



The Fort Detrick Weeklies

U.S. ARMY ANNOUNCEMENTS, EVENTS AND TRAININGS



1 May – 1 June 2025

Please note: The Weeklies are also on <https://home.army.mil/detrick> under "Weeklies"

**FORT DETRICK IS CURRENTLY AT FPCON BRAVO.
FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO.**

If you have any article submissions, you would like considered for the Fort Detrick website please send them to usarmy.detrick.usag.mbx.pao@army.mil.

USAG Fort Detrick on social media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to www.facebook.com/DetrickUSAG and "Like" us or follow us on Twitter: @DetrickUSAG.

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

ANNOUNCEMENTS AND EVENTS

- **To view our job openings, please visit USAJOBS or click on the link below:**
<https://www.usajobs.gov/Search/Results?l=Fort%20Detrick%2C%20Maryland&d=AR&a=ARBA&p=1&s=agency>
- For FMWR News and Events, visit www.detrick.armymwr.com, Instagram us at #DetrickMWR, and like us on Facebook at www.facebook.com/DetrickMWR.
- **The NFCU branch is set to open May 5 (soft opening), with a Ribbon Cutting Grand Opening on May 12 at 1 p.m. in the lobby out front of the new branch.**

***ATM:** The new NFCU ATM, located in the atrium of Building 1520 is a full-service ATM, meaning it takes deposits also. The one in the PX is a withdraw ATM only.

NOTE: Weekly announcements will be sent out every Thursday. If you have an announcement you would like to include, please send the information to usarmy.detrick.usag.mbx.pao@army.mil or call 301-619-2018.



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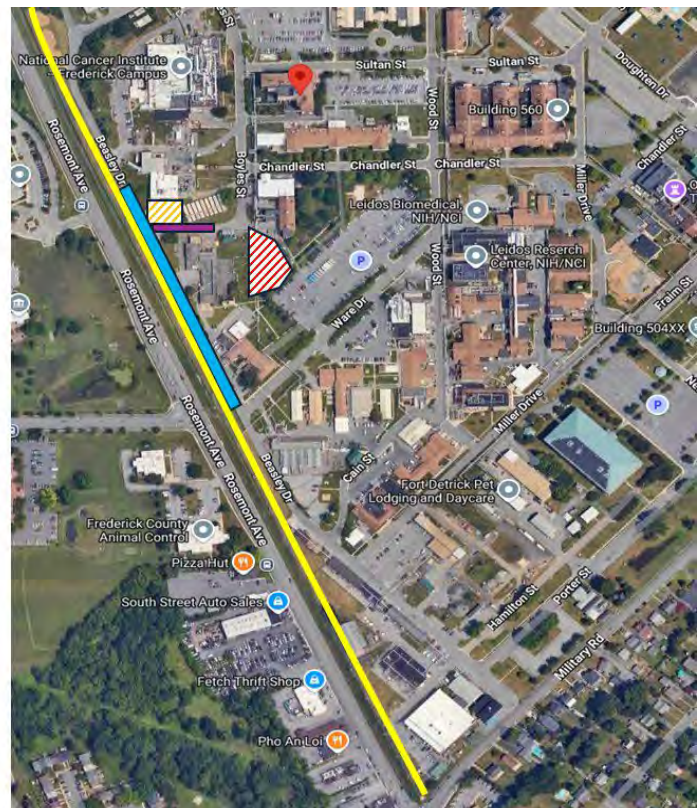
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- A construction project for ongoing asbestos abatement will impact pedestrian and vehicle traffic near Beasley Drive starting April 21st, lasting until mid-June 2025. Please treat all areas with posted signs as off limit areas. Please see the attached map for details and plan your routes accordingly. We apologize for any inconvenience this may cause.
- **Pedestrian Closures:**
 - The Beasley Drive exercise and walking path will be closed 24/7 for the project duration.
 - The sidewalk and area behind Building 375 will be closed for approximately three weeks (exact dates will be announced later).
- **Road Closures:**
 - Davis Drive: Fully closed for the project duration.
 - Beasley Drive: Closed Mon-Fri, 0700 – 1500 hours.

Map Legend

-  Pedestrian exercise path
Closed 24x7 from 21 April – Mid June
-  Beasley Drive
Closed Monday thru Friday 0700-1500 from 21 April – Mid June
-  Sidewalk Closure (zero through traffic)
Closed 24x7 beginning 21 April until completion of this phase of the work (approx. 3 weeks)
-  Bldg 393 Parking lot
Closed 24x7 from 21 April – Mid June
-  Davis Street
Closed 24x7 from 21 April – Mid June



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TRAININGS

- Local Hazards Briefing Training 2025**

Location: Bldg. 1520, Classroom **#5C**

Class Hours: 1400-1530

Dates:

28 MAY 25 (Update)	30 JUN 25	28 JUL 25	18 AUG 25
29 SEP 25	27 OCT 25	17 NOV 25	16 DEC 25

Description: Local Hazards Briefing meets the intent of DoDI standard 6055.04 and AR 385-10, 24 July 2023, Chapter 13, Section 18. The course fulfills a requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.

Who Should Attend? All newly assigned Fort Detrick civilian and military personnel.

Course Manager: Mr. Humberto Rivera (301) 619-3295, usarmy.detrick.usag.list.installation-safety-management-office@army.mil

Installation Safety Office Main Number: (301) 619-7318

NOTES: Individuals who require special services or accommodation due to a disability should advise this office immediately (wheelchair access, interpreter, etc.)

- FY 25 TARP Face to Face Training – All sessions at 1 p.m. Building 1520 Auditorium.**

Note Training starts promptly at 1 p.m. allowing a 5 min grace. If you arrive after that time, the rosters will NOT be available for signing and you will NOT be credited for attendance.

20 May 2025	24 June 2025	15 July 2025
19 August 2025	16 September 2025	



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- **Barquist Reduced Hour and Clinic Closures:**

- 16 MAY: Closing at Noon
- 26 MAY: Federal Holiday– CLOSED
- 19 JUN: Federal Holiday– CLOSED
- 27 JUN: Reduced Hours of Operation – Closing at Noon

- **Basic Life Saving Training Dates:**

- 15 May and 12 June

Priority is to Barquist staff. Additional slots are only available to Active Duty Service Members and DOD Civilians w/priority slotting for 68w/68c and healthcare professionals. Please contact SGT Owen for availability and registration. A link for the online portion will be provided and needs to be completed before in-person training is conducted.

SGT Bethany Owen, (301) 619 – 2500 Bethany.a.owen.mil@health.mil

- **Bike to Work Day is right around the corner and this will be Fort Detrick's 13th year participating in this great event!!!**

This is a ride on your own time event and will occur RAIN or SHINE!!! If you haven't registered for the event, it's not too late!!! Go to <https://www.biketoworkmetrodc.org/>

Participation is open to all on the Installation. If you wish to ride with our group, we will rally at the AAFES parking lot adjacent to the lawn care/side entrance at 0615 and depart for Hood college at 0630 to meet with the Frederick City and County Leaders procession. We will ride with our local leaders through the city of Frederick to the Frederick Transit Center for the annual ceremony, snacks, and swag. Our group will maintain a 10mph pace (leisurely). We will return to the Installation following our local bike lanes and should return around 0830-0900.



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The transit stop you will register with is “Frederick County Maryland - Frederick Transit Center” and we ask that you list your employer as Fort Detrick (This gives the county a head count for our participation).

REMINDER!!! Bicycle helmets are required for this event, and you must have your PIV/CAC Cards re-entry to the Installation following the event.

LASTLY, ENSURE YOUR BIKE IS READY FOR THIS EVENT! THERE IS NO SUPPORT TO BRING YOU OR YOUR BIKE BACK TO FORT DETRICK! RIDERS ARE RESPONSIBLE FOR ANY AND ALL MECHANICAL ISSUES!

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- **GEMS Volunteers and Training Opportunity**

POC FOR QUESTIONS: USAMRDC G3/5/7

robert.a.leonard59.ctr@health.mil, erica.innis2.ctr@health.mil,
carlos.m.davis2.ctr@health.mil



GEMS
GAINS IN THE EDUCATION OF
MATHEMATICS AND SCIENCE

We are excited to announce our new opportunities for the 2025 GEMS Program. We are requesting STEM volunteers and career speakers for this year's GEMS program.

Volunteer Trainers: These personnel will be present in-person one day during the training weeks. Volunteers will dedicate 2-3 hours to teach skills to our Near Peer Mentors who can then teach these skills to students. We will have all materials and directions for the activities to share with you ahead of time. We also hope to impart practical skills to the Near Peer Mentors and knowledge that a profession servicing the Army aligns with their interests. This training can be conducted by a team if that is preferred. We are looking for individual or groups of volunteers who can lead training on at least one of the following skills:

1. Gel Electrophoresis and PCR
2. Presentation Skills/Public Speaking
3. Suturing
4. DNA Extraction
5. Animal Dissection (Frog, Fetal Pig)
6. Infectious Disease Transmission (Epidemic Simulation)
7. ELISA Assay
8. Robotics (Lego Battlebots)
9. Blood Typing
10. Fingerprint Analysis for Crime Scene Investigation

Training Week 1	24 JUN 0900 – 1100 / 26 JUN 1400 – 1600	27 JUN 1000 – 1200
Training Week 2	1 JUL 0900 – 1100 / 1 JUL 1400 – 1600	3 JUL 0900 – 1100

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Career Speakers: Fort Detrick has a range of science professionals; our goal is to provide career speakers who will be able to connect with the near peer mentors and show them just how unique career exploration and growth can be. We would appreciate a wide variety of different STEM paths that show the all the ways to a fulfilling career. We are looking for all military staff, civilians, and supporting contractors. You will have approximately 45 minutes to present on your career and approximately 15 minutes for questions. This is an in-person opportunity so please be prepared with any additional items needed. We have availability for ten (10) total speakers, one for each of the listed dates below, please let us know of your interest in being a career speaker and your preferred date from the options below:

Week 1	8 JUL 2025; 1400-1500	10 JUL 2025; 1400-1500
Week 2	15 JUL 2025; 1400-1500	17 JUL 2025; 1400-1500
Week 3	22 JUL 2025; 1400-1500	24 JUL 2025; 1400-1500
Week 4	29 JUL 2025; 1400-1500	31 JUL 2025; 1400-1500
Week 5	5 AUG 2025; 1400-1500	7 AUG 2025; 1400-1500

The GEMS Program: GEMS stands for the Gains in the Education of Mathematics and Science which is an educational outreach program supported by Fort Detrick, MD. The U.S. Army has funded this free-for-participants program to allow for all students to have the opportunity to explore their Science, Technology, Engineering, and Mathematics (STEM) interests. The GEMS program’s mission is to serve underprivileged and underrepresented students who may not have had the opportunity to explore hands-on activities in STEM. This program is designed for current 4th-11th grade students.

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- **Transition Assistance Program Center Update**



Effective, 1 June 2025, The Transition Assistance Program (TAP) Center at Fort Detrick will transition from in-person counseling and classes to the Virtual Center and mobile service delivery model.

This change will incorporate the use of TAP's 24/7 Virtual Center and a Mobile Training Team to continue offering TAP required curriculum to Servicemembers and their families. The Mobile Training Team will tentatively plan to visit Fort Detrick on a quarterly basis, depending on community needs.

Servicemembers scheduled to retire or separate within the next 24 months are strongly encouraged to register for TAP as soon as possible. Accessing services before the transition to the Virtual Center ensures availability of in-person counseling for training and personalized support. Servicemembers already participating in TAP should coordinate with the Transition Counselor to complete their process locally. Transition Counselors will remain on site through the end of May to assist and answer questions. **Maximum participation for the upcoming courses will demonstrate the demand for TAP resources on Fort Detrick and support the potential continuation of the available resources.**

The TAP classroom computers will remain available for self-paced and virtual courses. Additionally, Fort Detrick plans to continue to offer additional classes, workshops, and events to support our transitioning population.

TAP workshops and scheduled in-person events for May, June, and August will proceed as normal.

- 12-16 May- TAP week
- 3-4 June- Entrepreneurship workshop (Boots to Business)
- 5 June- MD VA Representative Benefits for Delivery (BDD) Brief
- 10-13 June- TAP Week
- 25 June- Annual Career and Education Fair
- 18-22 August- TAP week



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To schedule, please email: usarmy.detrick.usag.mbx.tap@army.mil or call 301-619-9678, MS Teams 520-718-4772.

For more information or assistance, contact the Transition Service Manager, Kira Fisher at 301-619-3448 or email kira.l.fisher.civ@army.mil.

Updates on services or changes to availability will be shared as they become available.

- **Drinking Water Quality Report**

Fort Detrick’s 2024 Drinking Water Quality Report is now open for community review. This report provides an overview of water quality data collected by water suppliers to ensure compliance with drinking water regulations. In 1996, Congress revised the Safe Drinking Water Act to include a requirement for all community water systems to deliver an annual summary of water quality to their customers.

The report is accessible through the following:

- The Environmental Division, 9255 Amber Drive
- Electronic copies available to family housing units
- Both hard and electronic copies provided to organizations and mission partners.

For more information, call Jairus Slagle, Fort Detrick, Directorate of Public Works, Environmental Division at (301) 619-0327.

Grilling Safety

There's nothing like outdoor grilling. It's one of the most popular ways to cook food. But, a grill placed too close to anything that can burn is a fire hazard. They can be very hot, causing burn injuries. Follow these simple tips and you will be on the way to safe grilling.

SAFETY TIPS

- » Propane and charcoal BBQ grills should only be used outdoors.
- » The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- » Keep children and pets at least three feet away from the grill area.
- » Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- » Never leave your grill unattended.
- » Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- » There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- » If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- » Keep charcoal fluid out of the reach of children and away from heat sources.
- » There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- » When you are finished grilling, let the coals completely cool before disposing in a metal container.

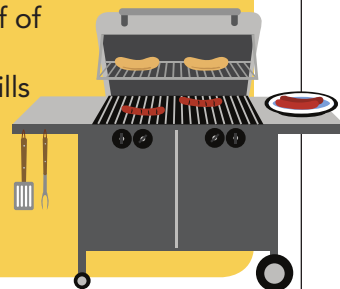
PROPANE Grills

Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. **If you smell gas while cooking, immediately get away from the grill and call the fire department.** Do not move the grill.

If the flame **goes out**, turn the grill and gas off and wait at least **5 minutes** before re-lighting it.

FACTS

- ! July is the peak month for grill fires.
- ! Roughly half of the injuries involving grills are thermal burns.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards

Fort Detrick Fire & Emergency Services
Fire Prevention Division
DIAL 911 FOR EMERGENCIES





**Your Opinion
Matters!**

**"Survey Deadline
Extended!"**

**"Do your part!
Take the barracks survey!"**

TENANT

SATISFACTION SURVEY

3 MAR 2025 - 15 MAY 2025

Your feedback can make a BIG DIFFERENCE in the
quality of life for Soldiers.



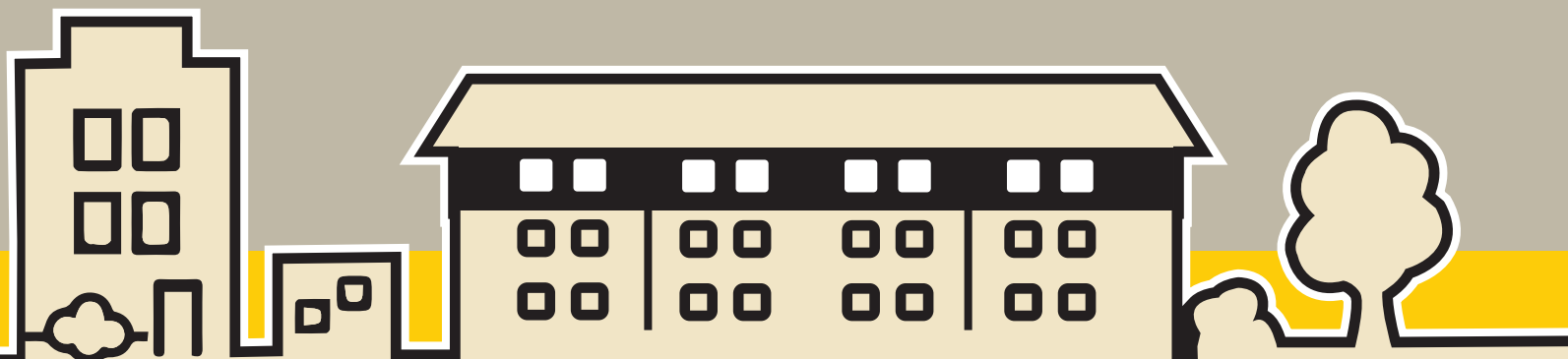
Scan Here

**Your Army Wants to
Hear from You!**

**Completely confidential*

We are investing significantly in Barracks and Unaccompanied housing improvements to ensure quality living conditions are provided to our Soldiers.

Survey feedback will guide the Army's efforts to provide quality, safe and secure housing.



The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com.
For additional questions, please contact your local **Army Housing Office**.

OMB Control Number: 0704-0553. OMB Expiration date: 05/31/2025

THE JOURNEY

THIS TRAINING WILL COUNT TOWARDS THE DRUG AND ALCOHOL PREVENTION EDUCATION PORTION FOR PERSONAL READINESS. PLEASE BE ADVISED YOU MUST ALSO TAKE ACE SUICIDE PREVENTION TO OBTAIN FULL PERSONAL READINESS CREDIT.

Face-to-Face Drug and Alcohol Prevention Training

*1 APRIL 2025 @ 1000

*6 MAY 2025 @ 1000

*3 JUNE 2025 @ 1000

Virtual Drug and Alcohol Prevention Training

8 APRIL 2025 @ 1000

JOIN THE MEETING NOW

*REGISTRATION IS REQUIRED. DRUG AND ALCOHOL AWARENESS CONTACT MORGAN.C.LAWSON4.CIV@ARMY.MIL.
ACE SUICIDE PREVENTION CONTACT ERIKA.R.BISHOP2.CIV@ARMY.MIL.





FINANCIAL READINESS PROGRAM

Manage & Enhance

YOUR FINANCES

- **Crypto and Your Taxes**
6 May 9:00 or 12:30 (virtual)
When and how much Crypto is taxed?
- **PCSing this Year?**
12 May 12:30 (virtual) or 3:00 (virtual)
How PCSing affects your finances.
- **Promotion & the Lifestyle Creep**
20 May 9:00 or 12:30(virtual)
What is and how to avoid the Lifestyle Creep.
- **Emergencies and How to be Prepared Financially**
22 May 10:00 or 12:30(virtual)
Could you handle a large financial emergency? Let's go from NO to YES!!.
- **Understanding All Things Credit**
28 May 12:30(virtual) or 3:00(virtual)
How to be credit wise.



**RSVP 2 DAYS PRIOR TO DATE
OF THE TRAINING**

**CALL:
301-619-3455**

**EMAIL:
USARMY.DETRICK.USAG.MBX.
ACS-FRP@ARMY.MIL**

The mandatory Financial Readiness Common Military Training requirements provide all Soldiers with the common knowledge, skills, and behavior standards to enable them to manage their financial affairs in a manner that supports mission readiness.

Confidential Accredited Financial Counselors available at ACS

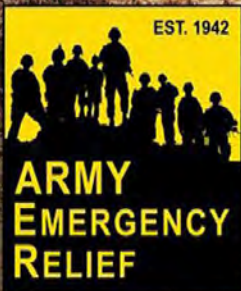
**1520 Freedman Dr. Monday-Friday 0900-1500
Appointments recommended. 301-619-3455**

Money Management Matters



ARMY EMERGENCY RELIEF

ANNUAL CAMPAIGN MARCH 1 - JUNE 14



**AER CELEBRATES THE U.S. ARMY'S
250 YEARS OF BRAVERY AND SERVICE**

HONORING THE PAST 1775 - 2025 SECURING THE FUTURE

Please contact: 301-619-3455



#DetrickMWR
www.detrick.armymwr.com
www.facebook.com/DetrickMWR

FORT DETRICK RETIREE MUSTER

Guest speaker will be Niki Falzone and Kelly Hartzell from Platoon 22 Veteran Focused Transitional Services.

Topic will be about all the benefits this organization have to offer.



*Thank You
for your Service!*

Date: 8 May 2025

Time: 1630 hours

Location: Frederick Elks Lodge 684

289 Willowdale Drive, Frederick, MD

RSVP with meal choice & attendance

at detrickretmilcouncil@gmail.com NLT 25 Apr.

Firm cut off date for meal and cancellation

Menu Options

A. Baked Ziti w/ Meatballs and a Roll

B. Chef Salad with dressing

Price of \$20.00 with RSVP by 25 Apr.

Price of \$25.00 at the door salad only.

Includes tax and tip.

All payments will be collected at the door.

MILITARY SPOUSE *Appreciation*

FRIDAY 9 MAY

9 AM - 3 PM

Come visit
Army Community Service
for a special treat as we appreciate
our Military Spouses!

1520 Freedman Drive, Suite 125
Community Support Center
301-619-2197





 **U.S. ARMY**
THIS WE'LL DEFEND

Army Birthday Gala

Saturday, 14 June 2025 at 6 PM

Community Activities Center
(CAC) 1529 Freedman Drive

Ticket Prices

**\$80 Per Couple
\$50 Per Individual**

**E-4 and Below
\$40 Per Couple
\$25 Per Individual**

**Join Us for a Night of Camaraderie,
Celebration, and Honor.**

Attire Guidelines:

Military: Dress or Mess Uniform

Civilians: Kindly dress in elegant black tie attire

Delicious Hors d'oeuvres Live Music Cocktails For Purchase

Call 301-619-3972 by 6 June 2025 to purchase tickets





NMHM Lecture Series

The Pioneering Nurses of the Spanish-American War

A Lecture by Arlington National Cemetery

Sunday, May 4, 2025, 2 p.m. – In person and live on Facebook @MedicalMuseum

The Spanish-American War (1898) was the first U.S. war in which nurses comprised a dedicated, quasi-military unit, and the first time in U.S. history that nurses were fully accepted in military hospitals. Arlington National Cemetery has more Spanish-American War memorials than any other single site in the United States. Join the cemetery for a discussion about the role of nurses during the Spanish-American War and how those nurses provided care for wounded, ill, and injured service members.

NATIONAL
MUSEUM
OF HEALTH AND
MEDICINE

2500 Linden Lane
Silver Spring, MD 20910
(301) 319-3300
www.MedicalMuseum.health.mil
Facebook Instagram X @MedicalMuseum



NMHM Science Café

Nurses on the Frontline of Military Readiness

Virtual Science Café by the TriService Nursing Research Program

May 8, 2025 at 11 a.m. - @MedicalMuseum on Facebook

How do military nurses deliver the best possible health care for warfighters and their families anytime, anywhere? Learn how and why nursing leaders and researchers develop and apply the latest scientific evidence to continually improve patient outcomes during combat, disaster or humanitarian missions, and at military treatment facilities. Experts reveal how military nurses in all service branches combine operational readiness, leadership development, evidence-based practice, safety and quality, and healthy work environments to evolve nursing practice and optimize their impact on every patient's health and well-being.

NATIONAL
MUSEUM
OF HEALTH AND
MEDICINE

2500 Linden Lane
Silver Spring, MD 20910
(301) 319-3300
www.MedicalMuseum.health.mil
f i g X @MedicalMuseum

2025

Medical Museum Public Tours

2 p.m.

FEBRUARY 16 | Presidents Day Tour

MAY 25 | Memorial Day Tour

NOVEMBER 9 | Veterans Day Tour

NATIONAL
MUSEUM
OF HEALTH AND
MEDICINE

2500 Linden Lane, Silver Spring MD 20910
(301) 319-3300

www.MedicalMuseum.health.mil

   @MedicalMuseum

The National Museum of Health
and Medicine is open Wednesday -
Sunday, from 10 a.m. to 5:30 p.m.

Request ADA accommodations two
weeks in advance at (301) 319-3303 or by
scanning the QR below:



Dates are subject to change. Visit www.medicalmuseum.health.mil for updates.
(Current as of November 2024)

BASIC SKILLS EDUCATION PROGRAM (BSEP)

@FORT DETRICK EDUCATION CENTER

Reasons to Enroll

- ❖ **Increase General Technical (GT) score for Military Occupation Specialty (MOS) reclassification**
- ❖ **Establish for commissioning programs**
- ❖ **Prerequisite for attendance in career development courses, such as Non-Commissioned Officer Education System (NCOES)**
- ❖ **Improve basic skills for college courses**
- ❖ **Increase chances for promotion**

UPCOMING BSEP DATES (F2F):

- ❖ **May 19-June 10**
- ❖ **August 04-22**
- ❖ **Sept 15-Oct 03**
- ❖ **Oct 27-Nov 18**

To REGISTER for classes, please contact our BSEP Instructor:

Mrs. Angela Sutsakhan @301-619-8636 or angela.s.sutsakhan.ctr@army.mil



May 2025 ACES Monthly Focus

Specialized Education. Strategic Impact.

Special Programs Funded by Tuition Assistance

U.S. Army Recruiting Command (USAREC) - Approved AMEDD Programs

- Interservice Physician Assistant Program (IPAP)
- Army Medical Department Enlisted Commissioning Program (AECPP)
- Doctor of Physical Therapy (DPT) Program
- Enlisted to Medical Degree Preparatory Program (EMDP2)
- Master of Social Work (MSW) Program
- Master's Program in Nutrition
- Occupational Therapy Doctorate (OTD) Program

Key Facts:

- ✓ Eligible for TA funding
- 🎓 Lifetime cap: 39 semester hours per Soldier
- ⚠️ Only ONE Special Program allowed per military career

Why It Matters:

These programs offer Soldiers the opportunity to gain mission-essential credentials, increase competitiveness, and support transition planning — all within Army policy parameters.

Ready to Explore Your Options?

- ➡ Log into ArmyIgnitED
- ➡ Talk to your Counselor for eligibility guidance & approval process

***Special Programs* are focused educational pathways designed to meet unique Army needs, outside the scope of traditional degree programs. These are funded through Tuition Assistance (TA) and offer targeted skills for Soldiers pursuing specialized roles.**



Fort Detrick Education Center



Office Hours: 0830-1500
Building 1520, Suite 109
301-619-2854

Education Counseling Services

- Tuition Assistance (TA) Usage and Credentialing Assistance Program
 - ArmyIgnitED program navigation and assistance
 - Education Assessment and Education Goal Planning
 - College-Level Examination Program (CLEP) advisement
 - Brief Overview of Veterans Affairs (VA) education benefits
 - Evaluation of Military Experience for College Credit (JST)
 - Educational promotion points and evaluation memos
- ...plus more!

Army Personnel Testing

- Armed Forces Classification Test (AFCT)
- Defense Language Aptitude Battery (DLAB)
- Defense Language Proficiency Test (DLPT)
- Oral Proficiency Interview (OPI)
- Selection Instrument for Flight Training (SIFT)

Basic Education Skills Program (BSEP)

The BSEP is designed for soldiers who:

- Want to raise their GT score to 110 or higher
- Wish to improve basic math and English skills
- Want to improve work performance through stronger academic skills
- Desire tutoring in specific academic areas

For more information or to schedule an appointment, please call 301-619-2854 or email usarmy.detrick.usag.mbx.dhr-aces@army.mil

Headquarters Installation Management Command

THE VIRTUAL EDUCATION CENTER

ON DEMAND COUNSELING

Service Hours: 0800-1700 EST



- Download the MS teams App
- Scan the QR Code
- Sign-in as a Guest with Rank and Full Name
- Connect with an Army Education Guidance Counselor



Virtual support may be requested 24/7 via group email box:
usarmy.jbsa.imcom-hq.mbx.g1-aces-virtual-education-center@army.mil

Come enjoy some of our
Outdoor Equipment,
Newly Renovated Playground
and Driving Range!

May 30, 2025
4-6PM



SUMMER SEASON KICK-OFF!

Outdoor Recreation Day!



**NEW
INFLATABLES!**



**NEW POP-UP
CAMPERS!**



AND MORE!

Nallin Recreational Area
Nallin Farm Pond Road
Fort Detrick, Maryland 21702

Call 301-619-3972 for more information



★ ★ ★ ★

ARE YOU
REAL ID
READY?



GET YOUR REAL ID BY
MAY 7, 2025

DISCOVER HOW

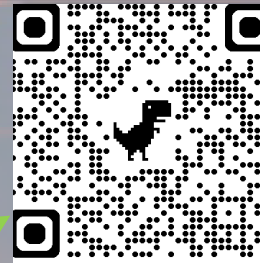


Starting May 7th, 2025, The Visitor Control Center will only accept REAL ID compliant IDs

Fort Detrick will enforce the REAL ID ACT requirements, meaning visitors will need a compliant ID or another acceptable form of identification to receive a visitor pass starting on May 7, 2025



Your ID/Driver's License is compliant if it has one of these



Scan QR Code for more info



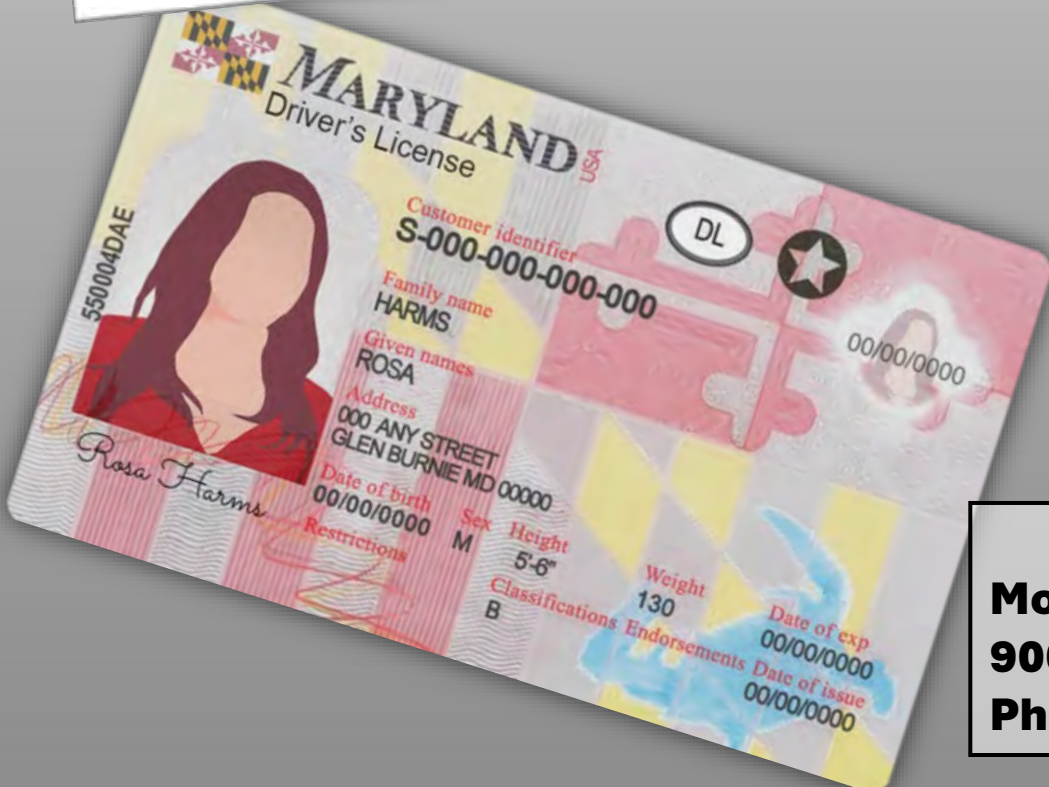
Want to see if your Maryland ID/ Driver's license is REAL ID ACT compliant click this link

<https://mymva.maryland.gov/go/web/REALID>

INSTALLATION ACCESS

For access to the installation, we encourage you to register ALL your valid identification cards. This includes your state ID/Driver's license, VA ID card, DOD retiree card, as well as your CAC/PIV card.

This will ensure you always have more than one ID card available that grants you access onto the installation.



VCC HOURS & LOCATION:
Mon-Fri, 0600-1600 hours
9000 Amber Drive, Frederick, MD
Phone: 301-619-0101



Overdose Response Training

Provided by Frederick County Health Department

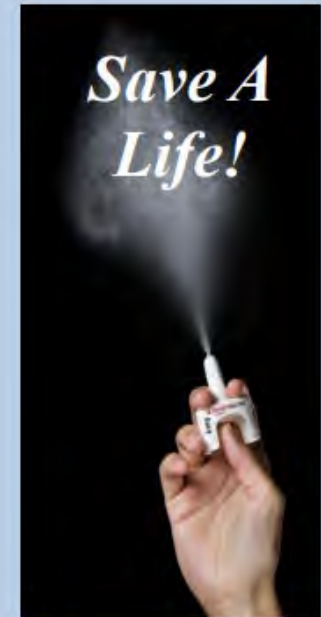
Where: Fort Detrick Building 1520;
Classroom 5

When: May 29, 2025@1000

Registration is required:



*Narcan will be provided at the conclusion of the training.
Fort Detrick ASAP Contact: Morgan.C.Lawson4.civ@army.mil.



***Assistance with
obtaining
Naloxone is
available at the
completion of
the training.***



Frederick County Behavioral
Health Services



VIRTUAL CENTER

- ✓ 24/7 ACCESS TO
TRANSITION
COUNSELORS
- ✓ INDIVIDUALIZED INITIAL
COUNSELING (IIC)
- ✓ COUNSELORS LEAD LIVE
SEMINARS AND
WORKSHOPS FOR ALL
MANDATORY
TRANSITION
REQUIREMENTS

DESIGNED
FOR THOSE
WITHOUT
ACCESS TO A
LOCAL
TAP CENTER



1.800.325.4715



www.armytap.army.mil/

SCAN



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www.linkedin.com/in/taphq/

GO EARLY I GO OFTEN



Odom Fitness Center Pop-Up Fitness

Zumba

Come one come all, enjoy Zumba!

Sway to the music and get your body moving! In this free one-time class, instead of walking and talking, let's have fun! Zumba our stress away with laughter, music, and dance moves. We will have 2 instructors for the event!

May 13th, 1130
Blue & Gray
Field Pavillion

Functional Fitness

Fun and functional fitness for everyone!

May 21st, 1130
Side of the
Commissary
1510 Porter St.

Let's exercise outside next to the commissary and bust out some functional fitness moves! In this free class we will do stretches, squats, lunges and more!

For more information, call the Odom Fitness Center at 301-619-2498





Healthy Hearts

Blood Pressure Self-Monitoring Program*

Do you have high blood pressure?



Participants receive a **FREE** blood pressure monitor & ...



- Training on how to measure and monitor blood pressure at home.
- Guidance and support from a trained lifestyle coach.
- Education on healthy food choices to help control blood pressure

The Summer class starts in **MAY 2025**

Classes meet **Thursdays 5:30pm to 7:00pm**
at the Frederick County Health Department
350 Montevue Lane, Frederick, MD 21702
Orientation **May 1 or 8**; First class **May 15**



Public Health
Prevent. Promote. Protect.

Frederick County Health Department

~Pre-Registration Required~

Call Colleen at 240-357-1161 or

Email

cswank@frederickcountymd.gov



*This is the Centers for Disease Control & Prevention's Healthy Heart Ambassador Blood Pressure Self-Monitoring Program.