https://www.garrison.hawaii.army.mil

www.facebook.com/usaghawaii/

www.hawaiiarmyweekly.com

Warriors sharpen, unify diverse team at LTP

MAJ. KAREN ROXBERRY

2nd Infantry Brigade Combat Team **Public Affairs** 25th Infantry Division

NORTH FORT POLK, La. — On Jan. 22, the commanders and staff of the "Warrior Brigade," 2nd Infantry Brigade Combat Team, 25th Infantry Division, traveled, here, to conduct leader training before their Joint Readiness Training Center (JRTC) rotation.

Warrior Brigade leaders spent seven days at the JRTC Leaders Training Program (LTP) to sharpen their warfighting skills.

LTP is designed to review and enhance a brigade's ability to execute the military decision making process (MDMP) by publishing a tactical operations order based on a decisive action training environment scenario.

"My expectations for my team going into LTP were for them to refine their staff processes and prepare themselves to execute a decisive action training environment rotation at JRTC," said Col. Anthony Lugo, commanding officer for 2IBCT. "I also wanted the staff to come together as a cohesive team, bringing in all our enablers to ensure the brigade and Soldiers are fully prepared for our rotation."

All supporting and enabling units participating in the upcoming rotation also attended LTP, including Army National Guard and Reserve components, Marines, Airmen and a battalion from the British army.

The Warrior Brigade's rotation will be one of the first in recent JRTC history to include a battalion size element from one



Capt. Lance Bailey, an infantry officer and planner assigned to 2nd IBCT, briefs friendly reaction during a wargaming session at the LTP, Fort Polk, Louisiana.

of our nation's allied partners.

"This is the first time for our headquarters that we have deployed out of our role in Cyprus and integrated within a U.S. brigade to conduct planning," said Lt. Col. Robert Driver, commanding officer for 1st Battalion, Duke of Lancaster's Regiment. "The integration of U.S. assets into a British battalion headquarters throughout the planning process has been a great achievement during LTP."

LTP brought new insights, a deeper understanding, as well as an appreciation for other warfighting functions.

"The most value that I've gained was the ability to work with other staff sections and come together and make a product on a truncated timeline," said Capt. Brandon Lacy, logistics officer for 2IBCT. "That alone is going to benefit us greatly when we are under a lot of pressure in our rotation at JRTC."

One of the goals for the brigade over the last year was to develop planning standard operating procedures during the MDMP.

LTP gave the brigade an opportunity to validate these SOPs, which will also be critical to success during the upcoming

"I think our team's understanding of the military decision making process was very evident during LTP; they can turn an order quickly with the appropriate level of detail," said Lugo. "A lot of times, staffs can get bogged down during MDMP, but I was very pleased to see all the excitement and motivation that the staff exuded throughout LTP."

Joint Team Hawaii trains for three-peat victory

'Blades of Glory 'to show at culinary competition

Story and photos by SGT. JON HEINRICH 8th Theater Sustainment Command

Public Affairs

SCHOFIELD BARRACKS — As the 2017 Military Culinary Arts Competitive Training event approaches, the members of Joint Team Hawaii continue to prepare themselves to defend their title while competing for a three-peat victory.

The team, comprised of service members from the Army and Air Force, train daily at the Culinary Arts Lab, here, by cooking several types of meals to enhance their skills before the competition in March in Fort Lee,

According to Chief Warrant Officer 3 J.D. Ward, the chief of advanced culinary training division manager for the U.S. Army Culinary Arts Team (USACAT) at the Joint Culinary Center of Excellence, the competition is the largest culinary competition in North America.

The competition is sanctioned by the American Culinary Federation and



Air Force Staff Sgt. Kara Mitchell, a food service specialist with 647th Force Support Squadron out of Joint Base Pearl Harbor-Hickam, prepares a dessert for lunch as part of the training preparation for Joint Team Hawaii's upcoming 2017 Culinary Arts competition.

showcases the talents of military chefs from around the globe in all branches of the armed forces.

"It's probably fair to estimate 250

competitors," Ward said, "so you'll get participation from all branches of service, with varying levels of participation based off of their own funding sources, etc."

Competitors are also expected from the armed forces of France, Canada, Germany and the British army.

Ward said the teams are comprised of 10 members and divided into two teams: The first is referred to as the Primary Members and the second is the Apprentice Members.

"I really like how Team Hawaii develops their student team to compete at the next level: If you win at Fort Lee you represent the military as a region for the American Culinary Federation at the American National Culinary competition every summer, where they compete against community colleges and other organizations that develop student teams to go compete there," Ward said.

One of the competitors who made the cut for Joint Team Hawaii is Air Force Staff Sgt. Kara Mitchell, a food service specialist with 647th Force Support Squadron at Joint Base Pearl Harbor-

Hickam. As the only member of the team not in the Army, she says she is happy to be a

member of the team. "It's awesome," Mitchell said. "We get

See CULINARY A-3

Army launching new TV series showing real lives of warriors

DON WAGNER Army News Service

FORT MEADE, Maryland — Soldiers Broadcasting is launching its newest video series called "Soldiers," Tuesdays, on Defense TV, YouTube and the new Soldiers webpage.

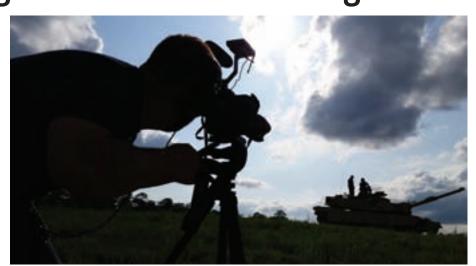
"These videos showcase the American Soldier in action, preparing for and conducting missions every day around the globe," said Maj. Gen. Malcolm B. Frost, Army chief of Public Affairs. "Soldier skills, grit, commitment and character will be on full display. You will be inspired by the Soldiers who defend our nation as part of the greatest team on earth."

The first episode of the series will follow an M-1 tank crew training and will showcase the readiness and enduring value of Army forces.

'The series aims to excite and inspire viewers as they experience the dedication and excellence of this nation's Army Soldiers, family members and veterans," said Peter Ising, one of the show's producers. "(The series) displays Soldiers in their element and their readiness to defend the United States and its allies."

'Soldiers' stories are exciting, inspiring; they move. We want people to feel the way we feel about Soldiers," said Lance Milsted, Soldiers Broadcasting executive producer. "When we created the 'Soldiers' series, we wanted to create something different, something original and, above all, something compelling."

The first season consists of four episodes that will debut on a monthly basis,



Soldiers Broadcasting producer Pete Ising films an M1A2 tank crew from Charlie Company, 1st Battalion, 64th Armor Regiment preparing for the Sullivan Cup competition at Fort Benning, Georgia, May 4, 2016.

February through May.

•February. "Seeding Excellence (Sullivan Cup)" follows an M-1 tank crew training at Fort Stewart, Georgia, through its competition at the biannual Sullivan Cup gunnery competition at Fort Benning, Georgia.

•March. "Best Medic" follows two Soldiers as they compete in the Army Best Medic competition at Camp Bullis, Texas. The competition tests their abilities as Soldiers and as medics in scenarios they might encounter in the real world.

•April. "Workforce Warrior" takes a close look at the process of transitioning from active duty to the civilian workforce

and examines how work-study programs are helping veterans. The segment highlights a Soldier who is taking advantage of one such program while also working in a bakery and the Soldier for Life program.

•May. "Empire Shield" explores the work of members of the New York National Guard who have been assisting the New York City Police Department and Department of Homeland Security safeguard New York City as part of Task Force Em-

pire Shield. The segment highlights individual readiness and homeland defense. 'Our team of Soldiers and civilians will go where Soldiers and their families

live, train and work to support and de-



Photo by Capt. Jean Marie Kratzer, New York National Guard

NEW YORK — New York Army National **Guard Soldiers assigned to Joint Task** Force Empire Shield get interviews from Staff Sgt. Jose Ibarra of Soldiers Broadcasting, Aug. 17, 2016, for the "City Soldier" episode.

fend America and American interests - wherever that is - Alaska, Africa or Afghanistan," explained Michael Burnette, Soldiers Broadcasting chief. "This new original feature series is their story."

Soldiers Show

The show can be viewed on Defense TV. The Defense TV app can be downloaded for free on iOS mobile devices, Roku, Apple TV, Amazon Fire TV and Google Chro-

Visit www.army.mil/soldiers or https://www.youtube.com/ USarmy.





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Intelligence Brigade SFC Thomas Collins 437-6819 599th Transportation Brigade

Donna Klapakis, 656-6420 **USAG-Pohakuloa** Eric Hamilton, 808-969-2402

Acting SecArmy expresses gratitude

I am honored to continue serving in the Army as the acting secretary.

I am proud of our Army, having served in many capacities over the past 35 years, both in and out of uniform, on active duty and as a civilian, to include deployments and in support of our great nation.

Most recently, I served for the past seven years as the principal deputy assistant secretary and then assistant secretary of the Army for financial management and comptroller. It is my great honor to continue serving the Army!

Thank professionalism during the past several months culminating in the presidential inauguration, as the world again witnessed our peaceful transition of power.

Today, we must ensure continuity within the Department of the Army, and remain ready to defend our nation as we transition new civilian

During this time, my priorities remain as follows:

•Being ready for countering global threats to the United States and our allies.

•Providing every Soldier, civilian and family member the care and respect they deserve.

•Resourcing our Army maintain readiness and ensure future capabilities to win our nation's wars.

Thank you for your dedicated service to our Army and our nation.

Robert M. Speer Acting Secretary of the Army





Photo by James (Goose) Guzior, Tripler Army Medical Center Public Affairs

HONOLULU — Herbert G. Schreiner, an Air Force veteran who served in Korea, and a volunteer at the Veteran's Affairs Pacific Island Health Care System Ambulatory Care Center, views the art exhibit "From War to Home: Through the Veteran's Lens," displayed at the Sparks M. Matsunaga Ambulatory Care Center.

The exhibit explores the realities of military service through words and images from veterans of the wars in Iraq and Afghanistan by using a participatory research tool called "Photovoice," which empowers individuals to convey their experiences, perspectives and needs through visual images and first person parratives.

Veterans received cameras and were asked to take photographs of their daily lives and to contribute photos from their personal collections to address the challenges they face in making the transition home from deployment. They showed where they find strength and support to move forward.

The display will be here in Hawaii until the end of February. (Comprised by James (Goose) Guzior and Leanne Thomas, Tripler Army Medical Center Public Affairs.)

Larceny, gate entry-exit, IDs getting attention

SGT, 1ST CLASS MIGUEL ESPINOZA

Directorate of Emergency Services U.S. Army Garrison-Hawaii

WHEELER ARMY AIRFIELD - Winter swells have not only brought in large waves, this month, the number of larcenies has also swelled in quantity when compared to this time last

While our communities are generally safe, thefts, break-ins and accidents happen here, as they do everywhere else, so please don't encourage "crimes of opportunity." Leaving your keys and wallets in your cars, your houses unsecured - especially when you are away, and valuables out in the open may allow someone to take advantage of the situation.

We'd like to remind our Soldiers to remove TA-50 and other military gear from their vehicles as this also provides a "shiny object" that someone may try to

The gates

As many have probably witnessed the Directorate of Emer-

Photo by Karen A. Iwamoto, Oahu Publications 6 p.m. **Current crime trends**

gency Services has turned Mc-Nair Gate into a double inbound to decrease the waiting time during physical training, or PT, rush traffic. We are aware that this hasn't set well with all; however, an extensive traffic study was done that showed that wait times were significantly decreased when using the double inbound method.

Another recent change was the closing of Macomb Gate at 1 to 4 p.m. and its reopening for outbound traffic, only, from 4 to

Crimes against property - in the form of larcenies of both private and government property and wrongful damage to private property continue to have an upward trend with 18 incidents in January.

ID entrance

We'd like to remind the community, visitors seeking access to military bases and almost all federal facilities must use their state-issued driver's license or identification card. They must present proper identification issued by REAL ID compliant states or a state that has received an extension.

The following states are not compliant with Real ID, and they are not accepted for official driver's licenses: Massachusetts, Minnesota, Michigan, Montana and Washington.

The following states or territories have a limited

extension through June 6, 2017: Alabama, Kentucky, Oklahoma, Oregon, Pennsylvannia, South Carolina and Virginia.

If you have an identification card or driver's licenses from a state that is not in compliance, you must show two valid forms of identification to gain access to the installation.

(Editor's note: Espinoza is the noncommissioned officer in charge of Law Enforcement Division.)

Specialist, sergeant first class sentenced, discharged



Why does the Hawaii Army Weekly publish courts-martial findings?

The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by

Most recent results follow:

•On Jan. 12, at a general court-martial convened at Wheeler Army Airfield, a specialist, U.S. Army, was convicted by a military judge, pursuant to his pleas, of three specifications of distribution of a controlled substance and one specification of possession of a controlled substance, in violation of Article 112a. UCMI.

Contrary to his plea, the accused was convicted by the

military judge of one specification of fleeing apprehension, in violation of Article 95,

The military judge sentenced the accused to be reduced to the grade of E-1, confined for 18 months and discharged from the service with a bad conduct discharge.

•On Jan. 20, at a general court-martial convened at WAAF, a sergeant first class, U.S. Army, was convicted by a military judge, pursuant to his pleas, of three specifications of assault consummated by battery and one specification of aggravated assault, in violation of Article 128, UCMJ, and two specifications of communicating a threat, in violation of Article 134, UCMJ.

The military judge sentenced the accused to be reduced to the grade of E-1, confined for 14 months and discharged from the service with a bad conduct discharge.

Soldiers.

Because February is African-American History Month, we wondered, Which African-American leader inspires you and why? By 9th Mission Support Command Public Affairs



(Maya Angelou) is the epitome of empowering women, and I believe that is especially important in the military when sometimes our female Soldiers may need that additional empowerment.'

Sgt. 1st Class **Lelah Carter** Training NCO Det. 2, 1984th U.S. Army Hospital-Pacific



"Like many other civil rights leaders during the time (Rosa Parks) stood up against racism and injustice in a peaceful manner, driving change that all Americans and immigrants enjoy today."

Sgt. 1st Class Pedro Garcia Senior HR Sergeant USARPAC-Support Unit



glass. He escaped slavery, he was self-educated and was accepted into an Ivy League school. After all of that, he ... worked hard to fight for other people." Staff Sgt. James

"Frederick Dou-

Griffin Operations NCO 9th MSC



"(Dr. Martin Luther King Jr.) made it possible for my wife to say she is biracial. (We) would not be together without his voice."

Staff Sgt. John Heisler PMO Inspector Physical Security 9th MSC



"Oprah Winfrey inspires me because of everything she stands for and ... the work she does to empower women."

Jenna Kahili-Tanouie Help Desk Technician 9th MSC

OLDIERS HAWAII ARMY WEEKLY FEBRUARY 10, 2017 | A-3

USARPAC honors Philippines army commander

Story and photo by

STAFF SGT. CHRISTOPHER

MCCULLOUGH

U.S. Army-Pacific

FORT SHAFTER — U.S. Army-Pacific honored commanding general of the Philippines army Lt. Gen. Glorioso Miranda, here, recently.

The USARPAC commanding general, Gen. Robert Brown, hosted the ceremony.

Miranda and the Philippines army delegation were in Hawaii for the 5th Executive Steering Group meeting in early February.

The ESG is an annual event aimed to provide Philippines army and USARPAC senior leaders a venue for mutual agreement, collaboration on near-term activities and long-range direction for bilateral security cooperation.

Miranda visited different units while in Hawaii.

USARPAC's relationship with the Philippines is broad, and our alliance is one of the United States' most enduring relationships in the Asia-Pacific region. It has been the cornerstone of stability for over 70 years.

The Filipino people are some of our closest friends and allies.



Gen. Robert Brown (left), commanding general, USARPAC, shakes hands with a senior member of the Philippines army delegation. Their commanding general, Lt. Gen. Glorioso Miranda, was in Hawaii for the 5th ESG meeting.

25th DIVARTY now certified with FIST

1ST LT. JAMES DYER 25th Division Artillery 25th Infantry Division

SCHOFIELD BARRACKS — The 25th Division Artillery, or 25th DIVARTY, kicked off 2017 by conducting a division-wide fire support team, or FIST certification, from Jan. 9 to 20.

The event was held to certify company FIST teams in conjunction with a best FIST competition to keep things competitive.

The teams were tested in a variety of events that involved a comprehensive written exam, an 8-mile ruck march, a stress shoot, dismounted land navigation, equipment operation, crater analysis, observation post (OP) occupation and a call for fire.

Capt. Anthony Mamunes, from G3 Fire and the officer in charge for the FIST certification, said, "FIST certification is an excellent event to validate and certify division FISTERs to enable the division to provide accurate and lethal fires across the Pacific."

The ruck march was 8 miles long across difficult terrain. The ruck went from flat and uneven terrain to steep and rolling hills with occasional breaks of even terrain. The march started at DIVARTY headquarters and ended at the South Range's Military Operations in Urban Terrain, or MOUT site, where teams went straight into a stress shoot with their M4/M16. The stress shoot exposed the teams to the difficulties of trying to accurately engage targets while fatigued and allowed the Soldiers to shoot from various positions.

The teams were spread out across South Range conducting land navigation, OP occupation and crater analysis. Additionally, a FIST equipment station tested assembly and use of various communication platforms, as well as its target acquisition equipment known as the Lightweight Laser Designator Rangefinder (LLDR).

While visiting the training site, Brig. Gen. Stephen L.A. Michael, deputy commanding general, operations, 25th ID, was briefed on the standards for certification and DIVARTY plans for future FIST certifications. Michael and Col. Matthew Stader, commander, 25th DIVARTY, then went out to shadow a FIST team as the team went out to occupy an OP. They experienced firsthand what went into selecting the OP and how the terrain and recon plays a role when selecting and moving into an OP.

The FIST mission was to move from a designated point to a suitable OP that offered cover and concealment while allowing the FIST to observe and call for fire on high value targets, or HVTs, while staying completely hidden from the enemy watching from a village below. The FIST required line of site while still being positioned so that the team mitigated its chances of accidental harm if actual artillery had been called in.

This is the first division-wide FIST certification that involved all 22 company FISTs in the division. The certification gave the Soldiers an opportunity to test their individual and team abilities against their peers, while allowing them to share best practices with each other and learn trade/craft from each other and their graders.

"I'd rather be out here exercising what I was trained on than back at the battery. It is nice to be able to test our skills," said Pfc. Heinrich Pilligian from B Battery, 3rd Battalion, 7th Field Artillery Regiment, 25th DIVARTY, who supported A Company, 2nd Bn., 27 Infantry Regt.

FIST Winners

Congratulations to this year's winning teams.
•2nd Bn., 11th FA Regt. with A Co., 1st Bn.,
21st FIST.

•Top FISTER, Sgt. Landon Goodwin in 2nd Bn., 11th FA with A Co., 1st Bn., 21st FIST.

Culinary: Joint services prep for Lee

CONTINUED FROM A-1

to do all kinds of stuff outside of our normal day-to-day duties and try to imagine and experiment with different things so that we bring it to reality and put it on a plate."

Mitchell's role for the team competition will be making pastries. She says that she plans to use all that she has learned to prepare her juniors in the arts.

"As soon as this is over, I'll go back and tell my Airmen how it is so that maybe they can get the opportunity to come to it next year," Mitchell said.

Aside from finding out who has the best individual or team culinary skills, one of the most critical aspects of the competition is the added readiness competitors and their units get as a result of their participation.

"Among the competition's objectives is to provide culinary specialists with hands-on training focused on skills, flavor and nutrition – providing their organizations with more enjoyable and wholesome meals and leading to greater unit readiness," Ward said.

Pfc. Micah Morris, culinary specialist with Forward

Support Company, 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, said that his biggest takeaway from preparing for the competition has been getting back to the basics.

"The basic knife skills, the basic cleaning skills like sanitation, that's a big thing in the kitchen, but everything starts from the basics," said Morris.

Morris, who has been in the Army for two years, says he is glad to be able to be a part of the team.

Participants like Morris will compete in categories such as Team Buffet (cold food table), military hot food kitchen (MKT event), best student team, hot food

nutritional challenge and professional contemporary cooking. They also have the opportunity to compete for individual titles like Armed Forces Chef of the Year and Armed Forces Student Chef of the Year.

"It's an honor," Morris said. "It's been very good training ever since October, so I'm very proud to be a part of it.

Morris said that he is grateful for the skills he has acquired during the training, knowing that it will serve him in life after the Army.

"Culinary school taught me just the basic culinary skills you would need to be in the Army and outside the Army," Morris said. "The training in preparation for the competition included long days and long nights, but it's been very helpful."

Team Members

•Sgt. 1st Class Jose Alves, team manager, 8th MP Bde., 8th TSC.

•Staff Sgt. Renie Arana, advanced culinary NCO, 1st Bn., 27th Inf. Regt., 2nd IBCT, 25th ID.

•Pfc. Ashanti Brown, culinary specialist, 84th Eng. Bn., 130th Eng. Bde., 8th TSC.

•Sgt. Marisabel Gray, culinary NCO, 65th Eng. Bn., 2nd IBCT, 25th ID.

•Staff Sgt. Fabian Murillo, advanced culinary NCO, 2nd Bn., 27th Inf. Regt., 3rd IBCT, 25th ID.

•Spc. Aaron Delos Reyes, culinary specialist, 84th Eng. Bn., 130th Eng. Bde., 8th TSC.

•Pfc. Anne Nicole Yapcengco, culinary specialist, 30th Sig. Bn., 516th Sig. Bde., 311th Sig. Cmd. (Theater).



Left and below - Members of Joint Team Hawaii – comprised of Soldiers from various units on Oahu and an Airman from **Joint Base Pearl** Harbor-Hickam - train for the upcoming 2017 **Culinary Arts** competition in Fort Lee, Virginia in March.

The team and individuals hope to bring back to Hawaii several awards in multiple categories.



Honolulu real property tax deadline nears

CITY AND COUNTY OF HONOLULU News Release

HONOLULU - Payments for the second installment of City and County of Honolulu's real property taxes for the 2016-2017 tax year are due by Feb. 21, the Department of Budget and Fiscal Services has announced.

Tax bills have been mailed to all property owners or agents servicing their accounts. Property owners who have not received a bill are advised to call 768-3980, go to www.honolulupropertytax. com or visit the Division of Treasury's Real Property Tax Collection Section on the first floor of Honolulu Hale, 530 South King St., Room 115, Monday through

•Online: Pay with a MasterCard/VISA

the installment period. A convenience fee is applied by the service provider, Official Payments Corp., and will be included at payment confirmation.

•Mail: Payment must have a post office cancellation mark on or before the "due date."

•In person: Pay with cash or check only by visiting the Real Property Tax Collection Section, Division of Treasury located on the first floor of Honolulu Hale or at any Satellite City Hall location. Please have your original tax bill with

•Curbside Drop Box: It's located outside of Honolulu Hale; it's a black/

Non-receipt of tax bills will not exempt property owners from meeting the tax payment deadline and will not excuse them from being assessed a late penalty of up to 10 percent, plus interest of 12 percent a year. A fee of \$25 will also be charged for dishonored payments.

The minimum tax for the fiscal year is



10 / Friday

Tax Center -Schofield Barracks Tax Center is now open for authorized patrons. Hours of operation follow:

Monday, Tuesday, Wednesday, Friday at 10 a.m.-noon and 1-4 p.m.

•Thursday at 1-4 p.m. Saturday at 10 a.m.noon and 1-3 p.m.

The Tax Center is located in Trailer 1, Grimes Street (across from Hamilton Field). Appointments are necessary; call 655-

Walk-ins are permitted on Tuesdays and Thursdays.

IRS - Watch to see when you will get your Internal Revenue Service refund at https://

Friday, from 7:50 a.m. to 4:15 p.m.

Payment Methods

or Discover credit card, or MasterCard/ VISA debit card at www.hnlpay.com or by telephone at (877) 309-9117. Payments made by debit or credit cards are accepted online or by telephone during

Cyber Warrant Officer Briefing Army, Navy, Air Force, and Marines From 14-16 February 2017 the Office Chief of Cyber will be in your area in order to provide information on US Army Cyber Warrant Officer Recruiting. Hear from The Chief Warrant Officer of Cyber Proponent, and talk directly with Cyber

14 FEB Wong Building (Sunia Tunnet) Ø 1300 Rm160 15 FEB FT Shahar Ø 1000 Post Theater 16 FEB Rochefort Building Ø1300 Partnership Room Attend the Cyber Warrant Officer Briefing at various locations - no matter the service branch you're in - to meet the Army's needs to recruit high quality officers to join the Cyber Warrant Officer Corps.

14FEB @ 0930 Schofield Barracks MTC

Warrant Officers serving in your area.

www.youtube.com/ watch?v=AnC8tt1wdhI.

16 / Thursday

Black History Month – The 3rd Battalion, 7th Field Artillery Regiment, and the 25th Division Artillery, both with 25th Infantry Division, will host the African American/ Black History Month Observance from 12 noon till 1 p.m., Thursday, Feb. 16, at the Sgt. Smith Theater, Schofield Barracks. The guest speaker is Deloris Guttman who will speak on the theme: "Success Always Leaves Footprints."

TARP — Threat Awareness and Reporting Program briefings are held at

•3rd Thursday, Sgt. Smith Theater, Schofield Barracks.

•2nd and 4th Thursdays, Kyser Auditorium,

•1st Thursday, Bldg. 1554, Fort Shafter Flats.

20 / Monday

Mass Warning Notification System (MWNS) Do not be alarmed, but tests will be conducted periodically from Feb. 20 to 24, between the hours of 8:30 a.m. and 3 p.m., on U.S. Army Garrison-Hawaii's outside giant voice loudspeakers, on indoor

building speakers, and on telephone and computer pop-up alert systems. These tests will ensure the MWNS is fully operational.

All Army installations in Hawaii — Schofield, Wheeler, Helemano, East Range, Fort Shafter, the Flats, Tripler, Aliamanu, DeRussy, and Pohakuloa may hear "Exercise" announcements. Again, these are a test.

March

15 / Wednesday

Prayer Breakfast U.S. Army Garrison-Hawaii will host this year's National Prayer Breakfast, March 15, from 7:30-9 a.m., at the Nehelani, Schofield Barracks.

Chaplain (retired colonel) Scott McChrystal will serve as the guest speaker.

Soldiers, civilians and their families are invited. Tickets will be distributed through unit ministry

A \$5 donation is recommended, but not required, at entry.

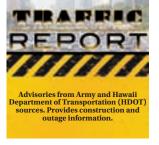
Ongoing
New Hours — The Fort

Shafter Personal Property office has reduced services to Wednesdays only. Scheduled appointments will be provided from 7:30 to 11 a.m., only. Call 655-1868 for appointments.

Assistance is available for Defense Personal Property System (DPS) self-counseling from noon till 3:30 p.m.

TSP — Federal employees who participate in the Thrift Savings Plan and who will turn age 50 during the year are eligible to make TSP catch-up contributions, i.e., supplemental tax-deferred contributions, to the TSP beyond the maximum amount can contribute they through regular contributions. Visit www.tsp.gov/ for more details.

Prescriptions — The post pharmacy will take back your expired prescriptions. Pick up an envelope at the pharmacy for disposal. Call 433-8421.



10 / Friday

Road Closure - Additional work on the B Quad Barracks renovation may require road closures on Waianae Avenue South on Schofield Barracks through March 23. When closures are required, the contractor will post appropriate signs and barriers. Traffic flow will be ing hours.

11 / Saturday

Foote Gate — The Directorate of Emergency Services will close Foote Gate at Schofield Barracks, Saturday, Feb. 11th, due to construction. As a result of Foote Gate being closed, Macomb Gate, off Wilikina Drive, will be open on Saturday, Feb. 11, from 5 a.m. to 9 p.m.

25 / Saturday

TAMC Outage scheduled power outage will affect all of Tripler Army Medical, except the Main Clinic; plus, the outage includes the VA and E Wing, Saturday, Feb. 25, from 7:30 to 11:30 a.m. This listing of areas may not be all inclusive, and the outage may require more time, depending upon field conditions. The outage is required to support a substation renovation project.

Krukowski Road -Tripler Army Medical Center will experience a complete road closure at Krukowski Road, near Bldg. 161, for a crane lift.

The small portion of this road will be restricted from public access on Saturday, Feb. 25, from 7 a.m. to 1 p.m.

Please note, trucks carrying large loads may be accessing the Jarred White/Krukowski Loop throughout the morning.

Ongoing

Macomb/McNair **Gates** — McNair Gate is moving in a double-inbound traffic pattern from 5 a.m. to 6:30 a.m. and is closed to outbound traffic during that time.

Macomb Gate hours of operation have changed to 5 a.m.-1 p.m. Macomb Gate will continue to be closed on weekends and federal holidays. Use Mc-Nair Gate or Lyman Gate for 24/7 access to the installation, or Foote Gate for access between 5 a.m.-9 p.m., seven days per week.

Here is the listing for gates at Schofield Barracks and Wheeler Army Air-

•Foote Gate: 5 a.m-9 p.m., seven days per week. •Kawamura Gate: 5 a.m.-9 p.m., seven days



ven days per week.

• Lyman Gate (required gate for all visitors): 24 hours, seven days per

•Macomb Gate: 5 a.m.-

1 p.m. on Monday-Friday bound traffic and closed •Kunia Gate: 24 hours, for two-way traffic; 4-6 to outbound traffic 5-6:30 p.m. Monday-Friday outbound traffic. Closed weekends and federal holidays.

•McNair Gate: Two lanes will be open for in-

a.m., Monday-Friday (except weekends, federal holidays and 25th Infantry Division training holidays).

Gate: McNair

hours, seven days per week.

Partial Parking Lot Closure — Construction activities will temporarily close off various parking stalls for Bldgs. 896 and 1095, which are immediately adjacent to Menoher Road, Schofield Barracks, from 7 a.m. to 5:30 p.m., through Feb. 10.

The closure is needed to install overhead electrical lines.

Wisser Road — Richardson Theater, Fort Shafter, will be closed now through March 17 for the connection of a new water main line; however, construction fronting the the ater, Wisser Road, Strong Street and the parking lot adjacent to the theater will be fully accessible to standard traffic flow.

EWS HAWAII ARMY WEEKLY FEBRUARY 10, 2017 | A-5

Tuskegee Airman packs in audience at PAM

Museum observes Black History Month with a couple presentations

PACIFIC AVIATION MUSEUM

News Release

FORD ISLAND — Pacific Aviation Museum Pearl Harbor and 400 guests paid tribute to the Tuskegee Airmen and the vital role they played during World War II with a special "WWII Tuskegee Airmen Hangar Talk" by decorated World War II Tuskegee Airman and pilot Col. Charles McGee.

The event commemorated African-American History Month.

McGee fought in World War II, Korea and Vietnam, and he holds a record for one of the highest three-war total of fighter combat missions of any pilot in U.S. Air Force history.

McGee began his military service as one of the Tuskegee Airmen in the 332nd Fighter Group. The Tuskegee Airmen were pioneers who fought racial prejudices to fly and fight for their country during World War II.

His career in the U.S. Army Air Corps and U.S. Air Force spanned 30 years and three wars, where he flew 409 aerial combat missions. During his military career, McGee was awarded the Legion of Merit with Cluster, three Distinguished Flying Crosses, the Bronze Star and the Air Medal (25 times).

Also honored at the Hangar Talk was World War II Tuskegee Airman Philip Baham, who served as a crew chief for the 337th Composite Group at Tuskegee Army Air Field. Baham is a dedicated volunteer at Pacific Aviation Museum, sharing his story with visitors as a greeter in the lobby of Hangar 37.

The day before, on Friday, Feb. 3, more than 250 Honolulu students in grades 6-12 were invited and attended another Museum presentation geared towards youth, entitled "In His Own Words," presented by McGee.

"It was such an honor to have a veteran pilot of Col. McGee's stature and distinction speak with us," said Kenneth DeHoff,



Photo by Jose Rodrigues, Picture This! Photography

Former Tuskegee Airman and pilot Col. Charles McGee greets attendees at the "WW II Tuskegee Airmen Hangar Talk" at the Pacific Aviation Museum, Feb. 3.

executive director, Pacific Aviation Museum Pearl Harbor.

Prior to 1940, African-Americans were prohibited from flying for the U.S. military. Even in light of extreme racism,

African-Americans fought to defend their country, which led to the formation of an all African-American pursuit squadron based in Tuskegee, Alabama, in 1941.

This formation became known as the Tuskegee Airmen,

and they overcame segregation and prejudice to become one of the most highly respected fighter groups of World War II. Their dedication to

Courtesy photo
Left — Shown here
is a picture of Tuskegee Airman and
pilot Col. Charles
McGee (left) during
his pilot days.

defending the freedom of all Americans and their acts of heroism paved the way for full integration of the U.S. military.

Tuskegee Airmen completed more than 1,500 missions.

Pacific Aviation Museum Pearl Harbor

It's located on historic Ford
Island, where bombs fell during
the attack on Pearl Harbor, Dec.
7, 1941. Its mission is to develop
and maintain an internationally
recognized aviation museum that
educates young and old alike, to
honor aviators and their support
personnel who defended freedom
in the Pacific region and to preserve
Pacific aviation history.



Sgt. Carney received Medal of Honor during Civil War

KATIE LANGE

DoD News, Defense Media Activity

WASHINGTON — Of the 3,498 service members who have received the Medal of Honor throughout U.S. history, only 88 have been black.

Brave men have gallantly risked and gave their lives for others, even in times when others weren't willing to do the same in return.

The first black recipient of the award was Army Sgt. William H. Carney, who earned the honor for protecting one of the United States' greatest symbols during the Civil Manual of Association flow

ing the Civil War: the American flag.

Carney was born into slavery in Norfolk, Virginia, in 1840. His family was eventually granted freedom and moved to Massachusetts, where Carney was eager to learn and secretly got involved in academics, despite laws and restrictions that banned blacks from learning to read

and write.

Carney had wanted to pursue a career in the church, but when the Civil War broke out, he decided the best way he could serve God was by serving in the military to help free the oppressed.

In March 1863, Carney joined the Union Army and was attached to Company C, 54th Massachusetts Colored Infantry Regiment, the first official black unit recruited for the Union in the north. Forty other black men served with him, including two of famed abolitionist Frederick Douglass' sons.

Within a few months, Carney's training would be put to the ultimate test during the unit's first major combat mission in Charleston, South Carolina.

On July 18, 1863, the Soldiers of Carney's regiment led the charge on Fort Wagner. During the battle, the unit's color guard was shot. Carney, who was just a few feet away, saw the dying man stumble, and he scrambled to catch the falling flag.

Despite suffering several serious gunshot wounds himself, Carney kept the symbol of the Union held high as he crawled up the hill to the walls of Fort Wagner, urging his fellow troops to follow him. He planted the flag in the sand at the base of the fort and held it upright until

his near-lifeless body was rescued.

Even then, though, he didn't give it up.

Many witnesses said Carney refused to give the flag to his rescuers, holding onto it tighter until, with assistance, he made it to the Union's temporary barracks.

Carney lost a lot of blood and nearly lost his life, but not once did he allow the flag to touch the ground. His heroics inspired other Soldiers that day and were

crucial to the North securing victory at Fort Wagner. Carney was promoted to the rank of sergeant for

his actions.

For his bravery,
Carney was posthumously awarded the
Medal of Honor on
May 23, 1900.

Carney's legacy serves as a shining example of the patriotism that Americans felt at that time, despite the color of

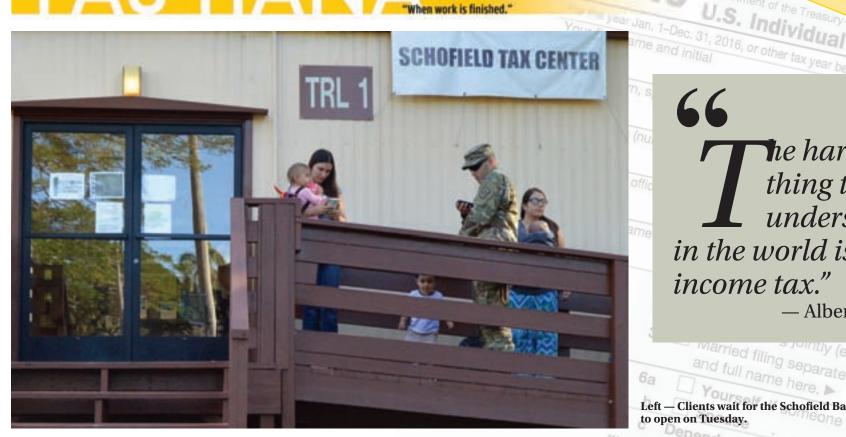
their skin.
As for the 54th



Photo by U.S. Army Army Sgt. William H. Carney is shown with the American flag.

Massachusetts Colored Infantry Regiment in which Carney served? It was disestablished long ago, but reactivated in 2008. It now serves as a National Guard

ceremonial unit that renders honorary funerals and state functions. It was even invited to march in President Barack Obama's inaugural parade. When work is finished."



he hardest thing to understand in the world is the income tax."

— Albert Einstein

untly (even if only one h

warried filing separately. Enter spouse and full name here. Left — Clients wait for the Schofield Barracks Tax Center to open on Tuesday.

Other Resources

irs-pdf/p3.pdf.

Prepare!

for an ITN.

statements.

and your dependents.

banks (Forms 1099).

statement, if received.

The IRS has compiled an Armed Forces' Tax Guide to help in prepar-

ing 2016 tax returns. It can be viewed

Here's what to bring to your ap-

Social security cards for you,

your spouse and your dependents

(individual taxpayer identification

Proof of foreign status if applying

•Birth dates for you, your spouse

•Wage and earning statements

(W-2, 1099, etc.) from all employers.

•All forms 1095, health insurance

•Interest and dividends from

•Health insurance exemption

income tax returns, if available.

ing number for direct deposit.

Original and copy of last year's

Proof of bank account and rout-

•To file taxes electronically on a

•Total paid to day care provider

d the day care provider's tax iden-

married-filing-joint tax return, both

spouses need to be present to sign.

tification number, such as SSN or

business employer identification

numbers, or ITNs, may be substi-

•Proof of identification.

in PDF format at www.irs.gov/pub/

Schofield Tax Center opens for the season

Story and photos by KAREN A. IWAMOTO Staff Writer

SCHOFIELD BARRACKS — If filing your income taxes has you searching for guidance, you're not alone. Even the man whose name is synonymous with genius had trouble wrapping his mind around it.

Fortunately, the Schofield Barracks Tax Center is here to answer questions and to help the Army community in Hawaii file on time.

The center, which opened on Feb. 6, is staffed by 28 tax preparers from various Army units in Hawaii, all of whom received three weeks of formal training. This instruction included one week of Voluntary Income Tax Assistance Training, one week of Tax Law from the Office of the Judge Advocate General, and one week of state-specific training.

"The most challenging aspect was training yourself to become a resident expert," said Capt. Courtney Plante, officer in charge of the center. "People will have questions and the buck stops with you."

Repeat customers

But judging from the line of clients who arrived half-an-hour before the center opened its doors on Feb. 7, the service is in high demand.

"Most of our clients have come here before, so they're familiar with our services," said Plante. "They're chomping at the bit to get going."

Last year, the center prepared 1,395 deral tay returns and 1 108 state tay r turns, she said. It saved clients \$366,331 in tax fees and got them \$4,272,585 in tax



Spc. Kayla Potter and Pfc. Jonathan Estrada of the 25th Combat Aviation Brigade, 25th Infantry Division, discuss taxes at the Schofield Barracks Tax Center, which opened on Feb. 6. The tax center offers free tax services to active duty service members, veterans, Department of Defense employees and their families.

Soldier tax preparers are qualified to file state income taxes in all 50 states and can answer questions about the Military Spouse Residency Act, a complicated law that affects spouses who earned income in a state other than their legal residence. They can also help clients determine which tax credits they qualify for and what they can deduct.

Plante said the most common deduction for active duty service members is for moving expenses. However, clients may also be able to deduct

penses and qualify for tax credits if they or their family members are attending an institution of higher education.

However, there are a few things that are out of the center's scope. If you receive income from more than one rental property or are self-employed and running your own business, the center is not equipped to prepare your taxes.

Because not all individuals who fill out a Schedule C or who have a 1099

fall into the self-employed category, it's best to call the center to find out

> whether you qualify for its service. Still, for those who want help with their taxes, so they can get on with other important aspects of their lives, the center offers a convenient service.

"I think we're doing a lot of good work for the community here," Plante said. "I have a good group of Soldiers. They're enthusiastic, they're motivated, they're here on time every day and they ask good questions."

The deadline to file 2016 taxes is April 18 because April 15 falls on a Saturday and the following Monday is a holiday in Washington, low (see instructions).

The center is located at Trailer

Schofield Tax Center

1 on Grimes Street on Schofield Barracks. To schedule an appointment, call 655-1040.

Hours of Operation Feb. 6-March 25

Monday-Wednesday & Friday, 10 a.m.-noon & 1-4 p.m.

•Thursday, 1-4 p.m.

•Saturday, 10 a.m.-noon & 1-3

March 27-April 15

•Monday, Friday, 10 a.m.-noon &

•Tuesday, Wednesday, 1-6:30

•Thursday, 1-5 p.m.

(4) ✓ if child under age 17

qualifying for child tax credit

•Saturday, 10 a.m.-noon & 1-3:30

Boxes che on 6a and No. of chi

on 6c who

· lived wi

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you due t

(see instr

Walk-ins are accepted on Tuesdays and Thursdays.



children with them while they wait. Filing Status Check only one box. 6a Exemptions (1) First name

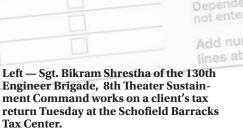
If more than four

instructions and

check here ▶









10 / Friday

Steak House Day — Enjoy a fresh grilled steak and potato bar at FS Hale Ikena, 11 a.m-2 p.m., for \$14.95. Call 438-1974.

Family Child Care New Applicant **Brief** — Interested in running your own child care business? Come to the new applicant brief from 9-11 a.m. at the SB FCC Office, 730 Leilehua Ave., Bldg. 645. Call 655-8373.

SAT Deadline — Register at college board.org for the March 11 test.

Framing Classes — Learn how to frame your artwork and mementos at SB Arts & Crafts Center from 12:30-3:30 p.m. Classes are limited; costs \$75 per person. Call 655-6330.

Resume Workshop — Learn how to create a resume for the first time or update your resume for the private sector from 10 a.m-2 p.m. at SB ACS. Choose the best format to demonstrate your experience and skills. Target your resume to the job you are seeking and effectively summarize your accomplishments. To register, call 655-4227.

Parenting 101 — Take your parenting to the next level. Discover current "best practices" and learn tips and tools to assist you in reaching your parenting goals at the SB ACS from noon-1 p.m. Call 655-4227 to register.

Lei Making — Learn to make a beautiful lei every Friday for \$15 at SB Arts & Crafts Center from 1-2 p.m. Call 655-4202.

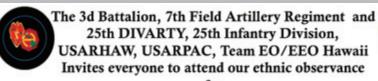
Paint and Sip at Tropics — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice for \$35. Class includes all painting supplies and instruction. Preregistration is required. Call 655-5698.

11 / Saturday

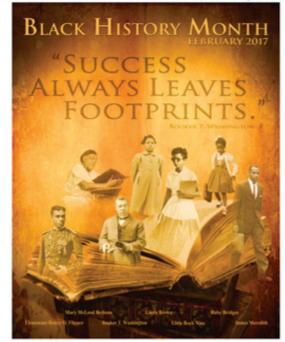
Adventure Biking — Bike down Pearl City Path with SB Outdoor Recreation Center starting at 8:30 a.m. for \$30 per person. Transportation (up to 12 people), guide and equipment (adult bikes) provided. Bring some water and snacks. This is a beginner program. Participants must be able to ride a bike. Call 655-0143.

Parents' Night Out — Held at AMR CDC and SAC, Bowen CDC and SB SAC

OBSERVANCE



for African American/Black History Month



Theme: "Success Always Leaves Footprints" Guest Speaker: Deloris Guttman 1200 - 1300, Thursday, February 16th, 2017 Sergeant Smith Theater, Schofield Barracks RSVP: SFC Martin, Latoya 808-655-1387

from 6-11 p.m. Reservations are accepted on a first-come, first-served basis at Parent Central Services. Costs \$20 for the first child; \$17 for each additional child. All children must be registered with CYS. Call 655-5314 or 833-5393.

Nagorski Golf Course Sweetheart Special — Enjoy half price cart rental and green fees with a purchase of one full cart rental and greens fee through Feb. 14 at FS Nagorski Golf course. Call 438-9587.

Dungeons & Dragons Meet-up at Tropics — Enjoy this open-ended roleplaying game held every Saturday at 6 p.m. Call 655-5698.

12 / Sunday

Quilting and Sewing — Every Tuesday, 5-8 p.m., and Sunday, 11 a.m. - 3 p.m., attend quilting and sewing for \$25 (first class) or \$6 (each additional class) at the SB Arts & Crafts Center, Bldg. 572. Ages 17 and up recommended; for younger patrons, call 655-4202.

13 / Monday

Ice Cream Sundae — Build your own ice cream sundae as part of our lunch buffet for \$14.95 every Monday at FS Hale Ikena from 11 a.m.-2 p.m. Call 438-1974.

Stress Solutions — Identify the causes of stress as well as how it affects our lives, noon-1 p.m. Share techniques such as positive self-talk and how to not take things personally, and be introduced to a variety of relaxation techniques. Call SB ACS at 655-4227.

PPP-S Federal Applications for Military Spouses — Learn all you need to know about the Priority Placement Program for Spouses seeking civil service DoD careers, including the do's and don'ts and step-by-step instructions on preparing your package, at SB ACS from 10-11 a.m. Call 655-4227.

Million Dollar Soldier Refresher — This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227 to register.

AFTB Level G "Personal Growth" — Workshop held at SB Education Center (Bldg. 560) from 9 a.m.-1 p.m. Learn how to improve communication skills, personal relationships and develop stress management skills. Call 655-4227.

14 / Tuesday

10 Steps to a Federal Job — Walk through the steps to create an effective targeted federal resume and successfully manage the application process, 9 a.m. noon, SB ACS. To sign up, call 655-4227.

15 / Wednesday

Windsock Craft — Create a patriotic windsock in honor of Presidents' Day at FS library starting at 3:30 p.m. Free while supplies last. Call 438-9521.

Play Mornings at ACS — Meet other moms and dads, share information and parenting tips, and give your infant/ toddler a chance to interact with other children. Happens at SB ACS Office from 10-11 a.m. Call 655-4227.

16 / Thursday

Your Credit Report and Score -Know where you stand before making a big purchase at this course held at SB ACS from 10-11:30 a.m. Bring one copy of your credit report from annualcre ditreport.com. Call 655-4227.

17 / Friday

'70s & '80s Soul Train Throw Back Party — SB Tropics hosts, 7:30-11:30 p.m. Prizes go to the best man and woman costume and the best dancer. For patrons 18 years and older. Call 655-

18 / Saturday

Family Nite — Learn to paint a picture on a 12-by-16 inch stretched canvas without restrictions at SB Arts & Crafts Center for \$25 from 6-8 p.m. Project can be shared with family members. Additional canvases available for an extra cost. All supplies included. Children 12 and younger must be accompanied by an adult. Call 655-4202.

CPR/AED Certification — Learn how to perform CPR and how to use an Automated External Defibrillator at SB Richardson Pool at 10 a.m. Costs \$70 per person. Call 655-9630.

Daddy Boot Camp — Class for firsttime/expecting fathers at SB ACS from 9 a.m.-12:30 p.m. Dads can ask questions and learn practical skills for taking care of mom and baby. Call 655-4227.

20 / Monday

Presidents Day — All public schools closed.

Ongoing

Youth Sports and Fitness Track and Field — Registration is underway for youth born on/or between the years 1999-2010; no exceptions. Call 655-6465 or 836-1923.

Ceramic Mold Pouring — One session costs \$25, at SB Arts & Crafts Center, Bldg. 572, 919 Humphreys Road. Call 655-4202.

community Calendar

Send announcements a week prior to publication to community @ hawaii armyweekly.com.

10 / Friday SB Tax Center — The Tax

Center is open for military and retirees. Hours of operation are Monday, Tuesday, Wednesday and Friday at 10 a.m.-noon and 1-4 p.m.; Thursday, 1-4 p.m.; and Saturday, 10 a.m.-noon and 1-3 p.m., at Trailer 1, Grimes Street (across from Hamilton Field). Appointments are recommended; call 655-1040. Walk-ins permitted on Tuesdays and Thursdays.

Through this program, firstthrough 12th-graders with a B average or higher are eligible to

You Made the Grade -

receive a coupon book with Exchange discounts and a sweepstakes entry form for a chance at a \$2,000, \$1,500 or \$500 prize. The program is intended to reward military students who

excel in the classroom. Those who enter must be dependents of authorized Exchange shop-

Shoppers can visit customer service at their local Exchange for a coupon booklet and

8th TSC: 8th Theater Sustainment

Calendar abbreviations

Command

sweepstakes entry form. The next "You Made the Grade" sweepstakes drawing will be on June 30.

Hui 'O Na Wa**hine** — The Hui at SB is celebrating its 85th year. The 2016-2017 Hui 'O Na Wahine Spouses Club scholarship application is now active.

Scholarship and membership applications are available at www.schofieldspousesclub.

The deadline for application and all reference letters is Feb. 10. For more details or questions, email Hui president@gmail.com or huischolarshipchair@ gmail.com.

11 / Saturday

Auction — The Hui O'Wahine on FS will host its annual auction fundraiser, "Treasures Under the Sea," this Saturday, Feb. 11, from 5:30 to 10 p.m., at Hickam Officers Club. 2000 Signer Blvd. This auction will raise funds for scholarships and welfare grants.

Your \$50 ticket includes dinner, a paddle, one game bracelet and a bottle of wine (to take home); pay tickets in advance, please.

Several games will be played, including 50/50 Big Bucks and

Mystery Box, and one of the amazing prizes for one of the games is a drone!

Enjoy the silent and live auctions, too. Some auction items are flights over Oahu, art, a spa basket, a barbecue basket and much more. Cash, check and credit are accepted.

Call Kowanda at 615-420-8441 to register or visit HuiO WahineSecondVicePresident@ gmail.com or HuiSpirit.com.

Hiking — The Kolekole Walking-Hiking Trail on Schofield Barracks is open this weekend, Saturday and Sunday. from 5:30 a.m. to 6:30 p.m.

Ukulele Picnic in Hawaii — The 9th annual event strings together two days of exciting events in celebration of Hawaii's most beloved instrument. The festivities begin at the Royal Hawaiian Center on Saturday, Feb. 11, with the International Ukulele Contest and Hula Show, and will end on a high note on Sunday, Feb. 12, at Kakaako Makai Gateway Park.

All events and entertainment are free and open to the public. Visit www.ukulelepicnicin hawaii.org/en/.

Hawaii Agriculture Research Center — HARC is seeking help stripping and pruning trees, 8 a.m.-noon, to combat an invasive coffee

insect, 94-340 Kunia Road. Volunteers will be working in a field environment and should dress accordingly. Call 228-0272 to volunteer or for information.

14 / Tuesday

Health Fair — Attend the Heart Health Fair in the Ambulatory Care Clinic lobby at the Spark Matsunaga VA Medical Center, 9 a.m. to noon. Learn about Zumba fitness, strength training, pilates, yoga and more. Healthy snacks and music will be available. Remember to wear red because February is heart

month. RSVP to Trisha Guillermo at 433-0830.

Michael Bolton in Concert — Grammy Award-winning recording artist performs on Valentine's Day, 7 p.m., at the Blaisdell Arena. Tickets on sale at Ticketmaster outlets.

15 / Wednesday

Blood Drive — Radford High School and Blood Bank of Hawaii are hosting a blood drive from 7:15 a.m.-1:30 p.m. on campus at 4361 Salt Lake Blvd. Seventy volunteers (ages 17 or older in good health and weighing at least 110 pounds with a photo ID with birth date) are needed. This event is open to the public and the Army com-

See COMMUNITY B-5

BCT: Brigade Combat Team CDC: Child Development Center CYSS: Child, Youth and School

ASYMCA: Armed Services YMCA

25th ID: 25th Infantry Division ACS: Army Community Service Services EFMP: Exceptional Family Member AFAP: Army Family Action Plan AFTB: Army Family Team Building Program AMR: Aliamanu Military Reserva-FCC: Family Child Care

FMWR: Family and Morale, Welfare

and Recreation FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SAC: School Age Center SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield





Assassin's Creed (PG-13)

Friday, Feb. 10, 7 p.m.

Studio Appreciation Advance Screening Saturday, Feb. 11, 7 p.m.

Tickets available at the Schofield Exchange Food Court, Seating open to non-ticket holders 30 minutes prior to show time.



Sing (PG)

Sunday, Feb. 12, 4 p.m.

Closed Monday through Thursday.

Parents, students asked to provide feedback

State of Hawaii

HONOLULU - The Hawaii State Department of Education begins its annual School Quality Survey this week to gather important feedback from students/parents/guardians about our public schools.

The deadline for personnel to complete and return the SQS is March 17. All responses will remain anonymous.

The survey provides information on how schools are doing with respect to school culture, satisfaction, safety and engagement. The feedback gathered is used to support school planning and improvement efforts, and to meet legislative and Board of Education requirements.

Students in grades 4, 5, 7, 8, 9 and 11 will take the survey online at school, as



Courtesy photo

will teachers, administrative office staff and instructional support staff.

A parent or guardian of the students in the surveyed grades will have the option to take the survey online or via

a paper format. Each school communicates to parents on how to complete the SQS, whether digital and/or hard copy.

Greater response

"We're hoping to get more responses from parents this year, as last year's return rate was only 25 percent," said Tammi Chun, assistant

superintendent, Office of Strategy, Innovation and Performance. "This feedback goes towards improving our schools and the learning experiences of our children, and we ask parents to take the time and submit their opinions.' A brief video outlining the SQS can be viewed at https://vimeo.com/201216058.

The public can view the SQS for their community schools and statewide results via the Report Finder on HIDOE's website: bit.ly/ReportFinder. Search for "School Quality Survey" and add the name of a school for school-level results.

Contact

Anyone with questions about the survey is encouraged to contact HIDOE at (808) 733-4008 or via email at SQS@notes.k12.hi.us.

To learn more, visit HawaiiPu blicSchools.org.

New leaders join local military-impacted schools

SCHOOL LIAISON OFFICE

Child, Youth and School Services Directorate of Family and Morale, Welfare and Recreation U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Two new leaders have arrived in schools with high military dependent populations.

Principal Chad Matsuda

The former vice principal at Wahiawa Middle School, Chad Matsuda, has taken a new position in the Department of Education.

Matsuda is now the principal of Webling Elementary School.

"The new experience of being a principal is one that I have been blessed with in being given the chance to serve and work directly with esteemed colleagues in the educational leadership profession," said Matsuda, after assuming his new position.

'The experience continues to provide great opportunities to hone my own leadership potential in

building positive relationships with all stakeholders," he said.

Golden anniversary



Matsuda arrives at Webling Elementary School during an important time in the school's history. "Webling

Elementary will be celebrating its 50th

anniversary in school year 2017-2018," Matsuda said. "The celebration will encompass the opening of the time capsules, May Day Fest and Alumni Luau. The 50th anniversary will serve not only as a time of remembrance, but also as an opportunity to reflect upon the past successes of the school.

The faculty and staff will continue to strive in developing students who are educated, healthy and joyful lifelong learners who contribute positively to our community and global society of



added.

Matsuda went on to emphasize his targeted goals were designed to be met with thorough and successful teaching, mentoring, and community partnerships:

1- To improve student scores in reading and math.

2- To enhance teaching skills and strategies to meet the needs of students based upon analysis of student data.

3- To resolve drainage and flooding issues at the school entrance.

Principal Kaipo Simpson

Former vice principal at Wheeler Middle School, Kaipo Simpson, has taken over the reins at Pearl Harbor Elementary School.

Serving the military community at Wheeler Middle School provided



Simpson added.

Simpson with a background in addressing military students' needs and

"I have been very honored to have been chosen to be the principal for Pearl Harbor Elementary School," said Simpson.

"My previous experiences have

helped me to understand the military culture and how our military children are impacted by their constant moves and transitions," he said.

"I see myself as a team player in the never-ending task of providing learning opportunities and ensuring the success of all who enter the doors at (Pearl Harbor

Elementary School),"

Nehelani to host simply elegant meal for couples, sweethearts

KRISTEN WONG

Contributing Writer

SCHOFIELD BARRACKS — Couples on post looking for a bite to eat this Valentine's Day can enjoy what the Nehelani Banquet and Conference Center has to offer.

The Nehelani Valentine's Day Dinner is scheduled, here, Feb. 14, from 5 to 8 p.m., and is open to the military and the general public.

Simple elegance

The Nehelani is going for simplicity this Valentine's Day, draping round tables in bright, white sheets, adorned with flowers, balloons and candy.

"We don't get too elaborate," said John Stone, the food and beverage manager for the Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii. "(We just try) to create a good ambiance. My opinion is some things are more of a distraction. (A special dinner) is more

about the person you're with." Diners will have their meals in either Koa Room 1 or 2 with a few tables outside for folks who'd like some fresh air. Diners will be serenaded by soft

background music. Stone said the menu is designed to cater to different palates, from meat to seafood to vegetarian.

The restaurant is serving up a second helping of last year's menu, including



Photo by Kristen Wong, Oahu Publications

The Nehelani Banquet and Conference Center is offering a Valentine's Day Dinner, Feb. 14. Enjoy prime rib or Canadian snow crab clusters, just to name a few.



the popular Surf & Turf, consisting of prime rib and Canadian snow crab. There will also be a full-service bar and complimentary bruschetta bar for patrons to enjoy.

Dining specials

This year there will be several special

events coming up at the Nehelani, so be sure to look out for them in Discover Hawaii magazine, on the DFMWR's Facebook. Upcoming events include an Easter Brunch, Mother's Day and Father's Day specials. Patrons are also encouraged to plan wedding receptions, graduation parties and other events at the establish-

The Nehelani welcomes feedback for future events through the Interactive Customer Evaluation system.



The menu includes different dishes for



Reservations Patrons must reserve a table in advance. The cost of the meal is \$34.95 per person. For details, visit www.himwr.com. For reservations, call 655-0660.

One family celebrates Valentine's Day with a bucketful of love

Our youngest daughter is home from school with a concussion and a sprained ankle from a sledding accident. ... The steering on the minivan isn't working properly. ... Our dog ate an entire jumbo rawhide bone in 10 minutes and has been trying to wretch it up on the carpet. ... Plus, two days ago, a pimple appeared on my forehead.

All of the aforementioned is going on, and, of course, it's almost Valentine's Day.

Every year, it's the same thing. We're engrossed in the hectic pace of military family life. We're paying bills, deciphering homework assignments, cheating on diets, reprimanding teenagers, grocery shopping, carpooling and shoveling snow.

When Feb. 14th rolls around, you can almost hear a collective exclamation in the air: "Oh, crap, it's Valentines Day!" Then, we all rush around like maniacs to get the proverbial check in the heartshaped box.

Marriage evolution

Mustering fresh romance after decades of marriage isn't easy. If my husband, Francis, and I manage to pop



open a bottle of bubbly and exchange the obligatory cards with meaningful sentiments (scribbled in the car outside the 7-Eleven), we still have to fight back the urge to yawn once the clock strikes nine.

It all seems so contrived - as if a

boardroom full of stuffy CEOs of corporate conglomerates who market greeting cards and heart-shaped balloons conspired to add more tasks to our daily "To Do" lists, all in the name of Valentine's Day profits. Several years ago, I was complaining

to a fellow military spouse friend about Valentine's Day complicating my schedule, when she told me that she and her husband did something a little different to celebrate each year. My ears perked up because this particular Navy couple seemed to have a great relationship, even

though he has deployed often. I leaned in, and my military spouse friend told me their secret Valentine's Day tradition.

"We don't give each other cards," she said. "No teddy bears or picture frames or ties or boxes of candy," she continued.

"Not even Whitman's Samplers?" I asked, astonished. "Nope. No flowers, no fancy dinners,

no balloons. None of that stuff," she said. "Then what do you do on Valentine's Day?" I pried.

"We fill up our Hanky Panky Party Pail," she said, with a devilish grin. She explained that the Hanky Panky

Party Pail was nothing more than a cheap purple plastic sand bucket, into which they unceremoniously threw items that would facilitate a Valentine's Day romp in the hav.

Driving home from that visit with my friend, I thought, "Well, that's disgusting. No hearts? No candles? No flowers? What kind of marriage is that?" But, I knew in

the back of my mind that my friend was onto something. Essentially, there are two reasons our husbands buy us cards, flowers and chocolates on Valentines Day: 1) So we won't get mad at them, and 2) on the off

chance they will get lucky. And the only

reason wives cook and buy sweaters for

our husbands is so that we can say we

gave them something, even though we know it's not what they really want.

So why rush out in our salt-encrusted cars to buy silly preprinted cards, then wrack our brains for something meaningful to write inside? Why search our closets for old gift bags that they have most likely seen before? Why bear the expense of babysitters, so we can stand in line for the Valentine's Day Chicken Quesadilla special at Ruby Tuesday?

Why pressure our husbands to give us flowers when we know they will eventually wilt, drop petals everywhere and leave that green slimy ring on the inside of the vase? Why expect heart-shaped boxes of chocolates when half of them are filled with nondescript fruity fluff anyway?

Why not skip all the unnecessary holiday commercialism and get right down to business? It's a win-win for both parties. Wives don't have to cook, clean or find time between orthodontist appointments and school projects, and husbands get what they always wanted.

And if your husband is anything like Francis, it only takes a few minutes.

(Find more Molinari musings at www. themeatandpotatoesoflife.com.)

Commissaries measure regional savings

News Release

FORT LEE, Virginia — Commissary savings now will be reported more often and better reflect the cost of living where patrons shop, the director and CEO of the Defense Commissary Agency has

"We have updated how we measure patron savings at the commissary," said Joseph H. Jeu. "This enhanced way of calculating savings doesn't change the actual dollars that patrons save, but it will give patrons a better understanding of price comparisons in their local area."

Accounts for geographic differences

Historically, DeCA has measured savings globally by comparing national prices at commissaries against average market prices for the whole country. However, the cost of living varies by region, DeCA officials noted.

To account for these geographic differences, they said, Congress now requires DeCA to report on savings regionally, comparing prices with two or three commercial grocers, including super centers, in the local area of each commissary in the United States.

Through this updated measurement, officials said DeCA also is expanding the range of items on which it measures savings. Besides continuing to compare about 38,000 branded items at a national level, they explained, DeCA also will compare local prices on about 1,000 products that are representative of a shopper's typical market basket.

What we did before was good for showing a worldwide, annual savings average," Jeu said. "However, now we are diving deeper into our patrons' shopping experience to better reflect regional differences in cost of living and actual shopping patterns."

Savings rates vary by region

Because the savings rate is calculated from local price comparisons, it will vary by region due to differences in the cost of living, even when commissary prices remain uniform and constant, officials

To illustrate how the price comparisons work, officials used a hypothetical example of macaroni costing \$1.25 at all commissaries. The comparison price at local commercial retailers varies by region. In Hawaii, where the cost of living is higher, the price of macaroni in commercial retailers is \$2, but in Georgia, where the





With the new price comparisons and savings reporting, commissaries will have the ability to adjust prices to better suit the region.

cost of living is lower, the price outside the gate is \$1.50. This would mean that even though customers pay \$1.25 for macaroni at commissaries worldwide, customers in Hawaii save 37.5 percent by using their commissary benefit, whereas customers in Georgia save 16.7 percent.

Congress requires that DeCA

STEPHAN H. BUCHANAN

500th Military Intelligence Brigade

Deployed life is far different than

home life. In addition to being sepa-

rated from your family for 6, 9 or even

12 months, service members work an

or seven day per week.

enormous number of hours per day, six

For some, this work requires going

on dangerous missions and doing

things you never thought you would

have to do to simply survive or save a

buddy. For others, it may require stay-

ing on the base where the danger is also

Photos by Karen A. Iwamoto, Oahu Publications

Congress is now requiring the Defense Commissary Agency to report its regional savings with two to three commercial grocers.

maintains savings at current levels, even as the commissary system transforms its business operations and improves the shopping experience, officials said. The new savings rate provides an accurate baseline that will allow DeCA and Congress to monitor and protect patron savings, they added.

Savings levels to remain consistent

"I am pleased that DeCA can offer significant savings to our patrons on products they frequently purchase," Jeu said. "The enhanced savings calculation will allow us to measure the benefit more specifically and more often, protecting it at current levels

for years to come. The value of a patron's market basket should not change because of the new savings calculation. Although market fluctuations will cause $prices\ of\ grocery\ products\ to\ increase$ and decrease - as they do today commissary patron savings levels will

Calculations

The calculations, below, include applicable taxes in commercial grocery store prices and surcharge in commissary prices, officials said, noting that without these, savings would be 22.3 percent in the United States, 45.6 percent overseas and 25.7 percent globally. Thirty-five states, or 70 percent, do not have sales tax on food items.

Savings Rates by Region

Hawaii and Alaska: 9 commissaries, 32.6 percent savings.

 New England: 36 commissaries, 21.4 percent savings.

South Atlantic: 30 commissaries,

19.9 percent savings. •South Central: 33 commissaries,

18.1 percent savings. •Pacific: 31 commissaries, 20.9 percent savings.

•Mountain: 20 commissaries, 17.6 percent savings.

•North Central: 18 commissaries, 20.2 percent savings.

Global Regions

•U.S. average: 177 commissaries, 20.2 percent savings.

•Overseas: 61 commissaries, 44.2 percent savings.

•Global average: 238 commissaries, 23.7 percent savings.

Get more information at DeCA: www.commissaries.com.



(Warship

dren's programs, educational services at www.garrison.hawaii.army.mil. Click on "Religious Support Office" under the "Directorates and Support Staff" menu.

Fort DeRussy Chapel HMR: Helemano Chapel MPC: Main Post Chapel, Schofield Barracks Aloha Jewish Chapel, Pearl Harbor Soldiers' Chapel,

WAAF: Wheeler Army Airfield Chapel

Buddhist Services • First Sunday, 1 p.m. at FD

Catholic Mass

• Last Wednesday, 6 p.m. at MPC

• Monday, Tuesday, Thursday and

- Friday, 11:45 a.m. at Soldiers' Chapel • Tuesday, 7 p.m. at AMR
 - Wednesday 11:45 and 5 p.m. at MPC
 - Thursday, 9 a.m. at AMR
 - Saturday, 5 p.m. at WAAF
 - Sunday services: - 8:30 a.m. at AMR
 - 10:30 a.m. at MPC

Gospel Worship

• Sunday, noon. at MPC • Sunday, 12:30 p.m. at AMR

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Protestant Worship

• Sunday Services

-9 a.m. at MPC -9 a.m. at FD

(Call 473-3971)

- -10 a.m. at HMR and WAAF -10:30 a.m. at AMR

• Sunday, 9:27 a.m. at SC

Liturgical (Lutheran/Anglican)

-11 a.m. at WAAF (Contemporary)

Additional religious services, chil-

AMR: Aliamanu Chapel

Schofield Barracks

TAMC: Tripler Army Medical Center Chapel

Home front challenges Families on the home front encoun-



Buchanan

very real.

ter many challenges of their own. Parents are now single parents. Families are forced to fall into a new routine that includes the responsibilities once done by their loved one who is no longer at home. The kids miss mommy or daddy. And, for those who

are married, the bedroom can turn into a lonely place.

The most important but often most under-utilized time in this uniquely military experience is the mid-tour leave in which the family at home and the Soldier abroad have the opportunity to re-unite for a short period of time.

As a family, it is vitally important to apply the "Sabbath Principle" to your leave by intentionally planning this time of reunion. Doing so will instill renewed life and health to the family as a whole while honoring the Lord.

Examples There are a number of examples in

the Bible of God's people applying the Sabbath principle by seeking rest and separating themselves from their daily routines and from other people. One such example can be found

in Luke 5:12-16. In this passage, Jesus encountered a man with a severe case of leprosy. When the man saw Jesus, he bowed and begged Jesus to heal him.



Jesus reached out and touched the man, and then instantly he was healed. Then Jesus instructed him not to tell anyone. Despite these instructions, the man, with great excitement, told people of Jesus and his healing power.

The word spread quickly and people came to hear Jesus preach and be healed from their diseases. Before Jesus continued his ministry, he applied the Sabbath Principle by taking his own personal time of rest. Verse 16 says, "But Jesus often withdrew to lonely places and prayed." Even Jesus, was intentional about finding a time and place to rest and commune with God the father.

To practice the Sabbath Principle while deployed is to set aside a time to spend with your family and commune with God. The great thing is, while deployed, the military sets the time aside for you in the form of mid-tour leave. It is up to the service member and his/ her family to find a place that will be physically, emotionally and spiritually rejuvenating.

When planning your leave, it is extremely important for the service member to communicate with the family at home. This discussion needs to include things like brainstorming and realistic expectations. Do you want to rest, travel or perhaps both? What kind of mid-tour leave experience can best accomplish the type of rest that will best benefit your family: a cruise, an all-inclusive resort or a guided tour to an exotic place like the Holy Land?

The Sabbath Principle is an invitation to experience God's rest as an individual and/or as a family by celebrating and rejoicing in his creation. When you apply the Sabbath Principle by taking the time to communicate with your family and plan out your mid-tour leave, you honor the Lord and express deep commitment to the ones you love the most.

The memories created here will last for the rest of your life. It will be great, everyone can worship the Lord, everyone gets rest and everyone wins.



A Soldier with the 1st Battalion, 27th Infantry Regiment, 2nd Brigade Combat Team hugs his daughter upon returning from a three-month deployment to Thailand, Korea and the Philippines in May 2015.

HEALTH HAWAII ARMY WEEKLY FEBRUARY 10, 2017 | B-5

STDs affect one sixth of the U.S. population

DR. GRACE S. CHEN

Tripler Army Medical Center

HONOLULU — Genital herpes affects one out of six people, ages 14-49, according to the Centers for Disease Control

Genital herpes is a sexually transmitted disease caused by either herpes simplex 1 (HSV-1) or herpes simplex 2 (HSV-2). It is spread through vaginal, anal or oral sex with someone who has herpes.

Someone may not know they have herpes virus because they may not have a visible sore, but they can still spread the herpes, since it can be released through their skin.

Clinical facts

Genital herpes usually appears as blisters on or around the genitals, rectum or mouth. The blisters burst and leave painful sores that take a few weeks to heal. The first time someone has an outbreak, they also have flu-like symptoms (fever, body aches and swollen glands).

If you touch your sores or the fluid from the sores, you can transfer the herpes to another part of your body. If you do touch the sores, wash your hands to avoid spreading the infection.

Repeated outbreaks of genital herpes may occur, especially during the first year. The following outbreaks are usually shorter and less severe than the first one. The infection will stay in your body forever, but the outbreaks may decrease in frequency as time passes.

In the United States, oral herpes (cold sores and/or fever blisters around mouth) is usually caused by HSV-1. Most people are infected with HSV-1 during childhood (from a kiss from a relative).

More than half of the population in the U.S. has HSV-1, even though they do not have signs or symptoms. HSV-1 can be spread from mouth to genitals through oral sex. Some cases of genital herpes are therefore caused by HSV-1.



Courtesy photo

Prevention

You can avoid STDs by refraining from having vaginal, anal or oral sex. If you are sexually active, you can decrease your risk of getting herpes by making sure your sexual partner has tested negative for STDs. A latex condom can also prevent STD prevention.

Unfortunately, there is no cure for herpes. There are some medications that can prevent or shorten the course of an outbreak. One can be taken daily and

makes it less likely that you will pass the infection to your sexual partner.

If you are pregnant with genital herpes, it is important to let your doctor know. It can increase the risk of miscarriage and prematurity.

Genital herpes can also be passed to your child. If you have herpes symptoms at the time of delivery, a C-section is done to prevent the spread of herpes to your child. Children who are born with herpes (congenital herpes) may have lesions on their skin, eyes and mouth.

Other symptoms include an infection of the brain (encephalitis), which can cause seizures, spasticity, blindness, learning disabilities, psychomotor retardation and death.

(Editor's note: Dr. Chen is an emergency physician at TAMC.)

Point of Contact

For more information about this and other sexually transmitted diseases, please speak to your primary care manager at (808) 433-2778.

TAMC

Healthy Valentine's



This Valentine's Day, show your love the safe and healthy way.

€ onsider that your valentine may have allergies, asthma, diabetes or other health conditions when making plans.

If you smoke, quit smoking. It's a perfect gift for yourself and others.

I nclude heart-healthy foods and physical activity in your plans.

If you choose to have sex, use a condom.
L imit alcohol. If

you drink, do so only in moderation.

If you are considering a new, potentially risky or unsafe activity, be sure to use appropriate safety gear to help prevent injury.





CONTINUED FROM B-2

munity. For questions, contact the School Liaison Office at 655-8326.

16 / Thursday

Resiliency Training for Parents — R2
Training Center staff present a two-day program, 9 a.m.-1 p.m., to help parents increase optimistic thinking, maximize family resilience and enhance relationships while learning communication and mental skills. For more information or to sign-up, call 655-9804.

20 / Monday

Great Aloha Run —
The Kaiser Permanente
Great Aloha Run begins
at 7 a.m. at Aloha Tower,
and runs 8.15 miles
through the historic
Honolulu Harbor,
down Nimitz Highway,
Kamehameha Highway
and into the Aloha
Stadium.

Awards ceremony and activities will begin at 8:30 a.m., featuring prizes, entertainment, high school team challenge and more. For more information, visit www.greataloharun.com.

23 / Thursday

Wanderlust Oahu —
Fifth annual yoga lifestyle
event returns to Turtle
Bay Resort and features

a variety of heath and well-being activities. Visit Wanderlust.com.

24 / Friday

Journey in Concert — Tickets are still available for the Friday and Sunday, 7:30 p.m. shows, at the Blaisdell Arena with the Rock & Roll Hall of Fame band. Tickets range from \$65-\$155; available at Bampproject.com, as well as Ticketmaster outlets.

25 / Saturday

Leilehua Craft Fair
— Project Grad 2017
support-event, from 10
a.m.-2 p.m., features food
vendors, silent auction
and creative crafts at
Leilehua High School
Cafeteria.

Ongoing

Honolulu Festival Volunteers — Hawaii's largest festival is seeking volunteers to assist this international event that promotes cultural understanding, economic cooperation and ethnic harmony between the people of Hawaii and the Pacific Rim, March 10-12, in Waikiki. Visit www. honolulufestival.com/en/application/come-join-the-volunteer.

Legal Aid — The SB and FS Legal Assistance offices provide free legal assistance to active duty personnel, family members, retirees and certain Department of Defense personnel. Call 655-8607.