ENLISTED CHAPTER 8 - PREGNANCY CHECKLIST

Name: 
Unit: 

Separation Date: 
Phone: 

Email: @mail.mil 

S1 Information: 
Name/Phone/Email 

Received Date: 

☑️ REQUIRED DOCUMENTS

Signed DA Form 4187 (Must be signed by approval authority IAW AR 635-200, Para 1-19) 
Statement of Counseling (Signed by Soldier) (See AR 635-200, Figure 8-2) 
DD 2807-1 – Report of Medical History 
DD 2808 – Report of Medical Examination 
DA 3349 – Profile (must include due date) 
DA 4856 – Counseling Form or Memorandum (Signed by Commander) 
DD 2648 – Pre-Separation/Transition Counseling and Career Readiness Standards Eform. (Provided by SFL-TAP) 
Approved DA Form 31 with Control Number. PTDY is not authorized. 
DD 4-1,2,3 (Initial Enlistment Contract) (First 3 pages only) 

Proof of Command Sponsorship (One or more may apply) 
- PCS orders with list of dependents names 
- Approved Command Sponsored Memo 
- Early Return of Dependents (EROD) orders 
- Copy of Birth Certificate for dependents born after arrival to Hawaii and not listed on original PCS orders 
SRB (dated within 30 days)

☐ SUPPORTING DOCUMENTS

Reenlistment contracts (DD 4-1,2,3) 
DD 214, Certificate of Discharge (prior service), if applicable 
NGB 22, Certificate of Discharge (ARNG), if applicable 
AFRC 249-E-1, Retirement Points (USAR); NGB 23 (ARNG), if applicable 
Any document to show proof of military service not being credited (i.e. DD Form 220, LES, etc…)

DHR Website: https://home.army.mil/hawaii/index.php/garrison/dhr 

Email: armyschofieldrso.@mail.mil 

Updated: July 2019