

HAWAII ARMY WEEKLY

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Serving the U.S. Army Community in Hawaii | ★ www.garrison.hawaii.army.mil/haw.asp

INSIDE IMCOM survey

Soldiers and families are asked to rate garrison services, in the Installation Management Command survey at www.myarmyvoice.org.

See Community Calendar, B-2



'Sapper' instruction

591st Engineers hand over route clearance to their Iraqi counterparts.

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Soldier Show

From 80s to retro, from R&B to patriotic tunes, the U.S. Army Soldier Show dances its way to Oahu North, Sept. 3-4, to deliver a sizzling, 90-minute theatrical production. The public is invited.

See FMWR Briefs, B-2



Secluded haven

Department of Defense members and families can enjoy beachfront cabins and feast on laua delicacies at one of Oahu's most pristine beaches at Piliilau Army Recreation Center.

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Sports & Fitness B-4



Sgt. Jason Frank (left), infantryman, A Company, 21st Infantry Regiment, 1st Battalion, 25th Infantry Division, leans into a curve while riding through a road course that focuses on curve techniques during the first-ever U.S. Army Garrison-Hawaii sponsored advanced motorcycle safety course at Wheeler Army Airfield, Aug. 18.

Cyclists accelerate into safety

Pilot course aims to reduce motorcycle-related accidents throughout Army Hawaii

Story and Photos by
SPC. ASHLEY ARMSTRONG

94th Army Air and Missile Defense Command Public Affairs

WHEELER ARMY AIRFIELD – Military members started their engines, rolled-on the throttle and accelerated into advanced motorcycle safety during the first "Train as You Ride" course, here, Aug. 17-20.

The course, sponsored by U.S. Army Garrison-Hawaii (USAG-HI) and California Superbikes, is the first in a pilot program developed by the garrison's Installation Safety Office. The intent of the course is to help significantly reduce motorcycle-related

accidents involving military riders.

Over the years, motorcycle-related fatalities have increased throughout the military, with a 24-percent increase in the Army alone in 2008. Top safety chiefs throughout the armed forces have identified motorcycles as the primary noncombat safety concern, and they are prepared to address the issue.

Out of the 16 Army motorcycle fatalities in Hawaii from 2005 to present, four of the riders had received advanced training, according to Bill Maxwell, safety specialist and program manager, USAG-HI Installation Safety.

The four who were trained had outside influences that impaired their ability to apply their training, Maxwell said, which leads him to believe that the current

training's focus will indeed reduce motorcycle-related accidents in the military.

More than 200 service members participated in the course, which consisted of four-hour training sessions that required riders to complete approximately 550 curves at speeds of about 35 to 60 mph under the supervision and guidance of experienced coaches.

"A single vehicle accident for Soldiers usually involves curves. They either overestimate their ability, or they don't understand the situation and they get in over their heads and they crash," said Maxwell. "We wanted to address that specifically by giving them as many curves as possible. We gave them a lot of repetition and a lot of ob-

SEE RIDERS, A-5

Saddle Rd. gets w/in 12 miles on both sides

Story and Photos by
DONNA KLAPAKIS
599th Transportation Group

MAUNA KEA, Hawaii – Officials held a blessing ceremony opening the latest 6.5 miles to be completed of the Saddle Road construction project, here, Aug. 18.

"This is the third portion of the project, and completes 23 miles of road," said David Gedeon, overall program manager for the project, from the Federal Highway Administration's Central Federal Lands Highway Division.

Gedeon said the ceremony marked the end of the original defense access roads project.

"It's (been) over five years

SEE SADDLE ROAD, A-5



A new portion of Saddle Road on the island of Hawaii opened Aug. 18 after a blessing ceremony at Mauna Kea State Park. Speakers included Medal of Honor recipient Senator Daniel Inouye and Hawaii County Mayor William P. Keno. The new portion of the road goes by the Army's Pohakuloa Training Center.

Mass casualty drill tests Oahu agencies

Story and Photos by
LESLIE OZAWA

Tripler Army Medical Center Public Affairs

SCHOFIELD BARRACKS – A mass casualty exercise was conducted at the Schofield Barracks Health Clinic (SBHC), as part of the U.S. Army Garrison-Hawaii (USAG-HI) annual Antiterrorism Exercise (ATX), here, Aug. 19.

Following a simulated explosion at Schofield Barracks' Area X training area, victims played by 8th Theater Sustainment Command Soldiers were taken to SBHC to be treated for possible exposure to toxic chemicals and other injuries.

Health clinic staffers donned chemical protection suits and set up a decontamination tent outside the acute care clinic. There, exercise victims were treated for toxic chemical exposure before they were triaged and brought into the clinic, per SBHC mass casualty plans.

About a dozen other exercise

casualties were taken to Wahiawa General Hospital, which also participated in the exercise, to test its emergency procedures.

"It was a great training exercise for us; (it was) very realistic," said Bob Frasier, operations manager, Wahiawa General Hospital.

Frasier noted that this was the first time the hospital exercised its procedures for treating victims in a chemical scenario.

"We got to open up plans and try to figure out how to deal with this area," Frasier said. "We hope to work with Tripler and Schofield in any capacity what-

SEE DRILL, A-5

Triage team members from the Schofield Barracks Health Clinic check the condition of an exercise victim after she has been washed down of toxic chemicals during a mass casualty drill — part of a full-scale antiterrorism exercise held by U.S. Army Garrison-Hawaii.



8th TSC measures its Pacific reach to Japan

Story and Photo by
SGT. RICARDO BRANCH

8th Theater Sustainment Command Public Affairs

FORT SHAFTER – The Soldiers of the 8th Theater Sustainment Command (TSC) are once again refining their craft to conduct operations in the Pacific theater with a command post exercise, here, Aug. 17-30.

The exercise comes on the heels of the unit becoming fully operational capable, which makes the experience very important to training its veteran and new personnel alike.

"This prepares us by simulating the same conditions we'll experience in real-world missions," said Staff Sgt. Jarod Weatherford, an information



Staff Sgt. Benjamin Lugo Velez, Headquarters and Headquarters Company, 8th Theater Sustainment Command, reviews how to set up an Operation Assessment Brief during a command post exercise, Aug. 17, at the main command post on Fort Shafter.

systems operator for Headquarters and Headquarters Company, 8th TSC.

Some of the real-world situations the Soldiers of the 8th TSC may respond to include

natural disasters, combat operations or a humanitarian crisis in the Pacific.

"These exercises are great because we get all the staff elements together," Weatherford said. "The more times we conduct things like this, the easier it becomes because of our established relationships with subordinate commands and with other staff sections."

Col. Bern Ruiz, 8th TSC operations officer, said that the unit bears a unique challenge as the senior logistical element in the Pacific. Due to the size of the area under its responsibility, the command must deploy a for-

SEE 8TH TSC, A-4

Pacific armies discuss relief for disasters

Story and Photo by
SGT. 1ST CLASS CHRISTINA BHATTI
U.S. Army-Pacific Public Affairs

TOKYO – Army Chief of Staff equivalents from 26 countries and senior staff officers from 31 countries around the Pacific and Indian Ocean regions gathered to officially open the Pacific Armies Chiefs Conference (PACC) VI and the Pacific Armies Management Seminar (PAMS) XXXIII in a ceremony at the Imperial Hotel, here, Monday.

This year's PACC and PAMS are co-hosted by the Japan Ground Self Defense Force and the U.S. Army.

The theme for both conferences is "Humanitarian Assistance/Disaster Relief in Natural and Human-Induced Disasters." The weeklong conferences are allowing senior officers to discuss and exchange ideas in order to help promote peace and stability in the region, coming up with solutions to complex humanitarian aid issues and developing interpersonal relationships.

"Together, we face some unique and very tough challenges," said Lt. Gen. Benjamin Mixon, commanding general, U.S. Army-Pacific and PAMS XXXIII co-host.

Catastrophic disasters are currently a major security threat in the Asia-Pacific region, where 40

SEE USARPAC, A-3

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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Margotta

Ask the Commander!

Colonel answers questions from individuals about anxiety in children, Helemano Military Reservation amenities and additions to the garrison Web site

The "Ask the Commander" program is designed as a communication tool to allow Soldiers, civilians and family members to get concerns addressed and questions answered by the garrison commander. All submitted questions go directly to the garrison commander; directorates and support staff research queries and provide responses to the commander.

Due to newspaper space limitations, only a sampling of questions are printed or broadcast on TV2, a channel available on Army installations. Generally, the commander answers questions of community-wide impact.

Q: *The children that are affected by multiple deployments suffer from increased anxiety. What are we doing to address the anxiety and behavior issues that children have today because of the war?*

A: The Department of the Army and U.S. Army Garrison-Hawaii (USAG-HI) recognize the impact multiple deployments have on Soldiers and families. USAG-HI has several programs and partnerships that offer workshops and services to meet the unique needs of Soldiers and families, including child-specific programming.

Family Strong Hawaii (FSH) is a recent collaborative effort between Army Community Service (ACS), the Tripler Army Medical Center (TAMC) Department of Psychology and Psychiatry, and the Religious Services Office through which workshops are conducted by subject matter experts from the respective agencies.

ACS has several other programs

specific to helping families with children. The New Parent Support Program offers individualized home visits for parents with children between the ages 0 to 5. Parents can discuss specific concerns within the privacy of their home with a subject matter expert, licensed registered nurses and clinical social workers.

Additionally, the Prevention and Education Program offers workshops such as Kids and Deployment, R&R and Children, and a supportive puppet class for children.

Child, Youth and School Services (CYS2) has two new deployment specialists. Their main focus is to assist families in receiving the benefits available to them during deployment cycles. They ensure that children of deployed Soldiers are doing special projects to connect them with their deployed parent.

Through CYS2's Parents as Teachers: Heroes at Home program, two parent educators go into individual homes, provide developmental screenings, hold group meetings and work with our families to promote early childhood education for children affected by deployment.

Child behavioral specialists are also available through Military Family Life Consultants (MFLC). The benefit of having these consultants in Hawaii has been immense.

Although we see signs of stress in all our programs, the greatest impact appears in our School Age Programs. The MFLC spends the mornings with our Child Development Centers and every afternoon at the School Age facilities and the Teen Centers.

The incidence of serious behavioral

issues has dramatically decreased in the past year.

Parents can also schedule an appointment with an MFLC when they identify behavior issues related to deployment.

Lastly, TAMC's School Based Mental Health Services is active in schools with large military populations. All these programs work in conjunction with each other to help protect the health and well-being of our military children.

Q: *The Helemano park has no benches for parents to sit on when they take their children to the park. Is it possible to have benches put in?*

A: Army Hawaii Family Housing (AHFH) continues to form a strong partnership with USAG-HI to improve the quality of life for our Hawaii Soldiers and families while conserving natural resources.

AHFH has just embarked on a plan to make repairs to 71 tot-lots and playgrounds in AHFH communities. While the hope is to install picnic benches at selected tot-lots and playgrounds, there currently is no funding to support the project.

If funding becomes available through cost savings in other projects, there is the possibility that a picnic bench could be installed at this particular Helemano park by the end of the year. The safety and comfort of our families is always a priority, and we will continue to pursue projects toward that end.

Don't forget that if you have any issues within your immediate commu-

nity, your first resource is your community manager.

Q: *Is it possible for DHR (the Directorate of Human Resources) to publish a list on the garrison Web site of all the required documents for routine processes like family travel, ID cards, passports, etc.?*

A: This is a great suggestion on how the garrison can help support Soldiers and family members with the many processes that are part of Army life. We try to design and revise the garrison Web site continuously so that it will be useful to you and to help make relevant information accessible for our entire community.

DHR handles many of our personnel services and is comprised of dedicated professionals committed to offering the best service possible. The goal is to continually strive to provide quality military personnel, administrative, substance abuse prevention, and continuing education services to our Soldiers and families here at USAG-HI.

Currently, we list information on how to obtain an ID card on the garrison Web site, as well as the location and hours of ID card facilities and the required documents. As additional processes are documented, more of this type of information will be added to the garrison Web site so that our community customers can be well prepared when entering a service facility.

ID Card info can be found under the "Services" menu on the left hand side at www.garrison.hawaii.army.mil.

Points of Contact

- Call 655-4227 for all Army Community Service programs.
- Call 656-0093 to reach Child and Youth Support Services.
- Call 222-7088 to reach a Military Family Life Consultant.

To submit an "Ask the Commander" question, send an email to AskTheCommander.usaghi@us.army.mil or go to the next TV2 taping Sept. 1, 3 p.m., at the Fort Shafter PXmarket. For more information, call Ophelia Isreal (655-9303) at Customer Management Services, or call Aiko Brum (656-3155) or Jack Wiers (656-3489) at U.S. Army Garrison-Hawaii Public Affairs.

HAWAII ARMY WEEKLY

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Nondelivery or distribution problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3156.

91 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 8/27/2009.

Strong Bonds retreats should be a 'must do' for couples

Programs help develop the total Soldier, strengthening relationship skills and the family support structure

CHAPLAIN (CAPT.) DOUGLAS WEAVER
U.S. Army-Pacific Special Troops Battalion Chaplain

While more than 30,000 Soldiers and family members have attended Strong Bonds events in the past, the Army will continue to provide significant funding to this vital and important training in 2010.

The strong and prepared Soldier is always supported by a family that is now recognized as vital to our success.

The Army is only as strong as the Soldier, and the Soldier is only as strong as his family.

Army Soldiers sacrifice for our country every day, and so do their loved ones.

Military life places extreme hardship on these relationships, especially in wartime, so the Army – backed by Congress – has committed unprecedented resources to help Soldiers build stronger relationships through the Strong Bonds program.



Weaver



Courtesy Photo

Sp. Jonathan Happel and his wife, Cira, discuss family issues during the Strong Bonds marriage retreat at Ko Olina Resort, Saturday.

Excellent past experience combined with beautiful world-class facilities in Hawaii make these programs a must do.

What is Strong Bonds?

Before a Soldier can take part in this fantastic benefit, he or she needs to understand that the term Strong Bonds is actually an umbrella of programs.

The programs are organized and led by chaplains and chaplain assistants, and have specific requirements for couples, families and single Soldiers.

The material that is covered in the course, as well as the length of the course, is standardized for each of the programs. Couples and family events may also include child care during the classes, but availability may vary.

Finally, those Soldiers being deployed

or redeployed can also learn special coping tactics and skills that will enhance their deployment preparation or family reintegration.

Strong Bonds truly touches lives.

Following a recent U.S. Army-Pacific couples retreat, I received the following e-mail message: "I wanted to write and say thanks again for the marriage retreat. I know that a lot of time and effort went into getting this organized.

"My husband and I truly enjoyed it and took away some lifelong skills. I commend the Army for recognizing the need for this type of support.

"Once again thanks so much for a great time, and keep up the great work. It truly touches lives."

Strong Bonds not only touches the lives

of couples but also single Soldiers as well. The statistics indicate that about 50 percent of single Soldiers will get married while on active duty. The classes help them make better decisions as they choose a mate.

Single Soldiers often feel lonely and depressed. They are far from home, and these pressures can often lead to poor decision-making in the selection of a spouse.

According to the Strong Bonds Web site, more than 90 percent of Soldiers who have participated believe the program has had a positive impact on their lives and would recommend attending to another Soldier.

How do I sign up for a Strong Bonds event?

Soldiers or family members who want to attend Strong Bonds training should talk to their unit chaplain first. An additional resource is the Strong Bonds Web site – www.strongbonds.org – that lists information regarding dates and locations of training opportunities.

Whether you are selecting a spouse or working on your marriage and family relationships, these events will pay big dividends and should be considered a must do.

Soldiers should consider these programs a part of their total wellness as we strive together to maintain our minds and bodies and spirits all for the glory of God.

Voices of Ohana

"How are you incorporating social networking into your life?"



"I incorporate many social networking sites into my life, such as Facebook, Twitter, blogs and message boards."
Jennifer Downing-Li
PA Specialist,
IMCOM-Pacific



"We use social networking at work to inform the Army community about events we have going on."
Katy Kluck
Marketing Asst.,
DFMWR



"I use Facebook and MySpace once or twice a week."
Pfc. Santevius Davis
IT Specialist,
HHC,
3-25th CAB



"I use social networking because it's how I keep in contact with everyone. I use it every day."
Pvt. Michael Moore
Black Hawk
Mechanic,
25th CAB



Honestly, I don't use social networking. After sitting in front of a computer all day at work, I don't feel like being on a computer once I get home."
Kathleen Ramsden
Technician, Tropic
Lightning Museum

Sappers help clear the way for a new Iraq in Mosul

OIF

Story and Photos by

1ST LT. ADAM VOGEL

84th Engineer Battalion (Construction Effects)

MOSUL, Iraq – The time leading up to the June 30 deadline for Coalition Forces to withdraw from Iraqi cities filled Soldiers of the 591st Engineer Company (Sapper), 84th Engineer Battalion (Construction Effects), with uncertainty.

However, in the weeks since, the 591st has seen the progress of Iraqi Army engineers and witnessed the results of hard work in training their Iraqi counterparts.

The 591st, which joined the 84th Eng. Bn. in late December 2008, has worked extensively with the 2nd Iraqi Army Eng. Regiment on perfecting tactics, techniques and procedures for route clearance operations inside Mosul city limits.

After six months of hands-on training with Iraqi engineers, the 591st Sappers are confident in handing over the task of conducting route clearance to their Iraqi counterparts. The Sappers can see that progress has certainly been made.

The 591st transferred control of route clearance operations within Mosul by the June 30 deadline. That historic day, proud Iraqis could be seen dancing, singing and firing their weapons into the air in celebration.

At first, many of the 591st Engineers expressed mixed feelings about the celebration of the departure of Coalition Forces from the city. Not long afterwards, however, the weight of the moment sunk in, and the company recognized the opportunities for both nations.



Sp. Derek Teunissen, 591st Engineer Company (Sapper), teaches an Iraqi army soldier how to operate the interrogation arm on a route clearance vehicle, to prepare him to conduct route clearance operations in the city of Mosul, Iraq.

Sp. James Helmisk, a mechanic for the 591st Engineer Company (Sapper), instructs an Iraqi army engineer who is conducting preventative maintenance checks and services on a route clearance vehicle.

Iraqis displayed the progress they have made and their motivation to take the lead on security within their country.

"Our Soldiers have done an excellent job training our Iraqi Army counterparts, and now we can watch as the Iraqi Security Forces provide security for their people," said Capt. Doug Armstrong, commander, 591st Sappers.

Since June 30, the role of the 591st has changed in many ways. Iraqi en-



gineers are still clearing the highways inside the city limits, and by all reports, they are very effective. They continue

to emphasize their independence and desire to conduct their operations unilaterally.

USARPAC: Stability key region issue

CONTINUED FROM A-1

percent of the world's disasters have occurred in the last 30 years, said Japan Ground Self Defense Force Gen. Yoshifumi Hibako, chief of staff.

"I firmly believe that discussing the role of ground forces and the issue of international cooperation, as well as the issues that must be addressed in the future, will result in greater trust and contribute to stability in the region," he said.

Ground forces have great capabilities for operating against natural disasters, said Gen. George Casey Jr., U.S. Army Chief of Staff and PACC VI co-host. Coordinating those forces is a key issue Casey hopes to focus on during the course of the conference.

"When a disaster strikes, it throws people off balance and everybody wants to help, but without proper coordination, it adds to the burden of the disaster," he explained.

Mixon also stressed the goals of the conferences by emphasizing the sharing of lessons learned from past disasters during the week.

"We will share lessons learned from our experiences in coping with past disasters, we will discuss civil-military and interagency cooperation in disaster relief operations, and we will look at ways to increase multilateral military cooperation. "All of this," Mixon continued, "is designed to foster collaboration and enhance cooperation through dialogue."

That dialogue will help the nations come together and build, or continue to build, positive relationships, which will help in the future.

"When you have a crisis, (it) is not the time to begin building relationships. You do that before, and that is what we are doing here," said Casey.

The delegates from each country are meeting daily to discuss a variety of topics dealing with



Gen. George W. Casey Jr., Chief of Staff of the Army, speaks during the opening ceremony of the 6th Pacific Armies Chiefs Conference in Tokyo, Aug. 24. The conference is designed to foster military-to-military cooperation and develop interpersonal relationships that contribute to regional stability.

this year's theme.

PACC is a biennial, multinational, executive defense forum and fosters military-to-military cooperation, develops interpersonal relationships and contributes to regional dialogue and stability.

PAMS is a multinational military seminar that provides a forum for senior-level officers from the Asia-Pacific's regional ground forces to exchange views and ideas. It is not only a forum to enhance understanding of the subjects studied, but also to provide an opportunity for the future leaders of the region's armies to establish and cultivate a set of strong interpersonal relationships.

PACC VI concluded Thursday, and PAMS XXXIII is ending today.



Sgt. 1st Class Jason Shepherd | U.S. Army-Pacific Public Affairs

Ulchi Freedom Guardian

FORT SHAFTER — Members of the U.S. Army-Pacific Main Command Post ready for a briefing in the Combined Intelligence Operations Center during Exercise Ulchi Freedom Guardian (UFG), Aug. 13. UFG, the world's largest annual computerized command and control exercise, will be conducted by the Republic of Korea and U.S. military the next two weeks.



The Daibutsu, or "Giant Buddha," looms large above tourists at the Kotokuin Temple, near Kamakura, Japan.

Sustainers relax, enjoy Japanese culture with tours

SGT. MAJ. TERRY ANDERSON

8th Theater Sustainment Command Public Affairs

KAMAKURA, Japan — In the middle of a two-week command post exercise (CPX) at Camp Zama, a group of 8th Theater Sustainment Command (TSC) Soldiers took a break to enjoy the ancient culture of Japan.

The U.S. Army Garrison-Japan Command Chaplain, Col. John Powers, took Soldiers on a tour to the city of Kamakura, which was the capital of Japan in the 12th century.

Highlights of the tour included the Tsurugaoka Hachimangu Shrine and the Kotokuin Temple, home to the 32-foot high Daibutsu, or the "Great Buddha."

"Seeing the Great Buddha up close was a humbling experience," said Maj. Hiep Pham, 8th TSC judge advocate general's office. "Being a Buddhist myself, it was amazing to be able to see this great statue up close."

Pham was one of more than 20 Soldiers from the 8th TSC who took advantage of the

CPX down time, and he received a real taste of Japanese culture.

"I really learned a lot about Japanese culture during the tour," said Pham. "It was nice to get away from the exercise for a day and see what Japan has to offer."

The 8th Special Troops Battalion (STB) organized the tour for Soldiers taking part in the CPX as a way to blow off some steam and to get an up-close look at some of Japan's ancient history.

"We organized these trips through the Camp Zama Family and Morale, Welfare and Recreation office and through the U.S. Army-Japan command chaplain," said Maj. Brian Courter, 8th STB operations officer. "It was a good way for the Soldiers to experience Japanese culture in a more organized environment, and to not have to worry about getting lost (or) taking the train."

8th TSC Soldiers will wrap up their training exercise this weekend and return to Fort Shafter, Hawaii.



An ancient temple commands attention near the Tsurugaoka Hachimangu Shrine, Kamakura, Japan.

8th TSC: MCP reach to Japan is 9K miles

CONTINUED FROM A-1

ward command post (FCP) to Camp Zama, Japan, as well as operate a main command post in Hawaii.

"Sending an FCP to Japan allows us to deploy and take care of a host of sustainment operations," Ruiz said. "These split-based operations are manned 24/7, and allow us to support the full spectrum of operations."

The 8th TSC is responsible for sustainment operations throughout the Pacific, covering 11 time zones and more than 9,000 miles. The Soldiers in the main command post here provide the "reach back" capability for the FCP in Japan, allowing them to conduct operations closer to the action.

"This helps the entire unit from the command down to the young Soldier because they get a chance to see the scope of our entire mission and execute our real-world missions," Weatherford said.

When the exercise hit the halfway mark, leaders and Soldiers conducted a midpoint after-action review (AAR). The AAR was essential because it reinforces what is going well and what can be done to improve upon the hard work already accomplished as the exercise moves forward.

"The summertime usually brings around a lot of new faces in any unit, and we have a lot of new faces working in the main command post. But they are all doing a great job, and I am proud of them all," Ruiz said. "They continue to improve with each exercise."

News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

29 / Saturday

Women's Equality Day 5K — The 500th Military Intelligence Brigade, U.S. Army-Pacific, invites the community to the 2009 Women's Equality Day 5K and 1-Mile Keiki Fun Run/Walk, Aug. 29, starting at 9 a.m., at Stoneman Field, Schofield Barracks.

Post-race events include information booths, food and music until 1 p.m. Free T-shirts will be provided to preregistered participants. Download registration forms at www.garrison.hawaii.army.mil. Contact Sgt. 1st Class Jerrard Hughes at 655-4381.

31 / Monday

Regimental Signal Ball — Tickets will be on sale until Aug. 31 for all armed forces signal personnel, who are cordially invited to attend the 2009 Regimental Signal Ball, Sept. 18, at the Hilton Hawaiian Village, Waikiki. Join an evening of camaraderie and tradition. Contact Staff Sgt. Gallegos, 307th Integrated Theater Signal Battalion, at 656-2986.

September

1 / Tuesday

Suicide Awareness Month — The U.S. Army Garrison-Hawaii Army Substance

Abuse Program (ASAP) is hosting events in support of Suicide Awareness Month.

- The community is invited to participate in the Suicide Awareness month kickoff event, the "Run for Life," Sept. 1, 6:30-7:45 a.m., at Sills Field, Schofield Barracks. The 2.1-mile run will start at 7 a.m., following an invocation.

- Soldiers are invited to help "Strike out Suicide" during free bowling events, Sept. 14 and 17, at the Schofield Barracks Bowling Center. Unit representatives must R.S.V.P. for this event.

- Soldiers are invited to a live comedy show with Bernie McGrenahan, Sept. 24, 10 a.m.-1 p.m., at Sgt. Smith Theater, Schofield Barracks.

The show counts towards a Soldier's annual alcohol abuse/suicide prevention/drug abuse training requirement. For more information call Melissa Parnell, risk reduction coordinator, at 655-0996, or e-mail melissa.parnell@us.army.mil.

Veterinary Clinic Closure

— The Schofield Barracks Veterinary Clinic will not be holding a walk-in clinic Sept. 1.

Call 433-8531 to schedule a regular appointment for that day.

2 / Wednesday

413th CSB Activation Ceremony — An activation and assumption of command ceremony will be conducted for the 413th Contracting Support Brigade (CSB), Sept. 2, 2 p.m., at Palm Circle, Fort Shafter.

Upon activation, Brig. Gen. Camille M. Nichols, commander, Expeditionary Contracting Command, will present the unit colors to the unit's first commander, Col. Michael Hoskin. Lt. Gen. Benjamin Mixon, commanding general, U.S. Army-Pacific

(USARPAC), is the keynote speaker for the event. Contact Betsy Weiner, USARPAC, Chief of Media Relations at 438-6350.

8 / Tuesday

Schofield Advisory Council Meeting — The next Schofield Barracks PX/Commissary/Nehelani Advisory Council Meeting is scheduled, Sept. 8, 10:15 a.m., at the Nehelani, Schofield Barracks.

This quarterly forum of representatives allows the council and patrons to exchange ideas and information. Contact Monica Anguay at 655-0497.

9 / Wednesday

CIF Closure — The Central Issue Facility (CIF) will be closed Sept. 9-19 for annual inventory. Only emergency requests will be processed. Call Angel Hernandez, 655-8120/284-7022.

10 / Thursday

Change of Command — Lt. Col. Chadwick A. Bowers, commander, 18th Medical Command (MEDCOM), will relinquish command to Col. Erin P. Edgar, Sept. 10, 10 a.m., at Palm Circle, Fort Shafter. Contact Sgt. 1st Class Rodney Jackson at 438-4361.

PTSD Caregiver Training — The Tripler Army Medical Center (TAMC) Department of Ministry and Pastoral Care will host a "Behavioral Health and Pastoral Care Training for the Care and Healing of Service Members and Families Suffering from Post-Traumatic Stress Disorder (PTSD)" seminar, Sept. 24, 8 a.m.-1 p.m. at the TAMC Chapel, D Wing, 3rd Floor.

All Oahu pastors and behavioral health care workers are invited to attend. R.S.V.P. by Sept. 10 to rubi.innanen1@us.army.mil.

Saddle Road: Big Isle and PTA benefit

CONTINUED FROM A-1

since we broke ground, and we have 23 miles built in five years," Gedeon said. "Just in construction costs, the total is about \$120 million."

County of Hawaii Mayor William Kenoi said each time another section of Saddle Road is completed the Island of Hawaii benefits.

"Saddle Road links east Hawaii to west Hawaii, so people can spend more time with their families," Kenoi said.

Debra Zedalis, director, Installation Management Command-Pacific, said a new Saddle Road is also a great benefit to the military in Hawaii.

"This is a great improvement, and we've had great support from the State of Hawaii. Of course, we get to benefit from that improvement. We're glad to be partners. This is the spirit of aloha," she said.

Robert Korpanty, chief, office of special assistant for transportation engineering and infrastructure, spoke on behalf of the Military Surface Deployment and Distribution Command-Transportation Engineering Agency (SDDC-TEA) at the ceremony. He said key partners involved in the project include the Federal Highway Administration, SDDC-TEA, the Department of the Army at multiple levels, U.S. Army Garrison-Hawaii, Pohakuloa Training Area (PTA), and the Hawaii Department of Transportation.

During his keynote speech at the blessing ceremony, Medal of Honor recipient Senator Daniel Inouye said he insisted that a citizen advisory group task force comprised of representatives from all interested parties be set up, so any problems relevant to the construction of a new Saddle Road could be ironed out long before construction began.

"I wanted a task force and to let them decide. I got too many scars from H-3, and I didn't want any more," said Inouye, referring to the freeway on Oahu.

Gedeon said a Supplemental Environmental Impact Statement (SEIS) will have to be completed in order to start work on the last 10-mile section on the western end of Saddle Road.

Because the Army purchased additional land for training at PTA in 2006, which could be bisected by the route of the highway proposed in the original environmental impact statement in 1999, the SEIS will evaluate impact of an alternate route, which the Army suggested, that will not affect training.

Twelve additional miles of the road on the east side of the island also remain to be con-



This map shows the final 10 miles of Saddle Road to the west side of Hawaii. The blue line labeled W-3 is the alignment from the Environmental Impact Statement (EIS) in 1999, while the red line, W-7, is the Army's proposed alignment to avoid having their training area bisected by the road. The current Saddle Road runs northwest to southeast.

Senator Daniel Inouye, Medal of Honor recipient and senior U.S. senator from Hawaii, speaks with Lt. Col. Warline Richardson, commander of the U.S. Army Garrison Pohakuloa Training Area, before the blessing ceremony for the newly completed 6.5 miles of Saddle Road at Mauna Kea State Park, Aug. 18.



structed, eight of which should be completed within the next 18 months.

Gedeon said the authority for spending defense funds on public highways comes under Title 23 of the U.S. Code. The Federal Highway Administration requests funds, while SDDC-TEA authorizes expenditure of funds. The funds are authorized annually as part of the military construction budget.

"Once they are appropriated, we can request them," Gedeon said.

Inouye said when he originally became a territorial representative for Hawaii 55 years ago, he thought something should be done to link the two sides of the Big Island, but there wasn't much interest then locally.

He said that once PTA became the most important training area for troops in the

Pacific, and funds were available under the defense access roads program, he saw a chance to not only benefit the troops, but to join the east and west sides of Hawaii.

He assured the audience at the ceremony that as long as he is in the Senate, they will not have to worry about funding for the remaining sections of Saddle Road.

Referring to the Senate Appropriations Committee and its subcommittee on defense appropriations, Inouye said, "I'm going to stick around in the Senate a while longer, and I'm going to be here at the ribbon cutting for the whole thing. I'll make sure money is not the problem because I'm the chairman of that committee."

(Editor's Note: Donna Klapakis is the command affairs officer for the 599th Transportation Group.)

Drill: ATX readies responders with scenarios

CONTINUED FROM A-1

soever, because we know we will be working closely in the future."

According to Bill Laffea, Schofield Barracks force protection chief, the 3-day exercise involved many other organizations on Oahu, including the FBI, the state emergency management services, the military police, the DA police, Federal Fire Department the 71st Chemical Company, 706th Explosive Ordnance Disposal Company and the 500th Military Intelligence Brigade.

Capt. Rosa Thompson, who headed the clinic's chemical decontamination team, noted that her team was ready to do its job — to soap down and rinse the exercise victims — in 11 minutes.

"This was stellar," she said. "Everyone came together, and we had some fun. We keep on learning, keep on training, to do the right thing for the public."



Firefighters from the Oahu Consolidated Federal Fire Department hose down exercise victims who may have possible chemical contamination during the U.S. Army Garrison-Hawaii Annual Antiterrorism Exercise.



Service members prepare to maneuver a curve on a course designed to build their confidence in turn techniques during the first-ever U.S. Army Garrison-Hawaii sponsored advanced motorcycle safety course at Wheeler Army Airfield, Aug. 18.

Riders: Two more courses scheduled

CONTINUED FROM A-1

servation by having the rider coaches watching every single time they came by and pulling them in, telling them what to work on and having them try it again."

The course differs from others offered by the Army in that it was conducted on a larger track that simulates realistic road obstacles at actual speeds, said Staff Sgt. Jeremiah Jansen, shift noncommissioned officer in charge, 94th Army Air and Missile Defense Command, who participated in the training.

"There is always a need for more motorcycle awareness," Jansen said. "The course gave you an opportunity to know the limits of your bike in regards to cornering, which is one of the biggest reasons for accidents on motorcycles."

Each session included a short safety brief; a vehicle inspection, including maintenance, if it was required; and 45 minutes of goal-oriented riding through the road course. The session finished with opposite training, which required riders to intentionally make errors to emphasize correct riding techniques.

"The idea is that if I raise your ability level, it does not necessarily mean that you always ride faster. It means that whenever you are riding, you will always have a little bit more cushion on your abilities. That is really what we wanted to achieve," said Maxwell.

Coaches from California Superbikes and USAG-HI Installation Safety were positioned at each corner to pull over riders and make corrections on their riding techniques.

"The course really made you think more about the way you were riding instead of just going out there absentmindedly. After completing it, I definitely feel more confident in my riding," said Jansen, who has two years of riding experience.

Due to the success of the training, California Superbikes and USAG-HI will team up again for courses scheduled in October and December 2009. Eventually, Maxwell hopes to have the USAG-HI safety team trained to provide the instruction themselves.

USE YOUR HEAD



WEAR A HELMET

PAU HANA

www.garrison.hawaii.army.mil/haw.asp

"When work is finished!"

FRIDAY, AUGUST 28, 2009

Uilani Sherman, center, beats out the rhythm of a Hawaiian chant on a bottle-shaped gourd called an ipu. Sherman is accompanied by other members of the group "Keiki O Makiau" during the luau at Piliilau Army Recreation Center, Aug. 14.



Pokai Bay Luau

Discover a hidden paradise at PARC

Part two of the series looks at luau, lodging, activities at the "must do" haven

Story and Photos By
DON ROBBINS
Staff Writer

WAIANAE – Nestled in a secluded beach cove is a hidden paradise where families are gathering to catch a colorful sunset, enjoy a luau and experience old Hawaii.

That paradise is Piliilau Army Recreation Center (PARC) at Pokai Bay, named one of the best beach facilities on the island and the best-kept secret of those stationed or visiting Hawaii.

The Army recreation facility is no secret to Warrant Officer Kevin Clark, 949th Transportation Company, who brought his family to PARC to enjoy the luau, Aug. 14.

"We're here with family on vacation," said the Baltimore resident.

"(PARC) is quiet, out of the way and off the beaten path," he added.

Located 35 miles from Waikiki and 18 miles from Schofield Barracks, PARC is a spot to be discovered not only for special events like the luau, but as a weekend destination, as well.

"PARC is a great destination for Soldiers and their families to enjoy a day trip, a weekend or longer stay," said Shelly Leslie, PARC administrator.

The recreation facility offers 39 beachfront cabins, a club facility and cove pavilion area for group outings. Cabins are air conditioned, and feature full kitchens equipped with cooking utensils and tableware, a private sun deck and barbecue grill. Units are carpeted and equipped with cable television and a DVD player.

Day trips to PARC offer some of the most pristine beaches in the islands, with



Guests seated on the lanai at the Sunset Café at Piliilau Army Recreation Center (PARC) are drawn into the music and dancing during the luau. The bimonthly event attracts military families islandwide.



Left — Niyoka Coronel dances her way into the crowd during the performance. The family friendly luau at PARC provides a relaxed setting, featuring local entertainment and an all-you-can-eat buffet.

dinner service seven days a week, and the popular bimonthly luau in a relaxed setting, perfect for families with small children.

And while it may seem impossible, there are even plans to improve paradise. Soon, PARC will receive interior cabin renovations and upgrades totaling more than \$1.7 million.

Improvements include air condition upgrades, flat screen televisions, new appliances, cabinets, beds and showers.

Exterior improvements are also planned. Clusters of cabins will be painted in different colors representing the various Hawaiian islands ready to greet visitors to the facility.

Leslie anticipates the completion of all cabins by May 1 of next year.

"The goal is to turn (PARC) into an educational destination, so

people appreciate all the islands," Leslie said.

Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, believes the Waianae facility merits greater attention from Soldiers and the Army community in general.

"I encourage our community to look again at Piliilau, whether it's for a retreat, a weekend getaway, or a day outing as a place to rest and recreate."

The beach is great and you will not see a more beautiful sunset on Oahu," Margotta added.

PARC is open to all active and retired military, members of the Reserve and National Guard, and active and retired Department of Defense civilian employees, including Coast Guard, family members and sponsored guests.

The PARC luau takes place the second and last Friday of each month.

The next luau is today, followed by Sept. 11 and 25. Dinner starts at 6 p.m.

Adults cost \$17.95; children (5-12 years old) \$10.95, 5 and under are free. Parties of four or more should call to reserve seating at 696-4778.



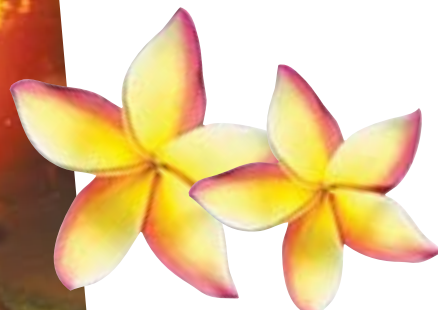
A traditional Hawaiian luau meal including Kalua pork, lomi salmon, poi and rice are served buffet-style during the Piliilau Army Recreation Center luau.



Dancers from the group "Keiki O Mokiau," an extended family of performers, take the audience on a tour of Polynesian culture through hula, Tahitian and Maori style dance during the luau at Piliilau Army Recreation Center at Pokai Bay, Aug. 14.



A fire dancer stokes the flames and the excitement of guests during the Piliilau Army Recreation Center luau, Aug. 14.





September

1 / Tuesday

Stroller Strong – Soldiers and family members are invited to participate in a healthy and informative group activity, "Stroller Strong." Participants can meet new friends, learn new parenting tips, and keep abreast of community events and services all while engaging in a healthy activity.

The group features "guest walkers" from the community, such as doctors, and program representatives from the Directorate of Family and Morale, Welfare and Recreation.

•Tripler Army Medical Center group meets each Tuesday, 8:30-9:30 a.m., at the track. The next dates scheduled are Sept. 1, 8, 15, 22 and 29.

•Helemano Military Reservation group meets each Wednesday at the community center, 9-10:30 a.m. The next dates scheduled are Sept. 2, 9, 16, 23 and 30. Call 655-4227.

2 / Wednesday

Key Caller Class – Family readiness groups are invited to learn more about creating a phone tree during a Key Caller Class, Sept. 2, 9-10:30 a.m., at Army Community Service, Classroom 2, Schofield Barracks. The class will define the key caller's role and responsibilities, discuss available resources, plus give tips for success. Call Robin Alexander at 655-4354.

3 / Thursday

Soldier Show – The U.S. Army Soldier Show is scheduled to entertain troops and family members in Hawaii, Sept. 3, 7 p.m., at the Aliamanu Military Reservation (AMR) Fitness Center and Sept. 4, 7 p.m., at the Martinez Fitness Center, Schofield Barracks.

Check out fellow Soldiers in the show titled "Lights! Camera! Action!" Both shows are free and open to the general public. Visitors to AMR or Schofield Barracks will need a valid driver's license, proof of insurance and current car registration to gain access.

For a list of gate hours and directions, visit www.garrison.hawaii.army.mil and click on "Traffic Updates" from the "Post Updates" menu on the left.

Guests are encouraged to show up at least 15 minutes prior to the show's start to find seating.

Call 438-1152 or 655-0112.

4 / Friday

Soldier Show VIP Seating – Blue Star Card (BSC) holders are invited to a



Nancy O'Neil | Defense Commissary Agency Corporate Communications

Hearty donation

WAIKIKI — Representatives from the Warrior Transition Battalion (WTB) at Schofield Barracks, the Defense Commissary Agency (DeCA), the Dr. Pepper Snapple Group and the American Logistics Association (ALA) hold a check representing a \$4,000 donation to the WTB during the 2009 ALA/DeCA conference and food show banquet, at the Hawaii Prince Hotel, Aug. 21. The funds donated by the Dr. Pepper Snapple Group will be used to purchase healthy snack foods for the WTB Soldiers from the commissary.

From left to right: Sgt. Erwin Saddle, WTB and Purple Heart recipient; Philip E. Sakowitz Jr., director and CEO, DeCA; Spc. Richard Pow, WTB and Purple Heart recipient; Command Sgt. Maj. Victor Garcia, senior enlisted advisor to the director, DeCA; Lt. Col. David Weisberg, commander, WTB; Kevin Tighe, director of group sales, Dr. Pepper Snapple Group; Bob Schneller, national accounts executive, Dr. Pepper Snapple Group; and Pat Nixon, president of the ALA.

special VIP gathering, Sept. 4, 6 p.m., at the Tropics, Schofield Barracks before the U.S. Army Soldier Show's performance of "Lights! Camera! Action!"

BSC holders can enjoy free Papa John's pizza and complimentary VIP seating at the show starting at 7 p.m.

For more information or to register, call 656-3327 or e-mail sarah.chadwick@us.army.mil. Deadline to register is Sept. 2.

Family Fun Fridays – Family Fun Friday is back at the Tropics, Schofield Barracks, Sept. 4, 6 p.m., with free Papa John's pizza, games and contests the whole family can enjoy. Check out Nintendo Wii, PS3 and Xbox 360 games, or play a game of pool, darts, air hockey, table tennis, beach volleyball and much more. Call 655-5698.

10 / Thursday

"Barnum" at Theatre – The newest Army Community Theatre production, "Barnum," opens Sept. 10, 7:30 p.m., at Richardson Theatre, Fort Shafter. Learn everything you ever wanted to know about the man behind "the greatest show on earth." Additional performances are scheduled Sept. 11, 12, 18, 19, 25 and 26.

Adult ticket prices begin at \$15, and children's tickets are available for \$12.

Visit www.armytheatre.com for more information or to purchase tickets. Call

438-4480.

BSC "Barnum" Opening Night – Blue Star Card (BSC) holders are invited to the free opening night performance of "Barnum," Sept. 10, 7:30 p.m., at Richardson Theatre, Fort Shafter. "Barnum" is the award-winning show that traces the career of America's greatest showman, P.T. Barnum and his partnership with James A. Bailey to form "the greatest show on earth."

BSC holders will enjoy free pupus, transportation, and reserved seating. Spaces are limited. Register by Sept. 4 with the Recreation Activities Office at 655-0112.

Online Practice Tests – Learn how to access test-prep resources for ASVAB, CLEP, SAT, ACT, GED, NCLEX-PN, NCLEX-RN and more, Sept. 10, 2-6 p.m., at Sgt. Yano Library, Schofield Barracks. Take advantage of selected DANIES practice tests, online books, college, military, high school and allied health career tools in this free hands-on database session. Call 655-8001.

14 / Monday

Musical Auditions – Army Community Theatre will hold open auditions for "High School Musical 2," Sept. 14, 15 and 16, 7:30 p.m., at Richardson Theatre, Fort Shafter. Call 438-4480.

16 / Wednesday

Operation Rising Star Entry Deadline – Are you a singer? Let your inner idol shine and enter the Operation Rising Star talent contest for a chance to win \$500 and a chance to win the opportunity to record your very own demo CD.

All entries must be received by Sept. 16 and can be submitted at the Tropics, Schofield Barracks. Call 655-5698.

17 / Thursday

Poker Tournament – The next Texas Hold 'Em tournament takes place, Sept. 17, 6:30-9:30 p.m., at the Tropics, Schofield Barracks. Card players can test their skills against the best-of-the-best poker players on post. All ID cardholders 18 and older are welcome. Call 655-5698.

21 / Monday

Operation Rising Star Competition – Watch and vote for your favorite performers in the Operation Rising Star competition, Sept. 21, 6 p.m., at the Tropics, Schofield Barracks.

Semifinals will take place Sept. 23 and the finals Sept. 24; both shows start at 6 p.m. Enjoy great food, drink specials and quality entertainment.

The group who makes the most noise for their favorite performers will win \$300 in unit/family readiness group funds. For more information call 655-5698.

Community Calendar

Send announcements to community@hawaiiarmyweekly.com.

28 / Today

IMCOM Survey – Installation Management Command (IMCOM) invites community members to take an anonymous web-based Customer Service Assessment (CSA). The survey asks community members to rate garrison services based on importance and performance.

The data will provide IMCOM with an overview of Army services specific to each garrison.

To take the 20-minute survey, visit www.myarmyvoice.org. The CSA is open through Sept. 18. Contact Ophelia Isreal at Customer Management Services/PAIO, 655-9026.

29 / Saturday

Soldier and Family Appreciation Day – The Oahu North religious community is hosting a day of appreciation for Soldiers and their families, Aug. 29, 10 a.m.-2 p.m., at the Main Post Chapel, Schofield Barracks. Free food, entertainment, fellowship and bouncy houses for the kids will be available.

Call Chaplain (Lt. Col.) Walls, 655-6650 or 910-257-8049.

Movies at Waikiki Beach – Enjoy a special "Sunset on the Beach" in Waikiki this weekend, featuring the movies "Night at the Museum 2: Battle at the Smithsonian," Aug. 29, and "Indiana Jones and the Kingdom of the Crystal Skull," Aug. 30.

Sunset food booths open at 4 p.m., live entertainment starts at 5:30 p.m., and the movies begin at 7:30 p.m.

Waimea Night Tours – Waimea Valley is offering a night walking tour, Aug. 29, 6:30-8:30 p.m. The "Whispering Walls of Waimea" tours are approximately two hours long and will focus on the historical and spiritual side of the valley.

The tours will be conducted by leading Hawaii historian and storyteller Lopaka Kapanui. Children must be at least 12 years old and accompanied by an adult.

Reservations are required. Costs are \$50 (adults) and \$35 (children between the ages of 12-16).

Additional tour dates are Sept. 29, Oct. 24 and Nov. 14. Call 638-7766.

Free "Hangar Talks" –

The Pacific Aviation Museum, Pearl Harbor, presents "Hangar Talk" the third Saturday of each month at the museum theater. The next session is, Aug. 29, 1-2 p.m., at the museum theater.

Robert Yonover noted inventor and author will present "Air and Sea Survival Technology: Born in Hawaii."

The session is free with paid admission. Museum general admission is \$14, adults; \$7, children. Kamaaina and military admission is \$10, adults; \$5, children.

For more information, call 441-1000 or visit www.PacificAviationMuseum.org.

30 / Sunday

Honolulu Mystery Tour – Discover Honolulu's Chinatown area while searching for world-famous detective Charlie Chan during a 2-mile interactive walking tour, Aug. 30, 1 p.m.

The three-hour tour takes participants past sites of former police stations, coffee shops, gambling houses, movie theaters and the residence of the Number One Son. The tour starts at Fort Street Mall and includes a 30-minute lunch break. Cost is \$30 or \$20 for military with a valid ID. Call 395-0674.

31 / Monday

Schofield Barracks Spouses' Club – The Schofield Barracks Hui O' Na Wahine

invites all enlisted, officer and civilian spouses to a super sign-up event, Aug. 31, 5-8 p.m., at the Nehelani, Schofield Barracks. Enjoy pupus, drinks and shopping while mingling and meeting other members.

The Hui O' Na Wahine club provides opportunities for social, cultural and creative pursuits, and supports service and community projects.

For more details, call Criztina Jean at 888-0907, or armyjeans@msn.com. Visit www.schofieldspousesclub.com.

an open one-hour session.

Questions will be answered by Col. Matthew Margotta, commander, USAG-HI (or his staff), and shared with the community through the installation TV2 channel, the *Hawaii Army Weekly* newspaper, and the garrison Web site.

Questions for the commander can also be submitted via e-mail, at any time, to askthecommander.usaghi@us.army.mil or online at the "Ask the Commander" mailbox link at www.garrison.hawaii.army.mil.

2 / Wednesday

Battleship USS Missouri Ceremony – In honor of all World War II veterans, the Battleship Missouri Memorial at Pearl Harbor will commemorate the 64th anniversary of the signing of Imperial Japan's formal surrender aboard the USS Missouri (BB-63) with a free, hour-long ceremony, Sept. 2, 8-9 a.m.

The ceremony will feature guest speakers, patriotic music and a traditional military rifle salute to veterans.

For more information, call 423-2263 and press "7" immediately following the greeting, or visit www.ussmissouri.org.

4 / Friday

Case Lot Sales – Commissary Case Lot sales are scheduled to take place islandwide in September.

Stock up and save at these locations: Pearl Harbor, Sept. 4-5; Barber's Point (Kalaheo), Sept. 4-5; Schofield Barracks, Sept. 18-19; and Hickam Air Force Base, Sept. 18-20.

Visit www.commissaries.com.

11 / Friday

Freedom Walk – Operation Homefront-Hawaii and more than 1,500 participants will pay tribute to war veterans, heroes and those we lost on 9/11 at the 2009 Freedom Walk, Sept. 11, 8-11 a.m.,

SEE COMMUNITY CALENDAR, B-3

Worship Services

Aliamanu Military Reservation (AMR) Chapel 836-4599
Catholic
Sunday, 8 a.m. – Mass

Gospel
Sunday, 12:30 p.m.
Protestant
Sunday, 10 a.m.

Fort DeRussy Chapel 836-4599
Catholic
Saturday, 5 p.m. – Mass in Chapel
Saturday, 6 p.m. – Mass on Beach (May–Aug.)

Protestant
Sunday, 9 a.m. – Worship
Buddhist
1st Sunday, 1 p.m.

Fort Shafter Chapel 836-4599
Protestant
Sunday, 9 a.m.

Helemano Military Reservation (HMR) Chapel 653-0703
Contemporary Protestant
Sunday, 10 a.m. – Worship Service & Children's Church

Main Post Chapel (MPC) 655-9307
Collective Protestant
Sunday, 9 a.m. – Worship
Catholic
Sunday, 10:30 a.m. – Mass
Gospel
Sunday, noon – Worship

MPC Annex, Building 791
Chalice Circle
Friday, 7 p.m.
Islamic Prayers and Study
Friday, 1 p.m.
Buddhist
4th Sunday, 1 p.m.

Soldiers Chapel
Closed for renovation

Tripler Army Medical Center Chapel 433-5727
Catholic
Sunday, 11 a.m. – Mass
Monday–Friday, noon – Mass
Saturday, 5 p.m. – Mass
Protestant
Sunday, 9 a.m. – Worship

Wheeler Army Airfield Chapel 656-4481
Catholic
Saturday, 5 p.m. – Mass
Oahu Liturgical Service
Sunday, 9 a.m. – Worship

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.



G-Force

(PG)
Friday, Aug. 28, 7 p.m.
Saturday, Aug. 29, 4 p.m.

Collector

(R)
Saturday, Aug. 29, 7 p.m.

Ice Age: Dawn of the Dinosaurs

(PG)
Sunday, Aug. 30, 2 p.m.

Harry Potter and the Half Blood Prince

(PG)
Wednesday, Sept. 2, 7 p.m.



Transformers: The Revenge of the Fallen

(PG-13)
Thursday, Sept. 3, 7 p.m.

No shows on Mondays or Tuesdays.

Apprenticeship program says 'you're hired!'

Story and Photo By
DON ROBBINS
Staff Writer

SCHOFIELD BARRACKS — Career-oriented students met at the Teen Center, here, to obtain information about an innovative apprenticeship program offering not only real-life work experience, but paid jobs to local teens, Aug. 10-14.

The Child, Youth and School Services (CYS2) program "Hired!" provides teens ages 15-18 with meaningful, professionally managed career-exploration opportunities within U.S. Army Garrison-Hawaii (USAG-HI) Family and Morale, Welfare and Recreation (FMWR) operations along with paid work experience and training.

Vicky Agbayani, workforce preparation specialist, met with students at Schofield Barracks, Fort Shafter, and Aliamanu and Helemano Military Reservations to introduce the "Hired!" candidates to the program and the jobs available.

Leilehua High School student Darius Lindsey, 16, attended a brief looking for an avenue for achieving his goals and possibly to find a job.

"It's a good program. If you're looking to become a more mature teenager, you should take a look at it," said Lindsey. "My goal is to learn about being on my own, to live responsibly, take care of myself and be an adult."

His mother, Spc. Sheena Smith, told Lindsey about the program in hopes that it would increase his confidence when looking for a job.

Lindsey, who likes basketball and football, said he would like to pursue a career in military intelligence.

"I'm a sports guy," he said, telling Agbayani that he would like to obtain an apprenticeship in sports or some field working in the outdoors.

High school students accepted into the apprenticeship are placed in 12-week positions within FMWR under the guidance of a dedicated on-site mentor.

Through the program, teen apprentices are also encouraged to participate in college-level workshops through CYS2.

Some of the fields the apprentices can explore are education, marketing, graphic design, library and information science, and sports management.

Positions are offered at the bowling center, in



Darius Lindsey (left) and Kache't Charles read through an informational packet about the "Hired!" program at the Teen Center, Schofield Barracks. The innovative apprenticeship program is offering real-life work experience to teens ages 15-18.

the FMWR marketing office, at the golf course, outdoor recreation and other facilities.

Victoria Maghanoy, 16, is another student who met with Agbayani about the "Hired!" program.

"I want to become a pastry chef and go to a four-year college," said the Leilehua High School 11th-grader. She hopes to be hired as an apprentice at the Nehelani Banquet and Conference Center at Schofield Barracks.

During the 12-week apprenticeship, Maghanoy wants to learn how to prepare food for parties. Her ultimate goal is to open her own business as a pastry chef.

Maghanoy attended a filming of the Food Network show "Ace of Cakes" at Schofield Barracks, earlier this year, where the cast created a Black Hawk helicopter cake for Soldiers and their families.

"They signed my rolling pin," Maghanoy said.

"Hired!" and another FMWR-partnered program called "Edge" (Experience, Develop, Grow

The deadline for Term 1 apprenticeship applications for the "Hired!" program is Aug. 31. For more information, call Vicky Agbayani at 655-0445 or e-mail vicky.agbayani@us.army.mil.

and Excel) are under the umbrella of a larger program called "Venturepoint," Agbayani explained.

The programs assist the garrison by bridging the gap between homeschool, private and public school students, she said.

They also allow all on-base tools to be used, maximizing resources, added Agbayani.

Venturepoint is designed to increase child and youth participation, enhance program experiences for Army families and to support the commitments outlined in the Army Family Covenant — a pledge recognizing the increasing sacrifices that Army families are making and a commitment to provide Soldiers and families a quality of life that is commensurate with their service.



CONTINUED FROM B-2

starting at the Department of the Navy's ball field at the corner of Valkenburg and Main Street.

Commemorative T-shirts will be provided to all participants (supplies are limited). Register online at www.operationhomefront.net/hawaii; click the Freedom Walk link. E-mail hawaii@operationhomefront.net.

18 / Friday

Volunteers Needed — The Hawaii Museum of Military Vehicles and the Naval Air Museum at Barber's Point (Kalaeloa) are looking for volunteers to man Vietnam and Desert Storm era displays, Sept. 18-20, during the Hickam Air Force Base airshow featuring the Thunderbird aerobatic team.

Volunteers need to fit into a medium military uniform and be from the following professions; infantry, former armor crew, former UH-1H Huey crewman or pilots. Soldiers or veterans interested in 25th Infantry Division history or from Vietnam and Desert Shield eras may also inquire. Contact Brad Hayes, 682-3982 or brad@nambp.org.

Ongoing

Club Beyond — Middle school and high school youth in grades 6-12 are invited to participate in the Club Beyond youth ministry group. The group meets Wednesdays, 6-7:30 p.m., at the Main Post Chapel, Schofield Barracks, and Tuesdays, 6-7:30 p.m., at the Aliamanu Military Reservation community center. Free dinners are available 30 minutes prior to the meeting. Contact youth minister Kevin Schmidt at 372-1567, or e-mail kschmidt@clubbeyond.org.

"Talk, Listen, Connect" — Tune in to the U.S. Army Garrison-Hawaii Army Cable Network, TV2, to see episodes of the Sesame Street "Talk, Listen, Connect" series. The combined shows run are featured daily at 8 a.m., 10 a.m., 3 p.m. and 5 p.m.

Stayed tuned to TV2 this fall for the PBS Sesame Workshop special "Coming Home: Military Families Cope with Change."

Food show infuses commissaries with local products, flavors

Story and Photo By
DON ROBBINS
Staff Writer

WAIKIKI – The aroma of savory pork and chicken katsu cooking joined the smells wafting through the Hawaii Prince Hotel, here, during the 12th Annual American Logistics Association (ALA) Hawaii Food Show, Aug. 20.

Eighty-one local companies met one-on-one with key Defense Commissary Agency (DeCA) and military exchange buyers, to market Hawaii-made products representing a significant economic opportunity for those present.

"We (produce) the May's and Hawaii Gourmet brands," said Kevin Oguma, sales account executive, Palama Meats, while cooking up the sizzling chicken and pork katsu in skillets. The company also sells items such as teri-burgers and other local delicacies.

May's brand Hawaiian-style pork and chicken katsu were just one of 158 new items DeCA selected from the show to begin stocking on commissary shelves.

To help make their selections, DeCA buyers, like Vicki Sliwicki, smelled, tasted and touched products grown, produced or distributed in Hawaii during the show, which stretched from morning to early afternoon. She said she was "looking for something unique and in demand."

The company So Ono Fresh! caught the attention of buyers with a rainbow display of cut fruits and vegetables. Among its offerings were bite-size pieces of carrots, grapes and strawberries.

Hawaii commissaries routinely stock more than 100 varieties of locally grown fruits and vegetables and a total of more than 2,000 local grocery items.

Since the first ALA Hawaii Food Show, DeCA has added more than 1,400 Hawaii items from local manufacturers and vendors to the commissary system. Some of those products are now sold in commissaries worldwide.



Sherry Lindsey, operations/sales representative (left) and Kevin Oguma, account executive, Palama Meats, cook up samples of May's pork katsu during the American Logistics Association Hawaii Food show at the Hawaii Prince Hotel, Aug. 20. Local companies met one-on-one with key Defense Commissary Agency (DeCA) and military exchange buyers for a chance to place their products on commissary shelves.

For the nine new companies selected by DeCA this year, it means more business. For the military families shopping in commissaries, it means more selection.

Companies found out within a few days which products were selected for inclusion in the commissary system and how to improve if they were not chosen.

Some of the products selected this year included the following: sweet bread and taro sweet bread from Gold Coin Food Industries; more varieties of crack seed and candy; gift packs for the holidays of coffees, candy and lip balms from Oils of Aloha; Pink Salt from J.L. Inc. DBA Herb Land; Cur-

ry Sauces from India Café; Natural Fruit Sorbets from Island Way; reusable insulated bags from Tropical Paper Garden; and Italian Ice from La Gelateria.

For some companies, the show represented an expansion of existing product lines and for others it was their first experience selling in the commissary system.

Some 27 companies participated in the food show for the first time, including Chef Elmer's Seafood Sauces, Coffees of Hawaii, India Café, Uncle Louie Sausage Company, and Hawaii Gourmet Cookies.

"We're a small company. Having our sauces in

the commissary makes us bigger and gives to the military community," Chef Elmer Guzman said as he served up creamy ahi poke and seafood beignet flavored with his sauces.

Land of Organica owners Janet and Ryan Costello dished out their organic sorbet in flavors such as nutty mango, which is currently sold in pints at commissaries.

"We're supporting local farmers," Janet said. "Families appreciate being able to see our product."

Troy Hatakenaka and Deanne Ho from Jade Foods, said they've exhibited at the show for the past three years. The company's Hawaii-manufactured, Chinese-style preserved fruit products made it into the commissary system on the second try.

Ho said that having its products in the commissaries has helped the business thrive during current economic times.

"We did not have to layoff (employees) during the downturn. In fact, we hired part-timers," Ho said.

Sharon Zambo-Fan, ALA chairwoman, said the event is part of a great business relationship between the community and military patrons.

"Every company is here under one roof," Zambo-Fan said.

"There are a lot of new items out there for customers," said Susan Sturgeon-Campbell, store director, Schofield Barracks commissary.

As a government agency, DeCA tries to produce a better mix of products including ones addressing health and the environment, said Phil Sakowitz Jr., chief executive officer and director, DeCA.

"Local manufacturers here in Hawaii have done very well," said Sakowitz.

In addition, Deputy Under Secretary of Defense Tommy T. Thomas said the products in commissaries represent many cultural backgrounds and give the military a taste of home.

The ALA is a voluntary, nonprofit organization of manufacturers, their representatives, brokers, distributors, publishers and other companies that sell or provide products and services to the military.

community Sports

Send sports announcements to
community@hawaiiarmyweekly.com.

29 / Saturday

Women's Equality Day 5K – The 500th Military Intelligence Brigade and U.S. Army-Pacific invite the community to the 2009 Women's Equality Day 5K and 1-Mile Keiki Fun Run/Walk,

Aug. 29, starting at 9 a.m., at Stoneman Field, Schofield Barracks.

Post-race events include information booths, food and music until 1 p.m. Free T-shirts will be provided to preregistered participants (while supplies last). Download registration forms at www.garrison.hawaii.army.mil (Click on "Post Information" under "Post Updates" on the left.) Contact Sgt. 1st Class Jerrard Hughes at 655-4381.

30 / Sunday

Hike Oahu – Join the Hawaiian Trail & Mountain Club (HTMC) for a 6-mile intermediate hike in the Waimalu

Valley, Aug. 30. The route takes hikers through an abandoned plantation ditch into a lush valley, and hikers will cross the stream seven times to reach an idyllic lunch spot and swimming hole. Contact Darrell Teruya, 227-4572.

Upcoming hikes include these:

•Sept. 12, 2-mile novice hike in the Kahaluu Valley.

•Sept. 20, 12-mile advanced ridge hike along the Aiea loop trail.

A \$2 donation is requested of non-members. An adult must accompany children under 18.

For more information and a calendar of future hikes, visit www.htmclub.org.

September

1 / Tuesday

Suicide Awareness "Run for Life"

– U.S. Army Garrison-Hawaii's Army Substance Abuse Program (ASAP) and Better Opportunities for Single Soldiers program invites the community to participate in the Suicide Awareness Month kickoff event "Run for Life," Sept. 1, 6:30-7:45 a.m., at Sills Field, Schofield Barracks. All active duty Soldiers, family members and Department of Defense personnel are invited to join to-

gether in the 2.1-mile run starting at 7 a.m. Call 655-1130.

20 / Sunday

Nike 5K for Kids – Join the 10th anniversary of the Nike 5K for Kids, Sept. 20, 7 a.m. at Fort DeRussy Park, Waikiki. All entrants may choose between a 5K (3.1 miles) or 1-mile distance. The \$15 entry fee will be donated to the Oahu school Physical Education program of your choice. Registration closes Sept. 8.

To register in person, visit Sports Authority locations in Kapolei Commons, at Waialeale Shopping Center or at Ward Avenue, or register at www.active.com.

TAMC offers beneficiaries various ways to access medical care

Story and Photo By
JANET CLARK

Tripler Army Medical Center Public Affairs

The ability to provide adequate and timely access to medical care is important to both the patient and provider at Tripler Army Medical Center (TAMC) and Schofield Barracks Health Clinic (SBHC).

With that in mind, TAMC wants to remind beneficiaries of the clinic hours, the means to schedule appointments, the appointment line hours of operation, and access to care standards.

Scheduling appointments

To schedule or cancel an appointment with a provider/primary care manager (PCM) at either TAMC or SBHC, patients should call the appointment line at 433-2778, and select option 1. Operating hours are Monday-Friday, 6:30 a.m.-4:30 p.m. If a follow-up appointment is required, the clinic should provide that appointment before the patient departs.

Tricare online is also available for the scheduling of primary care appointments, 24 hours a day, seven days a week. Visit www.tricareonline.mil to register.

Access to care standards

•Emergency care – Go to the nearest emergency room or call 911 if you have a serious medical condition or need immediate attention to relieve suffering.

•Acute/urgent care – For conditions like high fever, sprain, etc., that might develop into an emergency if care is delayed more than 24 hours. The military treatment facility (MTF) must provide an appointment within 24 hours at the MTF. Civilian provider referrals may be provided if a timely appointment is not available.

•Routine care – For chronic or acute illnesses such as colds, allergies, etc.; the MTF must provide



Charmaine Vergara, central appointments clerk, receives patient calls and schedules appointments at Tripler Army Medical Center.

an appointment within seven days.

•Specialty care – For services your PCM cannot provide, such as cardiology, orthopedics, podiatry, etc., within 28 days. Where not possible, a referral to a Tricare civilian network provider will be completed.

•Wellness care – Mammogram, pap smears, physicals, health maintenance, etc., within 28 days.

•Follow-up visits – Access standards do not apply. The provider will determine the standard based on individual patient condition.

•Specialty follow-up visits – Where possible, the appointment will be booked before the patient

departs the specialty clinic.

•Referrals and authorizations – A medical appointment beyond PCM capability will result in a referral to another MTF or Tricare network provider. Tricare Prime access standards apply. Authorization is required for all civilian provider referrals and are issued by the contractor.

•Referral for specialty care – If referred to a Tricare civilian network provider, the provider will submit a referral. The regional contractor will issue and mail an authorization letter. Once the authorization letter is received, contact the Tricare network provider listed on the letter to schedule the appointment.

players will be drafted, Sept. 8, 6 p.m., at the Tropics.

Active duty or Blue Star Card league members can enjoy food discounts at the Tropics on game days. Call 655-5698.

5/Saturday

National Bowling Week – Bowlers, families and friends can enjoy different bowling specials and participate in a record-breaking event during National Bowling Week, Aug. 29-Sept. 5, at the Schofield Barracks Bowling Center.

Customers are invited to participate in the pin action, Sept. 5,

as the Bowling Center attempts to break the record for the most consecutive games bowled in a 24-hour period.

Visit www.mwrarmyhawaii.com, or call 655-0573 for more information.

Adventure Hiking – Enjoy a day hike to various locations around the island, Sept. 5, starting at 7 a.m. This hike is a level one, beginner-level program suitable for the whole family, through one of several picturesque locations around the island of Oahu.

Cost is \$10 and round-trip

transportation from Schofield Barracks is included. Bring plenty of water. Call 655-0143.

7/Monday

Adventure Kayaking – Come along on a half-day of adventurous kayaking from various beaches around the island of Oahu, Sept. 7, 6-11 a.m. This is a level two activity and requires moderate skills. Cost is \$25 and includes equipment and round-trip transportation from Schofield Barracks. Call 655-0143.

9/Wednesday

Co-Ed Volleyball Tournament – Submit your entries now for the 2009 co-ed volleyball tournament, Sept. 14-19, at the Aliamanu Military Reservation Physical Fitness Center. The deadline to enter is Sept. 9. Call 836-0338.

12/Saturday

Night Snorkeling – Discover what happens in Hanauma Bay at night with the first night

snorkeling expedition, Sept. 12, 2-11 p.m. Cost is \$20 and includes round-trip transportation from Schofield Barracks. Call 655-0143.

13/Sunday

Hawaiian Canoe Paddling – Learn an ancient sport that Hawaiians still go crazy for – Hawaiian canoe paddling, Sept. 13, 7 a.m.-noon. Cost is \$45 and includes round-trip transportation from Schofield Barracks. Call 655-0143.



September

1/Tuesday

Fantasy Football Registration – Register now for the Fantasy Football League at the Tropics, Schofield Barracks. The deadline to enter is Sept. 1, and