



## EEO hosts virtual celebration for Asian American and Pacific Islander Heritage Month

By Lee Osberry, WRAIR

The Walter Reed Army Institute of Research, Equal Opportunity Team held a Facebook video premiere event May 20, 2021, in observance of Asian American and Pacific Islander Heritage Month.

Given the challenges created by the COVID-19 pandemic, units have had to consider the safest way to organize and virtually honor the people and the culture that is the fabric of our democracy. The pre-recorded video opened with remarks from U.S. Army Medical Research and Development Command and Fort Detrick Commanding General, Brig. Gen. Michael J. Talley. He emphasized the importance of finding creative ways to continue with observance month activities, especially in the current social environment.

“Each observance serves as a powerful reminder that it is our diversity that strengthens our organization, our Army, and our nation,” Talley said. “We must rise above division and seek opportunities to celebrate our country’s diversity and strive for unity.”

The history of AAPIHM dates back to 1978, when Congress established Asian and Pacific American Heritage Week. The first ten days of May were chosen to commemorate the holiday



**Spc. Jaesarr De Guzman, Walter Reed Army Institute of Research, behavioral health specialist, views the pre-recorded Asian American and Pacific Islander Heritage Month video, May 20.** (Photo by Lee Osberry, WRAIR)

due to two monumental events in American history in that period. The first Japanese immigrants arrived in the U.S. on May 7, 1843, and it was May 10, 1869, that the transcontinental railroad was completed, where the contributions of Chinese workers were vital to the completion. The recognition week remained until 1992 when Congress expanded the observance to a month-long celebration

The Federal Asian Pacific American

Council identified the 2021 AAPIHM theme of, Advancing Leaders Through Purpose-Driven Service for 2021, which is also represented by the hibiscus flower.

“The hibiscus is important to a lot of people of Asian descent, and the theme draws a continuous parallel between the flower and leadership,” said Staff Sgt. Jessica Prewitt, WRAIR Alternate-Equal Opportunity Leader.

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## HERITAGE, continued from Page 1

"The flower develops, evolves, and reproduces, and that's what we do as leaders too then and today."

Asian Americans and Pacific Islanders are the fastest-growing racial group in the U.S., with approximately 5.2 million, with 9.7 percent who are veterans, according to a 2019 U.S. Census Bureau survey. The commemoration video featured detailed background on a few focal Americans who wore the uniform, including the first Asian American officer in the Marines Maj. Kurt Chew-Een Lee to the first woman to rise to the top enlisted position in the Air Force, Chief Master Sgt. of the Air Force JoAnne S. Bass.

"We wanted to recognize Americans from the different

branches and recognize the barriers they had to go through in service to our country," Prewitt said. "Diversity is what makes us unique, where you come from, working side-by-side, being able to understand the culture builds cohesion."

The video was crafted inside of the Inouye Building at WRAIR, which was named after Senator Daniel K. Inouye of Hawaii in 2001. Inouye was posthumously awarded the Presidential Medal of Freedom in 2013, becoming the first—and to date, only—senator to receive both the Medal of Freedom and the Medal of Honor.

Asian American and Pacific Islander Heritage Month concludes May 31, but the contributions continue year-round. See the full video at <https://www.facebook.com/watch/?v=486406742637102>



## Opening night colors

The Fort Detrick Color Guard presents the Nation's Colors during the Frederick Keys opening night baseball game, May 26, at the Harry Grove Stadium in Frederick, Maryland.  
(Courtesy photos provided by the Frederick Keys)

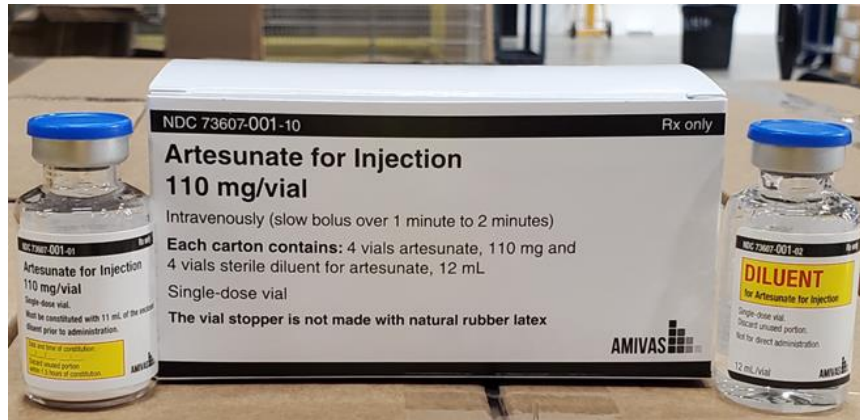




# USAMMDA partners to protect against severe malaria

By Jeffrey Soares, USAMMDA Public Affairs

In March, the U.S. Army Medical Materiel Development Activity, along with its industry partner Amivas LLC, announced the U.S. release of Artesunate for Injection, a drug solution used in the initial treatment of severe malaria in adult and pediatric patients. In May 2020, the medication received marketing approval from the U.S. Food and Drug Administration for the U.S. commercial market. Transmitted to humans via the bite of mosquitos, the *Plasmodium* parasite that causes malaria can lead to severe cases when the infection becomes complicated by serious organ failure or abnormalities in the patient's blood or metabolism.



Ryan Adams serves as product manager for the Malaria Treatment Drug-Intravenous Artesunate (MTD-IVAS) program, within USAMMDA's Warfighter Protection and Acute Care Project Management Office. The MTD-IVAS team, led by Army Maj. Victor Zottig at that time, developed the acquisition strategy that resulted in the FDA approval of Artesunate for Injection. Although the treatment has been targeted for military use among deployed troops in tropical and subtropical regions, the drug will be available for the civilian population as well.

"Malaria is one of the most significant infectious disease threats to our Service Members deployed overseas, and it can certainly affect operational readiness," said Adams. "Since 2016, we've been working with our industry partner Amivas to develop the Intravenous Artesunate solution, and we're very thankful for the success we've seen in such a short amount of time — our Warfighters need to have this protection."

While the team's primary focus has been placed on U.S. Service Members overseas, malaria remains a viable threat throughout the U.S. as well. According to the Centers for Disease Control and Prevention, malaria remains a cause of considerable morbidity and mortality for U.S. residents who contract the disease. CDC surveillance of malaria continues to show a gradual increase within the U.S., with approximately 300 cases of severe malaria annually.

Adams provided a brief history of the availability of antimalarial drugs, and he explained that since 1991, intravenous

quinidine was the sole non-orally administered antimalarial available in the U.S. However, this drug was discontinued by its supplier for manufacture and distribution in the U.S. in March 2019, leading to greater urgency for an effective replacement. Adams pointed out that proper treatment of severe malaria relies upon the initial use of intravenous drugs to quickly decrease the amount of malaria parasites in the blood, to allow a patient to recover sufficiently enough to begin taking oral treatment drugs.

"Since 2004, the Walter Reed Army Institute of Research had been developing a novel current Good Manufacturing Practices formulation of MTD-IVAS, and in 2007, domestically manufactured cGMP MTD-IVAS from WRAIR was first made available to physicians and hospitals in the

U.S., through the CDC's Investigational New Drug protocol for compassionate use treatment of patients with severe malaria," Adams explained. "In 2009, the cGMP manufacture of MTD-IVAS was transferred from WRAIR to USAMMDA's Warfighter Protection and Acute Care product manager, and our group has managed it ever since."

"The U.S. Army selected MTD-IVAS for development and FDA approval based on the recognition that it is the most effective antimalarial drug for the treatment of severe malaria, with an excellent safety profile," he continued. "The World Health Organization recommends the use of MTD-IVAS in adults with severe malaria until they can tolerate oral medications. In the absence of MTD-IVAS, the WHO recommends the use of artemether or quinine. Large clinical trials have demonstrated that MTD-IVAS has approximately 35 percent better efficacy over intravenous quinine. However, quinine and artemether are not FDA approved, and with the discontinued availability of IV quinidine, MTD-IVAS is the only FDA-approved drug in the U.S. for treatment of severe malaria."

Adams confirmed that, to date, more than 500 civilians with severe malaria in the U.S. have been treated successfully with MTD-IVAS under the CDC protocol.

While the Artesunate for Injection drug solution is now commercially available in the U.S., the work of Adams and his team will not stop. He will continue in his role as the MTD-IVAS product manager for USAMMDA's WPAC PMO, which means he

**MTD, continued on Page 4**



### **MTD, continued from Page 3**

will remain as life cycle manager for the product, serving as the single point of accountability for all related product development objectives.

“The MTD-IVAS product manager [currently Adams] will retain responsibility for product support management for several years after this FDA approval, and the IVAS Integrated Product Team will continue to include appropriate members and stakeholders to ensure availability of the product,” he said.

Adams is very proud of the work done by all of those involved to develop and release the Artesunate for Injection drug product, and he looks forward to its success in helping to protect both our military and civilian citizens for years to come.

“Artesunate for Injection fulfills a critical gap because it is the only FDA-approved drug to treat severe malaria in Service Members and the U.S. population,” he said. “It’s a remarkable



**The release of Artesunate for Injection will help to protect Service Members deployed to malaria-endemic regions.** (U.S. Army photo by Spc. Brooke Davis)

achievement for the U.S. Army and its long-standing history of developing drug products that meet the goal of FDA approval and provide the capabil-

ity to the Warfighter. This great accomplishment is a testament to the dedication and perseverance of both the Army and our industry partner.”



## **Bike To Work Day 2021**

**Fort Detrick participated in the Washington, DC region’s 20th Anniversary Bike to Work Day on May 21, 2021. This year Fort Detrick held two rides along similar routes in the City of Frederick and included over 20 riders from across the installation. (Photo by Lanessa Hill, USAG Public Affairs)**



# Be ready: Emergency Management is everyone's job

**By Garth Phoebus, Emergency Manager**

Over the course of twelve years working in Emergency Management, many have asked me what to do in various emergency situations.

It's not a simple answer to provide. The complexity of each emergency situation varies, but just know that the Emergency Management Office, along with a multitude of disciplines such as Physical Security, Law Enforcement, Antiterrorism, and Fire and Emergency Services, to name a few, work together synchronizing prevention, protection, mitigation, response, and recovery efforts for the installation.

We rely on organic assets, as well as partnerships with tenants and off-installation entities. We begin with the development of the threats and hazards the Fort Detrick community may experience. We determine what the gaps and/or vulnerabilities may be and we decide whether to develop support agreements to address those issues and concerns.

Once the threats and hazards are identified, in what is called the Risk Management process, we tailor our Integrated Protection Plan to address all five mission areas and core capabilities identified by the Federal Emergency Management Agency and adopted by the Installation Management Command. The Protection Working Group, a skilled group of professionals encompassing several disciplines ranging from antiterrorism to information assurance, that meet to synchronize ways to prevent, protect, mitigate, respond, and recover will develop a multi-year training and exercise plan addressing the top three threats and hazards, as well as validating policies, procedures, and plans during an exercise. During those exercises, qualified independent evaluators come together to assist the installation to identify areas of strengths and areas for improvement, in what is called an After Action Review (AAR). Those items will be highlighted in an AAR, along with corrective actions and a timeframe for completing those identified items. This process occurs annually.

When an actual incident occurs, such as a hurricane, earthquake, pandemic, or an active shooter incident, as we experienced in April, the EM team will perform after action reviews and follow the same battle rhythm for integration into the overall protection program. Every one of those incidents listed are identified on the installation All Hazards Threat Assessment, a comprehensive overview of threats and hazards identified by the Protection Working Group. As we approach proposals for each coming year, we will take the identified list of threats and hazards and determine our exercise scenarios for the upcoming years. The threats and hazards we plan for on the installation consistently are severe weather and active shooter. Threats and hazards fall

into three categories: human-caused, natural-caused, or technologically-caused.

## **Extreme Weather**

Fort Detrick experiences multiple incidents of severe weather, and the most common hazards are snowstorms, icing, high wind, thunderstorms, and flooding. In Frederick County, documented in their Hazard Mitigation Plan, they will experience the same hazards identified above as well as remnants from hurricanes and an occasional tornado. It is imperative that residents and employees on post plan for all items identified by visiting the Ready Army website [www.ready.army.mil](http://www.ready.army.mil) or [www.ready.gov](http://www.ready.gov). Those tools are available to anyone who wants to "Make a Plan, Get Involved, Build a Kit" for your family, kids, pets, seniors, work, and transportation. These are excellent sources of information.

There are three sets of weather notifications you may receive or read from the National Weather Service via Alert! and they are advisory, watch, or warning.

### Advisory

For less serious conditions that cause significant inconvenience, use of caution is recommended. Check back for updates.

### Watch

Atmospheric conditions favorable for development of severe storms/tornadoes. Be prepared to take action.

### Warning

Severe weather is observed or detected by Doppler radar. Take action immediately!

Typically, certain weather events have their seasons of higher activity they include:

Tornado: May-June

Hurricane: June-November

Winter: December-February

## **Active Shooter**

One of the more common threats occurring all over the United States are active shooter incidents. Ever since the mass casualty event at Fort Hood in 2009, the Department of the Army prompted a review of all plans and preparedness activities as it pertains to active shooter incidents. The Directorate of Operations faced the challenge of providing active shooter training to all tenants on the installation and continues to do so today. Leadership strongly encourages organizations to reach out to schedule training today by contacting

***EM, continued on Page 6***



Capt. Michael Krall at (301) 619-3795.

Most of us are aware of the incident on April 6, 2021. Thanks to Fort Detrick Law Enforcement, as well as the Frederick Police Department, the response was quick. The safety of those who live and work at Fort Detrick is top priority to leadership and to our first responders. The learning continues as we look into how we can improve and strengthen our response efforts to threats of this nature. As Brig. Gen. Michael Talley, Commanding General, US Army Medical Research and Development Command and Fort Detrick pointed out, "We cannot rest on our laurels. We have to continue to train and educate ourselves."

This incident may have caused our community anxiety and Fort Detrick leadership wants you to know, "If anyone is experiencing stress, anxiety, or just wants to talk about the events that occurred, there are resources available to you," emphasized U.S. Army Garrison Commander, Col. Dexter Nunnally. The Chaplain, Army Community Services, and the Fort Detrick Employee Assistance Program are available to provide assistance.

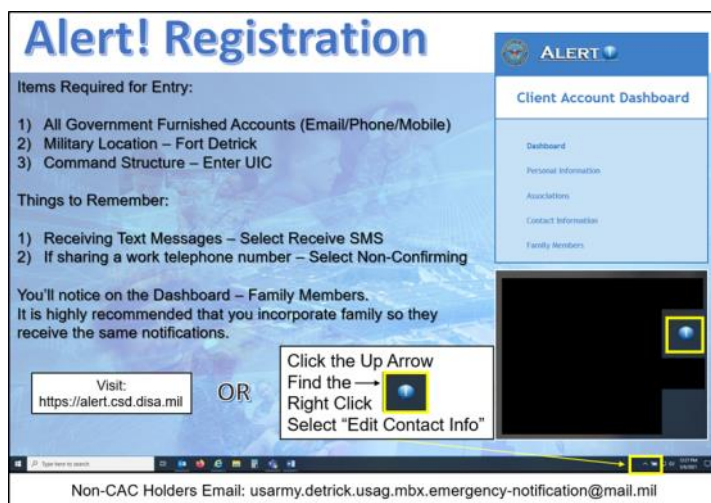
### **Active Shooter Training**

The Federal Emergency Management Agency provides a free online course which is open to all and located at <https://training.fema.gov/is> titled "(IS-907) Active Shooter: What You Can Do". The consensus around the country is to use the terminology of "Avoid, Deny, Defend." "Avoid" is used so not to disenfranchise those who are unable to physically run. "Deny" access to your location by any means necessary. "Defend" is an action of last resort, a right and an opportunity to guard against life-threatening situations. The actions to take specifically related to active shooter are taught by the Directorate of Operations.

### **Lockdown vs. Shelter-in-Place**

The active shooter incident required the Fort Detrick community to "Lockdown." Do you know the difference between Lockdown and Shelter-in-Place? Shelter-in-Place is reserved for incidents that may occur such as a hazardous materials spill or tornado incident when we ask individuals to seek shelter in an enclosed room away from windows, shut off HVAC systems, and seal the room to avoid exposure to the hazard. When a Lockdown order is given, we are telling you to lock your door, turn off lights, move furniture if needed, and keep quiet while an active shooter is in the building or nearby area. Unfortunately, as the Lockdown order is given and your doors are shut and locked, do NOT open them for any reason until an ALL CLEAR is given by law enforcement officials.

You may be thinking to yourself that preparedness can be overwhelming or stressful or even believe these threats



and hazards will ever happen to you, so why should you prepare? It's common to have these thoughts, but the last thing you want to deal with in an emergency or disaster and worry about whether you have all the pertinent data or documentation to recover from those incidents. So, breathe because this entire article is a comprehensive preparedness effort to guide you prior to an incident so when/if something does occur, you can breathe a sigh of relief knowing you did all you could to prepare and recovery will be easier.

We all know threats and hazards occur with little to zero notice. The severity is never known ahead of time, so that is why it is imperative to plan for the worst case scenario. The first step to preparedness is information gathering and documentation, which you will find in the resources identified above. The second step is to sign up for a mass warning and notification system. Fort Detrick's system is called Alert! It is a Common Access Card (CAC)-enabled system and provided to uniformed personnel, Civilians, and Contractors. There are two ways to access the system for CAC holders. The first one is the dashboard provided to you on your work desktop (see slide above). The second option is to visit <https://alert.csd.disa.mil> and update your profile.

Recently, the Alert! system has been offered to those living in Fort Detrick Housing. Residents are encouraged to sign-up to receive notifications by contacting their Resident Managers and providing their contact information, for manual entry into the Alert! System.

For all other non-CAC holders, including retirees and veterans, they may reach out to the Directorate of Operations to request a bulk upload spreadsheet for manual entry into the system. For additional information, email: [usarmy.detrick.usag.mbx.dptms-operations@mail.mil](mailto:usarmy.detrick.usag.mbx.dptms-operations@mail.mil).

You can also sign up for surrounding county alert systems

## **EM, continued from Page 6**

by visiting the links below.

Frederick, MD: <https://www.frederickcountymd.gov/alerts>

Montgomery, MD: <http://alert.montgomerycountymd.gov/>

Prince George's, MD: <http://www.princegeorgescountymd.gov/794/Alert-Prince-Georges>

Carroll, MD: <https://www.carrollcountymd.gov/media/2726/sign-up-today-carroll-alert.png?width=240&height=153&mode=max>

Howard, MD: Use IPAWS, no need to sign up (Ensure Wireless Emergency Alerts or WEA is enabled on your mobile device(s).)

Anne Arundel, MD: <https://www.aacounty.org/services-and-programs/receive-emergency-notifications>

District of Columbia: <https://member.everbridge.net/index/1332612387832012#/signup>

Franklin, PA: <https://www.sctfpa.org/sc-alert.php>

Loudoun, VA: <https://www.loudoun.gov/3145/Alert-Loudoun>

Fairfax, VA: <http://www.fairfaxcounty.gov/alerts>

Jefferson, WV: <http://www.jeffersoncountywv.org/?navid=1432>

It is highly encouraged for those who work on Fort Detrick and Forest Glen Annex to enroll in the mass warning and notification systems listed above within the jurisdiction you reside.

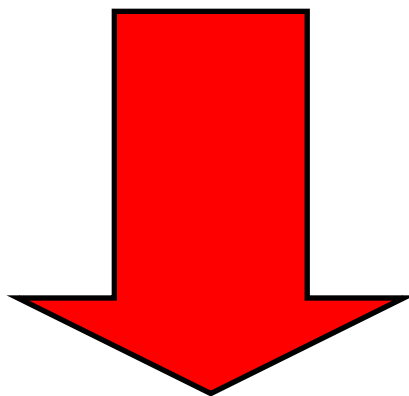
### **Giant Voice**

The first Monday of every month, at noon, the Garrison tests the Giant Voice system. It should last no longer than five minutes. We understand there is confusion of what the tones mean and what to do when they are activated. If they are activated outside of the normal testing hours, please seek shelter as quickly as possible by getting indoors if possible and wait for further instruction. Those instructions may be broadcasted by use of social media, Alert!, or the Digital Garrison app for your mobile device(s). The Giant Voice is designed to be heard when outdoors only. Some buildings may be able to hear the Giant Voice inside, but do not rely on that system for your notification. The first line of information will be disseminated via Alert!, followed by social media.

You can download the free Digital Garrison app on Google Play and Apple Stores now by visiting your provider's app store or by scanning the QR code above with your phone. Once you have downloaded the app, simply select Fort Detrick as your Installation. The Digital Garrison App will provide not only emergency alerts and information but also FMWR and AAFES events and announcements.

If you have additional questions that you would like law enforcement or emergency management to answer, feel free to submit those questions to the Public Affairs Office.

For your convenience, we've included Emergency Management checklists from Ready.Gov on the next page!





## **Additional Items to Consider Adding to an Emergency Supply Kit:**

- ☐ **Prescription medications and glasses**
- ☐ **Infant formula and diapers**
- ☐ **Pet food, water and supplies for your pet**
- ☐ **Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container**
- ☐ **Cash and change**
- ☐ **Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov)**
- ☐ **Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.**
- ☐ **Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.**
- ☐ **Fire Extinguisher**
- ☐ **Matches in a waterproof container**
- ☐ **Feminine supplies, personal hygiene items and hand sanitizer**
- ☐ **Mess kits, Paper cups, plates and disposable utensils, paper towels**
- ☐ **Paper and pencil**
- ☐ **Books, games, puzzles or other activities for children**



# **Ready**

Prepare. Plan. Stay Informed.®



## **Emergency Supply List**



# **FEMA**

[www.ready.gov](http://www.ready.gov)





## **Recommended Items to Include in a Basic Emergency Supply Kit:**

- ☐ **Water and non-perishable food for several days**
- ☐ **Extra cell phone battery or charger**
- ☐ **Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries**
- ☐ **Flashlight and extra batteries**
- ☐ **First aid kit**
- ☐ **Whistle to signal for help**
- ☐ **Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place**
- ☐ **Moist towelettes, garbage bags and plastic ties for personal sanitation**
- ☐ **Non-sparking wrench or pliers to turn off utilities**
- ☐ **Can opener (if kit contains canned food)**
- ☐ **Local maps**

### **FEMA's Ready Campaign**

educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and man-made disasters. Ready asks individuals to do three key things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses. Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.



**FEMA**

**Federal Emergency Management Agency**  
Washington, DC 20472



From left: Ray Wharton, Director, Directorate of Operations, Assistant Fire Chief Merrill Wells, Lieutenant Mullins, Assistant Fire Chief Jerry Dorsey, and USAG Command Sgt. Maj. Jason Gusman. (Photo by Jenni Benson, USAG Public Affairs)

## Three promoted at Forest Glen firehouse in May

The Fort Detrick Directorate of Operations, Emergency Services Division celebrates the promotions of three employees at Forest Glen during a ceremony May 12, 2021.

Thomas Mullins was promoted from Firefighter to Lieutenant.

Jerry Dorsey was promoted from Battalion Chief to Assistant Chief.

Merrill Wells was promoted from Battalion Chief to Assistant Chief.

Thank you all for your continued service to Fort Detrick and our Nation.



Save those precious funding dollars and take advantage of

## FREE TRAINING!



Excellent training opportunities for employees at all echelons. Army sponsored training, available to ALL garrison members and ALL installation tenants.

### Army Career Tracker (ACT 101) Lunch and Learn

(Live Instruction on MS Teams)

ACT 101: These training sessions target anyone that is new to ACT or needs to complete an IDP.

The Information Outreach team is facilitating sessions via Defense Collaboration Services (DCS).

Log into (MS Teams Room):

<https://teams.microsoft.com/j/channel/19%3ae61137425f144eafbe9c9229c0a96>

Access Code: Coztptl

5/5/2021	13:00 EST	IDP, Goals, PDM, Communities
5/19/2021	13:00 EST	IDP, Goals, PDM, Communities
6/2/2021	13:00 EST	IDP, Goals, PDM, Communities

### Army eLearning (aka Skillsoft and Skillport)

(Computer based self-paced instruction)

Please visit <https://usarmy.skillport.com/> to login or create an account to access the below trainings and more!

**Leading Virtual Teams** - A virtual team has members separated by geographic boundaries but connected by communication technology. In this path, you'll learn the fundamentals of establishing effective virtual teams and overcoming common challenges they present.

**Leading in the Post-pandemic Workplace** - As we emerge from quarantine and social distancing, and adapt to changing circumstances, organizational leaders will have many new priorities and employee safety to consider. The time is now to think about how you can reconnect with and reengage your people, review and rewrite your policies, and redesign your workspaces.

Workforce Development Specialist POC: Kelley T. Villers Email: [kelley.t.villers.civ@mail.mil](mailto:kelley.t.villers.civ@mail.mil) Phone: 301-619-4569 or find me on MS Teams!



## Girls Night Out

Fort Detrick's FMWR sponsored a "Girls Night Out" designed to allow mothers a night out to socialize with other mothers, while also bonding with their daughters. The event allowed both mothers and daughters to expand their network and make new friends.

During the event, participants created a painting for Mother's Day, stretched and relaxed with yoga exercises, competed in a mother-daughter fitness competition in support of Strong B.A.N.D.S., and listened to three motivational speakers. The speakers were Miss Maryland Teen USA Heavyn McDaniels, Maryland Delegate Brenda Moore-Thiam, and former high school basketball coach Ashley Bush.

**Clockwise from top: A group participates in yoga. Miss Maryland Teen and her mom show off their Strong BANDS. Guest speakers: Ashley Bush, Delegate Brenda Moore Thiam, and Miss Maryland Teen USA Heavyn McDaniels. (FMWR photo)**

## Army authorizes female Soldiers ponytails in all uniforms

**By U.S Army Public Affairs**

The U.S. Army announced an update to its grooming policy on May 6, which now allows female Soldiers to wear ponytails in all authorized U.S. Army uniforms.

In February the Army revised guidance on grooming standards after a DOD-mandated review of our policies. Through feedback from the Force resulting in a clear, consolidated policy recommendation from a group of Soldiers, the Army reconsidered and approved the wear of ponytails.

"This new modification is more practical for our female Soldiers. It allows them flexibility in a tactical environment, while maintaining a professional appearance in garrison," said Sgt. Maj. Brian C. Sanders, Army G-1 Uniform Policy Branch Sergeant Major. "This change also helps to alleviate hair loss and damage to the scalp."

Key changes include: Hair will be neatly and inconspicuously fastened or secured in either a bun, single ponytail, two braids or a single braid.

Multiple locs, braids, twists or cornrows may come together in one or two braids or a single ponytail.

Braids and singular ponytails may be worn down the center of the back in all uniforms, but length will not extend past the bottom of the shoulder blades while at the position of attention. There is no minimum length for the wear of a ponytail or braid.

The only exception on the length of the ponytail or braid is while conducting tactical or physical training. The length of the hair should not hinder a Soldier's performance or present a safety risk.

"Commanders will analyze the risk of a free hanging ponytail or braid and use commander's discretion to determine if long hair will be secured or tucked inside the uniform top," said Sanders.

A complete list of changes to the Army's appearance and grooming standards is published at <https://armypubs.army.mil/>



# USAMMA hosts detachment Change of Command

By C.J. Lovelace/AMLC Public Affairs

Maj. Ivette Daley shared some wise words of advice with her successor as commander of the U.S. Army Medical Materiel Agency's Detachment command.

"Always lead with your heart," she said. "If you lead with a grateful heart and you take care of your people, they will take care of you in return."

USAMMA leaders bid farewell to Daley, while welcoming the detachment's new commander, Capt. Chris Wright, during a change of command ceremony May 13.

USAMMA's detachment command provides administrative management, enforcement and accountability of all military personnel within USAMMA, a direct reporting unit to Army Medical Logistics Command.

The detachment commander implements unit policies, oversees the health and welfare of the agency's Soldiers, and provides leader development to the organization's service members.

USAMMA Commander Col. John "Ryan" Bailey, who presided over the ceremony, recognized Daley's numerous accomplishments over her two-year tenure, saying she's "led with passion, creative leadership and a genuine desire" to care for each and every Soldier under her command.

"Maj. Daley is always ready to go, smiling and ready to tackle whatever came in front of her," Bailey said.

Daley, a native of Puerto Rico, will depart Fort Detrick to begin her new role as medical planner in the surgeon's section at the 4th Infantry Division headquarters at Fort Carson, Colorado.



**Maj. Ivette Daley elbow bumps Col. Clayton Carr following the U.S. Army Medical Materiel Agency Detachment's change of command ceremony May 13 at Fort Detrick, Maryland. Daley, the outgoing detachment commander, departs the organization after two years for her new assignment at Fort Carson, Colorado. (U.S. Army photos by C.J. Lovelace)**

She started her Army career in 2003 as an enlisted veterinarian food inspector, before entering the Green to Gold Active Duty Option Program and earning her commission into the Medical Service Corps in 2011.

Daley called it a "bittersweet day" as she leaves what "has by far been the most rewarding position" she has ever held.

"This organization is a world-class organization, and it is all because of you – the people that give so much every day," she said.

Wright takes command as he prepares to graduate from USAMMA's Medical Logistics Management Internship Program, known as MLMIP.

Joined by his mother, wife and two of his three children for the ceremony, Wright has led Soldiers in both deployed and garrison environments, most recently serving as brigade assistant S-4 for the 1st Medical Brigade, Fort Hood, Texas.

Wright, a distinguished military graduate of West Virginia University's ROTC program, said May 13 marked 20 years of service to the world's premier land-based fighting force.

"I can think of no greater way to celebrate than to have a chance to lead and make a difference in the lives of Soldiers and families," he said.

Bailey agreed.

"We are lucky to have you as part of this organization," he said. "I have absolute trust in your leadership abilities and know you will continue to build on the successes of Maj. Daley."



**Capt. Chris Wright, center, accepts the colors from Col. John "Ryan" Bailey as he becomes the new commander of the U.S. Army Medical Materiel Agency Detachment.**



New members of the Order of Military Medical Merit are pictured with Chief Warrant Officer 5 Deanna Hughes, center, following the awards ceremony portion of a Healthcare Technology Management workshop, hosted May 19 by U.S. Army Medical Logistics Command at Fort Detrick, Maryland. Pictured, from left, are Chief Warrant Officer 4 Charles Judd, retired Master Sgt. Joshua Varnes, Master Sgt. Wesley Ladlee and Chief Warrant Officer 3 Joshua Barto. (U.S. Army photo by C.J. Lovelace)

## Army Medical Logistics Command honors first Ohlsen awardees

By C.J. Lovelace/AMLC Public Affairs

FORT DETRICK, Md. – U.S. Army Medical Logistics Command leaders recognized their first Dean R. Ohlsen Award of Excellence recipients during a ceremony May 19.

The honorees, who were announced at AMLC's first Healthcare Technology Management workshop, are Chief Warrant Officer 3 Joshua Barto, 1<sup>st</sup> Sgt. Jose Maldonado and Jack Rosarius, a recent retiree with 42 years of combined military and civilian service.

The annual award – recognizing one warrant officer, one enlisted Soldier and one civilian – is named after retired Sgt. Maj. Dean R. Ohlsen, who is known as a pioneer in the HTM community.

Ohlsen gave over 60 years of combined service as a Soldier and Army civilian, dedicating most of his life to the advancement of the Army's medical maintenance career field over his decades of governmental service.

"We appreciate all that you have done," AMLC Commander Brig. Gen. Michael Lalor said to Ohlsen during the ceremony, "but really what I want to thank you for is all the people you helped develop along the way."

Barto, medical maintenance and logistical analyst for AMLC's Medical Maintenance Policies and Analysis directorate, or M2PA, was a double honoree during the awards presentation, also earning induction into the Order of Military Medical Merit, or O2M3, along with three others.

Joining Barto as new O2M3 members are Chief Warrant Officer 4 Charles Judd, Master Sgt. Wesley Ladlee and retired Master Sgt. Joshua Varnes.

Founded in 1982, O2M3 is a unique organization created to recognize excellence and promote fellowship among Army Medical

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## ***OHLSSEN, continued from Page 13***

Department personnel. Membership denotes at least 15 years of distinguished service, and members receive a certificate and medallion.

Barto and Rosarius addressed the small in-person gathering for the ceremony at Fort Detrick, while Maldonado, stationed in Hawaii, did so via telephone.

Maldonado, who works for the Soldier Recovery Unit at Tripler Army Medical Center, thanked his leaders, peers, mentors and family who have continued to believe in him.

“No achievement or recognition would exist without them,” he said.

Prior to retirement this past December, Rosarius served as the longtime director of the Medical Maintenance Management Directorate, or M3D, at the U.S. Army Medical Materiel Agency, a direct reporting unit to AMLC.

Rosarius noted Ohlsen’s “huge impact” on the lives of many, saying it was a big honor to be named one of the first Ohlsen award-ees.

“I do appreciate this but I’m really accepting this on behalf of so many people, particularly at AMLC – whether it’s M2PA, the folks out at the depots, folks at centralized programs that give the Army so much readiness with so few people,” he said. “Thank you all very much.”

Barto also thanked Ohlsen for always being a strong mentor and advocate for medical logistics.

“It was an absolute blessing to be able to get this opportunity and, hopefully, advance our enterprise and commodity as a whole,” Barto said.

The military’s HTM workforce consists of warrant officers, enlisted Soldiers and civilian employees committed to the care of the



**Jack Rosarius, left, and Chief Warrant Officer 3 Joshua Barto are pictured after receiving the first Dean R. Ohlsen Award of Excellence during Army Medical Logistics Command’s Healthcare Technology Management workshop May 19 at Fort Detrick, Maryland. Not pictured is the third award winner, 1st Sgt. Jose Maldonado, who was not able to attend the event in person. (U.S. Army photos by C.J. Lovelace)**

nation’s warfighters through planning, procurement and sustainment of medical devices.

A team of dedicated professionals, the HTM community works collectively to deliver effective, efficient health care support, contributing to overall readiness throughout the Department of Defense.

Lalor capped off the event by emphasizing the importance of every HTM professional across the Army, supporting medical readiness at every echelon – “from the line, all the way back.”

“We’re going to continue driving this forward,” he said. “... It’s great to take a minute, though, and recognize all the great work going on, and thank you for your continued service to our nation.”

## **2020 Drinking Water Quality Report available for review**

Fort Detrick’s 2020 Drinking Water Quality Report is available for community review.

The report summarizes water quality information collected by water suppliers to comply with drinking water regulations. In 1996, Congress amended the Safe Drinking Water Act, which added a provision requiring all community water systems to deliver to their customers a brief annual water quality report.

Find it at: [https://home.army.mil/detrick/application/files/3516/2143/9539/2020\\_CCDWR.pdf](https://home.army.mil/detrick/application/files/3516/2143/9539/2020_CCDWR.pdf)

The Environmental Management Division, 9255 Amber Drive;

Electronic copies provided to the family housing units and;

Hard and electronic copies provided to Garrison organizations and mission partners.

For more information, call Mark Lewis, Fort Detrick Directorate of Public Works, at (301) 619-3136.



# Around Fort Detrick

\*Nallin Farm Gate and Brookville Gate are open 24/7\*

## For updates and materials on COVID-19 visit:

<https://home.army.mil/detrick/index.php/covid-19-information>

### UPDATED MASK POLICY:

Effective immediately, masks must be worn by everyone at all times when visiting the Commissary, PX, Barquist Army Health Clinic, Child Development Centers, MPD/ID Cards and at the Chapel during religious services. For the most recent policy regarding mask usage for vaccinated and unvaccinated individuals dated May 21, 2021 please [click here](#).

### The Fort Detrick Bun-D is now open at the Exchange Food Court

Hours of operation: 10:30 a.m. to 4 p.m. Monday through Friday

### Fort Detrick Blood Drive – By Appointment – July 26

Monday, July 26

9 a.m. – 2 p.m. (By appointment only)

Building 1520, Auditorium

To set up an appointment visit [www.militarydonor.com](http://www.militarydonor.com) using Sponsor Code FTDETRICK.

### BARQUIST ARMY HEALTH CLINIC is now vaccinating patients in ALL PHASES who are age 18 and above.

Each Monday, new COVID vaccine appointment slots will open for Thursday/Fridays bookings of that same week.

VACCINATION CLINIC DAYS: Thursdays and Fridays

LOCATION: Building 1520, 2nd Floor (DO NOT GO TO THE MAIN CLINIC)

TIMES: 8:30 a.m. – 2 p.m.

VACCINE TYPE: Moderna (shot #2 will be scheduled for you in person at the vaccine clinic)

AGE GROUPS: Adults 18 and older

APPOINTMENT SCHEDULING: via TRICARE-on-line (TOL) or call the appointment line

(301)619-7175. WALK INs: Available on a first come first served basis, as long as vaccine is available for that day. Note: personnel with appointments will be prioritized.

\*\*\*\*\* IMPORTANT\*\*\*\*\* Children are not permitted at the COVID vaccine clinic, including the lobby or waiting area. Please arrange for childcare in advance. If children accompany you to your appointment, you will be turned away at the door and asked to reschedule.

TOL Registration Directions: IF YOU ARE ELIGIBLE FOR THE COVID-19 VACCINE, PLEASE ENTER "COVID VACCINE DOSE 1" AS YOUR REASON FOR APPOINTMENT. After scheduling, please download and complete the attached Vaccine Screening Form. Please arrive to Building 1520 Porter Street through the ID entrance and proceed to the second floor classrooms for

your appointment. Do NOT go to the Barquist Health Clinic. Also available for download is the Moderna Fact Sheet to answer any questions you may have about the vaccine.

#### MISC Vaccine Information:

Barquist is currently only providing the Moderna COVID-19 vaccination, which is a 2- dose series separated by 28 days. 2nd dose vaccinations will be scheduled for you onsite when you arrive for your 1st dose.

DOD GS Civilians and Contractors who work at Fort Detrick but are not beneficiaries at Barquist should contact their local chain of command to coordinate with BARQUIST leadership directly.

### **Retirement Ceremonies**

USAG Fort Detrick conducts Quarterly Retirement Ceremonies honoring retiring Service Members, and Civilian employees and their families. These ceremonies take place on the second Thursday of the second month of each quarter in the auditorium, Building 1520 at 10 a.m.

Any Military at Fort Detrick or in the local surrounding community or Civilian employees who wish to participate should contact Tom Yocklin with the Directorate of Operations by calling (301) 619-2503. The deadline for participants to be included is two weeks prior to the ceremony. Below are scheduled retirement ceremonies for the next 2 years.

August 12, 2021/ \*November 10, 2021

\* Due to a National Holiday, this ceremony is not on the second Thursday of the month.

### **Mandatory DA Pre-Retirement/SBP Briefing**

THIS IS MANDATORY FOR ALL RETIRING ACTIVE DUTY SOLDIERS.

During the current COVID-19 environment, the briefings will be conducted via DCS.

To be added to the distribution list for the next Retirement briefing, please email Ms.

Kira Fisher [kira.l.fisher.civ@mail.mil](mailto:kira.l.fisher.civ@mail.mil) or Mrs. Brigit Amos [Brigit.m.amos.civ@mail.mil](mailto:Brigit.m.amos.civ@mail.mil).

Time: 8:30 – 10: 30 a.m. Next briefing date: August 3, 2021.

**Outdoor Pool** - Open on weekends and federal holidays beginning May 29.

### **Housing Town Halls**

On June 15 and 16, the Garrison Command Team will hosts multiple town halls for our residents. Representatives from Balfour Beatty Community will also participate. The event will be broadcast on Facebook Live at: <https://www.facebook.com/DetrickUSAG>

The dates are:

Fort Detrick Housing Residents June 15, 2021 at 1 pm and 6 pm.

Glen Haven Apartments and Townhomes on June 16, 2021 at 6 pm.

The Public Affairs Office is accepting questions/topics prior to the event. Please send them directly to PAO by emailing us at: [usarmy.detrick.usag.mbx.pao@mail.mil](mailto:usarmy.detrick.usag.mbx.pao@mail.mil)

Questions will also be answered during the event.

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**WHAT: Frederick County Maryland's**

# **HOUSEHOLD HAZARDOUS WASTE DROP-OFF EVENT**

**WHEN: June 12, 2021, 8 a.m. until 2 p.m., rain or shine.**

**WHERE: 21 Stadium Dr, Frederick 21703 (NYMEO Field/Keys Baseball parking lot)**

*There is NO FEE to drop off household materials. This event is for Frederick County residential waste only — no business or out-of-county materials!*

## **ACCEPTABLE ITEMS INCLUDE:**

- Aerosol paints
- Brake Fluid
- Flares
- Fluorescent & UV bulbs (compact and tube)
- Fuels (gasoline/lighter fluid, oil/gas mixed)
- Herbicides/insecticides/fungicides
- Household & automotive cleaners
- Mercury thermometers & thermostats
- Pesticides, rat poison, mothballs
- Photographic chemicals
- Pool chemicals
- Rechargeable batteries (including NiCad, Li-ion and computer batteries)
- Stains and sealants
- Smoke, radon & carbon monoxide detectors
- Thinners and solvents

## **UNACCEPTABLE ITEMS\*:**

- Any paints except spray paints
- Alkaline or vehicle batteries
- Biohazard waste
- Explosives & fireworks
- Firearms or ammunition
- Fire extinguishers
- Fuel tanks & cylinders
- Freon and helium tanks
- Kerosene, diesel fuel, hydraulic fluid
- Medicines and medical sharps
- Motor oil and antifreeze
- Radioactive materials
- Regular trash & recyclable materials
- *Unidentifiable items will not be accepted at this event.*

*\* Disposal information listed on other side of page.*

## ***Did you know...***

**Paints and regular alkaline household batteries are not hazardous wastes?** For information on proper disposal of these items, see reverse side of this page.

**Medicines are not accepted at these events,** but can be dropped off year round at designated locations! See reverse side of page for specific addresses.

**CFL Light bulbs** may also be taken year round to Home Depot or Lowes for recycling.

**Rechargeable Batteries** are accepted at these events, but may also be taken year round to Lowes, Home Depot or other stores offering free battery recycling; visit [www.Call2Recycle.org](http://www.Call2Recycle.org) for locations.

**GET AUTOMATIC REMINDERS FOR THESE EVENTS!** Click the "[Stay Informed](#)" link on our website to sign up for free email, phone, text or mobile notifications! Visit:

**[www.FrederickCountyMD.gov/recycle](http://www.FrederickCountyMD.gov/recycle)**

**For more information on this event call the Frederick County, MD Division of Solid Waste & Recycling at (301) 600-1848**







# INSTALLATION SAFETY BULLETIN SB 21-05-01

## Motorcycle Safety PPE Requirements (AR 385-10 Para 11-9) ... are you in compliance?

- **The following requirements** apply to military on or off the Installation and civilians while on the Installation operating any 2 or 3 wheeled motorized vehicle (motorcycle, trike, Spyder, Slingshot or any other combination)
  - **Helmets** will be certified to meet **DOT Safety Standard No. 218**
  - **Eye protection** must be designed to meet or exceed **ANSI Z87.1**
  - **Foot protection** includes sturdy over-the-ankle footwear that affords protection for the feet and ankles
  - **Protective clothing** includes long-sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens made from leather or other abrasion-resistant material. MC jackets and pants constructed of abrasion resistant materials and containing impact-absorbing padding are strongly encouraged. Riders are encouraged to select PPE that incorporates fluorescent colors and retro-reflective material.
- **All military motorcycle riders** are required initial and refresher training in accordance with AR 385-10 enclosure 3.
- **Training questions** can be directed to Mr. Jamison Kesselring, [Jamison.n.kesselring.civ@mail.mil](mailto:Jamison.n.kesselring.civ@mail.mil) or 301-619-3161.



## Safety Gear



INSTALLATION SAFETY OFFICE  
1520 FREEDMAN DRIVE SUITE 217  
PHONE 301-619-7318  
[USARMY.DETRICK.USAG.LIST.ISMO@MAIL.MIL](mailto:USARMY.DETRICK.USAG.LIST.ISMO@MAIL.MIL)







# Fort Detrick Family & MWR News

## Outdoor Pool OPENING

Bldg #839  
Saturday May 29, 2021  
Snack Bar will be open  
Saturday, Sunday, and all holidays: 1200-1800

**\$5 per person per visit.  
Children 4 and under free.  
Credit Cards only.  
MWR is a cashless  
operation.**

For more information,  
Please call 301-619-2498

#DetrickMWR  
www.detricks.armymwr.com  
www.facebook.com/DetricksMWR

## Kinder & School Age Summer Camp

Kinder & School Age Summer Camp is coming soon!  
8 weeks of Camp: June 21-August 13, 2021  
Registration is OPEN!  
Weekly Camp Fee based on income category

Come join us for summer Olympics fun!  
Camp OLYMPICS events include:

- Water Play • Archery • Fishing
- Hiking • STEM • Field Trips (hopefully)

And so much more!

Week	Dates	Theme
Week 1	June 21-25	Olympics Opening Ceremony
Week 2	June 28-July 2	Leading the Way
Week 3	July 5-9	It's A Wild World
Week 4	July 12-16	The Great Outdoors
Week 5	July 19-23	Let's Be Scientists
Week 6	July 26-30	Olympics Competition Week
Week 7	August 2-6	Out of this World
Week 8	August 9-13	Olympics Closing Ceremony

For more information please contact the  
School Age & Middle School/Teen Center at 301-619-2901.  
All CDC/COVID-19 protocols are being followed to ensure everyone stays safe.

## Summer Sports Camps

12 July - 20 August 2021

CYS Sports will be offering full day and part day sports camps. Camp is held Monday-Friday in which registration is required a minimum of 7 days before the week starts. Each week will consist of a different sport for children of all skill levels. The program emphasizes fun, fundamentals, maximum participation and physical conditioning rather than winning or losing. Children will participate in games, arts & crafts, competitions, outdoor adventure, showcases and more to show off their new skills.

Mask are required at all times. Screening to include temperature checks will be provided prior to entering any facility. Social distancing will be enforced.

**Cost per week:**  
\$75 part day 0800-1300  
\$100 full day 0800-1600

Webtrac members may register online at  
<https://webtrac.mwr.army.mil/webtrac/detricksyms.html>.

## MST SUMMER CAMP AWAITS

MST Summer Camp is coming soon!  
6 weeks of Camp: June 21-August 13, 2021  
Registration is OPEN!  
Weekly Camp Fee based on income category

Come join us for summer Olympics fun!  
Camp OLYMPICS events include:

- Water Play • Archery • Fishing
- Hiking • STEM • Field Trips (hopefully)
- And so much more!

For more information please contact the  
School Age & Middle School/Teen Center at 301-619-2901.  
All CDC/COVID-19 protocols are being followed to ensure everyone stays safe.

## Effective April 2, 2021 MST is open 0600-1800 M-F

Open to: All eligible youth grades 6-12  
Location: Middle School & Teen Program, 955 Sultan Drive  
Contact: 301-619-2901

**MST is back and better than ever!** Offering a full range of activities including: Full Day Virtual Learning Support, Rock Climbing, Drone Building & Flying, LEGO Robotics, BYOD (Bring Your Own Device) E-Sports/Gaming, DDR (Dance Competition Game), Money Matters, Resiliency Skills Workshops, Paint & Sips (non-alcoholic beverages only), UPS Road Code, Movie Nights, Cooking Competitions, Open Gym, Nallin Pond Driving & Archery Range, Get Up and Moving (Walking Trails) Club, and Youth Sponsorship Organization.

**FULL DAY  
MST  
RE-OPENING**

#DetrickMWR  
www.detricks.armymwr.com  
www.facebook.com/DetricksMWR



#DetrickMWR  
[www.detricks.armymwr.com](http://www.detricks.armymwr.com)  
[www.facebook.com/DetricksMWR](http://www.facebook.com/DetricksMWR)





# Fort Detrick Family & MWR News

## Fort Detrick BOSS DOUGHNUTS Fundraiser

The Fort Detrick BOSS program is selling Krispy Kreme Donuts! We are even delivering them right to your unit's front door!

**Original Glazed Dozen \$12**

**Assorted Dozen \$14:**  
cake batter filled  
chocolate iced w/ sprinkles  
chocolate iced filled  
strawberry iced w/ sprinkles  
yellow iced original glazed  
*...and more!*

To place an order, simply email:  
[usarmy.detrick.usag.list.fmr-boss@mail.mil](mailto:usarmy.detrick.usag.list.fmr-boss@mail.mil)  
with the following information:

- Name of customer or organization
- Delivery address
- Quantity and type of doughnuts
- POC phone number

Orders may be placed Monday-Wednesday. Deliveries are made every Friday morning around 11/11:30 am

#DetrickMWR  
[www.detrick.armymwr.com](http://www.detrick.armymwr.com)  
[www.facebook.com/DetrickMWR](https://www.facebook.com/DetrickMWR)

## Financial Readiness Classes - 2021

Community Support Center  
1520 Freeman Drive  
Fort Detrick, MD  
301.619.3455

DATE	TOPIC	TIME
MAY 25th	Home Buying	9:00 am – 11:00 am
JUNE 1st	Developing Your Spending Plan	1:00 pm - 3:00 pm
JUNE 8th	Thrift Savings Plan 101	9:00 am – 11:00 am
JUNE 22nd	Car Buying	9:00 am – 11:00 am

To register, call 301-619-3455 or email [usarmy.detrick.usag.mbx.acs-frp@mail.mil](mailto:usarmy.detrick.usag.mbx.acs-frp@mail.mil)  
Classes are held in Community Support Center, Building 1520.

Classes are subject to change and cancellations.

The eligible participants are Active Duty and Retired Military and their ID card Family Members, Reservists and National Guard (while on active duty) and their ID card Family Members, Survivors, and DoD civilians.

## A HAND-UP FOR SOLDIERS

IT'S WHAT WE DO.

AER is your tool in times of need. Talk to your chain of command or local AER officer if you need help.

Stand with your squad and make a small monthly gift to the Army's own charity.

Visit us online at [armyemergencyrelief.org](http://armyemergencyrelief.org)

ANNUAL CAMPAIGN: MARCH 1ST TO MAY 15TH

ARMY EMERGENCY RELIEF

SOLDIERS HELPING SOLDIERS SINCE 1945

## Quarantined & Need Groceries?

Family and MWR & DeCA volunteers will shop & deliver your groceries to you.

You must be a ID Card Holder with Commissary Privileges on a COVID-19 ROM/Quarantine/Isolation status.

For more information, call 301-619-4375.

#DetrickMWR  
[www.detrick.armymwr.com](http://www.detrick.armymwr.com)  
[www.facebook.com/DetrickMWR](https://www.facebook.com/DetrickMWR)

## Yoga Classes

Class size will be limited to the instructor and four individuals due to COVID-19 restrictions in place. All individuals must bring their own equipment. This is a fee based class.

Rates: \$3 per class or a ten punch card is available for \$25.  
Schedule: Monday 1130-1230, Wednesday 1630-1730, Friday 1130-1230  
This yoga class schedule will become effective on 24 March 2021.  
Location: Odom Fitness Center, Bldg. 1507

#DetrickMWR  
[www.detrick.armymwr.com](http://www.detrick.armymwr.com)  
[www.facebook.com/DetrickMWR](https://www.facebook.com/DetrickMWR)

## What Sports Interest Your Kids?

Please let us know, fill out a survey at various locations around base or visit our web site <https://detrick.armymwr.com/calendar/event/what-sports-interest-your-kids/4821710/54553>

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<https://detrick.armymwr.com/>  
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# Fort Detrick

## Family & MWR News



## SPORTS

### Strength & Conditioning Soccer Mondays

5:30 pm - 7:00 pm

### Running Club Tuesdays & Thursdays

5:30 pm - 6:30 pm

### Virtual Yoga Tuesdays

8:00 am - 8:15 am

### Parent & Me Fitness Fridays

4:30 pm - 5:30 pm

### Preseason Strength & Conditioning Basketball

Wednesdays, 5:30 pm - 7:00 pm

### Step Class Tuesday & Thursdays

4:15 pm - 5:15 pm

### Kids & Kicks Mondays, 5:15 pm - 6:00 pm

Register monthly

### Lil Hoopers Wednesdays, 5:15 pm - 6:00 pm

Register monthly

### Little Sluggers Thursdays, 5:15 pm - 6:00 pm

Register monthly

### Youth Football Tuesdays, 5:15 pm - 6:00 pm

Register monthly

### Toddler Sports Mondays & Fridays

3:30 pm - 4:00 pm.

### Archery Tuesdays, 3:00 pm - 4:00 pm

An up to date sports physical must be on file before registering. Social distancing will be enforced. Bring your own water bottle. For more information or to register, call 301-619-2538/7100.

### CYS Sports Volunteer Coach

Training Dates: 8 May 2021 at 9:00am & 5 June 2021 at 9:00am

For more information call 301.619.2538



## Lending Closet

Building 1520

For an Appointment Call 301-619-3249/7453/6364

## COMMUNITY RECREATION

### Pet Kennel & Doggie Daycare

Monday - Friday 7:30 am - 5:30 pm

for pick up and drop off only

For an appointment, call 301-619-3950

### Auto Skills Center

Wednesday - Saturday 9:00 am - 5:00 pm

Sunday 12:00 pm - 8:00 pm

Bay Fee \$8 per hour, every other bay available with safety protocols in place. Face masks required.

For an appointment, call 301-619-2759

### Equipment Rental

Due to unforeseen circumstances, Equipment Checkout through Outdoor Recreation will be relocated to building 121 co-locating with the Pet Kennel effective Monday 24 May 2021

1431 Sultan Drive, by appointment only.

Please call 301-619-3972

### Leisure Travel Services

9:00 am - 4:00 pm Open by phone. Be sure to check the attractions website for policies, procedures, reservation requirements & restrictions due to COVID-19 before traveling

For an appointment, call 301-619-2892

### Odom Fitness Center

**UPDATE:** Effective immediately, the mandatory mask mandate for Odom Fitness Center has been lifted for fully vaccinated patrons.

Effective 29 May, Outdoor pool opens from 1200-1800 hours. Pool will be open only Saturday and Sunday and Federal Holidays, until further notice.

Monday - Friday 6:00 am - 9:00 am Active Duty Only.

Monday - Friday 11:00 am - 1:00 pm & 3:00 pm - 6:00 pm. Open to Active Duty, DOD Civilians, Retirees and Dependents Age 15 & Up.

Saturday & Sunday 10:00 am - 2:00 pm. The Fitness Center will be unmanned during these hours. Access will be gained by having authorized user's properly coded CAC/ID cards. CAC/ID cards will need to be coded Monday - Friday at the Fitness Center during the hours of 6:00 am - 6:00 pm.

Yoga Classes: See Above

Effective 03 May, Odom Fitness Center reopens showers/locker rooms during PT hours

Effective 05 May, indoor pool reopens every Wednesday during PT hours for military aquatics, profile PT, etc.

usarmy.detrack.imcom-fmwrc.mbx.recreation.

Please contact the Odom Fitness Center at 301-619-2498 with any questions.

All CDC/COVID-19 protocols are strictly adhered to and will be enforced during these programs.



#DetrickMWR  
www.detrack.armymwr.com  
www.facebook.com/DetrackMWR



# ATTENTION

## DoD & COAST GUARD CIVILIANS



**As a valid DoD CAC card holder,\*  
you're eligible for these benefits!**

- ✓ Access to shop **ALL\*\*** Exchange stores
- ✓ Convenient, **TAX-FREE** shopping
- ✓ Military-**EXCLUSIVE** pricing

**\*\*\*NOTE:** The new customers cannot purchase tobacco, alcohol or military uniforms

*Strengthening the benefit for Soldiers,  
Airmen and Guardians—past, present and future.*

**Effective May 1, 2021**

**\*\*Online shopping will be extended within the next several months.  
Details will be provided on our social media when available. STAY CONNECTED !**



*Ask an associate for more information.*

\* Customers must present a valid DoD Civilian Common Access Card (CAC). Contractor CAC holders are not authorized shoppers.  
\*\*Excludes military uniforms, tobacco products and alcohol



# MISSION: LUNCH

AT YOUR **DELI/BAKERY**

**Save Time & Money**

**Call Your Fort Detrick Commissary Deli Department Ahead to Order Lunch Then Sit Outside on The Patio to Enjoy!**

**1-301-619-2990 #2**

**Detroit Style Pizza**

**Pepperoni or Three Meat & cheese**

**Whole \$9.99 or Slice \$2.49**



*For a Quick & Delicious Lunch or Dinner  
Pair With Our In-Store Prepared Garden Salad  
Or  
Hot & Fresh Traditional, BBQ or Buffalo Wings  
\$7.99/lb.*



**Grab n Go**

**Wraps \$3.99 /Salads \$4.99-\$5.49/ Hoagies \$3.99 / Paninis \$4.99**



**Rotisserie Chickens**

**Memphis BBQ, Traditional or Rosemary  
Garlic at an Everyday Low Price of  
\$4.99/ea.**



**sodexo**  
QUALITY OF LIFE SERVICES



# MISSION:LUNCH

AT YOUR **DELI/BAKERY**

Motor City Pizza Company

Detroit Style Pizza

3 Meat & Cheese

or

Pepperoni & Cheese

*Call Your Fort Detrick Commissary*

*Deli Department and We Will*

*Prepare it Hot & Fresh*

1-301-619-2990 #2

**Detroit Pizza \$9.99/ea.**



***For a Quick & Delicious Lunch or Dinner  
Pair With Our In-Store Prepared Garden Salad!***

MS Teams sunsets on June 15th

By Popular Demand

**POWER week!**

**PERSONAL READINESS**

**Tuesday June 1st @1200**

**Wednesday June 2nd @ 1800**

**Thursday June 3rd @1300**

**Friday June 4<sup>th</sup> @ 0600**

**Contact ASAP with more questions:**

**[Ashley.d.bush5.civ@mail.mil](mailto:Ashley.d.bush5.civ@mail.mil)**

**[Jillian.d.farrow.civ@mail.mil](mailto:Jillian.d.farrow.civ@mail.mil)**

In an effort to take advantage of the virtual platform before this version of MS Teams sunsets on June 15th we will offer a Post-Memorial Day Personal Readiness POWER WEEK.

Click in and complete your mandatory annual Personal Readiness training!!!!



- **June 1 @ 1200**
  - [https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_ODlhOWEwMGItoDUwNS00YWRkLWFiMTYtMGRiNWEyNGUzMDY3%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_ODlhOWEwMGItoDUwNS00YWRkLWFiMTYtMGRiNWEyNGUzMDY3%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d)
- **June 2 @ 1800**
  - [https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_OTg5Y2lZGQNTThjYS00YzJiLWlxODktMmM2ZTcyMTIxYjZh%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_OTg5Y2lZGQNTThjYS00YzJiLWlxODktMmM2ZTcyMTIxYjZh%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d)
- **June 3 @ 1300**
  - [https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NDdkNWlZNmEtZGNkYS00MTdmLTNmYjEtNmFkN2YzYWVjNWQ0%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NDdkNWlZNmEtZGNkYS00MTdmLTNmYjEtNmFkN2YzYWVjNWQ0%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d)
- **June 4 @ 0600**
  - [https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_MGMxMTNhY2UtOGI0ZC00NDNmLTg3NzAtNzY2NmM2ZjEzYmZj%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MGMxMTNhY2UtOGI0ZC00NDNmLTg3NzAtNzY2NmM2ZjEzYmZj%40thread.v2/0?context=%7b%22Tid%22%3a%221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%220id%22%3a%227fdc4c67-e9a9-4871-a340-5e557b9b5e2d%22%7d)





# STOP THE BLEED™

No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, so it's important to quickly stop the blood loss.

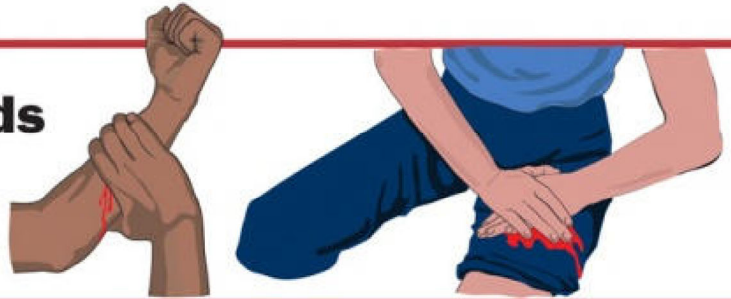
Remember to be aware of your surroundings and move yourself and the injured person to safety, if necessary.

**Call 911.**

Bystanders can take simple steps to keep the injured alive until appropriate medical care is available. Here are three actions that you can take to help save a life:

## 1. Apply Pressure with Hands

**EXPOSE** to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with both hands if possible.



## 2. Apply Dressing and Press

**EXPOSE** to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with bandages or clothing.



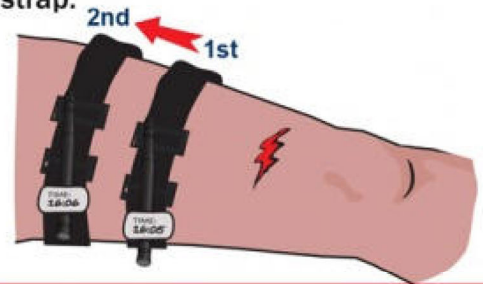
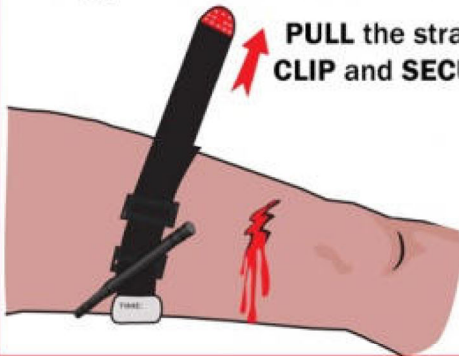
## 3. Apply Tourniquet(s)

If the bleeding doesn't stop, place a tourniquet 2-3 inches closer to the torso from the bleeding. The tourniquet may be applied and secured over clothing.



If the bleeding still doesn't stop, place a second tourniquet closer to the torso from first tourniquet.

**PULL** the strap through the buckle, **TWIST** the rod tightly, **CLIP** and **SECURE** the rod with the clasp or the Velcro strap.



The 'Stop the Bleed' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the general public. The Department of the Defense owns the 'Stop the Bleed' logo and phrase - trademark pending."



Homeland  
Security

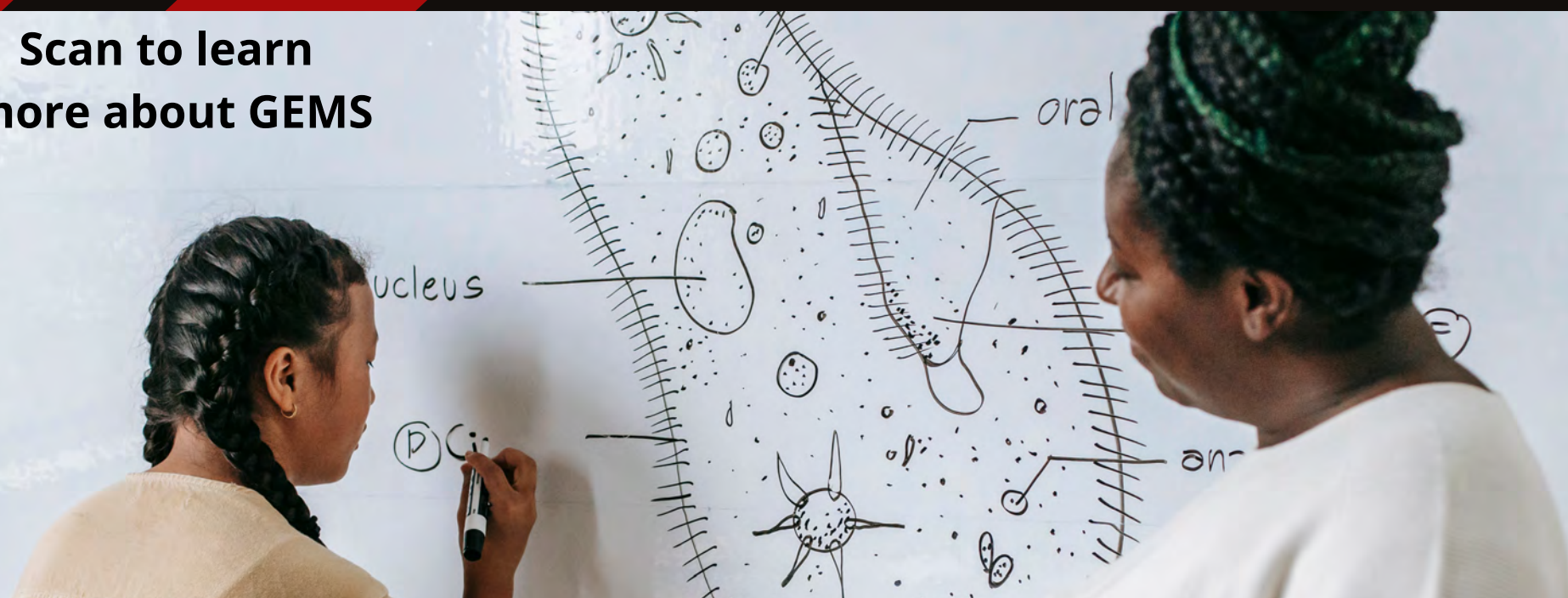
Office of Health Affairs





# CALLING ALL POTENTIAL MENTORS

Scan to learn  
more about GEMS



Serve as a positive role model for youth in the community and ignite their interest in science, technology, engineering, and mathematics (STEM). The Gains in the Education of Mathematics and Science (GEMS) program invites volunteers from all career backgrounds to join the GEMS program as volunteer mentors.



**Apply Online at:**

**<https://web.cvent.com/event/9feff612-4900-40d7-b2a4-a90118446b55/summary>**

## Types of Volunteer Opportunities

1

### Guides & Assistants

In person opportunity to assist students in the classroom with laboratory experiments. Time commitment is determined by the mentor's availability.

2

### Group Mentoring

In person opportunity to assist college students with laboratory techniques such as PCR, gel electrophoresis, dissection, suturing, orthopedics, and robotics coding & engineering. Time commitment is determined by skill being taught ( ~ 1 hour).

3

### Professional Mentoring

Virtual or in person opportunity to share / showcase your career and academic journey to students in grades 4th-12th. Time commitment is ~ 30 minutes.