

SAFETY MESSAGE OF THE MONTH:

# Wishing you health and safety this Christmas YOUR GARRISON SAFETY STAFF

Doug Huddleston	Garrison Chief of Safety
Shawn Bodkin	DHR, HHC, Radiation Safety, ATSTP
Dustin Shuffler	Explosives Safety DFMWR
Julie Cordova	Mishap Reporting, DES, Offices, Newsletter
Erika Payne	DFMWR, Respiratory Protection Program
Tom Howes	DPTMS, Confined Space Program

## A Place of Safety

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### Have a Happy and Safe Holiday

The holiday season leading up to Christmas can be a busy time of shopping, decorating, and traveling to see friends and family. The best present you can give yourself and your loved ones is the gift of safety, so remember these tips to keep you and yours here for the New Year.

When selecting your Christmas tree, the needles should be fresh, green, and hard to pull off the branches. Choose a large sturdy tree stand and keep it filled with water at all times. Place it away from the fireplace or vent which could cause it to dry out and become a fire hazard. Never use lighted candles on or near trees. Make sure the tree isn't blocking any emergency exit pathways from your home. Artificial trees should be labeled as fire resistant.

When considering installing Christmas lights on the exterior of the home, it is oftentimes safer to hire a contractor. If you do your own, use the appropriate size and type of ladder made of a non-conductive material such as wood or fiberglass. Always utilize GFCI (Ground Fault Circuit Interrupter) outlets in wet conditions, ensure light set is Underwriters Laboratory label (UL-approved), avoid overloading electrical outlets and never leave lights unattended.

Before getting on the road for holiday road trips, winterize your vehicle and check the weather forecast for advisories. Never drive if you are impaired or overly fatigued and always wear seat belts.



#### **Safe Holiday Decorations**

- ♦ Decorations should be nonflammable or flame-retardant.
- ♦ Never place decorations near heating vents or fireplaces.
- Avoid sharp or breakable glass ornaments that could pose a risk to children.
- Check Christmas lights for frayed wires, broken or cracked sockets, and excessive wear.
- Never burn wrapping paper in the fireplace as they can release chemicals or even cause an explosion.
- ♦ Keep long pieces of decorative ribbon away from children.

## ASOHMS Corner: Bicycle Safety

Many children who live on Fort Cavazos ride their bicycles to school or around their neighborhoods. This is a healthy and fun form of transportation, but it comes with many risks.

Please keep your children safe by ensuring that they follow Fort Cavazos Regulation 190-5, Fort Cavazos Traffic Code. Here are the requirements:

- All bicycle riders (including adults) must wear a bicycle helmet approved by the Consumer Product Safety Commission while riding on Fort Cavazos.
- ♦ The bike must have an operable headlight visible at 500 feet to the front and a red reflector on the rear of the bike visible at 300 feet. During hours of darkness or reduced visibility, the bike must also have an operable taillight and cyclist must wear a reflective upper outer garment.











# CARRISON

HOW ARE YOU? WE HOPE YOU ARE ALL GETTING GEARED UP FOR THE HOLIDAYS. THE GARRISON WAS VERY SAFETY CONSCIOUS THIS YEAR, AND OUR TEAM WOULD LIKE TO SAY THANK YOU! WE WOULD LIKE TO SEND YOU OUT CHRISTMAS SAFETY TIPS:

PLUG OUTDOOR LIGHTS AND DECORATIONS INTO GFCI PROTECTED OUTLETS

NEVER LEAVE CANDLES UNATTENDED OR NEAR FLAMMABLE OBJECTS

KEEP YOUR TREE HYDRATED, MONITOR THE WATER LEVEL

CHECK YOUR SMOKE DETECTORS, REPLACE BATTERIES IF NEEDED

DESIGNATE A SOBER DRIVER







HAPPY HOLIDAYS: GARRISON SAFETY OFFICE