

# Breaching Academy **blasts** through doors of learning

Story and photos by  
**STAFF SGT. SEAN EVERETTE**  
2nd Stryker Brigade Combat Team Public Affairs  
25th Infantry Division

SCHOFIELD BARRACKS — The 66th Engineer Company recently spent a week and a half teaching its trade to infantry across 2nd Stryker Brigade Combat Team, giving those warriors a taste of what it's like to be a Sapper during the Warrior Breaching Academy.

"You're learning basic demolitions," said Sgt. Michael Moore, team leader, Co. B, 1st Battalion, 14th Infantry Regiment, while going through the academy. "We learned everything from the M11, which is a shock tube, all the way to safely handling C-4 and everything in between; different types of explosions, different types of resources you can use; how to fix misfires; and urban breaching with shotguns."

Moore added, "We learned how to properly engage doors, walls, reinforced concrete and roofs. We learned how to make a hole in pretty much anything (and) how to get through it or around it effectively and safely."

Why would an infantryman need to know these things if his brigade has Sappers?

"It's very important for them to have these skills," explained Sgt. 1st Class Jaime Rios, platoon sergeant, 66th Eng. Co. and the Breaching Academy's noncommissioned officer in charge.

"In the current structure of our brigade, we have one engineer company to support the entire brigade, which breaks it down to one platoon per battalion and one squad per company. So, a lot of times, company commanders want the skills that the engineers bring and the assets aren't available. So, if we can share that knowledge, that commander has that additional tool to use," Rios explained.



A team made up of squad and team leaders from two of 2nd SBCT's infantry battalions and its cavalry squadron blow a door off its hinges while practicing urban explosive breaching. The 66th Eng. Co.'s Breaching Academy teaches various breaching techniques, so units can have organic breaching assets if Sappers are not available.

See 66th A-5

# ATEX tests Reserve, civ & mil antiterrorism preparedness

Story and photo by  
**BRIAN MELANEPHY**  
9th Mission Support Command Public Affairs

FORT SHAFTER FLATS — A simulated blast and a few moments of chaos kicked off a realistic antiterrorism exercise (ATEX), here, Aug. 20.

The 9th Mission Support Command's U.S. Army Reserve Theater Support Group-Pacific was the executive agent for the one-day, multi-agency exercise.

Oahu-based participating units and multi-agency partners included the 9th MSC, USAR TSG-Pacific, the 303rd Maneuver Enhancement Brigade, the 1984th U.S. Army Hospital (USAH), the 706th Ordnance Company (Explosive Ordnance Disposal), the Federal Fire Department and the Honolulu Police Department.

The participants began with a "blast" around 9:30 a.m. After the simulated explosion, the coordination began.

Less than 10 minutes after the explosion, the fire department and the EOD team arrived on the scene. EOD quickly removed two

"casualties" to a secure staging area.

The fire department then assessed the patients, conducted triage and on-scene treatment, and evacuated each casualty by ambulance. EOD went in to check the area for additional explosive devices, following its tactics, techniques and procedures, once the simulated victims were removed.

The event coincided with antiterrorism awareness month and was the culmination of approximately 10 months of planning. In addition to the Oahu event, USAR TSG-Pacific also held exercises on Maui, the Big Island, Alaska, Guam, Saipan and American Samoa.

In American Samoa, USAR TSG-Pacific personnel partnered with Veterans Affairs, the territory's Homeland Security Department and local law enforcement.

The USAR TSG-Pacific provides base support and services to Pacific Army Reserve Soldiers throughout the 9th MSC's area of responsibility.

This exercise was its first full-scale exercise.

TSG-Pacific conducted a tabletop exercise in November 2011 and participated in another tabletop with U.S. Army Garrison-Hawaii in July 2013.

ATEXs are one way to validate that an organization has the correct resources and trained personnel to defend against terrorist incidents.

Col. Eddie Rosado, commander, USAR TSG-Pacific was at the Oahu event to observe.

"(The exercise) gives us an opportunity to practice our antiterrorism plans," Rosado said. "The ATEX is a collective, proactive effort focused on the prevention and detection of terrorist acts."

To make the exercise more realistic, the 1984th USAH moulaged role players with realistic-looking injuries that included broken bones and the appearance of severe bleeding.

At the end of the exercise, Rosado was pleased with the outcome.

"The exercise has been a valuable event for all organizations involved," said Rosado.

"Next year, we are looking to add more agencies (to the ATEX) and use more simulation and technology."



Sgt. Kenny Anderson, 706th EOC, 303rd EOD Battalion, 45th Sustainment Brigade, 8th Theater Sust. Command, evacuates moulaged casualty Sgt. Sarina Vandausdale, 1984th USAH, after a simulated blast during USAR TSG-Pacific's ATEX, Aug. 20.

(Photo has been altered from its original form; background elements have been removed.)



BELLOWS AIR FORCE STATION — Staff Sgt. Matthew Acosta, personal security detachment shift team leader, exits a UH-60 Black Hawk helicopter at the low ready to provide security during a mission rehearsal exercise, Aug. 16.

## 57th MP PSD ready for action

Story and photos by  
**STAFF SGT. RICHARD SHERBA**  
8th Military Police Brigade Public Affairs  
8th Theater Sustainment Command

SCHOFIELD BARRACKS — A personal security detachment (PSD) team's cohesiveness, preparation, readiness and months of training were put on display and evaluated by the 728th Military Police Battalion, 8th MP Brigade, during a weeklong mission rehearsal exercise, Aug. 12-16, at various training areas around Oahu.

In March, a PSD team was created by selecting some of the best Soldiers of 57th Company, 728th MP Bn., and 8th MP Bde. for an upcoming mission in support of Operation Enduring Freedom.

PSDs have the awesome responsibility of escorting, navigating and protecting battlefield leaders. They not only ensure the principal gets to and from key leader engagements, but are also responsible for the principal's safety. The well-being of the principal is paramount to the PSD Soldier, and this special type of Soldier is willing to place himself between the principal and harm's way at any given time.

"Once they were identified, they were all sent to the actual additional skill identifier producing school at Fort Leonard Wood, (Mo.) a three-week PSD school, and since they've been back they've been training as a team," said Command Sgt. Maj. Bradley Cross, senior enlisted leader, 728th MP Bn.

"The importance of having a well-trained PSD is that it alleviates the general officer

that they're protecting from having to worry about what is going on around them, so he can then just focus on the task at hand. The PSD mission is solely to protect that one individual, and it's an important mission."

The 57th MP PSD evaluated a wide range of tasks, some of which included providing protective services, conducting military police security operations, and conducting maneuver and mobility support operations.

"It was designed to wear them out, to go

See PSD A-5



BELLOWS AIR FORCE STATION — Sgt. 1st Class Todd Bailey (right), PSD NCOIC, protects role-player principal, Maj. Jay Guerrero, Headquarters and Headquarters Company, 8th MP Bde., as he's moved to a vehicle to be evacuated during a simulated attack.





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**MEDAL OF HONOR**



WASHINGTON — President Barack Obama presents the Medal of Honor to Staff Sgt. Ty Michael Carter, for acts of gallantry and intrepidity at the risk of his life above and beyond the call of duty while serving as a Scout with Bravo Troop, 3rd Squadron, 61st Cavalry Regiment, 4th Brigade Combat Team, 4th Infantry Division, during combat operations in Kamdesh District, Nuristan Province, Afghanistan, Oct. 3, 2009.

Carter and his comrades were attacked by an estimated 300 enemy fighters occupying the high ground on all four sides of Combat Outpost Keating. He reinforced a forward battle position, ran twice through a 100-meter gauntlet of enemy fire to resupply ammunition and voluntarily remained there to defend the isolated position. Armed with only an M4 carbine rifle, Carter beat back the assault force and prevented the position from being overrun over the course of several hours. (U.S. Army photo by Staff Sgt. Bernardo Fuller, photographer to the Under Secretary of the Army. *Editor's Note: read the complete citation online at HawaiiArmyWeekly.com.*)

# Chapel celebrates centennial

Story and photo by  
**STAFF SGT. SEAN EVERETTE**

2nd Stryker Brigade Combat Team Public Affairs  
25th Infantry Division

SCHOFIELD BARRACKS — Soldiers and their families have been attending services at the Soldiers' Chapel, here, for 100 years, and the 2nd Stryker Brigade Combat Team's chaplain team decided that was cause for celebration, Sunday.

"The purpose of remembering or celebrating a hundred years of service is threefold," said Chaplain (Maj.) Scott Koeman, 2nd SBCT. "One is to celebrate and show a hundred years of a God's faithfulness to the community and their faithfulness to him. Second is the idea that even an old chapel is relevant to the community for worship. Third, our country is not that old and recognizing 100 years of a chapel being used for worship is significant."

Some of the people in attendance felt the celebration wasn't just about the chapel's centennial.

"Celebrating the church is celebrating the fabric of the community," said Lt. Col. Andrew Hagemaster, psychologist. "Many of us even walk, here, and that's rare in this day and age."

The Soldiers' Chapel, as it stands today, is actually the combination of two churches. The entrance was originally part of a church commissioned by Queen Lili'uokalani of Hawaii in 1913. It was combined with a second chapel in 1925 and moved to its current location by Quad D.

The chapel is a National Historical Landmark with more than its 100 years of service. It is home to a rare, vintage pipe organ built in 1931, which is one of only two of its kind in Hawaii, and still has the

bell donated to the original post chapel by the 5th Cavalry Regiment in 1912.

The celebration sermon was provided by Chaplain (Col.) Peter Mueller, U.S. Army Garrison-Hawaii. Mueller spoke about Soldiers and their families being standing stones, or pillars, of the community and the need to use the past as a foundation for the future.

"We need to have our Memorial days and Veterans days and those commemorations that tie us to the legacy," he said, "not to be caught just in the past in some kind of nostalgia, but to bring forward from the past the foundation, those things that make you who you are. So, for the faith community, we want to do that too."

"We want to recognize things like the celebration of this 100-year anniversary, so that it reminds us of those values that those people lived, especially their faith in God, and can motivate us and encourage us to live faithfully and to be a witness to the next generation," Mueller added.

The sermon and remembering of the past were only part of this celebration. The 2nd SBCT chaplain team worked hard to also make it a family friendly party.

"Sgt. David Besikof did a great portion of the legwork," said Koeman. "I told him the various things I wanted, and he made it happen. I talked to the garrison chaplain and guest speakers, but he got the food, the shaved ice, the face painting and bouncy houses for the kids."

Koeman believes that the Soldiers' Chapel can stand for another 100 years of hope, healing, forgiveness, reconciliation, love and purpose.



Parishioners file out of the sanctuary to the Soldiers' Chapel's 100-year anniversary, Sunday. The 2nd SBCT chaplain's office arranged the celebration for the community to celebrate a century of history in the building, which is actually composed of two combined churches.

## BACKTObASICS

# Values must be instilled for smaller force

**COMMAND SGT. MAJ. JOHN ETTER**  
130th Engineer Brigade  
8th Theater Sustainment Command

When I speak to leaders, Soldiers and family members, I inform them that they're a part of a very small percentage of America's population that join the military and serve our country in the Army, Navy, Air Force, Marines or Coast Guard.

That small fraction of a number is getting smaller as days and years go by.

Today, the number of all who have served and continue to serve our country remains around .045 percent — less than half of one percent.

People who desire to enter the military today must pass in-depth background checks, physical fitness exams and assorted tests. With these checks, the number of Soldiers entering today's military is also getting smaller.

When our country sees a man or woman in uniform, its first impression of that Soldier should be, that's what right looks like. Soldiers are the standard bearers for all others to live by. We are thought to have the sound moral, ethical and legal upbringing that makes us successful and our Army strong.

Our leaders must instill our Army values into all of our Soldiers and their families to gain their trust and commitment to the Army team. This commitment is like no other and comes with many responsibilities and standards to uphold. It comes with honor and traditions that have been emplaced for us to carry on.

I'm sharing my commitment to our military and our way of life to you, and I challenge you to share your commitment as well.

Using the Army Values is one way that I use to frame what commitment to being a Soldier really means:

●**Loyalty:** Never fail or quit your Soldiers. Stand by them, recognize and reward them. Ensure our Soldiers understand their role as a member of our team. Never leave a fallen comrade.

●**Duty:** Our country expects us to be elite Soldiers. Be responsible for your actions and that of your Soldiers. Shoulder your fair share of the task and then some. Never accept defeat.

●**Respect:** Treat others with dignity. Be professional and show military courtesy to superiors and family members at all times. Maintain discipline, mental and physical toughness.

●**Selfless Service:** Noncommissioned officers are the backbone of the Army and are known to put the welfare of the nation, the Army and our Soldiers first. These actions make our Army the best in the world.

●**Honor:** I am an American Soldier. Always uphold the prestige of your unit. Never compromise your values or traditions. Lead Soldiers in combat and make our country proud.

●**Integrity:** Do what is right legally, morally and ethically. It's your name and your word. Soldiers will never forget. They expect leaders to provide guidance and direction that is genuine.

●**Personal Courage:** Know the hazards of your chosen profession. Face the fear, danger and adversity of placing the mission first.

This philosophy is my leadership philosophy, and I think the best way to get it out is to share it face-to-face with all incoming Soldiers, NCOs and officers in the 130th Engineer Brigade. I believe it is important to discuss what right looks like in person so that there is no question as to what is expected when it comes to being a professional.

The bottom line is, Soldiers expect and deserve outstanding leadership. If you are not prepared to accept the challenge and represent our Army as a professional, then please exit now. Thank you.



Etter

## Getting it Straight

In the Aug. 23 issue, p. A-2, the 9th Mission Support Command was mistakenly identified as the 9th Mission Sustainment Command in the "Voices of Ohana" feature.



# Voices of Ohana

Labor Day is Monday, Sept. 2.

"How will you celebrate Labor Day?"

Photos by 311th Signal Command (Theater) Public Affairs



"I'll spend most of my weekend working on my Model T Ford vehicle."

**Howard Andrus**  
G2 deputy,  
311th SC (T)



"Most of my weekend will be spent hanging out with the family."

**Spc. Juan Gonzalez**  
Supply specialist,  
HHC, 311th SC (T)



"I'll be spending most of my weekend relaxing from labor and spending time with my family."

**Staff Sgt. Chrystale Hawkins**  
Supply NCOIC,  
HHC, 311th SC (T)



"My weekend will be spent mostly doing whatever the wife wants to do."

**Maj. Mikel Hugo**  
Secretary, General  
Staff (SGS),  
311th SC (T)



"I just recently moved here to Hawaii, so I'll be house hunting Labor Day weekend."

**Master Sgt. Dionna Jackson**  
G1 admin. NCO,  
311th SC (T)



# 225th BSB wrangles Strykers at ‘rodeo’

Story and photo by  
**1ST LT. JONATHAN REILLY**  
225th Brigade Support Battalion  
2nd Stryker Brigade Combat Team  
25th Infantry Division

DILLINGHAM AIRFIELD — Most would call it the 2nd Stryker Brigade Combat Team’s dirty work, but in the 225th Brigade Support Battalion, they just call it work.

Aug. 12-15, 225th BSB held a four-day “Logistics Rodeo,” a multi-echelon training exercise where each company established and operated their unique sustainment capabilities in a field environment.

Highlights of the exercise included demonstrations on casualty evacuation procedures and treatment from the point of injury to the Combat Support Hospital, sling load operations to provide critical supplies rapidly to remote locations, vehicle recovery operations and field feeding.

Like the offensive linemen on a football team, BSB Soldiers work behind the scenes. They are quiet professionals enabling combat arms Soldiers of 2nd SBCT to carry out their mission.

The cooks wake up at 2 a.m. to prepare a field breakfast to be served at 6 a.m. Mechanics covered in grease and oil pull engines on Strykers to repair them and get them back in the fight quickly. Fuel specialists and truck drivers log thousands of miles in convoys through hostile enemy territory to bring much-needed fuel and supplies. BSB physicians and combat medics evacuate and treat injured warriors.

BSB officers are initially trained in a specific branch and specialty area — quartermaster, transportation, medical service and ordnance — and then later become multifunctional logistics officers. The Logistics Rodeo provides junior officers an opportunity to see, touch and feel their sister companies’ equipment and operations, giving them a better understanding of the



Spc. Emiliano Reyes, Spc. Christopher Baer and Sgt. Scott Hiszem, all with Co. B, 225th BSB, pay-out the winch cable to recover a mired vehicle as part of a Stryker recovery rehearsal. Recovering a bogged-down vehicle was the culminating event to the four-day Logistics Rodeo.

BSB’s function as a whole.

“(The Logistics Rodeo) allows our noncommissioned officers to become experts in their (military occupational specialty) as they establish their sections and prepare to train officers of their unit while simultaneously contributing to the development of junior officers, helping them to better understand how to plan and execute logistics operations,” explained Lt. Col. Michael Titus, 225th BSB commander.

The 225th BSB is organized into four companies, made up of nearly 800 Soldiers performing 144 different jobs. Each company has a specific sustain-

ment mission.

- Headquarters and Headquarters Co. provides field feeding teams to each battalion and the cavalry squadron. It also operates the Warrior Inn while in garrison.

- Alpha Company provides supply and distribution support to the brigade.

- Bravo Company provides maintenance support for every piece of Army equipment assigned to the brigade, from night vision devices to the brigade’s main weapon system, the Stryker.

- Charlie Company provides medi-

cal treatment and evacuation for the brigade, to include specialty services, such as X-ray, lab, dental, physical therapy, behavioral health and environmental services.

The sustainers of the BSB are entrusted with a crucial mission: Ensure the military’s number one resource, our Soldiers, remain fed, equipped and in the fight. As a result of the Logistics Rodeo, leaders from the BSB are better able to plan and execute logistics operations in support of the brigade’s mission.

*(Editor’s note: Reilly is the adjutant at 225th BSB.)*

# 2nd SBCT introduces ROTC cadets to Army life

**SGT. DANIEL JOHNSON**  
2nd Stryker Brigade Combat Team  
Public Affairs  
25th Infantry Division

SCHOFIELD BARRACKS — Reserve Officer Training Command cadets from across the country joined the

Warrior Brigade this summer as part of the Cadet Troop Leading Training program.

Cadets are assigned a unit mentor and are provided on-post lodging and meals via a dining facility. The program, approximately four weeks long,

is exclusively designed for Military Science III cadets before and after completion of the Leader Development and Assessment Course.

“Seeing the ins and outs of an infantry officer during both garrison and field environments has been eye-opening,” said Cadet John Bolen, Virginia Military Institute. “It’s not a set workload, definitely not a 9-to-5 job.”

Cadets are introduced to life in the Army and how to be a platoon leader, a position they’re most likely to fulfill upon commissioning.

“The relationship between the officer and platoon sergeant, as well as the team leaders, is something I will take back with me,” said Cadet Justin McCarty, VMI. “I also got to shoot the MK 19 (grenade launcher.) That was pretty cool; it was a lot of fun.”

“My first movement through a gulch was very exciting; I’ve never experienced a gulch before,” said Cadet Brandon Paquette, Georgetown University. “Tactically, it was something new. I have a lot to learn from them.”

The lessons are not just standard operating procedures. Leadership skills and how to interact with Soldiers is also an important factor of the training.

“Being from ROTC, you’re kind of taught ... as platoon leader. You always take charge, and you always know all of the answers,” said Paquette, “but sometimes you really don’t. Sometimes your squad leaders or team leaders may have better opinions than you.”

“I’ve heard people say that as an officer you don’t really interact with the enlisted Soldiers, and I never really believed that,” said Bolen. “It was reassuring to see that my lieutenant took an interest in the Soldiers’ on- and off-duty lives.”

Before the cadets return to their respective schools, their Warrior Brigade supervisors will provide them with an officer evaluation report to help critique their leadership skills.

“It will be interesting to see how someone in the active Army reviews my performance and how I do in this program. I know I’m going to do well,” said McCarty.

“I’m looking forward to the assessment at the end of the training,” said Bolen. “I think it is going to be a lot of constructive criticism. Whatever comments I get, I’m going to use them to better myself.”

After returning to school, the cadets will take up leadership positions within the ROTC chain of command to practice the skills they’ve learned and teach them to their fellow cadets.

“When I return to school, I’ll either be a battalion commander or executive officer until I graduate,” said Paquette.

“I still need to learn a lot more, but I’m definitely becoming a better leader at this point,” said Bolen.

*(Editor’s Note: ROTC cadets Bolen, McCarty and Paquette, interviewed for this article, trained with 1st Battalion, 21st Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division.)*

# ID cards to be issued to same-sex spouses

**JIM GARAMONE**  
American Forces Press Service

WASHINGTON — DOD facilities are gearing up to issue identification cards to same-sex spouses, beginning Sept. 3, Pentagon officials said.

“All spousal and family benefits, including ID cards, will be made available no later than Sept. 3, 2013,” said Navy Lt. Cmdr. Nate Christensen.

The Supreme Court decision to overturn portions of the Defense of Marriage Act made it possible for the department to recognize same-sex marriages.

“The department will make the same benefits available to all military spouses, regardless of sexual orientation, as long as service member-sponsors provide a valid marriage certificate from a jurisdiction, including those overseas, that recognizes same-sex marriage,” Christensen said.

Entitlements such as basic allowance for housing and family separation allowance are retroactive to the date of the Supreme Court’s decision, June 26, 2013. For service members married after that date, the entitlements will be paid from the date of the marriage.

Tricare, the military health care program, is tied to the Defense Enrollment Eligibility Reporting System. Tricare will be available to same-sex spouses beginning Sept. 3, 2013.

There are 15 countries that recognize same-sex marriage. In the United States, 13 states and the District of Columbia recognize same-sex marriages.

Many U.S. service members live in jurisdictions that do not recognize same-sex marriages. As operational requirements permit, commanders may allow military personnel in same-sex relationships up to 10 days of nonchargeable leave for the purpose of traveling to a jurisdiction that allows same-sex couples to be married if they are stationed more than 100 miles from one of those areas.

“Personnel stationed within the continental U.S. may receive up to seven days nonchargeable leave and those stationed at overseas assignments may receive up to 10 days nonchargeable leave,” Christensen said.



Cadet Brandon Paquette observes his target while gathering intel during a leaders’ recon as part of a nine-day field problem with the Raider Recon Platoon. Paquette is about to enter his senior year at Georgetown University and plans to enter the infantry branch after graduation. (Photo by 1st Lt. Tim Clark, 1st Battalion, 27th Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division)





# 25th ID certifies new SHARP victim advocates

Story and photo by  
**SGT. DANIEL SCHROEDER**  
25th Combat Aviation Brigade Public Affairs  
25th Infantry Division  
WHEELER ARMY AIRFIELD — Hawaiian Army units recently certified approximately 50 new unit Sexual Harassment and Assault Response Prevention (SHARP) victim advocates after they completed an 80-hour course.

“The course established the skills needed to become a victim advocate to support victims should they encounter sexual harassment or sexual assault,” said Jessica Lynch, U.S. Army Garrison-Hawaii SHARP coordinator. “As victim advocates, we have to assess the victims and give them what they need, educate them on what their rights are and prevent future attacks on them and others.”

The program reinforces the Army’s commitment to eliminate incidents of sexual harassment and sexual assault through awareness, prevention, training, victim advocacy, reporting and accountability. It’s focused on creating a climate that minimizes sexual assault incidents by giving unit advocates the tools and resources they need to provide support to victims, and educate and inform Soldiers and leaders.

“We must assist the victims by letting them know what their options are, what rights they have, resources available ... and be a shoulder to lean on in tough times,” said Staff Sgt. Siualofa Mayville, 25th CAB victim advocate.

Unit victim advocates encourage victims to report incidents of sexual assault without fear and ensure sensitive and comprehensive treatment to restore victims’ health and well-being.

The program also establishes sexual assault prevention training and awareness programs to educate all of its Soldiers. One tool the Army adopted is the Kirby Dick and Amy Ziering doc-

umentary, “The Invisible War,” which is helping Soldiers understand the seriousness of sexual crimes.

“These new videos show Soldiers that they are not alone in this,” Mayville said. “I helped a Soldier who decided to participate in the videos after she watched the first one. The videos put a face to the incident as opposed to a scenario during a PowerPoint slide.”

Soldiers who have dealt with similar experiences before are noticing a change.

“I have had a very personal experience with this in the past,” said Staff Sgt. Jacob Hargrave, operations tasking noncommissioned officer, 30th Signal Battalion, who just completed the 80-hour certification. “We are stepping up our level and effectiveness of training. In my experience, we are on the right track for assisting victims and preventing future acts of unwanted sexual contact.”

The unit victim advocates also educate leaders to ensure they understand roles and responsibilities regarding response to sexual assault victims and thoroughly investigate allegations of sexual assault by taking appropriate administrative and



Staff Sgt. Giancarlo Ramos, squad leader, Company B, 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, highlights information about victims' rights during an 80-hour Sexual Harassment and Assault Response Prevention certification course, Aug. 13.

disciplinary action.

“We are taking important steps to provide new training for commanders, strengthen our training enterprise for all service members, improve our investigative and military justice system capabilities, and further professionalize our first responders,” said Secretary of Defense Chuck Hagel in a memorandum addressing sexual assault prevention and response. “Ultimately, we

must ensure that every service member understands that sexist behaviors, sexual harassment and sexual assault are not tolerated, condoned or ignored.”

The Department of Defense stated the rate of reported cases of sexual assault in the Army decreased from 2.5 per 1,000 Soldiers in fiscal year 2011 to 2.2 per 1,000 in its FY 2012 annual report on sexual assault in the military.

## Army must defeat sexual assault to maintain public trust

C. TODD LOPEZ  
Army News Service

WASHINGTON — As the Army finishes up operations in Afghanistan, at home it continues a fight to stem the sexual assaults some perpetrate against their fellow Soldiers.

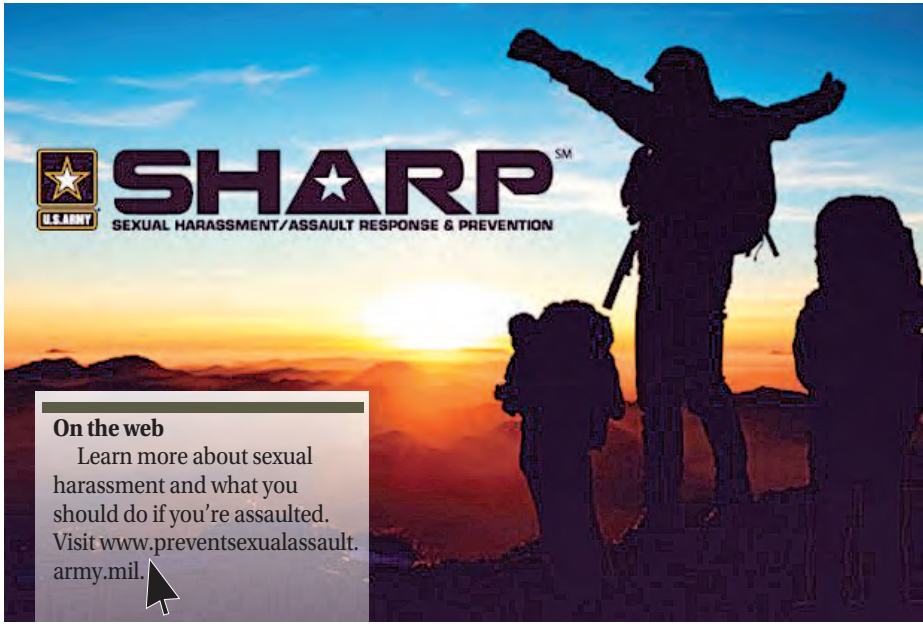
Now leading the charge against sexual assault in the Army is Dr. Christine Altendorf, new director of the Army Sexual Harassment/Assault Response and Prevention (SHARP) program office.

She said the service is on track with meeting tough requirements laid out this year by the Secretary of Defense and Congress.

Altendorf also said that while the American public has a high opinion of the Army from its decade and a half of combat, that trust is at risk of slipping away because of the internal struggle to prevent sexual assault and harassment within the ranks, and that loss of public trust hinges on the Army’s effort to “clean up our internal battles” with regard to sexual assault.

One of the changes included putting a Senior Executive Service member at the helm, so the program is on par with other general officer-level led sexual assault prevention organizations. The change provides equity that is integral to the coordination required for the effective execution of the SHARP program.

“The challenges of having it at a couple of levels below that echelon is that it made it difficult to do a lot of that collaboration,” Altendorf said.



As part of her role as the new program director, Altendorf said she is keenly interested in building bridges with the Office of the Secretary of Defense (OSD) and Congress.

“SHARP really became a much bigger thing than it was when it was originally stood up,” she said.

SHARP is closely integrated with OSD and is focusing on new initiatives from the Secretary of

Defense. Altendorf said there is a solid focus on prevention, investigation, accountability, advocacy and assessment.

“We’re working on figuring out how to implement these requirements,” Altendorf said. “What actions are going to make a difference in the field? All of our actions need to have an impact at the lowest levels of the Army.”

●**Prevention**  
The Army provides sexual assault awareness training at all levels of the Army.

●**Investigation**  
Prevention is an effort to keep sexual assaults from occurring in the first place. Every sexual assault report now goes to the U.S. Army Criminal Investigation Command.

●**Accountability**  
To keep units accountable for maintaining an environment that encourages reporting.

●**Advocacy**  
“We’re trying to create an environment where, if something does occur, that victim feels very comfortable in reporting it,” Altendorf said.

●**Assessment**  
Critical to success of the Army’s SHARP program is determining whether the programs and policies are having the desired effect.

●**OSD directives**  
The Secretary of Defense released memorandums directing the services to meet certain dated benchmarks and requirements in their efforts to stop sexual assaults in the ranks.

●**A culture change**  
A primary factor in eliminating sexual assaults in the military is ensuring a change in culture. Soldiers must understand that sexually assaulting other Soldiers is simply not the Army way.

*(Editor’s Note: For the full story, visit [www.hawaiiarmyweekly.com](http://www.hawaiiarmyweekly.com).)*



# 25th CAB learns IED ‘basic bones’

Story and photo by  
**SGT. DANIEL SCHROEDER**  
25th Combat Aviation Brigade Public Affairs  
25th Infantry Division

SCHOFIELD BARRACKS — Fifteen Soldiers from the 25th Combat Aviation Brigade, 25th Infantry Division, were educated on several types of improvised explosive devices at the Mobile Counter-IED Interactive Training Center, recently.

The class covered the history, components and materials insurgents use to construct, hide and employ IEDs.

“This class educates Soldiers on the basic bones of IED making,” said Maj. Gary Lyke, electronic warfare officer, Headquarters and Headquarters Battalion, 25th ID. “For the last few years, the MCIT has been used to train Soldiers deploying to Afghanistan, but now is being used to provide instruction on C-IED basics with additional theater-focused training provided by the unit electronic warfare officers and the Asia-Pacific Counter-IED Fusion Center.”

According to the Asia-Pacific Irregular Warfare Analysis Center, the average number of monthly IED events during the past two years has increased to 107 with 70 events in June 2013. The highest spike occurred in March 2012 with more than 150 IED events.

“The focus for counter-IED training is going from Operation Enduring Freedom to U.S. Pacific Command Region,” Lyke said. “The Asia-Pacific C-IED Fusion Center is highly involved with training our Soldiers and partnered units to become better prepared.”

The Soldiers went through training phases that consisted of learning what components are found in IEDs, how IEDs can be hidden in homes and how to defend against IEDs.

The final cumulative training phase involved a convoy simulation where Soldiers practiced searching, locating and evading IED ambushes.

“This training was great,” said Sgt. Ben Reidy, information awareness staff assistant, Headquarters and Headquarters Company, 25th CAB. “The hands-on portion and displays were really informative. The training made me realize the importance of standard operating procedures is mission success.”

After completing the convoy simulation, Soldiers played the part of an opposing force for the group following them. This action caused the Soldiers to think like the adversary in order to be successful.

“Being able to think like the enemy made me more aware of possible hiding locations and types of IEDs that could be waiting for us,” Reidy said.



Staff Sgt. Michelle Winicki, medic, HHC, 25th CAB, conducts a simulated convoy operation during the final part of the counter-IED training at the Mobile Counter-IED Interactive Training class at Schofield Barracks' Area X, Aug. 13.

## PSD: Security detail practices calm amidst chaos

CONTINUED FROM A-1

mission after mission and to stress them out and to get them fatigued,” said Sgt. 1st Class Todd Bailey, noncommissioned officer in charge, PSD. “We train as we fight. If we get that worked out here, then we’ll cope with it much better downrange.”

Controlled chaos is what the PSD must live and work in, said Bailey.

“Even though there is a lot of chaos going on, we have to remain calm,” continued Bailey, describing the PSD’s upcoming mission. “It’s a high stress, high attention to detail job. You can’t have a bad day, and you’ve got to be on point 100 percent of the time.

“If they weren’t ready for this or if they weren’t some of the best Soldiers, then they wouldn’t be here right now and they wouldn’t be getting ready to deploy to Afghanistan,” Bailey added.

728th MP maximized the weeklong training with a multi-echelon approach involving the battalion’s Headquarters and Headquarters Detachment and the 57th MP and 58th MP companies, which gave them valuable time in the field for training, including conducting mission command and command post operations. However, the end result and the emphasis of the training was on the PSD.

“I think they are more than prepared to accomplish their mission, and they will accomplish it with honor,” said Cross.



Staff Sgt. Gary Sharp, Co. A, 1st Bn., 14th Inf. Regt., practices shot-gun breaching techniques as part of the Breaching Academy. The intent is to cross-train squad leaders with Sapper skills, so a squad has an organic explosives expert in addition to a weapons expert.

## 66th: Leaders crosstrain

CONTINUED FROM A-1

“Let’s say we’re downrange and we aren’t able to get a group of engineers,” said Moore. “We still have that platoon base where someone knows what has to happen and the resources needed. You’re cross-training with the engineers, and you know how to do your battle drills and theirs effectively and efficiently.”

Two of the brigade’s infantry battalions and the cavalry squadron sent squad and team leaders out to take part in the training.

“Right now, the organization that the infantry has is they have the weapons squad leader,” said Rios. “The goal is to also have an explosives expert squad leader. That way they can take what they learned from here and share that knowledge with their Soldiers.”

Infantry with breaching and demolitions skills is a combat multiplier that can make 2nd SBCT Soldiers even more effective on the battlefield.

*(Editor’s note: The 66th Eng. Co. falls under 1st Battalion, 14th Infantry Regiment.)*



A team storms through a door while practicing urban explosive breaching. The training was part of the 66th Eng. Co. Breaching Academy, teaching various breaching techniques to Soldiers across 2nd SBCT, so those units would have cross-trained organic breaching assets.



HANDLING HAWKS



PEARL HARBOR — Soldiers from 25th Combat Aviation Brigade, 25th Infantry Division, maneuver a UH-60 helicopter backwards to connect with a tow bar during a nighttime offload of their helicopters from the Motor Vessel Jean Anne, Monday. (Photo by Donna Klapakis, 599th Transportation Surface Brigade Public Affairs)



For a complete list of closed roads, limited routes and construction detours, visit [www.garrison.hawaii.army.mil/info/trafficcalendar.htm](http://www.garrison.hawaii.army.mil/info/trafficcalendar.htm).

September  
Today

**Extended Road Closure** — Ma-comb Roundabout will remain closed through mid-September due to street light procurement and installation. Call 284-3964.

**1 / Sunday**  
**Shafter Traffic Alert** — One lane of

Palm Circle Drive in front of Building T-117 will be closed, making a single lane of traffic in the southwest-bound direction. The sidewalk will also be closed. Access buildings from the rear entrance.

**5 / Thursday**  
**H-2 Info Meeting** — The State of Hawaii’s Department of Transportation (HDOT), Highways Division, will be holding a public informational meeting to discuss the findings of a traffic study analyzing existing traffic conditions in the Mililani Mauka area, specifically at the H-2 Freeway Mililani Interchange. As part of the assessment process, a public informational meeting is scheduled at the time and location below to discuss possible future traffic alternatives.

HDOT representatives will be present to address community concerns and to answer questions. Attend Sept. 5, 6:30 p.m., Mililani Mauka Elementary School Cafeteria, 95-1111 Makaikai Street.

**7 / Saturday**  
**East Range Traffic Alert** — Traffic

detector loops will be installed in the Higgins Road outbound lane. There will be no through traffic from Higgins to Wheeler. Traffic exiting Higgins Road will be a right turn only. Access to driveways on Higgins Road will be available at all times. Call 656-2532.

**9 / Monday**  
**Schofield Traffic Alert** — A full road closure of Lyman Road between Carpenter and Maili streets begins Sept. 9 and will conclude Nov. 2. This road closure is phase 4 of five phases. Information on the 5th phase will be published at a later date. Local access to the large vehicle/overflow lot will be provided from Maili Street. A walkway/jogging path will be maintained along Lyman Road during this phase. Please follow the posted signage and stay on the marked path.

**Shafter Traffic Alert** — There will be a 24-hour road closure starting from the northeast end of Rice Drive onto Rice Loop, until Sept. 20. Call 351-1168.



Send announcements for Soldiers and civilian employees to [news@hawaiiarmyweekly.com](mailto:news@hawaiiarmyweekly.com).

September

**Survey** — Take the U.S. Army Garrison-Hawaii customer survey. Your feedback will help improve services provided on all of Army Hawaii’s installations. Call 656-0880/0881, visit [www.surveymonkey.com/s/2013\\_Community\\_Survey](http://www.surveymonkey.com/s/2013_Community_Survey) or scan the QR code below:



**7 / Saturday**  
**Fisher Run** — Be at the Pacific Aviation Museum on Ford Island, 6 a.m., for the 8k Hero and Remembrance Fisher House Run, Walk or Roll. No cost to participate. Register at <http://triplerfisherhouse.eventbrite.com>.

**10 / Tuesday**  
**Suicide Prevention** — Suicide Prevention Month’s

2013 theme is “Shoulder to Shoulder: Standing Ready and Resilient.” Dr. Michelle Linn-Gust, past president of the American Association of Suicidology, will speak at 9:30 a.m. at Schofield’s Sgt. Smith Theater. Call (703) 695-5429.

**11 / Wednesday**  
**Facebook Town Hall** — Participate in the quarterly online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, U.S. Army Garrison-Hawaii, 1-2:30 p.m., at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii), under the Events tab.

**13 / Friday**  
**G1s and S1s** — Today is the last day to reserve your seat for the 5th annual Military Personnel Division (MPD) G1/S1 Conference, Sept. 18, 8:30 a.m.-4 p.m. at the Nehelani.

This conference provides administrative personnel an overview of the services offered to Soldiers, family members, civilian workforces and retirees; the latest operational procedures and services; and enhances MPD-S1 partnerships to provide better customer service. Kindly respond with issues you feel are relevant to your units for inclusion in the conference. Call 655-1653.

**27 / Friday**  
**Job Fair** — The Schofield Barracks Army Career & Alumni Program hosts a job fair, 9 a.m.-1 p.m., on the Soldier Support Center Lanai (Building 750). For details and a list of companies attending, visit [www.garrison.hawaii.army.mil/acap/default.htm](http://www.garrison.hawaii.army.mil/acap/default.htm).

### We Recycle

Did you know that when you recycle on post, the garrison earns money? **Keep recycling!**





## SADD

Service members Against Drunk Driving



SADD volunteers are at the ready should service members be in need of a designated driver.

## Volunteers are on call to help you get home safe

Story and photos by  
**SARAH PACHECO**  
Staff Writer

**S**CHOFIELD BARRACKS — Another holiday weekend is upon us, and that means folks around the island are getting ready to enjoy the extra day off with beach barbecues, backyard cookouts and parties with friends.

And while Labor Day is meant to be a time to unwind and celebrate the final days of summer, the holiday is no excuse to go overboard with unsafe behavior.

“The Labor Day holiday, which in part celebrates our nation’s progress in work safety, is often marred by accidents involving home safety and road safety,” said Col. Mark Jackson, director, Emergency Services, U.S. Army Garrison-Hawaii, and commander, 8th Military Police Brigade, 8th Theater Sustainment Command.

“Before barbecuing, heading to the beach or linking up at your favorite club, pause for a moment to make a simple plan, invite a battle buddy and designate a driver,” Jackson recommended.

According to the Mothers Against Drunk Driving website ([www.madd.org](http://www.madd.org)), 9,878 people were killed and approximately 315,000 people were injured from drunken driving accidents in 2011. Of those fatalities, the National Highway Traffic Safety Administration reported that 138 people were killed in crashes over the Labor Day weekend alone.

To ensure Soldiers,

here, don’t become another statistic, Service Members Against Drunk Driving (SADD) is on-call to offer Soldiers, spouses and service members from all branches of the U.S. military a way to get home safely after a night of too much imbibing.

“The purpose of SADD is to give Soldiers, as well as other service members, another means to get home from a location if they have been utilizing alcohol,” said Staff Sgt. Derius Outlaw, operations sergeant, Headquarters and Headquarters Company, 65th Engineer Battalion, 130th Eng. Bde., 8th TSC, and SADD president.

The Oahu chapter of SADD was created in March 2010, here, by a sergeant in the 84th Eng. Bn., 130th Eng. Bde.

And while similar Soldiers Against Drunk Driving programs can be found at other Army bases on the mainland, Sgt. Renee Outlaw, noncommissioned officer, 130th Eng. Bde., and SADD vice president, points out that the local chapter has a slight name change due to the close relationship Soldiers have with other service members also stationed on the island.

“Here in Hawaii, we have so many different branches of service so close together. We have Airmen, Marines and Sailors, and often everyone will hang out with or interact with everyone else, so we call (the program) ‘service members,’ rather than just ‘Soldiers.’ That way, we can look out for other service members, as well,” explained Sgt. Outlaw.

“A good majority of times, Soldiers are hanging out with other Navy or Marine personnel,” Staff Sgt. Outlaw added. “It’s not just Soldiers hanging with Soldiers, or Marines hanging with Marines; it’s a good mixture, in general, all of the time, so it’s good to branch out to all of the services.”

SADD is an all-

volunteer program, with designated drivers on-call between 11 p.m.-4 a.m., Friday-Saturday and holiday weekends, should a service member find him/herself in a last-resort situation.

“(SADD) is very, very similar to the ‘Arrive Alive’ program that the Marines use. The only difference is that we don’t notify your chain of command,” Sgt. Outlaw said. “It’s without repercussions, and it’s completely anonymous. You just call the number, and a volunteer will go and pick you up and take you home, as long as you have a military or dependent ID.

“It’s not to encourage drinking,” she added, “but it’s a good plan B.”

Currently, SADD has two cell phones that rotate among approximately 15 volunteers, mostly from within the 130th Eng. Bde., on a weekly basis.

However, Staff Sgt. Outlaw noted they have just started a fundraising campaign so that they can purchase additional phones in the near future, which will allot for more volunteers, from all branches of service, to be available, should that late-night call come in.

“It’s a continuous effort to push the SADD program through the units, so Soldiers can know more about the program,” Staff Sgt. Outlaw said.

“We want to broadcast to Camp Smith, we want to broadcast to Hickam, even all the way over to K-Bay; we want to have more volunteers and make more people aware of the pro-

**Call me!**

Designated drivers with the Service Members Against Drunk Driving (SADD) program are available 11 p.m.-4 a.m., Friday-Saturday and holiday weekends, to give service members and spouses a free, confidential ride back to their residence or installation should they find themselves without a designated driver after a night of too much drinking.

Call (808) 377-0549 or (808) 224-1907.

Even better, plug these numbers into your cell phone and save them to your contacts, under “SADD,” so that they’re just a button touch away.

To volunteer to become a SADD driver, call Sgt. Renee Outlaw at (818) 359-3825, or “like” SADD’s Facebook page, [www.facebook.com/pages/Service-Members-Against-Drunk-Driving-SADD/425830014157076.T/K](http://www.facebook.com/pages/Service-Members-Against-Drunk-Driving-SADD/425830014157076.T/K).

gram,” Sgt. Outlaw added.

“Service members need to know there are other ways, other means to get home, other than assuming you can probably drive after drinking alcohol,” Staff Sgt. Outlaw said. “If your first-line supervisor or designated friend to bring you home isn’t available, then the SADD program will be there to pick you up.”

THEY’LL SEE YOU  
BEFORE YOU SEE THEM.  
DON’T DRINK & DRIVE.



## Law enforcement cracks down on drunken driving this weekend

**MOTHERS AGAINST DRUNK DRIVING**  
News Release

While we spend the Labor Day holiday and the end of summer celebrating with our loved ones, law enforcement officers across the country will take to the roads in an effort to stop impaired driving, prevent injuries and save lives during this year’s “Drive Sober or Get Pulled Over” high-visibility enforcement campaign.

Holidays like Labor Day are particularly dangerous for encountering drunk drivers. That’s why, through Sept. 2, officers will be out in force to help stop these 100 percent preventable tragedies.

Research shows that high-visibility enforcement can reduce drunken driving fatalities by as much as 20 percent.

Sobriety checkpoints play a key part in raising awareness about the problem, as well as deterring people from committing the violent crime of drunken driving; that’s why it is a key component of MADD’s Campaign to Eliminate Drunk Driving.

Join us in thanking law enforcement for the work they do to keep our loved ones safe during the crackdown, and all year long, by signing our online thank-you card ([www.madd.org/drunken-driving/law-enforcement/thank-you/thank-you-card.html](http://www.madd.org/drunken-driving/law-enforcement/thank-you/thank-you-card.html)).

And if you come across a sobriety checkpoint this Labor Day weekend, make sure to thank the officers for helping keep our roads safe.



Staff Sgt. Derius Outlaw (left) and Sgt. Renee Outlaw, president and vice president of SADD, want service members to pick up the phone, rather than get behind the wheel, if they’ve had too much to drink.

(Photo has been altered from its original form; background elements have been removed.)





Briefs

Today

**Pay Day Scramble** — Celebrate payday every last Friday of the month with the USARPAC golf scramble. Register at 11 a.m.; shotgun starts at 12:30 p.m. Call 438-6923.

**Hawaiian Luau Lunch Buffet** — SB Kolekole Bar & Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974) host local style food, 11 a.m.-1 p.m., every last Friday of the month, for \$14.95.

**Friday Night Fever** — Enjoy a \$5 special for Cosmic Bowling at Wheeler Bowling Center. Includes three games and one shoe rental, 5-10 p.m. Call 656-1745.

September

1 / Sunday

**Sunday Brunch** — Enjoy Sunday brunch, 10 a.m.-1 p.m., at FS Mulligan’s Bar & Grill. Call 438-1974.

2 / Monday

**Mongolian Barbecue** —Select your favorites from a large variety of meats and vegetables, 5 p.m., every Monday at Kolekole Bar and Grill, and grilling will be to your liking. Cost is 65 cents for each ounce. Call 655-4466.

**Workweek Lunch** — SB Kolekole Bar and Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974) offer daily lunch from 11 a.m.-1 p.m. Enjoy buffet style or menu items.

**Pau Hana Social Hour** — Kolekole Bar & Grill hosts an after-work fun time, 4:30-6:30 p.m., Monday-Wednesday, and 4-6 p.m., Thursday-Friday. Enjoy discounted appetizers and domestic draft beverages. Call 655-4466.

**Sand Volleyball** — Join weekly competition on Mondays; game starts at 6 p.m., SB Tropics Warrior Zone. Call 655-5698.

3 / Tuesday

**FS Preschool Story Time** — Take your toddlers to the library; different theme and story each week at 10 a.m., every Tuesday.

**Taco Tuesday Night** — SB

GOING DEEP



SCHOFIELD BARRACKS — Spc. Bret Baldus (hitting), Company A, 715th Military Intelligence Battalion, 500th MI Brigade, sends a pitch over the fence during the championship game against Co. C, 2nd Bn., 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, for the 2013 Army Hawaii Intramural Sports Softball League, held at Stoneman Athletic Complex, Aug. 23.

The team from 2-35th Inf. Regt. put up a great battle, defeating the 715th MI Bn. in the first game, 10-9, but the 715th came out victorious in the finale, 16-14. (Photo by Michael Kim; Sports, Fitness and Aquartics Office; Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii)

Kolekole Bar & Grill offers three tacos, rice and beans specials for \$4.99. Call 655-4466.

8-Ball Pool Tournament

Join this popular weekly competition, starting at 6 p.m., Tuesdays, at Tropics Warrior Zone, SB. Best two out of three plays for the champion title on the last Tuesday of the month. Free to play. Call 655-5698.

4 / Wednesday

**Sgt. Yano Library** — Catch Preschool Story Time at the SB library, 10 a.m., each Wednesday. Features a different theme and story. Call 655-4707

**BOSS Meetings** — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS president, 655-1130.

Attend these meetings:

- North meetings, 2 p.m., 1st and 3rd Wednesday, Tropics Warrior Zone.
- South meetings, 11 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

**Keiki Night** — Every Wednesday night is Keiki Night, 5-8 p.m., at Kolekole Bar & Grill (SB, 655-4466) and Mulligan’s Bar & Grill (FS, 438-1974). Kids under 10 eat for a special price from the keiki menu.

5 / Thursday

**Clay Hand Building Workshop** — Learn to work with clay from the experts at the SB Arts and Crafts Center, 1-3 p.m., Thursdays. Initial session is \$25; additional sessions are \$5. Call 655-4202 for preregistration.

**Tropics Poker Tournament** — Texas Hold’em poker, 6 p.m., at Tropics Warrior Zone, SB, every Thursday. The free weekly tournament is open to all ID cardholders, 18 and older. Call 655-5698.

7 / Saturday

**Ladies Golf Clinic** — Ladies can experience a free 30-minute golf lesson, Leilehua Golf Course, from PGA professionals. By appointment only, call 655-4653.

11 / Wednesday

**Facebook Town Hall** — Participate in the quarterly online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, USAG-HI, 1-2:30 p.m., at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii), under the “Events” tab.”

Ongoing

**Big Brother, Big Sister Military Mentoring** — Military youth, ages 9-17, can be matched with a military or civilian adult that can serve as a mentor to assist in personal development emotionally, mentally and physically. Contact the School Liaison Office

at 655-8326 to sign up or register as an adult program mentor.

**Vehicle Safety Check** — The SB (655-9368) and FS (438-9402) Auto Skills centers perform Hawaii safety checks on a first-come, first-served basis; no appointments.

**Neighborhood Watch Program (NWP)** — Would you like to know how to keep your neighborhood safe? Interested in starting an NWP? It’s a simple process that takes initiative and personal responsibility. Email [NWP@IPChawaii.com](mailto:NWP@IPChawaii.com).

**Home School P.E. Classes** — SB and AMR Youth Sports conduct P.E. classes for military home school families. Cost is free; however, purchase a home school P.E shirt for \$7.

Register with [nicole.k.enos.naf@mail.mil](mailto:nicole.k.enos.naf@mail.mil) (SB) or [chris.t.fuamatu-maafala.naf@mail.mil](mailto:chris.t.fuamatu-maafala.naf@mail.mil) (AMR) and include the following information: youth’s name, age/grade, home/cell number and family email address.

Visit [www.armyhawaiiouthsports.com](http://www.armyhawaiiouthsports.com) or call SB, 655-6465, or AMR, 836-1923.

**SKIES Unlimited Teen classes** — Schofield and AMR SKIES program offers free teen classes, including guitar, keyboard, ballroom and theater instruction in partnership with the EDGE program. Call 655-9818 for details and class availability.

community Calendar

Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

Today

**Notte Bianca** — Experience Notte Bianca, “white night,” the annual 24-hour culture fest that takes over all corners of Roma, during ARTafterDARK, 6-9 p.m., Aug. 30, at the Honolulu Museum of Art. Features art activities, live entertainment, music, themed food and cocktails, and photos in Flipbooks, Hawaii’s Instabooth. Call 532-8701 or visit [www.honoluluuseum.org](http://www.honoluluuseum.org).

31 / Saturday

**Okinawan Festival** — Join 50,000 visitors for this annual event that celebrates and shares the Okinawan culture through public exhibitions, demonstrations, live music, food booths, arts and crafts, games, a festive bon dance and more, Aug. 31-Sept. 1, at Kapiolani Park. For full details, visit [www.okinawanfestival.com](http://www.okinawanfestival.com).

**Summer Concert** — Waimea Valley concludes its summer concert series with “The Future,” featuring

Hawaiian artists Kaiholu, Abrigo Ohana, Waiphuna and Maunualua, 11 a.m.-4 p.m., Aug. 31, at the Pikake Pavilion Lawn. Presale tickets cost \$15 adults, \$8 children and seniors; tickets at the gate are \$20 adults, \$10 children and seniors. Visit [www.waimeavalley.net](http://www.waimeavalley.net).

September

1 / Sunday

**Rice Festival** — Sample rice dishes from more than 30 vendors, participate in Da SPAM Musubi Eating Contest or watch the experts attempt to re-break the Guinness World Record by building the world’s largest SPAM musubi at this action-packed day of activities that celebrate Hawaii’s favorite food staple, noon-5 p.m., Sept. 1, Ward Centers. Visit [www.ricefest.com](http://www.ricefest.com).

**Dick Evans Memorial Road Race** — Regarded as the “granddaddy of all Hawaii bicycle races,” this 112-mile ride circles the perimeter of Oahu, starting and ending in Hawaii Kai, 5:45 a.m., Sept. 1. Register at [www.usacycling.org/register/20131432](http://www.usacycling.org/register/20131432).

**Schofield Football Registration** — Sign-up for Schofield “Pirates” football, a tackle football and cheer program for military dependents, grades 4-8th; ends Sept. 1. The program is associated with the

Hawaii State Junior Prep Football Association, with the first scheduled game Sept. 7.

Those interested are invited to attend practices, 6-8 p.m., Monday-Friday, at the Wahiawa Navy Annex. Contact Sgt. 1st Class Johnson, 655-0737/1382.

**Band Challenge and Soloist Contest** — Aspiring teen musicians and singers are invited to enter the Koko Marina Band Challenge and Soloist Singing Contest. The first round of competition will take place through YouTube video submissions. Deadline is 5 p.m., Sept. 1; finals are Sept. 21 and offer \$3,000 in prizes. Visit [www.kokomarinacenter.com](http://www.kokomarinacenter.com).

2 / Monday

**Ewa Train Ride** — This annual Labor Day 90-minute round trip to Kahe Point and back leaves at approximately 9:30 a.m. and 2 p.m., Sept. 2; \$12 adults, \$8 children ages 2-12 and seniors. Visit [www.4ewa.org](http://www.4ewa.org) or email [GM@4ewa.org](mailto:GM@4ewa.org).

**Showdown CrossFit** — Hawaii VA hosts the state’s largest CrossFit competition, 9 a.m.-4 p.m., Labor Day, at the Neal Blaisdell Arena. Proceeds benefit Operation Homefront Hawaii, a nonprofit that provides emergency financial and assistance to service members families and wounded

warriors. Visit [showdown.hawaiiiva.com](http://showdown.hawaiiiva.com).

7 / Saturday

**Fisher Run** — Be at the Pacific Aviation Museum on Ford Island, 6 a.m., for the 8k Hero and Remembrance Fisher House Run, Walk or Roll. No cost to participate. Register at <http://triplerfisherhouse.eventbrite.com>.

**The Hawaii Food & Wine Festival** — Fourteen world-renowned chefs, 6-9 p.m., Sept. 8, will create a culinary tour of ethnic foods from around the world using local produce and products, on the lagoon fronting Aulani, Ko Olina Resort. Tickets start at \$200 per person. Call 738-6245 or write [info@hawaii foodandwinefestival.com](mailto:info@hawaii foodandwinefestival.com).

11 / Wednesday

**USAG-HI Facebook Town Hall** — Attend the quarterly online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, USAG-HI, 1-2:30 p.m., Sept. 11, at [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii), under the “Events” tab.

Ongoing

**Tropic Lightning Museum** — The SB museum resumes normal operating hours, 10 a.m.-4 p.m., Tuesday-Saturday; closed Sundays and Mondays. Call 655-0438.

worship Services

Additional religious services, children’s programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers’ Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
  - 8:30 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex Room 232

Protestant Worship

- Sunday Services
  - 8:45 a.m. at MPC
  - 9 a.m., at FD, TAMC chapel
  - 10 a.m. at HMR
  - 10:30 a.m. at AMR
  - 10:45 a.m. at WAAF (Spanish language)
  - 11 a.m. at SC (Contemporary)
- Liturgical (Lutheran/Anglican)**
- Sunday, 9 a.m. at WAAF

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.



Red 2

(PG)  
Fri., Aug. 30, 7 p.m.  
Thurs., Sept. 5, 7 p.m.

R.I.P.D.

(PG-13)  
Sat., Aug. 31, 2 p.m.

The Conjuring

(R)  
Sat., Aug. 31, 6 p.m.

Turbo

(PG)  
Sun., Sept. 1, 1 p.m.

Monster University

(G)  
Sun., Sept. 1, 5 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

Calendar abbreviations

- 8th TSC: 8th Theater Sustainment Command
- 25th ID: 25th Infantry Division
- ACS: Army Community Service
- AFAP: Army Family Action Plan
- AFTB: Army Family Team Building
- AMR: Aliamanu Military Reservation

- ASYMCA: Armed Services YMCA
- BCT: Brigade Combat Team
- BSB: Brigade Support Battalion
- Co.: Company
- CYSS: Child, Youth and School Services
- EFMP: Exceptional Family Member Program
- FMWR: Family and Morale, Welfare and

- Recreation
- FRG: Family Readiness Group
- FS: Fort Shafter
- HMR: Helemano Military Reservation
- IPC: Island Palm Communities
- PFC: Physical Fitness Center
- SB: Schofield Barracks

- SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
- TAMC: Tripler Army Medical Center
- USAG-HI: U.S. Army Garrison-Hawaii
- USARPAC: U.S. Army-Pacific
- WAAF: Wheeler Army Airfield



# New website brings new opportunities to USO

A fresh layout and new functionalities are designed to bring further awareness to programs on islands

**UNITED SERVICE ORGANIZATIONS**  
News Release

HONOLULU — The United Service Organizations (USO) recently announced a fresh, new website for service members, their families and the public, in Hawaii, to source information about USO happenings.

The USO currently is phasing in a worldwide

upgrade to its local websites aimed at providing up-to-the-minute details about operations in more than 160 centers around the globe, including six in Afghanistan.

With the launch of its new site this month, USO Hawaii is able to update the community on upcoming events, the latest stories and even partner promotions.

However, according to officials, the best function of the website is the ability to accept

donations online via credit card.

“In the past, we were only able to receive donations in the form of cash or check,” said area director Leigh Graham. “Now, with the convenience of an on-line donation, we won’t have to turn any generosity away and are looking forward to growing our impact here in the islands with this exciting new interface.”

The new website also features links to the many companies throughout Hawaii that sup-



**USO Online**  
To learn more, visit USO Hawaii’s new site at <http://pac.uso.org/hawaii/>.

port the USO.

The USO’s mission is to lift the spirit of America’s troops and families.

USO Hawaii’s centers at the Honolulu International Airport and the Hickam Air Mobility Command terminal, as well as year-round mobile programming on the Big Island and throughout Oahu, serve more than 100,000 troops and families each year.

# Sea glass hunting is a treasure for trash collectors

Every summer, the beaches of this nation are scattered with people who wander slowly, look quite seriously down at their feet and bend over frequently.

Despite appearances, they are actually not contemplating the prognoses of their bunions, admiring their arches or watching their toenails grow.

For some reason, these people are compelled to search the beach for trash.

No, they are not environmentalists helping to keep our beaches clean. They are not members of a chain gang from the local jailhouse. They are not clean freaks who incessantly wash their hands and flip light switches.

These strolling garbage collectors don’t poke around in the swale’s flotsam and jetsam for any philanthropic, psychiatric or court-ordered purpose. Believe it or not, they are placing trash in their pockets for the sheer pleasure of it.

Wacky, I know, right?

Well then, what in Heaven’s name is wrong with these people, one might ask?

Strangely, not a thing. They’re just on vacation.

You see, when we humans take a step away from the rat race for a summer vacation, we suddenly become curious about the world. We stop, smell the roses, hear the birds, sift the sands and notice the beauty all around us.

And interestingly, while on vacation, we find beauty in the remnants of long-abandoned beer bottles, mayonnaise jars, wine jugs and other broken bits of glass that have been tossed



**THE MEAT & POTATOES OF LIFE**

**LISA SMITH MOLINARI**  
Contributing Writer

about on the sea floor long enough to become what is known as sea glass.

Shades of white, brown, green and blue, it lures us on long, slow strolls along the shoreline, where we forget about the stresses of life and concentrate on seeing a glint of color amongst the infinite grains of sand. We don’t like to think about the fact that our prized hunk of sea glass most likely had its start as a fisherman’s bottle of beer, probably accompanied by a pack of smokes and a bag of greasy chips.

All we see is the beautiful juxtaposition of the sun-catching brown, green and blue against the neutral hues of nature. When we are lucky enough to spot one of these rough gems of the beach, we squirrel it away, so we can take it home and plop it in a jar or trinket box, to be displayed and cherished like some kind of poor man’s Hope diamond.

As a Navy family, we have been stationed all over the world, enabling me to collect my beloved sea glass from a variety of beaches, both home and abroad. I have jars and bottles of sea glass from Spain, Ireland, Italy, England, Florida, Mexico, Virginia, California, New Jer-

sey, North Carolina and — since our last permanent change of station move to Newport — Rhode Island.

My husband thinks my extensive sea glass collection is evidence of some kind of clinical compulsive disorder, but I see it as a glimmering memento of our family vacations.

I must admit, however, that sometimes otherwise leisurely sea glass hunting becomes obsessive, like on our annual beach vacations with my extended family. While other families lounge on beach chairs, lollygagging over their latest novel, my relatives and I are intensely scouring the shoreline in ruthless competition for sea glass.

When we find a piece, we could discretely slip it into our pocket to admire later at home, but what fun would that be?

We prefer to high tail it back to the beach umbrella and flaunt our discovery shamelessly to our rivals, preferably while making obnoxious “Nana-nana-nah!” sounds and performing a pompous victory dance.

This behavior might seem over the top if the sea glass is of the common variety. However, it



One man’s trash is another’s treasure — in this case, what once may have been a discarded beer bottle or wine jug finds new life as prized pieces of sea glass. (Photo from Lisa Smith Molinari)

is an unwritten rule of sea glass hunting that, if one is fortunate enough to find a rare color of sea glass, such as cobalt blue, flagrant bragging is mandatory.

And, like my sister-in-law who found a never-before-heard-of shard of red sea glass last summer, one is well within her rights to never shut up about it.

Ethics and tact aside, it is undisputed that sea glass hunting is a most relaxing summer pastime. Perhaps finding the edgeless remains of broken glass signifies that the jagged, cracked, wrecked things in life can be smoothed, polished and mollified with time.

Regardless of the symbolic qualities of this accidental paragon, sea glass hunting forces vacationers to forget their troubles and open their eyes to beauty — an elusive glint of color, a reflective sparkle, a luminous, watery glow amongst the sandy swale.

(A 20-year Navy spouse and mother of three, Lisa has plenty of humor to share in her column, “The Meat and Potatoes of Life,” which appears in military and civilian newspapers and on “Stripes Military Moms” website, at [www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com) and follow @MolinariWrites.)



# Planners work on design of healthier garrisons

**JANE GERVASONI**  
U.S. Army Public Health Command

ABERDEEN PROVING GROUND, Md. — A military installation is a microcosm of the civilian community outside the gates.

It is where Soldiers and sometimes even civilian workers and their families live, work, eat, sleep and play.

As Army medicine looks at keeping installation populations healthy through the performance triad of physical activity, nutrition and sleep, health promotion experts are looking at how installations influence healthy activities.

Installation and garrison commanders can contribute to the health of people who work and live on their installations by planning and development of physical environments and services that enhance population health, according to experts at U.S. Army Public Health Command, or USAPHC.

For example, planning for walking paths, bike lanes and on-post eateries that offer healthy foods all enhance the installation population’s opportunities for making healthy choices. As well, Army policies and regulations that govern installation environments must support the goal of sustaining and building good population health.

A number of leading organizations in health and nutrition, including the World Health Organization, the International Obesity Task Force, the U.S. National Academies of Science’s Institute of Medicine, and the Centers for Disease Control and Prevention, “have identified environmental and policy in-

terventions as the most promising strategies for creating population-wide improvements in eating, physical activity and weight status,” according to research in technical publications, she said.

Understanding this vision led to the creation of the Creating Active Communities and Healthy Environments, or CACHE, toolkit that will assess the physical environment to see how well it promotes physical activity and nutrition. The CACHE includes modules on both the Military Nutrition Environment Assessment Tool, or m-NEAT, and the Promoting Active Communities tools, plus easy to use implementation materials.

When Lt. Gen. Eric Schoomaker, former Army surgeon general, was briefed on weight-loss efforts in the Army, he asked the USAPHC staff what Army installation environments look like. He wanted to know what information was available on promoting a physical environment.

His questions encouraged USAPHC health promotion experts to look for ways to initiate systems, policy and environment change.

Working with master planners, public health program evaluators looked at the physical environment of the installation. They were looking at bike lanes, sidewalks, exercise and recreational facilities and more.

*(Editor’s note: See full story online at [www.hawaiiarmyweekly.com](http://www.hawaiiarmyweekly.com).)*



SCHOFIELD BARRACKS — Army master planners and public health program evaluators are looking at the physical environment of the installation including sidewalks, exercise and recreational facilities, roads and all environmental aspects to improve health. (Photo by Jack Wiers, U.S. Army Garrison-Hawaii Public Affairs)

# Virus prevention tied to bite

## Preventing mosquito bites controls West Nile virus

**CAPT. HEATHER FERGUSON**  
U.S. Army Public Health Command

West Nile virus (WNV) is commonly found throughout the United States, as well as in Africa, West Asia and the Middle East.

WNV took a serious health toll nationally last year, causing more than 5,000 illnesses and 243 deaths.

WNV is spread by the bite of an infected mosquito and can infect people, horses, many species of birds and some animals.

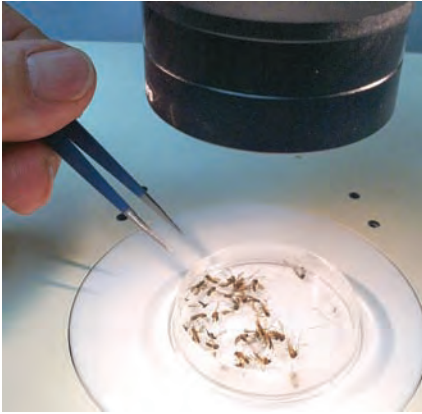
There is no evidence that WNV can be spread from person to person or from animal to person; however, no medications treat or vaccines to prevent infection.

Preventing mosquito bites is the best way to avoid becoming infected with WNV. To reduce exposure to West Nile virus, adhere to the following advice:

- Use an approved insect repellent every time you go outside and follow the instructions on the label. Among the repellents approved by the U.S. Environmental Protection Agency are those that contain DEET, picaridin or oil of lemon eucalyptus.
- Regularly drain standing water, including water that collects in empty cans, tires, buckets, clogged rain gutters and saucers under potted plants. Mosquitoes that spread WNV breed in stagnant water.
- Wear long sleeves and pants at dawn and dusk, when mosquitoes are most active.
- Use air conditioning or make sure screens are on all doors and windows, to keep mosquitoes from entering the home.

### Symptoms

Symptoms of the milder form of illness, West Nile fever, can include headache, fever, muscle and joint aches, nausea and fatigue. Recovery from West Nile fever may include



A scientist examines mosquitoes under a microscope prior to testing them for the presence of West Nile virus. (Photo by Benedict Pagac Jr., U.S. Army Public Health Command)

symptoms that may last for several weeks.

Symptoms of the more serious form, West Nile neuroinvasive disease, can include those of West Nile fever, plus neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness and paralysis.

Up to 80 percent of people infected with the virus will have no symptoms.

Individuals over 50 years old and those with other health issues are at a higher risk of becoming seriously ill or dying when they have become infected with the virus. If a person has symptoms and suspects West Nile virus infection, he/she should contact his/her health care provider.

*(Editor’s note: Ferguson is an entomologist with USAPHC.)*

### Online

For more information on preventing West Nile virus, visit U.S. Army Public Health Command, <http://phc.amedd.army.mil/topics/discond/aid/Pages/WestNileVirus.aspx>.