

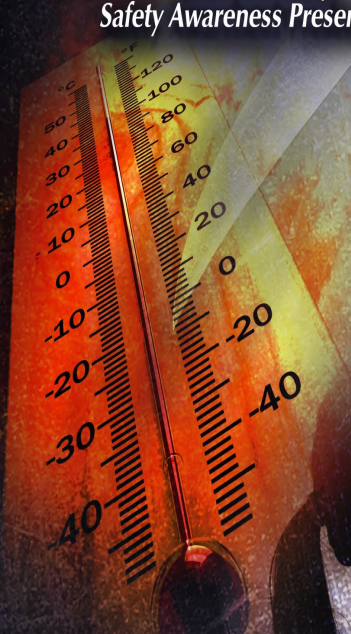


INSTALLATION
SAFETY
BULLETIN
SB 23-07-12

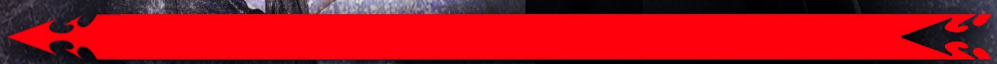
AVOID
**REAPER
-CUSSIONS**

2023 Off-Duty
Safety Awareness Presentation

Heat Illness
Prevention



- Take it easy with outdoor activities in the heat.
- Many heat injuries are preventable.
- Stay hydrated and use sunscreen.
- Proper clothing is important.
- Monitor the wet bulb globe temperature and your daily workload/heat exposure.
- Recognize symptoms of heat injury and know what to do.



U.S. ARMY



<https://safety.army.mil>



CHECK OUT THE USACRC
ON SOCIAL MEDIA

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