



Mountain Training Group Alpine Training Branch

MST & MOC Packing List



DUTY 1 (Summer)

02 April - 30 September

- ☐ Patrol Cap W/ Rank and Nametape
- ☐ ACU Coat - with all applicable Patches
- ☐ ACU Trousers
- ☐ Undershirt, Coyote Tan
- ☐ Belt, Riggers, Coyote Tan
- ☐ Boots, Coyote Tan
- ☐ Boot Socks (Green/Black/Coyote)
- ☐ ID Card (CAC)
- ☐ Note Taking Material
- ☐ Watch

DUTY 2 (Winter)

01 October - 01 April

- ☐ ECWCS (Level 5) Soft Shell Jacket – With all patches
- ☐ ECWCS (Level 5) Trousers –with belt or suspenders
- ☐ ECWCS (Level 1) Light-Weight Cold Weather Undershirt and Drawers
- ☐ Fleece cap or balaclava
- ☐ Wool socks
- ☐ Winter combat boots
- ☐ Contact Gloves
- ☐ ID Card (CAC)
- ☐ Note Taking Material
- ☐ Watch

Assault Pack

- ☐ ECWCS (Level 6) Extreme Cold/Wet Trousers & Jacket
- ☐ Water Source
- ☐ Military issued Combat Helmet
- ☒ All student issued equipment
- ☐ Additional items as prescribed by the Cadre

MOLLE Large Rucksack or MOLLE 4k Rucksack

- ☐ MOLLE Large Ruck or MOLLE 4K Rucksack
- ☐ Modular Sleep System MSS all layers
 - Bivy Sack (ACU/UCP or Tan)
 - Summer bag (Dark grey or Green)
 - Winter Bag (Light Grey or Black)
- ☐ Sleep Pad
- ☐ Wet Weather Bag
- ☐ Poncho or field Tarp
- ☐ Poncho liner (woobie)
- ☐ 3x Pairs of Wool Socks
- ☐ 1x ECWCS (Level 1) Light-Weight Cold Weather Undershirt and Drawers
- ☐ 1x ECWCS (Level 2) Mid-Weight Cold Weather Shirt and Drawers
- ☐ 1x ECWCS (Level 3) Fleece Cold Weather Jacket
- ☐ 1x ECWCS (Level 4) Wind Cold Weather Jacket

- ☐ 1x Arctic Mittens (Tan OR Fire brand)
- ☐ 1x Trigger Finger Mittens (Tan OR Fire Brand)
- ☐ ECWCS (Level 7) Extreme Cold Weather Parka (Puffy top)
- ☐ ECWCS (Level 7) Extreme Cold Weather Trousers (Puffy Pants)
- ☐ Head Lamp With Spare Batteries
- ☐ 2x Unscented Trash Bag
- ☐ Personal Hygiene Kit
- ☐ 100 feet 550 Cord
- ☐ Eye Pro Dark and Clear Lenses

NOTE: ECWCS LVL7 top will be stored immediately under flap of Ruck Sack

Additional Recommended items

- ☐ Lighter (used for Survival Necklace)
- ☐ Chapstick (used for Survival Necklace)
- ☐ Pocket Knife
- ☐ Civilian Equivalent neck gator (subdued colors only)
- ☐ Additional Civilian Equivalent Glove systems (Cadre discretion)