



# Mountain Training Group Alpine Training Branch

## CWOC Packing List



### Duty 2 (Winter)

01 October - 01 April

- ECWCS (Level 5) Soft Shell Jacket – With all patches
- ECWCS (Level 5) Trousers –with belt or suspenders
- ECWCS (Level 1) Light-Weight Cold Weather Undershirt and Drawers
- Fleece cap or balaclava
- Wool socks
- Winter combat boots
- Contact Gloves
- ID Card (CAC)
- Note Taking Material
- Watch

### MOLLE Large Rucksack or MOLLE 4k Rucksack

#### Packing List:

- MOLLE Large Ruck or MOLLE 4K Rucksack
- Modular Sleep System MSS all layers Bivy Sack (ACU/UCP or Tan) Summer bag (Dark grey or Green) Winter Bag (Light Grey or Black)
- Sleep Pad
- Wet Weather Bag
- Poncho or field Tarp
- Poncho liner (woobie)
- 3x Pairs of Wool Socks
- 1x ECWCS (Level 1) Light-Weight Cold Weather Undershirt and Drawers
- 1x ECWCS (Level 2) Mid-Weight Cold Weather Shirt and Drawers
- 1x ECWCS (Level 3) Fleece Cold Weather Jacket
- 1x ECWCS (Level 4) Wind Cold Weather Jacket
- ECWCS (Level 6) Extreme Cold/Wet Trousers & Jacket
- 1x Arctic Mittens (Tan OR Fire brand )
- 1x Trigger Finger Mittens (Tan OR Fire Brand)
- ECWCS (Level 7) Extreme Cold Weather Parka (Puffy top)
- ECWCS (Level 7) Extreme Cold Weather Trousers (Puffy Pants)
- Head Lamp With Spare Batteries
- 2x Unscented Trash Bag
- Personal Hygiene Kit
- 100 feet 550 Cord
- Eye Pro Dark and Clear Lenses
- Over-whites ( Top, Bottom, Ruck Cover)
- Water Source Canteen or Nalgene (No Camelbaks)
- Lighter (used for Survival Necklace)
- Chapstick (used for Survival Necklace)
- Pocket Knife
- Army issued neck gator
- Additional Civilian Equivalent Glove systems ( Cadre discretion)

**NOTE: ECWCS LVL7 top will be stored immediately under flap of Ruck Sack**

As of 8 January 2025