



The Fort Detrick Weeklies

ANNOUNCEMENTS, EVENTS AND TRAININGS



March 16 – April 16, 2023

Please note: The Weeklies are also on <https://home.army.mil/detrick> under “Weeklies”

**FORT DETRICK IS CURRENTLY AT FPCON BRAVO.
FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO.**

If you have any article submissions, you would like considered for the Fort Detrick website please send them to usarmy.detrick.usag.mbx.pao@army.mil.

USAG Fort Detrick on social media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to www.facebook.com/DetrickUSAG and “Like” us or follow us on Twitter: @DetrickUSAG.

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

ANNOUNCEMENTS AND EVENTS

- **View our openings please visit USAJOBS or click on the link below.**
<https://www.usajobs.gov/Search/Results?l=Fort%20Detrick%2C%20Maryland&d=AR&a=ARBA&p=1&s=agency>
- **Tax season is upon us. Military One Source is providing information free tax software and support.**
The Defense Department offers MilTax software through Military OneSource. It’s built to account for deployments, combat and training pay, housing and rentals, multistate filings, living OCONUS and more. If SM’s have questions, they enlist free one-on-one help from MilTax experts: tax pros with special training in military-specific tax situations. Call or chat anytime 24/7 to schedule a consultation or get in person support at a Volunteer Income Tax Support Assistance office location. Visit <https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/>
Contact your Fort Detrick Financial Readiness Team at (301) 619-3455 or usarmy.detrick.usag.mbx.acs-frp@army.mil if you have any questions.
- **Retirement Ceremonies**
USAG Fort Detrick conducts Quarterly Retirement Ceremonies honoring retiring Service Members, and Civilian employees and their families. These ceremonies take place on

NOTE: Weekly announcements will be sent out every Thursday. If you have an announcement you would like to include, please send the information to usarmy.detrick.usag.mbx.pao@army.mil or call 301-619-2018.



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the second Thursday of the second month of each quarter in the auditorium, Building 1520 at 10 a.m. **The next ceremony is scheduled for May 11, 2023**

Any Military at Fort Detrick or in the local surrounding community, or Civilian employees who wish to participate should contact Tom Yocklin with the Directorate of Operations by calling (301) 619-2503. The deadline for participants to be included is two weeks prior to the ceremony.

For FMWR News and Events, visit www.detrick.armymwr.com, Instagram us at #DetrickMWR, and like us on Facebook at www.facebook.com/DetrickMWR.



You are invited:

EASTER SUNRISE SERVICE

Sunday, April 9, 7 a.m., Nallin Pond Pavilion

Hosted by:

CH (LTC) Craig Johnson

Fort Detrick Garrison Chaplin

All Are Welcome

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BARQUIST ARMY HEALTH CLINIC CLOSURES AND EVENTS

- March 17: Barquist is operating on reduced hours due to staff training requirements – closed at 11:30 a.m.
- March 27: Barquist will 'Go Live' with MHS GENESIS (*delays are expected due to new electronic records system)
- April 21: Barquist is operating on reduced hours due to staff training requirements – closed at 11:30 a.m.
- May 19: Barquist is operating on reduced hours due to staff training requirements – closed at 11:30 a.m.

TRAININGS

- **Local Hazards Training 2023**
Location: Bldg. 1520, Classroom 3
Class Hours: 2-3:30 p.m.

Dates:

28 MAR 23	25 APR 23	31 MAY 23	26 JUN 23	24 JUL 23
29 AUG 23	26 SEP 23	30 OCT 23	27 NOV 23	19 DEC 23

Description: Local Hazards Training meets the intent of DoDI standard 6055.04 and AR 385-10, Chapter 11, Section 7. The course fulfills a requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.

Who Should Attend? All newly assigned Fort Detrick civilian and military personnel.

Course Manager: Mr. Humberto Rivera (301) 619-3295,
usarmy.detrick.usag.list.installation-safety-management-office@army.mil

Installation Safety Office Main Number: (301) 619-7318

NOTES: Individuals who require special services or accommodations due to a disability should advise this office immediately (wheelchair access, interpreter, etc.).



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FORT DETRICK

Shamrock 5K Race

MARCH 18 | 8 A.M.



\$5 ENTRY

LOCATION:
CPT JENNIFER J SHAFER ODOM FITNESS CENTER

CATEGORIES:
• MALE OVERALL
• FEMALE OVERALL

REGISTRATION:
ONLINE AND SAME-DAY
REGISTRATION AVAILABLE!

TROPHIES WILL BE AWARDED TO THE 1ST AND 2ND PLACE WINNERS IN EACH CATEGORY.

COME DRESSED TO IMPRESS IN YOUR FAVORITE ST. PATTY'S-THEMED ATTIRE. OPTIONAL



Please scan the QR Code to learn more!
(301) 619-2498



CPT Jennifer J. Shafer
Odom Fitness Center
1507 Porter St., Bldg. 1507
Fort Detrick, MD 21720



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The Family Advocacy Program Presents:

Please call 301-619-2197 for more information

March Topics



FOCUS (Families Over Coming Under Stress) provides resilience training to military children, families, and couples.

It teaches practical skills to help families and couples overcome common challenges related to a military life. It helps build on current strengths and teach new strategies to enhance communication and problem solving, goal setting and creating a shared family story. Check out this 3-minute video to see if you think FOCUS is right for your family. There are dozens of sites and there is online availability for those who are remotely located. <https://www.focusproject.org/>



THRIVE! The Thrive Initiative is designed to empower parents as they nurture their children from birth until their children reach 18 years of age. The Initiative consists of four age-specific, skill-building programs: Take Root (0-3 years), Sprout (3-5 years), Grow (5-10 years), and Branch Out (10- 18 years). These universal programs are provided to you at no cost. Click to learn and practice effective strategies for raising healthy children!

<https://parenting.lms.militaryfamilies.psu.edu/>



Should we break up?

You know your situation best, including how you feel about your partner. If you're in an unhealthy or abusive relationship, figuring out what to do next can be hard. It's important to make a decision that prioritizes your future, not the history you might have together. Read more by clicking on the link.

<https://www.loveisrespect.org/resources/should-we-break-up/>

ACS



www.detrick.armymwr.com

www.facebook.com/DetrickMWR

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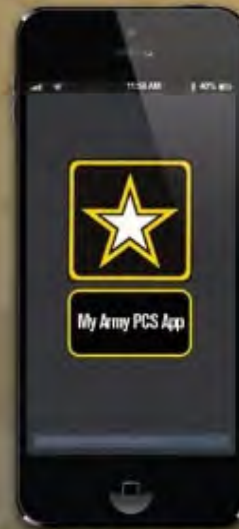
Please note: The Weeklies are also on <https://home.army.mil/detrick> under “Weeklies”



Plan Your PCS Move with a Swipe and Click



My Army PCS App



Get ready – Prepare for Your PCS

- ✓ Get your PCS Orders – No Orders, No PCS
- ✓ Talk with your family about your PCS move
- ✓ Download the “My Army PCS App”

Set – Plan Your Move

- ✓ Know Where You are PCSing to
- ✓ Review the Checklist
- ✓ Setup and track your important dates
- ✓ Request a sponsor
- ✓ Know Your Entitlements – Military Pay, BAH, Weight Allowance, etc.
- ✓ Know Pet travel requirements

Go - Organize Your Move

- ✓ Chat with a Live Agent during Your PCS Move
- ✓ After your PCS move, file a Claim

Let's Get Moving

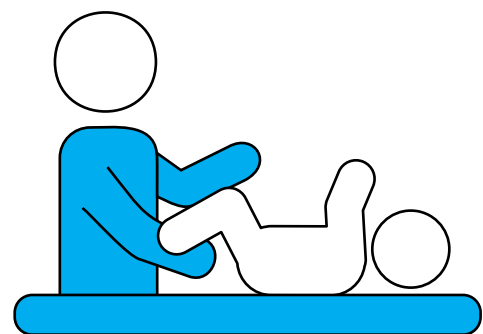


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INFANT MASSAGE

March 14 & 21, 2023
10:30 -11:30 am



Join Us For A Two-part Class And Learn The Many Benefits Of Infant Massage. These Benefits Include: Relaxation, Stimulation, And Communication. Please Bring A Blanket And Your Child As Well. If You Are Still Pregnant, No Worries, We Will Have Practice Babies Available For You. To Register, Please Email Antoinette Thompson At Antoinette.m.thompson3.ctr@army.mil Or Call (301) 619-0323 Or (785) 488-7238 (Leave Your Name And Phone Number).

Note: Please email or call to register for attendance.

Neighborhood Center • 6000 Ditto Ave. Frederick, MD 21702



detrick.armymwr.com
Follow us on Facebook
Detrick MWR



Saturday, March 18

10 a.m. - 2 p.m.

BRAIN AWARENESS DAY

**Explore the exciting world
of neuroscience!**

Join Department of Defense brain scientists, researchers, clinicians, and museum educators to enjoy interactive demonstrations and exhibits about the brain.

All ages welcome.

- Learn about prevention and treatment of traumatic brain injury.
- Discover how your brain works.
- Explore STEM career paths.



This event is FREE.

Request ADA accommodations five business days in advance at (301) 319-3303 or by email to: USArmy.Detrick.MEDCOM-USAMRMC.List.Medical-Museum@health.mil



2500 Linden Lane, Silver Spring, MD 20910
(301) 319-3300 www.medicalmuseum.health.mil
@MedicalMuseum

USArmy.Detrick.MEDCOM-USAMRMC.List.Medical-Museum@health.mil

Brain Injury Awareness Month



SCIENCE CAFÉ

AT THE

NATIONAL
MUSEUM
OF HEALTH AND
MEDICINE

Thursday, March 23, 2023, 6-7 p.m. ET

Military TBI: The History, Impact, and
Future

Traumatic brain injuries are known as the "signature wound" of the Global War on Terrorism. Over the last 20 years, the Department of Defense invested resources and manpower to study and treat service member TBIs, leading to the establishment of what is now the Defense Health Agency Traumatic Brain Injury Center of Excellence. Join us to hear from Megan A. Lindberg and Elisabeth M. Moy Martin of TBICoE as they take a historical approach showcasing the evolution of TBI clinical care, starting with the American Civil War and leading up to the GWOT. They will also discuss congressional mandates directing and prioritizing research efforts to result in best practices from health care providers. Museum staff members will display related collections items prior to the start of the program.

Photo Credit: U.S. Army, Sgt. M. Austin Parker



2500 Linden Lane, Silver Spring, MD 20910
(301) 319-3300 www.medicalmuseum.health.mil

   @MedicalMuseum

USArmy.Detrick.MEDCOM-USAMRMC.List.Medical-Museum@health.mil

Gains in the Education of Mathematics and Science (GEMS)

The Gains in the Education of Mathematics and Science (GEMS) program at Fort Detrick brings local students to the cutting-edge world of science for the U.S. Army Medical Research and Development Command (USAMRDC). The program is designed for current 4th through 12th grade students of all academic abilities in the 2022-2023 school calendar. GEMS promises a hands-on experience that will excite.

To Learn More: <https://cvent.me/2wv4Zr>

To Apply: <https://cvent.me/x8m3AX>

Engineering and Computer Science 1 (Battlebots)

Battlebots is for students who are currently in 5th-7th grade. Students will build their very own Lego robot. Throughout the week they will test their designs through activities such as a Ruck March, Parachute test and more. At the end of the week students will go head to head to see who has the strongest bot.

Engineering and Computer Science 3 (Robotics)

Robotics is for students who are currently in 9th-12th grade. Students will build, train, and code their robot. Throughout the week students will go through a series of tests that help them evaluate their robot and make adjustments to create the best robot. At the end of the week students will complete a simulated bomb removal.

Crime Scene Investigation (CSI)

Crime Scene Investigation is for students who are currently in 6th-8th grade. Students will work with a partner to determine who killed the professor. Students will have to complete fingerprinting, hair/fiber analysis, DNA isolation and more to determine the killer. At the end of the week students will review all the evidence and present who they believe the killer is and explain what they think happened.

Earth and Environmental Science

Earth and Environmental Science is for students in the 4th-5th grade. Students will learn more about their environment by performing soil and water analysis. They will learn about the ocean through a squid dissection and solar power by building a solar bug.



Intermediate Science

Intermediate Science is for students in 7th-9th grade. Students will learn about the environment through a frog dissection, biomedical by creating a circulatory system and designing a candy "pill", chemistry by launching Alka-Seltzer Rockets and more.

Engineering and Computer Science 2 (Learn Play Code)

Learn Play Code is for students currently in 6th-8th grade. Students will learn about coding by creating animated character, designing games and fixing hacked code. Students will also learn about circuits by creating a LED card, test their design skills by building a toothpick and marshmallow structure and more.



Advanced Science

Advanced Science is for students in the 9th-12th grade. Students will determine if they have the PTC gene by performing a DNA extraction and gel electrophoresis analysis. Students will perform a fetal pig dissection and learn how to suture.

GAINS IN THE EDUCATION OF MATHEMATICS AND SCIENCE (GEMS)

What is GEMS?

GEMS is a week long summer educational program focused on STEM based activities and hands on learning. There are 7 different classes that explore various types of science such as biology, earth science, and engineering

Who can join?

Anyone in 4th through 12th grade is eligible to participate. The class you are eligible to participate in will depend on your grade level.

How can I apply?

Applications are open and will close on April 9th

Link to apply:

<https://cvent.me/x8m3AX>

For more information:

<https://cvent.me/2ww4Zr>



FINANCIAL READINESS CLASSES

January | @ 9

10 | True About Credit Cards
17 | Tax Prep
31 | Debt Destruction

February | @ 9

07 | Tax Prep
14 | LES and Reducing Your 2023 Taxes
21 | Investing in the Digital Age
28 | Home Buying the VA Way

March | @ 9

07 | Spending Plans That Work
14 | TSP Review
21 | Car Buying Smarts
28 | What's Your Net Worth?

REGISTRATION INFORMATION:

- CALL (301) 619-3455
- EMAIL USARMY.DETRICK.USAG.MBX.ACS-FRP@ARMY.MIL

***CLASSES ARE SUBJECT TO CHANGE.**

***ELIGIBLE PARTICIPANTS ARE: ACTIVE DUTY, RETIRED MILITARY AND THEIR ID CARD FAMILY MEMBERS, RESERVISTS AND NATIONAL GUARD (ACTIVE DUTY) AND THEIR ID CARD FAMILY MEMBERS, SURVIVORS, AND DOD CIVILIANS.**



Community Support Center
1520 Freeman Dr., Bldg. 1520
Fort Detrick, MD

 **DETRICKMWR**
DETRICK.ARMYMWR.COM



UPCOMING
TRAININGS

PERSONAL READINESS

STRENGTHENING YOUR
WELLNESS CONNECTIONS



17 JAN
2023
@ 1000

14 FEB
2023
@ 1000

21 MAR
2023
@ 1000

Drug and Alcohol Prevention. Problem Gambling Awareness. Suicide Prevention.
Stigma Reduction.

Click dates or Copy paste links to Join on MS Teams - No sign up required

This training meets the requirement for Annual Personal Readiness Training IAW AR 350-1. POC is the Fort Detrick/Forest Glen/NSA
Bethesda Army Substance Abuse Program: Ashley.d.bush5.civ@army.mil or jillian.d.farrow.civ@army.mil



PERSONAL READINESS

STRENGTHENING YOUR
WELLNESS CONNECTIONS



17 JAN 2023
@ 1000

• https://dod.teams.microsoft.us/l/meetup-join/19%3adod%3ameeting_19301e01592548a8a956a4cadbebaa6c%40thread.v2/0?context=%7b%22Tid%22%3a%22fae6d70f-954b-4811-92b6-0530d6f84c43%22%2c%22Oid%22%3a%2225ead6ec-e598-4b32-bda4-926149c8303d%22%7d

14 FEB 2023
@ 1000

• https://dod.teams.microsoft.us/l/meetup-join/19%3adod%3ameeting_8bd12d0d56e94718b66b15a1fa52bb58%40thread.v2/0?context=%7b%22Tid%22%3a%22fae6d70f-954b-4811-92b6-0530d6f84c43%22%2c%22Oid%22%3a%2225ead6ec-e598-4b32-bda4-926149c8303d%22%7d

21 MAR 2023
@ 1000

• https://dod.teams.microsoft.us/l/meetup-join/19%3adod%3ameeting_1e950adeac1048ecb563318494d95712%40thread.v2/0?context=%7b%22Tid%22%3a%22fae6d70f-954b-4811-92b6-0530d6f84c43%22%2c%22Oid%22%3a%2225ead6ec-e598-4b32-bda4-926149c8303d%22%7d



ASAP
ARMY SUBSTANCE
ABUSE PROGRAM

POC is the Fort Detrick/Forest Glen/NSAB Army Substance Abuse Program:
ashley.d.bush5.civ@army.mil or jillian.d.farrow.civ@army.mil

TOTAL ARMY SPONSORSHIP PROGRAM (TASP) TRAINING 2023



TASP ensures that incoming Soldiers are assigned Sponsors prior to reporting to their new installations. Obtaining a Sponsor reduces the stress of reporting to a new unit, enhancing resiliency and improving readiness among Soldiers and family members.

Effective sponsorship helps ensure a smooth move by giving relocating Soldiers and Families a designated, personal point of contact on the ground at the new duty station. Come check out all the cool online tools and learn techniques to help you be the **BEST SPONSOR** out there!

- January 17, 2023 1000-1130, ACS Suite 125, building 1520
- April 4, 2023 1000-1130, ACS Suite 125, building 1520
- July 11, 2023 1000-1130, ACS Suite 125, building 1520
- October 12, 2023 1000-1130, ACS Suite 125, building 1520

Registration is mandatory, please register at least 5 days in advance

To register please call 301-619-6364 or register online at:

<https://installation.detrick.army.mil/tasp/index.cfm>



#DetrickMWR
www.detrick.armymwr.com
www.facebook.com/DetrickMWR



Hearts Apart

Support Group & Workshop, ACS

Building 1520, Suite 125

Hearts Apart was created to keep families connected while our military men and women are geographically separated from their families due to deployment, trainings or unaccompanied tours of duty.

- | | | |
|---|--------------------|-------------|
| • | January 19, 2023 | 10:00-12:00 |
| • | February 16, 2023 | 10:00-12:00 |
| • | March 16, 2023 | 10:00-12:00 |
| • | April 20, 2023 | 10:00-12:00 |
| • | May 18, 2023 | 10:00-12:00 |
| • | June 15, 2023 | 10:00-12:00 |
| • | July 20, 2023 | 10:00-12:00 |
| • | August 17, 2023 | 10:00-12:00 |
| • | September 21, 2023 | 10:00-12:00 |
| • | October 19, 2023 | 10:00-12:00 |
| • | November 16, 2023 | 10:00-12:00 |
| • | December 14, 2023 | 10:00-12:00 |

Registration is required at least one week prior to meeting.

To register please call 301-619-6364.

Thank you!



#DetrickMWR
www.detrack.armymwr.com
www.facebook.com/DetrackMWR

Mandatory DA Pre-Retirement/SBP Briefing

THIS IS MANDATORY FOR ALL RETIRING ACTIVE DUTY SOLDIERS.

Spouses are encouraged to attend.

If you have any questions please email MPD at usarmy.detrick.usag.mbx.transitions-service-members@army.mil .

Time: 0800-1200

Place: 1520 Freedman Dr. , Classroom 5A

BRIEFING DATES FY23:

4 APRIL 2023

6 JUNE 2023

1 AUGUST 2023



MILITARY HEALTH SYSTEM MHS GENESIS

Information for Barquist U.S. Army Health Clinic Beneficiaries

COMING TO BARQUIST MARCH 25, 2023

MHS GENESIS is the new electronic health record for the Military Health System (MHS). It integrates inpatient and outpatient electronic health records across all military hospitals and clinics worldwide. You will be able to access your health records from any military health facility from anywhere at anytime. Barquist will transition to MHS GENESIS March 25, 2023.

How does this affect your access to health care?

As we transition to the new electronic health record system, our providers and staff will need time to adjust to the new work flows, procedures, and processes. *To continue to provide you with safe, quality care during this transition, you may experience delays.*

During this time, you can expect to experience:

- Extended time with your Provider
- Increased wait times for Pharmacy services
- Reduced appointment availability
- Increased wait times for Lab & Radiology results

How will MHS GENESIS improve your overall experience?

MHS GENESIS allows you to securely access your electronic health records 24/7 and exchange messages with your military health care team *when and where it's convenient for your schedule*. It provides more efficient management of chronic, complex, and time-sensitive health conditions; provides automated, real-time clinical decision support for health care teams; and increases patient engagement capabilities that allow patients to communicate directly with providers.

How do I access the MHS GENESIS Patient Portal?

To access the MHS GENESIS Patient Portal, visit <https://patientportal.mhsgenesis.health.mil> or scan the QR code.



What can I do within the MHS GENESIS Patient Portal?



- Manage primary care medical and dental appointments
- Review clinical notes, referrals, and lab and test results
- Request prescription renewals
- Exchange secure messages with your health care team
- Monitor health information and view your portal profile
- Complete a pre-visit, dental health history questionnaire online
- Look up high-quality, provider-approved health information related to health issues, lab results, and medications

Patient Support Numbers

- Appt. line: 301-619-7175
- Patient Advocate: 301-619-0976
- Nurse Advice Line: 800-874-2273



For more information, visit health.mil/MHSGENESIS

BECAUSE MILSPOUSES SERVE, TOO.

Military OneSource MilTax:

- Access FREE, easy-to-use tax preparation and e-filing software designed for the military community
- Call for easy access to trained tax consultants
- Find in-person support with the Volunteer Income Tax Assistance program
- Get all the tax credits and deductions you qualify for

MILITARY
ONE**SOURCE**

MilTax

www.MilitaryOneSource.mil | 800-342-9647



Newcomers Community Orientation to Fort Detrick and Frederick, Maryland

Where: AUDITORIUM

***Community Support Center, building 1520
Sign in begins at 9:45, event begins at 10:00***

- **April 19, 2023**
- **May 17, 2023**
- **June 21, 2023**
- **July 19, 2023**
- **August 16, 2023**
- **September 20, 2023**
- **November 15, 2023**

Please join us at the Fort Detrick Auditorium, building 1520 Freedman Drive. We have Frederick County community agencies joining our internal Fort Detrick agencies to provide information and an overview of their programs, activities, and upcoming events. There will be subject matter experts from all the entities and agencies which allows you to personally meet the individuals that are assisting you and your Family while here at Fort Detrick! This is a live and in person event, virtual attendance is not an option.

For more information or to register, call 301-619-6364 or visit
<https://installation.detrick.army.mil/newcomers/index.cfm>



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