FORT DETRICK IS CURRENTLY AT FPCON BRAVO+.
FOREST GLEN ANNEX IS CURRENTLY FPCON BRAVO+.

If you have any article submissions you would like considered for the Fort Detrick website please send them to usarmy.detrick.usag.mbx.pao@mail.mil.

USAG Fort Detrick on Social Media - You can follow USAG Fort Detrick on social media for daily updates and information. On Facebook go to www.facebook.com/DetrickUSAG and "Like" us, or follow us on Twitter: @DetrickUSAG.

As a reminder, all Army social media sites must be registered with the U.S. Army. For more information, contact the Public Affairs Office.

<u>In accordance with the Secretary of Defense directive dated July 28, 2021</u>, Fort Detrick is now considered an area of HIGH TRANSMISSION of COVID-19; therefore, masks must be worn at all indoor locations while on Fort Detrick regardless of vaccine status.

For updates and materials on COVID-19 visit:

https://home.army.mil/detrick/index.php/covid-19-information

The Trusted Traveler Program is suspended until further notice. All visitors without Department of Defense ID or Personal Identity Verification (PIV) cards are required to be vetted at Nallin Farm Gate. This gate is open 24/7.

ANNOUNCEMENTS AND EVENTS

• Fort Detrick To Close Old Farm Gate

Old Farm Gate (located off Rosemont Ave. /Yellow Springs Road) at Fort Derick will close beginning October 01, 2021. This closure is necessary due to fiscal constraints, guard safety, and morale.

Nallin Farm Gate (located off Opossumtown Pike) and Veteran's Gate (located off 7th Street) will remain operational for entry and exit.

Nallin Farm Gate is open 24/7 including holidays.

Veterans Gate Hours: Monday-Friday 6 a.m. - 6 p.m. and Saturday - Sunday 9 a.m. - 6 p.m.,

- View our openings please visit USAJOBS or click on the link below.
 https://www.usajobs.gov/Search/Results?I=Fort%20Detrick%2C%20Maryland&d=AR&a=ARBA&p=1&s=agency
- Barquist Clinic & Pharmacy Closure Notice for September
 September 17: Reduced Hours (Training) Closing at 11:30 a.m.

• COVID vaccines by appointment at Barquist Army Health Clinic

The Moderna COVID vaccine is available at the Barquist AHC on Thursday mornings by appointment only. Please call (301) 619-7175 to schedule your appointment. Alternatively, vaccines are available to all military beneficiaries at any TRICARE participating pharmacy free of charge. Check with your local pharmacy for additional information.

• Blood Drive at Fort Detrick

When: September 20

Time: 9 a.m. – 2 p.m. (by Appointment only)

Where: Building 1520, Auditorium

Who: All Civilian and Military Personnel (by Appointment only) Visit Home - ASBP (militarydonor.com) to make your appointment

Community Conversation with Jen Bryant, Spouse of Garrison Commander

Jen Bryant, wife of Garrison Commander Col. Dan Bryant is hosting an informal gathering with military spouses at the Fort Detrick Auditorium, 1520 Freedman St. Fort Detrick on Sept. 22 at 11:30 am. This includes both active duty and retiree military spouses. The intent is to hear from spouses about how she can help and what makes Fort Detrick great or not so great.

Her plan is to host several of these community conversations throughout her time here. If there are any topics or questions you would like to addressed, please send them directly to our Public Affairs Office by sending an email to: usarmy.detrick.usag.mbx.pao@mail.mil.

CHAPEL NEWS

• Blessing of the Animals



Are you a pet or animal lover? Do you have your own furry or feathered friends at home or know others with animal companions? All are welcome to bring your pet(s) to a special Blessing of the Animals ceremony on Saturday, September 18, 2021, at 10:00 am on the Ft. Detrick Chapel grounds. Chaplain Craig Johnson, the Ft. Detrick Garrison Chaplain, will officiate and individually bless each animal. This custom is conducted in remembrance of St. Francis of Assisi's love for animals. He rejoiced in the value and beauty

animals bring to creation.

We hope to see you and your furry, feathered, and fuzzy companions September 18! If your pet does not play well with others, you may use a carrier or bring a picture of your pet.

The chapel is located at 1776 Ditto Ave (same building as the Child Development Center). Current COVID related safeguards will be exercised.

For additional information, contact the chapel at 301-619-7371.

Commissary News

The Fort Detrick Commissary will hold a Sidewalk Sale on Sept. 16-19. Hours are Thursday-Saturday 10 a.m. to 5 p.m. Sunday 10 a.m. to 4 p.m.

• Retirement Ceremonies

USAG Fort Detrick conducts Quarterly Retirement Ceremonies honoring retiring Service Members, and Civilian employees and their families. These ceremonies take place on the second Thursday of the second month of each quarter in the auditorium, Building 1520 at 10 a.m.

Any Military at Fort Detrick or in the local surrounding community or Civilian employees who wish to participate should contact Tom Yocklin with the Directorate of Operations by calling (301) 619-2503. The deadline for participants to be included is two weeks prior to the ceremony. Below are scheduled retirement ceremonies for the next 2 years.

- *November 10, 2021
- * Due to a National Holiday, this ceremony is not on the second Thursday of the month.

SEPTEMBER IS SUICIDE PREVENTION MONTH

This year's Suicide Prevention Month (SPM) slogan is "Connect to Protect: Support is Within Reach."

REACH means to bring more awareness to suicide prevention and available resources, change the conversation around mental health and well-being, and turn awareness into action. Collaborations and partnerships are essential to meeting the needs of Service Members, DA Civilians and their families during the evolution of their careers, especially during periods of transition.

In this spirit of collaboration, the Fort Detrick/NSA Bethesda Army Substance Abuse Program (ASAP) will host a 5-Part Speaker series presented by The Human Performance Resources by CHAMP (HPRC) Team at the Uniformed Services University.

This series entitled: *Total Force Fitness: A Roadmap to Mental Wellness* will take place in five virtual sessions across five weeks on Army O365.

Each Wednesday in September from 1200-1300, we will gather to learn skills and strategies and hear stories about how a Total Force Fitness approach can help improve mental wellness.

Below are the topics planned for each week:

Sept. 22: Your Spiritual Core: Spirituality & Mental Wellness Sept. 29: Your Social Brain: Relationships & Mental Wellness

Please RSVP if you would like to join any of the sessions Link here: https://einvitations.afit.edu/inv/index.cfm?i=611398&k=0460430A725F

Army Substance Abuse Program: FINAL TRAINING ANNOUNCEMENT FOR FY21

Our LAST and FINAL Personal Readiness training will take place on September 21, 2021 1200-1300.

Link to training **CLICK HERE**

(Link also located in flyer below)

For additional questions: Ashley.d.bush5.civ@mail.mil

TRAININGS

• Local Hazards Training:

Starting in September 2021, the Local Hazards Training will be conducted on MS Teams. In order to be able to login into the training, you need an Army Hub MS Team account.

Who Should Attend? All newly assigned Fort Detrick civilian and military personnel.

Overview: Local Hazards Training meets the intent of DoDI standard6055.04 and AR 385-10, Chapter 11, Section 7. The course fulfills requirement of the Army Traffic Safety Training Program (ATSTP) and is mandatory for all new civilian and military personnel. This briefing orients all newcomers to the local driving hazards, laws, and regulations of the surrounding areas.

WHERE: On MS Teams. Click **HERE** to join the meeting.

Class Hours: 2-3:30 p.m.

Dates:

Sept. 28, 2021 Oct. 26, 2021 Nov. 29, 2021 Dec. 21, 2021

Course Manager: Mr. Humberto Rivera, humberto.rivera.civ@mail.mil, (301) 619-3295 Installation Safety Office Main Number: (301) 619-7318

SHARP Training

Due to MS Teams termination, please use the Defense Collaboration Services (DCS) link below to attend future SHARP trainings. Google chrome works best. https://conference.apps.mil/webconf/a61nmupguf5puda28fauc9irr0d1z80g

Training dates:

Sept. 16, and 30 @ 1 p.m.

Please contact the SHARP office with any questions.
USAMRDC & Fort Detrick SHARP mailbox:
usarmy.detrick.medcom-usamrmc.mbx.fort-detrick-sharp@mail.mil
Fort Detrick 24/7 Hotline 240-674-2802

Security Training

It is not too late to complete your FY21 mandatory Security training.

Please ensure your directorate reflects your training.

Initial and Annual Security Training

- Initial and Annual Training
- Not required for contractors.
- On-line: https://jkodirect.jten.mil/Atlas2/faces/page/login/Login.seam
- Login in with CAC
- Click on Course Catalog Tab(top of screen) in key word search- type "Security"
- For training pick: Annual Security Refresher Course, course #US077

Antiterrorism Level 1

- Annual Training
- Required for military, civilian, and contractors IAW their contract.
- Online: https://jkodirect.jten.mil/

OPSEC

- Annual Training
- Required to be taken by all civilian and contractor personnel.

Link located on the Fort Detrick Extranet.

Threat Awareness and Reporting Program (TARP)

September 16 – October 16, 2021
Please note: The Weeklies are also on

https://home.army.mil/detrick under "Weeklies"

TARP face-to-face is the required method of training IAW AR 381-12. Announcements will
be sent out when the training is scheduled. Attendance rosters will be maintained with
copies of the sign in sheets sent to every unit training coordinator. This training is required
for contractors.

FMWR News and Events

See what new and exciting Family and MWR events and programs are available to you in the Family & MWR News below, and visit our website at www.detrick.armymwr.com, Instagram us at #DetrickMWR, and like us on Facebook at www.facebook.com/DetrickMWR.

Closure of the Auto Skills Center Postponed

The official closure of Auto Skills Center has been postponed at this time and will remain open for full service and self-help on Saturdays and Sundays. The car wash is still open and will remain accessible for patrons to utilize. We apologize for the confusion and all updates will be shared with the Fort Detrick community as they evolve.

The USAG Security Office will be closed September 22-24

No "Daily" Services will be performed during this time period.

For assistance with clearances or to sign DD2875's please contact the Security Office prior to Sept. 22.

We apologize for any inconvenience this may cause. Full services will resume on Sept. 27, 2021.

For Fingerprint services contact Ms. Mandujano (USAG/DHR) 301-619-3138.

Emergency security visit request, will be passed or verified by Ms. Gordon (MRDC) 301-619-2360. If you have an emergency situation involving Security please call the USAG EOC at (301) 619-3111 for assistance.

In Our Communities

Frederick: https://www.visitfrederick.org/events and https://www.celebratefrederick.com/ealendar and https://www.silverspringdowntown.com/calendar

"CAN WE TALK?"

Concerned about a friend, family member or coworker? Try these conversation starters to help you reach out and encourage them to seek care.



STARTING THE CONVERSATION

REACH OUT

Show that you care.

"Hey, I'd like to talk to you about something. It's important."

• SET A TIME •

Can't talk now?

"Can we meet at [location] after work today?" or "How about I call you at [time]?"

HAVE A BACKUP PLAN

If your friend isn't ready to talk, offer support and share resources.

"If you're not ready to talk to me about it, that's okay. Just remember that you're not alone and here are some 24/7 resources for when you're ready [provide contact information for the below resources]."

DURING THE CONVERSATION

• TUNE IN •

Ask open-ended questions. Listen and let your friend do most of the talking.

"I'm worried about you. What's going on?"

• BE THERE •

Recognize their feelings and experiences. Express interest in the details. Remind them that you are there for them and won't ever judge.

"I'm so glad you're talking to me about this. I'm here to support you. How are you coping with this?"

LISTEN FOR WARNING SIGNS

If your friend mentions feeling trapped, wishing they were dead or displays other <u>warning signs</u>, ask them about suicide directly and without judgment.

"Are you thinking about killing yourself?"

OPEN THE DOOR FOR SEEKING HELP

Emphasize that experiencing challenges and seeking help is normal. Share psychological health resources with them and encourage them to reach out to a professional. Offer to make the call with them.

"I've had tough times before, too. Talking to someone really helped. Have you reached out to a professional?"

AFTER THE CONVERSATION

• CHECK IN •

It takes more than just one conversation to help.

"I've been thinking about our chat and wanted to follow up. How are you feeling?"

• KEEP INCLUDING THEM •

Even if they decline invitations, continue to find ways to make them feel included.

Feeling connected is important during adversity.

"Let's grab a cup of coffee and catch up?"

• FIND OUTSIDE SUPPORT •

If you need additional guidance to support your friend, it's okay to reach out for help yourself. Connect with a trusted friend or mentor, or contact the Military Crisis Line for additional resources.

"I'm really worried about my friend and could use some guidance."

WANT MORE RESOURCES?

Psychological Health Resource Center

Call/Chat with a health resource consultant 24/7 for assistance accessing care at 866-966-1020 or realwarriors.net/livechat

Military Crisis Line

In the U.S., call 800-273-8255 and press 1 or text 838255. In Europe, call 00800 1273 8255. For additional OCONUS calling options and online chat accessible from anywhere in the world, visit militarycrisisline.net

Military OneSource

Call 800-342-9647 or 703-253-7599 for non-medical counseling and specialty consultations (including peer support)

Connect with Us on Social Media

f facebook.com/realwarriors







INSTALLATION SAFETY BULLETIN

SB 21-09-01

National Preparedness MonthPrepare to Protect



The 2021 theme is "Prepare to Protect. Preparing for disasters is protecting everyone you love."

Week 1: Make A Plan

Talk to your friends and family about how you will communicate before, during, and after a disaster. Make sure to update your plan based on the Centers for Disease Control recommendations due to the Coronavirus.

Week 2: Build A Kit

SAFETY BULLETIN

Gather supplies that will last for several days after a disaster for everyone living in your home. Don't forget to consider the unique needs each person or pet may have in case you have to evacuate quickly. Update your kits and supplies based on recommendations by the Centers for Disease Control.

Week 3: Low-Cost, No-Cost Preparedness

Natural disasters don't wait for a convenient time. Preparing for them shouldn't wait either. Start today by signing up for <u>alerts</u>, safe-guarding important documents, and taking other low cost and no cost preparedness actions to lessen the impact of disasters and emergencies for you and your family.

Week 4: Teach Youth About Preparedness

Talk to your kids about preparing for emergencies and what to do in case you are separated. Reassure them by providing information about how they can get involved. For more information go to www.ready.gov.september.





Introducing the USAG Fort Detrick Workforce Development website!!!

https://installation.detrick.army.mil/wfd/

- Professional Development Training
- Individual Development Plans
- Army Career Tracker





- IMCOM Mandatory Training
- Career Plans
- Awards
- And more!

Workforce Development Specialist POC: Kelley T. Villers Email: kelley.t.villers.civ@mail.mil Phone: 301-619-4569 or find me on MS Teams 365!



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- 2 We'll select and bag your groceries.
- 3 Drive to the store and pick it up!

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PLACE YOUR ORDER

- 1. Access CLICK2GO from your computer or mobile device by logging into your shop.commissaries.com account. If you don't already have an account you can register on the login page.
- 2 Choose your preferred commissary location.
- 3. Search for products by name or select the department and category links to browse our virtual aisles.
- 4. Choose your pickup time and check out.

WHAT TO BRING:

- 1. Military ID, CAC or authorized agent card
- 2. Confirmation email

We accept online payment only: Visa, MasterCard, American Express, Discover and the MILITARY STAR card. We DO NOT accept cash, check or EBT/WIC vouchers.

HOURS OF OPERATION:

Monday - Friday 11:00 a.m. - 5:30 p.m. *Dates and hours may vary by location WANT TO CANCEL? You can cancel an order up to 4.5 hours prior to your reserved pickup time.

- 1. Log into your account.
- 2. Select "My Account" then select "My Orders".
- 3. Select the order you want to cancel.
- 4. To cancel the order, scroll down and click "Cancel Order".
- 5. Select "Yes" to confirm.

PRODUCT AVAILABILITY AND SUBSTITUTION

If a product you ordered is out of stock, we will substitute a like item in the closest size and price. If you don't approve of the substitution it can be deleted from your order at curbside. Help us make the right choice by submitting substitution comments:

- 1. Click on the grocery cart in the top right corner of the screen.
- 2. Scroll down and select "View Full List".
- 3. From the drop-down arrow, select your substitution preference and provide any additional instructions in the "Add Notes" section.

RETURN POLICY: Returns must be handled inside of the commissary at customer service.

SAVE MORE WITH COUPONS!

We accept Commissary Rewards Card digital coupons.



