

Photo illustration by Kristen Wong

The 523rd Eng. Co. snaps a salute, May 18, during a ceremony before its upcoming deployment to the ROK as part of USARPAC's Korean rotational forces.



The HAW is an authorized newspaper, produced in the interest of the U.S. Army community in Hawaii by the U.S. Army-Garrison Hawaii Public Affairs Office. Contents of the HAW are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The HAW is printed by the Honolulu Star-Advertiser, a private firm in no way connected with the U.S. Govt., under exclusive written agreement with U.S. Army, Hawaii.

The HAW is published weekly using the offset method of reproduction and has a printed circulation of 15,300. Everything advertised herein shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

The appearance of advertising herein, including inserts and supplements, does not constitute endorsement by the Dept. of the Army, or the Honolulu Star-Advertiser, of the firms, products or services advertised.

Commander, U.S. Army Garrison-Hawaii
Col. Richard A. Fromm
Garrison Command Sergeant Major
CSM Louis C. Felicioni
Director, Public Affairs
Dennis C. Drake
656-3154

Chief, Internal Communication
Aiko Rose Brum, 656-3155
editor@hawaiiarmyweekly.com

News Editor
John Reese 656-3488
news@hawaiiarmyweekly.com

Pau Hana Editor
Jack Wiers 656-3157
community@hawaiiarmyweekly.com

Staff Writers and Photo Editors
Christine Cabalo 656-3150
reporter@hawaiiarmyweekly.com

Layout
Kristen Wong

Advertising: 529-4700
Classifieds: 521-9111

Address:
Public Affairs Office
745 Wright Ave., WAAF
Building 107, 2nd Floor
Schofield Barracks, HI 96857-5000

Website:
www.hawaiiarmyweekly.com

Nondelivery or distribution
656-3155 or 656-3488

Contributing Commands

U.S. Army-Pacific
Russell Dodson, 438-2662

25th Infantry Division
MAJ Shea Asis
655-6343

2nd Brigade Combat Team
CPT Katie Richesin
655-9526

3rd Brigade Combat Team
CPT Ramee L. Oppertude
655-1083

25th Combat Aviation Brigade
CPT Heba Bullock
656-6663

8th Theater Sustainment Command
SFC Nicole Howell
438-1128

311th Signal Command (Theater)
Liana Kim, 787-4095

94th Army Air & Missile Defense Command
SFC Jaquetta Gooden, 448-1556

9th Mission Support Command
1LT Grace L. Vandertuin
438-1600 ext. 3114

18th Medical Command (Deployment Support)
SFC John D. Brown,
437-4737

Tripler Army Medical Center
James Guzior 433-2809

U.S. Army Corps of Engineers-Honolulu District
Joe Bonfiglio 835-4002

500th Military Intelligence Brigade
SSG Thomas Collins
437-6819

599th Transportation Brigade
Donna Klapakis 656-6420

USAG-Pohakuloa
Dennis Drake 656-3154

Fanning takes oath as 22nd Secretary of Army

GARY SHEFTICK
Army News Service

WASHINGTON — Eric Fanning was sworn in, May 18, as the 22nd secretary of the Army.

“It has been a long process to get here,” Fanning said, “one that I don’t think even the writers from ‘House of Cards’ could have scripted if they tried.

“But it’s worth it,” he continued. “This is a tremendous honor for me – not just the appointment, but the opportunity to be secretary of the greatest Army in the history of the world.”

As secretary of the Army, Fanning has overall responsible for Army forces.

“It’s a responsibility I take seriously,” Fanning said.

He defined his job as making “sure you’re recruiting the best,



Photo by John Martinez

Secretary of the Army Eric Fanning is congratulated after taking the oath of office, May 18, in the Pentagon.

that you’re training them properly and then equipping them with what they need to do the job

right and to get them home.”

Fanning, 47, served as chief of staff to Defense Secretary Ash-

ton B. Carter from March 2015 until he was appointed by the president as undersecretary of the Army, June 30. He served as acting secretary of the Air Force from June 21 to Dec. 30, 2013. Before that he was undersecretary of the Air Force. He also served as deputy undersecretary of the Navy from 2009 to 2013.

“I look forward to working with him as he strengthens our Army, builds on its best traditions and prepares our ground forces to confront a new generation of challenges,” Carter said.

“They say it takes a village. ... It took many villages to get me here,” Fanning said.

Fanning said he’s looking forward to getting back to work with Chief of Staff of the Army Gen. Mark Milley.

USARPAC bids farewell to Fenton, welcomes Milhorn

Story and photo by
STAFF SGT. CHRISTOPHER MCCULLOUGH
U.S. Army-Pacific Public Affairs

FORT SHAFTER — Brig. Gen. Bryan P. Fenton, outgoing assistant chief of staff of operations, U.S. Army-Pacific, and Brig. Gen. Jeffrey L. Milhorn, incoming assistant chief of staff of Operations, were honored during a Flying V ceremony held at historic Palm Circle, here, May 18.

Fenton prepares to depart USARPAC after 10-months of distinguished service. He will assume command of Special Operations Command Pacific, U.S. Pacific Command, at Camp H. M. Smith.

USARPAC commanding general, Gen. Robert B. Brown, officiated the ceremony and addressed Fenton’s importance to USARPAC and the impact he had on the command.

“A proven combat leader and Special Operations officer, (Bryan) brought a wealth of knowledge and experience into our USARPAC ‘One Team’ ohana,” said Brown. “During his tenure as USARPAC G3, he’s accomplished some incredible achievements.”

Brown went on to detail how Fenton is one of the few leaders who had to juggle three very important responsibilities of this command, notably USARPAC’s



Brig. Gen. Jeffrey L. Milhorn, incoming U.S. Army-Pacific assistant chief of staff of Operations, addresses the audience during USARPAC’s Flying “V” ceremony at historic Palm Circle, Fort Shafter.

responsibility to PACOM, the command’s Title 10 responsibility as a service component command to the Army, and finally, USARPAC’s responsibility as the Theater Joint Force Land Component Command.

Fenton has 29 years on active duty with the Army. He has been with USARPAC since July 2015, during which time he manned the assistant chief of staff of Operations.

“Bryan executed two Pacific Pathways while he was with the 25th Infantry Division, and with that experience, he came to USARPAC knowing exactly how to take this to the next level,”

Brown said. “Under his leadership, his team oversaw the completion of four more Pacific Pathways, each increasing in scope and complexity.”

The Pacific Pathways concept involves joining multinational partners to conduct a three-part series of military exercises intended to increase Army readiness through additional training and strengthened partner-force relationships.

The Special Operations community in the Pacific will be pleased to have Fenton serving beside them, and that he is glad Fenton will not be going too far away, Brown added.

Fenton thanked the USARPAC command team for allowing he and his family to serve here and for setting the example, tone and tempo for “this incredible enterprise.”

Brown welcomed Fenton’s replacement, Brig. Gen. Jeffrey L. Milhorn, who came to USARPAC from the U.S. Army Corps of Engineers, Pacific Ocean Division, where he was the 31st commanding general and division engineer.

“Simply put, (Jeffrey) is the right general, at the right time, with the right skills to continue the momentum and carry forward the important work of his predecessor,” Brown said.

Flying V

The Flying V ceremony traditionally welcomes or honors senior Army officials when they assume duties or depart from USARPAC. The “V” refers to the way the colors are posted during the ceremony, which is V-shaped.

Fourteen of USARPAC’s subordinate and theater-enabling commands were represented on the parade field by Soldiers bearing the organizational colors and command teams.

FOOTSTEPS in FAITH

‘I just want to be happy’ reflects how we live our lives

CHAPLAIN (CAPT.)

JONATHAN D. TODD

325th Brigade Support Battalion
3rd Brigade Combat Team
25th Infantry Division

“I just want to be happy.”

Have you heard this phrase?

When it comes to a person’s goals or what is desired in their life, the idea of happiness comes to the surface quite often. But what does “happy” mean?

“Happiness is the meaning and the purpose of life, the whole aim and end of human existence.”
— Aristotle

“Happiness is when what you think, what you say, and what you do are in harmony.”
— Mahatma Gandhi

Seeking and finding happiness is part of the human experience and is therefore inherently important in how we choose to live our lives.

The framers of our government recognized this fact when they captured the pursuit of



Todd

happiness as one of three unalienable rights in the Declaration of Independence. How we choose to define “happiness” in our lives, however, is up to us.

In the military, many decisions are made for us, but where we invest our personal time and energy, who we build relationships with, what we choose to believe in, these decisions are ours alone.

I recently asked a number of people to describe what happiness means to them. I found two schools of thought. One centered on relationships and connected happiness to long-term goals or the welfare of others (healthy children, happy wife/husband, retirement plans). The other focused on immediate gain (winning the lottery, instantly being famous). Both, however, are

connected with a choice, a decision that results in an action. A healthy marriage requires relational work. Winning the lottery requires buying a ticket.

How do we find happiness? One way is to invest in short-term immediate satisfaction and hope for the best. This almost always leads to a let-down. For example, look at these:

- Drunkenness = bad decisions.
- Gambling = loss of wealth.
- Overeating = poor health.

We can also invest into long-term healthy goals with a much better success rate:

- Time with spouse = relationship growth.
- Retirement planning = fiscal security.
- Healthy diet = healthy body.

This same principle applies to our spiritual happiness. By investing ourselves into a healthy relationship with God, we grow

and develop spiritually. This growth is directly related to the amount and quality of time and energy we choose to invest.

Our spiritual health and happiness, however, are special because they directly impact how happy we are with our lives overall. Spirituality is foundational to overall well-being.

Developing spirituality doesn’t require advanced schooling, ritualistic practices or living a perfect life. It requires only that we invest our time and energy into our relationship with God.

We do this by setting aside unhealthy and destructive practices and, instead, embrace long-term, healthy habits. Time in prayer, meditation, fasting, communion and study of the Scriptures, these and more are all ways to grow.

This week, I encourage each of us to look inward. If we want to be happier, let’s start with investing our time and energy in our spirituality.

The choice is yours. What will you do?

Voices of Ohana

In observance of Heat Safety Awareness Day, we asked,
“What’s the best way to beat the heat?”

by Sgt. Daniel Johnson, 25th Combat Aviation Brigade Public Affairs,
25th Infantry Division



“Go and hit the pool a few times a month, drink lots of water and hit the sauna.”

1st Lt. Caitlin Bankhead
HQ Executive Officer
25th CAB



“A gallon of water a day keeps the heat stroke away!”

Capt. Heba Bullock
Public Affairs Officer,
25th CAB



“Hope for cold on some days, but a bottle of water or some green tea does the trick.”

Sgt. Steve Johnson
Orderly Room NCO,
25th CAB



“Stay hydrated and use sun-screen.”

Pfc. Elvin Nunez
School Specialist,
25th CAB



“Stay hydrated, watch for weather and pay attention to your water consumption rate.”

Staff Sgt. Joseph Sherman
Operations NCO,
25th CAB



Photo by Sgt. Kimberly K. Menzies, Army News Service

FORT SHAFTER — Command Sgt. Maj. John W. Foley (center), the new senior enlisted adviser of the 94th Army Air and Missile Defense Command, accepts the unit’s colors from Brig. Gen. Eric L. Sanchez, commander, 94th AAMDC, after outgoing Command Sgt. Maj. Finis A. Dodson (right) passed the colors to Sanchez, May 16, here. Foley, served as the senior enlisted adviser for the 188th Infantry Brigade, 3rd Inf. Division, at Fort Stewart, Ga. Dodson and his family are headed to Fort Sill, Okla., where he will serve as the senior enlisted adviser of the Air Defense Artillery School.

Wildland fire, prescribed burn nets positive results

DR. DANIEL BRUSH
Deputy Director, Emergency Services
U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Each year, the Directorate of Emergency Services meticulously plans and coordinates with numerous internal and external stakeholders for a prescribed burn on the training ranges, here.

There are many reasons that we spend six to eight months planning this event, and it revolves around the Army’s continued need to maintain training proficiency and capabilities on Oahu.

On face value, the idea of closing the ranges down for two weeks doesn’t necessarily equate to increased training capabilities, but that’s the end state.

Over the course of the year, based on the amount of precipitation received on Schofield, there is a significant amount of flammable natural fuel on the range.

Depending on changes in weather and the type of training that occurs on the range, there becomes a potential for fires to break out. When that happens, range operations typically are stopped or delayed, so the fire doesn’t spread.

By tacking on an extra week to the standard range maintenance schedule in May, we have an opportunity to conduct a “controlled” burn and minimize that natural fuel source out there.

This year, our team of 11 wildland firefighters set out to burn 1,200 acres on the Schofield Range over a two-week period that began May 15. Based on the aerial recon conducted, we achieved a 98 percent success rate on the identified burn areas.

More importantly, even though the weather did not totally cooperate, we achieved this rate of success in just three days of active burning. That allowed for some additional work to be done on the range and, of equal importance, minimized the length and duration of smoke and ash in the air.

For our neighbors on the Waianae coast, that meant that the graduation



Photo courtesy of Federal Fire Department

Bryson Kamakura, firefighter, Army Wildland Fire, monitors a piece of land that’s part of a prescribed burn, May 16. The firefighters safely burned invasive Guinea grass before the dryer summer season to prevent larger brush fires and better promote forest health.

ceremonies for Waianae and Nanakuli were smoke free!

Importance of the prescribed burn
According to the National Drought Mitigation Center, 70 percent of Hawaii is suffering from dry conditions, with 40 percent of the state being in a moderate-to-severe drought.

The National Interagency Fire Center places Hawaii at an “above normal” risk for significant wildland fire potential. By taking the time to plan and execute this mission, we made a significant impact on the ability for the Army to continue its training requirements.

DES extends its gratitude and appreciates everyone who worked so hard to prepare for and execute this event, especially our wildland firefighters; the 25th Combat Aviation Brigade, 25th Infantry Division; and Mark Neely, who joined us from Fort Riley, Kan., to assist with this year’s operation.

DES also wants to remind the garrison community to exercise extreme caution this year when out and about on the island of Oahu and throughout the state of Hawaii.

It doesn’t take more than a spark to start a wildfire.

Starting summer safely makes us ‘Army Strong’

KATHERINE HAMMACK
Assistant Secretary of the Army
Installations, Energy & Environment

As we begin the Memorial Day weekend and the traditional start of summer, I encourage leaders, Soldiers and Army civilians, at all levels, to keep safety at the forefront of every activity, both on and off duty.

This is historically the deadliest time of year for Army accidents. We must all do our part to keep one another safe.

Last fiscal year, 37 Soldiers died and another 17 suffered life-altering injuries in off-duty mishaps between Memorial Day and the first day of fall in late September. Of those fatalities, 30 involved driving or riding: 15 on motorcycles and 15 in four-wheeled vehicles, with drownings and accidental discharges of privately owned weapons rounding out the total.

A quick review of the reports reflects that a majority of these accidents were due to a momentary indiscretion in decision-making and, therefore, wholly



Hammack

preventable. I know we can and will do better this summer.

To stay a ready Army, we must be a safe Army. Every day is critical in our fight against risk.

I ask that you use the upcoming summer holidays and National Safety Month, observed

during June, to enhance and refocus your risk management efforts for the months ahead.

Whether you’re a leader, Soldier or civilian employee, safety isn’t just important; it’s personal. Think ahead. Build good decisions into your plans to live another day, and enjoy all the fun summer has to offer.

Thank you for the incredible job you do every day for our Army and our nation. I look forward to working with you well into the future.

Memorial Day Ceremonies & Activities

The following events are happening on Oahu.

Sunday, May 29th

•**National Memorial Cemetery of the Pacific**

On the afternoon of Sunday, May 29, the gravesites will be draped with lei made by locals, as well as an American flag. The local Boy Scouts and Girl Scouts decorate the graves for Memorial Day.

•**Vietnam Veterans Candlelight ceremony, 5:30 p.m.**

This ceremony is sponsored by VFW 10583 and the American-Vietnamese Coalition at the National Memorial Cemetery of the Pacific, commonly called Punchbowl, at 2177 Puowaina Dr., Honolulu.

Monday, May 30th

•**Honolulu Mayor’s 66th Annual Memorial Day Ceremony at Punchbowl, 8:30-9:30 a.m.**

This event features local military dignitaries, local JROTC, military performances and a performance by the Royal Hawaiian Band. A Roll Call of Honor in Remembrance ceremony is conducted by the Pacific American Foundation for Pacific Island veterans. It’s free and open to the public. The location is 2177 Puowaina Dr., Honolulu. Parking will be extremely limited. Consider taking The Bus.

•**U.S. Army Hawaii Memorial Day Ceremony, 10 a.m.**

The senior commander at U.S. Army Garrison-Hawaii and the commander, 25th Infantry Division, Maj. Gen. Charles Flynn, will host this ceremony at Schofield Barracks Post Cemetery to honor the sacrifices of Army veterans and sister services. The public is invited and should enter the cemetery via Lyman Gate, off Kunia Road, and provide current ID, registration, insurance and a safety check.

•**Hawaii State Veterans Cemetery, 1 p.m.**

The governor’s Memorial Day cer-

emony is located in Kaneohe at the state cemetery.

•**Lantern Floating Ceremony at Ala Moana Beach Park, 6:45 p.m.**

The annual Memorial Day Lantern Floating Ceremony offers participants to come together to honor loved ones who have passed away. More than 6,000 floating lanterns are expected along with over 40,000 people attending this free event. Location is Magic Island at Ala Moana Beach Park, Honolulu. (Pick up lanterns from 10 a.m.-4 p.m, on a first-come, first-served basis.)

For attendees who will be driving, free parking and shuttle service will be available at the Hawaii Convention Center. If you are staying in Waikiki, you might consider walking, especially if your hotel is on the western end of Waikiki. Consider taking the Waikiki Trolley.

•**USS Arizona Memorial, 7 a.m.-5 p.m.**

Visit the USS Arizona Memorial in Pearl Harbor; admission is free. The timed programs to the memorial begin at 8 a.m. and run through 3 p.m. at the Visitor Center.

•**USS Missouri, 8 a.m.-4 p.m.**

The Battleship Missouri Memorial in Pearl Harbor will honor Armed Forces members who paid the ultimate sacrifice to protect America’s freedom by providing free admission to all active duty, reserve, auxiliary and retired U.S. military personnel and dependents on Memorial Day. Present a valid military I.D. for free admission at the Ticket and Information Booth at the Pearl Harbor Visitor Center or at the entrance to the Battleship Missouri Memorial for those having approved base access onto Ford Island.

•**Pacific Aviation Museum in Pearl Harbor, 7 a.m.-5 p.m.**

This museum in Pearl Harbor displays aircraft that have been important to U.S. military history.

•**USS Bowfin Submarine Museum & Park in Pearl Harbor, 7 a.m.-5 p.m.**

The Bowfin in Pearl Harbor was an attack submarine vessel with significant history in World War II.

For more details, visit www.govisithawaii.com/2015/05/21/memorial-day-weekend-events-on-oahu-for-2015/#ixzz49WQ0B8kj.

USARPAC, 8th TSC remember West Loch sacrifice

STAFF SGT. JOHN C. GARVER
8th Theater Sustainment Command
Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — Hawaii government officials, community representatives, and retired and active service members from all branches of the military gathered on the Army’s Logistic Support Vessel 4, the Lt. Gen. William B. Bunker, for the 72nd West Loch Disaster Remembrance Ceremony, here, May 20, hosted by U.S. Army-Pacific and the 8th Theater Sustainment Command.

On May 21, 1944, Army troops were loading ammunition, weapons and fuel onto vessels in preparation for Operation Forager, a World War II campaign in the Mariana Islands. Following an explosion, fire spread through the West Loch, a staging area for landing ships at Pearl Harbor.

In the next 24 hours, six ships sank, 163 personnel died and 396 personnel were injured in what was the second largest tragedy of Pearl Harbor during the war. Nearly one-third of the casualties were from the Army’s segregated African-American 29th Chemical Decontamination Company.

Despite the devastation, the critical mission was only delayed one day, demonstrating the resolve and courage of the



Photo by Sgt. Jon Heinrich, 8th TSC Public Affairs

The youngest service members representing all branches of service place a wreath in the water in memory of the the 163 killed and 396 injured in the West Loch Disaster, May 21, 1944.

Sailors, Marines and Soldiers involved. During the remembrance, LSV-4 Gen. Bunker transported distinguished guests across Pearl Harbor from Bishop Point to West Loch, where they conducted the ceremony. “Today, here, we gather to reflect on

the loss of those American patriots,” said Navy Capt. Mark Manfredi, chief of staff, Navy Region Hawaii. “This commemoration and floral tribute is a testimony of our commitment to always remember the sacrifice during the war in the Pacific, and to especially honor those who made

the ultimate sacrifice in the name of freedom. “Though the incident could have caused a significant delay in the upcoming invasion of Saipan, those who served at West Loch and Pearl Harbor showed remarkable resilience,” Manfredi said. For the ceremony, as a sign of respect and remembrance, the youngest service members from active duty units in Hawaii placed a wreath in the same sacred waters where the individuals lost their lives. “When the ceremony started – hearing about what happened and then laying the wreath – it is a moment I will not forget,” said Pvt. Monique Engman, 545th Transportation Co., 8th TSC, and one of five service members who placed the wreath. “Those of us in uniform understand and accept the risks associated with our profession,” Manfredi said, “risks that are compounded infinitely in time of war, when vigilance and readiness are our best friends, and chaos and confusion are always close at hand.” The LSV remembrance was followed by another West Loch remembrance ceremony with military honors at the National Memorial Cemetery of the Pacific at Punchbowl Crater.

65th BEB C.O. breaks ‘glass ceilings’ as Army officer

CAPT. KATIE RICHESIN
2nd Brigade Combat Team Public Affairs
25th Infantry Division

WAHIAWA — Female integration has been a highlighted and sometimes controversial topic in the Army over the last five years.

Tales of women receiving negative comments from male counterparts or hitting a glass ceiling have seemed pervasive.

With the recent graduation of female Rangers and the announcement of all military occupational specialties open to women, the perception that the Army does not give females the same opportunity as males is slowly shifting.

Lt. Col. Heather Levy, commander, 65th Brigade Engineer Battalion, 2nd Bde. Combat Team, 25th Infantry Divi-



Levy

sion, is one example of a female in a senior leadership role. However, she states her success has nothing to do with gender.

“I have the same skills and talents as other battalion commanders,” Levy said. “I feel like I have been given every opportunity. It shouldn’t be surprising.”

Many of the jobs Levy has held are those someone who is selected for battalion command will traditionally hold in their career – platoon leader, company

commander, battalion executive officer and operations officer. Other jobs, such as assistant professor of military science at John Hopkins University, and National Training Center deputy chief of staff, have expanded her skill set. However, she states that being a battalion commander is “the best job in the Army so far for me.” Levy’s dedication and strong leadership have guided the 65th BEB through its transition as the 2nd BCT converts from a Stryker BCT. “Lt. Col. Levy is extremely knowledgeable about all things engineer related based on her experiences. Additionally, she has the resident knowledge on the vast mission sets that a brigade engineer battalion has to execute,” said Capt. Joseph Durlin, assistant operations officer, 65th BEB. “She has been a great mentor

to me. She has been very understanding. Rather than yell and belittle you as other leaders may do, she would take the opportunity to provide mentorship in a professional manner.” Levy’s mentorship comes from the belief that “a lot of the strength of the Army is mentors, teachers and peers who challenge you and help you succeed.” “It is also about being ready for when the opportunity comes,” she said. “I think the Army has work for everyone. It’s about what you can do. I think it’s a challenge for everyone, and if you have the chance, would you say, ‘I’m not ready,’ or would you take that challenge?” As the Army moves to complete its female integration, Levy is a reminder that there are already great female leaders, and for them, it is just business as usual.

Soldier for Life recommends beginning the transition process

BRYAN THARPE
Army News Service

FORT RUCKER, Ala. — So, you just looked at your countdown calendar, and, in about a year, you’re going to be parting company with the Army.

“Wow!” you think. “That time will pass fast.”

You’re suddenly overcome with a gnawing feeling that you ought to be doing something to get ready for this major change in your life. Then, you remember one of your friends talking about how valuable the Soldier for Life-Transition Assistance Program services were when she completed her military service, so you grab the phone and call SFL-TAP.

The voice on the other end of the line is friendly and gives you the answers you want to hear. The SFL-TAP staff member explains that transitioning Soldiers must begin working with the SFL-TAP Center not later than one year from separation or two years from retirement.

“Hey,” you think. “That’s still a long



Photo/graphic courtesy of U.S. Army Combat Readiness Center

way out to get started.” Your first impulse is to voice that fact in no uncertain terms to the person on the other end of the line. Fortunately, some of your human relations training kicks in and you simply say, “Well, I guess by starting earlier I can better prepare myself for the transition.” Additionally, the Veterans Opportunity to Work Act made attending all SFL-TAP classes mandatory, as well as doing

your initial SFL-TAP pre-separation briefing not later than 12 months from your separation or retirement date. If you see yourself in this scenario, read on. Indeed, it may be too far out to start sending out resumes, but there are some things you can do while you’re waiting for that separation or retirement date to draw closer. Furthermore, the earlier you start using SFL-TAP services, the more latitude you have to schedule appointments around your unit mission requirement. •**Start networking.** You can get started networking (talking) with relatives, friends and acquaintances to let them know you’ll be looking for a job in about a year. You’ll probably be pleasantly surprised at just how helpful network contacts can be. Most people you talk to will be more than willing to help. Of course, the more specific you can be in terms of what you want to do and where you want to live, the more valuable your network contacts can be. The value

of networking in job search is illustrated by the fact that almost 80 percent of job seekers find their jobs through some form of networking. •**Attend an SFL-TAP job assistance workshop.** Knowing how and where to look for a job is half the battle. You can never begin too soon to start learning all you can about the job search process, how to produce great resumes and cover letters, and acquiring excellent interviewing skills that make you look and sound polished while you are trying to market your abilities. •**Take advantage of all the services the education center offers, as well.** Of course, the obvious thing here is to further your education and training to make you more marketable. You may wish to work on a degree or brush up on your computer skills – computer classes and skills are especially good for your resume. Either way, the education center can help you. (Editor’s note: Read more about SFL-TAP at www.hawaiiarmyweekly.com.)

Soldiers encouraged to get smart on motorcycle culture

CRIMINAL INVESTIGATION COMMAND
Public Affairs

QUANTICO, Va. — On the first anniversary of a biker shoot-out that made national headlines and killed nine at a restaurant in Waco, Texas, the U.S. Army Criminal Investigation Command (CID) encourages Soldiers and family members to fully educate themselves on motorcycle culture and clubs, especially if they are contemplating becoming a member.

According to the U.S. Army Combat Readiness Center’s “Motorcycle Safety Guide,” more than 33,000 motorcycles are currently registered on Army installations. The popularity of the low-cost mode of transportation heightens the need for motorcycle owners and their families to be aware, both on and off the road, of the motorcycle culture that brings riders together.

Riders often come together in a “club-type atmosphere” where they want to socialize, support each other and ride together. These clubs have their own patches, rules and protocol, and can become an extension of one’s family. It is said that 99 percent of those who ride and belong to motorcycle clubs are law-abiding enthusiasts.

The other one percent of riders, however, makes up the lawless subculture popularized by television shows such as the “Sons of Anarchy.” That one percent, called Outlaw Motorcycle Gangs, or OMGs, may be using motorcycle events or functions as a criminal enterprise and as an opportunity to recruit law-abiding members of the military.

Soldiers and their families, especially those who ride, need to be aware of the OMGs in their area.

“Many service members, civilian employees and family members attend functions that are designed for motorcycle riders and the brotherhood of the biker subculture,” said Joe Ethridge, chief of CID’s Criminal Intelligence Division.

“OMG members will attend these functions, as well. It is well documented that OMGs and support clubs recruit mil-



Courtesy graphic

itary members into their ranks,” Ethridge added.

To understand if motorcycle enthusiasts are OMG members, Soldiers, civilian employees and family members should do their research and be aware of the patches and logos they wear.

“An OMG member, while wearing his garb, can be easily identified to the trained eye,” Ethridge said.

The most recognizable symbol of OMGs are a “1%” diamond patch, or ring, that is worn. Often, OMG members have this tattoo, as well. OMG members also identify by wearing vests or “cuts,” other OMG-related tattoos, white supremacist or Nazi symbols, and other symbols that are specific to their gang.

Additionally, Ethridge said, OMG members will sell supporter T-shirts and other paraphernalia to help support criminal legal defense funds when a member is in need.

“The best thing service members and their families can do is watch and read the news and be aware of OMG actions in

their area,” Ethridge said.

He stressed that Soldiers should not consider membership or acquaint themselves with OMG members.

In fact, as stated in Department of Defense Instruction 1325.06, “Military personnel must reject active participation in criminal gangs and other organizations that advocate supremacist, extremist or criminal gang doctrine, ideology or causes.”

Further, Army Regulation 600-20 states that commanders may prohibit military personnel from engaging in or participating in any activities that the commander determines will adversely affect good order and discipline or morale within the command. Commanders have the authority to use UCMJ action, involuntary separation, reclassification actions, bar re-enlistment actions, and other administrative or disciplinary actions, if necessary.

In any case of apparent Soldier involvement with or in gangs or extremist organizations or activities, whether or not

they violate the prohibitions in AR 600-20, commanders must take positive actions to educate Soldiers, putting them on notice of the potential adverse effects.

“To avoid potential adverse effects, Soldiers looking for a club to join should consider one of the Army’s Motorcycle Mentorship clubs, which brings together Soldiers across the country,” Ethridge said.

The Army’s Motorcycle Mentorship Program was established in 2005 to create installation-level motorcycle clubs for less-experienced and seasoned riders.

Soldiers, civilian employees and family members should also consider the following recommendations:

- Do not associate with the OMG clubs or support clubs.
- It is against DoD and Army regulations to associate with a known criminal gang or club.
- Do not become an unwitting supporter by purchasing shirts or other gear.
- Do not frequent establishments that support OMG clubs or members.
- Do not participate in OMG-sanctioned functions, such as poker runs, rallies or cook-offs and related activities.
- Educate yourself, your troops, friends and family.

More Online

Service members can find OMG and other gang-related information from the National Gang Center website, www.nationalgangcenter.gov.

The Gang-Related News Articles section, www.nationalgangcenter.gov/Gang-Related-News, allows users to search by state.

Briefings on OMGs, street gangs and extremist can be provided upon request. To find the CID office nearest you, visit www.cid.army.mil.

For more information, or to find a club, visit the U.S. Army Combat Readiness Center at <https://safety.army.mil>.



Today

Help Us Find Them —

Wednesday was National Missing Children’s Day 2016.

The FBI asks the public for its help in locating any of the victims pictured on its Kidnapping and Missing Persons site. Visit www.FBI.gov.

Rescue —

Two hikers are safe after rescue by the U.S. Coast Guard, Tuesday, after being stranded overnight on the Na Pali Coast Trail and writing “SOS” in the sand of Kalalau Beach, Kauai. A USCG Dolphin helicopter diverted from training after overhearing radio discussion about the SOS.

The Coast Guard encourages the public to be prepared with essentials, such as water, food, sunscreen and communication devices before embarking on any trip, whether on land or water.

No HSO, No Flights —

The Schofield Barracks Housing Service Office and Wheeler Army Airfield support functions (tower, base ops, hot refuel, etc.) are closed. HSO and airfield support functions both reopen May 31.

One Shot, One Photo

— Effective immediately, official photographers will take reshoots only when there is an error caused by the photogra-

pher or the equipment.

Reshoots may be completed upon receipt of a digitally signed email or written request signed by the company commander or equivalent in the Soldier’s chain of command.

This policy is due to the volume of repeated reshoot requests for incorrect/missing uniform item discrepancies. Soldiers are reminded to ensure that their uniforms and authorized permanent accessories, decorations and insignia are worn per AR 670-1.

PCS —

Frequent permanent change of station moves can be frustrating for active duty families. TRICARE gives you one less thing to worry about with “Moving Made Easy.”

Now, whether state-side or overseas, you can transfer enrollment with just one phone call to your new location. You don’t need orders, there are no waiting lists and there are no forms to complete.

When you get to your new duty station, just pick up the phone and call your contractor. Visit www.tricare.mil/CoveredServices/BenefitUpdates/Archives/05_23_16_MovingMadeEasy.aspx.

No Dumping —

A new law, signed May 18, allows inspectors to fine individuals who illegally dump bulky waste, and provides higher fines for dumpers, up to \$2,500 for each violation.

Free collection of bulky items, such as furniture, appliances and mattresses, is available across Oahu every month. Visit <http://bit.ly/1R7zEmz>.

June

1 / Wednesday

PTA CoC —

Lt. Col. Christopher Marquez will assume command of U.S. Army Garrison-Pohakuloa Training Area from Lt. Col. Jacob Peterson, 11 a.m., in the post theater.

3 / Friday

USAG-HI CoC/R —

Col. Stephen E. Dawson will assume command from Col. Richard Fromm, and Command Sgt. Maj. Lisa C. Piette-Edwards will assume responsibility from Command Sgt. Maj. Louis C. Felicioni, of U.S. Army Garrison-Hawaii, at 10 a.m. on Weyand Field, Schofield Barracks.

Recycling —

A free “Going Green” community recycling event takes place at Honolulu Hale, 9 a.m.-11 a.m.

The public is invited to bring computers, printers, scanners, one TV per car, cell phones, ink cartridges, PDAs, usable clothing and household items, used eyeglasses and hearing aids, used household cooking oil, all types of batteries, dog and cat food, towels and blankets, prom dresses, women’s business suits, and other accessories.

Incandescent bulbs can be swapped for compact fluorescent bulbs, a maximum of four per car, and free towing of unwanted cars is available by appointment.

Residents are encouraged to bring donations of rice and canned goods to benefit the Hawai’i Foodbank. Call 291-6151.



Today

Safe Boaters —

This is National Safe Boating Week, and the Coast Guard advises boaters to get a free vessel safety check.

A courtesy check is performed at the location of your boat by a certified Coast Guard Auxiliary or Power Squadron Vessel Examiner. The exam usually takes 15 to 30 minutes, and boats that pass the examination are awarded a distinctive VSC decal that alerts the Coast Guard and other law-enforcement agencies that their boat was found to be in full compliance with all federal and state boating laws.

If a boater’s vessel doesn’t pass, no report is filed. Instead, owners are provided a written report that aids in correcting any discrepancies or specific information on required additional equipment.

To schedule an examination, visit <http://www.uscgaux.info/content.php?unit=vdept&category=i-want-a-vsc>.

TAMC —

A road closure for Jarrett-White Road continues weekdays, 8 a.m.-2 p.m., until June 17 at Tripler Army Medical Center to restore damage to the road surface, curb and gutter. Emergency

vehicles will have access through the closure.

28 / Saturday

Painting in Progress

— A portion of Schofield’s Glennan Street, fronting Bldg. 689, will be closed today and tomorrow, 7 a.m.-5 p.m., for the final weekend of painting the building.

30 / Monday

Phase One —

Some Schofield Roads will be closed at McNair Gate and McCornack Road to replace overhead electrical power lines.

Various roads will be reduced to one lane of traffic at each power pole location being worked on.

Sutton Avenue, Tidball Road, McCornack Road, McNair Gate and Leilehua Avenue will be affected.

June

1 / Wednesday

Lane Closure —

One lane will be closed at Schofield’s Menoher Road, between Hewitt and Parrish Street, Schofield Barracks, weekdays, 8:30 a.m.-5 p.m., until June 22 (no holiday work is scheduled). The additional work is for a water line connection at Menoher Road.

During this time, work will include water line connection and curb and cutter pour and placement. Cones and Flag personnel will be on-site for this work. Traffic will be stopped for pedestrians to walk around the work area.

2 / Thursday

Lane Closure —

There will be a lane closure on Schofield’s Sargent Street next to Bldg. 690, for water main excavation. Sargent will be restricted to one-lane access from Wednesday until June 23. During all construction, the contractor will have all appropriate signs and barriers for closing each side of the roadway.

- Phase II: June 2-9,
- Phase III: June 9-21, and
- Phase IV: June 21-23.

4 / Saturday

Cool PM —

The garrison’s Public Works Air Conditioner Shop will conduct preventive maintenance on all of Schofield Barracks’ cooling towers before the summer to help prevent trouble calls. Work will be performed 7:30 a.m.-4 p.m.

During this maintenance, the cooling will be off in K Quad. No building should be affected, but it helps feed buildings 772, 773, 774, 776, 777, 778, 779, 780 and 783.

FSF & Aliamanu Out-

ages —

A flood mitigation structures project will require an electrical outage, 8 a.m.-4 p.m., that will impact the residents at Funston Loop Military Housing and the majority of tenants/users at Fort Shafter Flats (including, but not limited to, Bldgs. 1575, 1580, 1598 and 1604. See maps of the outage areas at www.hawaiiarmyweekly.com).

PAU HANA

"when work is finished."



Photo by Christine Cabalo, Oahu Publications

Ariana Olivera (left) and Gabriella Barba perform a hula for teachers, senior commanding officers, guests and other students celebrating the end of the school year for the Aloha Ambassadors program at Wheeler Middle School, May 19.

Support, assimilation tools aid new students

CHRISTINE CABALO

Staff Writer

WHEELER ARMY AIRFIELD — Wheeler Middle School students are leading the way in spreading the aloha spirit to transferring students with the Aloha Ambassadors program developed by the school's teachers.

Students and teachers celebrated the end of the program's first year in practice during a luncheon held at the school, May 19.

Kiera Orlowski, who developed the program, and her sister supporting the program, Maggie Gallagher, were honored with certificates of appreciation from Maj. Gen. Charles Flynn, commanding officer, 25th Infantry Division and senior commander, U.S. Army Hawaii.

"I especially wanted to express my thanks to you for the program," Flynn said. "In (the students') faces, in their eyes, you see yourself. You went above and beyond, doing something beyond teaching in the classroom."

Recognizing challenges

Orlowski and Gallagher are teachers at the school and experienced frequent relocations growing up when they were military children. Orlowski said there was a point in her student life where she went to three different middle schools in three years.

"In that situation, you can feel like you don't belong," Orlowski said. "After a move to a new place, you can feel lost. It's important to have peer programs, and I was inspired to create a program for kids. It can make a big difference to see a friendly face during lunch and recess. Students can feel excited about living in a new place."

Student-led initiative

Aloha Ambassadors pairs a new transferring student to another student already attending the school.

Orlowski said students are matched through common interests or experiences. The students also gather monthly for a seminar to build resilience skills and develop the program.

Aloha Ambassadors is modeled after the Student 2 Student program from the Military Child Education Coalition and the principles of the Stanford University method's peer program.

Orlowski said it was important for Aloha Ambassadors to be a student-led initiative, having students brainstorm to directly guide the program.

"This helps a new student feel part of a team and feel part of something special," Orlowski said. "It's a comforting feeling to have for the first day of school."

Cultural component

Although Aloha Ambassadors was inspired from the Student 2 Student program, it uniquely embraces Hawaii's cultural ideas of ohana and aloha spirit. New students receive goodie bags with Hawaiian cookies and sweets as an introduction to the culture, and they learn to appreciate them.

"One of the best things about Hawaii is how much cultural tradition stays," said sixth-grade student Emma Mark.

After starting at Wheeler Middle School in January 2016, eighth-grade student Lily Disque said she's met great new people through Aloha Ambassadors. She said having a program like this is needed in all schools, not just military child-heavy schools.

"It's important for people like us to have a program like this, especially on the first day when you don't know anyone," Disque said. "It can feel negative. With Aloha Ambassadors, I had an awesome first day, and even with this big change, it helps you to see the good things and move on for the rest of school year."

Orlowski said the program helps both students who are in transition and those who live in Hawaii who often say goodbye to relocating friends. Many enjoy discovering Hawaii's environment.

"Anything you can think of doing, you can do here," said sixth-grade student and Aloha Ambassador Nate Larson. "I really like the beaches and hikes."

Although most clubs at the middle school are aimed at eighth-grade students, the Aloha Ambassadors club was expanded to younger children. Several are sixth-grade students of Gallagher's who can easily identify and connect with students their age.

"If you come and think there's nothing to do and feel alone, it's not true," said sixth-grade student Justin Baxter. "There are many others who care, even the military men and women around you."

Orlowski said she's proud of how much the students have developed and how the students tapped into their collective strength of helping others.

Coordinators are also working with Leilehua High School to bring the program to older students. Many of the students in the program said joining has introduced them to new and sometimes amazing friends.

"In Hawaii, everyone is part of an ohana," said sixth-grade student Divanni DeJesus. "Be comfortable and confident. If you introduce yourself to someone, you'll meet so many people."



Photo courtesy of Aloha Ambassadors

Students at Wheeler Middle School prepare goodie bags to welcome transitioning students for the Aloha Ambassadors program.



Photo by Christine Cabalo, Oahu Publications

Kiera Orlowski (left) and her sister Maggie Gallagher receive certificates of appreciation from Maj. Gen. Charles Flynn, senior commander, USARHAW, May 19.



Photo courtesy of Aloha Ambassadors

Students at Wheeler Middle School hold up goodie bags made by other students in the Aloha Ambassador program.

Photo illustration by Kristen Wong, inside photo courtesy of Aloha Ambassadors Program

Students with the Aloha Ambassadors program pose for a photo with their mentor Kiera Orlowski, an eighth-grade teacher at Wheeler Middle School. The students meet monthly to develop the program and communication skills.





Briefs

Today

FMWR Closure — Please note, on May 27, most Family and MWR facilities will be closed, including child care facilities, for the Garrison Organizational Celebration. Please plan accordingly.

Leilehua Concert Series

— Enjoy an evening of Hawaiian music, free and open to the public, 6-8 p.m., every last Friday of the month. Food and beverages available for purchase. Call 655-7131.

28 / Saturday

Adventure Mountain Biking

— Get out of your comfort zone and tour the best mountain biking trails on the North Shore of Oahu with Outdoor Recreation, 8:30 a.m.-12:30 p.m.

Ride hills, drops, trails, fingers and whoops. Bring water and clothes that you don't mind getting dirty on this Level II bike trip. All transportation (up to 12 people), instruction and equipment is provided. Cost is \$20 per person. Sign up at 655-0143.

Texas Hold'em Poker

— Poker tournaments are back! Sign up at Tropics for a night of cards, drinks and food. Cost is \$10 service charge. Sign-up begins at 6 p.m.

Win Exchange gift cards of \$75 for first place, \$50 for second place and \$25 for third place. Newly renovated Tropics is located in Bldg 589, Foote Avenue. Call 655-5698.

29 / Sunday

Sunday Brunch

— Savor roasted prime rib with a peppercorn and garlic crust, along with exquisite dishes infused from the Pacific Rim, Asia and Hawaii nouveau at the FS Hale Ikena. Call 438-1974.

Pottery Wheel Throwing and Quilting/Sewing Workshop — Join SB Arts & Crafts at Bldg. 572. Cost is \$25 for the first class, \$6 each for additional classes. Call 655-4202.

31 / Tuesday

Infant Massage

— Learn

TEE TIME



WAHIAWA — Every first Friday of the month join members of the U.S. Army Garrison-Hawaii community for the **Command Golf Scramble** tournament. Individuals and teams of four are invited to participate. For player and team openings, eligibility, information and registration, call 655-4653.

about the power of bonding with your baby, the benefits of massage in circulation, digestion and emotional well-being during this five-week course. Limited to 15 couples from 6-7 p.m., ACS Bldg. 2091. Call 655-4227 for information or registration.

Mexican Cuisine Lunch

Buffet — Tuesday buffet, 11 a.m.-1 p.m., at FS Hale Ikena. Features beef tacos w/fixings, chicken fajitas, Spanish rice, refried beans, buttered corn, soup and salad for \$10.95. Call 438-1974.

Taco Tuesday — Every Tuesday night, SB Kolekole Bar & Grill features three tacos, rice and beans dinner for only \$4.99 at 1249 Kolekole Ave. Call 655-4466.

June

1 / Wednesday

EFMP Coffee Talk

— Build

support and friendships, all while discussing ways to better serve you and your exceptional family members, 10-11:30 a.m., at SB ACS Bldg. 2091. Call the EFMP at 655-4227.

BOSS Meetings — Single Soldiers and geographic bachelors are encouraged to attend BOSS meetings every Wednesday of the month to discuss community service projects and fun upcoming programs. Get involved and make a difference.

•North meetings are held at SB Tropics, every 1st and 3rd Wednesday, at 3 p.m.

•South meetings are held at the FS Bowling Center, every 2nd and 4th Wednesday of the month, at 10 a.m.

BOSS is waiting for your call at 655-1130.

2 / Thursday

Community Readiness

Expo — New to Hawaii? The USARHAW Community Readiness Expo is held 9 a.m.-noon,

at the SB Nehelani. Learn about Army community resources from service agency representatives at this weekly interactive orientation without briefings. Call ACS at 655-4227.

Money Management

— Learn core concepts of personal finances, budgeting, credit and investing. They can fit into your overall financial plan in “Steps to Financial Success,” from 10-11:30 a.m., SB ACS Bldg. 2091. Call 655-4227.

Scream-Free Parenting

— This four-week program, noon-1:30 p.m., is designed for parents of children aged 5-15 to look at their current parenting practices and identify ways to strengthen their skills and create healthier family relationships. Call 655-4227 for information or to register.

3 / Friday

Command Scramble Golf

— Monthly event cost is \$50 per player, and price includes green/cart fee, free driving range balls, door prizes, flight prizes, pupus and two Mulligans per player. Contact Leilehua Golf Course at 655-4653 to register.

Registration will also be held on the day of the event, unless the event is already sold out at Leilehua Golf Course, 199 Leilehua Road, Wahiawa.

Grill Your Own Steak Night

— Grill your own steak, from 3-8 p.m., at the FS Hale Ikena on Mulligan's lanai. Call 438-6712 or 438-1974.

Ongoing

Play Mornings at HMR Chapel

— Meet other moms and dads, share information and parenting tips, and give your child a chance to interact with other children in a safe, structured environment from 10-11 a.m. To register, call 655-4227.

Preschool Storytime — SB Sgt. Yano Library hosts, 10 a.m., every first and third Wednesday for children 3-5 years old. Listen to stories, sing and dance, and make a craft. Call 655-8002.

RV/Boat/Jet Ski Lot — Not enough space? Store your recreation equipment with the Auto Skills Center. Costs \$40 for 16 feet and below, and \$50 for any above 16 feet.

Call SB at 655-9368 or FS at 438-9402.

also take part in special activities featured throughout the day, including special exhibits and demonstrations about sharks, arts and crafts, and live entertainment. Call 259-2500 or visit www.sealifeparkhawaii.com.

11 / Saturday

Sports Physicals and Immunizations — Back-to-school walk-in check-ups at the TAMC Family Medicine Clinic are available, 8 a.m.-noon, June 11 & 25 and July 9 & 23. Bring military IDs and immunization records. Open to all TAMC Medicine Clinic enrollees ages 4-18. Call for a scheduled appointment at 433-2778.

Sgt. Smith Theater — Free advance screening offered of “Central Intelligence,” 4 p.m.; doors open at 2 p.m. Tickets available at the SB Exchange Food Court. Call 237-4502.

18 / Saturday

Sea Life Park — USO Hawaii will host a free event for military members and their families from 3-9 p.m., June 18th, at Sea Life Park. Go and enjoy an evening out at the 4th Annual Twilight Tribute to the Troops. The park will be closed to the public, food will be available for purchase and continuous parking shuttles will run from Bellows Air Force Station. Call 422-1213.

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers' Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
 - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC Annex
 - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at Soldiers' Chapel and 12 p.m., TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Friday, 7:30 p.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at Wheeler Annex

Protestant Worship

- Sunday Services
 - 9 a.m. at MPC
 - 9 a.m., at FD, TAMC chapel
 - 10 a.m. at HMR
 - 10:30 a.m. at AMR
 - 11:30 a.m. at WAAF (Spanish language)
 - 11 a.m. at SC (Contemporary)

Liturgical (Lutheran/Anglican)

- Sunday, 10 a.m. at WAAF

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

“Promises, Promises” — The Neil Simon/Burt Bacharach vintage 1960's musical comedy continues a three-week run at Diamond Head Theatre, through June 5. Call 733-0274 or visit diamondheadtheatre.com.

28 / Saturday

SB Kolekole — The walking-hiking trail is open this weekend, May 28-29, to authorized patrons.

Asian-Pacific Celebration

— Hula dance performances, local craft vendors, food trucks and more will be on hand at the Schofield Main Exchange, 9 a.m.-3 p.m.

North Shore Mahina Market

— First-ever scheduled monthly event, 5-8 p.m., will be held at Kuilima Point Lawn. This free event focuses on lifestyle elements of the North Shore through a casual community gathering. Fifteen booths will be part of the first Mahina Market. Featured will be local food,

product vendors, artists and an open flow yoga class with a DJ mixing live music. Call 223-8364.

29 / Sunday

Polo — The Hawaii Polo Club season is underway on the North Shore at Mokuleia with matches every Sunday through Sept. 4. The parking lot opens at 11 a.m.; matches begin at 2 p.m. Tickets cost \$10-\$25. Visit hawaii-polo.org or call 220-5153.

30 / Monday

Memorial Day — Maj. Gen. Charles A. Flynn, U.S. Army Hawaii senior commander, presides over USAG-HI's Memorial Day commemoration ceremony, 10 a.m., at the SB Post Cemetery. The public is welcome and should enter the post through Lyman Gate for a visitor's pass.

Pacific Aviation Museum — Pearl Harbor museum honors members of the Armed Forces on Memorial Day with free admission to all active duty, reserve, auxiliary and retired U.S. military and their families, Monday, May 30.

Military guests will be required to present a valid military ID. Call 441-1000.

31 / Tuesday

Asian-Pacific Island Heritage Month — TAMC hosts a special presentation, noon-1 p.m., Kyser Auditorium, recognizing heroic multi-ethnic units, including the 442nd Infantry Regimental Combat Team and the 100th Inf. Battalion.

June

4 / Saturday

North Shore Ocean Fest — This 5th annual community family friendly event focuses on ocean and marine life education. From 11 a.m.-4 p.m., June 4, at Turtle Bay Resort, the North Shore Ocean Fest will feature more than 30 educational booths with activities for families, live music, keiki hula performances, student art and poetry presentations, food booths, arts and crafts vendors and a silent auction. More than 3,000 people attended last year. This year's event also honors World Oceans Day.

5 / Sunday

Keiki Sunday — Sea Life Park features the often-misunderstood world of sharks, 10 a.m.-2 p.m. Two children, 3-12 years old, will receive free entry with each paying adult. In addition to enjoying access to Sea Life Park's shows and animal exhibits, keiki can

Calendar Abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
BSB: Brigade Support Battalion Co.: Company
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare

and Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PCS: Parent Central Services
PFC: Physical Fitness Center
SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARHAW: U.S. Army Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield



Criminal (R)

Fri., May 27, 7 p.m.



The Jungle Book (PG)

Sat., May 28, 4 p.m.
Sun., May 29, 5 p.m.



Barbershop: The Next Cut (PG-13)

Sat., May 28, 7 p.m.


(Closed Monday, Tuesday, Wednesday and Thursday)

EFMP ensures the needs of military families

Myths prevent some from participating

TERESSA QUICK FREEMAN

Exceptional Family Member Program



There are a number of misconceptions about the Exceptional Family Member Program, or EFMP. EFMP is a mandatory enrollment program designed for Soldiers who have family members who require special medical or educational services, based upon a diagnosed physical, intellectual or emotional need. Enrollment in EFMP ensures that the needs of exceptional family members are being met. When the needs of families are met, it alleviates the stress on our Soldiers and allows them to better focus on mission completion and readiness.

Debunking myths

The predominant myth surrounding EFMP enrollment is that, “enrolling in EFMP will hinder my career” or that the program is a “career killer.” Because of these myths, some Soldiers refrain from enrolling in the program – not realizing that, in fact, quite the opposite is true. We see in our office, daily, Soldiers who are enrolled in EFMP whom are senior enlisted or higher ranking officers and who have never suffered any hindrance to career progression. Bill Lukens, a retired colonel, currently serving as the director of Army Community Service in Fort Stewart, Ga., has had his own experiences with the EFMP program, which he has shared. His first experience was helping a warrant officer when his family was stationed at Fort Stewart. They had a child diagnosed with sickle cell disease, which is an inherited blood disorder that requires constant supervision. The child also needed a cochlear implant to improve the child’s hearing. The EFMP files had not been updated prior to the



A vehicle accident, circa 1994, results in then-Maj. William Lukens enrolling his spouse, Connie, into the Army’s Exceptional Family Member Program.



Retired Col. Bill Lukens and his wife Connie pose for a recent photo. Lukens served more than 30 years in the Army and is now ACS director at Fort Stewart.

family’s arrival. As Marne 1 (G-1) at that time, Lukens was able to get his orders curtailed and his family sent back to Fort Lewis,

Wash. (Madigan), where they were able to obtain the necessary services and support for the family member. The family, however, could not get the care they needed while the reassignment was coordinated, causing a great burden on them. When working properly, EFMP would have prevented the family from being assigned where care was not available. Lukens’ second experience with EFMP was far more complicated. In 1994, his wife, Connie, was involved in a car accident that almost claimed her life. He was a major at that time, and he had to enroll in the EFMP program. The process of enrollment then, as it is now, was hassle free. His enrollment in the program helped him connect with the doctors and specialists his wife needed for reconstructive surgeries, as well as therapists and counselors – all who helped them to rehabilitate her and rebuild their life. During this time, Lukens continued his career in the Army and the family


was able to make a permanent change of station move, or PCS, eight more times. While stationed in Hawaii, his orders were curtailed due to lack of medical services for Connie. She needed two total knee replacements, so the family was sent to Fort Gordon, Ga., where she was able to obtain the care she needed. The change in orders to support his spouse did not hinder him in any way. Enrollment in the EFMP program simply ensured that the family did not get stationed in an area where Connie could not receive proper care.

Evolution

The EFMP program has evolved since Lukens was an active duty officer. For instance, when he was active duty, the respite care program did not exist. Now, that program is a tool used by many families enrolled in the program to offer caregivers some much-needed rest and an opportunity to practice self-care, so that they can offer the best possible service to their family members who need constant care. Although it was first designed as a relief tool for some Soldiers and their families, it is an essential tool for families in critical situations. In conclusion, Lukens speaks passionately concerning the services they received while being enrolled in the EFMP. Although the program is mandatory for Soldiers, Lukens chooses to view the program as an incentive to assist in supporting families. For everyone who believes being enrolled in EFMP is a “career killer,” just know, that in 1994, Lukens was a major. In 2012, he retired as a colonel. (Editor’s note: Freeman is a coordinator program manager for EFMP.)

More Details

Call the Schofield Barracks EFMP at 655-4227. For questions about enrolling in EFMP, visit www.himwr.com/exceptional-family-member.



Surcharge pays for new or renovated commissaries

RICK BRINK
Defense Commissary Agency

FORT LEE, Va. — The commissary surcharge, the 5 percent added to every customer’s bill, is not a tax. That’s just one of several facts about the surcharge that even some of the savviest commissary customers are sometimes surprised to learn. “Some people erroneously call the surcharge a tax, but this generalization is inaccurate and misses the point,” said Defense Commissary Agency historian Dr. Pete Skirbunt. “A tax could be spent on any of multiple government programs or projects with no way of telling which ones. Commissary surcharge dollars, however, may only be spent on building, modernizing and maintaining commissary facilities and store equipment.” Examples of surcharge spending include the new commissaries nearing completion at Fort Belvoir, Va.; Spangdahlem Air Base, Germany; and Naval Air Station Jacksonville, Fla. – all paid for with surcharge dollars. The grand opening of the \$26 million Spangdahlem commissary is set for May, the \$36 million Jacksonville commissary grand opening is expected later this summer, and the \$38 million Fort Belvoir commissary is expected to open early next year. “People are surprised to learn that



SCHOFIELD BARRACKS — Shoppers pay for their purchases at checkout stations at the reopening of the Commissary, Wednesday, following completion of renovations.

the surcharge first appeared in 1879, and its history features various applications and rates through the years leading up to 1983 when it was set at 5 percent, and hasn’t changed since,” Skirbunt said.

Historic facts

Here are some surcharge facts provided as DeCA prepares to observe two anniversaries: the 25th anniversary of the agency officially standing up Oct. 1, 1991, and the 150th anniversary of the modern commissary benefit, which began July 1, 1867, with the at-cost sale of food to enlisted men and officers at posts across the country. Between then and now, there’s plenty of surcharge history:

- Today, the overall commissary shopper savings includes the surcharge.
- The first surcharge appeared in 1879 to pay for spoilage and transportation costs. Set at 10 percent, it was levied on all commissary goods, except tobacco, and was repealed five years later.
- From 1923 to 1927, Congress directed that commissary customers pay “the customary overhead costs of freight, handling, storage and delivery. The word “surcharge” was never used, but that’s what the price increase constituted. It stopped in 1928.
- The modern surcharge began in 1952 when Congress decided commissaries should be more self-supporting. Congress and the Defense Department directed the military services to have commissaries add a 2 percent surcharge to cover costs of purchasing and maintaining equipment and supplies.
- Throughout the 50s, 60s and 70s, the surcharge rate fluctuated and varied among the military services, which ran their own separate commissary systems. It was set at 5 percent for all in 1983.

“Commissaries are an excellent deal for customers due to the high level of savings the stores provide because we sell at cost plus the surcharge,” Skirbunt said. “For our customers, the surcharge enhances the commissary benefit by helping to modernize, improve and maintain their stores.”

TAMC shows Hawaii new imaging capabilities

WILLIAM SALLETTE
Tripler Army Medical Center Public Affairs
HONOLULU — Tripler Army Medical Center prides itself on being at the forefront of medicine, and TAMC recently accomplished a task that no other hospital in the state has been able to accomplish.
Tripler is now using the DaT scan.

What is the DaT scan?
A Dopamine Transporter Scan is a helpful tool in the early stages of diagnosis of Parkinson’s disease.
According to the Parkinson’s Disease Foundation, more than 60,000 people are diagnosed with Parkinson’s disease each year, and a positive scan can assist detection of brain activity associated with the condition.
The scan is particularly useful when symptoms are clinically ambiguous. Differentiation between other tremor, or shaking conditions, such as essential tremor, can be clinically difficult.
This type of scan to detect early stages of Parkinson’s disease uses an injection of Iodine-123 Ioflupane, a special type of neuro-imaging radiopharmaceutical drug that allows the scan to see the amount of working dopamine transporters in the brain. The fewer active dopamine transporters, the more likely the patient has a Parkinsonian condition, including Parkinson’s disease.

The challenge
The problem with this drug is that it has a usable shelf life of less than a day, in truth closer to half a day. From the time it is produced at a lab in Schenectady, New York, and transported on the most efficient scheduled flights to Honolulu and TAMC, the drug will be good only until 1 p.m., Hawaii time. This has previously prevented any hospital in the state from being able to conduct the



Photo courtesy of Tripler Army Medical Center

Edward Kawaoka, senior technician, Department of Nuclear Medicine, Tripler Army Medical Center, conducts a single-photon emission computed tomography (SPECT) scan on a patient.

scan.
However, when Dr. Amitabh Gupta was hired last November to establish and direct a movement disorders program for TAMC neurology, the need for DaT scan technology became pertinent to the program’s success.
It took Lt. Col. Yang En Kao to determine that with proper coordination and planning, TAMC could manage to pull off this seemingly impossible logistical task of receiving Iodine-123 Ioflupane within hours of its creation nearly a quarter of the way around the world.
Strategy development
Nearly six months ago, Kao contacted the producer of the drug and began coordinating for proper training on the shipping, handling and administration of the drug.
“It took many months of coordination and training between multiple departments of the hospital before we were even able to give the go ahead to ship the materials,” said Kao. “Representatives from the drug producer came out to assist in the preparation and training of the pharmacy personnel for receiving and control, and the technicians on the proper use of the materials in the scan itself.”
After much planning and coordination, Kao decided it was time to test their plan.
On April 14th, Kao performed the first successful DaT scan in the state of Hawaii.
“The test was successful, and we confirmed that the first patient we scanned does not have Parkinson’s,” said

Kao. “Treatment for Parkinson’s disease and essential tremor is completely different, so it was very important to find out for sure that this patient did not have Parkinson’s disease. This allows us to move to the correct treatment process and improve the health for the patient immediately.”
Prior to this new availability, doctors would evaluate the patient and treat the symptoms based on their knowledge of the diseases.
“Without DaT scan, we would have to rely on clinical monitoring and see if more symptoms, compatible with the diagnosis, eventually would develop,” said Gupta. “A DaT scan is particularly helpful in challenging cases, so in these cases, without DaT scans, only time would tell, and we would be limited as to what to suggest to a patient in terms of long-term career and health planning.”

Growing future
Since the inception of the movement disorders program a few months ago, seven patients from TAMC have benefitted from the DaT scan. This number is expected to grow each year as more patients are recruited to the Movement Disorders Program at TAMC.
“For those patients who will be receiving this new imaging at TAMC, it has a profoundly positive impact,” said Gupta. “It (DaT results) allows us to make an early decision about a patient’s life, in terms of career and health, which allows accurate and timely preparation for the patient and family as to what is to come – either way.”
Now that Kao has proved that, through coordination and planning, a DaT scan can be successfully completed here in Hawaii. Area civilian hospitals are now beginning to examine the logistical viability of the DaT scan elsewhere here in the islands.

Dental health keys good overall health

Emphasis placed on preventive care help

TRICARE
News Release
Did you know that more than 120 different diseases are first detected in the mouth? And that going for your annual dental exams can actually help in detecting heart disease, diabetes, pancreatic cancer and more?
In fact, swollen gums, mouth ulcers, dry mouth and excessive gum problems can often be signs of bigger health problems. The good news is that most dental diseases are actually preventable.
Tricare dental option
The Tricare Retiree Dental Program was created and designed with these things in mind.
When seeing a network dentist, TRDP enrollees have the peace of mind of knowing that they get two annual exams, two cleanings (or three for Type 1/Type 2 diabetics) and an X-ray covered at 100 percent – with no out-of-pocket costs. This allows enrollees to recoup almost all of their annual premiums and ensures dental and overall health care.
Here are some other reasons why more than 1.5 million current enrollees find the TRDP to be such a good value and an important partner in their health:
As soon as your enrollment takes



Courtesy photo

effect, you’re covered for routine services, fillings, root canals, gum surgery, oral surgery and dental accidents. After 12 months of continuous enrollment, you’ll get crowns, dentures, dental implants, braces and more.
The TRDP offers a large nationwide network of dentists to help you save money on your covered dental care. To find a network dentist near you, use the “Find a Dentist” link at trdp.org.
Network dentists have agreed to accept reduced fees for covered services. There are no surprise costs beyond the expected cost share and deductible, where applicable.
Each enrollee gets a generous \$1,300 annual maximum, a \$1,200


annual dental accident maximum and a \$1,750 lifetime maximum for braces.
The TRDP coordinates benefits with other dental plans, allowing you to maximize your coverage under both plans and reduce or even eliminate your out-of-pocket dental costs.
Your oral health plays a big role in your overall well-being and quality of life. Enroll in the TRDP today, and enjoy regular, affordable dental care that’s essential for your lifelong health and peace of mind.

Online Enrollment
Enroll online using the Quick Link to the Beneficiary Web Enrollment (BWE) site, or print an application from the TRDP website and mail it to Delta Dental along with the correct prepayment amount.
After enrolling, you’re encouraged to register for the online Consumer Toolkit, where you can verify your program eligibility; review your benefits, coverage levels and remaining maximums and deductibles; check on the status of your processed claims and claim payments; and sign up for paperless (electronic) Explanation of Benefits statements.
Choose the method that works best for you; visit trdp.org to enroll.



Photo courtesy of Outdoor Recreation Center

Stay summer active


Five simple ways help increase personal activity this summer:
•Join a local sports team or create your own. Many communities have everything from softball to kickball. Can’t find a team you like? Gather up a group of friends and head to a nearby field for your own game. It’ll bring you right back to your childhood.
•Head to a nearby park. Give your children or grandchildren a good push on the swings. Even just chasing them around the park making sure they don’t fall will give you a workout.
•Enjoy the summer sun and go for a few laps in the pool.
•Trying to stay out of the sun? Wait until the evening and go for a walk around the block with Fido. You’ll both enjoy the fresh air.
•Is the summer heat too much? Look for a local fitness class. Many gyms offer everything from dance to yoga.