



Building the future

8th Engineer Support Company hones construction, Soldier skills at PTA.

A-4

Summer at the library

The Fort Shafter, Sgt. Yano, and Aliamanu Military Reservation libraries are offering free entertainment now through July 17. Performances include Aliai the Magician; Do Re Mi, an interactive musical program; and Bungie the Clown.

> See Community Calendar, B-2.



SPC. JENNIFER PREMER 45th Sustainment Brigade Public Affairs

SCHOFIELD BARRACKS - Approximately 100 Soldiers from the 524th Combat Sustainment Support Battalion (CSSB), 45th Sustainment Brigade, said goodbye to family and friends during a deployment ceremony, Tuesday, at Hamilton Field, here.

The ceremony marks the beginning of a 12-month mission in Afghanistan where the battalion will join the 45th Sustainment Brigade headquarters, which deployed from Schofield Barracks in January.

"We're confident in our staff, our subordinate units and

our family support," said Lt. Col. Leona Knight, commander, 524th CSSB. "We're as prepared as we can be."

Others echoed Knight's confident remarks. "There's always caution involved when we send Soldiers off to war, but today that caution is over masked with confidence,"

said Col. Timothy Ryan, commander, 8th Sustainment Brigade (Provisional). "This unit is trained and ready." Soldiers from the 524h CSSB agreed that

they are ready for this deployment. Spc.

Adam Lyon, an information systems, op-erator who volunteered to go with the unit, said he had faith in his co-workers and was ready to go on his third de-

with conducting logistical support missions within the Regional Command East area of Afghanistan, including transportation and ammunition supply missions. They are scheduled to depart in July

ployment. The 524th CSSB Soldiers will be tasked

Hands-free driving required in Hawaii

Beginning July 1, new law that matches Army policy goes into effect

DON ROBBINS Staff Writer

Now it's going to be important to keep your hands on the steering wheel, both on-post and off.

The current U.S. Army Garrison-Hawaii (USAG-HI) Policy 43 already forbids the use of cell phones while driving on post, unless a hands-free device is used. So, Soldiers and family members should be able to easily adapt to a new off-post law.

Starting July 1, motorists on the island of Oahu may be cited for operating a motor vehicle while using a mobile electronic device, unless they have a hands-free system

"We pretty much mirror what they have," said Fred Makinney, operations officer, Directorate of Emergency Services (DES), USAG-HI.

According to Honolulu Police Department (HPD) spokeswoman Michelle Yu, "the law's purpose is to make Honolulu roadways safer for motorists, pedestrians and bicyclists.

"We hope for the public's coopration," Yu said.



Saber salute

TRIPLER ARMY MEDICAL CENTER — Tripler Army Medical Center's newest noncommission officers receive a saber salute during their induction ceremony, June 12, at the hospital's flagpole. Eighteen Tripler Soldiers reached the first rung of the enlisted leadership ladder that morning.

Military families get help with homes

U.S. ARMY INSTALLATION MANAGEMENT COMMAND News Release

WASHINGTON - The Department of Defense (DoD) is responding to the impact of sharp declines in home values by temporarily expanding its Homeowner Assistance Program (HAP) to help military families and DoD civilians forced to sell their homes at a loss due to reassignment to new places of duty.

In May, Vice President Joe Biden announced DoD's plan to add \$555 million in funding from the American Recovery and Reinvestment Act Recovery Act to expand the HAP to help offset the effects of the country's struggling housing market.

The temporary expansion is designed to rtially reimburse military personnel and



Get more information on the expanded housing program at several sites: •www.myarmyonecource.com •www.defenselink.mil/recovery www.whitehouse.gov/the_press_office/ Vice-President-Biden-Announces-Expansion-of-Pentagon-Homeowners-Assistance-Program-Under-Recovery-Act http://myarmybenefits.us.army

DoD civilians for home sale losses without the need to prove that a base closure caused a local market decline (as under previous law).

Top priority for assistance goes to wound

For more information, contact Army Community Service, Financial Readiness Program at 655-4227.

ed service members relocating for treatment or medical retirement, and for the survivors of those who died while on deployment.

Assistance also will be made available for normal military permanent change of station (PCS) moves, on a temporary basis.

DoD has provided similar financial assistance to military and civilian employees for more than 40 years, but until now, the program's primary support has focused on those who owned homes and lost money near closed or soon-to-be-closed down military installations under the Base Realignment and Closure process.

Operation Purple

More than 200 children of deployed armed services members enjoy a special camp just for them.

B-3

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Army offers 10-day paternity leave for Soldiers

ROB MCILVAINE

Family and Morale, Welfare and Recreation Command Public Affairs

ALEXANDRIA, Va. - The Army's new paternity leave policy gives fathers additional time to be with their families when a child is born. The policy, signed into law under President George W. Bush, Oct. 14, 2008, grants married Soldiers up to 10 consecutive days of non-chargeable administrative leave after the birth of a child. Maj. Rodney Price, currently with the U.S. Army Inspector General Agency, has spent 23 years in the Army. He remembers what having a baby was like before this new law. "When our now 9-year-old daughter, Fiona, was born, I was a battalion S-3," said



Price Family | Courtesy photo

With the birth of his third child, Maj. Rodney Price is finally able to spend quality time with his wife and their baby, Valerie, during her first weeks of life.

Price. "I was only able to take a day-and-a-half off work to be with my wife, who experienced a horrible delivery and was in pain for nearly a year following the birth.

"I'm not sure a 10-day paternity leave would have provided everything we needed, but it would have been better than what we got," he said.

Recognizing the importance of families being together during significant events such as the birth of a child, the Army has developed a flexible paternity leave policy that allows male Soldiers to support their spouses during the joyous, but possibly stressful time of adjustment following the arrival of a new family member.

This new policy also provides Soldiers returning from deployments uninterrupted time with their child to begin building bonds that will last a lifetime.

SEE PATERNITY, A-8

There will not be a special enforcement campaign for the new law, and HPD will issue violations as they view them, Yu said. There will be no grace period.

The new City and County of Honolulu law also prohibits texting and phone calls while stopped in traffic. There is a \$67 fine for the first offense.

A mobile electronic device includes pagers, personal digital assistants, and laptop computers, video games and digital photographic devices.

In addition, the law applies to out-of-state drivers. Passengers are not affected by the law, only the driver.

The new law exempts the use of cellular phones for emergency 911 calls.

According to the existing USAG-HI-43 Policy, first time on-post offenders will be subject to a 14-day suspension of driving privileges on post. Second time offenders will lose driving privileges for 30 days. A third offense will result in a 180day suspension.

Jan Clark | Tripler Army Medical Center Public Affairs

CAB exceeds 1,000 bone marrow donors hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

We want to

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail edi-

tor@hawaiiarmyweekly.com. The editorial deadline for articles and announcements is the Friday prior to Friday publica-tions. Prior coordination is Articles must be text or Word

files with complete information, no abbreviations; accompany-ing photographs must be digital high resolution, jpeg files with full captions and bylines. The Hawaii Army Weekly is

an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

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Nondelivery or distribution problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3156.



SGT. 1ST CLASS TYRONE C. MARSHALL JR. 25th Combat Aviation Brigade Public Affairs

WHEELER ARMY AIRFIELD - Bone marrow is a critical source of hope to people affected by many potentially fatal blood diseases identified today.

The Soldiers and families of the 25th Combat Aviation Brigade (CAB) demonstrated their support and willingness to provide that hope as more than 1,000 Soldiers, spouses and civilians registered during a bone marrow drive, here and on Schofield Barracks, this month.

"The goal was to get as many people as possible to register in the (Department of Defense, or DoD) Bone Marrow Donor Program, to assist in the national search for bone marrow donors," said Staff Sgt. Christopher Cashell, Headquarters Support Company (HSC), 209th Aviation Support Battalion (ASB), who led the organization of the CAB's drive.

"With each new registry, it gets those waiting one step closer to finding a match for that lifesaving bone marrow transplant," he explained.

The DoD established the C.W. Bill Young DoD Marrow Donor Center in Washington,

BE 🌄 THE MATCH

For more information, call the C.W. Bill Young Department of Defense Marrow Donor Program at 1-800-MARROW-3 (627-7693), or visit www.dodmarrow.org.

D.C., to support DoD volunteer marrow donors. The program's primary purpose is to tissue type as many donors as possible for inclusion in the National Registry of Marrow Donors.

The DoD formally established its marrow donor program in 1991 as a part of the national effort for matching unrelated marrow donors.

"Sgt. Cashell had been interested in sponsoring a unit blood drive for quite some time," said Capt. Mark Dudley, commander, HSC, 209th ASB. "While he was researching that opportunity, he discovered that the Army has a bone marrow donation program.

Cashell discussed the background behind the push to get as many people registered as possible.

'There is only about a 20-percent chance to match someone you are related to, so this shows the need for a national registry," he said. "With growing diversity, the chances of finding a match from an unrelated donor can be anywhere from one in 20,000 up to one in 200,000 So, as we get more people entered into either the DoD or national registry, we can increase the odds of finding a match."

With a small team of Soldiers from HSC. 209th ASB, the group was able to reach out to a wide variety of people in the Wheeler area.

"This event and its success was the direct result of the initiative and effort of Staff Sgt. Cashell and our other volunteers," said Dudley. "We had eight volunteers man the donation stations, and they managed to register about 1,200 donors.

Cashell also explained the drive was not specific to Wheeler or Schofield Barracks and credited his fellow volunteers' commitment to reaching their initial goal of 1,000 donors.

NEWS & COMMENTARY

"With growing diversity, the chances of finding a match from an unrelated donor can be anywhere from one in 20,000 up to one in 200,000."

- Staff Sgt. Christopher Cashell Headquarters Support Company, 209th Aviation Support Battalion

"The drive was DoD-wide, with individuals setting up and running their own areas, but our part was accomplished by those who volunteered from HSC, 209th ASB," Cashell said.

(Editor's Note: Sgt. Mike Alberts, 25th Combat Aviation Brigade Public Affairs, contributed to this article.)

Safe summer is everyone's responsibility

JAMES YONTS U.S. Army Combat Readiness/Safety Center

FORT SILLS, Okla. - The U.S. Army Combat Readiness (USARC)/Safety Center launched the 2009 Safe Summer campaign, last month, to raise awareness of the increased hazards associated with summertime, off-duty activities, and to provide Soldiers, Army civilians and their family members the information they need to manage risk and reduce the chance of being injured or killed in an accident.

The campaign runs May-September and emphasizes prevention and vigilance during the summer season and strives to ensure Soldiers, family members and civilians are aware of the hazards and risks involved when participating in the summer fun.

The campaign offers information on everything from grilling and food preparation, to water-related activities and ATV/dirt bike safety. Products supporting the Safe Summer campaign include posters, videos and articles on topics affecting our Soldiers' safety.

During the past three years, the US-ACR/Safety Center has initiated a sum-



mer safety campaign in an effort to heighten Soldiers' awareness of the risk associated with their off-duty, summer activities.

The summer campaign also provides leaders and safety professionals with the tools and resources they need to educate their force and ultimately drive down losses in their formations.

On The VEB Videos, posters, feature articles and news releases on relevant summer safety-related topics and areas of focus, as

well as links to additional resources, can be found at https://safety.army.mil/. Summer is the time of year that the

Army typically experiences an increase in off-duty accidental fatalities. Summertime presents numerous challenges for keeping Soldiers and civilians in our charge safe.

All want to enjoy the outdoors and maximize their pleasure with friends and family. We must remain watchful of the increased hazards associated with off-duty outdoor activities and remain engaged throughout this high-risk summer season. Everyone needs to do his or her part to protect our "Band of Brothers and Sisters.

FUTSTEPS in FAITH Rest, reflection, celebration key to happy lives

Sabbath-keeping is not some old fashioned idea

CHAPLAIN (CAPT.) DOUGLAS WEAVER U.S. Army-Pacific Special Troops Battalion

While attending the U.S. Army-Pacific's 234th birthday ball, I was awestruck with a sense of camaraderie and community and purpose.

I have always believed that it was an obligation to attend these events and to "celebrate." However, I had completely underestimated the long-term meaning and benefit of these types of events.

Taking time to stop, count your bless-ings and then "celebrate" may, in fact, be good for the Army because it is good for our souls.

Built into the basic fabric of humanity is a need to rest and refocus our attention on what is most important in life.

We all benefit from understanding our place in the collective community and celebrating together. Additionally, we all have a need to focus on things that are bigger than ourselves, namely, God and country. One person I visited with at the Army ball stated, "When you see people from the entire organization here, it reminds us that we are a part of something very special ... something bigger than ourselves." **Rest and reflection**

just friendly suggestions. These behaviors were at the heart of God's Sabbath command.

The command to rest and be thankful becomes even more essential as we seem to be continually bombarded by a world at unrest and a pace that seems to drain the joy out of

It seems almost unnatural to want to stop and actually celebrate. However, it seems to rejuvenate us and make us more effec-

tive in our individual callings. In its day, the fourth

commandment was radical stuff. The Old Testament scholar, Walter Brueggemann.

stated, "Sabbath is an act of refusal and resistance, a vigorous assertion of a different identity grounded in God's freedom.

Sab keeping is intens



lumberjacks who are laboring to cut down a mighty tree. Their efforts seem to be paying off less over time as the blade begins to dull. The longer they work, the less effective their labor becomes. Still, the lumberjacks continue to press on toward their goal. Covey states that by stop-

Covey tells a parable of two

ping and sharpening the saw, the job would be finished sooner and with less effort. The problem is

that there is something about the rhythm of their work that seems to affect their best judgment. However, stopping

for essential mainte-

Celebrate your place The Army is full of achievers who of-

en find it difficult to slow



invited to attend changes of command ceremonies taking place this summer.

The change of command ceremony is a time-honored tradition that formally symbolizes the continuity of authority when a command is passed from one commander to another.

Local ceremonies are generally preceded by an awards ceremony, 15 minutes prior to the change of command.

The following ceremonies will take place at Sills Field, Schofield Barracks, unless otherwise noted.

•Today, 10 a.m., 205th Military Intelligence Bn.; Lt. Col. Leland A. Liebe passes command to Lt. Col. Timothy J. Parker at Palm Circle, Fort Shafter. Parking is limited. The point of contact is 1st Lt. Hope Woods at 438-4341.

•Today, 2 p.m., 2nd SBCT; Col. Todd McCaffrey passes command to Col. Malcolm Frost.

•July 6, 4 p.m., Warrior Transition Battalion; Lt. Col. Harry Xenitelis passes command to Lt. Col. David Weisberg at Hamilton Field, Schofield Barracks. The point of contact is Lt. Col. Thomas B. Tredway at 655-6802.

•July 9, 10 a.m., 599th Transportation Group; Col. Susan A. Davidson passes command to Col. Courtney Taylor during a change of command ceremony onboard the Battleship Missouri Memorial.

•July 17, 2 p.m., 8th Special Troops Battalion (STB); Lt. Col. Edward J. Burke passes command to Lt. Col. Sandra S. Muchow, at Palm Circle, Fort Shafter. Parking is limited. The point of contact is Lt. Joseph A. Macchiarella, 8th STB adjutant at 438-5515.

20 10 nm 8th Theater Sustainment Command (TSC); Maj. Gen. Raymond Mason passes command to Brig. Gen. Michael Terry, at Palm Circle, Fort Shafter. (Editor's Note: Information listed is subject to change due to inclement weather. Times listed are the start times for the changes of command ceremonies.)

"We all benefit from un-

derstanding our place in the collective community and celebrating together.'

> nance is by far the most efficient and effective course of action.

fatal accident

Number represents fatal accidents as defined by Army Reg-ulation 385-10, which is inclu-sive of all active component U.S. Army units and personnel. Cur-rent as of 06/24/2009.

Rest, reflection and celebration are not

and the simple truth is, rest, reflection and celebration are God's antidote to stress and burnout.

Sharpening the saw

Personal-productivity expert Stephen Covey, in his best seller The Seven Habits of Highly Effective People, teaches a sort of secular Sabbath discipline he calls "sharpening the saw.

ternal clock of ours that constantly screams out, "Faster! Faster!'

Try stepping away, for just one day, from all your doing. Rest, reflect and celebrate your place in our collective community.

Know that life is short, and love is eternal. Rest. Celebrate your blessings, and sharpen your saw.

How do you keep a positive attitude in these difficult times?

Chaplain (Capt.) Tony Cech 209th ASB Chaplain

'I remember what my Lord has done for me and the extent of his sacrifices.

"I am just happy to see the sunshine of a new day, and if it is raining, there is usually a rainbow somewhere. Margaret Grant Family Member

"By surrounding myself with family and maintaining strong religious ties.'

Staff Sgt. Bruce Hillier 1-27th Inf. Regt nfantry Squad Leader



Krista Kirk

Library Technician

"My kids help me stay positive because they are my life."

Patricia McDaniel Family Member

DEPLOYED FORCES

HAWAII ARMY WEEKLY JUNE 26, 2009 | A-3

Base transfer ceremony recognizes bright future Deployed Forces

Story and Photo by **SPC. JAZZ BURNEY** 3rd Infantry Brigade Combat Team Public Affairs

CONTINGENCY OPERATING BASE SPEICHER, TIKRIT, Iraq – U.S. Soldiers lowered the American flag and Iraqi soldiers raised the Iraqi flag to signify the change of Forward Operating Base (FOB) Paliwoda into the Iragi-led Balad Joint Coordination Center (JCC) during a ceremony near Balad, June 15.

The Balad JCC combines Iraqi army and police coordination elements, along with civilian emergency response functions together in one center. A small number of U.S. Soldiers, focused on intelligence and aviation coordination, will provide support to the center.

"This ceremony represents the formal transition for the role of our partnered security forces," said Lt. Col. David Hodne, commander, 3rd Squadron, 4th Cavalry Regiment, 3rd Infantry Brigade Combat Team, 25th Infantry Division.

Hodne's Soldiers ran the base until the transfer ceremony. He spoke to a crowd of more than 100 local dignitaries, Iragi soldiers and policemen, local media, and U.S. Soldiers who came to witness the transfer ceremony.

"The new role of U.S. forces in Balad district will be one of reconstruction," he said, describing the role of his Soldiers under the Security Agreement as one of enabling, advising, assisting



(From left center to right) Lt. Col. David Hodne, squadron commander, 3rd Squadron, 4th Cavalry Regiment, 3rd Infantry Brigade Combat Team, 25th Infantry Division; Balad Mayor Amar Abd Al-Hudi; and Staff Brigadier General Eissa, the Salah ad Din Provincial Joint Coordination Center director, sign a memorandum signifying the transition of Forward Operating Base Paliwoda into the Balad Joint Coordination Center, June 15.

and building, while the Iraqi security forces (ISF) protected the population.

Working together out of the JCC will allow the ISF to take advantage of U.S. technology, including intelligence and aviation support, while U.S. Soldiers focus on reconstruction projects in the district.

"We will continue to partner with the Iraqi security forces to remove the catalyst of hate that serves as the only true obstacle to a prosperous Iraq. Even in the initial week of operations from this JCC, we've enjoyed success previously not achieved while we occupied separate facilities," he said.

Iraqi security forces have been able to rapidly respond to intelligence and tips that come into the joint center. One indirect fire attack was stopped and one fleeing criminal was apprehended in the past week - the first week of operations in the coordination center - thanks to all the security forces working out of the same center, said Hodne.

The squadron has been preparing to transfer the FOB to the Government of Iraq since the implementation of the security agreement, according to Capt. Benjamin Seibert, the squadron's assistant operations officer.

"We have been preparing for this since early January. We spoke to many of the local government officials, the mayor of Balad, the JCC director, Iraqi army commanders and city council members who all had a say in the future of the base," Seibert said. "Lt. Col. Hodne decided to change our tactical operation center into this stadium seat-style coordination center to create greater partnership with our forces and the Iraqi security forces."

U.S. forces had used the base, initially known as FOB Eagle, since 2003. FOB Eagle was renamed FOB Paliwoda in 2004, in memory of Capt. Eric Paliwoda who was killed there during a mortar attack in January, 2004.

"I cannot help but pause, every time I hear the name Paliwoda mentioned in reference to this proud base," said Hodne. "Today, we remove his name from this base. Years from now, in what will be the Iraqi District that represents prosperity and progress, few will remember his name ... not out of disrespect, but simply out of the natural shift in priorities associated with the end of conflict and Iraqi sovereignty.

After Hodne and the local officials signed a memorandum for the base transfer, the crowd moved out to the flagpoles and the Paliwoda memorial plaque. When the Iraqi flag was fully raised, Hodne removed the weatherbeaten plaque. He will send it, along with the last U.S. flag flown over the base and a letter from the Balad JCC director, to the Paliwoda family in recognition of Eric Paliwoda's sacrifice for the people of Iraq.

463rd MP company 'Demons' support Iraqi police in spreading good will

Story and Photo by SGT. JON SOLES Multinational Division Baghdad Public Affairs

BAGHDAD - An Iraqi police (IP) officer clutched his weapon in one hand and a black garbage bag in the other hand, With eyes fixed ahead, he scanned every corner and opened window in the Ameriyah neighborhood during a joint patrol, here, June 17.

American Soldiers, walked behind the IP, offered support and more sets of eyes. Suddenly, the IP officer produced something colorful and furry from the bag. He handed a stuffed animal to an Iraqi child. The "Demons" of the 463rd Military

Police (MP) Company, 93rd MP Battalion, 8th MP Brigade, established good rapport with the people of Ameriyah through constant foot patrols, said Staff Sgt. Preston O'Neal, military policeman, 463rd MP Co.

"We are pretty much known for our dismounts," O'Neal said. "We usually

help the Iraqis. We go and listen to the people."

Some of the help provided by the Soldiers have included repairing equipment and distributing toys and school supplies. O'Neal said he likes to work with his hands and is eager to use his skills to help the Iraqis. On the latest patrol, he helped an Iragi install brakes on his car in front of a mechanic's shop.

"Just last week we helped fix a generator," O'Neal said. "I like to work on things. It shows them we're people too, and we're here to help."

The children who met the Soldiers on patrol received stuffed animals from the IP. The toys were donated to deployed troops with the purpose of delivering the toys to children.

"I feel proud because (the children) were happy. We kind of want to reflect to the civilians that we are good," said Bakar Saad Najin, a policeman with the Ameriyah Iraqi Police station.

"It feels good because they're not very privileged," added Pfc. Joel Cantu, military policeman, 463rd MP Co.

When Soldiers first arrived, children stood at a distance, according to Cantu, but now the children readily greet the Soldiers and IPs.

"When we first got here, we gave out 100 soccer balls and they liked that," Cantu said.

O'Neal said the goodwill will hopefully reap continued security gains in the future, when the Iraqi Security Forces (ISF) are fully responsible for keeping Ameriyah safe.

"If they are comfortable with the IPs, and know they are here to help, they will most likely give information," O'Neal said. "It helps people maybe

get them to trust the IPs more.



Staff Sgt. Preston O'Neal (right), military policeman, 463rd Military Police (MP) Company, 93rd MP Battalion, 8th MP Brigade, takes time to use his mechani-cal skills to help an Iraqi identify a problem with the brakes on his car during a joint patrol with the Iraqi police in the Ameriyah neighborhood of Baghdad, June 17.

82nd Engineers build forward operating base at Pohakuloa

DAISY C. BUENO 8th Theater Sustainment Command Public Affairs

POHAKULOA TRAINING AREA, Hawaii – Securing forward operating bases (FOB) is a common and important role for the U.S. military in countries like Iraq and Afghanistan.

To assist in preparation for future deployments to those countries, the 82nd Engineer Support Company (ESC) constructed a FOB, here, at the Pohakuloa Training Area (PTA).

The engineers' main mission during their PTA rotation, June 1-19, was to create a perimeter for FOB Warrior. The engineers cleared trees and brush, removed the top organic layer of soil, and leveled and compacted the perimeter to accommodate a metal barrier for the FOB.

"When you go downrange, missions like this will come up; we find the proper placing for a FOB and clear the area," said Spc. Joshua Permenter, senior equipment operator. "This was a great opportunity ... to work through the procedures for placement of a FOB and to work around natural obstacles."

The barrier walls were hand-built by aligning pieces of sheet metal and then

News

Briefs

Send news announcements

for Soldiers and civilian

hawaiiarmyweekly.com.

Fort Shafter ACS Closure

The Fort Shafter Flats Army

Community Service (ACS) office

will be closed until further no-

tice. ACS services are available at

the Tripler Army Medical Center

(TAMC) office, Building 127A,

Krukowski Road, below the VA

Center for Aging. For Army

Emergency Relief (AER) assis-

tance, call 438-4499 or 655-

4227 (ACS, Schofield Barracks.)

28 / Sunday

Library Closures - The Sgt.

employees to community@

26 / Today

sliding pins at the corners to connect them. Heavy equipment was used to fill the center of the walls with rocks and fill material to keep it in place as well as create a protective barrier.

The perimeter is about 1,900 meters of barrier wall. Each platoon had a mission: 1st Platoon cleared and grubbed the area, 2nd Platoon executed quarry and dump operations, and 3rd Platoon graded and compacted.

"The best thing about working out here is that we have guys straight out of (advanced individual training), and I get to train them and give them hands-on instruction," said Sgt. Scott Brooks, construction equipment operations team leader. "I can let them do some work on their own, evaluate what they did and then give them feedback and corrections."

In addition to the 82nd ESC Soldiers working on the FOB, 11 Marines and one corpsman from Marine Corps Base Hawaii, Kaneohe Bay, assisted in the construction of the perimeter wall.

"It's been a great team effort working on this FOB," said Gunnery Sgt. Andrew Yellope, Marine Corps liaison at PTA. "This FOB will not only be used by

Yano Library, Schofield Barracks, will be closed June 28 for carpet cleaning. The Aliamanu Military Reservation (AMR) and Sgt. Yano libraries will both be closed July 3 and 4 in observance of Independence Day. Libraries will reopen the next working day. Call 833-4851 (AMR Library) or 655-8002 (Sgt. Yano Library).

July 1/Wednesday

WATTS Field Closure – A portion of WATTS Field will be closed to conduct sprinkler irrigation system installation through July 1. The softball field and paved jogging track are open, but please use caution while in the area.

4 / Saturday

Commissary Closure – The commissary will be closed in

observance of Independence Day, July 4. The store will reopen July 5. For more information, call Freda Tuaau at 655-5066.

6 / Monday

Change in Traffic Pattern – Chamberlain Road, on Fort Shafter (the road that runs parallel to Funston, Wisser and Macomb Roads) is being converted to a two-way street. Effective July 6, parking will no longer be available along the road, and it will be striped to accommodate two-way traffic. Motorists are being advised to make note of the change.

8 / Wednesday

Post Exchange Meeting – The next Fort Shafter Post Exchange/Market meeting of the Oahu South Community is scheduled July 8, 10-11 a.m., at the Religious Activity Center Conference Room, Building 344. All Fort Shafter community members are invited to attend and provide input. Call 438-6996.

14 / Tuesday Newcomers Brief for Sol-

diers – The next monthly newcomers briefing for Soldiers will be held July 14, 4-5 p.m., at the Soldier Support Center, Building 750, Schofield Barracks.

23/ Thursday

FBI Recruitment – Learn more about the FBI by attending an FBI career presentation, July 23, 10 a.m. at the Soldier Support Center, Building 750, Schofield Barracks. For information on future monthly presentations throughout Honolulu, contact Special Agent, Kal Wong at 566-4488/4300.

train in," said Yellope. "The high altitude, high winds, cold weather, and cinder that blows through the air simulates a deployed environment like Afghanistan." Yellope also said 3,000 to 4,000

Marines train at PTA annually and that it's an important training location in

Ongoing

ADPAAS Exercise – Headquarters, Department of the Army (HQDA) will conduct an exercise in June to test the Army Disaster Personnel Accountability Assessment System in the U.S. Army-Pacific. All Soldiers, civilians, family members and overseas defense contractors must report their status and whereabouts following any natural/man-made disaster if directed to do so by the Secretary of Defense.

Go to https://adpaas.army.mil/ to report your status, or call the toll-free Army Information Hotline number at 1-800-833-6622.

Wheeler HECO Gate Closure – The HECO Gate, which is located near Wheeler Middle School and exits onto Kunia Road, is closed until Aug. 3, when school is back in session. When

the Pacific for the Marine Corps.

When completed, the FOB's perimeter walls will be 8 feet tall and there will be check points at the entrance and exits.

The engineer company also made some time for esprit de corps events during their rotation at PTA. Ten Soldiers, to include the 82nd ESC first sergeant and commander, supported a 5k run in the city of Hilo in celebration of the Army birthday, which was hosted by U.S. Army Garrison-Pohakuloa.

And 45 Soldiers conducted a road march up Mauna Kea. They started at the visitors' center at 9,000 feet and went to the summit, 8 miles one way. The top was 13,796 feet.

"The road march was difficult, but rewarding," said 2nd Lt. Michael McLaughlin, 1st Platoon leader. "You have 40-percent less oxygen up there than at sea level, which made it very challenging."

The FOB construction wasn't the only objective the 82nd ESC had during its rotation to PTA. The engineer company also trained on Soldier skils to include a convoy live fire, and small arms and crew serve ranges.

> open, the outbound gate helps mitigate the morning and afternoon traffic on the installation. Call 656-6751.

MP Warfighter Competition

– Registration for the Army's 13th Annual Warfighter Challenge is now open for Soldiers serving in the military police, corrections specialist, and criminal investigation special agent career fields. The challenge is sponsored by the U.S. Army Military Police Corps Regiment and takes place Sept. 15-19, at Fort Leonard Wood, Mo.

Each battalion or separate company may send one team, but a staff sergeant, sergeant, or corporal team leader, and two specialists or below must comprise teams. Registration forms can be downloaded on Army Knowledge Online and sent to

SEE NEWS BRIEFS, A-6



Joshua Epperson from 82nd Engineer Support Company align sheet metal during the construction of the barrier wall for the perimeter of Forward Operating Base Warrior at Pohakuloa Training Area.

Marines in Hawaii, but Marines in Okinawa and even California."

Last January, Marines from Camp Pendleton, Calif., stopped at PTA for some training while they were on a vessel en route to their deployment location. "The environment here is unique to

Retirement ceremony marks closure of six Soldiers' careers

8th TSC Quarterly Retirement Ceremony bids aloha to more than 140 years of experience

Story and Photo by SGT. IST CLASS DAVID E. GILLESPIE 8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS – Six Soldiers were honored during a quarterly ceremony at Sgt. Smith Theater, here, June 18, marking their retirement from active duty.

The ceremony served as a fitting conclusion and traditional closure to the Soldiers' service, while simultaneously, honoring their time in Army uniform.

The ceremony's host, Col. Timothy Ryan, 8th Theater Sustainment Command, put into perspective the magnitude of the Soldiers' service.

"You know, our nation is over 230 years old," Ryan explained. "To those sitting in this front row, we are bidding aloha to more than 140 years of experience. That is a tremendous statement on the impact this small group has made on our nation."

In the last 20 years, over 100 million people around the world have been liberated, Ryan said, reflecting on the vast changes that have occurred during the years the retiring Soldiers had served. "From Bosnia, to Haiti, to Panama ... and on it goes into our recent conflicts in Iraq and



Sharing the occasion with his children, Master Sgt. Herman Welch (left), 8th Special Troops Battalion, receives the U.S. Army, Retired lapel pin from Col. Timothy Ryan, 8th Theater Sustainment Command, during the quarterly retirement ceremony at Sgt. Smith Theater, June 18.

Afghanistan, your contributions have changed the entire world," said Ryan.

The senior retiree, Lt. Col. Louis Plevell, first enlisted in 1982, received his commission in 1984 and entered active duty in 1985 as an Infantry officer at Fort Benning, Ga. His most recent assignments included G4 Materiel Readiness Division Chief, 25th Infantry Division in Iraq, and G4 Plans Officer, 8th Theater Sustainment Command at Fort Shafter.

Sgt. 1st Class Angelo Ridley served 24 years in the Army family, as he called it. The last nine years

Retirees

- Master Sgt. Samuel Abadilla, 2nd Stryker Brigade Combat Team (SBCT)
- Sgt. 1st Class Xavier Alejandro, 2nd SBCT
 Lt. Col. Louis Plevell, 8th Theater Sustainment Command (TSC)
- Sgt. 1st Class Angelo Ridley, 307th Integrated Theater Signal Battalion
- Master Sgt. Herman Welch, 8th Special Troops Battalion, 8th TSC
- Sgt. 1st Class Janice Wilson, 25th Transportation Company, 8th TSC

were with 307th Integrated Theater Signal Battalion as it restationed from Korea to Wheeler Army Airfield.

"I am grateful for my experience while wearing the Army uniform. I am grateful for the people I have met along the way," Ridley said.

"You can call me lucky, if you believe in luck," he continued. "You can say that I have been extremely blessed to have had great leaders, coworkers, peers and subordinates."

Ridley explained what he will take away as he leaves active duty: "The friends, the relationships, the mementos, the memories. I am also leaving with a few more inches around my waist, a few less hairs on my head, a wonderful family and a future full of life."

8th Personnel Center Soldiers now capable in all areas of human resources

SGT. MAJ. TERRY ANDERSON 8th Theater Sustainment Command Public Affairs

FORT SHAFTER – Soldiers from the 8th Personnel Center (PC), 8th Theater Sustainment Command, are wrapping up more than a month of multifunctional training exercises, designed to make every Soldier within the staff directorate subject matter experts in all areas of human resources.

"The 8th PC was a compartmentalized organization before this training, but now we are a much better unit today than we were just a month ago," said Sgt. Maj. Tony Cespedes, 8th PC sergeant major. "The Soldiers have come a long way in a short time."

The 8th PC, formerly known as the 8th Human Resources Sustainment Center (HRSC), was the first HRSC to activate and deploy into combat. The Soldiers returned from a 14-month deployment to Kuwait in October 2008.

The 8th PC is comprised of five divisions: postal, casualty, plans, R5 (reception, rest and recreation, return to duty, replacement, and redeployment), and personnel accountability. Each division is designed to provide theater-level technical oversight and subject matter expertise in the combat environment.

The purpose of the training was to develop the unit into several multifunctional teams, allowing every Soldier within the 8th PC to perform in every section of the center, not only in their division, but across all five divisions.

Sgt. 1st Class Lykisha Gooding, personnel accountability strength reporting (PASR) noncommissioned officer in charge (NCOIC) said the training plan will pay big dividends for the 8th PC.

"I learned a lot, especially in the casualty division," she said. "I learned how to



During a month of multifunctional exercises, Soldiers from the 8th Personnel Center cross-train on military postal operations at Marine Corps Base Hawaii, Kaneohe Bay.

track a casualty from beginning to end, and I feel the training was beneficial for all the Soldiers in the Personnel Center." Gooding deployed to Kuwait with the

8th HRSC and was pushed forward to

Balad, Iraq, where she was the NCOIC of the postal division. That experience gave her a different perspective on the multifunctional training.

"When I was forward in Iraq, I had to

be the subject matter expert in many areas," Gooding said. "On our last training exercise in Japan, I worked casualties and postal. ... This type of training will allow our Soldiers to deploy anywhere in the world and do any function in the Personnel Center."

The training also gives the 8th PC a new capability to launch to all corners of the Pacific Rim, as well as the mainland U.S., to train and validate human resources units deploying to combat.

The 8th PC has the capability to conduct staff assistance visits to other human resource entities and provide human resources guidance and support for all Pacific Command and U.S. Army-Pacific exercises.

"Every division did a great job putting this training together," Cespedes said. "I feel confident that we are very well trained and ready to support any mission that comes our way."

TRIPLER ARMY MEDICAL CENTER PUBLIC AFFAIRS News Release

TRIPLER ARMY MEDICAL CENTER – By midafternoon, clouds from the early morning showers had drifted offshore, when 114 students in Tripler's 15 Graduate Professional Health Education programs assembled at Constitution Grove for their June 19 commencement ceremony.

The 2009 graduating class consisted of 105 Army, two Navy and one Air Force officer and six civilian students. Fortyseven physicians and one oral surgeon completed their residency training, 11 completed post-residency fellowships, and 55 completed internships and their first year of post-graduate training.

first year of post-graduate training. "This ceremony is the culmination of years of education and the beginning of a career marked by lifelong learning and service to our nation," said Brig. Gen. Steve Jones, commanding general, Tripler Army Medical Center.

Jones noted that the graduates rank among the nation's very best. Many scored in the top 10 percent in their board examinations, and some have won national awards for their research on treatment for shock, wound healing, care of critically ill infants, and radiology.

Lt. Col. Greg Gadson, West Point graduate and starting linebacker on its winning football teams 1986-1988, was the keynote speaker. In early 2008, Gadson



Leslie Ozawa | Tripler Army Medical Center Public Affairs

Doctors in Tripler's child and adolescent psychiatry fellowship program receive lei after receiving their certificates of completion.

was a battalion commander when he lost both legs to a roadside bomb attack in Iraq.

Gadson gained national attention when the New York Giants credited their

phenomenal rise to National League and Super Bowl championships in 2008 to a locker room speech he gave the players after the team suffered lopsided defeats in its first two season games. "First and foremost, remember that you are Soldiers, Sailors and Airmen," Gadson told the Tripler graduates. "... You all are perhaps our greatest combat multiplier because our service members

> **Found Property** – The Provost Marshal Office has recovered personal property items belonging to Soldiers or their family members on both Schofield Barracks and Fort Shafter. The found items include unregistered bicycles. Call 655-8255.

> IR Hotline – U.S. Army Garrison-Hawaii employees, (civilian, military and contractor) can report instances of fraud, waste or mismanagement to the Internal Review Office (IRO) "IR Hotline" by telephone, e-mail, fax or online. The IRO will refer reports to management or initiate an investigation.

Call the IR Hotline at 655-8121. Forms are available online

and their families trust that they will be taken care of.

NEWS

"Never forget that practicing medicine is a human endeavor, "Gadson urged his audience. "Regardless of how many successful surgeries, you are still human. There will be a day when things don't go the way you want them to.

"I'll never forget what Dr. Anderson said to me after he amputated my second leg."

> – **Lt. Col. Greg Gadson** Guest Speaker

"It will be tough to give up part of yourself to so many, because undoubtedly, your heart will be broken," he continued. "You must fight the temptation not to connect and not to give your heart and your soul to those in your care.

"I'll never forget what Dr. Anderson said to me after he amputated my second leg," Gadson said, "'Greg, I want you to be the first double amputee brigade commander.' I may never reach that goal, but what Dr. Anderson left me and my family was hope. And I will never forget that."

The day's ceremonies closed with the traditional Army retreat ceremony, with the lowering and folding of the U.S. flag.

at www.garrison.hawaii.army. mil (Click "Directorates and Support Staff").

Fax reports to 655-0791, or email InternalReview@hawaii. army.mil. Provide the required information on the hotline report.

Road Closure – Portions of Williston and Wright-Smith avenues, Schofield Barracks, will be closed for roadway construction work through Nov. 7. Drivers should avoid the area.

Additionally, Bragg Street will be temporarily converted to twoway traffic serving the residents of Betsy Ross and Patrick Henry courts now through June 12. Call 624-2338 for more information.



Roof rollers

Leslie Ozawa I Tripler Army Medical Center Public Affairs

HONOLULU — Sgt. Jessica Houfek (left) and Spc. Christopher Monteith, both with Tripler Army Medical Center, lay down a special white coating on a Moanalua Elementary School portable classroom to help keep the classroom cool. They and 21 other Tripler Soldiers and family members volunteered their time, June 13, as part of the U.S. Pacific Command's school partnership program with Oahu public schools comprised of large military student enrollments. News Briefs



Alcohol Awareness Self Assessments – Do you know your drinking IQ? The Department of Defense offers a free, online anonymous self-assessment at www.DrinkingIQ.org, available 24 hours a day, seven days a week.

In addition the Mental Health Self-Assessment Program (MH-SAP) offers self-assessments for post-traumatic stress disorder (PTSD), depression and more. Learn more at www.mentalhealthscreening.org/military.



Community leaders inspect new construction on each side of one of the bridges on Drum Road.

Community field trip HELEMANO MILITARY RESERVATION — Fifteen local community leaders from the North Shore and Mililani Neighborhood Boards and Honolulu Police Department officers toured the recently completed 7-mile stretch of Drum Road, June 18. The road will eventually connect Helemano Military Reservation with the Kahuku Training Area, providing a by-pass that keeps military vehicles off public highways. The second phase of the 23-mile road is now under construction.



Mike Egam (left)i, U.S. Army Garrison-Hawaii Transformation Office explains Drum Road routing during the community leader tour.



'Ms. Nancy' bids farewell to Shafter's 516th Signal Bde.

Story and Photos by **STAFF SGT. CRISTA YAZZIE** U.S. Army-Pacific Public Affairs

FORT SHAFTER – Imagine working in a world with no computers, no copy machines, no faxes.

On Dec. 4, 1956, this was the job Nancy Kanbara stepped into. Fifty-two years later, after decades as executive secretary of the 516th Signal Brigade, Kanbara prepares to retire.

Many changes have occurred in the U.S. Army Signal Corps, changes Kanbara professes to love. She has kept up with those changes just as easily as she keeps up with birthdays and reminders.

"What an honor to talk about a national treasure," said Brig. Gen. Alan Lynn, commanding general, 311th Signal Command (Theater), referring to Kanbara, known to all as "Ms. Nancy."

"Ms. Nancy started her federal service as a stenographer for the U.S. Immigration and Naturalization Service Office in December 1956, moved to the Plans division of U.S. Army-Hawaii in 1960, , then joined the Signal Corps in 1965 ... so that's 45 years of service in the Signal Corps," he said. "Each day, she touched the lives of countless people, but during her career, she personally took care of 25 commanders."

Kanbara professed a preference for the Signal Corps during the luncheon. "The Signal Corps is the best branch,"

Kanbara said, beaming to the crowd. "I



Col. Bruce Crawford (right), commander, 516th Signal Brigade, helps Nancy Kanbara cut her retirement cake during a luncheon honoring her 52 years of federal service.

am so lucky to have been a part of it all these years."

She has been the office manager, executive assistant and trusted agent to 25th Signal Corps brigade commanders, including eight general officers. "I see you truly as one of the crown

jewels of our Signal regiment, and so I

thank you very much for all you've done for me, for all the other commanders, for all the nice goodies you've brought from home, and from the heart, thank you," said Bruce T. Crawford, commander, 516th Signal Brigade.

During the ceremony, Kanbara received many symbols of gratitude for her service. She was awarded the Superior Civilian Service Award, a Department of the Army (DA) Certificate of Achievement, DA Certificate of Retirement, and a thank you letter from U.S. Senator Daniel Akaka.



tol, April 30, 2009, in honor of her 52 years of dedicated federal service.

Each department of the battalion presented Kanbara with additional gifts, and Lynn presented Kanbara a coin on behalf of the 311th Signal Corps and his father, whom, he said, Nancy knew when he was in the service.

One of Kanbara's 25 former com-

manders, retired Maj. Gen. Thomas M. Rienzi, spoke on her behalf.

"She is the best, greatest and finest secretary or friend that I've had of my 37 years in the Army. There she is, a wonderful and super person. She knows everything, and it's pretty tough to find someone as good at it as Nancy," stated Rienzi, who Nancy worked for during his command from 1970 to 1972. "I can assure you that there were times when it didn't look too well, but she always had all the documents to make it work."

Crawford, the current commander, spoke highly of Nancy's performance as well.

"The Signal Corps is the best branch. I am so lucky to have been a part of it all these years." – Nancy Kanbara 516th Signal Brigade

"The Ms. Nancy that I know is all that and plus some," said Crawford. "She has done a tremendous job of taking care of 25 brigade commanders, and I know from personal experience that at least one of those commanders is a handful and a whole lot to try to take care of."

After 52 years of federal service, Kanbara will officially retire July 4.

Paternity: Military fathers can now bond with newborns

CONTINUED FROM A-1

The policy allows Soldiers who have taken annual leave in connection with the birth of a child since October 2008 to request up to 10 days of leave be restored/re-credited to their leave account.

Soldiers must provide documentation to support their claim (for example, DA Form 31 or a leave and earnings statement, an LES) and submit it through the unit S1 or personnel administrative center.

Paternity leave must be taken within 45 days

of the child's birth; deployed Soldiers must take the leave within 60 days after returning from deployment. Leave not taken within the established time frame will be lost.

Single Soldiers who father a child out-of-wedlock are not eligible for paternity leave. For those who adopt, the Army Adoption Program has a non-chargeable leave policy of three weeks.

The story was the same with the Price's second child.

"Our son Shane was born while I was a student at the Defense Language Institute," Price said. "Again, there was not much opportunity to take time away from the classroom without getting too far behind to recover. ... A 10-day absence to be with my wife and two children would have eased a lot of the stresses in the family."

Soldiers and officers are encouraged to take advantage of this valuable family bonding opportunity, and supervisors and commanders at all levels should approve paternity leave whenever it is feasible.

Paternity leave provides greater stability and predictability for Soldiers and their families. By providing a benefit that is increasingly more common in the civilian sector, the Army is building on its reputation as an organization that takes care of its families.

The opportunity finally came about for Price and his wife to enjoy the birth of their third child.

The parental leave provision was put in the 2009 National Defense Authorization Act (NDAA).

"I am really glad that the services are doing more than just talking about supporting our families," Price said. "Army families do a lot for the Army, and it's appropriate for the Army to do something to support the family."

HAWAI'I ΜΡΑΙ ΗΔΝΔ www.garrison.hawaii.army.mil/haw.asp "When work is finished." FRIDAY, JUNE 26, 2009

U.S. ARMY GARRISON-HAWAII PUBLIC AFFAIRS News Release

SCHOFIELD BARRACKS – The U.S. Army Garrison-Hawaii's (USAG-HI) 38th Annual Fourth of July Spectacular will take place 9 a.m.-9 p.m. at Sills and Desiderio Fields, here, and will offer a full day of fun and activities for Soldiers, families and civilians in Hawaii.

The Independence Day celebration brought to you by the Family and Morale, Welfare and Recreation Directorate (FMWR) will be spread across more than 15 acres on Schofield Barracks and feature family fun runs, games, rides and prizes, crafts and a new products bazaar, food, entertainment and a chance to win \$5,000, during an after party event.

The public is invited to the free event, which includes an evening concert by classic rock band KANSAS and the 43rd Army Band followed by a grand prize drawing for a new car and fireworks finale.

Family members of deployed Soldiers who are Blue Star Card (BSC) holders are invited to visit the BSC VIP tent between 10 a.m.-4 p.m. and enjoy special crafts for kids, a shaded area to relax, free game and ride tickets, and a BSC baggage check. Free tickets are limited to 10 per BSC family member. For more about this special BSC program offer, call 656-3327.

Centennial celebrations

July 4 also marks 100 years for Schofield Barracks. Families and guests can explore the history of Schofield Barracks and celebrate its centennial through free historic walking or bus tours. Bus tours will depart from the Kalakaua Community Center every 20 minutes from 10 a.m.-3 p.m. Audio podcasts for self-guided walking tours are available to download at the USAG-HI Web site at www.garrison.hawaii.army.mil. The podcasts highlight the significance of 25 historical sites on Schofield Barracks. A special centennial celebration will take place at 4:45 p.m. at Sills Field.

As the Spectacular celebration draws near, families are reminded to make note of event restrictions, parking and traffic information. Fireworks

Fireworks are prohibited except for authorized and approved professional displays (Headquarters 25th Infantry Division and U.S. Army Hawaii Regulation 420-1, 12-5.) Fire-

works are not allowed on any Army installation. Off post, fireworks are not allowed without a permit from a Satellite City Hall.

The fireworks demonstration during the Schofield spectacular will be set off by trained professionals in the parking lot by the Schofield Barracks commissary. The lot will be closed to all members of the public, and parents are asked to watch their children around this area. (See more about fireworks next week.)

Prohibited items

Fireworks, sparklers, glass containers and firearms are not permitted at the Spectacular. Anyone found in possession of these items will be escorted off the installation.

Pets are not allowed on the festival grounds. Cannon fire and fireworks noise may frighten animals.

All backpacks, coolers and vehicles are subject to inspection. No sound or video recording devices are allowed during the concert.

For more information on the Fourth of July Spectacular, visit www.mwrarmyhawaii. com or call 655-0111/2.

On-post residents

If you live near Cadet Sheridan Road, he aware that cannons will be used for a rehearsal July 3, 6-10 p.m., and for the event July 4, 7:15-8 p.m.

Carpooling or walking to the event is encouraged. Remember to bring a flashlight, as it will be dark when you head home.

For those planning parties at home, remember that tents, tarps, screens and covers are not permitted on your home exterior without written permission from your com-

munity center. **Traffic and parking**

Due to security requirements, random identification card and vehicle checks will be in progress.

Gates will be open to the public 7 a.m.midnight. Visitors without a military sticker may enter McNair, Macomb, Lyman or Foote gates. At the gate, visitors will receive a Fourth of July Spectacular program with directions to parking areas and a schedule of events.

Cars with official handicap stickers may park in front of Fernandez Hall, off Kolekole Avenue.

Leaving post after the fireworks is always a challenge.

Cars departing through McNair or Macomb Gate will be allowed to turn left or right on Wilikina Drive.

Cars exiting Foote Gate will only be allowed to turn left on Kunia Road, and then must turn right on Wilikina Drive.

Cars exiting in the left lane at Lyman Gate will be directed straight through Wheeler Army Airfield and must turn left on Kamehameha Highway as they exit Kawamura Gate (for those traveling to Waikiki, Mililani and Pearl City).

Cars exiting the right lane at Lyman Gate will be directed to turn right (toward Ewa Beach, Kapolei and Waianae).

To avoid congestion, festgoers can stay put for an after party that includes live entertainment on the MWR stage until ap-

ances

TADIM

ofield Barrack

proximately 10:30 p.m. **Grills and canopies**

Canopies are permitted on the field until

Schedule of Events

•8 a.m.	Late registration for 5K Fun Run and children's
	1-Mile Fun Run/packet pick-up
•9 a.m.	5K Fun Run
•10 a.m.	Schofield Barracks historic district bus tours begin at the Kalakaua
	Community Center and run every 20 minutes between
	10 a.m3 p.m. (Tours are approximately 40 minutes.)
•10 a.m.	Children's 1-Mile Fun Run begins
•10 a.m.	Hawaii Military Vehicle Preservation Association static display

the entertainment begins at approximately 4 p.m. Open flame or charcoal cooking is not permitted. Grills, canopies and charcoal cooking are allowed in preassigned picnic areas. For picnic permit information, call 655-0111. When the evening entertainment begins, remember to lower umbrellas and high-backed chairs so others behind you can see the stage and enjoy the perform-

Other points of information

The FMWR information tent is a one-stop-shop for questions, event schedules, T-shirt sales, the Visible Vault, automated teller machines and lost and found. The tent is located near the food booths.

Lost children, however, can be found at the Drug Abuse Resistance Education (D.A.R.E.) tent on Desiderio Field.

Holiday closures The Schofield Barracks Commissary will

be closed July 4 for the holiday. The Aliamanu and Sgt. Yano libraries will be closed July 3-4.



· 10 u.m.	open until 8 p.m.
	Display includes a 1945 Stuart M5A1 Light Tank.
•10 a.m.	Pony rides open until 6:30 p.m.
•10 a.m.	Ride midway and inflatables open until 8 p.m.
•10 a.m.	Game booths open until 7 p.m.
•10 a.m.	Crafts and new products bazaar open until 6 p.m.
•10 a.m.	Food booths open until 9 p.m.
•10 a.m.	Blue Star Card VIP tent open until 4 p.m.
•11 a.m.	MWR Stage and ESPN prize zone open with hourly giveaways
	until 4 p.m.
•4 p.m.	Flag Retreat at Main Stage with 43rd Army Band
•4:05 p.m.	EMKE, performance by a local youth rock band
•4:45 p.m.	Schofield Barracks Centennial Ceremony
•5:30 p.m.	Concert by classic rock band KANSAS
•7 p.m.	Grand Prize drawing by Tony Group Autoplex for a new
	Hyundai Accent
•7:10 p.m.	43rd Army Band and "1812 Overture" performance
•7:30 p.m.	"The Flags We Follow" narrated by Jayme B. Alexander and
	Megan Mount
•8 p.m.	43rd Army Band Concert
•8:30 p.m.	Fireworks

Following the fireworks, a live band will play until approximately 10:30 p.m. Please be advised, no sound or video recording equipment allowed.

COMMUNITY

VICes

worship

Catholic
Sunday, 8:30 a.m. – Mass
Sunday, 9:45 a.m. – Religious
Edu.
Gospel
Sunday, 11 a.m. – Sunday
School (Sept.–June only)
Sunday, 12:30 p.m. –
Worship service
Protestant
Sunday, 9:45 a.m. –

Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

• Catholic Saturday, 5 p.m. – Mass in Chapel (May–Aug.) Saturday, 6 p.m. – Mass on Beach

• Contemporary Protestant Sunday, 9 a.m. –"The Wave" Worship

• Contemporary Protestant Sunday, 9 a.m. –Bible Study Sunday, 10 a.m. –Worship Service & Children's Church

Main Post Chapel 655-9307

Catholic Sunday, 9 a.m.-CCD ft RCIA Sunday, 10:30 a.m. -Mass Collective Protestant Sunday, 10:30 a.m. -Sunday School George

• Gospel Sunday, 10:30 a.m. –Sunday School

Sunday, noon –Worship Service

Chalice Circle Tuesday, 7 p.m.
 Islamic Prayers and Study Friday, 1 p.m.
 Buddhist

Catholic Friday–Saturday, noon– Adoration
 Liturgical Sunday, 9:30 a.m. –Worship

Catholic Sunday, 11 a.m. -Mass Monday-Friday, 12 p.m. -Mass Saturday, 5 p.m. -Mass • Protestant

Sunday, 9 a.m. –Worship Service

Wheeler Chapel 656-4481

• Catholic Saturday, 5 p.m. –Mass • Collective Protestant

Sunday, 9 a.m. –Worship Sunday, 9 a.m. –Sunday School

Sgt.Smith Theater

Call 624-2585 for movie

listings or go to aafes.com

under reeltime movie listing.

This Week at the

MPC Annex, Building 791

4th Sunday, 1 p.m.

Soldiers Chapel

Tripler AMC Chapel

433-5727

Helemano (HMR) Chapel 653-0703

Fort DeRussy Chapel

836-4599

Beach

836-4599

 Protestant Sunday, 9 a.m. - Worship

Service • Buddhist 1st Sunday, 1 p.m.

Fort Shafter Chapel

Aliamanu (AMR) Chape

836-4599



26 / Today Friday Night Scrappers - Enjoy an evening of scrapbooking fun and friends

at the next session of Friday Night Scrappers, today, 4-9 p.m., at the Schofield Barracks Arts and Crafts Center.

Bring in a scrapbooking project, and come make friends. Cost is just \$5; supplies are available for an extra fee. Call 655-4202.

Waikiki Party Bus - The Army bus rides again, today, 9 p.m.-4 a.m. The bus will pick up riders on Schofield Barracks and Fort Shafter and take them down to party in Waikiki, worry-free.

Free tickets are available at Information, Ticketing and Registration offices, and riders must have a ticket to board the party bus. The bus is also scheduled to run July 17 and 31. Call 655-9971/438-1985.

30 / Tuesday

Library Summer Reading Program - The U.S. Army Garrison-Hawaii (USAG-HI) Libraries Summer Reading Program features weekly free entertainment for all ages now through July 17.

•See Aliai the Magician, June 30, at Fort Shafter Library; July 1, at Sgt. Yano Library, Schofield Barracks; and July 2. at Aliamanu Military Reservation (AMR) Library. Call 655-8002.

•Experience the interactive musical program Do Re Mi, July 7, at Fort Shafter Library; July 8 at Sgt. Yano Library, Schofield Barracks; and July 9 at AMR Library.

•See Bungie the Clown, July 14, at Fort Shafter Library; July 15 at Sgt. Yano Library, Schofield Barracks; and July 16 at AMR Library.

All programs start at 3 p.m. For more information, call 655-8002.

FMWR Arts & Crafts Competition -Authorized U.S. Army Garrison-Hawaii Family and Morale, Welfare and Recreation patrons are invited to submit photos of original two- and three-dimensional arts or crafts works online at https://artscrafts.fmwrc.army.mil. by June 30.

The 11 artistic categories include ceramics, drawings, fibers and textiles, glass, metals and jewelry, 2-D and 3-D mixed media, oil- and water-based painting, prints and wood.

For detailed submission requirements, stop by the Arts and Crafts Center, Schofield Barracks, for more information, or call 655-4202.



Send announcements to community@hawaiiarmyweekly.com.

26 / Today

Hawaii Dragon Boat Festival – The annual Dragon Boat Festival will be celebrated, today- June 28, at Ala Moana Beach Park and will feature colorful dragon boat races where teams drive their canoes forward to the rhythm of pounding drums.

The event takes place today, 3-10 p.m., and June 27-28, 10 a.m.-10 p.m., and will feature local and national boat racing teams. Additional activities will include a keiki carnival ride, movie nights, craft vendors and music. Call 951-0350.

27 / Saturday Skin Cancer Screenings – The Hawaii Skin Cancer Coalition in collaboration with the physician members of the Hawaii Dermatological Society will sponsor free skin cancer screenings, June 27, 7:30-9:30 a.m., at the Kapiolani Community College's Farmers Market.



Big, big bubbles

July

1 / Wednesday

ter understand your baby's moods, needs,

desires and expressions through baby

massage, July 1, 2-4 p.m., at Aliamanu

Military Reservation community center

and July 2, 9-11 a.m., Army Community

limited to 10 parents with their babies.

Babies should be between 4 and 8 months

Parenting Your Adolescent - This ac-

tivity is for parents of adolescents ages

13-18. Much like the course, 1-2-3 Mag-

ic, Parenting Your Adolescent offers dif-

ferent parenting techniques to deal with the challenges of the "teenage years,"

July 1, 9-11 a.m., Aliamanu Military Reservation Chapel. Call 655-0596.

3/Friday

This three-part consecutive series is

Service, Schofield Barracks.

old. Call 655-4227.

Baby Massage I - Learn how to bet-

SCHOFIELD BARRACKS — Hawaii's original "Bubble Lady," Karen Force, creates a giant bubble during Summer Reading Program at the Sgt. Yano Library, June 24. More than 200 children and parents "ooo'd" and "ahh'd" their way through the hour-long bubble show as she created bubbles of various shapes and sizes. The U.S. Army Garrison-Hawaii Libraries Summer Reading Program features weekly free entertainment for all ages now through July 17. Call the library for more information at 655-8002.

8 / Wednesday

BOSS Talent Search -Better Opportunities for Single Soldiers (BOSS) is hosting a talent search. Soldiers can attend auditions, July 8, 3-5 p.m., at the Tropics Recreation Center, Schofield Barracks and July 10, 3-5 p.m., at the Kaiser Auditorium, Tripler Army Medical Cen-

For more information, call 655-1130.

9 / Thursday

Stress Management - Stressed out? Learn basic information for designing a personalized stress management program, July 9, 1-2:30 p.m., at Aliamanu Military Reservation community center and 3-4:30 p.m., Army Community Service, Schofield Barracks. Call 655-0596.

Resume Clinic - Looking for a job? The Sgt. Yano Library, Schofield Barracks, is hosting a hands-on resume clinic, July 9, 10-11 a.m., at the library. The hands-on clinic will emphasize writing and resume improvements using Microsoft word processing software.

Participants will also learn how to access a variety of print and online resources available to the Army community. Please bring an existing resume on a disk. Call 655-8002.

11 / Saturday

8th Annual Hula Hoolauna – Japan and Hawaii come together in celebration of hula for a unique festival, exhibit and competition commemorating hula's rich culture and vibrant customs. See performances, July 11, 10 a.m.-7 p.m., at Ala Moana Center's Center Stage and July 12, noon-6:45 p.m., at the Royal Hawaiian Hotel, Coconut Grove. Call 286-2178.

School/Sports Physicals - Tripler Army Medical Center's (TAMC) Pediatrics (newborn-11 years) and Adolescent (12-21 years) clinics have set aside July 11, 9 a.m.-2 p.m., for school entrance and sports participation physicals for patients enrolled at either TAMC clinic.

first-served basis; no appointments will be taken.

Please bring immunization records. The clinic will provide physical exam forms accepted by most Hawaii public schools. Check with your school, to find out if your child requires a special

Ongoing

AFAP Issues -The Army Family Action Plan (AFAP) program invites community members (Soldiers, retirees, Department of Army civilians, and family members) to identify issues of concern that impact their well-being.

For more information or to submit an issue, contact Michael Briglin, AFAP Manager at michael.briglin@us.army.mil. Call 655-1696.

New Paint Booth - The Schofield Barracks Auto Skills Center has a brandnew paint booth that is now open. Make your car look like new again for just \$20 per hour. A \$100 deposit is required and refundable upon project completion.

The new booth will be open during regular business hours: Wednesdays-Fridays, 11:30 a.m.-7 p.m.; Saturdays-Sundays, 9 a.m.-4 p.m., and closed on Mondays, Tuesdays and holidays. Call 655-9368.

Job Search - Visit, browse and apply for federal jobs in Hawaii at www.nafjobs.com.

members and family are eligible (ID required).

Youth riders must be 12 or older to ride alone; under 12 must be accompanied by an adult.

Download a route schedule at www.garrison.hawaii.army.mil; click 'Post Updates," then "Post Information.'

Toastmasters Club - Learn to be a better public speaker by practicing with the Wahiawa Pineapple Country Toastmasters club. Toastmaster meetings give members training and practice in impromptu and prepared speaking, effective listening and leadership development. Members learn by speaking to groups and working with others in a supportive environment.

Meetings are the first and third Thursday of the month, 7-8 p.m., at the Wahiawa Recreation Center. For more information, call Don/Elaine Glover at 622-0169. For more information visit www.toastmasters.org.



(PG-13) Friday, 7 p.m. Wednesday, 2 p.m.



Celebrate Centennial - Audio podcasts highlighting the significance of 25 historical sites on Schofield Barracks are available to download at the U.S. Army Garrison-Hawaii Web site. Explore the history of Schofield Barracks and celebrate its centennial. A variety of different formats are available to augment a walking or driving tour, such as WMV, MP3, M4V and AIFF.

Children will be seen on a first-come

Potty Training Your Toddler - Learn what to expect when potty training your toddler and some tips to reaching this milestone, July 3, 9-11 a.m., at Army Community Service, Schofield Barracks. Call 655-0596. July 30; and Willie K, Aug. 13.

Concert-goers may bring low-lying beach chairs. Tickets cost \$25 (adults) and \$10 (children) per concert.

For tickets, call the Honolulu Box Office at 550-8457 or visit www.honolu luboxoffice.com.

3/Friday

See Weinermobile - The Oscar Mayer Weinermobile is making an islandwide tour of Oahu and will be rolling into the Schofield Barracks Commissary parking lot, July 3, 1-5 p.m. Stop by for contests, giveaways and fun.

4 / Saturday

Pacific Aviation Museum Remembers the Fallen - The "Home of the Brave Quilt Project" returns to the Pacific Aviation Museum, Pearl Harbor, July 4, 10 a.m.-2 p.m. Quilters hand sew and present a quilt to the family of every fallen Hawaii Soldier.

Visitors are invited to watch the assembly and sign the quilts for Hawaii's families.

Screenings are provided on a first-come, first-served basis, along with sun protection educational resources and materials.

For more information on the signs and symptoms of skin cancer, call the National Cancer Institute's Cancer Information Service toll free at 1-800-4-CAN-CER. or the American Cancer Society at 1-800-ACS-2345.

July 2 / Thursday Waikiki Aquarium Summer Con certs – The Waikiki Aquarium ocean-

side summer concert series continues with some of the islands' top performers, in-cluding Hoku Zuttermeister, July 2; Kaumakaiwa Kanakaole, July 16; Maunalua,

Museum general admission is \$14. adults; \$7, children. Kamaaina and military admission is \$10 adults; \$5, children. For more information, call 441-1000.

Visit www.PacificAviationMuseum.org.

Ultimate Video Gamers Tourney – The first mobile video game tournament in Hawaii will kick off July 4 at the Pearl Harbor Navy Exchange featuring the game "Call of Duty 4." Sixteen game sites will be located islandwide.

Registration costs \$160 for a team of four.

Military discounts are available. Register at www.theone808.com.

7 / Tuesday Protestant Women of the Chapel -

The Protestant Women of the Chapel summer session will meet on Tuesdays beginning July 7, 9-11:30 a.m., at the Schofield Barracks Chapel, Annex Room 212. Stop by for food, fun and fellowship.

Free limited child care is available with reservations. For more information, contact Valerie at 753-3584 or valeriep woc@me.com.

form, and bring forms to the clinic on the day of the exam. For more informa-

tion, contact the Pediatrics Clinic (433-9728) or the Adolescent Clinic (433-4165).

School physicals at the Family Practice Clinic at the Schofield Barracks Health Clinic (SBHC) are now conducted during normal business hours

The SBHC Family Practice Clinic will dedicate its normal Saturday hours in July to school physicals. Schedule school physical appointments through the clinic's appointment system line at 433-9226, between 8 a.m.-4 p.m.



Summer Shuttle - The new U.S. Army Garrison-Hawaii Oahu North Summer shuttle runs Monday-Friday, 8 a.m.-5 p.m., between Helemano Military Reservation, Mendonca Park, Schofield Barracks, Wheeler Army Airfield and Camp Stover. All Department of Defense

A tour brochure can be found at the Tropic Lightning Museum. Visit www.garrison.hawaii.army.mil/sites/podc asts/TropicLightningCentennial.asp to donwload.

Vacation Bible School - Registration is open for this summer's Vacation Bible School (VBS), entitled "Crocodile Dock." VBS will run July 13-17, 9-11:45 a.m., at Aliamanu Military Reservation (AMR) Chapel. VBS is open to children ages 4 (by June 1) to sixth grade.

The program features Bible stories, drama, crafts, songs and recreation. For more information, call Schofield Barracks (655-6645) or AMR Chapel (833-8175) Religious Education departments.

Transformers: Revenge of the Fallen

FREE Appreciation Screening

action film. Tickets are avail-able at Schofield PX customer service, Schofield Food Court, Popeye's, and Burger King. Seating is available on a firstcome, first-served basis. General seating available 30 minutes prior to the show.

. (PG-13) Saturday, 7 p.m. Wednesday, 7 p.m.



Star Trek

(PG-13) Sunday, 2 p.m. Thursday, 7 p.m.

No shows on Mondays or Tuesdays.

YMCA's Camp Erdman hosts Operation Purple activities

Youth make new friends and find ways to connect with deployed parents

Story and Photos by **BILL MOSSMAN** Staff Writer

MOKULEIA – Sitting on a Swiss army stretcher under a well-shaded ironwood tree, Shalonda Flowers, age 7, could sense the presence of her father, even though he is deployed.

He appeared to be everywhere she looked — in the nearby Waianae Mountains and in the faces of the Soldiers from the 552nd Military Police (MP) Company, who had just finished an instructional session for her and fellow campers.

"My dad drives one of those cars," said Flowers, pointing to an Army Humvee parked about 30-feet away.

Flowers, along with hundreds of other military children, are attending the weeklong Operation Purple camp at YMCA's Camp Erdman, here.

The camp, sponsored by the National Military Family Association, is held in various locations nationwide for military children with deployed parents.

For Flowers, this year's activities admittedly were helping her make a stronger connection with her deployed father, Sgt. Ernest White.

"(Camp) makes me feel like he's here with me," Flowers said. "It makes me happy."

Flowers was just one of a record number of youth who signed up for this year's camp, which ran June 14-19.

According to camp director, Roy Harriman, 233 children ages 7 to 15, from all service branches, registered for the free summer activities, doubling last year's participation.

More than 80 weeks of camp were offered this year to nearly 10,000 military children both overseas and in 37 states.

Coincidentally, 37 also applies to the number of staffers at Harriman's disposal this year, all of whom helped provide campers with a variety of activities, including swimming, archery and climbing the ever-popular Alpine tower.

And while no therapy or counseling sessions were conducted with the youth, mental heath consultants were always around to assist campers.

"Every kid here is experiencing some kind of deployment, whether mom or dad just came back, or they're about to go," Harriman said, "so these kids all have that in common. When they feel sad or they're missing home a lot, oth-



Sgt. Gary Ynostrosa, 552nd Military Police Company, demonstrates the correct way to apply a pressure dressing to a wound as 7-year-old Shalonda Flowers, right, soaks in the advice. Flowers, the daughter of Sgt. Ernest White, was one of 233 youth who participated in "Operation Purple," a weeklong camp at Camp Erdman in Mokuleia, June 14-19.

er kids know what that feels like, so they're not alone."

One of the ways campers kept their stress levels low was by maintaining their sense of humor.

For example, when Sgt. Nicholas Briggs, a dog handler with the 13th MP Detachment, asked a group of children what makes them complete their homework, Nathan Mitchell's hand quickly shot up in the air.

"Candy?" suggested the 11-year-old son of Capt. Shawn Mitchell.

Everyone, including Briggs and Mitchell, chuckled at the answer.

"Actually, it's discipline," the ser-

geant finally said.

With sponsorship from The Sierra Club and The Sierra Club Foundation, Operation Purple campers also learned the importance of being stewards of the aina, or land, by completing service projects during the week.

While strengthening their commitment to caring for the land, the campers forged lasting friendships with other military children, Harriman explained,

Ten-year-old Andrew Logan-Bearden was among those who wasted lit-

tle time befriending a fellow camper. "I met a kid named Gabe Funtes on



Spc. Dustin Stephenson, 552nd Military Police Company, leads a group of campers around Camp Erdman in Mokuleia as part of the youth's "training regiment."



Pfc. Eric Demere, 552nd Military Police Company, tries unsuccessfully to fend off his "attackers" during a friendly contest of strength at "Operation Purple."

the first day of camp," explained Logan-Bearden, the son of Lt. Col. Andy Bearden. "We've been best pals ever since."

As this year's camp drew to a close, 11-year-old DeMonte Bond admitted he would miss the activities and friendships forged at Camp Erdman. Still, he was absolutely giddy about the thought of returning home and seeing his father, Sgt. Leon Bond, once again. "He's the best dad in the world," Bond said.

"Our motto is, 'Kids serve too,'" Harriman said. "They're going through stressful times in their lives, and they're making huge sacrifices by not having mom or dad here, and we want them to feel proud of what they do.

"This is a chance for them to come out, decompress and just be kids again."

Garrison CDCs celebrate Army birthday with a story

Children discover that birthday parties aren't always just about cake

Story and Photos by **BILL MOSSMAN Staff Writer**

HELEMANO MILITARY RESERVA-TION - The children talked excitedly amongst themselves, their eyes lighting up at the sight of a red, white and blue cake, featuring 234 gold-tipped candles standing at attention.

The cake was actually a faux creation, with several edible chocolate and vanilla cakes situated nearby.

Still, the anticipation for the keiki was real. Unfortunately for the children, however, the director of the Child Development Center (CDC), here, had other plans.

"I don't think we could really blow out 234 candles," Julie Ariola informed more than 100 children from the CDC and the School Age Services (SAS), who had gathered to celebrate the U.S. Army's 234th birthday, June 17. "I think that would be too much."

Instead, Ariola diverted the children's attention away from the faux cake and invited them to save their collective breaths for "The Happy Birthday To You" song. Then, she added, they could all wrap their mouths around the patriotically designed, yet scrumptiously edible cakes.

Disappointed as they might have been, the children agreed before they enthusiastically began to sing their little hearts out.

"Happy birthday, dear Army. Happy birthday to you!" they sang as CDC administrators and teachers joined in, along with special guests Jim Duttweiler, deputy garrison commander, U.S. Army Garrison-Hawaii (USAG-HI), and state Rep. Michael Magaoay, 46th District (Laie-North Shore-Schofield-Wheeler).

Magaoay, who was invited to attend the celebration by Barbara Potter, SAS assistant director, called it an honor to be among those celebrating the Army's birthday and its deep commitment to core values and beliefs.

"It's a pleasure to be here, and especially to be listening to the kids as they say things like, 'My dad is in the



Ginger Phillips, assistant director of the Child Development Center (CDC) at Helemano Military Reservation, and her boxer, Savannah, show their true, patriotic colors during a special program celebrating the U.S. Army's 234th birthday at the Helemano CDC and Youth Center, June 17

Army' and 'My daddy flies a plane,'" the lawmaker said. "To see that they're occupied while their parents are (deployed), fighting for us, is just wonderful. Patriotic characters such as Lady day book, "Sam the Army Dog," can be downloaded at www.myarmyonesource. com; click on Child, Youth and School Services. Children at the Fort Shafter Child and Development Center received

Liberty (Sene Akamu, CDC clerk), Uncle Sam (Jezael Gonzalez, caregiver) and Ben Franklin (Roberto Ramos, parent) also made guests appearances at HMR, as Duttweiler got the program started by reading the story of "Sam the Army Dog" to the children, who ranged in ages from newborn to 9.

Assisting during the reading of the Army birthday story was "Sam's sister," a dog named Savannah, who, when not mingling with children, could be found walking in circles around Dut-tweiler. Savannah belongs to Ginger Phillips, assistant director of the CDC at HMR.

"Kids love to be read to," Duttweiler said, "and what's really fun is when you have good stuff like 'Sam the Army Dog' to read to them. They love to see the pictures, and they love to listen to the story. And it does sink in, because they remember things about Sam, so that when they go home, they

can talk about their Army dog or their Army cat."

The birthday celebration at HMR was just one of several programs taking place at USAG-HI CDCs across Oahu, June 14-19.

At Aliamanu Military Reservation (AMR), families celebrated by reciting the Pledge of Allegiance and singing "America the Beautiful." Parents and children participated in a red, white and blue parade, waving flags and making stops at several locations, including the Middle School Team (MST) and SAS offices, as well as the AMR Community Center. After the parade children enjoyed cake while listening to the birthday story

read by volunteers

At the Fort Shafter CDC, families also participated in a parade, calling cadence prior to reading the birthday

Fun-filled events, including face painting, a bounce house and bean bag toss game, kept children entertained. Following the program, the keiki received a copy of the Army birthday story.

Finally, children enjoyed cake and listened to a retiree read the Army birth-day story at Schofield Barracks' CDC, while those at Peterson CDC celebrated with a snack picnic that included icycool treats.

SPORTS & FITNESS



27 / Saturday

Adventure Hiking – Enjoy a day hike with Outdoor Recreation to various locations around the island, June 27, 7 a.m. This level two program provides a moderate level of difficulty.

Round-trip transportation from Schofield Barracks is provided. Registration is required, and costs \$10. Call 655-0143.

Tropics Sand Volleyball Series – Sand volleyball teams can bump, set and spike their way to success during an all-day beach volleyball tournament, June 27, at the Tropics, Schofield Barracks.

Enjoy food and drink specials, giveaways and awards for top players. Play will continue until a winner is crowned.

Players must be 18 years old or older. Registration cost is \$10 per team; however, active duty are free. Call 438-1152.

28 / Sunday Kualoa Ranch Half-Day Tour

 Join Outdoor Recreation for the latest tour around the scenic North Shore and a trip to Kualoa Ranch, June 28, 8 a.m.-2 p.m.

Check out the island's prettiest terrain up close with friends or family. Tour cost is \$45 per person and includes round-trip transportation from Schofield Barracks. Call 655-0143.

July 6 / Monday

30 and Over Basketball Tournament – A 30 and over basketball tournament is scheduled, July 13-17, at Fort Shafter and Helemano Military Reservation (HMR) Physical Fitness centers.

All entries must be received by July 6, 4 p.m. Entries may be sent to the U.S. Army Garrison-Hawaii Sports, Fitness and Aquatics Office, Kaala Community Activity Center, Schofield Barracks. Call 655-0856 or 438-9572.



BSC Surr Lessons – Outdoor Recreation is offering surfing lesson at a 10-percent discount for Blue Star Card (BSC) holders, July 9, 9 a.m.-11:30 a.m., or noon-2:30 p.m. Space is limited. To reserve a board, call 655-0143.

11 / Saturday

Summer Ocean Splash – Don't miss an opportunity to learn up to four water sports all in one day, July 11, 7 a.m.-2 p.m., with Outdoor Recreation, Schofield Barracks. Summer Ocean Splash participants will enjoy lessons in stand-up paddle boarding, surfing, kayaking and outrigger canoeing.

The course costs \$60 per person. Registration is required and is now accepted by phone. Call 655–0143.

Ongoing

All Army Sports – Soldiers interested in applying for Armylevel sports competitions must apply with their Army Knowledge Online (AKO) account at https://armysports.cfsc.army.mil. Faxed copies are no longer accepted by the Sports Office. Call 655–9914 or 655–0856.

Paintball – Check out the paintball facility at Wheeler Army Airfield, just off of Lauhala Road next to the baseball fields. The facility features three lighted fields, and they are open for regular, league and youth play, plus private parties and physical training.

Hours of operation are Fridays, 5-9 p.m., and Saturdays and Sundays, 11 a.m.-7 p.m. Rental equipment and instruction is available. You can bring your own paint or buy it there. Call 343-3929 or visit www.paintballhawaii.com.

Volleyball & Racquetball – Learn basic skills and techniques from experienced instructors, Tuesdays and Thursdays, 8:30-10 a.m., at Martinez Physical Fitness Center, Schofield Barracks. Courts will be open for free play across the street from the facility. Call 655-4804.



Send sports announcements to community@ hawaiiarmyweekly.com

26 / Today

Mixed Martial Arts Expo – The first-ever Mixed Martial Arts (MMA) Expo is coming to the Blaisdell Exhibition Hall, today-June 28. MMA enthusiasts can enjoy more than 200 MMA and fitness exhibits and appearances by the biggest names in the industry. Admission is \$10 adults, \$5 kids 7-12, kids 6 and under free. Visit www.hawaiimmaex po.com or call 781-6194.

Sports Officials Wanted –

Sports officials (paid positions) are needed for the football intramural season scheduled to begin in early September. Games will be played weeknights at Schofield Barracks or Fort Shafter.

Youth games will be played Saturday mornings at Helemano Military Reservation, Schofield or Aliamanu Military Reservation.

Applicants should call Larry Cravalho at 780-4099.

28 / Sunday Honolulu Polo Club – The

Honolulu Polo Club is celebrating the military by offering free admission every Sunday to Soldiers and families now through Oct. 25. Gates open at 1 p.m. and polo begins at 2:30 p.m. Families are welcome to tailgate or picnic fieldside. The club is located at Kalanianaole Highway in Waimanalo. Call 521-0021.

Hike Oahu – Join the Hawaiian Trail & Mountain Club for a 9-mile advanced ridge hike in Wahiawa, June 28. Group meets at 8:30 a.m. at the end of California Avenue in Wahiawa. Call Ralph Valentino, 864-8130. Don't miss these hikes, too.

•July 5, a 14-mile advanced

ridge hike in Halawa. Call Darrell Teruya, 227-4572. • July 7, a 3-mile novice ridge

hike to the World War II bunkers at sunset. A good flashlight is needed for the return trip. Group meets at 6 p.m. across from Buzz's Steak House in Kailua. Call Sandra Klein, 263–8330.

•July 11, a 5-mile intermediate hike to a small waterfall off the Aiea Loop trail. Call Thea Ferentinos, 375-0384.

A \$2 donation is requested of nonmembers. An adult must accompany children under 18. Visit www.htmclub.org.

HAWAII ARMY WEEKLY JUNE 26, 2009 | B-5

July

4 / Saturday

Oahu is invited to participate in

the Marine Corps Community

Services (MCCS) VP-47 5k Run-

The race starts and finishes

at Hangar 104, and takes runners

along Carl Airfield at Marine

Corps Base Hawaii, Kaneohe Bay,

catching glimpses of historical

Awards will be given for top

male and female finishers in var-

ious divisions. To register, visit

www.mccshawaii.com/cgfit.htm.

Freedom Fest Weekend -

Celebrate life and independence

day with a wild sports weekend

at the Kualoa Ranch, July 4-5.

Participants can register for one

starts at 8 a.m. and a 20k moun-

tain bike race begins at 1 p.m.

(750-meter swim, 20k bike and

10k run) begins at 10 a.m. Race

day registration is open one hour

before the start. Visit www.free

domfesthawaii.com for more

details. Register online at

• July 4, 10k trail hike/run

July 5, off-road triathlon

or all the events.

Call Tina Lui at 254-7590.

way Run, July 4, 7 a.m.

Pyramid Rock

VP-47 Runway Run - All of

www.active.com by July 2. Kualoa Ranch is located at 49-560 Kamehameha Hwy.

19/Sunday

Coconut Chase 8K – Catch the coconut to win a special prize at the first annual Coconut Chase 8K for the Leukemia and Lymphoma Society, July 19, 6:30 a.m., at Ala Moana Beach Park.

Early registration costs \$35 per person. Register at www. active.com by noon, July 13.

26 / Sunday

Tinman Triathlon – Swim, bike and run your way fit at the Tinman Triathlon, July 26, starting at 5:30 a.m. at Kapiolani Park.

The race consists of an 800meter swim from Queen's Beach Groin to the Waikiki Aquarium and back, a 40k bike ride starting at Kapiolani Park to Hawaii Kai and back, and a 10k run from Kalakaua Avenue to Kahala and back.

All entries must be postmarked by July 13. Same day registration is not available.

Call Olga Caldwell at 595-5317 or e-mail tinmanhawaii@ hawaii.rr.com. Visit www.tin manhawaii.com.