

News Release

FORT CARSON Public Affairs Office (719) 526-4143/7525 FAX (719) 526-1021

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Public Service Announcement Fort Carson hosts Tough Mudder endurance race

FORT CARSON, Colo. – Grab your running shoes and your battle buddies – endurance event series Tough Mudder is coming to Fort Carson July 20–21.

Hosted by the Fort Carson Directorate of Family Morale, Welfare and Recreation and Tough Mudder Inc., this year's race weekend will test participants' physical strength, mental grit, and aptitude for camaraderie.

Registered participants ages 14 or older can put their skills to the test by signing up for one of three distances: 5k with 12+ obstacles; 15k with 20+ obstacles; and Infinity, where athletes will have up to nine hours to complete as many laps of the prescribed course as possible, with up to eight hours to begin new laps.

Race start times will vary depending on date and course length. The Infinity course will only be available Saturday. Courses will be located at Fort Carson Training Areas two and four, which can be accessed via Gate 6 off Highway 115 North.

This event is open to the public, but registration is required to participate. To register, or to spectate from the Mudder Village, visit <u>https://toughmudder.com/events/colorado/</u>. Race-day details and post access information will be provided closer to the event date.

Volunteer opportunities are also available. All volunteers are eligible for discounted registration in exchange for completing a shift. To register as a volunteer, visit <u>https://toughmudder.com/volunteers/</u>.

This is the first year Fort Carson DFMWR will partner with Tough Mudder Inc. to offer races to Fort Carson and the local community.

For more information contact the Fort Carson Public Affairs Office at (719) 526-7525. After hours, please contact the 24-hour Fort Carson Operations Center at 526-5500 and ask for the On-Call Public Affairs Officer.