

Detrick welcomes new garrison commander

By USAG Public Affairs Office

Fort Detrick welcomed its new garrison commander, Col. Ned Marsh, during a change of command ceremony, Aug. 18.

The reviewing officer for the ceremony, Davis D. Tindoll, Jr., who is the director of Installation Management Command's sustainment directorate, oversaw the passing of command from Col. Danford Bryant to Col. Marsh.



Above, Brig. Gen. Anthony McQueen (left), commander of U.S. Army Medical Research and Development Command and the senior leader on Fort Detrick, sends off Col. Danford Bryant with a gift recognizing his time as Fort Detrick's garrison commander. At right, Fort Detrick Command Sgt. Maj. Michael Dills (center) looks on as Davis D. Tindoll, Jr., passes the garrison colors to Col. Ned Marsh, signifying that the colonel has officially taken command of the garrison at Fort Detrick. (Photos by USAG Public Affairs Office)



AUGUST 2022 VOL. 38 NO. 1

USAMMA hosts changes of command, responsibility

By C.J. Lovelace, USAMMA

The past two years have been filled with new operational environments with unique mission opportunities for the U.S. Army's medical logistics enterprise.

In addition to its regular operational tempo and major Army reorganizations, the U.S. Army Medical Materiel Agency supported the fight against the global pandemic, the humanitarian mission associated with the Afghanistan evacuation and the ongoing conflict in Ukraine.

And the organization did it all seamlessly under the leadership of Commander Col. John "Ryan" Bailey.

"Under Col. Bailey's leadership, (the USAMMA) team is resilient, responsive ... (and) makes it happen regardless of what the situation is," said Col. Tony Nesbitt, commander of Army Medical Logistics Command, USAMMA's parent organization.

"And I give a lot of that credit to their great commander, Col. Bailey."

As he prepares for retirement after more than 30 years of service, Bailey passed the baton to another experienced logistician, Col. Gary Cooper, during a change of command ceremony Aug. 19 at Fort Detrick.

Nesbitt presided over the ceremony, which also served as an assumption of responsibility for Sgt. Maj. Hugo Roman, USAMMA's new senior enlisted adviser.

"We're lucky to go from one great leader to the next," Nesbitt said. "Bottom line up front, USAMMA's in great hands. It's been in great hands for two years, and it will continue to be that way."

Bailey said "it seems like only yesterday" that he delivered his speech as incoming commander.



Col. Ryan Bailey, left, outgoing commander of the U.S. Army Medical Materiel Agency, shakes hands with Col. Tony Nesbitt. (U.S. Army photos by C.J. Lovelace)



Col. Tony Nesbitt, center, commander of U.S. Army Medical Logistics Command, passes the colors of the U.S. Army Medical Materiel Agency to incoming commander, Col. Gary Cooper. Cooper assumed command from outgoing commander, Col. Ryan Bailey, right, during a change of command ceremony Aug. 19. (U.S. Army photos by C.J. Lovelace)

"At that time, the auditorium was empty and we were all wearing masks, so we've come a long way," he said. "That progress was possible because of all the hard work done by everyone in this auditorium, across Fort Detrick, the Army medical department, the entire military health system in response to the COVID-19 pandemic."

Bailey said he knew he had big shoes to fill during his time in command, and he's honored to have been able to lead the organization for the past two years.

"For me personally, the time spent in command has been fun, exciting, stressful; some days exhilarating, some days frustrating," he said. "But honestly, my time here has been less about me and more about the organization – the great mission, the challenges, the successes and the tremendous people."

Cooper is no stranger to USAMMA as he takes command, having previously served as the agency's chief of operations and central contingency operations from 2006 to 2009. He most recently served as commander of the Medical Recruiting Brigade out of Fort Knox, Kentucky.

"I want to say thank you to the surgeon general, to Col. Nesbitt and a host of senior leaders for giving me this opportunity to command. It is truly an honor and a privilege," he said. "Part of the honor for me today is that I follow in command a superb officer and dedicated leader in Col. Ryan Bailey."

Cooper, who served in the enlisted ranks before earning his degree and commission as an officer in 1996, spoke to the people of USAMMA during his remarks, saying he looks forward to serving alongside Roman and leading the medical logistics experts throughout the organization.

"Let's continue to stay humble, but hustle. Never let our condition become our conclusion. Let's win," he said. "To the Soldiers, civilians, contractors and families of USAMMA, I pledge to you my full support ... in return, I challenge each of you to be the best in the Army Medical Logistics Command."

Roman, who brings 20 years of activeduty service, said he was thankful to be given the opportunity to lead as senior enlisted leader for an organization with such an important mission.

He emphasized the importance of the USAMMA workforce, calling them the "nucleus" of the unit.

"And without you, we wouldn't be successful. Period," Roman said. "I want to thank you for the hard work you put in day in and day out, and for giving me the opportunity to be your sergeant major."



A Back-to-School Tradition

In accordance with a long-standing tradition at Fort Detrick, Garrison Command Sgt. Maj. Michael Dills and Soldiers from the post helped raise the U.S. flag on the first day of school at Whittier Elementary School. (Photos by Lanessa Hill, USAG Public Affairs)











New Garrison Commander Sets the Course

Fort Detrick's new garrison commander, Col. Ned Marsh, spoke to garrison employees and laid the foundation for both what he expects from his team and what the employees can expect from him as a commander, during an all-hands meeting Aug. 22. Marsh acknowledged the many challenges ahead and also the great opportunities that will come, and laid out his vision for the next two years. The meeting was recorded and is available for garrison employees who could not attend by visiting the chat room of the meeting invitation on Microsoft Teams. (Photo by Erickson Barnes, USAG Public Affairs)

Fort Detrick's Employment Readiness Program is here to help

By USAG Public Affairs Office

The Fort Detrick Employment Readiness Program, operated through Army Community Service centers, helps Soldiers, spouses, surviving spouses, DoD civilians, and family members gain the competitive edge needed for employment by providing employment information in the areas of job search skills, education, training, transition, and volunteer opportunities.

ERP provides a professional job search trainer at the ACS center to help identify skills and assist in every step of the way during the job search. The ERP gives access to an unlimited number of automated databases that list employers and employment opportunities. The ERP also provides access to actual vacancy announcements and employment information from state, local and government agencies.

Assistance is offered in the following areas:

- Up-to-date resource information on available local, national and international employment opportunities, job market trends, and education and volunteer resources.
- Information on Spouse licensure reimbursement.
- Classes and seminars on self-assessment and career exploration, resume writing, interviewing techniques, dressing for success, networking and entrepreneurship.
- Resume critiques.
- Career counseling and individual career assessments.
- Information on Job fairs (in person and virtual) and other hiring events.
- -Much more.

Visit the ACS center in Bldg. 1520 for more information.

Frederick Keys host annual Fort Detrick appreciation night





Clockwise from above: Brig. Gen. Anthony McQueen, commanding general, U.S. Army Medical Research and Development Command, speaks to the crowd gathered in Nymeo Field at Harry Grove Stadium before throwing out the first pitch. Sergeant 1st Class Timothy Coombs sings the National Anthem, then helps his son get things started with the call to play ball. Fort Detrick's color guard presents the colors before the National Anthem. (U.S. Army photos by Patrick McKinney)





Fort Detrick provides solar-powered support to Army Climate Strategy

By Lanessa Hill, USAG Public Affairs

The U.S. Army released its first Climate Strategy earlier this year, which outlined steps to make the Army more resilient and adaptive while simultaneously reducing greenhouse gases and considering security implications of climate change.

Part of the strategic plan is to use 100 percent carbon-free electricity by 2030.

"The time to address climate change is now," writes Secretary of the Army Christine Wormuth, in the foreword of the publication. "The effects of climate change have taken a toll on supply chains, damaged our infrastructure, and increased risks to Army Soldiers and families due to natural disasters and extreme weather.

"The Army must adapt across our entire enterprise and purposefully pursue greenhouse gas mitigation strategies to reduce climate risks," she continued. "If we do not take action now, across our installations, acquisition and logistics, and training, our options to mitigate these risks will become more constrained with each passing year."

In line with President Joe Biden's executive orders on climate, the Army has established three overarching goals:

- •Achieve 50 percent reduction in Army net greenhouse gas pollution by 2030, compared to 2005 levels.
- Attain net-zero Army greenhouse gas emissions by 2050.
- •Proactively consider the security implications of climate change in strategy, planning, acquisition, supply chain, and programming documents and processes.

To advance these goals, the Army has established three "lines of effort."

Secretary Wormuth cites disrupted supply chains, damaged infrastructure, and increased risks to Soldiers from natural disasters and extreme weather as three climate change-related issues requiring strategic planning. Specific initiatives include:

Vehicle fuel efficiency and electrification.

- •EV charging infrastructure.
- ·Battery storage.



Fort Detrick had solar panels installed on 243 homes as part of a 1.7-megawatt green energy project in 2016 (Photo by Erickson Barnes, USAG Public Affairs)

- Microgrids.
- •Carbon-free power generation.
- Control systems to intelligently manage HVAC and lighting.
- •Land management to preserve trees and other carbon sinks.
- Predictive logistics to inform strategic planning.
- ·Water conservation.
- Sustainable sourcing of construction materials.
- Supply chain optimization.
- •Climate-focused workplace education and development.

Investing in renewable energy and demand reduction enables future readiness, and the more self-sustaining our equipment, facilities and processes are, the less vulnerable we are to unconventional attacks against our infrastructure. Fort Detrick is committed in these efforts today and moving forward.

In 2016, Fort Detrick collaborated with the U.S. Army Office of Energy Initiatives to install a 15-megawatt project comprised of 59,994 solar panels. These panels generate enough electricity to power 2,720 homes per year and is estimated to re-

duce greenhouse gas emissions by 19,000 metric tons annually.

Also that year, the look of 243 homes at Fort Detrick and Glen Haven forever changed with the installation of solar panels on many roofs within our residential communities—part of a 1.7-megawatt project.

In May 2022, it was announced that Fort Detrick is installing a 6-megawatt Battery Energy Storage System (BESS). This system is expected to operate for up to 20 years, help with the site's energy resiliency, and is designed to provide \$125,000 in yearly utility savings. Project completion is scheduled for early 2023.

"The resiliency of our installations is an important priority for the Army," said Mr. Paul Farnan, Acting Assistant Secretary of the Army for Installations, Energy and Environment. "This BESS aligns with the Army's Installation Energy and Water Strategic Plan to provide installations with energy resilience, efficiency, and affordability to enhance readiness. I am very grateful for the continued collaboration amongst all stakeholders to promote resilient, carbon pollution-free energy for the Army and our local communities."

Click here to read the 2022 Army Climate Strategy in its entirety.





National Night Out

National Night Out at Fort Detrick was a great success, and continues to be a favorite event within our community. NNO enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances. (Photos courtesy of USAG Directorate of Operations)







Army Medical Logistics Command hosts Women's Equality Day

By C.J. Lovelace, USAMMA

U.S. Army Medical Logistics Command leaders celebrated the contributions of influential women during an Aug. 26 ceremony for Women's Equality Day.

The event, hosted by AMLC, serves as the installation's annual observance marking the passage of the 19th Amendment to the Constitution that gave women the right to vote in 1920. It also serves to celebrate the progress of women over the years, as well as advancing gender equity.

Pam Wetzel, director of the Readiness and Sustainment Directorate within AMLC's Integrated Logistics Support Center, read aloud President Joe Biden's proclamation recognizing the occasion, celebrating women who "fought to deliver a better future for America's daughters."

"We recognize the work that remains to ensure that everyone can fully participate in our democracy and make fundamental choices about their health and bodies," she read from the proclamation. "We strive to uphold our nation's promise of equality for all people."

AMLC, the Army's premier medical logistics organization and life cycle management command for medical materiel, is one of several military commands based out of Fort Detrick. Each year, different units take the lead on installation-wide observances and recognitions.

Ceremony host Col. Timothy Walsh, deputy commander of AMLC, said the Army and other branches of the armed forces have come a long way over the years, opening new career paths and opportunities for women. However, he reminded attendees that more still needs to be done to advance equality.

"So today, while we celebrate how far we've come as a country and the military, we acknowledge we have much further to go," he said.

Lt. Col. Nikki Davis, deputy commander for operations of the

U.S. Army Medical Materiel Agency, an AMLC direct reporting unit, served as the event's keynote speaker.

Born in North Carolina, Davis' father served 26 years in the U.S. Marine Corps, retiring as sergeant major. Despite frequent deployments during her father's career, Davis said her mother always "did a phenomenal job" raising her and her brothers.

"She wasn't a single parent, but at times, she was a single parent," Davis said. "I come from a family of strong, hardworking, independent females."

Reflecting on the impacts of her mother and grandmother, Davis said they may not have had any postsecondary education, but they were the "smartest ladies I ever met."

"They have taught me so many valuable life lessons and values that represent the core of what I am," she said.

During her remarks, Wetzel also highlighted the efforts of several trail-blazing women, including Marguerite Higgins, an American reporter and war correspondent who became the first woman to win a Pulitzer Prize in 1951 for her coverage of the Korean War, and Dolores Huerta, one of the most influential Hispanic activists of the 20th Century and advocate for women's and farmworker's rights.

"And have you heard of Jackie Mitchell?" Wetzel said. "She was one of the first female pitchers in professional baseball history."

Mitchell was just 17 when she pitched for the Chattanooga Lookouts, a minor-league club that played an exhibition game against the New York Yankees in 1931. In that game, Mitchell managed to strike out Hall of Fame sluggers Babe Ruth and Lou Gehrig in consecutive at-bats.

"Just like that, history was made," Wetzel said. "Women's Equality Day reminds us to celebrate the women who came before us and honor them by believing in ourselves and encouraging others to do the same."



Pam Wetzel speaks during U.S. Army Medical Logistics Command's observance of Women's Equality Day, Aug. 26. (U.S. Army photos by Katie Ellis-Warfield)



Col. Timothy Walsh, deputy commander, AMLC, presents Lt. Col. Nikki Davis with a certification of appreciation for her support of AMLC's observance for Women's Equality Day.

Rivera Looks Back on Lengthy, Accomplished Career

By Ramin A. Khalili, USAMRDC Public Affairs Office

Sgt. Maj. Nubia Rivera of the U.S. Army Medical Research and Development Command finds herself in a bit of a pickle. With less than 48 hours before she takes the stage at her own retirement ceremony on August 5, she's still trying to formulate her speech – still trying to figure out the right words to summarize a more than 25-year Army career.

"Right now I have so many things in my head," says Rivera, laughing as she stares at her pages and pages of notes. "There's just so much I'm thinking about right now."

There's certainly a lot of ground to cover. Originally born in the Dominican Republic, Rivera emigrated to the U.S. in 1989 to join her parents, who had emigrated themselves two years prior. Just 14 years old at the time, Rivera and her two siblings – along with other family members who made the move – settled in Miami, Florida. After graduating high school and taking a position at a local bank, Rivera joined the Army in 1997 as a way to pay for college. Her first assignment was a three-year stint in Germany as a healthcare administrator.

"I loved it," says Rivera, who had initially planned on just a few years of service time. "I loved my time in Germany. I loved everything we did as Soldiers. But then I realized that I had just come in – and now all of a sudden it was time for me to leave."

Her resolve renewed – and perhaps eager for a little more adventure – Rivera came back to the U.S. for a brief assignment at Walter Reed National Military Medical Center before spending the next two-plus decades hopping from the nation's capital to Texas to North Carolina to Korea and



Sgt. Maj. Nubia Rivera, pictured with her husband, Chief Warrant Officer Carlos Rivera, at a ceremony in 2022. (Photo courtesy of Rivera family)

all points in between. Somewhere in the middle, during an assignment at Fort Belvoir, she met her husband, Chief Warrant Officer Carlos Rivera, who now serves as the director of the Medical Maintenance Management Division at the 6th Medical Logistics Management Center. More importantly, it was during that time – in true Army fashion – where she learned about herself and, consequently, her capacity to set an example for others.

"I learned that I'm very resilient, that I have the ability to fall and pick myself up and move on," says Rivera, highlighting one of the key lessons she's learned over her career. "I learned that I can bounce back and continue with the mission and not have anything fall through."

"I remember her being very adamant that she wanted to leave at the end of her initial four-year assignment," says retired 1st Sgt. Alvin Scroggins, an old friend and mentor who worked with Rivera at WRN-MMC. "I told her that she was the kind of Soldier who needed to stay in the Army for the long haul."

Indeed, Rivera credits Scroggins as a defining force in her professional career; not just someone who encouraged her to stay, but rather a guiding voice who implored her to refine her life's mission through service. Rivera's assignment to USAMRDC in 2020 serves as a capstone to that commitment. For his part, Scroggins will deliver remarks on Rivera's behalf at her retirement event.

"She is very, very good quality Soldier," says Scroggins, who retired after a 22-year career in 2005. "I knew that when she first reported. Every job she had, she was no-nonsense. That's how I knew she would be a great leader."

More than anything, Rivera is now keen to pass along as many pointers as she can, as many 'lessons learned' to the next group of leaders – particularly rising female leaders, she notes – before she exits for good. More often than not, her advice tends to be far more people-oriented than anything else ("Take care of your Soldiers and they'll take care of you," is one of her favorites). That sentiment dovetails with the Army's own tenet directing that people are, by far, the military's greatest resource.

For now, however, as she stares down her last hours of service, Rivera's future is still very much up-in-the-air. She'll take at least a month to kick up her heels and relax with her three children, she says, before making any long-term plans. For now, she's content to take stock of the work she's done – and the impact she's made – over the past 25 years.

"If you come into any organization and, at the end, you can look back knowing that you've made a difference, you've accomplished something in life," she says. "I'm leaving knowing that I've made a difference – and that to me is an accomplishment."



AMLC Integrated Logistics Support Center ensures synchronization between acquisition, sustainment

By C.J. Lovelace, USAMMA

For decades, sustainment practices for U.S. Army medical materiel has been somewhat of a patchwork system.

There were noted communication and training challenges, supply chain hurdles and questions surrounding who exactly was responsible for maintaining different medical devices and systems.

Those days are coming to an end with the establishment of U.S. Army Medical Logistics Command.

Prior to its creation in 2019, the Army did not have a Life Cycle Management Command, or LCMC, for medical materiel.

Now, AMLC is focused on changing the Army's medical logistics culture to integrate with the sustainment enterprise, delivering readiness to the Army and joint forces

Part of this change includes the creation of an Integrated Logistics Support Center, or ILSC, under AMLC.

The ILSC holds the critical role of synchronizing acquisition and sustainment activities throughout the medical materiel life cycle to ensure fielded systems are sustainable, supportable and affordable.

"The ILSC is really the key piece of being a life cycle management command," ILSC Director Leigh Anne Alexander said. "The whole reason the Army stood up LCMCs about 20 years ago was to synchronize sustainment throughout the acquisition lifecycle, which is how the DOD makes decisions on what to develop, procure and field to the force."

LCMCs provide the foundation for sustainable readiness across our Army formations. Originally launched through a memorandum of agreement between the Assistant Secretary of the Army (Acquisition, Logistics and Technology) and U.S. Army Materiel Command commanding general in 2004, LCMCs strategically and operationally align structure, processes and responsibilities to enable greater synergy, and improve the effec-



AMLC is focused on changing the Army's medical logistics culture to integrate with the sustainment enterprise, delivering readiness to the Army. (U.S. Army photo)

tiveness and efficiency of all organizations involved in sustainment and the life cycle of programs and equipment.

As part of AMLC, the Army's newest LCMC since 2019, the ILSC serves as an end-to-end integrator for medical materiel throughout its life cycle, starting at the very beginning of the product development stage all the way through divestiture of devices as they reach the end of their useful life.

In the past, the sustainment enterprise wasn't closely connected to the initial phases of the acquisition and development process. Through the ILSC and its various divisions, subject-matter experts in sustainment and medical maintenance are now part of the Project Management Office's Integrated Product Teams, or IPTs, which develop life cycle sustainment plans that extend far beyond just fielding a new device to the warfighter.

"We are responsible for that end-to-end improvement for readiness," Alexander said. "We are working with our medical enterprise partners to connect the dots from a sustainability and sustainment viewpoint, especially in a way that nests

within the larger Army processes."

Overview of directorates

AMLC's ILSC includes four directorates:

- · Office of the Director, or OID (includes the Acquisition and Materiel Synchronization Division)
- · Readiness and Sustainment Directorate, or R&S
- Logistics and Technical Support Directorate, or LTSD
- · Logistics Assistance Directorate, or LAD

Each directorate handles a different, yet essential function to the ILSC's overall operation, including acquisition and materiel synchronization in collaboration with program managers, or PMs, integrating Class VIII capabilities throughout the acquisition life cycle and leveraging industry "best practices" to optimize resources and supply chains to promote materiel readiness.

The ILSC works with the PMs at the U.S. Army Medical Materiel Development Activity to ensure eight key elements of sustainment are included in the overall transition to sustainment, or T2S, plan for each piece of medical equipment being developed and fielded to the force.

Those elements take into account things like supply chain management, technical advice, technical data and publications, depot maintenance, augmented field maintenance, transportation, sustaining engineering and end-of-life cycle disposal.

As the ILSC lead, OID oversees the overall program operation, including coordination with program executive offices, and capabilities and materiel developers on matters of acquisition sustainment planning, resourcing and execution.

OID also provides oversight for the synchronization of medical materiel acquisition and sustainment activities, as well as manages the materiel release and T2S processes to ensure sustainment re-

AMLC, continued on Page 12

AMLC, continued from Page 11

sources are planned, programmed and executed throughout the equipment life cycle.

R&S ensures sustainment experts are part of the IPTs and that different maintenance support requirements, among other things, are incorporated in the materiel developer's plans. For devices that go through the T2S process, R&S is responsible for executing the PM's sustainment plans all the way through divestiture and disposal.

LTSD provides data analysis, supply chain and technical information support that provides total asset visibility to ILSC leadership, while LAD serves as the command and control team for the global network of staff and resources.

LTSD is able to harness data-driven information systems that allow AMC – the Army's lead materiel integrator – to see medical akin to its other commodity areas.

LAD oversees the ILSC's Logistics Assistance Program, or LAP, essentially a feedback loop that provides customers with a reach-back point and the ILSC with real-time data about the support the organization is providing the warfighter. LAP is embedded within the Army field support brigades to assist in resolving issues that the unit cannot resolve on their own, being the eyes and ears for Army MEDLOG at the brigade level and below.

"We have to be adaptable, and the only way you can be adaptable is to listen, take in the data and act on that," LAD Director Jason Acevedo said.

Pam Wetzel, R&S director, said one of the pushes currently in her directorate is to emphasize the need for sustainment documentation, outlining needs like maintenance requirements, availability of repair parts and more, to be known by the materiel developer right from the start.

"The readiness of units can be negatively impacted without this clear guidance," Wetzel said.



A biomedical equipment technician works on a portable X-ray machine at U.S. Army Medical Materiel Agency's Medical Maintenance Operations Division. (U.S. Army photo by Katie Ellis-Warfield)

'Mirror to PM'

Alexander described the ILSC as "the mirror to the PM shop" at USAMMDA during the acquisition phase, wherein logistics and sustainment subject-matter experts ensure those aspects are incorporated in the overall planning requirements, implementation procedures and cost projections for different medical devices.

"For us, what we need to do is make sure the requirements ensure sustainability," she said. "That means we can update software on the battlefield; 68As and maintainers can actually repair the equipment in the field; and if they can't, we have repair parts available, maintenance concepts within our (medical maintenance divisions).

"There's a whole logistics plan for everything we do."

Master Sgt. Wesley Ladlee, noncommissioned officer in charge for the ILSC, said the organization's work so far has already produced tangible sustainment requirements for numerous items throughout the medical materiel catalog.

That work, both with new and existing devices and supplies, will only expand in the months and years to come as equipment goes through the T2S process.

"The changes are coming," Ladlee said.
"We are definitely still in our infancy, but we are meeting current challenges ...

while still learning and establishing ourselves. I think there's a lot to be said about that."

Cost consideration

Funding and costs are also a crucial pieces of the puzzle, Alexander said, adding that the ILSC helps communicate costs needed to sustain medical equipment, like routine maintenance, calibration and repair, well into the later years of their useful life.

In general, when the Army fields a new weapons system, for example, it's estimated that about 30% of the cost is up front, with about 70% coming on the back end to sustain the system, explained Art Braithwaite, LTSD director.

"The cost of procuring a system is just a small percentage of the overall cost of the life cycle from a cradle to grave perspective," Braithwaite said, noting that a similar approach must be taken with regard to medical materiel assets. "... All those decisions that occur early on have an impact on how you're going to sustain those systems once they are fielded."

Alexander said it's vital that the ILSC can articulate not only what is needed to manage equipment through its sustainment life cycle, but also operational and maintenance requirements.

"It's about the capability we deliver, the solution that's selected and also the funding associated with that," she said. "We are integrated throughout that entire process."

While the ILSC's creation has been a major undertaking, it's been long overdue in the grand scheme of the LCMC support system and a change that is welcomed to better align with other Army commodities.

"We're now aligning ourselves with the rest of the Army for Class VIII as much as we possibly can," Braithwaite said. "It's not just how the Army does it. All the other services do it this way. Class VIII has always been unique.

News - Events - Training

COVID-19

Masks and COVID-19 testing are not required to enter most facilities on Fort Detrick or Forest Glen Annex.

Masks are still required inside the Barquist Army Health Clinic and the VA Community Based Outpatient Clinic.

Commanders/Directors may implement more rigorous workplace mandates to meet mission requirements.

For updates and materials on COVID-19 visit:

https://home.army.mil/detrick/index.php/covid-19-information

Labor Day Gate Closures

In observance of Labor Day, all Visitor Centers and gates, EXCEPT Nallin Farm Gate at Fort Detrick and Brookville Gate at Forest Glen, will be closed Monday, Sept. 5.

Nallin Farm Gate and Brookville Gate will remain open 24/7.

Vetting operations for Fort Detrick visitors will occur at Nallin Farm Gate 24 hours a day.

Vetting operations for Forest Glen visitors will occur at the Forest Glen Police Station 24. .

CAC Certificates

Due to a technical glitch in CAC certificate issuance in 2019-2020, a population of CAC holders are in possession of a CAC where the physical expiration date on the card, is not aligned with the PKI certificate expiration date associated with that CAC. Affected individuals will receive an e-mail notice from DMDC stating that their card has been affected. ACTION REQUIRED: Customers will need to schedule an appointment to have their CAC reissued,

by calling 301-619-7069, prior to 23 NOV 2022. .

Retirement Ceremonies

USAG Fort Detrick conducts Quarterly Retirement Ceremonies honoring retiring Service Members, and Civilian employees and their families. These ceremonies take place on the second Thursday of the second month of each quarter in the auditorium, Building 1520 at 10 a.m.

Any Military at Fort Detrick or in the local surrounding community or Civilian employees who wish to participate should contact Tom Yocklin with the Directorate of Operations by calling (301) 619-2503. The deadline for participants to be included is two weeks prior to the ceremony.

Protestant Women of the Chapel (PWOC) Kick-off

Join us for PWOC Kick-off, Sept. 8, from 9:30-11:45 a.m. at the Chapel for Bible study, worship, and fellowship. Refreshments provided. All are welcome!

For more information, contact the chapel at (301) 619-7371.



THESE THREE DIGITS COULD SAVE A LIFE

Beginning July 16, 2022,

988 will serve as the new direct dial number for the National Suicide Prevention Helpline.

The number will be available for use at national, state, and local levels.







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Who

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♦ Udemy for Business is a new professional development opportunity. With over 7,000 courses at your fingertips, users will find a variety of courses whether you're upskilling or reskilling.

When

♦ Access anytime. Government computer and CAC are NOT required. Learn on your schedule.

Where

- ♦ Udemy Business home page: armyciv.udemy.com
- Register with your @army.mil or @mail.mil
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Why

- ♦ Stay competitive by building on your skill foundation or by learning new skills
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- ♦ Personal growth

THANKYOU R YOUR SERVICE

Fort Detrick Commissary SIDEWALK SALE

September 8,9,10 and 11 Thurs/Fri/Sat 1000-1800 hrs Sunday 1000-1700 hrs

We are grateful for all you do to protect and serve our country.

We are proud to honor our service members and their families with these savings.

Check your local commissary for dates and time of sales.













"We are all brothers and sisters of the same Army Family and we need to look out for one another. That's what I would expect my Family to do for me. Take time to notice when things aren't right, then take action."

Pfc. Julio Nunez Oliveros - 142nd Military Police Company,
 94th Military Police Battalion, 19th Expeditionary Sustainment Command.

We all experience hardships, contact a friend, Family member, Chaplain, or professional for help. We can find support in each other and together we will see things get better.

If you or a loved one are thinking about or experiencing thoughts of suicide, please call the Military Crisis Line by dialing **988** and **pressing 1**. In Europe, dial 00-800-1273-8255. In Korea, dial 00-808-555-118.









THIS IS OUR ARMY.

@ArmyResilience f www.armyresilience.army.mil



CONNECT TO PROTECT: SUPPORT IS WITHIN REACH

DO YOU WANT A
WEEKLY CHALLENGE?
VISIT WWW.ARMYRESILIENCE.ARMY.MIL

WE'RE IN THIS TOGETHER

		IOGEIII				
Call a battle buddy to go rock climbing. Scaling to the top is a great bonding experience.	Find a healthy recipe and cook with a Family member. It makes eating together even more enjoyable!	Gardening can be relaxing but requires some labor, ask a friend if they'd like to join the fun.	Take a break and get out for a hike or hit the gym. Physical activity can help clear your mind.	Text a fellow Soldier and go for a run to start the morning right! It's physically and mentally refreshing.	Bring a sibling to a yoga class. Together you can relax your body and your mind!	Call on your unit for a two-man buddy tennis match. Doing fun activities can help you feel energetic.
8	9	10	11	12	13	14
Focus on your self-care by meditating, practicing mindfulness, or praying for 15 minutes.	Go kayaking with a buddy. Teamwork will make your relationship stronger!	Sit down with your spouse and discuss budgeting. Financial readiness significantly reduces stress.	Gather your colleagues for a game of mini golf. A relaxing and fun way to connect with your team.	Is a Family member behaving differently? Pull them aside and have a chat.	Contact a Soldier and ask about their day. Let them know if you've had a rough day, it's a great conversation starter!	Take your spouse out for date night. Stay connected and keep the bond going strong.
15	16	17	18	19	20	21
If you see a new recruit struggling to blend in, take them out for coffee and get to know them. A strong team works together!	Get online and play a video game with a stranger. You never know how a new friendship forms but it's one more person to get together with.	Feeling blue? Go out to a music festival and meet new people with the same taste in songs!	Volunteer with a partner at a soup kitchen. Helping others is a very rewarding experience!	Reach out to a leader for safety tips on how to store firearms. Storing lethal means properly saves lives!	In need of spiritual guidance? Connect with your unit chaplain. They're there to listen to and guide you through any concerns or problems you may be experiencing.	Going on an adventure takes you out of the mundane daily grind.
22	23	24	25	26	27	28
If you're thinking about suicide, call: 988 for the 988 Suicide and Crisis Lifeline.	Sign up for coaching/counseling at https://www.militaryonesource.mil/	Find resources through the Army Suicide Prevention Program at https:// www.armyresilience. army.mil/suicide- prevention/index. html.	If you're in crisis, visit www. veteranscrisisline. net/get-help/chat to talk to caring professionals. Support is free, anonymous, and confidential.	Develop active listening skills. Schedule ACE-SI training through your local installation ASAP office or the SP2 Manager. https:// go.usa.gov/xFv6n	Attend an ARD webinar with a friend to learn more about suicide prevention. https://connect.apan.org/rtvby76iofpi/	Text 838255 for the Military Crisis Line if you or someone you know needs help immediately.

29

There are people out there with the same thoughts as you. Find a support group to connect. https://afsp.org/find-a-support-group/

30

Find out how to properly dispose of medication to reduce chances of accidental overdose. Search by zip code at https:// go.usa.gov/xSN6R

BO-DAY SPM CHALLENGE









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HELLO, 21ST SIGNAL BRIGADE TEAM AND GUESTS!

This year, we have some exciting events to help bring awareness to our formations for suicide prevention month. The 21ST SIGNAL BRIGADE BEHAVIOR HEALTH (BH) team will host holistic classes throughout SEPTEMBER to help increase resiliency, bring awareness, and inform those who have dealt with suicide that they are not alone. Many have asked, and we are here to deliver. Most of our classes are in person! Also, the classes will stream online, so those who are geographically dispersed can also participate. An E-Invite will be sent throughout the Brigade and to our guests so that you can reserve

> seating if you wish to attend in person. Please RSVP as soon as possible, so we know how many people to expect.

Please, see below the list of offered classes!

BLDG. 1520 **CLASSROOM #3**

1 Sept BH Team: PERFORMANCE TRIAD (P3) (1300)

06 Sept MAJ Rhoades: PAIN AND DEPRESSION (1300)

16 Sept 21st BDE UMT: UMT SUICIDE PREVENTION (1400)

20 Sept Mrs. Ashley Bush: ALCOHOL, SUBSTANCES, AND SUICIDE (1300)

23 Sept 21st BDE UMT: UMT SUICIDE PREVENTION (1400)

BLDG. 1520

CLASSROOM #4

26 Sept SFC Childs: SHARP (1100)

27 Sept Ms. Pulchery Thelusma: EMPATHY, SYMPATHY, AND GRIEF (1300)

30 Sept 21st BDE UMT: UMT SUICIDE PREVENTION (1400)

TEAMS

9 Sept HEALTHY RELATIONSHIPS & BOUNDARIES (1000)

who can be reached at

shurlina.m.simmons.mil@mail.mil if there are further questions about the classes.

for Suicide Prevention Month is

POC

SGT SIMMONS.

PAIN AND DEPRESSION

21st Signal Brigade Embedded Behavioral Health (EBH) Presents Dr. Daniel S Rhoades, who will talk to us about pain and how, if unmanaged can lead to depressive symptoms. Join us on 6SEP at 1300 and learn more about the connection between chronic pain and depression. Learn ways to manage symptoms so that the depression caused by pain does not lead one to consider suicide.

EMPATHY, SYMPATHY, AND GRIEF

21st Signal Brigade EBH Presents Ms. Pulchery Thelusma, LPC, and Fort Detrick MFLC. They will teach us the difference between empathy and sympathy and how to use these skills when our co-workers, subordinates, friends, or family are in a situation that would require that response from us. Specifically, using these skills with a person who may have attempted suicide. As well as with friends and family of those that completed suicide.

ALCOHOL, SUBSTANCES, AND SUICIDE

21st Signal Brigade EBH Presents Ms. Ashley Bush, ASAP Prevention Coordinator. She will present the dangers of using alcohol or drugs as a coping mechanism. Alcohol and drugs can lead to additional problems and stressors that make us more impulsive. Drinking alcohol if already battling depression or suicidal ideations can be especially dangerous. Come and learn ways to improve your relationship with alcohol!

SHARP

21st Signal Brigade EBH Presents SFC Allen Childs, 21st BDE SARC, who will explain the difference between Sexual Harassment and Assault. He will discuss ways to challenge the offenders and report incidents, so the continued unwanted advances are addressed and do not lead to someone thinking about or committing suicide.

PERFORMANCE TRIAD (P3)

Your very own 21st Signal Brigade EBH Team will be going back to the basics. We will discuss sleep, nutrition, and exercise to encourage proper self-care to mitigate a situation where your self-care techniques are no longer effective.

HEALTHY RELATIONSHIPS AND BOUNDARIES

Your 21st Signal Brigade EBH Team will teach a class on healthy relationships and boundaries. We will talk about being mentally ready for a relationship, the relationship's red flags, and how to instill healthy boundaries and communication. Even if you are not in a romantic relationship currently, please join us, as healthy boundaries are essential for everyone!

UMIT SUICIDE PREVENTION

21st Signal Brigade EBH Presents the Unit Ministry Team, who will be teaching three classes on the ACE method. To ensure that everyone knows the warning signs of suicide, ways to help prevent suicide and learn more about resources should you or a friend feel suicidal.

PLEASE ATTEND ONE OR ALL THE OFFERED CLASSES TO LEARN AND HELP US BRING AWARENESS TO NATIONAL SUICIDE

CALENDAR SEPTEMBER •

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pain Isn't Always Obvious KNUW THE SIGNS Suicide Is Preventable			Suicide Prevention & Awareness Month Kick-Off w/ P3 BLDG 1520 CLRM 3	8
M	1300 Pain and Depression with Dr. Rhoades BLDG 1520 CLRM 3			1000 Healthy Relationships & Boundaries on the TEAMS
21ST SIGNAL BRIGADE		YOU ARE LOVED STRONG CAPABLE VALID		1400 16 ACE with UMT BLDG 1520 CLRM 3
	Alcohol, Substances & Suicide with Ms. Bush ASAP Coordinator BLDG 1520 CLRM 3		National Suicide #988 Prevention Hotline	23 1400 ACE with UMT BLDG 1520 CLRM 3
1100 26 SHARP with SFC Childs BLDG 1520 CLRM 4	1300 27 Empahty, Sympathy, and Grief with MFLC BLDG 1520 CLRM 4			30 1400 ACE with UMT BLDG 1520 CLRM 4



HEALING THOSE WHO SERVE

Frederick, MD Program

Are You a Disabled Veteran? Want to Learn More About Fly Fishing? We're Here to Help!

When:

The 4th Tuesday of every month at 6-8 PM

Where:

American Legion

1450 Taney Ave, Frederick, MD 21702

Refreshments: Light snacks and soft drinks will be provided.

What is Project Healing Waters Fly Fishing?

We are a 501(c)(3) non-profit organization dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.

What do we do?

Our program provides basic fly fishing education to disabled active military service personnel and disabled veterans, that includes fly casting, fly tying and fly rod building classes along with outings to participants whose skills range from beginners who have never fished before, to those with prior fly fishing experience. All fly fishing equipment and supplies are provided to participants at no cost.

- → To connect or volunteer visit us at <u>www.projecthealingwaters.org</u>
- → Visit our local Facebook page for schedules, meeting, events and photos of our Frederick, MD activities:

https://www.facebook.com/Project-Healing-Waters-Fly-Fishing-Frederick-MD-Program-70597009976588

Or just use search in Facebook for - #phwff_frederick_md

If you have any questions, please contact Dave Wooster

Mailto: david.wooster@projecthealingwaters.org

Phone: 443-694-7573



Afghanistan Deployer Leishmaniasis Study



PURPOSE:

A voluntary research study surveying deployers, who ever went to Afghanistan, for infection with a silent parasitic infection, visceral leishmaniasis

ELIGIBILITY:

- US Military deployment in past to Afghanistan for at least one summer month with ground forces
- Outside exposure at night during deployment
- 18-64 years old

WHAT'S INVOLVED:

Participants will have a blood draw and complete surveys

Compensation available for blood draws in accordance with DoDI 3216.02.

If you are interested in learning more about this study, please contact the study coordinator at (301) 318-6024 or at Clinical.research.unit.53-ggg@usuhs.edu

Study Investigator: Naomi Aronson M.D. Infectious Diseases Division, USU

(USUHS) IRB 1

IRB NUMBER: USUHS.2021-087 IRB APPROVAL DATE: 02/22/2022

