



**Lightning Academy Course Enrollment Form (LA Form 100)**  
**The proponent of this form is CDR, LA, HHBN, 25ID**  
**as of May 2021**



Grade                      Name (Last, First, MI)                      DOD ID #                      SSN                      MOS/  
Branch                      UIC

DEROS                      ETS                      CO                      BN                      BDE                      DIV                      SM's Mil/GOV Email

Supervisor Name

Supervisor Phone Number

Supervisor Mil/GOV Email

Requested Course

Course Number

Start/Report Date

End/Graduation Date

**Medical Provider Portion**  
**N.P./P.A./M.D./D.O. ONLY**

Service Member (SM) is up to date on all MEDPROS requirements/ current on PHA/ and has a physical w/ EKG if over the age of 40.

Remarks (list deficiencies)

Yes                      No

Is the SM currently on profile?

Remarks (list type if applicable)

Yes                      No

Does the SM have any allergies?

Remarks (list allergies)

Yes                      No

Has the SM ever been a HOT or COLD weather injury?

HOT                      COLD                      N/A

Is the SM taking any medications that may impact performance/preclude them from the course?

Remarks (list medication as needed)

Yes                      No

Has the SM had any type of corrective eye surgery within the last 3 months?

Remarks (list type PRK, LASIK etc.)

Yes                      No

Does the SM have any chronic medical problems or Orthopedic Problems?

Remarks (list if Yes)

Yes                      No

Has the SM had a negative pregnancy test within the past 2 weeks?

Yes                      No                      N/A

**Signature (releases SM to attend)**

**N.P./P.A./M.D./D.O. (Title, Rank, Last, First)**

**Date**

**Privacy Act Statement:**

AUTHORITY: 5 U.S.C 301, Departmental Regulations; 10 U.S.C. 3013, Secretary of the Army and 4301; and E.O. 9397 (SSN). PURPOSE(s): The Army Training Requirements and Resources System is the system of records for the management of personnel input to training for the Army; is the repository for training requirements, training programs, selected training, cost data, and training personnel data; contains detailed class information on all courses taught and taken by Army personnel; and produces reports and analyses and can display selected data pertinent to training-requirements, programs, inputs graduates, loads and associated information. Training managers use this information to schedule classes, fill training seats, and train soldiers. Routine USES: The DoD 'Blanket Routine Uses' set forth at the beginning of the Army's compilation of systems of records notices also apply to this system. MANDATORY OR VOLUNTARY DISCLOSURE: Mandatory. SAFEGUARDS: Visitor registration system is in effect. Hard copy printouts which contain data by Social Security numbers are maintained with an 'Official Use Only'



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**Commander's Portion**

SM meets height/weight standards IAW AR 600-9 and APFT Standards IAW FM 7-22 or service equivalent. Remarks  
 Yes                      No

SM has received 3 copies of orders/ LA Form 100/ SRB or service equivalent of SRB. Remarks  
 Yes                      No

SM has a current/valid ID card and ID Tags Remarks  
 Yes                      No

SM has military specification eye glasses if necessary Remarks  
 Yes                      No                      N/A

SM has all required equipment IAW packing list Remarks  
 Yes                      No

**AASLT/RM/FS ONLY:** SM is E-1 to O-4 (AASLT), E-4 (CPL) to O-4 (Rappel Master and FRIES/SPIES) Remarks  
 Yes                      No                      N/A

**OFF ISLAND SM ONLY:** SM has transportation instructions/rental car and lodging (if authorized) Remarks  
 Yes                      No                      N/A

**RAPPEL MASTER ONLY:** SM is AASLT/Ranger/Sapper/Mountain Warfare qualified Remarks  
 Yes                      No                      N/A

**ALL COURSES:** SM has completed equipment packing list inspection by first line supervisor or higher. Remarks  
**AIR ASSAULT ONLY:** SM has completed obstacle course and 12 mile foot march in under 3 hours.  
 Yes                      No                      N/A

**Waterborne Castmaster ONLY:** SM is E-5 or above and is a graduate of Rappel Master, FRIES/SPIES Master, or Jumpmaster course. Marines must be HRST Master graduates. Remarks  
 Yes                      No                      N/A

**Jungle Operations Training Course ONLY:** SM has reviewed and is proficient in all required testable knots. (Knots Videos can be found on the Lightning Academy Youtube Channel) Remarks  
 Yes                      No                      N/A

**Approval**

1. I, as the Commander release the above mentioned SM to attend the above mentioned course.
2. I verify that the Soldier is aware of their enrollment.
3. By signing this form I agree that I have reviewed all of the above statements, and that they are true and accurate. Any required items left blank will result in automatic denial of this request.

**Commander (Rank, Last, First)**

**Date**

**Signature**

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