



# Mountain Training Group Alpine Training Branch

## CWOC Packing List



### Duty 2 (Winter)

01 October - 01 April

- ☐ ECWCS (Level 5) Soft Shell Jacket – With all patches
- ☐ ECWCS (Level 5) Trousers –with belt or suspenders
- ☐ ECWCS (Level 1) Light-Weight Cold Weather Undershirt and Drawers
- ☐ Fleece cap or balaclava
- ☐ Wool socks
- ☐ Winter combat boots
- ☐ Contact Gloves
- ☐ ID Card (CAC)
- ☐ Note Taking Material
- ☐ Watch

### MOLLE Large Rucksack or MOLLE 4k Rucksack

#### Packing List:

- |  |   |
|--|---|
| <input type="checkbox"/> MOLLE Large Ruck or MOLLE 4K Rucksack                               | <input type="checkbox"/> 1x Arctic Mittens (Tan OR Fire brand )                           |
| <input type="checkbox"/> Modular Sleep System MSS all layers Bivy Sack                       | <input type="checkbox"/> 1x Trigger Finger Mittens (Tan OR Fire Brand)                    |
| (ACU/UCP or Tan)   | <input type="checkbox"/> ECWCS (Level 7) Extreme Cold Weather Parka (Puffy top)           |
| Summer bag (Dark grey or Green)  | <input type="checkbox"/> ECWCS (Level 7) Extreme Cold Weather Trousers (Puffy Pants)      |
| Winter Bag (Light Grey or Black)   | <input type="checkbox"/> Head Lamp With Spare Batteries                                   |
| <input type="checkbox"/> Sleep Pad   | <input type="checkbox"/> 2x Unscented Trash Bag   |
| <input type="checkbox"/> Wet Weather Bag   | <input type="checkbox"/> Personal Hygiene Kit   |
| <input type="checkbox"/> Poncho or field Tarp  | <input type="checkbox"/> 100 feet 550 Cord  |
| <input type="checkbox"/> Poncho liner (woobie)   | <input type="checkbox"/> Eye Pro Dark and Clear Lenses                                    |
| <input type="checkbox"/> 3x Pairs of Wool Socks  | <input type="checkbox"/> Over-whites ( Top, Bottom, Ruck Cover)                           |
| <input type="checkbox"/> 1x ECWCS (Level 1) Light-Weight Cold Weather Undershirt and Drawers | <input type="checkbox"/> Water Source Canteen or Nalgene (No Camelbaks)                   |
| <input type="checkbox"/> 1x ECWCS (Level 2) Mid-Weight Cold Weather Shirt and Drawers        | <input type="checkbox"/> Lighter (used for Survival Necklace)                             |
| <input type="checkbox"/> 1x ECWCS (Level 3) Fleece Cold Weather Jacket                       | <input type="checkbox"/> Chapstick (used for Survival Necklace)                           |
| <input type="checkbox"/> 1x ECWCS (Level 4) Wind Cold Weather Jacket                         | <input type="checkbox"/> Pocket Knife   |
| <input type="checkbox"/> ECWCS (Level 6) Extreme Cold/Wet Trousers & Jacket                  | <input type="checkbox"/> Army issued neck gator   |
|  | <input type="checkbox"/> Additional Civilian Equivalent Glove systems ( Cadre discretion) |

**NOTE: ECWCS LVL7 top will be stored immediately under flap of Ruck Sack**

As of 8 January 2025