

## INSIDE Polo Paina to make its debut on historic Palm Circle



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65th Eng. Bn. tests its endurance.

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#### U.S. ARMY-PACIFIC PUBLIC AFFAIRS News Release

FORT SHAFTER – Horses have played an integral part in the U.S. Army's success since the service's inception more than 236 years ago.

From towing field artillery and caissons, to carrying Soldiers and cavalrymen into battles, horses and the Army have always shared a special bond.

That relationship continues today in an upcoming sporting event. Lt. Gen. Francis Wiercinski, commander, U.S. Army-Pacific, invites military members, families and the local community to the first-ever, Polo Paina, on historic Palm Circle, here, Oct. 15, 11 a.m.-6 p.m.

Patrons are invited inside the gates for this inaugural polo match, put on by the Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii; and Army Polo-Hawaii.

For those visitors without a military ID, a valid driv-

#### Polo

For more information on the match and the day's events, visit [himwr.com](http://himwr.com) or call 655-0115.

er's license, current registration, safety check and proof of insurance are required to enter the installation.

The exhibition is pitting Army Gold against Army Black in a match starting at 2 p.m.

Before, during and after the match, attendees can enjoy carriage rides, military static displays, children's activities, pony rides, Army Brass Band music and a host of food and beverage vendors.

Guests are encouraged to bring their own chairs, umbrellas or small pop-up canopies. However,

SEE POLO, A-7



Courtesy of Megan Zedalis

Lt. Gen. Francis Wiercinski (left), commander, USARPAC, poses with Christopher Dawson, president, Army Polo-Hawaii, and his horse, recently.

### Sappers back in



Photos by Capt. Anthony Nguyen | 65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

Capt. Travis Toole, commander, 34th Sapper Co., 65th Eng. Bn., 130th Eng. Bde., 8th TSC, is reunited with his wife, Megan, at the company's redeployment ceremony, Sept. 20.

## 34th Sapper Co. returns from OND

#### 2ND LT. KYLE SUCHOMSKI

65th Engineer Battalion Public Affairs, 130th Eng. Brigade,  
8th Theater Sustainment Command

SCHOFIELD BARRACKS – In the early morning hours of Sept. 20, three busses packed with Soldiers arrived at Wheeler Gulch's contingency warehouse.

A contingent of more than two dozen motorcycles escorted the busses, marking their arrival with a cacophony of engine noise.

After a yearlong deployment, Soldiers of the 34th Sapper Company, 65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, were finally home.

The atmosphere was almost electric as the large crowd of family and friends anxiously waited to see their Soldiers again. The Soldiers slowly unloaded from the busses, gathered their gear and wiped sleep from their eyes.

"This company is a phenomenal team," said Capt. Travis Toole, commander, 34th Sapper Co., "and the families that support our endeavors deserve the highest accolade."

Last September, the 34th Sapper Co. deployed to Iraq in support of Operation New Dawn.

The engineer unit is organized as a light Sapper company, and it provided direct support to units across Iraq. The term "Sapper" is used to designate combat engineers.

Throughout the deployment, the 34th Sapper Co. carried out a number of missions and fulfilled a wide array of functions. Despite hazardous and often hostile



Pfc. Demarcus Wells, 34th Sapper Co., 65th Eng. Bn., 130th Eng. Bde., 8th TSC, embraces his son during the company's redeployment ceremony.

conditions, the company suffered no casualties and brought every Soldier home safely.

While the Soldiers of the 34th Sapper Co. were on mission in Iraq, the company's family readiness group, or FRG, was hard at work back at home. The FRG sent numerous care packages to its Soldiers, hosted a number of social events for spouses and made preparations for the unit's return.

As Soldiers reunited with loved ones during the redeployment ceremony, it was clear that everyone was excited to be home and to rekindle relationships with family and catch up with friends.

## CFC celebrates 50 years of giving back

#### STEPHANIE BRYANT

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD – The Hawaii-Pacific area launched its annual Combined Federal Campaign, or CFC, Monday, and it is scheduled to run through Nov. 18.

According to the Hawaii CFC website, [www.cfc-hawaii.org](http://www.cfc-hawaii.org), CFC is an annual fundraising drive that offers federal employees, both military and civilian, the opportunity to donate to a variety of charities and improve quality of life for all.

This year, the campaign is celebrating its 50th birthday.

Maj. Jonathan Ishikawa, U.S. Army Pacific Command, assisted in training CFC unit and section representatives, last week.

Ishikawa said CFC, which was created in 1961 by President John F. Kennedy, was established to create a more convenient and cost-efficient way to raise money for charities. He added that more than 2,500 national, international and local charities and federations participate in the campaign.

"Hawaii-Pacific area CFC ranks 5th in most contributions raised," he said. "In 2010, on a national level, CFC raised (more than) \$281 million in



For more information about the campaign, contact your unit or section representative or visit [www.cfc-hawaii.org](http://www.cfc-hawaii.org).

charitable donations, and this year's goal for the Hawaii-Pacific region is \$6.5 million."

Lt. Col. Darren Holbrook, 2011 Hawaii CFC project officer, U.S. Army-Pacific, said participation is voluntary, but he wants potential donors to keep an open mind when approached by

SEE CFC, A-6

## Vietnam specialist's family receives closure after nearly four decades

#### SGT. GAELLEN LOWERS

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS – Spc. Marvin Foster Phillips was laid to rest in his hometown of Gruetli-Laager, Tenn., Sept. 26.

However, full military honors had been a long time coming – exactly 45 years to the day after he was listed as missing in action when his helicopter was shot down near the Mekong Delta in 1966.

Phillips' remains were finally recovered earlier this year.

After more than four decades of heartache, friends and family of this Soldier now have closure.

About 1,684 Soldiers are still unaccounted for from the Vietnam War, and more than 83,000 service members are unaccounted for from all of America's past conflicts, according to the Defense Prisoner of War/Missing Personnel Office.

The mission of the Joint POW/MIA Accountable Command, or JPAC, Joint Base Pearl Harbor-Hickam, is to achieve the fullest possible accounting of all Americans missing as a result of the nation's past conflicts.

The laboratory portion of JPAC, referred to as the Central Identification Laboratory, or CIL, identifies an MIA service member about every four days, on aver-

age. The CIL has identified more than 1,800 remains since the accounting effort began in the 1970s.

Phillips had just graduated high school when he joined the Army. After six weeks of basic training, he was flown to Vietnam. While out on a combat assault mission, Sept. 26, 1966, 20-year-old Phillips, along with Maj. Norman Dupre, Capt. Henry Mosburg and Spc. Richard Pystor, were shot down by enemy ground fire while flying off the coast of South Vietnam.

The UH-1B Iroquois Huey helicopter that transported them crashed in nine feet of water.

SEE JPAC, A-7



## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or email [editor@hawaiiarmyweekly.com](mailto:editor@hawaiiarmyweekly.com).

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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## 34 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 10/6/11.

# Garrison addresses lack of participation for reveille, retreat



USAG-HI's policy states that all vehicle drivers, military or civilian, will halt their vehicles during flag ceremonies. Military members will dismount and render the proper honors.

Story and Photo by  
**STEPHANIE BRYANT**  
U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD — Ceremonies play a big part in the military lifestyle and are a part of its history and traditions.

For Soldiers, the day starts and ends with a flag ceremony: reveille and retreat.

Reveille, which is played at 6:30 a.m., in Hawaii, is when the flag is hoisted and the bugle sounds, signifying the beginning of the duty day.

Retreat, which signifies the end of the duty day, is when the bugle gets played again and the flag is lowered, folded and put away. At Army-Hawaii installations, retreat plays at 5 p.m., except on Thursdays, when it occurs at 3 p.m. for family time.

During the U.S. Army Garrison-Hawaii Facebook town hall, Aug. 31, a community member questioned why vehicles are not stopping during reveille and retreat.

Command Sgt. Maj. Robert Williamson, senior enlisted leader, USAG-HI, who handles inquiries like this one, said garrison has identified a couple of reasons why that policy is being overlooked.

He explained that the military has evolved to include more civilians and contractors, and leaders should reiterate protocol to make sure it is being adhered to by all personnel.

"The policy clearly states that all vehicle drivers, both military and civilian, will halt their vehicles during reveille and retreat," Williamson said. "Also, it is important that Soldiers living on post and visiting post need to make sure that their families understand all the policies. Directors and supervisors of civilians need to make sure that their staff is aware of the policies as well."

According to Appendix C of Army Regulation 600-25, "Salutes, Honors and Visits of Courtesies," when ceremonies, excluding military funerals, are being conducted, moving vehicles will be brought to a halt, and

military passengers and drivers will dismount and render the appropriate courtesy.

Capt. Parris Watson, operations officer, Directorate of Plans, Training, Mobilization and Security; USAG-HI, said rendering proper honors to the flag is an important part of keeping military tradition and history alive.

"It's about following good order and discipline," Watson said. "Bearing honors to the flag is about representing our military values. The garrison's policy needs to disseminated down to the lowest level, (to both) military and civilian."

However, the lack of adherence is not just from ignorance of USAG-HI's policy, Williamson said. Technical problems are also involved.

Another participant in the Facebook town hall said the volume is too low on the mass broadcast system, and reveille and retreat cannot be heard all over post.

"I have touched base with the 30th Signal Battalion (516th Sig. Brigade, 311th Sig. Command), and they have already adjusted the volume on Wheeler Army Airfield," Williamson said.

Williamson added that he has no knowledge of volume complaints on Schofield Barracks. He advises units to adhere to policies and proper protocol.

"Rendering honors during ceremonies, reveille and retreat is a part of common customs and courtesies," Williamson emphasized, "which is tradition and a big part of being in the military."

### Protocol policies

To review USAG-HI's policy letter "Discipline, Law and Order," about proper protocol pertaining to military courtesies, visit [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) and click on "Command Policies," or refer to AR 600-25, "Salutes, Honors and Visits of Courtesies," Appendix C, C-2.

## We can still make discoveries of a lifetime

**CHAPLAIN (MAJ.) SCOTT KOEMAN**  
2nd Brigade Combat Team, 25th Infantry Division

It is fascinating that Christopher Columbus sought something on his journey that he never found. Instead, he found something he did not seek.



Koeman

Regarding the journey, he said, "Here the men lost all patience and complained of the length of the voyage, but the admiral encouraged them in the best manner he could, representing the profits they were about to acquire."

Columbus continued, "... It was to no purpose to complain. Having come so far, they had nothing to do but continue on to the Indies, 'til with the help of our Lord, they should arrive there."

These words were penned by Columbus just three days before he and his crew would make a discovery that would forever change human history.

Columbus' journey and discovery hold a valuable lesson for our lives today. We do not always find what we are looking for; yet, we may find that for which we never really searched.

When I was yet 18, I moved from Michigan to Florida to work on a boat in the Gulf of Mexico, to experience some adventure.

We worked from sunrise to sunset. Our boat would go out for two weeks at a time without seeing land, and we lived off the ocean.

I never made a lot of money. I didn't find all that I was searching for, but I did find something I never really expected.

Most importantly, while out in what felt like the middle of the ocean, where the vast blue of sky and sea come together, I made the greatest discovery of my life. I discovered God.

It's an odd place to find God, but it was peaceful and beautiful, and I was surrounded by the wonder of God's creation.

During this journey, I experienced different cultural perspectives, views and beliefs. I had to grapple with different belief systems from that which I had been taught. I had to weigh and ponder what I was willing to believe for myself.

I discovered a living relationship with God. It changed my life.

The open seas must have been awe inspiring to Columbus' faith in God, too.

I had experienced a Columbus discovery. While seeking something I did not find, I found something that I did not seek.

In Matthew 1:7, Jesus said, "Seek and you shall find. Knock and the door will be opened to you."

In John 14:6, Jesus also says, "I am the way, the truth and the life; nobody comes to the father except through me."

Discovering new land is no longer possible, but finding the way, the truth and the life is what really matters.

More than any continent, eternal life with God is a discovery of a lifetime and one worth giving everything to.

# Residents can take simple steps to keep their homes, families safe

**ANGELA SANDERS**  
Federal Fire Department

JOINT BASE PEARL HARBOR-HICKAM — According to the National Fire Protection Association, or NFPA, more than 384,000 home fires were reported in the U.S. in 2010 — which means, making a good offense is your best defense.

The Federal Fire Department is partnering with NFPA, Oct. 9-15, to let the community know "It's Fire Prevention Week. Protect your Family from Fire!"

This year's theme focuses on preventing the leading causes of home fires: cooking, heating and electrical equipment, candles and smoking materials.

Additionally, the campaign urges people to protect their homes and families with life-saving technology and planning.

In 2010, more than 2,660 people died in home fires. Nearly all of those deaths could have been prevented with a few simple precautions, like having working smoke alarms and a fire escape plan, and keeping things that can burn away from the stove.

Fire is a dangerous opponent, but by anticipating the hazards, you are less likely to be one of the nearly 17,720 people injured in home fires each year.

The Federal Fire Dept. offers the following tips for protecting your home and family from fire:

- Stay in the kitchen while frying, grilling or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- Keep anything that can burn at least three feet away from heating equipment, like the furnace, fireplace, wood stove or a portable space heater.
- Have a three-foot "kid-free zone" around open fires and space heaters.
- Replace or repair damaged or loose electrical cords.
- Smoke outside and use deep, wide ashtrays on a sturdy table.
- Blow out all candles when you leave the room or go to bed. Avoid the use of candles in the bedroom and other areas where people may fall asleep.

Preventing home fires in military family housing is the Federal Fire Dept.'s No. 1 priority. Military residents, however, are the best protection, and they need to be responsible and keep their homes and families safe in the event of a fire.

Safety includes having an escape plan, which should be practiced regularly, and it involves equipping homes with life-saving devices like smoke alarms and fire extinguishers.

The following tips will help keep your family safe if a fire starts in your home:

- Install smoke alarms inside each bedroom, outside each sleeping area and on every level of your home, including the basement.

- Interconnect all smoke alarms in the home, so when one sounds, they all sound.
- Test smoke alarms monthly and replace batteries at least once a year.
- Replace all smoke alarms when they are 10 years old, or sooner, if they do not respond when tested.
- Make sure everyone in your home knows how to respond if the smoke alarm sounds.
- Gather your household and make an evacuation plan. Walk through your home and inspect all the possible ways out. Households with children should consider drawing a floor plan of the home, marking two ways out of each room, including windows and doors.
- If you are building or remodeling your home, consider installing home fire sprinklers.



### Fire Prevention Week

The Federal Fire Dept. is hosting "It's Fire Prevention Week. Protect your Family from Fire!" activities:

- Oct. 12, 10 a.m.-1 p.m., Pearl Harbor Navy Exchange.
- Oct. 13, 4-8 p.m., Schofield Barracks' Kalakaua Community Center.
- Oct. 14, 4-8 p.m., Marine Corps Base-Kaneohe's Mokapu Mall.

To find more programs and activities, call 471-3303, ext. 617; email [angela.sanders1@navy.mil](mailto:angela.sanders1@navy.mil); or visit [www.firepreventionweek.org](http://www.firepreventionweek.org).

# Voices of Ohana



"I use surge protectors, and I unplug things that are not being used."

**Pfc. Nathan Carter**  
70th Eng. Co.,  
65th Eng. Bn.,  
130th Eng. Bde.,  
8th TSC



"I turn off the lights when the room is not being used."

**Sgt. Neil Chase**  
Troop B,  
2nd Sqdn.,  
14th Cav. Regt.,  
2nd BCT, 25th ID



"We only turn on the A/C when we are in the room."

**Sgt. Patrick Kane**  
Troop C,  
2nd Sqdn.,  
14th Cav. Regt.,  
2nd BCT, 25th ID



"Sometimes I forget to turn stuff off, but my wife reminds me."

**Sgt. Jared Smith**  
70th Eng. Co.,  
65th Eng. Bn.,  
130th Eng. Bde.,  
8th TSC



"Remembering to turn off the lights when I leave a room."

**Pvt. Jeremy Spencer**  
Troop C, 2nd Sqdn.,  
14th Cav. Regt.,  
2nd BCT, 25th ID

October is Energy Awareness Month.

How do you conserve energy?

Photos by U.S. Army Garrison-Hawaii Public Affairs



# Afghan governor hosts lunch for ‘Tropic Lightning’

Story and Photo by  
**STAFF SGT. LUKE GRAZIANI**  
7th Mobile Public Affairs Detachment

KUNAR PROVINCE, Afghanistan — Weapons of war may win battles, but much can be said for winning the trust and confidence of local people, as well.

Recently, Soldiers from 1st Platoon, Company B, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, “Task Force Bronco,” 25th Infantry Division, were able to forge those important bonds and confidence with Afghan key leaders and the district governor, here.

A key leader engagement was coordinated to maintain open channels of communication and to discuss current and future projects for the village.

“I’ve got a pretty good relationship with Gov. Shamamood and the line directors out there,” said 1st Lt. Emmanuel Batara, platoon leader, 1st Platoon. “In a sense, we’re just trying to do positive things for the community.”

Open channels of communication are essential to keeping a solid bond with the local people in the area.

The “Tropic Lightning” team, the Afghani leaders and the governor discussed a variety of topics, including a drinking water well project and acquiring an AC/DC converter to augment the village’s medical facility to eliminate power problems.

Although talking through a translator was difficult, the team managed to elicit smiles from the governor and his people, which made things that much easier.

“I think it’s an excellent way to continue to develop relationships,” said 1st Lt. Brent Whitehead, Co. B. “The opportunity to share a meal and talk about things outside of the normal, everyday business of running the district and the concerns they’re fac-



Key leaders from 2nd Bn., 35th Inf. Regt., 3rd BCT, “TF Bronco,” 25th ID, along with interpreters, met with the Sarkani district governor (top right), near Forward Operating Base Joyce, Afghanistan, recently. The meeting was held to discuss past, present and future projects between U.S. forces and the Sarkani district and to ensure open lines of communication between all involved.

ing, and getting more on a personal level, helps.”

The aroma of Afghan cuisine cut through the beginning tension like a well-honed saber. Soon, all those present were talking and laughing amicably.

“It’s good hospitality all around; those guys understand that

we’re here to help,” Batara said. “It’s really humbling to have the local nationals embrace us.

“Here, in the Sarkani area (and) especially with Gov. Shamamood, it’s like an open embrace to coalition forces,” Batara added.

## 3rd BCT provides mission security

Story and Photo by  
**STAFF SGT. LUKE GRAZIANI**  
7th Mobile Public Affairs Detachment

NURISTAN PROVINCE, Afghanistan — With perimeter security appearing out of the darkness around the landing zone, Soldiers disembarked from a helicopter in a blur of camouflage.

Observation Point Shogun became a strongpoint from which the Soldiers made their home for the duration of Operation Fire Rock, the most recent combat mission for 3rd Brigade Combat Team, “Task Force Bronco,” 25th Infantry Division.

As their name implies, “Tropic Lightning” Soldiers bolted into action, high above the village of Wanat, to create a position of watchful security for Afghan commandos and U.S. forces who were scheduled to sweep the village for Taliban insurgents that evening.

“My first thoughts were to spread security out in a way that we could have the helicopter landing zone secured,” said 1st Lt. Emmanuel Batara, platoon leader, 1st Platoon, Company B, 2nd Battalion, 35th Infantry Regiment, 3rd BCT. “As you get off the bird is one of the most dangerous times.”

Soldiers in 1st Platoon forced their way into the rocky soil to create fighting positions to protect themselves from enemy fire.

Sandbags were filled and stacked neatly in rows, rocks were made into improvised walls and the brisk mountain air kept Soldiers cool as they worked diligently to fortify their fighting positions.

After the positions were completed, Soldiers were weary, but the mission had only just begun.

“Our specific mission was to infiltrate into Observation Point Shogun and create a ‘support by fire’ for the Afghan commandos



Capt. Jacob Hughes, commander, Co. B, 2nd Bn., 35th Inf. Regt., 3rd BCT, “TF Bronco,” 25th ID, takes cover as Col. Richard Kim (background), commander, 3rd BCT, lands at Observation Point Shogun, above the Wanat valley in Afghanistan, during a counterinsurgency mission, recently.

and special operations task force, to allow them to clear the city of Wanat directly to our west,” Batara explained. “I took everything one step at a time, taking ownership of what I could control, which was security to the north and security to the east.”

Operation Fire Rock took place in an area with a history of violence, and the troops were prepared for anything.

“I thought we were going to have a lot of contact,” said Sgt. Shawn Burke, forward observer, Co. B. “I knew some of the ins and outs of (the mission). I didn’t really want to expect any-

thing — just be prepared for the unexpected and always be ready for anything.”

The first few hours of the night were quiet. TF Bronco Soldiers settled into their positions, while Afghan commandos and coalition special forces made their way to objectives in the valley below.

Then, Apache missile explosions and the rapid percussion of rifle bursts echoed loudly from the valley floor.

As abruptly as it began, the cacophony below became silent, except for intermittent shots from a distant sniper rifle.

“I watched the first group of commandos go in,

and they hit the first set of quality systems that were about 200 meters from my overwatch position,” said Spc. Mitchell Napier, Co. B. “I think the key to their success was speed. They cleared through Wanat before the sun came up.”

Coalition forces counted zero casualties when the dust settled, and Taliban militants were either neutralized or pushed out.

“There was a lot of good that came out of this,” Burke said. “We can hand this area back to the Afghan people, so these guys can do well for themselves, and they can protect their own borders against insurgency.”





Sgt. Romel Ponce, petroleum supply specialist, FSC, 84th Eng. Bn., 130th Eng. Bde., 8th TSC, tightens lids on used fuel containers as part of maintaining the Recyclable Material Shop's storage point in the 84th Eng. Bn.'s motorpool, fo the unit's environmental compliance program.

# 84th Eng. Bn.'s FSC earns award for environmental excellence

Story and Photo by  
**2ND LT. JYMETTE WATROUS**  
Forward Support Company, 84th Engineer Battalion, 130th Eng. Brigade,  
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Environmental concerns and best practices took center stage, here, Sept. 28.  
U.S. Army Garrison-Hawaii's Environmental Quality Control Committee, or EQCC, held its

“FSC, 84th Eng. Bn., is doing the right thing on a daily basis.”  
— **Lt. Col. Jon Chytka**  
Deputy commander,  
130th Eng. Bde., 8th TSC

quarterly meeting, at the Post Conference Room, here, to discuss environmental concerns and award the prestigious Environmental Compliance Officer, or EOC, of the Quarter award to its best military and civilian environmental compliance programs.  
This quarter, the awards were presented to Capt. Jason Jack, maintenance platoon leader, and Sgt. Romel Ponce, petroleum supply specialist, both from Forward Support Company, 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command.  
Environmental compliance is a unit commander's program and responsibility. Every commander appoints a reliable representative and alternate to manage and maintain the unit environmental compliance program.  
Capt. Chauncey Hodge, commander, FSC, entrusted Jack and Ponce with the important re-

sponsibility of maintaining his program.  
“It comes down to doing what is right, and taking care of the environment is the right thing to do,” Jack said. “The Soldiers we have in FSC and (in) the 84th Eng. Bn. know what is right, and they do what is right when it comes to protecting the environment.”  
To earn this award, a unit must receive a 95 percent or higher rating on all quarterly, unannounced environmental compliance inspections during the course of the fiscal year. The inspections require that the appointed EOCs are fully trained, they conduct unit training at least once per quarter, they maintain historical documents for at least three years, they conduct monthly and weekly inspections of their operating areas, and they ensure all hazardous material is stored and marked properly.  
FSC has earned 97 percent, 100 percent, 100 percent and 99 percent on its last four environmental compliance inspections, making it the best military environmental compliance program in USAG-HI.  
Kevin Boehning, environmental compliance inspector, Environmental Division, Directorate of Public Works, USAG-HI, said FSC has a “very excellent program. You can see that they really care about environmental compliance.”  
Lt. Col. Jon Chytka, deputy commander, 130th Eng. Bde., was very impressed with the performance of FSC.  
“Kudos to Capt. Hodge and his great team. Getting 100 percent on an inspection is always an achievement, but 100 percent on an unannounced inspection is truly amazing,” Chytka added. “That shows that FSC, 84th Eng. Bn., is doing the right thing on a daily basis.”

# Individuals awarded for values, efforts

Story and Photo by  
**SGT. GAELEN LOWERS**  
8th Theater Sustainment Command Public Affairs

FORT SHAFTER — The 8th Theater Sustainment Command celebrated the induction of nine of its Soldiers into the Sergeant Audie Murphy Club, or SAMC, including one honorary recipient, and it also awarded two spouses the Dr. Mary E. Walker Award at the Hale Ikena, here, Sept 26.  
Seven Soldiers from the 311th Signal Command were also inducted into SAMC.  
The SAMC honor is awarded to noncommissioned officers who demonstrate the performance and leadership qualities characterized by Sgt. Audie Murphy, a Medal of Honor recipient and the most decorated Soldier of World War II.  
The Dr. Mary E. Walker honor is awarded to spouses whose achievements and performance merit special recognition, who have contributed significantly to quality of life and who demonstrate personal concern for Soldiers and their families.  
“I would offer to you that the individuals being recognized, here, today, both in and out of uniform, are committed to the Army and our way of life,” said Command Sgt. Maj. Nathan Hunt, senior enlisted leader, 8th TSC, and guest speaker at the day's event. “It's not just a job or a 9 (a.m.)-to-5 (p.m. mission) for them. They are dedicated to our organizations, our Soldiers and our families.”

Each inductee goes through months of preparation, learning songs, information and NCO responsibilities. But before even being considered, the inductees' lives must reflect the values of the club and the award.  
“They are not being recognized, here, today, because of one day of volunteering or for passing one board; they have been at it for years,” Hunt explained. “They have received no extra pay for their efforts and, in some cases, not even a thank you, but they never quit.”  
Command Sgt. Maj. Raymond Theard, senior enlisted leader, 130th Engineer Brigade, 8th TSC, was awarded the Honorary SAMC Award, which is given to select senior NCOs who have contributed greatly to the NCO Corps and who demonstrate



Maj. Gen. Michael J. Terry (left), commander, 8th TSC, inducts Staff Sgt. Jason Yielding (middle), 311th Sig. Command, into the SAMC, while his wife, Kristen, and their 2-year-old daughter, Addelin, look on, at the Hale Ikena, Fort Shafter, Sept. 26.  
leadership excellence.  
“The Honorary (SAMC) Award recipient is put in by their higher level (command sergeant major),” said Staff Sgt. Celeste Imel, career counselor, 524th Combat Sust. Support Battalion, 45th Sust. Bde., 8th TSC, and president of SAMC. “It's based on their leadership (and) dedication to the unit and their Soldiers, as well as community service they have performed.”  
“Thank you for all you have done and will continue to do for our Soldiers, our units and families,” Hunt said. “You are the best.”

<b>SAMC inductees</b> <ul style="list-style-type: none"><li>•8th TSC<ul style="list-style-type: none"><li>Staff Sgt. Earl Bartley Jr.</li><li>Sgt. Geoffrey Calloway</li><li>Sgt. 1st Class Ismael Gomez</li><li>Staff Sgt. Emmett Haldane</li><li>Staff Sgt. Thomas Heuer</li><li>Sgt. 1st Class Robert McEntire Jr.</li><li>Sgt. David Patterson</li><li>Staff Sgt. Kevin Route Jr.</li><li>Command Sgt. Maj. Raymond Theard, Honorary SAMC Award</li></ul></li></ul>	<ul style="list-style-type: none"><li>•311th Sig. Command<ul style="list-style-type: none"><li>Sgt. 1st Class Jessica Berg</li><li>1st Sgt. Derek Davis</li><li>Sgt. 1st Class Marcus Mares</li><li>1st Sgt. Jason McCoy</li><li>Sgt. Harold Stoker</li><li>Master Sgt. Edwin Susi</li><li>Staff Sgt. Jason Yielding</li></ul></li></ul>
	<b>Dr. Mary E. Walker Awardees</b> <ul style="list-style-type: none"><li>Jennifer Koprowski</li><li>Kimberly Worman</li></ul>





Pfc. Omar Reeves, food service specialist, 40th Quartermaster Co., 524th CSSB, 45th Sust. Bde., 8th TSC, changes the dials on the new MTRCS, which will allow Soldiers to store food and other items at below-freezing temperatures.

# New equipment to boost unit morale downrange

## Latest refrigeration unit store food, supplies for 800 Soldiers for longer

Story and Photo by  
**SGT. GAELN LOWERS**  
8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — Soldiers with 8th Theater Sustainment Command and 25th Infantry Division received the opportunity, here, recently, to get some hands-on training with new equipment designed to sustain the force for longer.

The training allows Soldiers the opportunity to learn about and get firsthand knowledge on the multi-temperature refrigerated container system, or MTRCS, a refrigeration unit that will be able to provide approximately 800 Soldiers with fresh meals for three days.

“The biggest difference between this refrigeration unit and the older one is that the newer unit is able to hold two different temperatures at the same time because of a removable dividing wall,” said Larry Ellison, new equipment trainer, Advanced Design Corporation, the company that designed the MTRCS. “The older model was not able hold temperatures below freezing points.”

Besides the ability to run off of a generator, the new refrigeration unit has a self-sustaining motor that runs

off of diesel fuel, allowing one hour of refrigeration for each gallon of the unit’s 75-gallon tank. But, because of its new onboard computer system, the 75-hour lifespan of the unit is actually the bare minimum amount of time the MTRCS unit can run.

“Once temperatures have been reached within the unit, it will automatically turn off to reserve power,” Ellison said. “(The designers) have taken proven commercial equipment and designed it for military use. They aren’t trying to reinvent the wheel in regards to refrigeration.”

Soldiers at the training applauded their civilian trainers and are excited to test MTRCS in the field.

“This machine will provide refrigerated storage to Soldiers downrange, allowing them to have fresh food for longer, which will help sustain the force and boost morale,” said Spc. Aubrey Cochran, food service specialist, 40th Quartermaster Company, 524th Combat Sust. Support Battalion, 45th Sust. Brigade, 8th TSC.

Although its primary purpose is to store and transport food, Ellison said the MTRCS provides a wide range of uses, including storing medical supplies, like plasma or blood for transfusions, or extending the shelf life of some medicines.

“I think we have barely scratched the surface of the future of this machine,” Ellison said.

# ‘First In, Last Out’ Bn. gets wet during CWST

Story and Photo by  
**2ND LT. KYLE SUCHOMSKI**  
65th Engineer Battalion Public Affairs, 130th Eng. Brigade, 8th Theater Sustainment Command

SCHOFIELD BARRACKS — Soldiers took the plunge in a series of tests designed to assess their swimming abilities, at Richardson Pool, here, Sept. 30.

Headquarters and Headquarters Company, 65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, participated in what is known as Combat Water Survival Training, or CWST, which not only improves Soldiers’ confidence in the water, but also teaches them how to stay afloat and survive in a real-world situation.

“I thought the training was great,” said Spc. Donald Thompson, operations, HHC. “It showed me that I’m not just going to sink like a rock in an emergency situation.”

CWST is a great opportunity for Soldiers to learn and practice important waterborne skills.

For this training, engineers donned their Army Combat Uniforms, carried a rubber M16 rifle and attempted four CWST tasks. Tasks included swimming 25 meters with a weapon, treading water for two minutes, jumping off the high dive while blindfolded and removing gear while in the pool.

For many in the group, this instruction was the first time they had participated in such training.

Spc. Freddie Cook, HHC, was a little apprehensive about the training and made it clear that he was “definitely not a water person,” but after some coaxing from his fellow Soldiers, he jumped into the pool and began swimming.

“I thought I was going to hate doing this,” Cook said, “but really, I had a lot of fun.”

Soldiers discovered that their individual body armor, or IBA, which weighs almost 25 pounds, would actually keep them afloat in the water. Much to the amazement of the other Soldiers, Pfc. Jesse Johnson, HHC, demonstrated how his IBA would keep him above water for a sustained period of time.

“I thought for sure that the thing would drag him down,” said 2nd Lt. Marshall Farmer, HHC, “but sure



Sgt. Eddie Newman, HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC, jumps in the deep end of the pool during CWST, recently. Once submerged, Newman must drop his rifle and remove his web gear before resurfacing.

enough, the IBA kept him up.”

Although the training instilled new confidence in the Soldiers, it also gave leaders an opportunity to see who was or was not a strong swimmer.

“I’ll definitely tell my weaker swimmers to be extra careful at the

beach,” said Staff Sgt. Christopher Lentz, HHC. “If it weren’t for this training, I’d have had no idea (who they were).”

The training was both informative and entertaining, and Soldiers of the 65th Eng. Bn. are looking forward to trying it again.



# Military blood drives help to sustain force locally, downrange

Armed Services Blood Program especially needs blood during the holiday season

Story and Photo by  
**DONNA KLAPAKIS**

599th Transportation Brigade Public Affairs

WHEELER ARMY AIRFIELD — Soldiers and civilians at the 599th Transportation Brigade headquarters gave blood to benefit their fellow service members, Monday, in an Armed Services Blood Program drive, here.

Holding the unit blood drive was originally the idea of Command Sgt. Maj. Kevin McKeller, senior enlisted leader, 599th Trans. Bde. “I wanted to make sure all members of the headquarters’ staff who can give, have a chance to give,” McKeller said.

“I began planning for it about three weeks ago,” said Staff Sgt. Keith Mobley, transportation coordinator, Operations Directorate, 599th Trans. Bde., who organized the drive on behalf of the brigade. “After I called to set up the time, the blood donor coordinator, Michelle Lele, came to look at the brigade’s headquarters to see if it had a suitable space for us to do it here.”

Lele said ASBP does want a unit to be able to guarantee that 20-

25 pints of blood can be given before it dedicates the time and resources to a mobile drive. Two or more units can hold a blood drive together to reach that minimum.

The ASBP takes about three weeks to coordinate and set up a mobile blood drive for a unit.

“We do mobile blood drives for any military unit on the island,” Lele said. “We’re always looking for places like this that want to have their own blood drives. We’re out with the mobile program about three to four times a week.”

Lele said that blood donated here in Hawaii goes to Tripler Army Medical Center and service members in Iraq and Afghanistan.

“We want to keep their shelves full, so they don’t have to stop to do an emergency drive when Soldiers are wounded,” she said.

The donor center at TAMC is especially looking for donors during the holiday season, Lele said.

“With the holiday coming up, we will really need the blood because units take block leave during Christmas,” she said. “During this time of year, we are looking for more civilian and retiree donors.”

Because of travel and other restrictions, not all who wish to donate are allowed to give, which also makes donations harder to come by, Lele said.

“Soldiers returning from deployment to Iraq and Afghanistan must wait 12 months before donating,” she added. “A large population within the military is also restricted because of being assigned to Europe in the 1980s and 1990s, because of mad cow disease.”

Mobley said this blood drive is his first opportunity to give in a long time.

“Because of various deployments and going to Korea, I haven’t



Spc. Clay Griggs (left) and Spc. Brian Hume (second from left), laboratory technicians, Blood Donor Center, TAMC, monitor donors Capt. David Dennett, (foreground), chief, Command Operations Center, 599th Trans. Bde., and Ronald Day, deputy director, Operations, 599th Trans. Bde., during the unit’s recent blood drive.

had a chance to give blood since 1998,” he said.

“I’ve given blood about 100 times in my life,” McKeller said. “It’s great to be able to help out like this. Giving blood for our fellow service members and their families is a big part of ‘Warrior Support,’ and I hope we can do it again soon.”

Eric Kimura, supervisor at the TAMC donor center, said Tuesdays and Wednesdays are generally the best bet for walk-ins.

## News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

### Today

#### Traffic Delays on Saddle Road

— Military units will convoy from Kawaihae Harbor, K-Pier, to Pohakuloa Training Area, between 8-10 a.m. and 2-4 p.m., Oct. 7, via Akoni Pule Corridor, Queen Kaahumanu Highway, Waikoloa Road, Mamalaha Highway and Saddle Road.

Motorists are advised to be alert and drive with care. Call 656-3157.

#### "Go Army – Beat Navy" Spirit Videos

— The U.S. Military Academy’s Public Affairs Office is seeking submissions for the “Go Army-Beat Navy” spirit video for the Army-Navy football classic, Dec. 10.

Submissions will be considered for use on CBS’s national broadcast of the game, inside the stadium on the Jumbotron and at the academy during Army-Navy Spirit Week activities.

Videos should be 30 seconds in length on high-quality tape and should be action- or theme-based, as opposed to static or group shots of Soldiers. Identify units and locations; the more action the better. Submission shouldn’t use any images or music that violates copyright.

Mail videos to the West Point Public Affairs Office, Building 600, Taylor Hall, West Point, NY, 10996, no later than Nov. 1. Call (845) 938-2006, or email francis.demaro@usma.edu.

### 7 / Friday

**Half-Staffing** — As a mark of respect to Gen. John Shalikashvili, former chairman of the Joint Chiefs of Staff, 1993-1997, the national flag will be flown at half-staff at all installations, activities and vessels of the Department of the Army, from reveille to retreat, Oct. 7.

### 8 / Saturday

**Exchange Updates** — The Army and Air Force Exchange Service has made or will be making the following changes. Call 423-7694.

- **Fort Shafter**
  - The Beauty Shop will close Oct. 8, to prepare for its move to its new location at the PX Market, Building 550. Construction begins Oct. 9.
  - The Fort Shafter Burger King Trailer will close Oct. 15, due to lack of customer traffic. The PX Market offers roasted chicken, fresh poke, Subway and Dominos pizza.
  - The Laundry Dry Cleaners and Alterations Shop and Planet Smoothie have been relocated to PX Market Building 550.
- **Schofield Barracks**
  - Starting Oct. 16, the Military Clothing Sales Store will be open 9 a.m.-4 p.m., Sundays, on a trial basis.
  - An auto detailing service opened Oct. 1, next door to Army Leisure Travel Services. Appointments aren’t necessary.

Hours are 9 a.m.-3 p.m. Call 423-7302/7885.

### 13 / Thursday

#### 25th ID EFMP Working Group

— This group will meet at 10 a.m., Oct. 13, at 25th ID headquarters, second floor conference room, Building 580, Schofield Barracks.

Service members and spouses with exceptional family members are invited to attend, share insights and communicate concerns.

Call 655-5253 or email efmp25id@hawaii.army.mil.

#### TARP Training

— The Threat Awareness and Reporting Program, or TARP, training replaces Subversion and Espionage Directed Against the U.S. Army, or SAEDA, training and is held every Thursday at 9 a.m.

October training dates and locations are:

- Oct. 13, Kaiser Auditorium, Tripler Army Medical Center.
  - Oct. 20, Main Post Conference Room, Schofield Barracks.
  - Oct. 27, Main Auditorium, Camp Smith.
- Call 655-1306/9501.

### 20 / Thursday

#### First-Term Financial Training

— Mandatory training will teach students basic financial skills and financial planning, 8 a.m.-4 p.m., Oct. 20, Army Community Service, Fort Shafter Aloha Center. Call 438-9285.

## Ongoing

#### Temporary Lane Clo-

**sure** — A lane closure affects the westbound lane of Trimble Road, Schofield Barracks, through Jan. 25.

Lane closures are 6 a.m.-4 p.m., Monday-Friday, and affect 300-foot sections of Trimble Road.

Any work to occur in the street will be covered with a steel plate, making the road passable after hours.

Call 656-7051.

#### Temporary Closure

— The Fort Shafter Police Station is closed for remodeling. Changes have taken place to continue providing law enforcement services to the U.S. Army Garrison-Hawaii South community.

The police desk has temporarily moved into a trailer in Building T-118’s adjacent parking lot.

Police Administrative Services are still located in Build-

ing T-118, and it remains accessible from Palm Circle Drive. Call 438-2230.

#### Report Suspicious Activity

— “iWatch Army” is a community program to help your neighborhood stay safe from terrorist activities.

iWatch Army asks you to report behavior and activities that are unusual or seem out of the ordinary.

Report all suspicious activity to the Military Police:

- Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation; 655-7114.
- Fort Shafter, Aliamanu Military Reservation and Tripler Army Medical Center; 438-7114.
- Fort DeRussy; 438-2650.
- Pohakuloa Training Area; 969-2429.

#### Suicide Prevention

— Call (800) 273-TALK (8255).

## CFC: Soldiers also benefit from giving

CONTINUED FROM A-1

unit and section CFC representatives.

“Think about how many of the charities participating in CFC have helped Soldiers and families in the past,” Holbrook said. “According to CFC Hawaii, one in three Soldiers will be assisted by a charity this year.”

Holbrook also said it is important to know that all charities participating in CFC have been audited by PACOM and the Department of Defense.

“They have all been verified as legitimate charities,” he explained.

As in past years, people can donate through their unit representative with cash, check or a payroll deduction.

In addition to those methods, a new feature this year is e-pledging. Donors who choose to use the e-pledge option still have to work with their unit representatives for reporting purposes and will only be able to use payroll deduction as their payment method.



# Retirees come together for Appreciation Day

Story and Photo by  
**STEPHANIE BRYANT**

U.S. Army Garrison-Hawaii Public Affairs

FORT SHAFTER — Retiree Appreciation Day was held at the Hale Ikena, here, Saturday.

The event offered retirees the opportunity to get the latest information about the Army, get vaccinated, receive medical checkups and mingle with other Army retirees on the island.

The U.S. Army Retiree Council in Hawaii organized the event. “This group is so special because we are talking about people who served the U.S. Army for (more than) 20 years and spent their careers defending our nation,” said Retired Lt. Gen. Allen Ono, chairman, U.S. Army Retiree Council, who was the master of ceremony for the day’s events. “Our blood is red, white and blue, and that is what makes this day special.”

Six guest speakers updated retirees on various organizations and topics.

Lt. Gen. Francis Wiercinski, commander, U.S. Army-Pacific, led the opening remarks for the event with an update on the command and the Army as a whole.

Wiercinski said it is important for retirees to be informed and for them to know that the Army still holds them in the highest regard.

“There is so much misinformation out there,” he said. “You are those who have fought for our nation in times past, and you can still fight for our nation by being our voice. You left (the Army) in a good state, and (we want you to know that) we are ensuring that it stays in a good state.

“In the 32 years that I have served, I am now serving in the best military that I have ever been in, and that is because of the people who serve and have served in it,” Wiercinski added.

Following Wiercinski, Brigitte Jamison, Defense Finance and Accounting Services representative, tackled her agenda. Her main focus was to remind retirees to keep their information up to date.

“The average retiree’s age is 70 years old, and DFAS currently services 2.1 million retirees nationwide,” Jamison said.

Jamison said the high number of retirees is part of the reason DFAS is trying to go green and push its self-service features on the MyPay website.

Another update during the day’s events came from the Hale Koa Hotel.

Richard LeBreun, general manager, Hale Koa Hotel, said it is important to update retirees on the state of the hotel, because it is their hotel.

“The Hale Koa is one of the Armed Forces Recreation Center resorts, which are resorts run at no expense to the taxpayers,” he explained. “(Retirees) and everyone else who have patronized our AFRCs own them. You, literally, are the shareholders of the hotel.”

To make themselves more retiree and senior-friendly, the Hale Koa is now offering senior rates, retiree specials and special kamaaina, or local resident, rates.

The following organizations provided updates at Retiree Appreciation Day: USARPAC, DFAS, the Fisher House, the Hawaii Army National Guard and the Hale Koa Hotel. To end the program, a member of the retiree council demonstrated new CPR life-saving techniques.

The event was followed by a buffet luncheon.



Rocky Naeole, U.S. Army retiree and member of Veterans of Foreign Wars Post 849, received a flu and pneumonia vaccine prior to attending the Retiree Appreciation Day activities held at the Hale Ikena, Fort Shafter, Saturday.

## Polo: Sport of kings returns to Honolulu

CONTINUED FROM A-1

barbecuing is not allowed on Palm Circle. Personal coolers are permitted, but open containers are not allowed. Guests may purchase alcoholic beverages on-site.

Throughout history, Army polo teams competed against other services and foreign nations, sparking great rivalries.

In Hawaii, Army polo thrived at pre-World War II Schofield Barracks. The Army teams were also known to challenge local teams on a field that would later be known as Kapiolani Park.

Today, polo events can be found on the North Shore and in Waimanalo, but this event marks the first time in recent history that the “sport of kings” will be played within the city limits of Honolulu.

*(Editor’s Note: USAG-HI Public Affairs and DFMWR contributed to the content of this article.)*



Courtesy Photo

Laurel Freas (left), forensic anthropologist, JPAC, and the lead forensic investigator for the remains of Spc. Marvin Foster Phillips, explains the process of identification to James Phillips (middle), and Sgt. Maj. Jason Geier, sergeant major, intelligence section, 8th TSC, at JBPHH, recently.

## JPAC: 8th TSC Soldier brings a loved one home

CONTINUED FROM A-1

Pystor survived the impact and was rescued; the body of Dupre was also recovered at that time. The bodies of Mosburg and Phillips were never located and were presumed dead after extensive searches.

Sept. 26, 1966, was Phillips’ first day in country.

“Knowing the steps that must happen for a body to be recovered and identified, and for those groups to not give up after 45-plus years ... it is quite a unique and humbling experience to be a part of,” said Sgt. Maj. Jason Geier, intelligence section, 8th Theater Sustainment Command. “It really demonstrates our warrior ethos: ‘Never leave a fallen comrade.’”

Geier is from the same hometown as Phillips and was chosen to be the special escort for his remains because his half-sister is the niece of the deceased.

Geier knows more than most about the process of bringing someone’s loved one back from the unknown. He has searched for the remains of Soldiers that have been lost, and he has been a part of recovery and excavation teams. This time, he was part of the final step.

“For me, it has really come full circle,” he said. “I had a great interest in doing my Soldier responsibility for him, and because I had a personal tie to the family, I felt it would be an honor for me to bring their loved one back home to our hometown.”

Throughout the 1970s, 1980s and 1990s, U.S. recovery teams had investigated, but had been unable to find any clues as to Phillips’ whereabouts.

Then, a villager in the Tra Vinh province contacted the Vietnam office for missing persons, April 27, 2010. He let them know that he was in possession of human remains that possibly represented an American service member.

“There is a lot of relief knowing that he is finally going home,” said James Philips, younger brother of Phillips. “This brings me and my family a lot of closure.”

Many times, Vietnamese villagers recover and take care of remains, said Laurel Freas, forensic anthropologist, JPAC, and the lead forensic investigator of Phillips’ remains.

With this recent disclosure, another service member is now resting peacefully.





# ‘Tropic Lightning’ rededicates parade field

Story and Photos by

**STAFF SGT. RICARDO BRANCH**

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS – Soldiers, veterans, family members and civilians celebrated the 70th anniversary of the “Tropic Lightning” Division during a rededication ceremony, here, Sept. 30.

The ceremony brought past and present members of the 25th Infantry Division together to pay tribute to one of its former senior leaders – Gen. Fredrick Weyand.

“We honor our history today by memorializing this storied parade field and naming it after one of our greatest leaders, Gen. Weyand,” said Col. Matthew Kelly, deputy commander, 25th ID (Rear).

The field, formerly known as Sills Field, was rededicated to Weyand – the last commander in charge of military operations in Vietnam, and a former division commander for the Tropic Lightning Division – marking the continued legacy of honoring past Soldiers of the division.

Retired Gen. David Bramlett, reviewing officer for the ceremony, spoke about the admiration Weyand had for all Soldiers past and present.

“Gen. Weyand was first among your admirers,” said Bramlett, speaking to Soldiers gathered on the field. “Rarely did he

ever give a speech without thanking Soldiers for what they did, what they have done and what they represent.”

When he served on active duty, Weyand devoted much of his time to what mattered to him: Soldiers and their families.

“He understood the stresses and strains placed on our Army families,” Bramlett said. “Even when he took us to Vietnam in 1965, he left behind one of our most able senior officers with one command: ‘Take care of the families while we go.’

“Even then,” Bramlett continued, “Weyand understood the importance of families and rarely gave a speech that didn’t give credit to the Army family.”

In 1964, Weyand assumed command of 25th ID in Hawaii, and moved with it to Vietnam 18 months later. Upon redeployment from Vietnam, Weyand assumed command of U.S. Army-Pacific.

He became the 28th Chief of Staff of the Army in 1974 and served in that position until he retired from active duty in September 1976, and then returned to Honolulu where he remained active in the business, military and philanthropic communities.

He died Feb. 10, 2010, of natural causes. He was 93.

“Whenever you pass, march or conduct physical training on this field, remember the name Weyand,” Bramlett said. “Remember what he stood for (and) what he has done for our na-



Mary Weyand (left), wife of Gen. Fredrick Weyand; and Col. Matthew Kelly (right), deputy commander, 25th ID (Rear), place a lei around the plaque naming the parade field at Schofield Barracks after Weyand, Sept. 30.

tion, Army and division and also for each of us. We will be better for it.”

Following the ceremony, the division’s veterans walked on the field to meet the current generation of Soldiers, and to share stories, experiences and memories of the 25th ID and Weyand.

## Annual memorial service honors sacrifice of fallen veterans, Soldiers in the Pacific

**SGT. DANIEL K. JOHNSON**

2nd Brigade Combat Team Public Affairs, 25th Infantry Division

HONOLULU – Pins, patches, berets, medals and ribbons are all tokens of their sacrifice and remembrance; veterans of the 25th Infantry Division Association have all given of themselves to honor their country and the fallen who have fought for freedom.

For the members of the 25th ID Association, this event is an annual observance.

Veterans, Soldiers, family and friends all come to show their respect during a memorial service held at the National Memorial Cemetery of the Pacific, here, Oct. 2.

One of the 25th ID veterans addressed the crowd, speaking only the 113 names of fallen veterans and Soldiers, their units and the wars they served in. These are the names of veterans of past wars and Soldiers of the Pacific who lost their lives this past year.

“It’s remembering their sacrifice,” said Gary Dittmer, president-elect, 25th ID Association. “Most Americans don’t serve, so it’s important to remember the veterans and active duty troops that are killed in action.”

Chaplain (Maj.) Florio Pierre, 25th ID, said a prayer and spoke of the sacrifices from Soldiers who volunteer to serve in America’s military.

Dittmer and Thomas Jones, president, 25th ID Association, then placed a wreath of flowers upon the monument.



Courtesy of 2nd Brigade Combat Team, 25th Infantry Division

Thomas Jones, president, 25th ID Association, speaks at the annual 25th ID Association’s memorial service at the National Memorial Cemetery of the Pacific, Oct. 2.

“We come here to remember fallen comrades,” Jones said. “We know there are burials happening here about every week, and it is important to acknowledge our younger brothers who have given their lives.”

During the service, Soldiers of the 2nd Battalion, 11th Field Artillery Regiment, 2nd

Brigade Combat Team, 25th ID, rendered an artillery salute in honor of the lives lost.

Taps was played.

“It’s moving, you know,” said Dittmer. “You’re not just remembering a name. It’s a Soldier, it’s a family and it’s a whole community.”

Jones personally knew some of the names

For more information about the 25th ID Association, visit [www.25thida.com](http://www.25thida.com).

he read aloud, and he had difficulty during his reading because he was overwhelmed with the significance of the sacrifice he was there to honor.

While the association honors its fallen comrades every year, during this memorial, members wanted to remind attendees of the service members who serve in the Pacific today.

“Not only the Army (serves in the Pacific),” said Jones. “The Navy, the Air Force and the Marine Corps (and Coast Guard) are all providing a service to this country. These are a minority of the population that we owe a debt of gratitude that I don’t know we can ever repay.”

The National Memorial Cemetery of the Pacific is open to the public, daily, for viewing of gravesites and memorials. More than 30 Medal of Honor recipients lay within the cemetery, and all of their gravesites are available for viewing.

The cemetery also contains a memorial pathway that is lined with a variety of memorials to honor America’s veterans from various organizations. As of 2008, 56 such memorials are throughout the cemetery, most commemorating Soldiers of 20th century wars, including those killed at Pearl Harbor.

Soldiers of the 25th ID stand at ease during a rededication ceremony of Weyand Field, at Schofield Barracks, Sept. 30. Gen. Fredrick Weyand was former 25th ID and USARPAC commander.





**Today**  
**Rocktoberfest** — This third annual event starts at 4 p.m., Oct. 7, at the Nehelani, Schofield Barracks.

Enjoy adult-oriented games, traditional German food and live rock music. No cover charge is assessed for this adults-only event. Call 656-0097.

**Friday Night Entertainment Series** — Enjoy live entertainment each Friday night at Kolekole Bar and Grill, Schofield Barracks. From Latin and hip-hop to open mic night, there's something for everyone! Call 655-0664.

**8 / Saturday**  
**Adventure Surfing I** — Surf with Outdoor Recreation, 6:30-11:30 a.m., Oct. 8. Cost is \$48. Call 655-0143.

**Fort Shafter Cosmic Bowling** — Cosmic Bowling starts at 3 p.m., Saturdays, and 1 p.m., Sundays, at the Fort Shafter Bowling Center. Call 438-6733.

**10 / Monday**  
**Free Hula Classes** — The Native Hawaiian Liaison Office, USAG-HI, welcomes all Soldiers and families to participate in free hula classes. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Call 655-9694 or email nhliaison@gmail.com. Classes are held the following days and locations:

- Mondays, Kalakaua Community Center, Schofield Barracks.
- Tuesdays, AMR Community Center.

**Pool Closures** — HMR & AMR pools are open on a seasonal basis. HMR Pool will close Oct. 10-May 30; AMR Pool will close Oct. 10-May 28. TAMC and Richardson pools at Schofield Barracks are open year-round. Richardson Pool operating hours will be reduced Oct. 10-Feb. 28. Visit [www.himwr.com](http://www.himwr.com) for specific hours of operation.

**11 / Tuesday**  
**Mini Flag Football** — Registration continues through Oct. 11; the season runs Oct. 20-Dec. 15. Children born in 2006 or 2007 are eligible. Cost is \$15. To register, stop by Parent Central Services at either Schofield Barracks or AMR, or call 655-6465 or 836-1923.

**12 / Wednesday**  
**ESL** — English as a Second Language classes are 9 a.m.-1:30 p.m., Monday and Wednesday, Oct. 12-Nov. 21, at ACS, Schofield Barracks. Call 655-4227.

**Oogles N Googles** — Enjoy this preschool enrichment program, 10 a.m., Oct. 12, at Sgt. Yano Library, Schofield Barracks. Oogles N Googles is open to preschool-age keiki, 3-5



Courtesy Photo

## 'Let's do the Time Warp again'

JOINT BASE PEARL HARBOR-HICKAM — Members of the Army Community Theater perform the "Time Warp" in a flash mob, Oct. 1, here, to promote their upcoming performance of "The Rocky Horror Show." Performances are Oct. 14-15, 21-22 and 28-29, with a special Halloween night performance, Oct. 31, at the Tropics Warrior Zone, Schofield Barracks. Doors open at 7 p.m., with a preshow at 7:30 p.m. Show starts at 8 p.m., with after-parties on Saturday nights. Purchase tickets for \$15 at the door, online at [www.hiwmr.com](http://www.hiwmr.com) or at Army Leisure Travel Services. Beverages and pub food will be available.

Due to adult situations and sexual content, no one under the age of 18 will be admitted; IDs will be checked. Call 438-4480. Watch videos of the cast's flash mob at Schofield Barracks, Oct. 1, at [www.flickr.com/usaghawaii](http://www.flickr.com/usaghawaii).

years old. Call 655-8002.

**13 / Thursday**  
**Theater Thursdays** — Learn the basics of stage acting in a theater program for teens (12-18) and adults, 4-5:30 p.m., Oct. 13, 20 and 27. Call 655-8002 to register. Walk-ins are welcome.

**Polo Pre-event** — Keiki can meet the riders and their horses, 3 p.m., Oct. 13, Palm Circle at Fort Shafter to get ready for the Army Gold vs. Army Black polo match, 11 a.m.-5 p.m., Oct. 15, at Palm Circle, Fort Shafter. Call 655-0111/0115.

**Pumpkin Decorating** — Families can decorate pumpkins, 6-8 p.m., Oct. 13, Hale Ikena, Fort Shafter. Call 439-1974.

**14 / Friday**  
**"The Rocky Horror Show"** — Army Community Theater performances of this live musical are Oct. 14-15, 21-22 and 28-29, with a special Halloween night performance, Oct. 31, at the Tropics Warrior Zone, Schofield Barracks. Doors open at 7 p.m., with a preshow at 7:30. Show starts at 8 p.m., with after-parties on Saturday nights. Purchase tickets for \$15 at the door, online at [www.hiwmr.com](http://www.hiwmr.com) or at Army Leisure Travel Services. Beverages and

pub food will be available.

Due to adult situations and sexual content, no one under the age of 18 will be admitted; IDs will be checked. Call 438-4480. See videos of the cast performing a "Time Warp" flash mob at [www.flickr.com/usaghawaii](http://www.flickr.com/usaghawaii).

**15 / Saturday**  
**Read to the Dogs** — Keiki who can read on their own can sign up for a 15-minute session to read to a therapy or service dog, Oct. 15. Preregistration is required; call 655-8002.

**Polo Match** — Watch Army Gold versus Army Black in this inaugural polo match, 11 a.m.-5 p.m., Oct. 15, Palm Circle, Fort Shafter. This event is free and open to the public.

Activities include military static displays, keiki activities, food, music and retreat. Guests can bring chairs and umbrellas; small pop-up canopies are permitted. Personal coolers are permitted; however, open containers aren't allowed. Guests may purchase alcoholic beverages on site. Call 655-0111/0115 or visit [www.himwr.com](http://www.himwr.com).

**17 / Monday**  
**Knit & Crochet Workshop** — Bring your yarn, tools and works in

progress to the library. All sessions are 5-6:30 p.m. Location and dates follow:

- AMR Library, Oct. 17, Nov. 21, Dec. 19; call 839-2821.
- Fort Shafter Library, Nov. 1 and Dec. 6; call 438-9521.

**Martinez PFC Closures** — Portions of Martinez Physical Fitness Center will be closed at various times in October to move exercise equipment and paint. Call 836-0338. Locations and dates follow:

- Nautilus equipment room, through Oct. 17.
- High-ceiling cardio equipment room, through Oct. 19.

## Ongoing

**Single Soldier Survey** — Choose the types of programs and activities you want by filling out the Directorate of FMWR survey now. Based on your location, go to one of these sites:

- North <https://www.surveymonkey.com/s/No-rth-Single-Soldiers>.
- South <https://www.surveymonkey.com/s/South-Single-Soldiers>.

Cost is \$15 and includes lunch. Wear pink to support National Breast Cancer Awareness Month.

To make reservations, last names beginning with A-L are to email [huireservationsal@gmail.com](mailto:huireservationsal@gmail.com); M-Z, email [huireservationsmz@gmail.com](mailto:huireservationsmz@gmail.com). Spouses must be 2011-2012 members of the Hui to attend the luncheon. Email [huionawahine@gmail.com](mailto:huionawahine@gmail.com) or visit [www.SchofieldSpousesClub.com](http://www.SchofieldSpousesClub.com).

**Food and New Product Show** — This annual event is 5-10 p.m., Oct. 14; 10 a.m.-9 p.m., Oct. 15; and 10 a.m.-5 p.m., Oct. 16, at the Blaisdell Exhibition Hall, Neal S. Blaisdell Center, 777 Ward Ave., Honolulu. General admission is \$3, and \$1 for military with a valid ID. Keiki 12 and under are free with an adult. Call 732-6037 or visit [www.PacificExpos.com](http://www.PacificExpos.com).

**15 / Saturday**  
**Volunteers Needed** — Volunteers are needed for the Special Olympics Central Honolulu Bowling Tournament, Oct. 15, Schofield Barracks Bowling Center. Shifts are 7 a.m.-1 p.m. Call 943-8808, extension 112.

**Spooktacular Swap Meet and Craft Fair** — This event offers a household items, slightly used and new items, handmade gifts and more, 8 a.m.-1 p.m. Oct. 15, Waipio Shopping Center, 94-1040 Waipio Uka St., Waipahu. Call 722-6467 or email [marisa@pcfvirtual.com](mailto:marisa@pcfvirtual.com).

## Worship Services

Additional religious services, children's programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel  
FD: Fort DeRussy Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
SC: Soldiers' Chapel, Schofield Barracks  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

**Buddhist Services**  
•First Sunday, 1 p.m. at FD  
•Fourth Sunday, 1 p.m. at MPC Annex

**Catholic Mass**  
•Thursday, 9 a.m. at AMR  
•Saturday, 5 p.m. at TAMC, WAAF and FD  
•Sunday services:  
- 8:30 a.m. at AMR  
-10:30 a.m. at MPC Annex  
-11 a.m. at TAMC  
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m. TAMC

**Gospel Worship**  
•Sunday, noon, at MPC  
•Sunday, 12:30 p.m. at AMR

**Islamic Prayers and Study**  
•Friday, 1 p.m. at MPC Annex  
•Friday, 2:30 p.m., TAMC  
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

**Jewish Shabbat (Sabbath)**  
•Monday, 6 p.m. at PH (Bible Study)  
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

**Pagan (Wicca)**  
•Friday, 7 p.m. at MPC Annex

**Protestant Worship**  
•Sunday Services  
-9 a.m. at FD, MPC and TAMC chapels  
-9 a.m. at WAAF chapel, Lutheran/Episcopalian  
-10 a.m. at HMR  
-10:30 a.m. at AMR

**Single Soldiers' Bible Study**  
•Wednesday, 11:30 a.m. at SC; lunch is provided.

**Worship Service**  
•Sunday, 6 p.m. at SC.

## community Calendar

Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**Today**  
**Shriners' Oktoberfest** — This three-day event, 5:30 p.m., Oct. 7-9, at the Gordon Biersch Restaurant, Aloha Tower Marketplace, Waikiki, is a fundraiser for the local Shriners Hospitals for Children, Honolulu. Authentic German food, drinks and music will be offered. A silent auction with take place throughout the weekend. Visit [www.shrinersoktoberfest.com](http://www.shrinersoktoberfest.com) to purchase tickets. Events follow:

- Oct. 7, Pau Hana and Military Night, an evening for service members and their families.
- Oct. 8, Authentic Oktoberfest with live entertainment, German food and beverages.
- Oct. 9, Keiki Oktoberfest and fun for the entire family.

**Talk Story Festival** — This event is Oct. 7-8, at the McCoy Pavilion, Ala Moana Park, Honolulu, and it is free both nights. This City and County of Honolulu Parks Department festival features the best storytellers in Hawaii. Visit [www.HonoluluParks.com](http://www.HonoluluParks.com) or email

[jgere@honolulu.gov](mailto:jgere@honolulu.gov). Highlights follow:

- Oct. 7, 6-9 p.m., Spooky Stories.
- Oct. 8, 1-4 p.m., Storytelling Workshop; and 6-9 p.m., True Life Tales.

**Haunted Lagoon** — Returning for its fourth Halloween season, the Haunted Lagoon at the Polynesian Cultural Center, or PCC, 55-370 Kamehameha Hwy., Laie, consists of a spooky canoe ride in the PCC lagoon through Oct. 31. A keiki-friendly ride is also available. For tickets, visit [www.HauntedLagoon.com](http://www.HauntedLagoon.com).

**8 / Saturday**  
**Oh Baby! Family Expo 2011** — This event is 10 a.m.-5 p.m., Oct. 8-9, at the Blaisdell Exhibition Hall, Neal S. Blaisdell Center, 777 Ward Ave., Honolulu. Cost is \$4.50 and free for children 10 and under. Call 239-7777 or visit [www.FamilyExpositions.com](http://www.FamilyExpositions.com).

**Royal Hawaiian Band** — This free concert is noon-12:45 p.m., Oct. 8, at the bandstand at Town Center of Mililani. Weekly public performances are held on Fridays at Iolani Palace and Sundays at the Kapiolani Park Bandstand. Visit [www.rhb-music.com](http://www.rhb-music.com).

**Hispanic Heritage Festival and Health Fair** — This event, in celebration of Hispanic Heritage Month, is 10 a.m.-6 p.m., daily, Oct. 8-9, Kapiolani Park Bandstand, 2805 Monsarrat Ave., Honolulu. It's free and open to the public.

**9 / Sunday**  
**Hawaii Fishing and Seafood Festival** — This event is 9 a.m.-4 p.m., Oct. 9, on Honolulu's Fishing Village at Pier 38. Discover more than 100 different vendors, taste Hawaii's local seafood, watch live fishing demonstrations or learn a new casting technique. Enjoy free admission, parking and shuttle service from Honolulu Community College. Visit [www.hawaiiifishingfestival.com](http://www.hawaiiifishingfestival.com).

**Adopt-A-School Day** — This annual event, Oct. 9, is sponsored by the Hawaii Jaycees to increase awareness and service to Hawaii schools by beautifying campuses, implementing new school programs, offering career skills training, providing donations and more. Individuals and groups can volunteer. Call 733-5377 or email [info@adoptaschoolday.org](mailto:info@adoptaschoolday.org).

**13 / Thursday**  
**Hawaii International Film Festival** — This annual event is Oct. 13-23, at Regal Dole Cannery Stadium, 735 Iwilei Rd., Honolulu. Recent releases and films from around the world will be screened, daily. Visit [www.hiiff.org](http://www.hiiff.org).

**14 / Friday**  
**Pretty in Pink Luncheon** — RSVP by Oct. 14 for this Hui O Na Wahine all-ranks Army spouses club luncheon, Oct. 20, Nehelani, Schofield Barracks. The event opens at 10:30 a.m. for shopping, with a buffet lunch 11 a.m.-1 p.m.



### Calendar abbreviations

8th TSC: 8th Theater Sustainment Command  
25th ID: 25th Infantry Division  
ACS: Army Community Service  
AFAP: Army Family Action Plan

AFTB: Army Family Team Building  
AMR: Aliamanu Military Reservation  
BCT: Brigade Combat Team  
BSB: Brigade Support Battalion  
Co.: Company  
CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Program  
FMWR: Family and Morale, Welfare and Recreation  
FRG: family readiness group  
HMR: Helemano Military Reservation

IPC: Island Palm Communities  
SKIES: Schools of Knowledge, Inspiration, Exploration and Skills  
TAMC: Tripler Army Medical Center  
USAG-HI: U.S. Army Garrison-Hawaii  
WAAF: Wheeler Army Airfield

## This Week at the MOVIES

Joint Base Pearl Harbor-Hickam Memorial Theater

Call 624-2585 for movie listings or go to [aaes.com](http://aaes.com) under reeltime movie listing.



### The Smurfs

(PG)  
Fri., Oct. 7, 6 p.m.  
Sat., Oct. 8, 7 p.m.  
Sun., Oct. 9, 2 p.m.

### Fright Night

(R)  
Fri., Oct. 7, 8:30 p.m.  
Thurs., Oct. 13, 7 p.m. & 8:30 p.m.

### Spy Kids: All the Time in the World

(PG)  
Sat., Oct. 8, 4 p.m.

### Rise of the Planet of the Apes

(PG-13)  
Wed., Oct. 12, 7 p.m.

No shows on Mondays or Tuesdays.



# Forces combine to manage one of Oahu’s rare natural gems

**MICHELLE MANSKER**  
Oahu Army Natural Resource Program, Environmental Division,  
Directorate of Public Works, U.S. Army Garrison-Hawaii

MOUNT KAALA — On a sunny morning, Sept. 24, 15 volunteers gathered to do their part for Hawaii’s public lands.

Staff members from the Oahu Army Natural Resource Program, or OANRP, Environmental Division, Directorate of Public Works, U.S. Army Garrison-Hawaii, and the state’s Department of Land and Natural Resources, or DLNR, came together for National Public Lands Day, the largest single-day volunteer effort for public lands in the U.S.

The annual event normally draws a crowd of more than 180,000 volunteers nationwide.

For the past three years, OANRP has successfully submitted NPLD proposals for funding. This year, the team received more than \$6,500, the largest award yet.

The proposal involved Oahu’s only high-elevation bog that is perched, here, atop the Waianae Mountain habitat. This habitat is home to many rare and endangered species, all of which are only found in Hawaii and some only in the bogs. At 4,025 feet, the bog is located on the island’s highest peak.

The Army and DLNR share ownership of this bog.

Mount Kaala is a DLNR Natural Area Reserve, set aside to preserve and protect examples of native Hawaiian ecosystems. OANRP actively manages its half of the bog, controlling threats to the native ecosystem, such as invasive plant and animal species.

Bog environments are special because their acidic soils cause the plants that inhabit them to be stunted in their growth form. These environments are very fragile, and scientists have estimated that it takes hundreds of years for the bog to recover from a single footprint.

With this in mind, DLNR and volunteers installed a boardwalk over the fragile habitat 20 years ago, allowing people to enjoy the beauty of this place without harming it.



Courtesy of Oahu Army Natural Resource Program, Environmental Division, Directorate of Public Works, U.S. Army Garrison-Hawaii

Michelle Mansker, OANRP, Environmental Div., DPW, USAG-HI, repairs the boardwalk over the fragile bog area atop Mount Kaala on National Public Lands Day, Sept. 24.

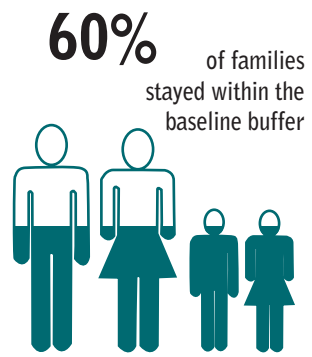
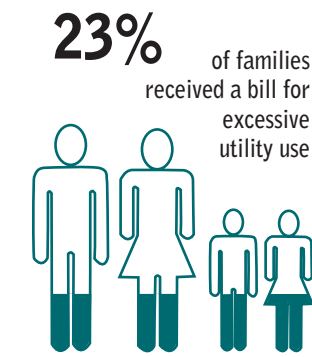
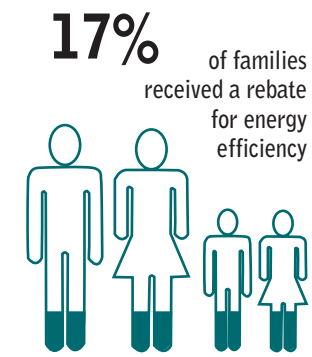
This year’s NPLD volunteers, including some of the original volunteers from 20 years past, spent the day assisting OANRP and DLNR in replacing this essential structure.

The new boardwalk was constructed from redwood boards set atop plastic lumber spacers. Hammers and nails in hand, volunteers installed wire mesh over the redwood boards to create the no-skid surface. Since the habitat is often shrouded in clouds, installation of the no-skid surface on top the boards is important.

The work was difficult and often dangerous, as volunteers’ many scratches and scrapes can attest to.

In spite of the difficulty, volunteers received an ideal reward — a rare, sunny day atop the peak, with views clear to Diamond Head and beyond.

August billing period



## Residents lower energy consumption

### ISLAND PALM COMMUNITIES News Release

SCHOFIELD BARRACKS — From wind, sun and water power to geothermal advances and bioenergy, the global urgency to become more energy efficient has never been more apparent.

Wherever you go around the island, you’re bound to see energy-efficient cars, solar panels on buildings and homes, and even windmills generating massive amounts of power.

“Everyone is doing their part to become more energy efficient, and the Department of Defense is at the forefront,” said Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii. “DOD has some aggressive but achievable goals for military installations to be more efficient in their use of energy, to conserve our natural resources and to be good stewards of the environment we live and work in.”

At USAG-HI, one program that got underway in July is the Office of the Secretary of Defense policy that holds Soldiers and their families living in military residential communities responsible for their utilities.

The policy states that residents exceeding their baseline — the average amount of energy used by homes in their profile — are responsible for paying for excessive use.

The policy also states that residents coming under their baseline can receive a cash rebate.

More than 3,300 homes in Island Palm Communities are now receiving live utility statements, following a year of mock billing.

New residents are informed about

the program upon signing their leases, which specifies their responsibility to pay for excessive utility use.

Following the August billing period, 17 percent of families received a rebate and 23 percent received a bill. Sixty percent of residents in live billing are successfully managing their use, receiving neither a credit nor a bill.

“It’s good to see so many of our families doing their part to conserve,” Mulbury said. “For families receiving a bill, I want to emphasize your obligation to pay it and encourage you to do so the month it becomes due. If you don’t and continue to exceed the baseline, the amount owed will only increase.”

A Soldier’s command will be notified should a utility bill become 90 days past due. Additionally, the fam-

ily will not be allowed to clear housing until any balance owed is paid.

Mulbury acknowledged that Hawaii’s energy rates are among the highest in the nation, with a residential rate of 33 cents. However, IPC residents receive a discounted rate and no surcharges or taxes are added to their consumption statements.

“Our families are also living in some of the most energy-efficient homes on the island,” Mulbury said.

Energy-efficient features can be found in the design of a home and materials used to build it, as well as its appliances.

“We have a great foundation in place, and I look forward to more families supporting an important DOD initiative to conserve energy and take advantage of the benefits the program offers,” Mulbury said.

### Energy Awareness Month

October is Energy Awareness Month and provides an excellent opportunity to focus and strengthen efforts to significantly improve the Army’s energy efficiency.

The Army is taking steps to reduce its total energy usage while increasing its use of renewable energy.

This year, the Army began the Net Zero Installation initiative to bring total resource consumption (energy, water and waste) on an installation down to an effective rate of zero.

USAG-HI’s sustainability initiatives include Leadership in Energy and Environmental Design-, or LEED-, certified neighborhoods; photovoltaic solar-powered communities; and energy-efficient home design.

You can do your part:

- Manage and view daily energy consumption online at [www.esoems.com](http://www.esoems.com).
- Contact ista at (800) 569-3014 or email [inquiries@ista-na.com](mailto:inquiries@ista-na.com) to gain a better understanding of your energy use and consumption.



# Engineers conduct PT with Mililani Uka Elementary students

Story and Photo by  
**CAPT. CHRISTOPHER REN**  
84th Engineer Battalion Public Affairs, 130th Eng. Brigade,  
8th Theater Sustainment Command

MILILANI – With smiles on their faces, sweat on their backs and leg muscles burning, it’s no wonder why students, here, at Mililani Uka Elementary School are in shape.

Adding in some volunteer Soldiers – to help lead and motivate these students as they continue to stay in shape – can really make for a fun-filled day at school.

Nearly 20 Soldiers from Headquarters and Headquarters Company, 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, volunteered to visit the school, Sept. 28, to help run the Get Moving, Get Fit event, which was a morning full of physical activities for the students.

With a team obstacle course, a water relay race and group dance sessions, both students and Soldiers alike got a good day’s workout.

“If I was given a chance to volunteer again, then I would do it in a heartbeat,” said Staff Sgt. Ian Ajimine, chemical operations specialist, HHC. “It was great to see the kid’s happy faces (with) them knowing the military cares about them and

their future.”

The school has hosted Get Moving, Get Fit for the past six years to promote a physically fit and healthy lifestyle. The school also encourages its students to eat healthy, drink plenty of water and get plenty of exercise year-round.

Twice this school year, once in the fall and once in the spring, faculty, parents and volunteers work together to set up the Get Moving, Get Fit events for students.

“This event would not be possible without all the help and support that they have provided us,” said Lance Fujioka, physical education teacher, Mililani Uka. “The 84th Engineers are a pleasure to work with, as they are so willing to assist in the manual labor of setting up and breaking down the equipment.”

Nearly 50 percent of all school-age children who are overweight become obese during adulthood, according to research conducted by Preventive Medicine and the Archives of Pediatrics and Adolescent Medicine.

Also, more than one-third of fourth-graders and high school students were either overweight or at risk for being overweight, according to data collected by the Nutrition Education Needs Assessment Survey.



Soldiers of HHC, 84th Eng. Bn., 130th Eng. Bde., 8th TSC, lead students of Mililani Uka Elementary School in warm-up stretches and exercise during Get Moving, Get Fit, a morning of physical activities for the students, Sept. 28. The Get Moving, Get Fit event is held at the school twice each year.

With studies such as these in mind, physical activity events such as Get Moving, Get Fit can be an important measure in helping prevent childhood obesity.

“Our military partners bring fun, energy and excitement for our students, while setting good

examples of teamwork, citizenship, fair play and good, old fashioned spirit of competition,” said Michele Fehr, a parent of one of the students at Mililani Uka. “We love having them help out at our school. This fitness event would not be the same without our military helpers.”

## Hale Kula Invitational Cross-Country Meet Top Finishers

<b>Grade 3</b>	
•Girls	•Boys
First – Aaliyah Pyatt, SES	First – Donovin Sykes, SES
Second – Emma Mussante, WES	Second – Alexander Bacon, HKES
Third – Kaylee Jerome, HES	Third – Tremayne Vincent, WES
<b>Grade 5</b>	
•Girls	•Boys
First – Cristian Delgado, SES	First – Natalie Sartain, HKES
Second – Nathaniel Robinson, SES	Second – Olivia Burns, HKES
Third – Demetric Jones, SES	Third – Xia Howard, HKES
<b>Grade 4</b>	
•Girls	•Boys
First – Eliana Battle, WES	First – Drake Gilmore, SES
Second – Riley Hester, HKES	Second – Weston Myers, HKES
Third – Kira Garcia, HKES	Third – Will Merkins, HKES
HKES: Hale Kula Elementary School	HES: Helemano Elementary School
WES: Wahiawa Elementary School	SES: Soloman Elementary School

## Hale Kula Elementary School hosts cross-country meet; Soloman wins event

**JAN IWASE**  
Hale Kula Elementary School

SCHOFIELD BARRACKS – More than 220 third- through fifth-grade students from five elementary schools within the Leilehua Complex participated in the seventh annual Hale Kula Invitational Cross-Country Meet, Sept. 29, here.

Runners ran the three-quarter mile course, while being cheered on by students, parents and friends, and being led by Joshua Castro, cross-country runner for Leilehua High School.

Soldiers from Headquarters and Headquarters Battalion, 25th Infantry Division, volunteered to serve as timekeepers among other tasks.

“I want to continue exposing as many students as possible to the sport of cross-country,” said Jerry Bevacqua, meet coordinator and physical education teacher, Hale Kula Elementary School. “Running is a lifelong, healthy activity, which should be encouraged in our youth. Hopefully, Stoneman Field (at Schofield Barracks) and surrounding fields will be ready next year.”

This event was the most competitive yet, to date, and when the points were totaled, Solomon Elementary School emerged victorious.

All of the participants are winners for completing the course and making running a part of their healthy lives.



October is Women’s Health Month

# Healthy lifestyle leads to enhanced preconception care

## Tips for healthy pregnancies

Women who practice general health choices can enjoy healthier lifestyles and pregnancies.

- Stop smoking and drinking alcohol.
- Avoid exposure to toxic substances or potentially infectious materials.
- Talk to a doctor about any over-the-counter and prescribed medications, including vitamins and dietary or herbal supplements.
- Seek treatment for all medical conditions.
- Make sure all medical conditions are under control.
- Update vaccinations.
- Consult a doctor regarding family health history.
- Reduce stress, whenever possible.
- Get screened and treated for sexually transmitted infections.
- Improve nutrition.

SABRIYA DENNIS  
U.S. Army Public Health Command

ABERDEEN PROVING GROUND, Md. — This month provides an opportunity for women to focus on making healthy lifestyle choices.

Having a healthy lifestyle is especially important for women who plan to get pregnant and have a baby.

About 50 percent of all pregnancies are unplanned, and women with unplanned pregnancies are at increased risk of delivering premature and low birth weight babies.

Women who are unaware of their pregnancy may engage in unhealthy behaviors, such as smoking, alcohol use or drug use, which all place a baby at risk and hinder development.

Other health-related issues such as poor nutrition, low physical activity and untreated sexually transmitted infections add to the risk of poor birth outcomes. Preconception health can help decrease pregnancy complications and decrease a child’s chances of future health and developmental problems.

Preconception care is the practice of good health habits and living a healthier lifestyle, regardless of a woman’s desire to have children. However, on average, most women do not discover they are pregnant until after they are four-six weeks along, and they don’t receive prenatal care until after this point. By that time, babies have already passed critical developmental milestones and are most susceptible to birth defects.

Unlike prenatal care during pregnancy,

preconception care is preventive, and measures can be taken before women become pregnant. These actions help minimize risk of birth complications and defects.

If a person is not ready to begin a family, all contraceptive options should be considered to prevent or delay pregnancy.

## Preconception Health Sources

Visit the following sites to get more information about preconception.

- U.S. Department of Health & Human Services Office on Women’s Health, [www.womenshealth.gov/pregnancy/before-you-get-pregnant/preconception-health.cfm](http://www.womenshealth.gov/pregnancy/before-you-get-pregnant/preconception-health.cfm).
- American Pregnancy Association, [www.americanpregnancy.org](http://www.americanpregnancy.org).
- Centers for Disease Control and Prevention, [www.cdc.gov/ncbddd/preconception/QandA.htm](http://www.cdc.gov/ncbddd/preconception/QandA.htm).



October is National Depression Education and Awareness Month

# Communication key during deployment

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ABERDEEN PROVING GROUND, Md. — Separation from a loved one who is deployed to Iraq or Afghanistan can be an emotionally difficult time for all family members.

Emotions can vary from low-energy levels and feelings of sadness and anger, to excitement and restlessness, back to tension, frustration, resentment and depression.

Many challenges confront military families during deployments. It’s important to recognize and understand these challenges to effectively cope with separation during deployment.

A common pitfall is arguments prior to deployment. These arguments are generally the result of distress due to the upcoming separation. Families must realize this distress and try not to take these arguments too seriously.

Another pitfall is failure to discuss expectations regarding child-rearing, financial management or intimacy concerns. These issues sometimes can be a source of misperception,

distortion and hurt feelings during deployment. Families should not wait to attempt to resolve these major pitfalls via long-distance communication.

Another pitfall is listening to or spreading rumors. Do not repeat rumors.

For example, one family readiness group member passing on allegations of infidelity about another FRG member can cause a great deal of psychological damage to individuals identified in the rumor, as well as to other Soldiers, family and FRG members, and unit cohesion.

Avoiding these pitfalls will ensure that the stress and depression related to deployment separation will be much more manageable.

Soldiers and family members must recognize deployment-related stressors that impact them during separation and develop strategies to cope with these stressors.

October is National Depression Education and Awareness Month, an opportune time to discuss the impact of deployment-related stress.

## Avoiding deployment-related depression, anxiety

The following pre-deployment tips may help ease stress levels before and during deployment.

- Discuss expectations for managing finances, children and personal conduct before deployment.
- Expect changes in departure and return dates.
- Accept growth and change in all family members.
- Reserve disagreements for face-to-face encounters with your spouse.
- Put existing and unresolved marital issues on hold until your Soldier returns home.
- Communicate regularly and creatively with your Soldier. End communications on a positive note.
- Keep the Soldier’s parents informed.
- Plan for family stress relievers like fun outings and group get-togethers.
- Plan opportunities for the at-home parent to get breaks from children to revive emotional and physical health.
- Encourage family members to share feelings and give assurances.
- Honestly discuss the Soldier’s deployment.

Share information about the Soldier’s work and what the parent is doing for our country.

- Answer questions openly and honestly, using words children can understand.
- Provide a calendar or some measure to help children count down the deployment days.
- Maintain a structured and safe emotional and physical environment for children.
- Make sure the deployed parent is part of everyday conversations.
- Help children understand what they hear and see in news reports.
- Follow your child’s lead. Give small pieces of information at a time and see how your child responds before deciding what to do next.
- Provide children with a method to communicate to the deployed parent, such as letter writing or email access. Make it creative and fun.
- Maintain family routines and traditions during the other parent’s absence.
- Keep children involved with outside activities and maintain communications with schools.