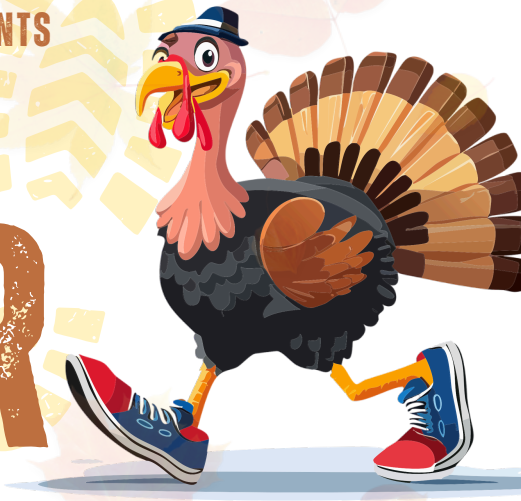
MONTHLY STEP CHALLENGE

U.S. ARMY MWR
SOLDIERS · FAMILIES · RETIREES · CIVILIANS

STEP INTO NOVEMBER

EVERY STEP COUNTS



NOVEMBER 1-30, 2026

CAN YOU BEAT THE CSMS THAT KEEP WINNING?

BUILD AND MAINTAIN HEALTHY HABITS

USE APPLE, SAMSUNG, FITBIT, GARMIN & MORE

OPEN TO ALL FITNESS LEVELS

USE ANY DEVICE THAT LINKS TO THE STEPUP APP

ACHIEVEMENT LEVELS

TRAILBLAZER	PATHFINDER	TREKKER	WALKER
500,000+	400,000+	300,000+	200,000+

SCAN TO JOIN NOW!

DEVENS FITNESS FACILITY

FITNESS FACILITY MANAGER
CELINA GONZALEZ
CELINA.N.GONZALEZ.NAF@ARMY.MIL
PHONE: 978-615-6872

RECREATION ASSISTANT
ANDY LYNCH
ANDERSON.H.LYNCH.NAF@ARMY.MIL

GET THE MOST STEPS IN NOVEMBER TO GET YOUR PICTURE ON THE WALL IN THE GYM!