

LIGHTNING ACADEMY FRIES/SPIES PACKING LISTS

WORN OR CARRIED PACKING LIST

- The following items will be inspected on Day One of the FRIES/SPIES Master Course. These items pertain to what will be worn or carried by the Student.

ALL ITEMS WILL BE MILITARY ISSUE	
A. ID Card	B. ID Tags w/ issued long and short chain
C. IBA/IOTV/Plate Carrier x 1 1. Name, rank, and front/back plates included 2. No side plates, yoke, groin protector, throat protector, or DAPS	D. 1-qt canteen carrier with canteen cup attached to IBA/IOTV/Plate Carrier x 1
E. OCP/IHWCU (or unit equivalent) top (all patches, tapes and rank) x 1	F. OCP/IHWCU bottom (no Spandex worn underneath) x 1 (or unit equivalent)
G. Tan/Coyote T-Shirt (no unit or logos) x 1	H. Socks (black, tan, or green) x 1 pair
I. Tan Belt (rigger's belt highly recommended but optional) x 1	J. Notebook with black pens/map markers x 1
K. OCP Patrol Cap (rank and name tape) x 1	L. Boots, Tan Leather (IAW AR 670-1) x 1 pair
M. LA 100 with all applicable signatures x 1	N. STP or service equivalent x 1
**Optional: Wrist watch x 1	**Optional: Camelbak x 1
** LA 100 must be signed by PA, Commander, and be present on Day One with all signatures within 90 days of course start date ** Sister Services contact LA FRIES/SPIES POC for alternate items accepted in lieu of the Authorized Packing List. *** BOLD ITEMS ARE WORN	

ASSAULT PACK PACKING LIST

- The following items will be inspected on Day One of the FRIES/SPIES Master Course. These items pertain to the equipment stored in the Assault Pack for use during FRIES/SPIES tower and rotary wing aircraft training.

ALL ITEMS WILL BE MILITARY ISSUE	
A. Assault Pack x 1	B. Wet Weather Bag (serviceable ie. no holes) x 1
C. Rubber Duck (issued) x 1	D. FLC/TAPs system x 1
E. Wet Weather Gear (top and bottom) x 1 set	F. OCP/IHWCU Top x 1
G. OCP/IHWCU Bottom x 1	H. Socks (black, tan, green) x 1 pair
I. Tan/Coyote T Shirt (no unit or logos) x 1	J. APEL Approved Eye Pro/Goggles (dark optional but clear mandatory for night operations) x 1 pair. Link below shows approved list: https://www.peosoldier.army.mil/equipment/approved-eyewear-QPL/
K. Ear Pro with Case x 1 pair	L. Poncho x 1
M. Glove Inserts x 1 pair	N. Leather work gloves with a friction bearing pad of doubled leather that covers the entire palm. <i>*See Lightning Academy website, Air Assault packing list for pictures of authorized and unauthorized gloves.*</i>
O. MRE (complete)	P. ACH x 1 1. With helmet cover 2. Must have all issued pads (oval pad x4, crown pad x1 and trapezoid pad x2) 3. Must have a serviceable chinstrap and hardware
**Optional: Camelbak x 1	**Optional: Headlamp x 1
** Sister Services contact LA FRIES/SPIES POC for alternate items accepted in lieu of the Authorized Packing List, the AASLT Branch Chief at 808-656-1018.	