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Businesses offer free meals, deals on Veterans Day

ARMY NEWS SERVICE
News Release

FORT MEADE, Md. — In addition to traditional observances, more than a dozen restaurant chains and retail outlets are offering free meals or specials to veterans and service members during the Veterans Day weekend.

Many other businesses are giving discounts in honor of military service.

The following listing applies to Hawaii.

Traditional observances

•Kilauea Military Camp Veterans Day Ceremony: 3-4 p.m., Nov. 11, Big Island. Park admission is free. All active duty personnel, retirees and veterans who attend the ceremony can enjoy a free buffet, 4:30-8 p.m., at the Crater Rim Cafe. RSVP in advance at 967-8371.

•Battleship Missouri Veterans Day Sunset Ceremony: 4:45-5:45 p.m., Nov. 11. Event is free and open to the public with advance reservations. RSVP at www.usmissouri.org.

•Veterans Day Concert at St. Andrew's Cathedral: 7:30 p.m., Nov. 11, S. Beretania Street at Alakea/Queen

Emma streets, Honolulu. Concert includes the Honolulu Symphony Chorus and Hawaii Pacific University's International Vocal Ensemble. Performance is Haydn's Mass in D Minor ("Lord Nelson Mass"). Visit www.oahuchoral.com.

•Patriot Run/Walk: 8 a.m., Nov. 19, at the Waterfront at Puuloa, 5105 Iroquois Ave., Ewa Beach. All proceeds will benefit the U.S. Vets Initiative in Kalaheo for homeless veterans. Early registration deadline is Nov. 12. Late race entries will be accepted on race morning. Visit www.patriotrunhawaii.com.

Additional observances

•"Salute to the Military": The "Price Is Right" annual Veterans Day episode will air on CBS, Nov. 11. The 350-member audience represents the Army, Navy, Air Force, Marines, retirees, disabled veterans and family members. Check local listings.

Parks

•The National Park Service is offering free admission, Nov. 11-13, to service members and veterans at more than 100 locations across America. In Hawaii, admis-

sion fees are waived at Haleakala National Park, Hawaii Volcanoes National Park and Puuhonua o Honaunau National Historical Park. For a complete list, visit www.nps.gov/findapark/feefreeparks.htm.

Restaurants

•Applebees: All veterans and active duty military eat free from a limited menu on Veterans Day. Offer is valid for dine-in only.

•Chili's: Veterans and service members can dine for free from a special six-item menu on Veterans Day.

•Hooters: All veterans and service members get 10 free wings with the purchase of a beverage.

•Krispy Kreme: A free donut is available for all service members, retirees and veterans.

•Outback Steakhouse: Through Nov. 15, Outback will offer veterans and service members a free Bloomin' Onion and beverage.

•Subway Restaurants: Get a free six-inch sub or flatbread.

•Buca di Beppo Italian Restaurants: Special offers

SEE VETERANS, A-4

Warrior Challenge II bonds leaders, pushes physical limit

Story and Photo by
SGT. ROBERT M. ENGLAND

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — The word "warrior" is defined as a person who is engaged or experienced in war, or in the military life, a Soldier, a champion.

More than 260 leaders from the 2nd Brigade Combat Team, "Warriors," 25th Infantry Division, measured up to that definition and proved themselves during the Warrior Challenge II, here, Oct. 27. Forty-two teams competed in six events at various locations, here.

Capt. Jeff Porter, knowledge management officer, 2nd BCT, said the goal for the challenge was to test the leaders' abilities from the platoon level to the brigade and battalion command levels.

"We wanted to test the leaders of our brigade in a way that would challenge them physically and mentally," Porter

said, "so we set up (six) stations that would allow them to utilize their physical capabilities, and had them complete the knowledge test to help them understand what it means to serve in Hawaii."

Teams were organized based on duty title to ensure that leaders with similar duties could work together and build rapport amongst each other.

The challenge began with a one-mile run from Bowen Park to Leader Field, where each team had to flip a light medium tactical vehicle, or LMTV, tire end-over-end for about 100 meters, and then roll the tire back to the starting point.

At the "object move" station, teams transported 40 Meals Ready to Eat boxes, another LMTV tire, a Stryker vehicle tow bar and a 55-gallon drum to a location about 100 meters away. Items

SEE 2nd BCT, A-4



Team 5, comprised of headquarters company, troop and battery commanders for units in the 2nd BCT, 25th ID, drag a flexible litter containing a simulated casualty during the Warrior Challenge II, held on Schofield Barracks, Oct. 27.

CATEP empowers Soldiers with alcohol problems

U.S. ARMY GARRISON-HAWAII
Public Affairs Office

WHEELER ARMY AIRFIELD — Soldiers who meet specific criteria can now self-refer themselves to the Confidential Alcohol Treatment and Education Program, or CATEP, without notifying their commanders.

As part of a four-month test, designated pilot locations have been authorized to offer two options to specific Soldiers who want to participate in CATEP. Schofield Barracks is one of six test locations chosen because of its sufficient counseling and educational capacity to handle self-referrals and because of its high deployment rates.

According to the new policy, outlined in Operation Order, or OPORD, 11-538, while Soldiers are in CATEP treatment, they "are not vulnerable to suspension of fa-

ASAP hours of operation

Monday-Friday, 7:30 a.m.-4:30 p.m. and for confidential treatment, 4:30 – 8:00 p.m., Monday-Thursday.

Call 433-8700 or 433-8708.

avorable actions or subject to adverse personnel actions strictly because of their enrollment" in CATEP, part of the Army Substance Abuse Program, or ASAP.

"We are firmly committed to improving the overall health of the community here and to reducing instances of alcohol abuse and dependency," said Dr.

SEE CATEP, A-4

BOE approves new high school diploma

SCHOOL LIAISON OFFICE; DIRECTORATE OF FAMILY AND MORALE, WELFARE AND RECREATION; U.S. ARMY GARRISON-HAWAII
News Release

SCHOFIELD BARRACKS — New high school diploma requirements for all Hawaii public school students were approved, recently.

The Hawaii State Board of Education unanimously approved the policy change.

The new requirements target graduating students who are planning to enter universities and colleges and

SEE BOE, A-4



Photos by Sgt. Robert M. England | 2nd Brigade Combat Team Public Affairs, 25th Infantry Division

‘Strykehorse’ combat triathalon

SCHOFIELD BARRACKS — Lt. Col. Carl Michaud (above left), commander, 2nd Squadron, 14th Cavalry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, crawls across the “Tarzan Obstacle Course,” here, Nov. 4, during the regiment’s combat triathlon. Forty-four Soldier teams completed a road march, an obstacle course and a modified Army physical fitness test, or APFT, to build cohesion at the team level as the brigade prepares to enter its next training cycle.

Top right — Maj. Marcus Whitfield (above right), executive officer, 2nd Sqdn., 14th Cav. Regt., steps across the “Island Hopper Obstacle Course” during the regiment’s combat triathlon.

Bottom right — 1st Lt. Travis Newton (bottom right), platoon leader, Troop C, 2nd Sqdn., 14th Cav. Regt., does push-ups during a modified APFT, part of the regiment’s combat triathlon.



Courtesy Photo

Anita Dixon (left) and Col. Colbert Low, commander, 4960th Multifunction Training Bde., 9th MSC, view her son’s, Sgt. Evan Parkers, image placed on the “Wall of Remembrance” at Survivor Outreach Services, Fort Shafter, Oct. 26.

‘Go for Broke’ unit honors Gold Star Mother

100TH INFANTRY BATTALION, 442ND INFANTRY DIVISION

News Release

FORT SHAFTER — A Gold Star mother received a memento symbolizing her son’s military service from the unit he served with in Iraq at a ceremony at the Sgt. Evan Parker Memorial Pavilion, here.

Col. Colbert Low, commander, 4960th Multifunction Training Brigade, 9th Mission Support Command, presented Anita Dixon with a shadow box with Sgt. Evan Parker’s military decorations, here, Oct. 26.

The pavilion had been dedicated two

years earlier in Parker’s name. Low had served as Parker’s commander in Iraq.

Members of Parker’s unit, the 100th Infantry Battalion, 442nd Infantry Division, also attended the ceremony.

Parker died in October 2006 from an improvised explosive device while serving with the 442nd Inf. Div. in Iraq.

“Every day is an opportunity to move forward,” Dixon said. “It’s a great opportunity for me to be here.”

Anita Dixon is an active Gold Star Mother – mothers whose son or daughter has made the supreme sacrifice while in service of the U.S. armed

forces. She thanked everyone for his or her service.

After her remarks, Dixon asked to hear the 442nd Inf. Div.’s unit song: “Go for Broke.”

Low introduced Dixon to each member of the formation. She said she enjoyed hearing stories from the Soldiers who served with her son.

“We are all here as part of the 100th Inf. Bn., 442nd Inf. Div., and wear the patch on our shoulder, and it doesn’t matter when you served,” Low said. “We all share a common bond with (Sgt.) Parker. He was part of us. He shares our blood and shares our spirit.”

‘TF Bronco’ hosts annual Soldier, NCO of the Quarter competitions downrange

COMBINED JOINT TASK FORCE I-AFGHANISTAN
News Release

NANGARHAR PROVINCE, Afghanistan — Soldiers and noncommissioned officers from across the area of operations for 3rd Brigade Combat Team, “Task Force Bronco,” 25th Infantry Division, gathered on Forward Operating Base Fenty, here, Oct. 21-22, to show their prowess during the Soldier and NCO of the Quarter competitions.

Fourteen Soldiers and NCOs competed in events that ranged from an Army physical fitness test, an M249 squad automatic weapon firing range and various basic warrior skill lanes.

Also, a mystery event was sprung on the Soldiers at almost midnight during the first day of competition. The twist was a three-mile run with an obstacle that involved a tire flip or sled pull to be conducted after each mile.

Each participant gave his or her best in each event, but every event offered each Soldier a moment to shine at what they were best at.

“I think the PT test set the tone for the rest of the competition for me,” said Sgt. Tessa Smith, administrative personnel, Company C, 325th Bde. Support Battalion.

Smith was the only female to participate, and she also achieved the highest PT score in the competition. “I was a little intimidated before the PT test, but after that, I gained confidence,” she said.

The competition ended with a board, where Soldiers and NCOs had to answer a series of questions posed by the TF Bronco command sergeant major and other senior NCOs from the task force.

After the board, Soldiers gathered at the brigade’s tactical

NCO of the Quarter

Cpl. Mark Roper, 2nd Bn., 35th Inf. Regt., 3rd BCT, 25th ID

Soldier of the Quarter

Spc. Joshua McGee, 728th MP Bn., 8th MP Bde., 8th TSC

operations center for the announcement of the winners. Spc. Joshua McGee, 728th Military Police Bn., 8th MP Bde., 8th Theater Sustainment Command, was named Soldier of the Quarter. Cpl. Mark Roper, 2nd Bn., 35th Inf. Regiment was named NCO of the Quarter.

“I will have to say my leaders did a good job training me for this,” Roper said. “They pushed me to become more physically fit, and our unit medics also helped to teach me some things to make sure I was prepared for this competition.”

Winners will compete at the division level against winners from throughout Regional Command East-Afghanistan.

“Even during a deployment in Afghanistan, these Soldiers keep their edge of the bayonet sharp,” said Command Sgt. Maj. Andrew Spano, senior enlisted leader, 3rd BCT. “Watching these Soldiers and NCOs come together to compete, to show what they have, is inspiring. I watched them go for (more than) 24 hours throughout the night and into the next day. This tells me that these Soldiers have the strength, determination and drive to always excel.”



Staff Sgt. Amber Robinson | 3rd BCT Public Affairs, 25th ID

Cpl. Mark Roper (left), 2nd Bn., 35th Inf. Regt., 3rd BCT, 25th ID, and Spc. Joshua McGee, 728th MP Bn., 8th MP Bde., 8th TSC, stand in front of the “TF Bronco” emblem after winning the brigade’s most recent Soldier and NCO of the Quarter competitions, held at FOB Fenty, Oct. 21-22.

Veterans: Service members get retail discounts

CONTINUED FROM A-1

apply for veterans on Veterans Day.

Retail Outlets

- Wet ‘n’ Wild Hawaii: Active duty military and retired military get free admission on Veterans Day with a valid military ID at the gate. This offer includes live entertainment.
- Amazon.com: A free downloadable MP3 album includes 12 songs performed by military bands and ensembles from now through Nov. 11.
- The Dollar General: Veterans, service members and their im-

mediate families can receive a 10-percent discount with a Veterans Day coupon.

- Home Depot: Veterans receive a 10-percent discount on Veterans Day. Home Depot offers a 10-percent discount year-round to active duty military and retirees.

- Lowe’s: Veterans receive a 10-percent discount for purchases of up to \$5,000. A 10-percent discount is available year-round to active duty military and retirees.

- Sam’s Club: Nov. 9-11, Sam’s Club will give away collapsible Hugo canes on Veterans Day to military veterans who need them.

- 7-Eleven: From 11 a.m.-7 p.m., Nov. 11, veterans can get a free small Slurpee.

2nd BCT: Teams work together to win event

CONTINUED FROM A-1

had to be positioned exactly as they were at the starting point.

Other obstacles included a medical lane and an obstacle course. Also, one station tested the teams’ knowledge of Hawaiian history and culture.

“By the time we got to the obstacle course, we had traveled six or seven miles; then we had to complete the obstacle course and then run back up Lyman Road to the LRC,” said Capt. Jay Velasco, commander, Headquarters and Headquarters Battery, 2nd Bn., 11th Field Artillery Regiment. “On a good day, Lyman Road is challenging.”

The challenge tested each team’s ability to complete the events individually, but more so their ability to work collectively.

“It’s been a lot of uphill and downhill,” said Maj. Damon Delarosa, executive officer, 1st Bn., 21st Inf. Regt. “Some of the physical challenges were tough with everybody on the team being at different levels, but our solution to that has been to identify our own weaknesses and use our strengths to help each other.”

Porter said this test of unity was a tribute to King Kamehameha, the ruler and unifier of the Hawaiian islands in the late 1700s.

“Back when King Kamehameha was the leader of Hawaii, he unified all of the forces in Hawaii to fight against other islands,” Porter said. “The Warrior Challenge (II) sort of pays homage to King Kamehameha and his leadership, and helps our leaders gain more knowledge and capabilities through teamwork.”

Team 33, consisting of platoon leaders from the mortar and reconnaissance platoons, finished first place with a final time of 2 hours, 9 minutes, 30 seconds.

BOE: Policy in effect

CONTINUED FROM A-1

those who compete in a global workforce.

The class of 2016 will initiate the new 24-credit “Hawaii High School Diploma.” The new requirements will bring relevance and rigor to student achievement while preparing graduates for entry into post-secondary education and careers.

BOE Policy 4540 has been under review since June to determine the best course credits for a rigorous course of study. Biology, Algebra I and Geometry will be required courses. Also, students can choose a senior project as one of six elective credits.

This new policy is one of the key components of Hawaii’s \$75-million Race to the Top plan and the DOE’s 2011 Strategic Plan to incorporate high-quality and career-ready standards and assessments to the statewide curriculum.

“We thank the board for approving a graduation policy that fully supports our state’s reform efforts to improve student achievement,” said Kathryn Matayoshi, state superintendent. “Hawaii public school graduates must be able to successfully compete globally in an academic or work arena. This action moves us another step closer to building a stronger sustainable economic and social foundation for the state.”

CATEP: Program puts Soldiers back on track

CONTINUED FROM A-1

James Slobodzien, the Clinical Program Manager of ASAP. “This new pilot program recognizes that Soldiers with alcohol abuse problems affect both military readiness and family well-being. CATEP gives Soldiers another opportunity to get help and spare themselves from adverse administrative or personnel actions that might interfere with their military career.”

Two CATEP options provide career protections based on the Soldier’s military occupational specialty, but participation requires participants to sign an informed consent contract. The contract ensures Soldiers receive treatment and comply with their treatment plan.

Option A amends the need to notify commanders when certain Soldiers – military police, Criminal Investigation Division personnel, firefighters not assigned to deployable units, firefighters not in units with firefighting duties, Soldiers with security clearances, in Aviation or in the Personnel Reliability Program – are found to have an alcohol problem.

Option B provides a modified pilot; however, commanders must be notified. Some career protections are provided. Option B applies to medical, clinical and health care Soldiers, as well as firefighters who are assigned to deployable units, firefighters in units with firefighting duties, Aviation Soldiers, and Soldiers in the Personnel Reliability Program.

Criteria for both options are specified in OPORD 11-538.

Some Soldiers are not eligible for the CATEP pilot, including Soldiers with a blotter or alcohol-related incident within the past 12 months, Soldiers who have a problem with prescription drugs, and Soldiers who have had rehabilitation care for drug abuse in the past 12 months, among other categories.

“The Installation Management Command, or IMCOM, is administering the CATEP pilot. Overall, our goal is to encourage and increase self-referrals to ASAP by Soldiers whose alcohol misuse has not reached the point of requiring a mandatory referral,” said Pamela Jinnohara, ASAP manager.

ASAP is open Monday through Friday to support Soldiers. Its CATEP treatment plans may last anywhere from a few weeks to a year, all with the aim to meet the challenges of military readiness while supporting Soldier and family well-being.

8th TSC’s Legal Assistance Office provides more than just tax prep

SGT. GAELLEN LOWERS
Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS – The 8th Theater Sustainment Command’s Office of the Staff Judge Advocate, or SJA, received the Chief of Staff Award for Excellence in Legal Assistance for fiscal year 2010, here, Oct. 25.



The award recognizes all the hard work and dedication the Legal Assistance Office has provided to 8th TSC’s Soldiers and families.

Maj. Gen. Michael J. Terry, commander, 8th TSC, said the services the Legal Assistance Office provides to the community at large are just amazing.

Terry went on to detail some of the accomplishments that warranted the office’s award. He said the office provides free legal services equaling approximately \$2.3 million, served more than 1,900 clients and helped save families more than \$500,000 in tax preparation

“We did some amazing things, but the

“We’ve been recognized by the Army for excellence, and it’s not very often that awards like this are bestowed upon an organization from that level. ...You all did great things.”

— **Maj. Gen. Michael J. Terry**
Commander, 8th TSC

main focus today is the providers,” said Col. Lisa Anderson-Lloyd, SJA, 8th TSC. “(It’s) those paralegals, those attorneys who sit with those family members and Soldiers, listening to their problems and really caring about them, and doing everything they can to provide the most professional and the most affective advice and assistance ... that’s really important and close to my heart”

The certificate will be displayed in the Legal Assistance Office, here.

“We’ve been recognized by the Army for excellence, and it’s not very often that awards like this are bestowed upon an organization from that level. ...You all did great things,” Terry said.



Photos by Spc. Tiffany Dusterhoft | 8th Theater Sustainment Command Public Affairs

Soldiers with 8th HRSC, 8th TSC, march home after a long day of training on tactics, techniques and procedures during the unit’s convoy live fire exercise, held on Schofield Barracks, Oct. 25. The exercise was held in preparation for 8th HRSC’s upcoming deployment to Kuwait.

8th HRSC gears up for deployment to Kuwait

SGT. GAELLEN LOWERS
8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS – Soldiers with the 8th Human Resources Sustainment Center, 8th Theater Sustainment Command, are preparing for their upcoming deployment to Kuwait this spring.

They trained up on tactics, techniques and procedures during a convoy mission, here, Oct. 25.

The Soldiers reacted to small arms fire and improvised explosive devices, called for medical assistance, carried casualties and constructed defensive positions.

“This is something we need to have during our deployment,” said Sgt. 1st Class Anthony Murphy, 8th HRSC. “It’s very important that we learn this because we never know what we are going to face out there.”

Many of the Soldiers, veterans of deployments, were glad to participate because of all the changes and improvements that the Army has implemented in the last few years.

“The majority of the Soldiers have deployed before and are relearning the new tactics, techniques and procedures because those have changed over time,” Murphy said. “I have deployed four times, and I learned a lot of things here, today.”

The training is especially important for Soldiers who have never deployed before, said Spc. Jennifer Stevenson, 8th HRSC.



Spc. Theresa Quinata, information system specialist, 8th HRSC, 8th TSC, pulls security.

“The training is going pretty well, especially for Soldiers who have never deployed, like myself,” Stevenson said. “It’s good to come out here and get some hands-on training on what could actually happen while we are downrange.”

Pfc. Trisha Barabin echoed Stevenson.

“I feel very comfortable going to Kuwait be-

cause of the training that I have gotten,” she said. “Training has really helped me to remember what we did in basic training.”

With all the additional training that the unit is conducting, the Soldiers of the 8th HRSC know that they will be ready for whatever comes their way, once they have “boots on ground.”



Lt. Col. Ian Greene (standing), chief, personnel accounting and strength reporting division, 8th HRSC, 8th TSC, drags a casualty to safety during the unit’s convoy live fire exercise.

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today

APEC — Security restrictions are in force at the Hawaii Convention Center, the Hale Koa Hotel and the Ihilani Resort through Nov. 13 due to the Asia Pacific Economic Cooperation summit.

Visit www.honolulu.gov for security restrictions and maps that show what roadways and parking areas will be affected, as well as detour routes for certain city buses.

Other areas affected follow:
The Army Museum at Fort DeRussy will be closed to the public Nov. 11-12. Call 438-2822.
The 735th Air Mobility Squadron Passenger Terminal at Joint Base Pearl Harbor-Hickam will be closed to passengers, Nov. 11-14, and Space-A flights are canceled. Access will be restricted. For Space-A sign-up and contact information during the closure, visit www.15wing.af.mil/units/735thams.

Anticipate roadway restrictions, Nov. 13, on the H-1 Freeway westbound and Farrington Highway between Waikiki and Ko Olina. All on- and off-ramps and overpasses will shut down to restrict

vehicle movement 8:30-9:30 a.m.
Patch Gate will be open to allow entry and exit from Fort Shafter, 7:30-10:30 a.m. Buckner Gate will remain open, but access will be limited. The Fort Shafter overpass will be unavailable for transit between Fort Shafter and Fort Shafter Flats between 8:30-9:30 a.m..
Other affected areas include Tripler Army Medical Center, Red Hill Housing and the front gate of Aliamanu Military Reservation. Call 438-2230.

McNair Gate Closure — McNair Gate will close 8 p.m.- 5 a.m., Nov. 11-14. Macomb Gate will stay open 24/7 during this period, so the Directorate of Emergency Services can perform a traffic count. All other gates will operate at normal times.

WO Recruiting Team — The Warrant Officer Recruiting Team will conduct briefings at the Schofield Barracks Education Center, 10 a.m. and 2 p.m., Nov. 15-17. Email james.grant2@usarec.army.mil.

16 / Wednesday

Native American Indian Heritage Observance — Soldiers, civilians and families are invited to this event, 10-11:30 a.m., Nov. 16, at the Nehelani, Schofield Barracks. Guest speaker is Lt.

Gov. Jefferson Keel of the Chickasaw Indian Nation in Oklahoma and president, National Congress of American Indians. Email tiffany.a.johnson3@usarmy.mil or call your unit's equal opportunity advisor.

America Recycles Day — Support America Recycles Day, 10 a.m.- 2 p.m., Nov. 19, Richardson Pool parking lot, Schofield Barracks, by dropping off your recyclable materials. Call 656-5411.

25th CAB Family Support Center — RSVP by Nov. 16 for the ribbon cutting ceremony, 10:30 a.m., Nov. 22, Building 102, Wheeler Army Airfield. Attire is duty uniform for military personnel and aloha attire for civilians. RSVP to 656-2756 or kenneth.anderson18@us.army.mil.

17 / Thursday

First-Term Financial Training — This financial training is mandatory for all first-term Soldiers who are within 90 days of their arrival in Hawaii. Classes focus on basic financial skills and financial planning. The next two sessions are 8 a.m.-4 p.m. Nov. 17 and Dec. 15 at Army Community Service, Fort Shafter Aloha Center. Call 438-9285.

24 / Thursday

Free Thanksgiving Day Shuttle Bus —

Active duty Soldiers and family members can ride a free shuttle bus, Nov. 24, from Building 525, Fort Shafter, to Schofield Barracks' K Quad dining facility and back.

Youth under the age of 16 must be accompanied by an adult. A valid military ID card is required. Call 227-3146 or 656-4963 to reserve your seat.

Thanksgiving shuttle routes and schedules follow:

•*Round trip 1: Early service.*
10:30 a.m.: Pick up at Building 525, Fort Shafter.
11:15: a.m.: Arrive at K Quad DFAC, Schofield Barracks.
11:15 a.m.-12:45 p.m.: Dining period.
On or around 12:45 p.m.: Depart Schofield Barracks.
On or around 1:30 p.m.: Arrive Fort Shafter.

•*Round trip 2*
Noon: Pick up at Building 525, Fort Shafter.
12:45 p.m.: Arrive at K Quad DFAC, Schofield Barracks
12:45 p.m.-2:25 p.m.: Dining period.
On or around 2:15 pm.: Depart Schofield Barracks.
On or around 3 p.m.: Arrive Fort Shafter.



Col. Christopher Vanek (left), commander, 2nd BCT, 25th ID, speaks about the importance of spiritual readiness with Terry Evans (middle), former MLB outfielder for the Los Angeles Angels, and Bryan Hickerson, former MLB pitcher for the Colorado Rockies, at Schofield Barracks, Nov. 2. Evans, Hickerson and Vanek spoke to Soldiers as part of a devotional luncheon held by the 2nd BCT, 25th ID's Chaplain's Office.

Baseball pros share faith with ‘Warriors’

Story and Photo by

SGT. DANIEL K. JOHNSON

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Two former Major League Baseball players spoke about their religious experiences during a devotional luncheon at the Warrior Inn Dining Facility, here, Nov 1.

Terry Evans, formerly an outfielder for the Los Angeles Angels, and Bryan Hickerson, formerly a pitcher for the Colorado Rockies, spoke of how their religious beliefs have kept them grounded in light of their successes in baseball.

Chaplain (Maj.) Scott Koeman, chaplain, 2nd Brigade Combat Team, 25th Infantry Division, began the luncheon with a motivational prayer before introducing the players.

Following the words of Evans and Hickerson, Soldiers took photos with the former MLB players, as well as asked questions about their spiritual journeys.

“Hearing from personnel outside of the uniform helps Soldiers relate to many personal experiences,” said Col. Christopher Vanek, commander, 2nd BCT. “It also feeds into the commanding general’s emphasis on spiritual fitness.”

Spiritual activities

The Chaplain's Office at the Religious Support Office, U.S. Army Garrison-Hawaii, regularly hosts devotional luncheons and other spiritual activities. Call 655-0263.

8th TSC: MLB player shares lessons learned

CONTINUED FROM A-1

they must overcome.

“When you have done something for a long time, there is going to be a time when you don’t like it and it stinks, and you really wish you could be doing something else,” Eldred said.

He explained that finding ways to cope and to let off steam are imperative to relieving stress and dealing with the curve balls life sometimes throws.

In 1990, after a slew of bad luck and several surgeries, including a Tommy John surgery that replaces a tendon in the elbow with one from somewhere else in the body, Eldred realized that he could not make it through his life alone. He turned his life over to the church.

“When you put your hand on somebody’s shoulder, and you say something to them, especially in a pressure situation, it’s going to have a lifetime effect,” Eldred said. “It can either be positive or negative, and I encourage you to make sure it’s positive and that it’s encouraging.

“That could be the difference maker in someone’s life,” he said.



WTUs help unlock unlimited potential

Warrior Transition Units help heal the mind, body, spirit

TRIPLER ARMY MEDICAL CENTER PUBLIC AFFAIRS
News Release

HONOLULU — The Army observes Warrior Care Month throughout the month of November.

“Taking care of Soldiers is something we do every day,” said Brig. Gen. Darryl Williams, assistant surgeon general for Warrior Care, and commander, Warrior Transition Command. “Observing Warrior Care Month allows us to highlight the significance of keeping Soldiers healthy and safe and taking care of them when they become wounded, ill or injured.

“At the Warrior Transition Command, we are in the business of caring for the Army’s wounded, ill and injured Soldiers from active duty, National Guard and the Reserves,” Williams said.

The Warrior Transition Command oversees 29 Warrior Transition Units, or WTUs, and nine community-based WTUs across the country.

WTUs support Soldiers who require at least six months of complex medical care. Also, WTUs offer a standardized framework of care and support from medical appointments to adaptive or reconditioning sports programs and internships.

The triad of care – a primary care manager, nurse case manager and squad leader, as well as an interdisciplinary team of medical and non-medical professionals, work with Soldiers and their families to ensure that they receive the support they deserve.

According to Williams, most people think of Soldiers injured in combat when they hear the term “warrior care.”

“Taking care of our combat-injured is warrior care,” he said. “Warrior care is also preventing illnesses and keeping Soldiers healthy and ready to deploy. Warrior care is

arming Soldiers with tourniquets that they can use with only one hand. It’s having the best trained medics in the world standing shoulder-to-shoulder with our combat Soldiers.”

Williams said that warrior care is an undertaking that encompasses a broad scope of efforts that extend beyond the battlefield, including understanding how to manage pain with medication and with complementary medicine, such as acupuncture, massage and yoga.

“Warrior care means building resilience and ensuring our men and women in uniform are strong in mind, body and spirit,” Williams said. “Warrior care is our best researchers looking at how we can advance medicine, improve protective gear and deal with trauma and complex injuries. It’s having a battle buddy who looks after you and a leader you can count on.”

Williams, speaking specifically about his job and about WTUs, outlined his three priorities for the wounded, ill and injured he represents: education, training and employment.

While a WTU is a place for Soldiers to heal, it’s also a place to plan for their future, a place to develop a good, solid way ahead for them and for their family.

“Either way, when they leave these units, my goals for them are that ... they have received the best medical care possible, ... have the education and training they need to succeed and that they have a job or career lined up,” Williams said.

“We owe them our best, and Warrior Care Month is a time to commemorate the importance of what we do throughout the year.”

Command Sgt. Maj. Robert Zavala, senior enlisted leader, Warrior Transition Battalion, Schofield Barracks, agrees with Williams that Warrior Care Month is not just limited to the Soldiers in transition.

He said all Soldiers serving in the Army must be cared for.

“Soldiers and their families are continuously sacrificing, and Warrior Care Month is just one small way of supporting them and showing them we are behind them,” Zavala said. “We appreciate them for what they have done and endured.”

(Editor’s Note: The above release contains information from the Warrior Transition Command and TAMC.)

Warrior Care Month

Visit www.wtc.army.mil for a listing of Armywide Warrior Care Month events. Soldiers assigned to the WTU at Schofield Barracks should check with their unit for upcoming events.



“Warrior care is also preventing illnesses and keeping Soldiers healthy and ready to deploy.”

— Brig. Gen. Darryl Williams
Assistant surgeon general for Warrior Care and commander, Warrior Transition Command

Spc. Tiffany Dusterhoft | 8th Theater Sustainment Command Public Affairs

Staff Sgt. Wesley Reed, range safety officer, 8th Human Resources Sustainment Command, 8th Theater Sustainment Command, and several other Soldiers with the 8th HRSC pull security during a convoy live fire exercise, Oct. 25, in preparation for their upcoming deployment to Kuwait.

Key spouses, warriors recognized for selfless service, contributions

Story and Photo by

SGT. DANIEL K. JOHNSON

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

HONOLULU — Military spouses and wounded warriors were honored at Aloha Stadium, here, Nov. 5.

When the University of Hawaii hosted its annual Military Appreciation game, the Honolulu Navy League, in partnership with Oceanic Cable, presented Key Spouse Recognition Awards to eight military spouses.

Also, the university, in partnership with Oceanic Cable, recognized wounded warriors during the half-time show for their service.

Key Spouse awardees included two Army spouses: Channele Cadiz represented the Hawaii Army National Guard and Kimberly Seech represented the 2nd Brigade Combat Team, 25th Infantry Division.

Cadiz was recognized for her volunteer work as the communication and organizational focal point for units while her unit was deployed.

Seech was recognized for her dedication to Soldiers and their families during the recent deployment of 2nd BCT to Iraq. She is the



The Honolulu Navy League, in partnership with Oceanic Cable, presented Key Spouse Recognition Awards to eight military spouses during the UH’s Military Appreciation game at Aloha Stadium in Honolulu, Nov. 5. A check for \$500 was presented to each spouse.

family readiness group co-leader, Company C, 1st Battalion, 14th Regiment, “Golden Dragons,” 2nd BCT.

The Honolulu Navy League, along with Oceanic Cable, presented each spouse with a \$500 check at the 50-yard line, midfield, prior

to kick-off of the football game. Earlier in the week, the spouses were recognized by Honolulu Mayor Peter Carlisle at Honolulu Hale (City Hall) in a ceremony, Nov. 4.

Wounded warriors from the Army, Marine Corps, Air Force and Navy received plaques during the half-time show.

Sgt. Ryan Soto, Spc. Josh Johnson and Pfc. Aaron Cool from the Warrior Transition Battalion at Schofield Barracks were among the wounded warriors.

Also, 10 Soldiers from 2nd BCT, who had recently redeployed from Iraq, stood in formation along with other Soldiers, Sailors, Airmen and Marines.

As a part of the Military Appreciation theme, Soldiers from 25th ID-Forward, deployed in Iraq, and 3rd BCT Soldiers, deployed in Afghanistan, were videotaped for the Jumbotron to wish the UH players good luck with the game.

The game ended with a loss for the UH “Warriors,” as they were defeated with a last-minute, one-yard plunge from Utah State.

The game finished with a score of 35-31.



Today
Leilehua Golf Course — The golf course parking lot will be closed Nov. 11 and Nov. 15 for striping. Call 656-2532.

Friday Night Entertainment Series — Enjoy live entertainment each Friday night at Kolekole Bar and Grill, Schofield Barracks. From Latin and hip-hop to open mic night, there's something for everyone. Call 655-0664.

12 / Saturday
Turkey Bowl Workshop — Visit the Arts and Crafts Center, Schofield Barracks, between 9 a.m.-2 p.m., Nov. 12, to create your ceramic turkey bowl for the holidays. Cost is \$18 and includes supplies. Call 655-4202.

Read to the Dogs — Keiki who can read on their own can sign up for a 15-minute session to read to a dog, Nov. 12, Sgt. Yano Library, Schofield Barracks. Preregistration is required; call 655-8002.

Cosmic Bowling — Cosmic Bowling starts at 3 p.m., Saturdays, at the Schofield Barracks Bowling Center, and at 1 p.m., Sundays, at the Fort Shafter Bowling Center. Call Schofield at 655-0573 or Fort Shafter at 438-6733.

14 / Monday
Free Hula Classes — The Native Hawaiian Liaison Office, USAG-HI, welcomes all Soldiers and families to participate in free hula classes. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Call 655-9694 or email nhliaison@gmail.com.
Classes are held the following days and locations:
•Mondays, Kalakaua Community Center, Schofield Barracks.
•Tuesdays, AMR Community Center.

ESL — English as a Second Language classes are 9 a.m.-1:30 p.m., Monday and Wednesday, through Nov. 21, at ACS, Schofield Barracks. Call 655-4227.

15 / Tuesday
Christmas Tree Craft — Make a Christmas tree using books or magazines at one of the following Army libraries. These free sessions are 5:30-6:30 p.m. and open to all 12 years and older.
•AMR Library, Nov. 15; call 839-2821.
•Sgt. Yano Library, Schofield Barracks Nov. 16; call 655-8002.
•Fort Shafter Library, Nov. 17.

Children's Book Club — Keiki ages 8-12 can join the discussion of popular books, 3:30-4:30 p.m., Nov. 15, Sgt. Yano Library, Schofield Barracks. Keiki will select the book for the club

and read it together. Call 655-8002.

16 / Wednesday
Kids Meal — Every Wednesday night, keiki under 10 can eat for \$1.99 at Kolekole Bar and Grill, Schofield Barracks, or at Mulligan's Bar and Grill, Fort Shafter. Call Kolekole Bar and Grill at 655-0664 or Mulligan's Bar and Grill at 438-6712.

17 / Thursday
Craft Night — Keiki can decorate ornaments for the holiday season 6-8 p.m., Nov. 17, at the Hale Ikena, Fort Shafter. Call 438-1974.

19 / Saturday
Christmas Card Workshop — Create a holiday card, 9:30 a.m.-noon, Nov. 19, at the Schofield Arts and Crafts Center. Cost is \$6 per card or 3 for \$15. To register, call 655-4202.

New Family Activities — This new bowling event is 11 a.m., Nov. 19, at the WAAF Bowling Center.
Cost is \$5 per person or \$4 with your Blue Star Card for three hours. To register, call 655-0111 to register.

22 / Tuesday
Origami Workshop — Teens can learn the basic techniques of Japanese paper folding, 4 p.m., Nov. 22, Sgt. Yano Library, Schofield Barracks. To register, call 655-8002.

23 / Wednesday
Afterschool Activities — Elementary-age keiki can listen to Native American tales, 3-3:45 p.m., Nov. 23, at the Sgt. Yano Library, Schofield Barracks. Call 655-8002.

December

14 / Wednesday
Basketball Court Closure — The Martinez Physical Fitness Center basketball court will be closed Dec. 14-19 so the hardwood floors can be resurfaced. The other areas of the gym will remain open and be available for use. Racquetball courts, weight rooms and the Nautilus room will remain open for use. Call 655-8006.

Ongoing

2012 NFL Pro Bowl Presale — Tickets are on sale at the Schofield Barracks Army Leisure Travel Services Office and are sold on a first-come, first-served basis. Ticket purchaser must have a military ID card and be 18 years of age or older. Purchasers must be in line; no stand-ins are allowed. Call 655-9971. The annual contest of the AFC and NFC's best will take place Jan. 29, at Aloha Stadium.

Pool Closures — HMR Pool is closed through May 30; AMR Pool is closed through May 28.
Richardson Pool, Schofield Barracks; and the TAMC pool are open year-



Mark Brown | LendLease

Tree City USA

SCHOFIELD BARRACKS — Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, helps plant a tree at the Child Development Center as part of the Arbor Day celebration, here, Nov. 4. Students also planted seedlings and decorated T-shirts with tree-themed artwork. Also, an Arbor Day Foundation proclamation was read that recognizes Schofield Barracks as a Tree City USA for the second consecutive year. The Tree City USA program recognizes communities that have a viable tree management plan and program.

round. Richardson Pool operating hours will be reduced until Feb. 28. Visit www.himwr.com for specific hours of operation.

Adult Sports — Men and women can register for intramural racquetball, basketball, volleyball and triathlons.
Women can also register for soccer. For intramurals, call 655-8056; for All-Army Sports, call 655-9914. Visit www.himwr.com.

No-Show Policy — Blue Star Card holders who register for an event and can't attend need to cancel their reservation by noon the day before the event. Without cancellation, BSC holders will be considered no-shows, resulting in being placed on a wait list for the following month's events. Email

amanda.p.montgomery@us.army.mil.

Vehicle Safety Inspection — Don't forget to check your vehicle inspection sticker located on your vehicle's right rear bumper to see if it's about to expire or already has. No appointment is necessary. Call Fort Shafter's Auto Skills Center at 438-9402 or Schofield Barracks at 655-9368.

Free Fitness Classes — Soldiers and family members can attend a variety of free fitness classes at the Schofield Barracks Health and Fitness Center. Visit www.himwr.com.

Fort Shafter Cosmic Bowling — Cosmic Bowling starts at 3 p.m., Saturdays, and 1 p.m., Sundays, at the Fort Shafter Bowling Center. Call 438-6733.

Community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
Make It, Bake It, Fake it — Deadline to RSVP is Nov. 11 for this Hui O' Na Wahine all-ranks spouses club auction luncheon, Nov. 17, at the Nehe-lani, Schofield Barracks.
The event opens at 10:30 a.m. for shopping, with a buffet lunch 11 a.m.-1 p.m. The event costs \$15 and includes lunch.
For last names beginning with A-L, email huireservationsal@gmail.com; for M-Z, email huireservationsmz@gmail.com.
Spouses must be 2011-2012 members of the Hui to attend the luncheon.
For applications, visit www.schofieldspouses.com; annual fees of \$25 will be taken at the event. Email huionawahine@gmail.com.

12 / Saturday
Lemonade Alley Craft Fair — This event is 8 a.m.-2 p.m., Nov. 12, Iolani School Baseball Field, 563 Kamoku St., Honolulu. Event features a lemonade stand competition for keiki in grades kindergarten-12, along with more than 90 craft booths. Visit

Calendar abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan

AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation
BCT: Brigade Combat Team
BSB: Brigade Support Battalion
Co.: Company
CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare and Recreation
FRG: family readiness group
HMR: Helemano Military Reservation

IPC: Island Palm Communities
SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
WAAF: Wheeler Army Airfield

Worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers' Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF and FD
•Sunday services:
- 8:30 a.m. at AMR
-10:30 a.m. at MPC Annex
-11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Monday, 6 p.m. at PH (Bible Study)
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at MPC Annex

Protestant Worship
•Sunday Services
-9 a.m. at FD, MPC and TAMC chapels
-9 a.m. at WAAF chapel, Lutheran/Episcopalian
-10 a.m. at HMR
-10:30 a.m. at AMR

Single Soldiers' Bible Study
•Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service
•Sunday, 6 p.m. at SC.

This Week at the MOVIES

Joint Base Pearl Harbor-Hickam Memorial Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.

Dolphin Tale

(PG)
Sat., Nov. 12, 4 p.m.

Dream House

(PG-13)
Sat., Nov. 12, 7 p.m.

The Help

(PG-13)
Sun., Nov. 13, 2 p.m.



Drive

(R)
Wed., Nov. 16, 7 p.m.

Straw Dogs

(R)
Thurs., Nov. 17, 7 p.m.

No shows on Mondays or Tuesdays.

8th STB renews school partnership

Story and Photos by
SGT. GAELN LOWERS
8th Theater Sustainment Command Public Affairs

AIEA — The 8th Special Troops Battalion, 8th Theater Sustainment Command and Gustav H. Webling Elementary School recently renewed their partnership for another year, here, Oct. 28.

The renewed partnership kicked off with the school's fall festival when 8th STB Soldiers helped set up and tear down game booths, ensuring games and booths ran smoothly.

“The 8th STB and Webling Elementary School have a mutual relationship,” said Maj. Peter Caggiano, executive officer, 8th STB. “The Soldiers are here to help support the kids, help support the community and help support the school. The community gives so much to the military on a daily basis. They give their time, their support, their love and money; this is just one way we can give back for all the awesome things that they do for us.”

The relationship between the 8th STB and Webling is part of U.S. Army-Hawaii's Partnership of Ohana Community Relations Program to get Soldiers more involved in the communities that support them.

“The military is part of the community, so why not give back to something that you are a part of ?” said Spc. Quinten Booker, command and staff aide, 8th STB, and the school liaison for Webling Elementary School. “Everyone in the community is super supportive of everything we do, so we want to give back.”

Wearing Halloween costumes, students went from booth to booth to play games, winning prizes and candy. Also, Soldiers painted Halloween-type masks on the children's faces at a face-painting station.

Students, however, weren't the only ones having a good time.

“I am having a blast!” said Sgt. Allyson Jene Layport, unit advisor, Better Opportunities for Single Soldiers. “All the kids look adorable in their pretty little costumes.”

This event was the first of many that the school and the 8th STB will participate in together. Last year, Soldiers helped with tutoring, gardening and a few other partnership programs.

“This is just the beginning for this year's activities,” Caggiano said. “As time goes on, we will continue to support the school, the community and to make this a great environment for both the Soldiers and the students.”



Maj. Gen. Michael J. Terry (left), commander, 8th TSC, talks with students at Gustav H. Webling Elementary School during his visit, Nov. 4. Terry visited the school to reaffirm the 8th TSC's commitment to the school's success.



Spc. Quinten Booker (left), command and staff aide, 8th STB, 8th TSC and school liaison fWebling Elementary School, encourages a student during the school's fall festival, Oct. 28.

Army child care fees increase for 2011-12 school year

KARLA A. SEIJAS
Installation Management Command Public Affairs

SAN ANTONIO — Fees for Army child care and related child and youth programs will increase between now and Dec. 1 as part of a phased program designed to reduce the impact of a changed Department of Defense policy.

The second step in a three-year program to align Army fees to the 2010 DOD fee policy, the Army child care fee policy for school year 2011-2012 increases most fees by \$4 to \$8 per week.

Despite the increase, Child, Youth and School Services “continues to be a great value for Army families because of the quality of the programs, the support they provide for a military lifestyle and the fee assistance provided by the Army for all patrons in every income category,” said Mary Nelsen, Parent and Outreach Services; Directorate of Family and Morale, Welfare and Recreation Command; Installation Management Command.

Each year, DOD reviews fee ranges in all categories of child and youth service programs.

In 2010, the Army analyzed that year's DOD fee policy and worked to mitigate the financial impact on Army families through an exception to policy. The DOD exception to policy established an Army-specific transitional fee structure for installations that would otherwise have significant fee increases. As a result, the DOD fee increase is being phased in over the next two to three years.

Depending on total family income, most fees for a full day of child care will increase by \$4 to \$8 per week in school year 2011-12. Families with multiple children using child and youth services programs will receive a 15-percent discount for the second and each subsequent child enrolled.

Child care fees remain based on the total family income, not the military rank or civilian grade. Child care fees may differ from one installation to the next until school year 2013-14, when the phase-in process is complete.

The National Association of Child Care Resource and Referral Agencies, or NACCRRA – billed as the nation's leading voice in child care – assists in ensuring families have access

SEE INCREASE, B-5

‘Great American Smokeout’ can be first step to quitting

SHARI LOPATIN
TriWest Healthcare Alliance

PHOENIX – Smoking can be just as addictive as using heroin or cocaine, according to the Centers for Disease Control and Prevention.

So making the decision to quit – even for just a day – is no small task. However, did you know that the CDC lists smoking as the leading cause of preventable death in the U.S.? If you quit smoking, you could extend your life by 14 years.

Quit one day for the Great American Smokeout. Do you think you can quit for one day? Just one? That’s all the Great American Smokeout asks you to do! This year, the Smokeout will take place Nov. 17. If you participate, you’ll quit smoking for one day, alongside thousands of other smokers.

Tricare covers counseling to quit. If you can quit for one day, maybe you can quit for longer. Since smoking is so addictive, it’s helpful to get some help.

According to the CDC website, “Proven cessation treatments can help smokers ease withdrawal symptoms and succeed in quitting, and many smokers still manage to quit ‘cold turkey’ simply by trying.”

If you’re a Tricare beneficiary and not eligible for Medicare, Tricare may cover smoking cessation counseling for you. You don’t need to have a smoking-related illness to use this benefit.

- Counseling must be through a Tricare-authorized provider.
- Providers must be working within the scope of their licensure or certification.
- Counseling may be received in any Tricare-authorized outpatient facility, as long as the provider is Tricare-authorized and properly certified.

Great American Smokeout

According to the American Cancer Society, “tobacco use remains the single, largest preventable cause of disease and premature death in the U.S.; yet, more than 46 million Americans still smoke. However, more than half of these smokers have attempted to quit for at least one day in the past year.”

- For more information on quitting smoking, visit these sites:
- www.triwest.com/tobacco.
 - www.cancer.org/Healthy/StayAwayfromTobacco/GreatAmericanSmokeout.
 - www.cdc.gov/features/smokeout.

TAMC supports 2011 CHEST Conference

Story and Photo by
STEPHANIE BRYANT
Tripler Army Medical Center Public Affairs

HONOLULU – Tripler Army Medical Center played an active role in supporting the 2011 American College of Chest Physicians, or ACCP CHEST conference, at the Hawaii Convention Center, here, Oct. 23-26.

The conference is an annual meeting for the ACCP, a national professional medical society of international clinicians from areas such as cardiology, pulmonary, cardiothoracic and critical care medicine.

TAMC provided equipment for the ACCP simulation center, showcased TAMC’s air-transport teams and hosted a mechanical ventilation post-graduate course.

“The ACCP conference offers a simulation center that is world-renowned,” said U.S. Navy Lt. Cmdr. Konrad Davis, director, Pulmonary and Critical Care Medicine, TAMC. “Several days of the conference are dedicated to simulation training. This year, about ten different simulation stations were available, to include airway management, bronchoscopy skills, ultrasound training in critical care, and advanced mechanical ventilation.”

TAMC’s simulation center provided two, high-fidelity human patient simulators, or SimMan 3Gs, that simulate vital signs. Also, TAMC’s respiratory therapy clinic provided four ventilators for use in the ACCP simulation center.

Lt. Col. Erik Osborn, pulmonary critical care physician, TAMC, taught adult extracorporeal membrane oxygenation, or ECMO, as part of the advanced mechanical simulation course during the conference.

ECMO provides both cardiac- and respiratory-support oxygen to patients when their heart and lungs no longer function. While normally performed on infants, the technique has seen progress for adult-use in the past years due to advances in technology.

In 2010, Osborn performed an ECMO procedure on an adult patient during a 4,050-mile medical transport. Since that time, he has helped organize an Adult ECMO program; training is scheduled to start next spring at TAMC.

TAMC hosted the post-conference, post-graduate course offered to ACCP attendees.

About 30 ACCP attendees from the U.S., Canada, Britain, Japan, Portugal, India, Switzerland, Australia, Peru and Jordan participated in the mechanical ventilation course.

ACCP members led instruction and offered hands-on clinical scenarios to highlight some of the things they can do with mechanical ventilation, both invasive and noninvasive, said Dominick Lyons, acting clinical educator, Respiratory Therapy Clinic, ACCP.



Elaine Imoto (left), pulmonary and critical care physician, Straub Medical Center in Honolulu, breathes through a ventilator while John Davies (right), registered respiratory therapist and clinical research coordinator, Duke University Medical Center, discusses patient-ventilator synchrony during a post graduate course in mechanical ventilation at TAMC, Oct. 27.

“The idea is to present information and then offer the opportunity to apply that knowledge and use it hands on,” Lyons said. “The information is retained better, and bottom line, our mission is to improve patient care.”

Another key component of the conference was the Centers of Excellence exhibit. TAMC showcased its critical care air transport in the Pacific.

Sgt. Brendan Beely, Company B, Troop Command, TAMC, and noncommissioned officer in charge of the joint medical attendant transport team, or JMATT, answered questions about JMATT critical care capabilities and missions.

The JMATT program uses Army, Air Force, Navy, Coast Guard and civilian assets to safely transport critically ill or injured patients within the Pacific theater.

“We work very closely with the (other services) to support all Department of Defense beneficiary requests for medical evacuation in the Pacific rim,” Beely said. “With a program like JMATT, it’s an honor to be recognized in an international forum. Clinicians from other countries were able to see our programs and can now take our ideas back to their countries and organizations where they can spur innovation worldwide.”

Increase: Program offers quality care

CONTINUED FROM B-3

to high-quality, affordable child care. In 2009 NACCRA reported, “DOD ranks No. 1 on standards and oversight criteria. DOD stands alone as a model.”

A U.S. Senate report in 2002 also noted that the Military Child Development Program is a model for the nation for providing high-quality affordable child care.

Civilian child care facilities charge a flat rate per child, while the Department of the Army subsidizes the cost military families pay. Parent fees cover less than half of the cost of child care and the Army pays the remainder.

“The military’s systemic approach to child care continues to serve as a model for our nation’s civilian child care needs. The military’s child care improvements over the past 15 years offer significant lessons for the civilian child care sector,” according to a 2004 National Women’s Law Center report.

The Army maintains its commitment to providing quality, affordable child care and youth programs by providing fee assistance to maintain prices that are lower than comparable non-DOD child care facilities for all Army families using child care services.

The fee increase impacts all services associated with the installation child development center, school-age care, part-day preschool programs, hourly child care, CYSS outreach programs, youth sports and Army community-based child care programs.

Wounded warriors, warriors in transition and families of fallen Soldiers pay the lowest fee category available, and a 20 percent fee reduction is available for qualified families while a Soldier or Army civilian parent is deployed.

Army child care fees

For specific information regarding fees, call one of the following Parent Central Offices:

- Schofield Barracks, 655-9818/8326.
- Aliamanu Military Reservation, 833-5393.
- Fort Shafter, 438-1963.



Cadet Staff Sgt. Lindy Soukhaseum | Kahuku High School JROTC

Top rating for Red Raiders

KAHUKU — Sgt. Maj. Novite Silva (right), Hawaii School Multiple Unit, JROTC; inspects JROTC Cadet Jordon Hammond, Red Raider Battalion, Kahuku High School; during a formal inspection, here, Oct. 28. Members of the 8th Brigade, U.S. Army Cadet Command, Fort Lewis, Wash., oversaw the inspection. Besides the in-ranks inspection, the inspection consisted of 18 areas, to include drill team performance. The JROTC battalion's overall score of 98.7 percent enables it to maintain its status as an Honor Unit with Distinction for the 19th consecutive year. A JROTC Honor Unit with Distinction gets five appointments to the nation's military academies, provided the cadets or non-JROTC enrolled students meet admission prerequisites.



CONTINUED FROM B-2

and locations:

- Nov. 15, 6-7 p.m., AMR Chapel 6-7 pm., Nov. 8. Come at 5:30 p.m. for dinner. RSVP at 655-6644 or 833-6831.
- Nov. 16, 6-7 p.m., Schofield Barracks Main Chapel. RSVP at 655-6645.
- Child care is available for keiki up to

4-years-old and is free with RSVP.

16 / Wednesday
HGEA Downtown Holiday Craft & Gift Fair – This Hawaii Government Employees Association annual event benefits the Charles R. Kendall Scholarship & Education Fund, 10 a.m.-2 p.m. Nov. 16-17, HGEA building, 888 Mililani St., (corner of Queen and Mililani streets), Honolulu. Call 543-0024, visit www.hgea.org or email memberbenefits@hgea.org.

Turkey Trot – Deadline to register online for this event is 4:30 p.m.,

Nov. 16. This 10K race starts at 7 a.m., Nov. 19, Marine Corps Base Hawaii, Kaneohe Bay. The race will start and finish at Pop Warner Field and is open to the public. Register at www.mccshawaii.com/cgfit.shtml.

17 / Thursday
Fort Street Mall Holiday Fair – Event includes crafts, gifts, specialty foods and plants, 7:30 a.m.-1:30 p.m. Nov. 17.

18 / Friday
5K Turkey Trot – The 500th Military Intelligence Brigade will host

a 5K and a one-mile run/walk at Kalaeloa Airport (Naval Air Station Barbers Point). The keiki’s one-mile fun run starts at 9:30 a.m., with the 5K starting immediately after.

To register and for entry fee details, email either merim-ine.clarke@us.army.mil or jessica.bode1@us.army.mil. Late registrations will be taken. This event is open to the public.

Commissary Parking Lot Closure – Portions of the Schofield Barracks Commissary park-

ing lot will be closed due to waterline valve replacement through Nov. 18. Call 656-2525.

19 / Saturday
Kinect Competition – The Exchange’s Kinect for Xbox 360 Worldwide Competition will take place 10 a.m.-4 p.m., Nov. 19, at the Main Exchange, Schofield Barracks. The event is open to all ages; register as soon as possible at the Exchange. The player with the highest score in the Pacific region will win an Xbox 360 250GB Kinect Bundle.

