



**DEPARTMENT OF THE ARMY**  
US ARMY INSTALLATION MANAGEMENT COMMAND  
HEADQUARTERS, UNITED STATES GARRISON, FORT GORDON  
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FORT GORDON, GEORGIA 30905-5730

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JUL 22 2020

MEMORANDUM FOR All Garrison Personnel

SUBJECT: Garrison Commander's Policy Memorandum No. 08 - Commander's Health Promotion, Risk Reduction, and Suicide Prevention

1. References: DA PAM 600-24, AR 600-63.
2. The readiness of our Army is paramount in our ability to fight and win on the battlefield. Sustaining the health and wellbeing of our Soldiers, Civilians, and Family members is a preeminent responsibility of Army personnel at all levels. The Army's strategic approach to mitigating suicide and high-risk behavior helps build cohesive units. Promoting healthy lifestyles, reducing risk-seeking behavior and preventing suicide are priorities in this Command.
3. All Commanders, Directors, leaders, supervisors, and Soldiers are responsible for creating an environment that reduces the stigma of seeking help for behavioral health issues. On a daily basis, it is incumbent on all of us to be aware of and recognize when someone may be at risk, and to be empowered to take appropriate action to save lives. Each of us is responsible for eliminating policies, procedures, and actions that inadvertently discriminate, punish, or discourage Soldiers from seeking professional counseling.
4. Ensure that none of our team members are belittled for requesting assistance from behavioral health professionals. Leaders will utilize an extraordinary degree of discretion when identifying and sharing information regarding employees seeking help.
5. Each one of us has a personal role to play in preventing suicide. Annual training and refresher training provides information for intervention. From a fundamental perspective, the Army's Ask, Care, Escort (ACE) initiative reflects this Command's perspective on caring for the Army's most vital resources, our Soldiers, Civilians, and their Family members.

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6. There are numerous resources available for those in need of help. For more information, see the Suicide Prevention Program Coordinator, Health Promotion Officer, Employee Assistance Program Coordinator, or Chaplain.

A handwritten signature in black ink, appearing to read 'SHAW S. PICK', with several overlapping loops and a long horizontal stroke extending to the right.

SHAW S. Pick  
COL, SC  
Commanding