

SHORT ORDER # <b>MON</b> MEAL: Din			SHORT ORDER # <b>Tues</b> MEAL: Din			SHORT ORDER # <b>Wed</b> MEAL: Din		
RECIPE NO.	ITEM DESCRIPTION	Port Cost	RECIPE NO.	ITEM DESCRIPTION	Port Cost	RECIPE NO.	ITEM DESCRIPTION	Port Cost
01200/120	Grilled Hamburger/Cheese Burger		N01200/120	Grilled Hamburger/Cheeseburger		N01200/120	Grilled Hamburger/CheeseHamburger	
			N03600	Hot Roast Pork Sandwich				
N04400	Grilled Chicken Sandwich		N01501	Grilled Tuna/Cheese Sandwich		N04400	Grilled Chicken Sandwich	
N03200	Salmon Burger		N02800	Italian Pepper Beef Sandwich		N03200	Shrimp Burger	
N03003	Frankfurter		S00318	Turkey Burger		N02702	BBQ Pork Sandwich	
N00600	Grill Cheese Sandwich		L16500	Cheese Pizza		N00600	Grill Cheese Sandwich	
	Vegetarian Hot Sandwich			Vegetarian Hot Sandwich			Vegetarian Hot Sandwich	
L16505/4/7	Meat Pizza- (WG crust)		Q04502	French Fries (oven baked)		L16502	Pizza-Mushroom, Green Pep Onion	
Q04502	French Fries (oven baked)		S04020	Sweet Potato Fries (baked)		Q04502	French Fries (oven baked)	
	Sweet Potato Fries (baked)			Non-Starchy Hot Veggie		S04020	Sweet Potato Fries (baked)	
	Non-Starchy Hot Veggie			Hot Veggie			Non-Starchy Hot Veggie	
	Hot Veggie			Carrot sticks (raw)-optional			Hot Veggie	
	Carrot sticks (raw)-optional						Carrot Sticks (raw)-optional	
SHORT ORDER # <b>Thur</b> MEAL: Din								
<b>NOTES</b>								
RECIPE NO.	ITEM DESCRIPTION	Port Cost	Suggested Vegetarian Hot Sandwiches			Non-Starchy Veggies		
			N05100	Vegetarian Hearty Burger			Asparagus	
01200/120	Grilled Hamburger/Cheeseburger			Black bean Burger			Broccoli	
S05900	Fish Taco's		L50700	Vegetarian Burrito			Beets	
N05200	Grilled Cajun Chicken Sandwich			Vegetarian Sloppy Joe			Brussels Sprouts	
N00200	Gyros		S06700	Southwestern Wraps			Cauliflower	
S00318	Turkey Burger						Carrots	
N00600	Grill Cheese Sandwich						Cabbage	
	Vegetarian Hot Sandwich						Greens-Mustard, Collard,Turnip	
N02200	Meatball Sub			WG-whole grain			Green Beans	
Q04502	French Fries (oven baked)			Brd-Breaded			Mixed Vegetables/Combinations	
	Non-Starchy Hot Veggie			<b>High Performance Food</b>			Mushrooms/Onions	
	Hot Veggie			<b>Moderate Performance Food</b>			Squash, summer, butternut	
	Carrot Sticks (raw)-optional			<b>Low Performance Food</b>			Spinach	

SHORT ORDER # <b>Fri</b> MEAL: Din			SHORT ORDER # <b>Sat</b> MEAL: Din			SHORT ORDER # <b>Sun</b> MEAL: Din		
RECIPE NO.	ITEM DESCRIPTION	Port Cost	RECIPE NO.	ITEM DESCRIPTION	Port Cost	RECIPE NO.	ITEM DESCRIPTION	Port Cost
N01200/120	Grilled Hamburger/Cheeseburger		N01200/120	Grilled Hamburger/Cheeseburger		N01200/120	Grilled Hamburger/Cheeseburger	
N04400	Grilled Chicken Sandwich		N03200	Salmon Burger		N04400	Grilled Chicken Sandwich	
N01501	Grilled Tuna Cheese Sand		N02800	Italian Pepper Beef Sandwich		N01501	Grilled Tuna/Cheese Sandwich	
N02401/00	Sloppy Joe (Beef or Turkey)		S00318	Turkey Burger		N02702	BBQ Pork Sandwich	
N03003	Frankfurter		N00600	Grill Cheese Sandwich		L16505/4/7	Meat Pizza	
	Vegetarian Hot Sandwich			Vegetarian Hot Sandwich			Vegetarian Hot Sandwich	
L16505/4/7	Meat Pizza- (WG crust)		Q04502	French Fries (oven baked)		L16502	Pizza-Mushroom, Green Pep Onion	
Q04502	French Fries (oven baked)		S04020	Sweet Potato Fries (baked)		Q04502	French Fries (oven baked)	
S04020	Sweet Potato Fries (baked)			Non-Starchy Hot Veggie			Sweet Potato Fries (baked)	
	Non-Starchy Hot Veggie			Hot Veggie			Non-Starchy Hot Veggie	
	Hot Veggie			Carrot sticks (raw)-optional			Hot Veggie	
	Carrot sticks (raw)-optional						Carrot Sticks (raw)-optional	
SHORT ORDER # <b>Sun</b> MEAL: Din								
<b>NOTES</b>								
RECIPE NO.	ITEM DESCRIPTION	Port Cost	Suggested Vegetarian Hot Sandwiches			Non-Starchy Veggies		
			N05100	Vegetarian Hearty Burger			Asparagus	
				Black bean Burger			Broccoli	
			L50700	Vegetarian Burrito			Beets	
				Vegetarian Sloppy Joe			Brussels Sprouts	
			S06700	Southwestern Wraps			Cauliflower	
							Carrots	
							Cabbage	
							Greens-Mustard, Collard,Turnip	
				WG-whole grain			Green Beans	
				Brd-Breaded			Mixed Vegetables/Combinations	
				<b>High Performance Food</b>			Mushrooms/Onions	
				<b>Moderate Performance Food</b>			Squash, summer, butternut	
				<b>Low Performance Food</b>			Spinach	