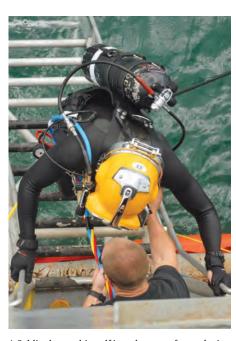
Serving the U.S. Army Community in Hawaii * www.hawaiiarmyweekly.com

Army divers certified at 'Deep Blue'

Story and photos by STAFF SGT. GAELEN LOWERS

FORT SHAFTER — The 7th Engineer Dive Detachment, 130th Eng. Brigade, performed a weeklong certification of its diving supervisors during "Deep Blue," an annual exercise designed to reinforce safety and tactical proficiency, Oct. 1.

The training took place aboard a logistics support vessel docked at Joint Base Pearl Harbor-Hickam and was in preparation for upcoming



A Soldier lowers himself into the water from a logistics support vessel docked at a pier, during Deep Blue, an annual exercise designed to reinforce safety and tactical proficiency during dive operations. Lives depend on the ability of divers to make the right choices in an unforgiving environment.

"We make sure all of our master divers and dive supervisors are sharp with their skills and protocols, so when they go out with a dive team, they're successful," said 1st Sgt. David Chebahtah, detachment senior master diver. "It's important that we keep all of our divers' proficiency at the highest levels. Lives depend on it."

There are as many things that can go wrong when you are at a shallow depth, as there are while deep-sea diving, said Spc. Samuel Schreier, second class diver who was a role player during

"It's dangerous out there, and this training helps mitigate the possible casualties," he said. dealing with what could go wrong in and out of all grades and ranks gain from it.



Deep Blue divers prepare to descend below the surface to become proficient at doing the right thing in a stressful environment for certification as master divers. The training, while not required by the Army, is mandatory for the seagoing Soldiers of 7th Dive Det., 130th Eng. Bde., 8th TSC.

the water, and they have to figure out a way to fix those situations. There are a lot of stressful scenarios for them, but if they stay calm and think things through, then they should be able to work through the problems."

One such scenario included the dive supervisor figuring out how to get two deep-sea divers into the decompression chamber while another diver was occupying it.

Even though the training is designed specifi-"It's an intense week of diver casualty scenarios" cally for the master divers and dive supervisors,

"Although the youngest Soldier here may not be in charge of a dive, he is able to see these scenarios and how the supervisors react to the different situations," said Chebahtah. "In the event of an actual casualty, he will be better trained and more able to react.

"This is not Army-mandated training," Chebahtah continued. "(Our detachment) makes it mandatory of all of our divers. Being such a small detachment, we all rely on each other to get their part done and done right. I trust every Soldier on my team."

Some DOD civs recalled

JIM GARAMONE

American Forces Press Service

WASHINGTON — Only those Defense Department civilians recalled from furlough under the Pay Our Military Act may take annual and sick leave, a Pentagon spokesman said here, Monday.

"Employees who remain on furlough are in a non-pay, non-duty status, so there is no leave to take," explained Navy Lt. Cmdr. Nate Christensen.

So, a civilian employee who had leave planned and is now furloughed can still take that vacation. It will not count as leave as long as the furlough lasts. Once the president signs an appro-

priation or Congress passes a continuing resolution, furloughed employees will report back to work. Further legislation is necessary for em-

ployees to receive retroactive pay for days lost to the shutdown. If that happens, employees will be paid for the furlough

See POMA A-8

SECDEF gets shutdown brief

AMERICAN FORCES PRESS SERVICE News Release

WASHINGTON — The Defense Department's top leadership, including the service secretaries and service chiefs, updated Defense Secretary Chuck Hagel, Monday, on the impact of the ongoing government shutdown, Pentagon officials reported.

In a statement summarizing the meeting, officials said Hagel is pleased that most DOD civilians have returned to work this week, and that he thanked the service leadership for quickly implementing the guidance issued over the weekend regarding furloughs.

All of the leaders noted, that despite the recall of most civilians and the resumption of many activities, critical programs and benefits remain halted. For example, they noted, the department does not have the authority to pay death gratuities for the survivors of service members killed in action — typically, a cash payment of \$100,000 paid within three days of the service member's death.

In addition, officials said, emergency funding that supports commanders on the ground and intelligence activities re-

See DOD A-8

25th ID celebrates 72nd birthday with Tropic Lightning Week

2nd SBCT's 1-21st takes Guadalcanal Cup honor

SGT. MATTHEW RYAN

ble Road to kick off this year's Tropic Lightning

25th Infantry Division SCHOFIELD BARRACKS — Thousands of Soldiers called cadence while running down Trim-

Shouts of "Tropic Lightning!" were heard as Soldiers crossed the final stretch of the massed 3-

The division celebrated its 72nd birthday, Oct. 1-3, by hosting events and competitions, here, at Wheeler Army Airfield and at Hickam Air Force Base. The week concluded with a birthday celebration and an awards presentation on Weyand Field, here.

"Tropic Lightning Week offered something for everybody, to include CrossFit to the max, combatives, and, of course, sports," said Sgt. Maj. Jonathan Napier, network operations senior enlisted leader, Signal Company, Headquarters and Headquarters Battalion, 25th ID. "This is a great way of getting Soldiers out of their normal routines and working with other Soldiers from different brigades and different MOSs (military occupational skills)."

The teams earned points for the top three placers for an overall award, and all events had female and male winners.

One of the more grueling events was the combat fitness challenge, consisting of an obstacle course, a one-rope bridge, a Humvee push-pull stage and medical skills test, all while conducting a 12-mile-plus road march with a 35-pound rucksack.

"It was challenging to deal with the heat, and rucking more than 12 miles and completing all those obstacles and tasks," said Pvt. Curtis Patti-



a friendly competition to help foster esprit de corps. (Photo by Sgt. Ariana Cary, 25th Infantry Division

At the final event of Tropic Lightning Week, Soldiers with 2nd Bn., 35th Inf. Regt., 3rd BCT, compete in the tug of war competition on Weyand Field, Oct. 3. TLW is an annual event spanning three days and provides

Public Affairs)

son, line medic, HHC, 2nd Bn., 27th Inf. Regt., 3rd

Pattison's team finished the event in less than "Even though it was hard, it was a great team-

Brigade Combat Team.

building experience," said Pattison.

Family and friends in attendance rooted for their Soldiers and units.

"This was fun, and to have my wife come out and cheer me on was great," said Spc. Antonio Battle, logistic specialist, HHC, 3rd Bde. Special Troops Bn., 3rd BCT, adding that he is really looking forward to doing this event again next year and attending more events.

The final event of Tropic Lightning Week was the legendary tug of war held before the main stage, where the 25th ID command team, Maj. Gen. Kurt Fuller and Command Sgt. Maj. Benjamin Jones watched the battalions battle for a

See TLW A-4

Games of TLW

Soldiers competed in individual events of combatives: boxing, a 5-mile race, a10mile race and the Lightning Elite Heptathlon, a combination of seven track and field events. Soldiers also participated as battalion teams: volleyball, soccer, ultimate Frisbee, tug of war, basketball, marksmanship events, a Makahiki challenge and a combat fitness course.

Makahiki is a Hawaiian tradition of the New Year festival in honor of the god Lono. During the celebration phase, events of boxing, wrestling, javelin marksmanship, swimming and canoe races are displayed through the Hawaiian Islands to demonstrate tribal strength.



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Aiko Rose Brum, 656-3155 aiko.brum@us.army.mil **News Editor** John Reese, 656-3488 news@

hawaiiarmyweekly.com Pau Hana Editor Jack Wiers, 656-3157 community@ hawaiiarmyweekly.com

Photo Editor Sarah Pacheco, 656-3150 sarah@

Staff Writer and

hawaiiarmyweekly.com Layout Estrella Dela Cruz-Araiza Advertising: 529-4700 Classifieds: 521-9111

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314 Sasaoka St., WAAF Building 300, Room 105 Schofield Barracks, HI 96857-5000 Website:

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🕂 Police Call 🕂

Parents are responsible for their children

Failure to follow policy could lead to a citation

HAWAII ARMY WEEKLY

COL. MARK JACKSON

Director, Emergency Services, U.S. Army Garrison-Hawaii, and Commander, 8th Military Police Brigade, 8th Theater Sustainment

As a reminder, in accordance with Section 8(r) of Policy Memo Installation 1 (Discipline, Law, and Order), parents are responsible for controlling and supervising their children at all

Juveniles will not involve themselves in wanton destruction, vandalism or violation of existing Army regulations and Hawaii laws while on U.S. Army Garrison-Hawaii installations.

Family members between 10 and 17 years old who engage in dangerous, disruptive, disorderly or criminal behavior may have to attend the Juvenile Review Board and be subject to administrative action. Additionally, service members may potentially face punitive action under the Uniform Code of Military Justice for not properly controlling their chil-

The community is also reminded of the curfew policy that remains in place yearround. All children under 13 will be inside a residence between 9 p.m.-6 a.m. Juveniles between the ages of 14 and 17 are required to be in a residence between 10 p.m.-5:30

Children may be outside during those designated times only if they are under the direct supervision of a parent, guardian or family member over the age of 18. Exceptions to the curfew policy apply for children returning home from a community facility, an installation activity, a Youth Services program or paid employment.

Failure to adhere to the policy may constitute child neglect.

The following are excerpts of actual Military Police blotter entries from USAG-HI. Subjects are innocent until proven guilty.

Unattended Child

were incapable of climbing out of the ravine. The father of the stranded children attempted to enter the ravine and rescue them, but fell and broke both his arms. Emergency Medical Services, the Federal Fire and the Hawaii Fire Department were called to the scene and successfully recovered the two children. One of them was transported to Tripler Army Medical Center

(ages 8, 10, 11 and 13) were

reported in the ravine be-

tween McMahon Road and

Wilikina Drive. Investigation

by MPs revealed the children

departed their residence and

were told to return at 7 p.m.

They were unable to do so

when two of the children

Each sponsor was issued a citation for unattended children and released

for mild hypothermia.

•Aug, 21, an unattended child, 3 years old, was reported at the intersection of McMahon Road and Carpenter Street. The child left the residence while his •July 18, four unattended children parents were asleep. The father was on

recovery from pulling staff duty the night before. The mother was cited for unattended child and released on scene.

•Sept. 25, MPs on patrol in the Aliamanu Military Reservation Bougainvillea housing area were notified at 10:30 p.m. of a missing child. The missing 9year-old boy was last seen playing in the park at 3:30 p.m. The child eventually returned to his residence at 11:15 p.m., claiming to have been at a friend's house a few streets down.

The father was cited for unattended child and released on scene.

Command Documents

For more information regarding juvenile misconduct and the post curfew policy, read Policy Memorandum Installation 1, "Discipline, Law, and Order," and USAG-HI 34, "Child Supervision Policy." Visit USAG-HI Command Documents at www.garri son.hawaii.army.mil/command/ documents.htm.

BACKTOBASICS

Discipline is the key to developing future leaders

COMMAND SGT. MAJOR JOHN **LETRIZ**

3rd Brigade Special Troops Battalion 3rd Brigade Combat Team 25th Infantry Division

When I joined the Army, we, as a nation, prepared for any and all potential attacks, but we knew who our enemies

Our threat was a nation, not an idea or a global terrorist threat. It was because of this

fierce capability that we were respected, admired and maintained global superpower status. Our Soldiers were disci-

plined, focused, trained and ready to deploy. We proved this during multiple opera-

tions: Operation Just Cause in Panama,1989; Gulf War in Kuwait, 1991; and Operation Gothic Serpent in Somalia,

We have seen our junior leaders transition into effective personnel managers and trainers. Basic noncommissioned officer courses teach sergeants and staff sergeants further development strate-

gies and provide effective leadership tools. Our senior NCOs are provided valuable instruction through a plethora of topics and areas in order to train our senior leadership to be agile and adaptive. This method enables our military to be seen, worldwide, as having the most capable NCO Corps, one that is strong-

ly emulated and sought after for guidance in developing other nations' NCOs.

The Army has seen a loss of garrison functions that were essential to troop development, training, preparation and Soldier welfare without neglecting families. We have come to rely on technology; however, we have lost the person-to-person factor. That is a basic need we must

We rely on computers for weight control, Army Physical Fitness Test (APFT) scores, marksmanship and counseling and neglect to accomplish the same tasks when computers become unavailable. We need to return to the level of Soldier control and Soldier maintenance.

A key factor that can assist us in attaining control is discipline. Discipline is not abusing, hazing, neglecting, yelling or cursing. Disciplining Soldiers is holding them accountable for their actions.

Another basic necessity we need to return to is the weekly Sergeant's Time Training. This weekly function allowed NCO leaders at all levels to gain experience as instructors, planners and

We must return to the basics of monthly counseling, with closeouts, appropriate corrective training and rehabilitation, and then revert to the Uniform Code of Military Justice if all that fails.

The Army isn't for everyone. As leaders, it's our duty to determine those who have a future in today's Army and those

who do not. Soldier behavior has resulted in inordinate amounts of drug usage, APFT failures, failure to qualify with weapons and off-duty misconduct, such as impaired driving, domestic violence and financial indebtedness. A key factor that can assist us in attain-

ing control is discipline. Discipline is not abusing, hazing, neglecting, yelling or cursing. Disciplining Soldiers is holding them accountable for their actions. Back to basics incorporates leaders

knowing the 11 principles and 14 traits of leadership, and the basic systems that enable us to maintain our adaptability and agility, regardless of our next mission.

We are warriors and professionals in our trade as Soldiers. We are a disciplined and uniformed organization sworn to protect our democracy and deter war. We cannot do this if we cannot discipline our Soldiers.

Discipline is tkey to enabling us to think, act, look and feel like Soldiers first, last and always. We must embrace the Army and with our own culture. We protect our nation as professionals.

We can only accomplish all this if we return to the basics.

FX TSTEPS in FAITH

The aftermath of suicide causes a ripple effect on living

The tragic act leaves behind pain, questions

CHAPLAIN (MAJ.) BOB CROWLEY

3rd Brigade Combat Team 25th Infantry Division

Growing up in Georgia, I was 15 years old when I first heard about suicide.

My second cousin took his own life after a long fight against alcoholism. He was always trying to shake the demons of the past, and he thought alcohol would help him.

Sadly, alcohol only made things worse. When drinking would no longer suppress his fears and dark shadows, he chose a permanent solution to his temporary problems and ended his own

Several months later, when my best friend's father faced the crises of a failed farm and overwhelming debt, he also committed suicide. Then, in my senior

year of high school, three of my fellow senior classmates took their own lives. Our graduating class was only 155 students, and the tragic suicides of three teenagers rocked our entire commu-

Two years later, while I was in college, a longtime friend tried three times to take her own life. Each of these experiences shook my world with

pain, sadness, grief ... and anger. I have often wondered if people who took the "suicide path" ever thought about the effects of their actions on others, and what happens when their life

so abruptly and horribly ends? It seems to me that if the people I knew who committed suicide realized how they were injuring people they love and care about, they would not have made the same decision. It's kind of like



earthquake. The tsunami does as much, if not more, damage as the earthquake does because the tsunami's shock waves reach out and affect millions.

When people commit suicide, they are not around to help the people they have left behind to deal with the inevitable aftereffects of their

actions. Those who choose suicide don't ever see any of these consequences. They are not around to help anyone pick up the shattered pieces of their lives.

We must be truthful and acknowledge that there will be dark, difficult and demanding times through the seasons of our life's journey. Mean and selfish people have wounded some of us. There is evil in this world that tries to steal, kill and destroy the richness of living.

Yet, I believe that after each storm of

a tsunami created by an life, there is a time when the clouds fade and the sun shines again. The storms may not all end as soon as we want them to end, but they do end. And just like every ship that needs an anchor during a storm, my faith offers an anchor that provides peace that calms those stormy

In the Gospel of John, Jesus said,

"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life"

(John 8:12).

Such a promise provides strength for me. Knowing that no matter how dark times may be, through my faith, I have light to lead me out of the darkest of

It is my hope that I can share such light with everyone who walks in darkness.

In observance of the change in seasons, we want to know,

"What is your favorite way to welcome fall?"

Photos by 8th Theater Sustainment Command Public Affairs



Saturdays watching college foot-

'I spend my

Aaron Clevinger Contractor, Regular Warfare Analysis Center



favorite sports jersey and watch the (St. Louis) Cardinals play."

"I bust out my

Sgt. Thomas Harger MP officer, 552nd MP Co., 728th MP Bn., 8th MP Bde.,



'I like to go find a pumpkin patch and pick out a pumpkin."

Pfc. Sarah **Marness** MP officer, 552nd MP Co., 728th MP Bn., 8th MP Bde. 8th TSC



fall, I go watch my son play football.'

Capt. Bryon Milam Battle captain

and think about my friends who are stuck where it's cold." **Chief Warrant**

"I go to the beach

Officer 2 Kevin Satterfield Intelligence analyst, 205th MI Bn., 500th MI Bde

HAWAII ARMY WEEKLY

Hartless named IMCOM's senior NCO

INSTALLATION MANAGEMENT COMMAND **Public Affairs**

SAN ANTONIO — U.S. Army Installation Management Command recently announced

a new senior enlisted advisor. Command Sgt. Maj. Jeffrey Hartless has been selected as IMCOM's next command sergeant major, taking the place of Command Sgt. Maj. Earl Rice, who is retiring after 32 years of service in the U.S. Army.

No stranger to the Army's home, the incom-

ing command sergeant major is a seasoned leader with more than 30 years of dedicated service to the U.S. Army.

Hartless currently serves as command sergeant major of IMCOM Europe Region located at Sembach Kaserne, Germany. He officially joins the headquarters staff here in Decem-

Rice, who arrived at IMCOM headquarters in 2012, is leaving an important charge to the incoming command sergeant major and the IM-COM team.



Outgoing senior enlisted leader, Command Sgt. Maj. Earl Rice, IMCOM, tells survivors and Gold Star families: "We're the Army's home and your home for as long as you need us," at the 2013 Soldier Show finale held in their honor. Rice will retire after Command Sgt. Maj. Jeffrey Hartless takes up the mission. (Amanda Rodriguez, Installation Management Command)

"Take care of each other because together ev- little guy, is critical, and every member of the sion, taking care of people, watching out for the — is important to what we do every day."

eryone accomplishes more," Rice said. "Our misteam — Soldiers, civilians and family members

25th ID CSM shares guidance, vision for future

SGT. MATTHEW RYAN

25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — Tropic Lightning's new senior enlisted leader, Command Sgt. Maj. Benjamin Jones, recently arrived in Hawaii and shares his guidance on the future direction of the 25th Infantry Division.

"First and foremost, we need to end these sexual assault and domestic violence crimes," said Jones. "It is unacceptable and there is no room for this type of behavior in our Army. This ties in with the excessive abuse of alcohol," Jones said. "Leaders need to take prevention strategies further to deglamorize the use of alcohol and promote professionalism and personal responsibility."

Jones is a firm believer in leadership involvement at every level.

"I had a mentor that once told me all leaders want to lead great units, and all Soldiers want to be part of great units," he said. "Units make the jump from good to great by the way (their) Soldiers comply with the standards. Units have had their reputations tarnished because of lack of leader involvement and lack of standards and discipline."

In order to meet the demands of the future, the Army must optimize key areas of importance: physical fitness, weapon proficiency and training, Jones explained.

"The ultimate victor on the battlefield is the force that is physically fit, proficient with his

weapon, and led by competent and well-trained leaders," he said. "There are no shortcuts. It is far better to sweat during intense training than to bleed in an armed conflict and possibly lose lives."

Jones emphasized that physical readiness training is one of the cornerstones in building a fit and conditioned fighting force.

"It starts with all leaders and is our responsibility to ensure every NCO (noncommissioned officer), as well as our Soldiers, are prepared to meet any physical demand that lies ahead to ensure victory on tomorrow's battlefield," he said.

Jones continued, saying Soldiers need to be proficient with their assigned weapon, from qualification to live-fire exercises, to know the capabilities of their weapon, to know how to deploy them and to take care of their assigned equipment. It is important to survivability, he said.

'We, as leaders, owe it to our Soldiers to provide repetitive, realistic training done to the standard. We must take every opportunity to train our formations at every level, from individual through brigade," he said. "From hip-pocket training, to drill and ceremony, to counseling, Soldiers need to know they are providing a subpar performance or being recommended for advancement. Leaders need to inspect Soldiers and assess them on their performance and keep track in a Leaders

The Leaders Book is a working document and

"... we need to end these sexual assault and domestic violence crimes."

Command Sgt. Maj. Benjamin **Iones** 25th ID Senior **Enlisted Leader**



not used as a paperweight, according to Jones. He expects all leaders to lead by example, make

on-the-spot corrections and know their Soldiers and families, on and off duty.

For good order, Soldiers need to maintain and enforce the standards and discipline; they must foster the Army Values and have the courage to tell their buddies they are about to make a poor decision. Everyone must take the time to learn the unit history, he said.

"We have a lot of great Soldiers and leaders that are part of a great division. We owe it to our Soldiers as leaders to show them what right looks like; they are our future," said Jones.

New CSM announced at 94th

Dodson has served all levels of air defense

94TH ARMY AIR AND MISSILE **DEFENSE COMMAND** Public Affairs Office

FORT SHAFTER — Brig. Gen. Daniel Karbler, commander, 94th Army Air and Missile Defense Command, has announced that Command Sgt. Maj. Finis Dodson has been selected as the next senior enlisted adviser for the 94th AAMDC.

"I am pleased to announce that Command Sgt. Maj. Dodson will serve as my right hand, my senior enlisted

adviser," said Karbler. "Command Sgt. Maj. Dodson is an outstanding senior noncommissioned officer who represents everything a Soldier should aspire to be. He has a



great reputation, and I know I can depend. on him to set the standard that all Soldiers should strive to attain here in the 94th AAMDC."

A native of Olive Branch, Miss., Dodson joined the U.S. Army in 1987 as an air defender. He has served at all levels within the Air Defense Artillery and is currently serving as the 35th Air Defense Artillery Brigade command sergeant major.

Dodson's awards and decorations include the Bronze Star Medal, Legion of Merit Medal, Meritorious Service Medal (3 oak leaf clusters, or OLC), Army Commendation Medal (4 OLC), Army Achievement Medal (3 OLC), Army Superior Unit Award, Army Good Conduct Medal (6th Award), National Defense Service Medal, Korean Defense Service Medal, Southwest Asia Service Medal, NCO Professional Development Ribbon (Numeral 4), Army Service Ribbon, Overseas Ribbon (4th Award), Kuwait Liberation Medal (Saudi Arabia), Kuwait Liberation Medal (Kuwait) and Global War on Terrorism Medal.

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TLW: 1-21st takes Cup

CONTINUED FROM A-1

winning spot.

After all events were completed, the command team congratulated the first place winners before they were awarded a division certificate of achievement in front of the entire division.

The Guadalcanal Cup was awarded to 1st Bn., 21st Inf. Regt., 2nd Stryker BCT, for the highest points earned from all the team events.



Appearing to levitate, Spc. Shane Singletary, Co. A, 225th BSB, 2nd BCT, demonstrates his lay-up and catches air while participating in the basketball event. Individual and team sporting competitions were a major part of the TLW celebration. (Sgt. Daniel Schroeder, 25th Combat Aviation Brigade Public Affairs, 25th Infantry Division)

Following the awards ceremony and closing remarks, Soldiers spent time with families and friends, ate lunch and checked out the military equipment static displays on Weyand Field.

"We really enjoyed being able to attend all the events and see some of the equipment my husband might use," said Kay Love, spouse of Sgt. Jarvis Love, team leader, 2nd Bn., 14th Cavalry Regt., 2nd SBCT.

Kay said that all the events were very well organized and hopes to see more events next year.

Due to overseas contingency operations, it has been almost 10 years since all brigades were able to attend Tropic Lightning Week, making this year a great success in participation from the entire division.

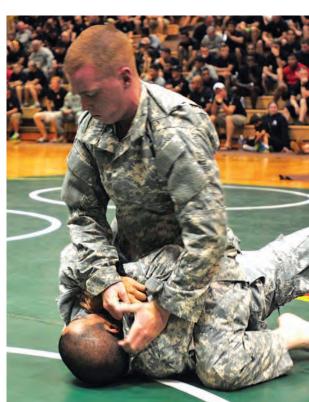
FIRING LINE



Taking aim together, 2-27st Inf. Regt., 3rd BCT Soldiers make each round count as part of the Team Marksmanship Competition, Oct. 2. (Sgt. Daniel Johnson, 2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division)



Tropic Lightning Week begins with a division run, Oct. 1. This massed run is the first of its kind in a decade, as the division brigades are together in garrison again after years of deployments. (Sgt. Matthew Ryan, 25th Infantry Division Public Affairs)



SOLDIERS

Warriors battle for physical supremacy during a combatives tournament, one of the many athletic competitions between elements of 25th ID. (Sgt. Ariana Cary, 25th Infantry Division Public Affairs)

2-6th Cav. Troopers 'push through pain' for wins

Story and photo by SGT. DANIEL SCHROEDER 25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Shouts from spectators in the stands filled the fitness center with emotion and intensity as warriors battled fatigue and pain to complete the last repetitions of a workout challenge.

Competitors from 2nd Squadron, 6th Cavalry Regiment, were motivated by fellow troopers, friends and family members as they competed in the various events of Tropic Lightning Week 2013.

Fueled by the cheers and unwavering support from his unit, Chief Warrant Officer 2 James Peterson, Troop C, pushed himself through the pain to finish the exercises.

"I remember how tired I felt during the wall ball exercise," Peterson recalled. "I heard Soldiers from my unit cheering me on from the bleachers.



Capt. Catherine McNair (right), HHT, 2-6th Cav. Regt., 25th CAB, receives congratulations from Maj. Gen. Kurt Fuller, commander, 25th ID.

That sparked me to push myself harder to complete the exercises even

Peterson's support carried him

through all three events faster than his fellow competitors. This effort marked the first victory for 2-6th Cav. during Tropic Lightning Week.

team," Peterson said. "I might have been doing the exercises, but without the support from my Soldiers, I would not have taken it to the next level."

That support and camaraderie was present with other cavalry troopers during a volleyball match at Wheeler Gym. The troopers reigned victorious, propelling them into the semi-

The following morning, at Weyand Field, the steadfast support of the troopers was guided towards Capt. Catherine McNair, Headquarters and Headquarters Troop, as she represented 2-6th Cav. in the Lightning Elite 5-mile run.

Finishing the run strong with a time of 35 minutes, 21 seconds, McNair placed first in the women's category of

"It was great to have the support from my unit as I neared the finish line," said McNair. "I didn't expect to

"It was great to win this event as a win. I gave it my all during the run, never knowing how the race was going to end. (The) 2-6th has been my home for the last two years. It was nice to give something back after all they have given me."

McNair's efforts marked the second victory for 2-6th Cav. during Tropic Lightning Week. That momentum carried into the volleyball semifinals. The 2-6th Cav. overcame all opponents and earned first place.

After the events, Maj. Gen. Kurt Fuller, commander, 25th Infantry Division, acknowledged the winners before the entire division. With all the events concluded, a birthday celebration began allowing the Soldiers to spend time with their families and interact with each other.

"Tropic Lightning Week was a great opportunity to engage in friendly competition and meet people in different units we don't work with often," said McNair.

Gimlet intelligence analyst sets higher athletic standards

SGT. DANIEL JOHNSON

2nd Stryker Brigade Combat Team Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS - "I always want to challenge myself in everything I do, so if it is up against the guys and it will make me work harder, you best believe that I want to be out there. It's all about being combat effective in

Sgt. Brittany Bradford, intelligence analyst, 1st Battalion, 21st Infantry Regiment, set the standard for her peers when she took first place in both the Lightning Elite CrossFit challenge and Combat Fitness Challenge, Oct. 4, during Tropic Lightning Week.

"I want to be that example, that person that follows the standard," said Bradford. "I don't want anyone to question my ability, ever. Then, I know I've done my job and I'm doing it well."

The Henderson, Tenn., native has served in the U.S. Army for the last four years and has made it her mission to be the best Soldier she can be. When she found out that she was being assigned to an infantry unit in 2013, she took it

"My first thought when I found out I was going to an infantry battalion was I'd better get stronger," said Bradford. "Coming from Bliss, all I did was run, run, run. Upper body strength was not up to par, so my New Year's reso-

as a challenge.

lution was to get into CrossFit and get she can be is a major part of her life stronger. I want to be able to pull my own weight."

"She is definitely self-motivated," said Staff Sgt. JoEllen Cote, Bradford's supervisor. "A lot of people can't seem to figure out that it's not just other people that affect you. You have to have that drive and set goals for yourself. She has her goals and is exceptionally

Bradford is dedicated to Army life. Her goals aren't just personal; she wants to ensure that she can pull her own weight and take care of the Soldiers on her left and right.

"When I joined the military, and saw the male-dominant society, my philosophy wasn't just to prove that a female can do what a guy can do. It's more wanting that assurance of combat effectiveness," said Bradford. "Being able to know I can pull a 200pound-plus male anywhere under fire is important to me."

Her commitment to being the best the end though."

both in the office and away.

"It is a lifestyle for her," said Cote, "but it has encouraged a lot of other people in the shop to do better."

"I can't justify just doing PT in the morning," said Bradford. "PT in the morning is good, but I still think you need that extra PT and time to really push your limits. When I lead PT, I try to have a focused CrossFit-like circuit, and in the afternoons, there is a group of us that will get together and work

However, her competitiveness plays a major role in her ability to meet her physical goals.

"I love competition. Competition drives me. I always want to challenge myself in everything I do, so if it is up against the guys and it will make me work harder, you best believe that I want to be out there," she said. "It's all about being combat effective in



Sgt. Brittany Bradford, intelligence analyst, 1-21st Inf. Regt., 2nd SBCT, 25th ID, performs a clean lift during the Lightning Elite CrossFit Challenge, Oct. 1. (Photo by Sgt. Axe Karenlee, 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division)

Bradford's dedication to duty and dier, and it is Soldiers like her who help fierce determination to better herself are qualities that make for a great Sol-

to set the 25th ID apart from other units in the Army.

POHAKULOA TRAINING AREA

Troopers at PTA get a chow break from MREs

1ST LT. AMBER SKYE ROBERTSON

2nd Squadron, 6th Cavalry Regiment 25th Combat Aviation Brigade 25th Infantry Division

POHAKULOA TRAINING AREA, Hawaii — In the middle of a long, hard shift of maintaining aircraft during the yearly gunnery rotation for 2nd Squadron, 6th Cavalry Regiment, 25th Combat Aviation Brigade, crew chiefs and maintainers were pleasantly surprised to be provided a meal from a stranger.

Robert Gowan, state coordinator of the Hawaii chapter of "Gathering of Eagles" (GOE), and a lo-



After enjoying pizza and soda provided by Gathering of Eagles at Bradshaw Army Airfield, PTA, Capt. Thomas Fox (left), commander, Troop D, 2-6th Cav. Regt., 25th CAB, poses with Robert Gowan, state coordinator for the Hawaii chapter of GOE, and his dog, Dixie.

Robert Gowan writes a blog that updates all of the current events the Hawaiian chapter of Gathering with Eagles has conducted in support of the troops. His blog can be found at http://goekona.word press.com/.

cal Kona coffee farmer who has lived on the Big Island for 47 years, for the first time has been able to directly support the 25th CAB at PTA.

'We usually meet with units at the KMR (Keaukaha Military Reservation) port, near Kawaihai, to provide food and drinks while they work in the sun all day unloading their vessels,' Gowan said. "The 25th Combat Aviation Brigade always bypasses us since they fly their own helicopters in. I'm glad we are finally able to bring (the CAB) a little something."

The program came together when Gowan came into contact with cavalry Soldiers during a barbecue event GOE held for 2nd Battalion, 11th Field Artillery Regt., at the port in early September. At that time, supporting units from 2-6th Cav. were unloading a logistic support vessel, and Gowan requested to bring a morale booster to the flight line troops.

Capt. Thomas Fox. commander, Troop D. greeted Gowan and his dog, Dixie, at the runway crew shack at Bradshaw Army Airfield.

"It was great to have Mr. Gowan and the Gathering of Eagles show their support for us at Bradshaw," said Fox. "My maintainers were happy to have a break from the Meals, Ready-To-Eat, and it was a huge morale boost to have Dixie running around with the troopers."

During the GOE event, the troopers enjoyed boxes of pizza, an ice chest of soda and bags of chips. In appreciation, Fox escorted Gowan to the flight line to see the OH-58D Kiowa Warrior.

GOE is a nationwide, nonprofit organization established in 2007 that's dedicated to providing moral and material support to the U.S. armed forces. The Hawaii chapter that works closely with USO Pacific has donated nearly three tons of Kona coffee to troops overseas while deployed.

GOE plans on returning to support troops training on Bradshaw Army Airfield.

(Editor's note: Robertson is the unit public affairs representative for 2-6th Cav.)



Military spouses tackle a leadership reaction obstacle course, with supervision from Soldiers, during the Joint Spouses' Conference, Oct. 5. (Photo courtesy Joint Spouses' Conference)

Army spouses host JSC 'Operation Hooah 2013'

JOINT SPOUSES' CONFERENCE News Release

SCHOFIELD BARRACKS — Hundreds of military spouses gathered to take part in the Joint Spouses' Conference, "Operation Hooah 2013."

Throughout the daylong conference, attendees enjoyed a variety of educational and hands-on workshops centering on activities and the adventure of living in Hawaii.

From sporting activities on the water in Waikiki to courses in culinary arts, painting and photography, as well as workshops in native Hawaiian culture, something for everyone was available at this year's conference.

"My goal was to introduce military spouses to the positive adventures of military life, to view this lifestyle as a challenge to consistently learn, grow and better themselves by taking full advantage of their surrounding, wherever their duty station may be," explained Sheila Johnson, director of JSC 2013.

Lori Tuite, conference participant and Army spouse, said the conference's presenters did an excellent job.

"Being able to meet other military spouses from across the island was great. I definitely learned a lot today and really enjoyed the cooking class and historical trolley tour,"

The annual conference, which includes more than 25 different workshops, was capped off by an engaging talk from keynote speakers Gen. Vincent Brooks, commander, U.S. Army-Pacific, and his wife, Dr. Carol

Dr. Brooks encouraged military spouses "to undertake what is necessary to survive as a military spouse by embracing the adventure that is this military life."

Gen. Brooks addressed the tough nature of the military spouse and the need for spouses to take time for themselves and their rela-

Next year, the 20th annual JSC will be hosted by the Marine Corps.

Hooah!

For further information on JSC 2013, Operation Hooah! go to www.jaschawaii.com/index.html or consult the Joint Spouses' Conference 2013 Facebook page https://www.face book.com/pages/Joint-Spouses-Con ference-Hawaii-2013/11597541 8600719?ref=br_tf.

The Joint Spouses Conference

The conference is a nonprofit organization whose purpose is to conduct educational and informational workshops for spouses of military personnel and retirees from the armed services, as well as spouses of international military officers assigned to a U.S. military unit.

The conference is designed to enrich, enlighten and empower attendees in their role as spouses, parents, professionals and community leaders.

Participating in this annual event is an amazing way for up to 400 spouses from all services to network while sharing their experiences in paradise and military life.

POMA: Pay coming

CONTINUED FROM A-1

time, and will not be charged for any leave that had been approved for days that became furlough days.

On DOD civilian pay, the situation is a bit different. The next civilian pay date is Oct. 11, and under the Pay Our Military Act, Defense Department civilians will receive paychecks.

Excepted employees - those who continued to work - will receive the full 80 hours of pay. Those furloughed will receive 48 hours of pay for the pay period covered by that payday, up and to and including Sept. 30.

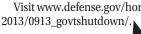
Furloughed employees will receive pay for the four hours they worked Oct. 1 to implement the orderly shutdown once there is a new appropriation or continuing resolution in effect.

DOD civilian employees called back to work Oct. 7 will receive their paychecks for the current pay period Oct. 25.

(Editor's note: This release was the latest current at press time.)

Special Report

Review documents at "Government Shutdown — What You Need to Know." Visit www.defense.gov/home/features/





diers and civilian employees to news@ hawaiiarmyweekly.com.

11 / Friday

Army Emergency Relief -The migration of Samaritan data to netFORUM begins at 7 a.m. All access to the current Samaritan system will be terminated. AER sections will not be able to process assistance cases during the migration window through Oct.

During this window, all AER requests for assistance are to be referred to the American Red Cross for action at (877) 272-7337. AER services resume Oct. 15. Call 655-

14 / Monday

Cyber Security — Part of Na-

tional Cyber Security Awareness Month, the Army's Information Assurance (IA)/Cyber Security Awareness Week is Oct.14-18. During this time, commanders will train and teach IA/cyber security awareness programs to their personnel, focusing on security practices and the actions and milestones associated with executing their command's IA training plans.

This week is an opportunity to heighten individual and collective knowledge about cyber security threats, and individuals' roles and responsibilities in protecting the force against them.

In May, the Army published a handbook to provide leaders at all levels the information and tools needed to address cyber security challenges, and to ensure that all organizations adopt the practices necessary to protect their information and the Army's network. The handbook is available at http://usarmy.vo.llnwd.net/e2/c/ downloads/299601.pdf.

16 / Wednesday

Scheduled Outage Schofield's high voltage shop

scheduled a power outage, 7:30 a.m.-2:30 p.m., Oct. 16, in order to replace exposed wires within the rooftop of one of its concrete transformer enclosures. For safety purposes, DPW needs to shut down power during the replacement of those parts.

Housing areas affected during the outage are the 400 block of Jeal Road and Baldwin Road, from quarters 417-448. Call 864-1022.

22 / Tuesday

Electrical Outage at AMR - An electrical outage at Aliamanu Military Reservation is scheduled 8:30 a.m.-6:30 p.m. to support the work Hawaiian Electric Company (HECO) needs to do on its high voltage distribution

Neighborhoods affected during the scheduled electrical power are AMA, Bougainville, Hibiscus, Makai View, Plumeria, Rim Loop, Sky View and Valley View. Some facilities, like Burger King and the shoppette, will be closed.

Back-up generators for walkin freezer and refrigerator units only shall be provided at the Child Development Center, gym and

the shoppette. Call 656-3065.

26 / Saturday

National Take Back Day — Turn in unused or expired medication for safe, anonymous disposal on National Prescription Take Back Day, 10 a.m.-2 p.m. The military community can dispose of unwanted and unused prescription drugs inside the Schofield Barracks Main Exchange, near the flower shop. Call 541-1930 or visit www.dea.gov.

Ongoing

Green to Gold — Officer-potential Soldiers who are interested in earning a degree are encouraged to apply. Check the Green to Gold website for complete benefits, eligibility requirements and the appropriate applications at www.goarmy.com/rotc/enlist ed_soldiers.jsp.

CID — Are you interested in a career as a special agent with the Army Criminal Investigation Command? Call 655-1989/0541. For additional information, visit www.CID.army.mil.

DOD: Civs suffering

CONTINUED FROM A-1

mains unavailable, and service leaders reported that they are further curtailing training for later deploying units — an activity that already had been reduced due to sequestration spending

Hagel assured the service leaders that he would work closely with them to address these challenges, and support the service members and families affected by these disruptions, officials said. He expressed his continued concern for the morale and welfare of DOD's civilian employees, who have endured unprecedented uncertainty this year and suffered losses in pay, they

The secretary will continue to receive regular updates and review authorities to expend funds during this lapse in appropriations, the statement said.

(Editor's note: This release was the latest current at press time.)



Traffic Alerts report closed roads, limited routes and construction detours from Army and state advisories received by press

For the complete list of traffic advisories, visit www.garrison. hawaii.army.mil/info/trafficcal endar.htm.

Unless otherwise noted, all phone numbers are 808 area code.

11 / Today

AMR Closure — A partial road closure along Aliamanu

Drive/ Bougainville Drive/ Skyview Place/ Rim Loop on Aliamanu Military Reservation that began Oct. 2 will continue until Oct. 31.

These areas will be restricted to temporary lane closure, approximately 10 minutes per activity. During this time, traffic must yield to the directions of the flagmen. Signs and barriers will be in place for closing each side of the roadway.

14 / Monday

Phase 3 — One lane of Shafter's Rice Street, between Rice Loop and Herian Place, will be closed for further installation of underground utilities.

AMR Advisory — Beginning today and until Oct. 15, Island Palm Communities' contractor will perform work on the existing utility pole along Aliamanu Road

that will require a two-day lane closure, 8 a.m.-3 p.m. Motorists are advised to avoid this area. Please use caution and observe all signs, traffic control personnel and devices while driving near the affected work areas.

15 / Tuesday

MILCON — Wheeler Army Airfield's Santos Dumont Avenue will be closed between Lilienthal and Lauhala roads to perform roadway repairs for military construction. Construction will be performed until Nov. 15. Traffic will be routed around Warhawk Field Road, Lilienthal Road and Wright Avenue.

Please note that the project schedule is subject to change pending weather delays and unknown underground conditions.

16 / Wednesday

Lyman Phase 5a — There

will be a full road closure of Lyman Road between Hewitt and Maili streets for utility installation This includes a full intersection closure at Carpenter and Lyman. This road closure will be through Nov. 1st. This road closure is Phase 5a, with Phase 5b information to be published later.

Local access to the Stryker large vehicle/overflow lot will be provided from Maili Street as "local traffic only."

21 / Monday

TAMC Closure — Demolition of existing housing units located in the Rainbow Village neighborhood of Tripler begins. Later, construction of new housing units and utility/road infrastructure will commence.

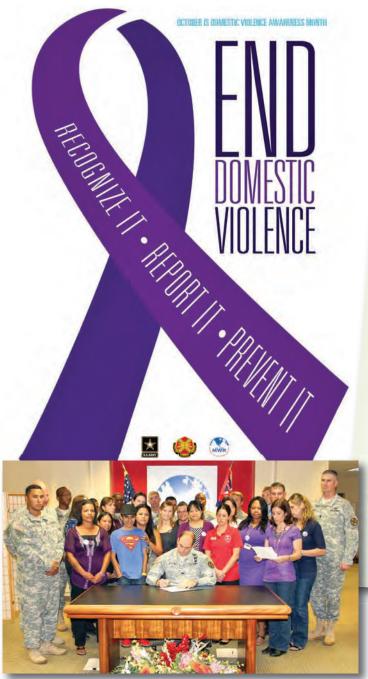
Jarrett White Road, north of Craig Road, will be closed. Additionally, Krukowski Road, north of Fisher House, will be closed.

"When work is finished."

www.hawaiiarmyweekly.com

FRIDAY, October 11, 2013

Domestic Violence Awareness Month



October is Domestic Violence Awareness Month in the Army. When we prevent Domestic Violence, we promote safety within our Families and show respect for the dignity of all our Soldiers, remain focused on the urgency of this issue. When an incident of Domestic Violence occurs, it cannot be kept a private matter. Violence and abuse in Family relationships have negative effects that go far beyond the couple involved. It puts stress on their children, their extended Family, their friends, and their neighbors. Not only does Domestic Violence undermine the ability of Families to be resilient, it also undermines readiness. It committed to our Families. The message to everyone in the US Army Garrison, Hawaii community is: End Domestic Violence – Recognize It, Report It, Prevent It. If you are experiencing Domestic Violence, get help. If you know of Domestic Violence happening around you, take action. You can learn to Recognize It. Recognize signs of distress as soon as they become apparent. Recognize the challenges that intimate relationships bring. Learn new skills in communication and negotiation. Effective discussions cannot take place when couples are angry, hurt, or intolerant. negotiation. Effective discussions cannot take place when couples are angry, nurr, or intolerant.

Intense emotions cloud any opportunity to seek solutions. Anger and fear can sabotage attempts to You can Report It. Report both perpetrators and victims of abuse to the Family Advocacy Program (FAP). Offenders need to be held accountable. Family Advocacy Victim Advocates and many other professionals are here at US Army Garrison, Hawaii, and in our community to decrease the likelihood that violence will recur. You can Prevent It. Prevent Domestic Violence before it starts. Prevent at risk situations by knowing that safe relationships are based on trust and mutual respect. Keep that in mind in your own relationships, as well as when you encounter others in a relationship. Let people know Domestic Violence — whether physical, verbal, or emotional — has no place in our Army. Where violence occurs, trust and respect are missing or broken. Rebuild it. Make a firm decision to find healthy solutions. Enlist the help of others. Let FAP be your partner in prevention. Join me to make this October's Domestic Violence Awareness Month the beginning of a year-round campaign to end Domestic Violence. **Promote the trust and respect that make all relationships** Se strong. Need help? Contact the 24-hour Victim Advocate SAFE Line at (808) 624-SAFE (7233).

WHEELER ARMY AIRFIELD — Col. Daniel Whitney (seated, center), commander, USAG-HI, signs a proclamation declaring October "National Domestic Violence Awareness Month," during a ceremony at FMWR headquarters, Oct. 4. (Photo by Allan Criss, Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii)

ACS provides added resources, advocacy this month

SARAH PACHECO Staff Writer

SCHOFIELD BARRACKS — 1.3 million.

That's the number of women who become victims of physical assault by an intimate partner each year, according to the National Coalition Against Domestic Violence (NCADV).

Other sobering statistics follow:

•One out of every four women will experience domestic violence in her lifetime.

•Females ages 20-24 years are at the greatest risk of nonfatal intimate partner vio-

•30-60 percent of perpetrators of domestic violence also abuse children in the household.

•Boys who witness domestic violence are twice as likely to abuse their own partners and children when they become adults.

• There are 16,800 homicides and \$2.2 million (medically treated) injuries due to intimate partner violence, annually.

•Intimate partner violence results in **more** than 18.5 million mental health care visits, each year.

•Intimate partner violence exceeds \$5.8 billion each year, of which \$4.1 billion goes directly toward medical and mental health services.

But what is perhaps most shocking, the U.S. Department of Justice's Bureau of Justice Statistics reports that domestic violence is one of the most chronically underreported crimes, with less than one-fifth of victims seeking medical treatment following an injury.

"We see everything, from pushing and shoving to severe beatings," said Adrienne Howe, victim advocate, Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii.

According to Howe, domestic violence is a prevalent issue, here, largely due to Hawaii's location in the middle of the Pacific.

"It is, unfortunately, a very big problem, here," Howe said. "Our rates (of domestic violence) in Army Hawaii are higher than in the rest of the country because you're isolated here. You don't have your family and friends to go to, and there really is no way to leave without buying an airplane ticket, and most of our domestic violence victims don't have that kind

To combat domestic violence and strike a chord of resiliency on all Army garrisons, including USAG-HI, the U.S. Army Installation Management Command's Family Advocacy Program (FAP) is taking the lead in the campaign to give Soldiers and their families the tools they need to avoid and prevent the occurrence of intimate partner violence.

'We'll have a campaign, this year, activated at each garrison, to highlight our programs to our Soldiers and family members," said Col. Anthony Cox, FAP director, in a news release. "Our goal is to help them capitalize on their strengths to make their domestic situation a

DVAM Events

Army Community Service will be holding the following events, this month, in recognition of Domestic Violence Awareness

•Oct. 15, 9 a.m.-1 p.m., Armed Services YMCA, Wheeler Army Airfield — ACS, in partnership with ASYMCA, will be collecting food to support domestic violence victims and their families.

•Oct. 21, 1:30 p.m., Sgt. Smith Theater, Schofield Barracks — A screening of the documentary "No Way Out But One"; adults only, due to the sensitive nature of this film.

•Oct. 29, 9 a.m.-1 p.m., PX Market, Fort Shafter — ACS, in partnership with ASYM-CA, will be collecting food to support domestic violence victims and their families.

Also, there will be reminders positioned throughout USAG-HI installations to bring greater awareness to domestic abuse, to include the following:

•A Silent Witness silhouette display at the

ACS building on Schofield; •An Empty Place at the Table display at the Schofield Warrior Inn DFAC, Tripler Army Medical Center Cafeteria and K-Quad

•A Clothesline Project display of T-shirts designed and decorated by families; and

•Purple ribbon tree displays at Island Palm Communities on Schofield, WAAF, HMR, AMR, Red Hill and Fort Shafter.

For more information on any of these events, call 655-4ACS (655-4227) or visit www.himwr.com.

success.'

USAG-HI is joining IMCOM's concerted effort, this month, by holding several events and activities in observance of Domestic Violence Awareness Month.

"All month, we will have displays at both Schofield and Fort Shafter — the Silent Witness and Empty Place at the Table — as a reminder that people are killed, unfortunately, by domestic violence," said Howe.

"We'll also be tying purple ribbons around trees in Island Palm Communities," Howe

added. "Purple is the color of courage and strength, and as a survivor, you have this courage and strength to overcome your situa-

Howe said that domestic violence can be more than just physical abuse; it can be financial and emotional, as well.

"You're looking for the bruises; you're looking for the physical part of it. But I think the (psychological abuse) is a lot more damaging,"

See DVAM, B-5

Tips to 'Recognize, Report, Prevent' domestic violence

JASON LEDFORD

Army Community Service Directorate of Family and Morale, Welfare and Recreation U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Stigmas are very prevalent in our society.

Merriam Webster defines "stigma" as "a set of negative and often unfair beliefs that a society or group of people have about something.'

Arguably, the most common stigma associated with domestic violence is that men cannot be victims. However, according to the National Violence Against Women Prevention Research Center, more than 830,000 men in the U.S. are victims of domestic violence, annually. This fact translates to one man subjected to domestic abuse every 37.8 seconds.

Sadly, stigmas keep people from seeking help. This reality is especially true with male victims of domestic violence.

Many men believe if they report domestic violence, they will not be taken seriously. The

truth is, abuse is about power and control. Abusers believe they have the right to manipulate, control and humiliate another person.

The key to addressing domestic violence in our community is a two-part process: recognizing and reporting.

To recognize domestic violence, it is important to know the warning signs, which include the fol-

·Your partner calls you names, insults you or puts you down.

•Your partner prevents you from going to

work or school.

Army Victim Advocacy Program 808-624-SAFE (7233)

or your pets.

·Your partner stops you from seeing family members or friends.

 Your partner tries to control how you spend money, where you go or what you

 Your partner acts jealous or possessive, or constantly accuses you of being un-

faithful. Your partner gets angry or violent and blames alco-

hol/drug use for his/her behaviors.

·Your partner threatens you with violence or

a weapon. •Your partner hits, kicks, shoves, slaps, strangles or otherwise hurts you, your children Your partner forces or coerces you to have

 Your partner blames you for his/her violent behavior or tells you that you deserve it. The second part of the process is to report

domestic violence when it occurs. If you or anyone you know is experiencing

domestic violence, call the 24/7 SAFE Line at (808) 624-SAFE (7233). Anyone can be a victim of domestic vio-

lence. Those who abuse do not discriminate. Recognize it. Report it. Stop it.

Army Community Service can offer educational briefings upon request to promote awareness and public education about domestic violence, child abuse, stalking and more.

For more information, contact the Family Advocacy Program at 655-4ACS (4227).

(Editor's note: Ledford is a victim advocate with the ACS Family Advocacy Program.)

HAWAII ARMY WEEKLY

Additional religious services, children's programs, educational services and contact informa-

www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

> Aliamanu Chapel Fort DeRussy Chapel

Helemano Chapel

Main Post Chapel,

Schofield Barracks

Soldiers' Chapel,

Schofield Barracks

Medical Center Chapel

Pearl Harbor

WAAF: Wheeler Army Airfield

TAMC: Tripler Army

Chapel

•First Sunday, 1 p.m. at FD

•Thursday, 9 a.m. at AMR

- 8:30 a.m. at AMR

-11 a.m. at TAMC

MPC and 12 p.m.TAMC

•Sunday, noon. at MPC

•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 2:30 p.m., TAMC

•Friday, 1 p.m. at MPC Annex

•Saturday and Sunday, 5:30 a.m.;

6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Friday, 7 p.m. at MPC Annex

•Friday, 7:30 p.m. at PH

Pagan (Wicca)

Protestant Worship

-8:45 a.m. at MPC

-10 a.m. at HMR

-10:30 a.m. at AMR -10:45 a.m. at WAAF

(Spanish language)

-11 a.m. at SC

Anglican)

(Contemporary)

Liturgical (Lutheran/

•Sunday, 9 a.m. at WAAF

Sgt. Smith Theater

Call 624-2585 for movie

Riddick

(R) Fri., Oct. 11, 7 p.m.

Thurs. Oct. 17, 7 p.m.

The Smurfs 2

(PG) Sat., Oct. 12, 2 p.m.

Sun., Oct. 13, 1 p.m.

listings or go to aafes.com

under reeltime movie listing.

This Week at the

-9 a.m., at FD, TAMC chapel

Sunday Services

Room 232

Gospel Worship

-10:30 a.m. at MPC Annex

•Monday-Friday, 11:45 a.m. at

•Saturday, 5 p.m. at TAMC,

•Fourth Sunday, 1 p.m. at MPC

Buddhist Services

Catholic Mass

Sunday services:

Annex

WAAF

Aloha Jewish Chapel,

tion can be found at

AMR:

FD:

PH:

worship Services



Briefs

Today

SKIES Unlimited School of Sports & Fitness — AMR and Schofield Barracks studios are now offering the following:

- •Kenpo Karate, for 5-18 years of age, Wednesdays and Saturdays at AMR; Tuesdays and Thursdays at SB;
- •Lil Ninjas, 3-5 years, Fridays and Saturdays at AMR; Wednesdays and Saturdays at SB;
- •Taekwondo, 6-18 years of age, Mondays and Wednesdays at AMR; Tuesdays and Thursdays at SB.

Call 655-9818 for class availability or log onto the www.himwr.com for information.

SKIES Unlimited School of Academics — New classes at SKIES studios include preschool reading, preschool writing, math, reading and writing workshops. Call 655-9818 for class availability or visit www.himwr.

SKIES Unlimited Music Classes for Teens — Free instruction at Schofield and AMR includes these:

- Beginning keyboard, drums and guitar, Tuesday or Thursdays, SB; and
- •Rock School for teens, 6th-12th grades, SB on Mondays; AMR on Wednesdays for 7-18 years old. Call 655-9818.

13 / Sunday

NFL Sundays — SB Tropics Warrior Zone offers all the NFL games. Facility opens half-hour before the first game starts.

Tropics also will feature Monday night and Thursday night NFL games. Patrons 18 and older are welcome; call 655-5698.

Kolekole Sunday Football -Doors open one-half hour before kick off of first game. Breakfast tailgate buffet \$5 until noon; pupu and crowd pleasers starting at 11 a.m. Games and prizes throughout the morning.

Are you SB Kolekole's hardest working fan? Punch in every time you watch football at Kolekole, and have a chance to win a 32-inch TV at the Super Bowl party. The fan with the most clocked hours by Jan. 30, 2014, wins. Call 655-4466.

15 / Tuesday

FS Preschool Story Time -Take your toddlers to the library; different theme and story each week at 10 a.m., every 1st and 3rd Tuesday of

"Seek the Unknown" — Teens are invited to FS library to create an



Children greet Eddie the Eagle during the annual "Day for Kids" event at the School Age Center, recently. (Photo courtesy Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii)

CYSS' kids event draws crowd

TASHIKA DIXON

Directorate of Family and Morale, Welfare and Recreation U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — In support of the Boys & Girls Club of America's mission to honor our nation's children, the Directorate of Family and Morale, Welfare and Recreation's Child, Youth, and School Services held its annual "Day for Kids" event at the School Age Center, here, recently.

The fun-filled day offered a wide variety of free activities, games and performances suited just for youth.

More than 1,000 attendees took part in face-painting, wall-climbing, bounce houses, a dunk booth, a host of games and an hourly raffle with great door prizes. A live disc jockey was also provided.

Created by the Boys & Girls Club, Day for Kids was designed to foster relationships between adults and children through the gift of meaningful time. It provided adults and kids an opportunity to take a break from their busy lives and celebrate the wonder of life and the fulfillment of spending time together.

Several characters graced the increasing crowd with

their enchanting presence throughout the day. FMWR's own Eddie the Eagle made a special appearance; he and his friends made sure to join in on the fun by "Cha-Cha" sliding and rocking out with attendees on the dance floor.

SKIES Unlimited Expo provided entertainment by the "Kenpo," "Theater," "Taekwondo" and "Rock School Band" classes. One crowd-pleaser proved to be the Taekwondo-Lil Ninja "breaking-technique" performance, which showcased five 3- to 5-year-old little ones breaking a piece of paper in half.

"We had so much fun at the Day for Kids," said attendee Jennifer Prine. "I was so tickled with the lilones' Taekwondo performance. MWR always delivers

By the end of the day, patrons were immensely stuffed with free food and snacks, to include hot dogs, cotton candy, potato chips, drinks, popcorn and shaved iced.

The success and large attendance has fostered plans and a vision for next year, according to FMWR officials. The next Day for Kids is being penciled in for September 2014.

original promotional flyer with this theme, a favorite book, theme interpretation, and more, during October. Bring your creation in to the FS library for display.

Judging will be done the first week of November and prizes will be awarded. Call 438-9521.

Tropics Chess Tournament — Every Tuesday, 5:30 p.m., is sign-up. In October, SB Tropics hosts tournaments, with the finals scheduled for Oct. 29. Competition begins promptly at 6 p.m.

16 / Wednesday

Richardson Pool — Schofield pool reopens Oct. 16 with normal winter hours. Community open swim is Friday (1-5 p.m.), Saturday (10 a.m.-5 p.m.) and Sunday (10 a.m.-5 p.m.).

Sgt. Yano Library — Catch Preschool Story Time at the SB library, 10 a.m., each 1st and 3rd Wednesday of the month. Features a different theme and story. Call 655-

BOSS Meetings — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS president, 655-1130.

Attend these meetings:

•North meetings, 2 p.m., 1st and 3rd Wednesday, SB Tropics Warrior Zone.

•South meetings, 11 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

8-Ball Pool and Ping Pong

Tournaments — Join these popular weekly competitions, starting at 6 p.m., Wednesdays, at SB Tropics War-

Monthly champions crowned last Wednesday of the month. Free to play. Call 655-5698.

17 / Thursday

Clay Hand Building Workshop — Learn to work with clay from the experts at the SB Arts and Crafts Center, 1-3 p.m., Thursdays. Initial session is \$25; additional sessions are \$5. Call 655-4202 for registration.

MWR Operation Rising Star — The individual singing competition semifinal round will be held at 6 p.m., Oct. 17, at the SB Nehelani. Contestants compete for the \$500 first prize and advancement to the Army-wide competition.

Community Calendar

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

12 / Saturday

Baby Expo — Hawaii's largest baby and kids expo is Oct. 12-13 at Neal Blaisdell Center Exhibition Hall. Will feature products and services from more than 150 exhibitors. Visit www.ohbabyfamily expo.com or call 239-7777.

13 / Sunday North Shore Polo — The

50th season of the Hawaii Polo Club includes a military ticket discount and matches every Sunday through Oct. 27. Visit www.hawaiipolo.com.

15 / Tuesday

AFAP Issue Submission — Be a part of improving your Army's future. The issue submission deadline for the Army Family Action Planning Conference consideration has been extended to Oct. 15. Call 655-1716 or visit www.garrison.hawaii.army. mil/crmt/default.htm?tab=3 or www.garrison.hawaii.army.mil/com ments/afap.aspx.

Family Night Programs -AMR and Schofield chapels invite the public to family night programs. The weekly event features dinner, classes and activities for children ages 4 through high school and adults.

> A nursery service, staffed by CYSS, is provided for children ages 6 months-4 years who are registered with CYSS or CDC. Weekly schedule as follows:

•AMR Chapel Family Spiritual Resiliency Night, Tuesdays, 5:30-7:30 p.m.

 Schofield Chapel Family Spiritual Resiliency Night, Wednesdays, 5:30-7:30 p.m. Call 833-8175 (SB) or 839-4319 (AMR).

18 / Friday

Wounded Warriors Golf Benefit — Attend one of a nationwide series of golf events designed to provide rehabilitative golf experiences

for post-9/11 wounded veterans, 12:30 p.m., Waikele Country Club. Contact Maurice Anstead, 545-6977.

20 / Sunday

MCBH Biathlon — Start your morning, 7 a.m., with a 500-meter swim in beautiful Kaneohe Bay, followed by a 5K run along the runway and taxiway at Marine Corps Base Hawaii. Register online by Oct. 15 at www.mccshawaii.com/races/.

22 / Tuesday

Golf Benefit — Army ROTC program golf benefit, registration at 9:30 a.m., Oct. 22, Hawaii Prince Golf Course. Register online at www.uh foundation.org/ROTCgolf. Funds raised support the ROTC Cadet Scholarship endowment.

25 / Friday

Gospel Concert — Gospel Artist Vashawn Mitchell performs at the Hickam Officer's Club Lanai, 6 p.m., Oct. 25. Contact the AMR Chapel or email Maj. Warthen at warthen3@aol.com.

26 / Saturday

National Take Back Day -

Turn in unused or expired medication for safe, anonymous disposal on National Take Back Initiative Day, 10 a.m.-2 p.m., Oct. 26. The military community can dispose of unwanted and unused prescription drugs at three post locations: at the SB Main Exchange (inside, near the flower shop); at Marine Corps Exchange, Kaneohe Bay; and at Navy Exchange (main lobby).

The off-post population can participate at these locations: Hawaii State Capitol, Kahala Mall (inside), Kaneohe Bay Shopping Center (in middle), Kapolei Police Station and Mililani Town Center (north end).

Call 541-1930, Visit www.dea.gov.

Hawaii vs. Colorado State Football — College football kickoff is at 6 p.m. at Aloha Stadium featuring the University of Hawaii Warriors. Active duty military, DOD civilians and retired military eligible for 50 percent discount on select adult tick-

ets (eight maximum) to all UH home sporting events. Valid ID required when purchased at event. Visit www.hawaiiath letics.com.

One Direction: This is Us

3D (PG-13) Sat., Oct. 12, 6 p.m.

Planes

Sun., Oct. 13, 5 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

Calendar abbreviations 8th TSC: 8th Theater Sustainment

Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company gram

ASYMCA: Armed Services YMCA

CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Pro-FMWR: Family and Morale, Welfare and FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center

SB: Schofield Barracks

Recreation

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii

USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield (PG)

643rd Engineers 'Get Fit' with Mililani grade-schoolers

STAFF SGT. GAELEN LOWERS 8th Theater Sustainment Command Public Affairs

MILILANI — The 643rd Vertical Engineer Company, 84th Eng. Battalion, 130th Eng. Brigade, volunteered fitness expertise at Mililani Uka Elementary School during a daylong "Get Fit" event, recently.

The 26 "Wolfpack" Soldiers participated in the gathering that was designed to encourage a positive fitness lifestyle and behaviors.

The day started early for the Soldiers as they arrived at Mililani Uka to help set up the stations and rehearse the events for the day's activities. When the students arrived, each Soldier partnered with a class, welcoming each with high-fives.

Pvt. Trevor Bass and Pvt. Jakobus Snel took the microphone and led the entire school in physical readiness training warm-up exercises.

"It was an honor to have the op-

portunity to make a good impression on students and to see their faces light up as we took them through our daily warm-up," said Bass.

The motivation was mutual as Soldiers led their classes through an obstacle course, a jump rope station and a water relay. The presence of Soldiers to run each of the three stations helped show students how much fun they can have while staying active.

All day long, teachers, community members, parents, students and Soldiers shared in the excitement and enthusiasm of the day's events. Soldiers joined the students in the cafeteria as they ate meals cooked by parents as a thank you for mentoring and motivating their children.

"Having the chance to eat lunch with the Soldiers is a highlight for the students as it allows them to talk and learn more about life in the military creating better connections with our



Pvt. Trevor Bass (left) mans the microphone while Pvt. Jakobus Snel (middle) and Pvt. Stephon Dean (right), all with the 643rd Eng. Co., 84th Eng. Bn., 8th MP Bde., 8th TSC, lead children in a warm-up exercise during Mililani Uka's "Get Fit!" event, recently. (Photo by 1st Lt. Josephine Kim, 84th Engineer Battalion, 8th Military Police Brigade, 8th Theater Sustainment Command)

volunteers," said Norma Tansey, coordinator and Army liaison. "Thank you to Lt. Col Reisinger and the 84th Engineers for helping to make the event possible as the Soldiers were crucial to this event's success."

"Get Fit" is just one of many occasions the 84th Eng. Bn. participates

in during its partnership with Mililani Uka Elementary School. The next affair will be Nov. 8 with the school's annual Fall Fest.



Soldiers from Company D, 715th MI Bn., 500th MI Bde., make their way down Trimble Road, during the 500th MI Bde.'s Hispanic Heritage Month 5K Run, Sept. 27.

500th MI Hispanic Heritage runs deep

Story and photo by
STAFF SGT. DAVID PADILLA

500th Military Intelligence Brigade Public Affairs

SCHOFIELD BARRACKS — More than 600 Soldiers, families and civilians participated in the 500th Military Intelligence Brigade's Hispanic Heritage Month 5K run, Sept. 27, at Weyand Field.

The run was conducted as part of the Army's Hispanic Heritage Month, which runs from Sep. 15- Oct. 15.

The observance recognizes the contributions Hispanics have made in the military and fosters and promotes

Before the run, attendees were presented with a short dramatization of Master Sgt. Roy Benavidez's actions during a six-hour-long firefight in Vietnam, which led him to be awarded the Medal of Honor by President Ronald Reagan.

The demonstration recreated events that

occurred on May 2, 1968. Sgt. Giovanny Garcia, Company D, 715th MI Battalion, 500th MI Bde., played Benavidez.

Following the dramatization, individuals and formations from Schofield Barracks and Fort Shafter filled the run route with spirit and energy. Participants offered remarks supporting the strength of the Army's Spanish heritage among troops.

"The contributions of our Soldiers and families of Hispanic descent are significant to our Army and country," said Command Sgt. Maj. Dan McCraw, senior enlisted adviser for 500th MI Bde.

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A Soldier with Headquarters and Headquarters Battalion, 25th Infantry Division, helps Hale Kula Elementary School second-grader Austin Hublard cut out cardboard for a project crafted during an international Carbdoard Challenge at the school, Oct. 4. (Photo courtesy Hale Kula Elementary School)

25th HHBN is 'challenged'

Hale Kula Elementary School

SCHOFIELD BARRACKS — Hale Kula joined thousands of other students in more than 43 countries to participate in this year's Cardboard Challenge.

Although the official day designated for this event was Oct. 5, Hale Kula held its observance Friday, Oct. 4, which was the last day of the

This global affair was inspired by a chance encounter when filmmaker Nirvan Mullick stopped at an out-of-the-way auto repair store in Los Angeles and met Caine, a 9-year-old boy who had built an arcade entirely out of cardboard boxes. The resulting film, "Caine's Arcade," spawned a global movement to encourage imagination and creativity.

Students watched the film and were inspired to think of what they could do with an ordinary cardboard box. They planned, sketched, collaborated and revised their ideas as they worked on their projects.

Adult volunteers came in to assist and support students, including nearly 50 Soldiers from Hale Kula's partner unit, Headquarters and Headquarters Battalion, 25th Infantry Division. Some Soldiers went to classrooms to help students with their projects and give suggestions, but ultimately, the students made the final decisions.

Other Soldiers delivered a truckload of cardboard boxes, which became a huge cardboard maze for students to navigate. A long line of students waited patiently for their turn to make their way through the maze, and they were not disappointed. There were excited shrieks of laughter as students encountered an unexpected dead end or were startled by a "barking dog" (aka, a Soldier), and all were smiling when they found their way out.

Spc. Richard Harris recruited the volunteers for this event, and he stated that this was a great opportunity for the Soldiers to be involved in the school. Some Soldiers, including Harris, were at the school observance from start to finish.

The Hale Kula Cardboard Challenge was a huge success, and plans are already underway to make this event even better next year.

Hale Kula thanks all of the volunteers, especially those from HHBN, 25th ID.

(Editor's note: Iwase is the principal at Hale *Kula Elementary School.*)

Student survey designed to reveal critical feedback

HAWAII DEPARTMENT OF EDUCATION News Release

HONOLULU — A student survey being

administered in Hawaii's public schools through Oct. 18 will provide educators with critical classroom feedback aimed at improving teaching and learning.

Students from kindergarten through grade 12 are taking the "Tripod Student Perceptions Survey," which measures effective student-teacher relationships and elements of teaching quality.

"Students interact with their teachers every school day. Their insights and reflections on classroom experiences will provide valuable information for educators and schools," said Hawaii State Department of Education (DOE) Superintendent Kathryn Matayoshi. "The data we receive will allow us to focus on building on the strengths and working on the challenges in our classrooms. This is aligned to the goals set in our Strategic Plan to transform public

The research-based, voluntary survey is part of a new Educator Effectiveness System (EES). Beginning this school year, survey results will be included as one of multiple measures of the EES, which was developed based upon recommendations from

The survey allows students to assess their engagement and generates information about how they experience teaching practices and classroom learning conditions. Survey data can be used, for example, to tailor professional development for specific needs or track school progress on initiatives. Results will also capture information about school climate and youth culture.

Students in grades three-12 will use a 5point scale to rate statements, such as "My teacher takes the time to summarize what we learn each day," or "In this class, we learn to correct our mistakes."

Kindergartners, first- and secondgraders will have similar age-appropriate statements proctored by a different teacher and use a 3-point scale in their answers. Students' names will be kept confidential from teachers and administrators.

"We are excited and proud of the hard work by schools, educators and staff in establishing a system to collect quality student feedback statewide," said DOE Deputy Superintendent Ronn Nozoe. "We all value student voices as an important component of our comprehensive support system for educators."

The survey, which will be administered twice during the school year (once in the fall and in the spring), was developed in a partnership between Cambridge Education and Dr. Ronald Ferguson, the director of the Achievement Gap Initiative at Harvard University. Students in hundreds of schools in more than 25 states have used the survey.



Tripod Student Survey Assessments are featured in the Gates Foundation MET study of teaching quality. Using a sample of more than 44,500 students, the results of the MET study reinforce a growing consensus that integrating student survey assessments with high-quality observations and student achievement gains creates a much more valid and reliable teacher evaluation system compared to current standard practices.

Online Survey

For more information about the survey, visit www.tripodproject.org or http://eesteacher.weebly.com.

DVAM: Annual awareness campaign aims to strengthen Soldiers and families

CONTINUED FROM B-1

she said. "A bruise will heal, but all of that emotional torture, that takes a long time to go away."

Also, domestic violence isn't only a women's issue.

"We've seen a big rise in men's cases, where the man is the victim," Howe said. "A lot of times, men are afraid that they're going to turn around and fight back, so they want to report the abuse now, before they do something just on impulse."

ACS operates under the mission to "assist commanders in maintaining readiness of individuals, families and communities within America's Army by developing, coordinating and delivering services that promote self-reliance, resiliency and stability during war and peace."

Its Victim Advocacy Program has evolved to be an advocate/expert voice in the community on behalf of victims of domestic violence and sexual assault by offering an avenue for support and services (with restricted options) that support clients' integrity and provide them with the information necessary to make positive choices for themselves, and their families.

If someone feels she/he is being mistreated by her/his partner — which is, by definition, anyone you have lived with for 30 days or more in an intimate relationship, are married to or have been previously married to, or share a child with — Howe said to report the action(s) to ACS, where a local advocate can offer advice and resources.

"In domestic violence, we look for patterns," Howe explained. "Every couple is going to argue; that's normal. But is this something that's happening every day, every week? Is this something you think you can work out in counseling, or is this something that is having a severe emotional impact on

"People leave relationships about seven times, on average, before they actually leave," Howe stated. "Don't be afraid to ask for help.

DVAM history

Domestic Violence Awareness Month evolved from the first "Day of Unity" observance, conceived by the National Coalition Against Domestic Violence in October 1981.

Held in order to connect battered women's advocates across the nation who were working to end violence against women and their children, the Day of Unity soon became an entire week dedicated to a range of activities conducted at the local, state and national levels.

While varied, these activities all had three common themes: mourning those who have died because of domestic violence, celebrating those who have survived domestic violence and connecting those who work to end domestic violence.

In October 1987, the first DVAM was observed. Today, the Day of Unity continues to be celebrated the first Monday in October, and those three original themes remain a key focus of DVAM events.



The "Empty Place at the Table" display, such as this one staged at the Schofield Warrior Inn, symbolizes loved ones who were killed at the hands of an abuser and the permanent empty place left at the dinner table. (Photo courtesy Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii)

"A lot of domestic violence victims have a lot of courage and strength; they just don't realize where their strengths are," she added. "It's OK to reach out for help. You don't have to go through this alone, and you have a right to not be abused."

- To report domestic or child abuse call these numbers:
- •Fort Shafter Military Police, 438-7114;
- •Schofield Barracks MPs, 655-7114; or
- •911, if you do not reside on a military installation.
- To speak to a local advocate, call the Army Community Service 24-hour SAFE Line at 624-SAFE (624-7233). Other resources available to victims of domestic vio-
- lence include (but are not limited to) the following: •National Resource Center on Domestic Violence,
- •National Coalition Against Domestic Violence, www.ncadv.org.
- Hawaii State Coalition Against Domestic Violence, www.hscadv.org.
- •National Domestic Violence Hotline, www.thehot
- ·Legal Aid Society of Hawaii, www.legalaidhawaii.org. •DOD Victim and Witness Assistance Council, http://vwac.defense.gov.

