



# The Fort Detrick Weeklies

U.S. ARMY ANNOUNCEMENTS, EVENTS AND TRAININGS



5 June – 5 July 2025

Please note: The Weeklies are also on <https://home.army.mil/detrick> under “Weeklies”

**FORT DETRICK IS CURRENTLY AT FPCON BRAVO.  
FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO.**

**If you have any article submissions, you would like considered for the Fort Detrick website please send them to [usarmy.detrick.usag.mbx.pao@army.mil](mailto:usarmy.detrick.usag.mbx.pao@army.mil).**

**USAG Fort Detrick on social media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to [www.facebook.com/DetrickUSAG](https://www.facebook.com/DetrickUSAG) and “Like” us or follow us on Twitter: @DetrickUSAG.**

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

## ANNOUNCEMENTS AND EVENTS

- **To view our job openings, please visit USAJOBS or click on the link below:**  
<https://www.usajobs.gov/Search/Results?l=Fort%20Detrick%2C%20Maryland&d=AR&a=ARBA&p=1&s=agency>
- For FMWR News and Events, visit [www.detrick.armymwr.com](http://www.detrick.armymwr.com), Instagram us at #DetrickMWR, and like us on Facebook at [www.facebook.com/DetrickMWR](https://www.facebook.com/DetrickMWR).
- **Fort Detrick will be conducting Counter-Small Unmanned Aircraft Systems training June 9-12 between 8 a.m. and 5 p.m. During this time, you may observe drone activity within the installation perimeter. Drones will be flown at varying altitudes and hover briefly before descending. Please be assured this is a scheduled training exercise. For questions, contact the Installation Operations Center at 301-619-3111 or [usarmy.detrick.usag.mbx.dptms-operations@army.mil](mailto:usarmy.detrick.usag.mbx.dptms-operations@army.mil).**

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**NOTE:** Weekly announcements will be sent out every Thursday. If you have an announcement you would like to include, please send the information to [usarmy.detrick.usag.mbx.pao@army.mil](mailto:usarmy.detrick.usag.mbx.pao@army.mil) or call 301-619-2018.



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- **Fort Detrick will commemorate the U.S. Army’s 250th Birthday with a series of special celebrations honoring the Army’s legacy of service and sacrifice.**
  - ***Cake Cutting Ceremony on June 13 at 12:30 p.m. in the auditorium of Bldg 1520.*** In keeping with tradition, the installation’s oldest and youngest Soldiers will join Garrison Commander Col. Chris Chung for the ceremonious cutting. Immediately following the cake cutting, attendees are invited to explore the Heritage Displays within the auditorium.
  - ***Retreat Ceremony on June 13 at 3 p.m., Blue and Gray Field.*** A Retreat Ceremony will mark the end of the day’s celebrations. It will begin with opening comments, followed by a Re-Enlistment Ceremony, an Enlistment Ceremony, and an Army Emergency Relief Campaign announcement. The commemoration will conclude with the Retreat and lowering of the National Colors, honoring the Army’s longstanding traditions and commitment to service.
  - ***Army’s 250<sup>th</sup> Birthday Gala Celebration on June 14 at 6 p.m. at the Community Activities Center.*** See the flyer below for additional information.

Fort Detrick welcomes all members of the military community to take part in these historic celebrations as we pay tribute to the U.S. Army’s remarkable 250-year journey.



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- **A construction project for ongoing asbestos abatement will impact pedestrian and vehicle traffic near Beasley Drive lasting until mid-June 2025.**

Please treat all areas with posted signs as off limit areas. Please see the attached map for details and plan your routes accordingly. We apologize for any inconvenience this may cause.



## **Pedestrian Closures:**

- The perimeter walking path remains closed between Ware Dr. and Building 393.
- The sidewalk behind building 375 is open.

## **Road Closures:**

- Doughten Drive & Ditto Avenue – Ongoing water line replacement -intermittent lane closures.
- **Construction vehicles on Beasley Dr. may impact traffic throughout the day.**

## Map Legend

-  Pedestrian exercise path  
Closed 24x7 from 21 April – Mid June
-  Beasley Drive  
Closed Monday thru Friday 0700-1500 from 21 April – Mid June
-  Sidewalk Closure (zero through traffic)  
Closed 24x7 beginning 21 April until completion of this phase of the work (approx. 3 weeks)
-  Bldg 393 Parking lot  
Closed 24x7 from 21 April – Mid June
-  Davis Street  
Closed 24x7 from 21 April – Mid June



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- **USAG Security Office will be closed June 19-23, 2025.**

For assistance with clearances or to sign DD2875's please contact the Security Office prior to June 19. If you have an Emergency Clearance that needs to be passed contact 21<sup>st</sup> Sig Bde (Ms. Ravas) at 571-588-0116. If you have an emergency involving Security, please call the USAG EOC at (301) 619-3111 for assistance. Full service will resume on Tuesday, June 24.

- **Barquist Reduced Hour and Clinic Closures:**

- 19 JUN: Federal Holiday– CLOSED
- 27 JUN: Reduced Hours of Operation – Closing at Noon

- **Basic Life Saving Training Date: June 12**

- Priority is to Barquist staff. Additional slots are only available to Active-Duty Service Members and DOD Civilians w/priority slotting for 68w/68c and healthcare professionals. Please contact SGT Owen for availability and registration. A link for the online portion will be provided and needs to be completed before in-person training is conducted.

SGT Bethany Owen, (301) 619 – 2500 [Bethany.a.owen.mil@health.mil](mailto:Bethany.a.owen.mil@health.mil)

## TRAININGS

- **Local Hazards Briefing Training 2025**

**Location:** Bldg. 1520, Classroom #5C

**Class Hours:** 1400-1530

**Dates:**

30 JUN 25	28 JUL 25	18 AUG 25	29 SEP 25
27 OCT 25	17 NOV 25	16 DEC 25	

**Description:** Local Hazards Briefing meets the intent of DoDI standard 6055.04 and AR 385-10, 24 July 2023, Chapter 13, Section 18. The course fulfills a requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.

**Who Should Attend?** All newly assigned Fort Detrick civilian and military personnel.





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**Course Manager:** Mr. Humberto Rivera (301) 619-3295, [usarmy.detrick.usag.list.installation-safety-management-office@army.mil](mailto:usarmy.detrick.usag.list.installation-safety-management-office@army.mil)

**Installation Safety Office Main Number:** (301) 619-7318

**NOTES:** Individuals who require special services or accommodation due to a disability should advise this office immediately (wheelchair access, interpreter, etc.)

- **FY 25 TARP Face to Face Training – All sessions at 1 p.m. Building 1520 Auditorium.**

\*Note\* Training starts promptly at 1 p.m. allowing a 5 min grace. If you arrive after that time, the rosters will NOT be available for signing and you will NOT be credited for attendance.

24 June 2025	15 July 2025
19 August 2025	16 September 2025

- **Vacation Bible School (VBS) 2025**

The Fort Detrick Chapel will offer VBS for grades K (completed) through 5 on July 14-18 from 5:30-8:30 p.m. at the Fort Detrick Chapel, 1776 Ditto Ave. Children must have completed Kindergarten. Daily sign-in will begin at 5:15 p.m. and a light meal will be provided for the children between 5:30-6:00 p.m. VBS activities kick-off at 6:00 p.m. An ice cream social will be held on the last day of VBS for the children and parents, grandparents, and friends to celebrate VBS.



The theme for this year's VBS is *Stellar: Shine Jesus' Light*. At Stellar, children explore how Jesus shined hope, love, forgiveness, and joy to the world-and how we can do the same with His power. You can expect a week full of faith discoveries, memorable music, and epic adventures that help children grow in friendship with Jesus.

Registration is free and forms are available at the Chapel office. **You are encouraged to register early, as space is limited.** For more information, please contact the Chapel at 301-619-7371.

# THE JOURNEY

THIS TRAINING WILL COUNT  
TOWARDS THE DRUG AND  
ALCOHOL EDUCATION PORTION  
FOR PERSONAL READINESS.  
PLEASE BE ADVISED YOU MUST  
ALSO TAKE ACE SUICIDE  
PREVENTION TO OBTAIN FULL  
PERSONAL READINESS CREDIT.

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## Face-to-Face Drug and Alcohol Awareness Training

\*1 JULY 2025 @ 1300

\*5 AUGUST 2025 @ 1000

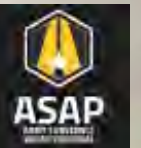
\*2 SEPTEMBER 2025 @ 1000

## Virtual Drug and Alcohol Awareness Training

8 JULY 2025 @ 1300

**JOIN THE MEETING NOW**

\*REGISTRATION IS REQUIRED. DRUG AND ALCOHOL AWARENESS CONTACT [MORGAN.C.LAWSON4.CIV@ARMY.MIL](mailto:MORGAN.C.LAWSON4.CIV@ARMY.MIL).  
ACE SUICIDE PREVENTION CONTACT [ERIKA.R.BISHOP2.CIV@ARMY.MIL](mailto:ERIKA.R.BISHOP2.CIV@ARMY.MIL).





# ACE

## Suicide Prevention Training

Face-to-Face Training



For those who believe attending suicide prevention training will be offensive or emotionally stressful, you are encouraged to contact your supervisor to discuss an alternative to the training and contact POC.

☐ 10 July 2025 @ 1000

☐ <https://einvitations.afit.edu/inv/anim.cfm?i=1051278&k=03614708795075>

☐ 24 July 2025 @ 1000

☐ <https://einvitations.afit.edu/inv/anim.cfm?i=1051282&k=03614708795F7F>

Registration is on a first come, first serve basis. If you will not attend, please notify POC to allow others to register as needed.

This training will count towards the Suicide Prevention education portion of Personal Readiness. Please be advised you must also take the ASAP Drug and Alcohol Prevention training to obtain full Personal Readiness credit.





## FINANCIAL READINESS PROGRAM

# Manage & Enhance

## YOUR FINANCES

- **All About TSP**

**9 Jun 1000 or 1400**

Learn how to maximize your contributions.

- **Saving and Investing**

**17 June 1000 or 1400**

Investing other than your TSP.

- **Credit and Debt**

**23 Jun 1200 (virtual) or 1500 (virtual)**

Get your debt under control!

- **Home Buying**

**1 Jul 1000 or 1400 (virtual)**

Are you ready to purchase a home?



**RSVP 2 DAYS PRIOR TO DATE  
OF THE TRAINING**

**CALL:**

**301-619-3455**

**EMAIL:**

**USARMY.DETRICK.USAG.MBX.  
ACS-FRP@ARMY.MIL**

**The mandatory Financial Readiness Common Military Training requirements provide all Soldiers with the common knowledge, skills, and behavior standards to enable them to manage their financial affairs in a manner that supports mission readiness.**

**Confidential Accredited Financial Counselors available at ACS**

**1520 Freedman Dr. Monday-Friday 0900-1500  
Appointments recommended. 301-619-3455**

Money Management Matters





# Army Birthday Gala Saturday, 14 June 2025 at 6 PM

Community Activities Center  
(CAC) 1529 Freedman Drive

**\$80 Per Couple  
\$50 Per Individual**

**E-4 and Below  
\$40 Per Couple  
\$25 Per Individual**

**Join Us for a Night of Camaraderie,  
Celebration, and Honor.**

## Attire Guidelines:

Military: Dress or Mess Uniform

Civilians: Kindly dress in elegant black tie attire

**Delicious Hors d'oeuvres   Live Music   Cocktails For Purchase**

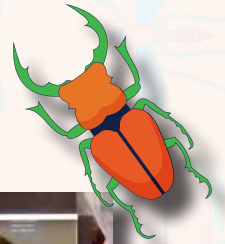
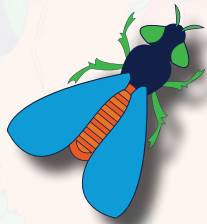
Call 301-619-3972 by 6 June 2025 to purchase tickets





# BUGAPALOOZA

**Saturday, June 21, 2025**  
**10 a.m. to 12 p.m.**



Join NMHM and DOD experts for specialized stations showcasing different varieties of bugs (some alive!) and raising awareness of the research dedicated to the prevention and treatment of bug-borne illness. Learn how to battle the bugs or use them to your advantage as you discover which bugs are bizarre, beneficial, or downright deadly. This program is free and recommended for all ages! Bug costumes are encouraged.



**NATIONAL  
MUSEUM  
OF HEALTH AND  
MEDICINE**

Request ADA accommodations  
10 business days in advance at  
(301) 319-3303 or by email here:



2500 Linden Lane  
Silver Spring, MD 20910  
(301) 319-3300  
[www.MedicalMuseum.health.mil](http://www.MedicalMuseum.health.mil)  
Facebook Instagram Twitter @MedicalMuseum





# Summer Safety Tips



Keep these tips in mind as you and your family enjoy summer vacations, camping, family reunions, picnics and the Fourth of July.

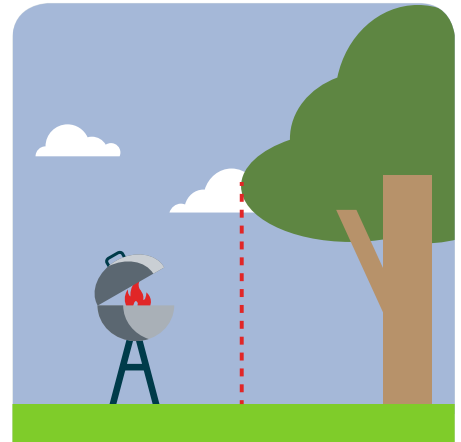
## Fire safety



Build campfires at least 25 feet away from tents, shrubs and anything that can burn.



If you want to see fireworks, go to a public show put on by experts. Sparklers can reach 1,200 F and cause third-degree burns.



Use propane, charcoal and wood pellet barbecue grills outdoors only. Indoor use can cause a fire or carbon monoxide poisoning.

Place your grill well away from siding and deck railings and out from under eaves and overhanging branches. Do not store or use a grill on a porch or balcony.



Use chimineas, outdoor fireplaces, and fire pits outdoors only and at least 10 feet away from your home or anything that can burn.



FEMA



U.S. Fire  
Administration



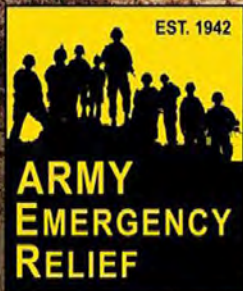
Fort Detrick Fire &  
Emergency Services  
Dial 911 For Emergencies





# ARMY EMERGENCY RELIEF

ANNUAL CAMPAIGN MARCH 1 - JUNE 14



**AER CELEBRATES THE U.S. ARMY'S  
250 YEARS OF BRAVERY AND SERVICE**

**HONORING THE PAST 1775 - 2025 SECURING THE FUTURE**

**Please contact: 301-619-3455**



#DetrickMWR  
[www.detrick.armymwr.com](http://www.detrick.armymwr.com)  
[www.facebook.com/DetrickMWR](http://www.facebook.com/DetrickMWR)





# Fort Detrick

## Annual Career & Education Fair

Call us for more information

301-619-3448

Join Us

Open to Fort Detrick and surrounding  
communities

25 June 2025  
1000-1300 (10am-1pm)

1520 Freedman Drive, Fort Detrick  
Community Support Center, Auditorium



### Registered Employers





# FMWR Outdoor Recreation Day

Thursday, June 26th  
Nallin Farm Pond Road  
Fort Detrick, MD 21702  
4pm-6pm



## BOSS

Closest to the pin  
(Chipping Contest)

### Rules/ Prizes:

- Each player gets three tries (Golf Balls are provided)
- Players may use their own or provided clubs
- Winner(s) receive 1 Free Bucket of Range Balls
- Hole-in-one will receive 3 Free Buckets of Range Balls.
- Players whose ball lands closest to the pin wins (there may be multiple winners)



Come enjoy some of our Outdoor Equipment, Newly Renovated Playground and Driving Range and Closest to the Pin (Chipping Contest)

June 26, 2025  
4-6PM



YOU'RE INVITED TO THE COOKOUT

**Outdoor  
Recreation Day  
and  
Independence Day  
Celebration**



**NEW  
INFLATABLES!**

**NEW POP-UP  
CAMPERS!**



**AND MORE!**

Nallin Recreational Area  
Nallin Farm Pond Road  
Fort Detrick, Maryland 21702

**Call 301-619-3972 for more information**



# **BASIC SKILLS EDUCATION PROGRAM (BSEP)**

**@FORT DETRICK EDUCATION CENTER**

## **Reasons to Enroll**

- ❖ **Increase General Technical (GT) score for Military Occupation Specialty (MOS) reclassification**
- ❖ **Establish for commissioning programs**
- ❖ **Prerequisite for attendance in career development courses, such as Non-Commissioned Officer Education System (NCOES)**
- ❖ **Improve basic skills for college courses**
- ❖ **Increase chances for promotion**

## **UPCOMING BSEP DATES (F2F):**

- ❖ **August 04-22**
- ❖ **Sept 15-Oct 03**
- ❖ **Oct 27-Nov 18**

**To REGISTER for classes, please contact our BSEP Instructor:**

**Mrs. Angela Sutsakhan @301-619-8636 or [angela.s.sutsakhan.ctr@army.mil](mailto:angela.s.sutsakhan.ctr@army.mil)**



# FAMILY ADVOCACY PROGRAM

Presents

## ABCs of Anger Management



### Dates:

June 16th 2025

July 21st 2025

Time: 1:30pm - 2:30pm

Venue: In-Person and Virtual MS  
Teams Options Available

Please, Register NLT 2 Days Prior to Any  
Workshop  
Scan QR Code to Register, or



### Call

301-619-7171

301-619-3774

For more information

### Who?

For Active-duty, Family Members,  
Retirees, Civilian and Contractors

### Why?

This class is to help individuals learn about their anger symptoms, warning signs and how they progress as they escalate. The goal is to teach individuals to gain self-awareness to know when to take a step back and use the anger management and coping skills they learned.

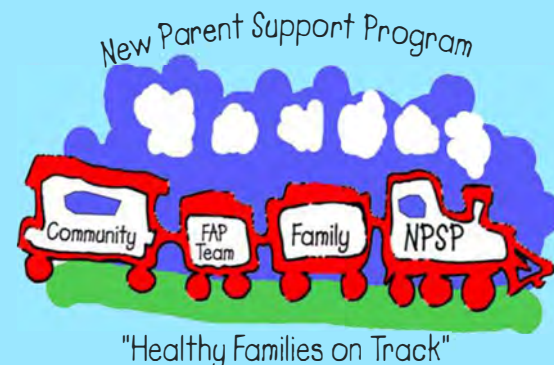
#DetrickMWR

[www.detrack.armymwr.com](http://www.detrack.armymwr.com)

[www.facebook.com/DetrackMWR](https://www.facebook.com/DetrackMWR)



# Fort Detrick New Parent Support Program



## PLAYGROUP

**TARGET AUDIENCE**  
**CHILDREN**  
**AGES 0-3**

**Interactive activities designed to assist parents in learning developmentally appropriate play techniques to help children between birth to 3 years improve their social, cognitive and motor skills.**

May 7, 14, 21, 28: 9:30-11:30

June 4, 11, 18, 25: 9:00-11:30

July 2, 9, 16, 23, 30: 9:00-11:30

**6000 Ditto Ave, Ft. Detrick,  
Maryland @ The Neighborhood Center**

For Questions, Contact New Parent Support @  
301.619.0323

RSVP: <https://signup.com/go/CBsHrcQ>

#DetrickMWR  
[www.detrack.armymwr.com](http://www.detrack.armymwr.com)  
[www.facebook.com/DetrackMWR](http://www.facebook.com/DetrackMWR)







# SUMMER WEBINARS

**REGISTER TODAY, RELAX TOMORROW**  
REPLAYS YOU CAN TAKE TO THE POOL, PORCH, OR BEACH

**JUNE 3**

12:30 PM EST

**BEYOND 'DON'T DO IT':  
REAL TALK ABOUT YOUTH SUBSTANCE USE  
& INTERVENTION**

STANFORD REACH LAB - DR. BONNIE HALPERN-FELSHER

**JULY 8**

1:00 PM EST

**HELPING YOUTH HEAL:  
SUPPORT THROUGH FAMILY ADDICTION,  
TRAUMA & STRESS**

LAMBI LEARNS - TRISH LUNA

**AUG 26**

1:00 PM EST

**TALK EARLY, TALK OFTEN:  
PREVENT UNDERAGE SUBSTANCE USE**

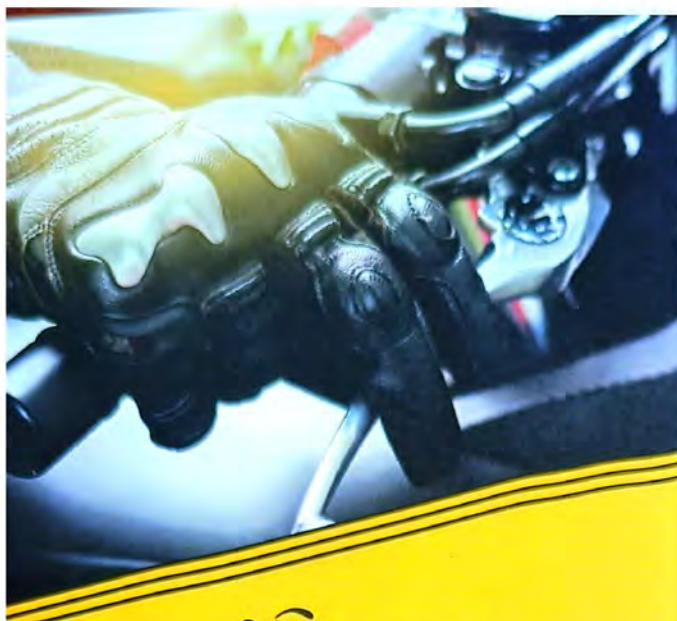
MOTHERS AGAINST DRUNK DRIVING (MADD) & DR. ROBERT TURRISI

**REGISTER NOW**

[OPERATIONPARENT.ORG/WEBINARS](https://operationparent.org/webinars)







# RIDER SAFETY

## FREE

### Training for All Riders

*Learn skills and safety from Maryland's Finest to become a safer motorcyclist.*

**REGISTER TODAY!**

[zerodeathsmd.gov/maryland-motors/](http://zerodeathsmd.gov/maryland-motors/)



Operated by the Maryland Department of State Police and other local law enforcement agencies

**Providing education for all motorcyclists to keep everyone safe on our roads.**

Spend a day with police motor officers who will share insights on how to be a safer rider through classroom sessions, low-speed training courses, and group rides.

#### **SAFETY TOPICS INCLUDE:**

- professional riding techniques
- motorcycle control
- collision causes
- safety and advice

**FREE  
FOR ALL  
RIDERS**

#### **CLASS DETAILS**

##### **AGENDA**

###### **MORNING**

Motorcycle check  
Classroom instruction  
Ride with motor officer  
Professional riding techniques

###### **AFTERNOON**

Classroom instruction  
Low-speed training course  
Motorcycle control

##### **SIZE**

Classes are limited to 18 participants with an instruction ratio of 1 motor officer per 2 riders

##### **LOCATIONS**

Baltimore County, Harford County, Howard County



**REGISTER  
TODAY!**

[zerodeathsmd.gov/maryland-motors/](http://zerodeathsmd.gov/maryland-motors/)



# Fort Detrick Education Center



Office Hours: 0830-1500

Building 1520, Suite 109

301-619-2854

## Education Counseling Services

- Tuition Assistance (TA) Usage and Credentialing Assistance Program
  - ArmyIgnitED program navigation and assistance
  - Education Assessment and Education Goal Planning
  - College-Level Examination Program (CLEP) advisement
  - Brief Overview of Veterans Affairs (VA) education benefits
  - Evaluation of Military Experience for College Credit (JST)
  - Educational promotion points and evaluation memos
- ...plus more!

### Army Personnel Testing

- Armed Forces Classification Test (AFCT)
- Defense Language Aptitude Battery (DLAB)
- Defense Language Proficiency Test (DLPT)
- Oral Proficiency Interview (OPI)
- Selection Instrument for Flight Training (SIFT)

### Basic Education Skills Program (BSEP)

The BSEP is designed for soldiers who:

- Want to raise their GT score to 110 or higher
- Wish to improve basic math and English skills
- Want to improve work performance through stronger academic skills
- Desire tutoring in specific academic areas

For more information or to schedule an appointment, please call 301-619-2854 or email [usarmy.detrick.usag.mbx.dhr-aces@army.mil](mailto:usarmy.detrick.usag.mbx.dhr-aces@army.mil)



# **Barquist Army Health Clinic**

## **BLS Schedule**

15 May 2025

12 June 2025

10 July 2025

14 August 2025

10 September 2025

POC is Maylis Burns  
maylis.n.burns.civ@health.mil  
301-619-2275





# JUNE 2025 MENU



Visit [www.FrederickHealth.org/SHARE](http://www.FrederickHealth.org/SHARE) to request a call-back for ordering.  
For more information, call the Frederick Health SHARE hotline at 240-566-7427.

## A Value Package: \$26

5 lbs. Chicken Drumsticks  
1 lb. Marinated Beef  
1 lb. Ground Chicken

Value package  
includes 8-10  
pounds of  
fresh fruits and  
vegetables!



## ALL SPECIALS *Limited quantity | All menu items subject to change*



\$39

### B Crab Boil

4 lbs. Blue Crab; 1 lb. Shrimp; 0.8 lb. Sausage; 2 lbs. Corn-on-the-Cob



\$31

### C "Where's the Beef?" Burger

2 lbs. Each of Salmon Patties, Chicken Patties, & Turkey Patties



\$26

### D School's Out Special

6 Individual Cheese Pizzas; 2 lbs. Chicken Strips; 1.5 lbs. French Fries

## Everyone can SHARE! Will you?

1. Anyone can request a call-back to order at [www.FrederickHealth.org/SHARE](http://www.FrederickHealth.org/SHARE).
2. For EBT payments or help with an order, call 240.566.7427 (SHAR).
3. Orders will be distributed from 8:30-10 AM on Saturday, June 28th at Frederick Health Village.
4. Orders are due by 12 noon on Friday, June 13th.

# The Facts about Kids and the Danger of Drowning

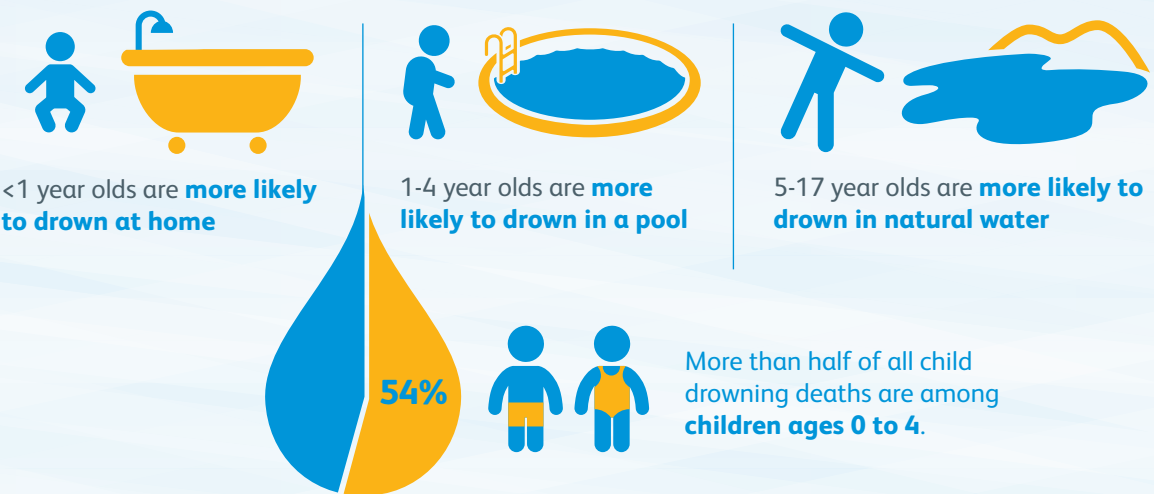
## THE PROBLEM

Almost 800 children drown in the U.S. every year.

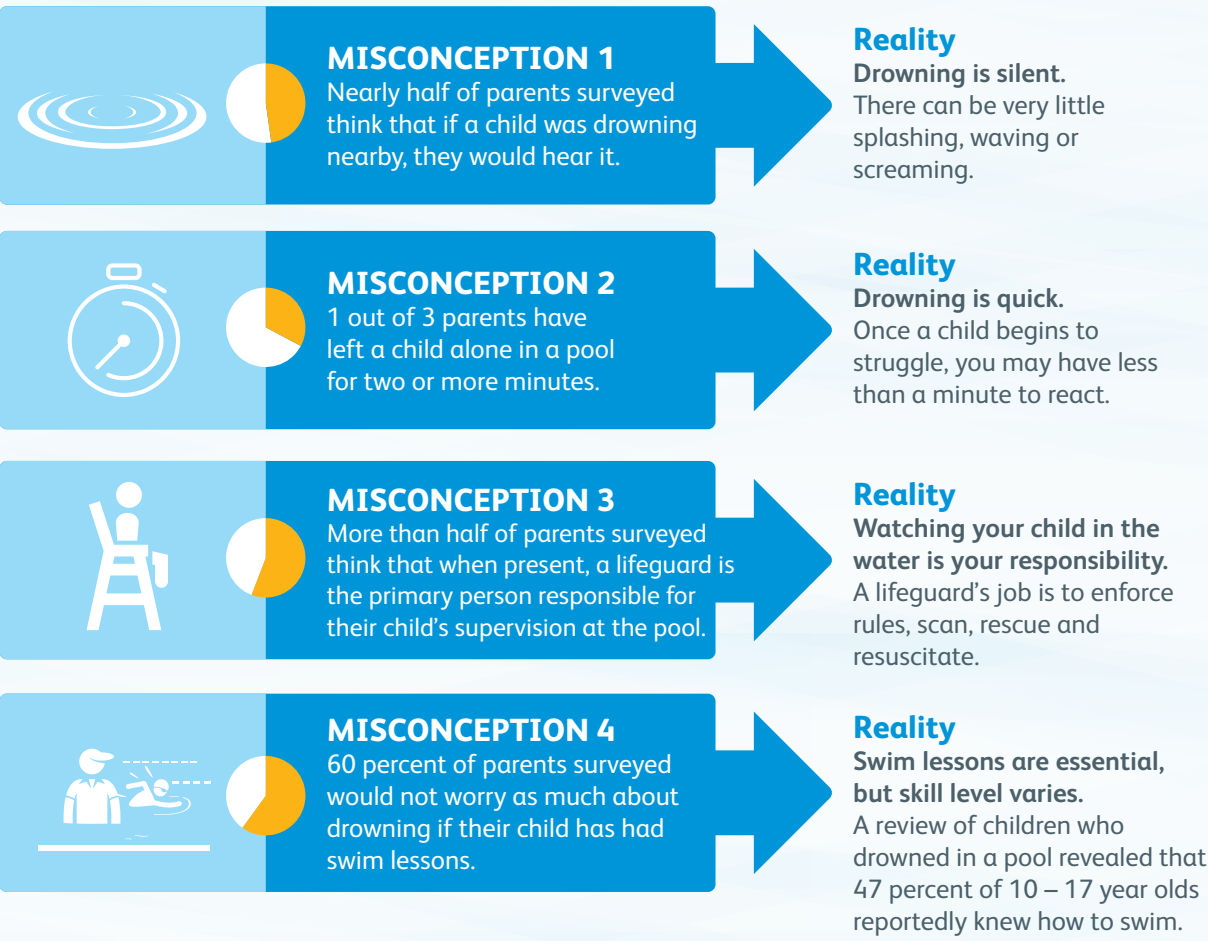


Two thirds of these deaths occur during May – August.

### Drowning Risk Varies by Age

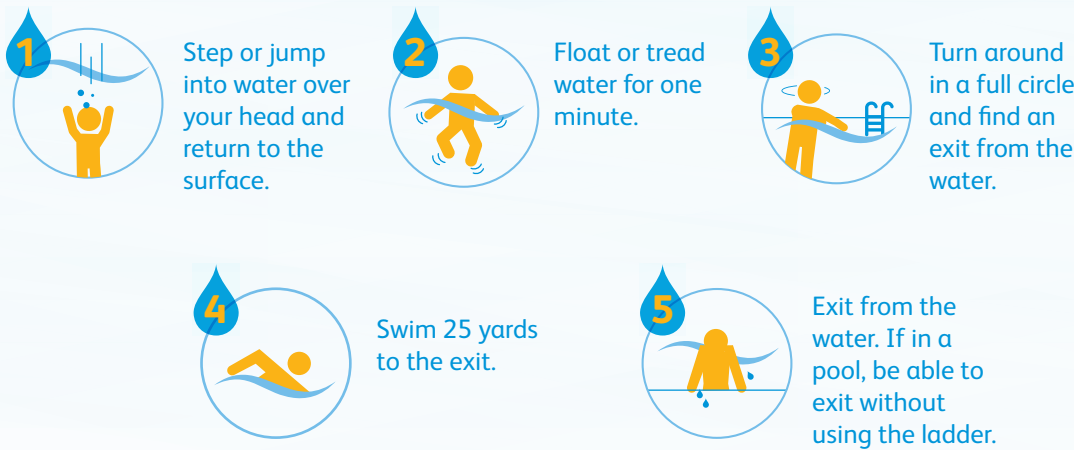


## PARENTS' MISCONCEPTIONS

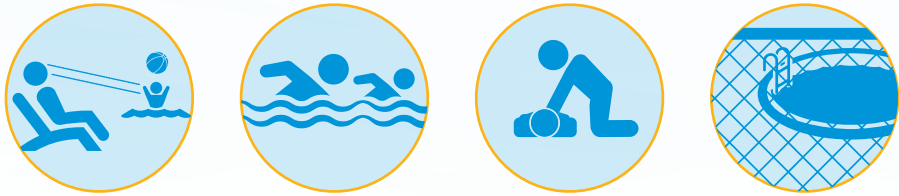


## WATER SURVIVAL SKILLS

### 5 Survival Skills That Could Save Your Life in the Water



## WATER SAFETY TIPS



- 💧 Watch your kids when they are in and around water, without distraction.
- 💧 Teach children to swim and the 5 Water Survival Skills.
- 💧 Learn CPR and basic rescue skills.
- 💧 Make sure pools have four-sided fencing at least 4 feet high.



# You May Qualify for WIC Benefits!

## Check your eligibility today

The Special Supplemental Nutrition Program for Women, Infants, and Children provides several important benefits that help you and your family lead healthier lives.

Your service to our country deserves the best support.  
Let WIC be part of your family's health and nutrition.



### Who is Eligible?

- ✓ Check the USDA to see if you are eligible and how to apply.
- ✓ Pregnant, postpartum, and breastfeeding individuals.
- ✓ Infants and children up to age five.
- ✓ Families who meet income guidelines (your military income may qualify!).

### What Does WIC Provide?

- ✓ Healthy foods tailored to your family's needs.
- ✓ Nutrition education to help you make the best choices for your loved ones.
- ✓ Breastfeeding support and referrals to health and social services.

USDA Check if you're Eligible and How to Apply

