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# **U.S. Army Hawaii Community Information Exchange**

**31 January 2018**



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# Agenda

- I. Opening remarks and Government Shutdown Impacts**
- II. Family and Morale, Welfare and Recreation events and updates**
- III. Directorate of Public Works update**
- IV. USAG-HI Spotlight Brief: Preparedness**
- V. Health Clinic update**
- VI. Directorate of Emergency Services update**
- VII. Religious Services/Chaplains update**
- VIII. Directorates/Organizations Roundtable briefs**
- IX. Commanders closing remarks**



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# **US ARMY GARRISON, HAWAII**

## **Government Shutdown Impacts**

COL Steven Dawson  
656-1153

31 January 2018



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# Impacts of Government shutdown

- Commissaries – **closed**.
- Installation public schools – no change.
- AAFES operations – no change.



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# Impacts of Government shutdown

- **Directorate of Family and Morale, Welfare and Recreation**  
(Primarily open with the following exceptions):
  - Fort Shafter Auto Skills - **Closed**
  - Fort Shafter Library – **Closed**
  - Schofield Barracks Library – reduced hours
- **U.S. Army Health Clinic – Schofield Barracks** (Primarily open – however a long term furlough will impact):
  - Access to Care
  - In-processing of Soldiers
  - Medical Records Request
  - Services will degrade over time



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# Impacts of Government shutdown U.S. Army Garrison-Hawaii

➤ Primarily **closed** with the following exceptions:

- Water and boiler operations
- Sweeping of Airfield
- Cooperative Environmental Contracts
- IT contract
- Recurring base operations contracts (Refuse/Custodial/Grounds Maintenance)



Continue to respond to Priority 1 emergencies (Life/Health/Safety)

- During a furlough, Housing Services Operations will close. There would be **no** daily TLA in-briefings, departure briefings, or processing of TLA. This could cause a financial hardship for arriving and departing service members and their families.



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# Impacts of Government shutdown

## ➤ Admin Services Division

- Official and personal mail services would continue.
- Forms and Publications support would be furloughed.

## ➤ Education Center Division

- Army counseling services would be curtailed.
- Army education centers would remain open, which means that college counselors would be available; night college classes would continue as scheduled; and Army personnel testing and the computer lab would be open. (Note: The services/areas that would remain open are operated by contractor or school personnel, not DACs.)

- ## ➤ Army Substance Abuse Program (ASAP) - Prevention and counseling activities would be furloughed; Employee Assistance Program would furlough; Only the Drug Testing function of sample drop offs would continue.



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# Impacts of Government shutdown

## ➤ Military Personnel Division (MPD)

- Functions including ID Cards, Transition Services, Retirement Services, Reassignments, SFL-TAP and Out-Processing will be minimally staffed during a furlough.
- Agent Cards, Passports and Family Travel actions will not be processed during a furlough.



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# Impacts of Government shutdown

- **Directorate of Plans, Transportation, Mobilization and Security** (Primarily **closed** with following exceptions):
  - Open: Airfield Operations
  - Open: ATC/Tower
  
- **Directorate of Emergency Services** (Primarily open with following exceptions):
  - Limited: Police Services (Admin)
  - Limited: Vehicle/Weapons Registration
  - Limited: Physical Security/Pass & ID
  - Limited: Community Compliance (BMM)
  - Limited: Fire Alarm Planning / Inspections



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# Impacts of Government shutdown

## ➤ Legal Services:

- Limited: Administrative Law, Civil Law, Claims, International Law, Legal Assistance, Operational Law, Training and Professional Development of Assigned Personnel, Notary Services, Contract Law, Environmental Law

## ➤ Chaplain Programs (Primarily open with following exceptions):

- Limited: Religious Support Admin

## ➤ Public Affairs (Primarily **closed** with following exceptions):

- Limited: Press Releases
- Limited: Command Information (Marquees and Social Media Updates).



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# Impacts of Government shutdown

- **Equal Opportunity Office (EEO)**
  - All functions: suspended-closed.
  
- **Installation Safety Office**
  - All functions: suspended-closed



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## END OF BRIEF



*We are the Army's Home*



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# **Family and Morale, Welfare and Recreation (MWR)**

Ms. Suzanne V. King  
656-0037



*We've Moved!*



**NEW LOCATION**

**310 Brannon Rd, Bldg 690, Schofield Barracks**



*Leilehua Concert Series*

**KAMAKAKEHAU  
FERNANDEZ**  
Feb 1 • 6 p.m.

*The Grill*  
at Leilehua Golf Course



**FEBRUARY 4, 2018**

**The BIG GAME**

**★ PARTY ★**

Come watch and cheer on your favorite team on 90" TVs at Tropics Recreation Center. Enjoy an all you can eat buffet for only \$20.

**Doors open at 11:00 a.m. | Game starts at 1:30 p.m.**

Foote Ave. Bldg. 589,  
Schofield Barracks  
655-5698





Meet with on-post and off-post employers and find out about part-time and summer jobs. Learn about the State of Hawaii teen work permits, Free Application for Federal Student Aid (FAFSA) and Scholarships. Employers and colleges on site to answer your questions.

Info: 655-4ACS (4227)

**PRIZES**  
1ST, 2ND & 3RD PLACE FINISHERS

**ULTIMATE CHALLENGE RACE**

**SATURDAY, FEBRUARY 10, 2018**  
**TROPICS RECREATION CENTER**  
(TROPICS RECREATION CENTER, 1470 FOOTE STREET, BLDG. 589)  
7:30 AM: PACKET PICK UP / 8:00 AM: RACE STARTS

REGISTER ONLINE  
AT [HIMWA.COM/CHALLENGE](http://HIMWA.COM/CHALLENGE)  
OR AT SCHOFIELD BARRACKS  
ARTS AND CRAFTS CENTER

CLUE #2

DESTINATION  
100 PTS

CLUE #1

FINISH

00:00:00  
THRU

CLUE #3

CLUE #4

CLUE #5

CLUE #6

CLUE #7

CLUE #8

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**NEHELANI**  
**VALENTINE'S DAY**  
*Dinner*

**NEHELANI BANQUET & CONFERENCE CENTER**  
 Wednesday, February 14 | Reservation seating begins at 5:00 p.m.  
 \$40/person or \$75/couple

Enjoy a delightful meal close to home. Choose from flavorful seafood dishes, traditional plates and a decadent dessert. Call 655-0660 to reserve your seat!

Reservations are required. RSVP by February 12th  
*Advance payment accepted at the Nehelani catering office.*



*Menu*

Meal Includes: Soup and Salad, Shrimp Cocktail, Crème brûlée for each couple and a choice of the following...

**Surf + Turf**: 10oz cut of prime rib with Au Jus and Canadian Snow Crab cluster. Served with drawn butter and Potatoes Au Gratin  
**Poultry**: Herb Roasted free range chicken served with Yukon gold mashed potatoes and white wine Jus

**From the Sea**: Pan Seared Fresh Island Snapper served atop artichoke puree with Tomato basil sauce)  
**From the Garden**: Roasted zucchini, yellow squash, eggplant and heirloom tomato au gratin with Sauteed Wild Mushroom Polenta cakes



**FEBRUARY 2 • 5 P.M.**  
 Hale Ikena Banquet and Conference Center  
 Bldg. 711, Morton Drive, Fort Shafter  
 438-1974

**FEBRUARY 23 • 5 P.M.**  
 Nehelani Banquet and Conference Center  
 Bldg. 2060, Kolekole Ave, Schofield Barracks  
 655-4466



**Fundraising**  
**Campaign Kick-Off**

February 23, 2018  
 4:15 p.m.-4:45 p.m.  
 Nehelani Banquet and Conference Center

Come support AER as we kick-off our annual campaign season. All funds go to support Soldiers and Families. Donate today by contacting your unit or Army Community Service. Campaign ends May 15.



**MILITARY**  
**AMERICA**  
**Saves\$**  
*START SMALL. THINK BIG.*

ACS Financial Readiness Program will host the following events that promote Military Saves Pledge enrollment

**MON**  
**FEB 26**

- ▶ 0830-0845: Military Saves Kickoff/Facebook Live at ACS
- ▶ 0845-1145: Million Dollar Soldier's Training & Savers Pledge at ACS
- ▶ 1300 -1600: Million Dollar Soldier's Training & Savers Pledge at ACS

**TUE**  
**FEB 27**

- ▶ 0800-1600: Savers Pledge at ACS
- ▶ 1000-1130: Blended Retirement System (BRS) & TSP
- ▶ 1130-1330: Savers Pledge Table at Schofield Barracks Exchange

**WED**  
**FEB 28**

- ▶ 0800-1600: Savers Pledge at ACS
- ▶ 1130-1230: Lunch and Learn Saving & Investing Facebook Live
- ▶ 1530-1700: Military Youth Saves Day Teen Outreach Program (TOP)
- ▶ 1130-1330: Savers Pledge Table at Fort Shafter Express

**THU**  
**MAR 1**

- ▶ 0830 -1500: Savers Pledge at Community Readiness Expo (CRE)
- ▶ 1000-1130: Construct Credit Building and Repair

**FRI**  
**MAR 2**

- ▶ 0800-1500: Walk-In Financial Consultations ACS FRP Counselors
- ▶ 1000-1130: Tax Planning Strategies
- ▶ 1300-1530: Free Credit Score Event at ACS

A stylized illustration of two runners on a mountain trail. The runner in the foreground is in mid-stride, wearing a dark tank top and shorts. The runner in the background is also in mid-stride, wearing a light-colored tank top and shorts. The background shows a silhouette of a mountain range under a dark sky.

**REGISTER TODAY!**  
Register at any Army Physical Fitness Center or online at [HiMWR.com/kolekole10k](http://HiMWR.com/kolekole10k)  
Call 655-5975 for information

- Strollers permitted.
- Pets not permitted.

Registration fee is non-refundable.

**3rd ANNUAL  
KOLEKOLE  
10K RUN**  
**U.S. ARMY GARRISON, HAWAII**

**Saturday, March 3 • 7:00 a.m.**  
**Leader's Field, Schofield Barracks**

Kolekole 10K is back for the 3rd year. Don't miss the rare experience of viewing the beautiful Kolekole Pass first hand while running this round-trip 10K! Open to DOD ID Cardholders, sponsored guests and general public with valid ID. All ages welcome.

**COST:**

- \$30 Early Entry - with a t-shirt. Register by February 11
- \$35 Late Entry, t-shirt size not guaranteed - Register by March 1.
- \$35 Race Day registration:  
5:45 - 6:45 a.m.  
cash only, t-shirt not guaranteed.

**AWARDS:**  
Awards for overall and age group winners (5 year age groups)



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## 60-90 Day Events At A Glance

- 2 March – **Right Arm Night** – Hale Ikena
- 3 March – **Kolekole 10K Run** – Leader’s Field
- 30 March – **Child Abuse Prevention Month Proclamation Signing** – Daniel K. Inoue School
- 30 March – **Right Arm Night** – Nehelani
- 31 March – **Funfest** – Weyand Field
- 1 April – **Easter Brunch** – Hale Ikena and Nehelani
- 3 April – **PT in the Park** – School Age Center, SB
- 5 April – **Gold Star Spouses Day**
- 6 April – **Right Arm Night** – Hale Ikena
- 20 April – **Volunteer Recognition Ceremony** – Nehelani
- 24 April – **PT in the Gym** – Fort Shafter, PFC



# Connect With Us!

Events • Classes • Recreation • Fitness • Tickets  
Child & Youth Programs • Jobs and more!



**SEARCH: MWR HAWAII**

***HiMWR.com*** | **808.656.3329**





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# **Directorate of Public Works Update**

Mr. David Pawlak

656-2448



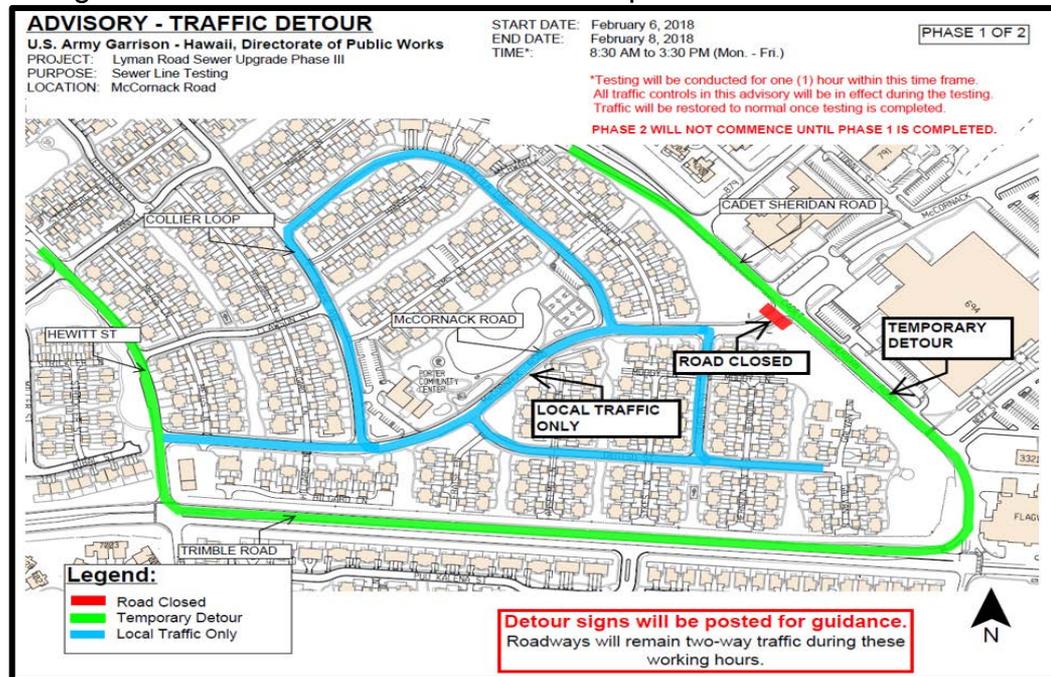
# SCHOFIELD BARRACKS (SB)

**SUBJECT:** Date Modification for the Sewer Line Testing at McCornack Road, Cadet Sheridan Road, and Trimble Road, Schofield Barracks

Who will be affected: **McCornack Road, Trimble Road, and Cadet Sheridan Road.**

When: **6 February 2018 and 8 February 2018, between 0830 and 1530 hours..**

The work will be performed in two (2) separate phases, and the work for each phase will take approximately one (1) hour to complete. Each phase will occur consecutively; there will not be multiple closures occurring at once. Appropriate signs and barriers will be posted for guidance. Please see the attached maps for more information.



If you have any questions or concerns, point of contact for this project is: Lauren Oumaye, Sr. Project Manager, Aqua Engineers, Inc., at (808) 694-3113 or by email:



# WHEELER ARMY AIRFIELD (WAAF)

## SUBJECT: ELECTRICAL OUTAGE NOTIFICATION

Who will be affected: WAAF, WILIWILI HOUSING AREA.

When: **13 MAR 2018 - 0730-1430.**

Why is this outage required: This outage is required in support of the CAB Infrastructure Project and for the purpose of isolating and back-feeding the Housing area with power in the future when commercial outages are needed.

\*\* Note: The times provided are only an estimate since site conditions on the day of the outage may require additional time to safely complete tasks during the outage.





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# **Community Information Exchange Spotlight Brief:**

# **Missile Defense Preparedness**

**COL Stephen Dawson**

**656-1153**



# False alert highlights importance of preparedness

KAREN A. IWAMOTO  
Staff Writer

At 8:07 a.m. on Jan. 13, an erroneous ext alert was sent to cell phones statewide, warning that an incoming missile was headed to Hawaii.

It took another 38 minutes to send out a text confirming that the original alert had been a false alarm and that no missile was inbound toward the state.

During that time, residents and visitors rushed to get home or find nearby shelter, with local media reporting cancellations of numerous events and motorists running red lights and climbing down manholes to reach safety.

While the fallout from the false alarm continues, there's also the question of individual readiness. Many in the community want to know what to do in the case of an actual attack.

Information is available by visiting [www.dod.hawaii.gov/hiema/](http://www.dod.hawaii.gov/hiema/) and clicking on the drop down menu labeled "nuclear attack."

It notes "All...



“All residents and visitors must immediately seek shelter in a building or structure. Once the (attack warning) sirens sound, residents and visitors will have less than 12 to 15 minutes before missile impact.”  
— Hawaii Emergency Management Agency

•Keep listening to radio and television news about what to do and places to avoid.

**Community Information Exchange**  
Anyone with questions or concerns regarding alerts is invited to attend the CIE on Jan. 31 at 9 a.m., at the Nehelani, Schofield Barracks. Army and community leaders will be on hand to answer questions.

**Resources**  
Review the following websites for more details:  
•Hawaii Emergency Management Agency at [www.dod.hawaii.gov/hiema/](http://www.dod.hawaii.gov/hiema/).  
•Hawaii Department of Education at [hawaiipublicschools.org](http://hawaiipublicschools.org). Review the article titled "A reminder about emergency preparedness at schools."  
•U.S. Department of Homeland Security at [www.ready.gov/nuclear](http://www.ready.gov/nuclear)

Residents and visitors in Hawaii receive alerts from the state Emergency Management Agency on Saturday morning. Courtesy photos

Children at school should an attack occur during school hours. Students and faculty should shelter in place, and parents are advised to shelter in place where they are. Schools have similar guidance, and parents of children enrolled in private schools are advised to check with the school. The U.S. Department of Homeland Security has the following guidance:  
•Make a family emergency plan.  
•Expect to stay inside for at least 24 hours unless instructed otherwise by authorities.  
•Do not look at the flash or fireball as it could blind you.  
•If you were outside after the blast, get clean as soon as possible to remove radioactive material.  
•When possible, take a shower with lots of soap and water.  
•Do not use hair conditioner as this could bind radioactive material to your hair.





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# Purpose

**Educate our Army community on how to prepare for a missile attack on the State of Hawaii.**

- 1** Stay Informed
- 2** Know What to Do
- 3** Have a Plan



# Be Prepared!

SOLDIERS

HAWAII ARMY WEEKLY

OCTOBER 6, 2017 | A-3

## Emergency preparedness is paramount

**DENNIS C. DRAKE**

U.S. Army Garrison-Hawaii  
Public Affairs

**WHEELER ARMY AIRFIELD** — Living on an island and preparing for natural and man-made disasters go hand in hand, as events of the past month underscore the importance of being prepared.

In just the past few weeks, Hurricane Harvey flooded Houston with torrential rains, Hurricane Irma wreaked havoc on Florida communities, Mexico City sustained a powerful 7.1 earthquake with great loss of life, and Hurricane Maria devastated Puerto Rico.

Hawaii is prone for hurricanes, tsunamis, power outages and flash floods. Hurricanes normally come with days of warning time; yet, tsunami warnings are often only hours. Earthquakes give little or no warning, and power outages can occur unexpectedly from lighting strikes or high winds.

All of this adds up to one fact: the time to be prepared is now — not hours before an event happens.

As we've seen here when an emergency is forecast, store shelves get stripped of the basics — water, bread, flashlights, batteries

and other essentials — and gas station lines can stretch around the block. Waiting until the last minute to be prepared can have bad consequences.

### Get prepared now!

Hawaii's Emergency Management Agency recommends having a 14-day supply of water, food and medications. Have a battery-powered AM-FM radio; flashlights with extra batteries; a whistle, blankets and tarps; a first aid kit; cash in small bills; personal hygiene items; and your important documents in plastic bags.

Have a family emergency plan, that is, know where to meet and how to communicate. In Hawaii, cellphone towers are often jammed during emergencies.

Have an evacuation plan — know where your nearest shelters are located and know where to reach higher ground.

Remember this quote: "An informed public knows what to expect and what to do for all disasters — ahead of time!"

### More Online

For additional information, go to [Ready.Hawaii.Gov](http://Ready.Hawaii.Gov).



**Right** — The AtHoc Mass Warning Notification System, part of the Army's emergency management modernization program, ensures all communities and personnel — Soldiers, civilians and contractors — are immediately and simultaneously notified in the event of a threat or an emergency. All U.S. Army Hawaii personnel must register. Call 656-0219 for details.

EMERGENCY ALERTS

### AtHoc Alerts

- **SOLDIERS & ARMY CIVILIANS**  
**(SIGN-UP REQUIRED)**  
 Mass-warning notification system that pushes alerts to all registered users via email, text, phone or computer pop-up. From your work computer, look for the AtHoc icon, a purple globe, on the taskbar in the lower right corner of the screen.
- **FAMILY MEMBERS**  
**(SIGN-UP OPTIONAL)**  
 Soldiers and Army civilians can add one family member to their AtHoc account to receive alerts.

### Oahu Info Alerts

HNL.Info

The City and County of Honolulu has a special app to alert residents of disasters, emergencies, road closures, etc. To subscribe or download the app, visit: <https://hnl.info>

U.S. Army Hawaii

ADDITIONAL ALERTS

- **Social Media**  
 Check U.S. Army Garrison-Hawaii's Facebook page for breaking updates.  
[@usaghawaii](https://www.facebook.com/usaghawaii)
- **Loud Speakers**  
 Listen for the "Giant Voice" loud speaker announcements on Schofield Barracks, Wheeler Army Airfield and Fort Shafter.
- **CallMax**  
 Live in on-post family housing? Opt in for phone and email updates from Island Palm Communities.
- **Online Resources**  
 For additional information visit:  
[www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil)  
[www.hawaiiarmyweekly.com](http://www.hawaiiarmyweekly.com)
- **Local News**  
 Tune into local news stations for the latest information. Local news sources include: Honolulu-Star Advertiser, KHON, KITV, Hawaii News Now (KGMB and KHNL) and Hawaii Public Radio.

For More Information

U.S. Army Garrison-Hawaii and  
 U.S. Army Hawaii Public Affairs Office at:  
 (808) 656-3155 / 656-3157 / 656-3154  
[usarmy.wheeler.incom-pacific.list.web@mail.mil](mailto:usarmy.wheeler.incom-pacific.list.web@mail.mil)

Courtesy graphic



# Stay Informed:

## What is AtHoc?

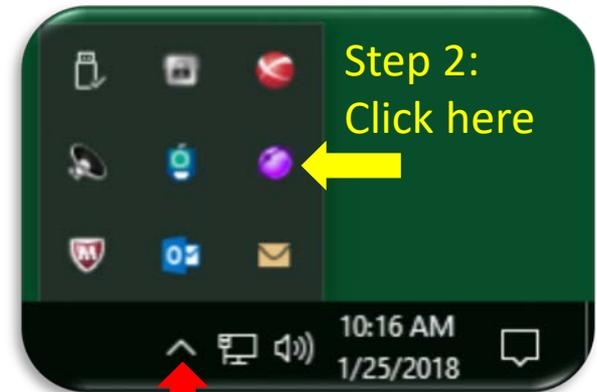
U.S. Army Hawaii uses this mass-warning notification system to push alerts to all registered users via email, text, phone or computer pop-up.

## How do I sign up?

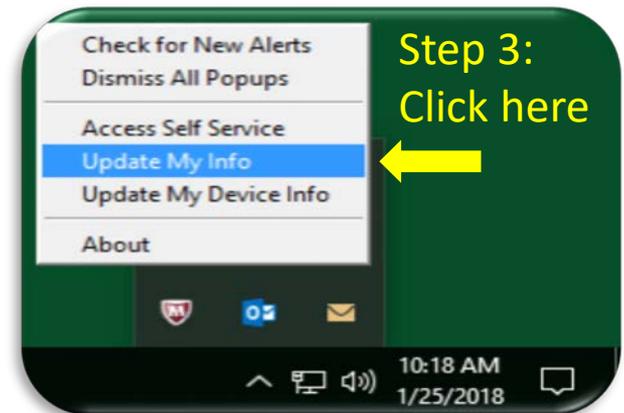
- From your work computer, look for the AtHoc icon, a purple globe, on the taskbar in the lower right corner of the screen.
- Soldiers and Army civilians can add one family member to their AtHoc account to receive alerts.



# AtHoc™



Step 1: Click here



Step 3: Click here



## STEP 6

# AtHoc Data entry

Numbers	
Phone - Work *	<input type="text" value="555-555-1234"/>
Phone - Home	<input type="text" value="555-555-9876"/>
Phone - Mobile	<input type="text" value="555-555-1298"/>
Text Messaging	<input type="text" value="555-555-1298"/> <small>Message and Data Rates May Apply</small>
Online addresses	
Email - Work *	<input type="text" value="john.e.doe.civ@mail.mil"/>
Email - Home	<input type="text" value="johndoe@gmail.com"/>
Family Member Contact	
Phone - Family	<input type="text" value="555-555-1590"/>
Email - Family	<input type="text" value="johndoejr@gmail.com"/>
Text Messaging - Family	<input type="text" value="555-555-7530"/> <small>Message and Data Rates May Apply</small>



# Stay Informed: Social Media



Follow us on Facebook: [@usaghawaii](#)

U.S. Army Garrison-Hawaii shared Honolulu Police Department (Official Site)'s post.  
January 13 at 8:54am · 🌐

U.S. Army Hawaii personnel, there is no missile threat.

01/13/2018 08:26 AM

**State Warning Point has issued a Missile Alert in ERROR! There is NO threat to the State of Hawaii!**

State Warning Point has issued a Missile Alert in ERROR! There is NO threat to the State of Hawaii!

Honolulu Police Department (Official Site) January 13 at 8:36am · 🌐

No missile threat to Hawaii.

104 likes · 23 Comments · 4 Shares

U.S. Pacific Command is with Ethelbert Grande Carpio and Ethelbert Reinhard Carpio.  
January 13 at 9:10am · 🌐

U.S. Pacific Command has detected no ballistic missile threat to #Hawaii. Earlier message was sent in error and was a false alarm. State of Hawaii has sent out a correction.

812 likes · 134 Comments · 831 Shares

U. S. Army Garrison-Hawaii  
January 13 at 3:46pm · 🌐

AtHoc -- Be sure to get alerts when there are emergencies. Sign up in the AtHoc system for cellphone or computer alerts. Read the article, "AtHoc alerts Army Hawaii community about threats":  
[www.hawaiiarmyweekly.com/.../athoc-alerts-army-hawaii-commun...](http://www.hawaiiarmyweekly.com/.../athoc-alerts-army-hawaii-commun.../)

[www.hawaiiarmyweekly.com](http://www.hawaiiarmyweekly.com)

Like · Comment · Share

by Flister, Emily Van James, Austin Miller and 9 others like this. · Top Comments

Christian Arguello That's exactly how I knew it was fake. AtHoc wasn't blowing my phone up 🙄

2 · January 13 at 3:55pm

uki Campbell Katie Garcia Corey Rene Stalker Cameron Campbell

January 14 at 12:44am

comment



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# Know What to Do

## **What will happen if a missile is detected inbound?**

- United States Pacific Command (PACOM) will be first to know of missile launch
- PACOM will alert the State of Hawaii
- The State will activate the Emergency Alert System (cell, sirens, radio and TV)
- The Army will activate AtHoc alerts, social media alerts, and the Giant Voice system

# TRIGGERS

# ACTIONS

# WHAT TO DO

# WHY

## SIRENS SOUND



**Attack- Warning Signal / Giant Voice**



**Emergency Alert System (EAS) Advisory**



**Wireless Emergency Alert (WEA) System Advisory**



**Brilliant White Light (Flash) – Do not look at light!**

Information provided by:  
The Hawaii State Department of Defense,  
Hawaii  
Emergency Management Agency.



1. If you are indoors, stay indoors, well away from windows.
2. If you are outdoors, seek immediate shelter in a building; preferably in a concrete structure such as a commercial building or parking structure.
3. If you are driving, pull safely to the side of the road and seek shelter in a building or lay flat on the ground.
4. Do not look at the flash of light.

- Surviving the immediate effects of a nuclear detonation (blast, shock, thermal radiation, initial nuclear radiation) require sheltering in resistance structures.
- You may have only minutes to take protective action—take immediate action without delay.
- There are no designated blast or fallout shelters in Hawaii.
- Light generated by the weapon will damage (temporarily or permanently) unprotected eyes.



1. Remain in your shelter until you are told it is safe to leave, or when two weeks (14 days) have passed, whichever comes first.
2. You may be advised that it is safe to leave your shelter for short periods of time to locate food, water and medical care.
3. Electrical, water and other utilities may be severely disrupted or unavailable.

- Following the detonation, sheltering from radioactive fallout for up to 14 days is critically important.
- Public may need to briefly leave their shelters to locate essential supplies and equipment.
- Emergency Management will access residual radiation levels and advise when sheltering can be discontinued.



1. Listen to local AM-FM radio stations for official information.
2. Cellphone, television, radio and internet services will be severely disrupted or unavailable.
3. Small portable walkie-talkies may give you communication with nearby shelters.

- Local AM-FM broadcast radio is most survivable and may be useful in advising the public post-detonation.
- Other communication technologies may be damaged by weapons effects and EMP.
- FRS and GMRS radios are widely available in the community and may be useful in keeping people in communication with one another.



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# Have a Plan

## GET INSIDE

- Time will be limited (12-15 minutes), think ahead – Which building you choose will be based on where you are (house, work, school, etc.)
- If outdoors or in a vehicle – get inside a building immediately
- Choose the most suitable gathering place





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# Have a Plan

## STAY INSIDE

- Prepare **14 days** of non-perishable food and water (one gallon per person)
- Acquire tape and materials to place around windows, doors to mitigate the impact of fall out
- Turn air conditioning and fans/exhausts off
- First aid kit/prescription medicine/infant needs
- Flashlights/candles/can opener/pocket knife
- Have a pet plan to include food, kennel





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# Have a Plan

## STAY TUNED

- Receive credible Army notifications by registering for AtHoc alerts
- Monitor social media (  @usaghawaii )
- Purchase and maintain radio
- Know what radio station to go to – practice tuning radio
- Have extra batteries for radios





**Questions?**



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# Schofield Barracks Army Health Clinic

433-8500

Major Johnathan Evans



# U.S. Army Health Clinic – Schofield Barracks



*Your Health. Our Mission.*

## GET CONNECTED

### Community Resource Guide



These CRG contain lists of resources available to members of US military communities. They do not provide exhaustive information about each resource. Instead, they provide just enough information for you to quickly determine what resources are available to serve your needs at a particular location. You can then use the phone numbers or web links included with each resource to get more detailed information.

### USAHC-SB App



USAHC-SB mobile app is designed to provide easy access to services and information in support of maintaining optimal health and readiness. We provide you with up-to-date contact information for the clinics and services you use the most. Now you can log on to your Relay Health and TRICARE Online accounts without opening your browser.

### App of the Month: Happify App



Whether you're feeling stress, anxious, depressed, or you're dealing with constant negative thoughts, The Happify app brings you effective tools and programs to take control of your emotional well-being. Struggling with every-day challenges and being gripped by negativity is toxic, so start off the New Year with new habits of successful engagement with life!

*Your Health. Our Mission.*





# U.S. Army Health Clinic – Schofield Barracks

## WHERE TO GO IN A RADIATION EMERGENCY



GET INSIDE



STAY INSIDE



STAY TUNED



NOT SAFE



SAFER



SAFEST

If a radiation emergency happens in your area, you should get inside immediately.

No matter where you are, the safest action to take is to: **GET INSIDE. STAY INSIDE. STAY TUNED.**

- Close and lock all windows and doors.
- Go to the basement or the middle of the building. Radioactive material settles on the outside of buildings; so the best thing to do is stay as far away from the walls and roof of the building as you can.
- If possible, turn off fans, air conditioners, and forced-air heating units that bring air in from the outside. Close fireplace dampers.
- Bring pets inside.
- Stay tuned for updated instructions from emergency response officials.



Adapted from Ventura County Public Health, Ventura County, CA



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

<http://emergency.cdc.gov/radiation>

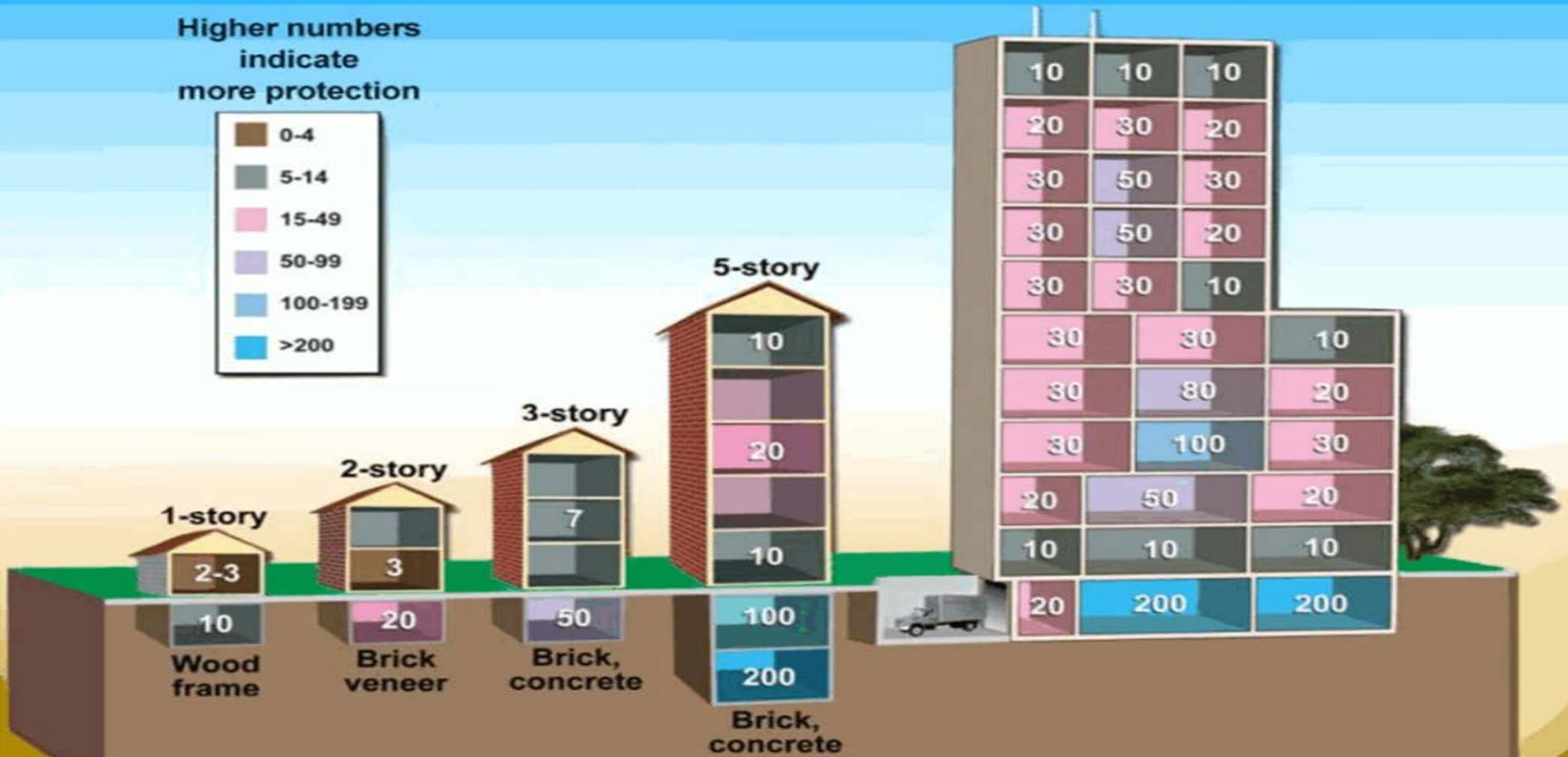
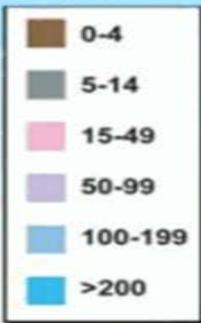


# U.S. Army Health Clinic – Schofield Barracks



# Where should I go?

Higher numbers indicate more protection





# U.S. Army Health Clinic – Schofield Barracks



## 1. Get Inside

- Take off clothes
- Wash yourself off
- Put on clean clothes
- Help others and pets

## 1. Stay Inside!

## 2. Stay Tuned!

### DECONTAMINATION FOR YOURSELF AND OTHERS

**① TAKE OFF OUTER LAYER OF CLOTHING**

Taking off your outer layer of clothing can remove up to 90% of radioactive material.

Put the clothing in a plastic bag or other sealable container.

Be very careful in removing your clothing to prevent radioactive dust from shaking loose.

Put the bag in an out-of-the-way place, away from other people and pets.

**② WASH YOURSELF OFF**

If you can take a shower: Use soap and shampoo. Do not use conditioner because it will cause radioactive material to stick to your hair. Do not scald, scrub, or scratch your skin. Keep cuts and scrapes covered when washing to keep from getting radioactive material in open wounds.

If you cannot take a shower: Wash your hands, face, and parts of your body that were uncovered at a sink or faucet. Use soap and plenty of water.

If you cannot use a sink or faucet: Use a moist wipe, clean wet cloth, or damp paper towel to wipe the parts of your body that were uncovered. Pay special attention to your hands and face. Blow your nose and wipe your eyelids, eyelashes, and ears with a moist wipe, clean wet cloth, or damp paper towel.

**③ PUT ON CLEAN CLOTHES**

If you have clean clothes: Clothes stored in a closet or drawer away from radioactive material are safe to wear.

If you do not have clean clothes: Take off your outer layer of clothing, shake or brush off your clothes, and put your clothes back on. Rewash your hands, face, and exposed skin at a sink or faucet.

**④ HELP OTHERS AND PETS**

Wear waterproof gloves and a dust mask if you can.

Keep cuts and scrapes covered when washing to keep radioactive material out of the wound.

Rewash your hands, face, and parts of your body that were uncovered at a sink or faucet.

STAY TUNED FOR UPDATED INFORMATION FROM PUBLIC HEALTH OFFICIALS.

 U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

<http://emergency.cdc.gov/radiation>



# U.S. Army Health Clinic – Schofield Barracks

## New TRICARE West Contractor

- Impacts TRICARE management and delivery
- In 2016, the Defense Health Agency (DHA) awarded new regional contracts, known as T2017 contracts
- Minimal change for Tricare West and overseas beneficiaries
- **Health Net Federal Services**, LLC, of Rancho Cordova, California, will manage the West Region contract
- Improve delivery, quality and health care cost
- Example-hip or knee replacement. TRICARE will cover a global fee for up to 30 days post surgery, so hospitals and doctors are incentivized to get you to the right physical therapy, and the right home support services, so you recover more quickly...and don't need to be readmitted.
  - “value based payments” beneficiaries will pay for the outcomes received.
  - Looking at simplifying the rules, and make it easier for patients to connect with their doctors without an appointment.
- **For transition preparation-visit “Changes” on TRICARE website: [www.tricare.mil/changes](http://www.tricare.mil/changes).**



-Effective 1 Jan 2018-

**HEALTH NET FEDERAL SERVICES, LLC**

1-844-866-9378 or [www.tricare-west.com](http://www.tricare-west.com)



# U.S. Army Health Clinic – Schofield Barracks



## DON'T LET MUMPS SPOIL YOUR FUN



### MMR VACCINATION IS THE BEST PROTECTION AGAINST MUMPS!

### KEEP FROM SPREADING MUMPS



Don't share drinks or eating utensils



Cover your coughs and sneezes



Stay home when you are sick



Wash your hands often with soap and water



Clean and disinfect surfaces

### SIGNS AND SYMPTOMS OF MUMPS



Mumps is best known for the puffy cheeks and swollen jaw that it causes.



Fever



Headache



Loss of appetite



Muscle aches



Tiredness

### THERE IS NO TREATMENT FOR MUMPS



If you have symptoms, stay home and away from others and contact Student Health Services or your doctor.

### ASK YOUR STUDENT HEALTH SERVICES ABOUT WHERE YOU CAN GET VACCINATED.





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# **8<sup>th</sup> MP Brigade/ Directorate of Emergency Services**

**Lt. Col. Kenneth Phillips**

**656-6454**



# Community Information

## Driving Safety

- There has been a recent spike in reckless driving, specifically speeding
- Motorcycles have been involved in several of our latest crashes resulting in severe injuries to drivers and passengers
- A factor of most crashes is exceeding the speed limit in excess of 15 mph or more

**\*\*Per USARHAW 190-5 A reckless or excessive speed driving citation results in suspension of on-post driving privileges for six months.**



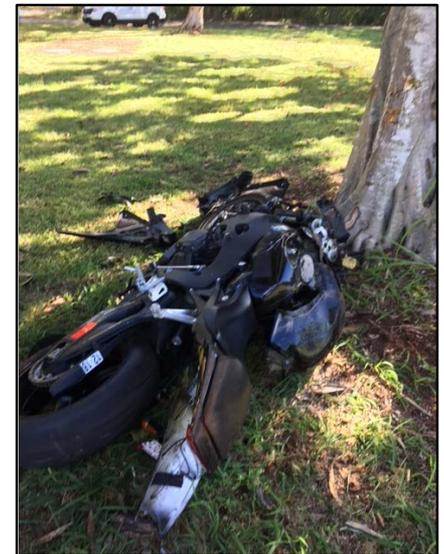
Factors: OVUII; Inattentive Driving; Speeding



Factors: Speeding (49 mph in 25 mph); Racing



Factors: Speeding; Failure to Yield Right Away



Factors: Speeding (49 mph in 25 mph)





# Community Information

## Trending Speeding Areas

### Maximum Speed Limits

- 15 mph in all housing areas, unless otherwise posted
- 15 mph in all school zones during applicable school hours, unless otherwise posted.
- 10 mph when entering or exiting access control points (gates).
- 10 mph in any service drive of a housing area.
- 10 mph in any parking area, motor pool or motor park, unless otherwise posted.
- 10 mph when passing troops in formation.



Directorate of Emergency Services (DES), US Army Garrison - Hawaii





# Community Information



Factors: Outside lines; next to fire hydrant

## Illegal Parking

**\*\*Per USARHAW 190-5 Parking is authorized between two white painted parking lines on streets and in parking lots.**

**Prohibited Parking includes in a crosswalk, against the flow of traffic, next to a vehicle parked parallel to the curb, on grassed or seeded areas, within 20 feet of a fire hydrant and finally any location outside of two white painted lines designating authorized parking.**



Factors: Outside lines; on grassed areas



Factors: Outside lines



Directorate of Emergency Services (DES), US Army Garrison - Hawaii



# **Religious Support/Chaplains**

**388-3375**

**Chaplain (Lt. Col.) Kevin J. Niehoff**



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# *Ash Wednesday Services*

*14 February 2018*

*Catholic*

- *Aliamanu Military Reservation Chapel*
  - *1730*
- *Schofield Barracks Main Post Chapel*
  - *1200*
  - *1730*



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# Community Information Exchange Directorate/Program Updates

- USAG-HI Financial Institutions
- Thrift Shop/ Hui 'O Na Wahine  
[huipresident@gmail.com](mailto:huipresident@gmail.com)
- Schofield Barracks USO  
387-0016
- Armed Services YMCA  
624-5645



[www.schofieldfcu.org](http://www.schofieldfcu.org)

***“Serving those who Serve our Country since 1951”***

- **Who Can Belong?**
- DOD Personnel and Civilians who work on Schofield.
- Members of the United States Armed Forces
- Retired personnel and their families
- Students at Leilehua High School in Wahiawa, Hawaii.

**OFFICE LOCATION AND HOURS** (Next to the Post Exchange parking lot)

Hours: 0830 – 1600 Monday – Friday  
(Closed all State and Federal Holidays )

- **Phone:** (808) 624-9884
- **Address:** 331 Brannon Rd Bldg 699  
Schofield Barracks, HI 96857
- **Fax:** (808) 624-7774
- **Mailing Address:** PO Box 860669  
Wahiawa, HI 96786



## Schofield FCU Community Involvement

- Attend weekly Newcomers Community Readiness Expo (CRE)
- Provide booklet for Military Blended Retirement System.
- Schofield FCU and ACS will be partnering in February for training during Military Saves Week.
  - Military Saves Week (February 26 – March 3) is a component of the nonprofit America Saves and a partner in the Department of Defense's Financial Readiness Campaign, it seeks to motivate, support, and encourage military families to save money, reduce debt, and build wealth. Military Saves encourages all service members, their families, and civilian employees to take the Military Saves pledge and for organizations to promote savings year-round and during Military Saves Week.



# First Hawaiian Bank.®

- Closed for President's Day
  - February 19<sup>th</sup>
  
- Participating in Military Saves Week
  - February 26-March 2



Contact Us: (808)844-4444



Chris Renteria  
Branch Manager  
808 848 3561



## Financial Education

### Wealth Management Workshops

- Retirement Planning - Jan 31
- Tax Planning Strategies - Feb 13
- Retirement Incoming Planning - Feb 27
  
- Other Upcoming workshops for this year:
  - Tax Planning Strategies.
  - Financial Planning.
  - Investing Basics.
  - Retirement Planning.
  - TSP
  - Estate Planning
  - Planning for Long Term Care
  - College Planning





# 2018

Upcoming for 1<sup>st</sup> quarter



- Military Saves Campaign
- Work with our Pacific Banking Officer
  - Counterfeit Currency and Checks training.
- Continue to provide workshops from our Wealth Management
- Partner with ACS to host other financial education and training to our military community
- Work with MWR to support community initiatives



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# HONEA FEDERAL CREDIT UNION

- Serving civilians employees and Department of the Army military personnel who work at, or are stationed at, or are assigned or attached to Fort Shafter and Fort DeRussy
- U.S. Army Corps of Engineers
- Hale Koa Hotel Employees
- Retirees of the above
- Immediate family members of members



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# HONEA FEDERAL CREDIT UNION

## WHAT WE DO

- We provide financial products and services
- Full service banking
- Free Notary Services
- Free Internet Banking
- Free Bill Payer Services
- Free Debit/ATM cards



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# HONEA FEDERAL CREDIT UNION

- We are located in Fort Shafter

50 yards from main checkpoint  
(facing Diamond Head)

[www.honeafcuhi.com](http://www.honeafcuhi.com)



# Hui O' Na Wahine Welfare Grants

To download the Welfare Grant Application, visit  
<http://www.schofieldspousesclub.com/welfare-grants.html>

Application deadline is 28 February 2018!

- Applications will only be accepted via email to [huiwelfarechair@gmail.com](mailto:huiwelfarechair@gmail.com)!
- Applications must be filled out completely and submitted by the deadline!
- Your POC will receive an email confirmation from the Hui O' Na Wahine Welfare Chair when an application is received. If the request is approved, your POC will be contacted by the Welfare Chair sometime in late March.
- All checks must be cashed within 90 days from the date of the check disbursement.
- Original receipts must be submitted to the Welfare Chair no later than 30 days after funds are expended. Failure to submit receipts may disqualify your organization from receiving future grants from the Hui O' Na Wahine.

For more information or for Welfare questions, please email [huiwelfarechair@gmail.com](mailto:huiwelfarechair@gmail.com).



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# Community Information Exchange

## February 2018

### *"African American/Black History Month"*

- 2 Feb.: Fort Shafter Right Arm Night, Hale Ikena
- 4 Feb: Super Bowl Party, Tropics
- 10 Feb.: MWR Ultimate Challenge, Tropics
- 14 Feb.: Valentine's Day Dinner, Nehelani
- 19 Feb.: Presidents Day
- 23 Feb.: AER Kickoff, Nehelani
- 23 Feb.: Right Arm Night, Nehelani
- 28 Feb.: Community Information Exchange

## March 2018

### *"Women's History Month"*

- 3 March: Kolekole 10K
- 17 March: St. Patricks Day
- 19-23 March: Spring Break
- 28 March: Community Information Exchange
- 31 March: Fun Fest, Weyand Field

## April 2018

### *"Child Abuse Prevention Month" Sexual Assault Awareness Month"*

- 1 April: Easter Brunch, Hale Ikena & Nehelani
- 3 April: SB PT in the Park
- 5 April: Gold Star Spouses Day
- 20 April: Volunteer Recognition Ceremony, Nehelani



# Commander Comments



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## Online Access

### Public Affairs/Preparedness

- <https://www.ready.gov/nuclear-blast>
- <http://dod.hawaii.gov/hiema/category/nuclear-threat/nuclear-threat-forum-answers/>
- [www.HawaiiArmyWeekly.com](http://www.HawaiiArmyWeekly.com)
- Facebook: [www.facebook.com/usaghawaii/](http://www.facebook.com/usaghawaii/)

### Community Resource Guide

- <https://crg.amedd.army.mil/guides/usarpac/hawaii/Pages/default.aspx>
- [www.garrison.Hawaii.army.mil/](http://www.garrison.Hawaii.army.mil/)

### CIE Briefing slides/MWR & Community Calendars

- [www.Garrison.Hawaii.Army.mil](http://www.Garrison.Hawaii.Army.mil) (home page)

### MWR Events

- Facebook: [www.facebook.com/fmwr.Hawaii/](http://www.facebook.com/fmwr.Hawaii/)
- [www.HiMWR.com](http://www.HiMWR.com)

### Directorate of Public Works Updates

- Facebook: [www.facebook.com](http://www.facebook.com) USAGHi Department of public works

### Directorate of Emergency Services

- Facebook: [www.facebook.com/search/](http://www.facebook.com/search/) Directorate of Emergency Services (DES) USAGHi

### Health Clinic/Tricare Updates

- [www.dmdc.osd.mil/milconnect](http://www.dmdc.osd.mil/milconnect)
- [www.Tricareonline.com](http://www.Tricareonline.com)
- [www.Relayhealth.com](http://www.Relayhealth.com)

### Hui O' Na Wahine spouses club

- [www.schofieldspousesclub.com](http://www.schofieldspousesclub.com)
- <http://www.schofieldspousesclub.com/welfare-grants.html>



**NEXT**

# **Community Information Exchange**

**28 February, 2018**