



U.S. Army Hawaii Community Information Exchange

30 May 2018



Agenda

- I. Opening remarks**
- II. Family and Morale, Welfare and Recreation events and updates**
- III. Directorate of Public Works update**
- IV. Directorate of Emergency Services updates**
- V. Safety updates**
- VI. Health Clinic update**
- VII. Religious Services/Chaplains update**
- VIII. Directorates/Organizations briefs**
- IX. Commanders closing remarks**



Family and Morale, Welfare and Recreation (MWR)

Ms. Suzanne V. King
656-0037



U.S. ARMY



Family and MWR



**Don't delay!
They don't
last long!**

4TH OF JULY SPECTACULAR
2018
SCHOFIELD BARRACKS, HAWAII

PICNIC SPACES

Reserve your 20' x 25' picnic space
Friday June 1, 2018
8:30 a.m. - until sold out.
\$95⁰⁰ per space - CASH ONLY


LOCATION: Arts & Crafts
Building 572
919 Humphreys Rd.
Schofield Barracks

INFORMATION: Spaces are sold on a first come, first serve basis in person only.
Limit 2 spaces per customer, must be at least 18 years old.
Tents and grilling permitted only at picnic spaces during event.

QUESTIONS? Ph. 655-0113

NO ATM on site.


HiMWR.com

PRESALE
Game and Ride
Tickets
June 1 - 30

**Outdoor Recreation Center,
Leisure Travel Services
and Army Bowling Centers**
20 tickets for \$15 (\$20 value)

HiMWR.com





Family and MWR

GOLF CART SALE*

Leilehua Golf Course • 199 Leilehua Golf Course Road

June 2, 2018**

9:00AM – 12:00PM

Early Bird Hour for DoD ID Cardholders Only

8:00 – 9:00AM



**USED CARTS –
\$600 or Less!**

**Bulk discounts
available.**

- **Cash or credit card only**
- **Forklift operators on-site / Buyers responsible for transport**
- **Carts on sale through June 13*****
- **For more information: (808) 656-0114**

* Inventory sold "as is". All sales final. No returns or refunds.

** All purchases made during June 2, 2018 showing must be paid for by 12:00PM. Cash or credit card only. Forklift operators will be on-site for loading assistance until 3:00PM. Buyers responsible for transportation. Golf cart pricing varies based on condition and availability. Batteries will not be charged for showing.

*** After June 2, 2018, remaining inventory will be available for purchase during regular Leilehua Golf Course operating hours through June 13, 2018. Loading assistance after June 2, 2018 showing available via appointment only.

HiMWR.com





Family and MWR



MINI FLAG FOOTBALL

Registration: June 1-30 Season: July 14 - Aug 18 Youth born 2013-2014 Cost: \$25

Come out and learn to love a new sport! This is a parent and youth participation program. Practices are once a week on Thursdays from 5:00 p.m. - 6:00 p.m. Each child receives a football and both parent and child receive a T-shirt.

First time participants and renewals must first register at CYS registration office.

Sports Director: (AMR) 836-1923 and (SB) 655-6465



June 8 at 5:00 p.m.

Hale Ikena Banquet & Conference Center
Bldg. 711, Morton Drive, Fort Shafter
438-1974

June 29 at 5:00 p.m.

Nehelani Banquet & Conference Center
Kolekole Ave. Bldg. 2060
655-4466



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Family and MWR

NATIONAL GET OUTSIDE DAY

Beach PADDLING JAM

SATURDAY, JUNE 9, 2018
8:30 A.M. - 12:30 P.M. • HALEIWA

It is National Get outside Day and Outdoor Recreation is leading you to learn all the paddling sports we have to offer! You may choose to take a lesson on any or all types of kayaks, paddle boards Hawaiian ocean canoes, or hybrid boats.

- Wear a swimsuit and bring your towel, sunscreen and a beach chair.
- All transportation, instruction, barbeque lunch and equipment is provided.
- \$39 for 10 - 15 year olds, \$59.7 person 16 years and above
- Open to all DOD cardholders



SIGN UP AT OUTDOOR RECREATION OR CALL 655-0143

CELEBRATE NATIONAL RUNNING DAY!

JOIN US FOR THE SECOND ANNUAL USA6

VIRTUAL RUN

WEDNESDAY, JUNE 6, 2018

REGISTER AT HiMWR.com/RUNDAY

FOR MORE INFORMATION,
VISIT US ON FACEBOOK OR
CALL 655-8007



HiMWR.com



Family and MWR

243 YEARS  STRONG

ARMY
LUAU
Celebration

Friday, June 15, 2018 • 5 p.m.
Weyand Field, Schofield Barracks



Family and MWR



Fathers Day

BARBECUE BRUNCH

- Pepper Crusted Prime Rib
- Choice Grilled Sirloin Steak
- Pulehu Bar-B-Que Chicken
- Slow Cooked Pulled Pork
- Made-to-Order Omelette Station

Adults: 11+ \$29.95*
 Children 3-10: \$16.00*
 Children under 3: Free
 *Gratuity not included


Make your reservation today!
 808-655-0660




HiMWR.com



1249 Kolekole Ave, Schofield Barracks, HI, 96857



Enjoy a delicious brunch with stunning views of the Koolau mountains at Hale Ikena! Indulge yourself with a roasted prime rib and BBQ ribs carving station, made-to-order omelets, chilled shrimp, and other traditional favorites.

FATHER'S DAY BRUNCH
 JUNE 17 | 9:00 A.M. - 1:00 P.M.
 Reservations: 438-1974

\$29.95* Age 11+ | \$16.00* 3-10 years
 Children under 3 are Free
 *Gratuity not include



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Family and MWR



Learn to surf like a Local with Outdoor Recreation!

Come join Outdoor Rec on the south shores of Oahu at White Plains. This is a great beginner location for all ages.

Outdoor Rec will provide the transportation, equipment, and instruction. All you need to bring is water, snacks, and sunscreen.

Must be a proficient swimmer and able to tread water for at least 6 min and swim 200 yards.

This is a class for anyone age 10 and up.

Class sessions:

May 19, June 23, July 14,
August 11, September 8
8:30 a.m. – 12:30 p.m.

\$59 per person
(May special: \$10 off)

HiMWR.com



2 - FOR - 1 SPECIAL: \$59

Dad & Me

KAYAKING



SATURDAY, JUNE 16, 2018
8:30 A.M. – 12:30 P.M.
ANAHULU RIVER ON THE NORTH SHORE
OPEN TO ALL DOD CARD HOLDERS

Kayak with Dad and Outdoor Recreation as we cruise the Anahulu River on the North Shore. These locations are great for the whole family and usually have many opportunities for turtle spotting.


Outdoor Recreation will provide the transportation (up to 12 people), equipment, and instruction.


All you need to bring is water, snacks, and sunscreen. Sign up at Outdoor Recreation or call, 655-0143





Family and MWR

 *Leilehua Concert Series*

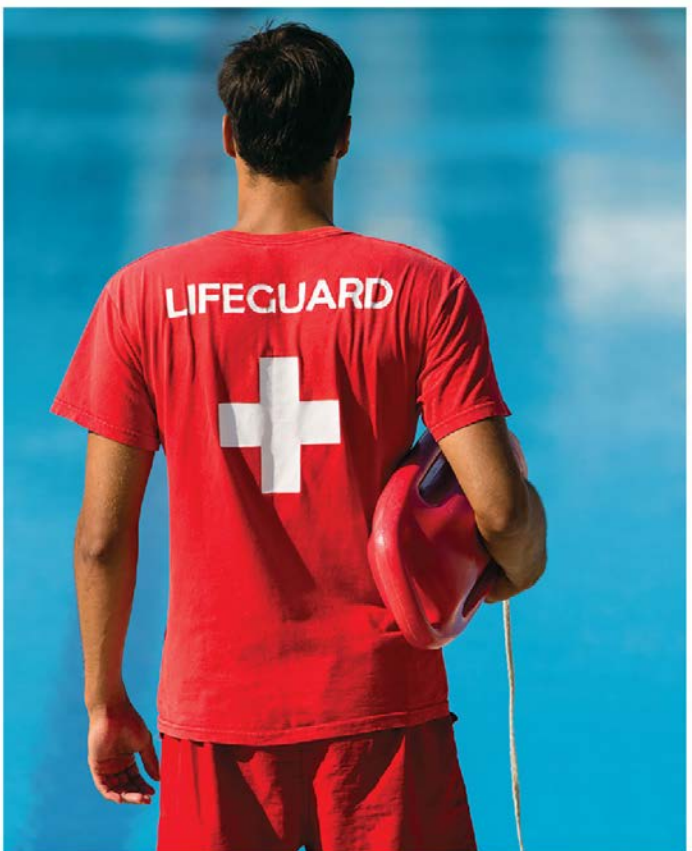


Kuana Torres Kahele
June 29 • 6 p.m.

THE GRILL
at Leilehua Golf Course
Leilehua Rd., Wahiawa
655-7131



Family and MWR



NOW HIRING

Lifeguards and Water Safety Instructors

Please apply at www.usajobs.gov

HiMWR.com



BECOME A
FAMILY CHILD CARE
Provider

NEW APPLICANT BRIEF
at the Family Child Care Office on June 8, 9-11 a.m.

- ✓ EARN UP TO \$3,600/MO.
- ✓ PORTABLE CAREER
- ✓ FREE TRAINING FROM CYS
- ✓ HOUSING INCENTIVES
 - ▶ Extra refrigerator
 - ▶ Utilities included (\$125/mo. out of pocket value)
 - ▶ Lawn care provided (\$80/mo. value)

Family Child Care Office
730 Leilehua Avenue, Bldg. 645, Schofield Barracks
(808) 655-8373



Army School Liaison Office

Bldg 1283, 241 Hewitt Street
Schofield Barracks, HI 96857
(808) 655-8326

usarmy.schofield.imcom-fmwrc.mbx.Hawaii-SLO@mail.mil

- June 7: Registration deadline for July 14 ACT test. Register online at www.act.org
- June 7, 1:30p.m. – 4:30p.m., 1390 Miller Street, Honolulu, Room 404: Hawaii Board of Education General Business Meeting
- June 11: Kamehameha Day. All public schools are closed
- June 21, 1:30p.m. – 4:30p.m., 1390 Miller Street, Honolulu, Room 404: Hawaii Board of Education General Business Meeting





Family and MWR

60-90 Day Events At A Glance

- 4-5 July – **Stars & Stripes Softball Championships** – Stoneman Sports Complex
- 4 July - **47th Annual 4th of July Spectacular** – Weyand Field, Schofield Barracks
- 7 July – **UFC Fight Series** – Tropics, Schofield Barracks
- 12 July - **Comedian Luca Bohn** – Hale Ikena, Fort Shafter
- 13 July- **Comedian Luca Bohn** – Tropics, Schofield Barracks
- 14 July – **Army Ten-Miler** – Schofield Barracks
- 25 July – **ACS Birthday** – Schofield Barracks
- 27 July – **Right Arm Night** – Nehelani, Schofield Barracks
- 27 July – **Leilehua Concert Series** – Mt. Keala - Leilehua Golf course
- 3 August - **Right Arm Night** – Hale Ikena, Hale Ikena, 5:00 – 7:00 p.m., Fort Shafter
- 4 August - **Movies at the Pool Party** – Richardson Pool
- 11 August -**U.S. Army Garrison Hawaii Half Marathon** – Schofield Barracks
- 24 August- **Right Arm Night** – Nehelani, Schofield Barracks
- 31 August -**Leilehua Concert Series** – Darren Benitez - Leilehua Golf course



Family and MWR

Connect With Us!

Events • Classes • Recreation • Fitness • Tickets
Child & Youth Programs • Jobs and more!



SEARCH: MWR HAWAII

[HiMWR.com](https://www.himwr.com)

| 808.656.3329





Directorate of Public Works Update

Mr. Michael Kumabe

656-2479



Wheeler Army Air Field

Install Curbs, Gutters & Sidewalks on Wright Avenue (Bldg. 107)

01 June 2018 thru 31 July 2018
Monday - Saturday from 0800 to 1500 hours daily

Alutiq will be conducting concrete pours for new curbs, gutters and sidewalks fronting Building 106 and Building 107 on WAAF. The project will begin on Friday, June 1, 2018 and will be completed on Tuesday, July 31, 2018. The parallel parking in front of Bldg. 107 will be closed to the public to safely position concrete trucks in preparation for the concrete pours. The work will be completed in two phases as shown on the satellite map.

The concrete pours will be schedule between the hours of 0800 and 1500 Mon-Sat until completed.





Schofield Barracks

Health Clinic Driveway Closure off McCornack Rd.

JUNE 11 – SEPTEMBER 11, 2018

24 Hours/Day

SUBJECT: Health Clinic Parking Lot and driveway closure, Schofield Barracks

There will be a driveway closure at the Health Clinic just off McCornack Rd. near building 660, for Parking lot construction work. Both East and West bound lanes of McCornack Rd will remain open. The driveway will be closed 24 hours per day for the duration of the permit. Traffic Control Signage will be in place adjacent to McCornack Rd and from rear parking to clinic. Appropriate signage will be in place to facilitate the driveway closure.





8th Military Police Brigade
Directorate of Emergency Services

Mr. Thomas F. Burke

656-0525



Community Information

Motorcycle Safety: USARHAW Regulation 190-5 and USARHAW POLICY LETTER # 6

BLUF: Events over the last few months show an increase in motorcycle accidents and infractions of the motorcycle safety policy and regulations. All personnel and their families need to understand and adhere to the policies governing motorcycle safety. Because of these events, there is an increased need to raise awareness among the Army community on the policies and procedures for motorcycle safety and precautionary steps safeguard personnel and their Families.



- A fluorescent (brightly colored) and reflective vest, jacket, or upper garment or a motorcycle specific jacket, vest or apparel designed to limit injuries will be worn. Full-fingered gloves (made from leather or other abrasion-resistant material).
- Backpacks will have a minimum of two PT belts visible for the rear, unless the backpack is fluorescent or reflective in design by the manufacturer.
- Military personnel must complete an approved Motorcycle Safety Foundation (MSF) Basic Riders Course (BRC) before operating any motorcycle on USAG-HI installations and sites.
- Eye protection designed to meet or exceed ANSI Z87.1 reference (z), goggles, wrap around glasses, or full face shield.





Safety

Mr. Jonathan Markham

656-1172



Motorcycle Safety Standards

- Motorcycle Safety: IAW AR 385-10, chapter 11-9.c.
 - ✓ When operated on any DOD installation, all Government-owned or privately owned MCs, mopeds, motor scooters, and ATVs (when equipped) must have **headlights turned on at all times**, except where prohibited by military mission, the SOFAs, or local laws.
 - ✓ MCs will be equipped with **both a left-hand and right-hand rearview mirror** mounted on the handlebar or fairing.
- Installation (25ID Blue Book) and USAG-HI Safety SOP, chapter 9-2.d (4):
 - ✓ Riders are required to wear fluorescent colors and retro-reflective material outer garment.
 - ✓ Fluorescent and reflective vest (visible front and back), jacket or upper garment must be worn.
 - ✓ Reflective PT belt alone does not suffice the requirements.
- Needs to enforce the standards: Gate guards, POC: James Kang/656-1173/kiman.kang.civ@mail.mil
Leadership.



Motorcycle PPE Checklist



- Reflective Vest or Reflective materials on upper garment.
- If wearing a back-pack, back pack needs to have reflective materials (e.g. 2 PT belts).
- Back-pack's reflective material does not substitute the outer garment requirement.



United States Army Health Clinic – Schofield Barracks

Colonel Deydre S. Teyhen
Commander, USAHC-SB



USA Health Clinic
Schofield Barracks
[@usahc.schofieldbarracks](https://www.facebook.com/usahc.schofieldbarracks)



U.S. ARMY



U.S. Army Health Clinic- Schofield Barracks



Your Health. Our Mission.

GET CONNECTED

Community Resource Guide



These CRG contain lists of resources available to members of US military communities. They do not provide exhaustive information about each resource. Instead, they provide just enough information for you to quickly determine what resources are available to serve your needs at a particular location. You can then use the phone numbers or web links included with each resource to get more detailed information.

USAHC-SB App



USAHC-SB mobile app is designed to provide easy access to services and information in support of maintaining optimal health and readiness. We provide you with up-to-date contact information for the clinics and services you use the most. Now you can log on to your Relay Health and TRICARE Online accounts without opening your browser.

App of the Month: Virtual Hope

Box



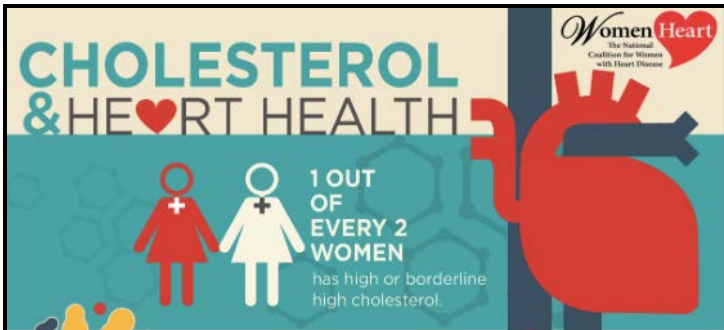
The Virtual Hope Box (VHB) is a smartphone application designed for use by patients and their behavioral health providers as an accessory to treatment. The VHB contains simple tools to help patients with coping, relaxation, distraction, and positive thinking. Patients and providers can work together to personalize the VHB content on the patient's own smartphone according to the patient's specific needs. The patient can then use the VHB away from clinic, continuing to add or change content as needed.

Your Health. Our Mission.





May is Women's Health Month & Mental Health Awareness Month



WOMEN'S MENTAL HEALTH

DEPRESSION

is the most common mental health problem for women



12 MILLION women in the U.S. experience depression each year



10-15% of mothers get postpartum depression



9% of women experience postpartum PTSD (posttraumatic stress disorder) following childbirth

x2 MORE Women experience depression twice the rate of men



x2 AS OFTEN Men are more likely to die by suicide, but women attempt suicide twice as often



x2 AS LIKELY Women are twice as likely to have an anxiety disorder



1 in 12 women develop alcohol dependence during their lives



EVERY 3 MINUTES a woman goes to the ER for prescription painkiller abuse



4.6 MILLION adult women misuse prescription drugs



80% of women with depression feel better with treatment.



U.S. Army Health Clinic- Schofield Barracks School/Sports Physicals



Sports Physicals



All kids who are entering Kindergarten and 7th grade are required a school physical.

If your child has had a physical done within the last year you may fill out the form and walk-in to the clinic nurse to have the form filled out by your provider. No appointment required.

Please fill out the required forms before coming to the appointment.

Hawaii School Form 14

<https://www.hawaiipublicschools.org/DOE%20Forms/Enrollment/StudentHealthRecord.pdf>

Hawaii School sports

<http://www.hawaiipublicschools.org/DOE%20Forms/Athletics/PE.pdf>

CYS Registration Form

<https://hawaii.armymwr.com/programs/youth-sports>

You can contact the appointment line @ 808-433-2778 EXT 1,1 to schedule a physical.



U.S. Army Health Clinic- Schofield Barracks

Upcoming Closures & Clinic Moves



USAHC-SB

Upcoming Closures & Clinic Moves

Closures:

- 14 June 2018– Clinic Organizational Day

Office Relocations (effective 30 May) :

- 8th TSC EBH located at building 556
- 3rd BDE EBH located at building 673/N, 2nd Floor
- F&S EBH will remain in building 672/M, 2nd Floor
- 2nd BDE EBH will remain in building 2027
- CAB EBH will remain in building 680/681 on Wheeler
- Multi-D will remain in building 687/K, 2nd Floor



Appointment Line:

(808) 433-2778

Option 1,1

0630-1630

Monday- Friday

Tricare Online:

www.tricareonline.com

Relay Health:

www.relayhealth.com

Customer Relations:

(808) 433-8504

Building E Rm 102



Your HEALTH Our MISSION



Religious Support/Chaplains

388-3375

Chaplain (Lt. Col.) Kevin J. Niehoff



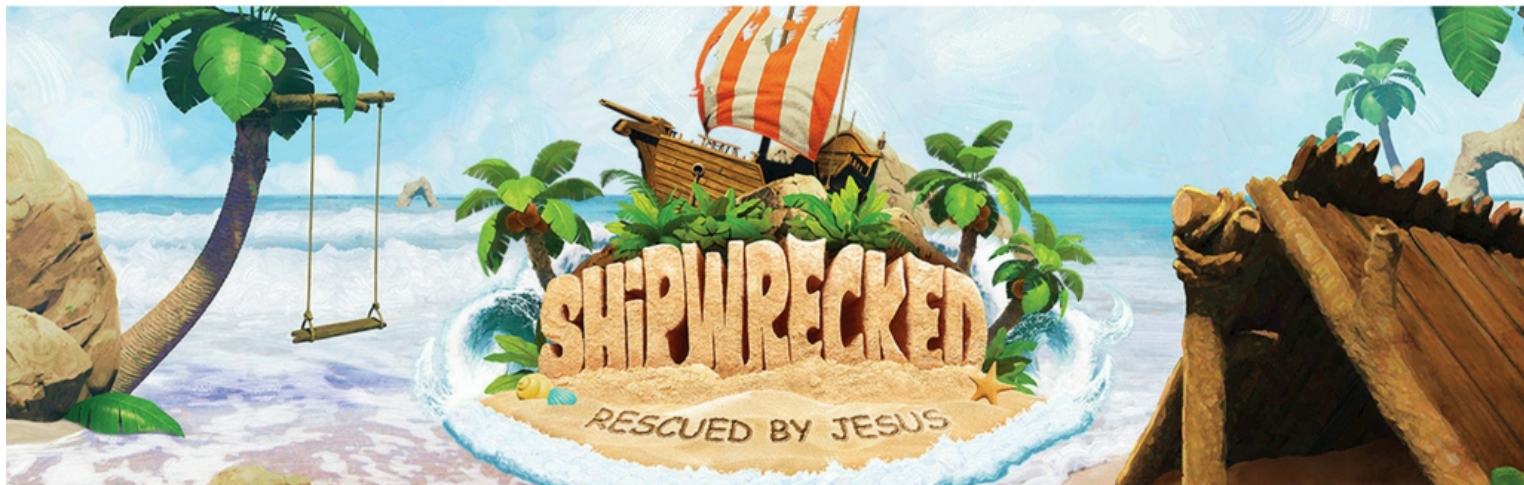
Religious Support

Vacation Bible School

1 VBS 3 LOCATIONS

JUNE 18-21, 0900-1200 AND JUNE 22, 1800-1930
MAIN POST CHAPEL, HMR CHAPEL, AMR CHAPEL

SIGNUPS BEGIN 1 MAY
SEE FACEBOOK PAGE FOR MORE INFO





Religious Support

SERVICE SCHEDULE UPDATE



GOSPEL SERVICE * New Location * New Time*
Wheeler Chapel – Sundays 1200

CATHOLIC MASS * New Time (starting 10 June)*
Main Post – Sundays 1100



Community Information Exchange Directorate/Program Updates

Spotlight Welcomes

U.S. Army Garrison-Hawaii Community Organizations

- Schofield Commissary
- Schofield Main Exchange
- PenFed Credit Union
- Hui 'O Na Wahine
- Wheeler Saddle Club
- Island Palm Communities



Defense Commissary Agency

Mr. Charles (Brad) McMinn

655-6252



SCHOFIELD COMMISSARY UPCOMING EVENTS



- **ON THURSDAY JUNE 7 WE WILL HAVE A LION'S COFFEE TOUR IN HONOLULU. MEMBERS FROM OUR FOCUS GROUP WILL BE ATTENDING BUT WE MAY HAVE OPENINGS**
- **HEALTHY LIFESTYLE FESTIVAL/FARMERS MARKET WILL BE HELD SATURDAY JUNE 30 – TUESDAY JULY 3. CARNIVAL RIDES FOR THE KIDS, WINE TASTING FOR THE ADULTS, SHAVE ICE, COTTON CANDY, HOT DOGS AND MOST IMPORTANTLY GREAT PRICES ON FRESH FRUITS AND VEGETABLES, WATERMELON, CORN, PEACHES, STRAWBERRIES AND MORE!**

CHARLES.MCMINN@DECA.MIL

808 655-5066 X3202/3201



Army, Air Force Exchange Services

Ms. Asia Gilchriest-Fogle

622-1773



U.S.ARMY



★ **JUNE EVENTS** ★

10:00-14:00

**1: Pet Event
Bike Safety Event**

**9: Healthy rice cooker
meal demo**

16: Fitness Fashion Show

**30: Family Fitness Day!
Marcus Luttrell, Retired US
Navy SEAL signing**



WWW.SHOPMYEXCHANGE.COM



U.S. ARMY

2016 BY THE NUMBERS

1,000

WOUNDED WARRIORS
HIRED SINCE 2010

1.1M

COMBAT UNIFORMS
OUTFITTED

7 PLANTS

PROVIDING BAKED GOODS/
WATER OVERSEAS

3.2M

SCHOOL LUNCHES
SERVED

85%

ASSOCIATES CONNECTED
TO MILITARY

4,558

ASSOCIATES DEPLOYED TO
COMBAT ZONES SINCE 9/11

107M

FOOD CUSTOMERS SERVED

\$8.3B

REVENUE FY 2016

\$384M

EARNINGS FY 2016

\$225M

IN DIVIDENDS



EXCHANGE
ARMY & U.S. MARINE EXCHANGE SERVICE



POINT OF SALE
PROJECT

SHIP FROM STORE

✓ Pick ✓ Pack ✓ Ship... *Same Day!*

ShopMyExchange.com



Jason Leavitt
Manager, Hawaii Branches
808-380-8537



Upcoming Events

7 June 2018 1000-1130 Home Buying Seminar
-In partnership with Soldier for Life -
Transition Assistance Program
Ft Shafter Aloha Center

15 June 2018 Army Birthday Celebration
-Please visit our Information Booth at
this event!



Ft Shafter branch is hiring!
-Full Time Universal Representative

Please note there will be no PenFed Wealth Management Seminars in the month of June, due to building renovations.

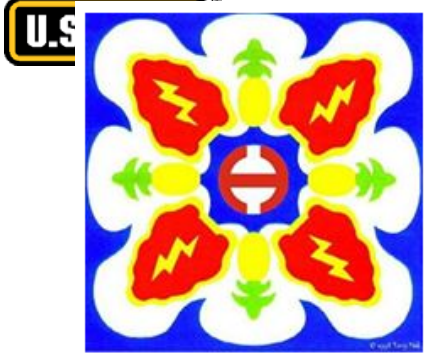


Hui O' Na Wahine

Schofield Barracks All Ranks Spouses Club



Ms. Jennifer Evans



Hui O' Na Wahine

Schofield Barracks All Ranks Spouses Club

Summer Meet Ups

June 19, 2018 – 2:00 pm Green World Coffee Farm

July 17, 2018 – 10:00 am Dole Plantation

Summer Sub Clubs

Book Club and Bunco Club will meet throughout the summer!

Email huipresident@gmail.com for more information!



U.S.



Hui O' Na Wahine

Schofield Barracks All Ranks Spouses Club

Available Board Positions for 2018-2019

- Activities Chair
- Membership Chair
- Publicity/Social Media Chair
- Reservations Chair

Email huipresident@gmail.com for more information!



Community Information Exchange



June 2018

6 June: National Run Day Virtual Run

7 June: Right Arm Night, Fort Shafter

7 June: USARHAW Retirement Ceremony

15 June: Army Strong One Team Luau

18-21 June: Vacation Bible School

28 June: USAG-HI Change of Command Ceremony

July 2018

4 July: Fourth of July Spectacular

11-12 July: Full-Scale Exercise

14 July: Ten-Mile Qualifier

28 July: Chaplain Corps Birthday



Community Information Exchange



August 2018

11 August: Half Marathon

September 2018

30 September: Rocktoberfest

October 2018

1 October: Transition Summit

14 October: Living History Day



Community Information Exchange



Wheeler Saddle Club

Christine Brain Todd

WSC President



Community Information Exchange





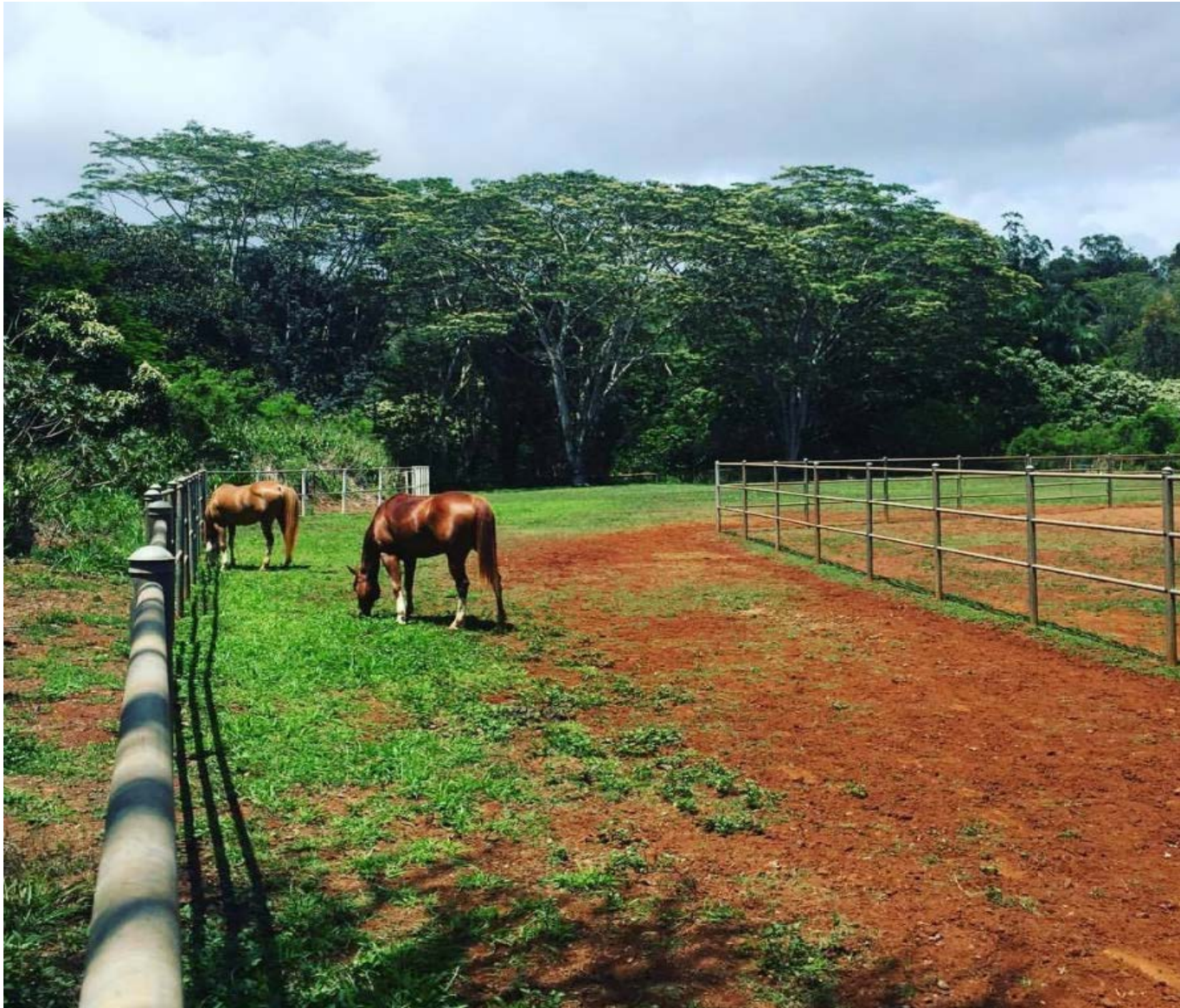
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Community Information Exchange





Community Information Exchange





Online Access

Public Affairs/Preparedness

- <https://www.ready.gov/nuclear-blast>
- <http://dod.hawaii.gov/hiema/category/nuclear-threat/nuclear-threat-forum-answers/>
- www.HawaiiArmyWeekly.com
- Facebook: www.facebook.com/usaghawaii/

Community Resource Guide

- <https://crg.amedd.army.mil/guides/usarpac/hawaii/Pages/default.aspx>
- www.garrison.Hawaii.army.mil/

CIE Briefing slides/MWR & Community Calendars

- www.Garrison.Hawaii.Army.mil (home page)

MWR Events

- Facebook: www.facebook.com/fmwr.Hawaii/
- www.HiMWR.com

Directorate of Public Works Updates

- Facebook: www.facebook.com USAGHI Department of public works

Directorate of Emergency Services

- Facebook: www.facebook.com/search/ Directorate of Emergency Services (DES) USAGHI

Health Clinic/Tricare Updates

- www.dmdc.osd.mil/milconnect
- www.Tricareonline.com
- www.Relayhealth.com

Hui O' Na Wahine spouses club

- www.schofieldspousesclub.com
- <http://www.schofieldspousesclub.com/welfare-grants.html>



Commander Comments



NEXT

Community Information Exchange

27 June 2018



END OF BRIEF



We are the Army's Home