



DEPARTMENT OF THE ARMY
U.S. ARMY INSTALLATION MANAGEMENT COMMAND-PACIFIC
HEADQUARTERS, UNITED STATES ARMY GARRISON, HAWAII
745 WRIGHT AVENUE, BUILDING 107, WHEELER ARMY AIRFIELD
SCHOFIELD BARRACKS, HAWAII 96857-5000

AMIM-HWG-ZA

MEMORANDUM FOR All Soldiers, Department of the Army (DA) Civilians, Department of Defense (DoD) Contractors, Family Members, and Visitors within US Army Garrison, Hawaii (USAG-HI) Installations

SUBJECT: Policy Memorandum USAG-HI-1, USAG-HI Installations Physical Training (PT) Running Routes and Pedestrian's Rights and Duties

1. References.

- a. AR 350-1, Army Training and Leader Development, 10 Dec 17.
- b. FM 7-22, Army Physical Readiness Training, 26 Oct 12.

2. Applicability. Soldiers, Department of the Army (DA) Civilians, Department of Defense (DoD) Contractors, Family Members, and visitors who are pedestrians or conduct PT on USAG-HI installations.

3. Policy. Active participation in a physical fitness program enhances ones' quality of life, improves productivity, and brings about positive physical and mental changes.

a. Physically fit Soldiers are essential to the Army and have a direct impact on combat readiness. While full and active participation by all Soldiers in structured and individual PT programs is strongly encouraged and supported, adherence to the policies and procedures is required. Military personnel participating in PT will observe the following:

(1) Commanders may hold PT formations within their unit area (e.g., quads) prior to 0630; however, movement from those areas and the calling of cadence will not begin prior to 0630. Units will refrain from cadences within 25 meters of housing areas with the exception of Triple Rainbow Village.

(2) Personnel responsible for conducting PT running formations must ensure unauthorized roadways and streets are not used, and designated roads and streets are utilized when necessary. Commanders should contact the Directorate of Emergency Services for guidance or clarification. (See the attached maps for approved routes.)

(3) Soldiers will observe and comply with approved running routes as shown on the enclosed maps. As indicated, there are NO PT routes in any housing area.

(4) Unit/organization PT runs/road marches are not authorized on Aliamanu Military Reservation.

(5) Running and conducting PT in parking lots is not permitted unless specifically designated and secured. No push-ups or sit-ups are permitted in non-secure road-ways.

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(6) Soldiers will not use vulgar or derogatory cadence or language at any time. This also applies to playing music in any setting where it could be heard by others.

(7) A written exception must be granted from the Commander, US Army Garrison, Hawaii to be permitted to call cadences when running along main thoroughfares, streets, and other areas where housing is located on both sides of the street.

(8) Running formations will not exceed 3 files, nor will the formation extend over the centerline of the road. This includes the cadence caller and the formation leader.

(9) Safety personnel/road guards will be placed at the front and rear of each formation and will wear protective orange-blazer vests or reflective belts. During periods of darkness, safety personnel will carry flashlights or light batons.

(10) Troop columns marching on vehicular roads at night will be marked at both the head and rear of the column by guards with flashlights or other suitable lighting devices. These guards will maintain sufficient distance from the column to ensure ample warning to vehicle drivers.

(11) Foot troop columns have the right-of-way over all traffic, and will march on the right side of the roadway.

(12) During PT, runners must completely clear the roadways when emergency vehicles, responding to an emergency with flashing lights, are approaching.

(13) Units marching in formation on streets will march as close to the curb as possible, with commanders or leaders on the right file, or at the head or rear of the column.

(14) Units will maintain a minimum distance of 25 yards between elements.

(15) Units will normally cross roads by means of flanking movements, except at intersections, to minimize interference with traffic.

(16) No organized PT formations will cross Kunia Road. Soldiers crossing Kunia road to conduct PT will strictly adhere to the traffic control device emplaced. Soldiers will not congregate in the center median of Kunia road. No road guards are authorized on Kunia road. Units will use the traffic control device and follow the signal instructions to cross Kunia Road.

(17) No PT formations are allowed off the installations unless specifically authorized by the first O-5 Commander within that organization.

b. Joggers/runners running on their own and pedestrians will observe the following:

(1) No more than two people running abreast on sidewalks or authorized roadways.

(2) Where sidewalks are not provided, when using authorized roadways, stay to the left side of the roadway or shoulder facing oncoming traffic which may approach from the opposite direction.

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(3) All personnel will wear a reflective vest or belt during limited visibility to include hours of darkness while running or jogging on the installation. The vest or belt must be visible from the front and rear and unobstructed by clothing or equipment.

(4) Joggers/runners and pedestrians must yield the right-of-way to all vehicles.

c. All motorists will adhere to posted speed limit signs and passing troop formations at 10 MPH.

d. When any vehicle stops at a marked crosswalk or at any unmarked crosswalk at an intersection to permit joggers/runners and pedestrians to cross the roadway, the driver approaching from the other direction will not pass the stopped vehicle.

e. This policy will not apply to Morale/Welfare/Recreation sponsored running events. These events will be coordinated and planned to ensure the safety of all participants.

4. This policy supersedes Policy Memorandum USAG-HI-1, SAB, dated 11 Aug 16 and remains in effect until cancelled or superseded in writing.

5. Proponent. The proponent for this policy is the USAG-HI Command Sergeant Major (CSM). Please direct any questions or concerns to the CSM at (808) 656-1153.

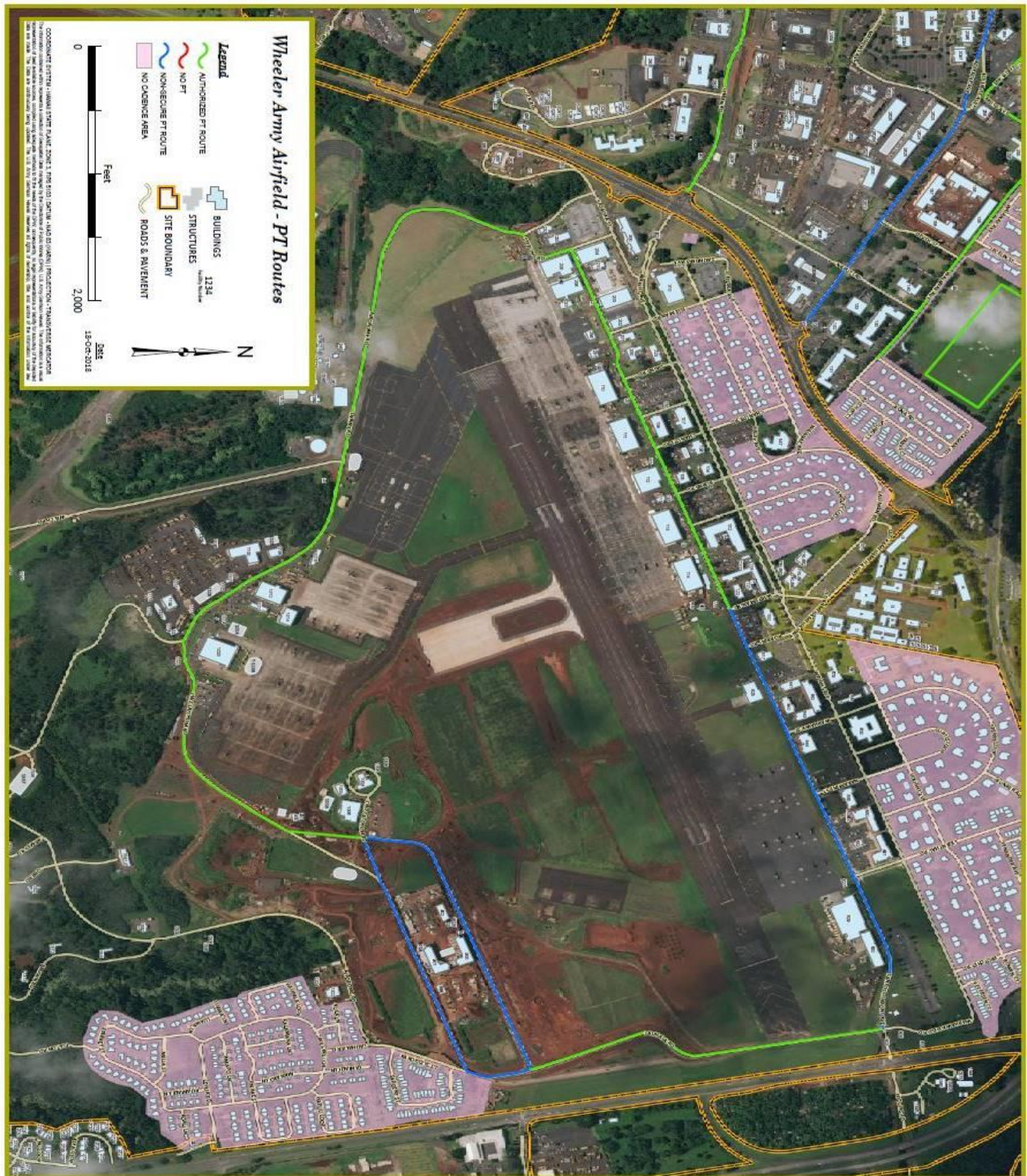
5 ENCL:

1. Schofield Map
2. Fort Shafter Map
3. Wheeler Map
4. Tripler Map
5. Heleman Map

STEVEN B. MCGUNEGLE
COL, AR
Commanding

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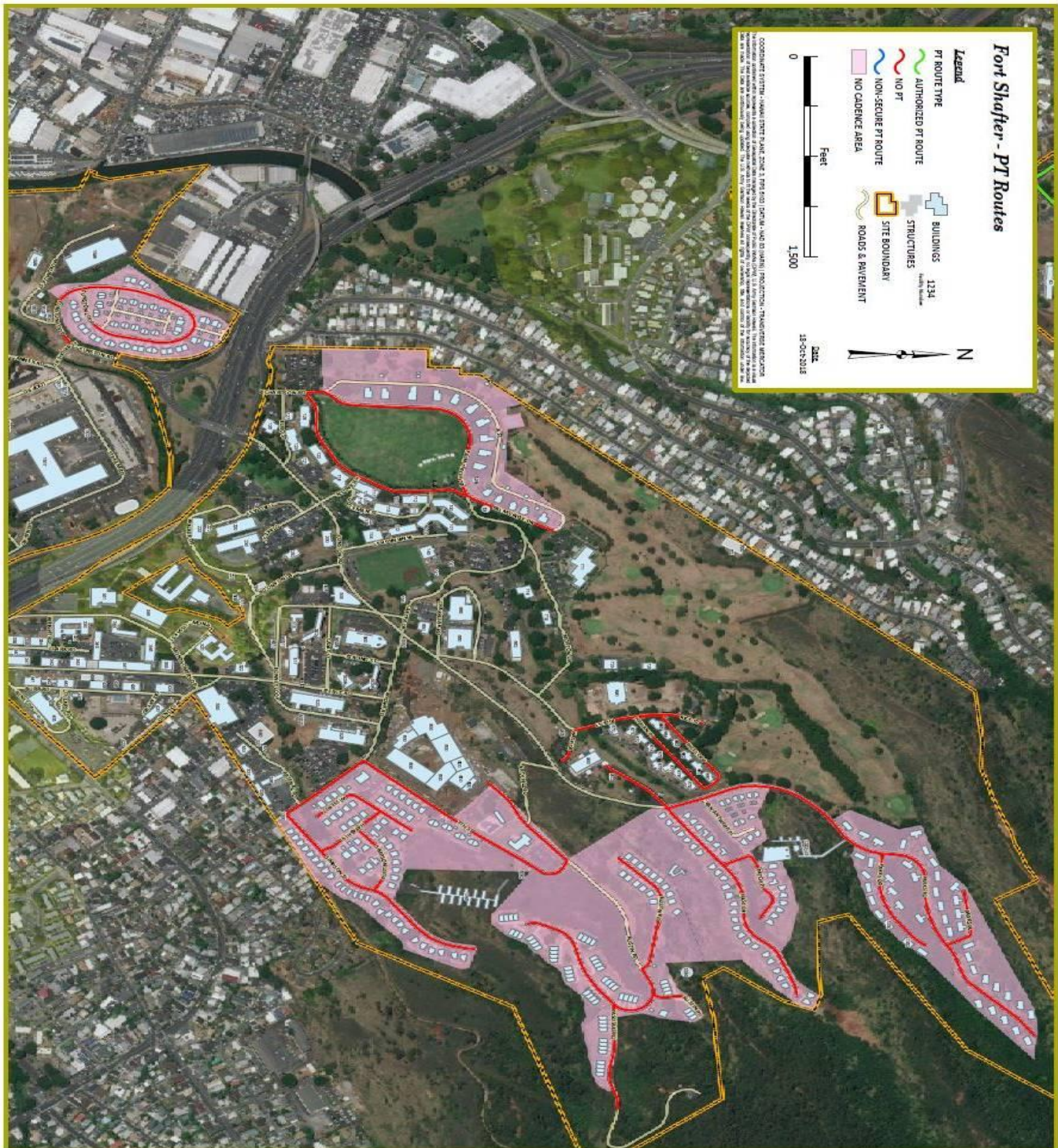
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