

See p. B-1.

DOD, community draft vision for DeRussy development

Story and photos by **SARAH PACHECO** Staff Writer

WAIKIKI - Stakeholders from the U.S. Army, the Department of Defense and local Hawaii community gathered at the Hale Koa Hotel, here, March 21, to work in tandem on an Area Development Plan (ADP) for the Fort DeRussy Military Reservation district of U.S. Army Garrison-Hawaii.

Fort DeRussy includes the hotel and surrounding properties, such as the U.S. Army Museum of Hawaii, the chapel and the Asia-Pacific Center for Security Studies.

This workshop, a follow-up to an ADP held in December 2013, was the first time in many years that the DOD has fully updated its master plan of the Army property. In doing so, the DOD chose to invite representatives from the City and County of Honolulu and professional planning associations, comprised of members from private agencies, to partner and share experiences.

"It was a real coming together of all the different parties that participated," said Mark Mitsunaga, master planner, Planning Division, Directorate of Public Works, USAG-HI.

"Fort DeRussy is a little special, compared to other installations around the world," Mitsunaga added. "Fort DeRussy is specifically designated as a rest and relaxation center for DOD members, but it has blended into and become a part of the surrounding community that is enjoyed by the people of Hawaii as much as by the military. This makes it very special and very unique."

During the daylong workshop, participants received a briefing on the DOD's approach to urban planning, reviewed the draft vision for the Fort DeRussy district, then crafted their own alternative visions, which were later refined following a field verification tour of the Waikiki property.



Mark Gillem (center), principal of The Urban Collaborative, goes over possible design scenarios of the Fort DeRussy property with Department of Defense and community stakeholders during an Area Development Plan meeting at the Hale Koa Hotel, March 21.

Students from the University of Hawaii-Manoa also attended the afternoon final review to see the process first-hand and learn from various planning professionals.

All in all, Mitsunaga said the outcome of the

session was very productive.

the City thought were really good, as well as the review and their blessing." representatives from the Army who were in attendance." he noted. "The next step now is that the

plans (that were drafted) are going to be refined "They came up with some suggestions that and presented to the major stakeholders for their

See ADP A-3

HI Medal of Honor presented to families of fallen warriors

HAWAII STATE LEGISLATURE News Release

HONOLULU - In a special joint session of the Hawaii State Senate and the Hawaii House of Representatives, the legislature gathered, Tuesday, to present the Hawaii Medal of Honor (HMOH) to the families of Hawaii's fallen war heroes.

They were Soldiers from divergent backgrounds serving in differing capacities in the various branches of the military.

While their time spent in Hawaii varied three were keiki o ka aina — they all had strong connections to the islands, and when their life and service to their country was cut short, Hawaii did not forget the sacrifice they made or the depth of their courage and commitment to duty.

The HMOH is awarded on behalf of the people of the state to honor those with Hawaii ties who are killed in action while serving as part of Operation Iraqi Freedom and Operation Enduring Freedom in Iraq and Afghanistan. "We wanted to show our deepest gratitude and respect to the families, friends and loved ones of those who paid the ultimate sacrifice while defending our country," said state Rep. Mark Takai. "While there is much debate for and



against the Iraq war, there is no debate about the tremendous sacrifices made by our service members and their families."

The HMOH was presented to four recipients and 10 Hawaii Gold Star Families in attendance. Former recipient families of the HMOH were also recognized.

'Trying to comfort a bereaving family is perhaps the hardest task I've ever had to perform in my four decades of service in uniform," said Maj. Gen. Darryl D.M. Wong, Hawaii Adjutant General. "Yet, that task pales in comparison to the burden of a family that has lost a loved one."

Recipients of the medal include service members who were either residents of the state, attended an educational institution in Hawaii or were stationed in Hawaii by order of the Department of Defense.

Lisa Vargas, Office of Rep. Mark Takai

Sgt. Drew Scobie's family - his wife, McKenna Panui-Scobie (center); son, Duke Scobie, 5; and McKenna's mother, Pua Panui (left) - shares a solemn moment at Kaka'ako Waterfront Park as state Rep. Mark Takai presents them with the Hawaii Medal of Honor.

'In offering the Hawaii Medal of Honor to those who will gather here in memory of those who have fallen, we recognize that they are part of us ... part of our ohana," Takai said.

"The medal guarantees that they will never be forgotten. I hope that the children of these heroes will one day appreciate the sacrifices that their fathers and their mothers made on behalf of all of us." Takai added.

19th MP Bn. (CID) recognized as best in Army

U.S. ARMY GARRISON-HAWAII Public Affairs

SCHOFIELD BARRACKS - Being a member of the Military Police Corps is a difficult task.

Army cops face schedules that don't take holidays off; they respond to difficult calls that never seem to happen during regular duty hours.

Being a criminal investigator also adds the responsibility of analyzing crime scenes.

In the case of the 19th Military Police Battalion (Criminal Investigation Detachment), 6th MP Group, being a criminal investigator also meant conducting felony criminal investigations and mentoring the U.S. Central Command theater of operations in Afghanistan in support of Operation Enduring Freedom.

For their superior efforts, the 19th MP Bn. (CID) was recognized, Wednesday, with the Feher-Deavers Award as the best CID unit in the Army.



Photo courtesy of 19th Military Police (CID) Battalion

With trophy in hand, Capt. Daniel Rothenberger, commander, 19th MP Bn. (CID) accepts the Feher-Deavers Award for his unit from Maj. Gen. David E. Quantock (right of Rothenberger), commander, U.S. Army Criminal Investigation Command.

"There's the J.P. Holland Award that represents our Military Police brethren, but the special agents didn't have an award to recognize their organizations," explained Capt. Daniel Rothenberger, commander, 19th MP Bn. (CID). "The Feher-Deavers Award started in 2012 to create a competition between the CID detachments spread around the world, and to be able to identify the best one the Army has."

Determining the award among the many CID detachments meant analyzing stats, weapons qualifications and continuing education, and determining what honors or off-duty activities (like charitable work) a unit's personnel accomplished, and more, said Rothenberger.

Being downrange didn't deter the 19th's personnel from self-improvement.

"We had one Soldier get a doctorate degree and another get her associate's degree while on deployment. Pretty impressive!" said Rothenberger.

The award presentation at 8th MP Brigade, 8th Theater Sustainment Command, here, was hosted by Maj. Gen. David E. Quantock, commander, U.S. Army Criminal Investigation Command. During the ceremony, several 19th MP Soldiers were designated the best of the best in CID.

"We have the CID's best support Soldier, Staff Sgt. Velvet Dotson. She was identified as the best supply specialist in CID command,'

April brings new **TRICARE** changes

SPC. PAXTON BUSCH Pacific Regional Medical Center

HONOLULU - The TRICARE Service Center at Tripler Army Medical Center, along with offices across the U.S., will close April 1.

Beneficiaries, however, will still be able to manage benefits through TRICARE online selfservice options at TRICARE.mil.

Under the "I want to ... " section of the website, users can enroll or purchase a plan, file or check a claim, view referrals and prior authorizations, find a doctor and even schedule appointments, and more.

Christie Thies, a military family member, said enrolling in TRICAREonline.com works with her family's busy schedule.

"Having four children, time management is a must in our family, and we have many appoint-

See TRICARE A-4

TRICARE Contacts

For assistance over the phone, call TRICARE's toll-free number at (877) 698-7422 for the TRICARE West region.

For more information on booking appointments online and other services, visit TRICAREonline.com.

For a full list of self-service options, visit TRICARE.mil.



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Scanners at gates detect suspended drivers

The HAW is printed by the

8th Theater Sustainment Command

- Police Call -

The scanners Jackson have a database of individuals

HAWAII ARMY WEEKLY

COL. MARK JACKSON

Director, Emergency Services,

U.S. Army Garrison-Hawaii, and

Commander, 8th Military Police Brigade,

You may have

noticed the gate

guards using a

handheld device

to scan ID cards

as people enter

U.S. Army Garri-

son-Hawaii in-

stallations.

whose installation access or driving privileges are suspended or revoked.

Since the implementation of this technology throughout the garrison, military police have issued tickets to a number of personnel attempting to access the installations while their driving privileges have been suspended or base access privileges revoked.

In accordance with Army Regulation 190-5 (Motor Vehicle Traffic Supervision) and USAG-HI Policy Memorandum #16 (Installation Traffic Code), the garrison commander suspends and revokes installation driving privileges of service and family members whose conduct is not conducive to a positive community environment. The Directorate of Emergency Services' Community Compliance Office (CCO) is responsible for executing this process.

Upon notification of a serious traffic crime, the CCO emails an installation driving suspension letter to the battalion commander and command sergeant major of the offending service or family member. The individual has 14 days to acknowledge receipt and indicate whether he requests an administrative hearing for the suspension. If the offender fails to respond or request an administrative hearing by the suspense date, his or her installation driving privileges are suspended.

In cases involving drunk driving, the offender's driving privileges are immediately suspended, regardless of any request by the offender for an administrative hearing.

Last month, the CCO issued 46 driving privilege suspensions to members of the garrison community. During a one-week period, MPs caught 13 people trying to drive on post with suspended privileges. The most common situation involves an individual whose driver's license is suspended by his issuing state due to unpaid traffic tickets.

Ultimately, the renewal and maintenance of one's license is an individual responsibility. Community members who have questions regarding their license status are advised to check with their state department of motor vehicles.

Readers are also reminded the suspension of installation driving privileges is an administrative action and is not



Sarah Pacheco, Hawaii Army Weekly

WHEELER ARMY AIRFIELD - An MP with the 57th Military Police Company, 728th MP Battalion, 8th MP Brigade, 8th Theater Sustainment Command, scans an ID at Kawamura Gate.

punitive in nature. As such, the adjudication of cases in state or federal court has no effect on one's status regarding installation driving or access privileges.

If a service member is arrested for operating a vehicle under the influence of an intoxicant, the commander immediately suspends that individual's installation driving privileges for one year.

Individuals may request an administrative hearing to have their driving privileges reinstated. However, the decision to suspend, revoke or reinstate installation driving privileges is wholly separate from federal or state court proceedings.

The following is an excerpt of an actual MP blotter entry from USAG-HI. Subjects are innocent until proven guilty.

Failure to obey order (Article 92, UCMJ); On-post driving suspension

•Feb. 28, a guard at Schofield's Kawamura Gate noted an individual with suspended on-post driving privileges attempting to enter. Using the scanner, the guard identified the driver on the list of those with suspended driving privileges.

The subject's privileges were revoked until Feb. 5, 2018, for a previous incident where he was apprehended for driving a vehicle while his driver's license was revoked. He was apprehended, escorted to the police station and processed. He was later released to a unit representative.

Repeat offenders are subject to an extended suspension.

BRIDGING BASICS TSB advisors give critical help to Guard, Reserve

SGT. 1ST CLASS BRIAN RETHAGE 2nd Battalion, 196th Infantry Brigade

Soldiers serving in a training support brigade (TSB) fill a niche in the Army that is both challenging and rewarding.

Their dedication to supporting Guard and Reserve forces directly impacts the growth, development and combat readiness of a force pool that impacts the overall health of the Army.

As our nation withdraws troops from conflicts overseas and returns to garrison operations, units must maintain combat and sustainment operational knowledge while combating complacency.

This process is also true for units within the Guard and Reserve components that endure a complex operational environment with several challenges to mission readiness unfamiliar to their active duty counterparts.

It is within this environment that members of 2nd Battalion, 196th Infantry Brigade, in support of the Army's Total Force Policy, work to enhance these organizations through a close part-

nership built on tactical and technical knowledge combined with enhanced leadership techniques.

Filling the role of a TSB, 2-196th is able to bring knowledge of the six war fighting functions to their

units of advisement through a small team of senior noncommissioned officers and officers.

Rethage

The decisive effort of a TSB is to prepare reserve component forces for deployment to execute or support combat operations. The 196th has remained partnered with its supported reserve component units throughout Overseas Contingency Operations, providing training assistance during pre-mobilization, post-mobilization, and de-mobilization training.

We assist with planning and executing



the Army Force Generation Cycle and with meeting the ARFORGEN Aim Points in every phase of the cycle, as well as the ability during deployment to reach back to the TSB for support. This assistance can only be accomplished if an atmosphere of mutual respect and trust exists.

TSB advisors bring a fresh perspective, with current military trends, into units constrained by limited knowledge outside of their own organization's operational climate, and assistance to those Soldiers who don't hold technical expertise as a result of fluctuating military occupational specialties. It is because of these challenges that the active duty advisor plays an influential role in the health of reserve component organizations.

Using Army doctrine, tactical knowledge and their technical expertise, advisors serve as a combat multiplier for their organizations. Working hand in hand with Soldiers filling Active Guard/ Reserve positions and unit command teams, the advisor assists in assessing the unit's needs and the development

of a training strategy, while aligning with the ARFORGEN model. These engagements aid in the development of training plans and exercises that increase tactical and technical proficiencies by steering leaders through the eight-step training model.

It is during this time that the advisors challenge leaders and staff to think dynamically in order to cope with the constraints of time and the demand to meet the Army's mandated training, a commander's intent and unit training requirements. Through doctrine and experience, 2-196th advisors drive their units of advisement to consistently review and revise their training strategies.

The advisor is embedded during training, observing and applying the art of Socratic questioning to push leaders to develop their understanding of events and develop possible courses of action. Engaging leaders at all company levels, the advisor introduces perspectives on different leadership styles to compel their Soldiers to achieve those standards.



FTSTEPS in FAITH Sometimes life can be as unpredictable as a PCS move

CHAPLAIN (CAPT.) JOHN HAN 225th Brigade Support Battalion 2nd Stryker Bde. Combat Team

25th Infantry Division I am pretty positive that most of us Soldiers and families have experienced a permanent change of station, or PCS move.

Before we go to our next duty assignment, Soldiers receive the opportunity to pick three preference assignments

Unfortunately, we don't always Han get the duty assignments we picked.

In fact, sometimes we don't exactly know where we're going for our next PCS move, so the move can become unpredictable and often shocking. I know exactly how this feels. I received the opportunity to pick three preference assignments for my first duty station. I picked three preference assignments in this order: Fort Carson, Colo.; Fort Lewis, Wash.; and Fort Benning, Ga.

I imagined deep in my heart that I would probably be offered one of these duty stations. In fact, I thought that I would be assigned somewhere on the mainland. Instead, I received a phone call from my personnel manager advising me that I would be going to Hawaii. I tell you, that was a pleasant surprise.

Life is very much like a PCS move. We may not know where we're going!

So, what do we do if life is so unpredictable and shocking? There is great advice from Scripture found in the book of James 4:13-17. It says, "Now listen, you who say, 'today or tomorrow we will go to this or that city, spend a year there, carry on business and make money.' Why, you do not even know what will happen tomorrow.

"What is your life?" it continues. "You are a mist that appears for a little while and then vanishes. Instead, you ought to say, 'If it is the Lord's will, we will live and do this or that.' As it is, you boast and brag. All such boasting is evil. Anyone, then, who knows the good they ought to do and doesn't do it, sins."

Many times, we think that we know what our life will be like in the next year. But, the fact is, we have no clue what will happen to us in the next minute from now; life cannot be predicted.

Last week, I left my keys in my office and locked myself out. If I'd known that I'd leave my keys, I wouldn't have locked my door. Since we don't know what will happen within the next minute, let us simply trust in the Lord for His guidance.

Again, God says that our lives are like 'a mist that appears for a little while and then vanishes" (James 4:14). Since our life is so short and fragile, we ought to depend upon God who knows all things.

When we surrender our life to the Lord, he takes care of us. That's why God says, "Do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?

"Look at the birds of the air," it continues. "They do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Who of you by worrying can add a single hour to his life?" (Matthew 6:25-27.)

God tells us to "seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself" (Matthew 6:33-34).

These verses are good advice for Soldiers and families. Better to trust God, do our best, be honest and not worry about the rest!

April Fools' Day is April 1. "What is the best practical joke you have ever pulled?"

Photos by 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

Chaplain (Maj.) John Sedwick Chaplain, 130th Eng. Bde., 8th TSC

"Getting Soldiers to conduct the 'boom' test on the 777A2." (Yelling into the weapon tube actually does nothing.)

Spc. Adam Zolecki Cannon crewmember, 2-11th FA, 2nd SBCT. 25th ID



"I kept pouring shampoo on battle buddy's head while he was in the shower."

Spc. Eddy Chavez Information assurance specialist, HHC 3rd BCT, 25th ID



see). Staff Sgt. Jonathon **Ienkins** Automations NCOIC HHC, 3rd BCT, 25th ID

"Calling family members and telling them my wife was pregnant."

Spc. Eric Long Battalion supply clerk, 1-27th Inf. Regt., 2nd SBCT, 25th ID









"I told my assistant the we were

MARCH 28, 2014 | **A-3**

Chief warns missions grow as money shrinks

JIM GARAMONE

SOLDIERS

American Forces Press Service WASHINGTON - While the

money for the Army is getting short, demand for Soldiers continues to grow, Gen. Ray Odierno, Army chief of staff, told the House Armed Services Committee, Tuesday.

Any decisions about Army force structure, strategy or budget must be done with full knowledge of the "world as it exists, not as one we wish it to be," he said.

Odierno pointed to recent headlines out of Crimea, Syria and North Korea as a few issues that must remind Americans of the complexity and uncertainty inherent in the international security environment.

"It demands that we make prudent decisions about the future capability and capacity that we need within our Army," the general said.

The general reminded the lawmakers that more than 70,000 Soldiers are deployed today on contingency operations, and about 85,000 Soldiers are forward stationed in nearly 150 countries, including nearly 20,000 on the Korean Peninsula.

The Army deters potential adversaries by being capable of appropriate and rapid response anywhere in the world, and across the entire range of military operations from

humanitarian assistance and stability operations to general war, Odierno said.

"Last year, I testified that we can implement a 2012 defense strategic guidance at moderate risk with an end strength of 490,000 in the active Army, 350,000 in the National Guard and 202,000 in the U.S. Army Reserve," Odierno said. "I stand by that assessment."

The service will hit those endstrength marks at the end of fiscal 2015.

"However, the law of the land is sequestration," he said.

If sequestration triggers in fiscal 2016, as current law requires, the Army will be forced to slash end strength more. Active duty forces will be 420,000, the National Guard will be 315,000 and the Army Reserve will drop to 185,000.

"The size of our Army at this level of funding will not allow us to execute the defense strategic guidance, and in my opinion, puts in doubt our ability to execute even one prolonged, multiphase major contingency operation," the chief of staff said.

Odierno said he worries that, at sequestration levels, the Army will not have the appropriate capacity to meet operational commitments and simultaneously train.



Sgt. Mikki Sprenkle, Army Multimedia and Visual Information

Gen. Ray Odierno, U.S. Army chief of staff, answers a question from members of the House Armed Service Committee during a testimony at the U.S. House of Representatives, Tuesday.



SAMC Hawaii inducts seven

Story and photos by **STAFF SGT. GAELEN LOWERS** 8th Theater Sustainment Command **Public Affairs**

SCHOFIELD BARRACKS - After a long and rigorous process of handselection, recommendations and qualification boards, seven noncommissioned officers from the 8th Theater Sustainment Command and the 311th Signal Command (Theater) were inducted in the prestigious ranks of the Sgt. Audie Murphy Club, March 21. at Richardson Field, here.

The SAMC is a means of recognizing these NCOs who have contributed significantly to the development of a professional NCO Corps and a combat-ready Army.

"Selection as a Sgt. Audie Murphy member is a reward for noncommissioned officers whose leadership, achievements and performance merit special recognition," said Command Sgt. Maj. Allen Braswell, guest speaker for the ceremony and the senior enlisted leader for the 516th Sig. Brigade. "Special recognition, in my view, is expected performance versus meritorious performance of duties."

An example of expected performance is a leader that guides and counsels a troubled Soldier regularly and takes responsibility for his actions, Braswell continued, but meritorious performance goes above and

SAMC Inductees

The following are the newest members of the SAMC.

Inductees

Sgt. 1st Class Malcom Fleming, 57th Military Police Company, 8th MP Brigade

Sgt. Debroah Hammett, 58th MP Company, 8th MP Bde.

Staff Sgt. Maruquel Barnes, Headquarters and Headquarters Company, 8th Theater Sustainment Command

Honorary Inductees

Command Sgt. Maj. Keith Davis, Headquarters and HeadDivision Command Sgt. Maj. Donald Wilson, 307th Expeditionary Sig-

quarters Battalion, 25th Infantry

nal Battalion, 516th Sig. Bde., 311th Sig. Command (Theater) 1st Sgt. Henry Wilkins, 45th Sust. Bde., 8th TSC

Master Sgt. Matty Smith-Clayton, 8th Special Troops Battalion, 8th TSC

Certificate Awardees

Miss Serenity Cynthia Thomas, 8 years old Miss Nevaeh Marie Thomas, 7 years old

beyond the call of one's duty and scope of responsibilities.

"The NCOs who merit special recognition are the ones who sacrifice countless hours of personal time to teach, coach and mentor a Soldier," Braswell said, "the NCOs who care enough not to lose sight of a Soldier's problems regardless of how long or hard the road is to solving it."

In addition to the inductees, SAMC Certificates of Appreciation were also awarded to two young members of the community for collectively volunteering more than 200 hours of community service with the SAMC of Hawaii.



Sgt. Audie Murphy was one of the most decorated Soldiers of World War II.

ADP: Stakeholders plan SB's future

CONTINUED FROM A-1

This ADP is just one part of USAG-HI's overall master plan project, which began earlier this year with ADPs that covered Alia-

CID: 19th honored

CONTINUED FROM A-1

said Rothenberger. "We also have the best adjutant general Soldier in CID command and the best civilian special agent of the year for 6th MP Group, within our brigade."

All the different individual accomplishments culminated in recognition with the Feher-Deavers Award. Dotson, CID's best supply specialist, is also the same warrior who completed her associate's degree while supporting Operation Enduring Freedom.



"We convoyed a lot," said Dotson, then lead driver for the lead vehicle. "It was a different experience for me the first time I had to go outside the wire."

She admitted her time downrange earned a "few gray hairs," but that working with CID has been very positive.

"I accomplished a lot working here. I have great commanders, good supporters, so it worked out for me," said Dotson.

A reception attended by friends and families immediately followed the ceremony.

Here's a bird's-eye view of the Fort DeRussy property, as seen from the roof of the Hale Koa Hotel. The Army's vision for Fort DeRussy is to create an island resort, recreation and retreat center, while preserving this last of a few remaining green spaces in Waikiki.

manu Military Reservation, Helemano Mili tary Reservation and Schofield Barracks.

An ADP for Schofield Barracks' Kolekole/Conroy also was held March 17-20 at the Nehelani on Schofield. Future ADPs are planned to take place within the coming months, through September.

The result of the \$1.3 million, 10-month project will be a living document, developed with input from Soldiers and key stakeholders, that will improve the efficient operability of activities within Army communities on the installations, as well as with the land, environment and people of Hawaii.

(Editor's note: Read about Schofield's future in next week's Hawaii Army Weekly.)

Army Audit one of Fed's best workplaces for 4th year

U.S. ARMY GARRISON-HAWAII Public Affairs

The U.S. Army Audit Agency was named one of the "Best Places to Work" in the federal government by the Partnership for Public Service for the fourth straight year.

The agency placed among the top three in the Partnership's rankings of hundreds of subcomponent organizations.

Given the current challenging work environment for Federal workers, this ranking is an outstanding achievement.

The Hawaii Field Office (HWFO) of the agency, Theater Operations-Pacific, operates out of Oahu and Korea.

66 O ne thing that's unique to the HWFO from the rest of the agency, and contributes to the spirit of aloha, is getting to wear more casual attire."

— Jessica Miller Senior auditor

"Hawaii gives us the opportunity to work in a variety of unique locations, to include places like Kwajalein Atoll," said Nate Metzger, senior auditor.

The agency's favorable rating is also the result of a dedicated workforce, a committed leadership team and innovative management.

The agency placed 2nd of 224 subcomponent organizations in 2010 (the first year the agency competed in the rankings); 2nd of 240 subcomponents in 2011; 1st of 292 subcomponents in 2012; and 3rd of 300 subcomponents in 2013.

Army Audit endeavors to be a model organization with an engaged and dedicated workforce of respected professionals, guided by innovation and honesty. Staff members aren't so much numbers crunchers (though they do crunch numbers from time to time), but auditors who look objectively at the Army's programs, systems, training and contracts, developing effective recommendations to improve how the Army works and save ever-shrinking allocations.

Though relatively small (535 staff) compared to other Army programs and activities, the agency's workforce is a committed one. Out of those 535 staffers, 11 are at Fort Shafter and nine are at Yongsan, Korea. "One thing that's unique to the HWFO from the rest of the agency, and contributes to the spirit of aloha, is getting to wear more casual attire," explained Jessica Miller, senior auditor. "It's acceptable in the Hawaiian culture for men to wear a nice Hawaiian shirt with dress slacks to meetings rather than wearing a suit and tie, like on the mainland."

Key to the agency's high rankings is that employees are treated as ohana.

"At HWFO, it is even more noticeable and beneficial that employees are treated as family," said Miller. "A lot of us are far from our close friends and family on the mainland, and the support that everyone provides for each other, here, is exceptional."

They come from a diversity of backgrounds, education, training and experiences that help make the agency a more engaged organization. Agency leaders believe that employees are Army Audit's most valued asset, and they do everything possible to make sure auditors are assigned high-impact work, well-trained and equipped, and have the best possible balance of work and life.

"Employees at this field office get to experience more diversity in their audit work," said Chris Jenkins, audit manager. "Agency personnel on the mainland are often assigned to audit specific Army functions. However, in Hawaii, personnel have the opportunity to audit a variety of Army functions."

"The ability to work on various subject matter, to include things like environmental compliance, transportation, contracting and logistics, makes it the best place to work," added Metzger. "Each new project is an opportunity to learn new things and experience different aspects of Army operations."

In 2012, the agency held a series of intensive workshops for its supervisors to coach them how to communicate openly and effectively and to build stronger relationships with their teams and individual team members. The outcome greatly increased employee engagement and satisfaction.

Senior leaders regularly visit field offices where they meet with GS-12s and below and GS-13s and above to hear their ideas and concerns.

"Leadership throughout the agency has made it the best place to work," said Jenkins, noting that open communications and professionalism in the ranks empowers the employees to better perform their jobs.

"Another reason it's the best place to work is that we believe that the work we do is a valuable service to the Army and fully benefits the Soldiers," added Jenkins.

With the agency's core values of service, ethics



Photo by Chris Jenkins, Hawaii Field Office, U.S. Army Audit Agency

Auditor Thea Warren, Hawaii Field Office, stands before an open burn pit burning propellant at Kawakami Ammunition Depot in Japan as part of a demilitarization process.



Photo by Amy Becker, Korea Field Office U.S. Army Audit Agency

Senior auditor LaDonna Stewart, Korea Field Office, inspects a poison container being retrograded.

and integrity, auditors firmly believe in their national security mission and in providing meaningful work that supports Soldiers and their families, civilians and Army leadership. Employees feel

engaged and well informed, and that's why it's a best place to work.

ful work that supports Soldiers and their families, *(Editor's note: Portions of this article are from civilians and Army leadership. Employees feel a U.S. Army Audit Agency press release.)*

Tricare: Families benefit

CONTINUED FROM A-1

ments that take priority," Thies said. "TRICARE online is simple, convenient and quick. I can make an appointment for all my children and self within a few minutes."

In addition to scheduling appointments through TRICARE online, qualified beneficiaries can also refill prescriptions.

"My favorite feature is the prescription refill. This, too, saves me time from calling the doctor and waiting for the refill to be placed," said Thies.

Prior to enrolling in the free services, Thies felt there would

be too many loops to maneuver around the website. However, since signing up, she's changed her mind.

"This program will benefit other families by cutting out the middle man on the phone," she said. "The discreteness of the website is perfect."





Guest speaker Chief Warrant Officer 5 Lisa Gilbertsen (at podium), of 8th TSC, presents some firsts for women within the military for Women's History Month. The theme celebrated women of character, courage and commitment.

Tropic Lightning honors great women of the past

Story and photo by STAFF SGT. MATTHEW G. RYAN 25th Infantry Division Public Affairs

WHEELER ARMY AIRFIELD — The 25th Infantry Division celebrated the theme "Character, Courage and Commitment" for the 2014 Women's History Month at the chapel, here, March 19.

From the start of the Army, women have played an important role.

It began with Mary Ludwig Hays McCauley, better known as "Molly Pitcher," who replaced her husband at his cannon when he was injured, through to Gen. Anne Dunwoody, the first four-star general in military history.

"This was a great time to pause and reflect on what our sisters in arms have accomplished, to learn more about women in the past and what they have done," said guest speaker Chief Warrant Officer 5 Lisa Gilbertsen, Plans and Operations, 8th Theater Sustainment Command.

The observance started off with a presentation of some of the great accomplishments that women have provided over the years, including the Army Nurse Corps and female Soldiers currently trying out for combat arms roles.

"It's an inspiration to learn of the women who have gone before me to do great things and to push past barriers," said Capt. Stacie Kervin, chaplain, 2nd Squadron, 6th Cavalry Regiment, 25th Combat Aviation Brigade, 25th ID. "It gives me a sense of pride to serve in the military and to leave a long-lasting impression on the younger generations of women coming into the military."

Being a woman and serving her country is important to Spc. Kelsey Miller, computer/detection systems repairer, 209th Avaition Support Battalion, 25th CAB.

"It was great to learn about the women who have made a difference in the past and how we are still making a difference today," said Miller.

According to Gilbertsen, "Women need to work hard and to the best of their ability. (Women should) only worry about their sphere of influence and make it great.

"Success will follow in everything you do," she said.

Learn More

Tropic Lightning Division has developed a long line of tradition and honor throughout the years, and the courageous women within the division make up part of that history.

Since 1995, every president has issued an annual proclamation designating March as Women's History Month. To learn more, visit www.army.mil/ women.



Story and photo by SGT. DANIEL K. JOHNSON

2nd Stryker Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — Victor Marx, a celebrated inspirational speaker, visited with Soldiers, family members and local civilians, here, March 18, to speak about hope and the damaging effects of post-traumatic stress disorder, or PTSD, and the hope that helps victims overcome.

The presentation was held in the Sgt. Smith Theater and was sponsored by the 2nd Stryker Brigade Combat Team.

Marx's inspirational message was tailored to reach troubled Soldiers and to help them find relief.

"We were compelled to come out and work with the military because of the high prevalence of PTSD and its effects on Soldiers," said Marx.

"Victor Marx has experienced the worst. He has been sexually assaulted, physically abused, left for dead (and) told he is worthless and will never amount to anything good," said Chaplain (Maj.) Scott Koeman, 2nd SBCT. "How many of our present generation of Soldiers have experienced similar things in their childhood or even as adults? The answer is simple: too many."

To make sure everyone was ready to listen to his message, Marx demonstrated his weapon disarming techniques. He currently holds the world record for fastest weapon disarm.

"I use the disarm technique demonstration in the beginning to help get the attention of the tough guys," said Marx. "Once they see it, they give me some credit and listen to my message."

The message was an important one, hope. With the difficulties of military life, it can be easy for Soldiers to lose hope and fall into despair.

"Being former military and working with a lot of people in the Special Forces, I can understand the mindset and how being a Soldier is different from a civilian life," said Marx. "I really try to tailor it to what they are going though and that hard times are a part of their lives."

"Victor is an inspiring character of hope," said Koeman. "Victor encouraged us to focus on our character. Victor said, 'Your gifts and skills can take you to places of success in life where your character cannot sustain you.' He encouraged everyone to focus on their character."

"Because of the intense stress that a Soldier goes though, hope is a very important thing for them. That is the message I try to bring," said Marx. "They need hope."

"Life has a way of throwing curve balls at us," said Koeman. "What we do with the curve balls matters. Where we turn to for help matters."

Learn More

For information on seeking help with post-traumatic stress disorder (PTSD) or despair, contact your military health care provider or Army Community Service at 655-4227.



Inspirational speaker Victor Marx addresses PTSD, suicide and despair at the Sgt. Smith Theater, March 18.

Done correctly, DMV paperwork saves Soldiers \$\$\$

DIRECTORATE OF HUMAN RESOURCES U.S. Army-Garrison-Hawaii

Honolulu Form CS-L (MVR) 50, a nonresidency form, is used to allow Soldiers and qualifying spouses to register their motor vehicles with the state for a greatly reduced registration fee.

The Hawaii Department of Transportation has reported a large increase in the number of these forms submitted to their offices that are



Today

TAMC Project — Until March 31, there may still be one lane closed daily, 8:30 a.m.-2:30 p.m., on Tripler's Krukowski Road (near buildings 102 and 104) for utility installation. One lane will remain open for two-way traffic.

30 / Sunday

Night Shift — Overnight work on the H-1 Freeway, Sundays, is scheduled March 30 and April 6, 3:30 p.m.-4:30 a.m. Two right lanes will be closed in the eastbound direction in both directions between the Managers Drive overpass and the Kaahumanu Street overpass for viaduct deck repairs.

31 / Monday

Sgt. Parksalot — The existing parking lot east of the credit union on Sargent Road, Schofield Barracks, will close so that a new parking lot can be constructed. A portion of the sidewalk on the access road that goes from Sargent towards the clinic area will also be repaved.

The repaving will be performed on Saturdays only, so access will be provided to the clinic area. The work is expected to be complete by June 31.



Da Work at Derussy — The exhibit areas at Fort Derussy Museum will be closed until June 9th for construction work; the museum store will remain open, weekdays, 9 a.m.- 3:30 p.m. Call 942-0318.

incorrectly completed or copies of the original the Department of Motor Vehicles (DMV). form, neither of which are

acceptable. This error creates a problem for the Soldier/spouse, who must then obtain another properly completed form from their servicing G-1/S-1 or Personnel Actions Center and return to

HAWAII 0 Form CS-L ALOHA STATE

Considering the large cost savings the state

provides to active duty Soldiers, it is incumbent on all Army units in Hawaii to ensure these forms are properly prepared prior to taking them to the DMV.

All Army units in Hawaii should reference U.S. Army

Garrison-Hawaii Standing Operating Procedure (SOP) IMPC-HAW-HRA-25-1, "Use of City and County of Honolulu Non-Residency Form," dated Sept. 22, 2011, for the proper procedures in preparing and using this form.

NEWS

Forms must be fully filled out and signed by the using Soldier and the appropriate officer in charge prior to taking the form to any DMV office.

Forms must be originals. No copies will be accepted at the DMV office.

Traffic Report lists closed roads, limited routes, construction detours and noise advisories received by press time from Army and Hawaii Department of Transportation (HDOT) sources. For an up-to-date listing of Army traffic advi-

sories, visit www.garrison.hawaii.army.mil/ info/trafficcalendar.htm.

5 / Saturday

Shock Block — Schofield's conducts a power outage, 7 a.m.-3:30 p.m., affecting the



motor pool areas located off McMahan Street. The following buildings will be affected during the outage: 1080, 1086, 1087, 1090, 1091, 1000, 1002, 990, 991, 992, 993, 994,

995, 996, 997, 998, 999, 980, 982, 984 and 985.

14 / Monday

Closing the Loop — Shafter's Rice Loop will have a full road closure until April 25. Part of Rice Street will be lane control.

19 / Saturday

Wheeler Unwired — A power outage for Wheeler and Schofield is scheduled. Wheeler circuits 33-42 will be without power 6:30-8 a.m. and 2:30-4:30 p.m. Schofield will be without power 7:30 a.m.-4:30 p.m. If your area is not listed, or does not have a back-up generator, it will be out 6:30 a.m.-4:30 p.m.

Circuits affected, by the numbers, are 3-Quad A, gas station/shoppette; 6-Mendonca housing, 364 shopette; 7-Area A housing quarters 30-38; 9-MEDCOM; 11-500 block hous-

ing; 14-500 block housing, 9000 block housing; 15-Hamilton Housing, 9000 block housing; 18-Generals Loop; 19-500 block; 21-Commissary; 33-Akolea Point Housing; 34-McMahan Village; 35-

Hendrickson and Maili housing; 37-Hali Nani and Kaena housing; 40-Porter and Kalakaua housing; and 42-Moyer housing.



Today

Red Ride — The Hawaii State Chapter of the American Red Cross asks that military families consider donating their vehicles when they have a permanent change of station or buy a new car. Some of the proceeds from the vehicle donation will go to Red Cross assistance programs, such as the Armed Forces Emergency Services and Military Family Services. Please help with Red Cross' continuous support for the military. Contact jarronmicah.vallente@redcross.org.

Say "Cheese" — The Department of the Army official photo lab at Schofield Barracks has new hours. It's now open weekdays, 8 a.m.-5 p.m. (It's closed for lunch, noon-1 p.m.)

VA Income Requirement — The Department of Veterans Affairs (VA) is eliminating the annual requirement for most veterans enrolled in VA's health care system to report income information beginning in March 2014. Instead, VA will automatically match income information obtained from the Internal Revenue Service and Social Security Administration.

Some veterans applying for enrollment for the first time are still required to submit income information. There is no change in VA's long-standing policy to provide no-cost care to indigent veterans, veterans with catastrophic medical conditions, veterans with a disability rating of 50 percent or higher, or for conditions that are officially rated as "serviceconnected."

Visit www.va.gov/healthbenefits/cost or call (877) 222-VETS (8387).

SSA for VA — The VA announced the launch of a new process to expedite disability claims filed by veterans with a disability compensation rating of 100 percent permanent & total (P&T). Under the new process, the Social Security Administration (SSA) will treat these veterans' applications as high priority and issue expedited decisions, similar to the way the agency currently handles disability claims from wounded warriors.

In order to receive the expedited service, veterans must tell SSA they have a VA disability compensation rating of 100 percent P&T and show proof of their disability rating with their VA notification letter.

Visit www.socialsecurity.gov/pgm/disabili ty-pt.htm, or for more about SSA's handling of wounded warrior's disability claims, visit www.socialsecurity.gov/woundedwarriors.

31 / Monday

EEO on the Go — The Schofield Barracks Equal Employment Opportunity office moves to Fort Shafter, Bldg. S-330, Rm. 101. The new phone is 438-4962.



April 8 / Tuesday

10 a.m. ceremony on



IMCOM CoC — Lt. Gen. David Halverson

assumes command of the U.S. Army Installation Management Com-

Halverson

MacArthur Parade Field, Joint Base San Antonio, Fort Sam Houston. Halverson takes over for Lt. Gen. Michael Ferriter, who has served in the position since November 2011.

www.hawaiiarmyweekly.com

"When work is finished." FRIDAY, March 28, 2014

April events encourage community involvement

Story and photo by SARAH PACHECO Staff Writer

SCHOFIELD BARRACKS - Expect to see a gradation of teal and royal blue ribbons on lapels across the garrison, next month, as the U.S. Army recognizes two very important causes.

The Army's Sexual Assault Awareness Month (SAAM) officially begins next Tuesday, April 1. However, U.S. Army Garrison-Hawaii got a head start on the annual campaign with a proclamation signing by Howard Johnston, deputy garrison commander, USAG-HI, at the Main Post Chapel, here, Monday.

"This is a commitment that we prevent any sexual assault from happening," said Johnston to the Soldiers in the chapel pews.

"If, unfortunately, sexual assault does occur, this is a commitment to provide the proper services to the victim," Johnston continued. "Lastly, this commitment is to have accountability, so that our system can hold itself accountable for its actions and events. This is what this commitment is all about."

SAAM is designed to raise awareness of sexual assault and resources for victims through educational activities that promote intervention, foster a climate of dignity and respect, and emphasize the five pillars of the Army's Sexual Harassment/Assault Response and Prevention (SHARP) program: prevention, investigation, accountability, advocacy and assessment.

"Sexual assault is the No. 1 priority of the Army right now," said Adrienne Howe, acting installation sexual assault response coordinator; Army Community Service; Directorate of Family and Morale, Welfare and Recreation; USAG-HI.

SHARP Hotline

The SHARP hotline provides 24/7 response to active duty Soldiers, family members and dependents, ages 18 years or older, who are victims of sexual assault by an offender who is not a spouse or intimate partner.



Howard Johnston, deputy garrison commander, USAG-HI, signs a proclamation declaring April Sexual Assault Awareness Month in a ceremony at the Main Post Chapel, Monday.

'This year's theme is 'Speak Up!' so we're looking at intervention and having people report, making sure everyone knows their resources and where they can go for help," Howe noted.

Sexual assault and sexual harassment violate everything the Army stands for, including its Army Values and Warrior Ethos. And while the Army is aggressively addressing both issues, the two terms refer to different forms of sexual violence.

According to the SHARP website (www.preventsexualassault.army.mil), sexual harassment is defined as a form of gender discrimination that involves unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct of a sexual nature. While sexual harassment can involve physical contact, it also can refer to verbal or other forms of gender discrimination of a sexual nature.

Sexual assault, on the other hand, specifically refers to unwanted sexual, physical contact that is aggravated, abusive or wrongful, or any attempts to commit these acts. Sexual assault is a crime punishable by the Uniform Code of Military Justice.

"Those who commit sexual assault hurt

Back" interactive training has been adopted and adapted for use across the Army to actively engage Soldiers in discussions on roles they play in the prevention of sexual assault and harassment.

Soldiers throughout U.S. Army-Pacific have attended the 90-minute sessions, here, since February, during which time participants are encouraged to answer questions and provide input on realistic ways they can intervene in a harassment or assault situation, such as directly confronting the perpetrator or providing a distraction, so the victim has a chance to escape.

"It's a new SHARP training to get away from PowerPoint and be really interactive," said Howe. "It has a lot to do with bystander intervention and how we can all take a part in sexual assault prevention."

Next month, USAG-HI also will highlight issues concerning child abuse prevention, as April is Child Abuse Prevention Month as well.

"Here in Hawaii, the child abuse rates are higher than the Army child abuse rates, and a lot of that is due to the isolation," said Marlene Oda, a Family Advocacy Program (FAP) specialist with ACS.

"Sometimes kids can't stand up for them-

SAAM Events

April 2014 is Sexual Assault Awareness Month. The following events are scheduled to take place throughout the garrison, this month:

•Sexual Assault Awareness Golf Scramble — April 4, noon, Leilehua Golf Course. Teams of four may register with Sgt. Maj. Russey, 655-8588.

•Our Community Speaks Up! Walk/Run - April 5, 9 a.m., Weyand Field, Schofield Barracks. Walk or run this 2-mile loop with friends and family while learning safety tips and community resources. Registration begins at 8 a.m.

•Sexual Assault Awareness Fun Run -April 11, 6:30 a.m., Hamilton Field, Schofield Barracks. Show your support in preventing sexual assault by participating in this family-friendly run.

•SHARP Information Fair — April 16, 10 a.m.-5 p.m., Schofield Barracks PX. Learn more about military and civilian resources available to Soldiers and their family members who may have experienced sexual assault.

• Take Back the Night Walk/Vigil — April 30, 6:30 p.m., Warhawk Place/Wright Avenue, Wheeler Army Airfield. "Take Back the Night" and show your support for the survivors and victims of sexual assault. Bring your own flashlight, as on-site supplies are limited.

Also, information tables will be set up at Schofield Barracks Class 6, 3-7 p.m., April 4, 11, 17 and 25, and at the Fort Shafter PX, 9 a.m.-4 p.m., April 8, 18 and 23. Stop by to meet your local SHARP team and to receive resources and giveaways.

For more information on any of the above events, call the U.S. Army Hawaii SHARP Office at 655-4782.

"We're here to support victims," agreed Howe. "I think people are often afraid to report, due to various reasons, the stigma attached to it, the whole process of retelling the story over and over again. But we are here. We can support you. There's a whole community standing behind you to help.

If you have been a victim of sexual assault, call 655-9474. Additional support is available through the Department of Defense Safe Helpline at (877) 995-5247.

members of our team and wound our Army, Johnston stated. "This criminal act is cowardly and damaging to the very moral fiber that gives our Army its innermost strength."

To combat this "insider threat," the newly implemented, three-month-long "Got Your

selves, so if you hear something, you should report it," Oda added. "If we can get the word out that FAP is here to help the community, then I think it'll really help keep that child safe, whoever that child is, just by the community knowing that we're here for them."



MARLENE ODA

Family Advocacy Program Army Community Service Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Child Abuse Prevention Month, or CAPM, is held each April to increase awareness about the importance of preventing child abuse and neglect.

The observance is also a time to remember those who have suffered, as well as a reminder to continue the important work to help kids and families stay safe and strong.

On March 20, at the School Age Center, here, the children kicked off CAPM with a bubble and pinwheel parade. The parade concluded with Col. Daniel Whitney, commander, U.S. Army Garrison-Hawaii, signing the CAPM proclamation, while afterwards voicing support for the senior commander's "intent to integrate the community events to the 'Ready and Resilient'" campaign.

Whitney emphasized that Child Abuse Prevention is not a one-month assignment, but a yearlong commitment. The proclamation signing served as a reminder to the community.

Anything that you can do to support kids and parents can help reduce the stress that often leads to child abuse and neglect, Whitney explained.

He said, "Reach out, get involved and lend a hand.'

Whitney also encouraged assisting families through the Army's Family Advocacy Program (FAP), a program that enhances Soldiers' and their families' quality of life by offering a variety of seminars, workshops and intervention services.





Jeanne Sablan; Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

Col. Daniel Whitney (center, seated), commander, USAG-HI, helps kick off Child Abuse Prevention Month by signing the CAPM proclamation at the School Age Center, March 20.

2014 CHILD ABUSE PREVENTION MONTH ACTIVITIES

•April 1, 10 a.m.-2 p.m., Clothing Swap, ACS Open House, Schofield Barracks; and •April 26, 10 a.m.-2 p.m., Teddy Bear

Drive, Windward Mall, Kaneohe.

Army Community Service and its Child, Youth and School Services will be collecting teddy bears for this event. For a complete listing of all classes and events, go to www.himwr.com, or call at 655-4227.

Child Abuse Prevention Month Information Tables

•April 3, 9 a.m.-noon, Aliamanu Military Reservation Community Center;

•April 8, 9 a.m.-noon, Wheeler Army Airfield Community Center;

•April 11, noon-3 p.m., Fort Shafter Mini Mart (includes food drive);

•April 14, 9 a.m.-noon, Armed Services YMCA, Wheeler Army Airfield;

•April 16, 9 a.m.-noon, Sgt. Yano Library, Schofield Barracks;

•April 18, 9 a.m.-noon, Schofield Main Exchange;

•April 21, 9 a.m.-11 p.m., Mililani Town Center:

•April 22, 9 a.m.-noon, Helemano Military Reservation Community Center; •April 23, 9 a.m.-noon, Soldier Support Center, Building 750, Schofield Barracks; •April 29, 9 a.m.-noon, ASYMCA, Aliamanu Military Reservation; and •April 30, 8-11 a.m., Schofield Commissary (includes food drive).



USARPAC Golf Scramble -Happens every last Friday of the month at FS Nagorski Golf Course. Registration begins at 11 a.m., with a shotgun start at 12:30 p.m. Registration is \$5 per player. Call 438-9587.

Hawaiian Luau Lunch Buffet - SB Kolekole Bar & Grill (655-4466) and FS Mulligan's Bar & Grill (438-1974) host local-style food, every last Friday of the month.

Tropics Band Madness - Every Friday in March, two bands will perform, and the winner will be announced on the last Friday of the month. All types of music welcome. Sign up at SB Tropics. Call 655-5698.

29 / Saturday

SKIES Hula Classes - Hula classes are offered as follows: •AMR, 8:30 a.m., Saturdays; •Schofield Hula 101, 9:15 a.m., 4 p.m. and 4:45 p.m.; and Intermediate,

5:30 p.m., Wednesdays. Call 655-9818 for class availability or visit www.himwr.com.

30 / Sunday

Hale Ikena Sunday Brunch -FS Mulligan's Bar & Grill hosts from 10 a.m.-1 p.m. Call 438-1974.

31 / Monday

2014 Youth Track & Field Registration — CYSS Youth Sports hosts a new developmental program. Registration ends March 31 at the nearest Parent Central Services. Cost is \$40, at registration, for youth born between 1996-2007.

FS Golf Sale — Nagorski Golf Course annual memorial sale lasts until March 31, with items of \$20 or more value discounted 20 percent. Sale does not apply to special orders. Call 438-9484.

Workweek Lunch — SB Kolekole Bar & Grill (655-4466) and FS Mulligan's Bar & Grill (438-1974) offer daily lunch, 11 a.m.-1 p.m. Enjoy buffet-style or menu items.

Pau Hana Social Hour - SB Kolekole Bar & Grill hosts an afterwork fun time, 4:30-6:30 p.m., Monday-Wednesday, and 4-6 p.m., Thurs-

HAWAII ARMY WEEKLY

FREE PREVIEW



Courtesy photo

SCHOFIELD BARRACKS — A free advance screening of "Captain America: The Winter Soldier" will show at 6 p.m., Saturday, March 29, at the Sgt. Smith Theater, here. Tickets are available at the Main Exchange Food Court, with remaining available seating offered to non-ticket holders one half hour prior to showtime. The movie is rated PG-13.

day-Friday. Enjoy discounted appetizers and domestic draft beverages. Call 655-4466.

Mongolian Barbecue — Select your favorites from a large variety of meats and vegetables, 5 p.m., every Monday at SB Kolekole Bar & Grill, and grilling will be to your liking. Cost is 65 cents for each ounce. Call 655-4466.

April

1 / Tuesday

Taco Tuesday Night — SB Kolekole Bar & Grill offers three tacos, rice and beans specials for \$4.99. Call 655-4466.

2 / Wednesday

BOSS Meetings - Single Soldiers and geographic bachelors are invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS president, 655-1130.

Attend these meetings:

•North meetings, 3 p.m., 1st and 3rd Wednesday, SB Tropics Warrior Zone.

•South meetings, 10 a.m., 2nd and 4th Wednesdays, FS Bowling Center.

Teen Wednesdays - Cosmic Bowling for teens for \$2 at Wheeler Bowling Center, WAAF, 2-4 p.m. Free shoes with a two-game minimum. Call 656-1745.

Keiki Night — Every Wednesday night is Keiki Night, 5-8 p.m., at SB Kolekole Bar & Grill (655-4466) and FS Mulligan's Bar & Grill (438-1974). Kids younger than 10 years eat for a special price from the keiki menu.

3 / Thursday

Leilehua Thursdays — Join Chef Devin Lee, 4:30-7:30 p.m., every Thursday, at Leilehua's driving range for hot dogs and burgers. Menu items cost \$3-\$4. Call 655-7131.

Tropics Thursdays - Free weekly Texas Hold'em poker, 6 p.m.

COMMUNITY



Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

AMR:	Aliamanu Chapel
FD:	Fort DeRussy Chapel
HMR:	Helemano Chapel
MPC:	Main Post Chapel,
	Schofield Barracks
PH:	Aloha Jewish Chapel,
	Pearl Harbor
SC:	Soldiers' Chapel,
	Schofield Barracks
TAMC:	Tripler Army
	Medical Center Chapel
WAAF: Wheeler Army Airfield	
	Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD •Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Thursday, 9 a.m. at AMR •Saturday, 5 p.m. at TAMC, WAAF

 Sunday services: - 8:30 a.m. at AMR -10:30 a.m. at MPC Annex -11 a.m. at TAMC •Monday-Friday, 11:45 a.m. at

MPC and 12 p.m.TAMC **Gospel Worship**

•Sunday, noon. at MPC •Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Pagan (Wicca) •Friday, 7 p.m. at MPC Annex Room 232

Protestant Worship

 Sunday Services -8:45 a.m. at MPC -9 a.m., at FD, TAMC chapel -10 a.m. at HMR -10:30 a.m. at AMR -10:45 a.m. at WAAF (Spanish language) -11 a.m. at SC (Contemporary) Liturgical (Lutheran/

Anglican) •Sunday, 9 a.m. at WAAF



Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

Today

Butterfly Conservatory - Pearlridge Center hosts, once again, hundreds of living butterflies and a self-guiding tour. Admission is \$3 per person; one child under 8 years of age is free with one paying adult, through Saturday, April 19.

31 / Monday

Wheeler Army Airfield Chapel - Lent Reconciliation service is 6 p.m.

April

1 / Tuesday

U.S. Army Museum of Hawaii - A maintenance and repair project will close the Fort DeRussy museum facility, April 1-June 9. The museum store, however, will be open Monday-Friday, 9 a.m.-3:30 p.m., on the east side of Building 32 during construction. Call 942-0318.

2 / Wednesday IPC Resident Scholarships -

Calendar abbreviations

8th TSC: 8th Theater Sustainment

Command

25th ID: 25th Infantry Division

ACS: Army Community Service

AFAP: Army Family Action Plan

AFTB: Army Family Team Building

AMR: Aliamanu Military Reservation

The grant application deadline is April 2, with awards starting at \$1,000 and announced in May, for the WinningEdge scholarship program. For eligibility, log on to www.islandpalm communities.com/go/WiningEdge to download the full application packet and details.

4 / Friday First Friday -Monthly downtown event features the 6th annual Art at the Capitol. Features 500 works of art, culture and history showcased at the Hawaii State Capitol, 415 S. Beretania St., beginning at 4:30 p.m.,

with a program on the third floor, followed by viewings while you talk with legislators at their offices from 5-7 p.m. Call 586-6460 or email artatthe capitol@capitol.hawaii.gov.

5 / Saturday

Pearl City Bike Path Cleanup – Earth Month activity begins at 8 a.m. Begins in the area between Kapakahi Stream and Waipahu High School. City and County sponsored event with 9th Mission Support Command participation. Release forms must be submitted prior to the event. Contact 8th Theater Support Group Environmental at 438-1600, ext. 3307.

Scottish Festival and Highland Games — This 33rd annual event runs April 5-6 from 9 a.m.-5

p.m., McCoy Pavilion, Ala Moana Park. Features bagpipes, highland dance and athletic competitions. Celtic foods and crafts for purchase. Lots of keiki activities. Admission is \$1.

12 / Saturday

Flower Fest — Pearlridge Farmers' Market will celebrate spring, 8 a.m.-noon, with live music, food booths and keiki activities. Farmers will be on hand with fresh. locally grown produce, as well as a vast array of tropical island flowers. Free admission. Call 388-9696.

13 / Sunday

The Living Last Supper Drama — Hear disciple/actors describe the Last Supper, 7 p.m., AMR Chapel, Bldg. 1790.

16 / Wednesday

9th MSC Campus Clean-up Day - Daylong effort at Fort Shafter Flats includes shredding behind Bldg. 1554, power washing and recycling as part of Earth Month activities. Call the Directorate of Installation Management Environmental office with questions at 438-1600, extensions 3307, 3533, 3246 or 3247.

18 / Friday

Living Stations – A walk simulating the path Jesus took before his crucifixion. Begins at noon, SB Main Post Chapel.



Ongoing

Online Academic Support — Tudor.com is a DOD-funded resource that provides help in all core school subjects and is offered at no cost to grades K-12 students in U.S. military families.

Jewish Services - Weekly worship services are now held at 7:30 p.m., Fridays, at Aloha Jewish Chapel, Joint Base Pearl Harbor-Hickam. No Saturday morning services or Monday Bible studies are offered at JBPHH.

Service members interested in Jewish Bible study or keiki Hebrew School (Sunday School) may call 348-4560 or visit www.chabadof hawaii.com.

Saturday services are available at the Ala Moana Hotel. Call 735-8161.

Food for Families — ASYMCA at WAAF has an emergency food locker to assist families. It's open 8 a.m.-2 p.m., Monday-Friday. Call 624-5645.

Naval Air Museum — This nonprofit museum, located in Bldg. 1792, Midway Rd., Kalaeloa Airport, Kapolei, focuses on the history of aviation in Hawaii. Cost is \$7 adults and \$5 for keiki under 18. Visit www.nambp.

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield



Non-Stop (PG-13) Fri., March 28, 7 p.m.

Captain America: The Winter Soldier

Studio Appreciation Advance Screening Free Admission

Tickets available at local **Exchange Food Court.** Seating open to non-ticket holders at 5 p.m. (PG-13) Sat., March 29, 6 p.m.

The Lego Movie Sun., March 30, 1 p.m.

Frozen (PG) Sun., March 30, 4 p.m.

About Last Night

(R) Thurs., April 3, 7 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

ASYMCA: Armed Services YMCA BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and

Recreation FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SB: Schofield Barracks

PEARL HARBOR — Teens of Soldiers from the 9th Mission Support Command tour the USS Missouri, here, March 19, during a weeklong YLEAD Summit.

Teens hold leadership summit

Story and photo by **STAFF SGT. JOSEPH VINE** 9th Mission Support Command Public Affairs

HONOLULU — The 9th Mission Support Command Family Programs Office and the Army Reserve Child, Youth and School Services (CYSS) held a Youth Leadership, Education and Development (YLEAD) summit, here, March 17-21.

YLEAD is a leadership education and development summit, which brings together youth interested in developing their leadership skills and their awareness about different issues that affect military youth.

Thirty students from Hawaii, American Samoa and Alaska participated in the weeklong camp.

Travis McKinney, CYSS youth services specialist, and a team of adult leaders, coordinated the activities for the week. The summit combined community service, field trips and seminars to create a balanced learning experience for the teens.

"(YLEAD) helps youth form bonds in order to empower them as military teens," McKinney said. "They also conduct teen-issue forums where they talk about issues, which affect today's teens of military families, and they try to come up with solutions to solve the hurdles that come with being military dependents in such a diverse unit."

Kaila, a 14-year-old resident of Oahu whose mother is a 9th MSC senior intelligence noncommissioned officer, said she was motivated and ready to take on new challenges during the summit.

"I hope to learn and increase my confidence and leadership skills to help me in my personal life," Kaila said. "I get to meet different people and work on my communication skills, and that's always good."

"I came out here to lead the other teens in the right way and help them accomplish some of the things I did when I was a younger teen," said Isaac, a 17-year-old from American Samoa whose father is an infantryman in the 100th Battalion, 442nd Infantry.

Honing leadership skills at YLEAD was foremost in his mind.

"It's better to practice being a leader with people I don't know," Issac said, "because that way, I can really see my weaknesses and strengths."

In addition to building leadership skills, the teenagers from across the Pacific were also involved in service learning projects during the five-day summit.

"I like that I've learned a lot about leadership, but we are also able to do community projects that give back," said Alexis, a 16-year-old from Alaska, whose father is an engineer noncommissioned officer in the 297th Engineer Company.

While at Hanauma Bay Nature Preserve, the youth came together to help protect plants native to the Hawaiian Islands.

"Today we helped remove invasive species of plants that are endangering native plants," said Alexis.

"It's nice to contribute back to the island that I live on," Kaila said, "and that I'm able to bond with other teens in the Army Reserve."

Another focus of YLEAD is the connections teens make during the summit, said McKinney.

The 9th MSC is geographically dispersed and has units across more than 50 percent of the globe. As a result, Pacific Army Reserve youth from remote locations do not often get to meet and interact.

"This group of youths has really surprised me," McKinney said. "From day one, they really connected with each other in a way I hadn't yet seen. The kids are so close because they can relate so much to the different topics. These youths are all dependents of Reserve Soldiers, so I think that they share a lot of the same experiences."

Although this particular YLEAD summit only included teens from Hawaii, American Samoa and Alaska, there will be another YLEAD Summit on Guam in mid April.

"It will consist of 9th MSC youths from Guam, Saipan, South Korea and possibly Japan," McKinney said. "They will do similar events, to include the outings, motivational speakers and service learning projects."

HAWAII ARMY WEEKLY

3-4th Cav. hosts keiki 'Spur Ride'

Story and photo by **SGT. BRIAN C. ERICKSON** 3rd Brigade Combat Team, Public Affairs, 25th Infantry Division

SCHOFIELD BARRACKS — Children of the 3rd Squadron, 4th Cavalry Regiment, "Raiders," 3rd Brigade Combat Team, 25th Infantry Division, took the Junior Spur Ride challenge, March 21, at F Quad.

"One of our most important traditions in the cavalry is the Spur Ride, a tradition that goes way back and is a mark of excellence for cavalrymen," said Lt. Col. David Zinn, commander of the 3-4th Cav., 3rd BCT.

The Spur Ride is the only way to officially join the Order of the Spur, aside from a wartime induction. The Spur Ride events vary, but they are generally events held over several days during which a cavalry Soldier must pass a series of physical and mental tests relevant to the cavalry. The Junior Raiders went through similar events to tradition as their parents once did to earn their spurs.

"We wanted to give the kids an opportunity to go through some of the things their moms and dads get to go through here," said Zinn.

The children were divided by their age into different platoons, and they kicked off the Junior Spur Ride with the playing of the National Anthem and a safety brief.

The Raiders set up several different stations that included a camouflaging class, an obstacle course, a first aid demonstration (where children learned when to call 911 and how to treat a minor injury), a sprint competition, a weapon's display (M4, M249, M240B) and a vehicle display.

The activities of the Junior Spur Ride put an emphasis on physical fitness and safety as children were constantly moving through different obstacles.

At the end of the event, the children received certificates, certifying them as Junior Spur Cavalry kids.



Soldiers from 3-4th Cav., 3rd BCT, 25th ID, teach children how and when to dial 9-1-1 during a Junior Spur Ride at F Quad, March 21.

COMMUNITY



A Soldier cheers on a keiki as he makes his way through the "Diploma Dash" obstacle course during Island Palm Communities' Live & Learn 101 Festival, held at the Kaena Community Center, March 19.

IPC festival full of fun, plus helpful education tips

Story and photos by SARAH PACHECO Staff Writer

SCHOFIELD BARRACKS — The uplifting beat of Pharrel's smash "Happy" could be heard throughout Kaena Community Center, here, March 19, as Island Palm Communities presented its much-anticipated Live and Learn 101 Festival.

The hit song from the Grammy award-winning artist perfectly set the mood for this annual showcase of interesting and timely topics, ranging from fitness and nutrition to Hawaiian culture, early education and environmental stewardship.

Dozens of exhibitors from U.S. Army Garrison-Hawaii and the surrounding community were on hand to teach moms, dads and kids of all ages something new — be it how to fill their plates with healthy fruits and vegetables or what they should do in case a hurricane or tsunami hit the island.

A Bike Rodeo hosted by the Directorate of Emergency Service's Bike Patrol tested participants' cycling skills, and, for the first time ever, DES held a "Diploma Dash" team obstacle course filled with physical and mental challenges.

"It was great to see so many families together at this event," said Sheryl Ferido, community services manager, IPC, noting that approximately 250 families came out in support of the event.

Indeed, even as festivities were drawing to a close, attendees still could be found eagerly waiting in line for a balloon animal or flocking to the center stage to take part in a Zumba dance-off.

"There was so much for everyone to enjoy: story time and face painting for the little ones, the Bike Rodeo and Diploma Dash obstacle course for the older ones, and fitness for moms and dads," Ferido said. "Overall, the event brought families together, and that's what is important."



McGruff the Crime Dog greets young fans during IPCs' Live & Learn 101 Festival, held at the Kaena Community Center, March 19.



A balloon artist marvels the whole family with his creation of a monkey climbing a coconut tree at the Kaena Community Center.

MARCH 28, 2014 | **B-5**

TAMC offers comprehensive help for brain injuries

Brain Injury Center created in 2008

Story and photo by **STAFF SGT. CHRISTOPHER HUBENTHAL** Defense Media Activity

HONOLULU — March is designated as National Brain Injury Awareness Month; it's when the raising the awareness of traumatic brain injury throughout the nation is practiced by organizations such as the Brain Injury Association of America.

Dr. Sarah Miyahira, Pacific Regional Traumatic Brain Injury Program director, recently answered questions about the traumatic brain injury program at Tripler Army Medical Center.

The TAMC program is designed to provide a comprehensive continuum of care for TBI patients from the point of injury, to their return to active duty, or if need be, to get patients to the highest level of functioning if they are separating from their branch of service.

Q: What is the purpose of the Tripler Army Medical Center Traumatic Brain Injury Center, and why was it created?

A: The center was created back in 2008 as part of the larger U.S. Army's action plan to establish a traumatic brain injury program at all of the strategic medical facilities in order to be able to meet the demand for the Soldiers coming back with traumatic brain injuries.

There are about 1.7 million Americans who suffer from a traumatic brain injury every year, and of that, there are 5.3 million Americans cumulatively who are suffering from a long-term disability as a result.

More than 294,000 military service members have suffered from traumatic brain injury from 2002 to 2013. So the Army, recognizing that this is a really serious military health concern, wanted to establish a program that would customize, systematize and standardize a kind of care that service members could expect from military treatment facilities.

In 2008, the Army established an action plan to do so, and Tripler was one of the facilities that was targeted for setting up a TBI program.



Dr. Gregory Johnson (left), medical director, Tripler Concussion Clinic, instructs Spc. Andrew Karamatic, combat medic, Department of Medicine, to follow his finger during a neurologic exam at Tripler Army Medical Center, March 20.

Q: Can you describe the types of treatment provided at the TAMC TBI Center?

A: The program at Tripler really consists of two major parts. One is the traumatic brain injury Concussion Clinic, which is really Tripler's main point of entry for TBI care. The other part is our specialty providers who are embedded in specialty clinics throughout the hospital.

When someone comes into the program, either from referrals from a provider, by self-referring or by referrals initiated by loved ones, he or she can contact the Concussion Clinic. Our main purpose here is to do an assessment and evaluation as to whether or not a TBI occurred, when it occurred, how severe it is and what the symptoms that the patient is experiencing are, particularly those that really interfere with daily living. Then, we will do a further assessment, if needed, through our specialty providers, as well as come up with a treatment plan that our nurse case managers will manage and coordinate care with these other providers. us additional information about his or her functioning. We then will look and check if there are cognitive deficits. We might call upon our neuropsychologist to do a cognitive assessment.

The neuropsychologist will conduct an interview and will administer some performance tests. (The neuropsychologist) might ask that person to repeat a sequence of numbers for example or draw a certain picture based upon some instructions that are given. In addition to our neuropsychologist helping with rehabilitation, we will go to our occupational therapist, physical therapist, speech pathologist and audiologist to also do their evaluations and to come up with recommendations or results that might give us an idea on what kind of treatment plan we really want to pull together for a particular patient.

That's really important that each of these treatment plans are very customized to the individual. It's not one size fits all.

Q•Whom do these providers treat and what is the treatment's range.

A: (Patients) don't need to come in with a diagnosis of TBI. We can do that. We can make the diagnosis. If they have symptoms that look like TBI, like the dizziness, headaches and nausea, we will look at that patient as being someone who should come in and should get checked out. In addition to (service members), we will also treat family members who might have a concussion or injury.

After an injury, if you see stars, have a little loss of memory or if you have sustained symptoms after the event, you should really get checked out. We would rather err on the side of caution than to miss something because TBI is not a visible injury.

TBI often tends to be undetected and untreated and the untreated TBI may in fact progress to something that is much more significant.

Q: Is there anything people should know about the TAMC TBI Center regarding its purpose and treatment methods?

A: First, we need to assess whether or not (a patient) has had a traumatic brain injury. We try to get the specific event that might have triggered all of these symptoms. If we are not able to do that, then what we try to do is get a history of how these symptoms occurred, over what period of time, and are they exasperating or are they resolving.

We may try and get a spouse, a roommate or whomever the service member lives with to be able to cooperate or give

Learn More

For more details on TBI and Brain Injury Awareness Month, visit www.defense.gov.