

EAP Laws and Regula-

tions Public Law 96-180 and 96-181 authorized Federal agencies to provide short-term counseling services to employees and their family members who have substance abuse problems.

Public Law 99-570. The Federal Employee Substance Abuse Education and Treatment Act of 1986, and the Title 5 Code of Federal Regulations (CFR) Part 792, require Federal agencies to establish appropriate prevention, treatment, and rehabilitative programs and services for alcohol and drug abuse problems for Federal civilian employees.

Executive Order 12564 requires Federal agencies to establish drug-free Federal workplace programs, including an EAP, as an essential element in achieving a drug free workforce. Agencies must refer all employees found to be using illegal drugs to the EAP for assessment, short term counseling, and referral for treatment or



EAP

help. when you need it.

EAP Coordinator
315-772-2597

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ASAP Prevention Chief
315-772-6704

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ASAP Program Manager
315-772-5447



Army Substance Abuse Program



Employee Assistance Program

A voluntary, confidential program that helps civilian employees, dependents and retirees work through various life challenges that may adversely affect job performance, health, and personal well-being.



Army Substance Abuse Program

315-772-2597

Employee Assistance Program (EAP)

What is EAP?

A program that can effectively assist in the treatment of substance abuse, family and marital difficulties, financial stress, workplace conflicts and many other mental health related issues. Any mental health issue that can affect job performance can be addressed and treated by your EAP.



Is EAP

Confidential?

Confidentiality is the corner stone of an effective EAP. Employee confidence in the competence and trustworthiness of the EAP manager plays a key role in the program success. The EAP manager is knowledgeable with the provisions of the Privacy Act (5 U.S.C. 552a(b)), as well as the Alcohol and Drug Patient Confidentiality Regulation provisions



Are counseling and referral services offered?

The Army EAP provides free, comprehensive screening, short-term counseling and referral services to help employees resolve and achieve a balance between their work, family and other responsibilities. Job effectiveness can be adversely affected when employees are faced with emotional or behavioral problems, family responsibilities, financial and legal difficulties, divorce, death, and dependent (child/elder) care needs. EAP services can be extremely important in the prevention of and intervention in workplace Incidents and violence. Participation in the EAP is voluntary and, ultimately, it is the employee's decision to participate or not.

Does EAP helps the Army?

- YES—Helps employees identification and resolve personal stressors that may impact their job performance, career and well-being.
- YES—Assists management in addressing productivity issues that impact the mission.
- YES—Promotes installation work, life, and wellness programs.
- YES—Identifies community resources to enhance quality of life of civilians which results in retention and cost reduction for

What are the Civilian training requirements?

For more information or for assistance in meeting your required two hours Civilian Substance Abuse, Work Place Violence or Suicide Prevention training please contact your EAP manager.

**Army Substance Abuse Program
Employee Assistance Program**

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