

SEE 3rd BCT, A-3

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The Hawaii Army Weekly is printed by The Honolulu Star-Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army, Hawaii.

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army, or The Honolulu Star-Advertiser, of the firms, products or services advertised.

HAWAII ARMY WEEKLY
Commander, U.S. Army Garrison-Hawaii
Col. Douglas S. Mulbury
Director, Public Affairs
Dennis C. Drake
Chief, Internal Communication
Aiko Rose Brum, 656-3155
aiko.brum@us.army.mil
Managing Editor
Lacey Justinger, 656-3488
editor@hawaiiarmyweekly.com
News Editor
Vanessa Lynch, 656-3150
vanessa@hawaiiarmyweekly.com
Pau Hana Editor
Vickey Mouze, 656-3156
community@hawaiiarmyweekly.com
Layout
Nicole Gilmore
Web Content
Stephanie Rush, 656-3153
stephanie.anne.rush@us.army.mil
Advertising: 529-4700
Classifieds: 521-9111
Editorial Office: 656-3155/3488
Address:
Public Affairs Office
742 Santos Dumont Ave., WAAF
Building 108, Room 304
Schofield Barracks, HI 96857-5000
Website:
www.hawaiiarmyweekly.com

Nondelivery or distribution problems in Island Palm Community housing areas? If so, call 656-3155 or 656-3488.

234 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 5/19/11.

Voices of Ohana

“The Asian-Pacific food, ceremonies and holidays are my favorites.”

Spc. Jeramie Crupper
HSC, 209th ASB, 25th CAB, 25th ID

“What I love is it’s very family oriented. It’s all about coming together as one and being a family, whether you’re a Pacific-Islander or not.”

Staff Sgt. Marc Dibernardo
Co. E, 2nd AHB, 25th Avn. Regt., 25th CAB, 25th ID

“All of the food I have come into contact with since I came to the island, especially the raw fish.”

Staff Sgt. Martin Greene
Co. F, 3rd Bn., 25th GSAB, 25th CAB, 25th ID

“The dances, particularly the hula. I went to a festival on the Big Island and saw some dances. It was really great.”

Spc. Patrice Miles
HHC, 25th CAB, 25th ID

“The all-around diversity of the Asian-Pacific culture and the warm embrace you receive upon your arrival to Hawaii.”

Staff Sgt. Peter Warner
HHC, 25th CAB, 25th ID

May is Asian-Pacific American Heritage Month

What is your favorite aspect of Asian-Pacific culture?

Photos by 25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

Ask the Garrison Commander!

COL. DOUGLAS MULBURY
Commander, U.S. Army Garrison-Hawaii

The “Ask the Garrison Commander” program is designed as a communication tool to allow Soldiers, civilians and family members to get their concerns addressed and questions answered.

Generally, I answer questions of community-wide impact. However, all submitted questions come directly to me. Directorates and support staff research queries and provide responses.

Several community members submitted questions to me via the Ask the Garrison Commander email address and through the U.S. Army Garrison-Hawaii web link at www.garrison.hawaii.army.mil/comments/contactgc.aspx.

These communication tools are provided to allow Soldiers, family members and civilians who live and work on the installation to get their concerns addressed and answered.

Q: The folks who give the Civilian Education System courses in Virginia and Kansas are willing to come to Hawaii and present their training to those of us who are unable to travel or be away in temporary duty for extended periods of time. They only require 30 or more students per class to bring this training to Hawaii. Could we please ask them to come to Hawaii, as this would be a big help to many of us and also save our limited government travel dollars?

A: The Army Management Staff College recently expanded its CES training program

Mulbury addresses CES courses, safety and parking concerns



Mulbury

to include a Mobile Education Team, which brings classes on-site to better support those individuals who, for various reasons, are unable to attend this important training on the mainland. Unfortunately, the MTT’s schedule is fully booked for fiscal year 2011. AMSC expects to continue this program throughout fiscal year 2012 and possibly beyond.

Because of the installation-wide scope of this program, (coordination, responsibilities and requirements) from USAG-HI, Installation Management Command-Pacific Region Headquarters, U.S. Army-Pacific, Tripler Army Medical Center and all other tenant activities, the proponents best suited for this program are the Workforce Development offices at IMCOM-Pacific and USARPAC.

Refer any questions or comments to IMCOM-Pacific at 438-2077 or USARPAC at 438-0959.

Q: We live on McCornack Lane next to the Kolekole Shoppette, where there is a tree growing right next to power pole. The kids like to climb the tree and then slide down the power pole’s guide wire. I think this is dangerous, and either the tree should be removed or the wire relocated. Also, our neighborhood doesn’t have a playground.

A: After looking into your concerns, the Directorate of Public Works agreed with your assessment that the tree’s location next to a high-voltage utility pole was creating a dangerous situation

and, in coordination with Island Palm Communities, took immediate action to have the tree removed.

Construction of a new tot-lot on Hendrickson Loop is ongoing and will soon be completed.

Q: Why are the military police not allowed to ticket vehicles parked in areas clearly posted as “no parking” zones? I think this sends the wrong message to our children when they see their parents doing something that is clearly wrong and the MPs failing to take any corrective action.

A: Our Department of the Army civilian police and MPs are both allowed to ticket vehicles for illegal parking. However, given the extremely limited number of approved parking spaces throughout our installations, this authority is not always actively enforced, particularly when there is not adequate parking in the immediate area.

While our civilian police and MPs are given a certain degree of leeway in this regard, they will always cite parking violations when improperly parked vehicles infringe on the ability of fire and emergency vehicles to negotiate streets and access a scene.

To submit an “Ask the Commander” question, send an e-mail to AskTheCommander.usaghi@us.army.mil. For more information, call Bill Lenharr (656-0611) at USAG-HI Command Group, or call Aiko Brum (656-3155) at USAG-HI Public Affairs.

Community becomes MPs’ eyes, ears

CHRIS GRAVES
Deputy Director, Directorate of Emergency Services

WHEELER ARMY AIRFIELD – What is a Neighborhood Watch program?

A Neighborhood Watch is a very important crime prevention tool that opens a line of communication between police and citizens.

With a Neighborhood Watch in place, residents can be the eyes and ears of law enforcement.

Not only does a Neighborhood Watch allow residents to help in the fight against crime, it’s also a bonding opportunity for communities.

Residents have control of this program, and they can have meetings anywhere, at community centers, parks or even in the carport of one of the residents. At these meetings, residents can have guest speakers attend, such as a representative from the police department to explain crime trends in a community. In addition, the police officer can offer crime prevention tips on how citizens can help take care of their community and be the eyes and ears for the police.

U.S. Army Garrison-Hawaii’s Directorate of Emergency Services has two community-oriented policing officers dedicated to the revamped Neighborhood Watch program. Area North, headquartered out of Schofield Barracks, has Mindy Dye; Area South, headquartered out of Fort Shafter, has Susan Manuma. Both officers are experienced, high-

ly-trained Department of the Army civilian police officers. Their major duties will be to police the community.

Dye and Manuma are responsible for coordinating Neighborhood Watch efforts for military and civilian communities on all Army installations here in Hawaii. A large part of their duties will be to interact with community leaders and members; to attend resident advisory panel, or RAP, meetings; and to train and prepare volunteers to work within their communities.

Both of these officers are active in housing RAPs, which meet regularly in the community. Come out and bring your issues and comments. This resource aids residents, but it requires community members’ participation and support.

Remember, when you witness something that does not seem right, there is a good chance it’s not. Go with your gut feeling and report it. Be the eyes and ears of law enforcement. Be that concerned neighbor.

Neighborhood Watch

Residents can contact Dye through the Police Desk at 655-7114 or at mindy.s.dye@us.army.mil. Call Manuma through the Police Desk at 438-7114 or email susan.manuma@us.army.mil.

Hurex: Patience needed during drills

CONTINUED FROM A-1

systems, emails and websites during the exercise.

Do not be alarmed. This is only an exercise. USAG-HI leaders ask for the Army community’s patience, understanding and support during this important exercise.

(Editor’s Note: Barker is the installation management emergency officer.)

For updates on this exercise or in the event of a real incident, take these actions:

- Turn to installation channel TV2;
- Visit www.facebook.com/usaghawaii;
- Follow www.twitter.com/usaghawaii; and
- Use www.ready.army.mil to prepare for a hurricane, get a kit, make a plan and stay informed.

Sergeant charged, found guilty of being AWOL

Q: Why does the Hawaii Army Weekly publish courts-martial findings?

A: The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.

The Office of the Staff Judge Advocate, 25th Infantry Division, publishes the results of the following recent courts-martial.

A sergeant from 3rd Battalion, 7th Field Artillery Regiment, 3rd Brigade Combat Team (Rear-Provisional), 25th Infantry Division, was found guilty of one specification of being absent without leave and was found not guilty of one specification of wearing unauthorized badges.

He was sentenced to a reduced grade of private and to be confined for six months.

Parents need to take time to teach wisdom

CHAPLAIN (MAJ.) LESLIE FORBES-MARIANI
Chaplain Resource Manager

When I was a kid, my family spent time camping together during the summer months.

We played games, and in the evening, we sat around the campfire and tried to sing in harmony.

It is amazing how the lazy days of summer in my life have developed into my fast-moving, keep-it-all-together, current timetable. Yet, I know the effort I must take to spend quality time with my kids now is worth everything.

The time I spent with my parents was a great influence on my life. But I now understand the difficulty my parents had in balancing family and work.

My parents were role models for me growing up. I learned how to be in a relationship, communicate and share from them.



Forbes-Mariani

When reading Proverbs 4, I pondered the father’s advice to his son. From a young age, the father instructed his child about wisdom and understanding. The father wanted his child to take this instruction to heart, because the future benefit would be grace, glory and guidance to stay on the right path.

As a parent, I need to spend time with my children to teach them to stay on the right path. I cannot rely on the world to teach them the things I value or to instruct them in wisdom and understanding. These things are responsibilities I need to carry out for my family and myself, as I am listening to my heavenly father, and in turn, instructing my children to live well.

Your child is your treasure. Keep them safe, teach them well and spend real time with them.

The rewards of your time will be to see your child learn wisdom and understanding, and to see your child model the values you gave them to others.

You will never regret the time you spend with your child.



Soldiers assigned to 1st Bn., 14th Inf. Regt., “Golden Dragons,” 2nd BCT, 25th ID, render honors as the American flag is lowered for the last time at COL McHenry during a base transfer ceremony in Kirkuk province, Iraq, May 15.

‘Golden Dragons’ return base to Iraqis

Story and Photos by
SPC. ANDREW INGRAM
U.S. Division-North Public Affairs

CONTINGENCY OPERATING LOCATION MCHENRY, Iraq — U.S. Soldiers officially transferred responsibility of Contingency Operating Location McHenry to the Iraqi government during a ceremony, here, May 15.

The return of COL McHenry, or Mo Oscar Bagarrah as its known to the Iraqi people, represents a big step toward the completion of U.S. forces’ mission in Kirkuk province, said Lt. Col. Andrew Ulrich, commander, 1st Battalion, 14th Infantry Regiment, “Golden Dragons,” 2nd Brigade Combat Team, 25th Infantry Division.

“The transition of Mo Oscar Bagarrah is one of the first and most important transitions in Kirkuk,” Ulrich said. “Although we are leaving our footprint, here, we will continue to advise, train and assist. I have full confidence that the Army and the partnered security forces gathered, here, today, are ready for this transition.”

The Golden Dragons officially transferred the base and its remaining facilities to Staff Brig. Gen. Mohsin, commander, 46th Bde., 12th Iraqi army Div., who represented the Government of Iraq.

The Golden Dragons will be the last U.S. unit to occupy the base, and Soldiers worked diligently with their Iraqi counterparts to ensure the safety of the people of Iraq, Ulrich said.

“We built a lasting and meaningful personal relationship that assured me that we could call on the Iraqi Security Forces at any time, and they would respond without hesitation,” Ulrich said. “Hopefully, we instilled the same trust in our partners, and they now know they have a lasting friend in the American Soldier and the American people.”

COL McHenry served as one of the oldest U.S. operating locations in Iraq, established during the first year of Operation Iraqi Freedom.

Along with IA and Iraqi police units, Soldiers in 1st Bn., 14th Inf. Regt., 2nd BCT, have seen a drastic decline in violence and increase in public safety, medical health and economic growth, Ulrich said.

“Eleven months ago, our battalion moved into Mo Oscar Bagarrah with the mission to advise, train and assist the (ISF) in providing security for their people,” Ulrich said. “We were not surprised to find that they needed very little assis-



Staff Brig. Gen. Mohsin (left) commander, 46th Bde., 12th IA Div., officially takes responsibility of COL McHenry from Lt. Col. Andrew Ulrich, commander, 1st Bn., 14th Inf. Regt., 2nd BCT, 25th ID, during a base transfer ceremony, May 15.

tance and were very competent.”

Col. Michael Pappal, commander, 1st Advise and Assist Task Force, said the transfer of COL McHenry represents ISF’s ability to continue taking full responsibility for the safety and protection of its people.

“The closure of this camp does not signify that we will be pulling away from our advise, train and assist mission with the Iraqi police, the IA and the Regional Guard Bde.,” Pappal said. “Those relationships with our partners in arms will continue and remain strong into the future.”

Ulrich thanked his Iraqi counterparts for their hard work, sacrifices and dedication to Iraq and its people, while training and working with the Golden Dragons.

“It is with great pride that we end our time at Mo Oscar Bagarrah on a high note, surrounded by all our security partners who have the peoples’ best interest in mind,” Ulrich said during the ceremony.

3rd BCT: ‘Wolfhounds’ continue unit’s 60-year tradition

Deployed Forces

CONTINUED FROM A-1

still need that same support, today.

“When we passed those helmets around, it gave me a chill knowing that Wolfhounds in another combat zone, 60 years ago, did exactly the same thing,” said Lt. Col. Daniel Wilson, commander, 3rd BCT. “That simple gesture cemented our place in the long line of Wolfhounds who have established a unique reputation for ferocity in battle and compassion to those less fortunate.

“It also reinforced a valuable lesson to our Soldiers, in that, despite the rigors and dangers of combat, we must never lose our humanity,” he continued, “for that is what makes the U.S. military the best in the world.”

Much like the Wolfhounds of 1951, Soldiers with Company A, 2nd Bn., 27th Inf., 3rd BCT, located at Combat Outpost Pirtle King, here, passed helmets and collected donations while taking small arms fire. And, as if taking collection under fire wasn’t enough, Co. A, 2nd Bn., 27th Inf., 3rd BCT, raised the most money for the charity.

“I wish I had more money to give,” said Staff Sgt. Roberto Ceballos, platoon sergeant, Co. F, 2nd Bn., 27th Inf., 3rd BCT.

“It felt good that we’re going to be able to provide for those kids,” said Sgt. Brittany Freeman, supply sergeant, Co. F, 2nd Bn., 27th Inf., 3rd BCT. “I couldn’t bear the thought of my niece having to do without proper food or shelter, so if I can help other children receive the care they need, then I am more than happy to do so.”



Spc. Andrew Ingram | U.S. Division-North Public Affairs

The Purple Heart

CONTINGENCY OPERATING SITE WARRIOR, Iraq — 1st Lt. Jonathan Humphrey (right), platoon leader, Company A, 1st Battalion, 14th Infantry Regiment, 2nd Brigade Combat Team, 25th Inf. Division, receives the Purple Heart Medal from Maj. Gen. David Perkins, commander, 4th Inf. Div. and U.S. Div.-North, during a ceremony, here, April 28. Humphrey received the medal for injuries sustained when an improvised explosive device detonated near his platoon.

3rd BCT legal section processes Afghans’ claims for damages, repayments



Spc. Kamal Jefferson (left) and Sgt. 1st Class Hainrick Panuelo, both with 3rd BCT, 25th ID, speak through an interpreter (standing) to Parwan Malikzai, a resident of the Karga Village, located in the Khogiani District, Afghanistan, about his legal claim at Forward Operating Base Fenty, May 11.

Story and Photo by
SPC. HILLARY RUSTINE

3rd Brigade Combat Team Public Affairs, 25th Infantry Division

NANGARHAR PROVINCE, Afghanistan — The legal section of “Task Force Bronco,” 3rd Brigade Combat Team, 25th Infantry Division, has a multitude of functions.

The local Afghan population, however, is most aware of its ability to process claims for damages.

The legal section receives claims of damages, which may be caused by the U.S. Army, from the local Afghan population and then processes them for repayment.

“The intake process of claims from local nationals is one of the many ways we are keeping relations open with (local Afghans),” said Sgt. 1st Class Hainrick Panuelo, noncommissioned officer in charge, legal section, 3rd BCT.

“This is an interesting learning experience for me, (that is,) seeing how we do our part of the (counterinsurgency mission),” said Spc. Kamal Jefferson, paralegal, 3rd BCT, about his first time deploying in the position, after changing his military occupational specialty.

Only non-combat-related claims are authorized for payment, and the most common damage

reported is vehicle damage.

The narrow streets of Afghanistan coupled with the bulky, up-armored military vehicles can readily lead to accidents.

“When my vehicle was hit, they stopped and helped me. I appreciated the apology and help,” said Abdul Rahim, of Alihgar Village in Laghman District, here, who filed a claim because of an accident with an American convoy.

Americans and Afghans are more than willing to work together to reach agreements.

“I’m excited. This is the first interaction I’ve had with locals, and this will be one of the only ways we can interact with the Afghans,” Panuelo said.

“The U.S. forces are helping and are very welcoming. They pay for the damages graciously,” said Parwan Malikzai, from Karga Village, Khogiani District, here, who also had an accident with a convoy.

Even under the circumstances, the meeting of U.S. Soldiers and Afghan locals is one of cooperation and curiosity. U.S. Soldiers learn about the Afghan culture, and Afghan locals are able to dispel some of the negative myths, which may circulate about Soldiers.

During the meetings, stories are told, repairs are tallied and friends are made.

124th: Team members ready to tackle mission

CONTINUED FROM A-1

stability operations and support operations.

The medical detachment consists of six personnel who can be divided into two teams. Each team has the capability to provide ocular examinations to detect, prevent, diagnose, treat and manage ocular-related disorders, injuries, diseases and visual dysfunctions on the battlefield. The teams can also provide spectacle fabrication, frame assembly and repair services to brigade and non-brigade units in the area of operations.

In her remarks, Maj. Debra McNamara, commander, 124th Med. Det., expressed high expectations of the unit. She said team members are highly trained on their individual tasks, and they have completed a field training exercise, a certification exercise and two theater security cooperation missions to Cambodia and the Philippines

to train on mission-essential tasks.

“We are proud to serve and ready to deploy,” McNamara said. “The training and missions were great learning experiences for both the 124th Med. Det. and the 18th MEDCOM (DS) staff sections.

“The 18th MEDCOM (DS) helped the 124th Med. Det. with training and preparation for deployment, while also preparing to get its first unit out the door,” she said. “This is another milestone for the 18th MEDCOM (DS).”

Staff Sgt. Demeteres Files, noncommissioned officer in charge, 124th Med. Det., will help McNamara lead the first team into theater. The second team will deploy later this year.

“Being the first out of any unit to deploy is always hard, so we’re going to do what we need to do to set a high standard for followers of the 124th Med. Det.,” Files said. “I think that we are ready for this and will take on any challenges that may seem difficult.”



Lt. Col. Debra McNamara (left), commander, 124th Med. Det., 18th MEDCOM (DS), stands in front of the formation, as the unit prepares to case its colors for an upcoming deployment to Afghanistan during a ceremony on Fort Shafter, May 13.

706th EOD Co. conducts exchange with Singapore army

706TH EXPLOSIVE ORDNANCE DISPOSAL COMPANY
303rd EOD Battalion, 45th Sustainment Brigade,
8th Theater Sust. Command

FORT SELARANG, Singapore — U.S. and Singaporean Soldiers learned lots from one another during a recent subject matter expert exchange, or SMEE.

The 706th Explosive Ordnance Disposal Company, 303rd EOD Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command, conducted a productive, interactive SMEE with the 36th Combat Engineers of the Singapore army.

In turn, the Singapore army EOD hosted several social events for 706th EOD Co. representatives to facilitate further discussion on EOD operations.

“We welcome the U.S. EOD operators,” said the commander of the 36th Combat Eng., Singapore Army. “I hope this is just the first of many such opportunities for our forces to interact.”

The U.S. team consisted of Staff Sgt. Justin Talbert, Staff Sgt. Christopher Gray and Sgt. 1st Class Kieran Dollard, all of 706th EOD Co.; Capt. Thomas Vail, commander, 706th

EOD Co.; and Special Agent Sam Mum, bomb technician, FBI.

“We always welcome exchange missions,” Vail said, “but this is one of the best bomb squads in Asia. Their skills in rendering safe ordnance (removal and disposal) using alternate techniques are very impressive.”

The Japanese Imperial Army and the allied forces in World War II extensively fought over Singapore, and the 36th Eng. Bn. continually responds to unearthed ordnance from that era. Plus, the small size of the island has created unusually difficult conditions for the Singapore Army’s EOD forces when disposal of ordnance is necessary.

“This exchange is very valuable,” Talbert said. “The Singapore Army EOD is a world-class organization, and we are better for spending this week with them.”

Vail said the great thing about this exchange was that the U.S. and Singaporean EOD teams have a nearly identical mission.

“We both share a homeland defense mission and a wartime mission, meaning we have to remain ready for both missions at any moment,” Vail said. “This exchange is very valuable for just that reason, our compatibility.”



Courtesy Photo

Staff Sgt. Justin Talbert and Staff Sgt. Christopher Gray, both with 706th EOD Co., 303rd EOD Bn. 45th Sust. Bde., 8th TSC, discuss their approach to a suspected improvised explosive device with their Singapore army counterpart.



Spc. Francisco Banglo, 302nd TTB, 9th MSC, performs routine maintenance on a forklift during Exercise Golden Mariner, in Concord, Calif., May 1. Hawaii-based Reserve Soldiers of the 302nd TTB took the lead at this year’s exercise when civilian workers went on strike, setting new standards and completing the mission in record time.

Hawaii’s reservists leave their mark

Story and Photo by
SPC. PHIL REGINA
305th Mobile Public Affairs Detachment

CONCORD, Calif. — When civilian workers went on strike due to a labor dispute, Hawaii-based U.S. Army Reserve Soldiers of the 302nd Transportation Terminal Battalion, 9th Mission Support Command, took the lead at Exercise Golden Mariner, here, April 1-May 6.

Exercise Golden Mariner is an annual Army Reserve exercise, in which Soldiers take part in the packing and unpacking of various supplies from shipping containers, and the loading of packed containers onto naval barges for shipment to various Army bases throughout the U.S.

“Unlike other exercises where Soldiers perform simulated tasks to demonstrate their job proficiency, during this exercise, our Soldiers got the opportunity to take part in a real-world mission,” said Lt. Col. Andrew Troske, commander, 302nd TTB.

Troske explained that their mission came with its fair share of unexpected challenges.

“The civilian contractors who usually oversee all operations on base went on strike prior to us arriving,” Troske said. “When we arrived, the shipments were six days behind. We essentially took control of shipping operations throughout the whole exercise.

“We completed the mission in record time,” Troske continued. “Our Soldiers set a new standard.”

Given the unique and difficult circumstances that

took place, many reservists were asked to go above and beyond their rank to complete the mission.

“I’m only a private first class, but they really trusted me with a lot of responsibility,” explained Pfc. Tiffany Caliboso, human resources specialist, 302nd TTB. “I’ve been put in charge of keeping track of the various containers we’ve packed throughout the exercise.”

Accountability of the supplies was one of the more important aspects of the mission.

“Each of the containers must be accounted for at all times, if not, the entire exercise is shut down until we find it,” Caliboso said. “That type of importance on accountability has truly taught me why it’s important to maintain accurate and up-to-date records of everything going on. It’s taught me why my job is important.”

Brig. Gen. Michele Compton, commanding general, 9th MSC, recognized the Soldiers from the 302nd TTB.

“The Army Reserve Soldiers did an absolutely superb job,” Compton said. “With the ongoing labor dispute, they executed the mission without the traditional union work force that is routinely present. The creativity and efficiency of the Soldiers resulted in completion of the mission ahead of schedule, while maintaining a focus on safety.

“Truly a m a z i n g ,” C o m p t o n emphasized.

Signaleers solve connection problems

Specialist saves the day with
homemade cable ingenuity

**1ST LT. DAVID A. RICHARDS &
1ST LT. MICHAEL A. HAYDEN**

307th Expeditionary Signal Battalion, 516th Sig. Brigade, 311th Sig. Command

CLARK AIR BASE, Philippines — Signaleer skills came in handy, here, recently, to get global connectivity back on the grid.

Soldiers of Company A, 307th Expeditionary Signal Battalion, 516th Sig. Brigade, 311th Sig. Command, used their skills to address and fix problems on routers, switches, call managers and other network-related devices.

Their expertise was especially needed when the Defense Switched Network, or DSN, wouldn’t come online for a Joint Network Node, or JNN.

The JNN had successfully provided both non-secure Internet protocol router and secure Internet protocol router services to the U.S. Army-Pacific Contingency Command Post. The team, however, had been relying on an alternate circuit to another communications node to supply DSN voice services.

After days of nonstop troubleshooting, Co. A, 307th Expeditionary Sig. Bn., 526th Sig. Bde. Soldiers; General Dynamics Field Service representatives; and Communications-Electronics Command Logistics Assistance representatives narrowed the problem to a bad connection between two pieces of equipment — otherwise known as a cable.

The cable had already been replaced once due to equipment damage during shipping.

Without the flexibility of swapping out larger components of the system to test the current cable, Sgt. Adam Starnes, team chief, JNN, Co. A, 307th Expeditionary Sig. Bn., 526th Sig. Bde., suggested trying to build a replacement cable.

“Without replacements to test the other parts, it made sense to try a new cable,” he said. “We had to come up with the next step.”

Even though the cable had been changed once before, the team used its collective training and expertise and decided to try again. With no qualified cable systems installer-maintainer on the JNN team, Spc. David Gasaway, in-



Sgt. Joseph Shinskey | 307th Expeditionary Sig. Bn., 516th Sig. Bde., 311th Sig. Command

Sgt. Adam Starnes (right) works with Spc. David Gasaway, both with Co. A, 307th Expeditionary Sig. Bn., 516th Sig. Bde., 311th Sig. Command, on constructing a homemade cable to replace faulty cabling for a JNN system during an exercise, recently.

formation systems operator-analyst, Co. A, 307th Expeditionary Sig. Bn., 516th Sig. Bde., saved the day. He made a cable from scratch — and with a little help from Google.

Gasaway had been cross-trained to make cables and was assigned the task of fabricating the replacement crossover cable. Having never made this crossover cable before, he took the obvious first step and Googled it.

“It’s the first place to look,” Gasaway said. “Google will find the answer.”

Armed with a picture of a proper pin diagram, a pair of crimpers, some category-5 cable and two RJ-45 ends, Gasaway went to work. Within a couple of hours, he had installed his new homemade cable.

After implementing a few minor configuration changes to the call manager, JNN was successfully making and receiving DSN telephone calls. Soldiers deployed in the Philippines were soon communicating all over the world.

The JNN effectively connected more than 100 customers, including five senior leaders in USARPAC, as part of a certification exercise.

Because the team refused to quit in the face of unexpected challenges, it was ultimately able to provide DSN voice services, truly living up to the 516th Sig. Bde.’s motto, “Voice of the Pacific.”

8th TSC validates units on Base-X equipment, deploys FCP

Story and Photo by
SGT. PHILLIS WHITE

8th Theater Sustainment Command Public Affairs

FORT SHAFTER FLATS — Bad weather did not prevent members of the 8th Theater Sustainment Command from successfully setting up a Base Exercise Operations Center and configuring it as a Forward Command Post, here, May 2-6.

The five-day exercise, a ground scenario, gave all participating sections a chance to validate on-hand equipment and to identify equipment shortages and staff section space requirements.

Though challenging, 8th TSC Soldiers effectively staged their Base-X Tactical Shelter System to support 90 Soldiers in a forward-deployed FCP and to validate life support capabilities.

“We have never deployed our FCP, so (this exercise) gives the Soldiers a chance to practice setting it up close to home, so if we have any problems, we can make quick corrections,” said Maj. Jablonski, action officer, Operations, 8th Special Troops Battalion, 8th TSC.

The Base-X Tactical Shelter System is a new piece of equipment for 8th TSC Soldiers. The exercise helped coordinate on-site training with Base-X representatives for support, proper internal configuration and proper set up of the system’s external structural.

“The representative gave a class on setting up and properly us-



A Soldier with 8th TSC relocates a generator for the Base-X Operations Center during the ground scenario, May 2-6, at the Fort Shafter Flats’ athletic field.

ing the equipment,” said Sgt. Maj. Charles Wells, Operations, 8th STB. “They will also send a representative with us when we deploy, to assist with the setup and tear down there, as well.”

“One of the things that added to the challenge was definitely the weather,” Wells said, explaining Soldiers still completed the mission.

8th TSC Soldiers performed an outstanding job, Wells added, but more expertise is still needed on the new equipment, he said.

“We train as we fight, (and) this was a great learning experience,” Wells said. “We are now able to identify all our shortfalls. (The training) lets us know what still needs to be done to get everything shipped forward.”

“This exercise was important, because you need to know how to use your equipment and properly set it up before a deployment,” said Sgt. Stephanie Weldon, medical readiness and training non-commissioned officer, Surgeon Cell, 8th STB. “The training went well and everyone had a great attitude.”

During the exercise, Soldiers identified and determined appropriate power generation requirements, to include power generation backup.

“We have had some assistance from Special Operations Command-Pacific to help us set up some of the new electronic systems,” Jablonski said. “Each time we do the exercise, we keep getting better at finding what we actually need to deploy. It helps us to see what we need to set up to help the commanding general, in case he has to go to any theater within the Pacific.”

130th Eng. Bde. repairs roads, updates maps and sets up TAC at PTA

Story and Photo by
2ND LT. KYLE SUCHOMSKI

65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

POHAKULOA TRAINING AREA — Maj. Gen. Michael J. Terry, commander, 8th Theater Sustainment Command, and members of his command team, visited more than 300 Soldiers, here, May 10, during their field training exercise, or FTX.

The FTX has provided Soldiers with an opportunity to refresh existing skills and to learn new ones.

Soldiers have been training in an assortment of individual and unit level tasks, here, including unit specific skills, small arms and crew-served weapons, field maintenance and battlefield support operations.

Units participating in the training include Headquarters and Headquarters Company, Forward Support Co. and 70th Geospatial Co., all in 65th Engineer Battalion, 130th Eng. Brigade, 8th TSC. The 523rd Eng. Support Co., 84th Eng. Bn., 130th Eng. Bde., is also participating.

Terry visited during the peak of training. He met with Soldiers from the 70th Geospatial Co. and HHC, 65th Eng. Bn., 130th Eng. Bde., to discuss ongoing training operations.

He stopped at the Keeaumoku Construction Site, where the 523rd Eng. Support Co., 84th Eng. Bn., 130th Eng. Bde., was hard at work repairing and resurfacing a two-lane road through the training area.

“Sections of the road were washed out and in definite need of repair,” said Capt. Tom Ellison, commander, 523rd Eng. Support Co.,

84th Eng. Bn., 130th Eng. Bde.

In addition to grading and widening the road, the company also installed a pair of culverts and a long stretch of concrete-mesh tile.

From the construction site, Terry moved to PTA’s Military Operations on Urban Terrain city, where the 65th Eng. Bn. had set up a full-scale Tactical Command Post.

From this TAC, battalion staff controlled and monitored all movement and operations throughout the training area. Staff took this opportunity to brief Terry about current operations and the status of various units at PTA.

The final stop on the tour of PTA was to the 70th Geospatial Co.’s command outpost.

Soldiers took the opportunity to demonstrate their knowledge and proficiency with terrain software; they presented Terry with a detailed map of the training area.

The company had been working on updating several maps of the training area with photos from flyovers and satellite imagery.

During the visit, Terry presented Spc. Levi Reynolds, 2nd Squad, 1st Platoon, 70th Geospatial Co., 65th Eng. Bn., 130th Eng. Bde., with a commemorative coin for his outstanding work within the unit.

“(This is) absolutely great training, with the 65th Eng. Bn. in the lead,” Terry said. “It’s a great start at getting to the 8th TSC multi-echelon training model.

“Soldiers not only benefit from this training, but they are also providing a service to PTA with the road repair and geospatial products,” Terry said. “Leadership is doing an excellent job by ensuring safety and quality training of Soldiers.”



Maj. Gen. Michael J. Terry (left), commander, 8th TSC, and Command Sgt. Maj. Roy Ward, senior enlisted leader, 8th TSC, thumb through a book of maps during their visit to PTA, May 10. Soldiers of the 70th Geospatial Co., 65th Eng. Bn., 130th Eng. Bde., 8th TSC, created the book.



Courtesy Photo

Capt. Zachary Seidel, operations officer, HHC, 2nd AHB, 25th Avn. Regt., 25th CAB, 25th ID, makes his way up a hill during the Best Ranger Competition, held at Fort Benning, Ga., recently.

‘War Eagles’ push through Best Ranger Competition

SGT. DANIEL SCHROEDER

25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

WHEELER ARMY AIRFIELD — Capt. Zachary Seidel and 1st Lt. Brett Latsha represented the 25th Combat Aviation Brigade, 25th Infantry Division, during the 28th Annual David E. Grange Jr. Best Ranger Competition, held recently, at Fort Benning, Ga.

This three-day endurance challenge tests two-person Ranger teams from units throughout the Army team.

Seidel and Latsha placed 17th out of 50 teams competing.

“This was a great opportunity, and we were fortunate to compete in this event,” said Latsha, executive officer, Company E, 2nd Assault Helicopter Battalion, 25th Avn. Regiment, 25th CAB. “I felt blessed to be a part of this unique opportunity. It developed us both physically.”

Soldiers are tested throughout the competition on physical and mental tasks, after fatigue has set in.

“The competition was very difficult,” said Seidel, operations officer, Headquarters and Headquarters Co., 2nd AHB, 25th Avn. Regt., 25th CAB. “It started at 6 a.m., and by 11:30 a.m., we had already covered 25 miles by running and canoeing. It was tough to focus on

perfect technique with the fatigue from the physical challenges.”

The competitors developed a training plan that prepared them to excel in foot marching, weapons qualification, movement under fire and land navigation, although the test sequence was not revealed to the competitors until they arrived at the competition.

“We conducted long workouts, pushed through hours of work under stressful situations, talked to people who have competed in this before, and we utilized the Advanced Tactical Athlete Course, which was a big resource for us,” Latsha said. “We trained on weapons (and radios) from 2nd Bn., 27th Inf. Regt., 3rd Bde. Combat Team, 25th ID, and 2nd Bn., 35th Inf. Regt., 3rd BCT.

“The competition was tough,” he continued. “There was a high level of stress put on the competitors, but you just have to push through it. Working under fatigue was difficult.

“We learned a lot from each other, and I believe it helped us in our professional development as officers,” Latsha said.

“It felt great to finish an event of this size and impact, and to compete against the other Soldiers that made the trip to Fort Benning,” Seidel said. “It was an honor to compete in an event with a history such as this one.”

45th: Junior medics build confidence

CONTINUED FROM A-1

“Today was good training for our younger medics,” Esparza added. “We paired each of our less-experienced guys with an experienced medic, to guide them and help build their confidence. This will translate to a much better ability to respond when we are working down-range.”

Manpower is the biggest issue now, according to Foster, as only one section is covering an entire brigade. Normally, battalions have their own medics.

45th Sust. Bde. Aid Station

- Sick call hours are 6:30-9 a.m., Monday through Friday.
- Acute walk-in appointments and profile questions are 9-11:30 a.m., Monday through Friday.
- Medic-level follow-up appointments are 1-2 p.m., Monday through Friday.
- The aid station is closed on federal and training holidays.

News Briefs

Send announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

Today

2nd BCT Greeters — Anyone who is interested in greeting returning Soldiers at one or more of the 2nd Brigade Combat Team’s upcoming redeployments, throughout the month of June, is asked to contact the Blue Star Card program coordinator. Call 655-0112 or email Amanda.P.Montgomery@us.army.mil for more details.

PTA Traffic Delays

Oahu-based military units will convoy from the Pohakuloa Training Area to Kawaihae Harbor, May 20, 23, 24 and 26, between 8 a.m. and 4 p.m., via Saddle Road, Mamalahoa Highway, Waikoloa Road, Queen Kaahumanu Highway and Akoni Pule Corridor.

PTA Department of Army Police are working closely with local authorities and military units to coordinate this activity.

Motorists are advised to be alert and drive with care.

Call 656-3152 or 387-8511.

22 / Sunday

Santos Dumont Construction — A portion of road between Dains and Ganham

roads at Wheeler Army Airfield is closed for underground communication work through May 22. Eastbound traffic on Santos Dumont Avenue, west of Dains Road, will be detoured to Wright Avenue. Local access for buildings 110 and 111 will be allowed. Excavations will be covered at the end of the day to allow opening of Santos Dumont Road in these locations.

The major closure of Santos Dumont Avenue from Nakamine Street to Kawamura Gate for drainline construction and road reconstruction will continue through June 10. The section of Santos Dumont Avenue between Warhawk and Nakamine streets will be closed for road reconstruction, May 23-June 10.

Get the latest U.S. Army Garrison-Hawaii traffic updates at www.garrison.hawaii.army.mil; click on “Post Information,” then “Traffic Updates.”

24 / Tuesday

USAG-Oahu — A casing of the colors ceremony to observe the disestablishment of U.S. Army Garrison-Oahu is 11 a.m., May 24, at the gazebo on Palm Circle, Fort Shafter.

An Installation Coordinator’s Office will be in Building 344, Fort Shafter. The ICO will be the focal point for referral, coordination and integration of installation management operations within Oahu-South. Visit www.garrison.hawaii.army.mil.

25 / Wednesday

Asian-Pacific American

Heritage Month — The 25th Combat Aviation Brigade, 25th Infantry Division, and Team Equal Opportunity/Equal Employment Opportunity-Hawaii host this year’s observance from 10-11:15 a.m., Sgt. Smith Theater, Schofield Barracks. The theme is “Diversity, Leadership, Empowerment and Beyond.”

Guest speaker is Command Sgt. Maj. Iuniasolua Savusa, U.S. Pacific Command.

Retirement Luncheon

The retirement luncheon and ceremony honoring Command Sgt. Maj. Darryl Jannone, senior enlisted leader, U.S. Army Garrison-Oahu, is 11 a.m.-1 p.m., May 25, at the Nehelani, Schofield Barracks.

Call 656-9930, 655-8852 or 438-2647 for more details.

31 / Tuesday

New DFAC Bus Hours —

A free bus service will run from specific points on Schofield Barracks to the K Quad Dining Facility (Building 708), starting at 6:30 a.m., through May 31, for all available K Quad meals.

Call 271-5029. Pick-up and drop-off points are as follows:

- Between F and E quads (Foote Avenue and Lewis Street);
- Between E and D quads (Foote and Heard avenues);
- Between D and C quads (Foote Avenue and Flagler Road);
- B Quad, Building 156;
- Martinez Gym; and
- K Quad DFAC (Building 708).

Region’s ‘neighborly care’ is focus at Military Medicine Conference

Story and Photo by

JAN CLARK

Pacific Regional Medical Command Public Affairs

HONOLULU – With more than 400 attendees from 24 countries, the Asia Pacific Military Medicine Conference has become the region’s major forum for military health care professionals.

U.S. Army-Pacific and the Australian Department of Defense jointly hosted the 21st annual conference, held May 2-6, in Sydney, Australia.

This year’s theme was “One Team: Partnerships, Joint Medical Operations and Wounded Warrior Care.”

“This conference provides an opportunity for regional health professionals to network, knowledge share and leverage research and medical advances within the region,” said Maj. Gen. Paul Alexander, surgeon general, Australian Defense Force, and commander, Joint Health. “Regional engagement through this conference is important in ensuring that there is an opportunity to benchmark military health services across the region.”

Alexander added that understanding contemporary health care issues facing regional neighbors is helpful in ensuring that health professionals can work effectively.

“Our thoughts and prayers continue to be with our Japanese colleagues, as they continue to recover from the devastating earthquake and tsunami. ... This event underscores the perpetual risk of natural disaster in the region, and the need for all of us to have the capability to respond locally and regionally,” said Rear Adm. Michael Mittelman, command surgeon, U.S. Pacific Command.

Fellow conference co-host, Brig. Gen. Keith Gallagher, commander, Tripler Army Medical Center and Pacific Regional Medical Command, echoed those comments in his opening remarks.

“The world has changed dramatically, and many events have occurred which have brought our military brethren together more closely than ever before,” he said. “Just in the past year, we have witnessed unprecedented natural disasters that devastated communities in Queensland, Australia; New Zealand; Chile; Pakistan; Haiti; Japan; and the southeast U.S.

“Although our countries are separated by a vast ocean, it is through humanitarian assistance and disaster-relief missions that our nations and armed forces are often most strongly bonded,” he continued. “The silver lining to these tragic events is the unique opportunities afforded for developing stronger relationships by learning from each other and working together to defeat ever-growing transnational threats.

“As aptly noted by Lt. Col. Gerard Wood, advisor, Royal New Zealand Nurse Corps, and (one of) our plenary speakers, when it

comes to a crisis, ‘It’s always good when you know who’s on the other end of the phone,’” Gallagher added.

During the week’s program, international subject matter experts covered topics such as humanitarian assistance and disaster relief, synchronized operational medicine, state-of-the-art bioprosthetics, traumatic brain injury, behavioral health, emerging infectious diseases, service member and family resiliency, veterans’ health and veterinary medicine.

The establishment of a senior noncommissioned officer/medic track was new to the conference, which focused on transformation and training, leadership in health care and medic development, and key initiatives that translate directly into benefits to Soldiers on the battlefield.

“These changes in training give gravely-injured service members at least one more day to live,” Gallagher said, “and one more day gives them the absolute greatest chance for survival ever seen in the history of combat.”

Breakout session topics ranged from preventive measures of infectious diseases in warrior care, to building resiliency in mind and body to optimize health care.

Plans are underway for next year’s conference to be held in Thailand.



Brig. Gen. Keith Gallagher, commander, TAMC and PRMC, speaks during the 21st Annual Asia Pacific Military Medicine Conference, which was held May 2-6, in Sydney, Australia.

Corps’ annual workshop yields multiple benefits

Sluggish economy may have boosted attendance, networking opportunities

JOSEPH BONFIGLIO

U.S. Army Corps of Engineers-Honolulu District

HONOLULU – A record number of local architects, engineers, construction contractors and others in related fields attended the 16th Annual U.S. Army Corps of Engineers workshop, May 5, at the Hale Koa Hotel, here.

The workshop provided local design and construction representatives with the latest information on USACE-Honolulu District’s project workload, technical information and administrative procedures that affect business procedures.

This year’s theme was “Quality Design and Construction for a Stronger Future in the Pacific,” and the focus was on informing private sector companies about what they must do to successfully execute work with USACE-HD.

The workshop gave participants a better understanding of contracting methods and procedures; awareness of new standards and codes affecting military projects; and current information about design, construction and legal implications of working with the USACE-HD.

Tony Paresa, deputy district engineer, Programs and Project Management, USACE-HD, began the workshop with a presentation on projected future construction work and his philosophy about quality.

The luncheon speaker, Michael Brennan of the American Institute of Architects and the lead design architect from AECOM, addressed the theme.

Workshop presentations can be downloaded at www.aiahonolulu.org.

USACE-HD and other functional area specialists gave a variety of presentations during the nine breakout sessions.

The workshop and breakout sessions also provided opportunities for industry partners from the AIA-Honolulu Chapter, the American Council of Engineering Companies of Hawaii, the General Contractors Association of Hawaii, the Building Industry Association of Hawaii and the Associated Builders and Contractors of Hawaii, to discuss issues one-on-one with the Corps’ employees in the spirit of partnership.

“This workshop is a great opportunity for the Corps to partner with our industry partners to discuss relevant issues and topics,” said Gary Nip, AIA, and chief, Design Branch, USACE-HD. “We received feedback from last year’s workshop to add more time for networking, so we did so.

“In fact, we arranged a specific networking session with booths manned by seven contract partners and (USACE-HD),” Nip continued. “We also added longer breaks to this year’s workshop, resulting in many powerful conversations.”

According to Nip, this year’s workshop had the most attendees ever, at approximately 294. He said the slow local construction economy probably added to the high attendance, as local firms seek out Army contracts.

“The workshop is a great opportunity to network,” Nip said. “There’s a tremendous offering of different seminars besides just the networking opportunities, so you can also gain knowledge.”

“I’ve been coming for eight years, and the main reason I keep coming is there’s always innovative ideas, plus I enjoy ... looking into what the government expects (for a work load),” said George Stewart of Hawaiian Cement. “We try and meet those expectations, and I take that information back to our company and see how we can meet what’s being presented in the workshop.

“If you’re involved with (USACE), you’re going to find this a very valuable workshop, because you’ll gather information, and you’ll meet a lot of people and find a great exchange of ideas and concepts,” Stewart continued. “Plus, this is all about supporting the troops.”



Lacey Justinger | U.S. Army Garrison-Hawaii

Patty Ishiki (left), throws a horseshoe while her teammate, EunHae Jones (right), both recreation assistants, Tripler Army Medical Center Physical Fitness Center, DFMWR, watches. USAG-HI staff could participate in activities like horseshoes, bingo, Texas Hold'em, Minute-To-Win-It and a food competition during the garrison's Organizational Day, at the Nehelani, Schofield Barracks, May 13.

USAG-HI

shakes, bakes
in the sun

LACEY JUSTINGER
Managing Editor

SCHOFIELD BARRACKS – “Bring it on.” With those words, Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, started the food competition judging during the USAG-HI Organization Celebration, May 13, at the Nehelani, here.

An alphabet soup of directorates and offices competed against one other for bragging rights and other prizes in events like golfing, bowling, basketball, Texas Hold'em and Minute-To-Win-It.

USAG-HI's Directorate of Family and Morale, Welfare and Recreation was the overall coordinator and sponsor of the event wherein Soldiers, civilians, family members and contractors mixed together to strengthen bonds and connect faces with names and email addresses.

“I enjoyed the day, as it provided an opportunity for garrison employees to socialize and enjoy each other's conversations,” said Andrew Young, chief, Family Movements, Directorate of Human Resources. “Many of the employees in the garrison deal with each other only during work hours, and this event gave us a time to relax and feel appreciated.

“Everyone enjoys kindness and good company,” he added. “Organizing the garrison Organization Celebration never gets old,” said Aubrey Kiennec, special events coordinator, DFMWR. “There is a lot of planning and organizing that goes into putting these events together, but it is all worth it when you see everyone enjoying the activities throughout the week.”

USAG-HI staff – who work in DFMWR; DHR; the Directorate of Emergency Services; the Directorate of Installation Safety; the Directorate of Logistics; the Directorate of Plans, Training, Mobilization and Security; the Directorate of Public Works; the Chaplains' Office; the Equal Employment Opportunity Office; the Garrison Commander's Office, the Internal Review Office; the Plans, Analysis and Integration Office; the Public Affairs Office; or the Resource Management Office – clumped together under tents, at tables and over board games and cards to promote camaraderie and esprit de corps, while not-so-subtly competing amongst each other.

“The day was well-organized, and the activities were great,” said Tanya Toussaint, DHR, who also won first place for her entrée in the food competition. “I really enjoyed the Minute-To-Win-It event. The teamwork and support was outstanding. I didn't know we had such competitive individuals at work.

“Some say that the overall day was much better than last year, so that's a plus,” Toussaint added.

This was the first year the food competition branched out to include entrees and side items, in addition to the ever-popular dessert section. Judges for the cook-off included Mulbury; James Duttweiler, deputy garrison commander, USAG-HI; Command Sgt. Major Robert Williamson, senior enlisted leader, USAG-HI; Fred Makinney, operations officer, DES; and Mike Egami, PAO.

While flavors of the day represented a grocery store's variety of grilled meats and tasty dishes, the recipe of laughter and friendly relationships remained consistent throughout the groups.

“It is a great time to fellowship with people from other organizations,” said Makena Davis, chief, Personnel Operations, DHR. “Sometimes you encounter people while working, but never get to put a name with a face. Organization Day allows you the time you would not ordinarily have to do that.

“It also allows you to bond with coworkers outside of the usual work environment,” Davis added. “It is nice to see the fun side of coworkers. In some cases, you even learn something about them you did not know, despite working alongside them every day.”



See additional photos from this event at www.flickr.com/usaghawaii.

Champions

Golf

Daily winners for closest to the pin

Raymond Dungca, DPW
Kerwyn Yonesaki, DPW
Craig Kaya, DPW
Randy Furusho, DPW
Patrick Delapena, DPW
Bob Ventura, DPW
Romel Olaes, DPW
Pete Quintal, DPW

Bowling

•Scratch

1st: Garrison
1st Sgt. James Williams, Sgt. 1st Class
Derek Walker, Command Sgt. Major
Darryl Jannone, Sherry Robinson
2nd: DPW
Bob Ventura, Don Hall, John Oakland

•Handicap

1st: DOL
Romy Pinlac, Lisa Keliikoa, Joe
Hoopai, Abe Cabello
2nd: DPW
Brenda Bever, Valerie Makaneole,
Latoya Wharton, Nicolette Jones

Basketball

Fire Department

Texas Hold'em

1st: Andrew Neves
2nd: George Pasco, DFMWR

Food Competition

Recipes are available at
www.slideshare.net/usaghawaii.

•Entree

1st: Tanya Toussaint, DHR, steamed fish

•Side Dish

1st: Maria Holcomb, DFMWR, fruity potato shrimp salad
2nd: Rich Villa, DPW, beef empanadas

•Dessert

1st: Lena Stoychett, DHR, DPW/toilet cake
2nd: Carolyn Killian, PAIO, German cheesecake



Lacey Justinger | U.S. Army Garrison-Hawaii

Jim Ware, chief of aviation, DPTMS, grills up a selection of meats for DPTMS staff members to enjoy during the garrison's Organization Day.



Courtesy of Directorate of Family and Morale, Welfare and Recreation

A USAG-HI employee competes for her four-person team during the bowling contests held at the Fort Shafter and Schofield Barracks bowling centers, May 12.



Lacey Justinger | U.S. Army Garrison-Hawaii

"I'll be the judge" — Col. Douglas Mulbury (left), commander, USAG-HI, and James Duttweiler, deputy garrison commander, USAG-HI, cut the DPW/toilet cake, submitted by Lena Stoychett, DHR, which placed first in the dessert section. Command Sgt. Maj Robert Williamson, senior enlisted leader, USAG-HI; Mike Egami, PAO; and Fred Makinney, DES, were also judges.



Today

"Bugsy Malone" – Army Community Theatre presents "Bugsy Malone," May 20-22, at the Paliku Theatre, Windward Community College. Call 438-4480. Show times follow:
•Friday-Saturday: 7:30 p.m.
•Saturday-Sunday: 3 p.m.

Family Fun Friday – Enjoy free pizza and games, 6 p.m., May 20, at the Tropics Recreation Center, Schofield Barracks. Call 655-5698.

Intramural Volleyball – Deadline to register for men's and women's volleyball is May 20. Call 655-0856. Visit www.mwrarmyhawaii.com to learn more about intramurals and the All-Army Sports program.

21 / Saturday

Sesame Street Show – The "Sesame Street/USO Experience for Military Families" is coming to U.S. Army Garrison-Hawaii. Army families and their keiki can enjoy Elmo and his friends Rosita, Cookie Monster and Grover, and their new friend Katie, a military child who is moving to a new place.
Call 655-0111/2/3 or visit www.sesamestreet.org/tlc or www.uso.org.
This tour is part of Sesame Street's "Talk, Listen, Connect" initiative for military families. Dates and times follow:
•May 21, 2 p.m. and 5 p.m., Martinez Physical Fitness Center, Schofield Barracks.
•May 25, 4 p.m., Aliamanu Physical Fitness Center.

22 / Sunday

Spouses Appreciation – Army spouses can enjoy a free Sunday brunch, May 22 and 29, at the Hale Ikena, Fort Shafter. Reservations are required; call 438-1974. Spouses must present a valid military ID card.

23 / Monday

Free Hula Classes – The Native Hawaiian Liaison Office, U.S. Army Garrison-Hawaii, welcomes all Soldiers and families to participate in free hula classes, Mondays, 5-7 p.m., at Army Community Service, Building 2091, Schofield Barracks. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Classes feature the different types of hula, fundamentals of hula steps, and movement and posture. Call 655-9694 or email nhliaison@gmail.com.

25 / Wednesday

Water, Pool and Sun Safety – Visit Sgt. Yano Library, Schofield Barracks, from 4-5 p.m., May 25, to learn about safety while having fun in



Courtesy of 25th Infantry Division Public Affairs

Growing together

SCHOFIELD BARRACKS — Children in the "Bronco" Brigade celebrate the opening of their new 3rd Bde. Combat Team, 25th Infantry Division, Family Readiness Center, May 3. The new facility was designed to meet the needs of the family members of deployed Bronco Soldiers. Call 655-1208 for more information.

the sun. Call 655-8002.

Family Fun Fitness Festival – Don't miss the annual commissary case lot sale and fitness festival from 12-5 p.m., May 27. Learn fitness tips, receive information on healthy eating habits and much more.

26 / Thursday

BOSS Movie Night – Single Soldiers can pick out a movie they want to see and also enjoy good conversation while relaxing in the Better Opportunities for Single Soldiers Warrior Zone at the Tropics Recreation Center, 6 p.m., May 26. Call BOSS at 655-1130.

Arts and Crafts Contest – Compete for cash prizes against the best artisans in the Army.

Enter your 2-D and 3-D original art or craft works in this annual contest. Complete an entry form at www.artscrats.fmwrc.army.mil. Call 655-4202.

Ball Room Dancing – Learn the international Rumba, May 26, at the Hale Ikena, Fort Shafter. Two sessions are available each night: 6:45-7:30 p.m. and 7:45-8:30 pm. Learn line dancing for free, starting at 6:15 p.m., with the purchase of ballroom dance class instruction.

Cost is \$6 for one ballroom dance class consisting of six lessons. Payment is cash only. Call 438-1974.

Ongoing

Vehicle Safety Inspection – Don't forget to check your vehicle inspection sticker, located on your right rear bumper. If it is about to expire, or already has, visit your nearest Auto Skills Center. No appointments are necessary. Service is first-come, first-served.

Auto Skills Roof Replacement – The Schofield Barracks Auto Skills Center is currently undergoing roof replacement construction.

The center will remain open for customers, but some bays will be closed or unavailable during repairs.

No-Show Policy – Blue Star Card holders who register for an event and can't attend need to cancel the reservation by noon the day before the event.

Without cancellation, BSC holders will be considered no-shows, resulting in being placed on a wait list for the following month's events. E-mail amanda.p.montgomery@us.army.mil.

Blue Star Punch Card – Blue Star Card holders who attend BSC events will get a BSC Superstar punch card. Turn in completed punch cards for a free BSC T-shirt. Call 655-0002 or email sarah.chadwick@us.army.mil.

Feedback – Call 655-0002 or email sarah.chadwick@us.army.mil with questions or comments regarding the Blue Star Card program and other deployment programs.

Tropics After Dark – Don't stay in on a Saturday night. Enjoy live music and food and beverage specials, 6 p.m., at the Tropics Recreation Center, Schofield Barracks. Call 655-5698.

Kid's Art Classes – Enjoy Saturday sessions every month at the Schofield Barracks Arts and Crafts Center.

Register for classes at Child, Youth and School Services; the School Age Center; or the Child Development Center. Call 655-9818. Blue Star Card benefits apply.

Adult Sports – Men and women can register for intramural racquetball, basketball, volleyball and triathlons. Women can also register for soccer. For intramurals, call 655-8056; for All-Army Sports, call 655-9914. Visit www.mwrarmyhawaii.com.

AMR Teen Center – Aliamanu Military Reservation Teen Center buses can pick up high school teens after school at Radford High School to bring them to the Teen Center.

Teens must be registered with the Child, Youth and School Services program at the AMR Teen Center. Register at the AMR Parent Central Services Office. Registration is free; a permission form is required for bus transportation. Call 833-0920 or 833-5393.

Open Stage Night – Show off your talent at 6 p.m., every first and third Tuesday of the month at the Tropics Recreation Center. Call 655-5698.

Worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- FS: Fort Shafter Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF and FD
•Sunday services:
– 8:30 a.m. at AMR
– 10:30 a.m. at MPC Annex
– 11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m. TAMC

Gospel Worship
•Sunday, 12 p.m. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Monday, 6 p.m. at PH (Bible Study)
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at MPC Annex

Protestant Worship
•Sunday Services
– 9 a.m. at FD, FS, MPC and TAMC chapels
– 9 a.m. at WAAF chapel, Lutheran/Episcopalian
– 10 a.m. at HMR
– 10:30 a.m. at AMR

Single Soldiers' Bible Study
•Wednesday, 11:30 a.m. at SC. Lunch is provided.

Worship Service
•Sunday, 6 p.m. at SC.

community calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Veterinary Treatment Facility – The Fort Shafter Veterinary Treatment Facility is now seeing pets throughout the week from 8:30 a.m.-4 p.m. The vet clinic is located beside the PX Mart and Post Office on Fort Shafter. Book an appointment for affordable preventative care, to obtain a mandatory airline health certificate required within 10 days of air travel and more. Call 433-2271; leave a voicemail.

21 / Saturday

Living History Day – U.S. Army Garrison-Hawaii will host its 11th annual U.S. Army Museum of Hawaii "Living History Day," from 10 a.m.-3 p.m., May 21, at the lawn area fronting the Fort DeRussy Museum, in Waikiki. All are invited to attend this event, which features static exhibits of modern military Soldiers and equipment, military memorabilia, restored military vehicles, re-enactors in period uniforms and hands-on displays of military artifacts. Parking will be available across the street from the museum. Call 438-2825.

Endangered Species Day – Learn more about native natural resources that the Army actively protects on Oahu, and bring your family to "Endangered Species Day," a family event at the Honolulu Zoo, 10 a.m.-2 p.m., May 21. To learn more about volunteer service trips, email kmwelch@hawaii.edu or

candace.russo@gmail.com.

Call 656-7641 to reach environmental outreach coordinators in the Oahu Army Natural Resource Program.

Combined Military Band Concert – The public is invited to a combined services concert, 7-8:30 p.m., May 21, at the Hawaii Theatre, Honolulu, as part of Military Appreciation Month. This year's theme will be "A Salute to Military Aviation."

Tickets, limited to four per request, may be picked up at the Hawaii Theatre Box Office, located at 1130 Bethel St., between Hotel and Pauahi streets, or from the Chamber of Commerce of Hawaii, Suite 402, 1132 Bishop St.

Doors open at 6:30 p.m. for ticket holders on a first-come, first-served basis. Unoccupied seats remaining at 6:45 p.m. will be open to nonticket holders on a space-available basis. Visit www.hawaiitheatre.com.

22 / Sunday

Sprint Triathlon – This event starts at 7 a.m., May 22, at Hangar 101, Marine Corps Base Hawaii, Kaneohe Bay. The triathlon begins with a 500-meter swim in K-Bay, followed by an 11.1-mile bike ride around the base. It finishes with a 5K run that ends at Hangar 101. This race is open to the general public. Visit www.mccshawaii.com/cgfit.shtml.

23 / Monday

HUREX – To prepare for Hawaii's hurricane season, which runs from June 1 to Dec. 1, U.S. Army Garrison-Hawaii will be conducting its annual hurricane exercise called Makani Pahili, or Strong Winds, from May 23 May-June 2. This joint exercise involves the State of Hawaii and all armed services in Hawaii. All residents should expect to see and hear "Exercise-Exercise-Exercise" alerts and announcements from mass notification/giant voice systems, email and web-sites during the exercise.

Do not be alarmed; the alerts will be part of the exercise. The installation asks for your patience, understanding and support during this important HUREX, which tests disaster preparedness.

24 / Tuesday

FRG Town Hall – Spouses of 130th Engineer Brigade, 8th Theater Sustainment Command, are encouraged to attend the next brigade town hall meeting at 6 p.m., May 24, at Sgt. Smith Theater, Schofield Barracks. Free child care is available with preregistration. Door prizes will be awarded to attendees. Call 655-8903.

Free Yoga Classes – Yoga classes begin at 9 a.m., Tuesdays and Thursdays, at the Wheeler Community Center, behind Wheeler Chapel, Wheeler Army Airfield. Bring your own yoga mat and any blocks or straps. Classes are for all levels: beginner, intermediate and advanced. Call 275-3790 or 778-8696.

26 / Thursday

Veterans Golden Games – The 25th National Veterans Golden Age Games is coming to Oahu, May 26-31. Senior veterans can compete in games such as golf, air rifle, swimming, nine-ball, cycling and more.

However, 1,200-plus volunteer positions need to be filled in areas such as hotel and airport hospitality and event set-up. Visit www.veteransgoldenagegames.va.gov for details or sign up. Call 585-6191.

28 / Saturday

"Metal Mana" – A first-ever "Metal Mana Motorcycle Rally and Music Festival" will run from 12 p.m.-10 p.m., May 28, in downtown Honolulu/Chinatown. This Memorial Day Weekend event will increase awareness and raise funds to support the Tripler Fisher House. Entertainers will include performances from "The Hawaiian Cowboy," Danny Estocado; Kapena, Natural Vibes;

and others. The festival will include a bike rodeo, bike show, biker babe bikini contest and local biker build-off.

Enjoy ono food and prize giveaways. Get your tickets at metalmama.com and GrooveTickets.com. Call Theresa Johnson, manager, Fisher House, at 433-1291, ext. 28, for more details.

31 / Tuesday

PWOC – The Protestant Women of the Chapel will host their Summer Fun Kickoff, 9-11:30 a.m., May 31, at the Main Post Chapel Annex, Room 212. Mark your calendar:

- June 6, there will be no PWOC due to Vacation Bible School.
- June 14-July 26, attend Summer Bible Study. Topic is "The Best Question Ever: Learning to Foolproof Your Life."

Ongoing

Survivor Family Camp – Survivor Outreach Services and Operation Military Kids are hosting a family camp for all youth who have lost a parent in the military. This camp will give children the opportunity to meet other youth who have dealt with a loss, while being provided support and tools to help them during the difficult times in their lives. Also, youth and their parents/caregivers will learn about military and community resources to promote resiliency and well-being.

The camp will focus on nurturing supportive relationships, self-esteem, stress management, resiliency and peer buddy-building. Campers will have access to hiking, archery and the Odyssey and Alpine Course, which allows for a fun and relaxing weekend in an educational and supportive environment.

Location is Camp Erdman, Waialua, July 15-17. The deadline to apply is June 10. Spaces are limited. Call 438-1955/9285 or email jennifer.koranyi@us.army.mil or omk@ctahr.hawaii.edu.



Call 624-2585 for movie listings or go to aaafes.com under reeltime movie listing.

Arthur

(PG-13)
Fri., May 20, 7 p.m.

Rango

(PG)
Sat., May 21, 4 p.m.
Family Matinee Day:
All admissions are \$2.50.



Hanna

(PG-13)
Sat., May 21, 7 p.m.
Thurs., May 26, 7 p.m.

Hop

(PG)
Sun., May 22, 2 p.m.

Your Highness

(R)
Wed., May 25, 7 p.m.

No shows on Mondays or Tuesdays.

599th Trans. Bde. cleans up Laniakea Beach’s shoreline, road

Story and Photos by
DONNA KLAPAKIS
599th Transportation Brigade

WHEELER ARMY AIRFIELD — Friday the 13th was a day on the beach for members of the 599th Transportation Brigade.

Service members and civilians spent the day cleaning Laniakea Beach on Oahu’s North Shore.

The 12 volunteers gathered at 9 a.m., before combing over the entire beach and roadside alongside it, picking up everything from clothing to cigarette butts.

“Cleaning the beach was a great thing for us to do,” said Staff Sgt. Keith Mobley, plans non-commissioned officer, 599th Trans. Bde. “Most of the beach wasn’t too bad, except for the smokers. There were a lot of cigarette butts. All in all, everything went real smooth for us.”

Participation in “Malama na Honu,” or the turtle guardians, is an ongoing community relations activity for the 599th Trans. Bde., and the beach cleanup project dovetailed to complement that effort.

While most of the participants policed the shoreline and curbside, two volunteers donned scuba gear to clean out the ocean.

Plastic bags and other debris in the ocean are dangerous to most underwater life, especially for turtles who come ashore to bask in the sun.

“The greatest threat by man to our honu (turtles) is the accidental entanglement by fishing lines, hooks and nets,” said Joanne Pettigrew, educational outreach and volunteer coordinator for Malama na Honu. “Mahalo nui loa (many thanks) to the 599th Trans. Bde. for cleaning the



Sgt. 1st Class Emilio Calzada (left), transportation management coordinator, 599th Trans. Bde, briefs participants before a cleaning up of Laniakea Beach, on Oahu’s North Shore, May 13.

beach and reef for our honu, and keeping it free of these dangerous items.”

Matson Navigation Company’s Container for the Land Project sponsored the cleanup for the unit.

It also provided a shipping container to place the trash and hauled it away from the beach after the event.

“We’re celebrating our 10th year of Container for the Land,” said Keahi Birch, manager,

Environmental Affairs-Hawaii, Matson Navigation Company. “We’ve sponsored more than 600 cleanups since the start of the program. It’s beneficial for both Matson and the non-profits we sponsor.”

Sgt. 1st Class Emilio Calzada, transportation management coordinator in the brigade’s operations directorate, arranged for the cleanup and coordinated with Matson.

“After I heard about the project and we’d



Air Force Lt. Col. Todd Toman, deputy commanding officer, 599th Trans. Bde., emerges from the water after diving for debris at Laniakea Beach, during the unit’s beach cleanup, May 13.

chosen the beach, I put in an application with Matson,” he said. “It was approved in November. After approval, they gave us one year to get it done.

“At first, the earliest possible date was August, but then we were able to fit it in during May,” he said.

IPC neighborhood is among first in nation to become LEED–certified

ISLAND PALM COMMUNITIES
News Release

SCHOFIELD BARRACKS — Island Palm Communities received official word that its Simpson Wisser neighborhood at Fort Shafter is now a Leadership in Energy and Environmental Design, or LEED, certified neighborhood, as determined by the U.S. Green Building Council.

The IPC partnership between the Army and Lend Lease is one of 11 projects in the U.S. certified to date. It also is among only 238 developments nationwide selected to participate in USGBC’s LEED for Neighborhood Development pilot program, established to set the first national rating system for neighborhood development.

Additionally, the community is one of just a few LEED-ND projects located on a military installation.

The LEED Green Building Rating System is a nationally accepted benchmark for design, construction and operation of high-performance green buildings. LEED-ND is a certification program that integrates the principles of smart growth, new urbanism and green building into the first national system for neighborhood design.

“We’re very excited to have this opportunity to help shape a sustainable development rating system that will be used in the U.S. and around the world,” said Dick Hawes, executive general manager, Lend Lease-Hawaii Region. “This project pushed us to do great things in the areas of sustainable development, design, construction and occupancy to meet the rigorous green building standards required by the USGBC.

“We have been fortunate to be working with a great partner in the U.S. Army, who has the same vision and goals as we do to create healthy communities through innovation and design,” he added.

LEED-ND encourages healthy living, reduces urban sprawl and evaluates not just buildings, but also their location in relation to each other and the qualities of the public realm that knit them together.

The Simpson Wisser neighborhood is an example of the sustainable development taking place across IPC’s residential developments. Green building practices are put into place from start to finish. Among them, more than 75 percent of waste on construction sites is reused or recycled. Sustainable design and materials go into all new homes, and an award-winning tree preservation plan has been implemented.

Working closely with Town and Home, an architectural design consultant, and KASL Consulting Engineers Inc., a civil engineering consultant, IPC received additional ratings for its innovation and design process, of which Simpson Wisser received the maximum number of points.

IPC’s home designs showcase many sustainable elements, including dual-flush toilets, photovoltaic power, solar hot water, energy-efficient appliances and lighting. They also feature radiant barriers on roofs, ridge and eave vents, and high-efficiency windows.

Of the 78 homes in the Simpson Wisser neighborhood, 27 are certified LEED Gold and 51 are certified LEED Silver. All of the homes use 30-percent less electricity than standard homes.

“Living in a green home has been fantastic,” said Connie Kadetz, Simpson Wisser resident. “It feels like a normal house, but in the back of your mind, you know you’re contributing to a cleaner environment.”

IPC is one of the largest solar-powered communities in the world through the installation of photovoltaic systems that can generate up to six megawatts of power, providing nearly 30 percent of IPC’s energy needs.

Tricare provides college grads a health care option

News Release

FALLS CHURCH, Va. — Tricare beneficiaries graduating from college this year may not have to rely on the Continued Health Care Benefit Plan, or CHCBP, as their only health care option.

Tricare Young Adult, or TYA, is a new program offering Tricare Standard coverage to qualified uniformed service dependents under age 26, and may be a less-expensive alternative to CHCBP.

TYA Standard has a monthly premium of \$186, much less than CHCBP's premium of \$988 per quarter. The sponsor's status will determine the cap, deductible and cost shares. Dental coverage is not included.

CHCBP is a separate program that offers temporary transitional health coverage for 18-36 months after all Tricare eligibility ends. In fact, dependents who qualify for TYA are no longer eligible for CHCBP, as of May 1.

Dependent eligibility for Tricare previously ended at age 21 or age 23, if enrolled in a full-time course of study at an approved institution of higher learning.

To purchase TYA, a beneficiary must be under 26 years of age, be unmarried and not eligible for his or her own employer-sponsored health care coverage.

The TYA application and three month's premiums can be dropped off at a Tricare Service Center, or be mailed or faxed to the regional or overseas health care contractor.

Payment covering the first three monthly premiums, or \$558 total, is required with the initial enrollment. Automatic credit/debit card or electronic fund transfer payments are required monthly.

Premiums may not be paid via the sponsor's allotment. TYA premiums cannot be combined or paid with the sponsor's other Tricare premium or fee. Bill payments set up and made through a bank will not be accepted.

In October 2011, a TYA Prime option will also be available. Enrollment into this option will also require a monthly premium.

Health care resources

Beneficiaries can get information about TYA and application forms at www.tricare.mil/tya. An in-depth TYA webinar is available at www.tricare.mil/mediacenter.

For more information on CHCBP, visit www.tricare.mil/CHCBP, or contact Humana Military Health Care Services at (800) 444-5445.



Courtesy Photo

Pay it forward

HONOLULU — Active duty service members and spouses in the Lambda Chi Omega Chapter of the Alpha Kappa Alpha Sorority, gather to donate clothing and toiletries to help victims of sexual assault during an awareness drive with the Armed Services YMCA and Army Community Service. The donations will be used at Tripler Army Medical Center.

Tricare offers home delivery, automatic prescription refills

News Release

FALLS CHURCH, Va. — Beneficiaries can use Tricare's pharmacy home delivery service to get prescription medications shipped conveniently to their door.

Home delivery also gives beneficiaries the option of automatic prescription refills when their medication supply is running low.

"Automatic refills lower the chances of unsafe breaks in medication therapy, which can lead to emergency room visits, hospitalizations and other health care setbacks," said Rear Adm. Thomas McGinnis, chief, Tricare Pharmacy Operations. "Auto refills, or reminders, are especially helpful for anyone being treated for chronic, long-term conditions. It also cuts down on last-minute dashes to a retail pharmacy."

Tricare beneficiaries can include prescriptions in the automatic refill program when they first sign up for the home delivery option or later on. Seven days before an automatic refill is scheduled for shipping, an email or a phone call reminds beneficiaries that their medication supply may be running low. Unless they contact Express Scripts Inc., the

Tricare pharmacy contractor, the prescription will be automatically refilled.

"Automatic prescription refills offer convenience and peace of mind to Tricare beneficiaries," McGinnis said, "and it helps us meet our firm commitment to their health."

Beneficiaries using home delivery, rather than civilian retail pharmacies, also save money. Copayments at retail pharmacies are three times higher for a 90-day supply of the same medication or \$176 more, per year, for a brand name prescription.

Beneficiaries switching from retail to home delivery helped the Department of Defense save \$30 million in 2010.

Home delivery

For more information about home delivery, visit www.tricare.mil/homedelivery. To sign up for home delivery or to enroll existing home delivery prescriptions in the automatic prescription refill program, visit www.express-scripts.com/TRICARE or call (877) 363-1433.

The Hawaii Army Weekly wants to hear from you.

Are you interested in submitting content to the HAW? Do you have an interesting photo or story idea?

Please email content, story ideas, comments and photos to editor@hawaiiarmyweekly.com, or call 656-3488 to find out how to get your voice heard.

