

INSIDE Mock industrial explosion tests 71st Chem. Co.



Meet and greet

Sgt. Maj. of the Army talks with Hawaii’s Soldiers and families.

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Town Hall

USAG-HI will provide updates for employees, 1:30-2:30 p.m., Oct. 5, at the Main Post Chapel, Schofield Barracks.

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Clean up

Volunteers lend a hand during National Public Lands Day.

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Stop violence

USAG-HI launches annual campaign against domestic violence.

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Story and Photo by
SPC. MARCUS FICHTL
8th Military Brigade Public Affairs, 8th Theater Sustainment Command

FORD ISLAND — Screams pierced the air as first responders pushed through debris, smoke and chemical hazards while responding to a massive industrial explosion that rocked the warehouses, here, Sept. 15.

Thankfully, the explosions and chemical hazards were simulated, but the training was undoubtedly as real as it could get for the 71st Chemical Company, 8th Military Police Brigade, 8th Theater Sustainment Command, during its pre-deployment training and certification exercises.

The 71st Chemical Co. conducted chemical, biological, radiological and nuclear, or CBRN, and Soldiering tasks, said Maj. Chris Iwan, CBRN officer, 8th MP Bde.

“We tested the company’s ability to support a foreign country in consequence mitigation,” he said. “The 71st (Chemical Co.) was asked to give a capabilities demonstration for the local government, when one of the nearby warehouses had an industrial explosion, forcing them to switch focus and detect, sample, decontaminate

RELATED STORY

- Read about additional pre-deployment events with the 25th Combat Aviation Brigade, 25th Infantry Division, and the 45th Special Troops Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command, on page A-5.

and triage the situation.”

Unit training normally focuses on platoon-level tasks, and individual roles and missions, including decontamination and mounted-chemical reconnaissance. However, this scenario employed the company’s ability to put together pieces of a CBRN jigsaw puzzle with other entities.

“We’re used to being in the lead and taking charge, but during this (upcoming) deployment, we’ll be there as support,” Iwan said, “and that’s why we’ve emphasized joint training with (Explosive Ordnance Disposal personnel and) the U.S. Air Force, and role-playing with foreign nationals during this weeklong certification exercise.

“This exposure to other groups gets (Soldiers) the experience they will need to work efficiently outside of their comfort zone,” he said.

As initial responders pressed into the warehouse, role-players screamed and lunged at them, but responders remained calm and made sure to identify the chemical threats, so the rescue operation could commence.

“You want to help people right away, but you have to understand (that) we can create greater risks if we don’t know what the chemical agents are or what they react with,” said Sgt. Ryan Macuch, 71st Chemical Co. “How we decontaminate and treat them has to drastically change (depending on the chemical agents) to prevent even worse injury. It’s a tough mind-state to maintain, but if you don’t, the mission and lives will be at stake.”

After the team identified and secured the site, res-



Soldiers with 71st Chem. Co., 8th MP Bde., 8th TSC, work on a simulated casualty, Sept. 15, as part of the company’s weeklong pre-deployment training and certification exercises.

cue operations commenced.

More than 100 Soldiers played a vital role in rescuing victims during the initial response to decon-

tamination.

“This is something the company needed,” Macuch said. “It shows our potential and motivates the Soldiers.”

‘Warrior’ Bde. welcomes return of signature fighting vehicle

Story and Photo by
STAFF SGT. RICARDO BRANCH
2nd Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Soldiers welcomed the return of the Stryker fighting vehicle during a vehicle issue draw, here, Sept. 13.

The 2nd Brigade Combat Team, “Warriors,” 25th Infantry Division, returned from a 12-month deployment to Iraq three months ago, but without its original vehicles.

Those Stryker vehicles were shipped from Kuwait to Alabama during the re-deployment process.

The newly overhauled vehicles, which were retrofitted and updated, were slated to replace the Warrior Bde.’s aging fleet of battle-tested vehicles upon redeployment.

“These vehicles came from Aston, Ala., where they were serviced and reset,” said Max Stritzel, Stryker mechanic, General Dynamics. “In reset, the entire vehicle was taken apart, and all the systems were checked for serviceability, updated and repaired to Army standard for handoff.”

Turning in old vehicles and drawing newly overhauled vehicles allow units to



Soldiers from 2nd BCT, “Warriors,” 25th ID, unpack equipment from their newly refurbished Strykers during a vehicle draw, Sept. 13.

receive equipment synchronized with their deployment timeline.

“Our Stryker vehicles play a key role in moving our Soldiers across the battlefield,” said Maj. Patrick Roddy, operations officer, 2nd BCT. “Getting them back in the hands of the unit truly sets conditions for us to begin training again.”

Modifications to the Warrior Bde. Stryker fleet include updated blast seats, air horns, a remote video surveillance system camera and a new suspension system.

“These Strykers have better survivability than the previous vehicles used by this brigade,” Stritzel said. “They are a big step up.”

The changes to the vehicles provide increased protection for Soldiers, while making the vehicle more effective in executing the mission, he added.

“These modifications are current to what the Strykers are using in Afghanistan,” Stritzel said. “We’ve had a lot of praise thus far on the modifications. Deployed Soldiers are conducting a wide variety of missions and reporting the new seats, cameras and suspension are great.”

Stritzel explained the updated Stryker provides improved safety to passengers; improved seats absorb the impact of improvised explosive devices, allowing a Soldier to ride safely and walk away with fewer injuries from vehicle rollovers and explosions.

Soldiers inspected the equipment and conducted preventive maintenance checks on the vehicles, before embarking on a short road test to perform function checks.

“I drove a Stryker in Iraq, and they handled pretty well over there,” said Spc. Matthew Mulac, Headquarters and Headquarters Company, 2nd BCT. “There are

SEE 2nd BCT, A-5

9th MSC kicks off first-ever Reserve MEB Academy to train force

CAPT. VANESSA LI
322nd Civil Affairs Brigade, 9th Mission Support Command

FORT SHAFTER FLATS — The 9th Mission Support Command’s 303rd Maneuver Enhancement Brigade, kicked off its first-ever U.S. Army Reserve MEB Academy, here, Sept. 17-18.

During the two-day event, the 303rd MEB teamed with instructors from the Maneuver Support Center of Excellence, or MSCoE; Training and Doctrine Command, or TRADOC; Fort Leonard Wood,

Mo.; to train nearly 100 leaders and staff members on MEB roles and responsibilities.

Visiting TRADOC instructors and MEB subject matter experts, or SMEs, shared credible, up-to-date operational and strategic information from leaders in the field, via round table discussions, breakout sessions and other forums.

“(The training) has given me a clear picture of what is expected,” said 2nd Lt. John Pinpin, military intelligence officer, 303rd MEB. “(The instructors) have so much knowledge; I just want to pick their brains.”

This MEB Academy was the 303rd MEB’s homegrown answer to the challenge of seeking operational capability within the next two years, while having the title of the Army’s newest MEB.

Col. Randy Hart, commander, 303rd MEB, said the brigade’s focus since activation has been learning and meeting MEB doctrinal objectives.

“(We decided) the best way to do that was to engage the MEB (SMEs) at Fort Leonard Wood, (and) that’s exactly what we did,” Hart said.

A month after standing up the brigade, Hart and key staff members traveled to visit MEB experts in Missouri. This initial visit spawned the academy.

Hart praised Maj. Stacey Goodman, executive officer, 303rd MEB, for paving

SEE 303rd MEB, A-6



Courtesy Photo

Sgt. Maj. of the Army Raymond Chandler III (center) and his wife, Jeanne (left), meet with Soldiers at Schofield Barracks.



Courtesy Photo

Sgt. Maj. of the Army Raymond Chandler III (center) stands with 25th Combat Aviation Brigade, 25th Infantry Division Soldiers during his visit to Hawaii. Chandler went on an aerial tour of the island while on the helicopter manned by 25th CAB Soldiers.

SMA visits Oahu, addresses Armywide changes to Soldiers

STEPHANIE BRYANT

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD – Sgt. Maj. of the Army Raymond Chandler III and his wife, Jeanne, met with U.S. Army Hawaii Soldiers and their family members, for the first time, Sept. 18-21. The Army is currently facing many challenges and changes, and Chandler's main goal for the trip was to update leadership, Soldiers and families about changes taking place. More importantly, the SMA wanted to get feedback about these changes from Soldiers and to address their concerns. “Our Army is really built on a foundation of trust,” he said. “Trust between Soldiers and leaders, between leaders and families, and between the Army and the nation.” To efficiently and effectively meet with troops and their families, Chandler and his wife conduct-

SMA) is approachable and that he does care about what is going on with us down at this level,” Lopez said. “A lot of Soldiers have questions, but are afraid to ask, especially, when it comes to topics like ‘don’t ask, don’t tell.’” Chandler addressed major topics like retirement, DADT and nine-month deployments; then, he opened the floor for audiences to ask about any other concerns they might have. Changes occurring in retirement dominated a good portion of the dialogue at the various forums, and the SMA assured Soldiers and families that he and the other senior leaders are committed to protecting their benefits. “Soldiers need to trust the Army leadership,” Chandler said, explaining “that (the leaders) are going to be an advocate for those programs that are effective and efficient for our Army. The senior Army leadership – and I mean the Secretary of the Army, the Chief of Staff of the Army and myself – are committed to maintaining the current retirement benefits for those who currently serve.” He added that Soldiers have to have trust in their elected officials and trust that they’ll understand the service and sacrifice of Soldiers and families, especially during these last 10 years of combat operations.

In addition to the forums, Chandler and his wife dined with leaders and Soldiers, conducted meet-and-greets with various units and took time to tour the USS Arizona Memorial in Pearl Harbor. While Chandler visited with key leadership, Jeanne took the opportunity to meet with spouses and family members, including a stop at the Shafter Elementary School library to read to children. Before leaving Oahu, Chandler wanted to thank the Soldiers, family members and civilians who serve here in Hawaii and to assure them that he is taking the information and concerns he gathered back with him to Capitol Hill. “Have faith that we are going to get through these troubled times ahead of us,” Chandler said. “Our nation has troubles, and because the Army is a part of the nation, we have some challenges. We are going to meet those challenges, and we are going to be a better Army in the future than we are today, which is the best Army in the world.”

— Sgt. Maj. of the Army Raymond Chandler III

ed five Soldier forums during their four-day visit. Forums were conducted at Aliamanu Military Reservation, Tripler Army Medical Center, Camp Smith, Schofield Barracks and Fort Shafter. The forum created a comfortable environment where the SMA, Soldiers and family members could express their opinions and ask questions freely. Sgt. 1st Class Elizabeth Lopez, noncommissioned officer in charge, operations, Headquarters and Headquarters Battalion, U.S. Army-Pacific, attended the first Soldier forum, Sept. 19, at the AMR Chapel. As a Soldier and a military spouse, she was eager to hear how Chandler was going to address some of the concerns she and her comrades have. “It is important for the Soldiers to know that (the



Staff Sgt. Cashmere Jefferson | U.S. Army-Pacific Public Affairs

Dave Hilkert (left), historian, 25th ID, gives a tour of historic Palm Circle on Fort Shafter to Sgt. Maj. of the Army Raymond Chandler III (center) and Sgt. Maj. Frank Leota, senior enlisted leader, USARPAC, Sept. 20.



Courtesy Photo

Jeanne Chandler (right), spouse of Sgt. Maj. of the Army Raymond Chandler III, talks with Lis Olsen, program manager, Survivor Outreach Services, at Fort Shafter, about SOS programs, initiatives and challenges. She also visited with military children during the tour of Oahu.



Staff Sgt. Ricardo Branch | 2nd Brigade Combat Team Public Affairs, 25th Infantry Division

Sgt. Maj. of the Army Raymond Chandler III (right) meets Soldiers of 1st Bn., 21st Inf. Regiment, 2nd BCT, 25th ID, to discuss some upcoming changes within the Army and give enlisted personnel an opportunity to voice their opinions. Chandler addressed major topics like retirement, “don’t ask, don’t tell” and nine-month deployments.

Mass casualty exercise offers room for errors, practice

Story and Photo by
SPC. SHARLA LEWIS

3rd Brigade Combat Team, 1st Cavalry Division Public Affairs

CONTINGENCY OPERATING BASE ADDER, Iraq – Even while deployed, military units conduct training to prepare for emergency scenarios they may face.

Units, here, participated in a mass casualty exercise, recently, to rehearse initial response and medical treatment techniques.

The exercise simulated a rocket attack on base that wounded several Soldiers near a dining facility.

Splayed on the ground, Soldiers in costumes – complete with protruding intestines, amputated limbs and fake blood – yelled for assistance to responders who were first on the scene.

Troops dismounted from vehicles and rushed to aid the wounded individuals and load them onto waiting trucks. Casualties were then transported to the base’s combat support hospital for follow-on care or medical evacuation.

“When the real thing actually happens, we will know what to do,” said Spc. Randall Jackson, with 34th Sapper Company, 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, clad in an intestinal-wound costume.

Though a review for most troops, the exercise provided room for mistakes with the intent of preventing them in real-life scenarios.

“You train as you fight,” said Master Sgt. Willie Hairston, Headquarters and Headquarters Bn., 25th Infantry Division, who observed the training. “You mess it up here, so you don’t mess it up later.”

Hairston said the scenario had a good setup with its scattered casualties; however, responders spent too long with the first few casualties they treated. They should have applied quick fixes to multiple patients and loaded them onto vehicles to receive additional care at a hospital or aid station, he explained.

Training stressed post-attack reconnaissance, or PAR teams, and revealed areas in need of improvement. PAR teams rove the base after an incident and are usually first at the scene to provide security and aid to casualties.

At the conclusion of the exercise, casualties peeled off stick-on wounds and turned in their costumes. Soldiers packed up their

“You mess it up here, so you don’t mess it up later.”

— **Master Sgt. Willie Hairston**
HHBN, 25th ID



Soldiers on COB Adder, Iraq, participate in a training exercise to rehearse their reactions in a mass casualty scenario. All units reacted to the call for first responders and security at the point of impact, near the dining facility, Sept. 5.

gear and headed back to their unit areas. Medical officers huddled to chat about the day’s events.

Meetings following the scenario reviewed the training and

focused on areas that need further improvement. Then, physicians could apply these improvements in their units and conduct additional internal training.



Soldiers with the 728th MP Bn., 8th MP Bde., 8th TSC, provide embedded mentorship to their AUP counterparts during their deployment to Afghanistan. Soldiers with 3rd BCT, 25th ID, provided security.

728th MP Bn. assesses Afghani mentees

3rd BCT assists with security

Story and Photo by
MAJ. MATTHEW GRAGG

728th Military Police Battalion, 8th MP Brigade,
8th Theater Sustainment Command

PARUN, Afghanistan – The primary mission of the 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command, is to provide embedded mentorship to Afghan Uniform Police, or AUP, at Regional Headquarters, 24/7, 365 days a year.

This mentorship includes 84 districts, eight provinces and more than 13,183 AUP.

The Joint Combined Assessment Team, or JCAT, recently conducted an assessment of AUP capabilities. The JCAT included members of the 728th MP Bn., Afghan interpreters, Afghanistan National Security Forces, the Afghan Ministry of the Interior, the Afghan Ministry of Defense, the Afghan National Directorate of Security, observers from Combined Joint Task Force 1–Afghanistan and coalition forces from International Security Assis-

tance Force Joint Command.

Soldiers from 3rd Brigade Combat Team, 25th Infantry Division, provided security on the ground, as well as planning and coordination of movement of helicopter flights between assessment sites.

Assessment focused on assistance and evaluation in personnel management, operations, logistics, security and intelligence.

In October 2009, U.S. forces withdrew from their four main bases in Nuristan province to pull troops out of small outposts and relocate them closer to cities; the JCAT assessment was a significant achievement for combined Coalition Forces and ANSF personnel.

Members of the 728th MP Bn. said the assessment was also an exhilarating opportunity to get out in their sector with their AUP counterparts.

MPs train AUP on weapons, skills

Story and Photo by
SGT. RUTH PAGAN

2nd Brigade Combat Team Public Affairs, 4th Infantry Division

KANDAHAR, Afghanistan – Soldiers with the 58th Military Police Company, 8th MP Brigade, 8th Theater Sustainment Command, held an AK-47 rifle range training event at Camp Nathan Smith, here, for the Afghan Uniformed Police, or AUP, Sept. 18.

“This is the first step,” said Sgt. 1st Class Marcus Dampier, platoon sergeant, 58th MP Co. “We want to get them familiarized with their weapons, so they can be more proficient at doing their job.”

“We went over the different firing positions that they will be doing: kneeling, prone and standing,” said Staff Sgt. Gordon Williams, squad leader, 58th MP Co. “We also covered weapons safety and the basic fundamentals of firing.”

For some in the AUP, this training was their first time firing live rounds.

“We want them to come away knowing how the weapon operates, how to load it, clear it and to see how a round affects a target,” Dampier said. “We want them to get the feel of the weapon system while firing live rounds.”

Range training lasted only a few hours, but the knowledge and training gained will have a long-lasting effect.

“I think we are having a positive impact on our mission here in Afghanistan,” said Spc. James Lesmeister, MP, 58th MP Co. “We are training the police force to be more proficient with their weapons, which is making them into a more effective police force.”



Staff Sgt. Gordon Williams (right), squad leader, 58th MP Co., 8th MP Bde., 8th TSC, demonstrates the proper way to hold a weapon while in the kneeling position to his AUP counterpart, Sept. 18.



Photos Courtesy of 25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

Soldiers from 25th CAB, 25th ID, keep a watchful eye through close-quarters training during the CTE at PTA, recently.

25th CAB challenges units to refine, improve communication skills

SGT. DANIEL SCHROEDER
25th Combat Aviation Brigade Public Affairs,
25th Infantry Division

WHEELER ARMY AIRFIELD — In preparation for an upcoming deployment, Soldiers recently trained on mission-critical tasks to increase their mission readiness.

The 25th Combat Aviation Brigade, 25th Infantry Division, conducted a culminating training event, or CTE, that had aviation task forces operating in four different training locations, simulating the distributed operational environment in Afghanistan.

These locations included Fort Carson, Colo.; the Joint Readiness Training Center, Fort Polk, La.; Pohakuloa Training Area on the Big Island, and here.

“The CTE provided the brigade and its subordinate units an opportunity to solve tough, realistic problem sets that we will face in Afghanistan,” said Col. Frank Tate, commander, 25th CAB. “The units were challenged to refine systems and products, which improved the communication throughout the brigade, ultimately resulting in a more detailed decision-making process that will save lives and resources downrange.”

To make the CTE more realistic while here, 25th CAB transformed local training areas to resemble the operating environment in Afghanistan. To accomplish this scenario, 25th CAB requested assistance from other units on Schofield Barracks. These units provided Soldiers to serve as civilians, opposing forces and media on the battlefield.

“The exercise control cell did a great job of keeping the brigade on its toes,” said Chief Warrant Officer 4 Pete Mansoor, tactical operations and special projects officer, 25th CAB. “We had the ability during this training to place civilians, vehicles and clutter on the



Soldiers from Company A, 209th Avn. Support Battalion, 25th CAB, 25th ID, pull security for a simulated casualty awaiting a medical evacuation from a Black Hawk helicopter during the CTE at PTA, recently.

battlefield to allow for a more realistic training environment.”

For the 25th CAB to receive guidance on areas needing improvement, observer controllers, or OCs, were on location to evaluate task forces on mission planning and execution.

“The OCs were sent out to the training locations to monitor, evaluate and mentor the task forces during both the situational training exercise lanes and full-spectrum aviation operations,” said Chief Warrant Officer 4 Joe Roland, standards officer, 25th CAB. “The OCs placed subject matter experts throughout each task force to monitor how the units operated.”

During the CTE, each task force executed gunnery, air assault, aerial quick-reaction force, emergency resupply, downed aircraft recovery, medical evacuation and personnel

recovery operations. The missions that were executed are critical for the 25th CAB’s success in its upcoming deployment.

Following the completion of CTE missions, the brigade began to redeploy its Soldiers and assets, here, and to Fort Carson.

The CTE also provided an opportunity for the most recent addition to the “Wings of Lightning” team — 1st Battalion, 2nd Attack Reconnaissance Battalion out of Fort Carson — to familiarize its personnel with all brigade procedures.

“1-2 ARB functioned well as a task force with (25th) CAB units from Hawaii,” Roland said. “The task force did very well in reacting to the missions and scenarios presented to them.”

2nd BCT: Upgrades needed

CONTINUED FROM A-1

some changes to the seating and suspension system, which we’ll get a better feel for as we use them.”

Mulac is confident that the updated vehicles will perform as expected, and he looks forward to using them to train new Soldiers on Stryker operations.

“It feels good to have them again,” Mulac said. “They look new, and we can’t wait to take them to the field, (and) maybe set up some of the 50-caliber machine guns and see what they can do. Before today, we were do-

ing a lot of classroom training, but now we can begin the hands-on training.”

Following the Stryker draw, the Warrior Bde. will be moving forward with individual, crew and unit training in the upcoming months.

“Bringing Strykers back into the formation is a key task,” Roddy said. “To ensure that we begin training properly, we need to ensure the training we conduct is properly resourced and trained with the appropriate leaders. It varies by unit, but the initial process is getting (Strykers) back into the formation, so we can start training again.”



2nd Lt. James Maskovyak (center), maintenance platoon leader, HHC, 45th STB, 45th Sust. Bde., 8th TSC, briefs his squad on the mission before departing for the CLFX, Sept. 19.

45th STB conducts split ops, CLFX training for deployment

Story and Photo by
1ST LT. MICHAEL HEIM
45th Special Troops Battalion, 45th Sustainment Brigade,
8th Theater Sust. Command

SCHOFIELD BARRACKS — Soldiers reacted to suspected improvised explosive devices, escalation of force scenarios and complex attacks conducted by insurgents, here, recently.

The operation began with the 45th Special Troops Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command, conducting split operations at Area X, here, and at Bellows Air Force Station.

Soldiers from the battalion’s 125th Financial Management Company, 18th Transportation Detachment, Co. B, and Headquarters and Headquarters Co., conducted convoy live fire exercise, or CLFX, training during two days to prepare themselves for their upcoming deployments.

“The CLFX was a great training event that really helped to prepare my team to successfully execute convoys while deployed,” said Staff Sgt. Michael Toro, platoon sergeant, Personal Security Det., 125th Financial Management Co. “It was also an excellent team-building experience.”

Simultaneously, the training also consisted of a field training exercise, or FTX, as part of the pre-deployment certification process. Company elements established a fully operational forward operating base with a field feeding site, a maintenance and fuel

support area, a movement-control headquarters, signal support and a financial management support team at Bellows Air Force Station.

At the conclusion of the CLFX, here, the 45th STB carried out tactical movement to join Soldiers already on-site at Bellows.

“The units all did an excellent job transitioning from CLFX to the FTX; they responded quickly to the change of mission and executed outstanding tactical convoys from Schofield Barracks to Bellows Air Force Base,” said Capt. Jennifer McIntyre, operations officer, 45th STB.

During the FTX, 45th STB conducted scenario-based training to focus on tactical convoy movements for convoy techniques. The missions included both mounted and dismounted patrols, wherein squads encountered friendly and hostile local nationals.

The 45th STB also trained on reflexive fire skills, crew-served weapons procedures and night vision driving methods. These exercises, in conjunction with tactical convoys, served to enhance the combat readiness of the battalion.

“It was a great opportunity to work as a team and enhance our collective skills as a unit,” said 1st Lt. Ian Joyce, platoon leader, Joint Network Node. “I really enjoyed working together with the battalion to accomplish the mission. Without our teamwork, none of this would have been possible.”

565th Eng. Det. works to improve infrastructure at Majuro Atoll

DINO W. BUCHANAN
U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER – The 565th Engineer Detachment (Forward Eng. Support Team-Advance), U.S. Army Corps of Engineers-Honolulu District, recently returned from a weeklong deployment to assist the Republic of the Marshall Islands government with prioritizing improvements to its infrastructure on the Majuro Atoll. The team’s ultimate goal was to assist the U.S. Embassy and the government of RMI and provide a technical report that will prioritize recommendations for infrastructure improvements. The detachment deployed at the request of the U.S. Embassy, Majuro and the RMI government. Three members from the U.S. Army Reserve’s 747th Eng. Det. (FEST-A), from Joint Base Lewis-McChord, Wash., supplemented the team.

“This mission ... provided excellent interagency, multinational and technical training, and served as a major training event in the 565th’s preparation for future deployments,” said Maj. William Hannan, commander, 565th Eng. Det. “This type of training cannot be replicated in the normal pre-deployment training scenarios or even at the combat training centers.”

The team partnered with Majuro utility managers and operators to conduct combined surveys of Majuro’s sewer, water, electricity and trash systems to provide analysis and recommendations for improvement. Team members then conducted their site surveys alongside operators who ran individual components of each utility system.

“The success of the mission can be directly attributed to the teamwork between the Majuro utility workers and the 565th Eng. Det.,” Hannan said.

The district’s David Nishimura, civil eng., and Jon Hosaka, mechanical eng., analyzed water and sewer systems. The analysis included detailed assessments of pump stations, water wells, water catchments, water reservoirs, treatment components, distribution lines, fire hydrants, sewer lines, lift stations, manholes, treatment components, a sewer outfall pipe, storm drains and storm sewer outfalls.

“Although the work was very challenging, it was also rewarding to work with the Marshallese people, who had the same basic goal we did: (to) figure out how to improve the infrastructure of their atoll,” said Nishimura.

Capt. Kelly Thomas, Chief Warrant Officer Michael Harden and Master Sgt. Cedric McClure, all of 747th Eng. Det., surveyed and assessed the collection and disposal of medical waste, hazardous waste and regular municipal waste.

Alan Avery, electrical eng., 565th Eng. Det., conducted a survey of Majuro power generation and distribution systems, which included assessing seven diesel-fueled generators, power plant operations components and switch gear, transformers and more than 31 miles of distribution lines and components.

According to Hannan, the infrastructure survey directly links to one of the 565th Eng. Det.’s mission tasks: to provide technical engineer support.

The 565th Eng. Det. conducted the mission in three phases: pre-deployment research and coordination, on-site technical surveys and the technical report.

The COE Reach-Back Operations Center, COE-HD Base Development Team and other key members of the district assisted the 565th Eng. Det. with answers to technical requests and information that were beyond the team’s capabilities.

“The work was very intense and demanding due to the short time frame available to complete the mission,” Hannan said. “Honolulu District’s support (with) answering technical requests for information was crucial to the overall success of the mission. This mission not only enhanced the relationship between the U.S. and the Republic of the Marshall Islands, but also served as critical training for the 565th as it prepares to deploy to overseas contingency operations.”



Alan Avery | 565th Eng. Det. (FEST-A), USACE-HD

Jon Hosaka (left), 565th Eng. Det. (FEST-A), USACE-HD, records observations as Maj. William Hannan (center), commander, and David Nishimura (second from right), both with 565th Eng. Det., and the water and sewer operations manager inspect a well during a weeklong infrastructure survey mission, recently.

303rd MEB: Local course has big impact

CONTINUED FROM A-1

the way and presenting the academy concept to key leaders at the MSCoE.

“When Goodman presented the academy concept, ... they were more than just pleasantly surprised on what she had conceptualized,” Hart said. “Her academy concept melded perfectly with what the MSCoE was in the midst of planning. Hence, (it was) one of the main reasons the MSCoE chose the 303rd MEB as the MEB to implement the academy.”

Just months later, this locally hosted course will help the recently activated brigade train its reservists quickly.

Lt. Col. Michael Lockwood, deputy commander, 303rd MEB, fully supports and believes in the academy’s ability to train the unit’s Soldiers in MEB functions and tasks.

“(The academy) gives our Soldiers training from the ground up, on how to do their jobs doctrinally,” said Command Sgt. Maj. Randy Harr, senior enlisted leader, 303rd MEB. “We want everyone, of all ranks, to know what a MEB is and how to run it successfully.”

The weekend’s activities were just the beginning.

The Reserve-focused academy will continue throughout the year ahead. It will primarily be conducted during select battle assemblies or weekend drills, and it will be supplemented by individual self-study.

The academy will incorporate real-world experience from active duty, National Guard and Reserve MEBs into practical exercises, using diverse training venues and products that provide unit members with guidance on MEB functions, capabilities and doctrine.

Training efforts will culminate in a capstone event that is scheduled for August 2012 during extended combat training at the MSCoE.

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today
Tropic Lightning Week – The 25th Infantry Division will host the 25th ID Tropic Lightning Association’s 70th reunion.

The highlight of the week-long event includes a static display of military equipment at Weyand Field, Sept. 30.

VRO Closure – The Schofield Barracks Vehicle Registration Office, or VRO, Building 740, Soldier Support Center, will be closed through Sept. 30 for office renovations. Normal hours will resume Oct. 3.

The Fort Shafter VRO, Building 5099, Room 111, Fort Shafter Flats, will be open for vehicle registrations, 7:30 a.m.-3:30 p.m., Monday-Friday. Call the Schofield VRO at 655-0894 or the Fort Shafter VRO at 438-1517.

October

1 / Saturday
Retiree Appreciation Day – This annual event starts at 9 a.m., Oct. 1, at the Hale Ikena, Fort Shafter. Retired Sol-

diers, spouses and widow(ers) are invited to attend.

Call 655-1514/1585.

Auto Detailing – The Exchange will open an auto detailing service, Oct. 1, next door to Army Leisure Travel Services, Schofield Barracks. Appointments aren’t necessary. Hours are 9 a.m.-3 p.m. Call 423-7302/7885.

4 / Tuesday

Temporary Closure – Contractors will install a concrete ramp and drainage system on the Conroy Bowl side of the Health and Fitness Center, Building 582, Schofield Barracks, through Oct. 4.

A portion of the parking lot between Buildings 582, 555 and 586 will be closed. Call 655-8789.

5 / Wednesday

Employee Town Hall – Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, will host an employee town hall to present garrison updates, 1:30-2:30 p.m., Oct. 5, at the Main Post Chapel, Schofield Barracks, with an interpreter for the hearing impaired.

A date/location for a meeting at Fort Shafer has yet to be determined; USAG-HI employees at Fort Shafter are encouraged to attend the meeting at Schofield Barracks.



Caring for the aina



Top — Corey Yamashita (left), park ranger, COE-HD, spreads mulch as Trent Cayetano volunteers to clean up Kaha Garden at Kawainui Marsh in Kailua for National Public Lands Day, Saturday.

Below — Lt. Col. Doug Guttormsen (left), commander, COE-HD, pulls a chair cushion out of the marsh at Kawainui Marsh in Kailua for National Public Lands Day, Saturday, while Trent Cayetano watches.



Volunteers clean up park during National Public Lands Day

Story and Photos by
ANGELA E. KERSHNER

U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER — More than 30 volunteers descended upon Kaha Garden at Kawainui Marsh in Kailua for National Public Lands Day, Saturday.

National Public Lands Day was started in 1994 by the National Environmental Education Foundation and takes place across the country to promote volunteerism and conservation on public lands.

Volunteers representing the U.S. Army Corps of Engineers, Punahou Army JROTC, Radford High School and the Hui o Koolaupoko organization joined with area residents to clean up garbage, spread mulch and pull invasive species.

Meaning "big water," Kawainui Marsh is adjacent to the levee constructed by COE for flood mitigation. The park's Kaha Garden features many native plant species; however, several invasive species flourish in the marsh and need to constantly be kept in check.

Kristen Mailheau, community coordinator, Hui o Koolaupoko, taught volunteers how to identify invasive species that needed to be removed, including mangroves, Chinese violets, beggar's tick and maile pilau, or "stinky" pilau.

"Kawainui Marsh is such a great national treasure," said Lt. Col. Douglas Guttormsen, commander, COE-Honolulu District. "As members of the community, it was important for me and the district to be a part of this cleanup. National Public Lands Day is an opportunity for everyone to give a little back (and) to really understand what it means to respect and appreciate the land around you."

"Participating in National Public Lands Day was a very worthwhile detour from my normal Saturday activities, (like) kids' sports," said Steve Cayetano, deputy chief, Programs and Project Management, COE-HD, who brought his son Trent along to volunteer. "Together with my son, it was a great way to support the community, learn about different plant species and enjoy the camaraderie of other volunteers amid great weather."

"I feel it is really important for my son to understand the importance of volunteering and being a good steward of our environment," Cayetano added.

In 2010, nearly 150,000 volunteers nationwide pitched in to collect litter and debris; remove invasive plant species, plant trees and shrubs; and build and improve trails.

At COE events last year, more than 13,000 volunteers worked almost 46,000 hours to remove more than 800 tires, clear litter and debris from 260 miles of shoreline, build 48 miles of trails and plant some 1,000 trees and shrubs.

COE has been involved with National Public Lands Day since its inception in 1994.

Corps of Engineers helps students test water resources

Story and Photo by
DINO W. BUCHANAN

U.S. Army Corps of Engineers-Honolulu District Public Affairs

FORT SHAFTER — The U.S. Army Corps of Engineers-Honolulu District staff teamed up with local agencies and students for World Water Monitoring Day activities in the Makiki watershed, Saturday.

Participating in the annual event were the City and County of Honolulu Storm Water Quality Branch, the Hawaii Department of Health's Wastewater and Clean Water branches, Punahou School Mamiya Science Center, the U.S. Department of Agriculture, the Hawaii Nature Center and more than 100 students from Anuenue School.

"The Corps of Engineers has an educational outreach mission, and part of that mission on Oahu is educating the public and students on how the Ala Wai and Makiki watersheds work," said Angela Jones, park ranger at Fort DeRussy, COE-HD. "For World Water Monitoring Day, we encourage students to learn the basics about the watershed (and) allow them to test and analyze stream water using holistic methods."

Students in grades six-12 rotated through nine instructional stations at the Hawaii Nature Center within the Makiki watershed. They learned about enviroscape-modeling, erosion, soil screening, native plant recognition and watershed principles.

They also learned how to use water test kits to analyze water samples from Makiki Stream. Students will upload their data to a special section of the World Water Monitoring Day website, which is then added to data collected worldwide. Students can view the results of

their work online and compare their findings with other students.

Technical experts also discussed water quality and provided GPS equipment training to the students.

Jessie Paahana, biologist, Regulatory Branch, COE-HD, directed an instructional station entitled "Watershed Function," where students symbolically became water or a pollutant flowing through a watershed that was obstructed by boulders, stones, gravel, sand and foliage.

"This demonstration was a great way for students to get a hands-on and visual understanding about how the watershed really works," Paahana said. "It's not easy for water to transit through the watershed. If they remember this basic demonstration out of all of today's events, then I think they will have grasped the watershed water-flow concept."

David White, Punahou School, tried to instill in students a sense of responsibility for the water used each day.

"Water — not only in Hawaii — is a very precious resource," White told the students. "Protecting the environment and watersheds that provide our water resource in Hawaii is vitally important as we are so far away from all other land masses. Most of the fresh water we use and drink comes from watersheds just like the one we are standing in today."

White explained the water cycle and how rainwater works through the watershed and eventually can end up as drinking water.

The City and County of Honolulu, Hawaii's Department of Health and the COE-HD have co-sponsored World Water Monitoring Day since 2003.



Anuenue School students in grades six through 12 test and analyze water from Makiki Stream using test kits and assistance from technical experts and COE-HD staff members.



Today
Hawaiian Luau Lunch Buffet – This \$10.95 buffet is served at the Hale Ikena at Fort Shafter and at the Nehelani at Schofield Barracks, 11 a.m.-1 p.m., every last Friday of the month, except in November and December. Reservations are required for large groups, and come early. Call the Hale Ikena at 438-1974 or the Nehelani at 655-0660.

October 1 / Saturday
Fine Arts for Teens – This class is for teens (12-18) who wish to explore their talents in fine arts. Four Saturday classes in October will cover watercolor basics; the first session is 12:30-1:30 p.m., Oct. 1. Cost is \$45 and includes all supplies. Call 655-4202.

Fort Shafter Cosmic Bowling – Cosmic Bowling starts at 3 p.m., Saturdays, and 1 p.m., Sundays, at the Fort Shafter Bowling Center. Call 438-6733.

Ladies Golf Clinic – Leilehua Golf Course holds a free ladies golf clinic, 1:30-3 p.m., every first Saturday of the month. Call 655-4653.

3 / Monday
Martinez PFC Closures – Portions of Martinez Physical Fitness Center will be closed at various times in October to move exercise equipment and paint. Call 836-0338. Locations and dates follow:
•High-ceiling cardio equipment room, Oct. 3-19.
•Nautilus equipment room, Oct. 4-17.

4 / Tuesday
Knit & Crochet Workshop – Bring your yarn, tools and works in progress to the library. You may even learn a new stitch or gain inspiration from fellow attendees. All sessions are 5-6:30 p.m. Location and dates follow:
•Fort Shafter Library, Oct. 4, Nov. 1 and Dec. 6; call 438-9521.
•AMR Library, Oct. 17, Nov. 21, Dec. 19; call 839-2821.

5 / Wednesday
Harmful and Poisonous Plants – Shirley Black Gerum, an ethnobotany instructor from Chaminade University, will lecture about Hawaii's poisonous plants, 5-6:30 p.m., Oct. 5, at Sgt. Yano Library, Schofield Barracks. Preregistration is requested; call 655-8002.

Shafter's Texas Hold 'em – Test your poker playing skills at Texas Hold 'em, Oct. 5, at Hale Ikena, Fort Shafter. Enjoy food and drink specials all while playing for great prizes. Call 438-1974.

SEE MWR BRIEFS, B-4



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
Food Truck Festival – Food lovers looking for a culinary adventure are invited to experience Eat the Street's food truck festival, "Eat Local, Drink Local," 4-9 p.m., Sept. 30, 555 South St., Kakaako. Visit www.StreetGrindz.com/EatTheStreet.

Haunted Lagoon – Returning for its fourth Halloween season, the Haunted Lagoon at the Polynesian Cultural Center, or PCC, 55-370 Kamehameha Hwy., Laie, consists of a spooky canoe ride through the PCC lagoon. A keiki-friendly ride is also available. Runs Sept. 30-Oct. 30. For tickets, visit www.HauntedLagoon.com.

October 1 / Saturday
All-Girls Rodeo – See barrel racing and breakaway roping at the all-

| Calendar abbreviations |
|--|
| 8th TSC: 8th Theater Sustainment Command |
| 25th ID: 25th Infantry Division |
| ACS: Army Community Service |
| AFAP: Army Family Action Plan |



Gold Star Mothers enjoy a Gold Star Mothers Day Tea hosted by SOS, ACS, DFMWR, USAG-HI, Sept. 23, at Fort Shafter. Lis Olsen (at head of table) is the SOS program manager.

Gold Star Mothers honored at tea

JENNIFER KORANYI
Survivor Outreach Services; Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

FORT SHAFTER – The training room at Army Community Service, here, was filled with women drinking tea, eating dainty sandwiches and pastries, and talking about their children.

A silver tea service gleamed in the light, as vases of large sunflowers drew attention to every table and yellow decorations and balloons filled the room.

"It's like walking into sunshine, said Carol Kruize, who attended the Gold Star Mothers Day Tea, Sept. 23. "It raised my spirits."

The tea was hosted by Survivor Outreach Services; Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii, in honor of Gold Star Mothers.

Kruize, stepmother of Spc. Brian Tabada, said it's nice to know that she isn't alone in her journey of grief. Tabada died in Afghanistan in February, and the family has had a hard time coping with his death.

"The tea is something very nice for a very difficult thing, to bring a little cheer and smile even though the focus of the day is sad," said Loris Wessel, mother of Spc. Kevin Wessel. "The fellowship is important ... being around others who understand. You have strength for each other."

Gold Star Mothers Day was Sunday, and is nationally recognized every year by a presidential proclamation, to honor those mothers who have lost a son or daughter while in service to their country.

Lis Olsen, mother of Cpl. Toby Olsen, and SOS program manager, gave yellow and white lei to every mother who attended the tea. Fe Suyat, mother of Staff Sgt. Randy Agno, made party favors for each mother who attended. She also volunteered to make the favors because the activity made her feel closer to her fellow mothers who have lost a child.

"Making the favors brought me comfort," Agno said, about the second SOS event she's attended.

"The tea was a lovely gathering," said Carol Mikasobe. "I met new friends."

Mikasobe lost two sons-in-law: Sgt. Jensen Mikasobe in 2008 and Sgt. 1st Class Glen Whetten in 2010.

Sonya Miller, mother of Pvt. Timothy Hutton, said the SOS program has helped her deal with her grief in a more productive manner, and it helps survivors cope in going on with their everyday lives. Miller stressed that survivors need to know that they are not alone and that the Army still cares.

SOS events and services provide a connection for SOS families like Chris Guerra, who lost her son Pvt. Gary Guerra in 2008. They connect Gold Star Mothers.

Army honors Gold Star Mothers

The Gold Star tradition has been in our country for nearly a century as a reminder of the men and women who have sacrificed their lives in the service of their nation.

During World War I, flags displayed in homes, businesses, schools and churches bore a blue star for each military service member serving in harm's way.

A gold star was stitched over the blue one when one of the members of the military had given his or her life for the country.

From this simple expression of

community solidarity, Gold Star Mothers – an organization comprised of mothers who have lost a son or daughter in war – was born.

The Army joined all Americans who supported Gold Star Mothers weekend events, Sept. 24-25, to celebrate the memories of lost loved ones and to honor all men and women who serve this great nation.

The weekend was dedicated to women who have been forever changed when their children sacrificed their own lives to keep others free.

The Army is dedicated to providing long-term support throughout the grief process. The Army's Survivor Outreach Services, or SOS, deliver a coordinated, comprehensive and standardized program that meets survivors' needs with dedicated resources.

Being a Gold Star Mother is a distinction no mother wants. These women are an inspiration to all Americans because they exemplify courage, grace and fortitude in the face of incalculable sorrow.

The Army, along with the nation, recognizes their courage and maintains its commitment to support them while honoring the legacy of their fallen – our Soldiers.

(Editor's Note: Information was compiled from Army news releases.)

Survivor Outreach Services

SOS provides long-term support, resources and emotional connections for surviving families of the fallen. Visit www.mwrarmyhawaii.com/survivor-outreach-services, call 438-9285 or email elisabeth.k.olsen@us.army.mil.

parking lot in front of the downtown post office. All municipal lots will remain open and free to the public. Punchbowl Street between King and Beretania streets will be closed to vehicles from 8 a.m. to 4 p.m. Visit www.hawaiiicyd.org.

7 / Friday
Shriners' Oktoberfest – This three-day event, 5:30 p.m., Oct. 7-9, at the Gordon Biersch Restaurant at Aloha Tower Marketplace, Waikiki, is a fundraiser for the local Shriners Hospitals for Children, Honolulu. Authentic German food, drinks and music will be offered. A silent auction with take place throughout the weekend. Visit www.shrinersoktoberfest.com to purchase tickets.

Events follow:
•Oct. 7, Pau Hana and Military Night, an evening for service members and their families.
•Oct. 8, Authentic Oktoberfest with live entertainment, German food and beverages.
•Oct. 9, Keiki Oktoberfest and fun for the entire family.

Talk Story Festival – This event is Oct. 7-8 at the McCoy Pavilion at Ala Moana Park, Honolulu, and is free both nights. This City and County of Honolulu Parks Department features the best storytellers in Hawaii. Visit www.HonoluluParks.com or email jgere@honolulu.gov.

Highlights follow:
•Oct. 7
6-9 p.m., Spooky Stories.
•Oct. 8,
1-4 p.m., Storytelling Workshop.
6-9 p.m., True Life Tales.

8 / Saturday
Oh Baby! Family Expo 2011 – This event is 10 a.m.-5 p.m., Oct. 8-9, at the Blaisdell Exhibition Hall, Neal S. Blaisdell Center, 777 Ward Ave., Honolulu. Cost is \$4.50 and free for children 10 and under. Call 239-7777 or visit www.FamilyExpositions.com.

Hispanic Heritage Festival and Health Fair – This event, in celebration of Hispanic Heritage Month, is 10 a.m.-6 p.m., daily, Oct. 8-9, Kapiolani Park Bandstand, 2805 Monsarrat Ave., Honolulu. It's free and open to the public.

9 / Sunday
Hawaii Fishing and Seafood Festival – This event is 9 a.m.-4 p.m., Oct. 9, on Honolulu's Fishing Village at Pier 38. Discover more than 100 different vendors, taste Hawaii's local seafood, watch live fishing demonstrations, or learn a new casting technique. Enjoy free admission, free parking and shuttle service from Honolulu Community College. Visit www.hawaiiifishingfestival.com.



Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers' Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF and FD
•Sunday services:
- 8:30 a.m. at AMR
-10:30 a.m. at MPC Annex
-11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Monday, 6 p.m. at PH (Bible Study)
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at MPC Annex

Protestant Worship
•Sunday Services
-9 a.m. at FD, MPC and TAMC chapels
-9 a.m. at WAAF chapel, Lutheran/Episcopalian
-10 a.m. at HMR
-10:30 a.m. at AMR

Single Soldiers' Bible Study
•Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service
•Sunday, 6 p.m. at SC.



Joint Base Pearl Harbor-Hickam Memorial Theater
Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.



Spy Kids: All the Time in the World
(PG)
Fri., Sept. 30, 6 p.m.
Sat., Oct. 1, 4 p.m.
Sun., Oct. 2, 2 p.m.
Wed., Oct. 5, 7 p.m.



30 Minutes or Less
(R)
Fri., Sept. 30, 8:30 p.m.

Rise of the Planet of the Apes
(PG-13)
Sat., Oct. 1, 7 p.m.

Final Destination 5
(R)
Thurs., Oct. 6, 7 p.m.

No shows on Mondays or Tuesdays.

Community can end domestic violence

Story and Photo by
STEPHANIE BRYANT
U.S. Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS – U.S. Army Garrison-Hawaii’s annual campaign against domestic violence was launched, here, Monday. Col. Douglas Mulbury, commander, USAG-HI, signed the proclamation at the post conference room.

This year, the Army’s theme is “Together We Can End Domestic Violence. Act Now.”

Mulbury stressed that the theme asks the community – not any one person or group – to take a stand against domestic violence.

“The things that bind us all together are your Army values,” Mulbury said. “For all of you who are married, for all of you who are parents, you know how much you love your spouse and your children. But there are people among your ranks who will inflict their power, dominance and violence against innocent victims, and it is a cancer.

“It is completely against the Army values,” Mulbury emphasized.

An estimated 1.3 million people are victims of physical assault from an intimate partner each year, according to the National Coalition Against Domestic Violence.

Mulbury, who affirmed that domestic violence has no place within the Army, said the signing of the proclamation is just a small part of the initiative.

“It has everything to do with the discipline and the values that make us Soldiers,” Mulbury said. “Soldiers don’t act this way, and Soldiers can stop it.”

Mulbury emphasized to the attendees that if “you suspect a person is a victim of domestic violence, you have a responsibility to act.”

After the proclamation was signed, Naomi Ackerman, a performer who is also a mediator and conflict-resolution specialist, performed her monologue “Flowers Aren’t Enough.”

The monologue tells the story of a young woman who finds herself in an abusive relationship.

Following her performance, Ackerman, who served in the Israeli army, praised the U.S. Army for its choice, as a community, to put an end to domestic violence. She also engaged the audience in di-



Soldiers look at a domestic violence prevention display setup at the post conference room, Schofield Barracks, Monday. USAG-HI’s annual proclamation against domestic violence was signed at the event.

ologue about her performance, domestic violence and personal experiences.

The Department of Defense currently defines domestic violence as a range of different acts by an abuser directed against a person of the opposite sex who is a current or former spouse of the abuser, a person with whom the abuser shares a child, or a current or former intimate partner of the abuser with whom the abuser shares or has shared a home.

The definition has not yet been rewritten to include the recent “don’t ask, don’t tell” repeal.

Domestic Violence Awareness Month

The Family Advocacy Program; Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii, has the following events planned in support of Domestic Violence Awareness Month, or DVAM. Call 655-4227.

•Sept. 30 and Oct. 14, 9 a.m.-3 p.m., Food drive and information booth, Schofield Barracks Commissary and Fort Shafter PXtra.

•Oct. 5, 12 and 19; 10 a.m.-2 p.m., DVAM Information Booth, Tripler Army Medical Center.

•Oct. 6 and 13, 10 a.m.-2 p.m., DVAM Information Booth, Schofield Exchange.

Domestic violence reporting

- Call any of the following numbers for help.
- Local 24/7 Army Community Service Victim Advocacy Helpline, call 624-SAFE (7233).
 - The Victim Advocacy Program, call 655-4779.
 - Social Work Service, call 433-8579/6066.
 - Military Police, call 655-7114 or 438-7114.

Roctoberfest promises a taste of Germany with a thirst for rock ‘n’ roll

JENNY DUONG

Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS – Bust out the brats; Rocktoberfest is back!

The annual event kicks off at 4 p.m., Oct. 7, at the Kolekole Bar and Grill, here.

German food, drinks and games will be rolled out at the Directorate of Family and Morale, Welfare and Recreation version of Munich’s annual Oktoberfest.

“Nothing can compare to Oktoberfest in Germany in my mind, but I’m looking forward to seeing what Rocktoberfest has to offer,” said Sgt. 1st Class Darrell Gatling, 57th Military Police Company, 8th MP Brigade, 8th Theater Sustainment Command.

The event will begin with a ceremonial tapping of the keg. Festivities will continue with live rock music and German inspired games.

Revelers can enjoy traditional German food, such as hot brats and German potato salad, which will be available for purchase. Attendees can buy commemorative Rocktoberfest 2011 steins for \$15, and get the first rounds free.

“FMWR events like these are good; they cost less money for Soldiers as opposed to going downtown,” said Spc. Kenard Gillard. “It keeps them out of trouble down there, and it improves morale.”

Continuing the adults night out theme from last year, DFMWR is making sure Soldiers and family members enjoy themselves. This year, attendees won’t pay a cover charge.

“In this economy, no cover charge is great,” said Sgt. Ezra Bailey. It will definitely bring more Soldiers out.”



Roctoberfest 2011

Enjoy food, adult beverages, music, games and prizes at this adult-only event. Call 655-4466 or visit www.himwr.com.

Army, Navy mix to stage a horror-comedy musical, ‘The Rocky Horror Show’

ARMY COMMUNITY THEATRE
News Release

SCHOFIELD BARRACKS – During football season, the playful rivalry between the Army and Navy takes center stage, culminating in the prestigious Army versus Navy football game.

However, when cast members of the Army Community Theatre stage “The Rocky Horror Show” at the Tropics Warrior Zone, here, in October, they won’t let that rivalry get in the way of putting on a spectacular show for the community.

The cast is made up of Army, Navy, military family members and civilians.

Even though it would be easy for each group to only socialize with each other, the cast quickly gelled into a fully inclusive element.

“I love working with other branches,” said Spc. J.R. Tate, 556th Signal Company, 225th Brigade Support Battalion, 2nd Bde. Combat Team, “Warriors,” 25th Infantry Division. “It’s amazing to see rivalries get put aside for a common goal.”

“Every time I come to rehearsals, I feel like I am coming to see another part of my family,” said Navy Chief Petty Officer Jon-David Crawford. “While it’s a little different than my department at work, because I too consider them extended family, this is different because everyone can be themselves.”

Due to the sensitive nature of the current show, group unity is important to build confidence in tackling such a famous event.

“I was looking for a show that would attract younger audience members and might be appealing to young single Soldiers,” said Brett Harwood, artistic director, Army Community Theatre; Directorate of Family and Morale, Wel-



Courtesy Illustration

Cast members representing the Army and Navy will perform in “The Rocky Horror Show” at the Tropics Warrior Zone, Schofield Barracks, through October. Tickets may be purchased online at www.himwr.com, at the door or at Army Leisure Travel Services.

fare and Recreation; U.S. Army Garrison-Hawaii. “We decided, why not ‘The Rocky Horror Show.’”

With a cult classic like “The Rocky Horror Show,” Harwood is trying to find a balance between fanatics and the people who have never

seen the show before.

“This is a fresh take on a classic,” Harwood said. “It’s all the stuff you want from ‘Rocky Horror,’ plus a whole lot more. It’s not a copy of the film, but

“The Rocky Horror Show”

Do the “Time Warp” with this longtime cult favorite at the Tropics Warrior Zone, Schofield Barracks. Performances are Oct.14-15, 21-22 and 28-29, with a special Halloween performance, Oct. 31.

Doors open at 7 p.m., with a preshow at 7:30. Show starts at 8 p.m., with after-parties only on Saturday nights.

Purchase tickets for \$15 at www.mwrarmyhawaii.com, Army Leisure Travel Services or at the door. Prop bags will be sold at the door. Drinks and pub food will be available before, during and after the show.

Due to adult situations and sexual content, no one under the age of 18 will be admitted; IDs will be checked at the door. Call 438-4480.

much of what you loved from the film is here.”

“This is about fun and audience participation,” Crawford said. “Along with actually being able to participate in the show, you also get to hear some of the military’s and the community’s finest sing and act.”

Although this show will be an event that viewers won’t want to miss, some people will have to.

“Due to adult situations and sexual content, no one under the age of 18 will be admitted,” Harwood said. “Make sure you bring identification, because IDs will be checked at the door.”

CONTINUED FROM B-2

6 / Thursday
Theater Thursdays – Learn the basics of stage acting in the theater program for teens (12-18) and adults to learn the basics of stage acting, 4-5:30 p.m., Oct. 6, 13, 20 and 27. Call 655-8002 to register. Walk-ins are welcome.

Tropics' Texas Hold 'em – Play poker starting at 6 p.m. every Thursday at the Tropics Warrior Zone. All ID cardholders 18 and older are welcome; games are free with no buy in. Call 655-5698.

7 / Friday
Rocktoberfest – This third annual event starts at 4 p.m., Oct. 7, at the Nehelani, Schofield Barracks. Enjoy adult-oriented games, traditional German food and live rock music. No cover charge is assessed for this adults-only event. Call 656-0097.

CONTINUED FROM B-2

Adopt-A-School Day – This annual event, Oct. 9, is sponsored by the Hawaii Jaycees to increase awareness and service to Hawaii schools by beautifying campuses, implementing new school programs, offering career skills training, providing donations and more. Individuals and groups can volunteer. Call 733-5377 or email info@adoptaschoolday.org.

13 / Thursday
Hawaii International Film Festival – This annual event is Oct. 13-23 at Regal Dole Cannery Stadium, 735 Iwilei Rd., Honolulu. Recent releases and films from around the world will be screened daily. Visit www.hiff.org.

14 / Friday
Pretty in Pink Bingo Luncheon – RSVP by Oct. 14 for this Hui O Na Wahine all-ranks Army spouses club luncheon, Oct. 20, Nehelani,

8 / Saturday
Adventure Surfing I – Surf with Outdoor Recreation, 6:30-11:30 a.m., Oct. 8. Cost is \$48. To register, call 655-0143.

10 / Monday
Pool Closures – HMR & AMR pools are open on a seasonal basis. HMR Pool will close Oct. 10-May 30; AMR Pool will close Oct. 10-May 28. TAMC and Richardson pools at Schofield Barracks are open year-round. Richardson Pool operating hours will be reduced Oct. 10-Feb. 28. Visit www.himwr.com for specific hours of operation.

11 / Tuesday
Mini Flag Football – Registration continues through Oct. 11; the season runs Oct. 20-Dec. 15. Children born in 2006 or 2007 are eligible. Cost is \$15. To register, stop by Parent Central Services at either Schofield Barracks or AMR, or call 655-6465 or 836-1923.

12 / Wednesday
ESL – English as a Second Language classes are 9 a.m.-1:30 p.m., Monday and Wednesday, Oct. 12-Nov. 21, at ACS, Schofield Barracks. Call 655-4227.

Schofield Barracks. The event opens at 10:30 a.m. for shopping, with a buffet lunch 11 a.m.-1 p.m. Cost is \$15 and includes lunch. Wear pink to support National Breast Cancer Awareness Month.

To make reservations, last names beginning with A-L are to email huiereservationsal@gmail.com; M-Z, email huiereservationsmz@gmail.com. Spouses must be 2011-2012 members of the Hui to attend the luncheon. Email huionawahine@gmail.com or visit www.SchofieldSpousesClub.com.

Food and New Product Show – This annual event is 5-10 p.m., Oct. 14; 10 a.m.-9 p.m., Oct. 15; and 10 a.m.-5 p.m., Oct. 16, at the Blaisdell Exhibition Hall, Neal S. Blaisdell Center, 777 Ward Ave., Honolulu. General admission is \$3, and \$1 for military with a valid ID. Keiki 12 and under are free with an adult. Call 732-6037 or

14 / Friday
"The Rocky Horror Show" – Performances are Oct.14-15, 21-22 and 28-29, with a special Halloween night performance, Oct. 31, at the Tropics Warrior Zone, Schofield Barracks. Doors open at 7 p.m., with a preshow at 7:30. Show starts at 8 p.m., with after-parties Saturday nights. Purchase tickets for \$15 at the door, online at www.mwrarmy.hawaii.com or at Army Leisure Travel Services. Beverages and pub food will be available.

Due to adult situations and sexual content, no one under the age of 18 will be admitted; IDs will be checked. Call 438-4480.

15 / Saturday
Polo Match – Watch Army Gold versus Army Black in this inaugural polo match, 11 a.m.-5 p.m., Oct. 15, Palm Circle, Fort Shafter. This event is free and open to the public. Activities include military static displays, keiki activities, food, music and retreat. Guests can bring chairs and umbrellas; small pop-up canopies are permitted. Personal coolers are permitted; however, open containers aren't allowed. Guests may purchase alcoholic beverages on site. Call 655-0111/0115 or visit www.himwr.com.

visit www.PacificExpos.com.

15 / Saturday
Volunteers Needed – Volunteers are needed for the Special Olympics Central Honolulu Bowling Tournament, Oct. 15, Schofield Barracks Bowling Center. Shifts are 7 a.m.-1 p.m. Call 943-8808, extension 112.

19 / Wednesday
Splash and Dash Biathlon – Online Registration closes at 4:30 p.m., Hawaii Standard Time, Oct. 19, for this biathlon. Start your morning with a brisk 500-meter swim, 7 a.m., Oct. 22, in Kaneohe Bay, finishing with a scenic 5K that begins and ends at the Hangar 103 pad, Marine Corps Base Hawaii.

This race is open to the general public. Entry fees are \$20 for individuals and \$36 for relay teams. Visit <http://www.mccsha.waii.com/cgfit.shtml>; register at www.active.com.

Flu shots key to prevention

SHARI LOPATIN
TriWest Healthcare Alliance

PHOENIX – It's that time of year again, when your children are throwing a fit about getting the flu shot.

But perhaps, if they see mom or dad getting one, too, they may go more willingly.

Did you know, nine out of 10 healthy people who get a flu shot, don't get the flu? That's according to the Centers for Disease Control and Prevention.

If getting a flu shot is important enough for your children, it's just as important for you.

So, go for your own flu shot when you take your children for theirs. Offer to get your shot first. It will help to relax your children.

If fun or colorful bandages are available, ask to wear one alongside your children.

Finish the flu shot appointment with a treat,

To learn where you can go for your flu shot or for more information on Tricare coverage, visit www.triwest.com/flu.

such as a trip to the park or a healthy fruit smoothie.

To help keep you healthy, Tricare covers all vaccinations recommended by the Centers for Disease Control and Prevention, which include the flu shot or nasal mist. Just make sure you're receiving your vaccinations from a Tricare-authorized provider.

And remember, you can get all your vaccines through local Express Scripts pharmacies supporting your Tricare benefit, too.

Tripler Army Medical Center is also offering flu shots.



Flu shot schedule and locations

Beneficiaries can receive preventative measures at the following locations:

- Joint Base Pearl Harbor-Hickam Immunization Clinic
Monday and Friday, 8-11:45 a.m. and 1-4 p.m.
Tuesday and Thursday, 7:30-11:45 a.m. and 1-4 p.m.
Wednesday, 7:30-11:45 a.m. and 1-2 p.m.
Closed the third Thursday of every month.
- Navy Branch Clinic, Kaneohe Bay
Monday, Tuesday, Wednesday and Friday; 7:30-11:30 a.m. and 1-3 p.m.
Thursday, 7:30-11:30 a.m. and 1-2 p.m.
- Navy Headquarters Clinic, Building 1750, JBPHH
Monday-Friday, 7 a.m.-3:30 p.m.
- Makalapa Clinic, JBPPH
Monday-Friday, 7:30 a.m.-5 p.m.
First Saturday of each month, 8 a.m.-4:30 p.m.
- Schofield Barracks Health Clinic
Monday-Thursday, 7:30-11:30 a.m.
Friday, 9-11:30 a.m.
Monday, Wednesday and Friday, 1-3 p.m.
Tuesday and Thursday, 1-2 p.m.
- Tripler Army Medical Center Immunization Clinic
Tuesday, 1-3 p.m.
Wednesday and Friday, 9-11:30 a.m.

TAMC's Immunization/Allergy Clinic will offer mass vaccinations Oct. 21; 7:30 a.m.-3 p.m. TAMC staff and Department of Defense civilians can get their shots at the clinic Oct. 14 and 28; 7:30 a.m.-3 p.m.

The Exchanges will also host several mass

vaccination events:

- Pearl Harbor NEX, Oct. 14 and 15, 9 a.m.-2 p.m.
- Hickam BX, Oct. 15, 9 a.m.-2 p.m.
- Schofield Exchange, Oct. 22, 9 a.m.-2 p.m.
- Fort Shafter Exchange, Oct. 28, 9 a.m.-2 p.m.
- Kaneohe Bay MCX, Oct. 29, 9 a.m.-2 p.m.

Local schools will offer their own vaccinations for students:

- Barbers Point Elementary School, Kapolei, Oct. 21, 8 a.m.-noon.
- Moanalua Middle School, Honolulu, Oct. 25, 8 a.m.-noon.
- Kailua Intermediate School, Kailua, Oct. 28, 8:45 a.m.-12:45 p.m.
- Navy Hale Keiki School, Honolulu, Nov. 3, 8:30-10:30 a.m.
- Solomon Elementary School, Schofield Barracks, Nov. 3, 8 a.m.-1 p.m.
- Hickam Elementary School, JBPHH, Nov. 15, 8:30-11:30 a.m.
- Iroquois Point Elementary School, Ewa Beach, Nov. 15, 8 a.m.-noon.
- Wheeler Elementary School, Wheeler Army Airfield, Nov. 16, 8:15-11:15 a.m.
- Mokapu Elementary School, Kailua, Nov. 17, 8:30 a.m.-12:30 p.m.
- Mokulele Elementary School, JBPHH, Nov. 17, 8 a.m.-noon.
- Shafter Elementary School, Fort Shafter, Nov. 18, 8-11 a.m.
- Pearl Harbor Kai Elementary, JBPHH, Dec. 1, 8 a.m.-noon.
- Hale Kula Elementary School, WAAF, Dec. 2, 8 a.m. to 1 p.m.

Tricare reduces pharmacy home delivery copays

TRICARE
News Release

FALLS CHURCH, Va. — Copayments for some medications provided through Tricare Pharmacy Home Delivery are being reduced to zero.

As of Oct. 1, home delivery beneficiaries may fill generic prescriptions at no cost to themselves.

Generic formula drugs purchased through home delivery currently cost \$3 for a 90-day supply.

“These new copays make using Tricare Pharmacy Home Delivery more affordable than ever,” said Navy Rear Adm. Christine Hunter, deputy director, Tricare Management Activity. “Home delivery offers a great value for patients taking maintenance medications for chronic conditions.”

The following changes to Tricare pharmacy copayments also go into effect Oct. 1:

- Non-formulary medications will go from \$22 to \$25 in both retail and home delivery.
- Generic formulary drugs purchased at retail pharmacies will increase from \$3 to \$5.
- Brand-name formulary drugs from retail pharmacies will increase from \$9 to \$12.
- Brand-name formulary drugs purchased through home delivery will have the same \$9 copayment.

Copayments for prescriptions filled through home delivery cover a 90-day supply but only cover a 30-day supply when purchased at a retail pharmacy.

“This is the first change to Tricare pharmacy copays since 2002,” Hunter said. “Our goal is to keep costs as low as possible for our beneficiaries and (Department of Defense).”

Service members, military families and retirees are increasingly using home delivery to get their maintenance medications conveniently delivered through U.S. mail.

Use of home delivery has grown by nearly 10 percent in 2011. More than 1 million prescriptions per month are filled through the service.

Tricare resources

- For more information about the Tricare pharmacy, new copayment rates or home delivery, visit www.tricare.mil/pharmacy.
- Sign up for Tricare email updates at www.tricare.mil/subscriptions.
- Connect with Tricare on Facebook and Twitter at www.facebook.com/tricare and www.twitter.com/tricare.

Annual mammograms key to early detection

TRIPLER ARMY MEDICAL CENTER PUBLIC AFFAIRS
News Release

HONOLULU — Walk-in mammograms for all eligible beneficiaries will be offered at Tripler Army Medical Center’s Department of Radiology, here, in October.

October is Breast Cancer Awareness Month.

“The only requirements for these well-women exams are that the females are eligible for care, they are over 40 years of age, it has been 11 months or more since their last screening and they show no symptoms (no new lump or bump),” said Col. Anthony Allen, chief, Dept. of Radiology.

All the major health organizations in the U.S. agree that all women should get a mammogram every year after they reach 40 years of age.

“Women who get annual mammograms are less likely to die of breast cancer than women who do not,” said Dr. Michael Click, chief, Women’s Imaging, Dept. of Radiology.

Breast cancer is the second leading cause of

cancer deaths in women after lung cancer. Thanks to improvements in early-detection methods, patient awareness and improved treatment, millions of women are surviving breast cancer today.

“We already offer self-referral for appointments, but want to go that one step further this October by providing the walk-in mammography service,” Allen said. “We want to reach out to as many of our patients as possible, to ensure they receive this vital service when it is needed most — each and every year after 40.”

Since 1985, mammogram rates have more than doubled for women ages 50 and older, and breast cancer deaths have declined. If all women age 40 and older took advantage of early detection methods — mammograms plus clinical breast examinations — breast cancer death rates would drop much further.

This fact is especially important for women older than 65 who are less likely to get mammograms even though breast cancer risk increases with age.



Mammogram Appointments

Walk-in clinic for mammograms will be held 8 a.m.-noon; Oct. 5, 12, 19 and 26; in the Radiology Dept., TAMC.

The Schofield Barracks Health Clinic and TAMC have self-referral programs for women 40 and older who are patients of the Internal Medicine or Family Practice clinics. Women can walk into Radiology and schedule their own mammogram appointment, or call the TAMC appointment line at 433-2778; dial options 8 and 5.

TAMC to host medication turn-in, counseling

TRIPLER ARMY MEDICAL CENTER PUBLIC AFFAIRS
News Release

HONOLULU — Eligible beneficiaries can get assistance with their medications at two special events during the month of October at Tripler Army Medical Center’s main outpatient pharmacy, here.

October is National Pharmacy Month.

Counseling sessions will be available in the outpatient pharmacy’s refill waiting area, Oct. 3-7.

Eligible beneficiaries can bring their medications from home and discuss them with clinical pharmacists.

Beneficiaries should call 433-2694 to schedule private appointments with a pharmacist.

Eligible beneficiaries can drop off old, expired, discontinued or unwanted medications at the outpatient pharmacy’s refill window for screening and disposal, Oct. 18-20.

Due to laws and regulations, only regular prescription medications may be turned in to the pharmacy. Controlled substances, used or unused syringes, Coumadin (warfarin), lancets, needles or test strips won’t be accepted.

Pharmacy personnel will screen medications to ensure no laws or regulations are violated. If patients have any medications that can’t be accepted at the pharmacy, pharmacy personnel will return them to patients and provide information regarding safe and legal disposal.

