

## 2017 Lightning Forge exercise preparation underway

**CAPT. RICH DIEGEL**  
196th Infantry Brigade

SCHOFIELD BARRACKS — The 196th Infantry Brigade guarantees the training success of its partners. Essential to meeting this guarantee is its annual partnership with the 25th Infantry Division for the Lightning Forge training exercise.

Since 2014, Lightning Forge has evolved from an instrumented field training exercise for a single maneuver battalion to executing a home station unit training rotation for an entire brigade combat team in preparation for deployment to combat training centers.

From Oct. 21-29, 3rd Infantry Brigade Combat Team, 25th Infantry Division Soldiers will deploy to various ranges across Oahu to engage in a decisive action training environment through an interactive and dynamic scenario developed by Joint Pacific Multinational Readiness Capability (JPMRC). During this period, 3rd IBCT will encounter multiple problem sets to include enemy opposition forces, a beleaguered host nation security force, interagency and multinational partnership, a civilian populace that broadly ranges from supportive of U.S. intervention to insurgency, and an emerging cyber threat.

To effectively train 3rd IBCT Soldiers during Lightning Forge 18-01, hundreds of personnel are required to fill the rolls of observer-controller trainers (OC/T), exercise control, division higher command, partner units, logistics, fire markers, enemy opposing forces, and other role players.

For Lightning Forge 18-01, units partnering with JPMRC, 196th Infantry Brigade include: the 25th Infantry Division command group and staff, the 2nd IBCT, the 25th Combat Aviation Brigade, the 25th Division Support Brigade, 25th Division Artillery, the Asymmetric Warfare Group, the 1st Special Forces Group, the 8th Military Police Brigade, the 8th Theater Sustainment Command, the 1st Information Operations Command, the Mission Training Complex-Hawaii, the U.S. Army Garrison-Hawaii, the Training and Doctrine Command, and the Georgia Army National Guard, among others.

Prior to Oct. 21-29, JPMRC, 196th



Photo by Jonathan Steffen JPMRC Media Team

Photo by Sgt. Ian Ives, 25th Sustainment Brigade Public Affairs

**A convoy from 29th Brigade Engineer Battalion, 3rd IBCT, 25th ID prepares to depart following instrumentation during Lightning Forge. (Inset) In support of training exercise Lightning Forge 17, Sgt. Luis Ramirez (inset), a motor transportation driver with the 25th Composite Truck Company, 524th Combat Sustainment Support Battalion, 25th Sustainment Brigade, puts on face paint Wednesday, prior to conducting a resupply mission to Soldiers at Dillingham Airfield.**



Photo by Jonathan Steffen JPMRC Media Team  
**Felise Ropati, instrumentation officer for JPMRC-ITACSS, briefs 3rd IBCT Soldiers during RSOI for Lightning Forge.**

equipment and personnel as well as enemy opposing forces and role players were given tracking systems. These devices emit signals, allowing exercise control to observe unit missions using the JPMRC Instrumentation System (IS). IS tracking data coupled with professional OC-Ts who observe all stages of unit planning and mission execution throughout the exercise, assists in preparing a comprehensive After Action Review, which will be delivered to the 3rd IBCT leadership to help them prepare for a successful deployment to the Joint Readiness Training Center at Fort Polk, Louisiana.

Lightning Forge 18-01 is the fourth exercise in the series.

Inf. Bde. led the 3rd IBCT and enablers through a series of academic conferences in various sites across Schofield Barracks and are completing the final stages of Re-

ception, Staging, Onward movement and Integration (RSOI) as units deploy to the field.

During the RSOI period, 3rd IBCT

## Army general says much being done to aid Puerto Rico

**JIM GARAMONE**

DoD News, Defense Media Activity

WASHINGTON — Military personnel helping the people of Puerto Rico have made great progress since Hurricane Maria hit on Sept. 20, said Army Lt. Gen. Jeffrey S. Buchanan, the commander of ground forces on the island, but, he added, the scale and scope of devastation caused by the storm was so great that much remains to be done.

“When I got here two weeks ago, we had 25 helicopters and 4,500 troops,” the general said in a phone interview from the island. “Now we have 68 helicopters and 14,300 troops. We’re getting a lot done, but we have a long way to go.”

Hurricane Maria was devastating to Puerto Rico. Coming just two weeks after Hurricane Irma, about 80,000 residents were still without electricity when Maria made landfall. It knocked down trees everywhere, and the heavy rain caused landslides, which cut off many communities in the interior of the island. Puerto Rico’s electrical grid was destroyed in the storm, leaving the entire island without power.

The general has been working with Puerto Rico’s Gov. Ricardo Rossello and the Federal Emergency Management Agency team, he said.

### Logistical Support

Most of the troops in the U.S.



U.S. Air Force photo by Staff Sgt. Robert Hicks

**Airmen along side Soldiers and FEMA employees load food and water onto a U.S. Navy HH-60 Seahawk helicopter at Roosevelt Roads, Puerto Rico, Oct. 13.**

commonwealth are logisticians, medical specialists and aviation specialists, Buchanan said. Military personnel are still getting food, water and fuel to the people who need it. “We bring supplies in [to the major ports] and we distribute

to regional staging areas with FEMA,” he said. “The Puerto Rican National Guard pushes it out from there.”

The military is also delivering commodities by air.

“We had to do that early on because a

lot of areas were cut off,” Buchanan said.

Most communities are now being supplied via road, but there are still some remote communities where the roads are blocked.

Clearing the roads is the next big project, Buchanan said. “We’ve been doing this all along, but it is complicated,” he said. “It’s been raining a lot, and once a route is cleared, there has been so much rain in the mountains that often there are more landslides, which close the route again.”

“There are lots of volunteers out clearing routes, but we’re using Marines, Army Reserve soldiers and Puerto Rican Army National Guard [to do] the bulk of the work,” the general said.

Over the past week, the fuel situation has largely returned to normal, Buchanan said. Most gas stations have reopened and people who once waited up to seven hours for fuel can now just drive up. Providing medical facilities has been a priority. A combat surgical hospital is operating in the southeastern part of the island, the general said. The hospital serving that portion of the island was destroyed when Maria came ashore.

### Electricity

The huge problem is electrical power. It is the proverbial long pole in the tent

See MARIA A-3

## Army engineers help emergency relief efforts in the Caribbean

Story and photo by

**REBECCA NAPPI**

U.S. Army Corps of Engineers  
South Atlantic Division

ST CROIX — Among the split power lines, uprooted trees and scattered debris, a Federal Emergency Management Agency staging area sits in the heart of the island of St. Croix. Filled with materials and supplies, it awaits Army Corps of Engineers employees at the Incident Support Base on St. Croix, who will hustle to acquire and stage supplies for the disaster-struck Virgin Islands.

Incident Support Bases (ISB) are set up by FEMA for use in the event of a disaster. The ISB’s mission is to stage sup-

plies such as water, meals, generators and other equipment in a zone near impacted areas. This allows emergency responders a space to stage supplies for distribution and implementation during an ongoing disaster relief operation.

As FEMA’s engineers and technical experts, the U.S. Army Corps of Engineers serves multiple missions throughout a disaster.

“The ISBs are a shared resource offered to USACE so that the temporary power and roofing missions requiring storage space for generators, cable, and roofing materials can be staged for use at critical public facilities,” said John Kulick U.S. Army Corps of Engineers, South Pacific



Division regional logistics planner.

The Corps, tasked by FEMA, has

**Left — Pfc. Leon Good (right), a combat aviation brigade medic from Carlsbad, N.M., tends to patients in Puerto Rico at FEMA’s National Disaster Medical System (NDMS), a mobile emergency and clinical care facility that is treating up to 150 patients a day, Oct. 13.**

brought the temporary power, temporary roofing, and commodities missions to life on St. Croix and has led the staging and implementation of these resources within the ISB.

### Temporary power staging

The Corps’ Emergency Power Planning

See RELIEF A-3





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U.S. Army National Guard photos by Sgt. Amanda H. Gerlach

**Retired Maj. Gen. Robert G. F. Lee passes the guidon to Brig. Gen. Kenneth S. Hara during the Hawaii Army National Guard change of command ceremony at Wheeler Army Airfield, Sunday. During the ceremony, Brig. Gen. Keith Y. Tamashiro relinquished command of HIARNG to Hara.**

# HIARNG welcomes new commander

DEPARTMENT OF DEFENSE  
News Release

WHEELER ARMY AIRFIELD — The Hawaii Army National Guard (HIARNG) conducted a change-of-command ceremony at Wheeler Army Airfield, Sunday, as Brig. Gen. Keith Y. Tamashiro relinquished command to Brig. Gen. Kenneth S. Hara.

Hara will serve as HIARNG commander, militarily, and will continue in his full-time capacity as deputy adjutant general for the State of Hawaii.

“I have followed Gen. Tamashiro throughout my career – this being the second command I have the honor to take over after him,” said Hara. “We set high standards and expect the Soldiers to follow the standards and always follow through. I want to thank



everyone who came out today and everyone who has supported Gen. Tamashiro and myself through this transition.”

Hara’s previous assignments include chief

**Incoming commander Brig. Gen. Kenneth S. Hara delivers his speech during the Hawaii Army National Guard change-of-command ceremony at Wheeler Army Airfield, Sunday.**

of joint staff, Joint Forces Headquarters, and commander of the 29th Infantry Brigade Combat Team. He is a veteran of military campaigns in Iraq and Afghanistan.

Previous assignments for Tamashiro include assistant adjutant general for the Hawaii Army National Guard, director of the Joint Staff, Hawaii National Guard, and commander of Headquarters, 29th Infantry Brigade Combat Team. Tamashiro deployed with the 29th IBCT to Iraq in 2005.

# Maui armory renamed for Medal of Honor hero

Story and photo by  
**SPC. LISA LARISCY**  
117th MPAD  
Hawaii Army National Guard

PUUNENE — About 200 community members, including family, friends, elected officials, veterans and Hawaii National Guard members gathered for a memorialization ceremony, here, Oct. 13, to honor a hero and to witness the Hawaii National Guard’s Puunene Armory become the Pfc. Anthony T. Kahoochanohano Armory.

Kahoochanohano had received the Medal of Honor posthumously for his selfless service and sacrifice during the Korean War.

The ceremony was brief, but the new sign and the bronze plaque describing the actions that earned Kahoochanohano the Medal of Honor will last forever.

## The ultimate sacrifice

Pfc. Kahoochanohano had initially joined the Hawaii Army National Guard but soon transitioned to the active Army. He was assigned to Company H, 2nd Battalion, 17th Infantry Regiment, 7th Infantry Division.

On Aug. 26, 1951, the 7th Infantry Division launched an operation to secure a series of hills near the small village of Chup’ari, Korea. Kahoochanohano’s battalion was tasked to assault Hill 682, which it secured on Aug. 30, 1951.

On Sept. 1, 1951, 21-year-old Kahoochanohano found himself on the frontlines of the Korean War. He was in charge of a machine-gun squad supporting defensive positions of another company in his battalion when they came under attack by the enemy. The overwhelming numbers of the enemy forced his squad to execute a limited withdrawal. As the Soldiers fell back, Kahoochanohano ordered his squad to take up a more defensible position and provide covering fire for the friendly force.

After relocating his squad, Kahoochanohano, despite being wounded in the shoulder during initial attack, gathered a supply of grenades and ammunition, and returned to his original position to face the ranks of the onrushing enemy.

As enemy troops concentrated their strength against his emplacement in an effort



**Maj. Gen. Arthur ‘Joe’ Logan (left), the adjutant general of Hawaii National Guard, shakes hands with George Kahoochanohano after a ceremony, Oct. 13 on Maui, to rename the Puunene Armory for Kahoochanohano’s uncle Pfc. Anthony T. Kahoochanohano.**

to overrun it, Kahoochanohano continued to deliver accurate fire into the ranks of the attacking enemy. When his ammunition ran out, he continued to fight the enemy hand-to-hand, using his entrenching tool until he was killed.

## Securing the Medal of Honor

For his actions at the Battle of Chup’ari, Kahoochanohano was awarded the Distinguished Service Cross, the Army’s second-highest military decoration. The medal was presented to his mother on Maui in 1952.

In the late 1990s, Kahoochanohano’s brother Abel Kahoochanohano Sr. began an effort to have his brother’s Distinguished Service Cross upgraded. Abel’s son George Kahoochanohano took up the cause after his father’s death.

After an unsuccessful Medal of Honor nomination in 2001, the family sought the help of U.S. Sen. Daniel Akaka. Akaka nominated Kahoochanohano for the medal

again, and in 2009 was informed by Secretary of the Army Pete Geren that the request had been approved.

A provision making the upgrade official was included in the 2010 Defense Authorization Act, which President Barack Obama signed into law on Oct. 28, 2009. The Medal of Honor was formally presented to the Kahoochanohano family at a White House ceremony on May 2, 2011.

## A family of heroes

A native of Maui, Kahoochanohano comes from a family with deep ties to Hawaii Army National Guard. He was one of six brothers, all who had served in the U.S. military.

In his opening remarks at the memorialization ceremony to rename the armory, the adjutant general of the Hawaii National Guard, Maj. Gen. Arthur “Joe” Logan, stressed the honor he felt being able to recognize a “family of patriotic Hawaiians,” who

See ARMORY A-6

Voices of Ohana

Because October is Domestic Violence Prevention and Awareness Month, we wondered,  
“How do you take a stand against domestic violence?”  
By 2nd Infantry Brigade Combat Team Public Affairs



“Spreading the idea of treating others the way you would want to be treated, showing others dignity and respect.”

**1st Lt. William Anderson**  
Knowledge management officer  
HHC, 21BCT



“Being engaged in the issues, educating Soldiers on the types of abuse or violence and making others aware that I am available if they need to talk.”

**2nd Lt. Linda Aughburns**  
Operations officer  
HHC, 225th BSB  
21BCT



“By spreading awareness and recognizing there are other ways to solve problems besides violence.”

**Pfc. Joshua Jones**  
Gunner  
Delta Co., 1-21 IN  
21BCT



“If you hear, suspect or witness something involving a neighbor or friend, intervene. You just don’t know when a situation could escalate.”

**Spc. Michael Smith**  
Gunner  
Bravo Co., 2-14 CAV  
21BCT



“Going around and talking to others about issues, having clear communication when thinking about mental and physical abuse.”

**Sgt. Timothy Stowes**  
Team leader  
Bravo Co., 1-27 IN  
21BCT



# Culinary specialists cook with a pinch of sea salt

Story and photo by  
**STAFF SGT. MELISSA PARRISH**  
U.S. Army Pacific Public Affairs

JOINT BASE PEARL HARBOR-HICAKAM — The sun is rising over the ocean as the Logistic Support Vessel Chief Warrant Officer 3 Harold A. Clinger (LSV-2) and crew prepare to set sail for a waterborne gunnery mission 40 nautical miles off the coast of Joint Base Pearl Harbor-Hickam.

Today’s mission is weapons training, but the crew is also transporting vital training equipment for exercises and engagements across the Pacific for Soldiers and Marines.

**Sway-interesting**

The winds are high and the waves are causing the vessel to sway. The cooks on board are sliding around the closet-sized galley (kitchen) as they chop vegetables to prepare meals for the day ahead.

Sgt. James Munar laughs as he slides into the wall with a spatula in one hand and a bowl in the other. He tells one of the newer Soldiers, “Welcome to the boat life.”

Munar, a Pomona, California, native, is a culinary specialist on board the LSV-2, with the 605th Transportation Detachment, 8th Special Troops Battalion, 8th Theater Sustainment Command.

He loves his job as a crew member on one of the Army’s eight LSVs, but admits he didn’t know what to expect when he arrived.

“I was overwhelmed on my first day, I didn’t even know the Army had boats and now I would be cooking on one of them,” said Munar. “I knew it was going to be different than a regular Army dining facility.



**Sgt. James Munar, a Pomona, California, native and a culinary specialist with the 605th Trans. Det., 8th STB 8th TSC, helps prepare lunch with his Soldiers on board the Logistic Support Vessel the CW3 Harold A. Clinger (LSV-2), 40-miles south of Joint Base Pearl Harbor-Hickam, on Oct. 4.**

It was a challenge at first, but I am used to it now. ...Sometimes I have to catch things as they fall and the boat is rocking.”

Munar and two other Soldiers feed the 31 crew members on board breakfast, lunch and dinner while they are out at sea. He takes the opportunity get creative with meal options.

“In a dining facility things are pretty strict when it comes to menu items and seasonings you can use,” Munar said. “I like to get my Soldiers involved and we all come up with meal ideas as a team.

We experiment with different ingredients and try to feed the crew food they will love.”

**Food = Morale**

The morale of the crew members is often dependent on the quality of the meal they receive, according to Sgt. 1st Class Donald Dinsmore, a watercraft operator and the Detachment Sergeant of the 605th Trans. Det., 8th STB, 8th TSC.

“If Sgt. Munar and his team serve a meal that is on point, you can just see

the crew’s morale go up,” said Dinsmore. “People are happier and more willing to push through their tasks with a smile. We work in close quarters, so if the meal is great we get to thank him and tell him we loved it, and if it isn’t they let him know that, too.”

Munar serves his meals with pride knowing he was able to whip up something unique for the crew.

**Pride**

“When the crew tells me they loved dinner or thank me for the meal it gives me pride because I know that it didn’t just come off of a recipe card. It came from something my team cooked up,” Munar said. “I feel a responsibility to keep morale high on the boat and I try and do that every day. Everyone on this vessel works really hard and eating good food is a good reward.”

Munar is also the armorer aboard the LSV-2 and has designated tasks for emergency situations. He trains with the crew and tries to pitch in on other tasks in any way he can.

“I love this assignment,” Munar said. “If I can re-enlist to stay on the LSV-2, I would do it in a heartbeat.”

## SB dining hall spearheads updated G4G nutrition program

**1ST LT. KIRA HEARTWICK**  
U.S. Army Health Clinic-Schofield Barracks

SCHOFIELD BARRACKS — The Army is introducing the new and improved version of a performance-focused nutrition program aimed at encouraging service members to make healthier choices.

The dining facility at the Noncommissioned Officer Academy was the first on the island to launch G4G 2.0, on Oct. 13.

G4G 2.0 features a two-part coding system that lets diners determine the nutritional quality of food and beverages at a glance. A breakdown of G4G 2.0 follows:

**G4G 2.0 Components**

- Two-part coding system:
  - Code 1: Green, Yellow, and Red color codes identify nutritional quality.
  - Code 2: Low, Moderate, and High salt-shaker symbols identify sodium content.
- Food-placement (choice architecture): G4G 2.0 will aim to display Green-coded foods and beverages in more visible places to encourage consumption; Red-coded foods and beverages will be placed in less visible places.
- Menu Coding Goals: G4G 2.0 daily menus will have at least 1 Green-coded entrée, 1 Green-coded starch and 1 Green-coded non-starch performance enhancing options available for Soldiers. Menus and recipe development by G4G and the Armed Forces Recipe Service (AFRS) ensure foods eaten for performance can still be tasty.

The aim of the program is not to elimi-



**The dining facility at the Noncommissioned Officer Academy is the first on the island to launch the G4G 2.0 performance-focused nutrition program. Pictured above are some of the NCOA DFAC staff at the facility.**

nate Red-coded food and beverages from service members’ diets, but to encourage service members to eat fewer Red-coded foods. Likewise, G4G 2.0 is not “all or nothing.” It encourages service members to eat more Green-coded foods and beverages, not to eat exclusively Green-coded foods and beverages.

**Improvements**

G4G 2.0 is the improved and updated



**An NCOA DFAC staff member serves patrons. The NCOA DFAC is the first unit on the island to launch the G4G 2.0, a performance-focused nutrition program.**

ultimately resulted in loss of trust in the G4G brand among Soldiers and dining facility (DFAC) diners.

Since receiving feedback, G4G has recognized its downfalls and has made corrections. G4G is releasing its 2.0 version, which promises to be completely reliable and accurate.

G4G 2.0 has noted the challenges faced in the earlier version and has incorporated the input of nutrition and food service professionals from all services. The G4G 2.0 Coding algorithm has been standardized to determine the appropriate color and sodium codes of recipes and ready to use (RTU) items. Additionally, the program references the latest nutrition science to more effectively impact the nutritional status of service members.

## MARIA: Army provides aid

CONTINUED FROM A-1

especially when dealing with recovery, the general said. Maria toppled tens of thousands of electrical poles – many

made out of cement or embedded in cement. Trees crashed into lines, bringing them down. In some areas, the electrical wires look like giant rolls of string, he said.

“It will be months before we rebuild the electrical grid,” Buchanan said. “FEMA asked the Army Corps of Engineers to take the lead in that, not necessarily with military power guys, but with contracts with local workers.”

The electrical grid impacts every area from communications to water purification. The general said the military is purifying water locally and distributing it out to the communities, but this is inefficient.

The short-term solution is to get generators up and running at the water treatment plants so the water system works again.

The long-term solution is to get these

plants – and other critical infrastructure like sewage treatment – back on the electrical grid.

Buchanan said has the resources he needs to accomplish the mission. He has three times the number of helicopters and twice as many troops in Puerto Rico as he did in responding to Hurricane Harvey in Texas.

“We’ve got sufficient troops to do what needs to be done,” he said.

## RELIEF: USACE in Caribbean

CONTINUED FROM A-1

and Response Teams bring temporary power to critical infrastructures as determined by the territory. On the U.S. Virgin Islands, the Corps is providing temporary power to schools, police and fire stations, medical facilities and other critical infrastructures throughout St. Croix, St. Thomas and St. John.

Emergency Power Planning and Response team members from the Corps’ Memphis District worked diligently to bring generator sets to these pre-determined critical structures on St. Croix. But bringing in hundreds of generator sets to a water-locked territory is not a simple mission.

After Hurricane Maria, St. Croix’s port terminal for large shipments became blocked by submerged shipping containers that toppled into the water during the

storm. Seeing the immediate shipping of generator sets for critical infrastructures as impossible, the Corps worked with other federal agencies to airlift the generators to the ISB.

These generator sets were then pressed for quick installation on the ISB so that the generators could then quickly move to its designated area to provide temporary power to critical infrastructures throughout St. Croix.

**Commodities staging**

Along with generator sets, the Corps provides logistical expertise to the combined commodities distributions that are centralized within the ISB.

Commodities include water, diapers, meals ready to eat, canned food, tarps and other necessities. These commodities are staged by FEMA at the ISB for distribution throughout the islands.

“The Corps basically supports other agencies as needed, it’s what we do,” said Sid Jones, Corps of Engineers commodities management expert. “We came in and helped federal agencies with a common goal to distribute water and food to

survivors.”

**Blue Roof staging**

The Corps’ Blue Roof mission is a free service that provides 30-day temporary Blue Roofs to homeowners whose roofs were damaged during a disaster. The roof provides shelter until more permanent repairs can be made. This allows homes to be protected and families to remain in their homes while recovering from the storm.

In St. Croix, thousands of homes suffered roof damage from Hurricane Maria’s devastating winds, leaving many residents with little cover from the sky above.

The Blue Roof mission takes blue, fiber-reinforced sheeting to create a temporary roof over any damages to protect the home and the homeowners.

Working to cover thousands of roofs takes thousands of rolls of fiber-reinforced sheeting, which need to be stored until installation.

Corps employees at the ISB track and sort this fiber-reinforced sheeting to properly and efficiently prepare for the installation of Blue Roofs.

**Communications integration**

The Corps deployed one of its three Mobile Communications Vehicles to the ISB. The Mobile Communications Vehicle radio, satellite and cellular capabilities that are not currently available within St. Croix.

“The MCV supports the power team with internet connectivity and telephone service where power is interrupted and cell service in nonexistent or unreliable,” said Jason Moeller, Army Corps of Engineers Deployable Tactical Operations System Mission specialist.

This vehicle can provide communications for up to 24 continuous hours and allows for Corps employees working on the ISB to coordinate with other agencies and fellow Corps employees outside of the ISB.

**Working together**

The ISB is a visual display of how an array of missions from various federal and territorial agencies work together to strategically prepare materials and supplies in order to successfully accomplish these disaster missions.



# 8th TSC observes Cybersecurity Awareness Month

**MAJ. QUINCY MAYS**  
8th Theater Sustainment Command

FORT SHAFTER — The Presidential Proclamation of Sept. 30, 2015, declared the month of October as National Cybersecurity Awareness Month.

In support of this initiative, the Army conducts activities focused on raising awareness of the significance and increasing the role cybersecurity plays in our daily lives.

In the 8th Theater Sustainment Command, each week of October is focused on different aspects of cybersecurity to provide individuals with the knowledge and tools to protect their online presence.

**What is cybersecurity?**

Cybersecurity is a combination of processes, procedures, technologies and best business practices designed to protect our data, information systems and networks from unauthorized access, exploitation and malicious attacks.

**Why is cybersecurity important?**

Due to the increasing interconnectedness of our lives in cyberspace, all service members, Department of the Army civilians and family members must pay particular attention to cybersecurity and the security of their online presence. One compromised computer can have a significant impact on readiness. Cybercrimes such as hackers infiltrating organizational networks have become common in the daily news. Unfortunately, despite the efforts of IT professionals,



Photo by Maj. Lindsey Elder, 8th Theater Sustainment Command Public Affairs

**Sgt. 1st Class Keith Brown, computer network defense (CND) NCOIC of the 8th TSC G6 and Sgt. 1st Class Jacob Middaugh, G6 CND NCO, provide a hands-on demonstration of good cybersecurity techniques at the Fort Shafter Post Exchange, Oct. 4.**

cybercrimes are likely to increase. This growth is fueled by the increasing sophistication of cyber criminals.

There is no one-size-fits-all solution to this problem; the best protection is the implementation of disciplined plans and procedures that focus on security. With a significant amount of military data stored and transmitted on computer systems, it's imperative that all DoD personnel understand the importance of maintaining good cybersecurity practices.

Cybersecurity is everyone's business, and all users must assist with this effort. Each user should seek to learn and

practice measures that protect their online presence and the information of their fellow service members. Here are a few helpful tips:

- Don't open emails or attachments that look suspicious.
- Set strong passwords, and don't share them with anyone.
- Keep operating systems, browsers, and other critical software optimized by checking for and installing updates.
- Complete the Cyber Awareness Challenge training and sign Acceptable Use Policy (AUP) annually.
- Limit the amount of personal

information posted online, and use Privacy settings to avoid sharing information widely.

Building a resilient and secure network infrastructure requires more than installing and updating software and programs. All computer users must educate themselves on the proper ways to use and maintain their information systems – i.e., computer, smartphone, tablet, printer and any other connected device. Individual users are the weakest component in any network system.

While October is focused on raising cybersecurity awareness, continual collective effort is also required year-round to ensure the security of our cyber infrastructure.

All users are encouraged to participate in the events scheduled during October and use the knowledge gained to better protect our critical cyber infrastructure.

**Cybersecurity Awareness Briefings**

The 8th TSC Information Assurance section will conduct a Cybersecurity Awareness briefing on Oct. 25 at Richardson Theater to provide more information about cybersecurity for all 8th TSC personnel and Department of the Army civilians. They will also have an information booth at the Fort Shafter Post Exchange from 11:30 a.m. to 1 p.m. on Oct.24.

# Soldiers begin battlefield testing using computer gaming

Story and photo by  
**DAVID VERGUN**  
Army News Service

WASHINGTON — About 500 Soldiers are beta-testing a number of computer-generated vehicle platforms and weapons systems in a variety of simulated environments, said Maj. Gen. Robert M. Dyess.

About 500 more Soldiers will soon be added to the testing, which is basically a computer-generated war game, he said, noting that slots are still open for anyone interested.

The gaming simulation, known as Early Synthetic Prototyping, or ESP, is a way for the Army to user-test existing, experimental and conceptual weapons, vehicles and various technologies in a number of environmental settings, he said.

Dyess, acting director of the Army Capabilities Integration Center, or ARCIC, spoke Oct. 9 at the Association of the U.S. Army's Annual Meeting and Exposition.

**Origins**

The idea for ESP came about with the realization that Army laboratories across the nation were developing experimental weapons and vehicles without any suitable way to test these in an interactive manner, he said.

“Each lab has ways to simulate and model weapons systems, but not a place to put them all together,” he explained. “So ESP is sort of like a sandbox where we can put a weapon system developed by, say Picatinny (Arsenal) on a vehicle system developed by TARDEC (Tank Automotive Research, Development and Engineering Center) with some communications gear developed by CERDEC (Communications-Electronics Research, Development and Engineering Center) with some night vision capabilities.”

The second realization was that a lot of Soldiers spend a lot of their free time playing computer war games such as Call to Duty and Warcraft, he said. Their feed-



**About 500 Soldiers are beginning to beta-test computer-generated vehicle platforms and weapons systems in a variety of simulated environments, according to Maj. Gen. Robert M. Dyess, who showed a video, an image of which is shown above. The gaming simulation, known as Early Synthetic Prototyping, or ESP, is a way for the Army to user-test existing, experimental and conceptual weapons, vehicles and various technologies in a number of environmental settings, he said.**

back on a game developed by the Army could prove invaluable.

Those two realizations led to the launch of Operation Overmatch, an interactive, intense, realistic game that Soldiers could play, Dyess said, noting that work started in 2013 under the auspices of the Army Game Studio.

In 2016, ARCIC partnered with the Research Development and Engineering Command to further develop the realism of the game. They were also assisted by the various Army centers of excellence, industry and academia, he said.

**How it works**

Dyess provided an example of how the game works and he also showed a video of the game in action.

First, Soldiers with a .mil address visit operationovermatch.com, where they are provided a key to download software for the game, he said. Then, Soldiers are led to the user community where they can organize a game.

“We have multi-player games in which, say, four Soldiers are fighting four other Soldiers,” he said. “Each side sees the [opposing force] and they get to choose what vehicles and weapons they want, what type of environment they want to fight in – urban, mountain, forest. Then they fight and provide feedback after of what they like and don't like.”

Currently, the game involves manned and unmanned teaming at the platoon level, Dyess said. These include a variety of unmanned aerial vehicles and large,

unmanned ground vehicles that can be used as “robotic wingmen.”

Feedback garnered after the game will help the Army “understand precision munitions, robotics, swarms of robots, jammers, advanced optics and other technologies not even thought of yet,” he said.

Furthermore, game feedback will allow the Army to make rapid prototype changes in its research models, as well as concept of employment for how weapons systems can be deployed.

**Potential?**

Because the game is in the beginning of beta-stage testing, Dyess said it's still too early to claim success, but, he said, “We're excited about the potential.”

Alpha-testing is conducted within an organization by a representative group of users at the developer's side. Beta-testing is conducted by the end users or others who are not programmers.

Alpha-testing indicated Soldiers were eager to do the gaming and initial feedback from them proved useful, Dyess said.

“We first asked ourselves ... how interested Soldiers would be in this and secondly, how valuable would their feedback be,” he said.

“The alpha-testing resulted in some interesting employment ideas as well as recommendations for improvements of UAV controls, such as using wave-points and countermeasures and jammers and counter-jammers and radar drone systems,” he said. “A lot of time, Soldiers may not even know that they're being jammed. So that's something they're asking for. Tell me when I'm being jammed.”

That testing feedback will be passed along to acquisition professionals as well as those doing requirements generation, he noted.

The game's projected timeline is for initial operational capability by fiscal year 2019 and full operational capability in FY 2020.



# 599th Trans. Bde., partners, offload 25th CAB cargo

Story and photo by  
**DONNA KLAPAKIS**  
599th Transportation Brigade Public Affairs

PEARL HARBOR — 599th Transportation Brigade and partners offloaded cargo and equipment from the M/V Jean Anne, here, on Oct. 10, in support of the 25th Combat Aviation Brigade’s return from training at the National Training Center.

The Jean Anne sailed to Honolulu from San Diego, where it had picked up the shipment from the 834th Transportation Battalion, headquartered in Concord, California.

The CAB had earlier flown the unit’s helicopters down from NTC at Fort Irwin, California, and moved the other cargo and equipment to San Diego via truck, said 599th marine cargo specialist Davey Flores.

599th transporters had last seen this CAB cargo and equipment when they loaded it onto the Jean Anne and shipped it out on Aug. 16 for the brigade’s NTC rotation.

**Operation laydown**  
“Before we began operations, we had a meeting to do a laydown of everything that will happen before we board the ship,” said Sgt. Vincent Washington, 599th terminals management noncommissioned officer.

“We always meet first to discuss the concept of operations and which deck will we be working on,” said Flores. “We also discuss safety and personal protective equipment, along with our hours of operation.”

Personnel from the 599th also ensure all positions and areas are covered during vessel discharge.

“We make sure all of the Soldiers are in place, such as ground guides, drivers and the people who will untie the equipment,” said Washington.

“First of all, we make sure that all of the cargo and equipment on board has been unlashed,” said Flores. “Fleet Logistics Center Pearl Harbor and the 25th CAB took care of the unlashing.”

“We supervise the operation to make sure everything goes smoothly,” Washington said. “We started off on the



A 25th CAB Black Hawk helicopter is offloaded from the M/V Jean Anne during discharge operations at Pearl Harbor on Oct. 10.

second deck, where humvees and trailers, tricons and 20-foot containers were stored. After we finished the second deck, we worked our way down to the first deck and helped push the last four helicopters.”

“We didn’t have a deployment and distribution management team to work this move, so we hand-counted the equipment instead of scanning shipping numbers,” said Flores. “Once all of the equipment had been discharged, we went back through the ship for one last count.”

Partners for this move included the 25th Infantry Division, the 25th CAB, Pasha and Fleet Logistics Center

Pearl Harbor.

“Important missions like these help us foster relationships with the division, U.S. Army Garrison-Hawaii and units from other service components,” said Col. Michael Knapp, 599th commander. “The importance is tangible, making it easy to codify the strong relationships with meaning required to support contingencies.”

The first piece of cargo was offloaded at 7:49 a.m., and the last piece was offloaded at 3:56 p.m. on Oct. 10. After delivering cargo to Hilo and making a pickup there, the Jean Anne returned to San Diego.

NEWS BRIEFS

Send announcements for Soldiers and civilian employees to editor@hawaiiarmyweekly.com

**25 / Wednesday**  
**CIE** — Attend the Community Information Exchange at 9 a.m. at the Nehelani, Schofield Barracks. Learn about what’s happening in U.S. Army Garrison-Hawaii’s directorates, organizations, programs and services. Also, subject matter experts and the senior commander will answer questions.

**28 / Saturday**  
**National Take Back Initiative** — Turn in unused or expired medications for safe, anonymous disposal, 10 a.m.-2 p.m., at the Main Exchange, Schofield Barracks. Containers are located in front of the flower shop. Call 541-1930.

**31 / Tuesday**  
**Trick or Treat** — U.S. Army Hawaii will celebrate Halloween from 5:30-8 p.m.

**November**  
**7 / Tuesday**  
**Special Operations Recruiting** — Attend briefings about Special Forces, Psy Ops and Civil Affairs on any date from Nov. 7-9, at 9:30-11 a.m. or 2:30-4 p.m., at

Yano Hall Library, 2nd Floor, Room #221, Schofield Barracks. Visit goarmysof.com.

**Facebook Townhall** —U.S. Army Garrison-Hawaii is hosting this online forum from 6-7 p.m. The USAG-HI community is invited to post questions and comments to be addressed by garrison officials. To join the conversation, visitfacebook.com/usaghawaii.

**Short Survey** — U.S. Army Hawaii personnel, are asked to complete a short survey – less than 10 minutes – about the quality of their life, health, safety and satisfaction here in Hawaii. Go to https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=251137453825C6F3. Call Linda Bass at 655-4772 for details.

**Academies** — Sen. Mazie K. Hirono is accepting applications from Hawaii students seeking a military service academy congressional nomination. Qualified students must apply by the Nov. 1, 2017 deadline. Candidates should have a strong academic background, participation in school and community activities, a high standard of physical fitness and a desire to serve as a commissioned officer in the U.S. uniformed services or the U.S. Merchant Marines. Nomination does not guarantee admission. Visit https://www.hirono.senate.gov/help/students/academy.

## Ongoing

TRAFFIC & OUTAGES

Advisories from Army and Hawaii Department of Transportation (HDOT) sources. Provides traffic, construction and outage information.

**20 / Friday**  
**Trimble Road** — A 24-hour closure will continue on Trimble between Carpenter to Beaver and Hewitt to Cadet Sheridan for pavement repairs through Dec. 29. Also, 24-hour single lane closures and traffic detours will occur on Hewitt, McCornack, Carpenter, Kaena and Cadet Sheridan. Note, this schedule is subject to change pending weather delays. The contractor will have appropriate safety signs and barriers when they close the roadway.

**21 / Saturday**  
**Airdrome Road** — One-lane road closures will be conducted from Oct. 21-Dec. 31, 8 a.m.-3:30 p.m., Monday-Friday, along Airdrome road, from the new fueling facility to the flight simulator. Crews will be performing asphalt overpaving, installing a new bypass road for fuel offload facilities and striping of new pavements.

**30 / Monday**  
**Parking Closure** — The Schofield Barracks Dental Clinic parking lot will be closed for construction from Oct. 30

to Dec. 18. The clinic apologizes for this inconvenience. Patients should show up 15 minutes earlier for appointments. Parking is adjacent to the Exchange and behind the Dental Clinic.

## November

**6 / Monday**  
**Warhawk Road** — WAAF Warhawk Field Road will be closed for widening and pavement repairs. Nov. 6-28, Monday-Friday, 8:30 a.m.-4 p.m. There will be single lane contraflow traffic and traffic detours on Warhawk Field Road to allow local traffic. Note that the schedule may change pending weather delays.

**27 / Monday**  
**Wright Avenue** — There will be partial WAAF road closures at Wright Ave. between Langley Loop and Elleman Road for curb inlet repairs (seven locations). The partial road closures will be in effect from Nov. 27-Nov. 19, 2018, Monday through Friday from 7 a.m.-3:30 p.m. The project schedule may change pending weather. delays. Contractor will have appropriate safety signs and barriers.

## Ongoing

**Ganhan Road** — This road on Wheeler Army Airfield (WAAF), adjacent Bldg. 107, will be closed at the Wright Avenue entrance through Dec. 18.

# ARMORY: Maui native honored

CONTINUED FROM A-2

had given so much to their community and country.

“The Hawaii Army National Guard will

bestow a most fitting acknowledgement to our hero,” Logan said. “Thank you Pfc. Kahooohanohano for your selfless service and making that ultimate sacrifice and mahalo to the Kahooohanohano ohana who served their state and nation.”

For the family, the memorialization ceremony was especially meaningful.

George Kahooohanohano, Pfc. Kahooohanohano’s nephew, provided the keynote address.

“Kahooohanohano means ‘to make proud,’” he said. “He has lived up to his name. In his sacrifice, he has made us all proud. Not only the Kahooohanohano ohana, but the State of Hawaii and need I say, the United States of America.”

Along with the bronze plaque, the Kahooohanohano family donated a Hawaiian koa tree and shadow box containing all of the service medals, flags and the Medal of Honor, which will be displayed

in the armory.

George Kahooohanohano elaborated on the significance of the koa.

“For when it blossoms, the flower is of a red and yellow like the colors of the original patch for the Hawaii Army National Guard,” Kahooohanohano said. “Like the name ‘koa,’ Hawaiian for ‘warrior,’ it befits the men and women who serve and are a part of this great unit that will train here.”



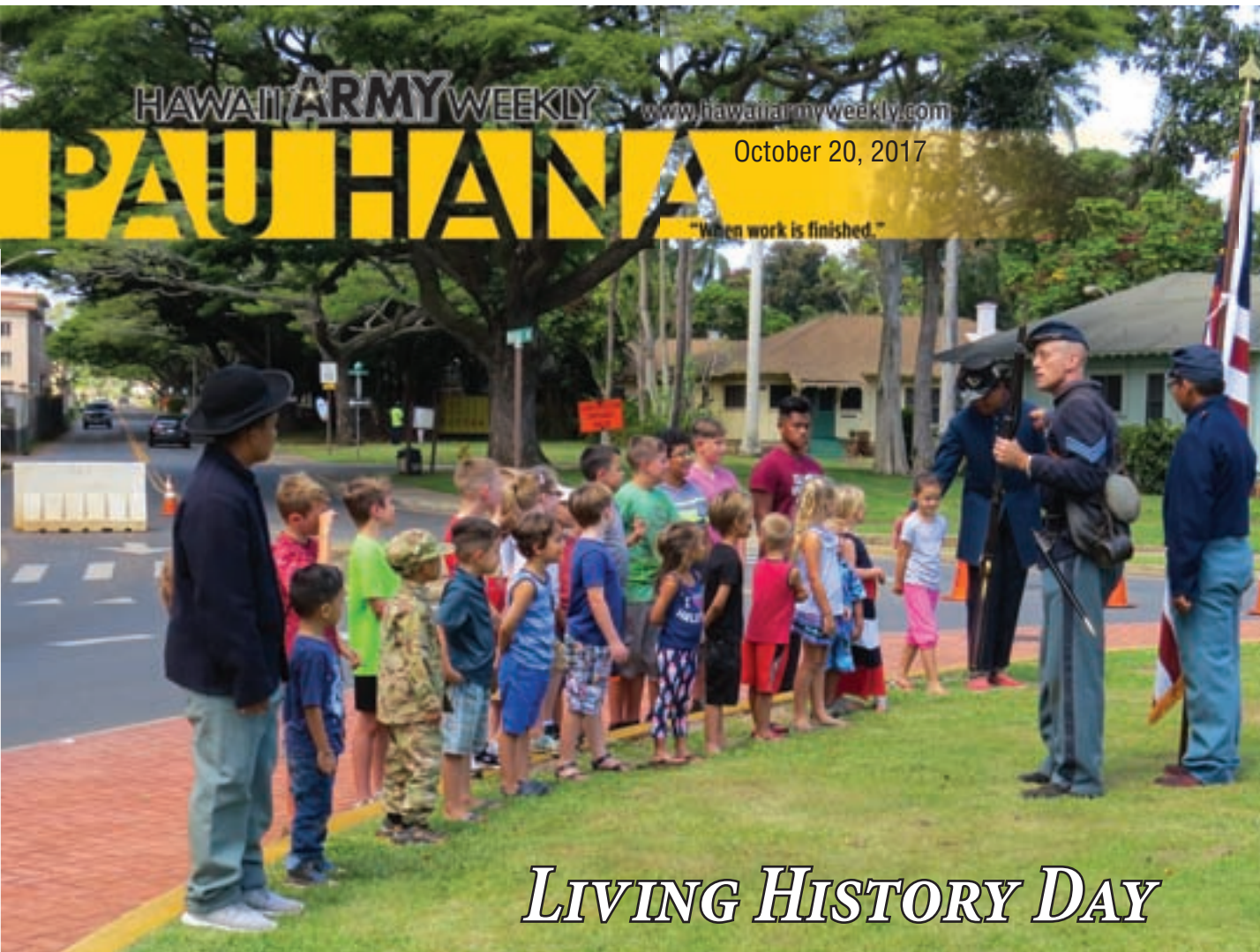


Photo by Kristen Wong, Oahu Publications

# LIVING HISTORY DAY

Photos by Stefanie Gutierrez, U.S. Army Garrison-Hawaii Public Affairs

Eric Mueller, the living history coordinator with the Hawaii Civil War Round Table, recruits volunteers at Living History Day, for a Civil War “re-enactment.” A) Items are displayed from the Civil War era. B) Authentic Army food is displayed for attendees. C) Hawaii Historic Arms Association displays Vietnam War-era items.

## Schofield Barracks relives past with authenticity

**KRISTEN WONG**  
Contributing Writer

**SCHOFIELD BARRACKS** — Schofield Barracks went back in time, Saturday, bringing back the military essence of various historical eras at the Tropic Lightning Museum’s annual Living History Day.

Col. Stephen E. Dawson, commander, U.S. Army Garrison-Hawaii, spoke briefly at the opening ceremony. Attendees received a mini history lesson about the 25th Infantry Division. While other units have changed locations over time, the 25th ID is the only active duty unit that remains in the place where it was established, at Schofield, Oct. 1, 1941.

With displays and historic period vehicles supplied and manned by local organizations including the Hawaii Historic Arms Association, Hawaii Civil War Round Table and Single Action Shootists

of Hawaii, attendees were immersed in period history they moved from the Civil War to the modern day.

The Governor Wallace Rider Farrington High School JROTC provided a color guard for the opening ceremony, which included the national anthem and “Hawaii Pono’i.”

Celtic Pipes and Drums of Hawaii performed several tunes, including a few songs of the military branches. The 25th ID Tropic Knights and Lightning Jazz Project Band provided musical entertainment, and the Hawaii Jitterbugs cut a rug with vintage swing dancing.

### Visual aids

Attendees could explore the museum’s interior, or chat with people stationed at various booths. The booths

See HISTORY B-4



Photo by Stefanie Gutierrez, U.S. Army Garrison-Hawaii Public Affairs  
Visitors at Living History Day also visit the interior of the Tropic Lightning Museum, featuring recently added exhibits.



Photo by Stefanie Gutierrez, USAG-HI Public Affairs  
A family visits a veteran at one of a variety of period booths at Living History Day.



Photo by Kristen Wong, Oahu Publications

**Left — Eric Mueller, left, the living history coordinator with the Hawaii Civil War Roundtable, outfits Caleb Benavente, 9 in a Civil War-era uniform of the 71st Regiment New York State Militia, New York National Guard.**

## Halloween is happening now around Oahu

### 20 / Friday

#### Spookapalooza Haunted Train —

Runs Oct. 20-21, with departure times at 7, 7:45, 8:30 and 9:15 p.m., Hawaiian Railway Society train yard, 91-1001 Renton Road, Ewa Beach. Food trucks on site. Cost: \$5 for ages 3 and older (cash only). Reservations required. Call 681-5461 or visit hawaiianrailway.com.

#### Halloween Family Camp —

Pack up your family for three days and two nights of camp fun and adventure at the annual Halloween YMCA Camp Erdman Family Camp, Friday-Sunday, Oct. 20-22, located beachfront in Mokualeia.

The Family Camp, open to all ages from keiki to kupuna, is offered for an all-inclusive affordable fee, including cabin accommodations w/full bathrooms, bunk beds, hot showers and electricity, six delicious meals and a full schedule of activities for the whole family – including Halloween activities.

If you’d rather stay in a tent, bring your own tent camping. Special rates are available for military with valid ID. For more info, go to [www.camperdman.org](http://www.camperdman.org) or call 637-4615.

#### Ghost tours —

Weekly tours in Honolulu, Waikiki and Fort Street Mall, 7-9 p.m. Led by Mysteries of Hawaii’s Lopaka

Kapanui. Recommended for ages 12 and older. Reservations required. Visit [mysteries-of-hawaii.com/tours](http://mysteries-of-hawaii.com/tours).

#### Zombie Paintball Massacre —

Oct. 20-21, 27-31 from 7 to closing, 919 Kekaulike St., downtown. Presented by Scream 808. Presale \$12, \$10 per person for groups of 10 or more, \$15 at the door, \$20 FastPass. Visit [scream808.com](http://scream808.com).

#### Walk with the Dead ghost tours —

Held 7 p.m. nightly through October in the Capitol District. Steve Fredrick leads a 1.5-mile walk with stops at known sites of murders, deaths and suicides. For ages 21 and older. Cost: \$40. Reservations required 48 hours in advance. Call 395-0674 or write [stevestoursandfilms.vpweb.com](mailto:stevestoursandfilms.vpweb.com).

#### Haunted Honolulu Zombie Trolley Tour —

Oct. 20-21, 27-29 and 31, with tours at 6:30 and 8:30 p.m.; board at Honolulu Zoo or Waikiki Shell parking lots. Take the Waikiki Trolley to some of Honolulu’s most haunted sites but beware of uninvited riders. Recommended for ages 13 and older. Cost: \$39. Visit [808ne.ws/2y0aGa9](http://808ne.ws/2y0aGa9).

#### Haunted Plantation —

Hawaii’s Plantation Village at 94-695 Waipahu St. is scheduled to have its Haunted

Plantation: “Chapter 12: Apparitions” attraction Oct. 20-22, 27-29 from 7-11 p.m. and Oct. 31 from 7-9 p.m. Step into the unknown as you walk through the houses of the plantation village.

This event is not for children under 13 years of age, pregnant women, people with heart or breathing problems. For more information, visit [www.hawaiihauntedplantation.com](http://www.hawaiihauntedplantation.com), or call 808-783-8381. Tickets are cash only. General admission is \$15. FastPass is \$20 and VIP passes are \$30. Gates open at 7 p.m. and closes at 11 p.m. Due to heavy attendance, gates will close early. Ticket booth opens at 6:15 p.m.

#### Zombie Paintball Massacre —

Oct. 20-21, 27-31 from 7 to closing, 919 Kekaulike St., downtown. Presented by Scream 808. Presale \$12, \$10 per person for groups of 10 or more, \$15 at the door, \$20 FastPass. Info: [scream808.com](http://scream808.com).

### 21 / Saturday

#### Ocean Craft Day —

10 a.m. to noon, Living Art Marine Center, 3239 Ualena St. Design an orange-colored T-shirt with a spooky octopus or animal of choice. Cost starts at \$8. Reservations recommended. Visit 841-8080 or [livin.gartmarinecenter.com](http://livin.gartmarinecenter.com).

#### Pumpkins at Aloun Farms —

Aloun Farms, located at 91-1440 Farrington Highway, in Kapolei, presents the 17th Annual Great Kapolei Pumpkin Picking Patch on Oct. 21-22 and 28-29 from 8:30 a.m.-5 p.m. There are tractor-pulled hayrides, pony rides, farm style food, picture booths, games and fun for everyone.

Admission is \$3 (2 & under free). Pumpkins will be priced to size. Hayrides and parking are free. Pumpkin Patch 2017 opens to the public

### 23 / Monday

#### Haunted Fort Street Mall —

Monday; meet at Puna sculpture at Walker Park (next to TOPA Financial Center). Cost: \$40.

### 24 / Tuesday

#### Consolidated Theatres —

See some of the most iconic films from Sir Alfred Hitchcock in a special Hitchcocktober celebration! Every Tuesday at 7 p.m. throughout the month of October, audiences will be treated to landmark movies from the Master of Suspense at Kahala Theatres.

Tickets to all screenings priced at \$10 each:

- Oct. 24 – “Rebecca”
- Oct. 31 – “Psycho” (also at ‘Olino in Kapolei, presented in TITAN LUXE)

See HALLOWEEN B-3



## Briefs

### 20 / Friday

**It takes Two (For Couples)** — Enhance your relationship by learning skills to improve communication at SB ACS from 11:30 a.m.–1 p.m. Learn about expectations, problem solving techniques, forgiveness and the importance of fun & friendship. Call 655-4227.

**Paint and Sip (Glow in the Dark Edition)** — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice for \$40. Class includes all painting supplies and instruction. Preregistration is required. Call 655-5698.

**Smoke House Day** — Two kinds of ribs, BBQ chicken, smoked pork sliders and beef brisket plus corn bread, baked beans and plenty of coleslaw. FS Hale Ikena. Call 438-1974.

**Domestic Violence Self-Defense Class** — Held at SB Martinez Fitness Center from 9-10 a.m. Call 655-4227.

**Acing the Interview** — Prepare to answer the tough job interview questions and practice with a mock interview at SB ACS from 10-11 a.m. Call 655-4227.

**21 / Saturday**  
**Boot Camp Training for New Parents** — Class for first-time/expecting parents at SB ACS from 9 a.m.-12:30 p.m. Parents can ask questions and learn practical skills for taking care of the new baby. Call 655-4227.

**Hands Only CPR** — Free course for children ages 10 to 14 at SB Richardson Pool from 11 a.m.-2 p.m. Call 655-9698.

**23 / Monday**  
**Stress Solutions** — From noon-1 p.m., the class identifies stressors and how it affects our lives. We share techniques such as positive self-talk and how to not take things personally. We also introduce a variety of relaxation techniques. Call SB ACS at 655-4227.

**Million Dollar Soldier Refresher** — This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227 to register.

**25 / Wednesday**  
**ACS Halloween Spooktacular** — Open House features treats and games at

## SATURDAY AT BELLWS

**Boofest**

**SATURDAY OCT 21 BLDG. 220 5 - 9 PM FREE ADMISSION**

**BELLWS AIR FORCE STATION**

**5-9PM**  
Entertainment by DJ Griff

**FOOD TRUCKS**

**FREE ACTIVITIES:** Hairspray Station, Face Painting, Temporary Tattoos, Science Demos, Mini Games, and more!

**5-8:30PM**  
**COSTUME CONTEST CHECK-IN**  
Sign up online! Limited sign-ups available on site.  
[www.bellowsafs.com/boofest2017/contest](http://www.bellowsafs.com/boofest2017/contest)

**6PM**  
**COSTUME CONTEST**

**6:30-8:00 PM**  
**TRUNK-OR-TREAT:** Get a FREE Bellows trick or treat bag (while supplies last.)

**7:30PM**  
**MOVIE UNDER THE STARS:**  
**HOCUS FOCUS** Free popcorn (while supplies last.)

**8:30-9PM**  
**BELLWS ZOMBIE ESCAPE!**  
Something has gone horribly wrong on Bellows and it lurks in the woods! Can you escape the zombie threat? Ahiki mini golf nature trail.

Don't forget, great breakfast for children (adults, students, and long for trick-or-treating. Bellows Air Force Station (Bldg. 220) is open to all Bellows AFS guests and eligible personnel - active duty military, military retirees, reservists, National Guard (unemployed) and civilian employees with an authorized ID card, and their dependents and guests. PATRONS NOT ON A GUEST LIST OR WITHOUT DAY ACCESS WILL NOT BE PERMITTED ON BELLWS AFS. Fresh produce subject to change. No outside food or beverages. FOR MORE INFO, PLEASE CALL (808) 253-1508 OR VISIT US AT [WWW.BELLWSAFS.COM](http://WWW.BELLWSAFS.COM).

Image courtesy of Bellows Air Force Station

**WAIMANALO** — Bellows Air Force Station is holding its annual Boofest in Bldg. 220, Turtle Cove, from 5-9 p.m. Admission is free. There will be food trucks and activities including face painting, science demos, mini games and more. Call 253-1508 or visit [bellowsafs.com](http://bellowsafs.com) or [facebook.com/bellowsafs](http://facebook.com/bellowsafs).

SB ACS, 1:30–3:30 p.m. Call 655-4227.

**FS Library Halloween Craft** — FS Library hosts from 3:30–4:30 p.m. Celebrate Halloween with a free make-and-take bat craft. Completed crafts are eligible for a prize at the library front desk. Call 438-9521.

**26 / Thursday**  
**Basic Investing & TSP** — Learn the basics of the Thrift Savings Plan and other investment options including stocks, bonds, and mutual funds at SB ACS, 10–11:30 a.m. Call 655-4227.

**FRG Key Contact Training** — Designed to provide training in key contact duties, communicating with family members, dispelling rumors, handling crisis calls, etc. It also shows key contacts how they fit into a successful FRG, 9:15 a.m.–12:15 p.m. at SB Nehelani Conference & Banquet Center. Call 655-4227.

**27 / Friday**  
**Parenting 101** — Take your parenting to the next level. Discover current “best

practices” and learn tips and tools to assist you in reaching your parenting goals at the SB ACS from noon-1 p.m. Call 655-4227 to register.

**SOS Family Support Night** — Join other surviving families from 6-8 p.m. at the SB SOS Center. Dinner will be served. Activities are available for all ages. This is a Halloween-themed event. Families are welcome to dress up and wear their costumes. Call 655-4227.

**Net a Job** — Use LinkedIn and social media to build your network profile at SB ACS from 10-11 a.m. Call 655-4227.

**Green Card Workshop** — Learn how to navigate the complex immigration system to apply for a green card at SB Soldier & Family Assistance Center (SFAC) from 10 a.m.–noon. Workshop will also discuss the Fiancée Visa and Parole in Place process. Call 655-4227.

**Citizenship Workshop** — Held at SB SFAC from 1-2:30 p.m. Determine if you have met the permanent resident requirements of the U.S. immigration law

and receive step-by-step instructions on the process of becoming a U.S. citizen. Call 655-4227.

**Hawaiian Lunch Buffet** — SB Kolekole Bar and Grill hosts from 11 a.m.-1 p.m. for \$14.95/person. Call 655-4466.

**Hawaiian Lunch Buffet** — Visit FS Hale Ikena from 11 a.m.-2 p.m. for \$14.96. Call 438-1974.

**Leilehua Concert Series** — Enjoy live music featuring Maunaloa from 6-8 p.m. at The Grill at Leilehua Golf Course. No cover charge. Call 655-4653.

**28 / Saturday**  
**CPR/AED-First Aid Training** — Red Cross certified training held, 9 a.m.–4 p.m., at SB Richardson Pool, cost \$75; call 655-9698.

**30 / Monday**  
**Manga for Adults** — Discussion group held at SB SGT Yano Library from 5-6 p.m. Call 655-8002.

**Million Dollar Soldier Refresher** — This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227 to register.

**Ongoing**  
**Movie Event** — Weekly movie event held on Wednesdays at SB Sgt. Yano Library from 3-5 p.m. All movies will be PG. Titles are available upon request. Call 655-8002.

**Resiliency through Art (for Wounded Warriors)** — This program focuses on self-expression through art in a small group setting at the SB Arts & Crafts Center every Tuesday from 9:30-11:30 a.m. Call 655-4202, as registration is required.

**Preschool Story Time** — Attend every Tuesday for stories, songs, dancing and a craft at 10 a.m. at FS Library. Call 438-9521.

**Quilting and Sewing** — Every Tuesday and Sunday, attend quilting and sewing from 5-8 p.m. or 11 a.m.-3 p.m. for \$25 (first class) or \$6 (each additional class) at the SB Arts & Crafts Center, Bldg. 572. Ages 17 and up recommended; for younger patrons, call 655-4202.

**Preschool Story Time** — Attend every Wednesday for stories, songs, dancing and a craft at 10 a.m. at SB Sgt. Yano Library. Call 655-8002.

**Lei Making** — Learn to make a beautiful lei every Friday for \$15 at the SB Arts & Crafts Center from 1-2 p.m. Call 655-4202.

**Clay Hand Building** — Attend at the SB Arts & Crafts Center, Thursdays, from 1-3 p.m. The first session is \$25. additional sessions are \$5. Call 655-4202.

Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**20 / Friday**  
**Halloween Family Camp** — Pack up your family for three days and two nights of camp fun and adventure at the annual Halloween YMCA Camp Erdman Family Camp, Friday-Sunday, Oct. 20-22, located beachfront in Mokuleia. The Family Camp, open to all ages from keiki to kupuna, is offered for an all-inclusive affordable fee. Special rates are available for military with valid ID. Visit [camperdman.org](http://camperdman.org) or call 637-4615.

**Holiday Craft & Gift Fair** — Giant three-day expo with over 275 vendors allows you to beat the holiday gift rush at the Neal Blaisdell Center Exhibition Hall. For more information, visit [seasonsbestcraftfair.com](http://seasonsbestcraftfair.com).

**Sunset Bazaar** — Every Friday, 4-9 p.m. at Kakaako Park enjoy Pau Hana, live music, food, shopping and beverages. For more information about this event, please visit

**21 / Saturday**  
**SB Kolekole Walking-Hiking Trail** — The trail is closed for hiking this weekend due to live fire training.

**Ko Olina** — Na Mele O Ko Olina hosts some of Hawaii’s best slack key and ‘ukulele musicians, as well as 40 Hawaiian artists who display their artwork for sale, 9 a.m.-5 p.m., at the Marriott Ko Olina Beach Club. Call 696-5717.

**Honolulu Pride** — Parade and festival features more than 20,000 parade viewers, 1,000 participants, 3,000 festival-goers, a full day of entertainment and special events for youth and families; 9 a.m.-6 p.m. on Kalakaua Avenue in Waikiki. Visit [hawaiiigbtlegacyfoundation.com](http://hawaiiigbtlegacyfoundation.com).

**25 / Wednesday**  
**Evacuation Drill** — Daniel K. Inouye Elementary School will hold its annual evacuation drill, Oct. 25, at 8:30 a.m. This drill is held to test evacuation plans for students and teachers. Motorists should stay alert and be prepared to stop at designated locations. Use extra caution while traveling through

these areas, and watch for children and pedestrians.

**28 / Saturday**  
**National Take Back Initiative** — Turn in your unused or expired medications for safe, anonymous disposal from 10 a.m.-2 p.m., at the SB Main Exchange. Containers will be located in front of the flower shop.

**31 / Tuesday**  
**Trick or Treat** — U.S. Army Hawaii will celebrate Halloween on Oct. 31, from 5:30-8 p.m. See related Halloween information and events on pages B1 and B3 in this issue of Hawaii Army Weekly.

**Waikiki Halloween** — Halloween in Waikiki is big and it moves along Kalakaua Avenue. Dress up or just watch the ghouls come out at night. There are lots of specials and contests at bars and restaurants all along the road in Waikiki.

## November

**3 / Friday**  
**Surf Art & The Surfer** — Annual Wahiawa event celebrates surf art, community, and music. Also features vendors, food trucks and, of course, epic art at 63 Kamehameha Highway, Wahiawa;

visit [surfingthenations.com](http://surfingthenations.com).

**4 / Saturday**  
**Art on the Zoo Fence** — Waikiki art sale, 9 a.m.-4 p.m., offers a wide variety of styles and subjects in original works and prints displayed on Monsarrat Avenue next to the Honolulu Zoo. Visit [artonthezoofence.com](http://artonthezoofence.com).

**Kahumana Organic Farm** — Volunteer day provides community support while experiencing the magic of growing your own food, 9 a.m.-noon, 86-660 Luualaei Homestead Road. All experience levels and ages are welcome rain or shine. Visit [kahumana.org/organic-farm](http://kahumana.org/organic-farm). RSVP required.

**11 / Friday**  
**Get your pictures with Santa Paws** — Nov. 11, 12, 18 and 19 from 10 a.m.-3 p.m. come to the Hawaiian Humane Society for Pictures with Santa Paws. Pets, naughty or nice, can have their holiday photos taken with Santa and Mrs. Paws to benefit the Hawaiian Humane Society. A \$30 donation per sitting with a professional photographer and includes access to digital copies of the photos. This year’s event will also feature waived adoption fees and a holiday fair. Contact 356-2247 or [ckam@hawaiianhumane.org](mailto:ckam@hawaiianhumane.org) for more.

**Annabelle: Creation (R)**

Friday, Oct. 20, 7 p.m.

**The Lego Ninjago Movie (PG)**

Saturday, Oct. 21, 4 p.m.

**American Assassin (R)**

Saturday, Oct. 21, 7 p.m.

**Kingsman: The Golden Circle (R)**

Sunday, Oct. 22, 4 p.m.

Closed Monday through Thursday.

<b>Calendar abbreviations</b> 8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation	ASYMCA: Armed Services YMCA BCT: Brigade Combat Team CDC: Child Development Center CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FCC: Family Child Care FMWR: Family and Morale, Welfare	and Recreation FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SAC: School Age Center SB: Schofield Barracks	SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield
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# TAMC pharmacies integral part of patient care

Story and photo by  
**KRISTI HAYASHIDA**  
Tripler Army Medical Center

HONOLULU — Tripler Army Medical Center, also known as TAMC, celebrates pharmacy week on Oct. 15-20. During this time, the pharmacy staff is recognized for its invaluable commitment to each patient while providing safe and quality pharmacy services.

The TAMC's pharmacy staff consists of over 100 members located in 15 central clinics and satellite locations across Oahu. The TAMC pharmacy optimizes access to care, refills and patient education services. It processes over 900 inpatient and 3,000 outpatient prescriptions and inpatient medication orders daily. Regardless of the number of patients, the pharmacy team is responsible for administering the right medication to the right person in the right quantity at the lowest cost.

The TAMC pharmacy conducts multiple safety checks with each prescription and consistently updates every patient profile to ensure safe and effective service. The systems, automation, workflow and technology are consistently upgraded



**Left — Spc. Isaac Coronado (left) and Ed Alfonso, certified pharmacy technicians process prescriptions at the Tripler Army Medical Center out-patient pharmacy clinic, Oct. 13.**

The pharmacy's services are involved in every step of a patient's health care experience. It's continuous."

Holcomb also described that every patient is unique and has unique medication needs.

Every medication is reviewed by a pharmacist to make sure it was ordered, appropriate and safely delivered for every patient, said Holcomb.

TAMC pharmacy week acknowledges the invaluable contributions that the pharmacists and technicians make to advance patient care.

**TAMC pharmacy**

The TAMC pharmacy is available to answer patient questions and provide one-on-one consultations.

For more information about the TAMC pharmacy, call (808) 433-7880.

ing to improve efficiencies. Pharmacists must confirm that the amount, type, direction and drug for every patient are accurate and safe.

"The pharmacy at TAMC is not just an extension or the final stop in the health care pipeline," said Maj. Emily Holcomb, pharmacy resident. "We are integrated into the patient's care from the very beginning, not just the final safety check.

## TAMC TIP

File photo

## Physical therapy

Physical therapy is a safe and effective alternative to opioids for long-term pain management. In March 2016, the CDC released guidelines urging non-opioid approaches for the management of chronic pain.

Patients have a choice about the kind of treatment they receive. Before accepting a prescription for opioids, patients should talk to their health care providers about related risks and safer alternatives like physical therapy.

Courtesy photo

# Military mom becomes moody foodie

I'll try anything once. Well, maybe not cliff diving ... or running with the bulls ... or a Mohawk hairdo ... or silicone lip injections. But when it comes to food, I'm totally adventurous.

Every time our military family moved to a new place, I couldn't wait to try the local cuisine. Most of the time, we loved the native dishes, incorporating local recipes into our regular meal routine.

Early in our marriage, my husband was assigned to the Naval Postgraduate School in Monterey, California. At first, we were disappointed to find that pizzas in California had foo-foo toppings such as sprouts, gorgonzola, fennel and pears. And the wait staff wore trendy glasses, thumb rings and Greenpeace T-shirts. What ever happened to good old-fashioned pepperoni and "mootz-a-rell," served by someone named "Ang" with bad highlights and a mustache?

However, once we tasted the local foods - fresh-caught squid, Gilroy garlic, Castroville artichokes and tangy sourdough bread hot from the oven - we were hooked.

**Tea, anyone?**

Similarly, our next tour in England added delicate crumpets and hearty Shepherd's pie to our repertoire. Chesapeake Bay Blue Crabs and plump Virginia peanuts became staples after back-to-back tours in Virginia Beach. Germany brought us countless European delights including schnitzel, beer, goulash, beer, spaetzle, beer, chocolate and beer.

Oh, and did I mention beer?

During a tour in the Deep South, we became connoisseurs of fried chicken, hush puppies, shrimp and grits, and biscuits. And Rhode Island has blessed



our palates with rich chowder, sweet brown bread, lobster rolls and traditional rum drinks made with spicy ginger beer.

However, for every delectable indigenous morsel that passed favorably over my taste buds, there were countless other native foods that triggered my gag reflex. Our mobile military life has taught me that every region has its share of really bad foods, and I'm not such a foodie that I will pretend to like them.

Over the years, I've learned to look out for certain "red flags." For example, if someone tells you that you have to "develop a taste for it," that means you will need to consume copious amounts of the substance to desensitize your taste buds to its wretched flavor.

A peanut lover, I couldn't wait to try southern boiled peanuts, until I discovered that the slippery, mushy nuggets tasted like mutated potato. It took several tries before I was able to eat them without shuddering.

**Cringe-worthy**

If someone tells you, "It tastes like (chicken or some other familiar meat)" beware that you are about to be served mysterious animal parts.

Whilst in England, I was served black pudding and told it was a variety of sausage. A tiny nibble filled my

mouth with the distinct taste of vital organs. In Scotland, I was offered a sliver of haggis and told that it tasted "just like pork and oats." One swallow and I

felt as if I'd just licked the underbellies of a herd of sweaty sheep. At a cafe in France, the waiter encouraged me to try an Alsatian delicacy called, "Sauerkraut Royale." I spent the next hour sorting through hunks of cartilage and fat tangled with pickled cabbage. In Munich, I made the mistake of ordering the local favorite, Schweinhaxe, only to be presented with a huge roasted pig's knuckle joint, translucent sinew and all.

And, if someone tells you, "It just needs a little hot sauce," they are saying that you will need to distract yourself with pain in order to ingest this foul tasting dish. At the risk of igniting another Civil War, let me say that greens are not as good as Southern folk proclaim. Collards, mustards, chards - isn't it suspicious that they are all slow-cooked in bacon fat and disguised with Texas Pete?

But don't be discouraged, foodies. There are still certain universal truths in the world of local cuisine upon which you can depend. For example, even though you can never trust anyone who tells you to "suck the juice out of the head, it's the best part," you can always believe the person who says, "It's good with butter."

After all, what isn't good with butter?

(Visit Molinari at her website [www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com).)

# Halloween: Events happening soon

CONTINUED FROM B-1

Visit [www.consolidatedtheatres.com](http://www.consolidatedtheatres.com).

**A Home Made Halloween** — Salt Lake Shopping Center hosts 10 a.m.-1 p.m. Festivities include trick-or-treating, make-and-take crafts, games, prizes with costume contests for ages 12 and under at 11:30 a.m. Visit [saltlakeshoppingcenter.com](http://saltlakeshoppingcenter.com).

**Great Pumpkin Festival** — Holy Nativity hosts 10 a.m.-4 p.m., 5286 Kalaniana'ole Highway, Aina Haina. Pumpkin patch with more than 2,500 locally grown pumpkins, entertainment, holiday market and food, games, arts and crafts for keiki, pony rides, rock climbing, mechanical bull and Nerf challenge. Call 373-3232 or visit [hawaiipumpkinfest.com](http://hawaiipumpkinfest.com).

**Keiki costume contest** — Kamehameha Shopping Center hosts 1 p.m., (fronting Times Supermarket), for ages 12 and under. Visit [kamehamehashoppingcenter.com](http://kamehamehashoppingcenter.com).

**Midnight Ghost Hunters** — Halloween dance and costume contest: DanceMagic808 hosts 6-9:30 p.m., Ala Wai Golf Clubhouse, second-floor Palladium. Cost: \$6 (\$3 members). Call 372-2256 or visit [dancemagic808.com](http://dancemagic808.com).

**Ghost Tours** — Bus tours are Oct. 21 and 28; meet at 11:45 p.m. in front of Hawaii State Library, 478 S. King St. Hear

local scary tales during a three-hour bus ride to haunted spots; dress as your favorite haunted characters. For ages 12 and older. Cost: \$40. Reservations required. Call 673-9099 or [mysteries-of-hawaii.com/octoberevents](http://mysteries-of-hawaii.com/octoberevents).

**Spook Life Park** — Sea Life Park hosts, noon-4 p.m., at 41-202 Kalaniana'ole Highway, in Waimanalo. Festivities include trick-or-treating throughout the decorated Park grounds, a haunted theater, underwater pumpkin carving demonstrations in the bone-chilling depths of the Shark Cave and more.

Admission to the "Spook Life Park" event is priced at an unusually lucky number — just \$13.01. Call 259-2500, or visit [www.sealifeparkhawaii.com/Halloween17](http://www.sealifeparkhawaii.com/Halloween17).

**Boofest** — Bellows Air Force Station is holding its annual Boofest, in Bldg. 220 Turtle Cove, from 5-9 p.m. Admission is free. There will be food trucks and activities such as a hairspray station, face painting, science demos, mini games, and more. Sign up at [www.bellowsafs.com/boofest2017/contest](http://www.bellowsafs.com/boofest2017/contest) for the costume contest. Limited sign-ups available on site.

The Bellows Zombie Escape is scheduled at 6:30 p.m. Something has gone horribly wrong on Bellows and it lurks at Ahiki Mini Golf nature trail. Can you escape the zombie threat?

Call (808) 253-1508 or visit [www.bellowsafs.com](http://www.bellowsafs.com) or [facebook.com/bellowsafs](https://www.facebook.com/bellowsafs).

**22 / Sunday**

**Brave Walk** — The inaugural Brave Hawaii Programs Halloween Fun Walk is at the City and County Civic Grounds,

550 S. King St., starting at 8 a.m. Costume contest for adults, students, kids and pets. Adult admission is \$20, students are \$10. Kids under 5 are free. There will be live entertainment, trick-or-treating along walk path, vendor booths and family-friendly activities. To enter the walk, log on to [www.bravehawaii.org](http://www.bravehawaii.org) or call 371-1928.

**25 / Wednesday**

**Spooktacular Halloween Party** — Oct. 25, 5:30-7:30 p.m., Kapolei Public Library. Costumed keiki (12 and under) welcome for carnival-style games, roving puppeteer and photos with "Star Wars" members of Pacific Outpost of the 501st Legion. Call 693-7050.

**Let's go batty!** — Celebrate Halloween with a make-and-take bat craft from 3:30-4:30 p.m. at the FS Library on 181 Chaplear Rd., Bldg. 650. Bring your creation to the front desk for a spooktacular prize. Free while supplies last.

**26 / Thursday**

**Rocky Horror Picture Show** — The ARTS at Marks Garage & Tita Titsling are presenting this year's annual exclusive

Honolulu screening of the Rocky Horror Picture Show with a new twist.

This is a fully interactive show accompanied with a full cast of characters.

Doors open at 7 p.m. There will be a post-show soiree until 10:30 p.m.; \$20 advance tickets, \$25 at the door. Advance tickets can be purchased online at [Eventbrite.com](http://Eventbrite.com).

The ARTS at Marks Garage is located at 1159 Nuuanu Ave on the corner of Nuuanu and Pauahi in downtown Honolulu, one block south of Beretania.

- Thursday Oct. 26 at 8 p.m.
- Friday Oct. 27 at 8 p.m.
- Saturday Oct. 28 at Midnight
- Tuesday Oct. 31 at 8 p.m.

**27 / Friday**

**Halloween costume contest** — 6 p.m., Halawa District Park. Sponsored by Department of Parks and Recreation, Halawa Complex. Visit 483-7850.

**ARTafterDARK** — Honolulu Museum of Art, from 6-9 p.m. Come spend the night with some Halloween royalty at ARTafterDARK: "Kings & Queens." There will be food, drink and entertainment. General admission is \$25.



# Reflection can also mean P-R-A-Y

**CHAPLAIN (CAPT.) JARED VINEYARD**  
Headquarters and Headquarters Battalion,  
25th Infantry Division Chaplain

*“And you will hear of wars and rumors of wars... For nation will rise against nation, and kingdom against kingdom, and there will be famines and earthquakes in various places...” (Matthew 24:6-7)*

I don’t know about you but when I read passages like this and begin to look around at our world today, I begin to think... what is going on? What is God doing? What is the world doing? What am I doing? While bad things (man-made or natural) have always happened around the globe we now have the ability (with technology and resources) to know about them almost immediately. And with hearing and knowing about so much... what are we to do about it?

How about we PRAY? What do I mean by that? When times are hard we should PRAY...

P- Prepare for the future  
R- Remember the past  
A- Appreciate the present  
Y- Focus less on Yourself and more on others

**Prepare for the future.**  
Sometimes the future can feel frightening, but one of the ways to lessen the fear of the future is to prepare in the present. Preparation can be in many forms. It may be ensuring important documents are ready, having an emergency fund or cash on hand, having



Vineyard

**Remember the past.**  
Remember the past in a way that it benefits your present. All of our past, the easy times or the difficult, are all working to transform us into the people we are meant to be today.

What has your past taught you? Are you wiser now? How has your past benefited you to put you in the position you are in today? Are you making a difference in the world because of it? We need to practice remembering in a way that benefits us!

**Appreciate the present.**  
While looking both forward and backward in life can be important at times, we should never forget that the only time guaranteed to us is now! We need to make the most of the present! One of the ways we do that is to remember to ‘count our blessings,’ or in Army-speak, ‘hunt the good stuff.’ We all have good things going on now and it is important to never lose sight of the blessings of life, no matter what is going on around us. We need to practice counting our blessings today!

a home ‘power-out’ kit and so on. Physical preparation can help ease the emotional stresses of the unknown. We need to practice preparing for the future!



**Focus less on yourself and more on others.**  
One of the more well-known secrets of life is that the more I focus on myself, the more discontent I become. We were made to live and be in community with one another. Therefore, when we focus our time, talents, and treasures on caring for others, we find ourselves being cared for as well. We need to practice putting others first.

Though the times we live in may be uncertain, we can take certain steps to help ourselves and others walk more confidently through the day. And while the steps of PRAY can be helpful, let us never forget to REALLY pray as well. It is like the English preacher of old (John Bunyan) once said, “You can do more than pray, after you pray, but you cannot do more than pray until you prayed.” Amen, Pastor Bunyan. So let’s pray, and then PRAY, and then pray some more!

**For the children**  
In addition to perusing the various tables, children could also go through an obstacle course with help from Farrington JROTC volunteers, and have their face painted.

Eric Mueller, the living history coordinator with the Hawaii Civil War Round Table, led a Civil War “re-enactment,” teaching attendees about different facets of the war. Many volunteered to be a part of the reenactment, as “recruits” in a military formation. Following Mueller’s lead, the children marched and charged.

Dawson commended the fact that the event “bridges the gap between generations,” referring to the veterans and JROTC cadets.

## History: Visitors get lessons

CONTINUED FROM B-1

included vintage and modern weapons, as well as historical artifacts. Many people wore old military uniforms, as well as period dress, for the occasion.

Dawson himself wore period dress. His uniform, provided by the HHAA, was similar to those worn in the Vietnam War era. He mentioned that the vintage uniform is much more comfortable than his regular cammies.

The 520th Military Working Dog Detachment, 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command, conducted a K9 demonstration on the grassy roundabout in front of the museum.

With supervision by Staff Sgt. Victoria Donithan, a patrol drug detector dog handler with 520th Military Working Dog Det., 728th MP Bn., 8th MP Bde., 8th TSC, Jerry, a patrol drug detector dog, demonstrated skill in finding a hidden item in one of three cans.

Staff Sgt. Cletus Hentz, a trainer with the 520th Military Working Dog Det., 728th MP Bn., 8th MP Bde., 8th TSC, then wore padding on his arm for an attack demonstration with Jerry.



Additional religious services, children’s programs, educational services and contact information can be found at <https://www.garrison.hawaii.army.mil/rso/USARHAW%20Chapel%20Services.pdf>.

AMR: Aliamanu Military Reservation Chapel  
FD: Fort DeRussy Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
SC: Soldiers Chapel, Schofield Barracks  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

**Buddhist Services**  
•First Sunday, 1 p.m. at FD  
•Last Wednesday, 6 p.m. at MPC

**Catholic Mass**  
•Monday-Wednesday, 11:45 a.m. at Soldiers Chapel  
•Thursday, 11:45 a.m. at AMR  
•Wednesday, 5 p.m. at MPC  
•Saturday, 5 p.m. at TAMC  
•Sunday services:  
-8:30 a.m. at AMR  
-10:30 a.m. at MPC  
-11 a.m. at TAMC

**Gospel Worship**  
•Sunday, noon at MPC  
•Sunday, 12:30 p.m. at AMR

**Islamic**  
•Friday, 12:30 p.m. at AMR  
(Call 477-7647)

**Jewish Shabbat (Sabbath)**  
•Friday, 7:30 p.m. at PH  
(Call 473-3971)

**Protestant Worship**  
•Sunday Services  
-9 a.m. at MPC (Contemporary)  
-9 a.m. at FD  
-9 a.m. at TAMC  
-10 a.m. at HMR (Contemporary)  
-10:30 a.m. at AMR (Contemporary)  
-11 a.m. at WAAF (Contemporary)