FORT DETRICK <u>IS</u> CURRENTLY AT FPCON BRAVO. FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO.

If you have any article submissions, you would like considered for the Fort Detrick website please send them to usarmy.detrick.usag.mbx.pao@army.mil.

USAG Fort Detrick on social media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to www.facebook.com/DetrickUSAG and "Like" us or follow us on Twitter: @DetrickUSAG.

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

ANNOUNCEMENTS AND EVENTS

- View our openings please visit USAJOBS or click on the link below.
 https://www.usajobs.gov/Search/Results?l=Fort%20Detrick%2C%20Maryland&d=AR&a=ARBA&p=1&s=agency
- Tax season is upon us. Military One Source is providing information free tax software and support.

The Defense Department offers MilTax software through Military OneSource. It's built to account for deployments, combat and training pay, housing and rentals, multistate filings, living OCONUS and more. If SM's have questions, they enlist free one-on-one help from MilTax experts: tax pros with special training in military-specific tax situations. Call or chat anytime 24/7 to schedule a consultation or get in person support at a Volunteer Income Tax Support Assistance office location. Visit https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/

Contact your Fort Detrick Financial Readiness Team at (301) 619-3455 or usarmy.detrick.usag.mbx.acs-frp@army.mil if you have any questions.

• Retirement Ceremonies

USAG Fort Detrick conducts Quarterly Retirement Ceremonies honoring retiring Service Members, and Civilian employees and their families. These ceremonies take place on

the second Thursday of the second month of each quarter in the auditorium, Building 1520 at 10 a.m. The next ceremony is scheduled for May 11, 2023

Any Military at Fort Detrick or in the local surrounding community, or Civilian employees who wish to participate should contact Tom Yocklin with the Directorate of Operations by calling (301) 619-2503. The deadline for participants to be included is two weeks prior to the ceremony.

For FMWR News and Events, visit www.detrick.armymwr.com, Instagram us at #DetrickMWR, and like us on Facebook at www.facebook.com/DetrickMWR.



You are invited:

EASTER SUNRISE SERVICE

Sunday, April 9, 7 a.m., Nallin Pond Pavilion Hosted by:

CH (LTC) Craig Johnson

Fort Detrick Garrison Chaplin

All Are Welcome

BARQUIST ARMY HEALTH CLINIC CLOSURES AND EVENTS

- March 27: Barquist will 'Go Live' with MHS GENESIS (*delays are expected due to new electronic records system)
- April 21: Barquist is operating on reduced hours due to staff training requirements closed at 11:30 a.m.
- May 19: Barquist is operating on reduced hours due to staff training requirements closed at 11:30 a.m.

TRAININGS

• Local Hazards Training 2023

Location: Bldg. 1520, Classroom 3

Class Hours: 2-3:30 p.m.

Dates:

28 MAR 23	25 APR 23	31 MAY 23	26 JUN 23	24 JUL 23
29 AUG 23	26 SEP 23	30 OCT 23	27 NOV 23	19 DEC 23

Description: Local Hazards Training meets the intent of DoDI standard 6055.04 and AR 385-10, Chapter 11, Section 7. The course fulfills a requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.

Who Should Attend? All newly assigned Fort Detrick civilian and military personnel.

Course Manager: Mr. Humberto Rivera (301) 619-3295,

usarmy.detrick.usag.list.installation-safety-management-office@army.mil

Installation Safety Office Main Number: (301) 619-7318

NOTES: Individuals who require special services or accommodations due to a disability should advise this office immediately (wheelchair access, interpreter, etc.).





FOCUS (Families Over Coming Under Stress) provides resilience training to military children, families, and couples. It teaches practical skills to help families and couples overcome common challenges related to a military life. It helps build on current strengths and teach new strategies to enhance communication and problem solving, goal setting and creating a shared family story. Check out this 3-minute video to see if you think FOCUS is right for your family. There are dozens of sites and there is online availability for those who are remotely located. https://www.focusproject.org/

THRIVE! The Thrive Initiative is designed to empower parents as

THRIVE! The Thrive Initiative is designed to empower parents as they nurture their children from birth until their children reach 18 years of age. The Initiative consists of four age-specific, skill-building programs: Take Root (0-3 years), Sprout (3-5 years), Grow (5-10 years), and Branch Out (10-18 years). These universal programs are provided to you at no cost. Click to learn and practice effective strategies for raising healthy children!

https://parenting.lms.militaryfam ilies.psu.edu/



Should we break up?

You know your situation best, including how you feel about your partner. If you're in an unhealthy or abusive relationship, figuring out what to do next can be hard. It's important to make a decision that prioritizes your future, not

It's important to make a decision that prioritizes your future, not the history you might have together. Read more by clicking on the link.

https://www.loveisrespect.org/resources/should-we-break-up/













www.detrick.armymwr.com www.facebook.com/DetrickMWR





Community Event

There will be a community stream cleanup in Frederick to celebrate Earth Day. The event will take place on Saturday April 15 from 10 a.m. – Noon.

For more information visit https://www.eventbrite.com/e/stream-cleanup-along-key-pkwy-tickets-580917759657



SAFETY BULLETIN

INSTALLATION SAFETY BULLETIN

SB 23-03-01

March 2023: National Ladder Safety Month

Ladder accidents can be **prevented** ... if you stick to the following **simple rules**.

CHOOSE THE RIGHT LADDER:

- Select a ladder which is the correct length to reach the working height.
- Ensure that the ladder is of the correct weight rating. The combined weight of the user, their tools and materials should NEVER exceed the rating of the ladder.
- Most ladders are available with weight ratings of 200, 225, 250 and 300 lbs.

CHECK THE CONDITION OF THE LADDER:

- Read the labels on the ladder then check for split or cracked side rails, missing or broken rungs, loose rungs or other weaknesses.
- > Check for splinters and sharp edges.

PLACE THE LADDER WITH SAFETY IN MIND:

- ➤ Make sure the ladder has firm footing and that it's feet are ¼ the length of the ladder away from the upright surface to be climbed.
- Don't use a step ladder as a single ladder. Make sure it is fully open with the spreaders properly locked.

CLIMB THE LADDER CAREFULLY.

- Wear shoes with good soles and that are free of grease or mud.
- Always face the ladder and use both hands when climbing up or down

- ➤ Don't carry your tools or materials: raise and lower them with a hand line: don't have someone toss them up to you or just drop them when you are finished.
- ➤ If you don't feel well, DON'T climb the ladder.
- Always climb and work from the center of the ladder. Don't climb up the "back" side of a step ladder and never stand on the top of it.

<u>NEVER</u> OVERREACH! MOVE THE LADDER INSTEAD:

Breaking this one simple rule causes more accidents than you can possibly imagine.

TIE OFF THE LADDER:

Once you have climbed to your working height, tie-off the ladder and use a safety belt.

TAKE CARE OF YOUR LADDERS:

- When you are finished with your ladder, put it back where it belongs.
- Always keep them clean and free of excess material.
- ➤ Store them in a safe and dry place, out of direct exposure to the sun and the elements. Make sure your ladders are tied down during transit. Never paint a wooden ladder. You can however use clear wood preservatives.

Your ladder is one of your most important tools. It is also is one or your most unforgiving if misused or mistreated; so use it safely and wisely.

Falling Off a Ladder Can Kill You

INSTALLATION SAFETY OFFICE 1520 FREEDMAN DRIVE SUITE 217 PHONE 301-619-7318 USARMY.DETRICK.USAG.LIST.ISMO@MAIL.MIL



MILITARY HEALTH SYSTEM MHS GENESIS

Information for Barquist U.S. Army Health Clinic Beneficiaries

COMING TO BARQUIST MARCH 25, 2023

MHS GENESIS is the new electronic health record for the Military Health System (MHS). It integrates inpatient and outpatient electronic health records across all military hospitals and clinics worldwide. You will be able to access your health records from any military health facility from anywhere at anytime. Barquist will transition to MHS GENESIS March 25, 2023.

How does this affect your access to health care?

As we transition to the new electronic health record system, our providers and staff will need time to adjust to the new work flows, procedures, and processes. *To continue to provide you with safe, quality care during this transition, you may experience delays.*

During this time, you can expect to experience:

- Extended time with your Provider
- Increased wait times for Pharmacy services
- Reduced appointment availability
- Increased wait times for Lab & Radiology results

5 Steps to Prepare:

- Make routine appointments in advance
- Request Prescription Refills in advance
- Verify information in DEERS
- Print any Medical Referrals
- Get a DS Logon

How will MHS GENESIS improve your overall experience?

MHS GENESIS allows you to securely access your electronic health records 24/7 and exchange messages with your military health care team *when and where it's convenient for your schedule*. It provides more efficient management of chronic, complex, and time-sensitive health conditions; provides automated, real-time clinical decision support for health care teams; and increases patient engagement capabilities that allow patients to communicate directly with providers.

How do I access the MHS GENESIS Patient Portal?

To access the MHS GENESIS Patient Portal, visit https://patientportal.mhsgenesis.health.mil or scan the QR code.



What can I do within the MHS GENESIS Patient Portal?



- Manage primary care medical and dental appointments
- Review clinical notes, referrals, and lab and test results
- Request prescription renewals
- Exchange secure messages with your health care team
- Monitor health information and view your portal profile
- Complete a pre-visit, dental health history guestionnaire online
- Look up high-quality, provider-approved health information related to health issues, lab results, and medications

Patient Support Numbers

Appt. line: 301-619-7175

Patient Advocate: 301-619-0976

Nurse Advice Line: 800-874-2273







THE UNITED STATES OF AMERICA VIETNAM WAR COMMEMORATION











































SEQUENCE OF EVENTS

Introduction Daniel Catalano, SGM(Ret), USA

Store Director Fort Detrick Commissary

National Anthem SGT Lauren G Pechev, USA

USAMRIID

Invocation Chaplain Bob Harper

CAPT(Ret), USN

Opening Remarks BG Anthony McQueen

Commanding General, MRDC

Remarks Bob Ouellette

Department Vice Commander

American Legion

Guest Speaker Howard Michael Cartwright

Vietnam Veteran, USA

Benediction Chaplain Bob Harper

CAPT(Ret), USN

Closing Remarks Daniel Catalano, SGM(Ret), USA

Store Director Fort Detrick Commissary

Light refreshments to follow at Fort Detrick Commissary.

GAINS IN THE EDUCATION OF MATHEMATICS AND SCIENCE (GEMS)

What is GEMS?

GEMS is a week long summer educational program focused on STEM based activities and hands on learning. There are 7 different classes that explore various types of science such as biology, earth science, and engineering

Who can join?

Anyone in 4th through 12th grade is eligible to participate. The class you are eligible to participate in will depend on your grade level.

How can I apply?

Applications are open and will close on April 9th Link to apply: https://cvent.me/x8m3AX For more information: https://cvent.me/2wv4Zr



Gains in the Education of Mathmatics and Science (GEMS)

The Gains in the Education of Mathematics and Science (GEMS) program at Fort Detrick brings local students to the cutting-edge world of science for the U.S. Army Medical Research and Development Command (USAMRDC). The program is designed for current 4th through 12th grade students of all academic abilities in the 2022-2023 school calendar. GEMS promises a hands-on experience that will excite.

To Learn More: https://cvent.me/2wv4Zr To Apply: https://cvent.me/x8m3AX

Engineering and Computer Science 1 (Battlebots)

Battlebots is for students who are currently in 5th-7th grade. Students will build their very own Lego robot. Throughout the week they will test their designs through activities such as a Ruck March, Parachute test and more. At the end of the week students will go head to head to see who has the strongest bot.

Engineering and Computer Science 3 (Robotics)

Robotics is for students who are currently in 9th-12th grade. Students will build, train, and code their robot. Throughout the week students will go through a series of tests that help them evaluate their robot and make adjustments to create the best robot. At the end of the week students will complete a simulated bomb removal.

Crime Scene Investigation (CSI)

Crime Scene Investigation is for students who are currently in 6th-8th grade. Students will work with a partner to determine who killed the professor. Students will have to complete fingerprinting, hair/fiber analysis, DNA isolation and more to determine the killer. At the end of the week students will review all the evidence and present who they believe the killer is and explain what they think happened.

Earth and Environmental Science

Earth and Environmental Science is for students in the 4th-5th grade. Students will learn more about their environment by performing soil and water analysis. They will learn about the ocean through a squid dissection and solar power by building a solar bug.

Engineering and Computer Science 2 (Learn Play Code)

Learn Play Code is for students currently in 6th-8th grade. Students will learn about coding by creating animated character, designing games and fixing hacked code. Students will also learn about circuits by creating a LED card, test their design skills by building a toothpick and marshmallow structure and more.





Intermediate Science

Intermediate Science is for students in 7th-9th grade. Students will learn about the environment through a frog dissection, biomedical by creating a circulatory system and designing a candy "pill", chemistry by launching Alka-Seltzer Rockets and more.

Advanced Science

Advanced Science is for students in the 9th-12th grade. Students will determine if they have the PTC gene by performing a DNA extraction and gel elctrophorsesis analysis. Students will perform a fetal pig dissection and learn how to suture.

FINANCIAL READINESS CLASSES

April | @ 9

04 | Truth About Credit

11 TSP and Your Deductions

18 Debt Destruction

25 | Home Buying

May

@ 9

02 | Debt Busting Plans

09 | Truth About Credit

16 TSP/Pension/Retirement

23 | Investing in the Digital Age

June | @ 9

13 TSP for Everyone

20 | Investing in the Digital Age

27 | Home Buying

REGISTRATION INFORMATION:

CALL (301) 619-3455

EMAIL USARMY.DETRICK.USAG.MBX.ACS-FRP@ARMY.MIL

*CLASSES ARE SUBJECT TO CHANGE.

*ELIGIBLE PARTICIPANTS ARE: ACTIVE DUTY, RETIRED MILITARY AND THEIR ID CARD FAMILY MEMBERS, RESERVISTS AND NATIONAL GUARD (ACTIVE DUTY) AND THEIR ID CARD FAMILY MEMBERS, SURVIVORS, AND DOD CIVILIANS.











Mandatory DA Pre-Retirement/SBP Briefing

THIS IS MANDATORY FOR ALL RETIRING ACTIVE DUTY SOLDIERS.

Spouses are encouraged to attend.

If you have any questions please email MPD at usarmy.detrick.usag.mbx.transitions-service-members@army.mil .

Time: 0800-1200

Place: 1520 Freedman Dr. , Classroom 5A

BRIEFING DATES FY23:

4 APRIL 2023 6 JUNE 2023 1 AUGUST 2023



BECAUSE MILSPOUSES SERVE, TOO.





Detrick and Frederick, Maryland

Where: AUDITORIUM

Community Support Center, building 1520 Sign in begins at 9:45, event begins at 10:00

- April 19, 2023
- May 17, 2023
- June 21, 2023
- July 19, 2023
- August 16, 2023
- September 20, 2023
- November 15, 2023

Please join us at the Fort Detrick Auditorium, building 1520 Freedman Drive. We have Frederick County community agencies joining our internal Fort Detrick agencies to provide information and an overview of their programs, activities, and upcoming events. There will be subject matter experts from all the entities and agencies which allows you to personally meet the individuals that are assisting you and your Family while here at Fort Detrick! This is a live and in person event, virtual attendance is not an option.

For more information or to register, call 301-619-6364 or visit https://installation.detrick.army.mil/newcomers/index.cfm













Hearts Apart

Support Group & Workshop, ACS

Building 1520, Suite 125

Hearts Apart was created to keep families connected while our military men and women are geographically separated from their families due to deployment, trainings or unaccompanied tours of duty.

•	January 19, 2023	10:00-12:00
•	February 16, 2023	10:00-12:00
•	March 16, 2023	10:00-12:00
•	April 20, 2023	10:00-12:00
•	May 18, 2023	10:00-12:00
•	June 15, 2023	10:00-12:00
•	July 20, 2023	10:00-12:00
•	August 17, 2023	10:00-12:00
•	September 21, 2023	10:00-12:00
•	October 19, 2023	10:00-12:00
•	November 16, 2023	10:00-12:00
•	December 14, 2023	10.00-12.00

Registration is required at least one week prior to meeting. To register please call 301-619-6364.

Thank you!









