

# LIGHTNING ACADEMY AASLT PACKING LISTS

## DAY ZERO (FRIDAY)

1. The following items will be inspected on Day Zero of the Air Assault Course. If a Student is missing any of the following items they will fail the inspection, will not be allowed to continue Day Zero, and will be sent back to their unit.
  
2. Students will need to wear a field uniform (able to get dirty) for Day Zero. Students will conduct the Obstacle Course and Two-Mile Run in the uniform in which they report to the Air Assault Course. Students are not allowed to have cell phones or tobacco products while in the Air Assault Course.

| ALL ITEMS WILL BE MILITARY ISSUE   |   |
|--|---|
| <b>A. ID Card</b>  | <b>B. ID Tags w/ issued long and short chain</b>  |
| C. Running Shoes (IAW AR 670-1)  | D. ACH<br>1. No helmet cover/NVG mount/lights<br>2. Not required to be taped/marked for Day Zero<br>3. Must have all issued pads (oval pad x4, crown pad x1 and trapezoid pad x2) |
| <b>E. ACU/OCJ/JUNGLE top (all patches, tapes and rank)</b>   | <b>F. ACU/OCJ/JUNGLE bottom (no Spandex worn underneath)</b>  |
| <b>G. Tan T-Shirt (no unit or logos)</b>   | <b>H. Socks (black, tan, or green)</b>  |
| <b>I. Tan Belt (rigger's belt highly recommended but optional)</b>   | J. 1-qt canteen taped IAW LAAAS Canteen SOP (no roster #, and topped off to the brim)   |
| <b>K. ACU/OCJ Patrol Cap (rank and name tape)</b>  | <b>L. Boots, Tan Leather (IAW AR 670-1)</b>   |
| M. Waterproof bag, military issue (not required to be taped/marked for Day Zero)   | N. 2 Pens   |
| O. Gloves w/ friction bearing pad  | P. APEL approved eye pro (clear only)   |
| Q. LA 100 with all applicable signatures   | R. ERB/ORB/SRB or service equivalent  |
| **Optional: Headlamp (red lens only)   | **Optional: Camelbak  |
| **Optional: Wrist watch  |   |
| ** LA 100/Additional Day Zero Paperwork must be signed by PA, Commander, and present on Day Zero<br>** Sister Services contact LA AASLT POC for alternate items accepted in lieu of the Authorized Packing List.<br>*** <b>BOLD ITEMS ARE WORN</b> |   |

## DAY ONE – DAY 11 (FIRST MONDAY OF THE COURSE UNTIL GRADUATION)

- The following items will be inspectable on Day One through Day 11 of the course. This packing list is also known as the “Rucksack Packing List”. Each Student will maintain and be prepared to lay out the following items for the duration of the Air Assault Course.

| <b>ALL ITEMS WILL BE MILITARY ISSUE</b>  |  |
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| A. Rucksack with frame with 2 x sustainment pouches  | B. Wet Weather Bag (serviceable ie. no holes)  |
| C. Rubber Duck (issued)  | D. Boots, Tan Leather (IAW AR 670-1)   |
| E. Running Shoes (IAW AR 670-1)  | F. Field Load Carrier (FLC) (able to hold 6 magazines; magazines not required)   |
| G. 1QT Canteen w/ Cup and Cover  | H. ACH<br>1. No helmet cover/NVG mount/lights<br>2. Taped/marked IAW LAAAS SOP<br>3. Must have all issued pads (oval padx4, crown padx1, trapezoid pad x2) |
| I. ACU/OCP Top x 2 (as worn ie. flag, U.S. Army, name tape, unit patch, rank)                                | J. ACU/OCP Bottom x 2 (serviceable)  |
| K. PT Shirt Issued (short sleeve) No unit shirts.  | L. PT Shorts (serviceable, ie. US Army not faded)  |
| M. Brown Towel x 2   | N. Patrol Cap w/ name and rank   |
| O. Wet Weather Gear (top & bottom)   | P. T-Shirt, Tan / Tan 499 x 2 No markings on shirt   |
| Q. Glove Inserts x 1 pair  | R. AA Handbook (issued)  |
| S. Leather Work Gloves x 1 pair (black/white/green w/ friction bearing pad)                                  | T. L-shaped Flashlight (red lens only—must be operational)   |
| U. Snap Link/ Hip Rappel Seat (issued)   | V. White/Black Socks (1 Pair) *No Logo   |
| W. Tan Belt  | X. Earplugs (1 Pair w/case)  |
| Y. Socks x 3 pair (green/tan/black)  | Z. Reflective Belt IAW Unit SOP  |
| AA. Poncho (placed under layout)   | BB. ID Card /ID Tags (must have military issued long and short chain)  |
| CC. Eye pro or goggles (APEL approved) (Retention strap recommended)   | **Optional: Headlamp (red lens only)   |
| **Optional: Camelbak   | **Optional: Wrist Watch  |
| * P.T. shirts will be the issued Army shirt; Army Tan shirts will not have any logos.                        |  |
| ** Sister Services contact LA AASLT POC for alternate items accepted in lieu of the Authorized Packing List. |  |