



Local keiki visit 25th CAB.
See p. B-1.

Tropic Lightning strikes for Best Ranger honors



NICK DUKE
Fort Benning Public Affairs

FORT BENNING, Ga. — For the first time since 1995, a team representing the 25th Infantry Division took home top honors at the David E. Grange Jr. Best Ranger Competition.

2nd Lts. Michael Rose and John Bergman came from 13th place after Day 1 to win the 31st annual BRC at the end of Day 3.

Rose and Bergman said they knew where they stood early on, but were focused only on completing the competition rather than winning.

“I wanted to walk away from it, whether we were dropped on the first day or whether we won, knowing that we gave it our best,” Rose said. “We couldn’t have done any better. Even if we had placed 26th or 50th, as long as I knew that we gave it our best, I would be happy.”

Bergman said he knew after the first day that the team would have a chance to move up the leaderboard.

“We were here to compete and hopefully to finish; that was our goal,” Bergman said. “We knew we were somewhere in the middle of the pack (after Day 1), and we were feeling pretty good physically. We were getting through every event, and we knew there were so many events coming up that we knew we’d do well in, so we were excited for days 2 and 3.”

Rose and Bergman’s

main competition was Team 32, representing the National Guard and made up by Capt. Robert Killian and 1st Lt. Nicholas Plocar.

Killian and Plocar led after days 1 and 2, and even won the final event, a 4-mile buddy run, but came up just short of overtaking Rose and Bergman.

Rose said after the final buddy run, he was unsure who had won the 2014 BRC.

“I thought they maybe had bested us, but I wasn’t upset by that,” Rose said. “We came in focused on giving it our all, and we gave it our all, so if they beat us, so be it.”

Both winners said they were able to lean on one another to make it through the event’s tough-

Online
Get more details about Best Range at www.army.mil/ranger/bestranger.html.

est moments.

“As cliché as it sounds, without your buddy, you wouldn’t make it through,” Bergman said. “It’s extremely important to have your Ranger buddy with you, so you can push each other the whole way through, through every event. That’s what kept us going — just trying to make sure we didn’t disappoint the guy that’s with us.”

(Editor’s note: Read more about this competition at www.hawaiiarmyweekly.com. Duke is a staff writer for “The Bayonet,” Fort Benning’s counterpart to the “Hawaii Army Weekly.”)



2nd Lt. John Bergman competes in the Best Ranger Competition. Bergman and teammate 2nd Lt. Michael Rose would go on to the win the competition.

2nd Lt. Michael Rose climbs a rope during the Best Ranger Competition, April 11. The competition placed two-man teams in physically and mentally strenuous situations, ultimately testing their prowess based on a scoring system. (Photos have been altered from their original form; background elements have been enhanced.)

Photos courtesy 25th Infantry Division Public Affairs

8th TSC determines best warriors in tough competition

STAFF SGT. GAELN LOWERS
8th Theater Sustainment Command
Public Affairs

SCHOFIELD BARRACKS — It’s 3 a.m., Monday morning — if you can call 3 a.m. morning.

Many consider it nighttime, because most of the world is asleep.

Coffee has not started brewing, and it will be hours before the bakeries begin their morning bread. Yet, some who are up have already come to fight.

Four junior enlisted and four non-commissioned officers from the 8th Theater Sustainment Command tested their mettle in the weeklong 2014 8th TSC Best Warrior Competition, here, April 7-11.

Sgt. Christopher Brown and Pfc. Kelsi New, 8th Special Troops Battalion; Staff Sgt. Chelsea Woidill and Pfc. Weng Ong, 45th Sust. Brigade; Staff Sgt. George Marshall and Pfc. Luigi Fernandez, 130th Engineer Bde.; and Sgt. Deborah Hammett and Pfc. Steven Cochran from the 8th Military Police Bde., were selected by their units to represent them in the challenge.

The purpose of the competition was to select the best junior enlisted and NCO Soldiers from the command to compete in the U.S. Army-Pacific Command’s competition, the next level before reaching the Department of the Army competition.

“My goals for this competition were for it to make me a better and stronger person — better able to lead and take care of Soldiers,” said Woidill.

Day 1 began with an equipment layout and moved directly into an Army physical fitness test, but this test was not your standard PT test. The Soldiers performed their push-ups, sit-ups and two-mile run wearing a full field uniform and carrying an M4 rifle.

The day finished with each Soldier presenting self in front of a board of command sergeants major, taking a written exam and having to find a number of deficiencies on the service uniform to demonstrate their level of Army knowledge and competency.

The following day continued the



Best Warrior
The following won as best warriors:
•Staff Sgt. George Marshall, 130th Eng. Bde. and
•Pfc. Weng Ong, 45th Sust. Bde

Sgt. Jesse Untalan, 8th Theater Sustainment Command Public Affairs

Soldiers take a defensive stance after egress training during the 8th Theater Sustainment Command’s 2014 Best Warrior Competition, April 9.

See BWC A-5



Staff Sgt. Gaeln Lowers; 8th Theater Sustainment Command Public Affairs

FORD ISLAND — Military logistics leaders and stakeholders from across the Pacific assemble for a theater sustainment ROC drill, hosted by the 8th TSC and the USARPAC, April 11.

Sustainment drill develops strategic relationships

SGT. MAJ. MARK SWART
8th Theater Sustainment Command
Public Affairs

PEARL HARBOR — Military logistics leaders and stakeholders from across the Pacific theater met April 11, here, for an event designed to improve coordination, synchronization and assessment of sustainment requirements for future contingencies in the region.

The daylong event, called a theater sustain-

ment rehearsal-of-concept (ROC) drill, took place at Ford Island’s Pacific Warfighting Center. It was sponsored by U.S. Pacific Command and hosted by U.S. Army-Pacific and 8th Theater Sustainment Command.

“You are the professionals at this business,” said Gen. Vincent Brooks, commander, U.S. Army-Pacific, during opening remarks. “Our task is to make this time count and look at the challenges that are out there. My challenge

(to you) is to take these things and wrestle with them.”

Brooks noted that the drill should provide a better understanding of sustainment capabilities, as well as responsibilities in the theater.

As the day progressed, different agencies took turns around a large floor map as they discussed how to “set the theater” in the event of

See ROC A-4

Tax Center closes for 2014 season

Story and photo by
SARAH PACHECO
Staff Writer

SCHOFIELD BARRACKS — An overwhelming feeling of relief filled the inside the Post Conference Room, here, Wednesday morning, as Soldiers, advisers and leaders feted the close of the 2014 Schofield Barracks Tax Center.

“Here we are, the day after ‘D-day,’” said Col. Sean Jenkins, deputy commander-support, 25th Infantry Division, in his remarks to the 30-some-odd Soldiers from units throughout U.S. Army Garrison-Hawaii, who, for the past few months, have dedicated their time and know-how to ensuring fellow service members, retirees and spouses were able to file their 2013 tax returns on time and with minimum stress.

“We had an overwhelming number of positive ICE (Interactive Customer Evaluation) comment cards, so the customers seem really happy,” said Gisella Parent, a civilian attorney with the Legal Assistance Office.

“We really maximized our time, and we really had no real issues,” Parent added. “The Soldiers did such a great job getting trained up on the front end that they really did a phenomenal job and just hit the ground running.”

According to Parent, the Schofield Barracks

See TAX A-4



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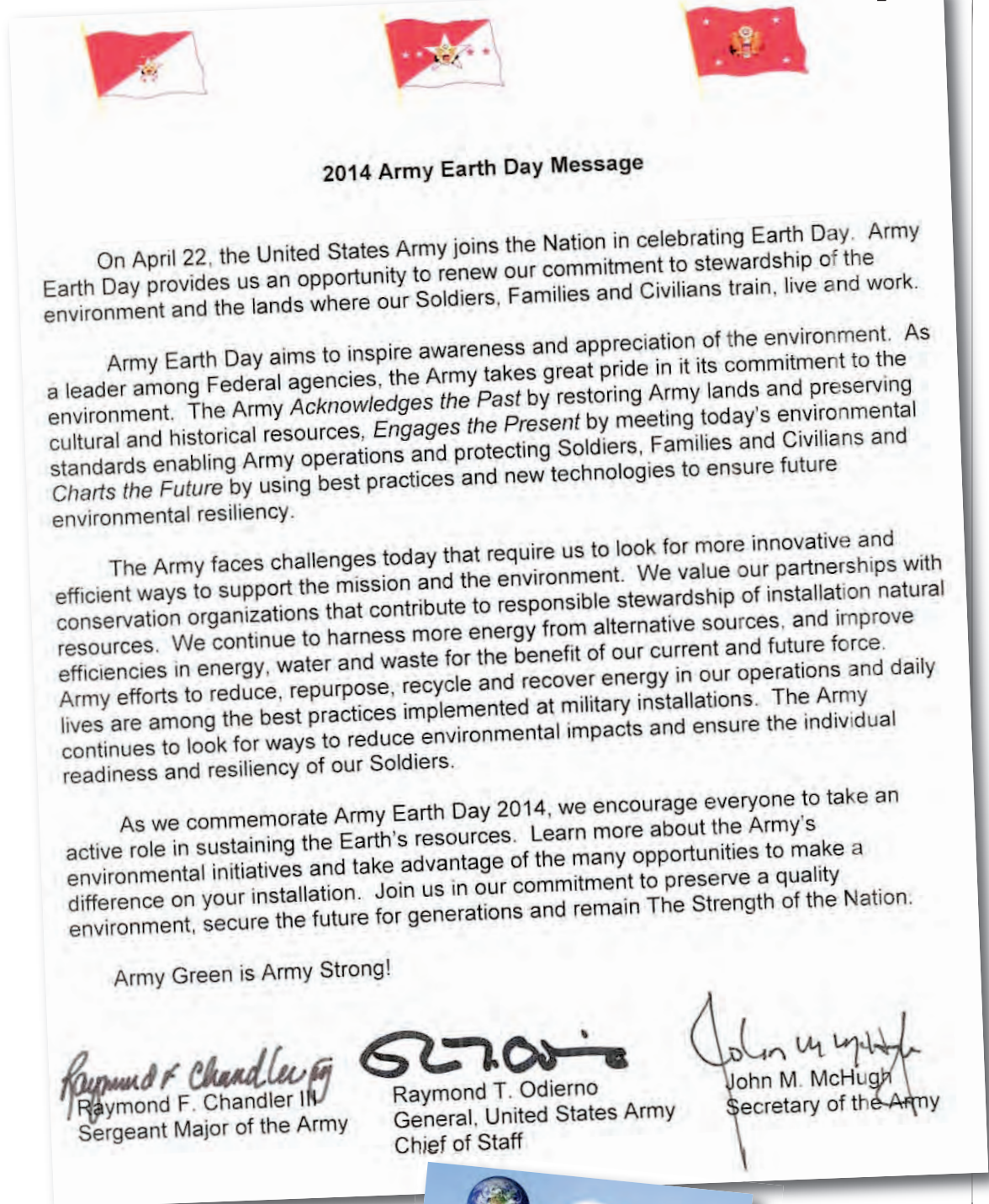
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Senior leaders note Earth Day



RELATED STORY
• See Earth Day events on B-1.



BRIDGING THE BASICS

Griffin went from mullet to mentor

SGT. 1ST CLASS JAMES GRIFFIN
9th Mission Support Command

Twenty years ago, I was a country boy with a college degree and a mullet when I realized the choices I was making in life weren't leading me down the best path.

My life needed more structure, organization and meaning, so off I went to the local recruiter.

After filling out a mountain of paperwork at the Military Entrance Processing Station and "walking like a duck," I was off to One Station Unit Training at 27 years old.

While at basic, I was taught organizational skills and how to be prepared, like how to roll my clothes in neat six-inch rolls, keep my equipment clean and operational, and improve my foxhole. These things were similar to some of the things my daddy (a retired World War II veteran) tried to teach me, but for some reason, back then, I couldn't understand why.

In my first year on active duty, I began to understand the importance of what my dad taught me. He taught me to be prepared for tomorrow. The Army also taught me this preparation when I had to endlessly shine my boots and starch and iron my uniform the night before the next duty day.

We were all taught these basic skills at some point in our lives, and we as leaders are expected to teach them to our Soldiers and provide them with the tools they need to be successful.

The Army trained me to be prepared weeks in advance when I would lay out and inspect my gear for a field training exercise. Preparation also included paying bills in ad-



Griffin

vance and getting a power of attorney and a will before going into a long rotation at Fort Irwin, Calif.

Are we teaching these same skills and traits to our children?

Nowadays, I can't help but notice more Soldiers and service members with able-bodied teenagers who won't put up their trash cans after trash day, mow their own lawns or get out and meet their neighbors. Video games and tweeting seem to be the most important things on a teen's agenda today.

Please don't take this article as a lesson on parenting. We all have different styles of parenting and leadership. Only you know what works best in your situation. Bridging the basics, to me, is a blend of parenting-style and leadership. Your Soldiers are not your children, but in my case, they're young enough to be.

Parenting style and leadership are very similar. We, as parents, can teach and coach our children with the same basics we use to teach and coach our Soldiers. We have got to train them to be responsible, to be leaders and to be prepared for the future. The rest will follow. They may not understand why right away, but when they need these traits, they'll be there to fall back on.

As we begin to prepare for the next phase of our careers, we should now understand the importance of ensuring that our junior leaders (and our children) can effectively teach these basics to their Soldiers (and hopefully to their own children).

If we can coach and teach our Soldiers and children to be better mentors, leaders, human beings and, eventually, parents and spouses, than we strive to be, then we have succeeded.

(Editor's note: Griffin is the 9th MSC senior paralegal NCO.)

FOOTSTEPS in FAITH

Easter can teach couples resiliency

CHAPLAIN (MAJ.) BOB CROWLEY
3rd Brigade Combat Team
25th Infantry Division

Easter in the Christian tradition is a celebration of the truth about God that can help the Soldier and spouse alike.

Easter is the story of new life that is offered to each of us, like the turning of the seasons.

Easter is an important religious holiday that should not be recognized once a year. If we recognize it more than one time a year, Easter can bolster our resiliency.



Crowley

Christians believe that the truth about God is that he sent his son, Jesus, to pay a price for each of us. Most of us know that we don't live perfect lives like Jesus did. Just look at the news during the week, and you would have to agree.

If you want some help in this life of imperfection, then study what the story of Easter in the Bible illustrates. I passionately want Soldiers and spouses to know they can gain hope through the story of Easter.

Christians around the world know the story well. They can explain and tie it to the Christmas story each year. Celebrating Easter helps Christians to remember that Christ rose from the dead on the third day after being buried in a cave sealed with a large boulder.

One may ask, "What does that have to do with my life of imperfection?" It is a valid question.

Christians believe that Christ's rising from the dead paid the penalty for their own imperfectness. If we lived 100 lives, we would know that we could not do it without wrongdoing. As much as we try, we are incapable of perfection, so it brings Christians hope and support to know that God loves them enough to send Jesus.

Putting all imperfection aside means that we have a changed life. Christianity explains that the changes that occur because of Easter are newness.

Easter is celebrated each year, not by mistake. It's celebrated at a time that represents the turning. Though we do not have the changing of seasons here in Hawaii, most of us know what it is like to go from winter to spring. So, a question arises to me about why this turning is important. Maybe it is that we need to turn or to change just like the season that is turning.

Are there things in your life that need to be changed? Are there things in your marriage that you have the power to change?

Changes typically don't come easy to us humans, and I would further consider that as Soldiers and spouses, we already go through more changes than the average American as we serve those who serve in the Army. If we, as those who serve already have the foundations for change established, then we should rely on those skills to aid us in the changes that we know we need to make.

Summing up Easter is simple. As the turning of the seasons occurs each year, we celebrate Easter's focus on changes. Take a hard look at yourself or your marriage, and see if there are things that you can tweak.

Rely on established foundations for changes that you already have in your life. Establish new patterns of resiliency, which is in essence a way to change and overcome things that affect you.

Lastly, faith can be a source of change in your life that does not go away. Easter, like faith, really is a constant for us, and we should try to remember that because of Easter, our faith can get us through life and give us a sense of peace that does not go away.

Voices of Ohana

Earth Day is April 22.
"Name two ways you go green."
Photos by 311th Signal Command (Theater) Public Affairs



"I unplug all appliances when I'm not using them, and I buy local produce."

Sgt. Jared John Champaco
Essential personnel services NCO,
311th SC(T)



"I recycle bottles and cans and use the double-side feature on the copier, whenever possible."

Master Sgt. Dionna Jackson
Essential personnel services NCOIC,
311th SC(T)



"I encourage everyone to recycle, and I ride my bicycle to get groceries, instead of driving my car."

Liana Kim
Public affairs officer,
311th SC(T)



"I recycle detergent bottles and turn off electronics when not in use."

Chief Warrant Officer 2 Alexander Morales
Strength manager,
311th SC(T)



"I recycle bottles and get my bills sent to me electronically to minimize paper usage."

Pfc. Randy Russell
Intel analyst,
311th SC(T)

Humanitarian assistance, disaster relief top LANPAC

Symposium brings senior leaders together

U.S. ARMY-PACIFIC
Public Affairs

HONOLULU — The Association of the U.S. Army finished its second Land Power in the Pacific symposium and exposition at the Sheraton Waikiki Hotel, here, April 9.

Various topics of interest to Pacific militaries and governments garnered 58 speakers, 119 exhibitors, a family forum and a dozen representatives of local and Pacific media, said Diane FitzGerald, the Senior Meetings Manager for the Association of the U.S. Army.

Gen. Vincent Brooks, commander, U.S. Army-Pacific, said that security of the region includes discussion of the common foe in the Pacific: natural disasters.

"Securing the world's largest populations from external and internal threats calls for increasingly professional land forces," said Brooks. "Moreover, natural disasters threaten and claim lives every year, especially in this region, and can, if not effectively responded to, undermine both economy

and security."

"The U.S. military has been in the Pacific region for well over 100 years," said AUSA president, retired Gen. Gordon Sullivan "More than six of the world's most powerful military forces are in the Pacific."

The U.S. presence is valuable to have in the Pacific region to uphold long-standing alliances and partnerships, while more emphasis is shifted toward the Pacific region. Sullivan expects LANPAC to continue growing.

"The U.S. forces land-power symposium is one of a kind. Nowhere else will you find anything like this," said Sullivan.

Brooks noted the professionalism exported from the region to the conference.

"It's not often that you get the land-forces commanders — Marines, U.S. Army, Special Operations Command, regional Armies and businesses — in one room," said Brooks.

Brooks emphasized how the LANPAC symposium offered an opportunity to discuss issues in the Pacific face-to-face, as well as unique capabilities that each land force contributed to the support of the Pacific, noting how the



Staff Sgt. Kyle Richardson, U.S. Army-Pacific Public Affairs

WAIKIKI — Gen. Vincent Brooks, commander, USARPAC, makes opening remarks at the start of the second LANPAC, sponsored by AUSA, April 8. Brooks highlighted the role of land forces in the Indo Asia-Pacific. Representatives from 13 different countries attended the conference.

symposium helps to strengthen the bonds between countries and the international community.

Brooks added the symposium was hosted in Hawaii because of its historic ties to the region. Hawaii has the largest concentration of U.S. land-forces in the Pacific, and it's the closest state to the U.S. regional partners.

25th represented at symposium

Story and photo by
SGT. JESSICA DUVERNAY
25th Infantry Division Public Affairs

HONOLULU — People attending this year's Land Forces in the Pacific conference, hosted by the Association of the United States Army, were greeted a little differently at the 25th Infantry Division booth by Soldiers wearing battle dress uniforms and a jungle survival equipment display.

The Sheraton Hotel, here, was filled with military officials and civilians from various countries across the Pacific, April 8-10, for the conference.



Instructors of 25th ID's JOTC demonstrate some of the equipment used in jungle operations during the Land Forces in the Pacific conference. This year is the first that JOTC has appeared at LANPAC.

this capability within our force," Haas added.

Fuller was on the third panel of the convention; he focused on land power throughout the PACOM area of responsibility and spoke about JOTC and maritime environments.

"To produce environmentally seasoned Soldiers, 25th ID has focused its efforts on the three major terrain types we expect to operate in: jungle, maritime and urban. The two unique to the Pacific are operations in the jungle and maritime environments," said Fuller.

Several who visited the booth were interested in talking to instructors and recent graduates of the course.

"We're transitioning from the wars that we've fought in Iraq and Afghanistan and getting back into the jungle environment, so jungle warfare is going to be one of the biggest fights that we will fight in our next battle," said Sgt. 1st Class Dominick Johnson, JOTC senior instructor.

As distinguished visitors and PACOM leadership visited the booth, the graduates of the inaugural course were able to highlight some of the skills they had learned while at the course, like water purification and

simple rope-making skills.

"Being able to prepare for it and using the skills that we have to offer the division and the Army is pretty crucial," explained Johnson.

The JOTC instructors were there to answer any questions guests may have had.

"We are here to show our host nations and other military or people who are not in the 25th ID what JOTC has to offer and what kind of curriculum we are teaching," explained Staff Sgt. Anthony Morris, JOTC instructor. "We give them an overview of what kind of training is going to be happening when we send Soldiers or units through JOTC and the capabilities that we have to facilitate units or Soldiers."

As the conference came to a close, the division representatives offered water that had been purified on the spot to visitors of the booth and explained the importance of the training.

"This is awesome," explained Johnson. "Being one of the first ones to do anything remotely close to jungle in the division was an honor for me, and to see where it's come from since 2011 to now is pretty amazing."

Signal support at the forefront of second expo

311TH SIGNAL COMMAND
(THEATER)
Public Affairs

HONOLULU — "Land Forces: Assuring Security and Stability in the Indo-Asia-Pacific" was the theme of the second Land Power in the Pacific Symposium and Exposition, as the military rebalances forces with focus on the Pacific region.

Building partnerships throughout the Pacific and supporting the warfighter were topics of discussion during the expo at the Sheraton Waikiki, here, April 8-10.

Hosted by the Association of the U.S. Army's Institute of Land Warfare, with participation from the U.S. Pacific Command, U.S. Army-Pacific and several major supporting commands on Oahu, the symposium brought senior leaders of the military and industry together to discuss current trends and explore viable solutions for the Asia-Pacific theater.

Retired Gen. Gordon Sullivan, AUSA president, opened the symposium with remarks on the importance of land power in the Pacific.

"The U.S. military has been in the Pacific region for well over 100 years," he said. "More than six of the world's most powerful military forces are in the Pacific."

Maj. Gen. James T. Walton, commander 311th Signal Command (Theater), spoke on a panel discussion during the LANPAC symposium, an international event highlighting the role of land forces in the Asia-Pacific Theater in peace and



Photo courtesy 311th Signal Command (Theater) Public Affairs

Maj. Gen James Walton, commander, 311th SC (T), discusses communications during a panel at the LANPAC symposium and exposition at the Sheraton Waikiki, April 9.

war.

Walton also participated in the "Communications Interoperability and Reliability During Contingency Operations" discussion chaired by Maj. Gen. Roger F. Matthews, USARPAC deputy commanding general.

Other panel members included Lt. Gen. Robert S. Ferrell, U.S. Army Chief Information Officer/G6 and Rear Adm. Nancy A. Norton, U.S. Pacific Command, director for command, communications, and cyber (J6).

LANPAC

It's a professional forum that brings together key leaders, command, and other national and local organizations focusing on land-power capabilities throughout the Pacific region.

While numerous bilateral meetings and discussions take place on a range of topics, humanitarian assistance and disaster relief discussions always dominate the Pacific militaries' agenda.

94th AAMDC hosts forum to explain IAMD mission, impact in the Asia-Pacific

Story and photo by
SGT. 1ST CLASS KARRY JAMES
94th Army Air and Missile Defense Command
Public Affairs

HONOLULU — The 94th Army Air and Missile Defense Command hosted a discussion panel during the Association of the U.S. Army Institute of Land Warfare 2014 LANPAC Symposium and Exposition held at the Sheraton Waikiki Hotel, here, April 8-10.

The purpose of the event was to exchange ideas and increase rapport with joint, combined and industry forces, and other partners within the U.S. Pacific Command community.

This year's theme for the symposium was "Land Forces: Assuring Security and Stability in the Indo-Asia-Pacific."

Several senior leaders hosted panel discussions on various topics that have become a staple of the annual three-day conference. One of those senior leaders was Brig. Gen. Daniel Karbler, commander, 94th AAMDC.

Karbler, along with several other panel members, briefed other senior leaders of joint and combined capacity and the rest of the audience



Brig. Gen. Daniel Karbler (at podium), commander, 94th AAMDC, initiates the open forum IAMD panel discussion with seven other key missile defense senior leaders during the 2014 LANPAC Symposium and Exposition at the Sheraton Waikiki, April 9.

on Integrated Air and Missile Defense (IAMD) in the Pacific Region and its effects on joint and multinational operations.

"It is an entirely joint and combined effort to do the air and missile defense mission here, which is why I have always been very excited to do this panel for the last couple of years," said Karbler.

Other panel members taking part in the discus-

sion were Navy Capt. David Connelly, U.S. Pacific Fleet; Air Force Maj. Gen. Paul McGillicuddy, chief of staff, Pacific Air Forces; Army Maj. Gen. Ole Knudson, program executive and programs and integration, Missile Defense Agency; Air Force Col. Eddie Boxx, space and IAMD division chief, U.S. Pacific Command; Marine Lt. Col. John Barry, commander, Marine Air Control

Squadron 4, Okinawa; Richard Choppa, strategic missile and defense systems, Boeing Company; and Eugene Stockel, air and missile defense, force protection director, Lockheed Martin.

"The IAMD insight and knowledge presented by the other panel members was absolutely impressive," Boxx said. "My first thoughts when asked to join, and looking at who else was there, was this is the IAMD major league level. Even after a year in D.C., in the think tank world researching IAMD, I have never seen a panel with that much breadth and depth of IAMD and joint expertise."

The expectation of the 94th commander and the panel members was to leave the audience with a sense of awareness of the impact and the ever-increasing role of IAMD in the Asia-Pacific region.

"Information that made an impression on me was that missile defense is one of the most important areas of focus for the Department of Defense right now," said Capt. Claudia Donahue, secretary general staff, 94th AAMDC. "It is one of only two fields in the U.S. military that is growing instead of downsizing."

(Editor's note: Go to www.hawaiiarmyweekly.com to review the rest of this article.)

CAB adding new capabilities to the Pacific region

Story and photo by
STAFF SGT. MATTHEW G. RYAN
25th Infantry Division Public Affairs

PACIFIC OCEAN, Near Hawaii — Chinook crews from the 25th Combat Aviation Brigade partnered with the Navy to conduct deck-landing qualifications aboard the USS Anchorage (LPD-23), April 9.

Using one CH-47, nine pilots and six flight crew members from 3rd Battalion, 25th Aviation Regiment, 25th CAB, 25th Infantry Division, they became deck-landing qualified.

This certification allows Chinook pilots to land, stow and launch from moving Navy vessels during a wide range of operations.

“Working with the Navy to train our pilots and crews allows us to provide more capability to the Pacific Command and the 25th ID,” said Chief Warrant Officer 5 Joseph Roland, brigade senior warrant officer. “In addition to capabilities we have built in the last year, we are adding the asset of Soldiers working off of Navy vessels, and the ability to land on ships with CH-47 Chinooks.”

From previous training, the 25th CAB has the capability to conduct deck landings with its OH-

58 Kiowa Warriors and UH-60 Black Hawks. With the addition of the Chinook, the Army’s heavy-lift aircraft, the brigade has ultimate maritime flexibility.

“This kind of training allows us to provide the ability to fully support any kind of maritime mission, whether it be humanitarian assistance or disaster relief from the land or sea,” said Col. Kenneth Hawley, commander, 25th CAB.

Getting to this point required flight crews to undergo a great deal of preparation, said Roland. Pilots have to take academic classes, perform simulated deck landings on an airfield and in a simulator, and conduct emergency breather system and underwater egress training. The training and preparation minimizes safety concerns by ensuring pilots are proficient in their skills.

“I have been flying for almost my whole career, and their approaches were right on, and landings were excellent. There were no safety issues that I saw from my Black Hawk,” said Roland.

The CAB is scheduled for more deck landings in the coming months to keep current pilots proficient and to qualify additional Chinook crews.



Chinook pilots from the 25th CAB conduct deck landings on one of the Navy's newest vessels, the USS Anchorage LPD-23, April 9, off Oahu. The landings qualified the pilots and crew chiefs to land on a moving ship over open water, which has not been done by the CAB with a Chinook in more than a decade.



William Mueller, in this recent photo, seems to salute as his family scatters the late Pearl Harbor survivor's ashes at the USS Utah Memorial, April 9.

Guard honors Pearl survivor

Story and photo by
TECH. SGT. ANDREW L. JACKSON
Hawaii National Guard Public Affairs

PEARL HARBOR — On Dec. 7, 1941, Pfc. Bill Mueller, 19th Infantry Regiment, 24th Infantry Division, was just a few days away from what would’ve been his final day in the Army.

That morning, Mueller was slated to have a check ride for his private pilot’s license at Hickam Army Airfield.

That all changed, as his flight instructor was gunned down in front of him.

Instead of leaving the Army, the surprise attack compelled Mueller to volunteer for intensive combat training. Mueller spent the most of his career fighting in Papua New Guinea, eventually ending his military career in 1945, after a stint as training cadre at Camp Croft, S.C.

Mueller died Dec. 23, 2012, and his final wish was to rest with those who were lost during the attack on Pearl Harbor.

“He was an eyewitness to major destruction to aircraft and hangars at Hickam, and the terrifying scene of Navy ships blown up, bombs falling everywhere and the strafing by the fighter planes with their machine guns,” said Jim Taylor, Pearl Harbor survivors’ liaison. “Bill was a very lucky man to survive not just the attack on Pearl Harbor, but throughout the entire war. He was and still is an American hero.”

An honor guard from the Hawaii National

Guard paid respects to Mueller at the USS Utah Memorial, Ford Island, on a breezy, spring day. The rifle team stood watch until the arrival of Mueller’s family.

“This is the third one of these we have performed this year,” said Chaplain (Capt.) Raymond Kitagawa, Hawaii National Guard. “It is always an honor.”

Once the family arrived, Taylor delivered an account of Mueller’s life, and Kitagawa read from the 23rd Psalm.

The honor guard fired a salute, the memorial colors were unfurled and Taps was played. The flag was folded and presented to the family.

Mueller’s ashes were scattered in Pearl Harbor, adjacent to the wreckage of the USS Utah, so he could join those lost that day so many years ago.

Final Resting Place

American service members on the island of Oahu when the Japanese attacked on Dec. 7, 1941, have the right to join their fellow service members, lost on that day, in their final rest in Pearl Harbor. Many survivors, mostly from the Navy, make this choice.

ROC: Event helps flag officers interact

CONTINUED FROM A-1

different contingencies and operations. Face-to-face interaction allowed multiple stakeholders to identify problems and propose solutions on the spot.

“It has been an excellent team effort across 40 agencies,” said Maj. Gen. Stephen Lyons, 8th TSC commander. “It takes a community effort.”

Sharing information in this forum allowed different agencies to identify gaps and assist USPACOM in formulating priorities for the future. It also helped all stakeholders build a common understanding of requirements to improve sustainment operations overall.

“All attendees gained a better understanding of the complex challenges that currently exist and are moving forward to further plan and

lead change,” said Maj. Jason Berdou, 8th TSC Commander’s Initiative Group. “By placing the specific senior logisticians from across the joint community with enterprise partners that have industrial ties in the same room, USPA-COM and supporting agencies gained the much-needed momentum and synergy to discuss and capture key takeaways that will pave the way on creating solution sets for the future.”

Berdou said the event was very beneficial because flag officers from different services do not often get to interact as a group due to geography, space and time differences.

In addition to key generals and admirals in the room, approximately 250 service members from all the services ranging from operations, logistics, and planning fields also attended the ROC, with additional external locations tied-in by video teleconference and computer.



Volunteer tax preparers and advisers pose for one final group photo following the closing ceremony for the 2014 Schofield Barracks Tax Center, Wednesday.

Tax: Service saves Soldiers \$400k in fees

CONTINUED FROM A-1

Tax Center serviced approximately 2,600 clients between Jan. 31 and April 15, with a total of \$5 million tax refunds (both federal and state) processed. Additionally, Parent noted that the tax center provided service members a savings of \$400,000 in fees they would have spent if they had gone elsewhere for tax preparation and filing.

“That’s no small chunk of change in the economy we’re living in today,” Jenkins said, in his speech. “You’ve helped your fellow Soldiers; that’s what it’s all about.”

In addition to words of gratitude, the volunteer Soldiers also received certificates of recognition from both Col. Daniel Whitney, commander, USAG-HI, and the Internal Revenue Service (IRS) for their exemplary service

to the tax center.

“(The Soldiers) really came together as a team at the beginning, during the training, and that really carried throughout the rest of the tax season; it was a real team effort, from start to finish,” said Parent, noting that Sgt. 1st Class Stephen Sannis, 175th Financial Management Support Center, 8th Special Troops Battalion, 8th Theater Sustainment Command, and Sgt. 1st Class Steven Ebner, 8th STB, 8th TSC, were two “vital backbones” of operations as the center’s noncommissioned officers in charge.

“We made sure that everyone who we got was focused, motivated and excited to be there, so that really impacted the attitude going forward, which is how we got such a great group,” Parent added. “It feels good to have completed a successful tax season and end things on a good note.”

Sixty make the cut, earn Expert Field Medical Badge

Story and photo by
SGT. BRIAN C. ERICKSON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — The Expert Field Medical Badge was awarded to 59 Soldiers and one Airman during a graduation ceremony on Weyand Field, here, April 11.

“This badge gives you the opportunity to really shine above your peers,” said Pfc. Patrick Wauben, 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, and course honor graduate.

The EFMB testing started with 245 active and reserve candidates from units spanning the island of Oahu, including Airmen, and Soldiers from Alaska and Japan.

In order to earn this prestigious badge, candidates completed events such as tactical combat casualty care, casualty evacuation, communications, warrior skills, land navigation, a written test and a 12-mile march.

Combat Testing Lane (CTL) 1 consisted of 23 individual tasks consisting of warrior skills tasks, 14 tactical combat casualty care tasks, several medical evacuation tasks (to include submitting



A Soldier pulls a simulated casualty through an obstacle during CLT 3 of the EFMB testing at Area X, Schofield Barracks, April 9.

a medevac request) and setting up a helicopter landing zone.

On CTL 2, candidates had to complete eight individual tasks consisting of assembling and preparing a satellite communication system, extricating a

casualty from a vehicle, negotiating obstacles with a litter patient, and evacuating casualties using a litter and a front line ambulance.

CTL 3 had its own set of tasks, to include warrior skills tasks with an M9

pistol, use of chemical protective gear, sending unexploded ordnance and chemical contamination reports, and medical evacuation using litter and nonstandard vehicles.

To finish off the week of intensive

EFMB

The EFMB was established in June 1965 as a Department of the Army special skill award recognizing exceptional competence and outstanding performance by field medical personnel.

testing, the candidates had to complete a 12-mile foot march in three hours.

Coming in at 2 hours, 59 minutes, 18 seconds, Spc. Christopher Flammang, Headquarters and Headquarters Company, 2-35th Inf. Regt., said the foot march ended up being the toughest part of the testing for him.

After the completing the course, Airman 1st Class Steven Hernandez said he had a whole new perspective on Army medics.

“I now know how much training the Army medics go through and how qualified they really are,” said Hernandez.

RELATED STORY

- Read about Tripler's EFMB warriors online at [HawaiiArmyWeekly.com](#).



Sgt. William Smithe (on ground), 205th MI Bn., attempts an arm bar during a combatives assessment on the final day of the Best Warrior Competition.

MI warriors compete, determine best

Story and photo by
STAFF SGT. DAVID PADILLA
500th Military Intelligence Brigade Public Affairs

SCHOFIELD BARRACKS — Soldiers assigned to the 500th Military Intelligence Brigade’s subordinate battalions, competed from March 31-April 4 in the 2014 Best Warrior Competition (BWC) to earn the recognition of Noncommissioned Officer and Soldier of the Year, respectively.

Spc. Michael Lemus, 715th MI Battalion, and Sgt. Casey Milton, 441st MI Bn., emerged as the winners after five days of competition.

Both Soldiers are intelligence analysts.

“Our goals for the 500th MI Bde. BWC were twofold. First, importantly so, was to identify the 500th MI Bde. Soldier of the Year and Noncommissioned Officer of the Year. We wanted to find the best NCO and Soldier to represent the brigade from amongst the battalion’s best!” said Master Sgt. Kevin Peyatt, brigade operations NCO in charge. “Second, we came into the BWC with a goal to use this weeklong event as a training tool.

On the first day of the competition, Soldiers took a physical fitness test; later, competitors completed a written exam and a test on their knowledge of physical readiness training. The

day also included a mystery event that tested their knowledge on the proper placement of awards and decorations on the Army Service Uniform.

The second day challenged the competitors with an early morning road march to the qualification range, where they zeroed and qualified in a reflexive fire exercise, followed by putting their day/land navigation skills to the test.

“Day two was the most physically challenging,” Milton said. “The events, including the ruck march and the land navigation, really put my body to the test, but I continued to maintain my composure and drive on.”

For the third day of competition, competitors were tested on their knowledge of warrior tasks and battle drills; they appeared in front of a board chaired by the brigade’s senior NCOs.

On the final day of competition, the Soldiers entered into a ring on Watts Field for their combatives assessment. They received a refresher course of Level I combatives and then proceeded to the assessment portion. Here, the Soldiers applied skills they had or had learned during the refresher training to adapt to the challenge.

“Combatives has never been my strong suit, because most of my opponents weigh more than

I do,” Milton said. “In the beginning, I was letting the early losses eat away at my motivation and drive. Even though I lost my first two matches, I maintained my resilience and motivation. This was the event that tested my mettle the most.”

As an act of esprit de corps and to demonstrate “how it’s done,” Command Sgt. Maj. Dan S. McCraw, senior enlisted leader, 500th MI Bde., entered the ring to take on each warrior for a 60-second bout, coming away victorious in five of those matches.

The competition ended with an award ceremony and the announcement of the competition winners.

During the 500th MI Bde.’s BWC, Lemus and Milton also participated in the Intelligence and Security Command’s final board for its Soldier and NCO of the Year competition. This board was done via video teleconference in order to accommodate competitors from around the globe.

Best Warrior Competition

The NCO and Soldier of the Year winners for 500th MI Bde. follow:

- Sgt. Casey Milton, 441st MI Bn.
- Spc. Michael Lemus, 715th MI Bn.

BWC: After finishing road march, 8th TSC warriors go direct to combatives ring

CONTINUED FROM A-1

competition with eight hours of daytime and nighttime land navigation courses and lanes to test each Soldiers’ warrior tasks and drills. This day was the longest of the competition, with the Soldiers receiving little rest. Adrenaline alone was their fuel to help them finish out the day.

“I’ve done things that I didn’t think I could do here,” said Marshall. “I know that no matter what, I will never quit and never give up.”

Day 3 continued with a four-mile road march to a rifle range to compete in three events: the .9mm accuracy test, the M4 rifle accuracy test and the stress fire challenge.

The Soldiers were able to rest up their legs for the fourth and final day of the competition that concluded with a 10-mile road march straight into a combatives tournament. Each competitor walked off the road march and right into the “ring,” a patch of grass marked off with white engineering tape.

Although each competitor pushed his individual limits to the

breaking point, there could only be two winners in the end. Marshall and Ong were able to rise above their peers and become the 8th TSC’s best warriors.

“I believe that success can only be accomplished by hard work,” said Ong. “I wanted to see what I was made of. I wanted to test my heart.”

Opinions should be put on ICE

Managers can reply directly to customers with contact info

GAYLE YANAGIDA
Directorate of Plans,
Analysis and Integration Office
U.S. Army Garrison-Hawaii

WHEELER ARMY AIRFIELD — U.S. Army Garrison-Hawaii is committed to being a customer-focused organization that seeks and uses customer feedback to evaluate and improve the delivery of installation programs and services.

To accomplish this, it is essential that the Directorate of Plans, Analysis and Integration listens to the garrison’s customers and responds to their concerns in a continuous feedback loop.

This process entails moving the focus away from merely collecting customer satisfaction data to managing customer information and translating it into creative solutions that provide excellent services to Soldiers, their families, our civilian workforce and other stakeholders.

Interactive Customer Evaluation (ICE) is the Web-based tool used to



Interactive Customer Evaluation

collect feedback from customers via online comment cards. It is also a tool for managers of those services to view the results of the customer submissions and perform other tasks related to maintain customer comment cards for those services. It provides for continuous feedback.

Unlike surveys, the ICE system incorporates a mechanism for quick responses to customers. In ICE, customers have the option to submit their comments anonymously. However, if the customer does not provide a valid telephone or email address, the manager is unable to respond directly to the customer.

It is important for service provider managers to effectively handle their relationships with customers, and one of the key steps to meeting that intent is to communicate with customers directly.

Some individuals worry about having their comments tracked, but

ICE does not purposely track or log information about the individual customer (e.g., name, login, etc.), except for the information that is provided as contact information or as comments on the comment card by the customer.

The garrison leadership believes it is extremely important to close the loop with those providing feedback. All customers are encouraged to provide their contact information.

When there is a change that is customer driven, or when an issue is resolved, the loop with customers (personally or via other channels) who were part of the feedback process, if they provided contact information, can be closed.

This step is critical, because customers will be more encouraged to give input if they know they are being heard and are capable of effecting change.



Traffic Report lists closed roads, limited routes, construction detours and noise advisories received by press time. Motorists in affected areas are advised to use caution and observe all signs and traffic personnel.

For an up-to-date list of Army traffic advisories, visit www.garrison.hawaii.army.mil/info/trafficalendar.htm. Unless otherwise noted, all phone numbers are 808 area code.

Today

Chill Factor — Wheeler’s Whiteman Road from Wright Avenue to the parking lot entrance will be closed, 8 a.m.-noon, to remove the chiller at Bldg. 118.

19 / Saturday

Power Barred — A power outage for Wheeler and Schofield is scheduled. The Tropic Lightning Museum will be closed, and Wheeler circuits 33-42 will be without power 6:30-8 a.m. and 2:30-4:30 p.m. Schofield will be without power 7:30 a.m.-4:30 p.m. If your area is not listed, or does not have

a back-up generator, it will be out 6:30 a.m.-4:30 p.m.

Circuits *unaffected*, by the numbers, are 3-Quad A, gas station/shoppette; 6-Mendonca housing, 364 shopette; 7-Area A housing quarters 30-38; 9-MED-COM; 11-500 block housing; 14-500 block housing, 9000 block housing; 15-Hamilton Housing, 9000 block housing; 18-Generals Loop; 19-500 block; 21-Commissary; 33-Akolea Point Housing; 34-McMahan Village; 35-Hendrickson and Maili housing; 37-Hali Nani and Kaena housing; 40-Porter and Kalakaua housing; and 42-Moyer housing.

21 / Monday

Less a Lyman Lane — A partial road closure along Schofield’s Lyman Road will be in effect, 9 a.m.-2 p.m., through April 28. Activities during this time include asphalt paving, cutting, demolition and the installation of crosswalk equipment. Flag personnel will be on-site for this work, and traffic will be stopped for pedestrians to walk around the work area.

24 / Thursday

Hour Without Power — The installation of a new meter and associated devices is scheduled to occur at Fort Shafter’s Bldg. 520, at 1 p.m. The Corps of Engineers contract directive for this project requires a one-hour power outage to occur during installation.

NEWS Briefs

Send announcements for Soldiers and civilian employees to news@hawaiiarmyweekly.com.

Today

Satisfaction — The American Customer Satisfaction Index (ACSI), an independent customer service survey, announced Wednesday that the Department of Veterans Affairs customer satisfaction among veteran patients ranks among the best in the nation and equal to or better than ratings for private sector hospitals. Visit these sites

regarding surveys:

- www.va.gov/health/docs/VA2013InpatientACSI.pdf.
- www.va.gov/health/docs/VA2013OutpatientACSI.pdf.

For more on VA health care, visit www.va.gov/health/.

Jet Set — TSA airport prescreening became available, Tuesday, for DOD civilians. Pre✓™ is a voluntary, expedited security screening process offered at 100 domestic airports that allows participants to keep on their shoes, belt and light jacket, and to leave laptops and 3-1-1 compliant liquids in their carry-on bags. The program is open at no cost to service members and is now for DOD civilians with a valid CAC.

25 / Friday

Traveling Travel — The Carl-

son-Wagonlit Travel/SATO Travel Office, in Bldg. 690 on Schofield Barracks, closes at 11 a.m. to move to the Soldier and Family Assistance Center, in Bldg. 750, Ayres Ave., where it will reopen, 8 a.m., April 28. The Fort Shafter CWT SATO will be open to handle any emergencies.

26 / Saturday

Take it Back! — The Army Substance Abuse Program, in cooperation with state and federal agencies, conducts its annual National Take Back Initiative, 10 a.m.-2 p.m. Turn in unwanted, over-the-counter and prescription medications to be disposed of properly at the Schofield Barracks Main Exchange drop-off.

Minimize medications cycling back into our communities or being thrown away into our landfills. Call 541-1930 or visit www.dea.gov for more locations.

See p. B-3 for more.

28 / Monday

Never Again, Part 1 — A Holocaust Remembrance takes place, 11:30 a.m.-4 p.m., at Schofield’s Sgt. Smith Theater. Call 655-0386.

29 / Tuesday

Thank a Volunteer — The annual garrison Volunteer Recognition Ceremony takes place 5:30 p.m. at the Nehelani, Schofield Barracks, to recognize exemplary achievement in volunteer service to the Hawaii Army community. Call 655-1702.

30 / Wednesday

Never Again, Part 2 — Remember those who were lost during the Holocaust by attending the U.S. Army Pacific-wide Holocaust Remembrance Observance, hosted by 94th Army Air

and Missile Defense Command at the Aliamanu Military Reservation Chapel at 1 p.m. Anyone with post access is invited. Call 438-2945.

FBTH — Attend the quarterly online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, U.S. Army Garrison-Hawaii, from 6-7:30 p.m., Wednesday, April 30, at www.facebook.com/usaghawaii, under the “Events” tab.”

Ongoing

GAT Going — Civilian employees are encouraged to try ArmyFit, a new, voluntary and confidential self-development platform available Armywide, with resources tailored to fit Soldiers, their families and Army civilians. Visit <https://armyfit.army.mil/> or go to www.hawaiiarmyweekly.com.

Real life

 SUPERHEROES

Chief Warrant Officer 2 Brandon Krahmer, Chinook instructor pilot, 3-25th Avn., 25th CAB, 25th ID, dons some of his flight gear for preschoolers seated inside a CH-47 Chinook, April 8. Children and staff from the Makiki Christian Church Preschool visited the CAB to see the insides of the CH-47 Chinook and the UH-60M Black Hawk.

Aviators amaze, share experiences with young keiki

Story and photos by
STAFF SGT. MATTHEW RYAN
25th Infantry Division Public Affairs

WHEELER ARMY AIRFIELD — The kids filled every available seat within the Army heavy lift CH-47 Chinook as they listened and looked in amazement to Chief Warrant Officer 2 Brandon Krahmer, as he donned some of his flight gear.

Recently, more than 60 preschoolers and staff from the Makiki Christian Church School attended a special tour of some aircraft and buildings where they received a rare glimpse into military life, here.

The 3rd Battalion, 25th Aviation Regiment, 25th Combat Aviation Brigade, graciously hosted the tour and let the children and staff visit a hangar that housed various examples of the battalion's aircraft.

“This was a lot of fun and great to work with kids and the community to let them see some of what the CAB does and the equipment we use,” said Krahmer, a Chinook instructor pilot with 3-25th Avn.

The children walked through one of the hangars where Soldiers conducted maintenance on a CH-47 Chinook, and then outside

the children sat inside a Chinook to listen to pilots talk about the aircraft.

“I have been working in the school systems here in Hawaii for over 18 years now, and we have never been able to do this before,” said Sandra Ishiara-Sibata, director of the school. “The children were so amazed by seeing the helicopters, and the staff, as well.”

“It was great. The Soldiers really were awesome for doing this and taking their time to talk and interact with the kids,” said Catherine Olah, assistant teacher at the school.

After the helicopter tour, the children received a quick demonstration of Army medical practices from Maj. Alan Wu, brigade surgeon, 25th CAB.

“We wanted to reach out to the public and show them what kind of services we do. They see the helicopters flying around, but now they got to see them up close,” said Wu. “It was a great success and great opportunity for the Hawaii community to get exposure to the military, where they normally wouldn't.”

“We are very thankful for the military and for the experience of having us here and letting us see the base,” Ishiara-Sibata said. “It was a great time for the kids and myself.”



Preschoolers surround a Black Hawk and listen intently to Spc. Joshua Albee, aviation mechanic, 3-25th Avn., 25th CAB, 25th ID, as he goes over some of the important facts about the aircraft during a tour, April 8.

IPC celebrates observance at Schofield, Shafter, 4-23 & 26

ISLAND PALM COMMUNITIES
News Release

SCHOFIELD BARRACKS — Get ready for the 7th Annual Earth Day Festival.

This year's event promises to be bigger and better than ever, and twice the fun with two events planned.

The first event is from 1-4 p.m., April 23, at the Kalakaua Community Center, here, and the next Earth Day celebration takes place from 10 a.m.-2 p.m., April 26, at Fort Shafter Flats.

The whole family can look forward to exciting, interactive exhibits, live entertainment and even a few live creatures.

Sustainability knowledge

U.S. Army Garrison-Hawaii, Island Palm Communities (IPC) and dozens of community organizations are teaming up to share a wealth of knowledge about environmental sustainability.

Dozens of cool exhibits are sure to keep family members of all ages entertained.

More Online

For “Trashion Show” participation and info, log on to www.islandpalmcommunities.com/go/trashionshow.

For more information about the 7th Annual Earth Day Festival, log on to www.islandpalmcommunities.com.

Among them are the Hawaii Department of Agriculture's invasive species, the Department of Land and Natural Resources' Division of Forestry and Wildlife, the National

Weather Service's Central Pacific Hurricane Center, National Marine Fisheries, Hawaii's Islands Humpback

Whale National Marine Sanctuary and IPC's Hawaiian Cultural Classes.

New this year is the “Trashion Show.” Fashion designers and aspiring designers, junkies and trashers and are invited to design wearable garments and accessories using items and materials that would have otherwise been thrown away.

Designers will model their creations in front of a panel of judges on the main stage at the Earth Day Festival, April 23. Individual and team entries in four age categories are open to designers, and fabulous prizes will be awarded.

Earth Day Passport Challenge

The ever-popular Earth Day Passport Challenge is back. The first 500 kids to complete their passport will receive a commemorative Earth Day prize. Pick-up your passport at the IPC tent.

Up-cycling? Of course! Bring along an old tank top and make a one-of-a-kind tote at the Directorate of Public Works' Up-cycling Booth.



UPCOMING ACTIVITIES

U.S. Army Garrison-Hawaii will be hosting numerous events for its third annual Earth Month celebration.

What began as a single day has evolved into a monthlong celebration with a wide variety of events for Soldiers and families to enjoy throughout the island of Oahu.

☞ **April 19, 8:30 a.m.-2 p.m.** Fun Fest and Earth Day 2014, Weyand Field. This collaboration between the Directorate of Public Works (DPW) Environmental Division and the Family and Morale, Welfare and Recreation features exhibitors, games, environmental learning activities and live entertainment.

—**8:45 a.m.** Military Child Mile Fun Run to kick off the event; no registration required.

—**9 a.m.-2 p.m.** Games, activities, rides, inflatables and pictures with the Easter bunny. Enjoy entertainment provided by SKIES and the 25th Infantry Division Rock Band. Participate in “upcycling,” crafts

and coloring activities, artifacts search, sustainability and natural resources educational activities.

Enter to win Leisure, Travel and Services' Big Island air/room/car package for two. Call 655-0111 or 655-0000, or visit himwr.com for more details.

☞ **April 19, 2-5 p.m.** Float, Sink, or Swim Boat Race and Treasure Dive at Richardson Pool following the Fun Fest.

☞ **April 23, 1-4 p.m.** Island Palm Communities and DPW Environmental Division team up on Earth Day at the Kalakaua Community Center, Schofield Barracks, for a fun-filled family event.

☞ **April 26, 10 a.m.-2 p.m.** The Fort Shafter Flats parade field will serve as the location for the Earth Day Festival, hosted by the 9th Mission Support Command and 9th Theater Support Groups' Environmental Division. Call 438-1600, extension 3307, for more details. Get sign-up sheets for various activities at www.garrison.hawaii.army.mil/sustainability/Environmental.



Briefs

Today

Friday Lunch Buffet — FS Hale Ikena hosts special Friday-themed lunches, 11 a.m.-1 p.m., \$10.95 per person. Call 438-1974.

Aloha Friday Barbecue — The SB Leilehua grill offers a Friday barbecue lunch special, beginning at 11 a.m., until sold out. Menu items include smoked brisket ribs, pulled pork, barbecue chicken, pork chops, baked beans, cole slaw, potato salad and cornbread. Items cost \$8-\$10. Call 655-7131.

19 / Saturday

Earth Day & Fun Fest 2014 — Celebrate Earth Day, Month of the Military Child and spring with a day of family activities, entertainment and prize drawings at SB Weyand Field: •8:45 a.m. is Military Child Fun Run to kick off the event; no registration required. •9 a.m.-2 p.m. is games, activities, rides, inflatables and pictures with the Easter bunny. Earth Day activities include “upcycling,” crafts and coloring activities, artifacts search, sustainability and natural resources activities.

Float, Sink or Swim Boat Race — After Earth Day & Fun Fest 2014, head over to SB Richardson Pool, 2-5 p.m., to enjoy family pool fun and a treasure dive. Open to all ages; pool rates apply. Call 655-0111/655-0002.

20 / Sunday

Easter Sunday Brunch — SB Nehelani and FS Hale Ikena host hourly seatings from 9 a.m.-1 p.m. Military discount includes 10 percent for active duty and 20 percent for E-1 through E-5. •Nehelani prices are \$27.95, adults; \$18, ages 6-10; and \$12, ages 3-5. •Hale Ikena prices are \$39, adults; \$24, ages 6-10; and \$17.50, ages 3-5. Reservations are required. Open to the public. Call 655-4466 for Nehelani and 438-1974 for Hale Ikena. Visit www.himwr.com for menu.

21 / Monday

Afterschool at Sgt. Yano Library — Elementary-age children are invited to celebrate National Library Week, 3-3:45 p.m., with stories about libraries. Free and no registration required. Call 655-8002.

22 / Tuesday

Tropics Game Nights — Tropics Warrior Zone features monthly tournaments:



Jack Wiers, U.S. Army Garrison-Hawaii Public Affairs

Schofield Main Post Exchange shoppers will earn a \$5 off coupon when they participate in a customer satisfaction survey, beginning April 24.

Schofield PX shoppers have their say, April 24-May 17

ARMY & AIR FORCE EXCHANGE SERVICE
News Release

SCHOFIELD BARRACKS — In an effort to constantly improve the level of service provided throughout its facilities, the Army & Air Force Exchange Service relies on an ongoing Customer Satisfaction Index (CSI) for localized, real-time snapshots of how successful the organization is at meeting the community’s needs.

The survey, which addresses customer service, pricing, sales associate availability, merchandise assortment and other key issues, is administered at every exchange main store, annually.

The Schofield Main Post Exchange shoppers’ opportunity to participate in the 2014 Customer Satisfaction Index is April 24-May 17. During this time, Soldiers, retirees and their families are encouraged to visit the exchange to provide feedback on services available at Schofield.

Beyond improving exchange operations, shoppers who participate will also receive a coupon worth \$5 off their next purchase at the exchange.

“We want to hear from as many Schofield shoppers as possible,” said Terence Maynard, exchange store manager. “Efforts like the CSI are critical to not only improving the shopping experience, but also bolstering

the dividend the exchange annually delivers to the community as healthy exchange operations make the Schofield Barracks’ community a better place to live and work while producing greater returns for Army quality of life programs.”

About the Exchange

The Army & Air Force Exchange Service is a joint non-appropriated fund instrumentality of the Department of Defense and is directed by a Board of Directors, which is responsible to the Secretaries of the Army and the Air Force through the Service Chiefs of Staff.

The exchange has the dual mission of providing authorized patrons with quality merchandise and services at competitively low prices and generating non-appropriated fund earnings as a supplemental source of funding for military morale, welfare and recreation programs.

To find out more about the exchange history and mission or to view recent press releases, visit www.shopmyexchange.com.



•Pool & Ping Pong tournaments every Tuesday night, and
•Spades tournament held Wednesday nights. Both tournaments feature a 5:30-6 p.m. sign-up, with tournaments beginning promptly at 6 p.m., and championship finals the last week of the month. Call 655-5698 for details.

23 / Wednesday

BOSS Meetings — Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS presi-

dent, 655-1130.

Attend these meetings:
•North meetings, 3 p.m., 1st and 3rd Wednesday, SB Tropics
•South meetings, 10 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

Manga Club — Teens are invited to discuss anything Manga, fan art and anime, 3 p.m., at SB Sgt. Yano Library. Manga Club now meets twice a month on the second and fourth Wednesday. Call 655-8002.

25 / Friday

Military Spouse Career Fair — The ACS Employment Readiness Program hosts a job fair, 10 a.m.-1 p.m.,

SB Nehelani.

Bring extra resumes, dress for success and be prepared to talk about yourself. Call 656-4227 or visit www.himwr.com.

USARPAC Golf Scramble — Happens every last Friday of the month at FS Nagorski Golf Course. Registration begins at 11 a.m., with a shotgun start at 12:30 p.m. Registration is \$5 per player. Call 438-9587.

Hawaiian Luau Lunch Buffet — SB Kolekole Bar & Grill (655-4466) and FS Mulligan’s Bar & Grill (438-1974) host local-style food, every last Friday of the month.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

LPGA Golf — Third and final rounds of the LPGA Lotte Championship will be held, 7 a.m.-6 p.m., today and Saturday, April 18-19, at Ko’Olina Golf Club, Kapolei. Visit www.lottechampionship.com or call 792-9321.

Living Stations — A walk simulates the path Jesus walked before his crucifixion. Begins at noon, SB Main Post Chapel.

19 / Saturday

Butterfly Conservatory — Pearlridge Center hosts, once again, hundreds of living butterflies and a self-guiding tour. Admission is \$3 per person. One child under 8 years of age is free with one paying adult; ends Saturday, April 19.

20 / Sunday

Bellows Easter Eggstravaganza — Morning events begins with a sunrise service, 6 a.m., at Turtle Cove, Building 220. A free Easter egg hunt will be held at 8:30 a.m. An Easter buffet special is offered from 7 a.m.-2 p.m. Call 259-4112.

Kailua Easter Egg Hunt — Kailua Town Farmers’ Market hosts Easter egg hunts at 9:30 a.m. and 10:30 a.m., Sunday. Eggs will be filled with stuffed toys.

Waimea Valley Family Day — Each 3rd Sunday is La’Ohana (Family Day) at Waimea Valley, through the end of the year, including Easter Sunday. Kama’aina and military families will receive half off admission with valid ID.

Easter Sunday also offers brunch seatings at 10 a.m. and noon for adults (\$38.95) and children, 4-12, (\$18.95). Enjoy Easter egg hunt on the main lawn for keiki 4 and under at 11:30 a.m. Call 638-7766 or visit www.waimeavalley.net.

23 / Wednesday

Earth Day Trashion Show —

Celebrate Earth Day by designing wearable garments and accessories created from trash and junk for the first-ever Island Palm Communities’ Earth Day Festival Trashion Show.

Entrants must register between 1-1:30 p.m. at the IPC Synergy Tent, with 2 p.m. show at the main stage, at the Earth Day Festival, Kalakaua Community Center. For entry forms, log onto www.islandpalmcommunities.com or call 275-3750.

24 / Thursday

Florida Georgia Line — Country-pop duo performs multi-platinum hit “Cruise,” the best selling digital country song of all time in the U.S., 7 p.m., at Blaisdell Arena. Tickets are \$29.90-\$49.90 through ticketmaster.com. Call (866) 448-7849.

26 / Saturday

YelaWolf — Hi-hop comes to Honolulu’s The Republik, 8 p.m., April 26. Tickets \$30; visit flavorus.com. Call (855) 235-2867.

29 / Tuesday

Bob Dylan — Iconic songwriter-singer performs, 7:30 p.m., at the

Blaisdell Arena. Ticket prices are \$59-\$125 at ticketmaster.com. Call (866) 448-7849.

30 / Wednesday

USAG-HI Facebook Town Hall — Attend the quarterly online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, USAG-HI, from 6-7:30 p.m., Wednesday, April 30, at www.facebook.com/usaghawaii, under the “Events” tab.”

May

1 / Thursday

Lei Day Celebration — Operated by the City and County of Honolulu, which hosts the daylong series of programs, 9 a.m.-5:30 p.m. Includes entertainment and exhibits at Queen Kapiolani Park and Bandstand. Visit www1.honolulu.gov/parks/programs/leiday/index.htm.

3 / Saturday

Hawaii Book & Music Festival — This family-friendly festival, 10 a.m.-5 p.m., May 3-4, at Honolulu Hale (city hall) offers free admission and parking nearby. For updates, visit www.HawaiiBookAndMusicFestival.org. Call 234-0404.

Calendar abbreviations

8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
BSB: Brigade Support Battalion
Co.: Company
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare and

Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PFC: Physical Fitness Center
SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield



Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers’ Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF
•Sunday services:
- 8:30 a.m. at AMR
- 10:30 a.m. at MPC Annex
- 11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Friday, 7:30 p.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at MPC Annex Room 232

Protestant Worship

•Sunday Services
-8:45 a.m. at MPC
-9 a.m., at FD, TAMC chapel
-10 a.m. at HMR
-10:30 a.m. at AMR
-10:45 a.m. at WAAF (Spanish language)
-11 a.m. at SC (Contemporary)
Liturgical (Lutheran/Anglican)
•Sunday, 9 a.m. at WAAF



Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.



Need for Speed

(PG-13)
Fri., April 18, 7 p.m.
Thurs., April 24, 7 p.m.

Mr. Peabody & Sherman

(PG)
Sat., April 19, 2 p.m.
Sun., April 20, 2 p.m.



12 Years a Slave

(PG-13)
Sat., April 19, 6 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

Garrisons partner with DEA for ‘Drug Take-Back Day’

National initiative taking place April 26 in U.S.A.

LESLIE SWEENEY
U.S. Army Installation Management Command

SAN ANTONIO — Army installations across the U.S. are once again partnering with the U.S. Drug Enforcement Administration and state and local law enforcement agencies, Saturday, April 26, in support of National Prescription Drug Take-Back Day.

Military installations will provide drop-off locations for active duty, family members, civilian employees and retirees to anonymously turn in medications or prescription drugs.

“This is a tremendous opportunity for Sol-

diers, families and civilians to safely dispose of their medications,” said Pamela Budda, chief of the Army Substance Abuse Program at the U.S. Army Installation Management Command. “Help us eliminate the risk of prescription drug abuse or accidental poisoning.”

The semiannual National Prescription Drug Take-Back Day is set aside to encourage American citizens to turn in unused or expired, prescribed medications for proper disposal. DEA initiated the observance Sept. 24, 2010.

In conjunction with the next National Prescription Take-Back Day, the Army is launching a new campaign to promote positive, healthy behavior among Soldiers. The campaign, “It’s a Thin Line between Use, Misuse and Abuse,” will educate the Army community

about the proper use of prescription drugs and the dangers and consequences of prescription drug misuse.

“It’s a Thin Line” also provides tools and resources for mitigating negative consequences.

IMCOM has taken the lead for the Army, and garrisons have participated in the last six National Prescription Take-Back days to dispose of unwanted and unused drugs. These semiannual events have resulted in the safe collection and disposal of over 25,000 pounds of prescription drugs on our garrisons.

Take-Back Day offers Soldiers, family members and civilians an opportunity to safely turn in all their unused and unwanted prescription drugs to help address potential misuse or abuse and foster safe and healthy Army communities.

Garrison commanders throughout IMCOM support the initiative.

“We are very pleased that our continental United States garrisons, to include Alaska and Hawaii, have participated in National Prescription Drug Take-Back Day and made the take-back events a big success,” Budda said. “I encourage all of you to support your local National Prescription Drug Take-Back Day collection site and turn in your unused and unwanted medications.”

(Editor’s note: Sweeney is the Army Substance Abuse Program coordinator at IMCOM.)



File photo

Army Substance Abuse Program advocates are encouraging the return of unused medications for National Prescription Take-Back Day.

Drop-Off Locations

Turn in your unused or expired medication for safe, anonymous disposal from 10 a.m.-2 p.m., Saturday, April 26, at these locations:

- Schofield Barracks Main Post Exchange (PX), inside near flower shop;
- Town Center of Mililani, north end of mall, 95-1249 Meheula Pkwy.;
- Marine Corps Exchange, in front, at Marine Corps Base Hawaii, Kaneohe Bay;

- Pearl Harbor Navy Exchange, main lobby, 4725 Bougainville Dr.;
- Windward Mall, inside, near food court entrance, 46-056 Kamehameha Hwy., Kaneohe;
- Pearl City Police Station, parking lot, 1100 Waimano Home Rd.;
- Hawaii State Capitol, drive-through, 415 S. Beretania St., Honolulu;
- Kahala Mall, inside, 4211 Waiialae Ave., Honolulu.

Learn More

Get more details at these sites:

- Army Substance Abuse Program at <http://acsap.army.mil/sso/pages/index.jsp>.
- “It’s a Thin Line between Use, Misuse and Abuse” at www.armythinline.org.
- Call 541-1930 about “Take-Back Day” or visit www.dea.gov.



Holy Week, Easter Services

All Soldiers and family members are invited to attend various Easter celebrations now through April 27.

Stations of the Cross
Stations of the Cross will be held every Friday during Lent at 6 p.m., at Aliamanu Military Reservation (AMR) and 5:30 p.m. at the Wheeler chapel.

April 18 - Good Friday
•Ecumenical, “Living Stations of the Cross,” Main Post Chapel (MPC), noon
•Catholic Good Friday Service
MPC, 2 p.m.,
AMR Chapel, 6 p.m.
•“Celebration of the Lord’s Passion,” Tripler

Army Medical Center (TAMC), 3 p.m.
•Protestant Good Friday Service, Fort DeRussy Chapel, 5 p.m.
•Last Sayings of Christ (Gospel and Protestant), MPC, AMR, 7 p.m.

April 19 - Holy Saturday
•Easter Blessings of Food on the Lanai, MPC, 11:30 a.m.
•Catholic Holy Saturday Easter Vigil
TAMC, 7 p.m.
MPC, 7:30 p.m.

April 20 - Sunrise Service
•April 20, 6:30 a.m., Aboard USS Missouri
The Garrison Religious Support Office will offer the

community transportation to the Easter Sunrise Service on the USS Missouri. Buses depart MPC and AMR Chapel at 5:20 a.m. Sign up through the SB MPC at 655-9307 or AMR Chapel at 833-6831

April 20 - Easter Sunday
•Catholic Mass, AMR, 8:30 a.m.
•Protestant Easter Worship, MPC, 8:45 a.m.
•Protestant Easter Services, TAMC, 9 a.m.
•Catholic Mass, TAMC, 11 a.m.
•Easter Sunday Service (Gospel), MPC, noon

April 27
•Catholic Divine Mercy Devotion (Lay Leader Lead), Wheeler Chapel, 3 p.m.



Tony the Tiger greets Hale Kula Elementary School kindergartners during a special morning assembly in the school cafeteria, Tuesday.

Commissary offers MOMC fun

Story and photos by
SARAH PACHECO
Staff Writer

SCHOFIELD BARRACKS — Nearly 1,000 kindergartners wiggled and giggled in anticipation of the “extra-special surprise guest” slated to make an appearance at any moment inside the Hale Kula Elementary School cafeteria, here, Tuesday.

To help ease the anxious energy in the room, Capt. Sheryl Milford, a dietician from Tripler Army Medical Center, entertained the keiki with easy-to-remember health tips, such as “always eat breakfast every morning” and “get outside and play at least one hour a day.”

Then, the big moment came.

The stage curtains parted, and out walked a very tall, very orange celebrity: Tony the Tiger!

The popular cereal mascot made time in his very busy schedule to visit Army children, here, as part of Schofield Barracks Commissary’s monthlong celebration of Month of the Military Child.

“Military children are grrrr-eat!”

said Tony, who also thanked the Commissary for helping him make the trip to Hawaii.

After the squeals of glee settled down, Tony’s young fans marched



Capt. Sheryl Milford, dietician, TAMC, encourages Hale Kula Elementary School kindergartners to get outside and play for at least one hour, daily.

single file to the front of the room to receive a handshake, high-five or hug from the friendly feline, as well as a free mini box of cereal and goodie bag filled with fresh fruits and other healthy treats.

“It’s just a fun way to celebrate military children, and (it) also highlights the importance of eating healthy,” said Denise Logan, produce manager, Schofield Barracks Commissary, who noted that the Commissary has a Kid Zone display set up in the produce section through the end of April.

“It’s specially designed with mini apples, oranges and ‘keiki cucumbers,’ so kids can pick out fruits with their parents,” Logan said.

The Keiki Zone also is outfitted with activities and a coloring section.

To round out the month, the Commissary will host an Easter Egg Hunt, 11 a.m.-3 p.m., Saturday, April 19, in the store’s produce section. Each child who finds an egg will receive a goodie bag, and there will be a special prize for those who find one of four golden eggs.

Military families have a hidden ‘I’ in team – responsibility

At regular intervals throughout his 26-year military career, my husband has been promoted. Each time this happens, there is a little ceremony, during which my husband gives a brief speech.

After two decades of being married to a Navy man, I have that speech pretty much memorized.

“Captain so-and-so, thank you for the wonderful introduction. Also, kudos go out to Petty Officer Whatsisface for the lovely decor and delicious cake. (Then, he clears his throat.)

“When I joined the Navy (#) years ago, I never imagined making (his current rank). I merely aspired to learn, to travel the world and to serve my country. But I stayed in the Navy because I love my job.

“And the reason I love my job,” he continues, “is because of the people I’ve been fortunate enough to work for and with. (Then he names various people in the command, to include Adm. Whoozieewhat, seated nearby.) But there is someone else here that I need to recognize. Someone, without whom, I would not be standing before you all here today. Someone who has been my teammate for (#) years, my wonderful wife, Lisa.”

Women swoon, men wink, cameras flash, I blow my husband a kiss and he smiles in return. And every time, at that moment, I actually believe it’s true.

Soon after, I find myself alone, changing the wiper blades, taking the dog to the vet, paying the exterminator bill and ordering our son to shave. My teammate is not around, because he is halfway across the globe. It’s not his fault; he’s working to support our family.

But, when I become the sole manager of our family, I am often frazzled, overwhelmed and unshowered,



THE
MEAT & POTATOES OF LIFE

LISA SMITH MOLINARI
Contributing Writer

walking around like a crazed zombie in search of Sauvignon Blanc.

My personality waffles between deranged inmate and catatonic robot while I try my best to handle our chaotic home life on my own. This way doesn’t feel like teamwork, but more like some bizarre form of solitary confinement.

My husband just left for Italy. He’ll be gone for a only a week, then back for a week, then

gone again to Alabama for a week, then home another week before he’s off again to Texas for another week. These little work trips are minor annoyances when compared to the long deployments other military folks are enduring, and besides, managing the home front alone gets easier the older you get, right?

Uh, not so much.

Like a blender that gives off a burning smell every time you try to make a frozen margarita, I used to work really well, but the older I get, the more likely it is that I’m gonna’ blow.

The kids tiptoe around the house, wondering whether I’ll force them to eat cheese and crackers again for dinner. But with the distraction of the DVR, therapeutic happy hours with the neighbors and a secret can of Pringles stashed in the laundry room, I know I will cope until my husband gets home.

I must admit I have come to enjoy certain aspects of my solitude — control of the TV, sleep uninterrupted by snoring, cheese and cracker dinners. And he, too, relishes his “me time” while on travel — total control of the TV clicker, sleep uninterrupted by his wife telling him to stop snoring and restaurant dinners.

Despite the suitcase full of dirty laundry and the generous gift of hotel mini-soaps he deposits with me upon returning home, we are undoubtedly happiest when we are together. But as a military family, we must often work separately toward our common goals.

As sports writer Amber Harding once said, “There most certainly is an ‘I’ in ‘team.’ It is the same ‘I’ that appears three times in ‘responsibility.’”

(A 20-year military spouse, Molinari appears in www.themeatandpotatoesoflife.com.)



Photo courtesy U.S. Army Installation Management Command

Sgt. 1st Class Keith Sanderson, an Army Reserve Soldier assigned to the 4960th MTB, 9th MSC, and two-time Olympian, takes aim and glares at the target during a rapid-fire training session.

9th MSC Soldier captures world title

BRIAN MELANEPHY

9th Mission Support Command Public Affairs

FORT SHAFTER FLATS — Pacific Army Reserve Soldier and two-time Olympian Sgt. 1st Class Keith Sanderson won the gold medal at the recent International Shooting Sports Federation (ISSF) World Cup at Fort Benning, Ga., April 3.

His victory catapulted him to second in the world rankings for the 25-meter Men’s Pistol.

Sanderson won the 25-meter Rapid Fire Pistol by seven points, which in his words, “is a lot for this competition.”

In the Army Reserve, he is a marksmanship instructor for the 4960th Multifunctional Training Brigade. As a civilian, he works at Marine Corps Base Hawaii-Kaneohe Bay teaching marksmanship to Marines.

Sanderson has fully recovered from an injury that impacted his performance at the London Olympic Games, where he placed 14th. He took 5th place in the 2008 Olympics. In 2009, he was the USA Shooting

Male Athlete of the Year.

Sanderson is a member of the Army World Class Athlete Program and is currently in the process of applying for another two-year tour in this program.

The final stage of world tryouts starts May 10. The U.S. team will be selected at the Olympic tryouts schedule for early 2016, where Sanderson hopes to earn a third trip to the games.

Serving as mentor

Two of the three American medalists were Army Reserve Soldiers. Private 1st Class Nick Mowrer won the bronze medal in the 50-meter Men’s Prone.

Sanderson met Mowrer at the 2012 London Olympics while they were competing in the games. In London, Sanderson began talking to Mowrer about joining the Army Reserve. Sanderson successfully recruited him.

Sanderson started his military career in the Marine Corps, where he served for eight

years. After eight years as a Marine, he moved on and served eight years in the Army.

His “battle buddy,” Master Sgt. Robert Mango, is also an accomplished shooter. In February, Sanderson and Mango took several Pacific Army Reserve Soldiers to the Marine Corps Pacific Division Rifle and Pistol Match at the Puuloa Range Training Facility.

“This is an incredible training opportunity for our Soldiers, and it is where Mango and I learned to shoot many years ago,” Sanderson said. “I also used it to jump-start my personal training this year.”

During his time at the Marine Corps Pacific Division Rifle and Pistol Match, Sanderson spent most of his time coaching instead of shooting. Coaching helps him think about his shooting and helps him get back to basics, he said.

“Watching our Soldiers learn and make these amazing improvements helped motivate me to perform and try as hard as I could,” said Sanderson.

TRICARE now dental online

TRICARE
News Release

“Online” is a convenient way to manage nearly everything, including for online bill pay, online education and online banking.

TRICARE has offered online enrollment for TRICARE Prime for several years, and it now offers online enrollment for two of its dental programs: the TRICARE Dental Program and the TRICARE Retiree Dental Program.

Now, beneficiaries can also enroll in the TRICARE Dental Program or the TRICARE Retiree Dental Program on the Beneficiary Web Enrollment (BWE) website at www.dmdc.osd.mil/appj/bwe. To log in, beneficiaries can use a valid Common Access Card (CAC), a Defense Finance and Accounting Service (DFAS) myPay login identification (ID) and password, or a Department of Defense Self-Service Logon (DS Logon).

In addition to enrolling in a dental program, the BWE website is a secure portal that also allows TRICARE beneficiaries to update their personal information in the Defense Enrollment Eligibility Reporting System (DEERS), add or delete family members to their Prime coverage, request new enrollment cards, change primary care managers, transfer coverage when they move and much more.

Online Support

For more information about the BWE website, visit www.tricare.mil/bwe. For more information about TRICARE’s dental programs, visit www.tricare.mil/dental.



File photo

Now TRICARE beneficiaries can enroll online for dental services through a secure portal.