

# Charging POVs is not authorized

VANESSA LYNCH  
News Editor

WHEELER ARMY AIRFIELD — The numbers of privately owned, electric vehicles on Army installations in Hawaii are increasing.

U.S. Army Garrison-Hawaii, however, does not have charging stations available to the community at large.

The garrison has begun preliminary discussions with the Army and Air Force Exchange Service about establishing commercial charging stations for customers to purchase battery charging.

Col. Douglas Mulbury, commander, USAG-HI, welcomes feedback and input on where charging locations might best serve the population.

While USAG-HI works through these issues, all Soldiers, civilians and family members are reminded that taking government-procured electricity to charge their privately owned vehicles is illegal.

“It is stealing and will be treated as such by law enforcement personnel and should be by all Army leaders, as well,” Mulbury said.

One exception is service members who live on post. Only these families are authorized to charge their vehicles at their homes. Using energy from any

See POVs, A-5

## Got ideas?

One voice can make a difference. The Army Hawaii community of Soldiers, family members and civilian employees can communicate with garrison in many ways:

- Through the Interactive Customer Evaluation, or ICE, system at <http://ice.disa.mil>.
- Within quarterly Installation Action Council meetings. Fill out an issue form at [www.garrison.hawaii.army.mil/cmt/default.htm](http://www.garrison.hawaii.army.mil/cmt/default.htm).
- Through Ask the Garrison Commander email at [AsktheCommander.usaghi@us.army.mil](mailto:AsktheCommander.usaghi@us.army.mil).

## PRACTICE MAKES PERFECT



Sgt. Trey Harvey | 55th Signal Company Combat Camera

OBSERVATION POST MANGOL, Afghanistan — Spc. Ryan Ferguson, Headquarters and Headquarters Company, 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, demonstrates how to use an M-136 AT4 antitank grenade launcher to Afghan National Army soldiers, here, Feb. 8.

# ‘Warfighters’ complete mission, reunite with loved ones

Story and Photo by  
SPC. MARCUS FICHTL  
8th Military Police Brigade Public Affairs,  
8th Theater Sustainment Command

WHEELER ARMY AIRFIELD — More than 100 “Warfighters” marched out of Wheeler Gulch, here, and into the arms of their loved ones after a yearlong mission to Afghanistan, Feb. 8.

While deployed, Headquarters and Headquarters Detachment, 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command, provided command and control for three military police companies. The unit also mentored Afghan Uniformed Police throughout eight provinces in Rear Command-East.

This task was not easy, with the future presence of U.S. troops in Afghanistan being uncertain and a political haze surrounding the mentorship program lingering overhead.

Also, another real physical roadblock was laid out in front of the Warfighters: logistics.

According to Maj. Alexander Murray, operations officer, HHD, his unit combated those problems by digging a foxhole for two.

“We became fully embedded,” Murray said. “We had 24-hour presence with primary staff.”

Close contact allowed both sides to understand each others’ needs. The coalition teams



The command team from HHD, 728th MP Bn., 8th MP Bde., 8th TSC, march into Wheeler Gulch as the rest of the detachment follows, during the unit’s redeployment ceremony, Feb. 8.

overcame logistical problems by identifying the needs of the precincts, before a lack of supplies could put a quick stop to a mission.

As structural problems began to disintegrate among between the MPs and the AUP, the Soldiers back in Kabul, Afghanistan, began to work

their magic.

“The first six months seemed easy,” said Spc. Daryl Tippens, intelligence analyst, HHD. “Too easy.”

Reality struck in the form of a vehicle-born, indirect explosive device.

What at first glance appeared simple became a more complex series of issues. To combat the problems, the MPs went digging for solutions.

“We became a well-oiled machine,” Tippens said.

## RELATED STORY

• Read about the 163rd Trans. Det.’s redeployment ceremony on page A-5.

New strategies and information were unearthed, allowing for better strategic planning and quicker tactical responses.

“(The AUP) were excited to work with us; we became a family,” Murray said.

And like every family, the MPs made sure their brothers had the skills to start setting out on their own, to make their own claim.

Slowly, but surely, the unit’s Afghan counterparts took a more prominent role in policing their citizens.

“We vastly improved their regional AUP headquarters,” Murray said. “By the time we left, they were able to operate with minimal assistance. It was a great opportunity to be out there, to help and become close with our Afghani counterparts, but we missed our families and it’s unbeatable to be back home with them.”

# TAMC receives trauma patients, continues to strive for excellence in care

Story and Photo by  
STEPHANIE BRYANT  
Tripler Army Medical Center Public Affairs

HONOLULU — Tripler Army Medical Center treated 307 Department of Defense trauma beneficiaries last year and was recently approached by the State of Hawaii to enter into its integrated trauma system.

“The driving force behind Tripler’s participation is their commitment to patient care,” said Navy Capt. Kenneth Kelly, chief, Emergency Department, TAMC.

Up until recently, Tripler did not have a sys-

tematic way of assessing trauma patients, according to Lt. Col. Kurt Edwards, chief, Trauma/Surgical Critical Care, TAMC.

Tripler does not have unused capacity to make additional treatment possible, but it does have unused skill.

“We have a certain amount of expertise, and if you were really to look on (Army Medicine), Tricare and Military Health System mission statements, their missions are to provide care and promote health of the military person,” Edwards said. “One of the biggest things that kills and injures our Soldiers is trauma.”

“(Our goal is to ensure) that trauma care is better today than it was yesterday.”

**Lt. Col. Kurt Edwards**  
Chief, Trauma/Surgical Critical Care, TAMC

TAMC will become part of Hawaii’s Trauma Registry and can share trauma data.

“As a part of the Trauma Registry, we will share

data and outcomes to improve the overall trauma system in Hawaii,” said Brig. Gen. Keith Gallagher, commander, Pacific Regional Medical Command and TAMC.

“We are honored to be part of this system and to help improve the trauma system and to share our experiences and insights gathered from multiple combat tours of our providers and nurses,” Gallagher added.

A hospital’s capability to care for trauma within the state is currently based on four-level systems,

See TAMC, A-7

**Brushing up on protocol | A-5**

USAG-HI reviews reveille and retreat.

**Facebook town hall | A-6**

USAG-HI is hosting a cyber town hall, 6-7:30 p.m., Feb. 29, at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii), under the “Events” tab.

**“Comfort home” | B-1**

Fisher House lends a helping hand when service members are in need.



**Gearing up for GAR | B-3**

28th annual 8.15 mile race from Aloha Tower to Aloha Stadium is Monday.



## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army or organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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## 42 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 2/16/12.

### TOP COP

# Diligence required to keep our installation safe

#### COL. LA'TONYA D. LYNN

Commander, 8th Military Police Brigade, 8th Theater Sustainment Command, and Director, Directorate of Emergency Services, U.S. Army Garrison-Hawaii

Welcome to Top Cop. The goal of this monthly column is to provide crime data to our military communities throughout U.S. Army Garrison-Hawaii, to increase awareness, which will aid in crime prevention.



Lynn

#### Neighborhood Watch

The Directorate of Emergency Services, U.S. Army Garrison-Hawaii, in coordination with Island Palm Communities, recently conducted a Neighborhood Watch meeting in the theater of the Aliamantu Military Reservation Community Center.

The primary focus was to reinforce the importance of the Neighborhood Watch program within our military communities and to increase residents' involvement. Topics included expectations for community residents and support from law enforcement personnel.

Schofield Barracks will host a similar Neighborhood Watch meeting, Feb. 21, at the Canby Community Center.

Neighborhood Watch is a resident-driven program that will only be successful with the participation of the community. At these meetings, residents can address law enforcement and housing issues. Both DES and IPC representatives are available at the meetings to ensure issues have an appropriate response.

USAG-HI's DES, uses crime statistics to determine patrol distribution and to maintain safety and security within our communities. From Jan. 1-31, the Schofield Barracks Provost Marshal Office, or PMO, reported a total of 349 cases for both areas of operation, or AORs. Outlined, below, is a listing of these cases.

#### Assaults

Those involving alcohol: 9  
Service members apprehended: 13  
Family members apprehended: 7

#### Larcenies

Unsecured/unattended: 56  
In housing area: 53  
In public area: 35

#### Traffic accidents

Involving injuries: 5  
Damage to property: 13

#### Driving under the influence

Service members apprehended: 15  
Family members apprehended: 2

#### Traffic citations

Cell phone violations: 10  
Speeding violations: 42  
Failure to stop as posted: 58  
No insurance: 14  
Expired safety inspection: 116  
Parking violations (parking in seeded area, parking where curb painted yellow etc): 89  
Improper turns: 2  
No vehicle registration in vehicles: 9  
Failure to register out of state plates: 8  
Driving without a license: 24  
Expired registration: 51  
Defective equipment: 28  
Failure to display registration: 2  
No seatbelt: 2  
Suspended driver's license: 4  
Unsafe backing: 9  
Failure to use turn signal: 6  
Failure to display safety sticker: 2  
Disregarding a traffic control device: 11  
Expired insurance: 2  
Crossing double yellow line: 2  
Impeding traffic: 7

Defective license plate: 1  
Following too closely: 2  
Overtaking vehicle on right shoulder: 1  
Failure to yield right of way to emergency vehicle: 1  
Abandoned vehicle: 7  
Driving without headlights: 1  
Failure to yield at an intersection: 3  
Unsafe lane change: 1  
Failure to display front license plate: 1  
Expired driver's license: 1

#### Miscellaneous violations

Failure to control pet: 8  
Excessive noise: 2  
Unattended child: 1  
Trespassing on a military installation: 1  
Failure to care for pet: 1  
Failure to register weapon: 2

Report any suspicious behavior or witnessed criminal acts to law enforcement personnel at Schofield Barracks at 655-7114 or at Fort Shafter at 438-7114.

#### Installation access control

With USAG-HI eliminating the vehicle registration program, DES requested that our sister service military installations on Oahu honor the common access card and other authorized ID cards without the Department of Defense vehicle decals for our personnel.

Marine Corps Base Hawaii, Camp Smith, and Bellows Air Force Base will allow entry with a CAC and other authorized ID card, without the DOD vehicle decal, for our personnel.

Currently, Joint Base Pearl Harbor-Hickam still requires CAC or other authorized ID card and a DOD vehicle decal for entry.

Personnel without a DOD vehicle decal will be required to use the Visitor Control Center for a day pass, so plan accordingly. This procedure is for uniformed military personnel and official business.

## BACK TO BASICS

# Leota puts focus back on Soldiering fundamentals

#### COMMAND SGT. MAJ. FRANK M. LEOTA

Command Sergeant Major, U.S. Army-Pacific

I will begin using this "Back to Basics" monthly column as an initiative to assist Soldiers to begin focusing on the fundamentals of Soldiering and leadership.

Over the past decade, we have become more adaptive and vigilant. Our tactics, techniques, procedures and combat experience have made us successful against our adversaries.

We have had a high operational tempo in support of overseas contingency operations, but we have inadvertently become untrained in several areas, at all levels.



Leota


Getting back to the basics is an essential key in developing a strong and knowledgeable Soldier and leader. Our Army and leaders deserve that, and we, as leaders, have an inherent responsibility to our Soldiers and to the Army.

#### RELATED STORY

• Read more about the Army's protocols on page A-5.

See BASICS, A-8

## Pfc. dishonorably discharged



**Q: Why does the Hawaii Army Weekly publish courts-martial findings?**

**A: The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.**

The Office of the Staff Judge Advocate, 8th Theater Sustainment Command, publishes the results of the following recent courts-martial.

A private first class from 558th Military Police Company, 728th MP Battalion, 8th MP Brigade, 8th TSC, was found guilty of two specifications of Article 120, aggravated sexual assault of a child over 12 years old; one specification of Article 92, failure to obey an order or regulation; one specification of Article 90, willfully disobeying a superior commissioned officer; and two specifications of Article 134, possession of child pornography.

The Soldier was sentenced to be reduced in rank to E1, private; to forfeit all pay and allowances; to be confined for six years; and to be discharged from the Army with a dishonorable discharge.

Besides forfeiture of pay, either adjudged or by operation of law, confinement and a punitive discharge, the Soldier will also have a federal conviction that the Soldier must report when filling out a job application.

A federal conviction strips the Soldier of many rights, such as the right to purchase and maintain firearms and the right to vote.

## FOOTSTEPS in FAITH

# Love is not just flowers, candies, romance on Valentine's Day

#### CHAPLAIN (MAJ.) STEPHEN M. HOMMEL

Brigade Chaplain, 500th Military Intelligence Bde.

Valentine's Day is really not one of my favorite holidays, so frankly, I am kind of glad it is over. I have even heard some of the more unromantic guys refer to Valentine's Day as "Extortion Day."

Gasp! Yes, ladies, I know. Personally, I would not go that far, but like a lot of guys, I think it is a rather one-sided holiday.

It seems like Valentine's Day is primarily a romantic holiday for the ladies. And, as a man, if you are not sufficiently romantic on Feb. 14, there are bound to be tears, hurt feelings and probably several nights on the couch. Now, for you guys who are still in the blush of a new relationship — on your honeymoon or very in touch with your feelings, this article is probably not for you. It is for the rest of us brutes who purposely missed that very special Valentine's Day episode on Oprah.

As a guy who used to think it would be a good idea to celebrate Valentine's Day, Feb. 15, you know, to take advantage of all the sales — she never went for it — what helps me to celebrate Valentine's Day, on the proper day, and in a way that produces tears of joy in my wife's lovely eyes, is to remember that love is more than a feeling. It is a decision.

If you really want to know about love, the best place to look is in the Bible. In fact, in the language of the New Testament, there are four different words for love, and while romance, or "eros," is an important part of love, it is not nearly as important as our popular culture makes it out to be.



Hommel

The most important aspect of love, the kind of love that grows stronger, deeper and more wonderful over the years, has, in fact, little to do with the popular notions of romance.

In English, we have one word for love, but in the detail and precision of the original "Koine Greek" of the New Testament and Septuagint, there are four words for love: "storge," "eros," "philia" and "agape."

Briefly defined, storge is the love of family and home, philia is friendship, and eros is romance and sexual love.

When people talk about "falling in love," that is eros, and to a lesser extent, philia.

When people say they have "fallen out of love," that is also eros.

The first three loves are based on the emotions, and are therefore affected and governed by all the pressures of life and how a person might feel at any given time.

The final love, the greatest of the loves, is agape. Agape is a decision to love. It is all about giving, not about getting.

As C.S. Lewis said in "Mere Christianity," "Love, in the agape sense, does not mean an emotion. It is a state, not of the feelings, but of the will."

It is a commitment to seek the other person's highest good and to sacrificially put his or her needs above your own.

One of the best things about agape, especially in marriage, is that when you love, even when you do not feel like it, at some point, you really do start feeling it.

And when the emotions do kick in, they will be deeper, richer and more lasting.

Agape is not the kind of love that you can fall out of, or that simply wears off or gets stale like last year's candy hearts.

Agape is the foundation for all the other loves, and grows stronger, sweeter and more precious over time.

# Voices of Ohana

Feb. 20 is President's Day.

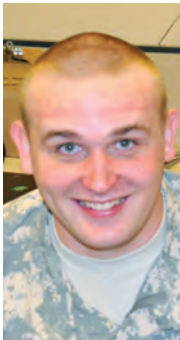
## Who was your favorite president and why?

Photos by 65th Engineer Battalion Public Affairs, 130th Eng. Brigade, 8th Theater Sustainment Command



"George W. Bush, because he was up front about things, wasn't afraid to make a decision, and led from the front."

**Sgt. 1st Class David Austin**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"Abraham Lincoln had the fortitude to make decisions other people wouldn't."

**2nd Lt. Michael Bowers**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"Teddy Roosevelt, because he was a 'Rough Rider.'"

**1st Lt. Albert Cho**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"Bill Clinton was cool."

**Master Sgt. James Harbin**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"George Washington. He didn't want the job, but he took it anyway, because it was better to do the harder right than the easier wrong."

**Spc. Mathew Turgeon**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC





Photos Courtesy of 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

Above — During the memorial ceremony for fallen “Broncos,” Soldiers with 3rd BCT, “TF Bronco,” 25th ID, execute a 21-gun salute, Jan. 28.

Right —Staff Sgt. Tommy Byrge, 3rd BSB, 3rd BCT, 25th ID, plays a song he wrote to honor the fallen heroes of TF Bronco.



# ‘TF Bronco’ honors fallen heroes with remembrance run

**STAFF SGT. AMBER ROBINSON**  
Rear Command-East Public Affairs

NANGARHAR PROVINCE, Afghanistan — “Task Force Bronco” Soldiers gathered to honor their fallen heroes during a special memorial ceremony and remembrance run at Forward Operating Base Fenty, here, recently.

The memorial ceremony began at sunrise and was attended by nearly 300 Soldiers, Airmen, Marines and civilians who came to pay homage to fallen 3rd Brigade Combat Team, 25th Infantry Division Soldiers.

“This morning was such a humbling experience,” said Command Sgt. Maj. Andrew Spano, senior enlisted leader, 3rd BCT. “I never imagined how many people would come out to support (the cause.)

“As the commander and I positioned ourselves at the memorial flag pole at Forward Operating Base Fenty, the sun began to rise over the eastern mountains of Nangarhar province,” Spano said.

“It was the most beautiful sunrise I have ever seen,” Spano added. “Then I noticed the nearly 300 (servicemen and servicewomen) who had come to support our cause. My heart felt so

warm on that chilly morning, humbled really, that so many wanted to show their support for our endeavor.”

Many Soldiers purchased a special remembrance run T-shirt to wear during the event. Pro-

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“I felt a closeness to all of our Soldiers that have fallen during this war, and I know, in my heart, I will never forget any of them.”

**Command Sgt. Maj. Andrew Spano**  
Senior enlisted leader, 3rd BCT, 25th ID

ceeds from the purchases went toward a TF Bronco memorial monument that will be built on Schofield Barracks to honor those Bronco troops who made the ultimate sacrifice.

So far, \$12,000 has been raised for the TF Bronco Memorial Association. A check was officially presented to the TF Bronco command team by

Soldiers of the brigade during the ceremony.

The memorial also featured a moment of silence, taps, a 21-gun salute and a song, written and performed on guitar, by Staff Sgt. Tommy Byrge, 325th Bde. Support Battalion, 3rd BCT.

The ceremony culminated with a three-and-a-half mile run.

Special Soldier identification tags printed with the name and unit of a fallen Bronco were available so Soldiers could hold the tag and silently remember that fallen Soldier.

“I randomly selected the tag of Staff Sgt. Kristoferson Lorenzo,” Spano said. “During the ceremony, as each name of the fallen from this deployment was read, I held the tag in my hand and ran my thumb over the raised portion that spelled out his name.

“I felt a closeness with Lorenzo at that moment. I felt a closeness to all of our Soldiers that have fallen during this war, and I know, in my heart, I will never forget any of them.”

Dog tags from 3rd BCT, TF Broncos, 25th ID’s, fallen heroes hang from a pair of combat boots during a sunrise memorial held to honor those lost during the brigade’s deployment.





# Engineers induct newest group of NCOs

Story and Photo by  
**CAPT. GARY MASON**  
130th Engineer Brigade Public Affairs,  
8th Theater Sustainment Command

SCHOFIELD BARRACKS — A new group of noncommissioned officers in the 130th Engineer Brigade, 8th Theater Sustainment Command, became part of the backbone of the Army during an NCO induction ceremony at the Nehelani, here, Feb. 10.

Signifying their transformation into leaders, the 130th Eng. Bde. inductees passed through an archway depicting a replica of a 10-foot engineer castle display as their NCO sponsors introduced them.

Induction into the NCO Corps signals a Soldier’s transformation into a leader. NCOs are charged with accomplishing the mission, and they are responsible for the care, welfare and training — both technical and physical — of junior Soldiers.

Spc. Laura Lerma, 130th Eng. Bde., stood to attention and made a ceremonial “Soldier’s Request” to all NCOs present.

“Speak with me often, sergeant, for the praise and guidance you give will be expected,” she called out. “I’m an American Soldier expecting to be trained.”

Command Sgt. Maj. Roy Ward, senior enlisted leader, 130th Eng. Bde., then explained why he continues to serve and where he finds the energy to continue as the Army goes through its transitional process.

“I serve because of Soldiers like the four that stand before me today, making ‘Soldier’s Requests’ that inspire me to com-



NCO inductees pass through the engineer’s traditional saber crossing during the NCO induction ceremony for the 130th Eng. Bde., 8th TSC, at the Nehelani, Schofield Barracks, Feb. 10.

mand while they serve unselfishly, assisting others,” he said.

The tradition of commemorating the transformation of a Soldier to an NCO can be traced to the army of Fredrick the Great. Today, the Army commemorates this rite of passage as a celebration, emphasizing and building on the pride Soldiers share as members of such an elite corps.

“When you go to an airport and people say thank you for your service, what do you say to them?” asked Command Sgt. Maj. Terrence Murphy, engineer regiment command

sergeant major, Fort Leonard Wood, Mo., and induction guest speaker. “What you say to those who served before you is key.”

“As up and coming leaders, we have a responsibility, and it is not just to where the stripes,” Murphy continued. “You have a responsibility for America’s sons and daughters, who are now at your fingertips. You are responsible as leaders to bring them up.

“The Soldiers Creed should be in your heart everyday when you come to work. The day (the creed) is not in your heart, you need to find a new employer.”

The Creed of the NCO has been serving as a guiding document for noncommissioned officers since its inception in 1973, though its concepts have been always been a part of the NCO Corps.

Each major paragraph of the creed begins with three letters: N, C and O. These words have inspired NCOs, and have served as a compass to guide them down the right paths that they encounter.

During the brigade’s ceremony, the newest NCOs affirmed their commitment to the professionalism of the corps, becoming the backbone of the U.S. Army.

*(Editor’s Note: Vanessa Lynch, news editor, contributed to the content of this article.)*

# USARPAC names EO Soldier of the Year

**SPC. MARCUS FICHTL**  
8th Military Police Brigade Public Affairs,  
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Team Equal Opportunity-Hawaii recognized U.S. Army-Pacific’s EO Soldier of the Year in front of 48 new graduates of the EO Leadership Course, here, Feb. 3.



Sgt. 1st Class Judith Atkinson, EO advisor, 8th Military Police Brigade, 8th Theater Sustainment Command, was named USARPAC’s EO Soldier of the Year.

“We cannot judge character on race, color, gender, religion or national origin,” said Col. La’ Tonya Lynn, commander, 8th MP Bde., and the event’s guest speaker. “We need you to combat the evils of prejudice.”

The EO advisor serves as the brigade commander’s fighter against prejudice and her right-hand on all matters of equality within the unit.

Atkinson has been the 8th MP Bde.’s EO advisor for two years.

Ever humble about her work as the EO advisor, the food services-trained Soldier carries out her duties as she does, because they are what the Army tells her to do. She is not driven by accolades; she simply cares about her Soldiers.

Still, Atkinson’s accolades come because of her sense of duty and her commitment to her Soldiers.

“You are that fellow Soldier, you carry with you the guidon of equality, you stand out in front, and they see what they can become,” Lynn said, about Atkinson. “Many say that the Army is an organization that cannot be changed; it’s bigger than you. They are wrong. You (Sgt. 1st Class Atkinson) will change every Soldier you meet.”

## NCO Corps Inductees

### 130th Eng. Bde.

- Sgt. Eric Rohr
- 65th Eng. Bn.**
- Sgt. Ashley Bersterman
- Sgt. Jason Burns
- Sgt. William Cull
- Sgt. Jonathan Hair
- Sgt. Rachael Jonmichael
- Sgt. Megan Long
- Sgt. Eduardo Palencia

- Sgt. Daena Robinson
- Sgt. Genaro Sexton
- 84th Eng. Bn**
- Sgt. David Alex
- Sgt. Christopher Anderson
- Sgt. Johnathan Ayers
- Sgt. Cody Dunn
- Sgt. Brandon Durance
- Sgt. Ali Ebrahimnejad
- Sgt. Caleb Hill
- Sgt. Justin Nation
- Sgt. Jennifer Page
- Sgt. David Viera

# Garrison addresses lack of participation for reveille, retreat

**STEPHANIE BRYANT**  
Tripler Army Medical Center Public Affairs

WHEELER ARMY AIRFIELD — Ceremonies play a big part in the military lifestyle, and they are a part of its history and traditions.

For Soldiers, the day starts and ends with a flag ceremony: reveille and retreat.

Reveille, which is played at 6:30 a.m., in Hawaii, is the time our flag is hoisted and the bugle sounds, signifying the beginning of our duty day.

Retreat, which signifies the end of the duty day, is when the bugle gets played again and our flag is lowered, folded and put away.

At Army-Hawaii installations, retreat plays at 5 p.m., except on Thursdays, when it occurs at 3 p.m. for family time.

During a recent U.S. Army Garrison-Hawaii Facebook town hall, a community member questioned why vehicles are not stopping during reveille and retreat.

Command Sgt. Maj. Robert Williamson, senior enlisted leader, USAG-HI, who handles inquiries like this one, said garrison has identified a couple of reasons why that policy is being overlooked.

He explained that the military has evolved to in-

clude more civilians and contractors, and leaders should reiterate protocol to make sure it is being adhered to by all personnel.

“The policy clearly states that all vehicle drivers, both military and civilian, will halt their vehicles during reveille and retreat,” Williamson said.

“Also, it is important that Soldiers living on post and visiting post ... make sure that their families understand all the policies. Directors and supervisors of civilians need to make sure that their staff is aware of the policies, as well.”

According to Appendix C of Army Regulation 600-25, “Salutes, Honors and Visits of Courtesy,” when ceremonies, excluding military funerals, are being conducted, moving vehicles will be brought to a halt, and military passengers and drivers will dismount and render the appropriate courtesy.

Capt. Parris Watson, operations officer with USAG-HI’s Directorate of Plans, Training, Mobilization and Security, said rendering proper honors to our flag is an important part of keeping military tradition and history alive.

“It’s about following good order and discipline,” Watson said. “Bearing honors to the flag is about

representing our military values. The garrison’s policy needs to be disseminated down to the lowest level, (to both) military and civilian.”

“Rendering honors during ceremonies, reveille and retreat is a part of common customs and courtesies,” Williamson emphasized, “which is tradition and a big part of being in the military.”



**Spc. Tiffany Dusterhoft** | 8th Theater Sustainment Command Public Affairs

USAG-HI’s policy states that all vehicle drivers, military or civilian, will halt their vehicles during flag ceremonies. Military members will dismount and render the proper honors in accordance with AR 600-25.

## 163rd Trans. Det. uncases colors, resumes operations

**SGT. GAELLEN LOWERS**  
8th Theater Sustainment Command Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — After nearly nine months away from friends and family, the 163rd Transportation Detachment, 524th Combat Sustainment Support Battalion, 45th Sust. Brigade, 8th Theater Sust. Command, has officially resumed operations with an uncasing ceremony at Missing Man Field, here, Feb. 8.

The detachment left in July 2011 to retrieve its logistics support vessel, or LSV, from Charleston, S.C. The detachment then sailed directly to support Operations Enduring Freedom and New Dawn throughout the Central Command area of responsibility.

The deployment came as a surprise to the Soldiers of the 163rd Trans. Det. The LSV was originally sent to Charleston for an extensive \$2 million overhaul to update the vessel and extend its lifespan. It was one of eight Army LSVs receiving the service life extension program.

About 10 days before their scheduled return from Charleston, the unit received orders to deliver the LSV-5 to Kuwait to support Operation New Dawn, said Chief Warrant Officer 4 Alan

Earley, commander, 163rd Trans. Det.

“What was at first a 90-day mission turned into a seven-month deployment,” Earley said. “The timeline allowed no time for block leave, no return home to say goodbye to loved ones, and only the minimum time allotted to make sure all deployment tasks were met.”

While deployed, the 163rd exceeded all standards and completed every assigned task, Earley continued.

At 274 feet long, the LSV is the largest of the Army’s watercraft. It can carry more than 2,000 short tons of cargo — that’s equivalent to 23 C-17 aircraft loads.

The unit’s training and discipline, Earley said, ensured all Soldiers came home safely with a perfect mission record and zero loss of equipment — with a hand receipt of more than \$20 million.

“The resourcefulness, flexibility and drive of the 163rd has shown through all challenges and adversities that they have endured,” Earley said.

“It is with all my heart that I tell them now thank you for all the long hours, hard work and sacrifices. You were the right unit to perform a extremely difficult task. You have proven that you



**Spc. Marcus Fichtl** | 8th Military Police Public Affairs, 8th Theater Sustainment Command

Chief Warrant Officer 4 Alan Earley, commander 163rd Trans. Det., 524th CSSB, 45th Sust. Bde., 8th MP Bde., 8th TSC, uncases the detachment's colors during the unit's redeployment ceremony, Feb. 8.

are not only top-notch mariners, but truly professional Soldiers, always ready to answer your nations call.”

## POVs: Charging not permitted

CONTINUED FROM A-1

other building to charge their POVs is not authorized.

The garrison is currently participating in a prototype pilot program designed to help make the installation energy independent. In efforts to provide a clean source of “green” power and control to nearly any source of electrical power within the grid, the first-ever smart-charging micro grid system was unveiled here in March 2011.

The system consists of 25 kilowatts of solar power, 200 kilowatt-hours of battery storage and four plug-in electric vehicles. It powers four electric vehicles and has the ability to provide instant backup power to support three buildings for 72 hours, including the garrison headquarters.

The smart-charging micro grid system’s stalls are provided only for the pilot program’s vehicles.



## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army or organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

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## 42 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 2/16/12.

### TOP COP

# Diligence required to keep our installation safe

#### COL. LA'TONYA D. LYNN

Commander, 8th Military Police Brigade, 8th Theater Sustainment Command, and Director, Directorate of Emergency Services, U.S. Army Garrison-Hawaii

Welcome to Top Cop. The goal of this monthly column is to provide crime data to our military communities throughout U.S. Army Garrison-Hawaii, to increase awareness, which will aid in crime prevention.



Lynn

#### Neighborhood Watch

The Directorate of Emergency Services, U.S. Army Garrison-Hawaii, in coordination with Island Palm Communities, recently conducted a Neighborhood Watch meeting in the theater of the Aliamanu Military Reservation Community Center.

The primary focus was to reinforce the importance of the Neighborhood Watch program within our military communities and to increase residents' involvement. Topics included expectations for community residents and support from law enforcement personnel.

Schofield Barracks will host a similar Neighborhood Watch meeting, Feb. 21, at the Canby Community Center.

Neighborhood Watch is a resident-driven program that will only be successful with the participation of the community. At these meetings, residents can address law enforcement and housing issues. Both DES and IPC representatives are available at the meetings to ensure issues have an appropriate response.

USAG-HI's DES, uses crime statistics to determine patrol distribution and to maintain safety and security within our communities. From Jan. 1-31, the Schofield Barracks Provost Marshal Office, or PMO, reported a total of 349 cases for both areas of operation, or AORs. Outlined, below, is a listing of these cases.

#### Assaults

Those involving alcohol: 9  
Service members apprehended: 13  
Family members apprehended: 7

#### Larcenies

Unsecured/unattended: 56  
In housing area: 53  
In public area: 35

#### Traffic accidents

Involving injuries: 5  
Damage to property: 13

#### Driving under the influence

Service members apprehended: 15  
Family members apprehended: 2

#### Traffic citations

Cell phone violations: 10  
Speeding violations: 42  
Failure to stop as posted: 58  
No insurance: 14  
Expired safety inspection: 116  
Parking violations (parking in seeded area, parking where curb painted yellow etc): 89  
Improper turns: 2  
No vehicle registration in vehicles: 9  
Failure to register out of state plates: 8  
Driving without a license: 24  
Expired registration: 51  
Defective equipment: 28  
Failure to display registration: 2  
No seatbelt: 2  
Suspended driver's license: 4  
Unsafe backing: 9  
Failure to use turn signal: 6  
Failure to display safety sticker: 2  
Disregarding a traffic control device: 11  
Expired insurance: 2  
Crossing double yellow line: 2  
Impeding traffic: 7

Defective license plate: 1  
Following too closely: 2  
Overtaking vehicle on right shoulder: 1  
Failure to yield right of way to emergency vehicle: 1  
Abandoned vehicle: 7  
Driving without headlights: 1  
Failure to yield at an intersection: 3  
Unsafe lane change: 1  
Failure to display front license plate: 1  
Expired driver's license: 1

#### Miscellaneous violations

Failure to control pet: 8  
Excessive noise: 2  
Unattended child: 1  
Trespassing on a military installation: 1  
Failure to care for pet: 1  
Failure to register weapon: 2

Report any suspicious behavior or witnessed criminal acts to law enforcement personnel at Schofield Barracks at 655-7114 or at Fort Shafter at 438-7114.

#### Installation access control

With USAG-HI eliminating the vehicle registration program, DES requested that our sister service military installations on Oahu honor the common access card and other authorized ID cards without the Department of Defense vehicle decals for our personnel.

Marine Corps Base Hawaii, Camp Smith, and Bellows Air Force Base will allow entry with a CAC and other authorized ID card, without the DOD vehicle decal, for our personnel.

Currently, Joint Base Pearl Harbor-Hickam still requires CAC or other authorized ID card and a DOD vehicle decal for entry.

Personnel without a DOD vehicle decal will be required to use the Visitor Control Center for a day pass, so plan accordingly. This procedure is for uniformed military personnel and official business.

## BACK TO BASICS

# Leota puts focus back on Soldiering fundamentals

#### COMMAND SGT. MAJ. FRANK M. LEOTA

Command Sergeant Major, U.S. Army-Pacific

I will begin using this "Back to Basics" monthly column as an initiative to assist Soldiers to begin focusing on the fundamentals of Soldiering and leadership.

Over the past decade, we have become more adaptive and vigilant. Our tactics, techniques, procedures and combat experience have made us successful against our adversaries.

We have had a high operational tempo in support of overseas contingency operations, but we have inadvertently become untrained in several areas, at all levels.



Leota

Getting back to the basics is an essential key in developing a strong and knowledgeable Soldier and leader. Our Army and leaders deserve that, and we, as leaders, have an inherent responsibility to our Soldiers and to the Army.

#### RELATED STORY

• Read more about the Army's protocols on page A-5.

See BASICS, A-8

## Pfc. dishonorably discharged

**Q: Why does the Hawaii Army Weekly publish courts-martial findings?**

**A: The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.**

The Office of the Staff Judge Advocate, 8th Theater Sustainment Command, publishes the results of the following recent courts-martial.

A private first class from 558th Military Police Company, 728th MP Battalion, 8th MP Brigade, 8th TSC, was found guilty of two specifications of Article 120, aggravated sexual assault of a child over 12 years old; one specification of Article 92, failure to obey an order or regulation; one specification of Article 90, willfully disobeying a superior commissioned officer; and two specifications of Article 134, possession of child pornography.

The Soldier was sentenced to be reduced in rank to E1, private; to forfeit all pay and allowances; to be confined for six years; and to be discharged from the Army with a dishonorable discharge.

Besides forfeiture of pay, either adjudged or by operation of law, confinement and a punitive discharge, the Soldier will also have a federal conviction that the Soldier must report when filling out a job application.

A federal conviction strips the Soldier of many rights, such as the right to purchase and maintain firearms and the right to vote.

## FOOTSTEPS in FAITH

# Love is not just flowers, candies, romance on Valentine's Day

#### CHAPLAIN (MAJ.) STEPHEN M. HOMMEL

Brigade Chaplain, 500th Military Intelligence Bde.

Valentine's Day is really not one of my favorite holidays, so frankly, I am kind of glad it is over. I have even heard some of the more unromantic guys refer to Valentine's Day as "Extortion Day."

Gasp! Yes, ladies, I know. Personally, I would not go that far, but like a lot of guys, I think it is a rather one-sided holiday.

It seems like Valentine's Day is primarily a romantic holiday for the ladies. And, as a man, if you are not sufficiently romantic on Feb. 14, there are bound to be tears, hurt feelings and probably several nights on the couch. Now, for you guys who are still in the blush of a new relationship — on your honeymoon or very in touch with your feelings, this article is probably not for you. It is for the rest of us brutes who purposely missed that very special Valentine's Day episode on Oprah.

As a guy who used to think it would be a good idea to celebrate Valentine's Day, Feb. 15, you know, to take advantage of all the sales — she never went for it — what helps me to celebrate Valentine's Day, on the proper day, and in a way that produces tears of joy in my wife's lovely eyes, is to remember that love is more than a feeling. It is a decision.

If you really want to know about love, the best place to look is in the Bible. In fact, in the language of the New Testament, there are four different words for love, and while romance, or "eros," is an important part of love, it is not nearly as important as our popular culture makes it out to be.

The most important aspect of love, the kind of love that grows stronger, deeper and more wonderful over the years, has, in fact, little to do with the popular notions of romance. In English, we have one word for love, but in the detail and precision of the original "Koine Greek" of the New Testament and Septuagint, there are four words for love: "storge," "eros," "philia" and "agape."

Briefly defined, storge is the love of family and home, philia is friendship, and eros is romance and sexual love. When people talk about "falling in love," that is eros, and to a lesser extent, philia.



Hommel

When people say they have "fallen out of love," that is also eros.

The first three loves are based on the emotions, and are therefore affected and governed by all the pressures of life and how a person might feel at any given time.

The final love, the greatest of the loves, is agape. Agape is a decision to love. It is all about giving, not about getting.

As C.S. Lewis said in "Mere Christianity," "Love, in the agape sense, does not mean an emotion. It is a state, not of the feelings, but of the will."

It is a commitment to seek the other person's highest good and to sacrificially put his or her needs above your own.

One of the best things about agape, especially in marriage, is that when you love, even when you do not feel like it, at some point, you really do start feeling it.

And when the emotions do kick in, they will be deeper, richer and more lasting.

Agape is not the kind of love that you can fall out of, or that simply wears off or gets stale like last year's candy hearts.

Agape is the foundation for all the other loves, and grows stronger, sweeter and more precious over time.

# Voices of Ohana

Feb. 20 is President's Day.

## Who was your favorite president and why?

Photos by 65th Engineer Battalion Public Affairs, 130th Eng. Brigade, 8th Theater Sustainment Command



"George W. Bush, because he was up front about things, wasn't afraid to make a decision, and led from the front."

**Sgt. 1st Class David Austin**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"Abraham Lincoln had the fortitude to make decisions other people wouldn't."

**2nd Lt. Michael Bowers**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"Teddy Roosevelt, because he was a 'Rough Rider.'"

**1st Lt. Albert Cho**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"Bill Clinton was cool."

**Master Sgt. James Harbin**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



"George Washington. He didn't want the job, but he took it anyway, because it was better to do the harder right than the easier wrong."

**Spc. Mathew Turgeon**  
HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC



# Garrison uses voluntary realignments to fill over-hire positions

**LACEY JUSTINGER**  
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — U.S. Army Garrison-Hawaii hosted two employee town halls, here, and at Fort Shafter, Feb. 9-10, to address questions and to update personnel on Installation Management Command manpower reductions for fiscal year 2013.

USAG-HI currently has 104 over-hire positions, and the garrison is using a voluntary procedure to realign personnel into valid vacancies by Sept. 30.

“We’re going to do everything we can to get to our (IMCOM) mandates while keeping our customers’ needs in mind,” said Col. Douglas Mulbury, commander, USAG-HI. “Status quo employees are not an option.

“It’s not that individuals haven’t done the work, haven’t made an impact,” Mulbury explained. “Everyone’s doing important work, but these were the guidelines given to us. At every level, we are trying to take care of individuals as we work through this process. We’re going to try to take care of everybody and the organization.”

Garrison has implemented a four-phases process to reach manning targets. The Administrative Reassignments Phase is complete, and the Voluntary Reassignments Phase is in progress.

During the administrative phase, directorates and staff made needed changes to the Table of Distribution and Allowances, or TDA.

In the voluntary phase, the Resource Management Office received 142 consideration requests, or CRs, from personnel in over-hire positions, who had applied for valid vacancies throughout the garrison.

This voluntary phase required over-hire personnel to provide CRs for valid vacancies. This week, directorates are reviewing those CRs and recommending the best-qualified applicants for those positions.

Next, USAG-HI’s Personnel Management Board will review CR recommendations and justifications from directorates and staff, and then forward the decisions to the commander for his approval.

Employees will be notified about their CRs, Feb. 21, and the PMB hopes most employees

will move to their gaining organization no later than March 25.

“We’re trying to get the right people into the right seats in garrison,” said Jim Duttweiler, deputy commander, USAG-HI. “We’ve going to make maximum use of the talents we have to match the needs in garrison.”

The second phase includes Voluntary Early Retirement Authority/Voluntary Separation Incentive, or VERA/VISIP. Presently, 67 employees have been approved; 47 have accepted the option.

The VERA/VISP option was first offered in 2010. Since it has reopened, an additional nine employees have submitted applications. All VERA/VISP employees must retire by March 31.

“Based on this voluntary process, we still don’t think we can get from where we are to where we need to be,” Mulbury said. “We think there is going to be a substantial mismatch to meet the mandate.



“At that point,” he continued, “it may become necessary for involuntary movements.”

The remaining two phases — the Internal Reassignments Phase and a Management-Directed Phase — start in April. During these phases, the directorate and/or commander may move any qualified personnel within authorized positions that were not filled during the voluntary CR phase. These actions will create new vacancies, but the new vacancies will be available to remaining over-hire personnel.

Before the employee town hall ended, leaders stated they might have to redirect a mismatched employee into a lower grade; however, pay retention guidelines will apply.

“After this process, there will be jobs we will not be able to do, jobs where we will not have the people to do them,” said Bob Eastwood, director, Directorate of Public Works.

“We’ll have to prioritize our core functions,” he explained, looking at the way ahead.

## District supports 2012 Engineers Week

**U.S. ARMY CORPS OF ENGINEERS-HONOLULU DISTRICT**  
Public Affairs Office

FORT SHAFTER — More than 200 members of Hawaii’s engineering community, including U.S. Army Corps of Engineers-Honolulu District, will gather at the Hale Koa Hotel’s Banyan Tree Showroom, Feb. 21, for a luncheon to kick off Engineers Week 2012, which runs Feb. 19-25.

“Engineers Week is a great opportunity to showcase the accomplishments of our professional engineers, architects and surveyors,” said Todd Barnes, chief, engineering and construction, USACE-HD, and past post president, Society of American Military Engineers, or SAME.

The National Society of Professional Engineers began celebrating

National Engineers Week in 1951, in conjunction with President George Washington’s birthday.

Washington is considered the nation’s first engineer, notably for his surveying work.

Jointly hosted by the Honolulu Post-SAME and the Hawaii Council of Engineering Societies, or HCES, the kickoff luncheon will feature keynote speaker, Capt. Peter Lynch, vice commander, Naval Facilities Engineering Command-Pacific, whose presentation will be “Naval Engineering: Contingencies to Construction.”

Barnes and his staff will orchestrate the district’s Engineers Week activities in concert with Joseph Ting, chair, HCES

**Engineers Week**  
For more information, call Joseph Ting, chair, HCES and Honolulu Post-SAME, at 956-6597.

and Honolulu Post-SAME.

The guest speaker for the 2012 Engineers Week banquet is Kent Peterson, practicing engineer. He will address and provide building professionals with the details of requirements for designing and engineering high-performance green buildings.

Honolulu District engineers will also be gearing up to support the 2012 Math Counts competition at Punahou School’s Case Middle School, with the Oahu event to be held Saturday, Feb. 25. Engineers will volunteer their services as moderators, proctors and scorers.

Sixth, seventh and eighth graders from more than 36 Oahu public and private schools will participate in the competition.

Respective winners from Oahu, Maui and the Big Island will meet for the State Math Counts championship at Iolani School, March 3. State winners advance to the National Math Counts competition in Orlando, Fla., May 11.



### Engineers Week Activities

- Activities honoring the U.S. Army Corps of Engineers have been planned throughout February.
- Feb. 6: City and County of Honolulu Mayor Peter Carlisle signed an Engineers Week Proclamation.
  - Feb. 10: Hawaii Gov. Neil Abercrombie signed an Engineers Week Proclamation.
  - Feb. 19-24: Engineers Week static exhibits at Pearlridge Center.
  - Feb. 22: University of Hawaii at Manoa’s College of Engineering Career Fair.
  - Feb. 25: Engineers Week awards banquet at DeRussy Hall, Hale Koa Hotel.

## News Briefs

Send announcements for Soldiers and civilian employees to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**Today**

**Education Survey** — The Hawaii State Department of Education is encouraging parents to complete a survey to help schools set priorities for improving programs and services. Schools began mailing surveys to homes in February. Parents whose children are enrolled in grades 4, 5, 7, 8, 9 and 11 will be asked to complete the survey and return it to the school no later than March 30. Individual survey responses are confidential. Email questions to [sqs@notes.k12.hi.us](mailto:sqs@notes.k12.hi.us) or call 733-4008.

**22 / Wednesday**

**Hydrogen Vehicle Delivery** — U.S. Army-Hawaii and other service representatives will take delivery of four hydrogen fuel cell vehicles at a ceremony, 10 a.m., Feb. 22, Palm Circle, Fort Shafter. The vehicles will improve energy efficiency and demonstrate U.S. Army-Hawaii’s commitment to clean, renewable energy efforts and reducing dependence on oil. Local, state, congressional and industry leaders will participate.

**29 / Wednesday**

**USAG-HI Facebook Town Hall** — Do you have ideas about how to make the U.S. Army Garrison-Hawaii community better? Do you have questions about USAG-HI services, facilities or support? If so, get ready for the online Facebook town

hall, hosted by Col. Douglas Mulbury, commander, USAG-HI, 6-7:30 p.m., Feb. 29, at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii), under the “Events” tab.

All Soldiers, family members, retirees and civilians can ask questions, address concerns and get responses. If your question does not pertain to the public at large, use the Interactive Customer Evaluation System, or ICE, at <http://ice.disa.mil>, or email [AskTheCommander.usaghi@us.army.mil](mailto:AskTheCommander.usaghi@us.army.mil), to get support.

Call Lacey Justinger, digital media specialist, USAG-HI Public Affairs, at 656-3153, or email [lacey.a.justinger.civ@mail.mil](mailto:lacey.a.justinger.civ@mail.mil).

## Ongoing

**Traffic Lights** — All traffic lights at the intersections on Schofield Barracks will be flashing red, 8 p.m.-6 a.m., daily. All motorists should stop at the intersection with the flashing red, yield to cars with the right of away, and then proceed with caution. Call 655-1333.

**Ohana Clinic** — Tripler Army Medical Center’s Warrior Ohana Medical Home is accepting enrollment. The center is a full-service, primary care clinic and is open 8 a.m.-4:30 p.m., Monday-Friday, at 91-1010 Shangrila St., Ste. 100, in Kalaeloa. Call 433-5401/5402.

**TARP Training** — Hawaii’s Army Counterintelligence Office holds monthly Threat Awareness and Reporting Program, or TARP training, throughout different locations in

See NEWS BRIEFS, A-8

# Basics: Fundamentals of leadership, Soldiering make the Army strong

CONTINUED FROM A-2

### Now that we’re home

As we begin to transition from deployments to longer durations at home, we will begin to focus on and re-enforce the fundamentals of basic Soldiering, such as military customs and courtesies, traditions, and drills and ceremonies.

Basic leadership is the fundamental key to having a unit with standards and strong disciplined Soldiers who represent our units and our Army in a positive manner.

Disciplined Soldiers — who uphold our Army values, customs and courtesies, and traditions — continuously represent all of us as ambassadors to our Army, country and community, so we must return to the basics in all we do.

Having the fundamentals of leadership and training, and enforcing standards and discipline, will only solidify our professional Army that we proudly serve. These fundamentals will give validation to our profession of arms.

Hence, getting back to basics is a change of mindset, but, more importantly, it is about leadership. It is setting the conditions for our future leaders in our Army to be trained, disciplined and ready to take on any mission assigned, just as our leaders in the past have done for us.

We are the best Army in the world. Our standards and discipline are unmatched.

The keys to our success are the fundamentals.

### Survey shows

USARPAC recently conducted surveys and queries of more than 500 Soldiers stationed in Hawaii. The surveys and queries referenced military customs and courtesies, traditions and basic soldiering.

What we have discovered is 44 percent of our Soldiers did not know the official name of the Army’s song, 40 percent of Soldiers did not know what actions to take during retreat to the colors while in uniform and not in formation, and 62 percent of our Soldiers stated they are allowed to remove headgear at the gas station (under cover).

### Qs, As and References

The following questions and answers cover basic information that every Soldier needs to know. Learn more by reviewing Army Regulation 600-25, “Salutes, Honors and Visits of Courtesy,” and Field Manual 3-21.5, “Drill and Ceremonies.”

**Q: What Army regulation covers salutes, honors and visits of courtesy?**

**A:** AR 600-25.

**Q: Salutes are not required to be rendered or returned when the senior or subordinate, or both, are what?**

**A:** In civilian attire. They are also not required when engaged in routine work if the salute would interfere; when carrying articles with both hands as to make saluting impracticable; when working as a member of a detail, or engaged in sports or social functions where saluting would present a safety hazard; when in public places, such as theaters, churches and in public conveyances; or when in the ranks of a formation. (AR 600-25)

**Q: When lowering the flag (retreat), the flag is folded (cocked hat) and treated as a cased color. Do persons meeting the flag detail salute the flag?**

**A:** No. Once the flag has been folded, it is treated as a cased color and not saluted by persons meeting the flag detail. The flag will be treated with the utmost dignity and respect but not be rendered any sort of honors.

**Q: At the last note of retreat, what will happen?**

**A:** A gun will be fired (if available) on military installations, followed by the playing of the national anthem or sound of “To the Colors” (using a drum and bugle corps, a bugler, or recorded music) concurrent with the lowering of the flag. The flag will be low-

ered to ensure completion at the last note of the music. The same respect will be observed by all military personnel whether the national anthem is played or “To the Colors” is sounded. (AR 600-25)

**Q: What is a review?**

**A:** A military ceremony that is used to honor a visiting, high-ranking commander, official or dignitary, and or permit them to observe the state of training of a command. It’s also a ceremony to present decorations and awards, to honor or recognize unit or individual achievements, and to commemorate events. (FM 3-21.5)

**Q: What are the five types of commands in a drill?**

**A:** There are four types of commands in a drill: two-part, combined, supplementary and directive.

Most drill commands have two parts: the preparatory command and the command of execution.

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## News Briefs

CONTINUED FROM A-6

Hawaii. Call 655-1306/9501 for locations.

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# TAMC: Trauma staff plays vital role

CONTINUED FROM A-1

with level four being the lowest capability and level one being the highest.

“A State of Hawaii Level Three Trauma Center does not require instant presence of a trauma surgeon, anesthesiologist or operating theater personnel,” Edwards explained. “There are no requirements to have a sub-specialty, surgical services, other than orthopedics, available.

“The most likely reason to bypass a level three facility and proceed to a level two would be a person sustaining an injury severe enough to cause them to not be normally responsive,” Edwards added.

TAMC has prepared for its new trauma duties by training. Prior to Jan. 25, the hospital held multiple trauma assessment simulations using its simulation center’s SimMan 3G patient simulator.

Edwards said staff learned two valuable lessons from the mock activations: the physicians must be trained to answer radio calls from Emergency Medical Services and TAMC needed to create a sys-

tem of group paging to notify trauma teams when a trauma patient is en route.

Edwards said, when it comes to trauma activations, everyone involved, no matter what the level, all play a vital role.

Before activating the trauma team, the physician must take the radio call from the first responders. Edwards said this action is important because it helps determine the facility the patient will actually be transported to.

As TAMC settles into its new role, the next step for the hospital is to expand its trauma personnel by hiring two additional trauma surgeons.

This requirement is not a condition to join Hawaii’s trauma system, but Tripler’s command wants to ensure it can provide excellent coverage for the hospital and its patrons prior to accepting civilian patients, explained Edwards.

Since Jan. 25, Tripler’s trauma program has responded to seven trauma activations.

“(Our goal is to ensure) that trauma care is better today than it was yesterday,” Edwards said.



Col. Michael Miller (center right), assistant chief, Emergency Department, TAMC, performs an ultrasound on the right side of the SimMan 3G, patient simulator, while he leads a trauma care assessment during a mock simulated trauma activation in TAMC’s Emergency Room, Jan. 12.

# Clinic major recognized for his outstanding support to Reserve component

Story and Photo by  
**STEPHANIE RUSH**  
Pacific Regional Medical Command Public Affairs

SCHOFIELD BARRACKS — For his unwavering support of Guard and Reserve employees, Maj. Todd Jackson, clinical nurse and officer in charge of the Schofield Barracks Health Clinic’s Acute Care Clinic, earned the Patriot Award, Feb. 8.

Surrounded by his supervisors, coworkers and employees, Jackson was presented the Employer Support of the Guard and Reserve award by P. Pasha Baker, ambassador, U.S. Army Reserve.

Designed to recognize employers who support National Guard and Reserve Soldiers, recipients of the Patriot Award are nominated by employees.

Employers winning the award demonstrate support for service in the National Guard and Reserve, publicly acknowledge the contributions of Reserve component employees to the nation’s defense, and support Guard and Reserve employees above and beyond the Uniformed Services Employment and Reemployment Rights Act requirements.

“We talk about Soldiers and families sacrificing, but when it comes to members of the Guard and Reserve, bosses also sacrifice,” said Howard Sugai, military outreach coordinator, Hawaii ESGR. “When (an employee) has to leave his or her job for military duties, whether it’s for a deployment or training, someone else has to pick up his or her load.

“That sacrifice among you folks and your organization ... we’re here to tell you, it has not gone unnoticed or unappreciated,” Sugai said.

Jackson added, supporting Reserve component employees is made easier with his staff. Everyone at the clinic works together to plan their personal leave around others’ military training and covers down for any employees who are out of the office for an extended period of time.

“(Receiving this award) is a huge honor. It’s humbling to be recognized by your staff,” Jackson said. “My philosophy has always been, you take care of your staff, and your staff will take care of the mission, and everything



Maj. Todd Jackson (middle), clinical nurse OIC, Schofield Barracks Health Clinic’s Acute Care Clinic, receives the Patriot Award, Feb. 8, from P. Pasha Baker (left), ambassador, U.S. Army Reserve, and Howard Sugai, military outreach coordinator, ESGR.

else will fall into place.”

Jackson’s philosophy is working, and his employees have taken notice.

“I feel that, as a Soldier, he’s always been there for us,” said Nicole Moorecherry, Jackson’s employee who nominated him for the award. “Every time I have to leave as a Reservist, I’m never given an issue about it. I’m asked what days I need, and the schedule is adjusted. They just watch

over my position until I get back.”

Moorecherry, an emergency care technician in the Acute Care Clinic, spends one weekend a month and at least two weeks a year as a medic with the 1984th U.S. Army Reserve Hospital’s Detachment 2.

“The military training and reserve training is the first thing we (put on the schedule),” Jackson said. “That’s priority. It’s their job.”

**ESGR**

Employer Support of the Guard and Reserve is a Department of Defense organization within the Office of the Assistant Secretary of Defense for Reserve Affairs.

Established in 1972, ESGR promotes cooperation and understanding between Reserve component members and their civilian employers, and assists in resolving any conflicts that arise from an employee’s military commitment.

ESGR operates through a network of thousands of volunteers throughout the nation and American territories to include American Samoa, Guam, Puerto Rico, Saipan and the Virgin Islands.

Reserve components (the total of all National Guard members and Reserve forces from all branches of the military) make up about 48 percent of the nation’s military manpower.

In the current operating environment, civilian employers play a critical role in the defense of the nation by complying with the employment laws that protect the rights of employees who serve in the Reserve component.

Learn more about the ESGR:

- [www.esgr.org](http://www.esgr.org).



# Basics: Fundamentals of leadership, Soldiering make the Army strong

CONTINUED FROM A-2

### Now that we’re home

As we begin to transition from deployments to longer durations at home, we will begin to focus on and re-enforce the fundamentals of basic Soldiering, such as military customs and courtesies, traditions, and drills and ceremonies.

Basic leadership is the fundamental key to having a unit with standards and strong disciplined Soldiers who represent our units and our Army in a positive manner.

Disciplined Soldiers — who uphold our Army values, customs and courtesies, and traditions — continuously represent all of us as ambassadors to our Army, country and community, so we must return to the basics in all we do.

Having the fundamentals of leadership and training, and enforcing standards and discipline, will only solidify our professional Army that we proudly serve. These fundamentals will give validation to our profession of arms.

Hence, getting back to basics is a change of mindset, but, more importantly, it is about leadership. It is setting the conditions for our future leaders in our Army to be trained, disciplined and ready to take on any mission assigned, just as our leaders in the past have done for us.

We are the best Army in the world. Our standards and discipline are unmatched.

The keys to our success are the fundamentals.

### Survey shows

USARPAC recently conducted surveys and queries of more than 500 Soldiers stationed in Hawaii. The surveys and queries referenced military customs and courtesies, traditions and basic soldiering.

What we have discovered is 44 percent of our Soldiers did not know the official name of the Army’s song, 40 percent of Soldiers did not know what actions to take during retreat to the colors while in uniform and not in formation, and 62 percent of our Soldiers stated they are allowed to remove headgear at the gas station (under cover).

### Qs, As and References

The following questions and answers cover basic information that every Soldier needs to know. Learn more by reviewing Army Regulation 600-25, “Salutes, Honors and Visits of Courtesy,” and Field Manual 3-21.5, “Drill and Ceremonies.”

**Q: What Army regulation covers salutes, honors and visits of courtesy?**

**A:** AR 600-25.

**Q: Salutes are not required to be rendered or returned when the senior or subordinate, or both, are what?**

**A:** In civilian attire. They are also not required when engaged in routine work if the salute would interfere; when carrying articles with both hands as to make saluting impracticable; when working as a member of a detail, or engaged in sports or social functions where saluting would present a safety hazard; when in public places, such as theaters, churches and in public conveyances; or when in the ranks of a formation. (AR 600-25)

**Q: When lowering the flag (retreat), the flag is folded (cocked hat) and treated as a cased color. Do persons meeting the flag detail salute the flag?**

**A:** No. Once the flag has been folded, it is treated as a cased color and not saluted by persons meeting the flag detail. The flag will be treated with the utmost dignity and respect but not be rendered any sort of honors.

**Q: At the last note of retreat, what will happen?**

**A:** A gun will be fired (if available) on military installations, followed by the playing of the national anthem or sound of “To the Colors” (using a drum and bugle corps, a bugler, or recorded music) concurrent with the lowering of the flag. The flag will be low-

ered to ensure completion at the last note of the music. The same respect will be observed by all military personnel whether the national anthem is played or “To the Colors” is sounded. (AR 600-25)

**Q: What is a review?**

**A:** A military ceremony that is used to honor a visiting, high-ranking commander, official or dignitary, and or permit them to observe the state of training of a command. It’s also a ceremony to present decorations and awards, to honor or recognize unit or individual achievements, and to commemorate events. (FM 3-21.5)

**Q: What are the five types of commands in a drill?**

**A:** There are four types of commands in a drill: two-part, combined, supplementary and directive.

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# Extending Ohana

## Local ‘comfort home’ contributors, supporters receive generous praise

Story and Photo by  
**STEPHANIE BRYANT**

Tripler Army Medical Center Public Affairs

HONOLULU — The Fisher House held a recognition ceremony and luncheon for its donors and contributors, here, Feb. 3.

A Fisher House is a comfort home for families of patients receiving medical care at major military and Veterans Affairs medical centers.

The houses are provided to the U.S. government as gifts. They are built by the Fisher House Foundation, a nonprofit organization that builds the houses and assists in the coordination of private and public support for the homes.

Tripler Army Medical Center is home to two Fisher Houses and provides lodging to service members, retirees and their families from throughout the Pacific Region.

“We want to say thank you,” said Theresa Johnson, manager, Tripler Fisher House. “We want to recognize (everyone) who does so much that enables us to be able to provide to these service members and their families at the level that we do.”

Johnson said she printed off nearly 150 recognition certificates for the ceremony to recognize supporters from all over the island, both military and civilian organizations.

During the recognition ceremony, Rick Cruz, a current resident of the Tripler Fisher House, spoke to the audience about his experiences and how the home’s contributions have affected him and other residents.

Cruz, a retired Marine, brought his wife from Guam to be treated at TAMC. When estimating how much it would have cost him and his wife to



Theresa Johnson (right), manager, Tripler Fisher House, recognizes members of the Sergeant Audie Murphy Club for their contributions and donations to the residents of the Tripler Fisher houses while they pose for a photograph with Audrey Fisher (left), vice chair, Fisher House Foundation, and Nancy Edelman (fourth from the right), vice chair, Fisher House Foundation, at a recognition luncheon, Feb. 3.

stay downtown for the 10 months of treatment she requires, the hotel alone would have cost \$30,000.

“Fisher House stands out and provides a comfortable home environment,” Cruz said. “We appreciate every gift and personal contribution. I can’t stress enough our appreciation for all you do.”

Following Cruz, Johnson invited all the groups, one-by-one, to be recognized and have their photograph taken with two vice chairs of the Fisher House Foundation, Audrey Fisher and Nancy Edelman, who were visiting as Fisher House ambassadors.

James Weisskopf, vice president of the Fisher House Foundation, also attended the event with Fisher and Edelman. He said he always enjoys Tripler’s Fisher houses because they are the only homes where the residents act as volunteers and cook for each other.

“Even the smallest gestures we make (for the residents) ... it all really does make a difference,” Johnson said.

## 65th Eng. Bn. volunteers recognized at Fisher House

Story and Photos by  
**2ND LT. LAUREN LOOPER**  
65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

HONOLULU — Soldiers from an 8th Theater Sustainment Command unit were recognized for their volunteer work at Tripler Army Medical Center’s Fisher House, here, recently.

Theresa Johnson, manager, TAMC Fisher House, presented Soldiers from the 65th Engineer Battalion, 130th Eng. Brigade, 8th TSC, certificates of appreciation.

The unit’s efforts include building a gazebo on the grounds and serving breakfast to Fisher House guests.

“The relationship the 65th Eng. Bn. has developed with the Fisher House has been very rewarding for our Soldiers and family members, and I hope for the residents, as well,” said Lt. Col. Daniel Koprowski, commander, 65th Eng. Bn. “If what we do makes their stay a little more enjoyable, then we’ve succeeded.”

“Our volunteers don’t ask for any recognition,” Koprowski continued, “but it’s important to say thank you, and I appreciate Theresa Johnson’s efforts to recognize everyone.”

Other organizations recognized at the ceremony included the Air Force, Marines, Boy Scouts and Girl Scouts. Also, Jenny Koprowski, wife of the 65th’s commander, presented the Fisher House with a glass mosaic of the battalion crest.

The ceremony included an announcement about a new dental partnership. Fourteen local dentists will provide free support and emergency dental care to families staying at the Fisher House.

### The Fisher House

TAMC’s Fisher House describes itself as a “home away from home for families and patients receiving medical care at TAMC.” It’s a place for active duty and retired military personnel who aren’t from Oahu, to stay while they or a family member receives extended care at the medical center.

The house has 19 rooms, private bathrooms, a full kitchen and laundry facilities, and is funded mostly through donations.

• [www.fisherhouse.org](http://www.fisherhouse.org)

## About Tripler’s Fisher House

Tripler Fisher houses I and II are available to military members and their families who are taking care of the person receiving treatment, to include active duty, National Guard and retirees from any branch of the armed forces.

Families served are mainly from the Pacific area of Korea, Guam, Japan, American Samoa and/or Okinawa.

Taxis and a limited shuttle service are available. Most amenities are provided, including toiletries, towels, linens, kitchenware, prepaid phone cards, cribs and roll-away beds. A laundry area is provided, too.

Contact the Fisher House at the following address:

Tripler Army Medical Center  
Fisher Houses I and II  
317 Krukowski Rd.  
Honolulu, HI 96819

Fisher House is open Monday-Friday; call the manager at 433-1291, ext. 28. After duty hours, call 561-7423. Send email to [FHTAMC@gmail.com](mailto:FHTAMC@gmail.com), visit the website at [www.triplerfisherhouse.com](http://www.triplerfisherhouse.com) or its Facebook site at [www.facebook.com/TriplerFisherHouse](http://www.facebook.com/TriplerFisherHouse).

## Students make one of largest donations ever to TAMC-based facility

**JULIE S. PHILLIPS**  
Navy Hale Keiki School

HONOLULU — Navy Hale Keiki School teamed with Tripler Army Medical Center’s Fisher House, here, to celebrate its supply collection drive, Feb. 7.

NHKS students collected more than 1,000 items, and then donated them to the Fisher House during a special ceremony on campus, making the school one of the largest annual donors to the charity.

Students included Army family members from the Aliamanu Military Reservation housing area.

By law, there is no charge for a family to stay at the Fisher House. As such, each Fisher House relies on donations in order to continue to provide services.

This year, 2012, marked the sixth annual donation of 1,000 or more goods to the Fisher House from NHKS students. The collections are a joint effort of the NHKS Parent-Teacher Organization and individual classrooms.

The classrooms focused collection on kitchen and bathroom goods. Each classroom received a poster of a house with 100 stickers that were placed on the house each time an item was brought in. Many of the classrooms used the project as a counting and graphing exercise for the children.

“Student community service involvement at NHKS helps to foster students who are empathetic to the world in which they live,” said Shari

Gulledge, director, NHKS.

“Although our students are young, they are given opportunities to have a direct impact to others through efforts such as the Fisher House supply collection” Gulledge said.

“These opportunities become part of the classroom environment, and students learn that their contributions can make a powerful difference in the world and community.

Navy Hale Keiki (House of Children) School was organized and established in 1946 as a nonprofit organization.

Over the years, it has served the military community as a nursery school, preschool and, since 1967, an early childhood program. It currently serves military and civilian children in preschool-4th grade. Currently, 17 percent of the children at NHKS are Army family members.







Today

Friday Night Entertainment

— Enjoy new acts Friday nights at KoleKole Bar and Grill, Schofield Barracks, Enjoy pau hana specials before the show. Call 655-4466. The schedule follows:

- First Friday is Comedy Night, for mature audiences only.
- Second Friday is live bands.
- Third Friday is Colby Benson Band.
- Fourth Friday is Taking Care of Business Band.

20/ Monday

Bowl Your Brains Out

— Enjoy unlimited bowling for \$10 per person every Monday and Tuesday from 1-4 p.m. in February at the Fort Shafter Bowling Center, if lanes are available. This offer doesn't apply to group or party reservations. Call 438-6733.

21 / Tuesday

National Military Saves Week

— Military Saves is a national campaign to encourage Soldiers and their families to reduce debt, save and build wealth. The Financial Readiness Program, ACS, will host the following events:

- Feb. 21, Coupon table at the Commissary, Schofield Barracks, 9-11 a.m.; Wheel of Finance at K-Quad Dining Facility, 11:30 a.m.-1p.m.
- Feb. 22, Basic investing and Thrift Savings Plan class, ACS, Schofield Barracks, 10-11 a.m.; Saver Pledge, Fort Shafter Exchange, 11a.m.-2p.m.
- Feb. 23, Newcomer's Orientation, Nehelani, Schofield Barracks, 9 a.m.-noon; free credit score event, Fort Shafter ACS, 3-6 p.m.
- Feb. 24, "The Apprentice" Dress for Success workshop, with the Employment Readiness Program, ACS, Schofield Barracks, 9-11 a.m.

**Free Hula Classes** — The Native Hawaiian Liaison Office, USAG-HI, welcomes all Soldiers and families to participate in free hula classes at AMR Community Center. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Call 655-9694 or email nhliaison@gmail.com. Monday night class at Kalakaua Community Center, Schofield Barracks, will be cancelled due to Presidents' Day.

**FRG Fundraising** — Family readiness groups can learn about fundraising opportunities, 10 a.m., Feb. 21, at the Schofield Barracks Arts and Crafts building. FRGs will be able to run a game or food booth at the



Sgt. Zachary Kumler, cavalry scout, Charlie Troop, 2nd Squadron, 14th Cavalry Regiment instructs students from James Campbell High School in the proper maintenance of a Stryker Wheeled Vehicle during their field trip to Schofield Barracks, Feb. 7.

# 'Strykehorse' Soldiers visit students

Story and Photo by  
**SGT. DANIEL K. JOHNSON**

2nd Brigade Combat Team Public Affairs

SCHOFIELD BARRACKS — Soldiers of the 2nd Squadron, 14th Cavalry Regiment, 2nd Brigade Combat Team, spent the day teaching students from James Campbell High School in Ewa Beach, Feb. 7.

"Strykehorse" Soldiers demonstrated Army technology and systems used by their squadron, including the Stryker Wheeled Vehicle, during a school field trip, here.

The students are participants in Campbell's Arts, Communications, Industrial Engineering and Technology, or ACIT program, and the Soldier field trip falls under the Partnership of Ohana community relations program, which partners Army units with community groups and schools.

ACIT is part of a statewide initiative that allows students to begin learning advanced topics in their chosen career field through elective courses in high school. Programs like the ACIT help prepare students for advanced studies before they graduate.

"ACIT gives students the opportunity to study and learn with peers that share similar career interests," said Troy Sueoka, ACIT facilitator at Campbell H.S.

The visit to Schofield Barracks began at the 2nd BCT motor pool where the students got up close and personal with the Stryker Wheeled Vehicle.

"Opportunities like this allow the students to get hands-on experience with advanced military equipment they might not otherwise be able to see," said Sueoka.

Part of the tour included a class on the maintenance of the Stryker. Students saw how the vehicle is inspected for problems that could affect its operation and ability to perform.

Being able to see what the Soldiers do on a daily basis

is very impressive, said Jeremy Mateo, a digital media student at JCHS.

"It's good for the students to be able to see what Soldiers do every day," said Sgt. Zachary Kumler, cavalry scout, C Troop, 2-14th Cav. Regt. "It's not always as glamorous as 'Call of Duty' would lead you to believe."

Soldiers and students enjoyed the opportunity to interact with one another and share experiences.

"I love doing events like this," said Kumler. "It's priceless when you get to work with the people you actually work for."

It is really cool to see people in uniform act as one unit to help young adults and inspire them, Mateo added.

"Events like this open excellent two-way communication between the military and the public," said 1st Lt. Shaun Ray, officer in charge of the event.

Students have the opportunity to see that Soldiers are real people and not just the fighting force seen on the news, said Ray. However, ensuring students have a good time while learning is the real goal.

Some students indicated they will pursue a career with the military. The school partnership field trip allowed them a sneak-peak into the military world.

"Showing the students that they have opportunities within the military is important," Ray said. "The possibilities are truly endless."

"After college, I'll be joining the military," Mateo said. Following the day's events, students moved to the Warrior Inn Dining Facility where they enjoyed lunch with Soldiers.

"The food was awesome," said Mateo. "I really like the way it is set up, as well."

JCHS is always looking for opportunities, such as this one, to help the students experience real-world applications of career fields they have chosen to study.

USAG-HI Fun Fest and Earth Day Festival, April 7. Call 655-0115.

One Buck Bowl Wednesdays

— Bowl for \$1 every Wednesday, 1-4 pm., Feb. 15, at the Fort Shafter Bowling Center. Shoe rental isn't in-

cluded. Call 438-6733.

**Kids \$1.99 Meal** — Every Wednesday night, children under 10 can eat for \$1.99 at the Kolekole Bar and Grill at Schofield Barracks or Mul-

ligan's Bar and Grill at Hale Ikena.

24 / Friday

Military Saves

— ACS offers "The Apprentice," dress for success workshop, 9 -11 a.m. ACS, Schofield Barracks, hosted by the Employment Readiness Program.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

18 / Saturday

Air Soft Warriors

— This group is hosting an air soft tournament, 8 a.m.-4:30 p.m., Feb. 18-19, at the Military Operations on Urban Terrain, or MOUT, area at Schofield Barracks. Air soft enthusiasts are encouraged to bring their own air soft weapons and safety equipment. However, a vendor on scene will have pellets and other equipment available.

Registration costs \$25; all funds raised will go to the Wounded Warrior Project. Visit www.airsoftwarriors.org.

**Japanese Culture** — Jennifer Sur, the 59th Cherry Blossom Festival Queen, and her court, will appear noon, Feb. 18, at the Kahala Mall Center Stage, 4211 Waialae Ave., Honolulu, followed by the 60th Chery Blossom Festival Queen contestants. The appearances showcase aspects of Japanese culture. Visit http://www.gohawaii.com

**Fort DeRussy Mass** — The Fort DeRussy Catholic congregation will celebrate its final Mass, 5 p.m., Feb.

18. Mass will no longer be conducted at Fort DeRussy after that date. Contact Chaplain (Lt. Col.) Cloyd Colby, 655-6643.

23 / Thursday

Free Magic Classes

— The International Brotherhood of Magicians offers a free magic class at 6 p.m. at the Kalihi-Palama Library.

Sponsored by the Hawaii Magicians Society, monthly introductory classes for the public are held on the fourth Thursday of every month.

This year's classes begin with the topic sleight-of-hand for beginners. To learn more, call 234-5262. For Hawaii Magic Club information, call 216-9672.

24 / Friday

Scholarships for Military Children

— Applications for the 2012 Scholarships for Military Children program are available through Feb. 24 at commissaries and at www.militaryscholar.org. The program awards at least one \$1,500 scholarship to a student at each commissary.

25 / Saturday

MCBH Swamp Romp

— The dirtiest race returns to Marine Corp Base Hawaii, Kaneohe Bay, 7 a.m., Feb. 25. Get your teams ready for an exciting five-mile run through the mud and dirt on board MCB, K-Bay. This unique run takes teams

through the Nuupia ponds and down the Fort Hase beach, and over and under obstacles that challenge the strongest of competitors.

This event is open to the public. Call 245-7590.

Kamehameha Schools

**Hoolaulea** — Bring your ohana (family) and enjoy the spectacular view, 8:30 a.m.-4 p.m., Kamehameha Schools' Kapalama Campus. This hoolaulea will include island crafts, food and live music. Call 842-8680.

29 / Wednesday

USAG-HI Facebook Town Hall

— Do you have ideas about how to make the U.S. Army Garrison-Hawaii community better? Do you have questions about USAG-HI services, facilities or support? If so, get ready for the next online Facebook Town Hall, hosted by Col. Douglas Mulbury, commander, USAG-HI, from 6-7:30 p.m., Feb. 29, at www.facebook.com/usaghawaii, under the "Events" tab.

Soldiers, family members, retirees and civilians can ask questions, address concerns and get responses. If your question does not pertain to the public at large, use the Interactive Customer Evaluation System, or ICE, at http://ice.disa.mil, or email AskTheCommander.usaghi@us.army.mil, to get support.

Call Lacey Justinger, digital media specialist, USAG-HI Public

Affairs, at 656-3153, or email lacey.a.justinger.civ@mail.mil.

## March

17 / Saturday

Safety Seat Check up

— Safeguard your keiki with a free car safety seat checkup, 9-11:30 a.m., March 17, Schofield Barracks, across the street from the police station on Lyman Road and Flagler Avenue. This preventative inspection is sponsored by the Military Police, Tripler Army Medical Center and the Keiki Injury Prevention Coalition. Call 655-0794 or 433-2842 for more details.

## Ongoing

**Food for Families** — The Armed Services YMCA at WAAF has an emergency food locker that assists military families who are experiencing financial difficulty. Available are supplies of canned goods, frozen food, dry goods and personal care items. Call 624-5645.

Parent Participation

Preschool

— This program is for children ages 3-4, and it helps preschool children make a smooth transition into the structure of kindergarten. Preschool days are 12-2 p.m., Tuesdays and Thursdays, Wheeler Armed Services YMCA, WAAF. Cost is \$40 per month. Call 624-5645 to register.



Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
  - 8:30 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex

Protestant Worship

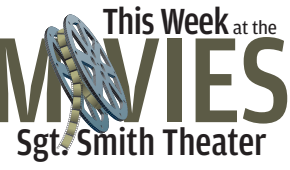
- Sunday Services
  - 9 a.m. at FD, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at HMR
  - 10:30 a.m. at AMR

Single Soldiers' Bible Study

- Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service

- Sunday, 6 p.m. at SC.



Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.



War Horse

(PG-13)

Fri., Feb. 17, 7 p.m.  
Wed., Feb. 22, 7 p.m.

The Muppets

(PG)

Sat., Feb. 18, 4 p.m.



Joyful Noise

(PG-13)

Sat., Feb. 18, 7 p.m.  
Thurs., Feb. 23, 7 p.m.

We Bought a Zoo

(PG)

Sun., Feb. 19, 2 p.m.

Calendar abbreviations

- 8th TSC: 8th Theater Sustainment Command
- 25th ID: 25th Infantry Division
- ACS: Army Community Service
- AFAP: Army Family Action Plan

- AFTB: Army Family Team Building
- AMR: Aliamanu Military Reservation
- BCT: Brigade Combat Team
- BSB: Brigade Support Battalion
- Co.: Company
- CYSS: Child, Youth and School Services

- EFMP: Exceptional Family Member Program
- FMWR: Family and Morale, Welfare and Recreation
- FRG: family readiness group
- HMR: Helemano Military Reservation

- IPC: Island Palm Communities
- SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
- TAMC: Tripler Army Medical Center
- USAG-HI: U.S. Army Garrison-Hawaii
- WAAF: Wheeler Army Airfield



# Sounds of Freedom formations to call cadence at GAR

All military services will show their pride, esprit de corps at Great Aloha Run

**SGT. GAELLEN LOWERS**  
8th Theater Sustainment Command  
Public Affairs

**FORT SHAFTER** — Every Presidents' Day, Honolulu hosts the Great Aloha Run, an 8.15-mile race from Aloha Tower to Aloha Stadium.

As the run began, runners and spectators can hear the chants, cheers and cadence of thousands of service members participating in the Sounds of Freedom.

The Sounds of Freedom is a division of the Great Aloha Run comprised solely of active duty men and women from all branches of service who volunteer for the run.

The division was named based on the comments of a Marine Corps general who said that when people hear cadence being called, whether during the run or on the local installations, it is the sound, and a reminder, of the freedom these young men and women have sworn to protect.

"The Great Aloha Run has always liked having the Sounds of Freedom participate in the run, because they sing cadence and motivate everyone in their vicinity," said Sgt. Maj. Lisa Williams, the 8th Theater Sustainment Command's current operations sergeant major and this year's coordinator for the Sounds of Freedom.

"They don't run for time," Williams added. "They run for esprit de corps."

The run itself has accomplished and achieved many milestones. It was the largest first-time running event in the state with more than 12,000 individuals signing up for it in its first year.

Annually, the Great Aloha Run donates more than \$400,000 to the community. During the past 27 years, it has raised more than \$9.1 million, awarded to more than 150 nonprofit health and human services organizations and community groups throughout Hawaii, including the Tripler Army Medical Center's Fisher House and wounded warriors.

This year, the Sounds of Freedom expects to support more than 3,500 service members, using more than 76 buses between Fort Shafter and Schofield Barracks and Joint Base Pearl Harbor-Hickam — the logistics of which can't be described by any other word but incredible.

"We are tasked with making sure everyone gets to and from the race in a timely fashion," said Williams. "We have about 10 movement non-commissioned officers who will direct all of the 3,500 service members onto the buses and get them down to the staging area. About 15 movement NCOs are tasked with forming up those service members and having them at the starting line. Once they complete the run,



Maj. Jeffrey Parker | 8th Theater Sustainment Command Public Affairs

The 2011 "Sounds of Freedom" portion of the 27th Annual Great Aloha Run was led by then-commanding general, U.S. Army Pacific, Lt. Gen. Benjamin Mixon; and Maj. Gen. Michael J. Terry, current commanding general, 8th Theater Sustainment Command. The Great Aloha Run is an 8.15-mile race along Honolulu harbor from Aloha Tower to Aloha Stadium. The "Sounds of Freedom" features military units running in formation.

they are loaded back up on the buses and driven back to their respective installations."

Movement is only part of what the 8th TSC is providing the Sounds of Freedom. The unit is also in charge of making sure each Soldier, Sailor, Marine and Airman is hydrated by providing about 10 water buffalos at water points throughout

**Sounds of Freedom**  
For more information, visit  
• [www.greataloharun.com/docs/2012/SOF-race-day-instructions2.pdf](http://www.greataloharun.com/docs/2012/SOF-race-day-instructions2.pdf)

the race.  
"Normally, everything goes off without a hitch," Williams said." I

just hope everyone has a safe run, and we will see them at the finish line."

## IPC establishes foundation to benefit military community

**ISLAND PALM COMMUNITIES**  
News Release

**SCHOFIELD BARRACKS** — Empowering residents to build community within their own neighborhoods is the vision guiding a new foundation established by Island Palm Communities, or IPC, here.

The Army Hawaii Housing Foundation, or AHHF, through its Na Koa Kokua Program, will provide support to IPC residents who have a desire to create and carry out community-based projects.

The founding of the organization is unprecedented. The foundation is the first of its kind created by a privatized military housing project.

AHHF is a not-for-profit organization that will facilitate community involvement and participation toward a common goal, project or activity.

"The partnership is not just about building new homes; it's about building community," said Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii. "The foundation is an example of how the partnership is actively addressing quality of life issues by empowering our families to make lasting, meaningful changes that can impact all families living in their community."

"The foundation seeks to promote collaboration among residents, USAG-HI agencies, and businesses and community organizations in Hawaii that share similar goals with our military families," said retired Army Gen. David Bramlett, president and director, AHHF.

"We encourage our residents to work together to identify needs in their community and take the lead in facilitating positive change," Bramlett added.

Bramlett said that partnering with other organizations can help maximize available funding and increase participation by and the impact on IPC families.



**AHH Foundation**  
The new Army Hawaii Housing Foundation provides grant support to community-driven projects and programs. IPC residents are encouraged to collaborate with neighbors, USAG-HI agencies, and businesses and community organizations to spearhead initiatives that will benefit their community.  
Two grant categories are available: minor grants that total less than \$5,000 and major grants of more than \$5,000. Applications are accepted and reviewed throughout the year. Visit:

• [www.IslandPalmCommunities.com/go/foundation](http://www.IslandPalmCommunities.com/go/foundation).

## Army Family Team Building helps to build values

This article is the second in a two-part series

**FERNE CONROY**  
Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

**SCHOFIELD BARRACKS** — The Army Family Team Building, or AFTB, program is a series of training modules designed for Soldiers, family members and Army civilians.

The modules enhance knowledge about the military and develop leadership skills of participants.

AFTB is the primary education and training mechanism for Army families. It provides families with information, knowledge and skills nec-



essary to become self-reliant, strong, and resilient.

While family members are the primary audience, active, guard, and reserves Soldiers, as well as Army civilians and retirees, can enroll in the program.

AFTB not only prepares families to better manage deployment, long-term separations and the many challenges of the military lifestyle, it also provides the opportunity to become a volunteer.

Soldiers who are confident their families are prepared and informed about deployments are more focused on the mission at hand. Also, families that know how to use Army services and programs are more confident and can manage the stresses of deployment and separation.

## Everyone urged to kiss smokeless tobacco goodbye

Great American Spit Out focuses on dangers of smokeless tobacco

**BETHANN CAMERON**  
U.S. Army Public Health Command

**ABERDEEN PROVING GROUND, Md.** — Do you know of someone who uses spit tobacco and has talked about quitting?

The Great American Spit Out, Feb. 23, provides an opportunity to quit for a day or, hopefully, quit for good.

Let's look at some reasons to quit spit tobacco, also called chew, dip, snuff and smokeless tobacco.

Spit tobacco, like all tobacco products, contains nicotine, an addictive substance. Over time, a person can become physically dependent and emotionally addicted to nicotine.

Addiction to nicotine controls your schedule and how you spend your money — two cans of spit, per week, costs about \$280 annually.

Nicotine impacts the ability to perform mission by reducing stamina, harming vision and slowing wound healing.

Also, nicotine affects sperm, reducing sperm count and a man's chances of being able to have children.

Chemicals are in spit tobacco, too, chemicals that can cause cancers of the mouth, throat and jaw. Many spit tobacco users get thick, leathery white patches in their mouths called leukoplakia, or red sores, which can turn into cancer.

Spit tobacco causes cavities and gum disease (gingivitis), which can lead to bone and tooth loss. It can also cause high blood pressure and heart attacks because of the high levels of salt.

Here's the bottom line: Spit tobacco is bad for you and looks just plain gross, but you can break the habit.

According to the 2008 Survey of Health-Related Behaviors among Active Duty Military Personnel, 29.4 percent of Army personnel reported quitting spit tobacco.

Quitting spit tobacco takes thought, planning and action, so prepare for your quit day. Some key steps are to recognize and manage the triggers by making a plan to deal with triggers and withdrawal symptoms. Triggers are situations, thoughts or feelings that cause



a strong desire or urge to use tobacco. Like a wave, the urge will pass in a few minutes. Recognize and manage three types of triggers:

**Physical triggers**  
Because of addiction, the body needs a certain level of nicotine in order for you to feel normal. To combat this addiction, gradually reduce the amount of nicotine in your body.  
Cut back on the number of dips or amount of chews used daily. Mix the spit tobacco with a non-nicotine product.

**Habit triggers**  
The habit of automatically reaching for tobacco is connected with daily activities. To help break this connection, avoid people or activities connected with tobacco. Stay busy and physically active. Use substitutes for tobacco such as chewing sugar-free gum, sunflower seeds or non-snuff tobacco.

**Stress or emotional triggers**  
Tobacco use is connected to feelings such as anger, boredom and stress. Take deep breaths, take a walk and find new ways to cope with stress and feelings, such as meditation.  
Quitting spit tobacco may result in withdrawal. Some symptoms are headaches, hunger, tiredness, trouble sleeping, trouble thinking, jumpiness, constipation and feeling irritable and blue. Get medications from your doctor to help with quitting.

**AFTB classes**  
Classes are offered at Schofield Barracks and Fort Shafter. To learn when classes are scheduled or to volunteer as an instructor, call 655-0671 or email [ferne.r.conroy@us.army.mil](mailto:ferne.r.conroy@us.army.mil).  
Classes are available to units and family readiness groups, and can be modified to meet the needs of the community.  
Hourly child care is available for those attending classes during daytime.  
An online version of classes is offered at:  
• [www.myarmyonesource.com](http://www.myarmyonesource.com).

An added bonus, when Soldiers complete all three levels of AFTB training, they can receive four promotions points.

**Tobacco cessation**  
The military and various agencies offer a variety of smoking cessation resources, including the following:  
• Tripler Army Medical Center's tobacco cessation program. Classes use group therapy for one day a week for 10 weeks. Weekly topics include proper medication use, process of quitting, assessing potential side effects and initial response to quitting. To enroll, call 433-6060.  
• For more information on quitting spit tobacco, visit  
• <https://cissecure.nci.nih.gov/livehelp/welcome.asp>  
• [www.ucanquit2.org](http://www.ucanquit2.org)  
• [www.mylastdip.com](http://www.mylastdip.com).