



# KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

## THIS WEEK 5 - 9 FEB 2018



### WHERE THE RAIL MEETS THE ROAD

There are thousands of railroad crossings dotting the more than 160,000 miles of track in the U.S. If you encounter a train inside a railroad crossing, the train will always win. Think this is a rare occurrence? Think again. Every three hours, a person or vehicle is struck by a train. Fortunately, you don't have to join the statistics column.



#### TAKE THE RING OFF

I was one of those Soldiers who knew the risks associated with wearing my wedding band at work, but I chose to wear it anyway. Of course, I would not be writing this article if I weren't personally involved in a ring accident. And let me tell you, it hurts!



#### KNOW THE SIGNS

With traumatic injuries, such as those seen in combat or vehicle accidents, it's hard to know which injured Soldier needs care first. Sometimes, however, the Soldier that looks OK is the one who's in most desperate need of help.

## PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



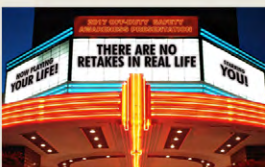
A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.



Great resource for finding a local riding association, and learning to be a safer rider.



ReportIt is the single Army accident and risk management system for collecting injury, illness and loss data.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-duty Safety Awareness Presentation.



Going on leave, pass or TDY? Don't forget to first complete your Travel Risk Planning System assessment.



### Did you know you can print entire issues of KNOWLEDGE?

Click here to download your copy.

## ACCIDENT BRIEFS

### ATV

A Soldier died in an all-terrain vehicle mishap.

### ENGAGEMENT TIPS

Do your Soldiers wear proper personal protective equipment when participating in off-duty activities?



[CLICK HERE TO VIEW MORE PRELIMINARY LOSS REPORTS](#)

## POST THIS

### A COMBAT MEDIC'S RULES TO STAYING SAFE IN THE COLD

SGT. 1ST CLASS MARC KERRIGAN, a combat medic with the Massachusetts Army National Guard, gives these recommendations for playing safe while enjoying the outdoors this winter:

- LIMIT EXPOSURE**  
If you feel cold, head indoors and warm up to prevent cold weather injuries.
- LAYER UP**  
Stay warm and dry. Wearing more layers can help prevent hypothermia and frostbite.
- STAY HYDRATED**  
Even though it's cold outside, your body still needs water to function properly.

<https://safety.army.mil>

[CLICK TO DOWNLOAD](#)

## WATCH THIS



### PROPER LIFTING TECHNIQUES: TEAM LIFT

[CLICK TO VIEW](#)

[SUBMIT AN ARTICLE](#)

[SUBSCRIBE TO SAFETY PRODUCTS](#)

[CONTACT US](#)

