



# The Fort Detrick Weeklies

U.S. ARMY ANNOUNCEMENTS, EVENTS AND TRAININGS



4 December 2025– 4 January 2026

Please note: The Weeklies are also on  
<https://home.army.mil/detrick> under "Weeklies"

FORT DETRICK IS CURRENTLY AT FPCON BRAVO.  
FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO.

If you have any article submissions, you would like considered for the Fort Detrick website please send them to [usarmy.detrick.usag.mbx.pao@army.mil](mailto:usarmy.detrick.usag.mbx.pao@army.mil).

**USAG Fort Detrick on social media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to [www.facebook.com/DetrickUSAG](https://www.facebook.com/DetrickUSAG) and "Like" us or follow us on Twitter: @DetrickUSAG.**

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

In observance of the upcoming **HOLIDAYS**, all Visitor Centers and gates, EXCEPT Nallin Farm Gate at Fort Detrick and Brookville Gate at Forest Glen,  
**WILL BE CLOSED**  
**DECEMBER 24-25**

Nallin Farm Gate and Brookville Gate will remain open 24/7.  
Vetting operations for Fort Detrick visitors will occur at Nallin Farm Gate 24 hours a day.  
Vetting operations for Forest Glen visitors will occur at the Forest Glen Police Station 24.

## ANNOUNCEMENTS AND EVENTS

- **To view our job openings, please visit USAJOBS or click on the link below:**  
<https://www.usajobs.gov/Search/Results?I=Fort%20Detrick%2C%20Maryland&d=AR&a=ARB&p=1&s=agency>
- **MADD Impaired Driving Ends Here: Save the Date Dec. 11 at 11 a.m., 1520 Auditorium.**  
There will be a guest speaker. Drug and Alcohol Prevention Education (DAPE) training credit will be provided for this event.



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- **Fort Detrick Tree Lighting Ceremony & Santa's Workshop: Friday, December 5 at 5:00 PM followed by activities at the CAC starting at 5:30 PM**

Come join us for the Annual tree lighting ceremony on Blue and Gray Field and then head on over to the Community Activities Center where Santa and his elves will host activities, hot beverages, and movies for the kids and families! Food trucks and festivities also in the CAC parking lot! We hope to see you there! Please support this MWR event for the community!



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## *Holiday Hours and Closures*

### **Army Housing Office closures:**

- December 26, 2025
- January 2, 2026

### **Barquist Army Health Clinic upcoming closures.**

- December 12
- December 25
- January 1

### **Fort Detrick Commissary Hours**

#### **Christmas Week**

- Sunday 10:00 AM – 5:00 PM
- Monday 10:00 AM – 6:00 PM
- Tuesday 10:00 AM – 7:00 PM
- Wednesday 10:00 AM – 4:00 PM
- Thursday Closed
- Friday 10:00 AM – 6:00 PM
- Saturday 9:00 AM – 6:00 PM

#### **New Year's Week**

- Sunday 10:00 AM – 5:00 PM
- Monday 10:00 AM – 6:00 PM
- Tuesday 10:00 AM – 7:00 PM
- Wednesday 10:00 AM – 4:00 PM
- Thursday Closed
- Friday 10:00 AM – 6:00 PM
- Saturday 9:00 AM – 6:00 PM



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## The Fort Detrick Legal Assistance Office closures:

- Christmas: December 25–26, 2025

## Military Personnel Division (MPD) and the DEERS RAPIDS site/ID card section closures:

- Christmas: December 24–26, 2025
- New Year: December 31, 2025 – January 1, 2026



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## FMWR Holiday Hours and Closures

Fort Detrick DFMWR: Dec 2025	Wednesday, Dec 24 Christmas Eve	Thursday, Dec 25 Christmas Day Observed as Federal Holiday	Friday, Dec 26, Day After Christmas Day
NAF Support Management	0800-1200	Closed	Closed
Army Community Service	0800-1200	Closed	Closed
Army Emergency Relief, Bethesda	0800-1200	Closed	Closed
CHILD AND YOUTH SERVICES			
Child Development Center, Fort Detrick	0600-1500	Closed	Closed
School-Age Center/Middle School & Teen, Fort Detrick	0600-1500	Closed	Closed
Youth Sports and Fitness	0600-1500	Closed	Closed
Child Development Center, Forest Glen	0700-1500	Closed	Closed
BUSINESS AND RECREATION			
Odom Fitness Center	24/7, unstaffed	24/7, unstaffed	0600-1500
Equipment Check Out Center (ODR)	0900-1300	Closed	0900-1300
Leisure Travel Services	1100-1300	Closed	Closed
Nallin Pond Recreation Area	Dawn to Dusk	Dawn to Dusk	Dawn to Dusk
Forest Glen Fitness Center	24/7, unstaffed	24/7, unstaffed	24/7, unstaffed
Pet Kennel	0700-1830	0700-0830 & 1630-1730	0700-1830

NOTE: Weekly announcements will be sent out every Thursday. If you have an announcement you would like to include, please send the information to  
[usarmy.detrick.usag.mbx.pao@army.mil](mailto:usarmy.detrick.usag.mbx.pao@army.mil) or call 301-619-2018.



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<b>Fort Detrick DFMWR : Dec/Jan</b>	<b>Wed, Dec 31 New Year's Eve</b>	<b>Thur, Jan 01 New Year's Day Observed as Federal Holiday</b>
<b>NAF Support Management</b>	0800-1200	Closed
<b>Army Community Service</b>	0800-1200	Closed
<b>Army Emergency Relief, Bethesda</b>	0800-1200	Closed
<b>CHILD AND YOUTH SERVICES</b>		
<b>Child Development Center, Fort Detrick</b>	0600-1500	Closed
<b>School-Age Center/Middle School &amp; Teen, Fort Detrick</b>	0600-1500	Closed
<b>Youth Sports and Fitness</b>	0600-1500	Closed
<b>Child Development Center, Forest Glen</b>	0700-1500	Closed
<b>BUSINESS AND RECREATION</b>		
<b>Odom Fitness Center</b>	0600-1500	24/7, unstaffed
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- **VA Benefits Assistance Available at Fort Detrick**

Veterans of the U.S. Armed Forces may qualify for a wide range of benefits through the Department of Veterans Affairs (VA), as outlined in Title 38 of the U.S. Code. To apply, specific VA forms must be completed based on the benefit requested.

A Disabled American Veterans (DAV) Service Officer will be available at the Community Support Center, Building 1520, Freedman Drive, Fort Detrick, MD, on the third Friday of each month by appointment only.

**Upcoming date: December 19, 2025.**

**The DAV Service Officer will assist Service Members, Veterans, spouses, and dependents with VA claims and benefit applications.**

 To schedule an appointment, contact Ernie Unger:

Office: 301-842-2562

Cell: 301-331-0091

Email: [michelobqt@yahoo.com](mailto:michelobqt@yahoo.com)

 Please bring:

Military discharge papers (DD 214 or equivalent)

VA claim number (if issued)

Any VA correspondence or rating decisions

This is a free service provided by DAV for all eligible individuals.

#### **Construction Projects Updates:**

- **The Fitness Track and Infield is closed for renovation and set to reopen June 2026.**

- **Lane Closures at Nallin Farm Gate**

In the beginning phase, both lanes of the inbound side will be closed and redirected to a single lane normally designated as an outbound lane. Once inbound lane barriers are replaced, both outbound lanes will close, and vehicles will be redirected to a single lane normally designated as an inbound lane. These improvements are essential to ensure the long-term safety and reliability of Nallin Farm Gate for the traveling public. This project is estimated to take several months to complete. We understand that lane closures can cause



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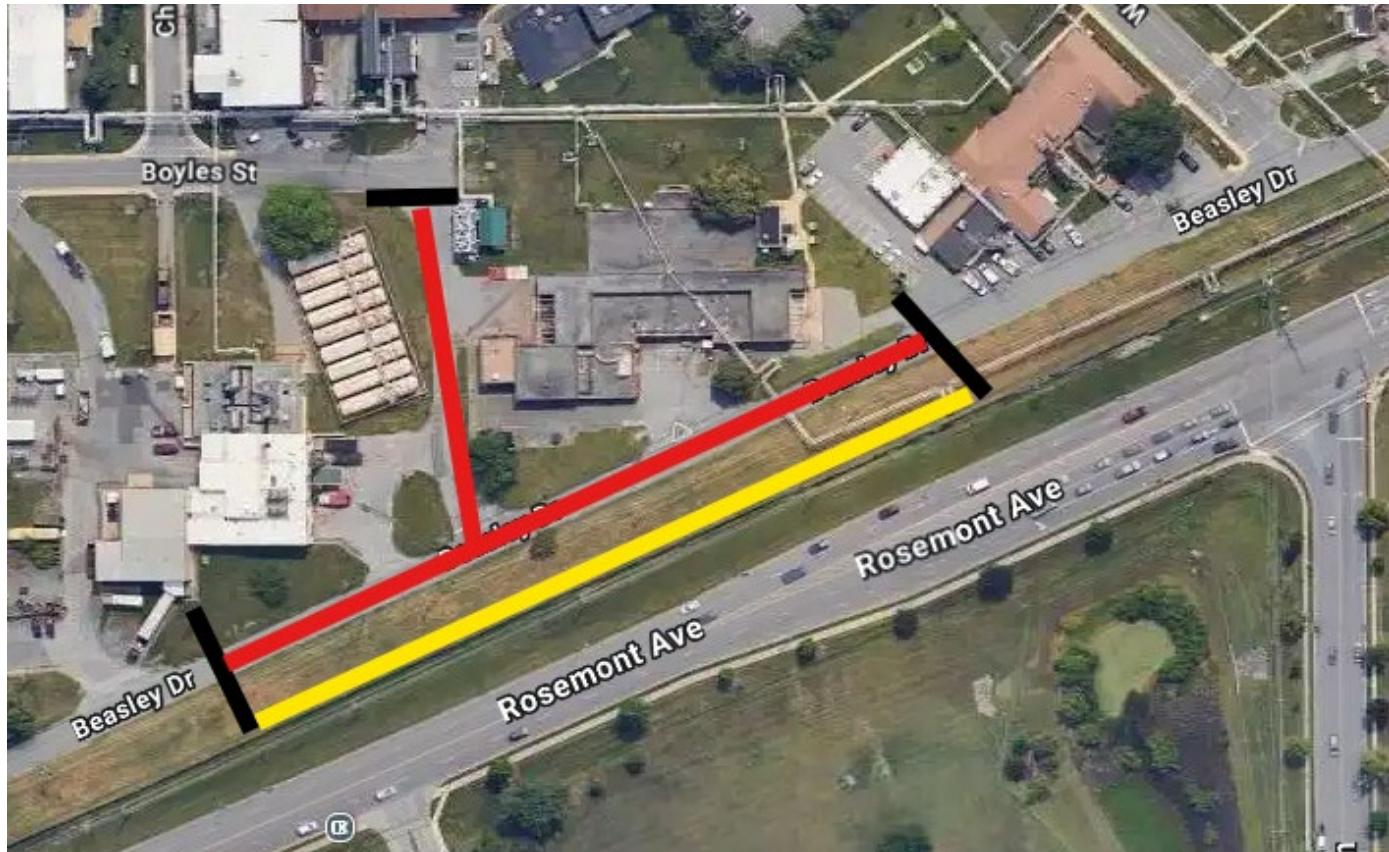
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inconvenience, and we apologize for any disruption this may cause. We are committed to delivering a high-quality project that will benefit the Fort Detrick community for years to come.

- **Beasley Dr. between B375 and B393 (including the perimeter walking path) and Davis St. is closed for the duration of an ongoing demolition project in that area. The project is expected to last until 2031.**

**Please treat all areas with posted signs as off limit areas. DO NO WALK around the barriers.**

Please see the map below for details and plan your routes accordingly. We apologize for any inconvenience this may cause.





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- **Earn Your Graduate Degree Tuition-Free Through the Fort Detrick–Hood College Partnership**

Active-duty military stationed at Fort Detrick can take advantage of Hood College's tuition waiver program for graduate, certificate and master's degrees. This special partnership fully honors the Army Tuition Assistance benefit of \$250 per credit—meaning your graduate tuition is waived. Eligible soldiers are only responsible for a one-time \$50 Hood College application fee, textbooks, and the term comprehensive fee. To learn more, visit: <https://www.hood.edu/fort-detrick-soldiers>

- **Green to Gold Event**

Who: Current active-duty enlisted Soldiers

Expert: Speak with a GREEN to Gold expert

What: A meeting or informational session about the Green to Gold program, which helps enlisted Soldiers transition to Army Officers by earning a bachelor's or master's degree.

When: December 8, 2025 at 11:30 AM

Where: Building 1520, Classroom 2

Why: To provide information about the Green to Gold program and assist Soldiers in understanding how they can transition from enlisted ranks to becoming Army Officers.

## TRAININGS

### UPDATED: 2 Dec 25

#### Course Title: Local Hazards Briefing

Location: Bldg. 1520, Classroom #5C

Class Hours: 1400-1530

Date

26 JAN 26 / 23 FEB 26 / 30 MAR 26 / 29 APR 26

18 MAY 26 / 23 JUN 26 / 27 JUL 26 / 24 AUG 26

28 SEP 26 / 26 OCT 26 / 16 NOV 26 / 15 DEC 26

Description: Local Hazards Briefing meets the intent of DoDI standard 6055.04 and AR 385-10, 24 July 2023, Chapter 13, Section 13-18. The course fulfills a requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.



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**Who Should Attend?** All newly assigned Fort Detrick civilian and military personnel.

Course Manager: Mr. Humberto Rivera (301) 619-3295,

[usarmy.detrick.usag.list.installation-safety-management-office@army.mil](mailto:usarmy.detrick.usag.list.installation-safety-management-office@army.mil)

Installation Safety Office Main Number: (301) 619-7318

**NOTES:**

Individuals who require special services or accommodations due to a disability should advise this office immediately (wheelchair access, interpreter, etc).

- **Basic Life Saving Training Date:**

December 11

Enrollment deadline is 2 weeks before the course date. Please ensure BLS Eligibility Form is completed and emailed to the POC prior to course entry. Please contact Ms. Burns for availability, registration and questions. Priority is to Barquist staff. Additional slots only available to Active-Duty Service Members and DOD Civilian.

POC: Maylis Burns, 301-619-2275 [maylis.n.burns.civ@health.mil](mailto:maylis.n.burns.civ@health.mil)

- **FY 26 TARP Face to Face Training – All sessions at 1 p.m. Building 1520 Auditorium.**

\*Note\* Training starts promptly at 1 p.m. allowing a 5 min grace. If you arrive after that time, the rosters will NOT be available for signing and you will NOT be credited for attendance.

**CY2025 Dates: Dec 23**

**CY 2026 Dates:** Jan 20, Feb 17, March 17, April 14, May 19, June 16, July 21, Aug 18, Sept. 22.

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**302D SIG BN HOSTING**



**HOLIDAY SWAP**

**DECEMBER 5<sup>th</sup>**

COLLECTING ITEMS THROUGHOUT NOVEMBER  
IN CONJUNCTION WITH MWR'S SANTA'S WORKSHOP EVENT



**KIDS CLOTHING**   **HOUSEHOLD GOODS**   **GAMES & TOYS**   **SPORTS EQUIPMENT**   **NEW OR GENTLY USED**

**FREE TO PARTICIPATE AND SHOP**

**DROP OFF: BUILDING 1520, ROOM 126**  
TUESDAYS 07:30 - 08:30  
THURSDAYS 15:30 - 16:30

**SWAP: COMMUNITY ACTIVITY CENTER**  
BLDG 1529, FREEDMAN DRIVE  
FRIDAY DECEMBER 5<sup>th</sup>, 17:30



**FOR QUESTIONS, PLEASE EMAIL**  
**302DSFRG@GMAIL.COM**



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Fort Detrick's Annual

## HOLIDAY TREE LIGHTING & SANTA'S WORKSHOP

December 5th

**5:00 PM**  
Blue & Gray Parade Field  
Schreider Street

**then**

**5:30 PM**  
Community Activity Center  
Building 1529

Join us for Fort Detrick's Annual Holiday Tree Lighting! Activities include a holiday message from senior leadership, lighting of the holiday tree, lawn card competition winner, and children's activities. After the tree lighting, follow Santa to his Workshop located at the Community Activities Center! Enjoy pictures with Santa Claus, holiday treats, food trucks, children's crafts, gift wrapping, a showing of the movie "Polar Express" and a free Holiday Swap Shop hosted by the 302D Signal SFRG!

**For more information,  
please call 301-619-2498**





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**NEWCOMERS  
COMMUNITY  
ORIENTATION  
AND  
INFORMATION  
EXCHANGE!!!**



## **WELCOME NEWCOMERS!!!**

Auditorium, 1520 Freedman Drive, USAG Fort Detrick

Sign-in begins at 1000hrs, event begins at 1030hrs

January 21, 2026

February 18, 2026

April 15, 2026

May 20, 2026

June 17, 2026

July 15, 2026

August 19, 2026

September 16, 2026

New Soldiers, civilian employees, and your Families!  
USAG Fort Detrick has partnered with many state and county agencies, as well as local organizations, to provide information on their programs, activities, and upcoming events. All will have representatives so you can personally meet the individuals assisting you and your Family while here at Fort Detrick!

**ARMY COMMUNITY SERVICE IS ADA COMPLIANT**

For more information, or to register, call 301-619-6364 or visit:

<https://armyeitaas.sharepoint-mil/IMCCOM-ID-S-USAG-Detrick/SitePages/Newcomers-Orientation.aspx>





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## Family Advocacy Program Brief

Did you know that each unit is **REQUIRED** to have an annual Family Advocacy Program Briefing?

**To schedule your Annual Unit Briefing, contact:**

Victim Advocate: **240-409-4371**  
**[natalie.n.saunders2.ctr@army.mil](mailto:natalie.n.saunders2.ctr@army.mil)**





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FORT DETRICK

# DOMESTIC ABUSE VICTIM ADVOCATE

## FAMILY ADVOCACY PROGRAM

Domestic Violence 24/7 Hotline

**240-409-4371**



**24/7 non-clinical support from a trained domestic violence advocate available to soldiers, civilians, and their families who may be experiencing domestic abuse.**

**ADVOCACY SERVICES:**

- 24/7 SUPPORT**
- RESOURCE REFERRALS**
- REPORTING ASSISTANCE**
- SAFETY PLANNING**

**We Listen. We Act. We Care.**



If you are in immediate danger, call Fort Detrick Police at **301-619-7114**



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## The Family Advocacy Program BOOK NOOK!



**FREE!**

Discover a cozy collection of free books for all ages, stories that inspire, self care books, and more! This table of books are full of support and surprises! Grab a book and take home a little encouragement!

**FREE!**

**Location :School Age Center,  
Post Exchange,  
Bldg 949, Odom Fitness Center**

**November - December 15th,2025**



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# 2026 Medical Museum Events

The National Museum of Health and Medicine is open Wednesday - Sunday, from 10 a.m. to 5:30 p.m.

For tour programs, call:  
(301) 319-3312

Please request ADA accommodations at least two weeks in advance at (301) 319-3303 or by scanning the QR code below:



NATIONAL  
MUSEUM  
OF HEALTH AND  
MEDICINE

2500 Linden Lane, Silver Spring, MD 20910

(301) 319-3300

medicalmuseum.health.mil

@medicalmuseum

## Lecture Series

2 p.m.

**JANUARY 11** | Fighting Ebola: 10 Years Since the West African Epidemic

**MAY 3** | The Body's Keepers: A Social History of Kidney Failure and Its Treatments

**AUGUST 2** | Think It Over, Soldier: Combating Venereal Disease During the World Wars

**NOVEMBER 15** | So Others May Live: Army Aeromedical Evacuation Operations in the Republic of Vietnam, 1962-1973

## Family Friendly

**MARCH 21** | Brain Awareness Day | 10 a.m. to 12 p.m.

**APRIL 25** | Veterinary Medicine Day | 10 a.m. to 12 p.m.

**JUNE 13** | Bugapalooza | 10 a.m. to 12 p.m.

**SEPTEMBER 19** | Teddy Bear Clinic | 9:30 a.m. to 11:30 a.m.

**OCTOBER 24** | Scout Day | 10 a.m. to 12 p.m.

## Public Tours

2 p.m.

**FEBRUARY 15** | Presidents Day Tour

**MAY 24** | Memorial Day Tour

**NOVEMBER 11** | Veterans Day Tour

## Virtual Events

**MARCH 26** | Brain Awareness Program: Sleep and TBI

**MAY 7** | Nurses Week Program

Some of our events may be available virtually. Check our website and social media channels, **@medicalmuseum**, for updates.

Dates are subject to change. Visit [medicalmuseum.health.mil](http://medicalmuseum.health.mil) for updates.  
(Current as of December 2025)

Background image: Large format histology slide of a femur with osteosarcoma. AFIP 1407778



# NMHM Lecture Series

## *Fighting Ebola: 10 Years Since the West African Epidemic*

A Lecture by Dr. Mike Bray

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**Sunday, January 11, 2026, at 2 p.m.**

The Ebola epidemic that began in West Africa in late 2013 caused more than 11,000 deaths. It was ended through the efforts of local health care workers, such as the one shown, and a massive response by organizations such as Doctors Without Borders (MSF). Dr. Mike Bray, an Army medic in Vietnam and former virus researcher at the U.S. Army Medical Research Institute of Infectious Diseases at Fort Detrick, will discuss Ebola virus disease, the history of outbreaks and the progress made in the past 10 years in developing approved vaccines and treatments.

Image courtesy of Morgana Wingard/Médecins Sans Frontières (MSF)

**NATIONAL  
MUSEUM  
OF HEALTH AND  
MEDICINE**

2500 Linden Lane  
Silver Spring, MD 20910  
(301) 319-3300  
[www.MedicalMuseum.health.mil](http://www.MedicalMuseum.health.mil)  
 @MedicalMuseum

# DRUNK DRIVING WILL WRECK THE HOLIDAYS



**NHTSA**

*buzzed*  
driving is  
*drunk*  
driving

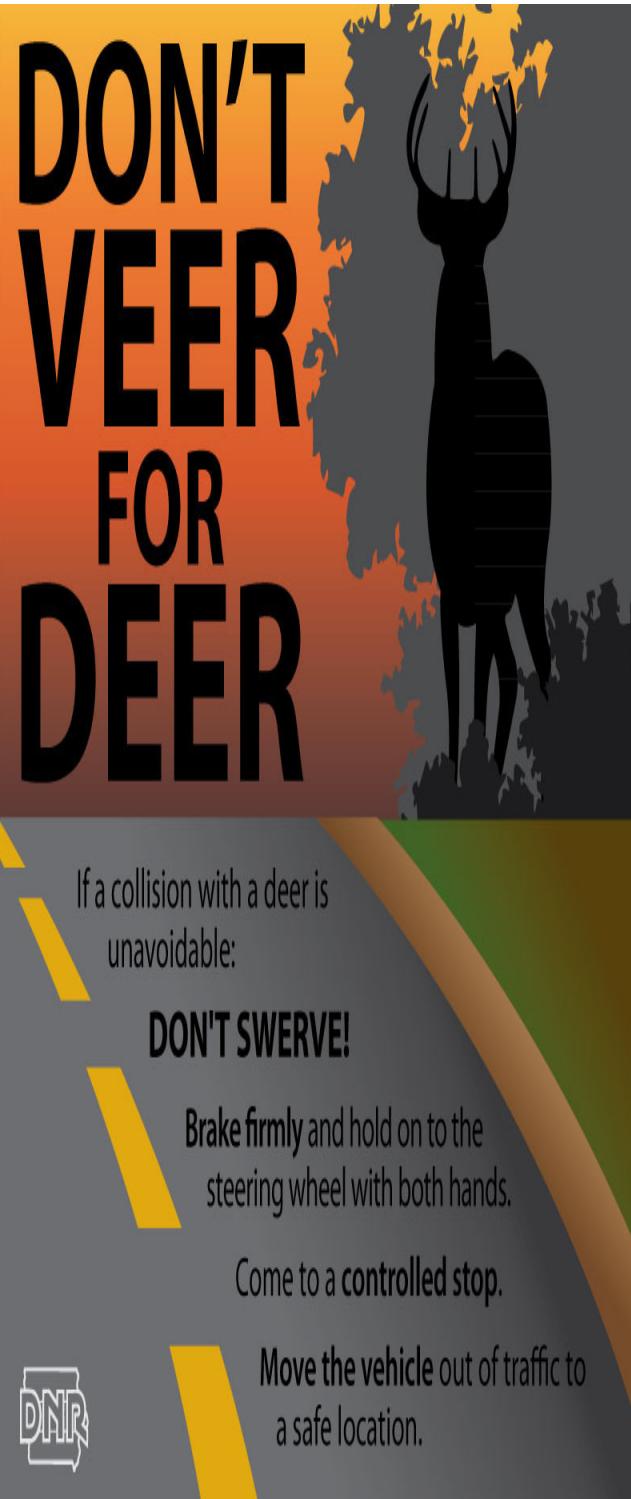


# INSTALLATION SAFETY BULLETIN

SB 25-11-1

SAFETY BULLETIN

SAFETY BULLETIN



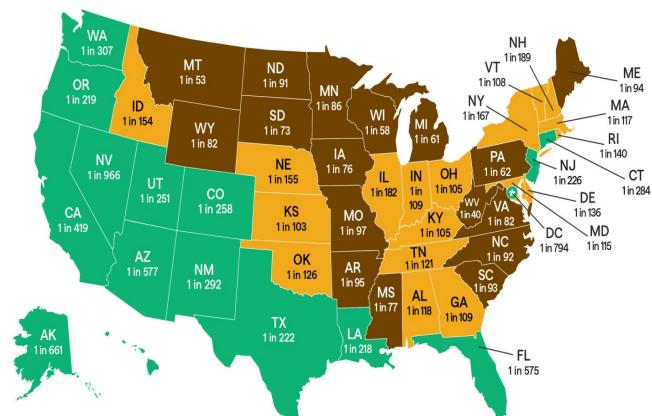
**Most active:**

**October through December  
(reproductive “rut” season)**

**Daily most active between**

**0500 – 0800 hours  
1700 – 2000 hours**

2024-25 Animal Collision Likelihood by State



**State Farm**

**Animal collision likelihood by state:**

<b>Maryland</b>	<b>24<sup>th</sup></b>	<b>1 in 115</b>
<b>Pennsylvania</b>	<b>5<sup>th</sup></b>	<b>1 in 62</b>
<b>West Virginia</b>	<b>1<sup>st</sup></b>	<b>1 in 40</b>



INSTALLATION SAFETY OFFICE  
1520 FREEDMAN DRIVE SUITE 217  
PHONE 301-619-7318  
USARMY.DETRICK.USAG.LIST.ISMO@ARMY.MIL



# ACE Suicide Prevention Face-to-face Training

This training will count towards the Suicide Prevention Education portion of Personal Readiness. Please be advised that you must also take the ASAP Drug and Alcohol Prevention training to obtain full Personal Readiness credit.

**16 DEC 2025 @ 1000**

**26 MAR 2026 @ 1000**

**23 JUN 2026 @ 1000**

**22 SEP 2026 @ 1000**

REGISTRATION IS REQUIRED

Drug and Alcohol Awareness  
contact:  
[morgan.c.lawson4.civ@army.mil](mailto:morgan.c.lawson4.civ@army.mil)

Suicide Prevention contact:  
[erika.r.bishop2.civ@army.mil](mailto:erika.r.bishop2.civ@army.mil)

If you believe that attending suicide prevention training will be offensive or emotionally stressful, you are encouraged to contact your supervisor to discuss an alternative to the training and contact Erika Bishop.

1-800-222-1222

## First Aid for Poisoning

### Swallowed Poison:

- Gently wipe out mouth and give a small amount of water.
- Do not make the person vomit.
- Call the poison center.

### Poison on the Skin:

- Remove contaminated clothing and jewelry.
- Rinse skin with lukewarm water for 10 minutes.
- Call the poison center.

### Poison in the Eye:

- Flush the eye with lukewarm water from cup, faucet, or shower for 15 minutes.
- Do not force the eyelid open.
- Call the poison center.

### Inhaled Poison:

- Get the person to fresh air.
- Open doors and windows.
- Call the poison center.

## Stay Connected

[www.mdpoison.com](http://www.mdpoison.com)



# What you need to know about Winter Poison Safety

With the winter chill in the air, the Maryland Poison Center (MPC) offers the following safety information to keep you and your family safe:

### Carbon Monoxide (CO):

- A colorless, odorless, and poisonous gas.
- Signs and symptoms of CO poisoning mimic the flu.
- Common sources of CO: gas and oil furnaces, wood and gas stoves, fireplaces, portable generators and heaters, gas and charcoal grills, and vehicles.
- Never use grills or generators indoors, in the garage, or near windows or doors.
- CO alarms are recommended in all homes.

### Cough and Cold Medicines:

- Read the label with every use and follow directions exactly.
- If taking more than one medicine, make sure none of the active ingredients are the same.
- Put medicine up, away, and out of sight of children after every use.
- Do not use adult medicine for children unless instructed to by their health care provider.

### Antifreeze and Windshield Washer Fluid:

- As little as one mouthful in a child or adult can required treatment in an emergency department.
- Store in original labeled containers so they are not mistaken for juice or soft drinks because of its color and sweet taste.
- Make sure all puddles or spills are cleaned up right away so pets don't lick it up.

### Ice Melt

- Ingesting a small amount of is not dangerous, but ingesting large quantities can cause symptoms.
- Store it up, away, and out of sight between uses.

Call your local poison center at 1-800-222-1222 to speak with a poison expert. They are available 24/7, even on holidays. Calling is always free and confidential.

Poison Experts just a phone call away! Saving Lives...Saving Dollars

# START PLANNING FOR YOUR DREAM

Think how much you could save  
if you quit your nicotine habit!



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**QUITTING IS GOOD FOR THE BODY AND GOOD FOR THE  
WALLET!**

**IF YOU SMOKE A PACK A DAY YOU COULD SAVE  
APPROXIMATELY *\$7,300* PER YEAR!**

**CONTACT BARQUIST ARMY HEALTH CLINIC TO SIGN UP  
FOR OUR CESSATION PROGRAM.**

FOR MORE INFORMATION 301-619-8783



# Substance Misuse Prevention

Please ensure you are also completing the annual ACE requirement.

**3 FEBRUARY 2026 @ 1000  
VIRTUAL**

[https://dod.teams.microsoft.us/l/meetup-join/19%3adod%3ameeting\\_d2841c5ed8ca409d8941006eaaaccfa2%40thead.v2/0?context=%7b%22Tid%22%3a%22fae6d70f-954b-4811-92b6-0530d6f84c43%22%2c%22Oid%22%3a%22c7d5f1af-4e2c-4e64-a48f-696cdd0958fc%22%7d](https://dod.teams.microsoft.us/l/meetup-join/19%3adod%3ameeting_d2841c5ed8ca409d8941006eaaaccfa2%40thead.v2/0?context=%7b%22Tid%22%3a%22fae6d70f-954b-4811-92b6-0530d6f84c43%22%2c%22Oid%22%3a%22c7d5f1af-4e2c-4e64-a48f-696cdd0958fc%22%7d)

**3 MARCH @ 1000 F2F  
Building 1520; Auditorium**

Guest Speaker: Overdose Response Coordinator,  
Frederick County Health Department

Trainings are on a first come, first serve basis. Contact: [morgan.c.lawson4.civ@army.mil](mailto:morgan.c.lawson4.civ@army.mil)

**Save the Date!**

# Drug Prevention and Overdose Response Education



Guest Speaker: Frederick County Health  
Department

Date: 3 March 2026

Time: 1000

Building 1520, Auditorium

Training will count towards Substance Misuse Prevention training credit.

Contact: [morgan.c.lawson4.civ@army.mil](mailto:morgan.c.lawson4.civ@army.mil)



# Alcohol and Cold Weather

## Why It's Dangerous

Believing that alcohol keeps you warm can be risky in cold weather. If it's really cold outside and you drink alcohol, you might not realize how cold you actually are. This can lead to dangerous situations like hypothermia, where your body temperature gets too low.

Hypothermia is serious and needs to be treated by a doctor. Remember, if you're cold, the best thing to do is bundle up and drink something warm without alcohol in it. \*

For more information regarding alcohol and cold weather



\* [ownyourlimits.org](http://ownyourlimits.org)



JOIN THE FORT DETRICK  
ASAP OFFICE AND MADD  
FOR AN EVENT  
HIGHLIGHTING THE  
DANGERS OF DRUNK AND  
DRUGGED DRIVING

Where: 1520, Auditorium

When: 11 December @ 1100

This is a guest speaker event. Space is limited.  
Registration is not required. Drug and Alcohol  
Prevention Education (DAPE) training credit will  
be provided for this event. Contact:  
[morgan.c.lawson4.civ@army.mil](mailto:morgan.c.lawson4.civ@army.mil)



IMPAIRED  
DRIVING  
ENDS HERE.

Mothers Against Drunk Driving is more than just mothers. We're fathers, sisters, brothers, families, and friends. We're truly a grassroots organization, made up of people like you who care about making an impact in Maryland to keep your loved ones safe.



**ASAP**  
ARMY SUBSTANCE  
ABUSE PROGRAM