

# LIGHTNING ACADEMY FRIES/SPIES PACKING LISTS

## WORN OR CARRIED PACKING LIST

- The following items will be inspected on Day One of the FRIES/SPIES Master Course. These items pertain to what will be worn or carried by the Student.

ALL ITEMS WILL BE MILITARY ISSUE	
<b>A. ID Card</b>	<b>B. ID Tags w/ issued long and short chain</b>
C. IBA/IOTV/Plate Carrier x 1 1. Name, rank, and front/back plates included 2. No side plates, yoke, groin protector, throat protector, or DAPS	D. ACH x 1 1. With helmet cover 2. Must have all issued pads (oval pad x4, crown pad x1 and trapezoid pad x2)
<b>E. OCP/JUNGLE top (all patches, tapes and rank) x 1</b>	<b>F. ACU/OCP/JUNGLE bottom (no Spandex worn underneath) x 1</b>
<b>G. Tan/Coyote T-Shirt (no unit or logos) x 1</b>	<b>H. Socks (black, tan, or green) x 1 pair</b>
<b>I. Tan Belt (rigger's belt highly recommended but optional) x 1</b>	J. 1-qt canteen topped off to the brim x 1
<b>K. ACU/OCP Patrol Cap (rank and name tape) x 1</b>	<b>L. Boots, Tan Leather (IAW AR 670-1) x 1 pair</b>
M. Notebook with black pens/map markers x 1	N. 1-qt canteen carrier with canteen cup attached to IBA/IOTV/Plate Carrier x 1
O. Gloves w/ friction bearing pad x 1	P. APEL Approved Eye Pro/Goggles (dark optional but clear mandatory for night operations) x 1 pair
Q. LA 100 with all applicable signatures x 1	R. ERB/ORB/SRB or service equivalent x 1
**Optional: Headlamp x 1	**Optional: Camelbak x 1
**Optional: Wrist watch x 1	
<p>** LA 100/Additional Day Zero Paperwork must be signed by PA, Commander, and present on Day One</p> <p>** Sister Services contact LA FRIES/SPIES POC for alternate items accepted in lieu of the Authorized Packing List.</p> <p>*** <b>BOLD ITEMS ARE WORN</b></p>	

## ASSAULT PACK PACKING LIST

- The following items will be inspected on Day One of the FRIES/SPIES Master Course. These items pertain to the equipment stored in the Assault Pack for use during FRIES/SPIES tower and rotary wing aircraft training.

<b>ALL ITEMS WILL BE MILITARY ISSUE</b>	
A. Assault Pack x 1	B. Wet Weather Bag (serviceable ie. no holes) x 1
C. Rubber Duck (issued) x 1	D. Field Load Carreir (FLC)/TAPS system x 1
E. Wet Weather Gear (top and bottom) x 1 set	F. OCP/Jungle/IHWCU Top x 1
G. OCP/Jungle/IHWCU Bottom x 1	H. Socks (black, tan, green) x 1 pair
I. Tan/Coyote T Shirt (no unit or logos) x 1	J. APEL Approved Eye Pro/Goggles (dark optional but clear eye pro mandatory for night operations) x 1 set
K. Ear Pro with Case x 1 pair	L. Poncho x 1
M. Glove Inserts x 1 pair	N. Rappelling Gloves with Friction Bearing Pad (black, white, green, serviceable) x 1 pair
O. MRE (complete)	
** Sister Services contact LA FRIES/SPIES POC for alternate items accepted in lieu of the Authorized Packing List.	