The mint will produce 100,000 gold coins, 500,000 silver coins, and 750,000 half-dollar coins.

### Army's commemorative coins:

To purchase the coins, visit the U.S. mint at www.usmint.gov/catalog, prices range from \$20 for the clad coin to \$450 for the gold coin.



# Warrior Week: MRAP rollover training provides most thrills



Capt. David Dennett (front left), commander, HHD; Staff Sgt. Keith Mobley, plans NCO; and Sgt. 1st Class Nadine Abdul, logistics NCOIC, all from the 599th Trans. Bde., look through binoculars to find targets, while Sgt. 1st Class LoNika Harris (back left), plans NCOIC, 599th Trans. Bde., operates the simulation computer and checks their work during call-for-fire training at the Installation Training Center, Schofield Barracks, Jan. 31.

## 196th Inf.: Lane training prepares unit

CONTINUED FROM A-1

the fight to defeat improvised explosive devices.

Michael Jones, an analyst from the AP-IrWAC, USARPAC, has been working within the Philippines AOR for years, and he used his experience in the field to brief Soldiers deploying there.

Jones said he is continuously looking for ways to improve the information that he can provide to Soldiers.

His ultimate message was quite clear: “You have to remain vigilant, at all times, despite the deceiving low numbers of conflicts in this region,” he said. “You can never let your guard down.”

With coordination from the 196th Inf. Bde.’s intelligence office, the 29th Fwd. Det. received intelligence oversight of the AOR.

After the briefing, the 29th Fwd. Det. took what it learned to the training area to conduct hands-on training in IED lanes.

The lanes training helped ensure Soldiers are fully prepared to accomplish their mission when the unit deploys in support of Operation Enduring Freedom-Philippines.



Lt. Col. Curtis L. Tygart | 78th Signal Battalion, 516th Sig. Brigade., 311th Sig. Command

## Operation ready

CAMP KENGUN, Japan — Soldiers with the 78th Signal Battalion, 516th Sig. Brigade, 311th Sig. Command, operate the Exercise Control Help Desk and set up computers and communication lines, here, during Yama Sakura 59.

## News Briefs

CONTINUED FROM A-6

holidays impact deadlines the same as federal holidays; all taxpayers will have three extra days to file this year. Taxpayers requesting an extension will have until Oct. 17 to file their 2010 tax returns. Visit [www.irs.gov](http://www.irs.gov), call (800) 829-1040 or visit a taxpayer assistance center.

### Language Survival Kits

— Deploying troops can download free language survival kits at <https://lmds.dliflc.edu>.

The Defense Language Institute also offers new language DVD programs that teach 80 hours of survival phrases in Iraqi Arabic and Afghan, Dari and Pashto. Users must register and receive DLIFLC account approval before placing an order. Call (831) 242-5376 or e-mail [scott.t.swanson@us.army.mil](mailto:scott.t.swanson@us.army.mil).

### Soldier Support Center

— Portions of the Soldier Support Center, Building 750, 673 Ayers Ave., Schofield Barracks, are currently undergoing construction from 7 a.m.-3:30 p.m., weekdays, through April 9.

The parking lot adjacent to the building will have barricades during normal business hours throughout the construction period. Call 655-8276/1105.

### ACAP Center

— Army Career and Alumni Program Center briefings and workshops have temporarily moved to other locations or been cancelled through May, due to construction noise at the Soldier Support Center, Building 750, 673 Ayers Ave., Schofield Barracks. Call 655-1028.

### Special Forces Recruiting

— If you have an interest in joining the Army’s Special Forces, visit the Special Forces Recruiting Team, Building 2082, Schofield Barracks Aloha Center, Building 690. Call 655-4397/5809, e-mail [specialforces.hawaii@yahoo.com](mailto:specialforces.hawaii@yahoo.com) or 9S3D@usarec.army.mil. Unclassified briefings are held at noon every Wednesday.

CONTINUED FROM A-1

Barracks, Jan. 31. There, Sgt. 1st Class Emilio Calzada, first sergeant, 599th Trans. Bde., and Sgt. 1st Class LoNika Harris, noncommissioned officer in charge of plans, 599th Trans. Bde., designed a special scenario for the transporters.

“The regular training scenarios for call-for-fire did not resemble anything that 599th Soldiers were likely to see, so we put together one with a ship coming into a port,” Calzada said.

Soldiers agreed that the Mine Resistant Ambush Protected, or MRAP, rollover training provided the most thrills, while teaching them a skill that would be a lifesaver in a battle zone.

While the week held some tasks

that were new to the Soldiers, it also included common warrior tasks, such as weapons qualification, physical training, drown-proofing and a ruck march.

Emergency-essentials civilians were included in the MRAP rollover and 9 mm pistol training.

“That was the first time civilians were able to participate,” said Valerie Van Vleet, team leader, Emergency-Essential Information Management Directorate. “The MRAP rollover made for especially good team building between civilians and Soldiers.”

All civilians and Soldiers were able to take other classes that were offered during Warrior Week on suicide prevention, equal opportunity, operational security, consideration of others and prevention of sexual harassment.





Top to bottom: • Community Services delegates participate in icebreakers at the Education Center, Schofield Barracks, Feb. 8. • Army Community Service staff and volunteers prepare for registration at the Education Center, Feb. 8. • Delegates attend the opening day ceremony at the Tropics Recreation Center, Schofield Barracks, Feb. 8.

## AFAP improves local communities

SCHOFIELD BARRACKS — The Army Family Action Plan Conference that was held, here, Tuesday-Friday, is just one of the many AFAP conferences held annually throughout the Army.

AFAP gives all members of the Army family a chance to change and improve community issues.

Each year, Army family members throughout the Army identify, develop and prioritize community issues

that are presented at installation-level AFAP conferences.

Issues that can be resolved at installation level are assigned to the office that has responsibility for the issue. Potential solutions are developed and are published in the installation AFAP.

Installation AFAP steering committees review the issues and monitor them until they are resolved.

Issues beyond the scope of an installation commander, which require a

higher level of authority, go forward to the issue's respective major command. U.S. Army-Pacific is the MACOM for U.S. Army Garrison-Hawaii, where the process is repeated.

Issues that can't be resolved at the MACOM level are then forwarded to the Department of the Army. There, issues will either be identified as active, completed or unattainable. Results are published and distributed Armywide.



# AFAP gives ohana **POWER** to affect **CHANGE**

The following article is the first in a two-part series about the Army Family Action Plan Conference

Story and Photos by  
**VICKEY MOUZÉ**  
Pau Hana Editor

SCHOFIELD BARRACKS — Nicole Roames threw a soft, gray, woolen shawl over her blouse to ward off the chill in the standard-issue classroom in the Education Center, here, Tuesday.

She darted back and forth, asking 20 or so delegates to get up, move around and find others who like the same favorite color.

"I like blue. All people who like blue, come over here with me," one delegate said.

Favorite colors now chosen, Roames mixed up the workgroup again. This time, she wanted delegates to find others who own the same type of pet.

"All dog people over here!" shouted one woman.

Roames had a method for this madness. She explained that the icebreakers get delegates comfortable with one another on the first day of U.S. Army Garrison-Hawaii's 27th annual Army Family Action Plan Conference, or AFAP, here. Similar icebreakers were going on among the other AFAP workgroups for base operations, family services, force support and survivor outreach services.

Sixty-eight delegates, some volunteers and others selected, were divided amongst the groups. They represent the Army family: single and married active duty Soldiers, the Army National Guard, family members, retirees and Army civilians from throughout U.S. Army Hawaii.

These delegates are the face of US-ARHAW; they come from 25th Infantry Division, 8th Theater Sustainment Command, 311th Signal Command, 196th Infantry Brigade, 94th Army Air and Missile Defense Command, U.S. Army-Pacific, Tripler Army Medical Center, the 500th Military Intelligence Brigade, and other units and activities.

During the next few days, delegates sorted through and prioritized 88 local issues submitted by community members.

Roames is one of five facilitators at this year's conference, which ended Friday. As a facilitator, she oversees delegates in the community services workgroup. She said some delegates hadn't heard about AFAP prior to attending this year's conference.

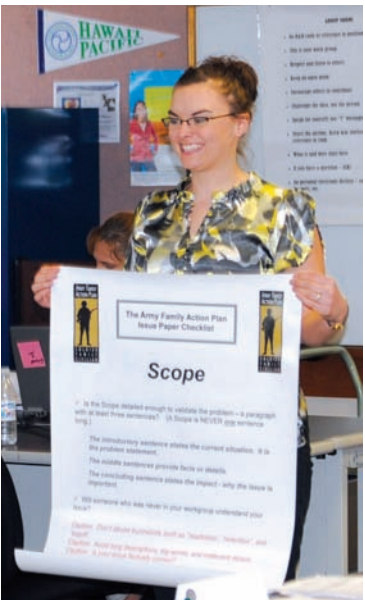
"By the end of the week, they will all love this program," she said. "They are affecting change; they are helping themselves to make life better not only for themselves,

but for the community.

"AFAP has changed legislation and created programs, like BOSS (Better Opportunities for Single Soldiers)," she added. "SGLI (Service members Group Life Insurance) was increased, because of AFAP."

Later that day, AFAP conference attendees walked over to the Tropics Recreation Center for the AFAP opening ceremony.

"Your presence here is a reflection of this community," said Col. Douglas Mulbury, commander, USAG-HI, before introducing the guest speaker, Brig. Gen. John Seward, deputy commander, USARPAC.



Staff Sgt. Nancy DeWeese, U.S. Army-Pacific Public Affairs

A work group leader explains the formula for composing a valid issue statement to group members during the USARPAC AFAP Conference, May 3-6, 2010. AFAP issues that are beyond the scope of USAG-HI are forwarded to USARPAC.

Mulbury said that the AFAP process makes USAG-HI a better place for those who work and train here.

"That's the whole purpose of the (AFAP)," he said. "Many of those issues we can address at the garrison level, and (the results) will translate into true quality of life and increase the readiness for our Soldiers and family members. ... So, (AFAP) is an important process."

"I cannot understate the importance of the AFAP process," Seward said, in his opening remarks. "(AFAP) gives a voice to each Army community, enabling its members to contribute their input, both here in Hawaii, as well as at installations throughout the globe."

Past issues that resulted in local improvements include implementation of a summer bus shuttle service in Oahu North, construction of a handicap access ramp at the Schofield Barracks Post Office and establishment of a Directorate of Family and Morale, Welfare and Recreation pet kennel on Oahu.

The remaining days of the conference are devoted to sorting through and prioritizing community issues, after which, the top issues will be presented to senior leadership.

# DoDEA holds town hall, discusses public education in Hawaii

**MIKE EGAMI**  
U.S. Army Garrison-Hawaii Public Affairs

HONOLULU — A survey asking military families about their perception of public education in several states, including Hawaii, was discussed at a town hall meeting, here, Feb. 3.

The survey, conducted last year by Department of Defense Education Activity, will determine if the Hawaii Department of Education provides appropriate educational programs for military family members residing on military installations in Hawaii, California, Alaska and Washington.

Survey questions asked military parents about their perceptions on the quality of Hawaii

schools and the quality, sustainability and modernization of random facilities. The survey results will be released in about 30 days, according to Marilee Fitzgerald, acting director, DoDEA.

"We will return to the islands to unveil the results to the (Department of Education) and every family member living here," Fitzgerald said.

"Race to the Top," a DoE competition that awarded the Hawaii public education system \$75 million in August 2010, was also discussed. These funds will be used for comprehensive education reform that focuses on improving teacher performance, preparing high school seniors for college and the workplace, and turning around low-performing schools.

"The grant will give Hawaii the opportunity to be the best," Fitzgerald said.

Hawaii is one of nine states, plus the District of Columbia, to win a share of \$3.4 billion in grants.

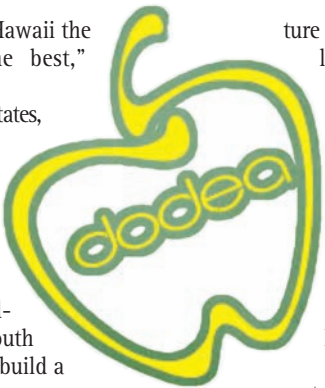
During the discussion, a military family member who had attended DoD schools in his youth asked if the DoD would build a school in Hawaii.

"Unfortunately, a DoD school is not in the fu-

ture for Hawaii," Fitzgerald said. "DoDEA is looking to introduce a virtual high school by the fall with accredited courses supported by the Department of Commerce (and) a pilot foreign language program for (pre-kindergarten) students, and expanding partnerships with specific schools like Solomon and Wheeler Elementary schools (on Schofield Barracks)," Fitzgerald said.

DoDEA might open an office in Hawaii, Fitzgerald added.

"We want to amp up the game and support parents and the DoE's Race To The Top," she said.







Today

**Atomic Aftermath** — *(Editor's Note: The following information was provided by the Directorate of Family and Morale, Welfare and Recreation's marketing office.)*

Following the free showing of the Ultimate Fighting Championship 126's Silva versus Belfort fight, Feb. 5, at Martinez Physical Fitness Center, Schofield Barracks, the promoter that we had contracted with cancelled the live mixed martial arts event, "Atomic Aftermath," due to unforeseen circumstances. DFMWR apologizes to our patrons for this unexpected cancellation of one of our scheduled events.

The sudden cancellation of the event created confusion, frustration and uncertainty for our patrons. DFMWR took immediate action to address the situation by refunding admission fees paid by patrons. Again, we apologize to our loyal patrons for any inconvenience this, may have caused you.

Patrons who still have tickets can return their ticket at the place of purchase for a refund.

The cancellation is an unfortunate setback; however, we'll continue to strive to provide you with the kind of programs that you've requested. Thank you for your understanding. We look forward to presenting you with exceptional programs in the future.

**Ice Skating** — Feb. 11 is the deadline for Blue Star Card holders to RSVP for this event, set for 6:30-9:30 p.m., Feb. 17, at the Ice Palace in Honolulu. This event is family friendly. Round-trip transportation will be provided from Schofield Barracks. Space is limited. RSVP by calling 655-0112 or e-mailing amanda.p.montgomery@us.army.mil.

**Valentine's Dinner** — Enjoy a sweetheart meal at Kolekole Bar and Grill, Schofield Barracks, 5-8 p.m., Feb. 11. Dinner is \$22.95 per person. Reservations are required; call 655-4466/0660.

12 / Saturday

**Lt. Dan Band** — Due to the forecast of stormy weather, location for this free concert has been changed to Martinez Physical Fitness Center, Schofield Barracks. Time and date remain the same: 7 p.m., Feb. 12. Since the location is now indoors, coolers will be prohibited.

The new time and location of the Rock 'N Wellness health and fitness expo is 3-6 p.m., Tropics Recreation Center, Schofield Barracks.

Both events had previously been scheduled for Sills Field, Schofield Barracks.

For the latest updates for the concert

community  
Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

**Survey** — Submit your ideas and comments today about the Hawaii Army Weekly. Is the HAW your main source for what's going on? Do you use Facebook or Twitter? Let the U.S. Army Garrison-Hawaii Public Affairs Office know what you think. Take our quick HAW survey at www.garrison.hawaii.army.mil by clicking on the link. Call 656-3153.

15 / Tuesday

**Parent Participation Preschool** — This program is for children ages 3-4, and it helps preschool children make a smooth transition into the structure of kindergarten. Preschool days are 12-2 p.m., Tuesdays and Thursdays, Wheeler Armed Services YMCA, Wheeler Army Airfield. Cost is \$40 per month. Call 624-5645 to register.

16 / Wednesday

**Running Club** — All levels of runners and walkers can join the free Hawaii Running Project Wednesday Run Club at Schofield Barracks, which meets Wednesdays, 5 p.m., Bowman Field, at the end of Lyman Road. The club runs loops around the base of Kolekole Pass; workouts can be customized from two to eight miles. Go green and bring your own water bottle. E-mail mary.siegel@amedd.army.mil or call 655-9123.



Kristen Wong | Hawaii Marine

Safety first

MARINE CORPS BASE HAWAII — Pfc. Augusto Millevolte, a computer technician with the 303rd Ordnance Battalion, 45th Sustainment Brigade, 8th Theater Sustainment Command, rides in a joint service track day, here, Jan. 19. Course instructors taught students how to become safer motorcyclists.

at Schofield Barracks, visit www.mwrmilitary.com.

The Lt. Dan Band will also give a free concert at Marine Corps Base Hawaii, 8 p.m., Feb. 11, Hangar 103.

**Surfing Lessons** — Learn to surf with Outdoor Recreation, 6:30-11:30 a.m., Feb. 12. Cost is \$48 and includes equipment and round-trip transportation from Schofield Barracks. Register by calling 655-0143.

**Super Saturday Child Care** — Free Super Saturday Child Care for Blue Star Card holders is set for 9 a.m.-2 p.m., Feb. 12, at Petersen Child Development Center and the School Age Center, both at Schofield Barracks. Families can use this benefit starting 30 days before deployment, during deployment, and up to 90 days after deployment. Super Saturday Child Care doesn't count against the 16 free hours of child care provided through the Army Family Covenant. Space is limited; register by calling 655-5314 or 833-5393.

**Ceramic Mold Pouring** — Attend class at the Schofield Barracks Arts and Crafts Center, 9 a.m.-noon, Feb. 12. Cost is \$25 for class and supplies.

14 / Monday

**Valentine's Dinner** — Enjoy another sweetheart meal. Cost is \$25 per person at the Hale Ikena, Fort Shafter, 5-8 p.m., Feb. 14. Reservations are suggested; call 438-1974.

**Hula Classes** — Learn hula at free classes sponsored by the Native Hawaiian Liaison Office, U.S. Army Garrison-Hawaii. Soldiers and families can participate in the classes, Feb. 14, at Army Community Service, Schofield Barracks. A beginners' class starts at 6 p.m.; an advanced class is at 7 p.m. Classes fea-

ture the different types of hula and fundamentals of steps, movement and posture. Remaining classes this month are Feb. 28.

E-mail nhliaison@gmail.com or call 655-9694.

15 / Tuesday

**Teen Lounge Book Club** — Teens can read the teen novel of the month, 4:30-5:30 p.m., Feb. 15, Sgt. Yano Library, Schofield Barracks. Sign up at the Sgt. Yano Library; 655-8002.

16 / Wednesday

**Soul Food** — Enjoy soul food every Wednesday during February at the Tropics Recreation Center, Schofield Barracks. Lunch and dinner plates are \$7.50. Call 655-5698.

17 / Thursday

**Theater Thursday** — Teens can learn the basics of stage acting at Sgt. Yano Library, 4-5:30 p.m., Feb. 17. Call 655-8002 to register; walk-ins are also welcome. Call 655-8002.

**Keiki Craft Night** — Enjoy crafts with your kids at the Hale Ikena, Fort Shafter, 6-8 p.m., Feb. 17. This month's theme is "Going Fishing." A Mongolian barbecue dinner starts at 5 p.m. Call 438-1974.

19 / Saturday

**K-Bay Sandbar** — Get round-trip transportation to K-Bay's sandbar; departure is 6:30 a.m., Feb. 19, from Schofield Barracks. Cost is \$65. Register by calling 655-0143.

21 / Monday

**Holiday Pool Hours** — Tripler and Richardson pools will be open 10 a.m.-5 p.m., Presidents Day (Feb. 21).

ice personnel and their school-age children. The study explores a range of issues related to schooling and education, such as academics; expectations, such as what people had heard about Hawaii schools, life in Hawaii and educational expectations; and family and child history. Call 438-4177.

**Great Aloha Run** — Register for the Kaiser-Permanente Great Aloha Run, taking place Presidents Day weekend. The GAR offers four days of events highlighting family, health, fitness and charity. GAR features the following:

- A three-day Sports, Health and Fitness Expo, Feb. 18-20;
- The Silverstreaks Sunrise Walk, Feb. 19;
- The Keiki Fun Run, Feb. 19; and
- An 8.15-mile foot race, Feb. 21.

Military divisions in the foot race include DoD civilians; the Sounds of Freedom formations consist of active military units running in formation. Cost for the footrace is \$45 cash or credit card at the GAR Expo. Visit www.greataloharun.com.

For Sounds of Freedom details, call 438-0823 or 285-3713 or e-mail santrel.mcclusky@us.army.mil.

**Swamp Romp** — Register your team for the dirtiest race on Oahu. Six-member teams will run 5 miles through the mud and dirt, starting at 7 a.m., Feb. 26, at Marine Corps Base Hawaii, Kaneohe Bay. The course goes through the Nuupia Ponds and down Fort Hase Beach, plus over and under obstacles that challenge the strongest of competitors. This event is open to the public.

Register at www.mccshawaii.com or call 254-7590. Registration closes 4:30 p.m., Feb. 23. Pick up packets at the Swamp Romp Expo, 9 a.m.-4 p.m, Feb. 24-25, Kahuna's Community Ballroom, MCBH, Kaneohe Bay.

Ongoing

**Deploying Units** — The Directorate of Family and Morale, Welfare and Recreation can explain the Blue Star Card at pre-deployment family readiness group meetings. Call 655-0002.

**TAMC Physical Fitness Classes** — Active duty Soldiers and their family members can show their military ID at Tripler Army Medical Center's Physical Fitness Center to sign up for free physical classes. Classes for Army civilians are \$4 per class or \$25 per month. Classes include step aerobics and Zumba. Call 433-6443.

**Adult Sports** — Men and women can register for intramural racquetball, basketball, volleyball and triathlons. Women can also register for soccer.

For intramurals, call 655-8056; for All-Army Sports, call 655-9914. Visit www.mwrmilitaryhawaii.com.

**Biggest Loser** — Enter this weight loss contest at the Fort Shafter or Schofield Barracks Physical Fitness Centers. Winners will be selected based on the percentage of body fat lost throughout the contest period ending April 1. Call 438-1152 or 655-8007.

**No-Show Policy** — Blue Star Card holders who register for an event and can't attend need to cancel the reservation by noon, the day before the event.

Without cancellation, BSC holders will be considered no-shows, resulting in being placed on a wait-list for the following month's events. E-mail amanda.p.montgomery@us.army.mil.

**Scholarships** — Deadline to turn in applications for the 2011 Scholarships for Military Children is close of business, Feb. 22. Dependent, unmarried children, younger than 21 (or 23 if enrolled as a full-time student at a college or university) of a service member on active duty, a reservist, guardsman or retiree, or child of a service member who died while on active duty or while receiving military retirement pay, can apply. Pick up applications at any military commissary or visit www.militaryscholar.org. Call (856) 616-9311 or e-mail militaryscholar@scholarshipmanagers.com. The Defense Commissary Agency sponsors the \$1,500 scholarships.

**Hui O'Na Wahine Executive Board** — Nominations for the Hui O'Na Wahine (Schofield Spouses Club) 2011-2012 executive board are due by 5 p.m., March 9. The executive board consists of president, first vice president, second vice president, secretary, operations treasurer, and scholarship and welfare treasurer. Visit www.schofieldspousesclub.com or e-mail huiparliamentarian@gmail.com.

**Welfare and Scholarship Drive** — Applications for the 2011 Hui O'Na Wahine (Schofield Spouses Club) drive are now being accepted. Scholarship applications are due March 20; welfare applications are due March 26. Visit www.schofieldspousesclub.com for application forms.

**Troops to Teachers** — Troops to Teachers directly supports military members who have chosen teaching as a career. This program provides direct resource support, including hiring, and it allows up to a \$10,000 bonus for teaching in high-need schools. Call 586-4054, ext. 409.

Worship  
Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- FS: Fort Shafter Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF and FD
- Sunday services:
  - 8:30 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, 12 p.m. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex

Protestant Worship

- Sunday Services
  - 9 a.m. at FD, FS, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at HMR
  - 10:30 a.m. at AMR

Single Soldiers' Bible Study

- Wednesday, 11:30 a.m. at SC. Lunch is provided.

Worship Service

- Sunday, 6 p.m. at SC.

This Week at the  
MOVIES  
Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.

The Chronicles of Narnia:  
The Voyage of the Dawn  
Treader

(PG)

Fri., Feb. 11, 7 p.m.



Gulliver's Travels

(PG)

Sat., Feb. 12, 4 p.m.

Sun., Feb. 13, 2 p.m.



Season of the Witch

(PG-13)

Sat., Feb. 12, 7 p.m.

Wed., Feb. 16, 7 p.m.

Little Fockers

(PG-13)

Thurs., Feb. 17, 7 p.m.

No shows on Mondays or Tuesdays.



# Rock ‘N Wellness Expo explores CSF benefits

**VANESSA LYNCH**  
News Editor

SCHOFIELD BARRACKS — Before enjoying the free Lt. Dan Band concert, 7 p.m., Saturday, Martinez Physical Fitness Center, here, enjoy the “Rock ‘N Wellness” Comprehensive Soldier Fitness Expo, 3-6 p.m., Tropics Recreation Center, here.

The expo will provide information to the community on all of the programs for Soldiers and families through the lens of CSF.

The event will feature interactive booths and giveaways, and educate the community about the CSF mission.

Activities include a running form analysis, pull-ups and jump rope contests, an Army recruiting table rock wall and a kiddie bounce house. Free body composition and blood pressure health assessments will also be available.

Rock ‘N Wellness is the first CSF post-wide event. Although the community has held a number of expos and health and wellness fairs in the past, U.S. Army Garrison-Hawaii is no stranger to mul-

tidimensional wellness methodologies and service delivery models.

“This is an opportunity for Soldiers and families to learn about new initiatives going on in their communities, to



understand what the community and the Army is doing to enhance the individual and family health and well being our military, and most of all, to have fun,” said Regina Peirce, Army

Community Service.

During the preshow expo, participants can learn about CSF and find how it applies specifically to their individual or family situation.

“CSF is relatively new to the Army, but Army-Hawaii has been very progressive and ahead of the curve when it comes to infusing its programs with the concepts of CSF,” Peirce said.

The Army is approaching a decade of sustained combat operations, resulting in an increased level of stress on Soldiers and their families. The service is responding by embracing a wellness concept that approaches resiliency from various angles and acknowledges that Soldiers and families deserve the best community approach to well-being that it can offer, in a streamlined fashion.

CSF reflects the Army’s investment in force readiness and quality of life for Soldiers, family members and civilians by emphasizing the importance of physical, emotional, social, family and spiritual strength.

To learn more about Rock ‘N Wellness, call Peirce at 655-1670 or e-mail [regina.peirce@us.army.mil](mailto:regina.peirce@us.army.mil).

# Tricare offers at-home confidential counseling

**ALEXANDRA HEMMERLY-BROWN**  
Army News Service

WASHINGTON — With proactive behavioral health care for service members a top priority, military health care leaders stressed the merits of the Tricare Assistance Program, Feb. 1.

In existence since 2009, the Tricare Assistance Program, or TRIAP, offers 24-hour confidential counseling for those needing immediate help, or those who may not want to visit a behavioral health practitioner in person.

“We want to make getting help as easy as possible,” said Navy Rear Adm. Christine Hunter, deputy chief, Tricare Management Activity. “We all are concerned about how our service members are coping, given everything that’s asked of them, every single day.”

Active duty members and their fam-

ilies, reserve component Soldiers using Tricare Reserve Select and Soldiers coming off a deployment are eligible to use TRIAP. Service members need Internet access, a webcam and Skype software to use TRIAP. If troops don’t have access to the technology, they can connect with a counselor via phone or chat.

When logged on, service members will be connected to a licensed mental health counselor, who will assist them during one or two sessions, or if needed, refer them to a specialist. Currently, the program is only for adults, and for short-term, non-medical concerns.

Hunter added that part of the appeal of the program is that service members might never know what time of day they might need help, and with TRIAP, help is instant. There is no need

to wait until morning or until a week-day.

“The important message is to get help, wherever that may be,” Hunter said. “We want people to share their stresses, to lighten their load and to get help when they need it.”

The program has now been extended until 2012.

A circular logo with a blue gradient background. Inside the circle, the words "On The" are in a small, white, sans-serif font, and "WEB" is in a large, bold, white, sans-serif font.

For more information, or to use the program, go to [www.tricare.mil/triap](http://www.tricare.mil/triap) and follow the instructions for contacting a counselor.

# Five superfoods help keep heart healthy

**SHARI LOPATIN**  
TriWest Healthcare Alliance

PHOENIX — Certain foods can keep your heart pumping stronger and longer.

The American Dietetic Association, or ADA, and the “Nutrition Action Health Letter” offer the following top five superfoods for the heart. These superfoods not only make you feel good, but will protect against heart disease. Heart disease is the top killer of adults in the U.S.

•**Beans.** Each tiny bean, according to the ADA, has a powerful combination of protein, fiber, vitamins and minerals. Researchers have found that diets including beans may reduce the risk of heart disease and certain cancers.

•**Salmon.** The omega-3 fats in salmon can help reduce the risk of sudden-death heart attacks. Not into fish? Some other options to get omega-3 fats include walnuts, fresh ground flax seed and canola oil.

•**Mushrooms.** Stocked full of antioxidants that help protect cells from free radicals, which can lead to cancer and sometimes heart disease, mushrooms are a great source of potassium, copper and certain B vitamins.

•**Garlic and onions.** Research shows these two foods may help lower LDL



February is American Heart Month and a good time to learn about heart-healthy living tips at [www.triwest.com/hearthealth](http://www.triwest.com/hearthealth).

(bad) cholesterol, control blood pressure, prevent life-threatening blood clotting, act as antioxidants to reduce cancer risk and even promote immunity. For the greatest benefit, use the actual vegetable and stay away from onion and garlic powders. You may need to eat one garlic clove daily to make a difference.

•**Blueberries.** These fun little berries are bursting with antioxidants. Besides fighting off heart disease and cancer, blueberries can also fight aging. They’re loaded with dietary fiber and vitamins A and C.

•**Surprise superfood: dark chocolate!** Eating heart-healthy can be a special treat, too. The ADA reports that recent research shows components of the cocoa bean and dark chocolate could positively impact the cardiovascular system, kidney function, brain health, immune system, diabetes and blood pressure.

In fact, dark chocolate may help limit the build-up of plaque in arteries by lowering LDL (bad) cholesterol, raising levels of HDL (good) cholesterol and reducing blood pressure.

To reap the health benefits of dark chocolate, make sure the chocolate has at least 70 percent cacao; otherwise, it’s just candy.





# Tripler discovers new mosquito on island



John Nelson | Tripler Army Medical Center

## Mosquitoes' buzz hits Hawaii

### NEWS RELEASE

U.S. Army Garrison-Hawaii

WHEELER ARMY AIRFIELD – While a mosquito’s irritating, high-pitched buzz can be a nuisance, the irritating pests have not yet caused any serious illness to humans, here, according to the Hawaii State Department of Health.

Although Hawaii has reported no mosquitoes carrying human diseases, such as dengue fever, West Nile virus and malaria, at present, dogs can acquire heartworms (filarial worms) from infected mosquitoes biting them. Also, native birds often die from bird malaria and bird pox in lowlands where infected mosquitoes are prevalent.

#### Prevention

To help prevent the spread of mosquitoes in the islands, Hawaii’s DoH offers the following suggestions:

•**Control methods around the home.** Inspect common breeding sites where standing water is often found, including clogged roof gutters, cans, bottles, old tires and overflow trays under house plants.

•**Take permanent control.** Find breeding sites by removing, repairing or emptying everything that could contain water and become breeding areas for mosquitoes on your premises.

Use mosquito-eating fish (such as guppies) in fishponds, unused swimming pools or other large containers that can’t be removed or emptied. However, do not release

these fish into natural water sources, such as streams or lakes, as they aren’t a native species.

Install or repair window screens and doors to keep out mosquitoes. Screens are the best protection against mosquito nuisance in homes.

•**Use temporary controls.** Eliminate adult mosquitoes with aerosol insecticides labeled for flying insects. Consult a garden shop or chemical company on the Internet for information on available insecticides.

For personal protection, use insect repellents containing DEET (N, N-diethyl-m-toluamide) at 30-33 percent for adults and 7.5 percent for children under 12 years. DEET should not be used on babies less than 2 years of age.

When outside, remain covered up with long sleeves and long trousers to help prevent being bitten by mosquitoes.

*(Editor’s Note: Information was compiled from Vector Control Branch, State of Hawaii Department of Health.)*



To learn more about mosquitoes, call the local Department of Health at 483-2535 or visit [www.hawaii.gov/health](http://www.hawaii.gov/health) or [www.epa.gov/pesticides/health/mosquitoes/](http://www.epa.gov/pesticides/health/mosquitoes/).

### NICK SPINELLI

Tripler Army Medical Center Public Affairs

HONOLULU – A new mosquito that was not previously found in Hawaii was discovered by entomologists at the Preventive Medicine Department, here.

Although this mosquito belongs to the genus Anopheles, a breed that has been known to carry malaria, there haven’t been any recent outbreaks of the disease.

While the species has been known to carry malaria, representatives have been unable to verify whether these particular mosquitoes did, as the package carrying the samples was lost on the way to the laboratory for identification. If additional specimens are captured, they will be tested for malaria.

Since the discovery last December, Tripler Army Medical Center and the U.S. Army Garrison-Hawaii have been working with state and local officials, including the Department of Health, the Division of Forestry and Wildlife, Oahu Invasive Species Committee and the U.S. Fish and Wildlife Service, to monitor the situation.

“Upon initial detection, Tripler ramped up its surveillance effort in the area where (the mosquitoes were) originally captured and assisted state personnel with equipment and manpower to expand surveillance efforts to adjacent state-managed lands,” said Dr. John Nelson, a TAMC entomologist.

According to state representatives, efforts are underway to set out more mosquito traps to cover a larger surrounding area, including adjacent state forest reserve lands.

“The expanded trapping effort has been ongoing for a month but has not collected any new specimens,” Nelson said. “Heavy rains in recent weeks may have had an impact on the mosquito population.”

For now, the Army will continue its mosquito trapping efforts on Army-owned property.

Meanwhile, state and local organizations will continue monitoring the rest of the island. If any new samples are collected and verified, the Department of Public Health will make the determination as to whether this new species constitutes any threat to public health, according to a Dept. of Public Health release.



Staff Sgt. Tim Meyer | 25th Infantry Division Public Affairs

Lt. Col. Colin Tuley (center), battalion commander, leads Soldiers of the 2nd Battalion, 35th Infantry Regiment, “Cacti,” 3rd Brigade Combat Team, 25th Infantry Division, as they finish the 2010 Great Aloha Run at the Aloha Stadium in Honolulu, Feb. 15.

## Great Aloha Run to kick off on President’s Day

### KRISTEN WONG

Marine Corps Base Hawaii Public Affairs

HONOLULU – Hawaii runners, including those in the armed services, are lacing up for the Kaiser Permanente Great Aloha Run, scheduled, here, Feb. 21.

The race, which is 8.5 miles long, starts from the Aloha Tower, here, and ends at Aloha Stadium. Participants of all ages are encouraged to attend.

Though the mail deadline has passed, participants can register at the Great Aloha Run’s Sports, Health and Fitness Expo at the Neal Blaisdell Center, Feb. 18-20.

The race has different categories for participants, including the military “Sounds of Freedom” category, which was inspired by a remark made by a Marine Corps general.

“When people hear cadence being called, whether during the run or on the local bases, it is the sound and a reminder of the freedom these young men and women have sworn to protect,” the run’s website reads.

Service members from all branches register and run in formation through-

out the duration of the run. There is a fee for registering a unit.

At press time, 1,500 participants had registered for the Great Aloha Run, according to James Perry, program manager, Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii. Last year more than 3,000 service members participated in the run.

“There’s a certain sense of pride associated with running in formation,” Perry said.

The Great Aloha Run has been an annual tradition for more than 20 years. Proceeds from the run go toward multiple community organizations. Last year, the military community received \$14,000 in funds from the Great Aloha Run.

#### Great Aloha Run contacts

For more information about the Great Aloha Run, call 528-7388. For Sounds of Freedom details, e-mail [santrel.mcclusky@us.army.mil](mailto:santrel.mcclusky@us.army.mil) or call 438-0823 or 285-3713.