

LIGHTNING ACADEMY RAPPEL MASTER PACKING LIST

WORN OR CARRIED PACKING LIST

- The following items will be inspected on Day One of the Rappel Master Course. All students must bring the entire packing list starting on Day One of the course, and will bring the entire packing list every subsequent day of the course.

ALL ITEMS WILL BE MILITARY ISSUE	
A. Rucksack with frame and 2x sustainment pouches, weighing at least 15 pounds	B. Hip seat with snap link (issued day 1) x 1
C. Rubber Duck (issued day 1) x 1	D. TAPS system x 1
E. OCP/IHWCU top and bottom x 1	F. Socks (black, tan, green) x 1 pair
G. Tan/Coyote T Shirt (no unit or logos) x 1	H. Ear pro with case x 1
I. APEL Approved Eye Pro/Goggles (dark optional but clear mandatory) x 1 pair. Link below show approved list: https://www.peosoldier.army.mil/equipment/approved-eyewear-QPL/	J. ACH x 1 1. With helmet cover 2. Must have all issued pads (oval pad x4, crown pad x1 and trapezoid pad x2) 3. Must have a serviceable chinstrap and hardware
K. Leather work gloves with a friction bearing pad of doubled leather that covers the entire palm *See <i>Lightning Academy website, Air Assault packing list for pictures of authorized and unauthorized gloves.</i> *	Documentation of completion of: AASLT / RANGER/SAPPER/ or BMMC
LA100, all fields completed and all signatures within 90 days of course start date	STP or service equivalent
**Optional: wristwatch	**Optional but highly recommended: Glove inserts
**Optional: Camelbak x 1	**Optional: Headlamp x 1
** Sister Services contact LA POC for alternate items accepted in lieu of the Authorized Packing List, AASLT Branch Chief at 808-656-1018	