26 June – 26 July 2025

Please note: The Weeklies are also on https://home.army.mil/detrick under "Weeklies"

FORT DETRICK <u>IS</u> CURRENTLY AT FPCON BRAVO. FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO.

If you have any article submissions, you would like considered for the Fort Detrick website please send them to usarmy.detrick.usag.mbx.pao@army.mil.

USAG Fort Detrick on social media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to www.facebook.com/DetrickUSAG and "Like" us or follow us on Twitter: @DetrickUSAG.

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

In observance of the **FEDERAL HOLIDAY**, all Visitor Centers, and gates, EXCEPT Nallin Farm Gate at Fort Detrick and Brookville Gate at Forest Glen, **WILL BE CLOSED FRIDAY, JULY 4, 2025.**

Nallin Farm Gate and Brookville Gate will remain open 24/7.

Vetting operations for Fort Detrick visitors will occur at Nallin Farm Gate 24 hours a day. Vetting operations for Forest Glen visitors will occur at the Forest Glen Police Station 24.

ANNOUNCEMENTS AND EVENTS

- For FMWR News and Events, visit www.detrick.armymwr.com, Instagram us at #DetrickMWR, and like us on Facebook at www.facebook.com/DetrickMWR.

U.S. ARMY ANNOUNCEMENTS, EVENTS AND TRAININGS

26 June – 26 July 2025

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Instructions for coordinating HHG Transportation with FORT MEADE Office:

Effective immediately, Fort Meade Transportation Office has assumed responsibility for Fort Detrick's transportation services until further notice.

All inbound and outbound Household Goods (HHG) shipments should now be coordinated through the Fort Meade Transportation Office.

Contact Information: Phone: 520-706-8613, Option 1

Email: usarmy.meade.406-afsb-lrc.mbx.personal-property-group-box@army.mil

Construction Project Updates:

• Beasley Dr. between B375 and B393 (including the perimeter walking path) and Davis St. will be closed starting 7 July 2025 through the project end (est. 2031).



Please treat all areas with posted signs as off limit areas. Please see the attached map for details and plan your routes accordingly. We apologize for any inconvenience this may cause.

- The Foret Glen Gym parking lot will be blocked off while the DPW is re-marking the lines for RV parking.
- Barquist Reduced Hour and Clinic Closures:

June 27: Reduced Hours of Operation – Closing at Noon

TRAININGS

Local Hazards Briefing Training 2025
 Location: Bldg. 1520, Classroom #5C

Class Hours: 1400-1530

Dates:

30 JUN 25	28 JUL 25	18 AUG 25	29 SEP 25
27 OCT 25	17 NOV 25	16 DEC 25	

Description: Local Hazards Briefing meets the intent of DoDI standard 6055.04 and AR 385-10, 24 July 2023, Chapter 13, Section 18. The course fulfills a requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.

Who Should Attend? All newly assigned Fort Detrick civilian and military personnel.

Course Manager: Mr. Humberto Rivera (301) 619-3295, <u>usarmy.detrick.usag.list.installation-</u>safety-management-office@army.mil

Installation Safety Office Main Number: (301) 619-7318

NOTES: Individuals who require special services or accommodation due to a disability should advise this office immediately (wheelchair access, interpreter, etc.)

FY 25 TARP Face to Face Training – All sessions at 1 p.m. Building 1520 Auditorium.

Note Training starts promptly at 1 p.m. allowing a 5 min grace. If you arrive after that time, the rosters will NOT be available for signing and you will NOT be credited for attendance.

24 June 2025	15 July 2025	19 August 2025	16 September 2025
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ANNOUNCEMENTS, EVENTS AND TRAININGS

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• Vacation Bible School (VBS) 2025

The Fort Detrick Chapel will offer VBS for grades K (completed) through 5 on July 14-18 from 5:30-8:30 p.m. at the Fort Detrick Chapel, 1776 Ditto Ave. <u>Children must have completed Kindergarten.</u> Daily sign-in will begin at 5:15 p.m. and a light meal will be provided for the children between 5:30-6:00 p.m. VBS activities kick-off at 6:00 p.m. An ice cream social will be held on the last day of VBS for the children and parents, grandparents, and friends to celebrate VBS.

The theme for this year's VBS is *Stellar: Shine Jesus' Light*. At Stellar, children explore how Jesus shined hope, love, forgiveness, and joy to the world-and how we can do the same with His power. You can expect a week full of faith discoveries, memorable music, and epic adventures that help children grow in friendship with Jesus.

Registration is free and forms are available at the Chapel office. **You are encouraged to register early, as space is limited.** For more information, please contact the Chapel at 301-619-7371.



26 June – 26 July 2025

Please note: The Weeklies are also on https://home.army.mil/detrick under "Weeklies"



THE JOURNEY

THIS TRAINING WILL COUNT TOWARDS THE DRUG AND ALCOHOL EDUCATION PORTION FOR PERSONAL READINESS. PLEASE BE ADVISED YOU MUST ALSO TAKE ACE SUICIDE PREVENTION TO OBTAIN FULL PERSONAL READINESS CREDIT.

Face-to-Face Drug and Alcohol Awareness Training

- *1 JULY 2025 @ 1300
- *5 AUGUST 2025 @ 1000
- *2 SEPTEMBER 2025 @ 1000

Virtual Drug and Alcohol Awareness Training

8 JULY 2025 @ 1300

JOIN THE MEETING NOW







ACE

Suicide Prevention Training

Face-to-Face Training



For those who believe

attending suicide

prevention training

will be offensive or emotionally

stressful, you are

encouraged to

contact your

supervisor to

discuss an alternative

to the training and

contact POC.

□ 10 July 2025 @ 1000

https://einvitations.afit.edu/inv/anim.cfm?i=1051278&k=03614708795075

☐ 24 July 2025 @ 1000

https://einvitations.afit.edu/inv/anim.cfm?i=1051282&k=03614708795F7F

Registration is on a first come, first serve basis. If you will not attend, please notify POC to allow others to register as needed.

This training will count towards the **Suicide Prevention** education portion of Personal Readiness. Please be advised you must also take the **ASAP Drug and Alcohol Prevention** training to obtain full **Personal Readiness** credit.



Barquist Army Health Clinic BLS Schedule

15 May 2025 12 June 2025 10 July 2025 14 August 2025 10 September 2025

> POC is Maylis Burns maylis.n.burns.civ@health.mil 301-619-2275

BASIC SKILLS EDUCATION PROGRAM (BSEP)

@FORT DETRICK EDUCATION CENTER

Reasons to Enroll

- Increase General Technical (GT) score for Military Occupation Specialty (MOS) reclassification
- **Establish for commissioning programs**
- ❖ Prerequisite for attendance in career development courses, such as Non-Commissioned Officer Education System (NCOES)
- Improve basic skills for college courses
- Increase chances for promotion

UPCOMING BSEP DATES (F2F):

- **❖** August 04-22
- **❖** Sept 15-Oct 03
- **❖** Oct 27-Nov 18



FINANCIAL READINESS PROGRAM

Manage & Enhance

YOUR FINANCES

- All About TSP
 9 Jun 1000 or 1400
 Learn how to maximize your contributions.
- Saving and Investing
 17 June 1000 or 1400
 Investing other than your TSP.
- Credit and Debt
 23 Jun 1200 (virtual) or 1500 (virtual)
 Get your debt under control!
- Home Buying
 1 Jul 1000 or 1400 (virtual)
 Are you ready to purchase a home?



RSVP 2 DAYS PRIOR TO DATE OF THE TRAINING

CALL: 301-619-3455

EMAIL: USARMY.DETRICK.USAG.MBX. ACS-FRP@ARMY.MIL

The mandatory Financial Readiness Common Military Training requirements provide all Soldiers with the common knowledge, skills, and behavior standards to enable them to manage their financial affairs in a manner that supports mission readiness.

Confidential Accredited Financial Counselors available at ACS

1520 Freedman Dr. Monday-Friday 0900-1500 Appointments recommended. 301-619-3455

Money Management Matters





FAMILY ADVOCACY PROGRAM

Presents

ABCs of Anger Management



Dates: June 16th 2025 July 21st 2025

Time: 1:30pm - 2:30pm Venue: In-Person and Virtual MS Teams Options Available

Please, Register NLT 2 Days Prior to Any Workshop Scan QR Code to Register, or



Call 301-619-7171 301-619-3774 For more information For Active-duty, Family Members, Retirees, Civilian and Contractors

Why?

This class is to help individuals learn about their anger symptoms, warning signs and how they progress as they escalate. The goal is to teach individuals to gain self-awareness to know when to take a step back and use the anger management and coping skills they learned.

#DetrickMWR www.detrick.armymwr.com www.facebook.com/DetrickMWR









Fort Detrick New Parent Support Program





"Healthy Families on Track"

TARGET AUDIENCE CHILDREN AGES 0-3

Interactive activities
designed to assist
parents in learning
developmentally
appropriate play
techniques to help
children between birth
to 3 years improve their
social, cognitive and
motor skills.

May 7, 14, 21, 28: 9:30-11:30

June 4, 11, 18, 25: 9:00-11:30

July 2, 9, 16, 23, 30: 9:00-11:30

6000 Ditto Ave, Ft. Detrick, Maryland @ The Neighborhood Center Family Advocacy Program

For Questions, Contact New Parent Support @ 301.619.0323

RSVP: https://signup.com/go/CBsHrcQ

#DetrickMWR www.detrick.armymwr.com www.facebook.com/DetrickMWR











REGISTER TODAY, RELAX TOMORROW REPLAYS YOU CAN TAKE TO THE POOL, PORCH, OR BEACH

12:30 PM EST

BEYOND 'DON'T DO IT': REAL TALK ABOUT YOUTH SUBSTANCE USE & INTERVENTION

STANFORD REACH LAB - DR. BONNIE HALPERN-FELSHER

BULY 1:00 PM EST

HELPING YOUTH HEAL: SUPPORT THROUGH FAMILY ADDICTION.
TRAUMA & STRESS LAMBI LEARNS - TRISH LUNA

1:00 PM EST

TALK EARLY, TALK OFTEN: PREVENT UNDERAGE SUBSTANCE USE MOTHERS AGAINST DRUNK DRIVING (MADD) & DR. ROBERT TURRISI

REGISTER NOW







Keep these tips in mind as you and your family enjoy summer vacations, camping, family reunions, picnics and the Fourth of July.

Fire safety



Build campfires at least 25 feet away from tents, shrubs and anything that can burn.



If you want to see fireworks, go to a public show put on by experts. Sparklers can reach 1,200 F and cause third-degree burns.



Use propane, charcoal and wood pellet barbecue grills outdoors only. Indoor use can cause a fire or carbon monoxide poisoning.

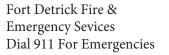
Place your grill well away from siding and deck railings and out from under eaves and overhanging branches. Do not store or use a grill on a porch or balcony.













The Facts about Kids and the Danger of Drowning

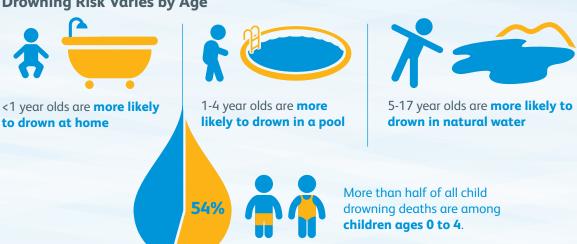
THE PROBLEM

Almost 800 children drown in the U.S. every year.



Two thirds of these deaths occur during May - August.

Drowning Risk Varies by Age



PARENTS' MISCONCEPTIONS



MISCONCEPTION 1

Nearly half of parents surveyed think that if a child was drowning nearby, they would hear it.



Drowning is silent. There can be very little splashing, waving or screaming.



MISCONCEPTION 2

1 out of 3 parents have left a child alone in a pool for two or more minutes.

Reality

Drowning is quick. Once a child begins to struggle, you may have less than a minute to react.



MISCONCEPTION 3

More than half of parents surveyed think that when present, a lifeguard is the primary person responsible for their child's supervision at the pool.

Reality

Watching your child in the water is your responsibility. A lifeguard's job is to enforce rules, scan, rescue and resuscitate.



MISCONCEPTION 4

60 percent of parents surveyed would not worry as much about drowning if their child has had swim lessons.

Reality

Swim lessons are essential, but skill level varies. A review of children who drowned in a pool revealed that 47 percent of 10 – 17 year olds reportedly knew how to swim.

WATER SURVIVAL SKILLS

5 Survival Skills That Could Save Your Life in the Water



Step or jump into water over your head and return to the surface.



Float or tread water for one minute.



Turn around in a full circle and find an exit from the water.



Swim 25 yards to the exit.



Exit from the water. If in a pool, be able to exit without using the ladder.

WATER SAFETY TIPS









- Watch your kids when they are in and around water, without distraction.
- Teach children to swim and the 5 Water Survival Skills.
- Learn CPR and basic rescue skills.
- ♦ Make sure pools have four-sided fencing at least 4 feet high.



Work/Rest and Water Consumption Table

Applies to average sized, heat-acclimated Soldier wearing ACU, hot weather. (See TB MED 507 for further guidance.)

Easy Work	Moderate Work	Hard Work
Weapon Maintenance Walking Hard Surface at 2.5 mph, < 30 lb Load Marksmanship Training Drill and Ceremony Manual of Arms	Walking Loose Sand at 2.5 mph, No Load Walking Hard Surface at 3.5 mph, < 40 lb Load Calisthenics Patrolling Individual Movement Techniques, i.e., Low Crawl or High Crawl Defensive Position Construction	Walking Hard Surface at 3.5 mph, ≥ 40 lb Load Walking Loose Sand at 2.5 mph with Load Field Assaults

•	The work/rest times and fluid replacement volumes will sustain performance and hydration for at least 4 hrs of work in the specified heat category. Fluid needs can vary based on individual differences (± ¼ qt/hr) and exposure to full sun or full shade (± ½ qt/hr).
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- · NL = no limit to work time per hr.
- Rest = minimal physical activity (sitting or standing) accomplished in shade if possible.
- CAUTION: Hourly fluid intake should not exceed 1½ qts.

Daily fluid intake should not exceed 12 qts.

- If wearing body armor, add 5°F to WBGT index in humid climates.
- If doing Easy Work and wearing NBC (MOPP 4) clothing, add 10°F to WBGT Index.
- If doing Moderate or Hard Work and wearing NBC (MOPP 4) clothing, add 20°F to WBGT index.

Heat Category	WBGT Index, F°	Easy Work		Moderate Work		Hard Work	
		Work/Rest (min)	Water Intake (qt/hr)	Work/Rest (min)	Water Intake (qt/hr)	Work/Rest (min)	Water Intake (qt/hr)
1	78° - 81.9°	NL	1/2	NL	3/4	40/20 min	3/4
2 (green)	82° - 84.9°	NL	1/2	50/10 min	3/4	30/30 min	1
3 (yellow)	85° - 87.9°	NL	3/4	40/20 min	3/4	30/30 min	1
4 (red)	88° - 89.9°	NL	3/4	30/30 min	3/4	20/40 min	1
5 (black)	> 90°	50/10 min	1	20/40 min	1	10/50 min	1



Fort Detrick Army Housing Office

